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American Know-How

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JULY
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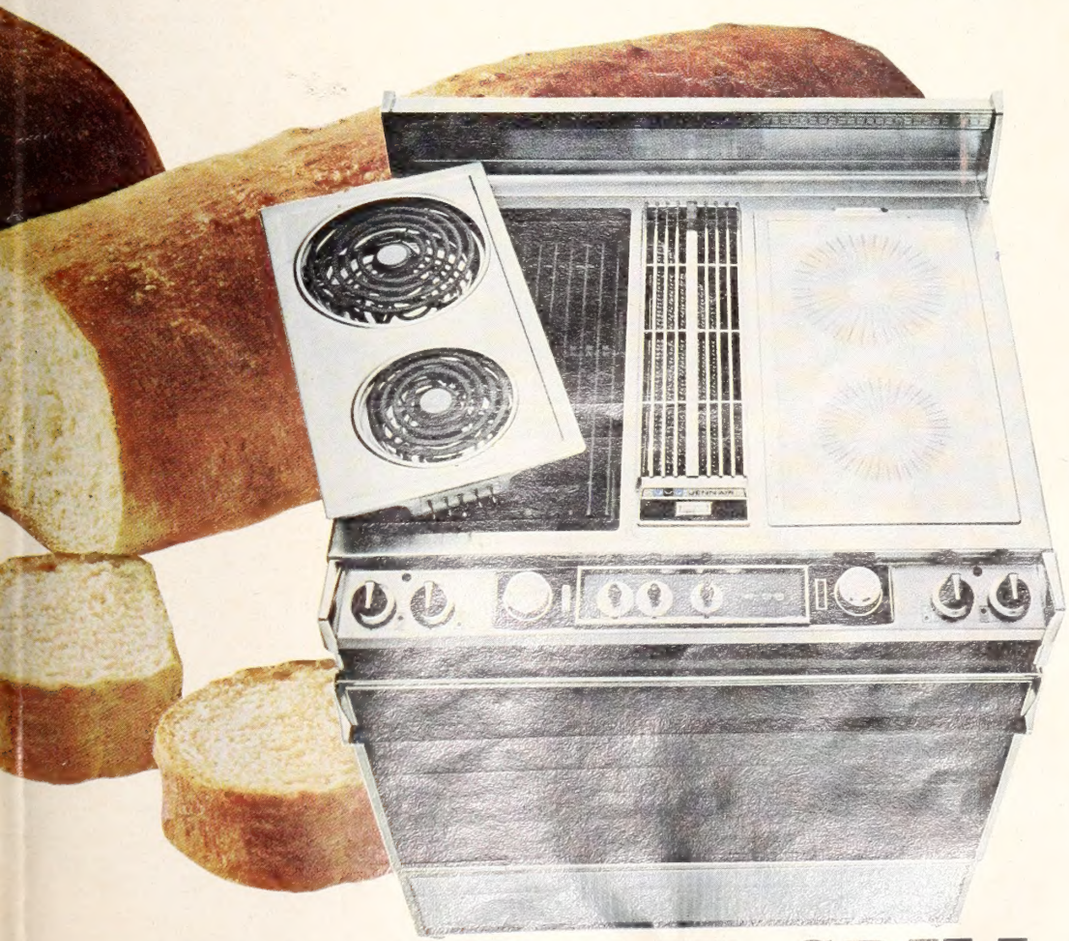
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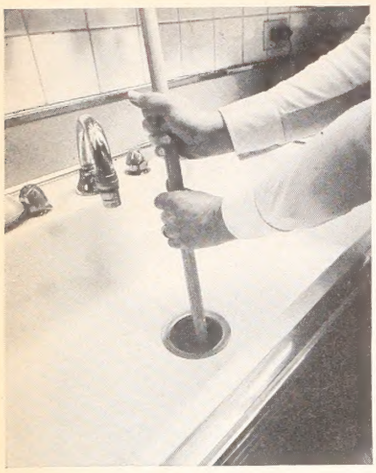


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HOUSE & GARDEN

(INCORPORATING **LIVING** FOR YOUNG HOMEMAKERS) Vol. 148 No. 7



BEADLE

ON THE COVER: For people who love summer: a family kind of place, for lunch or a late supper before everyone rushes off to see the fireworks. It's just an old-fashioned Long Island veranda (your own back porch would do), turned into an outdoor dining room by its owners, Mr. and Mrs. Lee V. Eastman. The table, one of two, is all down-home Fourth-of-July, clothed in red cotton and surrounded with mismatched old white wicker chairs cushioned in blue denim. The soup bowls are blue and white Gienware, a heavy pottery used in the provinces of France. Along one wall nearby, a buffet shelf has been installed near an electric outlet so foods can be kept warm on trays. The Eastmans keep their entertaining informal always, with two or three simple, delicious dishes—most with ingredients fresh from the garden, and all the kind that encourage you to help yourself. For the summer lunch here, a soup of clams and mussels stewed in a savory liquor of white wine, shallots, and thyme. With it, a tomato and onion salad, a plum tart for dessert. The flower garden was planned like an old-fashioned English one, with mostly annuals growing in masses and clumps—fewer weeds, a natural, prettily tousled look. This summer, marigolds, cosmos, zinnias, snapdragons, daisies, a begonia border—and a birdbath for the cardinals that love the setting (and the Eastmans who feed them) so much that they stay all winter long.

JULY, 1976

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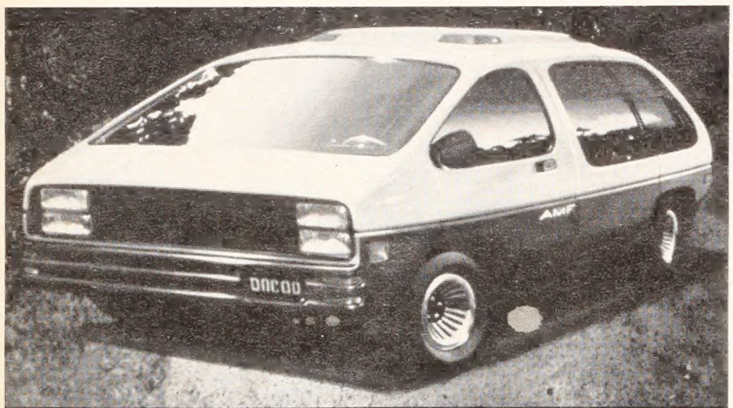
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JULY living

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American Machine and Foundry's new prototype taxi


The Volvo version

MUSEUM OF MODERN ART


Volvo's seating plan

High, wide, and hansom

The American taxi falls short in comfort and design for both passenger and driver. Communication is difficult, security minimal. It's time things changed. Emilio Ambasz, Curator of Design at the Museum of Modern Art in New York, is doing something about it. Some time ago he issued a 48-page Design Specification Manual to four interested vehicle companies. The taxi prototypes they came up with are now on show in the *Taxi Project* exhibition (until September 7) at MOMA. All four cabs (by American Machine and Foundry, Steam Power Systems, Volvo, and Volkswagen) are 3 inches taller inside than the famous London cab, but the same length, 14 feet, as a Pinto. They conform to the stringent 1977 California pollution standard. "Until we can get an engine to run on tea with lemon, this is the best that can be done in our lifetime," says Ambasz. The dream taxis are low-slung so a baby carriage or a wheelchair can fit easily inside. Electric sliding doors are operated by the driver. Notably, not one Detroit firm participated in this redesign effort. "They were invited but refused," says Ambasz. "I think we've put them in a hot seat. Taxi drivers and fleet owners are very enthusiastic about the new models. There's a market for 85,000 cabs a year."

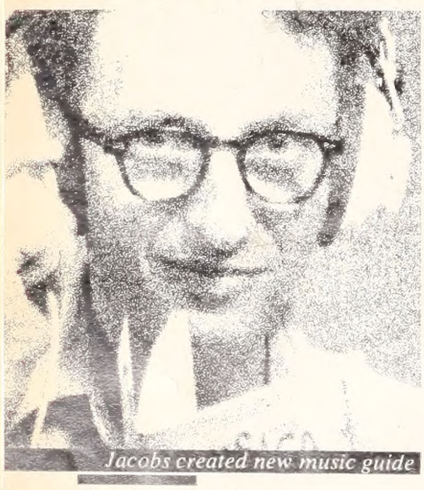
Over easy

If thought association works, this baby quilt should make any child start the day sunny-side up. The fried egg, in yellow and white cotton, goes with a piece-of-bacon matching rug in bargello. The idea, from artist Ros Cross. From *The New American Quilt* show organized by New York's Museum of Contemporary Crafts, now at Los Angeles County Museum of Art.

Bacon and egg for baby



TED HARDIN


Jacobs created new music guide

Longhair listening

For drivers who prefer Bach to rock, there is a brand-new guide listing more than 700 classical music stations across the country. First published in booklet form last February by enterprising music lover and writer Ben Jacobs, it has now gone into a second, plushier printing, with a full-color cover. "Hundreds of people have written to me and said how they hate driving through rock-and-roll America," he reports. Send $2.50 plus 50 cents for mailing to Musica Publishing Co., Box 1266 (G), Edison, N.J. 08817.

Little lambs in ivy

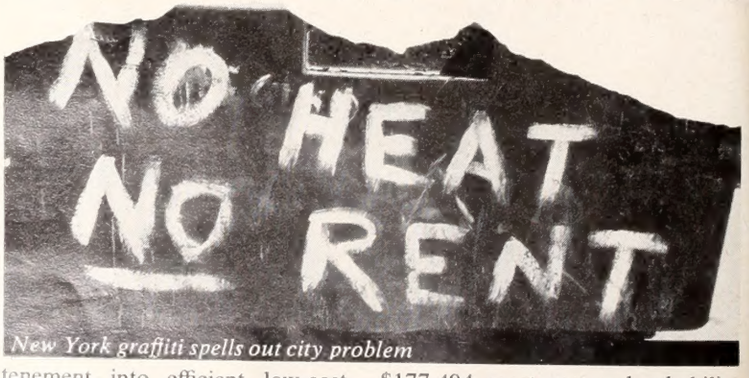
It is said that only three people in the world can make a certain kind of topiary animal, sculptured in moss over wire, with ivy growing inside the animal and trained around the body. One is David Sarfaty, whose intriguing "zoo" is in San Francisco. His ivied creatures include a pig, frog, kangaroo with baby, two swans in a pond, an elephant, an ostrich, two geese, a large donkey, two bears, three rabbits, and a snail. All are life-size or larger. The bears play ball, the rabbits have a jump rope. Care—or *grooming* as Mr. Sarfaty calls it—is simple. Just a bit of pruning once a month. Water once a week. The price $250 to $2,000. David Sarfaty of Cadeau made them in association with florist Podesta Baldocchi.


David Sarfaty with ivy pets

DAVID SARFATY

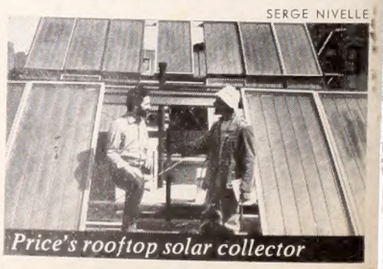
Heated issues

It's good news to hear that solar energy is springing up in city renewals. In New York City, for example, on the lower east side, a neighborhood action group has organized the complete remodeling of an abandoned 5-story tenement into efficient low-cost housing for eleven families, with a solar collector on the roof to minimize fuel bills. Travis Price, the energy consultant who designed this rooftop unit, estimates that the system, plus the insulation put into the building, will cut the building's fuel oil bill by 75 percent. Greenhouses are planned for the roof, too, for food production to extend urban independence even further. Travis Price expects three other buildings to be converted by this predominantly Puerto Rican community in the next year. The fixing up is being done by the people themselves, with full support of the Housing & Development Administration, whose Deputy Commissioner, Alexander Garvin, is responsible for administering the $177,494 mortgage and rehabilitation grant. "It's cheaper for the city to assist this effort than pull down the tenement and rebuild."



New York grafiiti spells out city problem

SERGE NIVELLE


Price's rooftop solar collector

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living

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Mrs. Bond and stitcher Williams

Missouri sewing bee

The Missouri Bicentennial needlepoint rug, now on display in Jefferson City, is a permanent addition to the Governor's mansion. The project was launched in 1974. More than 1,200 people responded to an invitation to participate; 81 were finally selected, including one 12-year-old, Becky Williams of St. Louis. Each needlepointer worked a square designed with an official state flower. These are all "framed" by a border of the Missouri hawthorn blossom. "More than 4,000 needlepoint hours went into the rug," reports Missouri's First Lady, Mrs. Christopher Bond. Mrs. Larry Huffman and Mrs. Tim Hagan designed it.

A breath of life

Every year 40,000 babies born in the U.S. suffer from respiratory distress syndrome (RDS) and 10,000 of them die. RDS, which occurs mostly in premature babies, develops when an infant's lungs have not matured sufficiently and lack a lubricating substance called surfactant that permits the air sacs to inflate and promote breathing. Doctors now believe RDS can be prevented by giving a synthetic hormone to the expectant mother 24 to 48 hours before the baby is born, accelerating the normal production of surfactant. Tests to spot possible occurrences of RDS can be given as part of prenatal care. Even if the injection is done unnecessarily, no harm results.

Texas taco trader moves north

Texans *manqués* will be happy to learn that Rosemary Jamison, who in the early 1970s basily hawked her homemade tacos, burritos, and other Western specialties at Central Park opposite the Plaza, has not disappeared from Yankeeland entirely. Rosemary has moved about 60 miles north, to Pawling, N.Y. Her new stand, the Texas Taco, is located on Route 22 and is a popular stopping place for skiers, campers, and weekenders bound for country homes. The "stand" is really a small take-out restaurant whose bright yellow exterior with red trim can't be missed. The interior is, in the proprietress's words, "a conglomerate of Texas and New York camp." Rosemary's collection of live animals—a monkey, a parrot, a ram, a pony, and several kittens—also adds atmosphere.

PAM HELLER



Taco queen with pet monkey

But the main attraction of the Texas Taco is the food—tacos, burritos, chili, tostados, guacamole, and fresh cider. Taco aficionados who don't want to make the trip to Pawling can have the fiesta brought to them. For $350 for 30 people and $7 for each additional guest, Rosemary will bring her festive pushcarts, loads of food, and her monkey, Coquita, in costume. The Texas Taco, Route 22, Pawling, N.Y. 12564. PAMELA HELLER

PEOPLE

The Kennedy Clan and their chums, taking part in the RFK Memorial Pro Celebrity Tournament (everybody who's anybody plays) will be competing for a new trophy this year—dynamic businessman Donald Tober is presenting the "Sweet 'n Low" cup. The tournament will be held August 28 at Forest Hills.

On the subject of New York apartments, philanthropist/gardener **Stewart Mott's** *4-story aerie at the top of 57th Street's chic Galleria (the one he never moved into) is being considered by a buyer. He's got to be super rich. The price is 3½ million.*



Up and coming George Ranalli

Bothered about house security this summer? **Pat Hersey,** *who makes a lucrative living looking after the big-car chiefs' mansions in Grosse Pointe and Bloomfield Hills, has turned herself into House Sitters Inc. She has a network of 37 stringers operating out of Birmingham, Mich., willing to take care of anything from a cat to a cactus and steer off burglars as well.*

New York big wheels can join **Richard Lenat,** *organizer of the midnight bike hike of Manhattan, on July 11. Rally outside the Plaza at 2:30 A.M. Bring breakfast, you'll need it by the time you've biked to the Battery.*

Jean-Jacques Peyronnet *French Consul-General, leads gala-goers at the France-Louisiana Festival in New Orleans. The 10-day cultural marathon spans our Independence Day to Bastille Day, July 14. But if you're in Paris July 4, you can get a free tour of the city or of Versailles, courtesy the French Government.* Vive l'entente.

Young up-and-coming architect **George Ranalli** *has been awarded the James Stewardson Traveling Fellowship from the A.I.A.'s New York chapter. He's to study color in architecture in Europe. Could mean things will definitely be brighter in America. The latest name to get between the sheets is* **Billy Baldwin.** *Like other famous names —***Yves St. Laurent, Missoni, Bill Blass***—he's going to design a sheet collection. His, for Wamsutta, due September.*

Names are out of the 11 American architectural glamour boys who will represent the U.S. in the Venice Biennale next month. **Stanley Tigerman, Robert Stern, Peter Eisenman, Richard Meier, Craig Hodgett, Ray Abraham, John Hedjuk, Robert Venturi, Charles Moore, Emilio Ambasz, and Cesar Pelli** *(he's the one who, it's said, has landed the plum job as Yale Dean of Architecture).*

More light on the Amish (remember Lord Snowdon photographed them memorably a few years ago?): Author **Phyllis Haders** *will have a book out in the fall,* Sunshine and Shadow, *a marvelous account of the people—and their quilts.*

Enfant terrible architect **Rem Koolhaas** *(he's Dutch) is going to shock Americans with his new book.* Delirious New York, *out this fall.*



Sandon and rare Royal Worcester

The China trade

Henry Sandon, curator of the renowned Dyson Perrins Royal Worcester China Museum in Worcester, England, is about to mastermind an incredible international swap. In Ohio on a recent lecture tour, Mr. Sandon delivered his usual talk, followed by an [illegible] when a member of the audience [illegible] a large piece of Royal Worcester [illegible]. Mr. Sandon looked at it with astonishment. It was a cup from the Duke of Gloucester's banquet service, made in 177 "An incredibly sumptuous service," he adds. "Sin plates sell for $3,000 today." The soup tureen sta is missing in the china museum's collection, althou the tureen itself is there. With some gentle persuasi the Ohio collector agreed to an imaginative suggesti from Mr. Sandon. If he would let the museum ha the stand, he would be recompensed with somethi of equal value from the museum. "We chose a ve rare coffee cup and saucer for him," reports M Sandon. "And we're delighted with the exchange."

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flower bed & bath collection



Cannon Royal family

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DEPARTURE POINTS



Bringing back the catch on Salinas beach

The happy hookers

If you like the idea of deep-sea fishing, you couldn't do better than try your hand in Salinas, Ecuador. It's a piscatorial paradise, created by two rivers that collide in the Pacific about 7 miles offshore. One is the frigid Humboldt Current, the other the warm Equatorial. Fish abound in their watery clutches. Fishermen often put bait in front of as many as fifty marlin a day. Their average weight is 150 pounds, although you'll see much larger swordfish, dolphin, sailfish, and tuna. Incan Indians are your guides. After an hour's boat ride to the fishing ground from Salinas's good hotel, the 40-room Carnero Inn (terraces for every room, fine seafood), you'll begin to sight the marlin's sickle-like fin cutting through the water. You may want to release your catch, or have it prepared for dinner if it's other than marlin. Or you can make arrangements to carry it home as a trophy. Miami is the departure point for flights to Ecuador, via Braniff, Ecuadoriana, and Lan-Chile. Round trip for the 4-hour journey is about $300. You can top off your fishing trip with a stop at cosmopolitan Quito, high in the Andes, ringed by snow-capped volcanoes. You'll find weavings, carvings, pottery, and other fine native crafts.

MARILYN LANE

Ecuadorian Highlights

*Everywhere, the Paico Sour, a national drink—white rum, anise, lime juice. **** At the Carnero Inn, the raw fish hors d'oeuvre Seviche, and Dolphin Meunière, superb with the local beer **** In Quito, the best native crafts at OCEPA, a government-run center downtown. Lacquered dough dolls and animals start at $2. **** Quito's star South American restaurant is La Choza, Avenida 12th of October. Ask for the yellow potato pancakes with fried eggs.*



Leroy is expanding interests

Entrepreneur plans posh pub

The Tavern-on-the-Green restaurant in Central Park, New York City, is undergoing an elaborate $3 million overhaul. When it opens next month, says entrepreneur/owner Warner Leroy, who with his perfectionist's touch is planning everything from elaborate wood carvings down to the doorknobs, food mavens will find two dining rooms. "One super, elegant, and rustic, with lots of flowers. The other a glass pavilion, which will be hung with some quite ma[illegible] cent crystal chandeliers. Turn of the century, from India." No doubt the final result will be spectacular. After all, Mr. Leroy created that glittering Art Nouveau oasis, Maxwell's Plum. Rumor has it he's planning a lavish development of the 59th Street Queens Bridge [illegible] derneath unused space may be a market, with fruits, flowers, vegetables. "That's way ahead."

War booty

Over the next two years, Royal Doulton will produce a total of 13 porcelain soldiers of the Revolution to commemorate the Bicentennial. Each one is being produced in a limited edition of 350. The figures have been made in consultation with Mr. Harold Petersen, Historical Consultant to the Colonial Williamsburg Foundation, so they are accurate right down to seams in clothing and eyelets on boots. Heirlooms for generations ahead, each costs $750.

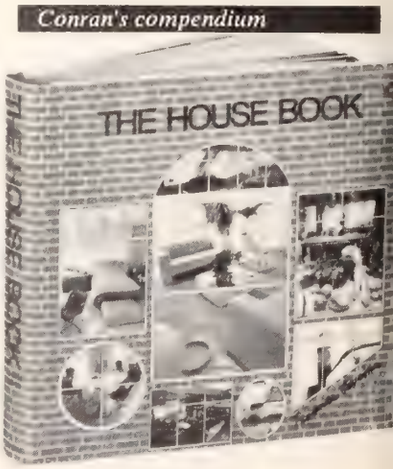


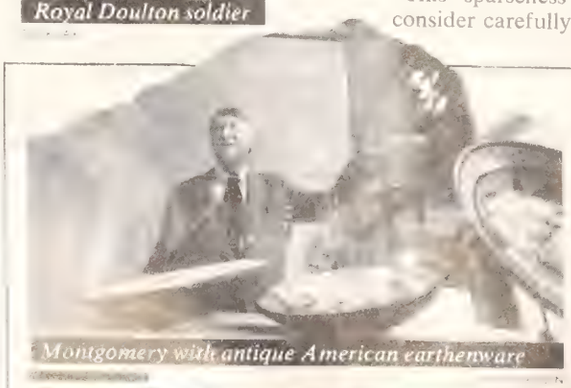
Royal Doulton soldier

The hot house book

The interior design book that people stood in line to buy in New York earlier this year is now available across the country. It's *The House Book* by British designer Terence Conran (Crown, $30). When Fabrications, the New York fabric shop, flew in copies from London, the reaction was astonishing. Everyone raved, everyone bought. But no wonder. Conran is practical, down-to-earth, and concerned about living for today. He discusses the one-room situation, awkward spaces, better lighting, improving house façades, and innumerable other topics. Conran's basic list for starting out in a house or apartment: two good chairs, a table, a bed, pillows, sheets and duvet, a heavy frying pan and saucepan, an excellent kitchen knife, one wooden spoon, two plates, two knives and forks, and a couple of mugs and a teapot. "This sparseness allows you to consider carefully what you really need and want, before you rush to the shops." The book's excellent illustrations are a fine prod to the imagination. Just as useful, though, are Conran's pointers on successful relationships with contractors et al. "Most people who have ever employed a builder will confirm that the relationship starts with great enthusiasm and usually ends up with one or both parties hating the sight of each other. But you *can* end up friends."

Conran's compendium





Montgomery with antique American earthenware

American art takes a trip

After seven weeks at the Yale University Art Gallery, the show of American art and decorative treasures, *Towards Independence*, opens in London this month. It's the only American Bicentennial show to go abroad. Each one of the 240 objects being displayed was packed in its own wooden, foam-lined crate, and the whole consignment flown to London in two planes. "We thought it best to divide it up. We didn't want everything to go down in the event of a plane crash," explained Yale's Professor of History of Art, Charles Montgomery, who put the show together and traveled in one of the planes as official escort. Dr. Montgomery, former director of Winterthur Museum, spent three years preparing the exhibition and catalogue, which brings together examples of American art made in the 25-year period on either side of 1776. If you didn't see the show, the catalogue is a treasure. $8.50, New York Graphic Society, 34 Beacon St., Boston, Mass. 02106.



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living

Wheeler dealers

Anybody who has ever been to Bermuda and enjoyed the island's low-speed, easy-to-handle motorbikes will be delighted to know this form of leisurely transportation is coming to the U.S. Fourteen



TED HARDIN

Yung on Puch Maxi bike

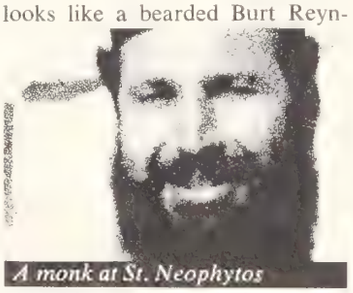
states have passed laws in favor of "mopeds" including New Jersey, Virginia, North and South Carolina, Ohio, Michigan, Texas, Nevada, California, and Hawaii. Twelve more have such legislation pending. One exemplary model, the Puch Maxi, is now selling like hotcakes in various parts of the country. President of the Puch American Company, Robert Yung (the bike is made outside Vienna by Steyr Daimler Puch), says they substitute for a second car—but there's no comparison in running costs. The Puch, retailing for $450, gets an amazing 150 miles to the gallon. Servicing is minimal. "Apart from that," Yung says, "they're just plain fun."



4th-century Stavrovouni monastary in Cyprus welcomes guests

Living like a monk

Imagine spending the night in a monastery with nine Greek Orthodox monks, and an abbot who looks like a bearded Burt Reyn-



A monk at St. Neophytos

DEE HARDIE

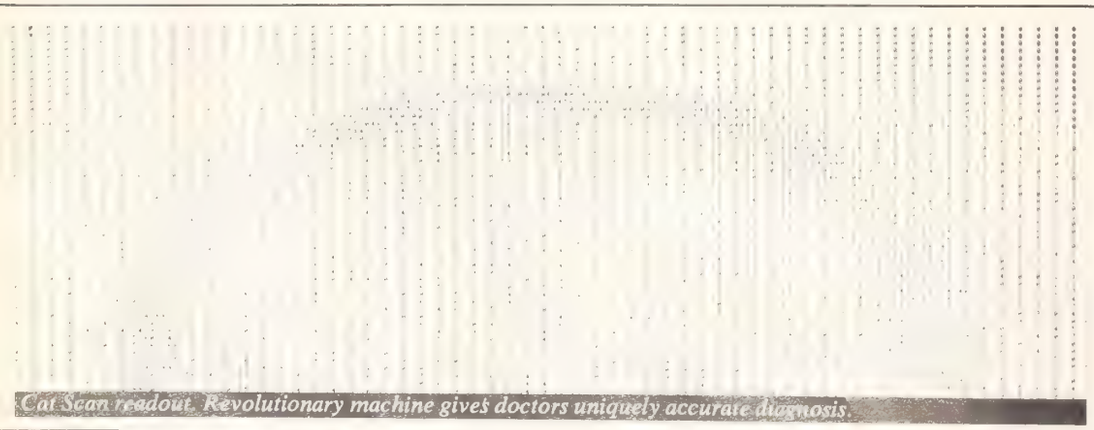
olds. It's possible and pleasurable. There are six Greek Orthodox monasteries on the Mediterranean island of Cyprus where strangers can find refuge. We tried the monastery of St. Neophytos, a day's drive along the southern coast from Larnaca. On the way, travelers pass the monastery Stavrovouni, founded by St. Helena. Take a glass of Commandaria wine that the Crusaders enjoyed in the town of Limassol: picnic for lunch at the Temple of Apollo. Continue past Aphrodite's birthplace, past Paphos, Ktima, and up to St. Neophytos for dinner. Through the gates you find a small church, next to the cloisters, sparkling white with bright blue doors. All rooms on two galleries surround a courtyard below, canopied with grapevines. With nine monks ranging in age from 18 to 75, we shared a dinner of home-grown vegetables and round flat bread baked on the spot. The yogurt was sprinkled with spearmint, the artichoke hearts eaten raw; sweet watermelon ended the meal. Waking in a sparse, yet comfortable, room, with all essentials except a mirror, we heard glorious chanting at dawn. The church, a small jewel with wall-to-wall icons, was formal, yet villagers wandered in at different times. The monks, now in fine embroidered robes, swung incense and formed archways of tall crosses. When leaving, we tried to pay for our room and board but were gracefully refused. Suggesting a gift instead, we finally got them to admit that what they wanted were picture books of John F. Kennedy. More information about monasteries from Cyprus Tourism Organization, P.O. Box 4535, Nicosia, Cyprus. DEE HARDIE



Let's have ramps for crutches

An uphill fight

Why are so many human problems discounted by planners and designers? Why isn't there a spiral ramp at the subway station for a person with a baby carriage? Shouldn't bus steps be easier for elderly people to climb? Any weekend athlete who has suffered a temporary injury from skiing or horseback riding knows how the world feels to the physically handicapped—unrelenting, unfriendly. Recently, enlightened Minnesota State Park managers met for a 3-day seminar. Everyone was given blindfolds, ear plugs, wheelchairs and told to find his way around a typical outdoor recreation area. They pooled reactions and agreed on needed changes. There are people in Washington lobbying for such open-minded approaches and for legislative action. You can lend your support by joining the National Center for a Barrier Free Environment, 8401 Connecticut Ave., Washington, D.C. 20015. Individual memberships, $10 a year.



Cat Scan readout. Revolutionary machine gives doctors uniquely accurate diagnosis.

New x-ray machine does more

The computerized axial tomography scanner (Cat Scan for short) is a new British-invented x-ray machine with a big difference. It takes thousands of x-rays of a particular part of the body, each of a different layer, fractions of a centimeter thick. A computer reconstructs these pictures of "body slices" in the proper order. Then a composite picture appears on a viewing unit. Previously this degree of accuracy could only be achieved by slicing tissue in a post-mortem. Doctors consider the Cat Scan revolutionary. It offers a quick, painless diagnostic procedure for tumors, infections, hemorrhages and other lesions of the brain, and diseases of the lungs, pancreas, liver, and kidney. So far about 220 machines are in use in this country. In New York, there are units at Mount Sinai, New York University, Cornell, Montefiore, and Columbia Presbyterian hospitals. By 1977, probably 400 will be in operation, many in private offices. Despite the cost (between $250,000 and $600,000 per unit), it's hard for private practitioners to resist this equipment that offers fast and accurate information not available through any other single medical test. Cost to the patient for a Cat Scan exam ranges from $150 to $350.

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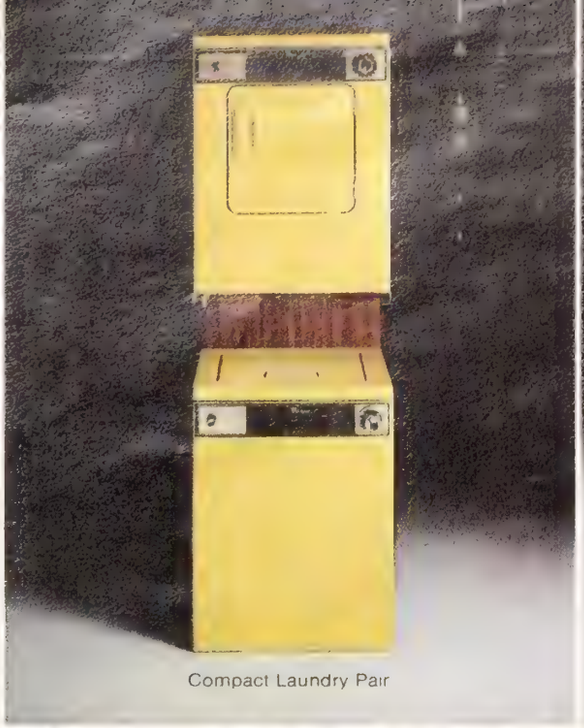
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Questions & answers

Antiques

By Louise Ade Boger

Chippendale style chairs





From the photograph, can you tell me anything about the origin of my chairs? J.B.D.—Laurel, Miss.

The two Chippendale style chairs are pleasing examples of the Colonial Revival, fostered by the Centennial in Philadelphia, 1876. The fashion for Colonial reproductions was abetted by an enthusiasm for antiques and an awareness of the "good breeding" of the furniture of our forefathers.

Staffordshire mark



What do the markings on my plate stand for? Can you date it?
R.W.—Boston, Mass.

C.C. marks appear on scenic centered printed English earthenwares of the 1840s. The name Catskill Moss (referring to the border patterns) also appears on these C.C. marks. One mark of this variety is found with the English design registration mark of Dec. 16, 1844 (as in your mark). Polish soldier/statesman Kosciuszko fought for America during the Revolution, is buried in the cathedral at Cracow.

English stoneware

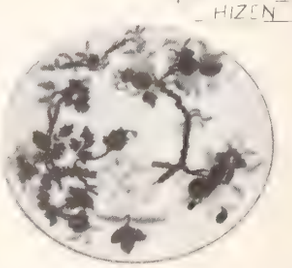


The only apparent marking on my tea set is (22). Can you identify the type of china and possibly date it?
R.M.H.—Saint Marys, Ga.

White stoneware tea sets, such as yours with relief-molded designs, frequently ornamented with blue enamel borders, are traditionally attributed to the Castleford Works of David Dunderdale & Co., Yorkshire, England. These Castleford-type wares were made by a number of potters, 1800-1825, and very few bear the D.D. & Co. mark. Most examples are unmarked except for impressed numerals—frequently 22 on teapots.

Hizen pattern





Who made my plate? Do you know what "Hizen" means?
D.V.L.—Lebanon, Mo.

The Staffordshire potters G.L. Ashworth & Brothers, active at Hanley since 1862, used this mark from 1862 to about 1890. "Hizen," the name of the pattern, is a province famous in the ceramic history of Japan. From its kilns came Kakiemon, Nabeshima, Hirado, and Imari porcelain wares.

Continued on page 20

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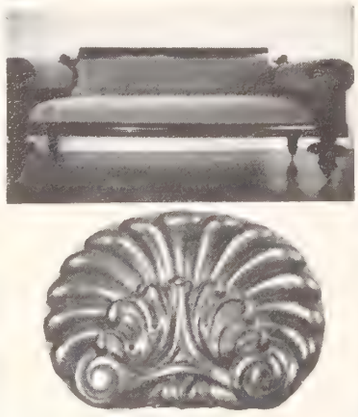
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continued from page 18

Empire-style sofa

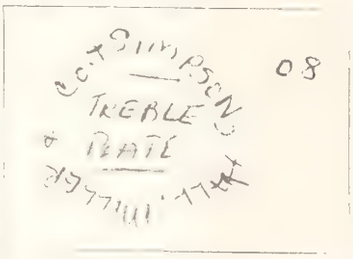


Would you identify the style of my sofa and tell me when and where it was made? J.L.—Bethesda, Md.

Your Empire-style mahogany sofa with upholstered arms resembling the fashionable cushions of the early 19th-century classical period was made in Philadelphia, probably around 1825. It is really a composite piece, which accounts for its distinctive charm.

American napkin ring





From the mark and snapshot, can you tell me anything about the background of my napkin ring? R.A.S.—Lafayette, Cal.

Your napkin ring appears in the 1878 catalogue of Simpson, Hall, Miller & Company, Wallingford, Conn. Figural napkin rings, originating in the American Victorian period, were featured in the catalogues of most large manufacturers of plated silver wares.

French centerpiece



My silver centerpiece has two sets of marks. What do they mean?

R.J.S.—Hillsboro Beach, Fla.

According to one set of marks, your silver centerpiece was made in France, perhaps Grenoble, about the mid-19th century. The other set—an English import mark, tells you that it was entered in London, 1894-1895. In 1883 an act was passed in England providing for the compulsory assay of foreign silverware. It was to be assayed and hallmarked as if it were English, but with the addition of the letter F.

Antiqueries

Copies of Louise Ade Boger's book, *House & Garden's Antiques: Questions & Answers*—containing more than 900 items from past columns arranged by category for easy reference—can be purchased for $9.95 a copy, plus 45¢ to cover postage and handling. To get a copy, please write: Condé Nast Books, Post Office Box 3308, Grand Central Station, New York, N.Y. 10017.



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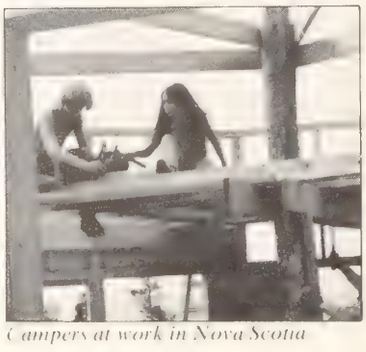
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Can't you do something constructive?

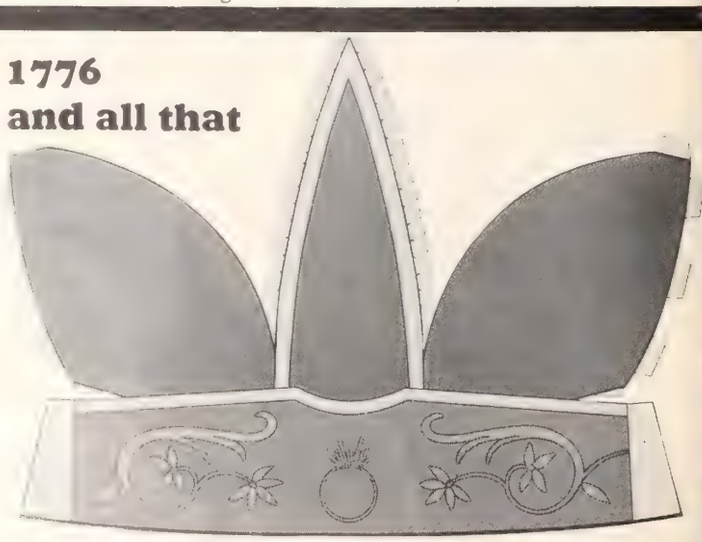


Campers at work in Nova Scotia

At Camp Discovery on Cape Breton Island, Nova Scotia, 8- to 16-year-old campers double as construction workers. They've built the entire camp themselves, with the aid of parents and counselors. Just finished is an octagonal dormitory built like a barn, with a cupola. Campers cut the tree themselves for the large center pole, and "it took everyone a camp to get it down here." Camp founder Eleanor Hamilton, a psychologist and educator, feels building is "one of the things that kid really like to do." But, she adds, "we did everything at least twice. When an 8-year-old builds a window frame, it's likely to be wrong the first time." Campers thus far have built two tree houses (in which some of the campers and counselors sleep), a small cabin, one big dining hall, and the new dormitory. Enthusiastic parents came up early last year and started the dining hall, which was then finished by the campers and counselors.

Camp Discovery is kept small —32 kids and 10 counselors—and focuses on teaching campers to live with nature. Backpacking into wilderness areas, canoeing, and arts and crafts are other major activities. This year, the camp season runs from July 6 to August 31. For information, write to Eleanor Hamilton, the Hamilton School, Sheffield, Mass. 01257.

1776 and all that



For historically minded kids, Bellerophon Books's excellent and lively American Revolution series includes *A Coloring Book of the American Revolution,* with both humorous and serious scenes ($1.95), *Paper Soldiers of the American Revolution* to cut out and put together (either American or British troops, $2.50 a set), *Caps & Helmets of the American Revolution* to cut out and wear ($2.95), *above,* and *Flags of the American Revolution,* 50 flags of the war to color ($1). All the books have good brief historical write-ups of the costume or the scene involved printed alongside. Posters include a dashing George Washington and Bunker Hill ($1 each, 3 by 2 feet). At bookstores, or write Bellerophon Books, 133 Steuart Street, San Francisco, Cal. 94105.

Continued on page 2

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Joey Heatherton



Serta

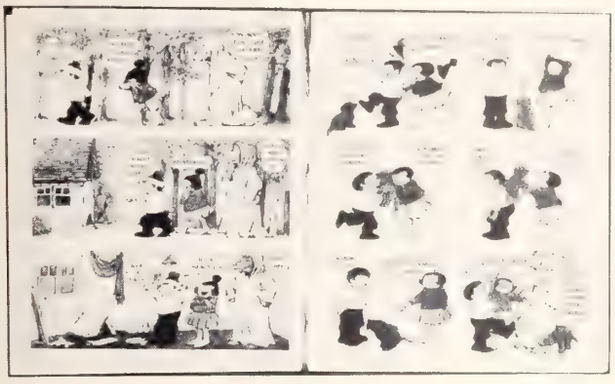
SERTA, INC. Chicago, Ill.

Isn't it time to be good to your back? Serta Perfect Sleeper



Maurice Sendak's new book tells how to survive the tribulations of puppyhood with good humor and delightful illustrations

Puppy love



Some Swell Pup Or Are You Sure You Want A Dog, story by Maurice Sendak and Matthew Margolis, pictures by Maurice Sendak (Farrar, Straus and Giroux, $5.95) is a handbook in comic-strip form starring a boy, a girl, and a dog. The dog is a puppy who gives his young master and mistress an amazing amount of trouble. (And the book breaks new ground by portraying, frankly and amusingly, the dog's problems in becoming housebroken.) How all three learn to survive the tribulations of puppyhood is told with a good sense of humor and delightful Sendak illustrations. Love is the answer. Any preschool to third-grade child who has ever "aahed" over a puppy will be as delighted by the difficulties that are detailed as by the happy ending.

KARLA KUSKIN

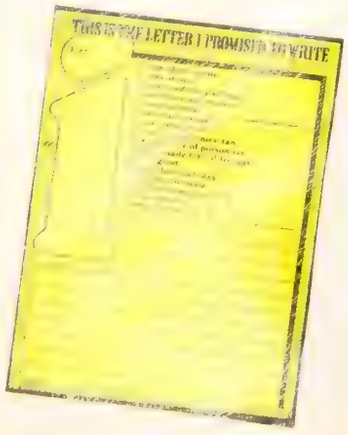
Aspects of adoption

Few infants are available today for adoption, as would-be adoptive parents know only too well. The New York Council on Adoptable Children, an organization of adoptive parents, may be helpful to some. COAC is primarily concerned with finding homes for "hard to place" New York children, most over seven years of age, and most black, Hispanic, or interracial. Some of the children have special physical, mental, or emotional needs. The organization recommends adoption agencies to prospective parents, helps them through the adoption process, and offers the services of 20 volunteer counselors, all of whom are adoptive parents themselves. The group also holds social gatherings for parents and their adopted children, and publishes a newsletter with descriptions of some of the children who are available for adoption in New York City.

A list of similar parent groups in other cities is included in the recently published *Adoption Advisor* (Hawthorn, $9.95), by Joan McNamara. For additional information on COAC, write to: New York Council on Adoptable Children, 125 East 23rd Street, New York, N.Y. 10010.

Just sign here, please

It's hopeless, of course. Every remedy has been tried—cajoling, threats, promises of money—but children, once they are at camp, just don't write letters. Maddened mothers can try the latest would-be solution: a pad of 25 self-contained fold-and-seal letter forms, starting off with a printed message: "This is the letter I promised to write." Various categories follow and can be checked: "I like it here; I am learning to swim; I received the package; am brushing my teeth; I want to say hi to;" etc. Optimistically, there is a blank space below for the child to write something himself. Kamp Kards for Kids, by Fante, $5 for a package of 25, at stationery stores.



Sertapedic Savings Days



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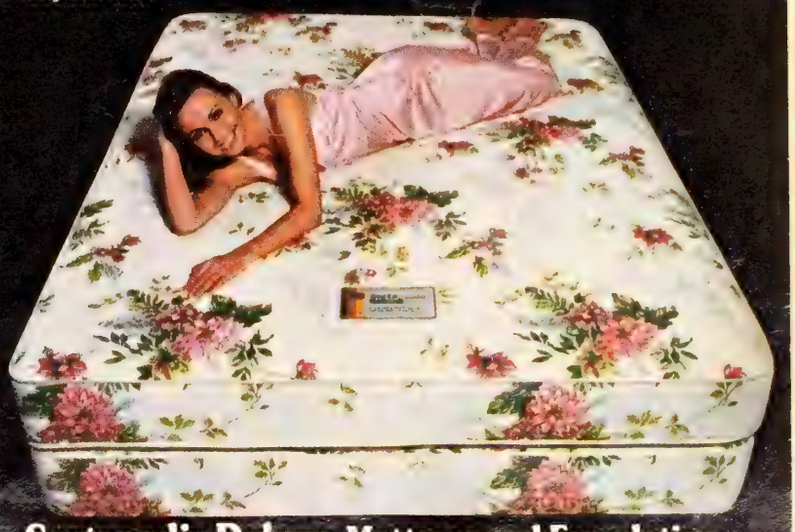
SERTA, INC. Chicago, Ill.

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Don't Let This Summer Destroy Your Complexion

Summer may be a recreation season for you, but a near-disaster for your complexion. You could end the three-month summer season looking decidedly older.

Just one summer day can be like a whirlwind tour through the climates of the world. You swim, then bake on a beach beneath a desert-like sun. You step



from sun-baked sidewalks into chilly air-conditioned restaurants or stores. A sudden summer storm leaves the air steaming and humid. Your complexion is exposed with shocking suddenness to a gamut of environments.

No wonder your skin becomes dryer as the summer days pass. And the dryer your skin, the more that dryness emphasizes little lines and wrinkles. And the older you can look. But there's no need to fret. You may enjoy summer fun and still maintain your own youthful look.

Many younger-looking women, from Acapulco to Sydney, discovered a beautiful secret, a unique fluid known in the United States as Oil of Olay beauty lotion. This summer, share the secret of the lovely benefits of this world-renowned liquid that eases away wrinkle-accenting dryness. Complexion-cherishing Oil of Olay, discovered by beauty connoisseurs, softens and silkens a woman's complexion with a wealth of pure moisture, tropical moisturizing oils and other emollients.

Oil of Olay, available at drugstores, penetrates so quickly, so completely, it leaves no greasy after-feel on the skin so the dryness that can make you look older than you like is eased away. The beauty fluid helps maintain the oil-moisture balance, necessary if your complexion is to look as young as possible. The skin-loving liquid also helps keep nature's own moisture from evaporating into the summer air.

Your skin would welcome Oil of Olay whenever it feels dry or slightly tight or rough to the touch. Smooth on at bedtime so it can work its wonders during nocturnal hours. Again in the morning, as a moisty, non-greasy base that lets cosmetics stay fresh for hours.

Summer Beauty Secrets

Gently bathe away your sun-protective lotion after sunning. Pat your body not-quite-dry, then soothe your still-damp skin with Oil of Olay wherever the sun's rays have reached you.

* * *

If you wear sunglasses, your skin can seem dry where the frames touch your nose, temples and ears. More frequent use of Oil of Olay on these sensitive spots will be welcome and helpful.

* * *

During these months when the need for Oil of Olay is great, always carry a bottle with you . . . to the beach, on week end trips, shopping.

* * *

When you're dieting (and who isn't these days), denying yourself the pleasure of delicious food, you need a little pampering. More frequent applications of Oil of Olay during diet time will let you [illegible] indulgence. You'll enjoy both [illegible]

(Advertisement)

Good looks and good health

How to beat the HEAT this summer

and other hot stuff from thermal expert Dr. Jan A.J. Stolwijk

By Caroline Seebohm

Beating the heat is an annual event for those of us who live out of sight of the North Pole. Heat waves are generally considered to be fatiguing, unpleasant experiences—but did you know that doctors are now beginning to regard them as major environmental hazards?

Research scientists at the John B. Pierce Foundation Laboratory in New Haven, Conn., have been studying the effects of the thermal environment on humans for over 40 years, and their discoveries about the physiology of heat and cold should be instructive for everybody.

"When there is an early heat wave in summer, particularly in the Midwest and Northeast, before people have become used to warm weather, a heavy stress is imposed upon the whole population," says Dr. Jan A.J. Stolwijk, associate director of the laboratory. "The stress manifests itself in an elevated body temperature—particularly in the nonfit or elderly. This rise occurs because there is not enough active sweating to lower the temperature, resulting in severely increased stress on the cardiovascular system; those who suffer from heart or respiratory problems, infants and the elderly, or people whose circulations have little margin left, are especially vulnerable. During such heat waves, the death rate will frequently double, particularly in cities, which always become much hotter than the surrounding countryside."

It is surprising, when one reflects on these comments, how little most people know about how their body temperature works. That ignorance inspired me to raise several fundamental questions with Dr. Stolwijk, in hopes that we may keep a little cooler this summer!

How do our bodies stay cool?

The body relies on the *evaporation of sweat* for the cooling required during a hot period. The amount of sweating is proportional to the rise in body temperature that takes place. This rise in body temperature also causes more blood to flow from the interior to the skin. The blood carries with it the internally produced metabolic heat. Increased skin-blood flow causes pooling of blood in the extremities—we need a larger shoe size in the heat. Peripherally pooled blood does not return to the heart, so the circulation becomes starved for blood, causing problems for those susceptible to heart disease. A poor sweating response can thus lead to more cardiovascular stress during a heat wave.

"Discomfort in the heat comes largely from wet skin and sweating. Men in general sweat earlier and more effectively than women—so men often find heat more uncomfortable than women do. On the other hand, because women sweat less they tend to put a higher load on their cardiovascular system. This is encouraged, too, by women's belief that sweating is unattractive and to be avoided."

Dr. Stolwijk believes that we should sweat more in hot weather than we generally do, to stay healthy. "Physical fitness and exercise can help you sweat," he says. "It's almost as if sweat glands can be trained. If they get used, they function much better in a crisis."

Why do some people like heat better than others?

"Men in general complain less about being cold in a cold environment than women. Yet men's body temperatures drop more rapidly in cool environments than women's. The reason for this is that women cut down on their skin blood flow in such circumstances, letting their hands, feet, and arms cool down, saving the heat they produce largely for the trunk. Thus women experience cold hands and feet, and this tends to make them complain in the cold more than men. What men do is let their warm blood out of their trunk and down into their extremities; thus they feel less uncomfortable. These are both questions of circulation.

"In the heat, as we have seen, men sweat earlier and more profusely, and thus feel more uncom-

Continued on page 28

Picture a small, lovely easy garden as personal as your fingerprint. This summer it can be a reality.

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For the first time in book form, and just in time for the '76 gardening season! HOUSE & GARDEN's 26 Easy Little Gardens is a gem of a collection of some of the very best small garden designs in America—and in the world today.

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Each of the 26 full-color gardens featured in Section I of *Easy Little Gardens* is keyed to a detailed, black-and-white, "how-to" plan in Section II. There you'll find:

- Easy-to-follow diagrams of garden layout;
- How to choose, place and space the right easy-care plants;
- Where the walls, fences, borders, seats go—and why;
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Easy Little Gardens is an easy-to-use reference book that leaves nothing to chance!

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The ingenuity of some of the gardens (and gardeners) in *Easy Little Gardens* is amazing. Sunflowers and organic salad greens by a swimming pool . . . mountain rock plants on a Manhattan breezeway . . . Japanese serenity next to a pulsing California highway . . . a bumper crop of vegetables from indoor-outdoor carpeting.

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If you're planning a garden, improving a garden or, for the moment, "just dreaming," *Easy Little Gardens* is an invaluable book to own—glorious to give. And gardening time is just about here, so get growing! Send for your copy today.

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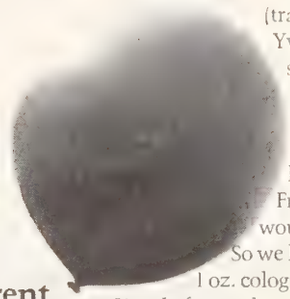
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If you keep physically fit and exercise, your sweat glands will be in training for a heat wave. If they get used, they function better in a crisis

How to beat the heat

continued from page 26

fortable in hot weather than women. But regardless of the discomfort, in a heat wave the more you sweat, the healthier you will be."

Why is humidity more uncomfortable than dry heat?

"As the humidity outside the skin increases, it becomes more difficult to evaporate sweat. Since wet skin is the most important factor in determining discomfort, humidity is clearly a significant offender. In a dry environment, such as the desert, the sweat evaporates more easily."

Dr. Stolwijk thinks there is some confusion about "relative humidity." "Relative humidity is fine for weather forecasts since it relates to the chances of rain. But it has very little to do with the moisture in the air or on your skin. You can have a relative humidity of 100 percent in a temperature of 85 degrees Farenheit and it will be almost impossible to evaporate any sweat. On the other hand, 100 percent relative humidity at a temperature of 60 degrees will not interfere with evaporation of your sweat, because the temperature of your skin is 95 degrees. As another extreme, you can have 100 percent relative humidity in a temperature of zero degrees, as happens in winter, and your skin will dry out and chap; drying would be the same as in less than 10 percent relative humidity at 70 degrees. This is because the vapor pressure of water at around freezing point is only one-tenth of the vapor pressure of wet skin."

What indoor temperature is best for us?

"The accepted indoor temperature in the U.S. has been going up from about 68 degrees in the thirties to about 75 degrees today in most environments. This is because people prefer to wear less clothing, the advantage being that you can accept a somewhat wider range of activities without becoming uncomfortably hot. For instance, if you wore enough clothing to be comfortable at a temperature of 65 degrees, and then ran up a few flights of stairs, you would start sweating and feeling too hot. (Though the lower temperature would save fuel!)

"The cultural trend is to wear fewer and lighter layers of clothing, and to try to keep the same standard not only throughout the day but also throughout the year. That is why you may need to carry a sweater in summer in an air-conditioned building.

"Air conditioning in office buildings tends to get set for the male occupants, who generally prefer lower temperatures (a) because they sweat more, and (b) because they have fewer layers of clothing to take off than women —a cultural condition. We did a study recently of a federal office building in New York. There is a regulation for such buildings that the temperature be kept at 68 degrees in winter and 78 degrees in summer. We discovered that the building was cooler in the summer than in the winter!"

By the way, Dr. Stolwijk says not to worry about staying in very cool environments as such. He did a study exposing volunteers to cold during the summer, and found that nobody caught a cold.

How can we beat a heat wave?

1. Stay out of the sun as much as possible. Do as the Mediterraneans do. Work early in the morning and later in the afternoon, with a siesta for the hottest part of the day.

2. Wear loose-fitting, loosely woven, absorbent clothing. If you don't, you create a microclimate between the fabric and your skin that becomes humid, preventing evaporation of sweat and thus inhibiting your cooling system. Your skin also becomes wet and uncomfortable. Arabs wear long flowing robes that create a cooling microclimate next to the skin.

3. Keep physically fit and exercise, so that your sweat glands are in training for a heat wave.

4. If you have no air conditioning, fans are excellent for cooling you down. Increasing the air motion is both more comfortable and physiologically beneficial—not because fans lower the air temperature, but because they help your sweat evaporate and thus keep your physiological cooling system working efficiently.

For new beauty products in the stores, turn to page 106.



Overdone by the sun?

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When the sun burns you up and makes you sizzle. When you're overdone by the sun, stop sunburn pain fast with Solarcaine®, America's number one relief from sunburn pain.

The exclusive Solarcaine formula stops the pain and itching of sunburned skin fast. And while it turns down the heat, it soothes and cools sunburned skin.

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NuTone Food Center Fights Kitchen Clutter 8 Ways



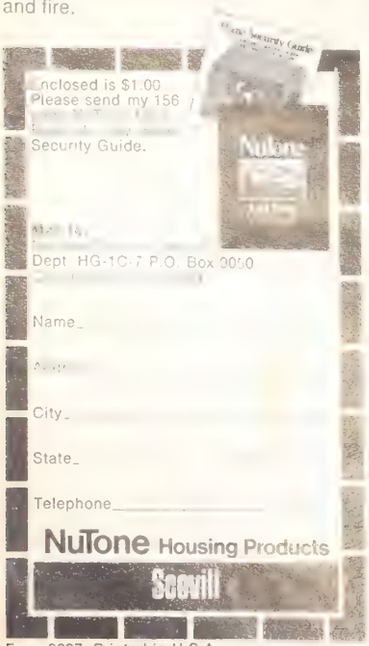
Now, you can build-in the 8 appliances you depend on most, while building out the clutter. How? Simply and easily by installing a NuTone Food Center.

Is it versatile? Well, this single, streamlined, under-the-counter power unit operates 8 appliances at 6 speeds . . . and all *cordless!*

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Just set appliance on the streamlined surface plate, twist to lock into place, turn dial to desired speed and you've got the ultimate in kitchen convenience.

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Form 3097, Printed in U.S.A.

For the house fixer

Trellis trim, instant pipe enclosure, and anti-vandal windows

A NEW LEASE ON LIFE FOR OUTDOOR FURNITURE

By Deanne Raffel

Time, the elements, and wear do take their toll on outdoor furniture—steel and wrought iron rust, wood splits, aluminum oxidizes, plastic breaks, and so on . . . and on. With a little effort you can make that furniture look quite presentable again, and it will give many more years of service. Here are some of the basic steps.

Take broken pieces of steel or wrought iron to an auto-body shop to be welded together.

Check all fasteners—some will need to be tightened and others replaced. Place a screwdriver in the screw slot and a pliers or wrench over the nut and try to tighten them. If the joint is frozen, give it a squirt of penetrating oil to help loosen it. If it still will not budge, use a hacksaw blade to separate the screw and nut. Purchase the identical fastener and install it tightly in its place.

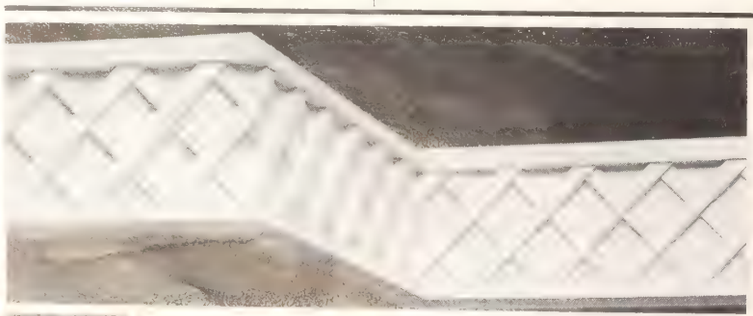
With the years, paint on your steel or wrought-iron table, chairs, or swing will have blistered and popped off, leaving large rusty areas that must be removed before repainting. Use a wire brush and silicone carbide sandpaper to rub rust off. Also, lightly sand entire piece of furniture (an etched surface will help give paint better adhesion), wash, and immediately wipe all areas dry to prevent further rusting. Cover the metal with a coat of rust-resistant metal primer and a second coat of paint, preferably a polyurethane. I use Flecto's Verathane colors in plastic.

Metal parts that move require lubricating at joints. Wait until adjacent areas are painted or paint will not coat properly. A light spray of silicone film will lubricate and waterproof.

Unfinished exterior furniture, such as redwood, that has not previously been treated with some type of surface coating will be dirty, cracked, mold- and mildew-ridden. Scrub it well, using a strong solution of heavy-duty all-purpose cleaner and laundry bleach, working with the grain, then flush thoroughly with water. Let it dry, fill large imperfections with plastic wood-filler, and sand the entire piece smooth. Cover the surface with two coats of plastic (transparent or colored) paint, oil-penetrating exterior stain, or transparent wood preservative. Currently available colors, in both paint and stain, can give it a real boost.

Previously treated wood needs to be managed as above; however, preservative cannot be applied over another finish (paint, stain, varnish, etc.).

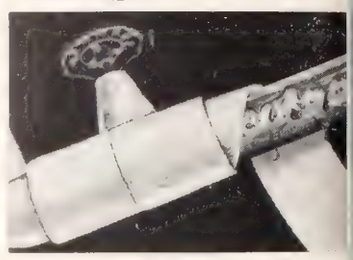
To spruce up the aluminum frame on lightweight furniture, dip steel wool in kerosene, rub the metal until it looks satiny and wipe clean with a soft cloth. Buy new webbing to renew seat and back.



Trellis touches

Molded from a plaster or wood original, this trellis-design trim has the texture and scale of traditional ornament. Five inches high, 11/16-inch thick, #150 is white primed polymer in lightweight, single 10-foot lengths. It is easily handled, cut, nailed, drilled, and sanded. Topped by a crown molding, it makes a handsome ceiling cornice or can be used alone to frame windows, or serve as a chair rail or dado cap. $2.45 a foot for orders under 100 feet; $2.20 a foot for 100 to 500 feet; $2 a foot for 500 feet or more. F.O.B. Focal Point, Inc., 3760 Lower Roswell Rd., Marietta, Ga. 30060.

Getting rid of a drip



Water drips from cold-water pipe in the basement when warm ai strikes them and condenses; ho water pipes lose their warmth whe exposed to cool cellar air. Bo these problems can be solved b applying insulating tape. Woun spirally around any size pip valve, fitting, or tee, the white, sel adhering, moisture-proof tap forms a snug wrapping. Availabl at hardware stores, heating an plumbing sources in ⅛-inch, 2 inch-wide, 30-foot-long rolls. Nc Drip Tape has a suggested reta price of approximately $4. B Mortell Co., 550 Hobbie Ave Kankakee, Ill. 60901.

Burglar baffler



For protection against easily brok en glass door panes—the kind thief can smash, then reach in an open the door lock—here is a Plex iglas Vandal Panel. Mounted o the inside face of a door frame, o cellar and garage windows, the im pact-resistant acrylic plastic pane deters forced entry. Transparent easily cleaned, it is 30 by 40 inches .220 of an inch thick, 15 time stronger than glass. Rohm an Haas's Vandal Panel kit come with twelve #8 screws, twelve fin ish washers, a drill bit, and tw sheets of sandpaper. Suggested re tail price, $29.95 at hardware an home center stores and Plexigla distributors.

Solid vinyl siding by Bird... protecting the Great American Dream.

A home of your own.

It's a dream you've worked hard for, and one of the biggest investments you'll make in your lifetime.

But you have to protect it.

And that's where Bird comes in. Our solid vinyl siding gives you the security of knowing that your investment is protected against premature aging and the elements.

Bird solid vinyl siding never needs paint, because the color goes all the way through. It can't rot, split, or burn like wood. It can't corrode, rust, attract lightning or spoil TV reception like metal.

Your Bird siding should be as lovely twenty years from now with minimum care as it is on the day it's installed. And the money you save on maintenance will go a long way in making other home improvements. Bird offers more color choices in solid vinyl, low-maintenance ornamental shutters, plus a complete line of premium asphalt shingles. See them and get a free estimate by calling your Bird siding dealer, listed in the Yellow Pages. It's a wonderful way to make your dream endure.

Bird & Son, inc.
E. Walpole, MA 02032

Please send me your idea-packed booklet, "What you should know about roofing and siding before you build or remodel." I enclose 50¢ in payment. I am planning to:
☐ build ☐ remodel

Name _____

Address _____

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Phone _____

Please include facts on. ☐ Solid vinyl gutters
☐ Ornamental plastic shutters ☐ Bird asphalt roofing

House & Garden, July 1976





LET N-M TAKE CARE OF YOU.

Get lots of rest, avoid crowds and stress, and meet Christmas merrily when you shop from your home via the 1976 Neiman-Marcus Christmas Book. There's something for everyone between its pages. The 1976 Christmas Book will be ready to mail to you or a friend in mid-October. Just send 1.00 for each book with the name and address of the recipient to: Neiman-Marcus, Dept. 05, P.O. Box 2968: Dallas, Texas 75221. P.S. If you are currently receiving N-M mailers, you are already scheduled for one 1976 Christmas Book.

Neiman-Marcus



If someone told us the Statue of Liberty would be dismantled tomorrow, it wouldn't be much more shocking than what's already happening to other American landmarks. They're disappearing by the thousands, without a thought of preserving them . . . without even considering a modern, useful purpose for them. Join the national organization devoted to preservation.

Write: James Biddle, President, The National Trust for Historic Preservation, 740 Jackson Place, N.W., Washington, D.C. 20006.

The eye of Thomas Jefferson

An exhibition at the National Gallery in Washington, D. C. illustrating the design skills of our third President

"Of all the Founding Fathers, with their remarkable talents, learning, and accomplishments, Thomas Jefferson stands alone in his lifelong commitment to the arts. Not only did he leave the nation a legacy of achievements in architecture and design, but more importantly, his record as a uniquely creative man is unmatched in the history of the Republic."

So W. Howard Adams, program director for the National Gallery of Art in Washington, D.C., introduces the largest exhibition ever assembled for the Gallery. Entitled *The Eye of Thomas Jefferson,* the exhibition opened early in June this year, and will run through September 6. It recreates the visual world that Jefferson saw and loved—and it documents the amazing contribution he made to it.



JEFFERSON'S *original competition drawing for The President's House*

His tastes and interests helped shape America's

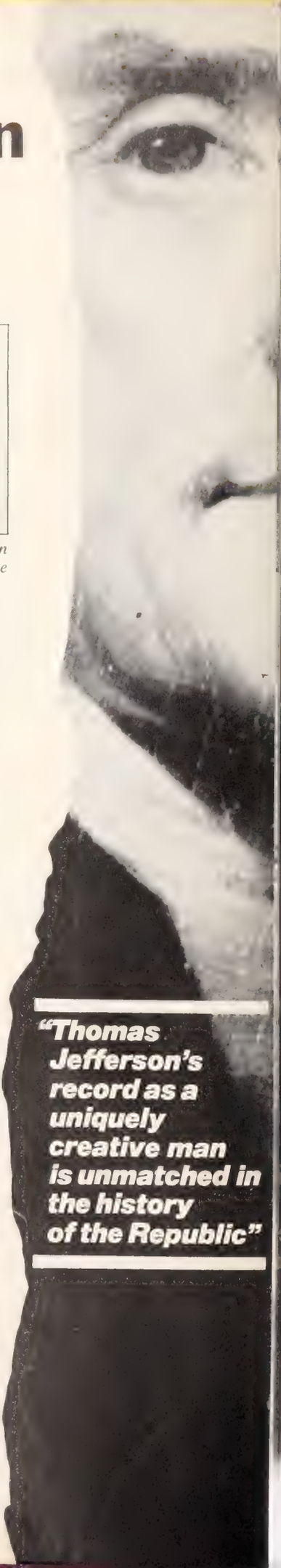
This creativity is all the more amazing when we remember that Jefferson was educated as a lawyer, not as an artist or an architect. But his father, a surveyor and well-to-do landowner, insisted that his son have the classical education—languages, history, philosophy—proper for a young squire at that time. He grew up in a cultured background, evoked for the exhibition by portraits of the children of Virginia Colonists and of some of Virginia's Royal Governors, by a selection of Colonial musical instruments (and throughout June, by concerts of music associated with Jefferson), and by examples of the decorative arts a Tidewater boy would have recognized.

His father also trained him how to cope with the demanding tasks of a pioneer planter-owner, but Jefferson never became a master farmer. It took too much time. He had a country to help put together, a culture to encourage, intellectual interests to explore—and, besides, it seems as if he personally wanted to improve the looks of almost everything his eye fell upon from garden fences to Capitol domes. These urges produced a tremendous body of work. That work, and the work that influenced him or that defines the atmosphere he moved through, takes up the entire 25,000 square feet of the National Gallery's main floor. Some of it—a huge collection of Jefferson's drawings, for instance—has been gathered together in one place for the first time.

The designs for Monticello are there, and those for the University of Virginia. So are models of Poplar Forest, the retreat Jefferson built for himself during his second term as President, and full-scale reconstructions from some of his designs—one a garden "temple of love" that, for the exhibition, will house the *Venus de Medici,* on loan from the Galleria degli Uffizi in Florence. It is the first time the lady has left Italy since Napoleon kidnapped her. (Jefferson's request to have her copied for Monticello was denied.)

He loved flowers, was most knowledgeable about them, and could lay out gardens that are fragrant still lifes. The West Garden Court of the National Gallery has become a Jeffersonian botanical garden, where specimens of his favorite plants are growing—American varieties he collected or had collected (one, a May apple-like plant named *Jeffersonia diphyllum*—"not very beautiful, but . . . curious"—named for him to honor his knowledge of natural history, is represented by an engraving), and many European varieties sent to him by friends. Among the living leaves will be drawings and plates of botanical and natural history subjects, portraits of von Humboldt and Lin-

Continued on page 139

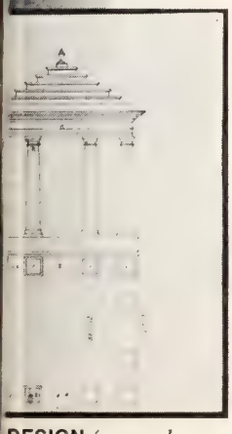


"Thomas Jefferson's record as a uniquely creative man is unmatched in the history of the Republic"

By Kenneth Bates

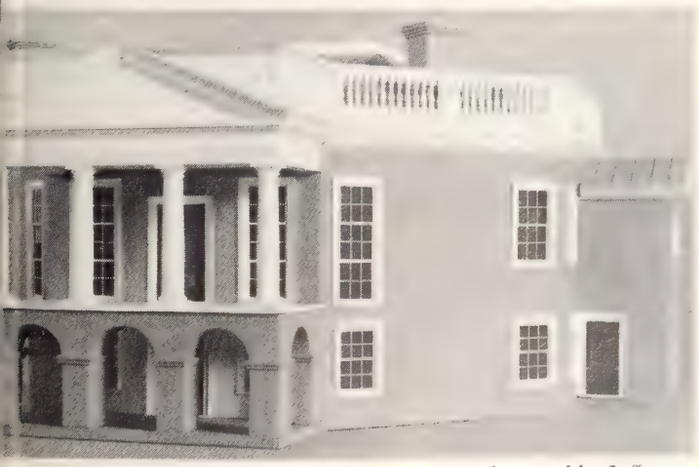


GARDEN FRONT, *Poplar Forest*





DESIGN *for garden temple.* **INFLUENCE:** *the Maison Carrée in Nîmes*



MODEL, *built for exhibition, of Poplar Forest designed by Jefferson*



ORIGINAL *Roman bronze askos*



COPY *in silver made for Jefferson*



...the ideal way to buy your presents from The Metropolitan Museum

Every three months—four times a year—the Museum will announce by mail remarkable new replicas—exact copies of Museum originals: sculpture, decorative objects, tableware, and ornaments.

The variety will be extraordinary: ancient jewelry in gold and silver; Oriental and European porcelain; early American glass in crystal and rare colors; bronze from Egypt, Greece, China, and the medieval world; silver, pewter, brass, and pottery from Colonial America.

These copies, often produced by the same techniques used for the originals, are made by artist-craftsmen working under the Museum's direct supervision. The care taken in production frequently limits the quantity, and the majority of replicas can be bought only by mail or at the Museum. (Above: Hippopotamus, brilliant blue faience decorated with lotus flowers. Length 8", $19.75 plus $1.25 shipping.)

To receive all of the advance announcements to be issued during the next year, send the coupon below with one dollar to cover mailing.

On September 1, you will receive the first of these, the 116-page Christmas Catalogue. A brilliant array of new presents includes jewelry with scarabs of lapis lazuli and rock crystal; a medieval ivory hand mirror; early American flowerpots; 19th-century glass in emerald, canary yellow and peacock blue; a silver brandy warmer and cordial tumblers; a rare French coffee cup; a *quiche* dish; *art nouveau* placemats; stars, snowflakes, hearts, bells and a treetop ornament in gold and silver; a silk scarf with Chinese butterflies and another with flowers from a Persian garden; a collection of Museum needlework patterns and a new cookbook, *To the Queen's Taste.* In addition, there is an unparalleled selection of Christmas cards.

THE METROPOLITAN MUSEUM OF ART

255 Gracie Station, New York 10028 ICG6

Please send me all advance announcements and catalogues of replicas to be issued by the Museum during the next 12 months. One dollar to cover mailing costs is enclosed.

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It's *amore* at first sip.
You'll love what happens to the golden taste of Galliano, when you add the sparkle of Club Soda.
1½ oz. Liquore Galliano® over ice
Fill with Canada Dry Club Soda®
Drop in a wedge of lime
LIQUORE GALLIANO®
A LIQUEUR
"21" Brands, Inc., N.Y., N.Y. 80 Proof Liqueur

What is the real American know-how?

American know-how is safety pins, the automobile, fast foods, the pacemaker, computers, the self-cleaning oven, blue jeans, the long-playing record, dentures, the sewing machine, a man on the moon.

But that's not why we're celebrating it

American know-how has forged a remarkable social structure that has worked for 200 years—a society in which all members can hope for the same well-being. The machinery may falter from time to time, as each age brings its own challenges. But when faced with new problems or specific abuses, it is the Americans' uniquely commonsense approach to solving them that gives us hope for the future.

Isn't that worth celebrating?

House & Garden,
July, 1976



City Hall



Mayor and wife



Dress shop owner



Children



Mace bearer



Hotel manager, beverage manager



Santa Claus



Aldermen



Grocers



Architect



Fireman



Policewomen



Salvation Army major and wife



Children



Bride and groom



Jogger



City councilmen



Artist



Barber, hairstylist

Senior citizens



College marching band



Company vice-president



Headwaiter, chef



Town boosters



Choristers



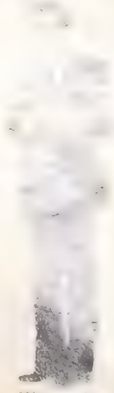
Photographers



Retired teacher



Teen-agers



City judge



Museum director

Cultural leaders ▶





Counterculture couple



Lions, Rotary, Kiwanis clubmen



Garbage collector

The people

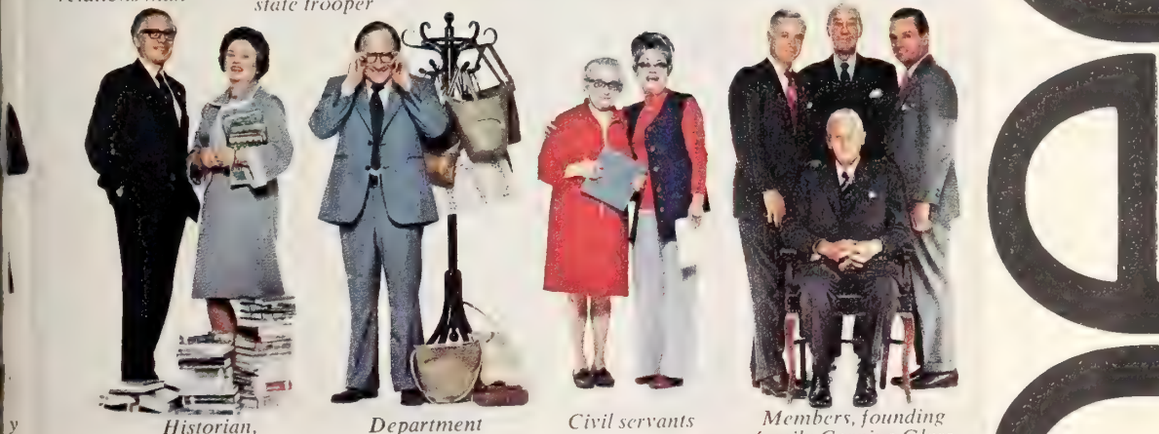
...June, 1976: Community Action: 350 townspeople pose for giant photographic People Wall in city hall, Corning, New York....



Restaurant owners *Physicians* *Symphony members* *Fire chief and fireman*



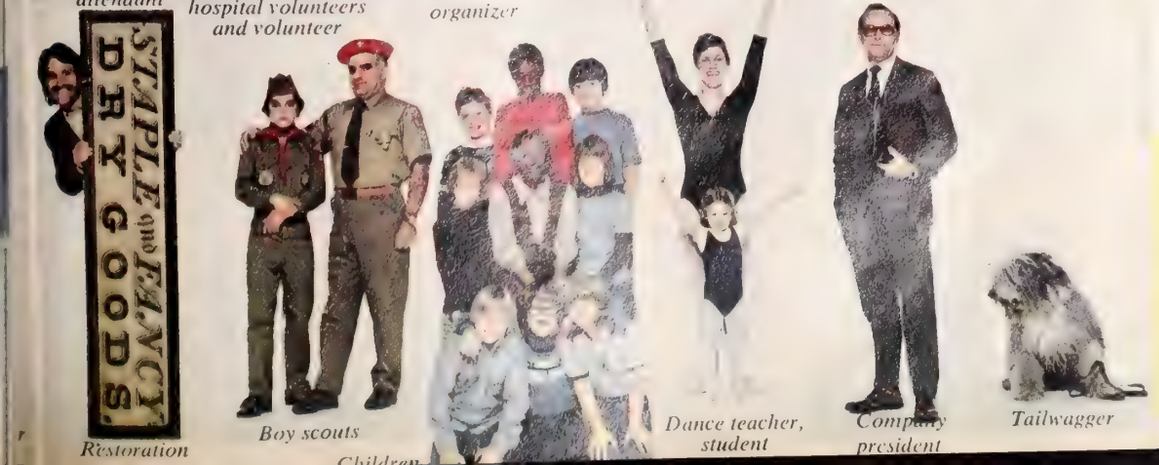
Community relations man *County sheriff, state trooper* *Reporter* *Radio announcers* *Clubwomen*



Historian, librarian *Department store owner* *Civil servants* *Members, founding family Corning Glass*



Parking lot attendant *Director, hospital volunteers and volunteer* *Bicentennial organizer* *Family* *Mailman*



Restoration *Boy scouts* *Children* *Dance teacher, student* *Company president* *Tailwagger*

The news in Corning, N.Y. is that art can bring levity—and even a touch of irreverence—to the prosaic business of city government. There are always at least 350 people in the lobby of city hall, all of them citizens, all active participants in their community—and all photographs! They're part of People Wall, an exciting new super-photographic mural by Elliott Erwitt that stretches the height and length of the lobby and shows proudly through its greenhouse-glass front. People chosen by a committee headed by Mayor Joseph Nasser came dressed for their special interests, or carrying the tools of their trades.

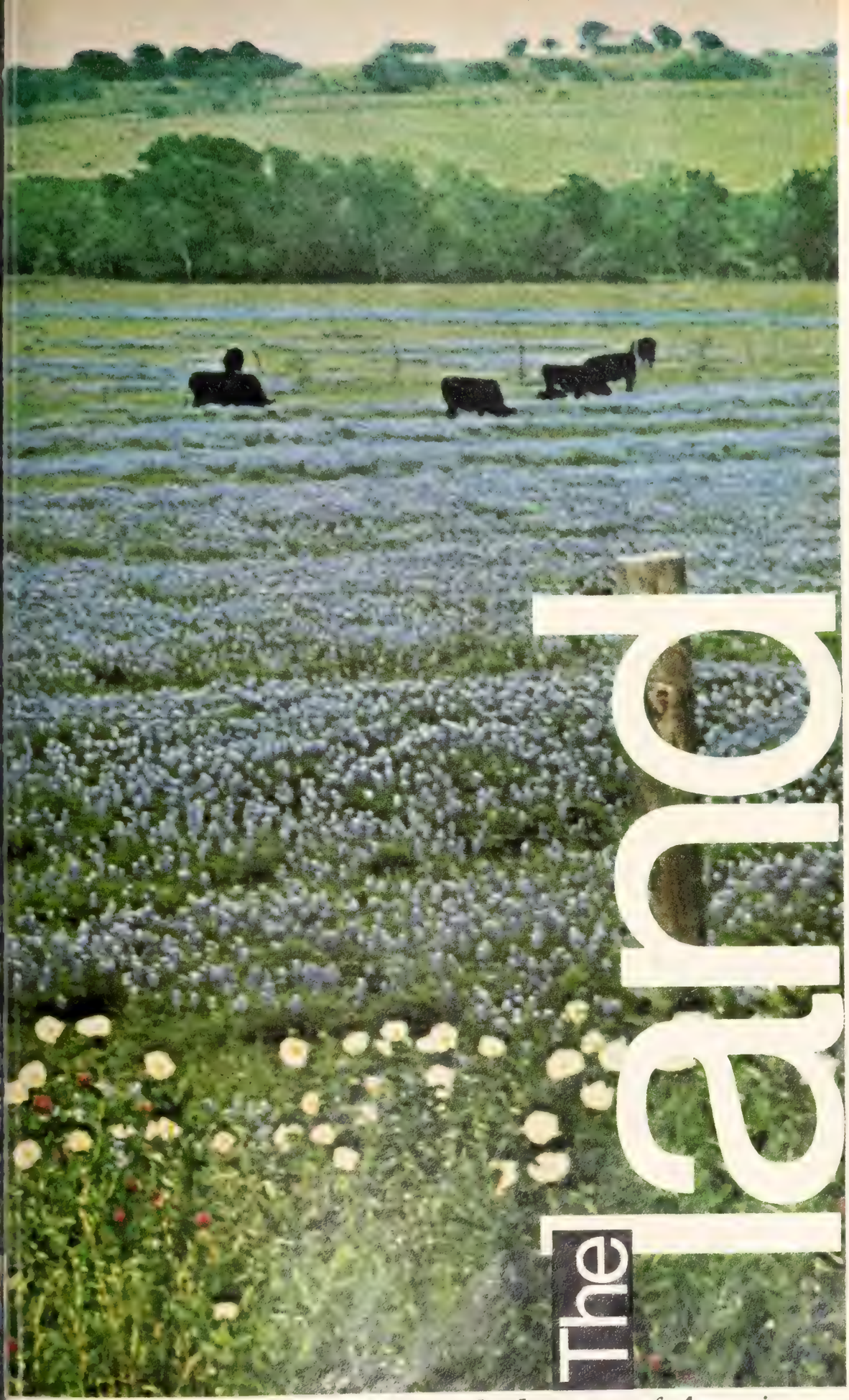
Opposite page: City-hall building of glass and limestone by architects RTKL of Baltimore. Graphic designer Norman Gorbaty arranged figures; Erwitt's photographs were translated onto canvas by Miller Johnson of Gisen Corporation, Los Angeles, using the Scanachrome computer spray technique. Fabric was treated with a preservative, applied like wallpaper. Funding for the whole project came from the Corning Glassworks Foundation.

ELLIOTT ERWITT

Mrs. Lyndon Johnson works to help preserve country flowers, small towns







The land

id early buildings, to protect the beauty of America



...July, 1976: Wild flowers celebrated: 38 states develop save-the-wild flowers projects

All across the nation, small-town life, regional architecture, and native plants of field and roadside are being rediscovered and appreciated, in part because of the sense of self-discovery the Bicentennial has stirred, in part a turning from the urban crush so many Americans live in today.

Lady Bird Johnson took a holiday in the heart of Texas last spring. She wanted to visit "can-do people," who like so many others are proud of their local heritage and are doing something about it. She listened carefully as they told her what they are doing to help keep their little towns alive, to preserve early houses and commercial buildings, to protect or restore the beauty of the countryside. Her mid-April trip was a particular treat because, as she puts it, "the wild flowers along the highways of Texas are the biggest garden in the world. As more and more fields give way to needed housing, agriculture, and grazing, highway right-of-ways have become the last citadel for many wild flowers." In Texas, California, Oklahoma, Louisiana, Georgia, Tennessee, Nebraska, South Dakota, Minnesota, Iowa, Pennsylvania, Maryland, and other states, there are local highway wild flower programs, some of which she inspired when she suggested the Highway Beautification Act, signed by President Johnson in 1965. One idea that she has helped spread is simple and low-cost: Postpone the mowing of roadsides until wild flowers have set seed. After mowing or scything, scatter the flowery hay on bare spots where they will drop more seed.

"During our Bicentennial," Mrs. Johnson says, "I hope that everyone can take a back-home or close-to-home trip, to look with seeing eyes at one's own little part of America. Local houses, roadsides, and main streets can tell us so much about ourselves, where we came from, where we're going. Many of the people who came before us did a good job with the land. We can learn from them and make our own contribution.

"We have to remember that pretty soon, 'late' is 'early.' Our grandchildren will know local plants and periods of local history that we take for granted only if we make an effort. If we keep our roads and towns attractive, people will stop and eat, stop and buy, stop and stay, and small towns and country flowers will stay alive and thrive."

Opposite page: A field of bluebonnets and Indian paintbrush. Below it, Mrs. Johnson with more bluebonnets. Above left: White prickly poppies that star the fields in central Texas in spring. Below left: Mrs. Johnson and friends on a strip of highway. More, pages 138 and 144.

...May, 1976: Mount Vernon Illuminated: French President Giscard d'Estaing lights up new Sound and Light Spectacular

...permanent gift to the United States from the people of France... shown every evening at 9, May 28 through September 6...

The narrator begins: "Listen. And imagine. Mount Vernon is more than just an estate: Washington's whole life is laid out here, as though on a surveyor's map. This man, summoned to glory and hailed the world over, never forgets his woodland acres, his pastures and ploughed fields, the welfare of his workmen and servants. And if duty calls him first to the battlefields, then to political office, his thoughts will never leave Mount Vernon."

At the time Washington acquired it in 1754, Mt. Vernon was a modest little dormered house, the core of an almost endless project of improving and enlarging. Little deterred by the fact that he was off fighting the French and Indian War, he wrote explicit letters planning rooms, even ordering supplies like "100 Squrs. of best Crown Glass 9 by 11," and "25 Lbs. best Glew ½ a Ton of unprepd. Plaist'r of Paris . . . " House fixers today will appreciate his feelings during the long remodeling: "I have scarcely a room to sit in . . . without the music of hammers or the odoriferous scent of paint." But he had a great sense of style and suitability, and enthusiasm for detail—down to the color (black) of the beak of the bird that perched on the weather vane. He raised the house by a story and graced the rooms with handsomely carved woodwork and interior detail (some of it worked on at such length that his estate manager complained: "The stucco man is at work upon the dining room. God knows when he will get done.") Martha Dandridge Custis, who married Washington in 1759, added her touch to gardens and dependencies. In 1787, the black-beaked bird was installed atop the cupola: The house was finished.

The restoration of Mt. Vernon was begun in 1858 by the Mount Vernon Ladies' Association, America's first official restoration group, which continues today to maintain and manage the estate. Mt. Vernon hosts more than a million visitors each year —second only to the White House. Open from 9 A.M. to 5 P.M. daily (October 1 to March 1, 9 A.M. to 4 P.M.).

The high-columned piazza, opposite page, runs the length of the East [illegible] facing the Potomac. Right, West [illegible] looked since 1787.

heritage





"I cannot tell you, my dear friend, how much I enjoy* home... *The General and I feel like children... and we believe that nothing can tempt us to leave the sacred roof-tree again..."

Martha Washington





Be not angry
t table
ntever happens,
d you have
ason to be,
bow it not
ut on a cheerful
ountenance
pecially if
here be strangers,
or good humor
akes one dish of
meat a feast."

George Washington



In their personal life, the Washingtons cherished privacy and simplicity. "Mrs. Washington's wishes coincide with mine," Washington once said, "as to the quality of dress and everything which can tend to support propriety of character. The splendid [illegible] decorated [illegible] With [illegible] from [illegible] Mount [illegible] Lear [illegible] States [illegible] by Robert [illegible] bed, one of [illegible] thanks. *Left*, a [illegible] containing Mart[illegible]



The life of the husbandman, of all others, the most delightful. It is honorable, it is amusing, and, with judicious management, is profitable."

George Washington

The greenhouse (called an orangerie in Washington's time), was described by a friend as "a vast, a great source of pleasure. Plants from every part of the world seem to flourish in the neatly furnished apartment. It was heated by ducts from a fireplace in the next room. Still growing there is Washington's [illegible] ago palm tree.

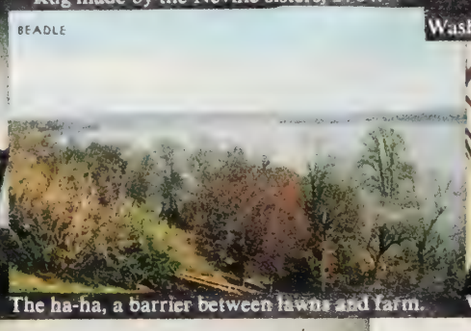

Espalier apple tree in the kitchen garden.


Rug made by the Neville sisters, 1764.


Washington's study, built in 1775.


Martha's trunk, with her at Army Headquarte


The schoolhouse in the flower garden.

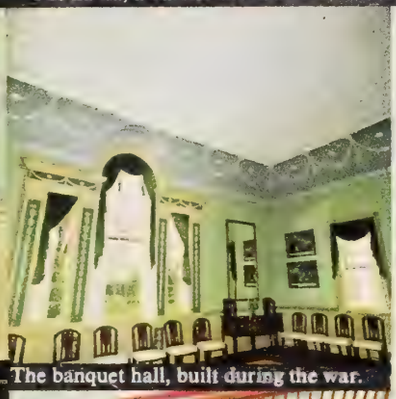


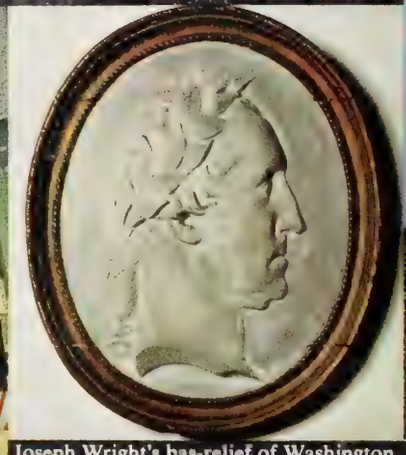
The ha-ha, a barrier between lawns and farm.


Windsor chair in their bedroom.


The cupola, surmounted by a dove of peace.


Mantel in the banquet hall, a gift.


The banquet hall, built during the war.


Joseph Wright's bas-relief of Washington.

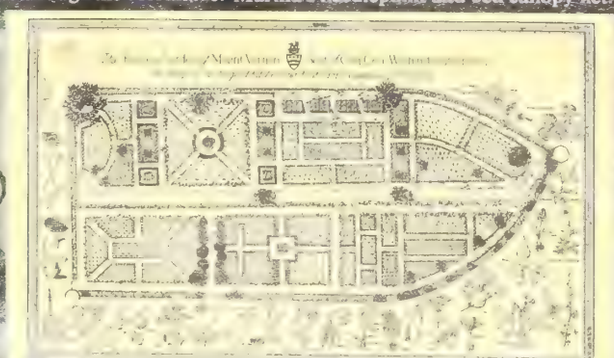

The Potomac seen through the colonnade.


Martha's needlepoint and bed canopy net.


Martha's chair, in the west parlor.


First of its kind, Washington's airy columned piazza.


Argand lamp.


Plan of walled kitchen garden.

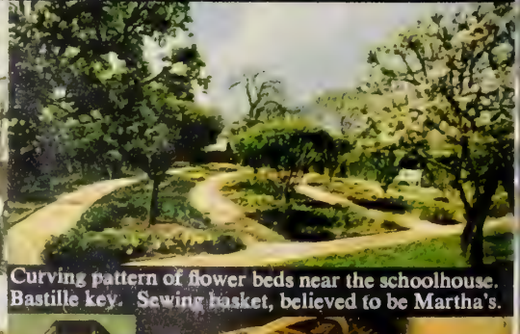

Sheffield candlestick.


Kitchen well, Palladian style.

Gate to the flower garden.

Herman [illegible] the Washingtons' six coach horses.


Kitchen staffed by two cooks.


Curving pattern of flower beds near the schoolhouse.


Bastille key.


Sewing basket, believed to be Martha's.



I am still determined to be cheerful and to be happy, in whatever situation I may be—for I have also learned from experience that the greater part of our happiness or misery depends upon our dispositions, and not upon our circumstances.

Martha Washington



Dimity curtains in Nelly Custis's bedroom. A game of Morris.



Banquet hall's Palladian window.

A room in the west "Quarters."



The west parlor, dating from first remodeling.

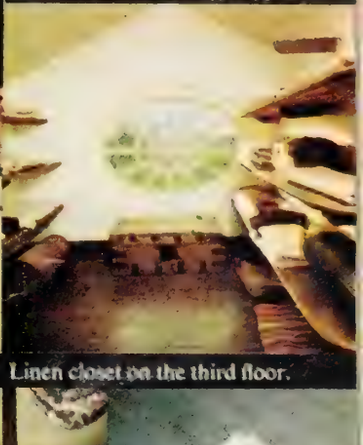


Smokehouse for curing hams.



Martha's satin wedding slippers.

Elegant hexagonal "necessary."



Linen closet on the third floor.



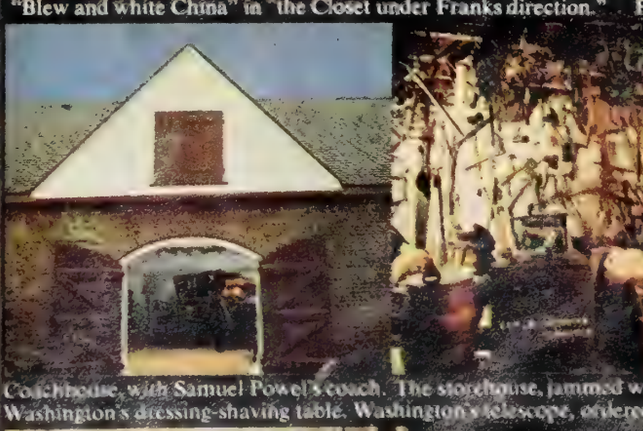
Britches.

"Blew and white China" in "the Closet under Franks direction."

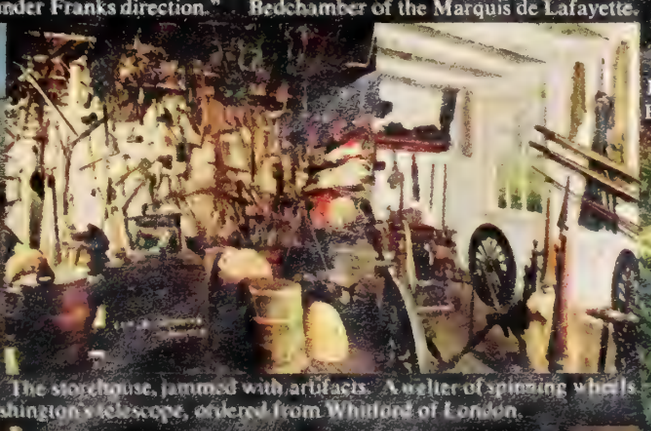


Bedchamber of the Marquis de Lafayette.

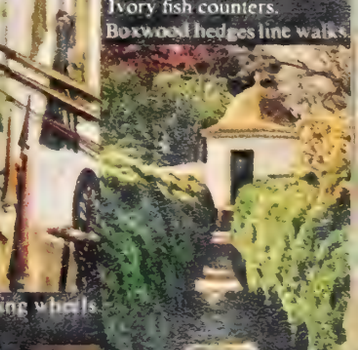




Coachhouse, with Samuel Powel's coach.



The storehouse, jammed with artifacts: A welter of spinning wheels.



Ivory fish counters. Boxwood hedges line walks.

Washington's dressing-shaving table. Washington's telescope, ordered from Whitford of London.



Breakthrough

American Know-H

1970



Outer-space business—in 18th-century court dress

Hello, this is John Adan

What have we here? John Adams on the telephone? Well, why not? "The Business I have upon my Mind is as great and important as c be intrusted to [one] Man, and the Difficulty and Intricacy of it is prodigious," he wrote from the Continental Congress in 1775. If h had a few contemporary gadgets to speed up communication, in fa we might have had to celebrate the Bicentennial last year. He wou have understood these gadgets. The tinkering that ends in technol

W



Adams here. General Washington . . . is that you?



and the impatient curiosity that urges instant communication are both long-established facets of the American character. And as for a car like that on the following page—it took John Adams three weeks to get from Boston to Philadelphia the first time, on a horse that trotted too hard the whole way. "Vapours avaunt," was all he could write about the trip. "I will do my Duty." George Grizzard, who was John Adams for the Public Broadcast Service's series *The Adams Chronicles*, recreates him here, too. Lucite office background by Charles Burke of Charles Burke Associates; Zenith television

TECHNOLOGY AND THE HUMAN ADVENTURE

Inventions that extend our eyes, ears, and brains—may also change our future

By Samuel Florman

Editor's note: *Looking back over two centuries of the American passion for making things easier, cheaper, faster, Samuel Florman points out that there is more to know-how than the invention of gadgets, however wondrous. An engineer and author of the highly praised* The Existential Pleasures of Engineering, *recently published by St. Martin's Press, Mr. Florman finds reason for optimism in American common sense and "that spirit of resolute confidence, which has served us so well in the past, and can serve us still."*

What a dazzling cornucopia of inventions Americans have had to enjoy! Ocean liners and automobiles, telephones and phonographs, sewing machines and typewriters, cameras and electric lights—a list running into the hundreds.

At the Centennial Exhibition in 1876 in Philadelphia, millions of excited visitors crowded into the glass and iron Machine Hall to gape at the new mechanical marvels powered by the gargantuan Corliss steam engine. When the Union Pacific and the Central Pacific railways were joined at Promontory in 1869, all over America bells were rung, cannons were fired, and bonfires were lit. To the average American of the time, each technological development represented a communal triumph worthy of celebration.

Today we look back on that enthusiasm for technology with bittersweet incredulity. Even as we enjoy the comforts our technical genius has brought us, we seem to be increasingly uneasy. There is a widespread fear that technology has become a monster and is threatening to destroy us.

Although this fear is founded in the very real complex of problems that we call the environmental crisis, it is made more intense by the belief that our situation is unprecedented. It should be reassuring, therefore, to note that lamentation over the adverse consequences of technology is not new. History shows us that each new technological advance has brought with it unanticipated difficulties. It also shows us that our good sense and ingenuity have so far been equal to the challenges posed by our inventiveness.

To choose just two examples from our nation's past: Even the modest technological achievements of 200 years ago were causing vexatious problems. Efficient sawmills, for example, provided well-cut lumber for practical and economical frame houses. As these houses were crowded close together in cities, and as the citizens sought comfort with cleverly conceived fireplaces, stoves, lamps, and warming pans, catastrophic fires became a matter of great concern. Benjamin Franklin's letters and articles contain repeated references to this problem, and numerous practical suggestions for dealing with it: architectural modifications to make houses more fireproof, the licensing and supervision of chimney sweeps, and the establishment of volunteer fire companies, well supplied and trained in the science of fire fighting. Franklin's invention of the lightning rod was another contribution toward safety from fire. This terrible scourge, which once wiped out entire cities in a matter of hours, today is confined to isolated occurences.

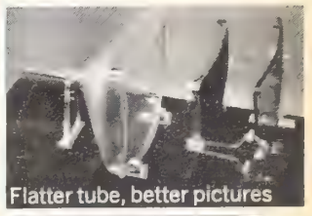
ELLIOTT ERWITT



Just-launched solar-powered communications satellite: 24,000 phone calls now; in the future, perhaps, similar satellites will beam sun's energy back to earth



Video recorder: record now, play later



Flatter tube, better pictures



Slide copier enlarges too

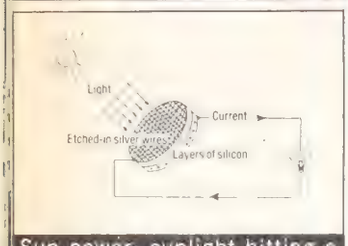


Telephone that dials for you

Breakthroughs in knowing: minicomputer is bright enough to handle a small town; a section could run a house. See page 52



Tools, teachers, toys—here are some of this century's bright ideas



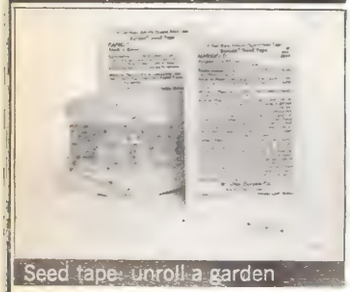
Sun power: sunlight hitting a solar cell makes electrons jump, generating electricity. A new souce for Edison's light bulb



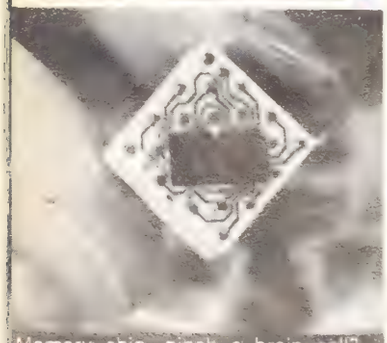
Movie discs: play a flick



Cordless phone: carry a call



Seed tape: unroll a garden



Memory chip—pinch a brain cell? Computer component remembers hundreds of bits of information on demand. Miniaturization is a big idea

Laser: Write, or drill, or heal, or send a message with light. Skinny beam (it won't spread with distance) is a versatile new tool



TECHNOLOGY AND THE HUMAN ADVENTURE

continued

In New York City a century ago, kerosene lamp explosions took the lives of more than 100 people annually. Engineer Charles F. Chandler, advisor to the New York Board of Health, found that kerosene was only explosive when diluted with cheaper naphtha, and he led a successful fight to ban the dangerous substance. In the same period, sewer gas was backing up into living quarters through the newly fashionable indoor plumbing systems, making what was supposed to be a luxury into a nuisance and a health hazard. Chandler was instrumental in initiating plumbing codes, which eliminated the problem by requiring traps and venting fixtures.

Scarcely a single technological advance has not brought with it such unwanted and unexpected side effects. And, as a result of these, modifications of our political ideas, creation of new institutions, and an increase in our technical knowledge. The fact that we have forgotten the problems that plagued people in earlier times and take for granted the resolution and ingenuity that went into solving those problems makes us excessively gloomy about our own prospects. It is true that the danger to our environment is for the first time in history worldwide in scope. But we have more tools at our disposal—both technical and political—than we ever had before. For this we can thank the Benjamin Franklins and Charles Chandlers who appear in each generation. The same imagination, skill, and tenacity that gets us into technological messes is available to get us through them.

"There is no reason for us to be self-satisfied; our problems are too serious. Nor is there reason for us to despair; our prospects are too bright"

Happily, we are learning to temper our enthusiasm with caution, or rather to expand our enthusiasm to encompass new concerns. Environmental engineering is a booming new field. Technology assessment is a multidisciplined tool that seeks to foresee the consequences of new technical developments.

Technological progress is an essential element of that precious concept which we call civilization. By providing materials, media, and leisure, it contributes to the flowering of the arts. Through archaeological science it provides the means to rediscover and preserve treasure from the past. The wealth it produces makes possible the development of many alternate lifestyles, including, ironically, those that feature a rustic simplicity. Technology is an expression of humanity's most elemental impulses and most sublime aspirations.

Unfortunately, it is not possible to move forward without some element of danger. For one thing, we are not omniscient; we make mistakes. For another, we cannot afford to strive for absolute safety. If we invest most of our resources in making our mechanical systems absolutely foolproof—for example, putting double and triple backup equipme[illegible] can never have a power failure or an oil spill—

Continued on page 141







Ingenious art, yes. My children's children's work?



Things have obviously risen to dizzying heights

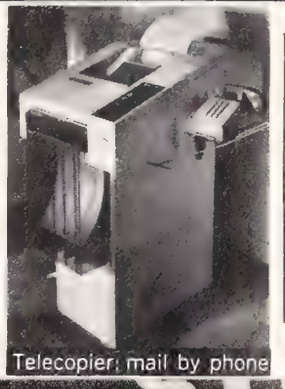


Ancestor descending staircase

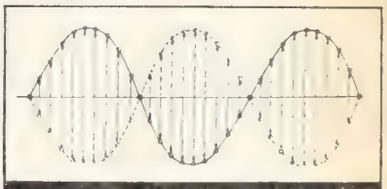
Waves of the future: If light won't do it, sound wi



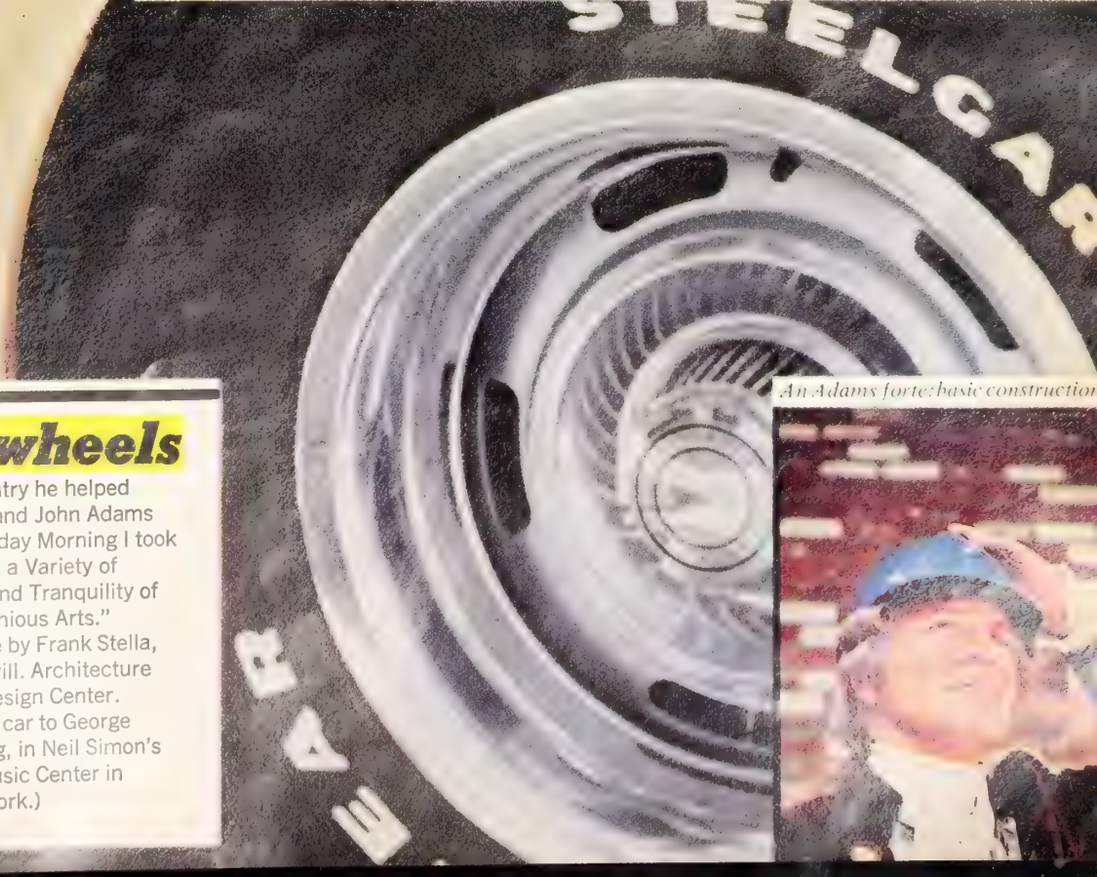
New camera: 8 mm sound movie camera records home talkies. Move over, Al Jolson



Telecopier: mail by phone



Sonic waves: One form of the force that soon will be used for everything from cleaning dishes to catching burglars. For information, see page 140



An Adams forte: basic construction

John Adams with wheels

Off to an exhibition in a 1976 Corvette. In this country he helped father, the arts are as flourishing as the sciences, and John Adams would have found them just as fascinating. "Yesterday Morning I took a Walk to see Mr. Peale's Painters Room . . . He has a Variety of Portraits—very well done . . . I wish I had Leisure, and Tranquility of Mind to amuse myself with these Elegant and ingenious Arts." At the Nicholas Wilder Gallery, *above*, paintings are by Frank Stella, Morris Louis, Ron Davis; sculpture is by Gwen Murrill. Architecture and escalation shown as practiced at the Pacific Design Center. Larry O'Daniel of Charles Burke Associates lent the car to George Grizzard, who practices his 20th-century art, acting, in Neil Simon's *California Suite* at the Ahmanson Theatre in the Music Center in Los Angeles. (A June opening is planned for New York.)

ELLIOTT ERWITT

Breakthrough

A:HOUSE

THAT THINKS FOR ITSEL



COMPUTER WIZARDRY ADAPTED FOR LIVING

A house is a machine for living in," the late Swiss architect Le Corbusier once said, but he never imagined a house like this. An inventive design by Stanley Tigerman using industrial materials, modular construction systems, it also contains amazing devices adapted for residential use by young electronics wizard Robert Phillips. Most stunning: a central computer that can control:

All 200 ceiling lights in the house, in any combination, and with a choice of brightness levels.

All 17 telephones, which, through adjacent speakers, can convert to phone-to-phone intercoms or house-wide paging systems. Also digital read-outs for time and temperature.

The dishwasher. ☐ A snow-melting system under the driveway. ☐ The outdoor water supply.

Thermostats of the house's two heating systems (radiant heat in the floors plus forced warm air from ceiling diffusers), and heating of an indoor pool.

Television sets which can be remotely tuned. The house has several antennas, each designed for optimal reception on a single channel, the computer automatically connecting a set to the right antenna as channels change. Programs can be recorded, seen later; kitchen screen displays recipes.

Security devices: fire and burglar alarms, electric eyes that replace doorbells, closed-circuit TV that shows approaching visitors.

An automated laundry cart, now being built, and a second cart, being designed, to bring food and drinks from the kitchen.

The house's computer controls the automatic opening and rotation of the family's rooftop observatory, *left, above,* as well as roll-up garage doors of aluminum slats. *Far left,* the control center from which everything is programmed. *Left,* a strip of computer circuitry.

ELLIOTT ERWITT

INDUSTRIAL MATERIALS, REMARKABLE LIVING SPACE

The house is built in many ways like a factory, taking advantage of current building technology to a degree very rare in residential building. It is the design of Chicago architects Stanley Tigerman and Associates, and it *looks* somewhat like a factory, too, but an ultra sleek factory, in a wooded setting overlooking a lake, and with elements—an observatory for the family hobby of astronomy, a heated indoor pool—not commonly found in either houses *or* factories. Typical construction has been forgone in favor of industrial materials and techniques. Exterior panels are either insulated glass or Alcoa's *Alply*, a core of urethane insulation sandwiched between aluminum facings inside and out. Tigerman's design, appropriate for its electronic fittings, is a neutral machine, with a minimum of fussy detail, depending even for its color on the mirroring of its surroundings.

LONG SPANS, MODULAR CONSTRUCTION

Steel pipe columns support steel joists and the corrugated steel roof decking. This structure, unusual for a house, has unusual advantages: first, the security of thorough fire resistance; second, the opportunity for unobstructed floor area usually found only in commercial or industrial loft spaces. Interior partitions carry no loads, and the central area is a structurally uninterrupted space 35 feet wide and 100 feet long.

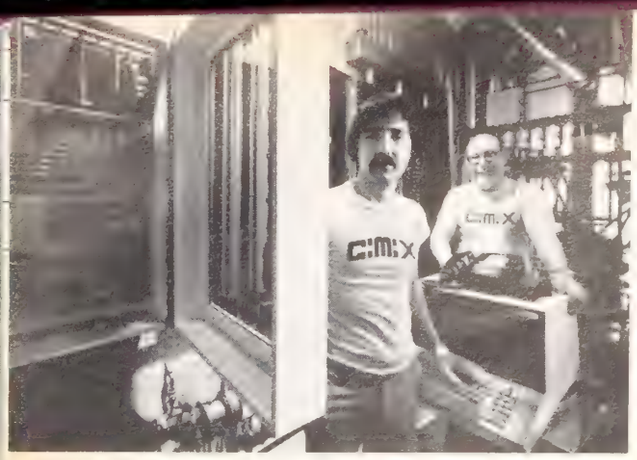




The exterior is totally reflective, changing color with the seasons and the weather (*above*, glowing soft pink at sunset). *Right*, the living room with a view of the pool enclosure beyond. Painting on left by Wardlaw, on right by Robert Slutzky. *Lower right*, one of 17 control panels.

ELLIOTT ERWITT





LONG-DISTANCE CONTROLS

The computer is commanded in a number of ways: by the flick of a wall switch, by pushbuttons, or by radio control from a hand-held transmitter which can be carried to any room, out into the garden, in the car—anywhere, in fact, up to 60 miles from the house. At greater distances, coded commands can be telephoned to the computer, directing it, for example, to heat the water in the pool, *far right,* by switching on the radiant heating in the pool walls and floor.

COMPUTERESE MADE EASY

Pushbuttons on the house's 17 control panels and on the portable transmitters direct the computer by means of a 3-digit code. The computer is thus programmed for up to 999 different tasks, and the owners say that remembering the right number for each task isn't hard at all. The first button pushed, in each series of three, specifies a part of the house. (For example, the digit "2" could mean "dining room.") The second digit asks for a general condition. (A second "2" could mean "turn on ceiling lights.") The third digit of a series asks for a more specific condition. (Pressing "0" could mean *"all* ceiling lights"; pressing "4" could ask for the individual operation of the fourth light from the window.)

SURPRISING SAVINGS

Because computerized switching is done by means of relays requiring as little as 5 volts for each switching operation, the computer's operating cost is negligible. The owners say that so much mechanization actually helps them save. Because controls are always so close at hand, room lights are seldom left burning when not in use. Lighting levels, also, are kept no higher than needed: When the built-in lighting is switched on through the computer, it is at first switched on at a low-brightness level; for more light, buttons must be pressed again. In practice, low lighting levels are encouraged; less wattage used, bulbs last longer.

COMING: A LAUNDRY ROBOT

The system continues to be improved. Now being built is a laundry cart that will run around the house on command, offering clean linen or taking things to the laundry room. How? Before the concrete floor slab was poured, a pattern of wires was laid out below the slab. Motors on the cart will be guided by faint electrical impulses moving through the wires, rolling the cart.

SOON IT MAY TALK

Also planned for future addition is another method for sending orders to the computer: by human voice. Familiar words spoken in familiar ways could be matched by the computer against recorded information about pitch and vibration. Such recognition would trigger the order for an appropriate response. It may even be possible for the computer to talk back, by playing recorded messages through speakers at each control unit.

What effect does living in such a house have? In this case, the house's owner, described by architect Tigerman as "inherently inventive," has been so pleased with the equipment devised by Robert Phillips that he has joined Phillips in a new business venture, Gimix, Inc., in Chicago. With Phillips as president, Gimix is already producing telephone answering and paging devices, and plans soon to market the house's whole computer system.

The owner consults with young electronics expert Robert Phillips, *above left,* in the house's control room. *Right top:* a ceiling strip diffuser directs warm air against the glass; a steel pipe column replaces the usual wood post. *Upper center:* the breakfast, kitchen area, with a construction by Joseph Burlini on left. *Lower center:* curved glass wall, aluminum-faced cabinets in a bedroom. *Bottom:* In the study, stainless steel table, cabinetwork by Edmond Fernandez of Architectural Objects. See page 141 for building materials.



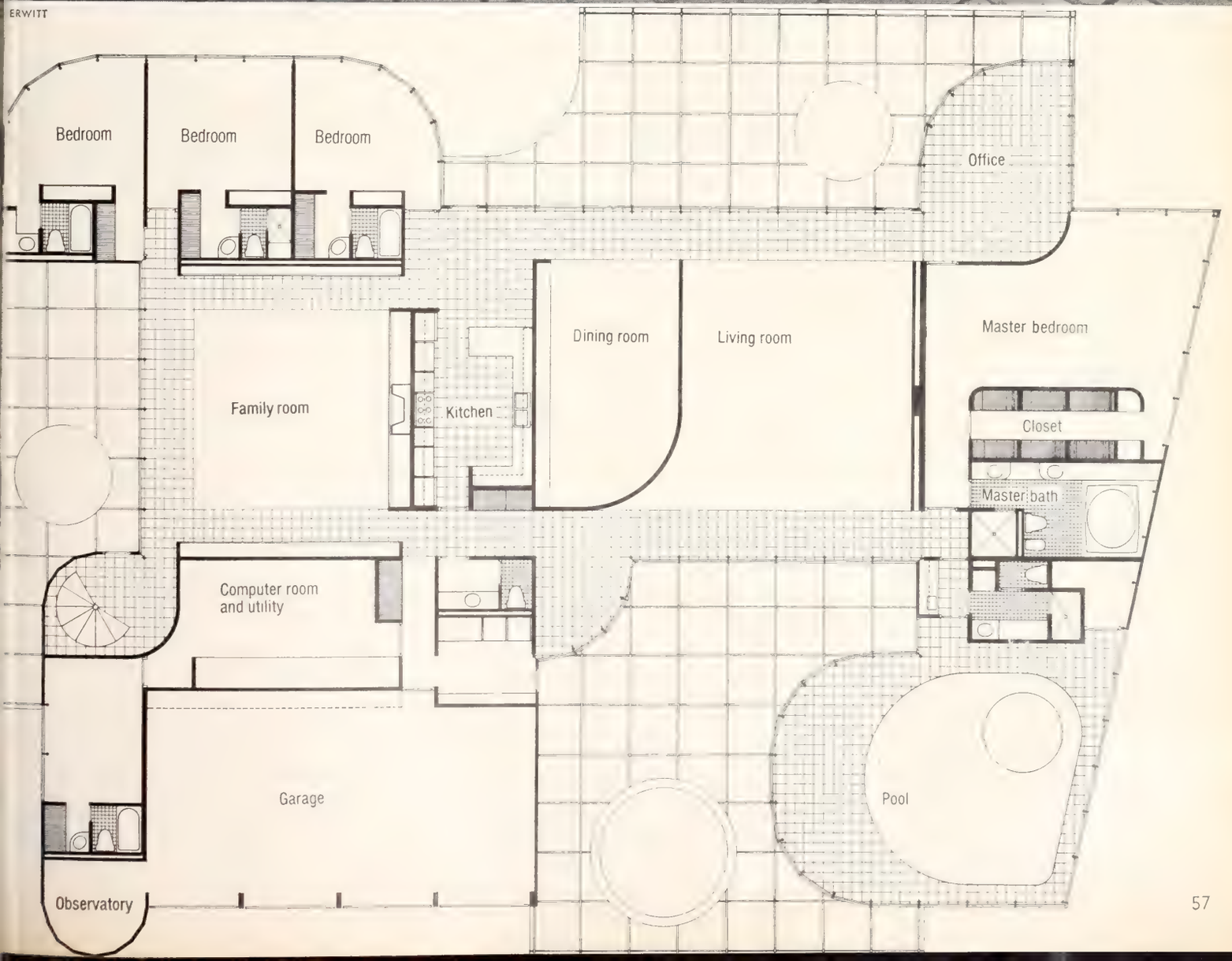








ERWITT


Bedroom
Bedroom
Bedroom
Office
Dining room
Living room
Master bedroom
Family room
Kitchen
Closet
Master bath
Computer room
and utility
Garage
Pool
Observatory

It's not just an apartment.

IT'S AN EXPE



In an ordinary building, an extraordinary apartment: The floor is a mirror, the curving ceiling a free-form of pure gold leaf. Designer Jay Steffy designed it for Tito del Amo using concrete and steel, stone and glass, to create a sculptured space for living

Breakthrough

RIENCE



LIVING CHAMBER, [illegible] velvet lounging pad [illegible] place, the dining table. [illegible] gled against clear glass [illegible] overlooking the moun- [illegible] inting by Hans Holmann, [illegible] used instead as sculpture.







JAY STEFFY

A SENSATION OF TEXTURES: ROUGH-HEWN, BURNISHED, VELVETY, SLICK

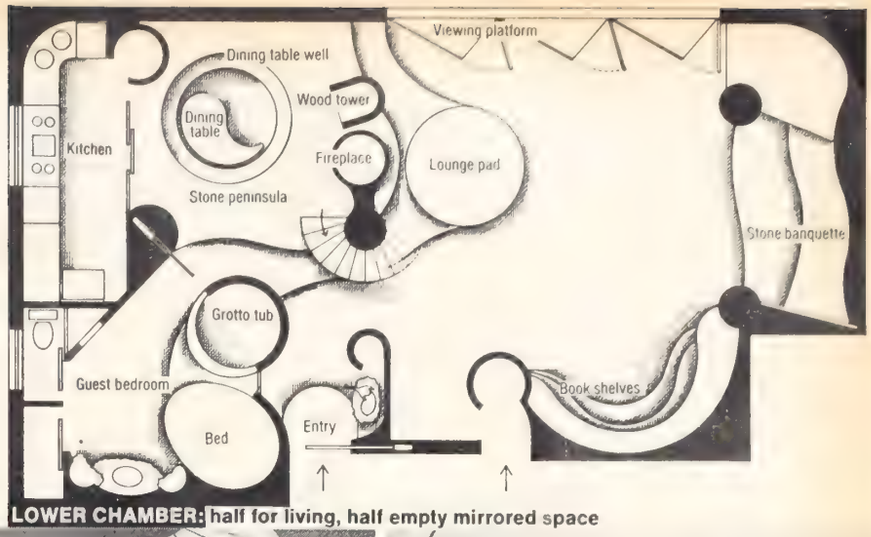
Step inside; a mirrored door closes behind you, vanishing in reflections. You hesitate, take bearings, before venturing into the looking-glass world. "Make no mistake: It's not a place for full-time living," says Mr. Steffy. "It's another reality, a meditative place, conceived as water, stone, texture, movement, and sculptured space. It's more architecture than decoration. More art than architecture. There are no conventional terms that apply; it requires a whole new vocabulary." The amenities are all here: complete kitchen, voluptuous baths, places to eat, sleep, relax, work if you must. A fully controllable climate whose apparatus hides in columns, ceilings, and cloud-like forms above the zigzag windows (see preceding pages). "Beyond the necessities," says Mr. Steffy, "it's total imagination." A serpentine staircase, *left*, snakes up from the stone peninsula to a former roof terrace, now a private lair for bed and bath. *Below:* Guest grotto, with egg-shaped bed, fieldstone tub, shower that's a tropical waterfall.

ROTATING YIN-YANG—a dining table of black and white Belgian marble—rises out of its pit for pillow-sitting around the edge, lowers flush for eating in table-well. Sliding mirrored doors conceal the kitchen. Paintings by Ron Davis.









LOWER CHAMBER: half for living, half empty mirrored space

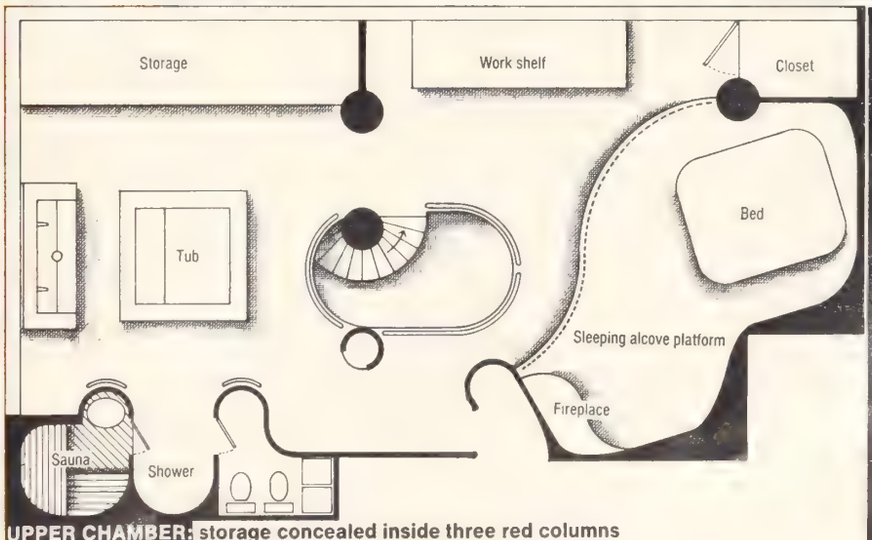


MARBLE TUB with hot-water pipe to hold towels

BROTMAN



EIDERDOWN COVER for bed on carpeted platform



UPPER CHAMBER: storage concealed inside three red columns



GOLDEN STAIRCASE, sculpture to climb

An experience continued

AN ADVENTURE OF SPACE: STAIRWAY SCULPTURE, OPEN FIRE, TOWER OF WOOD

"It's an experience of sensations," says Mr. del Amo. "You walk on very soft carpeting, very rough stone, mirror that makes you feel you're walking on water—or in space. You climb around a column to get upstairs, bathe in a grotto or under the stars. The whole thing is a sensual trip." Structurally, however, it's brain and muscle: Staircase and columns are welded steel, braced, plastered, carved, and gilded; funnel-shaped chimney is steel and cement. Those organic-looking columns perform specific functions: One near the entrance is a coat closet; near the fire, a tower of wood; the stair-core contains lighting controls for the entire space, plus frivolous green squares at your feet that wink on as you mount each step. Some columns broaden to become curving walls enclosing saunas, baths, closets. The shell of the room is molded cement; the ceiling carved plaster suspended in foot-square sections and lavished with gold. In bathrooms, hot-water pipes, exposed and gilded, are used as racks to keep the towels warm. And the whole fantastic fusion of imagination and invention exists in an ordinary apartment building.

"There's no way you can design a place like this on paper," says Mr. Steffy. "You approach it not as a room, but as art. You stand in the center and create it off the top of your head, with workmen who are really artisans crafting and shaping it on the spot. The result? A world of sensations—a dynamic equilibrium between mood and space."

FIRE HOOD, *left,* **divides lounging area from dining well; beyond stairs, entrance threshold guarded by a solitary antique bronze elephant reflected in the front door. Stairs undulate through a cutout,** *directly above,* **to an upper chamber devoted to relaxation and the bath.** *Above right:* **ceiling track for bed. Frank Stella painting. Across the room,** *above left,* **trough-sink; mirror-paneled shower; marble bathtub 9 feet square.**

JAY STEFFY

Breakthrough

Movers and doers

Here are 16 American achievers: canny, industrious, visionary, down-to-earth. They're the problem solvers who are getting things done

Who's out front? Who has ideas, energy, commitment? Grass-roots doers and practical planners all over this country—from Seattle to Kennebunkport, from Phoenix to Atlanta—who are moving ahead in the areas our readers told us were their greatest concerns today. Their skills and settings vary: Some work out of institutions and offices, others from a card table in the kitchen. But all share the best practical qualities of the American character. They function in their communities. They've seen what needs work in our society, and they're doing something about it.

Crime/safety

Reduction of crimes against youth

Vivien Underwood and Hugh Howard
Dekalb County, Georgia, Police Department



Since July, 1975, t… County, Georgia, Polic… partment has been sponsoring an innovative program to cut down on crimes committed against youth. Larceny is by far the most common crime, with its harvest of stolen bicycles ($114,000 worth were stolen in the county last year) and possessions taken from unlocked cars or lockers at school.

"An involved citizenry is the best deterrent to crime," say Vivien Underwood and Hugh Howard, the two young detectives who head the program. They have talked to local PTA groups, students, and civic organizations to alert them to the new program. Bicycles are now being registered. People who work in or with the county

Continued on page 106

Citizens treat coronaries

…R. Hanson
Chief, Seattle, Washington, Fire Department

…edic II was instituted in 1971 by the Seattle, …ton, Fire Department …ns in the tech… …fifth …-have … a 3-hour course which ha… come a model of comm… effort throughout the United States. So effective is the course that it is now required for high school seniors and has been given to the employees of Boeing Aircraft, the telephone company, and the 350-member staff of Seattle's new stadium.

When an ambulance responds to a call involving cardiac arrest in Seattle, in 20 percent of the cases a citizen will already be on the scene

Continued on page 106



Envi…

Communities save their environments

Sterling Dow III
Executive Director, Maine Association of Conservation Commissions

His office is in a barn overlooking a tidal estuary on the Maine coast. He runs a one-man operation on a budget of $21,000 a year. Sterling Dow symbolizes those Maine virtues of know-how and economy of means: He's done a lot with a little.

In 1970, Dow went to work for the Natural Resources Council of Maine, helping communities set up Conservation Commissions. When he started, there were 7; now there are 215. (Maine is one of 9 northeastern states with legislation permitting such commissions.) These advisory citizens' groups on environmental matters are drawn from their own communities. They advise on the best uses of local natural resources, review proposed development, organize tree-planting and anti-litter drives, acquire land, and so on.

In 1973, with grants from the Maine Audubon Society and the Ford Foundation, Dow founded the MACC, which is now self-supporting. It …tinues to help towns s… Conservation Commiss… and works with existing … Current projects inclu… series of courses, give… nine locations, on how t… up a local Natural Reso… Inventory; a training pro… for plumbing inspecto… make sure they under… the state code—includi… environmental aspects; … the preparation of a h… manual for local cor… sions. The Association … works with its membe… land acquisition. In Sto… ton, Me., for example… commission is trying t… quire Holt Millpond, a … salt- and freshwater-pond… that is, Dow says, "ma… cent—a small ecology … itself."

"It's got to come from … in," Dow says of his … creating commissions, '… people have to want to d… 215 communities want to… more are coming.



Plant preservation

Jean Siddall
Head of the Oregon Rare and Endangered Plant Species Task Force

Jean Siddall has a goal: to compile the definitive list of rare and endangered plants in Oregon. An amateur, she does much of the work out of her own living room. On March 6-7 last year, the Con…



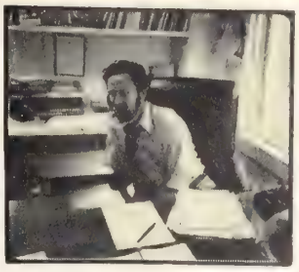
ference on Rare and Endangered Plants in Oregon, organized by Mrs. Siddall, was held in Portland. Ninety-three amateur and professional botanists participated, all volunteers. Before the conference, botanists throughout the state were sent a preliminary list of endangered plants, made up of the… bined lists of Mrs. Sidda… Dr. Kenton Chambers … gon State University, and… asked to add their own… and field notes. Con… then reviewed informati… the 716 species and ass… summer field checks o… plants to see if they still …

The 12-member … Force, which first met i… cember last year, inc… Mrs. Siddall and repre… tives of agencies and o… zations involved with e… gered plants: the Forest … ice, the State Fish and W… Bureau, the Bonneville … Administration, and othe… job: to coordinate bota… information and compil… official Oregon list o… dangered species, and t… draft legislation to pr… them. The Task Force … on a volunteer basis; it … most no budget.

"The unique thing … Oregon," says Mrs. Si… who was first smitten by … gon wild flowers when … an inventory of Oregon n… areas for the Nature Co… ancy, "is that everyone … erates. Nobody's fightin… territory—there's plenty … everyone to do."

ıt

.egal defense for ıe environment



)hn Adams
xecutive Director,
atural Resources
efense Council

After the successful 1965 battle to block the Storm ng power project in New ork, lawyers, scientists, and nvironmentalists involved ealized that since legal costs ad been enormous, a legal efense fund was needed to rovide advocacy in similar ases. Young lawyer John dams took on the task and in 970 became the first staff ıember of the New York-ased Natural Resources efense Council. Since ıen, with an initiating Ford oundation grant, Adams has rged an extraordinarily able roup of lawyers (now a total f 19) and staff, providing the est legal representation and cientific support for environ-ıental issues in court battles ll over the country. It doesn't o much good, after all, to ass laws to save the environ-ıent if they're not enforced, nd the NRDC regularly takes ıe government to court when nforcement is in doubt. "A egal approach was needed to eep the government honest," ays founding member, sci-ntist George Woodwell. The NRDC also provides legal counsel to match that put up by industry in environmental fights.

The nonprofit NRDC has 30,000 members supporting it through contributions. It is currently involved in some 100 legal proceedings, and is working in areas as diverse as federal land-use issues (grazing, stream channelization, fisheries), the New York City transportation control plan, preventing the spread of environmental carcinogens, enforcing the Clean Air Act of 1970, stopping the clear-cutting of forests, and bringing the AEC's fast breeder nuclear reactor program under environmental controls.

The NRDC is now preparing a Federal Land Use book, explaining all the legal strategies available to community and citizen groups to protect their local landscapes. As Adams says, "The only way we'll ever win this thing is if the environmental movement is equal to the other side."

Culture



Music for the ıinterlands

Christopher Keene
Music Director,
yracuse Symphony
Orchestra

Christopher Keene is an enthusiastic 29-year-old onductor with four jobs: ıusic director of the Syra-use, New York, Symphony rchestra; the Spoleto Festi-al of Two Worlds; the Lewis-on, New York, Artpark (a ummer festival); and a prin-ipal conductor of the New ork City Opera. Keene is in yracuse from September to pril, and he spends a consid-rable amount of that time ouring with the orchestra in upstate and central New York.

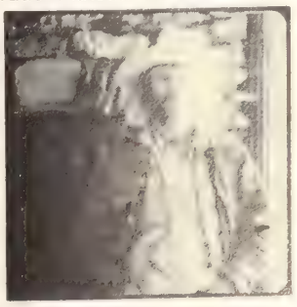
In a state that has three symphony orchestras, there is still a great demand for music in small communities. The

Continued on page 104

Regional town meeting

George Greenbank
Organizer,
Colorado Plateau
Rendezvous

Last year's annual Fourth of July celebration in Telluride, Colorado was special: The town hosted a three-day conference called the Colorado Plateau Rendezvous, a



gathering of Southwestern Colorado people representing all aspects of the population.

Continued on page 104

City planning

Limits to city growth

Earl Finkler
Principal Planner,
City of Tucson
Department of Planning

One of the things Earl Finkler discovered as a planner in Alaska in the 1960s was that local people had a pretty good feel for how big a city should get. "They tied it all to food and sustenance," he says. "When there were too many people to feed, it was time to find a new frontier."

When he left Alaska in 1970 to work for Chicago's American Society of Planning Officials, Finkler discovered that even on "the mainland" people were questioning policies of rampant growth. Recalling the environmental intimacy of Alaska (in the pre-pipeline days), he began to formulate and advocate a policy of non-growth, of finding an optimum and finite size for a community. He moved to Tucson in 1974 to join the city's department of planning. "Tucson is a good laboratory for this work," he says. "There's a strong sense of identity here, a rapport with the neighboring environment. And with no suburbs to speak of, there's nowhere to spread."



While non-growth is not a new concept, its proponents generally limit themselves to questions of land use. But Finkler, in his two books, *Non-Growth Planning Strategies* and *Urban Non-Growth Planning* (Praeger Special Studies), confronts head on the social, economic, and legal implications of spurning the growth ethic. And he puts theory into practice. Since Finkler arrived in Tucson, no highways have been built, two more controlled-growth advocates are members of the city council, and the Lear Corporation has agreed to hire local rather than outside people for its new plant (thus limiting population growth).

District revitalization

Genevieve Ray
Director, Codorus Creek
Development Office

Talking with friends in York, Pennsylvania, a few years back, journalist Genevieve Ray, 31, complained about the town's mayoral candidates. "Why, I could do as good a job as any of them," she said. The political campaign she thereby launched didn't get her elected, but it got her moving.

So when the town planners proposed renewing the Codorus Creek section of York by such means as mass demolition and industrial development, Ms. Ray swung into action. She approached the Chamber of Commerce with suggestions for renovating the buildings and reclaiming the creek for recreation. They laughed her out the door. Undaunted, she redoubled her efforts and founded the Codorus Creek Development Office, where she has since served as a professional watchdog and gadfly, working as liaison between architect/planners and the community—setting up the restoration process, sponsoring canoe races and frog-jumping contests to stress potential uses for the creek, developing funding with area businessmen and federal agencies.

"I believe that ordinary citizens can contribute to the design of their own environments," she says. Her experience is testimony. York is now embarking on an imaginative program involving recycling buildings, damming the creek for recreation, and developing a four-market center incorporating York's existing farmers' markets with new craft, antique, and auction pavilions interspersed with green areas. "We're trying to make the local people think 20 years ahead," she says, "and it's working."



Neighborhood restoration

Arthur Ziegler
Executive Director,
Pittsburgh Historical and
Landmarks Foundation

One day in 1964, English professor Arthur Ziegler was walking down an old Victorian street in a Pittsburgh neighborhood slated for urban renewal. Enraged at the idea of tearing down historic structures in the name of "progress," he and his walking companion decided to do something—and they founded the Pittsburgh History and Landmarks Foundation. A first step was to purchase an old home in a depressed neighborhood and fix it up. Within 12 years, using foundation and individual donations as well as rent moneys, they had restored 24 buildings with 50 housing units, and 2 18th-century log houses.



What distinguishes Ziegler's work from the labors of countless preservationists around the country, aside from the fact that he is neither an architect nor a city planner, is that he renovates with and for low-income people who live in the old buildings. "Renovate, don't relocate," is his slogan, and he has stuck to it. His current project, rehabilitating the Manchester neighborhood in Pittsburgh, has inspired the cooperation of the Pittsburgh Urban Redevelopment Authority, which for the first time is working on a program "based upon historic preservation for the poor." The Manchester project was recently singled out for an annual award from *Design & Environment* magazine.

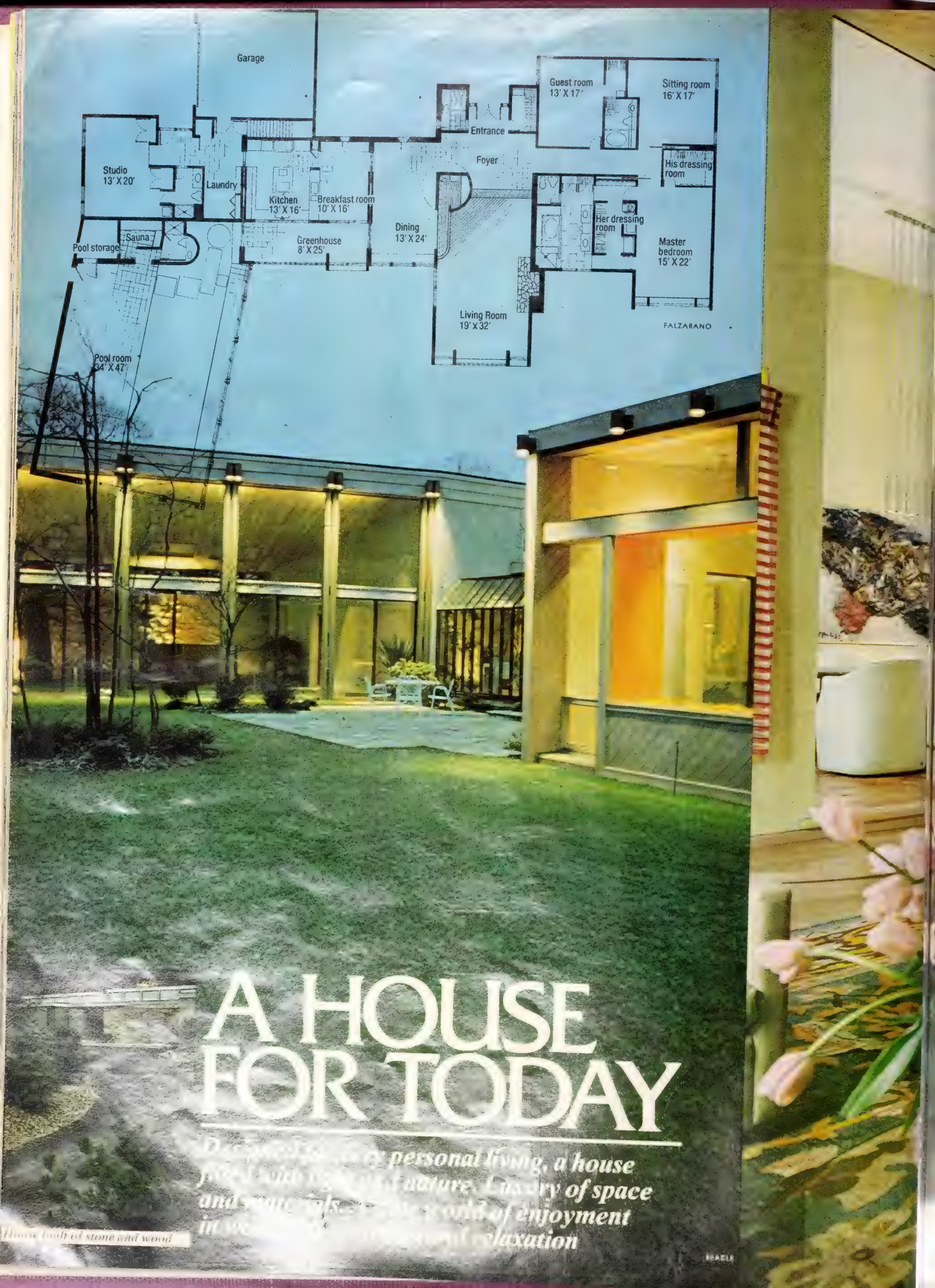
More movers

on page 104, in

Education

Tax waste/ political corruption

Transportation


Garage
Guest room
13' X 17'
Sitting room
16' X 17'
Entrance
Foyer
His dressing
room
Studio
13' X 20'
Laundry
Kitchen
13' X 16'
Breakfast room
10' X 16'
Her dressing
room
Dining
13' X 24'
Sauna
Pool storage
Greenhouse
8' X 25'
Master
bedroom
15' X 22'
Living Room
19' X 32'
FALZARANO
Pool room
34' X 47'
A HOUSE
FOR TODAY
personal living, a house
nature. Luxury of space
and
world of enjoyment
in
relaxation
House built of stone and wood

COMFORT

"We felt at this point in life we wanted to have something for ourselves." This was the wish of a couple whose children have grown up and left home, who share a fine collection of modern art, who have their own separate interests and work, and who are both involved in health and exercise. The result, a house that has everything. Designed by John Saladino on one easy-to-run level, everything leads off a central hallway (see plan). "Our old Colonial-style house had separate living, dining, and den areas," explain the owners, Mr. and Mrs. David Wingate. "Here, everything flows together so we can entertain, play cards, eat, exercise, and just be together in any part of the house—we enjoy it all." The space is filled with natural wood, stone, tiles, soft textures, and earth colors. High windows run across the top of the entire south façade of the house—all the windows are designed to take advantage of shifting light without damaging the art. Mrs. Wingate is a sculptor, and has her own studio. Mr. Wingate likes photography and has his own darkroom and screening room. The indoor pool (lit up, *opposite page*) is great for exercise and entertaining. A unique greenhouse adjoining the kitchen brings nature indoors.

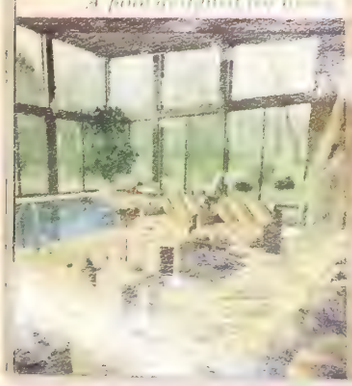
The living space, below, with bleached oak ceiling and floors, and Mexican sun-dried tiles in front of terra-cotta-lacquered front [illegible]. Terra-cotta cotton [illegible] upholstery, bright [illegible]-painted wall dividing space from dining area; skylights running the entire length of the house. Above the chest, a Léger. In dining area, an Appel.

Light reflected off oak ceiling, floor

NATURE

Gray mosaic and Mexican tile turn the pool into sculpture, with honey-colored stepping stones. Striped canvas upholstery, bleached oak furniture. Room also contains telephone, bar, plants. Far right, bottom: *breakfast room and kitchen with orange vinyl chairs, Warhol painting, Mrs. Wingate's wood sculpture.*

A pool designed for living



Jacuzzi beside the pool





Her office – one side of breakfast room

Kitchen with barbecue grill





Breakfast room and kitchen





Cozy corner for games





Carefully coded wine storage



INTERESTS

A house for today *continued*

For guests, the design is welcoming and informal. The dining area, *opposite page*, flows naturally from the living area. "We entertain very simply," says Mrs. Wingate. "Barbecues mostly, or a roast. Friends will come over and play cards, or sit by the pool, or see a movie, or just carry food around and sit where they feel like. The house was built for that." Mr. Saladino designed the granite-topped dining table that extends to seat twenty. Beneath the window, with its Daumier sculpture collection, cabinets contain complete flatware and linen storage. Entry, living, and dining spaces revolve around the bar (behind the wall at left of dining area). On this page, multipurpose room; art and sculpture gallery, plus library and screening room: On walls, some of their early finds; wood and marble sculptures by Mrs. Wingate.

The dining area, opposite page, *with fourteen reflector bulbs hanging over the table; beige wool-covered chairs; cotton window shades. A Lichtenstein hangs on the wall, a Frank Stella in the distance. On* this page, *striped canvas cotton upholstery, natural jute flooring, track lighting.*



Mrs. Wingate sculpting in her workroom

Mr. Wingate's projector room



In sitting room, his hi-fi, her desk

BEADLE

A house for today *continued*

Certain parts of the house are designed for the Wingates alone—their bedroom, bathroom, and special sitting room. The bedroom is an oasis—soft, soothing colors and uncluttered lines that give a feeling of stillness, of Japanese simplicity. "It was thought of strictly as a sleeping chamber," says John Saladino. Behind the bed, bleached oak grille panels form a screen (such panels are also used in windows in other parts of the house). All activity is diverted to the sitting room, where you find his built-in hi-fi, her desk, and their TV. Their bath is like a natural spa of travertine marble with a stone wall, plants, and sliding door into the garden—plus modern fixtures like the plexiglas shower, twin wash basins. Between bedroom and bath, two walk-in closets.

Soft peachy cotton and rayon covers the bed; stretch velour for stools and chairs. In the sitting room, leather Eames chair, suede sofa and panels (not shown). Dancing figures by Gross. The project designer for the house was Larry Redfern; the builder, David Chotan.



His clothes wall storage, closet

PRIVACY

Shower for him, tub for her



Health Breakthro

Is aging skin a thing of the past?
Will there be a cure for cancer?
How long do you want to live?
Is beauty getting healthier?

By Caroline Seebohm

In 1900 life expectancy was 47 years. The major causes of death were pneumonia, influenza, and tuberculosis. In 1960, life expectancy was 69 years. Major causes of death were—and still are—cardiovascular disease, cancer, and stroke. Penicillin, the polio vaccine, and the pacemaker have saved thousands of lives this century. Every day some new discovery is made about cholesterol, anti-cancer drugs, lifestyle, and our expectancy of life. Greater changes are in the air.

The most recent statistics, based on epidemiologic data, indicate that approximately 80 percent of human cancer is due to environmental, rather than inborn or genetic, factors. The World Health Organization estimates it to be as high as 85 percent. Most research today, therefore, is focused on carcinogens in the environment and how we can avoid them. This ranges from PVCs in the Hudson River to cigarette smoke to nitrites in bacon; it means a total reevaluation of the American way of life.

New developments in the field of cardiovascular research appear almost daily. One of the latest, for instance, is a new method of correcting the results of cardiovascular disease (called the Dardik Biograft after the doctor who invented it) by means of using chemically modified veins and arteries from the human umbilical cord. Devices for "seeing" into arteries, thus offering clues to heart attacks, are becoming more and more sophisticated. Exciting results are emerging from research into drugs that can lower cholesterol. A new computer analysis of heart-attack risk is now being made available to doctors as a public service from CIBA-Geigy called "CARDIO-DIAL." The computer, fed information on patients' histories, estimates on demand (via a phone call), a patient's risk of developing heart disease in the next 5 years.

At a recent symposium entitled "2025 A.D.: Aging in America's Future," sponsored by Hoechst-Roussel, Dr. Bernice L. Neugarten, Professor of Human Development at the University of Chicago, said that 21 million people currently reach the age of 64 plus—and by 2025 there would be double that number. Today a man who reaches 65 can expect to live to 78.5; a woman, to 82.5. By 2000, life expectancy might increase by 3-5 years.

Dr. Leonard Hayflick, formerly at the Department of Medical Microbiology at Stanford University Medical School, and a fellow of the Gerontological Society, said that if the three leading causes of death, cardiovascular disease, cancer, and stroke, were eliminated—as is considered likely in the next 50 years—then our life expectancy would increase by about 18 years. (The elimination of these diseases also would promote greater equality of the sexes in old age, as so many more males are prone to heart disease and stroke.)

Dr. Hayflick also suggested that there is an "aging clock" within all of us, and that each human cell reaches a point of longevity beyond which it does not subdivide—at about 100 years old. This may mean there is a biological limit to life expectancy. "The likelihood that any significant increase in human longevity will occur in the next 50 years," he said, "depends upon (1) significantly better cure rates for cardiovascular disease, stroke, and/or cancer, and/or (2) significant advances in our understanding and ability to manipulate the biological clocks that set for each species a maximum life span."

If, as seems very likely, we are all going to live much longer, how will we adapt? The NASA moon [illegible] providing this [illegible] ing examples of human ingenuity, [illegible] lso turned up some fascinating discoveries about health. Some of their findings have already become part of today's medical vocabulary. But one of the most surprising and illuminating discoveries of all the great NASA breakthroughs has yet to be fully recognized—and yet it is probably the most reassuring.

It turns out, contrary to every medical prognosis, that the Skylab astronauts who were up in space the longest, instead of being worst off, were in fact the least affected when they came back to earth. In Henry Cooper's extraordinary book about the last Skylab mission, *House in Space* (Holt, Rinehart & Winston, to be published in September), he explains how blood counts, physical fitness, and other medical tests showed that the healthiest crews were those who had been in space the longest. The meaning of this is clear: The human being has an unexpected ability to adapt. According to NASA's Dr. Hordinsky, "You throw someone in a new environment, and he's apt to have a tough time at first; but if he survives, he will tolerate it, *and then begin to improve.*" So perhaps, whatever may befall us in the centuries ahead, our unique power of adaptability may help us triumphantly to survive.

An exciting world ahead

Major health breakthroughs take little time to reach an eager public. But sometimes people forget how many researchers are hard at work in laboratories across America, concentrating on specific problems that may in the end turn out to change the course of history. Here, gleaned from medical experts around the country, are a few pointers to our health in the future.

Magic water

Many people would rega[r]d hemodialysis machine, or [a]rtificial kidney machine, as [o]ne of the wonders of today's me[dicine]. It is keeping thousands of [people] alive every year. But did you [know] that some of these people [would] not survive were it not for a [breakthrough] in the treatment of [kidney failure]. Hemodialysis patients, beca[use] the treatment, encounter 500 [to] per week more water tha[n] other individuals (who go [through] about 2 liters per day, accord[ing] EPA figures), so extra-sp[ecial] pure water is necessary, sin[ce] treated water is often co[n]taminated. Up until recently, the[re] no foolproof way of doin[g] but now, by means of a p[rocess] called reverse osmosis, high[-]ity water is produced by f[orcing] water through a membran[e] which allows only molecu[les] pure water to pass. Accord[ing] George H. Klumb, member [of] Water Quality Research Co[uncil]. "It is expected in the next 5 [to] years, full household and co[m]cial equipment, utilizing th[e] verse osmosis process, wi[ll] commonplace."

Hair today, gone tomorro[w]

Biologists with the Oren[to] Foundation are making imp[or]discoveries about hair gr[owth]. "We are working with anti-a[n]gens," explains research bio[logist] Ronald L. Rizer. "Andro[gen] hormones stimulate hair grow[th] a man's beard, yet may i[nhibit] hair growth on the scalp [of] dividuals with a genetic p[re]position for baldness. Anti-a[n]gens are chemical compounds interfere with the action of hormones. By learning how t[o] minister these anti-androgens safe, effective way, it seems that soon we may be able to prevent men and women fro[m] ing bald, and women from ing unwanted facial hair."

Joint saving

A new instrument, calle[d] arthroscope, may save your some day. The arthroscope

ghs

Live longer, look younger

needle-like instrument that is ed into a joint. Looking gh it, you can then study hing inside that joint. "What narvelous about it," explains orthopedist Dr. John L. all, "is that with it you can a diagnosis that could not vise have been made with- oing an operation. In other . it in effect abolishes the for exploratory surgery—a or both patient and doctor

a boy—or is it?

w prenatal diagnostic tech- can tell the sex of a baby at ximately 4 months into preg- . Called amniocentesis, the ss was developed to check er certain pregnancies may ce a baby with Down's syn- e, better known as mongol- Fluid containing fetal cells hdrawn from the mother's s. Under analysis, this fluid up any abnormalities of romosomes connected with olism—and also tells the sex unborn baby. Amniocentesis delicate and expensive tech- at the moment, but perhaps ay every pregnancy may be ed this way.

id mouth

is turning out to have properties hitherto unthought of. "We have found that changes in saliva can be used as a diagnostic tool," explains Dr. Irwin D. Mandel, Professor of Dentistry at Columbia University School of Dental and Oral Surgery, "for instance, in cystic fibrosis, hypertension, malnutrition, diabetes, and rheumatoid diseases. There are probably 400 diseases which manifest themselves in the mouth—blood, nutritional, and lung diseases, for instance—so the tradition of 'stick out your tongue' makes sense after all. We are now suggesting that physicians take samples of saliva in certain situations to help in diagnosis. In the future we hope medical schools will include in their curriculum a larger examination of the mouth than is done at present."

Breathing space

A pump to oxygenate the blood is being developed by Drs. Henry J. Heimlich, George Rieveschl, Edward Patrick, and former astronaut Neil Armstrong, Professor of Aerospace Engineering at the University of Cincinnati, in association with the Jewish Hospital. "We took a small pump out of the Apollo astronauts' backpack—it seemed to have all the qualities necessary for heart-lung machines," explains Dr. Heimlich. "It's very small, very light, very dependable, and has a very good flow rate—when you run blood through it, it is 10 to 100 times less destructive to blood than any existing pump in heart-lung machines. We are now in the process of modifying that to use in these machines.

"We are also working on a portable oxygen supply that can be delivered directly into the lung so that very little oxygen is needed. It should enable people with emphysema or other lung diseases to function normally, even bound to an oxygen supply. This is maybe 2 years away from completion."

The goal is to bring the two together, the pump and the oxygen source, and miniaturize them so that something the size of a pacemaker can be implanted, to deliver oxygen to the blood. "This means the heart won't have to work as hard. It's years away, but we are working on it."

Brain wave!

Sensory motor training—or biofeedback, as it is more popularly known—is turning out to be one of the most important health breakthroughs of our age. This technique of muscle control and relaxation training that you learn with a machine (from which you are later weaned), is beginning to show astonishing success in treating insomnia, paralysis, sexual disorders, hypertension, and many psychological problems. Manufacturers are now beginning to bring out small professional quality monitors you can use at home for under $200—but the treatment is still in its infancy and should be conducted under the supervision of a medical expert.

A quick study

Listening to recorded speech is not nearly as fast as reading—as blind people know only too well. But now this problem may be solved: the American Printing House for the Blind has produced a device called a Variable Speech Control Module, which speeds up recorded speech without pitch distortion (without such a device, it sounds like Donald Duck, as you will know if you have ever run a tape recorder too fast). This means that a blind person will now be able to listen at a rate comparable to the average sighted person's reading speed of 275 words per minute, where it formerly took twice as long to absorb the same information. The module was developed by Cambridge Research and Development Group, Westport, Conn.

Inside story

"We are watching with a great deal of interest an agent that inhibits the histamine molecule for its effect on the heart and gastrointestinal tract," says drug specialist Dr. Dale G. Friend of Harvard Medical School. "It's called cimetidine. It is not yet available on the market, but it looks as if it may show great promise in healing ulcers of the stomach and intestinal tract (such as duodenal ulcers)."

Cosmetic—or drug?

Probably the most dramatic change in American beauty in the last 200 years has been in our attitude to cosmetics. Once upon a time it was rose petals for rouge, rice flour or cornstarch for powder, honey paste for moisturizers. Now what we put on our face is as important as what we put in our bodies—and as carefully analyzed.

"*Everything* affects the structure of the skin," says Dr. Kligman, "including water. All preparations you apply to skin have measurable effects. Americans are currently aware of this, because we now have very sophisticated methods of measuring these effects. Chemical technology can tell us almost everything."

What this means is that the distinction between a cosmetic and a pharmaceutical product is practically obsolete. "There will be no difference between pharmaceutical companies and cosmetic companies in two years," declares Mr.

Continued on page 106

> "If the three leading causes of death were eliminated—as is likely in the next 50 years—then our life expectancy would increase by about 18 years"

American beauty predictions

Young skin forever?

Nobody's worked a miracle—yet. A 70-year-old woman isn't suddenly going to look 20. But there's something very definitely in the air. "We have been using Vitamin A acid (Retin A cream) to try to restore some of the damage which takes place in aging skin," says Dr. Albert M. Kligman, Professor of Dermatology, School of Medicine, University of Pennsylvania. 'It's a very unusual drug. We have been using it with some success for acne, but we now know it has multiple effects in the treatment of aging skin:

1. **The surface of the skin is made smoother.** If someone is very wrinkled and the skin is very loose, obviously Vitamin A acid is not going to tighten up the face. The laxity of old skin is there forever. But the drug can reduce scaliness in a controlled fashion, and it is safer than operations such as dermabrasion or phenol chemosurgery.

2. **Pigmentation diminishes.** As you get older, the skin on face and hands tends to mottle. Vitamin A acid reduces that blotchy appearance.

3. **It cleans out the follicles.** With age, your skin follicles get larger, and they fill up with tiny little hairs too small to see. If a woman of 50 or 60 complains that her complexion is getting coarser, it is because the follicles, which used to contain one hair, now contain from 5 to 30 hairs. Vitamin A acid has the tendency to expel those hair plugs—that alone improves the look of the skin.

(Continued on page 106)

Gloria Vanderbilt: everything's coming up roses

It seems that she has it all: talent, beauty, energy, a family, creativity, money, success. Gloria Vanderbilt talks about her life and her achievements

EDITOR'S NOTE: *Jane O'Reilly is a free-lance writer and a columnist for the* Washington Star, *who has written widely about travel and women's issues. She lives in New York with her son.*

By Jane O'Reilly

Gloria Vanderbilt is a nice and interesting person and I was very pleased to meet her. Which was not what I expected. I expected her to be like one of the myriad *objets* she collects: small, perfectly shaped, beautifully colored, but not very interesting to talk to.

Pictures of Gloria Vanderbilt have haunted my years in New York. For a while it seemed that an event on the politico-cultural-social-fashion circuit simply couldn't take place without her presence. Eugenia Sheppard's column and *Women's Wear Daily* could not have gone to press without a picture of her face. Part Oona O'Neill, part Ali McGraw, part Cheshire Cat, her face always looked eager to please, glad to be part of it, and a bit too stark for black and white.

What, after all, was one to think of a woman who was lavishly photographed surrounded by collections of patchwork quilts, which she had had installed on the walls and floors of her magnificent Manhattan town house? Or wearing several of her collection of Fortuny pleated dresses? Or arranging Christmas decorations [illegible] from her collections of Victoriana, Chinese porcelain, and golden tableware? One of the things I thought was that Gloria Vanderbilt had failed to heed the advice of the ancient Greeks: "Nothing in excess."

But, on the other hand, the pictures revealed something so endearing in her paintings and designs, something so beguiling and hopeful in her face, that I suspected the press had obscured the real person by its very enthusiasm.

The real person turned out to be as pleasing as I had hoped, but also interesting and sensible. "I rarely read anything about me. I find it takes away from one's concentration," she said, when I asked how she felt about her constant appearances in papers and magazines. "Today, there seems to be no more privacy left. But I've been traveling with my collections for the last few years and really, there is nothing I can't answer . . . really, there is no worst question. It used to be painful to talk about my childhood, but that is certainly resolved now. Or I can turn away the question if I don't want to talk about it."

She has been written about since she was 10 years old, when she and her money were the object of a custody battle between her widowed mother (who seemed to be trying to revive the title of "Merry Widow") and her aunt. Even though the masses of attention every since have almost always been friendly and sympathetic, she might, if she had read it all, have spent her life adjusting, and worrying, accommodating, and recovering. Instead, she seems to have spent her life concentrating, consolidating into the person she is today. In the process she has learned to use the media for her own purposes—a rare achievement.

A few years ago, she and her husband, writer Wyatt Cooper, decided to simplify their lives. They sold the town house, quilts and all, to the Peruvian Embassy and moved to the United Nations Plaza apartments, a [illegible] high-rise enclave of the rich and glittery and gra[illegible] Carter, 11, and Anders[illegible] S. [illegible] the Fred R[illegible] Every morning Mrs. Cooper [illegible] 17th [illegible] wonder she ge[illegible]

[illegible] with a [illegible] tled down in a [illegible] with black [illegible]

her design, and while I gave her a steely-eyed reportorial once-over, she gave me an efficient handwritten list of all the businesses she is currently engaged in. My notes say: sturdy hands, short unpainted nails. Very thin, maybe 5 feet 5 inches, dressed in a white jumpsuit over a blue sweater, with a neck collar made of a pre-Columbian artifact. Hair burnished darkest brown, drawn back behind her ears. Big ears. Bold ears, in fact, but cute. Black cherry eyes. Slight touch of green eye shadow, lightly applied rather odd makeup, a sort of white faintly blushed with mauve, looks a bit as though she just dipped into the huge jars of poster paint that are arranged on the canvas covering the floor.

Her manner of speaking is more enthusiastic and considering than it is forceful and resolved. A high, upper-class girl's voice, Long Island upper-class, as in "upstahyers" for upstairs, and "Chiner" for China. Says "you know?" a lot, but not as a hippie would. I can't remember what shoes she had on, but sneakers do not seem inconceivable.

Her notes say: Gloria Vanderbilt Ltd., Chairman of the Board. "Oh yes, didn't you know?" she says, obviously excited. "We're starting a ready-to-wear collection. We've got a beautiful big loft on the 15th floor on Seventh Avenue that used to belong to Teal Traina, and my name is already on the directory downstairs." And, Gloria Vanderbilt (trademarked in her signature logo—her name and a swan motif), President, which seemed to be involved through corporate connections with the designing [illegible] pillowcases, comfort-[illegible] terry dishcloths, even oven [illegible] china, stemware, [illegible] paper works. "I find the china most really fulfilling,"









she says, bringing out some of the stemware designed to complement the china, charmingly turned into tulips and small bouquets of lily of the valley. Vietnamese refugees are painting and firing the glasses in California.

Her wallpaper collection has just been introduced, and everyone by now knows her designs for fabrics, table linens, bathroom accessories, eyeglasses, scarves, and decorating magazines. And, oh yes, graphics. She is, before all, an artist.

"At 38, I really knew the direction I wanted," she said. "It was to just paint and do nothing else. I've had twenty-five shows and three museum retrospectives—they are wonderful, it is so nice to see paintings again. My collages led to the designing; I didn't think of it at the time.

"Work to me is all joy . . . it is my joy. I always wanted to act, and write, and paint. I felt they fed each other. For seven years, in the fifties, I did lots of television plays. *The Swan* was my first legitimate stage experience. It was a very successful play and a perfect vehicle; we went on tour, but it was unfortunate—I knew nothing about the theatre and I was very badly advised. The thing I always hated about acting was the dependency on other people, the script, the actors. The thing I did love about it—when it was working well—was that it was like having a family. In a theatre company there is a crisis state all the time. It brings people closer. Of course, when it doesn't work, it is like a terrible family.

"Writing seems to have no reality unless somebody is reading it. I had short stories and book reviews in *Cosmopolitan*, and I wrote a play, which was optioned but never produced. It was very difficult, even though I had something to say."

But, I ventured, why? Writing is indeed very difficult, and I would never type another two words if I didn't have to earn a living, and surely that is not a compelling motivation for Gloria Vanderbilt.

"I really always wanted to be stupendously successful," she says. "In the past four years

Continued on next page



Opposite page, Gloria Vanderbilt toasts the future in a Lily of the Valley wine glass she designed; other new designs include, **this page top,** Collage pattern dinner plate; **at left,** porcelain Teapot Tom. **Center,** art supplies on a sill. **Above right,** the artist in her studio; **lower right,** "Thank you" notes. All by Gloria Vanderbilt from the Collage for Living Group by Sigma.

SUSAN WOOD









Everythin coming u roses *continued*

I have had more success th ever dreamed, even thoug wanted it and worked all life for it. I don't know exa why, I was always ambitiou suppose it's like the Billie H day song, you know? 'Mom may have and Papa may h but God bless the child th got his own.'

"I appreciate every si moment of the success I'm ting now, but in a funny wa comes almost too late, know? It is as though you longer want it the way you Like the Zen saying 'Much I sought I could not find, m that I found I could not b much that I bound, I could free, that which I freed retur to me.' I think happiness re happens once you let go, c you resolve yourself. Ev thing in life is timing, in a fu way. You know the old sa 'Jam yesterday, jam tomor but never jam today?' In United States, it is like ther nothing in between. We sh be more aware of jam today

Gloria Vanderbilt tol me she is 52 wi all the pride of someone announcing sh has just come of age. "I feel the best is still coming," she sa

Very satisfying, success tends to add a sparkle to eyes, a glow to the cheeks, a laugh to the heart. Exhibi all of these symptoms, Gl Vanderbilt curled further her corner of the sofa and s "To have a great success help, I do think." And laughed.

"I feel the best is still c ing," she said, "so I have lo look forward to." We discu our horoscope signs. She Pisces, on the cusp of Aqua February 20th. "Umm," I edging toward asking how at the last birthday. "I was she said, with all the prid someone announcing she come of age. I confessed t was approaching 40 and n all pleased about it. "Fo she said. "Oh, you are st baby. You have lots ahea

SUSAN WOOD



expressed the hope that I would be able to look forward to appearing twenty years younger, as she does. Does every one of her friends look as well, I asked? "No," she said rather sadly. "They don't. But, you know, our mothers looked older. Women of the [illegible] and thirties looked much older than they do today." She paused to think about it, but the only beauty hint she could offer was "Don't go near the sun."

Gloria's two oldest sons, Chris and Stan, are 24 and 26. The little ones are 11 and 8. It takes someone very determined to have a baby at 44. "Oh, I was longing to have a little girl, you know? I even took Pergonal, the fertility drug, after I had the boys. It never occurred to me to worry; it always seemed so incredible and marvelous, each one. I'm always fascinated by women who don't want to have children—it seems unbelievable. Of course, it does seem to take an enormous extension of one's self.

"I never had a supportive atmosphere in my family. I felt very alien always. I think people with that background do tend to make their own way. On the other hand, if there had been support I might have gotten it all together sooner. Our children are really extraordinary children—Carter is 11 going on 40. We take them to everything, and we also have a marvelous time together."

The Coopers feel not just strongly, but passionately, about family life. Wyatt Cooper, who is entirely endearing himself, has written a charming book called *Families, a Memoir and a Celebration* (Harper & Row), about his own families and what the idea of a family means to him. Gloria and Wyatt have been married twelve years. I asked her if she liked him. She seemed a little surprised at the question, but she certainly did not hesitate to answer it. "Yes, I do. I really do. We met in New York. He was a screenwriter in Califor-

Continued on page 107

Opposite page, far left, two new Vanderbilt sheet patterns, Seaside and Boardwalk by Martex; **top,** the Wyatt Cooper family in stride; **center,** Rainbow Check apron, mitt, potholders, by Martex, **bottom left,** Ribbon bath accessories by Martin Garment; **bottom center,** Everlasting china by Sigma; **bottom right,** Garden Bird vinyl wallcovering by James Seeman Studios. **This page, top left,** Gloria romps with sons Carter and Anderson; **bottom left,** sketching; **rest of page,** two Vanderbilt paintings and Sincerely Yours china, placemats, napkins, notecards, Tulip wine glass, designed by Gloria Vanderbilt for Sigma. For shopping information, please turn to page 140.



he new buildings are spread out all over Columbus. *Below:* hildren at Mount Healthy Elementary School start the day at school with no corridors, no doors.

Innovative architecture creates an astonishing impact on the small Midwest town of Columbus, Indiana. A special report on the power of environment

By Beverly Russell

"First we shape our buildings, then they shape us . . ."
—Winston Churchill

In times ahead, when people want to find out what architecture in the 20th century was about, the place to go will almost certainly be Columbus, Ind. At the last count, there were in this small Midwest town of 30,000 people 38 important buildings by leading architects. What's more, these buildings are some of the finest examples of the work of I.M. Pei; Harry Weese; Kevin Roche and John Dinkeloo; Eliel and Eero Saarinen; Gunnar Birkerts; Cesar Pelli; Edward Larrabee Barnes; John M. Johansen, Venturi & Rauch; James Polshek; Hardy, Holzman, Pfeiffer; John Carl Warnecke; Mitchell-Giurgola; Caudill, Rowlett, Scott; Skidmore, Owings & Merrill; and The Architects Collaborative.

But Columbus is more than an architectural showcase. **Here is a story of public consciousness-raising through changing surroundings. Twelve new schools have been built in the last 17 years and children in the schools show an astonishing record of progress. Columbus has won more gold medals and certificates in art shows and competitions than any other town in the state.** Forty-three percent of high-school graduates are college bound, almost twice the national average. When they get to college, reports the School Board Superintendent, they do exceptionally well, "are recognized as top students in whatever their area." The new schools not only motivate students, but attract good teachers as well. Ten years ago it was hard to get new personnel to the small Midwest town to work. Today there's no problem. Top-notch teachers are eager to go there, enticed by the idea of working in up-to-date surroundings geared to the latest forms of open-corridor education. Columbus teachers have never been on strike, nor has there been any campus unrest.

A high standard of architecture has generated something besides an urge to learn and grow: **It has also prompted Columbus families to take real pride in their community. They care about their town. They know the individual has a voice and an impact on what goes on**—a situation that runs counter to experience in the majority of urban societies. Seeing new architecture has made people appreciate the value and the characteristics of the old. Significant buildings, which might have been wiped out to make room for parking lots or supermarkets, are now being carefully restored and put to new uses. One mid-Victorian mansion has been recycled into a brand-new—and much needed—Visitors Center: The town drew 20,000 interested travelers last year, and at one architectural seminar, 800 students camped in the park.

Continued on page 82

Columbus East Senior High School, *right,* designed by Mitchell-Giurgola Associates and winner of a 1975 A.I.A. award. Designed for "team teaching," it has five large group-instruction rooms, seating up to 250, plus smaller discussion rooms for groups of fifteen. Also an indoor-outdoor pool, a planetarium, greenhouse, and a science animal room.

AMERICA DISC


VIERS COLUMBUS

ARCHITECTURAL BREAKTHROUGH IN COLUMBUS

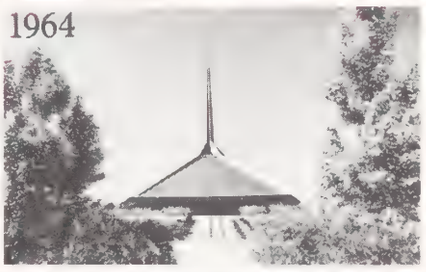
FIRST CHRISTIAN CHURCH
Eliel Saarinen

The start of it all: strong, geometric, an uncluttered design for rational churchgoers.



NORTH CHRISTIAN CHURCH
Eero Saarinen

A generation later: church-in-the-round for a breakaway congregation. Hexagonal shape, a needle spire.



DOWNTOWN STREET UPDATE
Alexander Girard

Repainted shop fronts, unified canopies and signs.



FIRST BAPTIST CHURCH
Harry Weese

Gray slate roofs with pink brick in this radical design. Chapel is separate, so is bell tower.



W.D. RICHARDS ELEMENTARY SCHOOL
Edward Larrabee Barnes

Shed roofs to bring natural light into classrooms. Lots of color, child-height detail, inside.



FIRE STATION NO. 4
Venturi & Rauch

Red and white brick, Pop Art approach to a city facility. And firemen love it.



CLEO ROGERS MEMORIAL LIBRARY
I.M. Pei and Partners

Powerful glass and brick pavilion. Henry Moore's "Large Arch" stands in its brick-paved plaza.



"THE REPUBLIC"
Myron Goldsmith, Skidmore, Owings & Merrill, Chicago

Transparent rectangle in glass and steel. It brings the printing press of the daily newspaper right out in the open.



MOUNT HEALTHY ELEMENTARY SCHOOL
Hardy, Holzman, Pfeiffer Associates

An open-corridor plan: the building is really one big room on three levels.



COLUMBUS OCCUPATIONAL HEALTH CENTER
Hardy, Holzman, Pfeiffer Associates

Serene glass structure, bright blue, yellow, and green inside. 1976 A.I.A. award.



FODREA COMMUNITY SCHOOL
Paul Kennon, Truitt Garrison of Caudill, Rowlett, Scott

Tunnels, spiral slides, learning areas for team teaching. The children suggested some of the ideas.



THE COMMONS
Cesar Pelli, Gruen Associates

Downtown's meeting place. Bronze solar glass designed for a multi-activity and shopping space.





"Any town could do it. Buildings cost the same whether they're well done or not"— J. Irwin Miller

How was this remarkable chain reaction of civic development triggered off? The prime mover was industrialist J. Irwin Miller, whose family has lived in Columbus for seven generations. "Any town could do it," he insists. "Buildings cost the same whether they're well done or not. It doesn't take a lot of money but it does take a lot of time. This has been going on for 40 years." Mr. Miller's uncle donated funds for the first modern building in 1941, the First Christian Church, designed—at his nephew's urging—by Eliel Saarinen. Saarinen chose brick for it, keying the material to the Miller family home, a fine old mansion built in 1864, just across the street. Saarinen's son Eero was invited to design a house for the younger Miller's family in the 1950s, which House & Garden published in 1959.

As Mr. Miller's interest in architecture developed, so did his interest in improving the town. One thing led to another. He offered a plan to the school board: **If the board would select an architect for a proposed school from a list of six drawn up by a special architectural advisory committee, Mr. Miller's Cummins Foundation would pay the design fees. The record shows how enthusiastically the town responded.** He then turned his attention downtown. "In my youth, downtown really was the center of town, which was then a farming and trading community of 8,000 people. It was the kind of town where you knew almost everybody who went past in the street. Saturday was the big day. What happened in our downtown was worse than in others. As the town expanded north and east, shopping centers on the outside of town drew people away." To halt deterioration Mr. Miller called on government, banks, lawyers, and interested merchants to help renew 16 blocks along Washington Street—the main avenue—to restore business and life. The scheme met with resounding success. The center of all the action now is The Commons, a striking solar glass construction by Cesar Pelli. The Commons is a multipurpose, climate-controlled space that includes a Sears department store, many shops, two restaurants, two cinemas, an art gallery, a flower kiosk, and a welcome—and well-used—children's playground. The Commons can accommodate 2,000 for a dance, and often does. It attracts local artists and crafts people who use it for shows and exhibitions, "bringing our local talent out in the open instead of having it buried somewhere in a church basement," explains Mr. Miller. **The Commons, above all, is a place where people gather. "And," says its director, "it seems to generate good feelings, a public place to come and rest, sit and talk, walk and dance, shop and play.** It attracts people in good or bad weather, and it has certainly helped the town to be economically strong again. Ten years ago there were 19 empty storefronts on Washington Street." During the day, The Commons is filled with sunlight and visiting photographers catching the ebb and flow of shadows and people. It's equally spectacular at night, when pinpoints of colored lights in the ceiling interact with the pattern of overhead stars.

Continued on page 103

Dramatic addition to the Irwin Union Bank & Trust Company by Kevin Roche, John Dinkeloo & Associates. Dispensing with the marble fortress notion of what a bank should be, this has an open, friendly feeling. The pedestrian arcade is glass, *striped* to give a wonderful Venetian blind pattern of shadows inside, and also to reduce the amount of heat absorbed into the space on a sunny day.



The American character in American painting

ART IS THERE TO TELL US WHO WE ARE

By John Russell

Perhaps the most imperious of human needs is the craving for identification. To know who we are is, quite literally, a matter of life and death. We don't have to be cadets at West Point to know that there is no subtler torture than never to be addressed by one's name, never to have one's existence acknowledged, never to have anyone say (even by implication): "You are one of us."

That is what art is all about. Art is there to tell us who we are, and where we live, and what it is that binds us to one another. Art is reassurance. It tells us how the world looked to people who were brighter and more observant than ourselves, and it tells us how other people looked, too. Sometimes there was more editing in the portraits of named people than there was in the portraits of landscape; but once we have learned to allow for that editing we are likely to decide that the art of the past is as good a guide to human nature as any that is available to us. The art of the past helps us to make sense of the present; an Englishman is more English for knowing Holbein's portraits of his forefathers, a Belgian more Belgian for having explored the panoramic landscapes of Rubens, a Frenchman more French for having learned from Edgar Degas and his incomparably sardonic insights into family life.

American painting is in this matter both blessed and handicapped. It is handicapped because it began later than European art and was for a long time both awkward and incomplete in its analysis of American landscape and, even more so, in its analysis of American character. But that tardy start was also a blessing, in that Americans react to the best American painting with an immediacy, a gratitude, a spontaneous outflow of feeling, which are no longer common in Europe. How many Florentines ever look at a new painting? Their canons of personal beauty were fixed once and for all 500 years ago and if they should wish to update them they are more likely to turn to movies than to painting for the new image which makes them feel by that much the more completely themselves.

But there was no American oil painting in Botticelli's day, and when Americans began to look around for a definitive self-awareness they had to invent the means to it. It couldn't come ready-made, either. It had to be felt for, negotiated, tested and found correct. It took a while, but something very important was at stake: nothing less than the truth about what it felt like to be an American. Progress in so great an adventure was necessarily slow, just as it was slow in poetry, slow in the novel, slow in music, and slower still in the theatre. Nothing great was ever done in a hurry.

Continued on page 88

Editor's note: To see ourselves as another sees us, we turn to British-born, Oxford-educated John Russell, an art critic of *The New York Times*. Mr. Russell has contributed articles on art to many magazines, including *Art News* and *Art in America;* he has written books on Seurat, Vuillard, Matisse, Max Ernst, and Henry Moore; and he has organized major exhibitions of Modigliani, Rouault, Balthus, and Pop Art for the Arts Council in London. His many-volumed series, *The Meanings of Modern Art*, was recently published by the Museum of Modern Art.



Right: Mr. and Mrs. Isaac Newton Phelps Stokes **by John Singer Sargent. The Metropolitan Museum of Art, Bequest of Edith Minturn Stokes. 1938**
Opposite page, top: The Residence of Da **by Edward Hicks. Museum of Art, Carnegie Institute, Pittsburgh, Pa.**
Bottom: Summer Picnic **by Alex Katz. Courtesy Marlborough Gallery, New York, photographed by Robert Mates and Gail Stern.**


The Residence of David Twining in 1783
when the painter was five years old

Windproof, weed-free, and antiwork, a garden for living, with fountain, a brick game board, and a flag in bloom

Star-spangled garden

Sunken in the foundation of a barn that used to be "so shaky even the barn swallows stopped coming," a super-practical garden doubles as an outdoor family playroom with a patriotic touch: an American flag in flowers for the Fourth of July. "The Fourth is our favorite holiday," say Mr. and Mrs. Herman Widder. "Always has been." (For their yearly picnic they even bake a cake with white icing, strawberry stripes, blueberry stars.) The garden itself is a declaration of independence—from work and weeds. Black plastic underlies the terra-cotta pebble paths and is also used, under bark chips, as mulch for easy-on-the-back raised beds of 6-by-6-inch timbers. These are planted with carefree perennials and evergreen shrubs. To cope with winter leaves and dropping pine needles, the Widders lay nylon mesh across the paths in fall, shake out the debris in spring. In a corner of the garden, a fountain in the raised fishpond makes a gentle sound that attracts birds; for easy cleaning, the pond is equipped with a bathtub plug. The checkerboard is made of light and dark bricks cut in half, with colored tiles for checkers. This Long Island garden was designed by David Eric Seeler of the Bayberry Nursery in Amagansett, N.Y.

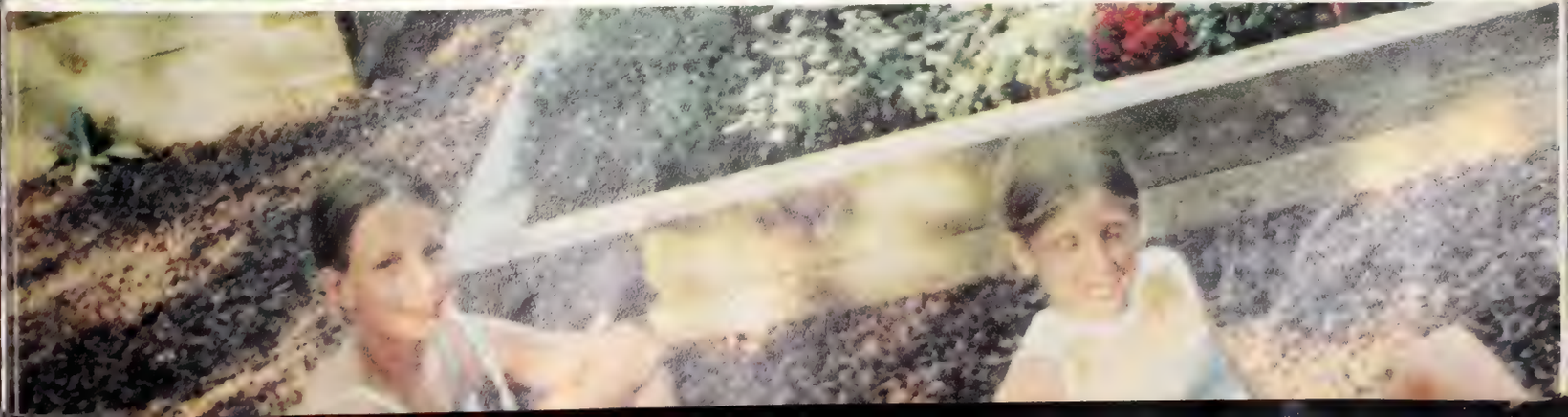
Flower flag, right, begonias and lavender-blue ageratum. Far right: Garden with built-in bench, beds, pond. Below left: Bright blue picnic table on terrace overlooking garden. Below right: Ruth and Herman Widder, Lynnette, 12, Laurie, 10. Plan, below: 1. Bench. 2. Pond. 3. Shrub and perennial beds. 4. Steps. 5. Brick checkerboard. 6. Bicentennial flower flag.













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But as it is with the American character, so it is with American painting: between Memorial Day and Labor Day there steals over many a robust nature a kind of amnesty, during which dark thoughts are set aside

American Painting

continued from page 84

That is why a peculiar poignancy attaches to paintings like the three which are reproduced here. They have in common one thing only: that without being in any way formal or pompous, they set out to catch something of the quintessence of American life. Edward Hicks as a man could hardly have been more unlike John Singer Sargent. Hicks was a Quaker: a man who literally quaked or trembled as he strove to be reborn in Christ. William Penn had established what seemed to Edward Hicks an ideal standard of how human beings should conduct themselves. A new world, as Hicks saw it, called for new men and new women who would not fall short of Penn's ideals. Sargent, by contrast, was one of the most worldly men who ever lived. He allowed society to carry him with it, unresisting. Nowhere in his work—except conceivably in *Gassed,* a painting in which by implication he said that the inhumanity of World War I was beyond all bearing—is there the faintest suggestion that the rich are not rich by divine right.

So what common ground can there possibly be between these two men? Just this: that they did not want to be alive in their time and not bear witness to it. Sargent is best known for the full-dress society portraits in which the skills of his European predecessors—Hals, Velásquez, Van Dyck, Sir Joshua Reynolds, Sir Thomas Lawrence, Winterhalter—were simulated and given a high gloss of a particularly unpleasant kind. Edward Hicks is best known for his *Peaceable Kingdom* series, in which a famous passage from the eleventh book of Isaiah is made vivid to us and it comes to pass that "the wolf shall dwell with the lamb, and the leopard shall lie down with the kid; and the calf and the young lion and the fatling together; and a little child shall lead them." Once again, the disparity of intention would seem to be total.

Yet Sargent had his informal moments, and there were times when Edward Hicks put down the book of Isaiah and addressed himself to the world around him. For all that Sargent went along with [illegible] of his sitters who wanted to [illegible] as if they were just back from the Congress of Vienna, he could recognize true human quality when he saw it. We know that from his portrait of Robert Louis Stevenson, for instance, where the inner commotions of that very distinguished but ultimately not quite great writer are most delicately conveyed. Edward Hicks enjoyed painting what were in effect historical novels on canvas: scenes in which, for example, William Penn was seen making his peace with the Indians. But when he painted *The Residence of David Twining in 1785,* he laid fantasy aside, just as Sargent laid flattery aside when he painted Robert Louis Stevenson as a man who could not bear to sit still, let alone to assume the kind of pose that most of Sargent's sitters regarded as mandatory.

Hicks did not try to make the farm in question look grander than it was. He counted up all the things that he could see and set them down one after another with the kind of candid asymmetry that a more servile painter would long before have learned to avoid. What he has to say about America in this painting still comes to us as a revelation, for this is an America that has not been tidied up, is not wearing its best clothes for the occasion, and does not come on as an earthly paradise. But we recognize it as transparently true—even down to the rudimentary agricultural equipment which David Smith would one day turn into great American sculpture. It is a timeless America that Hicks sets before us, and we are grateful for it.

Timeless, equally, is the young wife in Sargent's *Mr. and Mrs. Isaac Newton Phelps Stokes* (1897). Unlike so many of Sargent's female sitters, she is not overdressed. Nor does she strike a pose borrowed from the English 18th century. With her demure shirtwaist, her stiff white collar and black bow tie, her unvarnished cheeks, and her evident longing to jump down from the picture and make the most of what life has to offer, she is the archetypal well-bred young American woman. When Henry James came back to his native country in 1906 after a long absence, he saw young women of that sort all over New York. They seemed to him to personify what he called a "collective alertness of bright-eyed, light-limbed, clear-voiced youth, without a doubt in the world and without a conviction." Today, we might wish to drop those last three words, since the descendants of the young

Continued on page 103

WINE & FOOD

page **91**

Summer parties with a light touch

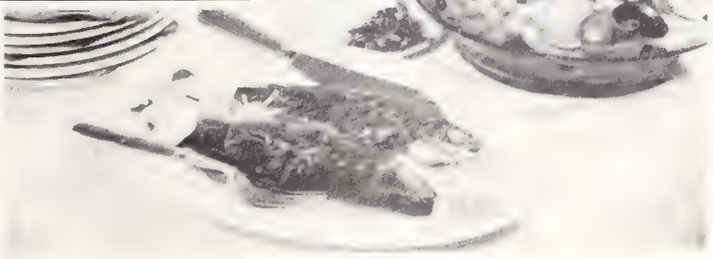
Helen Corbitt, famous for her low-calorie menus for The Greenhouse spa in Texas, turns more and more to light menus for her own parties. "Everyone wants to serve and eat light foods these days," says Miss Corbitt, who shares her own favorite summer menus and recipes.

Broiled mountain trout, Red and green pepper sauce Horseradish mousse

Stir-fried slivered fresh vegetables

Fresh fruit over ice cubes with slivers of crystallized ginger

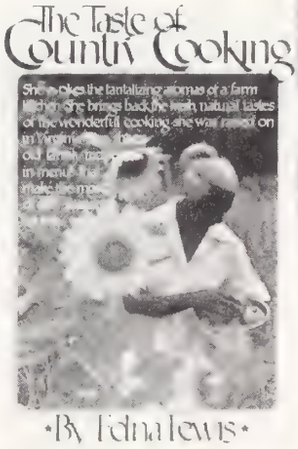
BEADLE



page **97**

Pickling and preserving Southern style

Edna Lewis's tantalizing recipes for summer pickling and preserving, from her new book *The Taste of Country Cooking.*





EMERICK BRONSON

page **92**



A super-efficient kitchen that has everything

A kitchen remodeled for quick and easy cooking for a crowd, plus recipes for James Beard's fish stew, cioppino, and a simple new French bread.

DAVID MASSEY

FREDERICK EBERSTADT



page **100**

American whiskey: in good spirits

William P. Rayner, *left,* returns from Louisville with the fascinating story of American whiskey and some original ideas for mixing drinks, lacing desserts.

Our Young Republic Celebration

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TELL CITY

We've been getting ready for the Bicentennial since 1865

Summer parties with a light touch

Light in taste, light in calories—3 summer parties plus quick slim-down appetizers from Helen Corbitt

merican cook and author Hel- Corbitt has been creating od to lose weight by for ears, as food consultant to he Greenhouse Spa in Texas, d in her many books, includ- g *Helen Corbitt Cooks for ooks* and *Helen Corbitt Cooks r Company* (Houghton Mif- n). She is often asked for arty food that's tempting, elicious, yet light and low in alories. Here are her ideas for ummer parties that will please our guests' palates without dding to their waistlines.

SUNDAY BRUNCH

Bowl of apricot nectar
with scoops of lemon ice
reast of chicken sautéed with
chanterelles flamed
with cognac*
Thin slices of French bread
spread with mashed avocado
otpourri: pickled eggs, minted
tomato quarters, marinated
rated radishes and artichoke
hearts, celery filled with
armer's cheese, diced clams
Lots of coffee, hot and iced

HICKEN SAUTE ITH HANTERELLES

45 calories per serving)

anterelles, a variety of forest ushroom, are imported from rance and available canned in ourmet food shops.

gredients

chicken breasts, boned
cup whipped margarine or butter
clove garlic
teaspoon paprika
cub beef consommé
cup cognac
10-ounce can chanterelles, washed and dried
lt, pepper
hopped parsley

ethod

Vash and dry chicken. Slice eat in 1-inch slices. In a large eavy skillet melt the margarine, dd the garlic, paprika, and the hicken. Sauté until light brown. dd the consommé and deglaze the pan. In a small saucepan, heat the cognac and ignite. Add to chicken and continue cooking until chicken is tender, about 10 minutes. Remove chicken to a heated platter.

To the liquid left in the pan, add the chanterelles and add salt and pepper to taste. Heat thoroughly and pour over chicken.

Sprinkle with chopped parsley and serve. It is a good buffet dish, as it holds well in a chafing dish. Serves 6.

DINNER

Broiled mountain trout,
red and green
pepper sauce*
Horseradish mousse*
Stir-fried slivered fresh
vegetables*
Fresh fruits
spilled over ice cubes
with slivers of preserved
or crystallized ginger

BROILED MOUNTAIN TROUT, RED AND GREEN PEPPER SAUCE

(240 calories per serving)

Ingredients

2 1½-2-pound trout
oil
4 stalks celery
4 slices onion
few sprigs parsley
4 pieces carrot
salt
1 green pepper
1 sweet red pepper
boiling water
¼ cup whipped butter or margarine
1 bunch scallions
1 lemon

Method

Clean, wash, and dry trout. Rub lightly with oil (if you like the flavor of olive oil, use it). Put stalks of celery and onion slices on a piece of aluminum foil and lay fish on top. Place on baking tray.

Put parsley and carrots inside trout. Sprinkle with salt.

Bake uncovered in a preheated 350° oven for 15 to 20 minutes. Run under broiler to crisp.

Cut peppers in matchstick strips. Drop in boiling water for 1 minute. Drain.

Place fish on warm serving platter. Sprinkle with peppers and melted butter (or omit if counting calories). Decorate with scallion brushes and lemon. Serves 4.

HORSERADISH MOUSSE

(373 calories total)

Ingredients

2 cups low-calorie cottage cheese
1 tablespoon onion, grated
3 tablespoons horseradish sauce
¼ cup skim milk
1 tablespoon gelatin dissolved in ¼ cup cold water
few drops of Tabasco sauce
salt, pepper

Method

Put the cheese, onion, and horseradish in a blender and whip until soft and smooth.

Heat the milk in a small saucepan; add the gelatin. When thoroughly dissolved, add to cheese mixture. Add Tabasco sauce, salt, pepper; pour into an attractively shaped pint mold and refrigerate. Makes 1 pint.

STIR-FRIED SLIVERED VEGETABLES

(35 calories per ½-cup serving)

Ingredients

1 tablespoon peanut or vegetable oil
½ cup carrots, slivered
½ cup celery, slivered
1 medium zucchini, thinly sliced on the bias
2 tablespoons chicken broth or water
¼ pound snow peas
salt, pepper

Continued on page 102



Helen Corbitt cooks for a party

LOW CALORIE HORS D'OEUVRES

Small raw mushrooms filled with mashed Roquefort and cottage cheese
Celery brushes filled with mashed marinated fresh salmon and caviar.
One-inch cucumber boats filled with diced tomatoes, celery, and capers
Cherry tomatoes split and filled with tiny shrimp
Small tomatoes scooped out and filled with cheese soufflé
Jacima scooped out, filled with Jacima fingers
Jellied poached eggs with truffles
Tomato baskets filled with tiny shrimp

A kitchen that has



everything

A super-efficient remodeling for a family that cooks: Everyone pitches in to turn out a full dinner in half an hour

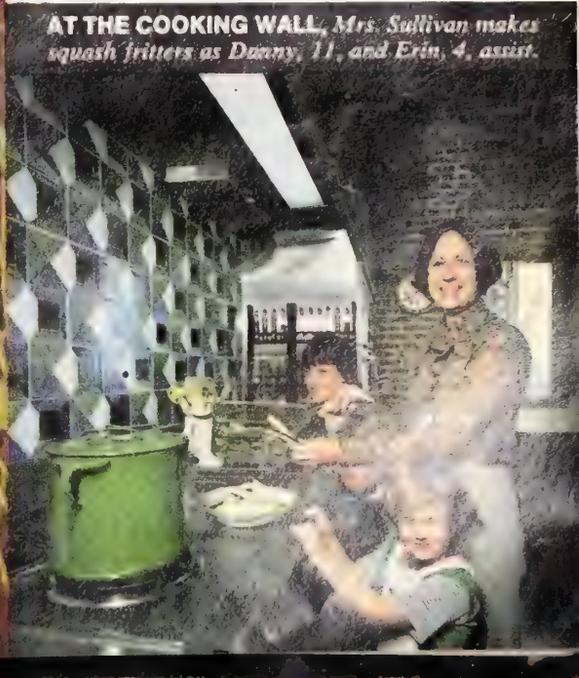
Recipe for quick and easy cooking when there's a crowd: Take a big kitchen space and remodel it from scratch, with a big refrigerator and freezer, microwave oven, and a restaurant-style cooking wall. Knead in a marble bread-making slab for the children, pop in an old-fashioned popcorn machine for the man of the family, and top it with a restaurant-style soda fountain.

"We wanted a large, very functional kitchen that was easy to work in, keep clean—and fun—a place where several family projects could go on at once," said Mrs. Sullivan. "Why not use restaurant equipment?" said her husband. Architect Peter Rooke-Ley—himself an enthusiastic cook—with the help of the Bastian-Blessing Company, designed a 13-foot-long stainless steel cooking wall, *left,* for them from Wells restaurant supply units: a griddle, six-burner stove, two deep-fat frying baskets, and a barbecue grill, all with recessed controls at the front. Framing the cooking wall, the stainless steel refrigerator and freezer (Mrs. Sullivan's super time-saver: "I shop only every two or three weeks, buying whole sides of meat and canned goods by the case."), three wall ovens (one a microwave), and, tucked in at the end, an insulated cheese and fruit "cellar" cooled by a vent made from an old window, designed by Peter Rooke-Ley.

Also on the left aisle, a maple butcherblock work counter with sink, trash compactor, two cubbyholes with roll-up doors for small appliances, plus pull-out shelves for pots and pans under almost everything. In the foreground, the soda fountain, also custom-designed from restaurant-supply units: Bastian-Blessing ice cream compartments, dipper well, and bar sink.

On the right side of the right aisle is the clean-up sink and dishwasher, bread-making slab, and, opposite, tableware storage. On the far wall, a shelf for cookbooks and a desk that's used mostly for children's homework and drawing. The dining area hosts most of the entertaining and all meals but Sunday dinner. Overhead, downlights on a dimmer set the table-for-eight off in its own "light nook."

DAVID MASSEY



AT THE COOKING WALL, *Mrs. Sullivan makes squash fritters as Danny, 11, and Erin, 4, assist.*



AT THE MARBLE BREAD-MAKING SLAB, *Mike and Sean knead French bread dough for today's lunch.*

OLD-FASHIONED POPCORN MAKER *is Mr. Sullivan's "toy." Add it to the soda fountain: an instant party. From left: Meg, 8, Erin, 4, Sean, 6, Danny, 11, Mike, 10.*



CUSTOM COOKING COUNTER *has griddle, stove, 2 deep-fat frying baskets, barbecue.*
FOUR OVENS, *one a microwave, one a warming one, plus cheese "cellar," children's desk.*
CLEAN-UP COUNTER: *dishwasher, sink with water fountain, marble slab, coffee brewer.*

PORTUGUESE TILES *make a bright, cheerful backsplash.*
DINING TABLE *with Mies van der Rohe chairs. Archway borrowed to original kitchen.*
BUTCHERBLOCK *work counter: roll-up doors hide appliances, shelves slide out beneath. Off right: sink, trash compactor.*

A kitchen super-equipped for a family of cooks

The Sullivan children learned to cook "just by watching and helping," says Mrs. Sullivan. "I like to spend as much time with them as possible, and somehow work becomes play when everyone joins in. Children love to cook, almost instinctively, and it's a shame to wait till they're nearly grown to show them how."

The children make their own dinner during weekdays (favorite fare: hamburgers and hot dogs, onion rings or French fries), plus breakfasts on weekends. They love to help their mother make weekend or company dinners, and they're mad about making bread, cookies, sweet rolls, and stollen. Danny and Mike assign recipe steps to the others. Sean and Erin like clean-up best of all—"It's water-play for them," says their mother. "The children wash and put away their own pots and tableware whenever they cook."

Sean's the biggest soda fountain experimenter. Mrs. Sullivan says, "We were surprised, but, after the first week, they stopped using the soda fountain and popcorn machine between meals. Now it's mostly an after-dinner or guest thing."

When the children first laid eyes on the remodeling, with all the hanging plants, they were awe-struck. Except Sean, who piped up, "It looks like a jungle, and tomorrow we're going to get a monkey."

The original kitchen, typically 1910 and planned for a staff, was hemmed in with three butler's pantries, a back porch, and entryway. Peter Rooke-Ley opened up the five rooms into one, sandblasted down to the original brick interior walls, added casement windows on a second and third wall. Oak and Douglas fir are used throughout—for cabinets, random-length floorboards, and "herringboned" ceiling and coffered lighting canopy that gives the 12-foot-high space a more intimate scale. For easy care, the nonbricked walls were enameled white, and all wood but the butcherblock painted with plastic sealer. The interior design was by Ann Rooke-Ley and Maria Quinn of Rooke-Ley•Quinn Associates.

Except for the cooking counter, soda fountain, popcorn machine (cinema-style), and a restaurant fan, all appliances are home models. Many do triple duty: Stainless steel sink at food preparation counter has hot-water dispenser, chopping board; other at clean-up and children's counter has water fountain and is used for flower-arranging as well. Invisible helpers: a ventilation duct over the cooking counter with washable filters, powered by a hidden restaurant fan, an intercom, and a central music system. And, to make the whole house more comfortable for people, plants, and furniture, an automatic humidifier is built into the furnace.

Sub-Zero refrigerator and freezer, Thermador ovens, KitchenAid dishwasher, Whirlpool trash compactor, Elkay sinks. Ligh olier lighting fixtures. Shopping information, page 140.

DAVID MASSEY

Pickling and preserving Southern style

Watermelon-rind pickles, pear preserves, brandied peaches, and other ways to keep summer on the kitchen shelf all year-round

By Edna Lewis

RANDIED EACHES

paring peaches in my Aunt ny's day was quite a task. First all, peaches were deliciously et and covered with a kind of ol or fur. To prepare them for ndying, she would drop the ches for a few minutes into a of boiling hot water containing mall quantity of lye—it helped remove the fuzz from the ches. After a minute or two, would quickly dip them out d rub them with a clean, coarse th, removing the fur and some the skin. Then she would wash m in cold water and dry them. e placed them in a stone jar, al- nating layers of brown sugar d peaches until the jar was filled. ally, she poured old brandy er them and tied the jar over h a strong, clean cloth and left m to age until needed. She ved the peaches with thin slices her famous yellow vanilla und cake, something she usually ot on hand on the sideboard. metimes she served brandied aches as an accompaniment to at dishes, especially ham and me.

you live in an area where the ter is highly chlorinated, use ttled water to get the best flavor t of the fruit you are preserving.

gredients

ounds light brown sugar (not Brownulated)
cups bottled water
ounds select peaches (sound, without blemishes, and flavorful)
quart brandy

ethod

ıt the sugar and water in a rge stainless pot. Let set until e sugar has dissolved, then ook gently for 10 minutes.

ash the peaches and rub them y, removing any fur. Add the eaches, unpeeled, to the kettle of sugar syrup. Cook until tender when pierced with a pointed toothpick, about 30 minutes over low heat. Do not overcook. Remove from heat. With a slotted spoon, remove the peaches from the syrup and place them on a platter in a single layer. Return the syrup to the heat and cook until the syrup is reduced by ⅓. Add an equal amount of good brandy to the syrup, heat thoroughly, and add the peaches (discard the syrup left on the platter).

When the peaches and syrup are hot but not boiling, fill 8 1-quart sterilized, hot jars with the peaches and pour over enough syrup to cover the peach at the top of the jar. Try to gently press the top peaches under the shoulder of the jar and fill within a fraction of the top. Wipe the top rim of the jar before placing the rubber ring on it. Set jars in a draft-free place until cool. Store in a cool, dark place. Makes 8 quarts.

OM "THE TASTE OF COUNTRY COOKING" BY N S. LEWIS. COPYRIGHT © 9 6 BY EDNA W S. REPRINTED BY PERMISSION OF ALFRED A. OPF INC.

Edna Lewis was brought up in Virginia in a farming community called Freetown, founded by her grandfather and other newly freed slaves. In her new book, *The Taste of Country Cooking* (Knopf), from which these recipes for pickling and preserving are taken, Mrs. Lewis reminisces on "the rituals of gardening, harvesting, preserving the harvest, and, every day, preparing delicious foods that seemed to celebrate the good things of each season." Now living in New York and working for the Museum of Natural History, Edna Lewis often returns to Virginia to relive old times with her family. "I realize that as we share again in gathering wild strawberries, canning, finding walnuts, picking persimmons, and making fruit cakes, how much the bond that held us had to do with food." This, combined with her awareness that the young people who are interested in natural farming today want to know how things were done in the past, has prompted her to share her own memories, recipes, and wisdom in this lovely new book.



GARDEN STRAWBERRY PRESERVES

Ingredients

3 cups strawberries, well washed and hulled
2½ cups sugar
paraffin

Method

In a bowl, crush the berries slightly with a clean, odorless, wooden pestle or a strong ceramic mug. Add the berries to a nonaluminum saucepan and set over low heat.

Heat the sugar either in a double boiler or in a dish in the oven, being careful not to brown it, but making sure it becomes very hot (about 10 minutes in a 350° oven).

Pour the hot sugar over the berries, turning the burner up while stirring the sugar around. The cooking should be as brisk as possible without scorching; it should take about 9 minutes in all.

As soon as the preserves begin to boil, skim off the scum with a wooden or silver spoon. It is much better to skim while it's rapidly boiling, because that seems to cause the scum to remain in a mass, and it's easy to dip it out without getting too much of the syrup.

After 9 minutes of rapid cooking, pour the preserves into 5 5-ounce sterilized, hot jars, filling to about ⅛ inch from the top. Cool. When cold, carefully melt paraffin and pour into the filled jars. When paraffin is cool, put on the lids and seal.

PEAR PRESERVES

At snack time we loved to use pear preserves as a filling for hot biscuits—or even cold ones. Its meaty texture and spicy clove flavor made it so appealing there was seldom any left once we'd opened a jar.

Ingredients

3 pounds pears, preferably Keifer, peeled, cored, and cut into 8 slices
2½ pounds sugar
½ cup water
8 whole cloves (tied in clean cheesecloth)
paraffin

Method

Place pears in a 5-quart, wide-bottomed, nonmetallic pot. Sprinkle over with the sugar, add water and cloves, and set the pot over low heat until contents begin to simmer.

Continue to cook the pears gently for an hour. Remove them from the burner and leave to set overnight.

Next morning put the pears back on medium heat and cook gently until the syrup thickens and the pears turn a clear amber color, about 45 minutes.

Continued on page 98

Pickling was part of mother's everyday work. She would set the pickles to cook after supper, leave them to marinate overnight, canning them the next day or the day after

PICKLING AND PRESERVING
continued from preceding page

Remove cloves and fill 8-9 5-ounce sterilized, hot jars with the hot pear preserves to ½ inch from the top. Then pour melted paraffin over the tops of the jars to fill them completely, and place lids on top. Store in a cool, dark place.

GREEN TOMATO PRESERVES

Our season for preserving garden products was brought to a close with two of the most exotic fruits: green tomatoes and a vine fruit known as citron. Our vines were loaded with tomatoes that had no chance of ripening in the cool weather of late September and had to be gathered early to avoid being bitten by the first early frost. Some of the green tomatoes were wrapped in tissue paper and stored in a cool, dark place on the dirt floor, then proudly presented at hog killing or Christmas; others were made into chow-chow pickles. But best of all, we liked green tomato preserves. Their taste on a hot biscuit is very much like that of mild honey. These were the preserves we liked to present when company came.

Ingredients

3 pounds uniform size (2-2½ inches in diameter) round, firm green tomatoes, washed and dried
3 pounds sugar
2 slices lemon, ¼ inch thick
paraffin

Method

Cut a slice off the stem end of each tomato making a flat, smooth surface, and slice away any blemishes. Then prick them in 4 or 5 places with a needle. Place the tomatoes in the preserving kettle (5 quarts), sprinkle with sugar, and leave to set overnight. By morning the sugar will have dissolved and there will be enough liquid to cook the tomatoes.

Add the lemon slices and set the kettle on medium heat. When the contents begin to simmer, lower the heat to keep the kettle at a steady, slow simmer for 1 hour. (By that time the tomatoes will have become quite transparent.) Remove from heat and leave to rest overnight.

In the morning set the kettle over high heat until it just begins to boil. With a slotted spoon lift the tomatoes one by one out of the pot and place them in a bowl. Strain the syrup through cheesecloth or a stainless strainer, catching all of the loose seeds that fell out in the cooking. (There will be plenty more seeds in the tomatoes.)

Return the tomatoes and syrup to the kettle. Reheat the preserves to a simmer and pour them into sterilized jars. Pour over ⅛ inch melted paraffin. When the paraffin cools, screw on tops, label, and place in a cool, dry place. Makes 8½ pints.

GRAPE JELLY

In the fall, fox grapes reveal their presence by giving off a strong aroma of grape that permeates the woods along the streams where they grow. We knew from the aroma that they were ready for gathering. These wild grapes are excellent for jelly-making. Their flavor is sharp, and the jelly makes a perfect accompaniment to fresh pork and game. Mother always used it to fill a simple butter cake, which we called jelly layer cake.

Ingredients

1-2 gallons wild grapes
1 cup bottled water
3 cups sugar
paraffin

Method

Wash the grapes in 2 gallons of cold water and pick the grapes from the stems. Discard all blemished ones. Put a few grapes in a 5-quart nonmetallic kettle and mash with a wooden pestle. If possible, it is good to add some green grapes. Add bottled water. Add more grapes and crush until all are used up.

Set the kettle over medium heat to start cooking. Cook gently for 25-30 minutes. Remove from the heat and pour the grapes into a colander set over a bowl. Press the juice through with the pestle. Discard the pulp and pour the juice into a gallon glass jar. Let set overnight.

Measure out 3 cups of the juice into a preserving kettle. Be careful to leave behind the residue that settles to the bottom of the gallon jar. It is best to cook the jelly in batches of 3 cups at a time. Add an equal amount of sugar that has been heated in a 350° oven for 10 minutes.

Set to cook over medium-high heat until the juice remains firm when dropped on a cold saucer, or try the spoon test: After cooking for 15 minutes, insert a spoon into the boiling jelly. Lift the spoon above the kettle, holding it sideways. If the juice drops off by running into the center of the spoon, forming 2 drops, and the whole mass falls away in a sheet, it is ready to pour into the jars, filling each ¼ inch from the top. When cool, melt some paraffin and pour ⅛ inch into the jar. Leave to cool. When cool, screw tops on, label, and store. Makes 12 ½-pint jars.

WILD BLACKBERRY JELLY

Blackberry jelly is very simple to make because of the high pectin content of the berries. If the berries are bought in city markets and freshness is uncertain, use equal amounts of sugar and juice. The pectin content is higher in fresh-picked berries and less sugar is required.

Ingredients

1-2 gallons blackberries, picked over, well washed and drained
2½ cups sugar
paraffin

Method

Put about 3 cups berries in a 5-quart nonaluminum pot, crushing them with a potato masher or pestle. Add the rest of the berries and set the kettle over medium heat. Bring to a boil, adjust the heat, and stir with a clean wooden spoon, making sure that the berries do not burn or stick. Cook slowly but thoroughly for 25-30 minutes, depending upon how many berries you are cooking. Stir them thoroughly while they are cooking. Remove ke from stove and cool a bit.

Mash the cooked berries a pour them through a coa strainer into a bowl. Make a b of unbleached muslin or lir napkins and pour the strair juice into it, then hang it or hook that is arranged so t juice drips into a glass j Leave to drip overnight or u it is finished.

Heat the sugar for 10 minutes 350° oven, leaving the door aj

Measure out the juice and co only 4 cups of it at a time; sm batches will hasten the cookir Put 4 cups juice into a wi saucepan and bring to a bc While it is boiling, add t heated sugar and stir to preve from caking. Cook rapidly for 1 15 minutes, then test for jelli point. This is important, becau juice can cook beyond the sta at which it jells.

Pour into sterilized, hot jars a fill to ⅛ inch from the top. S in a draft-free place to co When cold, melt enough paraf and pour over to fill the rest the space in the jar. When pa affin becomes cold, cover a store in a cool, dry closet. Mak 12 5-ounce jars.

SPICED SECKEL PEARS

Seckel pears were one of the ear est ripening pears, delicious sweet and crisp; we used the principally to make a condime of spiced pears. The size, firmne and, of course, their flavor, as w as their attractive shape and col make them just right for preser

JAMES MATI



Many preserving recipes begin "take a big pot." This one, in stainless steel by Ekco Housewares has a vapor-seal rim; $32.95. A canning-jar lifter with nonslip handles that hold hot jars securely; $1.49. Stepped canning funnel fits wide-mouth and regular jars; 98¢. A skimmer $1.39. Always helpful, a large spoon; $2.50. All by Ekco. Wide-mouth canning jars with screw-on lids in pint, quart, and ½-gallon sizes; by Ball. All available from your local hardware stores.

ıg. Jars for preserving all spiced uit and pickles should be glass ith wire clamps to hold top in lace. Because vinegar corrodes ıetal, glass or cork tops are the nly safe sealers.

ıgredients

teaspoons whole cloves
pounds brown sugar (not Brownulated)
cups vinegar
pounds firm Seckel pears, washed and peeled, stems on

Aethod

ı a large, nonaluminum sauce-an place the cloves, brown ugar, and vinegar. Set over me-ium heat, bring to a gentle boil, nd cook for 5 minutes. Add the ears to the syrup and simmer ently until tender when pierced ith a sharp toothpick. Remove rom heat and leave to set over-ight.

he next morning, remove the ears, strain the syrup into a lean saucepan, heat to a boil. eturn the pears to the syrup nd boil briskly for 5 minutes.

ill hot, sterilized jars with ears. When full, press the pears ently under the shoulder of the ar and fill the jar to the top with he syrup. Wipe the rim of the ar and seal. Cool in a draft-free lace. Store in a dry, cool place. Aakes 5 quart jars.

WATERMELON RIND PICKLES

During the melon season we en-oyed many afternoons tasting the lifferent kinds of watermelons. Afterward we would carefully se-ect the thickest rinds and prepare hem for pickling. We also saved he seeds from the sweetest melons nd put them out to dry as our eed for the next season's planting. The varieties we always planted were Jackson, Congo, and Tom Watson. They were very large nelons and also very sweet.

ngredients

' large watermelon
' tablespoon salt
' teaspoon alum powder
' gallon cold water
½ ounce Ceylon stick cinnamon
2 pieces dried ginger root
' piece fresh ginger root, if available
2 blades mace
3 pounds sugar
4 cups cider vinegar
3 slices lemon with seeds removed

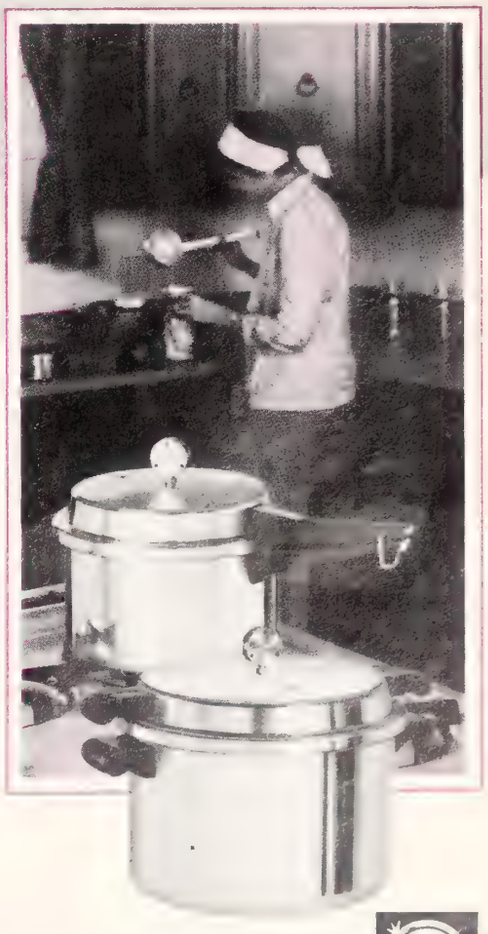
Method

Cut off the green outer skin of the watermelon and discard any oink flesh left inside because that becomes very tough when oickled. Cut the trimmed pieces

Continued on page 102

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American whiskey: In good spirits

William Rayner travels to Louisville and finds out everything you've always wanted to know about America's national drink. He adds some great recipes for using it in cooking and drinking

There is something to be said about the brand of politeness that a visitor to Louisville, Kentucky encounters—it is more than an act of charm, it is the act of an extra effort. Taxi drivers scurry around to open the door, hostesses introduce you to all their guests, waiters clear a table you want in the corner rather than park you in front of the kitchen door, and makers of fine Bourbon, much of which comes from here, distill their products twice to remove impurities.

In this land of the extra effort, the three B's—blue grass, blue-blooded horses, and Bourbon each to some degree owes its unique quality to the limestone water found only here. For Bourbon, this water is essential. Use any other and you have a different whiskey. The deep limestone wells yield a 55°F. water all year long (some Louisville oldtimers claim that the limestone water comes from an underground river that starts around Toledo, Ohio and follows the Ohio River down to its conjunction with the Mississippi River —if so, it's around Louisville that the river gets a real working over). This water, when mixed with corn, is the basis of Kentucky "sippin' whiskey." Bourbon is, of course, our national drink, made according to strict specifications set down by an act of Congress. It must be made in the United States, must contain in excess of 51 percent corn, be at least 80 proof, be aged in new charred white oak barrels, and not to be distilled in over 160°F. There can be no additives such as coloring agents, artificial flavoring or neutral spirits. It is a completely natural product.

Though corn, the "big grain," must comprise 51 percent of the cereal used, in reality most distillers use 65 to 70 percent. The "small grains" are malt barley, rye, or wheat. They are ground, mixed with limestone water, and cooked in mashing tubs, where the malt barley converts the starches into sugar. The warm mash is then pumped into great cypress-wood fermenting tubs where yeast, "that prolific microorganism [illegible] racious appetite for sweet[illegible] to work and converts the [illegible] neé starches into alcohol. To these fermenting tubs are also added a portion of the distilling residue, "spent beer," from the previous run, which assures conformity. The fermented "beer" is then pumped into the top of a slender copper cylinder that looks remarkably like a three-story cigar, where jets of steam admitted from below meet the gentle malt cascade as it works its way down. The steam vaporizes the alcohol separating it from the other elements and rises off the top through an opening into a condenser, where the vapors return to a liquid state when cooled. The better Bourbons are distilled a second time—the extra effort. Each distillery then adjusts the proof to satisfy its own requirements by adding more water from the limestone wells. Then the whiskey is stored in deep, charred, 50-gallon, new white-oak barrels for a legal minimum of two years—but in almost all cases, this is at least four years. Barrels are stored on open racks in warehouses to which the federal government keeps the key and guard this key well they do, for distilled spirits yield some 5½ billion in federal taxes.

The kegs in which Bourbon is aged are made from white oak and may be used only one time. They are charred on the inside and the mingling of the spirits with the wood under char is what gives Bourbon its deep color and distinctive flavor. How this process was arrived at is the subject of many fables, the most commonly accepted being that a cooper while heating staves at an open fire in order to curve them properly accidentally caught some on fire. Being thrifty, or sloppy, the old man used them anyway and the resulting whiskey tasted so far superior to the rest of his product that [illegible] began charring all the barrels. Others followed, and now it is a standard practice. Once used, the kegs [illegible] to the Caledonians, Canadians, and other purveyors of blended whiskey.

The proof of a whiskey is the strength by which distilled spirits are gauged—a measurement our forebears established by the simple [illegible] rather dangerous procedure of mixing their whiskey with gunpowder and lighting it. If the experiment blew up in their faces, the whiskey was too strong; if it fizzled out, too weak; but if it set off a steady burning blue flash, it was 100 percent right, or 100 proof. (In short, the proof is double the alcoholic content.) It was important to get it right, for early on we used whiskey as a medium of exchange. In Lexington, the church accepted donations in good "merchandiseable whiskey." Abe Lincoln's father took it as partial payment for his Knobs Creek farm, and our frontiersmen exchanged it for buffalo and beaver pelts.

In Louisville, they are still concerned about getting it right, and many of the families whose ancestors first started distilling spirits a hundred or more years ago are still at it. The Beams (Jim Beam), who started "mashing" about 1870, carry on. The Browns (Old Forester, Early Times), came on the scene in 1872 and still run their company. The Thompsons (Kentucky Tavern, Yellowstone), have been at their desks each morning since 1872, and the Samuels, who began making whiskey about 1840, still watch the still. Their singular brand, Maker's Mark, is unique and their tiny distillery set by a brook in the rolling hill country outside Loretto, Kentucky, has enormous charm. A slightly larger distillery (Old Fitzgerald), just outside Louisville, is surrounded by magnolia trees and until recently was owned by the Van Winkle clan, who have been brewing since the middle of the last century. I asked one practitioner how he accounted for generation after generation of children going into the business rather than wandering away from home like the rest of us do. "We are," he answered, "a paradoxical people who like to stay home and let our product wander. You know," he added, "the word 'paradox' was coined in Kentucky." I said that I did not know that and rather doubted the statement. To which he responded:

"In the blue grass region
A paradox was born.
The corn was full of kernels
And the colonels full of corn."

Amen, brother.

While commercial distilling w[illegible] not practiced on a large scale un[til] after the Civil War, the people w[ho] practiced the art came to Louisvi[lle] just after the Whiskey Rebellion [of] 1794, when Hamilton thought [to] raise money by placing an exc[ise] tax on alcohol. Though neither t[he] Rebellion nor the tax (at that tim[e] proved very successful, the Per[n]sylvania Scotch and Irish, who a[l]sorbed most of the punishment, u[p]staked after the Rebellion a[nd] moved to Kentucky—a more co[m]fortable distance from the Capi[tal] and any further inspirations [they] might have.

Most of them ended up on t[he] main street in Bardstown, 40 mi[les] from today's downtown Louisvil[le]. A beautiful town, it has some [of] the best Federal architecture in t[he] South, along with Stephen Foste[r]'s "Old Kentucky Home." Life mu[st] have been cozy with all tho[se] Beams, Browns, Samuels, Thom[p]sons, and Van Winkles next do[or] to each other, but the kissing cou[s]ins competed like tigers when th[ey] left their "live and love in o[ur] home town." It seems that th[ey] were forever putting tenpenny nai[ls] in the competitive brand, whic[h] turned it as black as ink and u[n]drinkable, or garter snakes or sa[w] or some such thing when the ba[r] man was not looking. George Ga[r]vin Brown, the great-grandfath[er] of the present chairman of Brow[n] Foreman, blew the whistle on thes[e] practices by bottling, sealing, an[d] labeling each unit of produce. H[e] was the first on his block to do so.

Sad to report, the Father of ou[r] Country did not make Bourbo[n]. He made rye, another of the 3 types of whiskeys that our goverm[en]ment standard recognizes. Unfo[r]tunately, today rye is about as har[d] to find as a private still; only Ol[d] Overholt, Wild Turkey, and Mou[nt] Vernon are generally available.

Public taverns have always bee[n] and continue to be integral t[o] American life. As far back as 172[0] the general court of Massachusett[s] ordered each town to "present [a] man to be allowed to sell wine an[d] strong water lest the public suffe[r] from lack of accommodation." Patrick Henry made sure that hi[s]

ıe grass, blue-blooded horses, and Bourbon—each to some degree e their unique quality to limestone water

w Virginians were not going to er from lack of accommoda- " either and chartered the)pen-for-business Talbert Tav- in Bardstown) where Andrew son, Henry Clay, Abe Lincoln, Louis Philippe—who would me king of France—(an un- y combination of clients), re- l at one time or another. At period, the "strong water" was ght whiskey, as opposed to the ded whiskies that appeared in this country. The differ- between these two is simply the straights are made from ıented grain mash distilled at than 160 proof; the blends are posed of at least 20 percent by me of 100 proof straight whis- and, separately or in combina- , whiskey or neutral spirits— resulting combination must be less than 80 proof. Neutral its in turn are grain mashes dis- d over 190 proof, which elimi- s all discernible traces of whis- aroma and flavor. There are blended Bourbons and blended , containing at least 51 percent 00 proof straight Bourbon or While the straights argue that r spirits are the unadulterated lt of nature and time and there- the "real thing," the blends ntain that they are the chefs of trade, who subtly combine in- lients to create a better taste of erior uniformity. (In Seagram's)., a Canadian blend, the chefs ıbine 120 different ingredients nake their brew.) At one point polemics between the makers he straights and the blends got hot that a president of the ted States, William Howard t, had to step in to arbitrate a ision as to whether blends uld bear on their labels the d "imitation." He ruled that h straights and blends were real skeys and that blends should be branded imitations. Thanks this monumental decision, we now reveal that different as ir products might taste, Nation- Distillers (Old Grand-Dad, Old lor, Old Crow), Schenley (I.W. rper), Seagrams (Four Roses, grams 7 Crown), and Hiram lker (Imperial) all make whis- . The Canadians make a whis- too (Canadian Club, Sea- m's V.O. and Crown Royal, and ndsor Supreme, Black Velvet tled in the U.S.), and a very ıt-bodied, delicately flavored nd it is. By their standards, it st be aged for two years, but in ıctice most Canadian whiskey is years old. The formula for their ional drink it not specified by . so the proportion of grain, the ishing process, and type of keg)operage) in which it is aged nain the distiller's secret.

Present-day American drinking habits have created a new direction in American whiskey. Because Americans seem to love to "mix" anything they can find in the larder with their whiskey (lemons, oranges, eggs, milk, tomatoes, consommé, tea, pineapple, butter), distillers have been obliging us with lighter whiskeys, such as Crow Light, QT, Galaxy, XL Xtra Light, and Mr. Boston Light, which have a less pronounced flavor.

Light whiskey may be camouflaged by its "mix," but the aroma of Bourbon always remains a subtle part of the taste. Used properly, Bourbon will not dominate, permeate, or act the extrovert; neither will it be completely overshadowed —it is too proud a drink for that. After all, it comes from Kentucky where, as they say:

Mountains tower the proudest
Thunder peals the loudest
The landscape is the grandest
And politics the damndest.

They also have some first-rate cooks who know how best to use the native brew.

CREME KENTUCKY

Ingredients

½ cup granulated sugar
4 egg yolks
1¾ cups milk, scalded
1 teaspoon vanilla
1 tablespoon Bourbon

Method

Put the sugar in a saucepan and slowly add egg yolks, whisking for 2-3 minutes until mixture turns pale yellow, creamy, and thick enough to form a ribbon when it falls back into the pan.

Put the saucepan over low heat. Gradually add hot milk and stir until sauce thickens and coats a spoon. Do not boil. Remove from heat, cool for 2 minutes, and strain through a fine sieve.

Add vanilla and bourbon. Mix well. Cool in a pan of cold water until sauce reaches room temperature. Refrigerate until ready to serve. Serves 6.

COFFEE MOLD WITH BOURBON

Ingredients

1 pint heavy cream
4 tablespoons Nescafé
3 tablespoons granulated sugar
4 tablespoons Bourbon
butter

Method

Whip cream until stiff. Fold Nescafé, sugar, Bourbon into cream. Butter 4½-cup ring mold, add cream. Freeze 2 hours. Unmold, serve. Serves 6.

RYE AND HONEY

Ingredients

1 teaspoon honey
2 ice cubes
twist of lemon
3 ounces rye

Method

Place honey in an Old-fashioned glass with ice and lemon peel. Add rye, muddle, and serve.

MINT JULEP

This is one of the classic Mint Juleps from Louisville.

Ingredients

1 teaspoon granulated sugar
1 teaspoon water
4 sprigs mint
crushed ice
2 jiggers Bourbon

Method

In a tumbler, preferably silver, dissolve the sugar in the water. Bruise 3 sprigs of mint and add to tumbler. Fill ¾ full with crushed ice and add Bourbon. Trim the ends of the last mint sprig and stand up in ice. Cool in the refrigerator until tumbler becomes frosted.

OLD-FASHIONED

This drink was first made in the Pendennis Club in Louisville where a bartender added Angostura bitters to a sugar-sweetened Bourbon and water, then got carried away by adding a slice of orange and a maraschino cherry. In any case, prepared properly, it is a marvelous drink.

Ingredients

1 lump sugar
dash Angostura bitters
2 drops cold water
2 ice cubes
2 ounces Bourbon
slice of orange
maraschino cherry
twist of lemon peel

Method

Place sugar in an Old-fashioned glass with the bitters and water and muddle until sugar is dissolved. Add ice and Bourbon, stir, garnish with orange and cherry. Twist in lemon peel.



The Shin Warmer.

Chairs like this one sat beside many a Colonial hearth. For reasons much more practical than aesthetic.

With their low seats and high backs, they were ideal for tucking Colonial knees up under Colonial chins, and basking in the warmth of the fire.

The Shin Warmer, is adapted from that Colonial chair. It's a special solid cherry Bicentennial edition. With a kit for making a "Tree of Promise" needlepoint cushion cover.

See it at your furniture dealer's. (Or send us the coupon.)

The Shin Warmer. It saw your ancestors through many a long, cold winter.

It can give your home a nice, warm feeling, too.

AMERICAN DREW

Dear American Drew: I'm enclosing $1.00. Please send me your catalogs of Colonial furniture, and more information about the Shin Warmer chair.

Name _____

Addr _____

City _____ State _____ Zip _____

602

A company dinner table was studded with cut-glass dishes—rounds of jade-green cucumber pickles, dark amber Seckel pears, and pale green squares of transparent watermelon rind pickle

PICKLING AND PRESERVING
continued from page 99

into 2-inch strips or 1½-inch squares. Rinse well.

Mix the salt and alum together with the water in a large pot, stirring until both are dissolved (the alum firms the rind). Add rind to soak overnight. In the morning, remove the rind and wash in cold water 2-3 times. Drain well.

Tie the cinnamon, ginger root, and mace in cheesecloth. Dissolve the sugar in the vinegar in a 5-quart, nonaluminum cooking pot. Add the spices and lemon and set over medium heat. Bring to a gentle boil and cook for 10 minutes.

Add the rind pieces. Bring to a gentle boil, and cook at a good simmer for 30 minutes. Remove from heat, discard spices, and let set overnight.

Reheat next morning to a gentle boil. When heated thoroughly (15 minutes), fill hot, sterilized jars with the pieces of rind. Boil syrup, then pour it over pickles, covering them with syrup.

Insert a dinner knife into each jar, pressing it against the pickles to release any air bubbles. Gently press the pickles under the shoulder of each jar. This will keep the pieces from floating to the top of the jar. See that the syrup is covering the pickles. Wipe the rim of the jar and seal. Cool in a draft-free place. Store in a dry, cool closet. Makes about 3½ quarts.

CUCUMBER PICKLES

In midsummer, mother would make a 25-gallon barrel of brine, using water and enough salt to float an egg (a test of the strength of the brine). The barrel was placed in a cool, shady spot. Every morning while the dew was still on the vines, mother would pick the medium-sized cucumbers with some of the stem left on and drop them into the brine. She repeated that until the vines stopped bearing. The brine was covered with a thick layer of grape leaves from the arbor. In early October she would begin making pickles. This continued late into the fall. Our pickling cucumbers were about 3½ inches in length, rather bumpy, with light and dark green streaks running the length of the cucumber. The garden variety can be found in some markets in fall.

Ingredients

½ cup salt
2 gallons cold water
6 pounds cucumbers, washed, dried, cut in ¾ inch thick rounds
½ tablespoon alum powder
1 quart cider vinegar
2 pounds granulated sugar
1 pound light brown sugar (not Brownulated)
1 3-inch stick Ceylon cinnamon
1 2-inch piece fresh ginger root
3 tablespoons mixed pickling spice

Method

Make the brine by bringing a gallon of water to a full boil, adding the salt. Stir well, remove from heat and cool.

Drop cucumbers into the cold brine and leave to set overnight. Next morning, remove the cucumbers, wash them in a pan of cold water, and place on a dry, clean towel.

While the cucumbers are draining, bring the second gallon of water to a boil, add alum, stir well, and plunge all the cucumbers into the boiling water. See that all of the pieces are touched by the hot water. Remove from the heat and leave in the alum-water for an hour. Remove, plunge into cold water, and rinse well. Place on a clean towel to drain.

Put the vinegar, white and brown sugar in a large stainless or enamel pan. (We always line our 5-quart cooking pan with clean grape leaves before adding the cucumbers; if you can find unsprayed grape leaves, I recommend doing it this way.) Tie spices in cheesecloth and add to pot. Bring the mixture to a boil and cook for 15 minutes. Add the cucumbers and cook steadily, but gently, for 45 minutes. Remove from the heat and set in an out-of-the-way spot until the next day.

Drain the juice from the pickles and boil it for 15 minutes. Remove spices, and add cucumbers. Heat very hot, cooking the cucumbers no more than 3-4 minutes.

Fill hot, sterilized jars with the cucumbers first, then add the syrup. When the syrup has filled the jar up to the shoulder, take a table knife and insert it into the jar to release any air bubbles. Take the back of a wooden spoon and lightly press the pieces of pickle under the shoulder of the jar, then fill the rest of the jar with the syrup. Seal. Cool in a draft-free spot. When cold, store in a clean, dry place to age. Makes 7 1-pint jars.

DAMSON PRESERVES

The damson tree was one of the most popular in our orchard; more fuss was made over the tree than the preserves. It was a prolific bearer of hundreds of small plums, the shape of birds' eggs, of intense navy-blue with a purple tinge. Damson preserves have a tangy and distinctive flavor, especially when preserved with their pits intact, and are particularly good with all kinds of meat. If you watch carefully, you'll find damsons still available in the market for a short period in late September. Get them when they first appear, while they are new and high in pectin count, and preserve them quickly—any delay will cause the fruit to dry out and loose its tangy flavor.

Ingredients

3 pounds sound, blemish-free, damson plums, washed and drained
2½ pounds sugar
paraffin

Method

Prick each plum a few times with a stout needle. Place the damsons in a 5-quart enamel kettle, sprinkle over with the sugar, and leave overnight.

In the morning set the kettle over medium heat, bring to a simmer, and cook until the plums are tender and the syrup has become thick. (Cook only until the fruit is tender and the syrup is a clear, wine-plum color. If the syrup turns brown, it is overcooked.) Remove the preserves from the heat and leave to rest overnight.

The next morning heat the preserves until just hot and pour into sterilized jars, filling them to ¼ inch from the top. Pour on ⅛ inch melted paraffin. When the paraffin cools and sets, screw on tops and place in a cool, dry place. Makes 6 5-ounce jars. ■

SUMMER PARTIES
continued from page 91

Method

Put oil in a wok or skillet an bring it to high heat. Add carrot and stir-fry 1 minute. Add celer and zucchini and stir 1 minut Add chicken broth or water an cover. Cook 30 seconds. Ad snow peas, cover, and cook 3 seconds more. Season with sa and pepper, stir, and serve a once. Serves 6.

INFORMAL DINNER

Chilled minted pea soup*
Rare tenderloin of beef with mushrooms and artichoke hearts*
White turnip pudding*
Feathered fennel salad
Pineapple ice on sliced peaches with puréed strawberries

MINTED PEA SOUP

(45 calories, demitasse serving

Ingredients

1 teaspoon whipped margarine
¼ cup onion, chopped
1½ cups seasoned chicken broth
2 cups frozen peas
2 outside lettuce leaves, iceberg or romaine
¼ cup parsley sprigs
2 sprigs fresh mints, or more
1 cup skim milk
chopped mint, chives, or grated orange zest for garnish

Method

Melt margarine in a saucepan. Add onions and ½ cup chicken broth and cook over medium heat until onions are soft. Add peas, lettuce, parsley, and mint. Cover and cook 2 minutes. Add remaining broth and bring to a boil. Remove and cool.

Put soup in a blender or a Cuisinart food processor and blend until smooth. Add milk. Chill well in refrigerator. Serve garnished with chopped mint, chives, or grated orange zest. Serves 6. Can be served hot.

BEEF TENDERLOIN

(225 calories, 2-ounce serving)

Ingredients

1 3-4 pound tenderloin of beef, trimmed
salt, pepper
1 onion, sliced
¼ cup beef consommé
6 large mushrooms, sliced
3 artichoke hearts, fresh or canned
1 tablespoon fresh green peppercorns
chopped parsley

…od

beef with the salt and pep- Place beef on top of onion …s in a roasting pan. Roast in …eheated 450° oven 25 min- for medium rare. Remove and place on platter. Keep …n. Add consommé to roast- pan and deglaze pan over heat. Add mushrooms and … in the basting juices for 3 …utes only. Slice artichoke …ts and heat in basting juices warmed through. Add green …ppercorns.

…e beef on bias and pour pan …es over. Sprinkle with pars- Serves 12-14.

WHITE TURNIP PUDDING

(37 calories per serving)

Ingredients

8 medium white turnips, peeled and sliced
2 tablespoons onion, chopped
½ cup skim milk
salt, pepper
2 egg whites, beaten stiff
butter

Method

Cook the turnips and onion in a steamer or in boiling water until tender; be sure not to overcook the turnips. Drain, whip thoroughly in a blender. In a large saucepan heat the milk and add whipped turnips. Cook until milk is absorbed. Cool.

Add salt and pepper to taste to turnips and fold into the egg whites.

Pour into a lightly buttered casserole and bake at 350° until puffed and lightly browned.

Or omit egg whites and serve sprinkled with chopped parsley or chives. Serves 6. ■

…erican painting

…inued from page 88

…en James knew are likely to … convictions, and to hold to …n strongly. But in all else, …ry James got it right, and John …er Sargent got it right, too— …n down to the gracefully ef- …d look of the husband who got into the painting as if by …sight.

…he best American paintings are of people having a good time. …the best American paintings? not quite: but enough of them …us to spot the long line of sheer …oyment, which runs from Wil- …n Sidney Mount's *Eel Spearing …Nantucket* and *Dancing on the …n Floor* to George Caleb Bing- …n's *Jolly Flatboatman in Port* to …nslow Homer's *Long Branch, …w Jersey* and Thomas Eakins's *…x Schmitt in a Single Scull.* Of …rse there are very good Ameri- pictures that don't fit into this …gory at all—above all, perhaps, …ost the entire output of Edward …oper and some grim and famous …ges from the 1920s and 30s. … would the American art of own day be worth talking …ut if it took no note of the …ded self as it has been made …miliar to us by R. D. Laing. …lip Pearlstein, Alfred Leslie, …ce Neel, and David Levine in small painted portraits are …r Americans who have thought …g and hard about what it is to be a human being in the …'0s. But as it is with the Ameri- character, so it is with Ameri- painting: between Memorial …y and Labor Day there steals …r many a robust nature a kind amnesty, during which dark …ughts are set aside.

Alex Katz is a painter who re- …nds to that period of amnesty …h a particular fullness of feel- . He is a poet of the far white …, the overladen canoe, the clear …ng brow open to the sun. A …l collective well-being per- …ates his paintings, and it is a …ll-being, which allows of no ex- …ptions. The old and the young, the active and the indolent, the instinctive and the disciplined—all benefit by it. Nobody gets jealous, nobody loses his temper, nobody has to stay home and do the dishes while everyone else is on the beach. Katz is very good at summer ways, summer costumes, summer conversation, and summer surprises. A painting like his *Summer Picnic* is in its way a portrait of paradise: or perhaps we should say that it is how the *Peaceable Kingdom* of Edward Hicks would look if it were transferred from the animal to the human sphere. The scene that Alex Katz presents to us is one in which the only possible misfortune on the horizon is that the brand-name Bourbon is down to its last inch. It could be sentimental, but somehow it isn't. (For one thing, the observation is too crisp.) As happened in the Edward Hicks and again in the John Singer Sargent, something important about America has been set down once and for all and our craving for identification is to that extent assured. ■

Columbus

continued from page 83

The renewal area also includes a new post office, designed by Kevin Roche and John Dinkeloo. But the area is not by a long chalk entirely new. Washington Street itself is much as it used to be, the turn-of-the-century shop fronts brightened with paint (a color scheme of pastels designed by Alexander Girard), the total vista improved with added canopies and refined signs. Mr. Miller himself has an office in a remodeled 1881 bank building used by his great-grandfather.

There's no doubt, though, that urban renewal has promoted a competitive spirit among local business people to put up top-quality building. A case in point is the local newspaper, *The Republic,* whose new headquarters, a glass pavilion by Skidmore, Owings & Merrill, received an A.I.A. award last year. "We could have certainly created a suitable newspaper building for less cost," reflects the editor Mr. Stewart Huffman, "but there is a high standard of architecture, a feeling, a concern for putting up something that is attractive. You can't justify it from an economic point of view. The commitment in this town is to the quality of life."

And the quality is constantly improved, with Mr. and Mrs. Miller continually adding icing to the cake from their personal funds. The great Henry Moore sculpture outside the Pei Library is one of their gifts; so is the series of sculptured horses by Nivola around a tree in one of the school grounds. They invited and joined others in contributing to new landscaping by Dan Kiley to link a number of the modern buildings.

It would be foolish to pretend that the development in Columbus is totally without critics. There are murmurs that the open corridor education system isn't disciplined enough, that some children encouraged to learn to read at their own speed never read at all. The town's insistence on orderliness on every level recently led to the closing of an attractive and unconventional antique shop on the site of the first gas station in town. Said the owners: "We were told we couldn't have merchandise outside the shop because it looked messy. We needed that display to attract business." A merchant of men's clothes on Main Street objected to his shop being painted pink. But he did get his hearing—and a more suitable color.

But overall, the changes receive enormous approval. And more are in the works. Delapidated city hall is a current focus of attention. So is the old power house down by the river, which is being adapted into a senior citizens center. Like all the other buildings, it will be a demonstration of how Columbus builds and thinks in human terms. ■



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THIS SPACE CONTRIBUTED BY THE PUBLISHER

Education

Innovative school curriculums

Dr. Robert McCabe
Executive Vice-President,
Miami-Dade
Community College



Dr. Robert McCabe, executive vice-president of Miami-Dade Community College in Miami, Florida, sees community colleges as the most vital part of education in the United States today. Over the past 15 years he has watched his institution grow to become the number one community college in the country, covering four campuses with a cast of 100,000 students every year.

There are many things that can keep a person from getting an education—age, language, physical disability, poverty, a family, or a full-time job—but Miami-Dade doesn't believe in barriers. Outreach, a project spread over 317 physical locations within and outside the college's four campuses, has brought courses in volunteer and job skills to the aged and the retarded. Courses in humanities and English/Spanish are helping "Little Havana" (Miami's Spanish-speaking sector) break into the American educational system.

Open College, a part of Outreach that's geared to full-time employees or mothers who wish to upgrade their skills or acquire new skills, brings full-credit television courses to the home. These television series, such as *The Ascent of Man,* Dr. Jacob Bronowski's anthology on mankind's achievements in science, living, and the arts, can also be viewed in campus audio-visual centers at any time. Businessmen, for example, can use lunch hours for course work. Students mail weekly miniquizzes to a computer, which sends back a letter rating their work. A final examination is taken on campus at the end of the semester.

The 100 universities that have bought the Open College series from Miami-Dade have helped defray the costs of an otherwise expensive program, and Dr. McCabe, with a generosity reminiscent of Robin Hood, sees that these profits are handed down to the student: Tuition fees are $12 per credit. The rest is reinvested in new programs . . . in more education for the people.

College for the community

Dr. Thelma Harms
Frank Porter Child
Development Center,
University of
North Carolina

For 20 years, Dr. Harms has been teaching and observing young children—how they learn, how they approach school materials, their reactions to adults and peers. She has also been teaching teachers.

At the Harold A. Jones Child Study Center in Berkeley, beginning in 1959, Dr. Harms taught 4-year-olds in an innovative curriculum of her own. As teachers came to observe her classes and ask questions, she started giving workshops throughout the state to parents and teachers.

She noticed that teachers who value school skills (reading, writing, etc.) highly, tend to leave creativity out of the classroom, and teachers who encourage creativity underemphasize skills. As a result, few classrooms provide the range of learning experiences that children need.

Dr. Harms tries to get teachers to take a broader approach: to focus not only on a child's learning, but on his or her physical, social, and emotional development. Her check list, "Evaluating Setting For Learning," helps teachers broaden their scope. It is broken down into 4 areas: physical environment (the room arrangement), interpersonal environment (how children relate to each other and the teacher); activities to enhance development; time schedule. When teachers want to improve a classroom, Dr. Harms notes, they generally start with changes in activities and the schedule. But these often won't succeed unless the physical and interpersonal environments are changed, too. For example, she says, a classroom setting can give children "contradictory messages. The teacher may be trying to prevent running and sliding, while the large, slick expanse of floor invites it."

JO SANDERS



At the Frank Porter Graham Child Development Center at the University of North Carolina, Dr. Harms heads a program under a Carnegie grant for the development of early childhood curriculum. It will emphasize educating the whole child—both in creativity and in learning skills.

One-man anti-crime force

Aaron Kohn
Director, New Orleans
Metropolitan
Crime Commission

There is a disturbing deeply rooted securit corruption," says Aaron K the 65-year-old former man who has headed Orleans's Metropolitan C Commission since 1 Kohn's mission these las years has been to uproot corruption, to "bring the tem of checks and balance work." In that quest he been slapped with libel slander suits ("We won t



INDUSTRIAL PHOTOGRAPHY

all"), thrown into jail ("for disclosing our sources"), called lots of names. But, district attorneys around country, he has done muc keep the city honest. "K is often a Don Quixote," attorney said, "but his w is very, very good. He's on a million."

New Orleans's nonpr

Transportation

Transit marketing

Thompson Nooner
General Manager,
Central Ohio
Transit Authority



The best advertisement for a product is the product itself. And transit is a product," claims Thompson Nooner, 51, who started the nation's first transit market-research program in Cleveland in 1971. "We go a step further than the planning agencies," he explains. "We go directly to the riders and find out what their needs are, where they want to go and how often. The demands we find are usually quite different than what you'd expect using normal planning techniques. And by making the program more responsive, we are making it more viable."

Since Nooner left private industry to develop this program, at least 150 transit marketing directors have been hired in cities around the country. The national transit trade organization, APTA (American Public Transit Association), has developed its own marketing division. And the Urban Mass Transportation Administration sponsored a 3-day seminar last summer on market research in transit systems. Nooner's road has led him to the Central Ohio Transit Authority, where, as general manager, he has seen ridership inc percent since 1973, although the fare has remained the same.

Redesigning mass transit

Carl Sharpe
Assistant Director,
Rice Center for Community
Design and Research

Montreal's attractive subway system is made even more attractive by the office buildings, movie theatres, shopping malls, and hotels that have risen around the transit stops. Architect and practical theorist Carl Sharpe, 33, calls such effective land use "value capture." As assistant director of the Rice Center for Community Design and Research in Houston, he is working with the cities of Los Angeles, Louisville, Chicago, and Houston to make sure they too can capture the most value from their growing transit lines.

"The development of mass transit will be as important as the Interstate Highway System," he says. "But it shouldn't be happenstance. There should be joint development, a combination of public and private interests." Toward this end, Sharpe is evaluating the social, legal, economic, and design aspects of such development and is working with the Urban Mass Transportation Administration to evolve effective policies. His book, *A Value Capture Policy,* is available through National Technical Information Services in Springfield, Va. ($17), and a new volume, meant for public distribution, is on the way.

WILLIAM R. BLACKWELL



Music for hinterland

continued from page 65

Syracuse Symphony's unio union contract allows it split up into ensembles various sizes, which he solve the demand problem it can be several places once. Its eight ensembles clude a small orchestra, Baroque group, a str quartet, and a rock ensemb

Keene tries to saturate area with music instead doing one-night stands. towns a long distance fr Syracuse, the whole orches spends several days prese ing a variety of music—p music with the small orch tra one night, the full sy phony playing classical mu the next, ensemble and ture demonstrations arou the town during the day, well as a heavy schedule school visits. Community ha and high school auditoriu

te/political corruption

vernmental Crime Com-
n was established in
in reaction to disclo-
of the Kefauver Com-
n about organized
in Louisiana. For much
time since, Kohn has
d alone, investigating
ocumenting evidence of
otion and organized
, bringing his findings to
ublic eye, working with
epartment of Justice's
ized Crime Strike Force
n last year presented
vith its first nongovern-
il public-service award).
n is no longer going it
Public backing of the
nission has grown so in
years that the MCC's
of trustees was able to
nt Kohn with a profes-
assistant this spring.



alization

rt Loitz
man,
nal Committee
ax Justice

Loitz runs an upholstery
hop in Akron, Ohio. Four
ago he was a griper,
ed with tax injustices,
ated with his congress-
polite replies to steam-
letters of protest. "I
ed a point where I had
ake a decision," he re-
"And I decided I'd had
gh." So he put together a petition calling for tax reform and circulated it around the state. A half a million signatures and four years later, Bob Loitz runs the Ohio Tea (for Tax Equity in America) Party and is chairman of the National Committee for Tax Justice, a coalition of some 20 professional and local tax reform groups, most of them spin-offs from his original organization. It was in part through the efforts of the NCTJ that the oil depletion allowance was terminated in the 1975 tax rebate bill.

"There aren't enough federal issues to keep us busy year-round," Loitz says. "But the local group stays together working on things that are with us every day: property tax issues, sales and state income tax problems, utility reform." The group runs educational sessions, writes letters, and lobbies for causes such as closing up preferential tax loopholes. And though, Loitz admits, "I didn't call for all the right things in that first petition, I've learned a lot. We're calling for them now."

Culture

mmed for these events.
joy that our music-
ng brings people more
compensates for the
of getting to them,"
Keene.

n meeting

nued from page 65

government officials,
onmentalists, farmers,
small businessmen came
scuss the future of their
To stimulate discussion
provide a wider frame of
ence, people from the
anities field came, too—
rians, a philosopher, a
iage expert, political
tists, sociologists, natu-
s. It was a town meeting
rts, expanded.
orge Greenbank, a young
enter, builder, and com-
ty activist in Telluride,
eived the idea and got
ant from the Colorado
anities Program, funded by the National Endowment for the Humanities. Presentations in the Opera House were followed by small informal discussion groups. Talk focused on such issues as how much development and industry southwestern Colorado can absorb, regional priorities, the values of people in the area, how these values are changing, and how they influence state policy. "The rendezvous makes people realize many of us have the same concerns," he says.

Colorado Plateau Rendezvous II will take place June 12-14 this year in the tiny town of Dunton. Dr. Roger Eldridge of Durango is this year's organizer. Because facilities are limited, it is being billed as an encampment, with tents and sleeping bags substituting for hotels. Dairy farmers, housewives, clerks will be represented on an hour-long video tape that will start the conference.



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BEAUTY AND HEALTH PRODUCTS NEW THIS MONTH IN THE STORES

Where good looks and good health are concerned, it is surprising how some things never change. At the same time the opportunities for personal well-being and comfort offered by today's medical and cosmetic breakthroughs make even the simplest beauty routine a modern miracle. Take nutrition for example . . . *Beauty Checkers* at Henri Bendel is introducing **Bee Pollen from England.** Fresh bee pollen has been considered a special health food since ancient times; the vigorous people of the Urals and Caucasus in Russia (some live to be over 100), include it in their daily diet. This, combined with their rigorous outdoor life in the mountains, may help keep their energy and vitality at a peak for so long—who knows? It could also just be special genes. But if you're in the mood to experiment, the bee pollen is kept fresh for the first time in tablet form. In 30- and 90-day supplies, $6 and $12. Order through Henri Bendel, 10 West 57th St., New York, N.Y. 10019 . . . Leg makeup can enhance legs that aren't tanned for summer. Three shades—light, medium, or dark—come in a creamy formula that give legs an alternative to stockings in summer. **Natural Coverage Leg Makeup** in a 6-ounce tube, $7.50 from *Ultima II* . . . The Summer Olympic Games this month in Montreal are just a skip and a jump northward. If you go, be sure to take care of your eyes; summer glare can be harmful while you squint at swimming relays. *Bausch & Lomb* have designed a **special set of sunglasses** to commemorate the Games and America's birthday. The frames are brilliantly colored in stripes of red/white/blue, or black/red/green, as well as solid black and combinations of yellow/orange. They have the 5-circle symbol of the Games at the edges, and Ray-Ban lenses in two strengths for normal or superfiltering of glare. From $20 to $25 a pair at fine eyecare specialists. . . . Consider the lowly toothbrush. It's indispensable. Yet what among our health and beauty tools could be more taken for granted? **Oral-B 35 Tooth-Gum Brush** is part of a r concept in dental care. It's [illegible] the health of the tooth must [illegible]ained. This new brush is [illegible]bly smaller, to really [illegible]und your mouth. It's [illegible]th more nylon bris- [illegible]d brushes. [illegible]

Young skin

continued from page 75

(4) The fibrous tissue is improved. In sun-damaged skin, for instance, elastic fibrous tissue is laid down beneath the epidermis in excessive amounts—it is like leather, quite insoluble and stable. Vitamin A acid removes that abnormal deposition of elastic fiber, and we hope it may be replaced by newer, fresher tissue.

(5) It stimulates the epidermis. We think Vitamin A acid puffs up the top layer of skin a little bit, thus making it look fuller and smoother.

(6) It has an anti-tumor effect. Skin lesions or tumors, especially on the back of the hand, can be treated, and their appearance retarded, by Vitamin A acid."

Exciting? Dr. Kligman thinks so, but he emphasizes that its use for aging skin is still in the experimental stage. "Our next stage is to learn how to use it," he explains. "Up to now, we may have been too conservative. It has side effects, too. It produces redness and irritation, so you have to be prepared for that. But if it is used generously and enthusiastically, as kids with acne tend to use it, it may pay off. At the mome the concentrations we are usi are entirely empirical. We are ju putting it on and watching. Th is a preliminary report."

A preliminary report—but spite of his caution, Dr. Kligm believes that if regarded in a se sible way, this drug may obta cosmetically useful results even it is not a restoration to yout What a Bicentennial present American skin! ■

Health breakthroughs

continued from page 75

Lloyd Cotson, president of Ne trogena Corporation. "We are chemists." Many cosmetics a already drugs in a sense: An perspirants are meant to inhib the production of sweat—they a called cosmetics, yet they ha ar. obvious physiological effec Dandruff preparations—also st called cosmetics—influence th rate at which scales on the sca are produced.

In the next few years, watc for more precise labeling; mo accurate testing (such as is no taking place on hair colorings f instance), and for cosmetic pro ucts that more and more involv our whole bodies. ■

Reduction of crime

continued from page 64

judicial system—a juvenile court judge, police, a member of a rape task force, an FBI man, and a newspaper reporter—have come to class to discuss their work as part of a pilot course developed for Shamrock High School. Students have been enlisted to mark all students' property so that it may be traced if stolen.

Although the majority of crime victims are over the age of 12, according to a recent statistical study conducted in the DeKalb County area (which includes Atlanta), elementary school students are involved in the program as well. A block-parent project has been revitalized: A house with a special sign outside guarantees a safe haven for any child who feels threatened. To make this part of the program stronger, block-parent chairmen are regularly given information by the police about crimes in the neighborhood. Underwood and Howard hope schools and parents will eventually be able to take over the entire program themselves.

Citizens treat coronaries

continued from page 64

administering CPR. In a normal coronary, there is a 98 percent chance of recovery if CPR has been started within one minute.

The program is a direct offshoot of Medic I, a course in CPR technique given by paramedics to the Seattle Fire Department. Medic I was so enthusiastically received by firemen and their wives that it was taken up by the department as a community program. ■

Manuscripts

House & Garden assumes no responsibility for unsolicited manuscripts, photographs, drawings, house plans, or uncommissioned material. Material submitted must be accompanied by return postage or a self-addressed, stamped envelope.

"I've always wanted to be stupendously successful. In the past four years I've had more success than I ever dreamed, even though I wanted it and worked all my life for it"

Gloria Vanderbilt

continued from page 79

nia, and we just knew—it was one of those shocks of recognition kind of things. You know, everything in life is timing. Marriage is certainly the most difficult of all relationships, but I do think the nice things outweigh the bad. Certainly don't, unless you can't live another moment without being married."

She has had four husbands; I have had two. Hers were Pat De Cicco, who was always called "the California lettuce heir," whom she married when she was 17; Leopold Stokowski, who was three times older and the father of her two elder boys; Sidney Lumet, the director; and Wyatt Cooper. I asked if she had kept her wedding rings. "Did you keep yours?" she asked, genuinely surprised. "Yes," I said. She thought, and then she thought a little more. "I kept two of them," she said. I didn't ask whose she had thrown away.

"I kept diaries when I was 17, 18, 19, and I destroyed them all when I was 25. Of course I immediately wished I hadn't. But I have twenty-five years' worth of engagement books now, which I keep as diaries." Suddenly, she leaned forward and said: *"How* do you feel about Anais Nin? I always wanted to meet her, and I did, and we became friends, but it is sometimes frustrating because one wants to pour it all out, but I find myself editing because I don't want to appear in her diary. I love to read—work is my job and reading is my relaxing. I'm reading Anne Lindbergh's new book right now, and one of my favorite books when I was 19 was Nancy Hale's *The Prodigal Women*. She asked me to read her biography of Mary Cassatt, and she asked me if I thought Mary Cassatt was a lesbian. I said I really think her relationships were like those hearty Boston women, you know? Not an active thing, just intense friendships. But then, all my friendships are with women, too, and I'm not a lesbian. I had a grandmother who was, well, really crazy and rather terribly hostile to men. So I had no male frame of reference. I was really *meant* to have girls. I respect women much more than men. But the boys have really worked out better than I could have dreamed. I hope they will relate to women in a positive way."

There is a bedroom next to the studio, kept for friends and revisiting grown sons. It is done in a way that would shout "Gloria Vanderbilt" all around the world. Again I am surprised. In the photographs, her things look to me too busy, overlapping patterns and bibelots and *objets d'art,* and even perhaps a kind of terrible cuteness in the little log cabins and baby flowers. But, as an environment, it is warm and cozy and pleasing and interesting. There is a piece of furniture, which in Vermont we called a knickknack stand but in New York we call an *étagère.* On it are carefully arranged things, each one apparently known and loved by its mistress. "Look at this," she says, affectionately taking down a small wax pear which opens up to a little scene of the Virgin Mary. "The patterns and arrangements are coherent (I can't stand disorder), and most of all they make me smile." I love all her flowers. I have dreams now of having my entire house done with garlands by Gloria.

The Coopers' country house is by the sea and she does not have a real garden. "I do think," she says, "if I were not married I would still want to live in New York. But I dream of the country. I sold a house in Connecticut and it was a terrible mistake. I hope someday to find it again. And I have one image, in the south of France, with a garden, where I can go outside and pick flowers and put them in a vase and paint them."

Selling wallpaper, or china, or whatever can be just like selling a book. Gloria travels around the country, speaking to women about discovering their own creativity, encouraging women to develop confidence in their own esthetic tastes and impulses. She says, "I've had a tremendous response. I love traveling around the country. It is the most marvelous feedback. I get a real joy from knowing what I do is life-enhancing. People ask me lots of decorating questions and everybody's always adoring, and I love it."

She can count me among the adorers. ■



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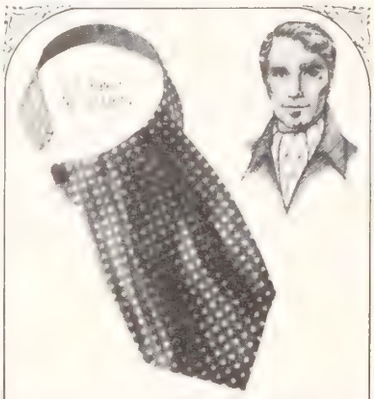
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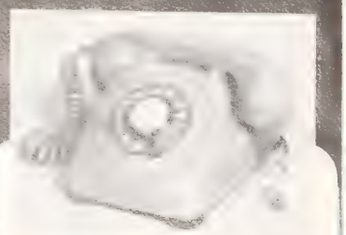
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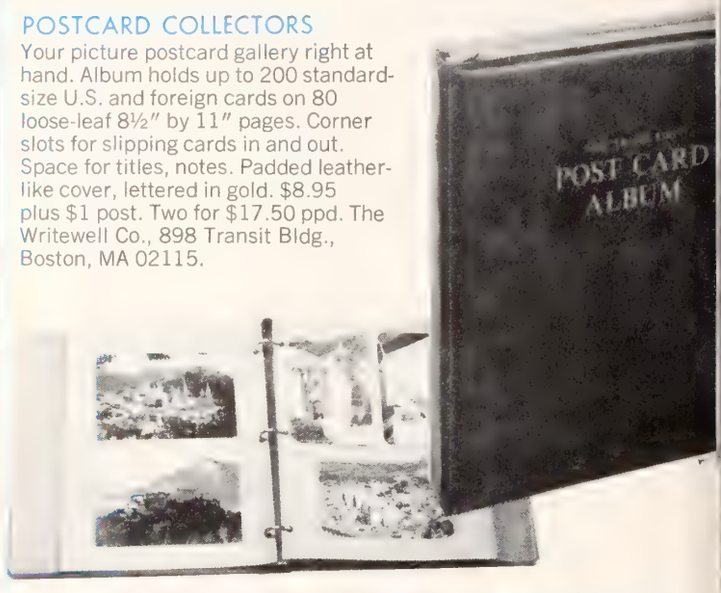
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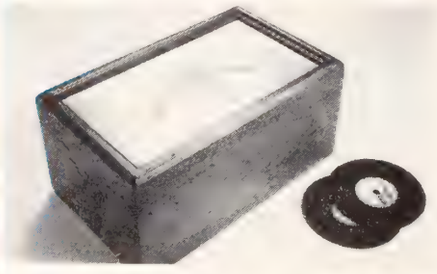
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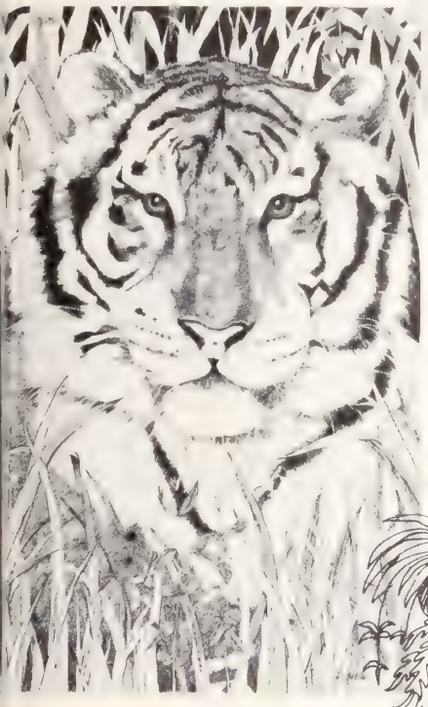
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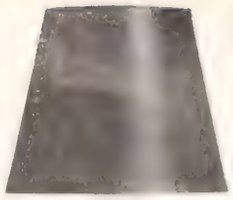
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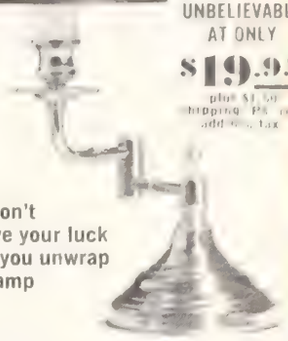


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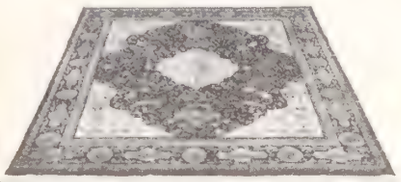
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COMBINATION—3" x 5"	$1.95 each
DOOR KNOB w spindle & rosette	$3.25 each

PLUS 60¢ POSTAGE & HANDLING

No C.O.D.'s, Sales Tax or Stamps Accepted

WHAT'S NEW SHOP
12-H Water St., Bryn Mawr, Pa. 19010

Deck out your deck chairs in patchwork.



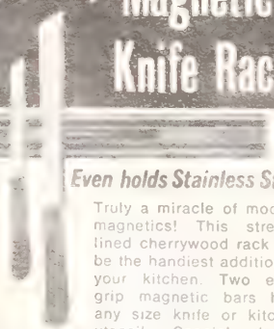
Beautifully handmade by gifted mountain craftsmen, these sturdy, washable patchwork [illegible] feature the "blazing star" pattern.

Available in solid backgrounds of brown, [illegible] Add $2.50 postage please.

Check, money order, BankAmericard, MasterCharge welcome.

Blue Ridge Cottage Industries
Box 125-A, Dept. HG, Banner Elk, N.C. 28604

Super-Grip Magnetic Knife Rack



Even holds Stainless Steel

Truly a miracle of modern magnetics! This streamlined cherrywood rack will be the handiest addition to your kitchen. Two extra grip magnetic bars hold any size knife or kitchen utensil. Special design holds all ferrous metals such as stainless steel, cast iron, carbon steel, etc. Guaranteed to be permanently magnetized for lifetime use. Installs easily. Mounting screws included

12" Magnetic Knife Rack . . . $5.98 ppd.
18" Magnetic Knife Rack . . . $7.98 ppd.

Prompt Delivery. Money back guarantee
New! 112 Page Gift/Gourmet Catalog 25¢.

COLONIAL GARDEN KITCHENS
Dept. HG-7, 270 W. Merrick Rd.
Valley Stream, N.Y. 11582



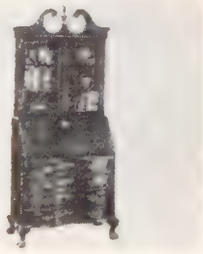
THE ROLLS ROYCE
of Ceiling Fans since 1886

Today the motors are handmade by a specialized group of craftsmen. They really move the air . . . make air conditioning more effective . . . dispel cigarette smoke . . . repel bugs . . . are life savers for plants. All fans have a 5-year warranty.

52" fan with wood blades, $239
52" fan with exclusive Adaptair, $279
36" fan with wood-tone vinyl-clad blades, $159

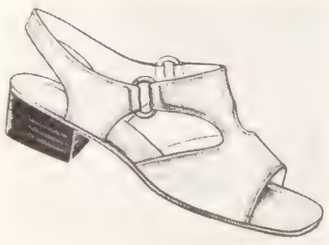
The Ceiling Fan Gallery
[illegible] N.Y. 11758

SHOPPING AROUND



SECRETARY

Like pieces made in Newport in 1780, with a "13-states grille window" in doors. Writing drop-lid, automatic supports. 79" h. by 33" w. by 18" d. Mahogany veneers and hardwoods. $349.95 exp. coll. Catalogue, swatches $1. Magnolia Hall, HG7, 726 Andover, Atlanta, GA 30327.



LINDA

Coolly smart with soft leather uppers, cushioned insoles, 1" stacked heels, and elasticized rings. White, bone, gold and camel. 4-12 (whole sizes only), in medium widths. $14.95; sizes 11-12, $1 extra. Add $1.25 post. Sofwear Shoes, HG7, 1811 San Jacinto, Houston, TX 77002.



HOBBY CENTER

Plastic see-through drawers for sewing, hobby, handyman supplies. Drawers 10¼"x14½"x4". Cabinet 11¼"x15"x24½". Corrugated fiberboard, steel frame. White shell, orange drawers. $9.95 plus $2 post. Neatway Prod. Co., HG7, 870 Louisiana Ave., Minneapolis, MN 55426.



VESTA HANDCRAFTS

"Along the way, take time to smell the flowers." Real dried flowers, butterflies preserved in heavy leaded glass. About 6" by 4" in assorted designs and colors. Stands on shelf, table. $12.98 plus 75c post. Lillian Vernon, G7E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



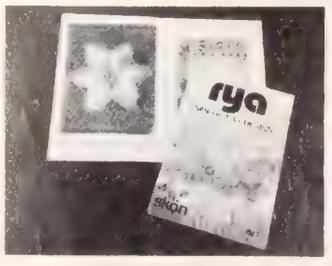
ONE HUNDRED DOLLS

Great array, 100 unbreakable little dolls representing countries around the world. Includes cowboy, clown, bride, dancer, baby. Styrene and synthetic hard rubber (may be painted). All for $2 plus 50c post. 100 Dolls, Dept. 969, 160 Amherst St., East Orange, NJ 07019.



NEVER TO RETURN

For the female who has unwanted hair on face, arms, legs, we propose Perma Tweez. Battery operated device removes hair permanently and with professional results, does not puncture skin. $16.95 ppd. General Medical Co., HGE-57, 1935 Armacost Ave., Los Angeles, CA 90025.



RYA ARTISTRY

Striking new designs from Sweden. Rugs, cushions, wall hangings. Complete kits in marvelous colors for you to turn into lifetime treasures. Send $1 for beautiful color catalogue (refundable with $25 order). Skon, HG7, 53 Lambert Lane, New Rochelle, NY 10804.



WIPE AWAY BURNT-ON GREASE

iracle cleaner for aluminum, rome, stainless steel, cast iron, reelain enamel, solid copper d brass. Removes carbonized ease and encrusted build-up st from frypans, waffle irons, illets, burner wells and rings. . 7 oz. can.

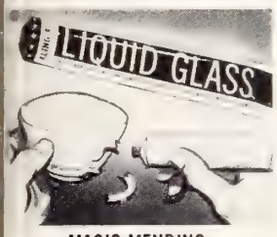
. 104—Carbon Cleaner **$3.98**
Mailing 60¢



STEAM IRON COVER

t last you can iron all hard-surced fabrics without causing ine. Simply slip one of these eflon covers over your steam on. Puts new beauty in serges, abardine, dull-surfaced silks, oolens and knits.

. 189A—Iron Cover **$1.59**
Mailing 20¢



MAGIC MENDING

ew silicone formula Liquid Glass emical sensation for the permaent mending or repair of glass, ina, crockery, ceramics and porelain. Dries clear. Washable, waerproof and is unaffected by heat r cold.

. 178—Liquid Glass **$2.98**
Mailing 50¢



COUNT COINS FAST!

ort, count, wrap pennies, nickels, imes, quarters in seconds. Simply ide coins into 4 channels. Shows e totals as you go. No more ambling with the wrapper. Real me-saver for merchants, cashers, clubs, collectors, etc.

. 102—Coin Counting Tray **$3.98**
Mailing 60¢



FACE SAVER

Glamorous plastic mask stops breathing in of hair spray, keeps hair spray out of eyes, and leaves make-up untouched. Clear plastic es you see what you're doing. Triangle shape forms a cone over your face.

o. 181—Hair Spray Mask **$2.98**
Mailing 60¢



WORK WHILE YOU TALK!

"Shoulder Rest" holds the phone for you—leaves your hands free. Comfortably padded. Ends tired arms, sore neck. Fits all phones. Attaches in seconds for either right or left side. Black, beige, white, green, red and transparent.

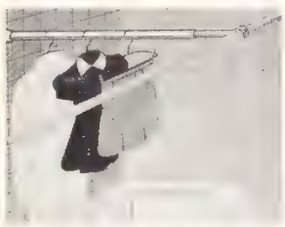
No. 130—Telephone Holder **$2.98**
Mailing 45¢



SPRING POST BOOKENDS

Post Bookends keep library books orderly, upright. Install in seconds, adjust to fit 9½" to 13½" high book shelves. Keep your built-ins looking organized. Gold-finished anodized aluminum. Set of 2 posts.

No. 203—Post Bookends **$2.98**
Mailing 50¢



DRY CLOTHES—RAIN OR SHINE

"Drip-Dri Bar" hooks over shower rod and locks in place. Attaches in seconds. No screws, no adhesive. Can't mar wall. Adjustable 25"-31". Fits any standard bathtub. Holds full-length garments. Water drips into tub, not on the floor.

No. 131—Drip-Dri Bar **$4.98**
Mailing 85¢



TUB TAPE

Self-adhesive white tape seals the cracks and openings around the bathtub, sink, or basin. Press self-adhesive tape onto clean, dry surface and it's ready to work. Water-proof, easy to clean. 11 foot roll.

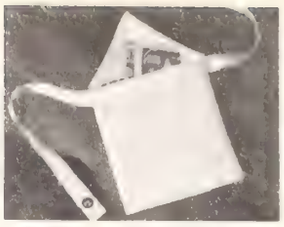
No. 201—Tub Tape **$2.98**
Mailing 50¢



PROTECT EYES FROM GLARE

Enjoy comfortable vision in strong sunlight, while playing tennis, golfing, motoring, or walking. Soft, adjustable dark green plastic [illegible] slips on your specs in a jiffy. Gives added protection to sun glasses.

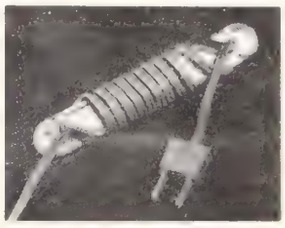
No. 184—Sport Visor **$2.98**
Mailing 45¢



LADIES . . . HIDE YOUR CASH

Your best protection against pursesnatchers. Bosom Money Cache snaps onto the bra or slip straps. Holds folding money or other valuables. Plastic lined with a fold-over flap. Washable. A "must" for every woman.

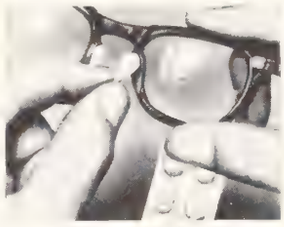
No. 141—Bosom Money Holder **$2.98**
Mailing 30¢



CORD SHORTENERS

Cord Shortener keeps those dangling electrical cords off the floor and out of the way. It holds up to three feet of cord. Just wind excess cord around the shortener and hook the cord in slots at end. Set of 6.

No. 195—Cord Shortener **$1.49**
Mailing 25¢



EYEGLASS NOSE PADS

Here's the answer to glasses that slide down your nose! Tiny flesh-colored foam rubber pads that stick to any eyeglass frame. Relieves the pressure of heavy frames on sensitive spots. Set of 12 pads.

No. 127—Eyeglass Pads **$1.98**
Mailing 20¢



DON'T PULL HAIR FROM NOSE!

Why risk infection? Unsightly hair can be trimmed easily and safely with "Klippette". Merely insert in nostril and twist knob. Hair is snipped off painlessly and neat. Fine surgical steel. Use it to remove hair from ears, too.

No. 145—Klippette **$3.49**
Mailing 45¢



FOAM TAPE

Marvelous in a hundred different ways! Self-[illegible] Stick it on bottom of lamps, clocks, bookends, ash trays . . . around edge of vacuum cleaner, use it on clothes hangers (to prevent clothes from sliding). Order several rolls now.

No. 175—Foam Tape **$1.29**
Mailing 20¢



100% PURE COPPER BRACELETS

Women's		Men's	
7¼"	$2.98	8¼"	$3.98
7¾"	$3.29	9"	$4.49
8"	$3.49	9½"	$4.69
8½"	$3.69	10"	$4.98

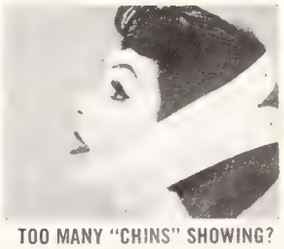
Mailing 60¢



END SHIRT COLLAR "SQUEEZE"

Collar-Extender button "loosens" tight shirt collars. Ends all-day "tugging". Expands collar up to ½ size larger for that "just right" feeling. Invisible behind tie. Can be transferred from shirt to shirt in seconds.

No. 114—Collar-Eze (Set of 2) **$1.29**
Mailing 20¢



TOO MANY "CHINS" SHOWING?

A trim chin is a sign of youthful beauty. Treat your chin to the luxury of a Hollywood Chin Band. Wear it while you sleep, read or watch TV. You'll be amazed at the results. Fine latex with adjustable headband for proper tension.

No. 755—Chin Band **$1.98**
Mailing 20¢



PAGE MAGNIFIER

Page Magnifier is easy on the eyes. Hold 7x10" magnifier 4 or 5 inches from copy for more comfortable reading. The whole page is magnified at one time! Stop squinting at telephone numbers, dictionaries.

No. 204—Page Magnifier **$3.98**
Mailing 40¢



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San Francisco, Calif. 94105

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3rd or 4th Class
Return Postage guaranteed

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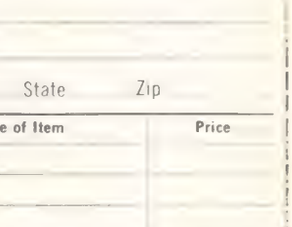
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Add 6% sales tax in California

SATISFACTION GUARANTEED OR MONEY BACK! — Mailing Charges (refer to each item)

TOTAL AMOUNT ENCLOSED



SEW ANY HEAVY MATERIAL

Handiest tool for sewing leather & canvas. Save money. Do your own repairs on awnings, seats, upholstery, shoes, sails, auto tops, hand bags, etc. Sews lock stitch. Includes bobbin of waxed thread, 2 needles. Extra thread, 89¢.

No. 126—Sewing Awl **$4.98**
Mailing 50¢



END MISERY OF "TIGHT" SHOES

Get instant relief from pain and discomfort of tight fitting shoes! Works like a miracle on any leather—even suede. Makes leather stretch, loosens shoes to comform to your feet while you walk. Wonderful for corn & bunion sufferers.

No. 122—Shoe Stretch **$2.49**
Mailing 40¢



UNIQUE TWISTY KEY RING

No more lost keys. No links to loosen . . . no chains to break. Intriguing twist-lock opens easily — stays closed. Holds 25 keys. Wear on the pull at your loss. Versatile aircraft cable in smart gold finish.

No. 179—Twisty Key Ring **$1.98**
Mailing 25¢

WICKER WONDERLAND

America's Largest Col... Wicker & Rattan Furniture directly ... to Pass the Sa...



OLD CHARM—NEW WICKER Handwoven of natural willow for indoors or out.

CHAIR ... $11...

ROCKER shown). $54.95.

SOFA ...

COFFEE TABLE ... $44.95.

END TABLE ... $32.95.

SEND 25c FOR CATALOG

...ions—Polyfoam with zippered covers in floral gold, pattern or solid colors in gold, black, avocado, red or tangerine. Sofa $29.95. Chair & Rocker $14.95. Exp. Chgs. Coll. Painted White add 25%.

$18.95 plus $2.00 postage

BAMBOO SHADES

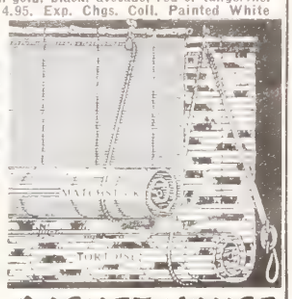
Bamboo roll up shades in natural Matchstick or Tortoise shell (burned) 1½" wide bamboo slats. Perennially popular Handmade in Taiwan.

Sizes	Match-stick	Tortoise
24 x 72	$4.50	$7.00
30 x 72	5.50	8.00
36 x 72	6.50	10.00
42 x 72	9.00	11.00
48 x 72	9.50	13.00
60 x 72	11.50	16.00
72 x 72	12.50	19.00

Add $1.00 postage per shade

VISIT OUR WAREHOUSE SHOWROOM

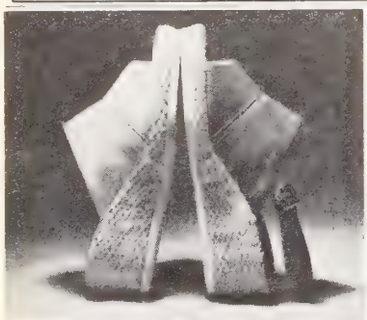
SATISFACTION GUARANTEED



RATTAN SWAG LAMP Handwoven of natural rattan. Fully electrified with dimmer switch, 15" spread, 13" high with 18 ft. chain and hooks for hanging. Painted in white, yellow, green, pink, orange, blue or black add $3.

Fran's BASKET HOUSE

Route 10, Dept. HG7, Succasunna, N.J. 07876



Tread Lightly, Tread Softly

MARSHMALLOW WEDGIES

Foot relief—at last! These wedges are so soft, pliant, and comfortable, they're called Marshmallows. Treat your feet to a pair. Foam cushion insoles, crepe outer soles, they come in white, sand, teak brown, navy, red, green and yellow. Sizes narrow 5½-12. Medium 4-12. Wide 5-12.

$11.99 as shown **$12.99** with back strap

Add 90¢ for postage. No charge for larger sizes, No half sizes over 10.

Money back guarantee

Morgan's Cove

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BICENTENNIAL

RED, WHITE AND BLUE CANDLE



Enjoy this handmade candle in layers of Red, White, and blue. Looking at it makes you want to sing "God Bless America." Each layer emits a different fragrance—Bayberry, Vanilla, and Strawberry. These Patriotic candles measure 3"x3". Send yourself some Americana or buy some for another fellow American at only **$3.00** each.

Please send ... Bicentennial candles ... $3.00 ... plus 50c postage. Add 15¢ sales tax in Texas.

...

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...ZIP...

Walter-DeLipsey

SHOPPING AROUND



ALARM FOR ALL SEASONS

Handsome man's watch has Swiss precision shock-resistant movement. Gold tone case, dial with 21600 oscillations for high accuracy. One year service guarantee. Easy to read. $19.95 plus $1 post. J. C. Company, HG7, 6440 S. Clairborne Ave., New Orleans, LA 70125.



HISTORICAL BUCKLE

Bicentennial-design belt buckle brass-plated with liberty bell and eagle raised motif. Snaps on to any belt, highlights your jeans 'n things in a spirited and eye catching way. 2½" by 3½" approx. $5.99 plus 35c post. Holiday Gifts, Dept. 307-D, Wheat Ridge, CO 80033.



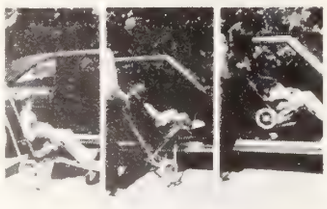
HOLE IN ONE

Egg piercer prevents pressure build-up in boiling eggs—they won't burst and puff out. Handy plastic device plunges needle easily into egg. Especially helpful at egg decorating time. $1 plus 20c post. Anthony Enterprises, HG7, 556 Mission St. San Francisco, CA 94105.



WHO'S ZOO?

Watercolor animal alphabet spells names (specify) in bright colors. 9" x 12", matted, up to eight letters, $5.95; more letters, each 50c. Entire alphabet, capitals or small letters matted, 14" x 18". $12.95. Post. $1.25. Laura's Loveables, Dept. HG776, Box 7381, Las Vegas, NV 89101.



CHILD'S TRAVEL CHAIR

Transport invalid or disabled child easily, comfortably. Chair slides into car. Retractable wheels, seat belt, adjustable foot rest, foot brake. Optional: head rest, restraint belt, scoliosis pads. Write to Ortho-Kinetics, Inc., HG76, 1225 Pearl St., Waukesha, WI 53186.



FAMILY AFFAIR

Clever clear-plastic cabinet keeps all toothbrushes free from dust and mix-ups. Holds 5 in separate compartments, each with its own door, ever ready and sanitary. $1.98 plus 30c post. Anthony Enterprises, HG7, 556 Mission St., San Francisco, CA 94105.



VISUAL TEACHING AID

Metric cube weighing one kilogram occupies one liter volume, measures one decimeter in each direction. Two-color print six sides. With conversion factors. Molded plastic. About 4". $5.99 plus $1 post. Almatex Intl. Co., HG7, 3569 Bristol Pike, Cornwells Heights, PA 19020.

VINYL CLAD CUSHIONS



Emerald, lemon, brown, royal, white. Chaise 4x22x72" $39.95; chair 3x17x19" $8.95; barrel back 1x33x11" $12.95; loveseat 3x17x39" $18.95; 4x22x8" head rest $6.95. Add 10% post. Beeline Outdoor Products, HG7, Box 256, Bensenville, IL 60106.

TO EACH HIS OWN



Top Georgetown tobacconist offers 16 exclusive tobacco blends, and 36 of world's finest handmade cigar brands. 32-page catalogue includes master chart of cigar shapes, brands, 50c. Georgetown Tobacco & Pipe Stores, HG7, 3144 M St., N.W., Washington, DC 20007.

SURE FOOTING



Rubber bathing shoes with thick treaded bottoms, insoles. From Italy. Protect on rocks or hot sand, in showers. White, blue, red or yellow. Give shoe size, width; man or woman. child age. $7.98 plus $1.25 post. Dorsay, HG7, 240 Kinderkamack Rd., Oradell, NJ 07649.

SAFETY WHISTLE



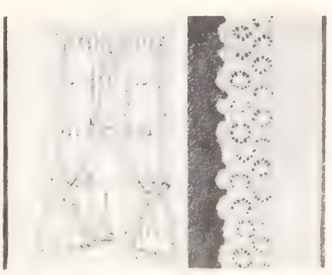
Purse-sized 4" long, gold finish whistle emits a piercing shriek to frighten any would-be assailant. Aerosol operates the whistle; just press down and out comes the scary shriek. $2.98 plus 30c post. Anthony Enterprises, HG7, 556 Mission St., San Francisco, CA 94105.

A SHOE-IN



Leather Wedgie with walking comfort and open-toed cool. The Edna in camel, bone, black, white, navy and brown, low 1" wedgie heel. 4 to 10, $18.95. 10½ to 12, $19.95. For widths AAAA to EE. Add $1 post., 25c each add'l. pair. Solby Bayes, HG7, 45 Winter St., Boston, MA 02108.

EYELET ACCENT



Easy-care curtains with 2" eyelet ruffles. 80" wide to pair. Cream or white. Machine-washable polyester. 24", 30", 36", $7.50 pr. 45", 54", 63" l. $11; 72", 81", 90" $14; valance 10" by 72" $3.50. Add $2 post. Free brochure. Country Curtains, HG71, Stockbridge, MA 01262.

GARDENER'S CHOICE



Full-size fiberglass and redwood greenhouse assembles easily. Has Dutch door, large screened vents, generous 8' headroom. All bolted construction for strength, portability. Prices start at $88.95. Free brochure. McGregor Greenhouses, Box 36-DD7, Santa Cruz, CA 95063.

personalized garment bags!

- elegant monogram, custom embroidered!
- fine nylon is strong yet feather-light, water-repellent!
- well made in U.S., 3 sizes, 3 colors!

Clothes go wrinkle-free and dust-free to plane, train or car — right on their own hangers! Superbly made with long zip, wide gusset, secure tie-and-tab top. Holds 6 dresses or 3 suits, great at home for prized gowns or formal wear. Luxury gift! Give bag color:

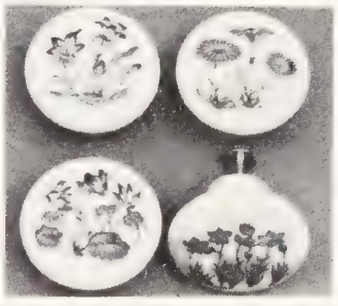
NAVY (red monogram)
RED (black monogram)
BLACK (gold monogram)

9141—40" for suits ...$13.98
9142—50" for coats or dresses $14.98
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Allow extra time for delivery.
Add 75¢ pstg. & hdlg.
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The World of Stitch 'n Knit

SHOPPING AROUND



TWO-IN-ONE

Have the best of both worlds in a dramatic jumpsuit that combines the swing of palazzo pants with a caftan top. Acetate jersey print has zipper, front tie; washable S(10-12), M(14-16), L (18-20). $11.99; Sizes XL (40-44), $12.99. Add $1 post. Lana Lobell, Dept. M-2245, Hanover, PA 17331.



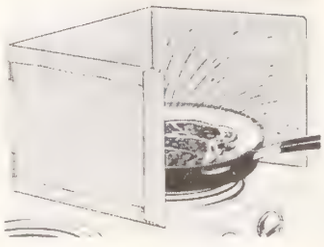
FREE SPIRIT

Easy-care tennis dress of Qiana jersey has mood of Bicentennial. White with stars of blue, stripes of red and navy. Lovely outfit to give you a great look, and give a big lift to your playing spirit. Sizes 5/6 to 15/16. $22 plus $1.75 post. Tennis Circle, HG7, Box 1333, Oak Brook, IL 60521.



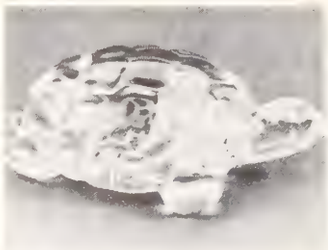
SOLID BRASS BEAUTY

Chesapeake oil lamp looks just like its Colonial original. Hand distressed patina, cased glass opal globes, distressed fruitwood base. 14" tall. UL approved. Authentic adaptation is of jeweler's quality. $29.95 plus $1.50 post. Robelier, HG 7, Box 183, Villanova, PA 19085.



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Cooks love the efficient work of a pure aluminum splatter shield that protects against flying frying spots, mixing bowl batter. Three hinged panels, 9" h., fold flat for storage. $2.98 plus 50c post. Anthony Enterprises, HG7, 556 Mission St., San Francisco, CA 94105.



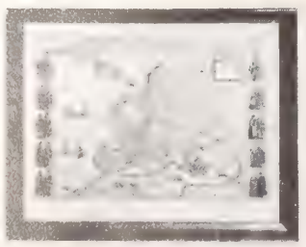
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Exquisite carving of turtle in solid crystal brings out every shell marking. Signed by Tyko, its Swedish artist-designer. A lovely addition to your coffee table or curio cabinet. Length 3¾" head to tail. $11.98 plus 95c post. Ferry House, HG7, Briarcliff Manor, NY 10510.



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Hang a hand-blown glass mouse in a window or set on table. Fill with water, add cuttings. Also available as an apple, kangaroo, penguin, rooster, and (for hanging only) a strawberry. (approx. 6″ by 3″). Each $4.95 plus $1 post. The Glass Apple, HG7, 7 Vine St., Manchester, MA 01944.



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French cooks make vegetables taste good and stay nutritious by keeping them above boiling water in a steamer like this. Stainless steel, 5½″ dia. at bottom; expandable top opens to 9½″. $4.98 plus 75c post. Anthony Enterprises, HG7, 556 Mission St., San Francisco, CA 94105.



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Old movies are in these days. Watch eleven minutes of super 8 sound film featuring Chaplin, Laurel & Hardy, Bogart, FDR and more, $5.99 ppd. With the sampler comes a free catalogue. Blackhawk Films, 2107 Eastin-Phelan Bldg., Davenport, IA 52808.



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Drop-leaf cart with laminated maple hardwood butcher block top; 26″ x 18″ with leaves down; 48″ x 18″, leaves up. 34″ h. Butcher block lower shelf. Flat black steel frame, $145, chrome, $155. Exp. coll. Catalogue 50c. Butcher Block and More, HG7, 1600 So. Clinton, Chicago, IL 60616.



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Complete set, white porcelain with brass faucets and pipes. The footed bathtub is 5″ long. The water-closet toilet is 5″ high, has a movable seat and a pull chain. Washbowl 2½″ high. #9829. Play gift. $8.75 plus 50c post. Downs & Co., Dept. 1407-Z, Evanston, IL 60204



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Dexter hand machine can baste, tack, zigzag, sew on buttons and zippers. Blind-stitches hem what you're wearing. Does draperies and curtains while they're hanging. With needle threader, booklet. $6.98 plus 75c post. Anthony Enterprises, HG7, 556 Mission St., San Francisco, CA 94105.





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PLUSHY PET

Let a sleeping dog lie beside bed, bath, hearth, or wherever you fancy a fluffy little rug. Pup is tan-with-brown nylon, has non-skid back. About 35" by 23". Machine-washable and dryable. $9.98 plus 75c post. Lillian Vernon, G7E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



PINE BEAUTY

A graceful Queen Anne accent piece serves as a dainty book stand complete with pull-out candle holders. Light tone knotty pine (chips available). Measures 20" w. by 8½" d. by 26½" h. $102 exp. coll. Catalogue, $1. Ephraim Marsh, Dept. 427, Box 266, Concord, NC 28025.



PLATING RENEWAL

Deposit new silver on copper, brass or bronze where original plating has worn away. Silver Plus polishes sterling but it does not deposit new silver on sterling pieces. 4 oz. bottle. $5.98 plus 65c post. Anthony Enterprises, HG7, 556 Mission St., San Francisco, CA 94105.



HEAVY CANVAS TOTE

One piece, double bottom. Navy, red, avocado, yellow, sand, natural, brown. 12" x 9", $8.75 plus $1.15 post.; 12" x 14", $11. plus $1.25 post.; 18" x 14", $13 plus $1.35 post. (add 90c w. of Miss.. Catalogue free. Port Canvas Co., HG7, Dock Sq., Kennebunkport, ME 04046.



DECORATING PLANS

Three-dimensional room planning kit; Styrene forms representing over 150 different pieces of furniture scaled ½" to a foot. Arrange up to three rooms on graph paper equivalent to 27' by 44', walls, windows, doors. $8.98 ppd. Plan-It Kit, Inc., HG 7, Box 429, Westport, CT 06880.



FAMILY PROTECTION

About time to think about making a will to protect the family. "Wills—How to Make and How to Break Them" is written by an attorney. Personal history and asset sheet and four will forms incl. $2.98 plus 40c post. Anthony Enterprises, HG7, 556 Mission St., San Francisco, CA 94105.



FREEDOM IN FLIGHT

"American Bald Eagle" in fully sculptured bas relief is hand-painted, full color, matte finish, on 10" sky-blue porcelain plate. Stamped artist Gunther Granget name, date (5000 pcs.) $100; matte gold on blue (200) $200. Ppd. Trein's, HG7, 201 W. 1st, Dixon, IL 61021.

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Peace-friendship symbol. *Gold:* ladies', 18k $64; 14k $44; 9k $27.70; men's, 18k $108; 14k $68; 9k $44; child's, 9k $17.65. *Sterling silver:* ladies', $6.80; men's, $7.75; child's, $6.40. Ppd. (Give size.) Brochure $1. Stephen Faller, HGE-7, Industrial Estate, Mervue, Galway, Ireland.



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Decorative swag-lamp with hand-woven rattan shade, adjustable 16-ft. chain and hanging hooks. Electrified; with dimmer. Natural, $17.95 plus $2 post. Add $3 for white, grn., pink, blue, yellow, orange, blk. Catalogue 25c. Fran's Basket House, HG7, Rt. 10, Succasunna, NJ 07876.



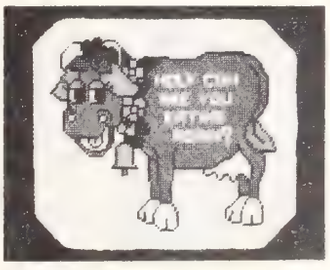
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Osnaburg curtains in unbleached coarse-featured cotton. 70" w. pr.; tiebacks. Cape Cod ruffle. Good with antiques or folk art. Hand washable. 30" $5.50; 36" $5.75; 45" $6.50; 54" $7.50; 63" $8; val. $3.25. Add $1.75 post. Mather's, HG7, 31 E. Main St., Westminster, MD 21157.



NO MORE SNACKING!

Ready to work in needlepoint and hang wherever the urge to nibble is tempting. 7½" by 9" design on canvas. Persian wools, needle, backing, magnets, instructions. $5.95 plus 60c post. 8" by 10" oak frame, $2.25. Classic Corner, 12H Water St., Bryn Mawr, PA 19010.



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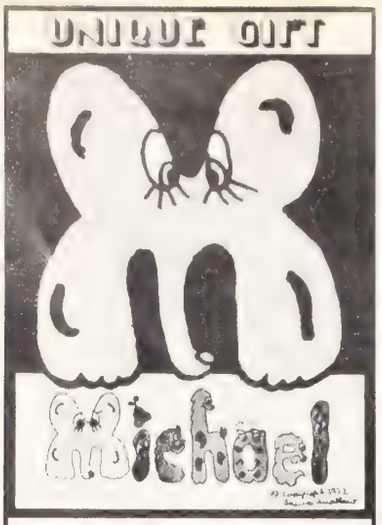


TO NEEDLEPOINT

Send color or b/w photo to be rendered on canvas by artist. Kit: color directions, wool (or embroidery). 10" by 14" $24.95; 14" by 18" $34.95; 18" by 22" $39.95; extra subjects $15. Add $2 post. Needlepoint Portraits Ltd., Studio A7, 20 Nassau St., Princeton, NJ 08540.



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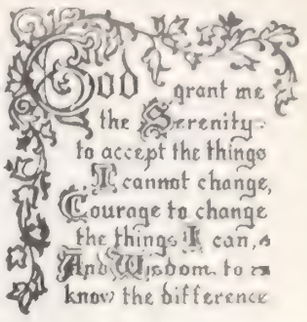


CORN PIC-UPS

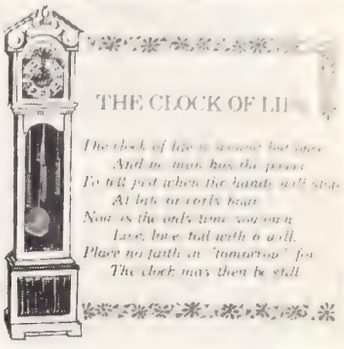
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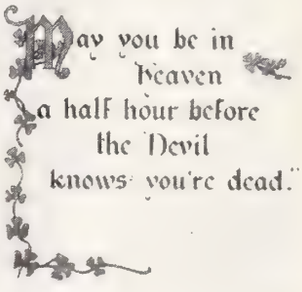
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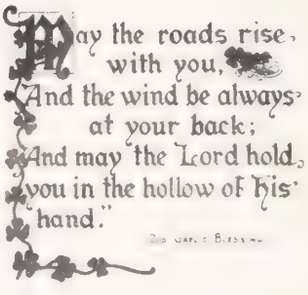
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CLOCK OF LIFE



IRISH TOAST



GAELIC ROAD



An Irishman is never drunk as long as he can hold on to one blade of grass and not fall off the face of the earth.

IRISH TIPPLER

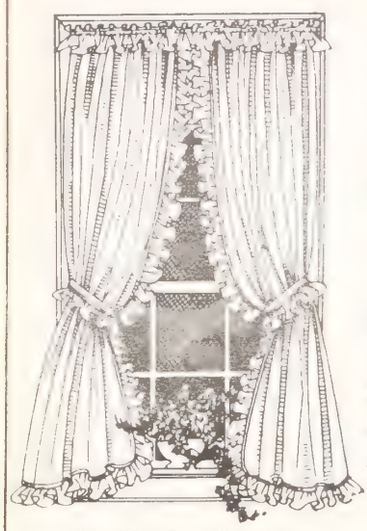
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DECOR CALORE

SHOPPING AROUND



SUNSPOT

Smart-looking thongs of genuine leather, bouncy cushioned insoles for breezing through summer. Instep straps adjust. White, brown, tan. Whole sizes 4-12. Med. width only. $10.99 plus 90c post. Morgan's Cove, HG76, 28 W. Prospect St., East Brunswick, NJ 08816.



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Tray purse opens and closes in palm of your hand. Select and count change easily. Two compartments: one can hold bills or tickets and other coins. Brown leather. 3" by 3". $2.98 plus 30c post. Order #700. Anthony Enterprises, HG7, 556 Mission St., San Francisco, CA 94105.



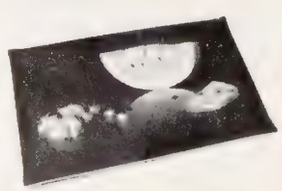
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What a great idea! A caddy that hides beneath mattress of beds with low (or no) footboards. Slip it out at bedtime for a bedspread rack to simplify morning make-up. King, queen, double beds need two. $7.83 ea.; two $14.83. Add $1.40 post. Garrett's HG7, Box 12274, Dallas, TX 75225.



FACE OF TIME

Electric clock in clear heavy Lucite frame has space for a favorite 10" by 10" photograph. Send any color shot; if negative or slide, add $1. Original will be returned. Clock is 7¼" dia. Overall, 10" by 18". $24.95 ppd. Photo Poster, Dept. X892, 210 E. 23rd St., New York, NY 10010.



A TEMPTING TRAY

Luscious natural colors of watermelon and grape motif on dark background. Pretty accent for summer. A decorative, practical gift. High impact plaster wipes clean with a damp cloth. 12½" by 21". $14.95 plus $1.50 post. Robert Stuart Designs Ltd. HGE-7, Box 51, Brooklyn, NY 11236.



ELEVATING RECLINER

Powered recliner with elevating seat operates by push buttons. Adjusts to angle most comfortable for you; another switch raises you to your feet. Padded foot rest raises automatically as chair reclines. Free brochure. Burke Inc., HG7, Box 1064, Mission, KS 66202.



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Crystal chandeliers, sconces and candelabra come bright and clear after a spray shower of silicone mist from an easy-to-handle 7 oz. can. No need to wipe; just let dry naturally. $3.98 plus 65c post. Anthony Enterprises, HG7, 556 Mission St., San Francisco, CA 94105.

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Hand-tufted inside back, seat, arms. Brass nailhead trim. 37" h. by 28" w. Choice of fabrics, wood finishes. White naugahyde (shown) $217; your fabric (six yds. 54") $175. Exp. coll. Catalogue $2, request free swatches. Hunt Galleries, HG767, Box 2324, Hickory, NC 28601.



OLD TIMERS

Cast iron toy cars and trucks are made from early designs to delight youngsters and car buffs. Black vehicles roll on cast iron wheels and are 6" long. Sedan, coupe, truck, touring car. $7.95 each plus 75c post. Buck Creek Traders, HG7, Box 489, Antlers, OK 74523.



SEWING ORGANIZER

Ten compartments in top tray of jumbo chest hold 22 spools, six bobbins, scissors, pins, other needed notions. Room below for yarns, materials, etc. Durable clear plastic. 14" by 9" by 8". $7.98 ppd. Colonial Garden Kitchens, HGE7, 270 W. Merrick Rd., Valley Stream, NY 11582.



BLOW-UP

An inflatable hanger is a help for drip-dry laundering. Blow it up to plumpness so it holds garment loosely with air space inside. Floral print vinyl with swivel top. Fold flat to store. $1 plus 25c post. Anthony Enterprises, HG7, 556 Mission St., San Francisco, CA 94105.

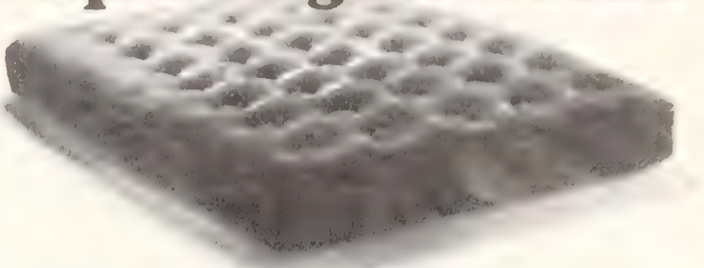


DOUBLE DUTY

Wet-and-dry measuring cup. For changing from wet to dry, just turn it over and use other end. For kitchens, laundry, formulas and bottles. Good pouring lip. Has a one- and two-cup bandings. $1.55 plus 55c post. Seven Star Enterprises, HG7, 1315 W. Taper St., Long Beach, CA 90810.



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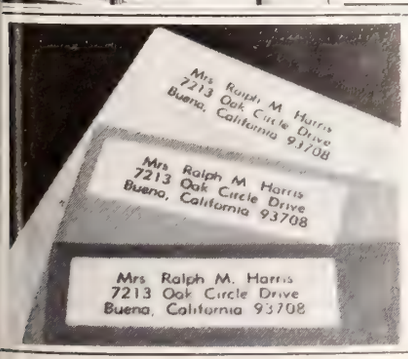
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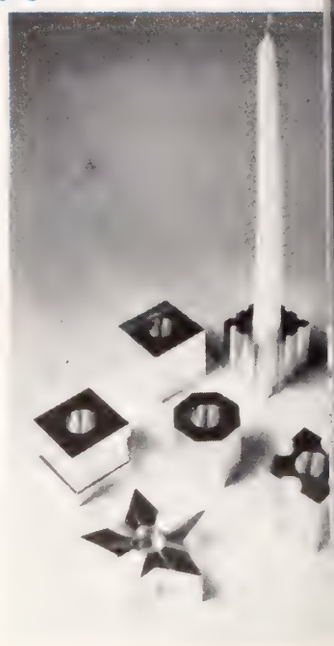


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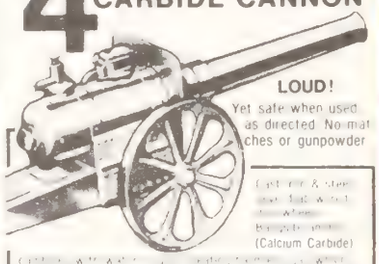


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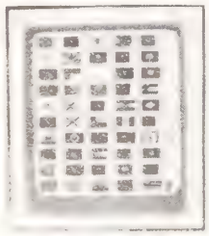
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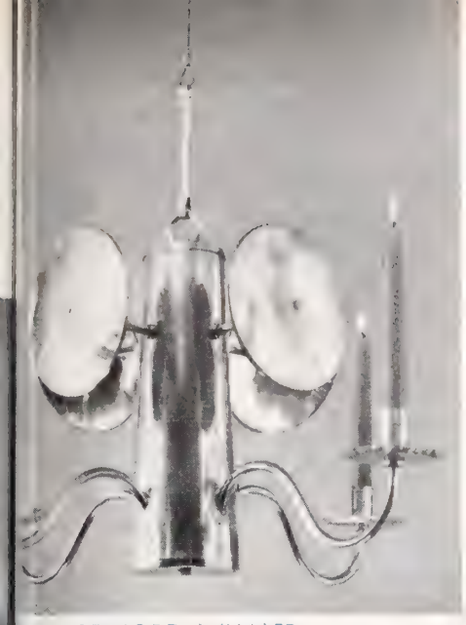
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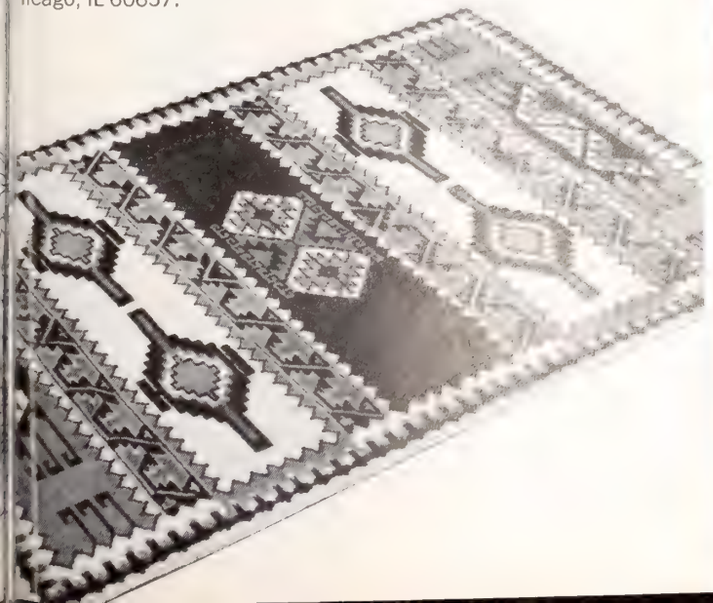


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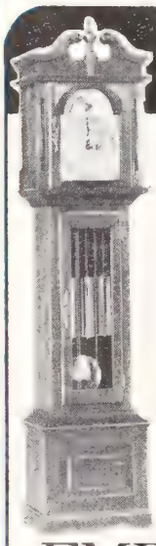
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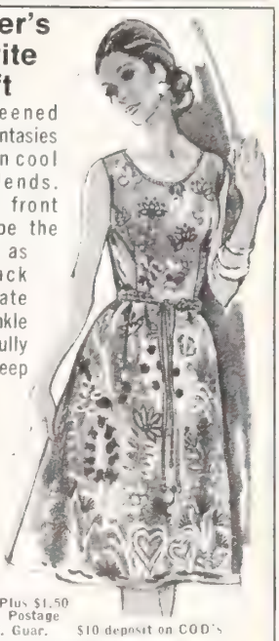
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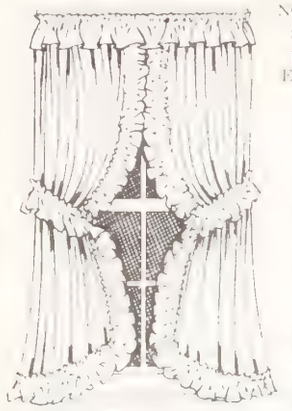
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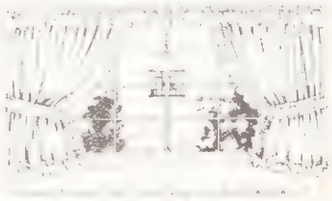
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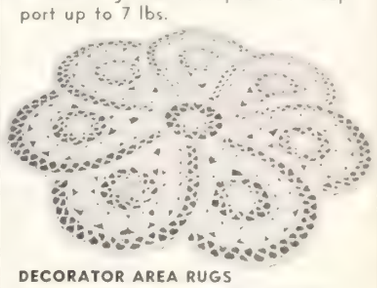
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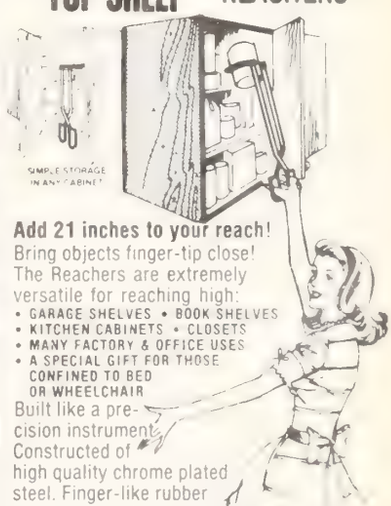
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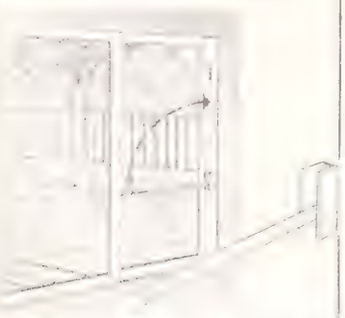
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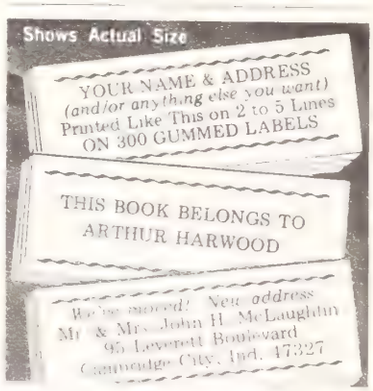
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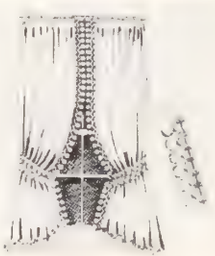
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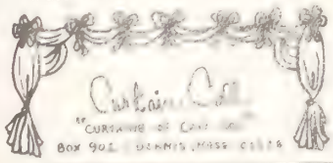
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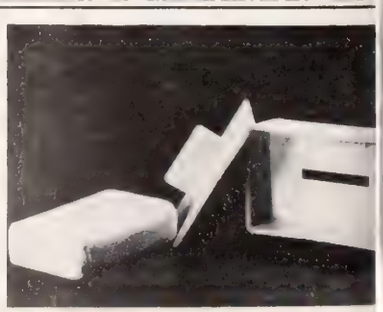
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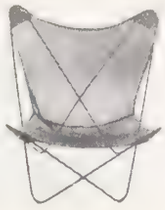


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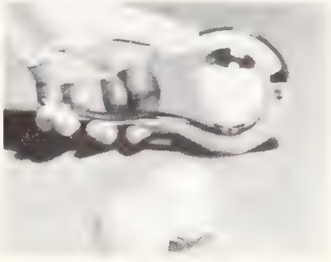
Polyester-cotton woven gingham. Pink, blue, red, green, yellow, with white. No iron, wash-dry. 80" w. pr. 30", 36", $7; 54", 63", $10.50. Tie-backs, pr. $1. Valance, $4. Matching spread, accessories. Free brochure. Colonial Maid Curtains, HG7, Lawn Terr., Mamaroneck, NY 10543.

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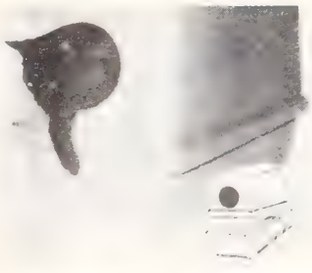
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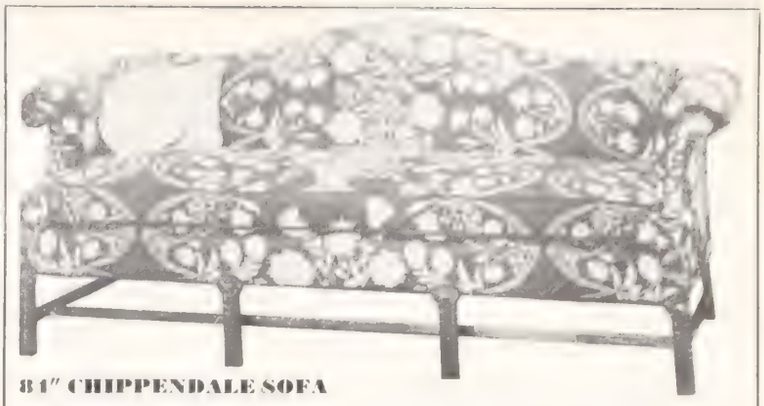
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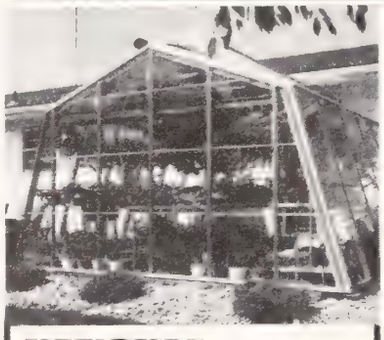
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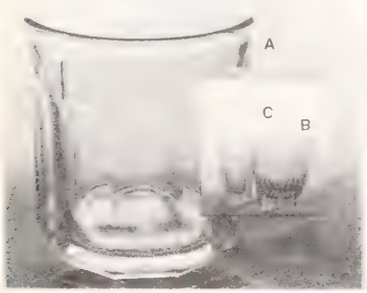
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adjustable
Hi-Low
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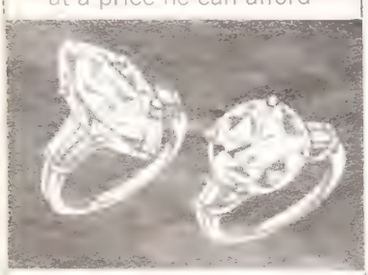
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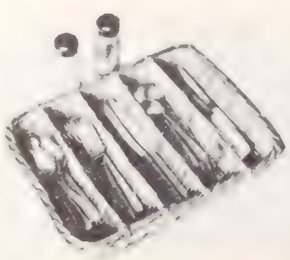
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Heavy sterling silver label, silver chain. Engraved Vodka, Bourbon, Scotch, Rye, Gin, Port, Brandy, Burgundy, Rum, Sherry, Whiskey or left plain. 3½" w. Order by numbers shown. Each $11 plus 50c post. Jean's Silversmiths Inc., HG7, 16 W. 45th St., New York, NY 10036.



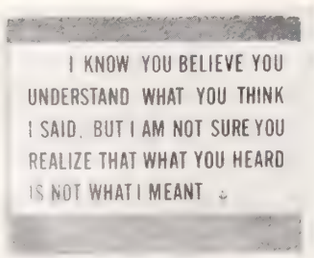
WICKER TIDY-TRAY

Four-section wicker tray with many uses. For holding silverware at buffet-style meals, or for neat storage. For dressing-table, desk, or in sewing room. 14" l. by 10" w. 2" h. $7.95; plus $1 postage. Catalogue 25c. Fran's Basket House, Route 10, HG7, Succasunna, NJ 07876.



TIMELY SCENE

Benjamin Franklin affixing his signature to the Declaration of Independence depicted on metal tray. From a 1926 SEP cover by Norman Rockwell. 13¼" by 10¾". Lifelike colors. Limited edition. $11 ppd. Edd, the Florist, Inc., HG7, 823 North Court, Ottumwa, IA 52501.



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"I know you believe you understand what you think I said, but I am not sure you realize that what you heard is not what I meant." Black letters on golden plate in pine-finish plaque. 4" by 5". $2.98 plus 25c post. Anthony Enterprises, HG7, 556 Mission St., San Francisco, CA 94105.



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256 S. Robertson, Beverly Hills, CA. 90211

CLINT EASTWOOD FANS

A t-shirt sporting insignia of Clint Eastwood's famed Carmel restaurant is a thrill for collectors, great gift for the actor's fans. All cotton. S,M,L,XL. $5.95 plus 50c post. Catalogue, $1. Merv Griffin's Carmel Craftsmen's Catalog, Inc., HG7, Box 1600-B, Carmel, CA 93921.



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Furniture for your yard, patio, pool or playroom. Handcrafted in the New England tradition. Long-lasting chairs and tables, rockers and other accessories. Partially assembled, and easy to complete. Free color catalogue. Walpole Woodworkers, Dept. HG7, Walpole, MA 02081.



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Ear-Lok elastic tabs stop eyeglasses from slipping. Stretch over earpieces. Fit plastic or metal frames; men's, women's or children's glasses. Comfortable. Three prs., $1.98; five, $2.98. Plus 25c post. Free catalogue. Dorsay, HG7A, 240 Kinderkamack Rd., Oradell, NJ 07649.



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BICENTENNIAL THIMBLES



Left to Right:

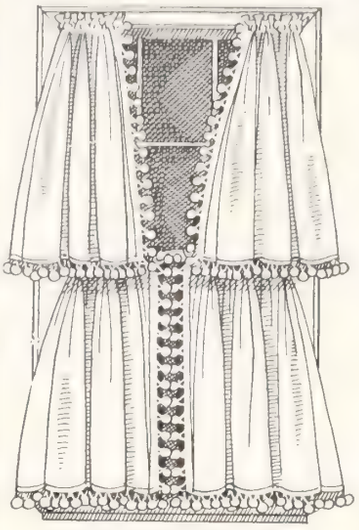
American Eagle. In hand cast pewter. 3160. $5.95ppd
Betsy Ross. Enamel overlay on Sterling Silver. 3403. $15.95
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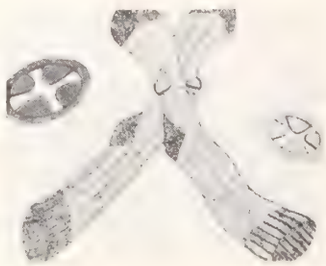


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TWO BY TWO

Socks stay together through the washing and drying process with unique plastic rings that keep them paired. An easy solution to that dull hand sorting. Enough sorters for 24 pairs, $1.98 plus 40c post. Anthony Enterprises, HG7, 556 Mission St., San Francisco, CA 94105.



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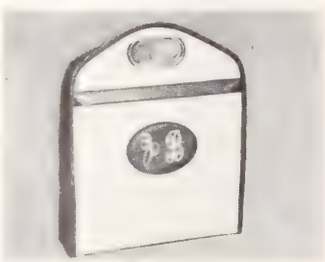
WALKABOUT STROLLER

"Debra," has 1¼" wedge heel, zigzag rubber sole. Widths AAAA-EE, 2½ to 12. Smooth trim grain calf. Beige with otter, bone with malt; navy with light blue; white; black. 2½-10, $26.95; 10½-12, $27.95. Add $1 post. Free catalogue, Solby Bayes, HG7, 45 Winter St., Boston, MA 02108.



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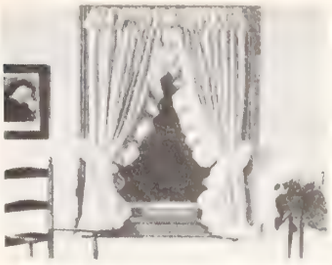
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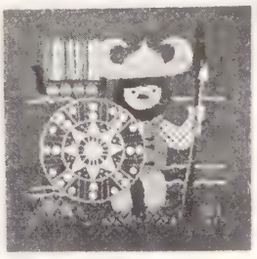
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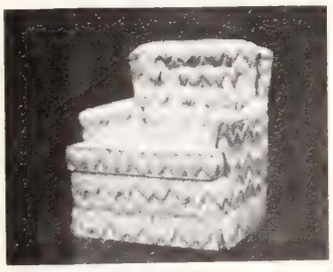
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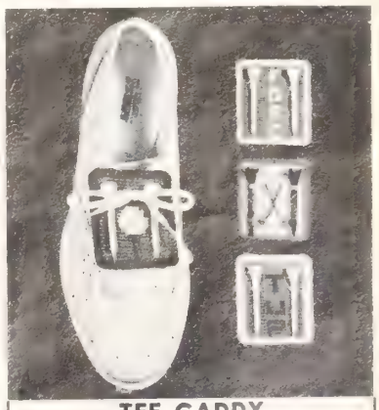
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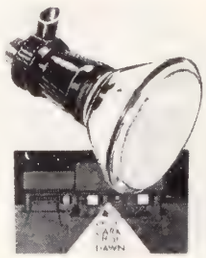
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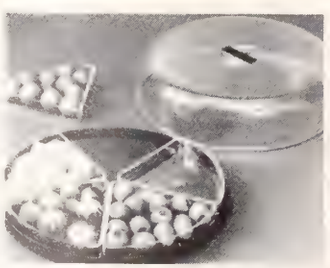
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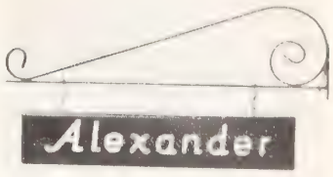


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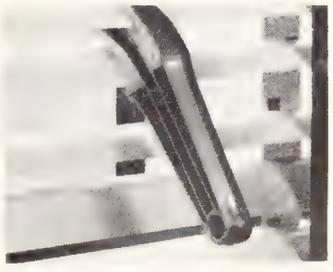
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Wall plaque of antiqued wood tone with cast design in gold, red, white and blue is the perfect reminder of our Bicentennial year. 9" by 17", the cast is reinforced with fiberglas for durability. $8.95 plus $1 post. Designed Things, HG76, Box 322, Medford, NJ 08055.



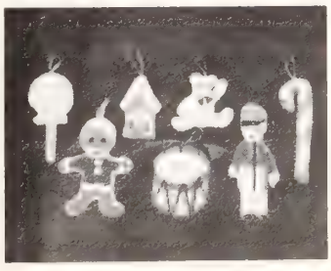
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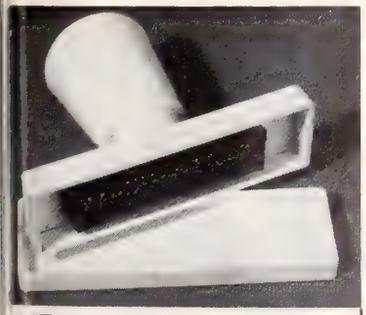
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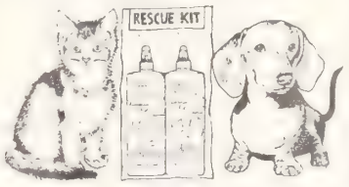
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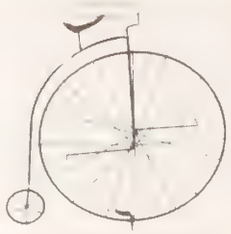
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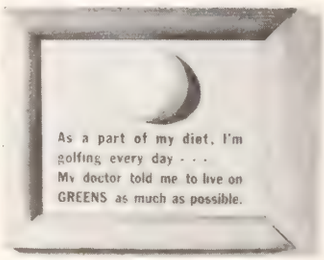
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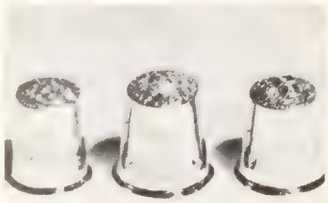
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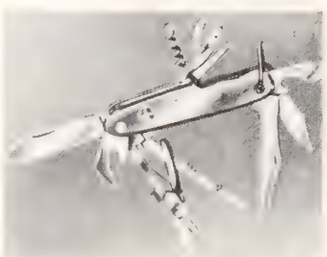
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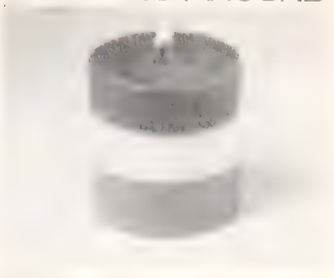
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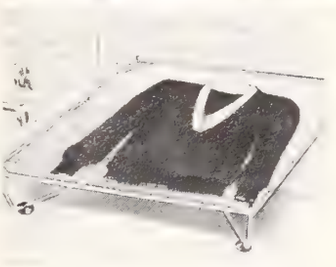
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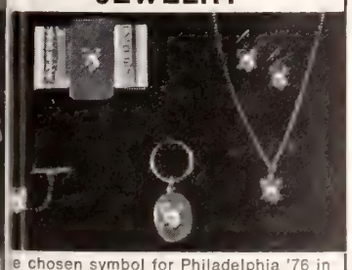


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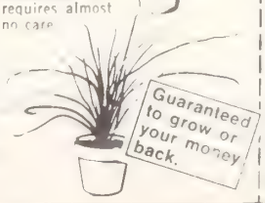
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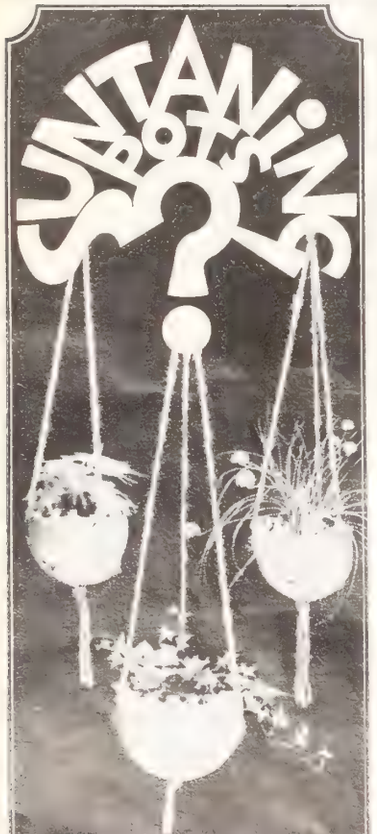


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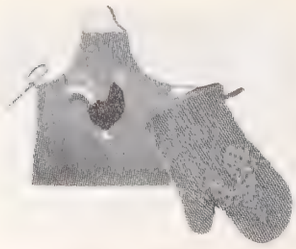
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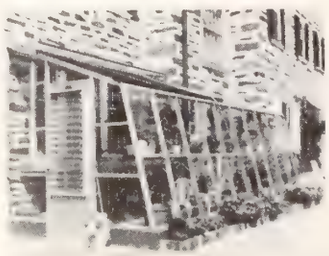
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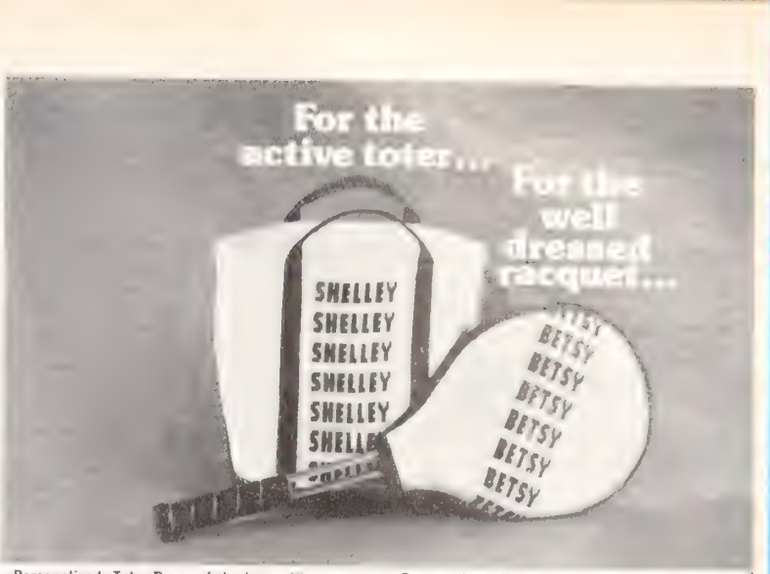
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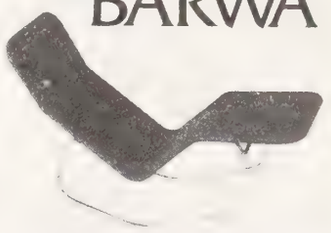
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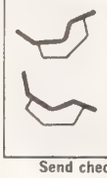
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Gardener's notes

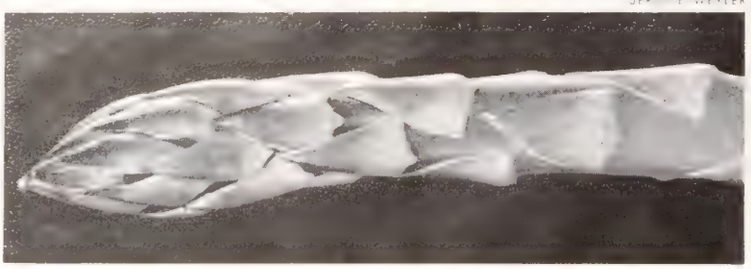
The plot thickens

Now that summer's here: How to raise the best asparagus, wild-flower seeds by mail, and easy-to-use landscape timbers

By James Fannin

Asparagus lib

JERRY MEYER



The best way to make an asparagus bed is to grow your own plants from seed. That way, you can separate male and female plants as soon as they begin to flower and make the permanent planting with a single gender, preferably female. The simple fact of the matter is that female asparagus plants produce thicker, more succulent stalks than the male of the species. Male plants send up more stalks, but they're not nearly as plump and attractive. This little-known clue to successful asparagus growing is only one of the workable ideas in *The New Vegetable and Fruit Garden Book* by R. Milton Carleton (Henry Regnery, $14.95; paperback, $5.95). In the process of telling how to grow everything in the way of edibles, Mr. Carleton gives a complete course in basic, down-to-earth gardening. His advice on how to select garden tools alone makes the book worth buying.

Railroad ties made easy

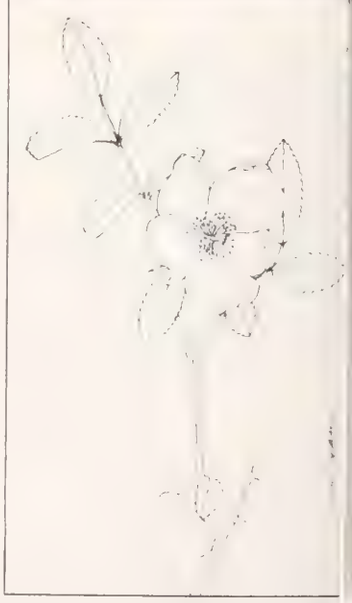
As retaining edges for garden ste and planting beds, railroad t have been commonly used for long time. However, they're heav awkward to handle, and becomi scarcer by the year. So the Weye haeuser Company has come fo ward with its own *Landscape Ti bers* to do the same job with a go deal more convenience. Landsca Timbers are 8-foot lengths tree trunks, about 5 by 5 inch flattened on two sides. They a pressure-treated with a preserv tive that will not leach out a damage plants as old-fashion creosote did. Partially buried, a with one curved surface on top, t timbers make an attractive, lon lasting, and lawnmower-proof ed ing for flower beds. Set on end wi a foot or so of the length buried hold them upright, they form effective paling fence or retaini wall. Without additional tre ment, the timbers weather to pleasant natural wood color in t course of a year or two. Weye haeuser Landscape Timbers a available at garden centers, hor supply centers, and lumberyards, prices that vary according to loc tion, but are about one-third t cost of railroad ties.

Wild flowers: A look at the field

Lady Bird Johnson's devotion to wild flowers (page 38) finds ample room to express itself in the luxuriant flora of Texas, her home state. There are more than 5,000 species of Lone Star wild plants, and practically every one of them is attractive in flower, fruit, or foliage. Enthusiasm for native plants is contagious among Texans, with the State Highway Department enthusiastically working on their propagation and dissemination. For more than 30 years Texas highway crews have been harvesting the matured seed heads of roadside plants and scattering them, as dried hay, on newly graded embankments and the like. The resulting blanket of vegetation serves the mundane purpose of halting erosion, as well as displaying a Joseph's coat of multicolor bloom during the flowering sea

[illegible] handsome folder of color pho[illegible]ohs sampling the wild flowers [illegible]s available for the asking [illegible]el and Information [illegible] Texas Highway De[illegible]ex. 78701. A [illegible] of Texas wild-flower seeds and plants is Carroll Abbott's Green Horizons, 500 [illegible], 78028. Send a stamped, self-addressed business-size envelope for the Green Horizons list, which also includes wild flower books. Foremost among these is *Roadside Flowers of Texas,* with color illustrations of 257 native plants. In soft cover, it is $5.50, postpaid. Wild flowers of the Southwest are also among the seeds available from Applewood, 833 Parfet St., Lakewood, Colo. 80215. The Applewood list of mail-order seeds is free; selected shops and garden centers throughout the U.S. also sell Applewood seeds.

The more northerly range of native plants is covered in *Handbook of Wild Flower Cultivation,* by Kathryn S. Taylor and Stephen F. Hamblin (Macmillan, $7.95; paperback, $4.95). Mrs. Taylor and Mr. Hamblin explain precisely the conditions for growing wild flowers successfully. Plant descriptions are complete and easy to understand, and there are many clear line drawings. In the Northeast, native wild plants are available from Vicks Wildgardens, Inc., Box 115, Gladwyne, Pa. 19035, and from Putney Nursery, Inc., Putney, Vt. 05346. For the Northwest, Lamb Nurseries, E 101 Sharp Ave., Spokane, Wash. 99202, is a leading supplier of seeds and plants. In the Central states, Lounsberry Gardens, P.O. Box 135, Oakford, Ill. 62673, can fill the needs of wild-flower devotees.



Virginia rose, drawing by Cat[illegible]erine R. Hammond, from "Han[illegible]book of Wild Flower Cultivatio[illegible]

The West Garden Court of the National Gallery has become a Jeffersonian botanical garden

Thomas Jefferson

continued from page 32

naeus, and a portrait by Rembrandt Peale of his brother Rubens with the first geranium plant ever seen in America. More greenery than flowers then, geraniums accompanied Jefferson to Washington when he was President.

Here and there are selections from Jefferson's garden designs, examples of his ideas on landscapes, and his plans for various garden structures. One of them is a garden gate, angular and delicate, that might have come from China.

The man could design anything. The parquet floor he devised for Monticello was the first ever seen in America. He could, and did, design clocks, glassware, silver goblets, silver objets d'art, lovely little carriages so delicate in silhouette that they looked like calligraphy. What he saw, and liked, he often paraphrased, like the silver pitcher that's not quite a copy of a nearly identical Roman bronze askos. What he thought of, but hadn't yet seen, he designed and had made: His own delicate window curtains made to let in the sun are copied to this day.

Jefferson was not an esthetic iceberg. This extraordinary man liked pretty women, good food, and fine wines (though his attempts at viticulture were "without much success," according to the handsome and exhaustive exhibition catalog), and when, at 41, he first went to France and Italy, he applied himself to these pleasant subjects with a connoisseur's diligence.

But the famous "eye" never stopped roving. The 500 objects assembled from 100 collections for the exhibition can merely suggest Jefferson's avid pursuit of art and architecture while he was in Europe, between 1784 and 1789. "It is an enthusiasm of which I am not ashamed," he wrote home to James Madison, "as its object is to improve the taste of my countrymen, to increase their reputation, to reconcile to them the respect of the world, and to procure them its praise." To evoke the Europe he traveled through, looking, the National Gallery has made a partial recreation of the French Salons of 1785, 1787, and 1789, with drawings by visionary architects Ledoux and Boullée, paintings by Hubert Robert that reflect the new interest in a classical past, sculpture and paintings that Jefferson specifically admired—and some of the French furniture he collected (he brought 80 cratesful back to America with him). Paintings, drawings, watercolors, Chippendale and Adam furniture mark his visit to England in 1786.

He greatly admired the Hotel de Salm in Paris, a superb new house designed by Pierre Rousseau for the Prince de Salm Kyrburg. Along with the Villa Rotunda near Vicenza in Italy, it inspired the plan he submitted anonymously to a competition for a White House design. He didn't win—but the plans submitted by his fellow contestants are also at the National Gallery. He was enchanted by the Maison Carrée in Nîmes, a Roman temple he found "very simple but noble beyond expression." So noble, in fact, that its influence may be seen in the design for Monticello, the first important temple-form of modern times, and a landmark in American architecture. Today, we call it the Greek Revival style.

There is still the Revolutionary Jefferson, and the statesman. His role is memorialized in paintings by Trumbull (including the famous *Declaration of Independence*), portrait busts by Houdon, miniatures, and documents.

The University of Virginia, which he called "the hobby of my old age," was his last great achievement, "a supreme statement," as W. Howard Adams calls it, "of artistic imagination." It looks like no other campus in America, and it is not surprising that its dominating edifice, the Rotunda, was inspired by the Pantheon in Rome. Jefferson paraphrased nothing but the best. And these "correct" classical details were intended to be a teaching element for the students. The breadth of his plan has its own special section in the exhibit.

Political philosopher, statesman, educator, architect, builder, and visionary, nothing escaped the assessment of his bright blue eagle eye. Its perceptions formed a good deal of the way we still see both his world and ours. The exhibition, designed by John Bedenkapp, would have pleased him. ■

Sponsored by a grant from the Exxon Corporation, The Eye of Thomas Jefferson *is open to the public Monday through Saturday from 10 A.M. to 9 P.M., and on Sunday from noon to 9 P.M., until September 6. Admission is free. A film based on the theme of the exhibition will be distributed free to schools and colleges across the country, through the National Gallery's Extension Service.*

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Shopping Information

All prices approximate.* Consult your interior designer or store decorating department. Postage indicated by ( ).*

AMERICAN KNOW-HOW 1976
Page 48:
RCA "Satcom II" communications satellite handles simultaneously 24 TV channels in conjunction with stations in the fifty states. Or it can transmit 24,000 telephone calls to bring phone service for the first time to remote rural areas like those in Alaska. Satellite operates entirely on solar energy.
Betamax videocassette recorder connects to a TV set to record programs at air time. The tape may be rerun at the viewer's convenience. The video-deck may record even though the picture tube is tuned to another channel. Digital timer allows for automatic recording and shut-off. Recorded programs can be filed in a videocassette library. $1300. By Sony Corporation of America.
New color TV tube has a tube neck 2 inches shorter than existing models. Gives a sharper, brighter picture and is less costly to build. Available in TV sets this fall. Zenith.
Xerox 6500 slide adapter allows a 6500 color copier to enlarge and reproduce 35-millimeter slides at the same time. Slide Adapter II, is available in 21 major American cities, operates with a standard 35-millimeter projector. By Xerox.
Touch-A-Matic 16 telephone may be programed for up to fifteen of your most frequently dialed numbers. Calls are made with a push of one button. By AT&T.
Minicomputer PDP-11/45 is the "host" computer for several smaller computers that each performs individual tasks. "Host" computer acts as a clearing house for each division, which checks with it at specified times. By Digital Equipment Corporation.

Page 50:
Top left
Photovoltaic solar cell converts light energy to electrical energy without moving parts. The electronic reaction of silicon crystals made with traces of phosphorous or boron makes electricity when light strikes them. New larger cells make greater power generation possible. By Solarex.
Prototype of videodisc player for the Phillips and MCA Optical Videodisc System. A light beam, a low-power optical laser sensor, scans the surface of the videodisc from within the player, eliminating the conventional pick-up stylus. Videodisc player attaches to a standard TV receiver. Discs will give 30 minutes of color or black-and-white pictures, and sound. Albums will be priced from $2 to $10; player, about $500. Available this fall. By MCA Disco-Vision.
Prototype of Motorola DYNA T•A•C wireless, portable radiotelephone capable of sending and receiving calls from anywhere in the world through the DYNA T•A•C system. It could be hooked into the regular telephone system by means of a computerized central station.
Water soluble 15-foot-long organic seed tape for vegetable planting. By W. Atlee Burpee Co. Photographed by Michlmann.
Silicon chip by IBM, less than ⅛-inch square. Two such chips mounted on a ½-inch-square ceramic substrate form one-half a usable memory module. It's a part of IBM's System/370 Model 145.
Helium-cadmium laser and helium-selenium laser. Photographed by Fritz Goro at Bell Laboratories.
Page 51:
Left, Ektasound 160 movie camera by Eastman Kodak has modulating sound-recording indicator for super-sure sound movies. Weighs only 3 lbs. Camera, $399; with batteries, film, $410.
Middle, Xerox Telecopier 200 takes and sends messages from a telephone call and prints it out at a rate of one page every two minutes. An automatic clock mechanism allows for late-hour, low-phone-rate copying.
Right, "shear" ultrasonic waves are used for measuring and testing solids in industry; other kinds of ultrasonic waves are used in cleaning.

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A HOUSE FOR TODAY
Pages 66-67:
Wrought-iron umbrella table: 48" diam. x 27" high, Duramar finish. $164. By Salterini.
White stacking chairs: 18" x 16" x 32" high. $35 each. Table and chairs at Lord & Taylor.
Antique Indian Amritsar wool rug: 11' 6" x 12' 6" long. From Doris Leslie Blau; Persian Kilim also from Doris Leslie Blau.
Pages 68-69:
Cotton terry bathrobe: $60; woven palm plates, $3.75 each; oval plastic tray, 16" x 24", $22; glass pitcher, 14" high, $14; red and white polka dot napkins, $2.25. All from Henri Bendel.
Zori sandels: $5.95 and $1.98; plastic-handled flatware, $1.79 apiece. At Azuma.
Woven bamboo basket: 16" sq., $9. At Lord & Taylor.
Cutting board with handles: 15½" diam. $8.50; "Input-22" round plastic tray, $14.95; cotton potholders, $2.50 each. At Design Research.
"Solite" clear acrylic tray: 15" x 20½" wide. $14; clear acrylic salad bowl, 13" diam. By Guzzini. $18.50; shell-shaped clear acrylic bowl, 13" diam, 3" high. $15. All from Lucidity.
Woven bamboo basket: 14" sq., $8. At Lord & Taylor.
Pages 72-73:
Custom cabinets: by Samson Berman, 77-53 Main St., Kew Garden Hills, N.Y. 11367.
Straw box: 6" sq. x 3" high. $14. At Henri Bendel.
Terry bath towels: in peach, larkspur, champagne, bath, $9; hand, $4.75; washcloth, $2. By Fieldcrest.
Back scrub brush: $8.50. At Henri Bendel.
White soup bowls: by Heller Designs. $1.95 each; "Input-8" round white plastic tray. $7.95. Both at Design Research.

GLORIA VANDERBILT
Pages 76-77:
"Lily of the Valley" goblet: $1. each.
"Collage" dinner plate: $10. each
"Teapot Tom" porcelain teapot $15.
Notecards: $2.25 a box. All from th Collage for Living collection designe by Gloria Vanderbilt for Sigma. Bullock's.
Pages 78-79:
"Seaside" and "Boardwalk" co ton and polyester sheets: in sta dard sizes. Available September, 1976
"Rainbow Check" apron, mit potholder: cotton duck, mitt and po holder terry-backed, quilted, insulate From the Gloria Collection of Kitche Wear. Sheets and kitchen protecto designed by Gloria Vanderbilt for Ma tex.
"Ribbon" acrylic tissue box: $1 porcelain toothbrush holder, $6. B Gloria Vanderbilt for Martin S. Ga ment.
"Everlasting" china setting: $13.7 per 4-piece setting; wine goblet, $1 paper dinner napkins, $1.50 a package cocktail napkins, 75c a package. Fro the Collage for Living collection d signed by Gloria Vanderbilt for Sigm At Bullock's.
"Garden Bird" vinyl wallcovering 28" wide, 22" repeat, pre-trimme scrubable, peelable. $11.95 a roll. D signed by Gloria Vanderbilt for Jam Seeman Studios.
"Sincerely Yours" china setting $13.75 per 4-piece setting: "Tulip wine goblet, $12; "Sincerely Yours placemats, $2.50 a doz., dinner na kins, $1.50 a package; cocktail na kins, 75c a package; notecards, $2.2 a box. All from the Collage for Livin Collection designed by Gloria Vande bilt for Sigma. At Bullock's.

A KITCHEN THAT HAS EVERYTHING
Pages 92-93:
Interior: by Ann Rooke-Ley an Maria Quinn.
"Ritz Bar" ceramic tiles: for back splash behind cooking center. Fro Country Floors, Kneedler-Faucher
"Textolite" white laminated plas tic countertops: by General Electri
Oak cabinets: lift-up tambour doo with pull-out shelves for small appl ance storage; upper cabinets have de orative open storage. Designed an made by Design Workshops.
"Quadrille" 4" lighting fixtures five over center island; four over di ing table. By Lightolier.
Custom stainless steel cooking cen ter: incorporates cooking units an controls. By Bastian-Blessing, Gran Haven, Mich. 49417.*
Cooking units: deep-fat fryer, gri dle, three double-burner electric coo tops, Char-broiler. By Wells Manufa turing.
Stainless steel soda fountain: b Bastian-Blessing.*
"Trashmaster" garbage compa tor: by Whirlpool.
Stainless steel paneled refrigerato and matching freezer: by Sub Zer
Built-in double wall oven, micro wave oven, Stay-hot oven, ca opener: all by Thermador.
Built-in kitchen dishwasher: b KitchenAid.
Stainless steel double sink, clea up sink with drinking fountain: b Elkay; waste disposal unit by Was King; hot-water dispenser by Elkay.
Bunn-o-Matic coffeemaker.
Dining chairs: from Stendig.
Pedestal table: 54" diam. laminate maple top, chrome and steel base. $36 At Williams-Sonoma.
Yellow plastic dinnerware: b Heller Designs. At Design Research.

ecked napkins: $2.50 each. Wil-
ns-Sonoma.
all clock: by Howard Miller Clock

skets: by VBI to order through
rriet Amanda Chapman.
ges 94-95:
**amel-on-cast-iron skillet, sauce-
n:** by Copco.
een enamel-on-steel stock pot:
Dansk.
ildren's aprons: designed by
ude Langwith. At Williams-Sono-

Whiz Bang" popcorn maker: by
ld Medal Products, California Con-
ssion Supply Co., 177 Golden Gate
e., San Francisco, Cal. 94102.

Addresses of stores mentioned throughout this issue

UMA
)6 Lexington Ave.
ew York, N.Y. 10022

ULLOCK'S
venth and Hill
)s Angeles, Cal. 90055

OUNTRY FLOORS
needler-Fauchere, 101 Kansas
an Francisco, Cal. 94103

ESIGN RESEARCH
3 E. 57th St.
ew York, N.Y. 10022

ESIGN WORKSHOP
7 Columbia Sq.
an Francisco, Cal. 94103

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ew York, N.Y. 10022

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25 Fifth Ave., Rm. 1105
ew York, N.Y. 10010

ENRI BENDEL
0 W. 57th St.
lew York, N.Y. 10019

ORD & TAYLOR
24 Fifth Ave.
lew York, N.Y. 10018

UCIDITY
75 Madison Ave.
lew York, N.Y. 10021

VILLIAMS-SONOMA
76 Sutter St.
an Francisco, Cal. 94102

Building Facts

Material and equipment used in the house on pages 52-57

ARCHITECTS: Stanley Tigerman & Associates (Anthony Saifuku, Associate-in-charge)
LANDSCAPE ARCHITECT: Joe Karr & Associates
STRUCTURAL ENGINEER: Raymond B. Boebe
CONTRACTOR: Kelmer Construction Management

STRUCTURE
Foundation: Poured concrete footings and foundation walls.
Framing: Long span steel joist on steel pipe columns.

EXTERIOR OF HOUSE
Exterior walls: 3-inch-thick insulated "Alply" aluminum panels by Aluminum Co. of America.
Glazing Assembly: Aluminum tubes, channels, and mullions used for wall construction; Neoprene Stanlock glazing gaskets by Standard Products Co.
Windows and doors: 1-inch-thick insulated glass panels in aluminum frames and aluminum clad metal hollow doors.
Garage door: Roll-up aluminum sectional garage door by the Cookson Company.
Observatory dome: Ash Manufacturing Co., Inc.

INTERIOR OF HOUSE
Interior walls and ceilings: Gypsum wallboard by Celotex Corp.
Interior finishes: Paint by PPG Industries.
Floors: Stoneware tile by Structural Stoneware Inc.
Lighting fixtures: Recessed lights by Lightolier, Inc.
Fireplace: Metal fireplace by the Majestic Co.
Hardware: Locks by Falcon, hinges by Roton, and sliding tracks by Grant.
Cabinets: Custom cabinets by Countryside Cabinet Shop.
Plumbing fixtures: Kohler Co.

MECHANICAL EQUIPMENT AND APPLIANCES
Electronics: All electronics by Gimix, Inc.
Appliances: Built-in wall ovens by Thermador Div., Norris Industries; refrigerator and freezer by Sub-Zero Freezer Co., Inc.; KitchenAid dishwasher and food waste disposer by Hobart Corp.; exhaust fan by Vesco. Laundry washer and dryer by Maytag Co.
Water heater: 100-gallon tank by A. O. Smith Corp.
Heating and cooling system: Gas-fired forced air system for heating and cooling and radiant heating in floor slab. ■

Technology and the human adventure

continued from page 50

then we will have chosen not to invest these resources in other worthy enterprises. Every time we choose to do something, we are, willy-nilly, choosing *not* to do something else.

The problems that accompany technological development must be solved; but the solutions can only come through more technology, not less. For all our apprehensions, we have no choice but to press ahead. We must do so, first, in the name of compassion. By turning our backs on technological change we would be expressing our satisfaction with current world levels of hunger, disease, and privation. Further, we must press ahead in the name of the human adventure. Without experimentation and change our existence would be a dull business. We simply cannot stop while there are masses to feed and diseases to conquer, seas to explore and heavens to survey. ■

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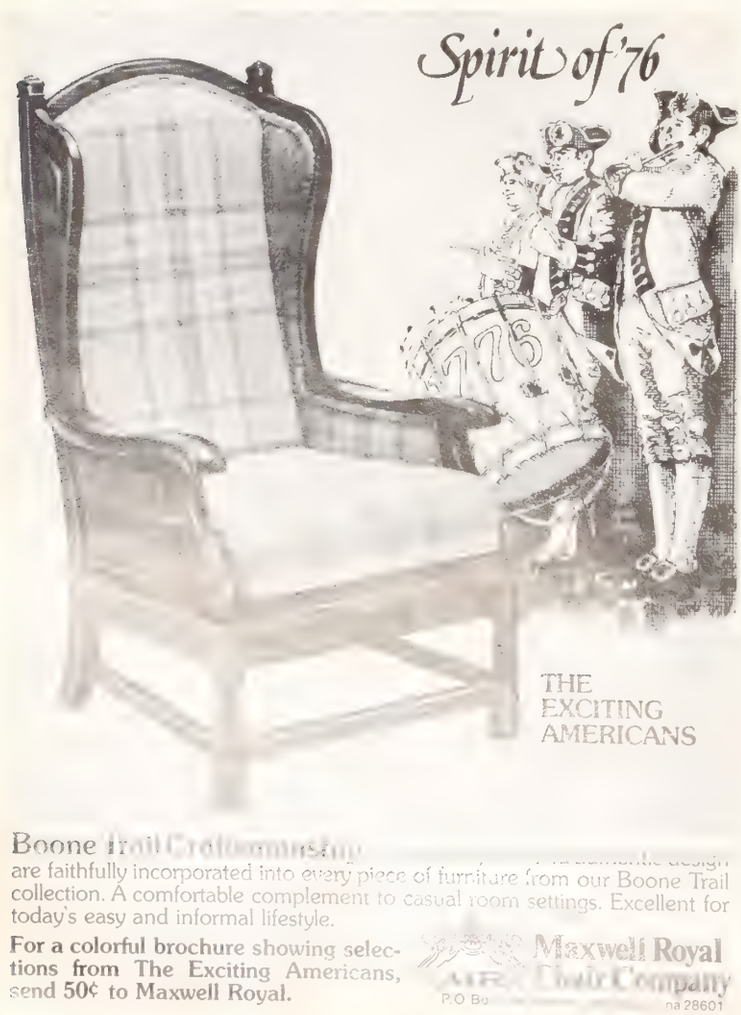


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Building and Remodeling

1. "DECORATING IDEAS WITH CERAMIC TILE"—a new 16-page color brochure shows ways to decorate kichens, baths, dining areas, and family rooms—suggests color coordination, how to build or remodel with ceramic tile. American Olean Tile Company. 25c

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7. FASHION KITCHENS. Two beautifully illustrated color booklets from the St. Charles Manufacturing Company offer you a preview of its versatile kitchens. Each kitchen, from color to cook-tops, is custom treated to match the house and needs of the family living in it. Both booklets, $3

Decorating

8. DINING ROOM AND BEDROOM furniture rooted in Americana is presented in two imaginatively illustrated catalogues from American Drew, Inc. The "Tanglewood" collection, inspired by the past, is executed in deeply grained oak solids and veneers. The "Companion" group, designed for today's casual lifestyle, is beautifully crafted of fine white pine, hardwood solids, and pine veneers. Both catalogues, $2

9. "ORIENTAL DESIGN RUG HANDBOOK" by Karastan Rug Mills has been enlarged to contain more historical information on the origins of Oriental-design rugs and more details on the symbolism in the motifs and colors of the fabulous rug patterns. 50c

10. "WINDOW MAGIC." The newest edition of this booklet contains full-color photos of room settings, hints on decorating with Levolor blinds, and do-it-yourself instructions for laminating and painting designs on these custom blinds. The brochure is filled with pictures of distinctive interiors by well-known designers. 50c

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Eating and Entertaining

13. ENTERTAINING CAN BE FUN and easy is the message of "The Coffee Table Booklet." Compiled with the cooperation of House & Garden, the booklet includes hostess tips, ideas for parties, and recipes using Bahia Coffee Liqueur. Heublein, Inc.

INTERNATIONALLY AC-AIMED GOURMET KITCHEN IVES from Germany are presented this full-color, 20-page catalogue n J.A. Henckels. Slicers, cleavers, zen food and assorted cooks' knives among the wide variety.

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Potpourri

9. VACATION PLANNING KIT. irginia State Travel Service offers booklets to help you decide what to do: "Camping in Virginia," "Civil War Battlefield Parks," Golf in Virginia" and many more even one offering movies.

20. "TRAVEL SOUTH USA." Twelve-page travel guide to eleven states important as historic, recreation, and scenic vacation spots. Resorts, festivals, landmarks are described and illustrated. Southern Travel Directors Council. 25c

21. "THE WONDERFUL ART OF COLOR DYEING." This booklet offered by Rit Dye, shows how to give new color to home fashions and furnishings through a variety of dyeing techniques. Included are instructions for tie-dyeing, easy batik, washer dyeing, and dip-dyeing.

22. VACATION INFORMATION about the world's second largest country—Canada. Booklet describes some of the highlights of each major tourist area. Variety of tours gives you a choice of "how to see." Air fare chart, too. Air Canada.

23. MOTOR HOMES. To help you choose the motor home that is right for you—4 consumer brochures from GM, illustrating its Glenbrook, Palm Beach, Crestmont and Birchaven, and Eleganza II models are available to you. Each of the brochures highlights the important features.

24. "SI! THE PRICE IS RIGHT!" presents travel packages to your choice of 15 outstanding destinations in Mexico. Special rates and extras at superb colonial hotels in cosmopolitan cities, archeological centers, luxurious sun resorts, and sleepy fishing villages. Nacional Hotelera.

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July, 1976

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Carolina Mirror Corporation
North Wilkesboro, North Carolina 28659



Small towns and country flowers

By Marybeth Little Weston



Bluebonnets, poppies, other wild flowers (see pages 38 and 138) sweep like a Milky Way of colorful stars along the roadsides of Texas in spring and early summer. Lady Bird Johnson, like the rest of us, likes nothing better than seeing wild flowers and meeting people who share her interest in preserving country flowers, small towns, and lovable old buildings, historic or not. Last April, in a sort of modern-day wagon train of cars, several friends followed her lead through some flowery counties in central Texas. They soon discovered that Mrs. Johnson travels as a butterfly flies—in starts and stops, so as not to miss anything interesting, including a perfect place to picnic. (In these parts, wise travelers carry hampers and coolers because of the distance between towns and restaurants and because there are many inviting places to stop. Mrs. Johnson herself gives awards to highway maintenance people who beautify roadsides with flowers and parks.)

Many highway signs in Texas say simply, "Drive Friendly," and people do. House tours during wild flower season are worth asking about, and usually raise money for local buildings and parks.

First stop on the pilgrimage, starting east out of Austin, was nearby Bastrop, with a population of about 3,350. It is a lived-in anthology of 19th-century architectural styles, from the settler's cabin to Greek Revival to lace-valentine Victorian. Because Texas is a con- [illegible] native styles of archi- [illegible] well as plants, some of [illegible] could be Anywhere, [illegible] Texas's history [illegible]. The first settlers came as colonists, [illegible] a Declara[illegible] picked as their first president [illegible] victorious general, [illegible]. For [illegible] president [illegible] capital called Washington-on-the-Brazos, but joined the United States voluntarily in 1845. Many hamlets here, as elsewhere [illegible] staying alive because people are making real efforts to keep their towns attractive to visit. They are looking toward their future by showing off their past.

Calvert, population 1,790, was the next stop, not counting a picnic on the road from Bastrop toward Dime Box. The picnic was under a shady live-oak near a wine-cooling stream, and was served on a "Texian Campaigne" toile tablecloth (inspired by the Staffordshire pattern) brought along by the Marshall Steves of San Antonio. Calvert, midway between Dallas and Houston, is a town that intends to stay alive. It has great old houses, park gazebos, even a cast-iron building, all dating from its cotton-and-railroads wealth of the 1870s and 1880s. To keep Main Street busy now, Mrs. Douglas McCrary, Mrs. Wesley Anderson, and other townspeople have converted unused banks and warehouses into a colorful row of antique shops, closed only on Tuesdays and Wednesdays. Money-raisers to preserve historic buildings are the Spring Pilgrimage house tour and a reissued 1910 *Calvert Civic League Cook Book* ($4.75 postpaid from Mrs. McCrary, P.O. Box 36, Calvert, Tex. 77837). Out at the McCrary's Wildcat Farm, where the house is a remodeled depot, dinner was home-grown, even the beef. Mrs. Johnson stayed at their 1880 Blue House in town and the rest of us also awoke to the small-town sounds of roosters crowing and mockingbirds singing and the lonesome sound of a train going through. For bed and board, wildflower pilgrims usually go to nearby Bryan or Brenham.

Independence, population 140, was the next day's morning stop. Weekly quilting bees, held at the restored 1839 Baptist church on Wednesday mornings from 9 to 12 (tourists are welcome), benefit a museum and local buildings. Sam Houston was baptized in Independence, said his pocketbook was baptized, too, and pledged to pay half the pastor's salary. George Washington Baines, President Johnson's great-grandfather, was a later pastor of this church and president of the local college that became Baylor University in Waco. Old Baylor's stately columns stand among wild flowers and picnic tables, along with an 1824 pioneer house, painted a characteristic indigo laundry-blueing blue.

Washington-on-the-Brazos, population 265, is a whisper of its romantic past, when, as capital of a republic, it received diplomats from the United States and European countries. A handsome state park and star-shaped museum use local citizens as guides.

Chappell Hill, population 310 is a living-and-breathing small town on the Bluebonnet Trail. Not to be missed are views of the village, expertly appliquéd and embroidered on 30-foot tapestries by women of the local historical society.

Round Top, population 100, was the swift day's destination, in a green and rolling countryside that reminds some people of Ireland. Mrs. Charles L. Bybee of the Pioneer Arts Foundation showed Mrs. Johnson Henkel Square, a restored German-Anglo community in Round Top (House & Garden, March 1975). She se[illegible] dinner in the kitchen of an 1[illegible] double log cabin and put ev[illegible] one under patchwork quilts fo[illegible] night. Travelers usually sta[illegible] motels in La Grange, and rec[illegible] mend the BonTon restaurant[illegible] informal place for catfish [illegible] chicken, or the Brazos Bell[illegible] Burton—good to know if one [illegible] attends a summer concert at [illegible] Rount Top Music Festival, fo[illegible] ed by pianist James Dick.

Goliad, population 1,771, [illegible] the last stop after miles and m[illegible] of wild flowers. It is about [illegible] hours south of San Antonio. W[illegible] Mrs. Johnson was First Lady [illegible] brought the foreign press c[illegible] here for the beauty of the sp[illegible] flowers and the 1749 Spanish f[illegible] Presidio La Bahia, built to pro[illegible] a mission to the Indians. It [illegible] reconstructed by writer/ranc[illegible] Kathryn S. O'Connor and her f[illegible] ily, working with architect Rayf[illegible] Stripling. He joined Mrs. John[illegible] on a tour of Mrs. Howard Ra[illegible] sey's 1853 brick house and othe[illegible] One of the many things that stril[illegible] the modern visitor to Goliad, [illegible] deep-South town with a chili-p[illegible] per tang, is that as the town gre[illegible] big trees were never bulldozed. T[illegible] streets simply split or meand[illegible] around trees, and this eccentric[illegible] adds to the charm. Here, bed a[illegible] board are no problem, but we h[illegible] a special treat—a picnic in a pa[illegible] ture—near another interesting c[illegible] town, Gonzales, on the way fro[illegible] Round Top to Goliad. Ranch[illegible] Gilbert Denman simply mowed[illegible] clearing in the grass and set Nan[illegible] Negley's feast on benches a[illegible] blankets hauled in a station wago[illegible]

House & Garden takes a Bicentennial trip with Lady Bird Johnson to see "small towns, wild flowers, and people doin[illegible] something to preserve them"



Left: In Calvert, an 1880 Victorian house restored by the Douglas McCrarys.



Below: In Washington-on-the-Brazos, 1884 president's house when Texas was a republic.

Old towns and pretty country[illegible] side are not just America's pas[illegible] They are what we are now. Mr[illegible] Johnson hopes that during this B[illegible] centennial year each of us will tak[illegible] "a back-home or close-to-hom[illegible] trip" and see our part of Americ[illegible] with new eyes, the challengin[illegible] eyes of the future. ■

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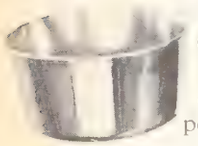






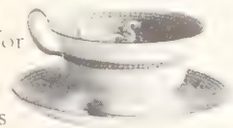


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AUGUST, 1976



ON THE COVER: It's a barefoot living room for a barefoot summer. Everything in it is designed for take-it-easy, no-fuss living—and the good looks and comfort are built in. Into a shell of blue-painted plywood, designer John Saladino tucked a lineup of cloth-covered foam modules —the "Balluff" Knock-Down component seating system from Sweden. (For more about the modular and K-D way of life see page 80.) Cotton covers zip on and off; they're even machine washable. The outer rim of the shell forms a shelf that leaves plenty of room for plants, books, art. Awning stripes of gray and white acrylic sailcloth cover the pillows on the floor and on the sofa. The simple white-lacquered table is inlaid with blue and white ceramic tiles. Above it all, wood rafters dry-brushed white for the cool feeling of an arbor brought indoors. Component seating system, canvas chairs from the Workbench in New York; pillow fabric by Lehman-Connor; tiles from Country Floors; marble sculpture by Xavier Corbero at Staempfli Gallery; fiberglass window shades filter light, help reduce summer heat, by Joanna Western [illegible] by Trend Designs.

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New York's aerial tramway over East River

Hanging by a thread

All aboard the Roosevelt Island Tramway! It's the first in-city aerial transportation in the country and may rival the World Trade Center as a tourist attraction. A 50-cent token buys the 4½-minute ride over New York's East River, parallel to the Queensborough Bridge. You see the 59th Street heliport pad below, get a peek at terrace gardens in the luxury apartment buildings in the neighborhood. The $6.8 million air-tram system is from Switzerland, in colorful red, yellow, and blue. Two cabins ply from one terminal to the other. On the island you get on and off at street level. In Manhattan you climb 35 stairs to the platform. Don't be daunted if you have bike, baby carriage, or wheelchair, for there is an elevator—but you have to look hard for it.

Here comes the Grooms

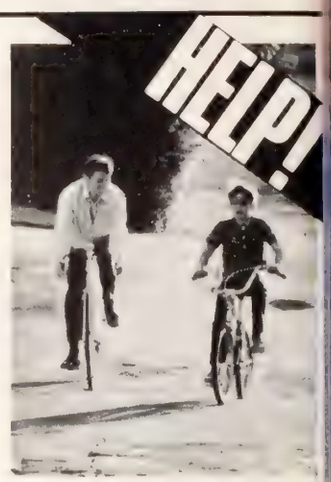
However gruesome some aspects of city life may seem, they can also be hysterically funny. Artist Red Grooms's Ruckus Manhattan show, "a sculptural novel of New York" at the Marlborough Gallery, made light of the subway, the porno shop, the skyscraper. Buildings and colorfully painted plaster figures with a Disneyland quality made the large exhibition a sort of popular entertainment on one level, environmental art on another. There were "skyscrapers" to climb, "bridges" to cross, the door of a monstrously distorted version of the Woolworth Building to revolve in. Put together by the Ruckus Construction Company, the zany constructions are satirical and satisfying, frightening and friendly. Another Grooms show opens August 1 at the Colorado Springs Fine Arts Center, Col.



Red Grooms's wife Mimi at show



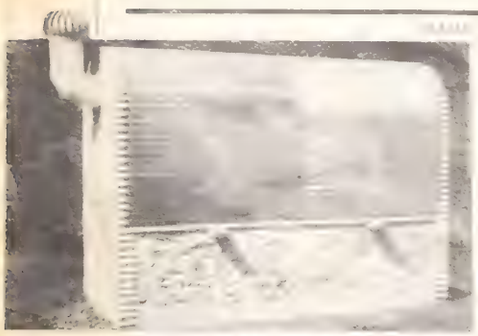
Grooms's subway car. Real rider is Jack Mognaz of Marlborough Gallery



Brotherly love

Children need love, but it's not easy to get it if you're a retarded or a so-called "difficult" child. One program which helps remedy the emotional deprivation such children suffer from is run by the Jewish Board of Guardians. They ask for "Big Sibling" volunteers, people children can count on for a one-to-one relationship at least twice a month. Volunteers are screened and matched very carefully with young would-be relatives. Many relationships last a lifetime. Most cities have Big Brother chapters and there is a growing Big Sister program. Consult your phone directory or health department.

ELSPETH FLYNN



Solar greenhouse, outside, and in



Greenhouse for all seasons

Michael Jantzen, whose screen house is shown page 44, is experimenting with low-cost structures of all types. This little greenhouse, 4 ft. wide, 12 ft. long, and 8 ft. high, costs $850. It's super-insulated on three sides. The south side has corrugated Fiberglas panels, covered at night by sliding insulated metalized foam blankets (to keep solar heat in). With the addition of a small electric or gas heater in very cold weather, you can grow vegetables until planting time here year-round. Building materials are on page 156. Plans costs $10, from Michael Jantzen, Box Carlyle, Ill. 62231.

GARDEN ART

Mulch ado

In the glorious renaissance of gardening in America (it will be permanent, won't it?), there exists an error of a very pertinacious sort—the belief that a mulch will eliminate weeds, viruses, mosaics, failure, blights, the need to water, and the need to work. A pretty idea. A pity it's not true. A mulch is simply a gardener's aid and no more. The mulch is part of the garden's apparel. A form of garden clothing. It is also a rug to our outdoor living room. It must be chosen not only for its organic virtues but for its color as well. If your climate is a constant, stunning blue sky intense with sunshine, choose a dark mulch to show off the light greens, or your work will blur into invisibility. Contrariwise, if you live near clouded coastlines where light is nearly always filtered, then light-color mulches will delude one into thinking days are clear. The choices are simple: For dark mulch use bark chips of cedar or composting pine needles and matter that darkens when wet. For light mulch, use meadow grass before seedtime, straw, or that glowing cushion, salt hay. Think of gardening as putting colors together to make one great canvas.

ROBERT DASH



Sears Royal Jewel Curtains. Sheer beauty, solid value.

Better Fabric, Better Body, Better Drape than most other sheer curtain fabrics. Because Royal Jewel curtains are woven with more finespun threads to the square inch.

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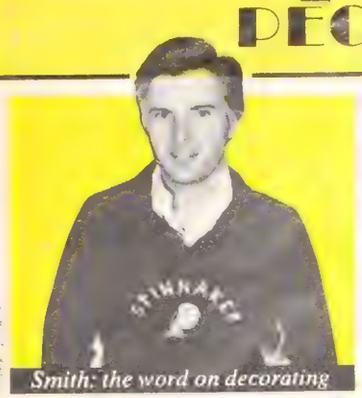
Large Selection of Styles and Sizes. Rod-pocket panels, tier-on-tiers, shorties, pinch-pleated draperies and romantic priscillas. Matching valances too. Sixty-four sizes in all!*

Prices as Light as Air. Find your Royal Jewel solid value sheer curtains now at most larger Sears, Roebuck and Co. stores and in the catalog.

*All sizes and styles not available in all colors.

Only at Sears

LIVING PEOPLE



Smith: the word on decorating

Big bonus for ocean-going travelers today are talks from experts. **Dr. Joyce Brothers** is on board the Q.E. 2 talking about "Love 1976." When Arden's **Pablo Manzoni** couldn't make the Royal Viking Sky's cruise through the Baltic July 30 to August 13, he recommended interior designer **Arthur Smith.** He's giving four 45-minute talks on decoration in between stopovers in Finland, Russia, Germany, and Holland.

Artist **Barbara White's** church studio in High Falls, N.Y. (she put



Santa Fe's August festival, Zozobora, from Shape of Joy

it up for sale when she took off to study environmental housing in Auroville, India) is now a mus[illegible] for the Delaware & Hudson Canal Society. Columbia's Dean of Architecture **James Polshek** and graphic designer **Connie Olguin** (neighboring weekenders) pitched in free services to remodel it.

Singer **Marilyn Sokol** impressed guests at New York restaurateur **George Lang's** late May dinner dance (hot Szechuan food) with her Judy Garland-sized talent. Light patter songs and moody blues were equally appreciated by guests, including **Zero Mostel, Senator Jacob Javits,** NYC [illegible] **Jacques d'Amboise.**

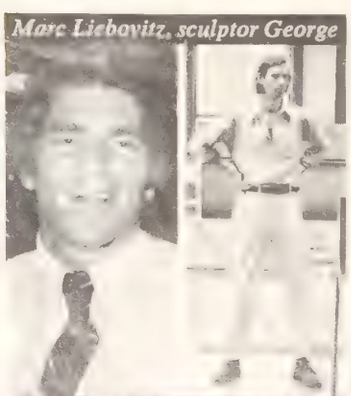
Lost but not found—a genuine lock of George Washington's hair. The **Duke of Argyll** brought it over to the U.S. as a Bicentennial gift and lost it in transit in a hotel. The Duke's trying to raise money to restore Inverary Castle, burned down last year.

Consumer champion **Betty Furness** will be stirring things up at the American Society of Interior Designer's convention in Atlanta. She speaks her mind August 1.

Art action in San Francisco: **Angelica Reynal Thieriot** (her South American father **Juan Reynal** was one of the all-time international polo greats) has opened a new art gallery in partnership with **John Drum. Marc Liebovitz** from Knoedler in New York is also on the scene. His Gallerie Marc will specialize in modern painting.

Two new antiestablishment magazines are now in print: *Tracks,* edited by sculptor **Herbert George,** and *October,* edited by critic **Rosalind Krauss** with **Jeremy Gilbert-Rolfe** and **Annette Michelson.** Both for and about artists, esoteric (e.g. from *October* "to express something means you first killed it"), but interesting.

There's more fun in America than you might imagine. Architect **Chadwick Floyd** of Moore Grover Harper and Harvard photographer **Melinda Blauvelt** safari'd 40,000 miles in 9 months covering American city festivals. Result: their soon-to-be-published superbook on celebrations, *The Shape of Joy.*



Marc Liebovitz, sculptor George

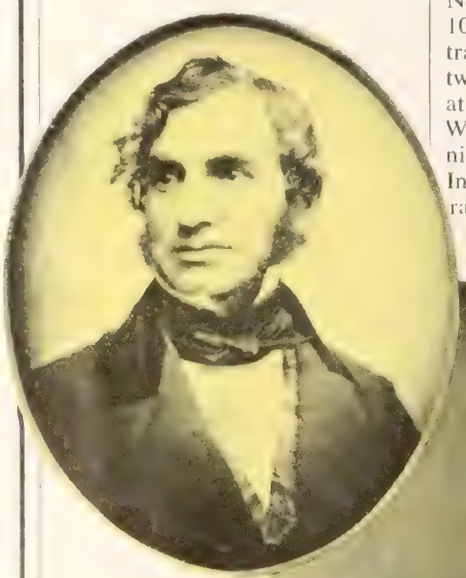


Gallery owners Angelica Reynal Thieriot and John Drum

C'est la Daguerre

Daguerreotypes, the first photographs, were made on polished silver plates so shiny the image can only be seen when reflected against a dark surface. Yet no subsequent process, not even the most revolutionary camera, can render such exquisite detail, and nothing has been able to replace the magic of the elusive daguerreotypic image. The 19th-century portraits from the Boston studio of Albert Sands Southworth and Josiah Johnson Hawes were extraordinary. Large and visually powerful, these probing studies of personalities included Ralph Waldo Emerson, Daniel Webster, Henry Wadsworth Longfellow, and Harriet Beecher Stowe. John Quincy Adams was photographed seated beside a book-strewn table; actress Lola Montez posed provocatively with a cigarette in her black-gloved hand. Now through December 18, over 100 Southworth and Hawes portraits and landscapes made between 1843 and 1862 are on show at the National Portrait Gallery, Washington, D.C. This Bicentennial exhibit was organized by the International Museum of Photography in Rochester, N.Y.

ROBERTA HELLMAN
MARVIN HOSHINO



Above, celebrated author Henry Wadsworth Longfellow, a dandy of his day, in daguerreotype



Right: Lola Montez, legendary 19th-century dancer and rebel, caught in daguerreotype with cigarette in hand.

Would you buy a used map from this Duke?

Brigadier General Lord Percy commanded the Fifth Regiment of Foot in the War of Independence and his army was almost entirely [illegible] to pieces on Bunker Hill. He [illegible] on, though, to command other battles and, safely back in England in 1786, became the Second Duke of Northumberland and master of Alnwick Castle. Today the present Duke, tenth to hold the title, has brought to light some of his ancestor's war treasures—seven unique maps made by Lord Percy's cartographers while he was engaged in war. The Duke is offering each one in a limited Bicentennial edition, along with a copy of a fascinating letter Lord Percy wrote to his family from Boston in April 1775. Each print is $175, framed. From Rex Hearn Company, Suite 1602, 50 Vanderbilt Ave., New York, N.Y. 10017.

Duke of Northumberland: found [illegible]





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LIVING

Bicentennial bounty


John Warner

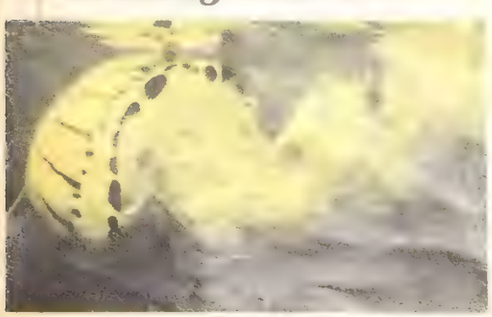
Bicentennial gifts continue to pour into the White House at the rate of about 50 a day, reports Deputy Special Assistant to the President Milt Mitler. "All types, all values, from a child's simple hand-drawn birthday card to an elaborate piece of sculpture." If you want to see them, there is a special display in the Great Hall of the Commerce Building, Washington, D.C., open seven days a week, from 9 A.M. to 6 P.M. (no charge). So far no decision has been made about what to do with these things. "Some will probably go to museums, others to the archives, to be brought out again at the Smithsonian in 2076." Over at John Warner's office (he is Administrator of the American Revolution Bicentennial Administration), everyone is concentrating on Bicentennial projects across the country. The former Secretary of the Navy has traveled constantly this year all over the world, attending official Bicentennial events. This month, he will visit the Crow Nation in Montana.


Clipper ship gift


Girl Scouts book


Royal Worcester plate presented for the Bicentennial

Making waves




Purple jellyfish, one of many dazzling photos in oceans book by Elisabeth Mann Borgese, right.

Growing population pressure, food shortage, changes in the world's climate—all these factors are turning people's thoughts to the sea, "the last frontier," says author Elisabeth Mann Borgese in *The Drama of the Oceans* (Abrams, $25). Mrs. Borgese (Thomas Mann's youngest daughter) is an executive of the International Ocean Institute in Malta and was one of 1,200 delegates at the recent U.N. Conference on the Law of the Sea. Concerned about haphazard exploitation and pollution, she is also anxious that the sea be enjoyed by all. "Let's create more marine parks," she says, "with underwater restaurants, observation towers. Aquatic wildlife reserves are as exciting to visit as national parks." Mrs. Borgese's epic, accompanied by 136 illustrations, is dazzling. It's high time for everyone to dive into the subject.

DEPARTURE POINTS


Dieppe: the scallop catch


Cooking school chefs

Have whisk, will travel

In the French port of Dieppe when you find "seashells by the seashore," they are often succulent Coquilles Saint-Jacques au naturel, the local scallops cooked only in native butter. And from late September through April most of the tourists in this friendly Channel town concentrate much more on saucepans than on their cameras. The main attraction is the Five-Day Dieppe Cooking School conducted by Maurice Lecourt, one of Normandy's renowned chefs. Last year some 2,000 enthusiasts from Seattle to London attended 23 English-language cooking sessions during the fall, winter, and early spring. Before the school started five years ago, there were hardly enough off-season visitors in Dieppe to break eggs for a soufflé. Summer is something else. Only two hours from Paris by train and four hours on the car ferry from Newhaven, England, Dieppe has always been a bustling summer resort. Ruskin wrote there, Pissarro painted seascapes. The proprietor-chefs of three hotels (Tilquin of the Univers, Lambert of the Windsor, Ponjon of the du Rhin and the tourist office decided to do something about the bleak off-season. And thus was born the Dieppe Cooking School. The weekly prices, astonishingly low in today's France, range from approximately $155 each for a double room and bath at the three-star Univers to about $110 for the same in the two-star du Rhin. This includes *everything,* starting with dinner Monday night through breakfast on Saturday, four 2½-hour lessons (each a three-course meal), a tea party with the ladies of "Dieppe Accueil," visits to a Benedictine distillery, a Norman dairy farm, Rouen, and finally a diploma awarding banquet with champagne. Three different five-day courses follow in sequence and you can take one, two, or all three. In the demonstration kitchen in the du Rhin, Professor Lecourt waves his wire whisk, shows how to turn curdled sauces into triumphs. For details write the Dieppe Cooking School, 18 Blvd. de Verdun, Dieppe, France 76200. DEE HARDIE

Rothschild rarities

Harry Bailey, a New York art dealer formerly with Christie's, is handling the sale of some very special 18th-century French antiques that have come from Baron Édouard de Rothschild's Avenue Foch Paris town house. "The Louvre has been a bit reluctant to let these things out of France," reports Mr. Bailey. "They should be of interest to American museums." Prices reflect the fact that these are extraordinary treasures. Two Boulle chests are available for $180,000 the pair. Then there's a Chinese lacquered secretaire for $120,000. In Mr. Bailey's New York apartment now is "a preview of things to come"—ten items, with some vases and sculpture, valued at about $1 million. Interested buyers who want to view the collection, can see it by appointment only. Phone 212 753-4114.

KEITH TRUMBO


Bailey and Rothschild heirlooms



For delicious dessert recipes using Heublein Grasshopper and Brandy Alexander, send 25c to P.O. Box 956 Dept GH6 Hartford, Conn. 06101. This offer expires December 31, 1976.

LIVING

Five finger exercise

At St. Vincent's Hospital in New York, a new hand gym—a small plastic device for exercising the hand—has proved helpful to those suffering from arthritis. Tests have shown it to be an easier way to bring back articulation than the standard, rather complicated exercises. Dr. Judith Schaufler, who has carried out the 4-month study, cautions the gym should be used only with a doctor's okay. Some of her patients have regained the ability to write, open a screw-top jar, and pick up small objects. Isometric and motion exercises devised for the gym have also proved beneficial to people with burns, partial paralysis after strokes, fractures, and normal old age stiffness. The gadget is $20 including postage. Write Hand Gym, Inc., Point Lookout, N.Y. 11569.



New hand gym for arthritis

New method for measuring depression

Until now doctors have had to rely almost entirely on their own observations and a patient's self-assessment to determine depression. New studies suggest that electronic tests may provide a surer diagnosis. Experts at Harvard University and Massachusetts General Hospital have discovered that minute facial muscle movements, related to emotion, can be measured electronically. In the study, subjects were asked to imagine happy, sad, and angry situations, without any visible change of facial expression. Electrodes placed on their faces recorded muscle activity. Normal and depressed people showed similar patterns of muscle activity while imagining sad and angry situations. Depressed subjects showed abnormally low activity when asked to imagine a happy situation. Such findings take research on depression a step further.



Designer Pratts tries steam machine in her zany Bloomingdale's window

Smashing windows

What are all those people doing outside Bloomingdale's? They're looking at the innovative, whimsical windows done by Candy Pratts, a lively young designer who has almost singlehandedly led the revolution in New York window design. Now 26, Candida, as she prefers to be called, made her name doing the Charles Jourdan shoe store windows on Fifth Avenue. She had no previous training and sneaked her way into the organization as a shoe saleswoman. Today at Bloomingdale's she's responsible for windows in 11 stores, with a staff of 37 in New York alone. Candida has broken practically all the rules. She shows dresses from the back, bathing suits draped casually on hooks, mannequins looking at TV. "It's either total fantasy or total reality," she says. "It's not hard sell. But I think people are more attracted to look at the windows." Where does she go from here? Frankly, she doesn't want to get tied down with business meetings, budgets, memos, and everything else that goes with being a corporation executive. "It's very important that I keep on the creative end. I'll probably go on to do movie sets." Meantime, there goes the phone—and it's on with the relentless task of planning and tearing apart 40 windows every two weeks.

Fiorucci Milanese

In New York, there's a taste of Italian "radical design" in the new Fiorucci shop on 59th Street. Ettore Sottzass and Andrea Branzi, the two Milan designers who planned it, did just the opposite of what architects usually do when creating a store. They broke through the ceiling to expose all the mechanical details—heating, lighting, air-conditioning conduits. They tore back the plaster to expose brick walls. For changing rooms, they designed freestanding cubicles "like toilets" which can be grouped and shifted around the space as displays change. Clothes are hung on industrial aluminum piping. Movable, flexible, it can be reassembled into many different configurations, like a Tinker Toy system. "We are radicalizing the meaning of design," says Sottzass. "This shop is not a decorated room, it's more like a street, quite free and open. We don't want to do cosmetic cover-up jobs, make everything look beautiful."





At Fiorucci, Ettore Sottzass, left, Andrea Branzi, right.

Sock it to 'em

If you find a closeout in socks, as Dorothy Globus of Cooper Hewitt Museum did, buy 5 dozen pairs and work them into a quilt. She sewed each one to a cotton base made from a sheet, leaving the top of the sock open. Then filled each sock with polyester fiberfill and closed it up. This top layer was then machined to a second sheet and polyester fiberfill placed between the two. Cost of quilt: $6 for socks; $15 for sheets; $15 for fiberfill. Total: $36.



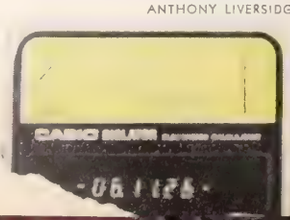
Dorothy Globus and sock quilt

The mood machine

After the mood ring, the mood machine. It's a calculator with a special memory "chip" for checking biorhythms. Operation is simple: Press keys of your birth date and touch the blue Bio-button, and the machine comes up with a three-number read-out. These numbers record your physical, emotional, and intellectual status. Refer to the chart at the top of the Biolator to find how you stand *today*. The theory of Biorhythms is still being argued. The latest book is Bernard Gittelson's *Biorhythm: A Personal Science* (Arco). But many aficionados find biorhythms as intriguing as astrology, and schedule job interviews, vacations, and parties by this personal birth graph.

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Henredon

QUESTIONS & ANSWERS

Antiques

By Louise Ade Boger

19th-century chair-table



Can you tell me something about the history of chair-tables, such as the one in my snapshot?

E.C.D.—Amsterdam, N.Y.

In England this convertible form of furniture, in which the hinged back of the chair swings over to form a table, was in use from medieval times and was made in quantity in the 17th century. In the U.S., examples of this dual-purpose furniture survive from the 17th century. Your chair-table dates about the 1890s.

German ballerina mark



My German porcelain ballerina has this mark. Can you tell what the "N" means. Is the piece old?

C.B.—Kenilworth, Ill.

Your ballerina was made some time after 1890. The crowned "N" (for Naples) indicates the figure has been modeled in the Capo-di-Monte style, which, at its most captivating, possesses an admirable rhythmical movement and softness of outline.

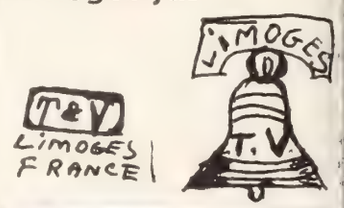
LaSa pottery



My vase has "Weller-LaSa" written on its side. What can you tell me about it? E.W.K.—Glencoe, Minn.

Your vase was made by the Samuel A. Weller Co., a large commercial art-pottery active at Zanesville, Ohio, 1882-1949. LaSa, an iridescent pottery, was a line created by John Lassell (1871-1926), who was in charge of the Weller decorating department in the early 1920s.

Limoges jar





From the marks and photograph can you identify my china jar?

J.R.G.—San Jose, Cal.

Your covered jar with stand was made at the Limoges porcelain factory of Tressemanes & Vogt at some time after 1890 and perhaps before 1919.

Continued on page 2

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GROUP I



GROUP II



GROUP III



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Pc. PL Set	$120.00	$ 80.00	$ 135.00	$ 90.00	$ 155.00	$103.33
-Pc. Set	480.00	320.00	540.00	360.00	620.00	413.33
-Pc. Set	960.00	640.00	1080.00	720.00	1240.00	826.66

EM	GROUP I Reg. Price	GROUP I 25% Off Price	GROUP II Reg. Price	GROUP II 25% Off Price	GROUP III Reg. Price	GROUP III 25% Off Price
aspoon	21.00	15.75	25.00	18.75	30.00	22.50
ce Fork	35.00	26.25	39.00	29.25	45.00	33.75
ce Knife	32.00	24.00	36.00	27.00	40.00	30.00
ad Fork	32.00	24.00	35.00	26.25	40.00	30.00
ce Spoon	32.00	24.00	35.00	26.25	40.00	30.00
reader	21.00	15.75	25.00	18.75	30.00	22.50
d Bev. Spoon	27.50	20.63	31.50	23.63	36.00	27.00
ce Fork, Large	43.00	32.25	50.00	37.50	57.00	42.75
ce Knife, Large	36.00	27.00	43.00	32.25	48.00	36.00
ERVING PIECES						
utter Serving						
Knife (H.H.)	$ 26.50	$ 19.88	$ 29.50	$ 22.13	$ 33.00	$ 24.75
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uffet Fork	62.50	46.88	69.00	51.75	76.50	57.38
Gravy Ladle	62.50	46.88	69.00	51.75	76.50	57.38
ie or Cake						
erving Knife	32.50	24.38	37.50	28.13	42.50	31.88
ugar Spoon	31.00	23.25	34.50	25.88	39.50	29.63
ablespoon	57.00	42.75	65.00	48.75	73.00	54.75
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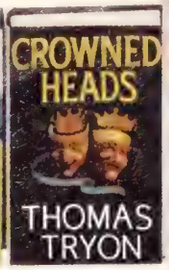
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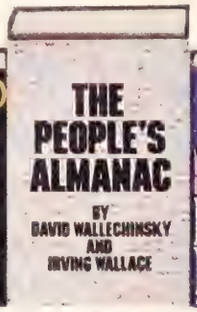
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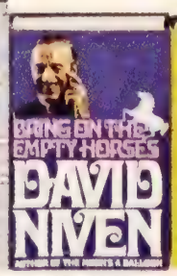
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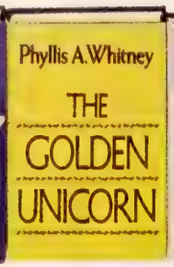
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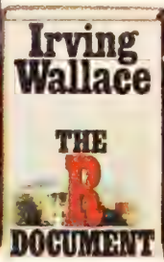


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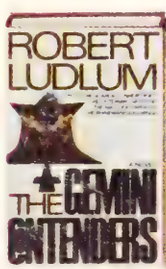
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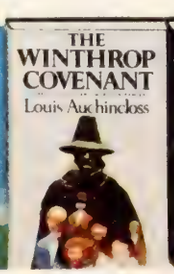
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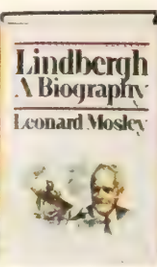
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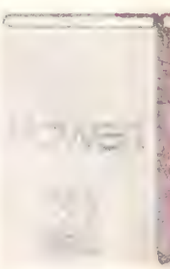


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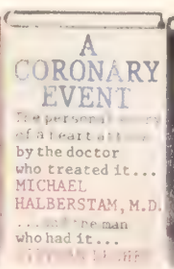
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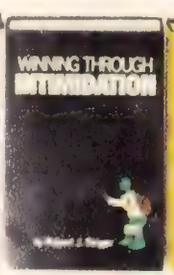

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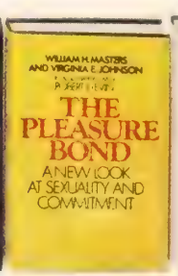
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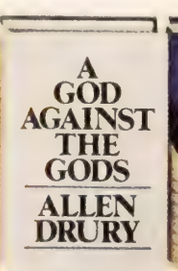
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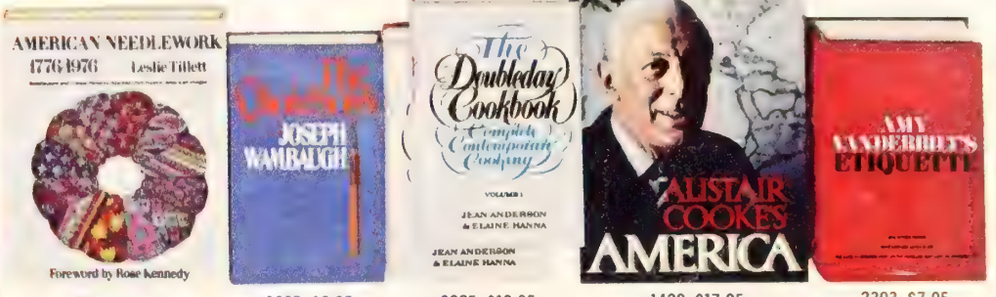
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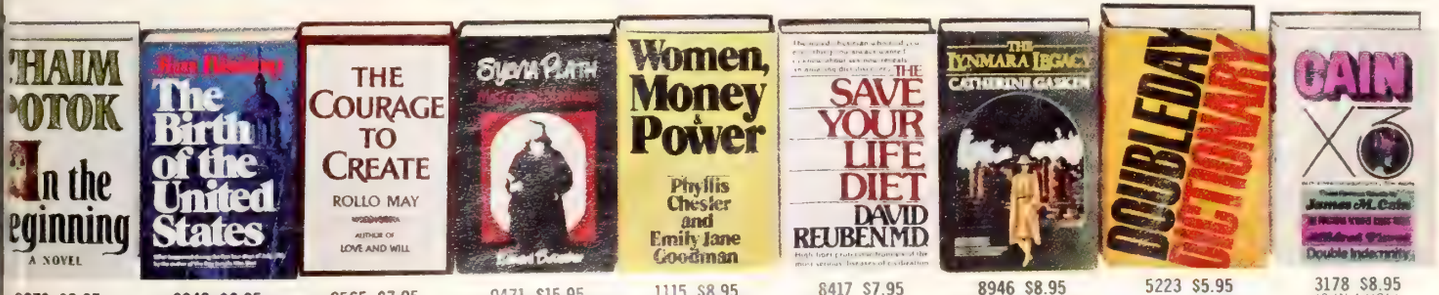
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Antiques
continued from page 14

Baltimore coffee service



My coffeepot was made by Jacobi & Jenkins. Can you identify it further? B.H.T.—Opelousas, La.

Your coffeepot was made in Baltimore, Md., between the years 1894 and 1908. This elaborate repoussé and chased pattern of naturalistic roses is popularly called "Baltimore Rose," as it is identified with the work of leading Baltimore silversmiths.

Indian-shooting-bear bank



I'm told this is the oldest "shooting bank." Is it true? What can you tell me about it?

B.E.—East Hampton, N.Y.

The first shooting bank was Creedmore, patented in 1877. However, the action in your bank is the same as the Creedmore and several others, including "William Tell" and "Teddy and the Bear." The man with the rifle shot the coin into a slot in a target and rang a bell. The rifle contained a paper cap that exploded. Your bank, originally advertised as "Bear Hunt Bank," was patented on Jan. 17, 1888, made by J. & E. Stevens, and still listed in its 1917 catalogue. It was included in the 1902 Sears Roebuck catalogue, and priced at 85c.

American clock

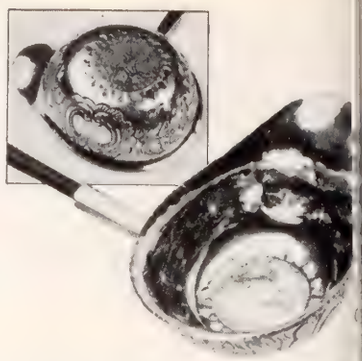


Who made my clock? Is it old? Is it a rare design?

I.S.—Pleasant Hill, Cal.

The Ansonia Clock Company made your drop octagon wall regulator with a two-sided base probably in about the 1880s. Thousands of this class of wall clock, with slight variations, were made, and because of their enduring popularity are still being made. The date calendar on yours is an unusual feature.

English punch ladle



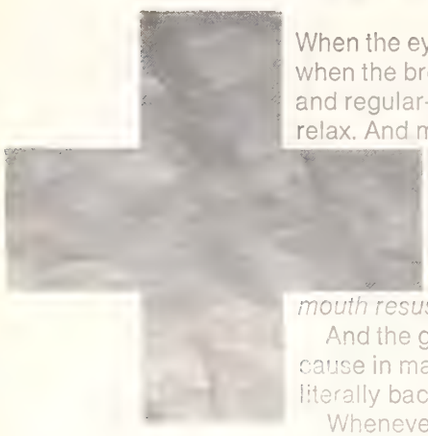
My sterling silver punch ladle was made in Chester, England. The date on the coin in the bottom of the bowl is 1787. Does this mean that my ladle was made in the 18th century and is an antique?

N.T.—Scarsdale, N.Y.

No, your punch ladle is Edwardian, 1901-1910, but it has been copied from an 18th-century Georgian punch ladle, the bowl of which was sometimes, as in yours, provided with a broad pouring spout and an inserted coin. The handle was of turned hardwood or twisted whalebone and tipped with silver. This type of handle was often used with porcelain punch bowls.

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C'mon, kid, Live!



When the eyes flutter open at last, when the breath finally comes easy and regular—only then can the fireman relax. And maybe take a little pride and pleasure from the special gift he's been given.

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And the gift itself is big, too. Because in many cases it brings people literally back from death.

Whenever you wonder "where Red Cross money goes," think of it. Part of your money goes to train people in all walks of life to do what needs to be done when the chips are really

Maybe you'll never need to be brought back to life this way.

Then again, maybe you will.

Isn't Red Cross a good idea? Belong.



Photo by Paul Caramuto, V.F.D., Mt. Vernon, N.Y.

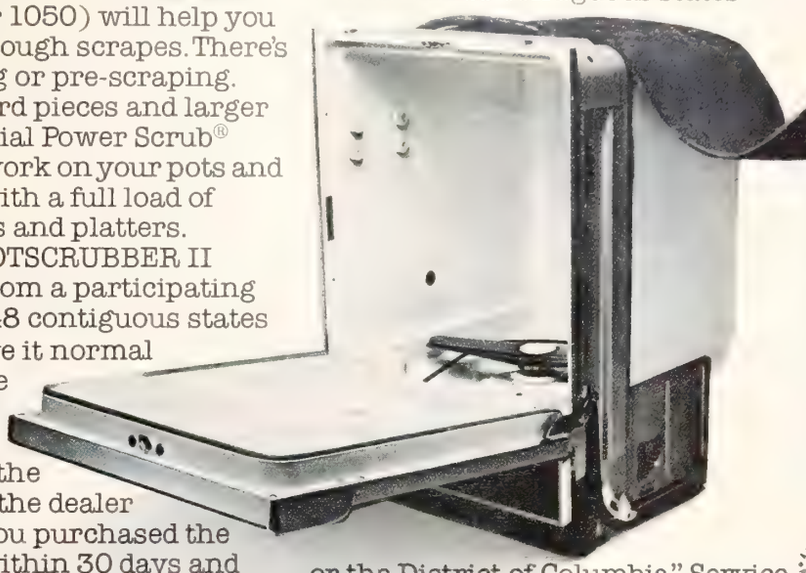
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GENERAL ELECTRIC



How to buy beautiful and unusual presents

from THE METROPOLITAN MUSEUM OF ART

Every three months—four times a year—the Museum will announce by mail remarkable new replicas—exact copies of Museum originals: sculpture, decorative objects, tableware, and ornaments.

The variety will be extraordinary: ancient jewelry in gold and silver; Oriental and European porcelain; early American glass in crystal and rare colors; bronze from Egypt, Greece, China, and the medieval world; silver, pewter, brass, and pottery from Colonial America.

These copies, often produced by the same techniques used for the originals, are made by artist-craftsmen working under the Museum's direct supervision. The care taken in production frequently limits the quantity, and the majority of replicas can be bought only by mail or at the Museum. (Above: Owl. Ptolemaic Period, 332–30 B.C. Cast stone, 4⅛" x 4¼", $12.50 plus $1.25 for shipping.)

To receive all of the advance announcements to be issued during the next year, send the coupon below with one dollar to cover mailing.

On September 1, you will receive the first of these, the 116-page Christmas Catalogue. A brilliant array of new presents includes jewelry with scarabs of lapis lazuli and rock crystal; a medieval ivory hand mirror; early American flowerpots; 19th-century glass in emerald, canary yellow and peacock blue; a silver brandy warmer and cordial tumblers; a rare French coffee cup; a *quiche* dish; *art nouveau* placemats; stars, snowflakes, hearts, bells and a treetop ornament in gold and silver; a silk scarf with Chinese butterflies and another with flowers from a Persian garden; a collection of Museum needlework patterns and a new cookbook, *To the Queen's Taste*. In addition, there is an unparalleled selection of Christmas gifts.

THE METROPOLITAN MUSEUM OF ART

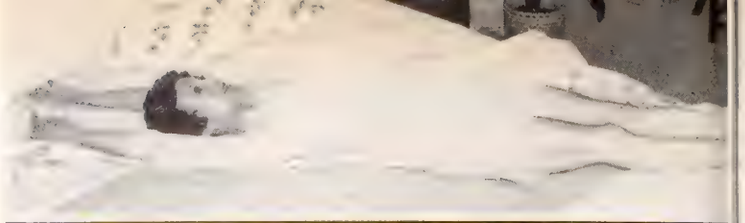
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Exercises to do while you're doing something else

From New York exercise teacher Barbara Pearlman

By Caroline Seebohm

No more trying to find 10 minutes during the day to do exercises. No more wasting time changing into exercise gear. No more boredom doing the exercise grind, or guilt at not having found time. These exercises take no extra time—you do them while you're waiting for the kettle to boil, watching TV, running a bath, tidying up the playroom.

"It's so simple, you'd think someone would have dreamed it up sooner," says exercise expert and teacher Barbara Pearlman, who designed these exercises especially for House & Garden. "They are stretch exercises you can do in ordinary clothes, anywhere. I prefer stretch-oriented exercises based on dance and yoga techniques, primarily because you're using your whole body instead of just isolating the arm or thigh or chest. These exercises incorporate the entire body. They are toning as well as stamina-building."

Before get out of bed

To awaken c tion, *above*, muscles: lie flat palms up, arms head, feet to With right arm up and stretch flex right foot feel stretched fingers to toe same with othe and foot. Repea 12 times.



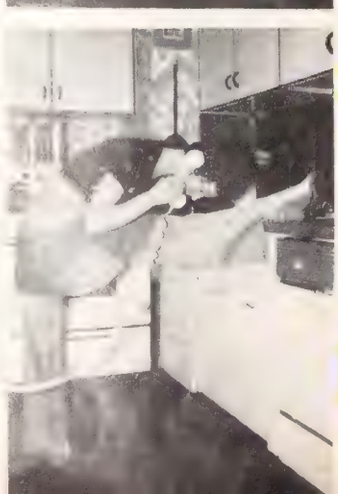


Upper thigh exercise (in the bathroom): Legs apart, feet turned out, rest hands on sink for balance. Bend knees slowly keeping body straight, then return to straight knee position. Repeat 12 times, keeping buttocks tucked under.

While running a bath

To strengthen upper arms, backs of legs (in the kitchen): Feet together, heels firmly on the floor, hands touching countertop, arms forming a V, bend elbows and gently push into counter, bouncing for 3 counts. Push up to an upright position on 4. (This is a modified push-up.)

Till the kettle boils



To strengthen legs and backs of thighs (in the kitchen): Put leg on countertop, hand resting on hips, lower body as close to your leg as possible for 2 counts, then lift for 2 counts. Do this 5 times, then change legs.

While cooking or talking

Continued on page 24

"The most exposed part of your body is your hair. Don't let summer get to it. Use condition."

Julius Caruso



"Tanning lotions protect your body from burning sun. Skin creams moisturize it against drying wind, salt water, chlorine, air conditioners.

But what about your hair? I've never seen a suntan lotion for that. It's a shame because the most beautiful tan can't make up for hair that's dried, broken, frizzled by summer. What's more, the damage done in summer can last all winter long.



The way I see it, you have 2 choices. Either stop doing the things you love all summer, or use condition* at least once a month to help undo the damage.

condition* Beauty Pack Treatment from Clairol has 4 times the protein of any leading conditioner. This intensive 30-minute treatment is so rich and creamy, that instead of dripping off your hair like watery conditioners, it sinks right into the hair shaft, supplying all the deprived hollows with protein.

It helps repair split ends so your hair has a new body and fullness. And a healthy, glossy shine.

condition* costs more than most other conditioners, but then, how much do you value your hair?

This summer, keep your hair in as good shape as the rest of you.

With condition*."

condition*

The 30-minute treatment for summer-damaged hair.





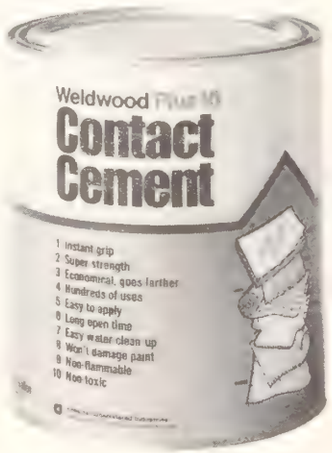
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These 10 reasons add up to one strong case for our new Weldwood Plus-10™ Contact Cement.

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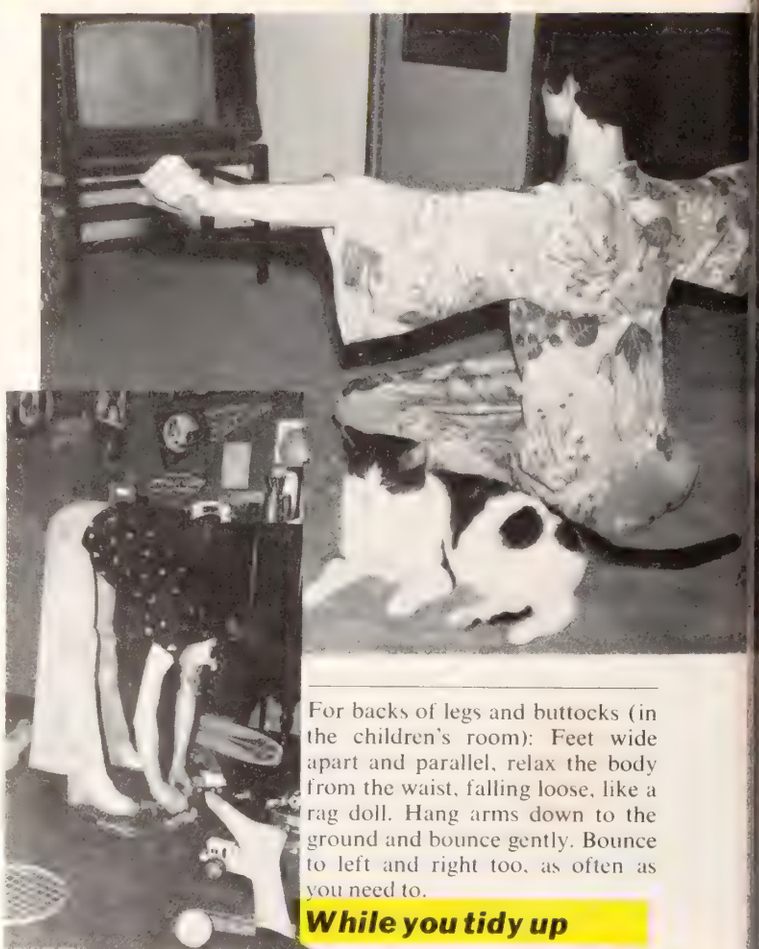
Continued from page 22

Thigh and buttocks exercise, *above:* Lie on stomach, feet together, toes pointed. Lift leg as straight and high as you can, buttocks gripped tightly. Alternate legs 20 times or more. If you feel back strain, bring your chest closer to the floor.

While you talk on the telephone

Arms and bosom exercise, *below* (watching TV): Extend arms out to side. Form a fist, keeping arms perfectly straight. Rotate arms, forming little circles, back 10 times, then forward 10 times, with arms at shoulder length. Repeat.

During your favorite TV show



For backs of legs and buttocks (in the children's room): Feet wide apart and parallel, relax the body from the waist, falling loose, like a rag doll. Hang arms down to the ground and bounce gently. Bounce to left and right too, as often as you need to.

While you tidy up



Leg exercise (reading or resting on the sofa): With legs and knees straight, toes pointed, raise leg as high as it will go. Then work the other leg. Make sure leg and knee are straight at all times. Alternate legs for up to 32 counts if you can.

While you are reading

It's Sears Open Hearth
Dining Room Furniture



Superb construction, 26-step finishing, and an outstanding price make it a great value. We urge you to compare:

Examine the Drawers

It takes time, care and true craftsmanship to make drawers that will *continue* to work beautifully.

When you shop and compare, look for all these drawer construction features: ball-bearing slides, positive drawer stops, tongue-in-groove bottoms, anti-wobble discs, no-snag insides and dovetail joints. All are found in Sears Open Hearth.

Look for Inner Frame Strength

If the inner construction of the frame doesn't include these features, its outside beauty won't last as long.

Sears ✶ Best

Tongue-in-Groove and Mortise and Tenon Piece Construction. Ordinary butt-edge construction won't last as long.

Corner Cleats and Glue Blocks for extra strength.

Glued and Pinned Chair Legs and Posts, wedged for added stability.

All-Wood Veneer Tabletops for mellow richness of grain and color.

Two 10" wide Leaves instead of the usual one.

Meticulous 26-Step Finishing

Only firm, evenly textured, kiln-dried northern white pine and fine grade white pine veneers are carefully chosen for each piece of Sears Open Hearth.

The satin glow and warm highlighting you'll see when you shop and compare take 26 painstaking finishing steps to achieve. There is no shorter method to bring out the beauty of northern white pine and make it last.

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There are 9 different pieces in the Sears Open Hearth Dining Room and 45 more in Sears Open Hearth Bedroom, Family Room and Living Room. Plus a host of Open Hearth coordinated accessories.

Sears Open Hearth Dining Room. At most larger Sears, Roebuck and Co. stores now.

OPEN HEARTH

From Sears Open Hearth Collection

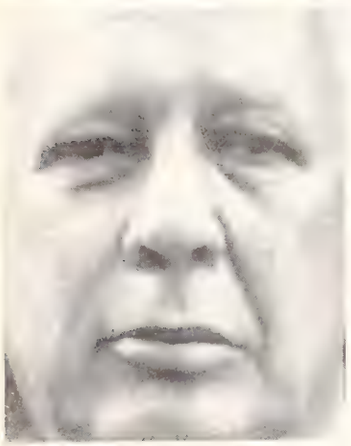
Only at Sears

Dear Doctor: Having a wonderful time, but—

wish you were here!

How to stay healthy while traveling — what to take along—what to do when you get back—from tropical medicine expert Dr. Ben H. Kean.

By Caroline Seebohm



Dr. Ben H. Kean

You've arrived at the holiday spot of your dreams. The sun is shining, the ocean is blue, the food is exotic, the natives are friendly. Then it happens. That ominous interior rumbling as the stomach shifts gears—and goodbye vacation.

Most travelers will recognize the symptoms. It is probably the most common health hazard abroad. But today, knowledge of "turista," "Montezuma's Revenge," "Delhi Belly," the "Turkish Trot," or whatever you like to call that particular form of diarrhea, has reached a level where many doctors believe it will soon be controllable by a vaccine.

"We think, now, the cause has been found," says Dr. Ben H. Kean, professor of tropical medicine at the New York Hospital-Cornell Medical Center. "It is a bacterium called *Escherichia coli*, and the reason we have had such difficulty in locating it, I think, is because everybody has this bacterium—but sometimes it produces a particular toxin and it is this toxin that is responsible for the sickness."

The best way to avoid "turista" is to drink boiled or bottled water, or beer, or tea. Any water you drink *must* reach the boiling point, at which the bacteria is killed. But as Dr. Kean points out, it's difficult to be absolutely safe. "Take a melon, for instance. If you've been served melon anywhere in the world, you'll know they cut it, take out the seeds, and rinse it in water. Well, I do it differently when I travel. I take the melon and empty out whatever liquid is on it, then rinse it with my own bottled water or even beer. That way I've reduced my exposure to contamination 95 percent. It'll never be 100 percent, but these precautions help."

Other precautions: Remember ice cubes are made with (unboiled!) water. Avoid raw vegetables and salads, and unpeeled fresh fruit. "Don't worry," says Dr. Kean, "about not getting enou vitamins if you cut out these foo You'll survive the trip much bet without them."

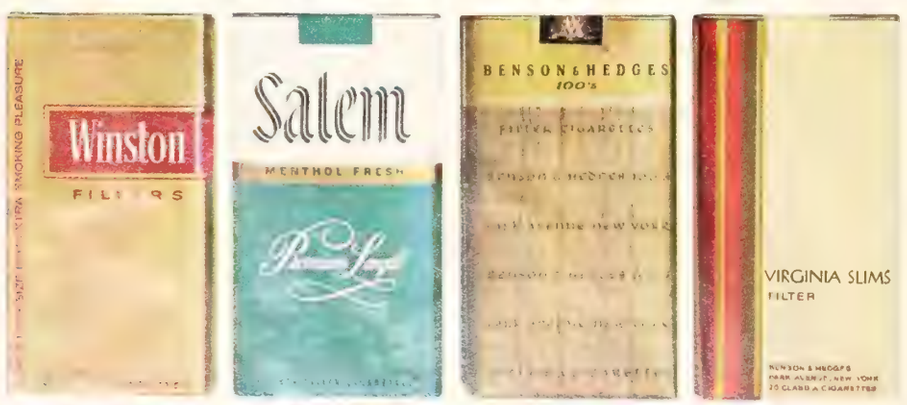
One of the most important ventions known to the traveler day is the immersion heater, an expensive gadget than can prev untold misery in hotel bathroo "Bring any water to the boil w the heater, boil for one minute, a you've got safe drinking water. T immersion heater is the most vi element of your travel wardrob What happens if you are travel with children who drink mil "You have to take your chance says Dr. Kean. "Most countr produce perfectly good powde milk. With that and boiled wa children get almost all the nu tion and protection they need."

If, however, disaster strikes a you are a victim of diarrhea, I Kean recommends the followi treatment: *"Replenish the liqu lost.* This may be hard at the b ginning, but try the following d —tea, applesauce, rice. At eve hour take just a little of these, a soon the gastric symptoms will l gin to disappear, and by the end 48 hours you will not be that c pleted.

"Why rice, tea, and applesau Because (a) they are usually ava

Continued on page

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Wish you were here

ontinued from page 26

ble in any country, (b) they are oothing, and (c) tea and apple-auce contain tannic acid which is nought to be effective. The reason 're don't recommend paregoric is hat it is a narcotic, and you may et into trouble in some countries ven carrying a bottle of paregoric. Also there is an objection on theo-etical grounds: Since your condi-ion is caused by a toxin, you are olding the toxin in when you take aregoric and therefore possibly rolonging the symptoms. Lomotil s a preferable substitute if you eally want something to cut diar-hea down a little."

Dr. Kean says that a certain kind of antibiotic, sulfathaladine, aken twice a day, can reduce the ttack rate from something like 35 ercent to well under 10 percent. However, this should only be taken n the advice of a physician. Dr. Kean also believes that since they nave isolated the offending bac-erium, we will be able to develop mmunity by using a vaccine—but hat, he estimates, is 5 to 10 years away.

The right shots for the right spots

Immunization represents to many people a jungle as impenetrable as any in Africa. Countries demand different vaccination certificates for different diseases, depending on where you are arriving from. Some areas are designated "infected areas" by the World Health Organization, and special immunization is recommended. In short, to tell the whole story would take a book—and luckily, there is one. Published by the U.S. Department of Health, Education and Welfare, Center for Disease Control, Bureau of Epidemiology, Atlanta, Ga. 30333, it's called *Health Information for International Travel*, and it tells you everything you ever wanted to know about shots for places you've never even heard of. (You may write for a free copy, but it's complicated reading; I suggest you ask your doctor first.) Here are some general immunization guidelines, recommended by Dr. Kean:

Europe and Russia—
no immunization required; typhoid booster and gamma globulin recommended.

Africa—
smallpox, yellow fever, cholera tetanus, typhoid, and gamma globulin.

Middle East, Far East, India—
smallpox, cholera, typhoid, gamma globulin.

Dr. Kean believes that gamma globulin is useful for every trip abroad, since "it protects significantly against infectious hepatitis and in addition probably protects against polio, smallpox, and possibly other viruses." He adds, "malaria prophylaxis is mandatory if you are going to certain parts of Africa, South America, and Asia. Remember that the drug must be taken while in the hazardous areas, *and also 5 to 6 weeks after you return.* Please discuss this with your doctor."

The U.S. Public Health Department now recommends that you take your immunization whenever you like before you go, remembering that some require two doses or more. (Before, you were required to "stagger" them—and this is still advisable if you are very sensitive.)

To swim or not to swim

People are more afraid of hepatitis than they used to be, and some believe that a major cause is swimming in water contaminated by sewerage. "If you are in an area where the water might be a problem," advises Dr. Kean, "follow this basic principle: Don't swim."

As for shellfish, the other culprit in hepatitis cases, Dr. Kean believes they are

Continued on page 109

BEAUTY AND HEALTH PRODUCTS NEW THIS MONTH IN THE STORES

The things you need to keep your skin looking and feeling its best do change from season to season. One thing's constant, however: The high priority of moisturizers. Summer is one season you can do a good deal about helping your moisturizer help you. Controlling the amount of sun that gets to your skin is one way. *Georgette Klinger* has long recommended separate summer and winter skin-care routines. Her new **Sun Survival Kit** contains 5 products, 3 of which are graduated sunscreens, **Screens #1, #2, #3.** Two allow for minimal to normal tanning, while the third is an almost total sun-block. **Eye Cream** and **Body Screen Lotion** complete the set. Good idea . . . select which strength of protection you need according to the weather and how long you'll be outside. $10.95 to order from Georgette Klinger, 501 Madison Ave., New York, N.Y. 10022. . . . Two things to help you enjoy beach weather without fussing about what it's doing to your hair. A quick at-home perm is one. The lightest of perms on the ends of your hair can give curls that get wet or wind-tossed

Continued on page 31



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Introduction by
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tinued from page 29

nout a worry. The other is *réal's* **SupPerm.** It's a -conditioning revitalizer ecially for permed hair. t massage a handful into hly shampooed and rinsed r and leave it there. Set or w-dry as usual. It's a sim- thing you can do to main- n your hair's strength and sticity. Four ounces of Sup- m give 6 to 8 applications $2.25. What about the m? *L'Oréal's* **Home Per- nent** or **Extra Body Perm** 2 to try. . . . Lot of wom- can't bear to go through nmer without some color show for it. (For many ns, makeup color is better n the real thing.) Get ready **Fresh Cover Water Color ater Base Sheer Face Tint** whew! by *Helena Rubin- in* gives a glow. In three ades—Pink, Peach, and onze—this wash of delicate lor can be worn either by elf or under makeup. Two nces, $3.

If you're lucky enough to a weekend houseguest this mmer, you'll know how oughtful "thank you" pres- ts are appreciated. Things agrant are a special treat— owers, spices, potpourri. *stée Lauder* has four **Soap- oxes** you can pick from. ney're just-about-palm-size aps in see-through, tinted rylic cases in 4 of her fra- ances—Youth Dew, Estée, zurée, and Aliage. From $4 $4.50 each.

Short takes: **The Thing for ips** and **The Thing for heeks,** both from *Cutex.* hey're sheer glosses for your ice and lips that have just ie lightest, most delicate uch of color. In very small, nap-shut plastic cases. $1.25 ach . . . *Noxzema's* new **Cold ream** is a great cleanser for ry skin; it doubles as a mois- urizer . . . Minimal makeup a way of life on weekends or many people. *Maybelline's* **Vaterproof Ultra-liner** makes ashes look richer, helps de- ine the shape of your eyes, oo. That and Maybelline's vaterproof mascara could be ll you need on the beach or nywhere outdoors. Black, Dark Brown, Soft Brown, or Navy Blue, $1.35 each. Look- ng toward fall: Surround yelining will bring a dramatic change to "natural look" aces. ■



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DOES YOUR BATHROOM HAVE A SPOTLESS REPUTATION?

By Deanne Raffel

The bathroom seems to take continual wiping to stay clean-looking. With the help of some ordinary household products, the job becomes easy. Lack of ventilation is probably the biggest contributor to mold growth—that black stuff that collects on grout in the bath and shower area, on the ceiling, in corners, and along seams of wallpaper. Scrubbing with cleanser does not seem to remove it. Pour bleach into a trigger-controlled plastic-capped bottle. Open the window and door and turn on the ventilating fan if there is one. Point the cap toward the mold on the tile and squeeze the trigger until the area is saturated. Scrub with a toothbrush. More than one application may be necessary to completely remove the discoloration. Once the mold has disappeared, rinse with clean water. Wipe corners and wallpaper with a commercial disinfectant that will not remove color from the paper.

Bleach, too, is a disinfectant. Wipe around the toilet bowl with a solution of bleach and water. Add a cup to the tank water—use the bowl brush to agitate it and scrub the tank walls. Do not flush for at least an hour. Also, pour a cup of bleach into the bowl weekly.

Tile and glass shower doors become soil-streaked over time. Soap scum is hard to dissolve. Again, try a plastic-covered bottle, this time with vinegar. Flood the affected areas with the plastic tool. With a plastic scrubber, rub soap scum on doors, tiles, and fixtures. Rinse with water. To prevent soap scum, squeegee or sponge after showering. Use a squeegee or sponge to wipe down the walls and doors.

Those pesty toilet bowl rings and bluish-green deposits on the tub and lavatory that are caused by dripping water also can be eradicated with vinegar. Empty the bowl and place a rag soaked with vinegar over the ring for half an hour. Keep the fabric wet. Do the same thing with the copper spots. Again, use the plastic scrubber to scour off the ring or spot. Cleanser may be required too for a little more abrasive power.

Tile floors, especially glazed ones, can get terribly marked up. Here, too, a little abrasive action with cleanser will do the job. Do not use an excessive amount though—it leaves sandy residue that takes repeated wiping to pick up. Of course the tub, sink, and their fixtures need the abrasive to keep them really grime-free.

Cleanser is too harsh for gold-plated fixtures—instead try baking soda. It is a mild abrasive that takes a little more rubbing to work, but does an excellent cleaning job on easily scratched areas.

To keep mirrors and tiles shining, put a few drops of ammonia on a damp cloth or use a clear liquid product made specifically to clean glass and related materials.

One of the best assistants in your quest for a spotless bathroom is a soft, dry cotton rag. It polishes the chrome, tile, glass, and mirrors once they have been cleaned. Now the room should really sparkle. *Never use steel wool in the bathroom—it scratches.*

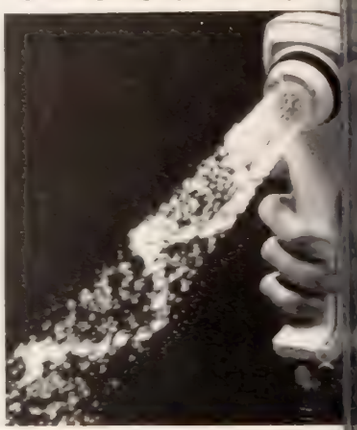


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bursts, gentle steady spray, or vari[illegible] ous combinations of the two t[illegible] wake you up or relax you. Th[illegible] shower set consists of a diverte[illegible] attachment you install between th[illegible] existing shower head and showe[illegible] arm, the new hand shower head [illegible] the end of a 59-inch flexib[illegible] chrome hose. 2 wall brackets t[illegible] hold the shower head for sitting o[illegible] standing use in the tub. Either bracket holds the shower head when not in use. Average retail price $29.95. Moen Div., Standard-Coldyne, 377 Woodland Ave., Elyria, Ohio 44035.

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CELEBRATING THE 1976 BICENTENNIAL

CITYSCAPES

What's happening in city planning across the country

Striking all-in-one structures, incorporating theatres, parking, offices, restaurants, and hotels, are going up from Atlanta to Los Angeles

By Michael Winkleman

Times have changed. Out of the energy and environmental crises a new urban spirit has arisen calling for less sprawl, more compact living, greater urban vitality. Towns and cities across the country are trying to save and revitalize their downtowns and their main streets, often in an advanced state of decay. In this spirit, local citizens, planners, architects, and ever-enterprising developers have evolved a new approach to city planning, one that brings together many of the functions of the city in one central location, if not one central structure. They call this "mixed-use development (MXD)".

MXD is not really so new. Cities were built this way long before planning was a profession. Leonardo da Vinci proposed a multi-level, multi-use city. And even in the suburban 1950s, Boston's Back Bay Center (now Prudential Center) and Philadelphia's Penn Center took a mixed-use approach to downtown renewal.

But now the movement is firmly underway. It has even taken on an architectural form of its own, a soaring skylit atrium that calls to mind Joseph Paxton's 19th-century Crystal Palace in London, his Winter Garden in Paris, and even Buckminster Fuller's later concept of covering our cities with weatherproof domes.

MXD at large

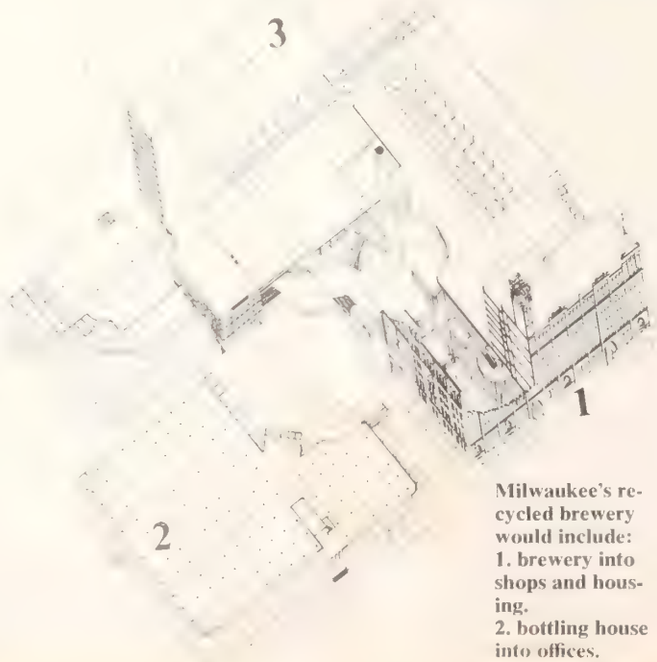
If your city doesn't have an MXD yet, it may be in the works. Philip Johnson's IDS Center is the crown jewel of downtown Minneapolis. Detroit is counting on its new Renaissance Center—4 connected office buildings and a John Portman hotel with proposed adjacent housing—to rescue its moribund downtown (the hotel, which won't open until March 1977, already has bookings through 1985).

Construction is underway c Tandy Center at Fort Worth, R union in Dallas, Internation Rivercenter in New Orleans, ar Market East in Philadelphia. Eve Kalamazoo, Mich., boasts a spanl ing new center combining a hote convention space, offices, shops, swimming pool, a health club, an a discotheque.

But perhaps the most excitin example around is the Omni I ternational in Atlanta. Here, b neath a prismed skylight, are tw 14-story office buildings, a 47



The Centrum, to be built in Los Angeles, will house shops cafés, and a hotel around a vast inner courtyard. Architect for the 11-story structure, Arcop Associates.



Milwaukee's recycled brewery would include:
1. brewery into shops and housing.
2. bottling house into offices.
3. new housing.

room hotel, an amusement park and a parking garage. Offices hotel balconies, shops, and restau rants overlook an Olympic-size ice rink; glass-walled elevator slide up and down a corner spire And though it echoes Portman's neighboring Peachtree Plaza anc Regency Hyatt House, the Omn (designed by Thompson, Ventulet & Stainback of Atlanta), has character all its own. Its interio walls are exterior-like in appear ance and construction. So the cen ter, rather than being a giant in terior, is more like a small en closed city.

The success of mixed-use devel opment may be the breath of life our cities need. Realizing this, more and more cities are bringing mixed-use into their plans. Here are four of the most intriguing examples. *Continued on page 36*

Quality. The endangered species.

nce, when a man produced a product it was the best e could possibly make. He stood behind it with pride e lived a simple idea: Do it right or don't do it at all. low that idea may be threatened. Today that pride n workmanship, in the quality of things, is in danger f slowly slipping away.

lowever, there are still companies, many of them, that re working harder today than ever before to preserve uality in everything they do. We feel that Whirlpool Corporation is such a company.



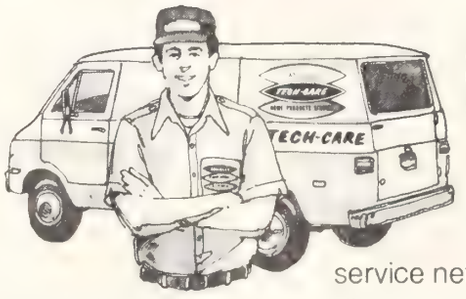
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Cityscapes

continued from page 34

A California spectacular

Ask most visitors to **Los Angeles** if they've been downtown and they probably laugh in your face. Los Angeles, that object lesson in urban sprawl, has rarely been defined by its central business district. But the town's planners and developers would have it otherwise. So with the success of its first venture into mixed-use development—the Broadway Plaza, which opened in 1973—Los Angeles KarCo corporation hopes to break ground for a second such development, the Centrum, early next year.

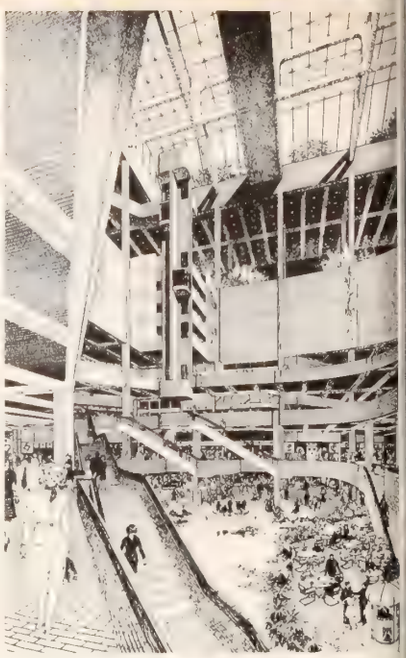
The Centrum is designed by Arcop Associates, architects of Montreal's Place Bonaventure, a layer cake of subway concourses, shops, wholesale markets, and hotels. Its plan for the Centrum, though different in form, is similar in content. Rising 11 stories, the Centrum will completely fill its lot and open up inside to reveal an enormous courtyard, replete with balconies, cascading escalators, green plants, and cafés, topped by a skylight and roof garden. All parts of the building will be oriented towards the atrium. Even surrounding streets, generally ignored by the solidity of the outside walls, will be invited in at the corners, where huge chunks of the orange-brick building will be replaced with glass.

The developers considered adding office and residential space to their plans. But the glut of office space already built in downtown Los Angeles and the less than moderate success of housing in the nearby Bunker Hill area convinced them to stick to more modest goals. Centrum will, however, in the spirit of Los Angeles's proposed Pedway system, eventually provide elevated connections to neighboring buildings. If all goes on schedule, Centrum will be completed within 3 years.

A small city thinks big

When the railroad approached the town fathers of **Decatur, Ga.,** 150 years ago and asked if it could locate its southern terminus within city limits, the town fathers commissioned an environmental impact study. They decided against it. So the railroad took its tracks some 5 miles down the road and Atlanta was born.

Now Atlanta is bringing the railroad to Decatur in the form of a new subway system, and Decatur sees a chance to recoup some of the losses it's endured these past 150 years. Mixed-use development is its vehicle.



Johnson's IDS Center in Minneapolis, a striking mixed-use structure.

Decatur is a spirited community of some 24,000. Old Victorian homes surround a decaying 10-block core, which houses the seat of DeKalb County. The new subway station, adjacent to the county courthouse, will be primarily a destination station (as opposed to commuter "kiss and ride" stops in most suburbs) for county government workers. Utilizing this daily flow of people, say the experts and local residents who have put together this plan, is the best way to infuse life into the city's core. Toward that end they envision a complex of shops, apartment houses, office buildings, and a hotel topping the station, all tied together by an underground concourse, ground-level pedestrian walkways, and, perhaps, an overground skywalk.

Unlike many MXD projects, Decatur's transit stop will not be enclosed. Because it will eventually make up almost 40 percent of Decatur's downtown area, opening the center out toward its neighbors is the only way to keep them alive, too. By respecting the architectural scale of the older buildings that surround it, and by extending the pedestrian walkway system out of the station area, planners hope to unify the downtown and reverse its decay.

Though construction of the station itself is well under way, the economic crunch has severely set back Decatur's grander plans. Optimistically the project will be completed in 4 years.

New life for an old brewery

One of the good things to come out of the recent recession is a greater concern for the preserva-

Continued on page 109



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ow to simplify your life

By sorting out the different demands made upon you and choosing your priorities, not only does your life take on meaning, but there is no limit to what you can achieve. In addition, by getting a job done efficiently, you leave yourself more time and energy to do some of the other things that enrich your life.

Zogiatonanri is a lot of muddled letters that don't make any sense. When you sort them out of their muddle, however, they take on meaning — they spell "organization." It's that simple!

House & Garden, August, 1976



A journey through the mysterious world of thought with anthropologist, biologist, psychologist, and thinker, Gregory Bateson

The organized

By Caroline Seebohm

Why do you do one thing rather than another? When you wash your hair or vote for President, what are the processes going on in your head that cause you to act? Why are some people more organized than others? There are a few men today who spend much of their time pondering such questions, and Gregory Bateson is one of them.

Enormously tall, with a face like a benign hawk, he greeted me just after breakfast in his large farmhouse kitchen, which overlooks the hills above Santa Cruz. On the English burled oak table, along with cornflakes, pencils, and a child's sock, the *Oxford Book of Quotations* was lying open beside the telephone. On a nearby shelf, the *Encyclopaedia Britannica* sat side by side in neighborly fashion with gardening and cook books. A fish tank gurgled behind us. A cat asked to be stroked. Against this background, the distinguished thinker expounded, in bare feet, with frequent pauses, in an accent redolent of England, where he was born. At the end of a particularly complex idea, he would sometimes give a small chortle, eyeing with satisfaction his perplexed audience.

"Why do we want to be organized?" I asked him. "Why do we have this need to control our lives?" He looked at the table. "Terror?" he said at last. "We build on our babyhood in order to make what we are when we are grownup. When we are babies, we are concerned with very simple, basic things like eating, walking, and balancing. I think it's the terror associated with these things, especially the terror of walking, of loss of balance, of loss of control, that makes us determined to organize our lives.

"As we grow up, we are constantly trying to reaffirm that the world is fairly steady. The Balinese had a very organized civilization and then, in the mid-19th century, the Dutch came. There's a word in Balinese for the time before the Dutch, and the phrase is 'when the world was steady.' So it is important you see, that the body be able to walk—and for us to be able to balance."

There was a pause. The fish tank gurgled. I watched Bateson, wondering what he was thinking, wondering how his mind worked.

Editor's note: *Gregory Bateson, now 72 years old, has astounded the academic community throughout his life with his revolutionary approach to biology, anthropology, psychiatry, communications theory, genetics, cybernetics, and ecology. His famous "double bind" theory of mental pathology is now part of the psychiatric vocabulary. He has worked at the Veterans Administration Hospital in Palo Alto with schizophrenics, at the Oceanic Institute in Hawaii with whales, with his former wife, Margaret Mead, in Bali and New Guinea, with John Lilly and dolphins, and is currently teaching anthropology, cybernetics, and genetics at Kresge College, University of California at Santa Cruz. Probably the best known of his many papers and books is* Steps to an Ecology of Mind *(Ballantine). He now lives with his wife, Lois, and their 8-year-old daughter in California and is working on a book,* The Evolutionary Idea, *for Random House.*

mind

There are really two ways in which the human mind ıpts," he explained. "If you want to shoot a bird, there are ɛntially two ways of doing it. One is to aim at the bird with fle. You look along the sights of the rifle, you see an error, l you correct it and correct it and correct it until you pull trigger. That is correcting error in the course of the action, ng *feedback*.

"The other is essentially using rules laid down for computa- n. You see a duck rise at one point from the water, and you tch the direction of his flight and how fast he is going, and ı raise a shotgun and go bang. And if you are sufficiently ıcticed in this, you'll get the bird.

"Let's call this second method *calibration*. It's a different ·t of adaptation, in which you are not mainly correcting ors in the action. Rather you are set, like a measuring trument; you could put screwdrivers, as it were, into your ad and fix it so your response to the situation is calibrated and made as accurate as possible through practice. You ɛrefore have to practice like hell."

He looked at me and laughed. "Now," he went on, "you ıy ask which method people use in their day-to-day havior. Well, the answer is a combination of both—and it ts to be quite complicated." I could see he was beginning to joy himself. "I worked with a family once where the father ver got out of work till 6:30. It took him nearly an hour to ive home, so he never got home till 7:30. But supper was at 30, so he was late for supper every night. The system was librated to supper at 6:30, and every night his wife blamed m. Neither of them, interestingly enough, suggested anging suppertime. He didn't, I suspect, because at some ɛl he liked to annoy. She didn't, because she liked to have m in the wrong.

"Their mental responses went something like this: He looks the clock, sees he is going to be late, and hurries home on a ɛdback correcting error basis. But he's still out of kilter cause the calibration is fixed, and what is needed is another ɛdback to correct the calibration."

Bateson drew a zigzag in the air, showing the pattern of edback to calibration to feedback. "How do we get librated in the first place?" I asked him finally, in the middle one of his profound silences, during which he seemed quite have forgotten I was there.

"There will always be a tendency to take that which you do ıd make it into the rule for what you are going to do later: It's ıe phenomenon of habit. The notion of case law (based ı precedent), upon which English law is founded, is an ɛample of this. **The habit phenomenon, or formation of alibrations, is an inevitable art of the human mind. It is ow we are constructed.**

"Do you know what a cliché is? think it was originally a French printer's word. When they rint a sentence they have to take the separate letters and put hem one by one into a sort of grooved stick to spell out

(Continued on page 154)



Two spirited people, right, *step cheerfully into the maze of life. What clues can we give them to organize, simplify, and find their way out to a meaningful world?*

A run for your money

Are your finances out of hand? Your checkbook's a mess and you can't find the insurance? Here's solid advice on how to pull it all together.

By Paul Gross

Organize now, or agonize later. It's as simple as that. I know. The poet in me used to think that being disorganized was creative, even romantic. So I played everything by ear. And what did I get? An earful—from friends, relatives, and creditors. Now I know better. Organization pays. Not only do I get more out of what I do, but I have more time to pursue my real interests. And, to top it all off, I tend to be in much better spirits because I don't have to worry about all the things I should have done but haven't had time to do.

There's no magic to becoming organized financially. It takes just a little time and effort. I've found that it helps to think of myself as a small corporation. As the president of that corporation, I manage a number of subsidiaries such as my career, my family's welfare, and an investment operation to provide for our future. As a businessman, I have to periodically look at my assets, set financial goals, and then come up with an operating or organizational plan that will help me secure those goals.

THE TOOLS OF THE TRADE

Many standard business practices can be used very effectively in your personal finances. One of the best is something that personal financial counselors call the personal audit—a no-nonsense look at your personal finances. It will tell you how well you're doing, point out any problems that might exist, and give you a rational financial plan for the future. What's more, organizing your finances this way doesn't take very much time or effort—especially when you consider how much you stand to gain from the exercise.

Step one: Run a cash flow on yourself. List all your family's income and fixed expenses (food, mortgage payments or rent, tuition, insurance, car payments, installment loans) for a month or two. That will let you forecast your family's income and expenditures for the year. Any money left after fixed expenses are accounted for is called discretionary income. The more you have, the better off you are.

Step two: Draw up a balance sheet of all your assets (bank accounts, house, car, art collection, stocks and bonds) and liabilities (mortgage, loans, or debts) to find out what your net worth is. While this may sound intimidating, it's really incredibly simple. All you have to do is list your assets and how much they're worth on one side of a sheet of paper and your liabilities on the other side. If your assets are greater than your liabilities, as they should be, you have a net worth. If your liabilities are greater than your assets, you have a problem.

Drawing up a balance sheet on yourself is a handy exercise in more ways than one. For one thing, it will give you a clear picture of all your assets and hence help you when you draw up your estate plan. For another, it can be used to track your personal financial progress from one year to the next. If your net worth increases from year to year, you're in fine shape and should have little to worry about in terms of sending your children to college or your own retirement.

Step three: Setting a workable budget is child's play now that you have a fix on your cash flow and your net worth. Your cash flow gives you a good handle on how much discretionary income you have and your balance sheet will let you set objectives—say, to increase your net worth by $2,000 a year. Many people feel most comfortable with a steady savings plan; however, others do quite well for themselves with investments in real estate or the stock market. The key to accumulating a nestegg is to have some consistent plan and attainable goal in mind.

Step four: Work up a long-term plan to take care of future financial jolts that you can anticipate (either through concentrated savings or pay-off investments). But don't be too ambitious—an extremely strict budget, like a punishing diet, seldom works because the temptation to cheat is so great.

BUDGETS AND BEDLAM

If your finances aren't snapping back into shape as the economic recovery gains strength and inflation abates, you may be what some personal financial counselors refer to as a "spendaholic." If you are, you're in good company. It's a widespread phenomenon—especially among affluent families.

You can tell if you're a spendaholic if most of your income is already committed to overdue debts, your mortgage, personal loans, and charge accounts—with little left over for your other regular expenses. Most people in that position rationalize it all away and play a game of stalling one creditor to pay another. That only works up to a point. Most people who play it eventually lose when it all comes tumbling down and their credit rating gets slammed. When that happens, they have trouble getting anything from a loan to life insurance.

If you're already in way over your head, ask your creditors for an extension. Lengthening the terms of your loans and bills will lighten your monthly debt burden significantly. Most creditors are quite willing to let you do this even if it means getting their money slowly. They'd rather get their money voluntarily than go through the cost of having a collection agency hound you for it.

If you have some qualms about asking your creditors for a favor, ask a debt counseling service to do it for you. (The counseling service, of course, will run a cash flow on your personal finances and help you draw up a workable budget.) You can get the names of reputable debt counseling services through your bank, credit union, or the local Better Business Bureau. Most counseling services, by the way, have become very sophisticated in dealing with upper-income clients over the past few years. As one debt counselor put it: "You don't have to be poor to be in debt." While some counseling services will charge you a fee, others either charge nothing or make their money by charging your creditors a percentage of the amount you owe them.

Whatever you do, don't reduce your monthly debt burden too much so that you're lulled into a false sense of security. It's a trap that many people fall into. As soon as they start feeling flush again they fritter away the extra cash they've freed instead of using it to pay bills. The idea is to get back on your feet by using that extra cash to work your debts down. By the same token, consolidating your debts by taking out one large loan

EDITOR'S NOTE: *Paul Gross is a financial writer and editor of the* Business Week Letter.

The time you

How to use i

Nowhere can effective use of time pay richer dends than in managing a home. The problem formidable: conflicting demands, dull and r tive tasks, a feeling of being on a treadmill the reward is great: more freedom to d things you want to do—gardening, painting, activities.

Principles of time management which app running a business apply also to running a h You have an unlimited number of things to d limited amount of time, and to cope you

By Edwin Bliss

EDITOR'S NOTE: *Edwin Bliss is a management consultant living in the San Francisco area who specializes in problems of management and organization development. His book,* Getting Things Done: The ABC's of Time Management *(Scribner's) is being published this month.*

n expert tells you how to simplify, elegate, say no, make decisions, nd have more time for yourself, y using office techniques at home.

of ife

retch it, save it

ify your activities, set honest priorities, elimi- vheelspinning, and use common sense in allo- your time.

where do you begin? Well, don't make the mistake of starting with the question "How do everything more efficiently?" Efficiency s place, but management experts today use a ler concept—effectiveness—to analyze time use. iciency is concerned with the best way to do thing. Effectiveness is concerned with whether hould be doing it in the first place, or whether time might be better used on something else. agement consultant Peter Drucker put it this "Doing things right is not as important as the right things."

determine whether you are spending your *effectively*—that is, on, for you, the "right s"—you must relate time use to your personal . And since most people don't have clearly de- personal goals, that's where we have to begin.

It is imperative that you do this in writing. Goals tucked away in the back of your head tend to be general and fuzzy. Written goals tend to be specific and clear—and if they're not, work them over until they are.

In corporate planning, we always set long-range goals, perhaps 10 years or more in the future, as well as short-range or intermediate objectives. In personal planning, it pays to do the same thing: Make a list of goals you hope to reach during your lifetime, and a separate list of objectives for the next 6 months. Then make an "action" list—the specific things you must do to reach your goals and objectives. These three lists, if kept where you will see them every day, will have a profound effect on how you spend your time.

Exactly how do you implement your "action" list? Most of us make little lists of odds and ends we intend to do during the day—usually problems or tasks which have forced themselves upon our attention, such as: Get car greased, pick up dry cleaning, drive Susan to piano lesson, wash windows. *Conspicuously absent are the important tasks related to our major goals.* Why? Because goal-oriented tasks tend to be opportunities rather than problems; despite their importance, they lack urgency, so they never get done. By keeping your goal-oriented "action" list in front of you when you plan your day, you can make sure long-range goals are included.

What does one usually find on an "action" list? Generally, the tasks you tend to put off, despite their importance, because they are difficult or unpleasant —phone for annual medical checkup, bring insurance program up-to-date, begin diet, plan redecorating living room, start exercise routine, revise landscaping plan. Obviously, it would make quite a difference if these tasks could be brought up front. But exactly what are the mechanics of planning a day? Should you schedule your entire day in considerable detail?

I think not, because it *(Continued on page 108)*

to pay off all your smaller bills seldom works either. It cures the symptoms, not the problem. Most people who consolidate their bills have to go back to the till again and again because they're still living beyond their means.

TAXES, TAXES, TAXES

The earlier you start working on your taxes, the better off you'll be when April 15 comes around. Just a little bit of organization can yield some surprisingly hefty deductions. It can also save you a pretty penny if you have hired a high-priced accountant or lawyer to figure out your taxes for you. These professionals usually charge by the hour and the less time they have to spend organizing all your bills and papers for you the more you'll save.

There are some relatively simple ways to boost your tax deductions. For example, many people lose out on medical deductions because they can't meet the 3 percent and 1 percent rule. (You can only deduct bills that exceed 3 percent of your adjusted gross income and the cost of medicines that exceed 1 percent of your adjusted gross.) The cure for this problem, according to tax doctors, is to bunch up your medical bills every other year. Schedule your medical appointments towards the end of the year, but pay the bills at the start of the new year. (Medical bills, for most of us, are deductible in the year they're paid.) Then, next year, schedule your medical appointments towards the end of the year —but pay the bills promptly. This will crowd two years of medical bills into one year and that should push them well over the 3 percent and 1 percent rules.

Your medical bills may also dictate whether you file joint or separate returns. For example, say that you and your spouse each earn $30,000 a year. Now assume that one of you was fairly ill and totalled $2,500 in medical bills, while the other one didn't even visit a doctor all year. If you filed jointly, you would only be able to deduct the excess of $1,800, which is 3 percent of your combined adjusted gross of $60,000. That would leave you with a medical deduction of $700. However, if you filed separately, the one who had been ill would get a medical deduction of $1,600—what would be left after being reduced by the 3 percent rule.

Business entertainment deductions are usually lost because people don't follow the rules closely enough. The IRS is a real stickler for rules. The rules themselves aren't all that difficult to follow if you use a little bit of forethought and keep good records. A cheap diary will do nicely.

Normally, you can deduct entertainment expenses directly or generally related to your business. Hence, dinner with someone who can further your business—say, a client or an important contact—is usually deductible. It is if the dinner is at a quiet restaurant or at your home where "the atmosphere is conducive to business."

By the same token, all the people at the dinner have to be involved in the business at hand or the spouse of someone who is. Break either rule, and you'll lose the deduction.

That's not to say you can't deduct the cost of entertaining at a night club or the money you spend to throw a wild party at home that all your neighbors come to. You can even deduct the cost of taking someone to the races. The catch is that the entertainment must either precede or follow a valid business meeting. But don't be too extravagant. The expense has to be in line with your usual scale of entertaining.

Under the "generally related rule," you can also deduct the cost of entertainment even if business isn't discussed. However, be prepared to show that the entertainment was designed to maintain current clients or win new ones.

You can also deduct part of your

(Continued on page 94)

How organized are you—really?

A quiz that reveals the awful truth

Test yourself on these 14 questions, and turn to page 107 for the answers

By Alan Lakein

1 How often do you shop for food?
- ☐ a. Every day.
- ☐ b. Whenever you need something.
- ☑ c. Once a week.

2 You find the easiest way to pay your bills and charity appeals is:
- ☐ a. Open them all immediately and pay them as they come in.
- ☒ b. Open them all and pay them on a set day of the month.
- ☐ c. Organize everything in orderly piles and then stop.

3 The Boy Scout benefit you're working on is next week. You save time by:
- ☒ a. Not cleaning the house all week.
- ☐ b. Cleaning the house quickly and going out for dinner every night.
- ☐ c. Doing everything as fast as you can.

4 Your little girl asks you to drive her to a friend's house, although you've told her you need this hour to study for your French course.
- ☒ a. You do it cheerfully.
- ☒ b. You do it gritting your teeth.
- ☐ c. You don't do it and feel guilty.
- ☐ d. You don't do it and feel good that you're treating *yourself* to this time.

5 If you suddenly have an hour of free time, you will:
- ☒ a. Sit down, have a cup of coffee, and think about what to do.
- ☐ b. Start right in on a project you've needed time for.
- ☐ c. Turn on the soaps.

6 Family friends are coming for the weekend and there's a lot to do to prepare. You decide to:
- ☐ a. Do everything yourself because you know it will be done *right*.
- ☒ b. Give everyone in the family a task.
- ☐ c. Hire outside help.

7 Do you find yourself starting lists, coordinating lists, hunting for old lists?
- ☐ a. No, I have a master list, which helps me keep track.
- ☒ b. Yes.
- ☐ c. I don't make lists.

(Continued on page 107)

EDITOR'S NOTE: *Alan Lakein, author of the bestseller* How to Get Control of Your Time and Your Life *(Signet paperback), is a time-planning and life-goals consultant [illegible] time use in the Arcaia [illegible] Garden). His corporate clients include IBM, [illegible] the Bankof America and Proctor & Gamble. Individual clients include James Coburn, Mario Puzo, Gloria Steinem, and Loretta Young.*



Awnings keep out rain; roof reflects sun. For light, screens, two doors, a bubble ceiling

for more living time

simplify

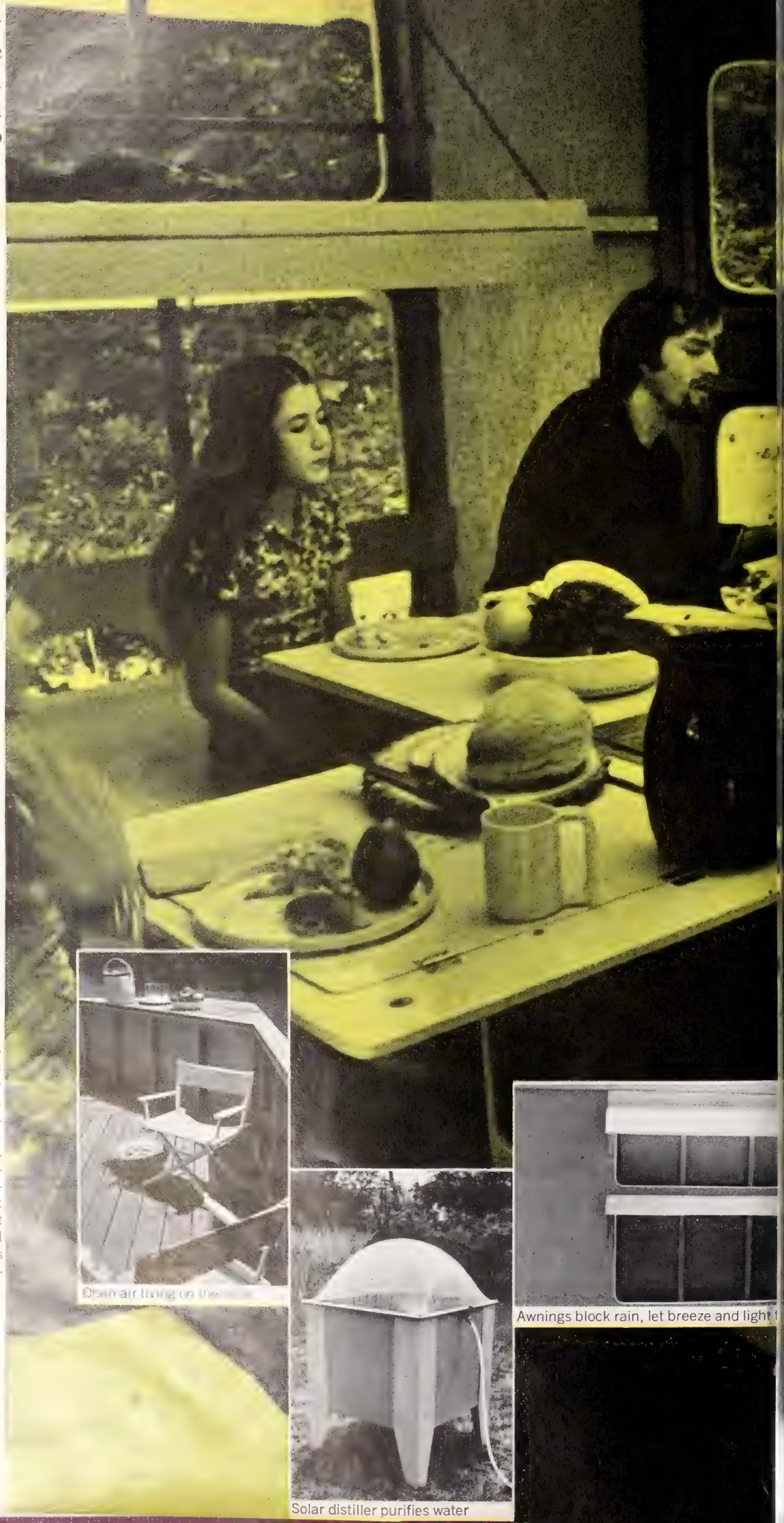


You don't need much to become part of a beautiful landscape: a place to [illegible] roof to keep off rain or too much sun. A way to cook and eat. Nature supp[illegible] is the most basic of houses for back-to-nature living, designed to [illegible] of energy, to sit lightly at the edge of a lake, supporting human [illegible] way that it makes no impact at all on the environment. Michael Jantzen [illegible] with materials that cost $1,700. A 2-foot square kitchen rolls [illegible] wanted and a cypress deck allows for a lot of outdoor living. And when [illegible] come window boards to batten the [illegible] house against winter, until you [illegible] again next year.

It's part playhouse for adults, part guest house for a summer cabin, a place where you can sit in a deck chair and just do nothing at all

The screen house is simply this: a cube of 4-by-8 plywood sheets and 2-by-4s designed so one man can assemble the walls on the ground, then hoist them into position—like an old-fashioned barn raising. It might sit anywhere: here on pilings over a lake, somewhere else on cinder blocks in the middle of a field. The finish outside is paint with an aggregate added to cover the plywood grain. The flat roof is covered with a half-inch layer of white rocks. Inside (designed by Ellen Jantzen) walls are painted with latex thinned down to seem like wash. A plexiglass bubble overhead for daylight, some light bulbs for the night, bunks that fold down from the walls with foam rubber for mattresses—and that's all there is to it. Simple, but also self-sufficient—like the solar house designer Michael Jantzen built last year (see House & Garden, October, 1975). Mr. Jantzen, who also built the versatile screen house, invented a traveling kitchen that can masquerade as a dining or card table, to go with it. It, too, is a cube, divided down the middle. One side is a cabinet, the other an icebox. When table flaps are down, the doors in them still allow easy access to both sides. The sink, which drains through a hole in the floor ("You are careful, of course, to use only biodegradable soap," says Mr. Jantzen), and the stove fueled by a propane canister kept in the cabinet, are in the top. Bottled gas could be used if it were piped through a flexible hose. Storage is limited, in keeping with the nothing-extra idea of the house. Wicker baskets pushed under the bunks suffice. It would be possible, Mr. Jantzen says, to build a collapsible shower with a let-down curtain on the deck. A small composting toilet could serve the needs now met by the bigger cabin. There's even a greenhouse (see page 6). The little house is practical—and it's lovable. "It looks like a frog," the children decided with affection. In the middle of last winter they took their sleeping bags out there and slept on the floor, while the raised bunks kept out the icy winter winds. Plans for the house are available from Mr. Jantzen. See page 156 for details.

"It's pretty basic: The less you have, the less you have to take care of"

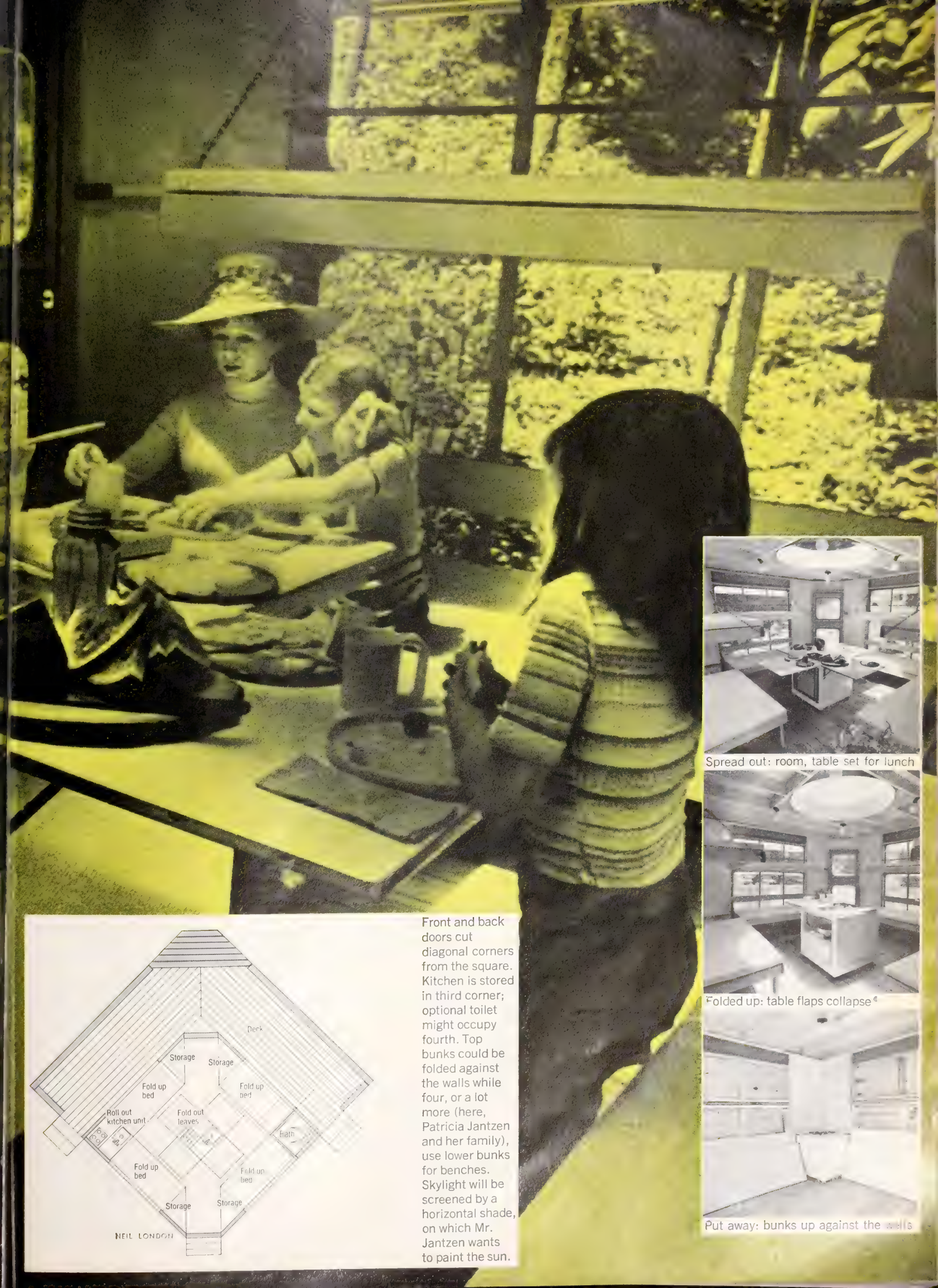


Open-air living on the deck

Awnings block rain, let breeze and light

Solar distiller purifies water

Decks of long-lived cypress have wide tops for use as table space on solid railings (to keep the children safe). The house is designed for independence in every detail—witness the solar water distiller, *right:* It can purify a weekend's worth of water (about 3 cups per sunny day) while you're gone. When you're done playing for the weekend, the whole house can be folded up and put away.



Spread out: room, table set for lunch

Folded up: table flaps collapse

Put away: bunks up against the walls

Front and back doors cut diagonal corners from the square. Kitchen is stored in third corner; optional toilet might occupy fourth. Top bunks could be folded against the walls while four, or a lot more (here, Patricia Jantzen and her family), use lower bunks for benches. Skylight will be screened by a horizontal shade, on which Mr. Jantzen wants to paint the sun.



Inger Elliott



"Oz" Elliott

The working life: Osborn Elliott, ("Oz"), *above right,* is editor-in-chief of *Newsweek* magazine. Inger McCabe Elliott, *above left,* is owner of the textile and design house China Seas (cable address, Ozingers). The Elliott family consists of three children reading on the bed, *right,* three older ones who are away at school or working, two adopted grown-up Chinese sons, the small granddaughter of their housekeeper, and a shaggy dog. They have a city apartment, a country house, and an uncommonly good time together.

SUSAN WOOD

More living time: How working couples work it out

Pick your priorit



"When you have an enormous amount to do, you learn very quickly what's really important and what isn't"

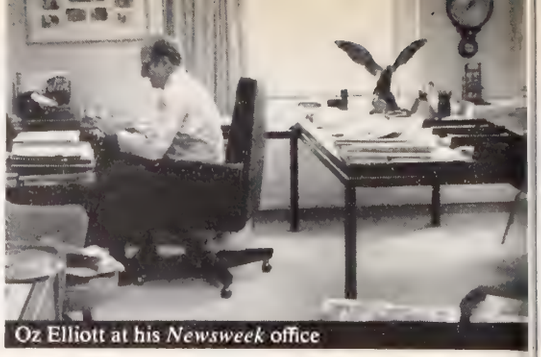
Next page how they do it



Inger Elliott considers some pottery designs, the latest venture for China Seas Design Associates



Inger and Nancy examine fabrics

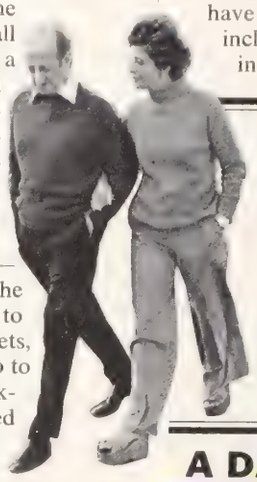


Oz Elliott at his *Newsweek* office

Pick your priorities *continued*

Running her own constantly growing business, organizing a large family that comes and goes at different times, keeping up with a husband whose work is the news—Inger Elliott knows something worth knowing about planning a life

Born in Oslo, Hong Kong-based for six years, and with a successful career as a photographer behind her, Inger Elliott started China Seas Inc. four years ago in a tiny room on lower Broadway. Today, it has expanded and moved uptown to a beautiful showroom and an airy warehouse. Inger designs, imports, and sells batiks, screen-prints, wallcoverings, Ultrasuede, and silks. She has designed fabrics for Seventh Avenue and a sheet and towel collection for Martex. With Helena Uglow, Inger is creating a dinnerware and cookware group for Jepcor International. She travels twice a year to the Far East to find and bring back fabrics and accessories. She has three children from a former marriage—Kari, 14, Alec, 12, Molly, 9. There are also three children from Osborn Elliott's former marriage—Diana, 26, Cindy, 22, and Dorinda, 18—who are working or away at school. Inger's two adopted Chinese sons, Pui, 26, and Bing Wong, 24, have left home but often visit. How does Inger cope with this extended family, the dog, an apartment in New York, a house in Stonington, Conn., plus a company job of which she is both president and creative spirit? Some clues are in order. Her hair is simple, her face free from artifice, her everyday clothes "the same red slacks worn till they fall apart." These are signs of a life with trivia eliminated—and that's Inger Elliott's secret. It takes discipline: the children upstairs and supposedly quiet by 9 P.M.; weekends without nights out; the occasional 8:30 bedtime—and, most important, the ability to say NO. NO to shopping in supermarkets, NO to planning menus, NO to carrying keys, NO to looking after the dog. "I learned from Oz, who said he couldn't make a bed, that if you say you can't do it, somebody else has to." The shopping, the cleaning, and the menu planning are done by Judi, Inger's Chinese housekeeper and mainstay of 13 years. (Judi's 5-year-old granddaughter, Ching, is yet another addition to the Elliott household.) At Stonington, Inger cooks herself—rarely in New York. "I like my kitchen in the country. I make lots of lasagne in batches that I freeze." Kari makes desserts. They usually entertain on a very informal basis. "In the city, if it's formal, I plan food and set the table two days ahead." Their large dining room is used only for such occasions (and Christmas). All other meals are eaten in a small room off the kitchen. Inger brings work home ("though I sometimes feel guilty about it"), and [illegible] in a small office off her bedroom, [illegible], as Molly, 9, observes, "she always seems to be talking to someone on the phone." The way Inger runs China Seas reveals further insights into her phenomenal organizational powers. "I have excellent accounting and legal advice," she says, "and that's especially important when you start a business. The next thing was to collect good people to work with me." Her vice-president and right arm is Nancy Ke[illegible]ing. Terry Miller is business manag[illegible]—"and another right arm." Brigi[illegible] Sanderson runs the showroom with [illegible]sistant Edwina Sperling. Ceramic[illegible] Helena Uglow, with Inger, is the oth[illegible] half of China Seas Design Associat[illegible] the cookware and dinnerware divisio[illegible] Others include Mourka Anderso[illegible] Keri, Nancy's daughter; Fiona Levi[illegible] and Winston Hamilton in accountin[illegible] The atmosphere at the warehouse a[illegible] showroom is busy, often hectic—but[illegible] feels like a family. There's even [illegible] China Seas theme song, which the cor[illegible] pany will enthusiastically perform f[illegible] even the most modest audience. "Wor[illegible] ing here's not just business, it's perso[illegible] al," explains Terry. "For instance, w[illegible] have a lunch cooperative. We a[illegible] including Inger, take turns brin[illegible] ing lunch each day. Some peop[illegible]



"If I had to do something over in my life, I'd marry Inger again"

Time-saving ideas from Inger

1. Learn how to say **no.**
2. Make lists.
3. Wear clothes with pockets to put lists in.
4. Use one handbag for everything.
5. Get your children to buy clothes for you, if, like mine, they know what you like.

"I would love to have no wrinkles, beautiful hair, and a great figure—but it's not that important"

A DAY IN THE LIFE OF THE ELLIOTTS

"Sunday, May 9,
Do China Seas business from **6:30 A.M. to 1 P.M.**
Oz leaves to make a Visiting Committee report at Harvard. One child vanishes with friends. After lunch, take two remaining children to explore Staten Island **back 5:30.**
Start reading book in Norwegian for a publisher-friend ("I should have said no, but I said yes"). Ask not to be disturbed. Notice three figures in bathing suits padding through the room. "We are washing the dog." (The dog is to appear in a play.) Hear shrieks and splashing.
Later. *Molly appears, shivering with cold, asking for a mop. Friend telephones wanting to come over for a drink. Suggest dinner. Remember there's no food. Ask guest to stop off at the deli. Oz returns. Dog sopping wet. All eat deli food with guest. After dinner, presented with Mother's Day gifts—which I'd forgotten! . . .* **and so to bed."**

"If you put your mind to something, however new and difficult, you can learn it"

...e very fancy meals!" Nancy also ...w why Inger is good to work for. ...ever stops thinking. And she'll a... thing. If there's a crisis, she'll o... there and do it herself." Brigitta ...r... nother clue. "She knows how to ... th women who have children," ...s. "She understands our needs." ...coincidence that both Nancy and ...n are working mothers. "I be... ...omen with children are often ...efficient in the business world," ...ays. "They have learned how to ...anized." One of Inger's most ...eristic tricks is to make lists. ... not written down, it doesn't ...e." She makes lists for her co... ...s, which they find on their desks ...norning. She makes lists for her... ...d her children. "She makes lists ... for a taxi." On the phone to a ...ss colleague, she will ask, "Do



The China Seas family

you have pencil and paper ready?" "She even makes *us* more organized," says Terry. "I've started to make lists and notes now."

If Inger is good to work for, she's had some help from her husband, who has edited *Newsweek* for about 15 years. "I know a certain amount about managing." he remarks. If Inger brings China Seas work home, Oz brings home practically every magazine published each week from home and abroad. (Alec likes *Newsweek* best; Kari likes *People;* while youngest Molly prefers the *New Yorker.)* His life is not exactly idle, either. He is chairman of the Citizens Committee for New York City: "The object of the group is to help New Yorkers help themselves and their city through these difficult times." He makes speeches, raises money, recruits volunteers, visits institutions, and works with New York's 10,000 block associations. All this, as well as running *Newsweek* and being a father, makes him some kind of wizard. "Oz is very tolerant," comments Inger. "He can work at home and not be disturbed by the noise." "I love children," he says. "They don't bother me." Oz and Inger help each other on all fronts. They speak to each other several times a day on the phone. And at home, in a few snatched moments of peace, they'll play the piano—Mozart and Beethoven from her, Golden Oldies from him.

MANAGEMENT IDEAS FROM OZ

1. Be tolerant and have a sense of humor.
2. Delegate—a key thing to be able to do.

—AND FOR THE HOUSE

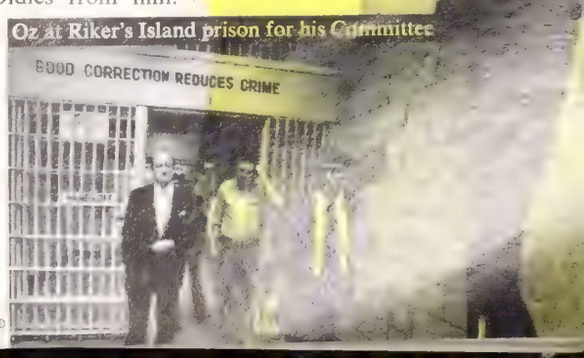
1. Install an intercom.
2. Have three telephone lines, two for grownups, one for children.
3. If you have space, keep one room only for parties.
4. Make office space—in bedroom, or kitchen.

"There are no easy answers. Each individual must find his own solutions—and it takes effort"

Osborn Elliott, editor-in-chief of *Newsweek* and Chairman of the Citizens Committee for New York



1. Outside the warehouse
2. Inger's working area
3. Outside the showroom
4. Ready for lunch
5. Inger and Helena with pots
6. Inger and Mourka with wallpaper
7. Dazzling display at the showroom



Oz at Riker's Island prison for his Committee

SUSAN WOOD

Turn the page for Inger's easy-to-keep decorating ideas

"Nothing is easy, but we try to achieve some humor and order from the chaos"

Pick your priorities *continued*

The apartment, decorated by Inger, is easy to run—polyurethane on most floors, slipcovers that go in the washing machine, no fancy furniture, China Seas fabrics draped over everything. Treasures from the East, books, photographs, music, paintings by family and friends tell the Elliotts' story



Ching, Molly, Karl, Oz, Inger, Alec, and Schuyler S. Dog



Ruth and Karl make dessert



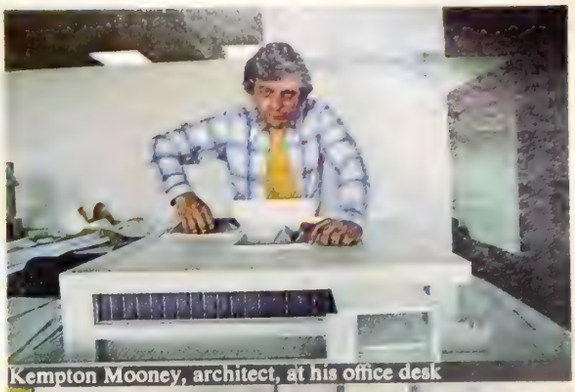
The library, the family's most lived-in room.



"The easiest way to keep a lot of different projects going is to have a separate space for each one—and we do"

More living time

Expand



Kempton Mooney, architect, at his office desk



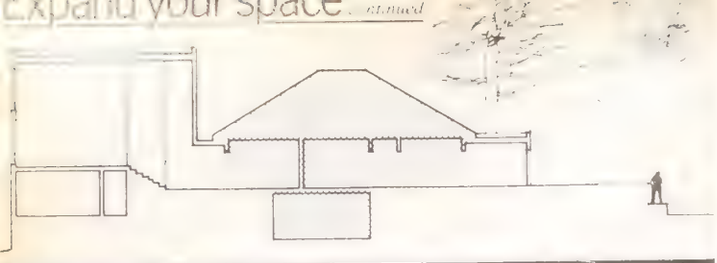
Vicki Mooney, theatre administrator, at hers

Two busy people—and note: His desk is neat, hers is stacked. At home it is just the opposite. She likes clean serenity; he thrives in creative clutter. Both do work that overlaps, and is welcomed into, their private lives, and there are times when they share their house with a lot of people. How do they manage? By pushing out the walls until there is room—and *a* room—for everything. By going beyond the walls to build terraces and plant gardens, *left*, for living out of doors.

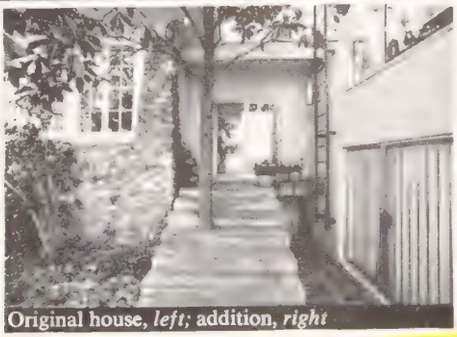
For more about the terrace garden, and other bright ideas, turn the page

ELLIOTT ERWITT

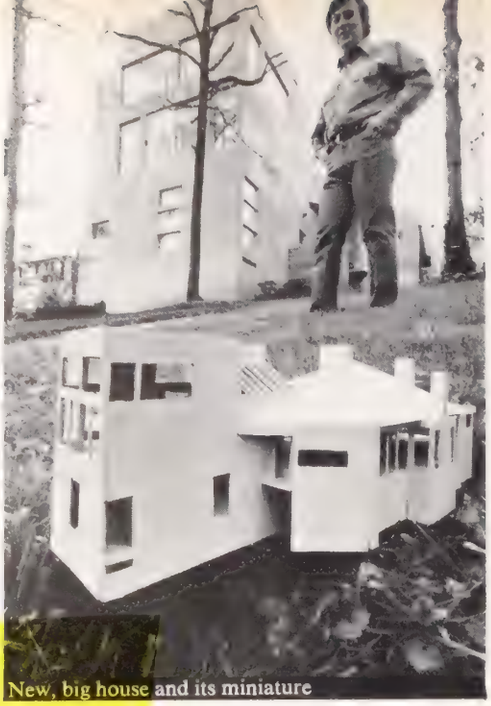
your space



Cross-section sketch of house showing cottage and expansion



Original house, *left;* addition, *right*



New, big house and its miniature

"If I haven't used something in two weeks, I get rid of it. He never throws anything out so we just leave space"

One way to organize a life is to push back its walls—expand. Create new areas to fill, new vistas for new growth. Mr. and Mrs. Kempton Mooney did it literally, taking over a 55-year-old house and remodeling it to allow them plenty of space for their different personalities, their favorite pastimes, their busy and remarkably social lives. Remodeling was not a first choice. "We wanted to be in town," says Mrs. Mooney, "because we both are very involved in things in the city, and we wanted to be very close to what's going on. With our odd working hours, I just did not want a forty-minute drive somewhere. When we found a small cottage that allowed for extensive remodeling on a lovely central lot, we decided we really could have the best of all possible worlds."

Mrs. Mooney is administrative director of the Alliance Theatre, a professional repertory company. That means late nights sometimes, fund-raising meetings, cast parties after opening nights. Mr. Mooney teaches as well as practices architecture—and that means early mornings and, sometimes, students coming by for seminars and critiques. The best of all worlds? Why not? The rooms they planned echo their daily rhythms, a wide variety of functions, even the seasons. Take a typical day: Mr. Mooney gets up, dresses, and takes his newspaper up to the big new living room with its 20-foot ceiling, at the top of the house, where sunlight streams in through a double layer of windows (see model and house, *above;* two new bedrooms are on the first floor). As he leaves, he wakes Mrs. Mooney with a kiss. She goes to work (it takes her seven minutes), taking with her anything he may have left behind (she delivers it to his office, ri across the street from hers). On way home, she may stop to do a li marketing or to pick up the dry cle ing: "I'd rather do it that way th spend my whole Saturday on erra —and I find I'm ordering more telephone." Or, if she is held up a meeting, past store-closing time, h do it. At home, in the winter, they dinner in the big old dining room wh a fire burns in a new raised firepla its glass alcove, *right,* part of the modeling. In spring and fall, dinne served in the breakfast room—"we there almost half the time"—that v formed when the original study a kitchen were expanded toward the ba of the house. Sliding glass doors all a view through the trellis, *preced page.* In summer, weekend lunches likely to be eaten under the trel where high old benches from the ori nal front porch have been repainte sunny shiny yellow. New and exp sive stepped decks make room for l

"Thinking ahead, and trying to know what you are doing before you actually do it—that's the main thing"



Kitchen that's twice as big, for her

"We doubled the size of the kitchen," Mrs. Mooney says. "We just pushed out the back wall. I love cooking. Recently I've taken a couple of classes, at night. One thing they've taught me is that if you have everything ready ahead of time, everything goes a whole lot better." She would like an even bigger room, so friends can sit and talk while she cooks.



Greenhouse full of seedlings, for him

"I added a greenhouse to a client's house, so they gave me this little one. I have a lot of fun with it," says Mr. Mooney. It's in back of the house, off one of the terraces. Seedlings for food and flowers start here, and ailing plants are tended. "Vicki waters," he says. ("When he tells me to," she interjects.) Pottery collected on trips often becomes planters.

BUILT-IN SHELVES ARE GOO FOR KEEPING CLUTTER FRO TAKING OVER; BUILT-IN SOFA MAKE COMFORTABLE SEATS I SOME OF THE ODD SPACES I EVITABLE IN AN OLDER HOME

of outdoor light; planters are new t paint buckets.

Meetings and entertaining? Studen collect in the library while theatre pe ple planning subscription campaig can meet in the living room. The hous say both Mooneys, accommodat groups from two to two hundred. Ye they have entertained two hundred.

was scared to death the first time," say Mrs. Mooney, who did all the cookin "But I just took out my trusty Cuisina and whipped u mounds of pâté, an we had a really go time." "It was fun t see that people wh want to sit go up t the living room [*top*], says Mr. Mooney "and those who wan to stand and eat an



drink stay in the stair hall on the noisier main level of the house [*bottom*]." When they entertain, say, eight for dinner, hors d'oeuvres may be served in the sunset in the new living room. After-dinner drinks are in the smaller library. Glasses, used dishes are left as guests move from room to room.

But the new organization of the house is nicest, say the Mooneys, in the way it allows for their personal pastimes and personalities. "I like to have some clutter around," he says. "If I'm not going to use something in the next two weeks, I get rid of it," says she. "I don't think Kemp's ever thrown anything away, so we just have space for him to collect things." Two rooms hold his drawing equipment and slides, "and paper—architects do have a lot of paper. He can close the door and I forget the mess is there." Each has a bathroom and another space particularly personal: her kitchen, his greenhouse.

For great parties, plan ahead

Part of the credit for the success of those huge parties, Mrs. Mooney believes, is the easy circulation through the house. The rest is a combination of preparation—and storage. "I think I'm really organized," she says. "Thinking ahead, that's the main thing." She cooks ahead and freezes things on evenings when Mr. Mooney is drawing—or she may order thirty quiches by telephone. She sets the table in the dining room, *right*, before she goes to work. The storage? Says Mr. Mooney: "We've had a number of sizes of glass tabletops made. We can alternate them or we can set up spares. They're kept in a corner bedroom. Vicki has a huge pantry for crystal and china and another for food—one advantage of using an old house."



The living room, a square of furniture within a square of wall at treetop height



Dining room set for dinner. Stair hall from entrance . . . and from the new living room



e and after: Original cottage grew up and grew wing



The front of the lot is wooded, protecting the front of the house, *above*, from the street. "I'd really like to fill the rest of the lot, eventually," says Mr. Mooney. Spring, summer, and fall, he likes to spend his evenings outside. So far, his projects include gardens for food and flowers, a pool and a waterfall, one deck and another planned to connect with the original patio. More rooms? Maybe.





More living time

take shortcuts



The B. J. Cutlers in their Georgetown garden

"You can skip steps even in the most elaborate dishes. Quality remains high, and sometimes the calories diminish"



Good talk sets the pace for the Cutlers' parties.



At work: Carol and curator



Newsman Cutler on the job

Having people in for dinner

is one of life's pleasures for Carol and B.J. Cutler—but with both working (he is chief editorial writer for Scripps-Howard newspapers; she does public relations for the National Portrait Gallery), entertaining the way they like to takes nothing short of sleight of hand. Their secret? Cut corners in the kitchen—enough to compile into a new book, *The Six-Minute Soufflé* (Clarkson Potter).

For time-savers, recipes, menus and Mr. Cutler's tips on wine-buying, read on



MENU
Cheese Mousse
Crudités
Amontillado Sherry

Lemon Chicken
Emerald Cream
Buttered Radishes
Bean-Sprout Salad
French Bread

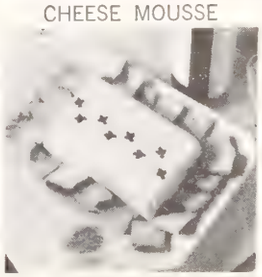
Alsatian Pears
Coffee
Kriter 1972 (sparkling wine)

"I always do my main course ahead, for my own peace of mind. A cold main course is the answer any time of year"

INGREDIENTS

METHOD

CHEESE MOUSSE

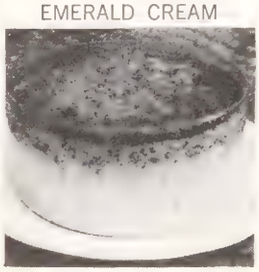


2 tablespoons gelatin
1½ cups beef broth
1 garlic clove, sliced
¼ teaspoon curry powder
salt, pepper
12 ounces cream cheese
lettuce
black olives

Sprinkle gelatin on broth in a pot and let stand a few minutes to soften. Bring almost to a boil, stirring to dissolve gelatin completely. Cool. Put broth, garlic, curry powder, salt, and pepper in a blender. Blend ½ minute. Add cream cheese, ⅓ at a time, while blender is running. When incorporated, give mixture a final burst of speed.

Pour into a 3-cup mold or loaf or 8 individual ramekins. Refrig about 3 hours or until mousse is Cut around edges with a hot knife, bottom of mold in hot water for a seconds. Unmold onto lettuce decorate with a few olives. Pass or crackers with mousse. Serve as an hors d'oeuvre, 8 as a first co

EMERALD CREAM



1 quart milk
2 teaspoons salt
½ teaspoon pepper
1 teaspoon dry tarragon
½ teaspoon dill
6 eggs
2 egg yolks
1 tablespoon flour
¼ cup warm water
1 tablespoon parsley, minced
¼ cup watercress, minced
¼ cup scallion greens, minced
2 teaspoons Worcestershire sauce
few drops Tabasco sauce
2 tablespoons Bourbon or Scotch whiskey
2 teaspoons oil

In a nonaluminum pot, heat milk with salt and pepper. Put the tarragon and dill in a 2-quart mixing bowl and crush between fingers until fine and powdery. Add the eggs and egg yolks to herbs and beat until light. When milk almost reaches the boiling point, slowly pour it into the beaten eggs while beating rapidly. Return the eggs, herbs, and milk to the pot.

Put the flour in a small cup and slowly stir in water. Mix until smooth, then add to hot milk. Return pot to low heat for about 1 minute while adding parsley, watercress, scallions, Worcestershire, and Tabasco. Remove from heat and add Bourbon or whi

Lightly oil a 6-cup soufflé dish any ovenproof mold). Pour liquid mold and place in pan conta enough hot water to cover ⅓ o mold. Bake in a preheated 350° for 1-1¼ hours. Cream is done wh puffs slightly, has a small crack i top and begins pulling away sides of dish. A knife plunged int center should come out clean. herbs will have floated to the su and been baked into a green top Let cream cool, then chill well. Emerald Cream can be made a in advance. Serves 6.

LEMON CHICKEN



4 pounds chicken, cut in pieces
salt, pepper
1 cup lemon juice
½ cup oil
½ cup dry white wine

Rinse and dry chicken, sprinkle salt and pepper on both sides, then transfer pieces to a nonmetal dish that holds them snugly. Put lemon juice and ¼ cup oil in a bowl and beat together with a fork; pour over chicken. Turn pieces so all surfaces are coated with marinade. Cover tightly and keep in a cool place for at least 6 hours, or overnight in the refrigerator, and turn pieces once or twice.

Preheat the broiler. Lift chicken pieces out of marinade and dry on paper towels. Place them on a ba sheet, brush with remaining oil, sprinkle with salt and pepper. the chicken to a golden brown. pieces over and repeat.

Put chicken in a large frying or casserole and pour over the nade and white wine. Cover and mer 20-25 minutes, or until ten Place chicken pieces on a serving ter and spoon some cooking s over them. Pass the rest separa Serves 6.



Pouring emerald cream

BEAN-SPROUT SALAD



1 pound fresh bean sprouts, soy or mung
¼ pound fresh mushrooms
½ cup oil
2 tablespoons vinegar
juice of 1 lemon
2 tablespoons soy sauce
1 teaspoon prepared mustard
½ teaspoon paprika
2 tablespoons pimiento, chopped
1 teaspoon salt
½ teaspoon pepper
½ green pepper, chopped (about ½ cup)

Rinse sprouts in a colander under cold running water and put aside to drain. Rinse mushrooms and let stand to dry. Put oil, vinegar, lemon juice, soy sauce, mustard, paprika, pimiento, salt, and pepper in a jar with a lid. Shake well. At serving time, chop green pepper and slice mushrooms and put in a large salad bowl or mixing bowl. Add sprouts, shake dressing again, and pour over vegetables. Mix very well. (I find tossing the vegetables with my hands is the easiest method; the sprouts can slip out from between a salad spoon and fork.) Serves 6.

ALSATIAN PEARS



2 cups dry white wine
1½ cups sugar
juice of 2 lemons
1 cup water
6 pears, peeled, stems intact
2 10-ounce packages frozen raspberries, thawed
2 tablespoons orange liqueur
whipped cream flavored with sugar, vanilla, and orange liqueur (optional)

In a large straight-sided pan put wine, 1 cup sugar, juice of 1 lemon, and water, and bring to a boil. Cover and simmer while peeling the pears. Remove a slice from the bottom of each pear so it will stand on a plate. Drop the peeled pears into syrup, cover, and simmer until the fruit is soft, turning carefully with wooden spoons a few times. Do not bruise the fruit. It will take 20-30 minutes of cooking time, depending on the size and ripeness of the pears. They are done when a sharp knife pierces the flesh easily.

Remove the pan from heat an time permits, cool the pears in sy

While the pears are poaching, pare sauce. In a blender, put thawed raspberries, ½ cup sugar, j of 1 lemon, and orange liqueur. Pu the mixture. Lift pears out of the sy and let stand for about 5 minute drain. Place the pears in a deep s ing dish, pour the sauce over th and chill well. Turn pears occasio if sauce does not cover them. S covered with sauce; pass whip cream. Serves 6.

Mrs. Cutler says it was her husband's "fabulous palate" that first led her down the gastronomic path. Mr. Cutler also has a nose for discovering good wines from vineyards have somehow overlooked. g his twelve years as editor-in- of the Paris *Herald Tribune*, Carol studied at the Cordon Bleu and L'Ecole des Trois Gourmandes. Her first book, *Haute Cuisine for your Heart's Delight*, (Clarkson Potter) was published in 1973.

The Cutlers love to have friends over for little dinners, with conversation centering on art (both are collectors) and tales of great food eaten in far-away places. "I had already pared down the calories and cholesterol from traditional cooking," she says. "But as a working woman with little time, I found I had to do something to speed up the preparation process too." The result: A long list of time-savers that get the meal (and you) out of the kitchen in a hurry.

1. Don't be afraid to use your hands to mix things, turn marinating meat, combine delicate berries.

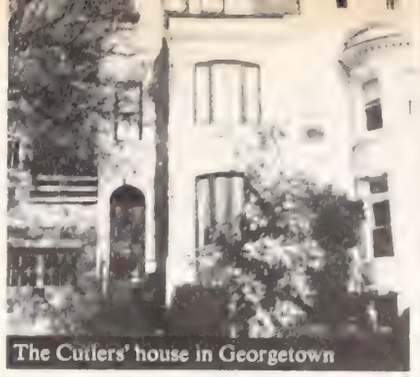
2. Don't mince and sauté onions and garlic for pâtés. Cut in chunks, add to marinade, and grind with meat.

3. When sautéeing onions for a recipe, do a little extra and refrigerate in a tightly sealed jar. Next time a recipe calls for sautéed onions, stir them directly into the other ingredients. Result: No frying pan to use—or to wash.

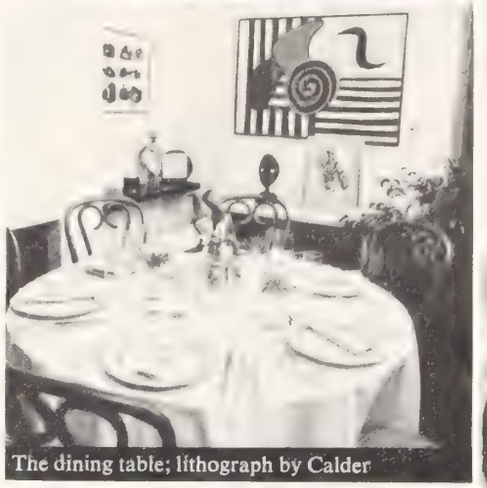
Rather than chopping up your shallots or garlic for sauces, you can just peel, pierce them with toothpicks and toss in. After they have given the sauce their all, retrieve via the toothpicks. This saves not only mincing time, but the usual straining time later.

Save pot washing. Cook as much as possible in serving dishes. And eliminate the washing of mixing bowls by combining ingredients directly into the cooking pot.

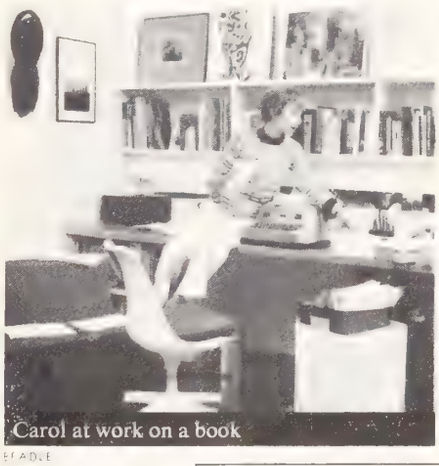
To make ratatouille, usually prepared in a number of separate and time-consuming steps, I just layer the vegetables and seasonings in a baking dish, and bake at 250 for several hours. The long, slow baking requires no attention at all.



The Cutlers' house in Georgetown



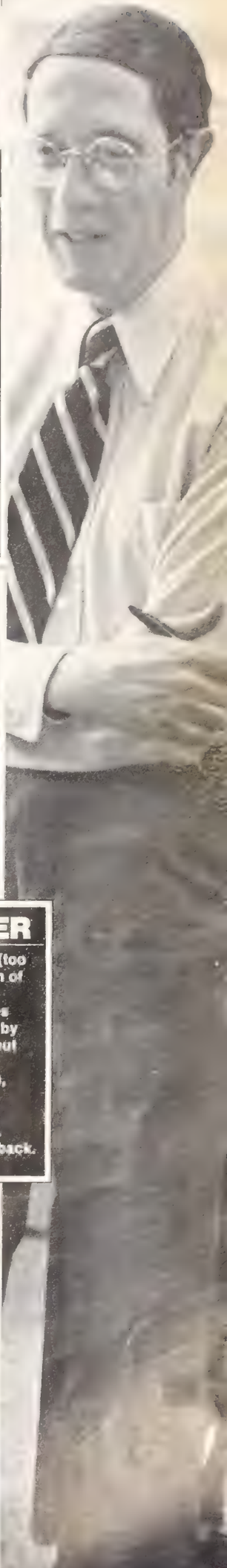
The dining table; lithograph by Calder



Carol at work on a book



Over living-room mantel, a Downing.



WINE SHOPPING WITH B.J. CUTLER

"Why does the same fine French wine sometimes taste better in France than here? Because it is frequently mistreated in shipment: put in a hot place aboard the ship, kept in warm warehouses and retail shops. To get the best possible wine: Buy young wines; they've had less time to be mishandled. Stay out of stores where wines are displayed standing up, which allows corks to dry and wines to 'go off.' Examine bottles for leaky corks (identified by goo seeping from under the foil) and evaporation (too much space between the bottom of the cork and the wine level). At home, *any* red wine, not just ones with sediment, can be improved by decanting—the aeration brings out its bouquet. If you don't have a perfect cellar (cool, damp, dark), don't try to age good wines. Buy hand-to-mouth, and let your merchant take the storage risks. Finally, if a bottle is bad, take it back. A good dealer will replace it."

Strawberry clafouti—a fruit pancake





MIEHLMANN

TIME SAVERS

ORKING TIME: **4 minutes**
OOLING TIME: **15 minutes**
HILLING TIME: **3 hours**
sse is better if made at least a ahead. It will last a week or .

cholesterol version: Substitute at cream cheese (Neufchatel) h has 30 percent less fat than lar cream cheese.

ORKING TIME: **14 minutes**
AKING TIME: **1-1¼ hours**
ILLING TIME: **3 hours**
be made a day in advance. It ld not stand longer than that or ll lose some of its delicacy.

WORKING TIME: **10 minutes**
RINATING TIME: **at least 6 hours**
COOLING TIME: **25 minutes**
s recipe can be completed ad, cooled, and refrigerated in ce. Reheat slowly in sauce at ving time.
ke plenty; it's just as good cold. serve cold, chill in refrigerator cooking liquid, which will turn a jelly. Scrape the lemon jelly a small bowl and place spoon- of it around the chicken pieces. corate with black olives.

WORKING TIME: **8 minutes**
e salad dressing can be made ll ahead. The sprouts can be sed, drained, placed in a tightly led plastic bag, and refrigerated. e slicing of the mushrooms and final mixing should be done just fore serving to preserve crisp- ss. The salad can be mixed 30 nutes before serving, but no nger.
ind tossing the vegetables with hands is the easiest method; the routs can slip out from between salad spoon and fork.

WORKING TIME: **10 minutes**
COOKING TIME: **20-30 minutes**
CHILLING TIME: **3 hours**
w-choiesterol version: Leave out e whipped cream.
his dessert must be prepared at ast 2 hours in advance, but could so be done the day before.

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Town house that's office and pied-à-terre



Wicker coffee table for desk or dining

More living time

Pare down

When John and Penn Curran went into business for themselves (he as designer and marketing consultant, she as his accountant), they discovered a new need: new space

"I like the city," says Mr. Curran, who bought a house in the suburbs some years ago, founded Curran, Inc., and then decided the suburbs were fine for living, but . . . "I need the city's tension, for discipline. I like the excitement, and the creative fever. At the same time, the city can be just too stimulating. Both Penn and I—and our children—need the quiet of a smaller town. We decided to spend a couple of nights a week in the city, and to work there." Their needs: an office to sleep in, a bedroom where friends and clients could visit, a living room to work in. In the end, it all turned out to need more.

The Currans found it in a town house that was being remodeled: two big rooms connected by a wide entrance hall. "The space had its own identity," says Mr. Curran. "All I did was to clear things away." Two weeks and $2,000 did it all. Midway in the process he [illegible] didn't really need one room, so he sublet it to a client, Vitreon, to use as a showroom for the glass he designs for them—designs in which,

Dining table that's Mrs. Curran's office



Office sofa that becomes a bed

One table for: Mr. Curran's designing materials, *top right;* Mrs. Curran's accounting books, *upper right;* a late buffet, *right.* At night, office couch turns into a bed, *far right.*

"Start with everything you think you need—and see how much you can take away"



Cabinet holds vases above, bar below

he says, he also tries to take away everything that isn't essential.

Some very simple strategems keep the room flexible: monochrome colors—"I work with color all day; a strongly colored room would distract me." No pictures on the walls

When you edit out the nonessentials, the room not only works better, it *looks* better

(most of the walls hide cabinets), and furniture that serves more than one purpose. Twenty people can have dinner in this room, six or eight guests for lunch are not unusual. The Currans love to cook. But because the kitchen is less than 5 feet square, meals must be superorganized. Once elaborate entrées issued forth, despite the undercounter refrigerator and the postage-stamp stove, but now the Currans find it simpler to have something special catered for the main course, while they prepare the salmon mousse, the salad, and a light dessert.

"Our life is rather schizophrenic, but we're used to it. We *need* it," he says. "We're able to be rather independent. And it works—at least partly because of this space. It's the only one I've never tired of."

After the theatre, wine and talk with friends. The mantel and the mirror, *right*, are all that's left of the original room, once a grand dining room painted dark Victorian brown.



Desk becomes a table again, for late supper buffet

HORST



How can this room—the top back room in a brownstone, just 18 feet square—be multipurpose and look so spacious? Mainly, because it is totally bare of objects and conventional furniture—except for a small bedside TV. No picture, no plant, no little knickknack disturb the eye. Emilio Ambasz made clutter invisible. Six tall, freestanding bookstacks hold hundreds of books. They face backwards into the room, making inner "walls" that create a room within a room. The bed's an island, its high curving headboard a stroke of imaginative design that contains desk behind, reading platform above, and built-in lighting for night-time reading. The atmosphere is meant to represent an outdoor space, at night, in moonlight. So it's dusky lavender gray, with clouds floating across the ceiling, very soft, very romantic. Velvet fabric covers the walls, serene gray carpet sweeps across the floor.

Away-from-the-wall bed, right, with pale-pink cover in otherwise gray room. Left: telephone, typewriter, everything for the working woman. Folding staircase turns into night table.

NORMAN McGRATH

STORAGE

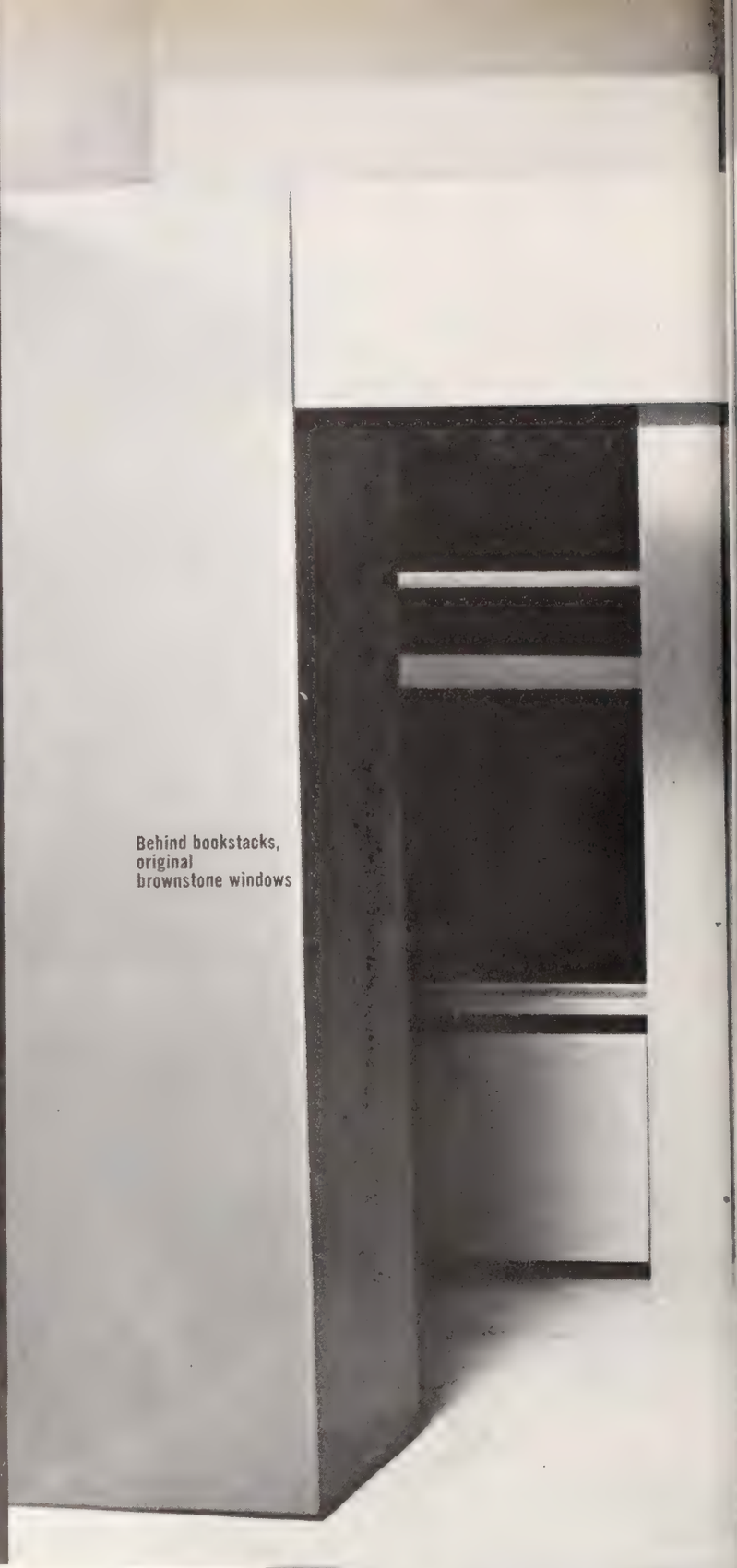
You'd never guess the bedroom here is a study and library too. Where are the books? Hidden in movable storage units





Behind these walk-around bookstacks: the bedroom

These Italian glass floor lights can be hooked up on the wall



Behind bookstacks, original brownstone windows

NORMAN McGRATH

ROOMS WITHIN ROOMS: ONE SPACE, TRIPLE USE

The bedroom shares the top floor with a companion sitting room, but the contrast between upstairs and downstairs is astonishing. The couple who live here are avid art collectors: The rest of the house is ablaze with paintings. But here fireplaces were ripped out, all the old architectural personality removed. They find the clutter-free, modern nighttime setting "very soothing." All clothes and personal items are stashed in great floor-to-ceiling closets in the corridor linking the two rooms. "I like closets," Ambasz says. "They are places where you can collect all your passions and vanities and even your mistakes. A closet is like a big mother who forgives all." If the design seems theatrical, it's entirely intentional. All the components shift like scenery on a stage. Ambasz designed five different "sets" using the same elements "to avoid the boredom of having the room always look the same. I like the idea of furniture with neutral, anonymous shapes. It makes for versatility and change. This is how I feel people want to live today." The lighting too, in the best stage tradition, makes everyone look good. "Light is thrown up and eliminates face shadows. Simple idea—that works."



...backs, above, face the windows. (See their backs, opposite page, top.) There are four move-around floor lights, each with 200-watt bulbs. Right: the complete L-shape of six bookstacks, each 3 by 7 feet, that stop 2 feet short of the ceiling. Three that face backwards toward the bed are pushed together. The other three have connecting shelves to form archways. Lavender-gray paint on lacquered units is less pink than velvet on the walls. Carpet is more gray, less lavender.

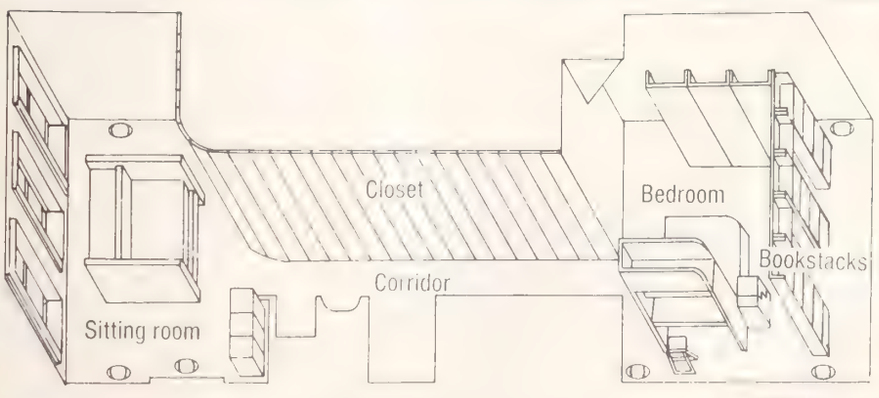
This bookstack can be moved around the room (the others can, too)





Architect Emilio Ambasz







Emilio Ambasz, above right, planned the whole top floor as an outdoor urban space. The sitting room, right, with stepped carpeted platform is the public "plaza" where people meet and talk. The corridor between the two rooms is a "street," the closets, "shops." The bookstacks in bedroom are "buildings," the bed, "a castle" with raised platform—"a tower"—where the lady of the house surveys her dominions.

Womantalk by two



In class, coauthors Dr. Virginia Tiger, *left*, and Dr. Gina Luria teaching women's studies.

Working woman, wife, mother, and coauthor. When your life is split four ways, it takes energy and brilliant planning to fit the pieces together. Two women who have managed to carry it off successfully are Gina Luria and Virginia Tiger, both Professors of English Literature at Rutgers University. They're coauthors of Womantalk (Random House, $7.95), a fascinating new book due out this fall that gathers the voices of hundreds of women from literature into a remarkably perceptive analysis of woman's life, desires and dreams, burdens and blessings, pains and promises. Young and attractive, Dr. Luria and Dr. Tiger take university classroom, kitchen sink, nursery, and typewriter in their stride, without the luxury of live-in help, and without the loss of an ounce of femininity. Dr. Luria's techniques for this multiple life are outlined on these pages. Dr. Tiger's story follows next. Interviews by Beverly Russell.

"In every century women discover their minds" — Womantalk by Gina Luria and Virginia Tiger

Whenever Dr. Gina Luria, English professor (with one of her students, *right*) has a problem keeping up with her schedule, she reminds herself of a favorite heroine in 18th-century English literature, author Mrs. Jane West. "She had ten children and moved between four houses, managed a staff of thirty-five servants, and still found time to publish thirteen novels. They're not all good," Gina goes on with critical precision, "but the point is she *wrote* them, in longhand. How did she do it? She was organized. When I experience a difficulty, I say to myself that I am not the first woman to play many roles; I'm not even the millionth. If others have come through, so can I."

A typical day in the life of Dr. Luria, wife of a psychiatrist and mother of 3-year-old James, is outlined on these pages. Commuting to work at Rutgers University, N.J., where she is assistant professor in the same department as friend and colleague Dr. Virginia Tiger, takes up four hours, there and back, from her peaceful, secluded house and garden in Long Island, N.Y. But she doesn't let the journey get her down. Not a moment's wasted in transit. She may go over decorating plans with her interior designer, or correct students' papers, read, prepare a lecture, plan dinner parties, write letters to friends instead of talking to them on the phone, or compose a chapter of the book written in collaboration with Dr. Tiger. "I use the train as an office; it's very convenient."

Gina fell into the working mother role quite naturally. "My mother was director of a school in Brooklyn. I always knew I'd work, but I didn't want to manage like my mother did, by the skin of her teeth. As a child, I shopped and cooked for the family from the time I was [illegible] my mother totally exhausted. What I set out to do is have a pair of hands to help me, because machines never do everything. When my child is sick, it gives me something beyond words to have another person in the house."

James is taken care of by a young woman of 20, who comes in five days a week, sometimes as early as 8:15, before Gina leaves the house. "I wanted to create *(Continued on page 110)*

SUSAN WOOD

6:45 Up, breakfast, exercise, dress, go over day with sitter.

7:55 Leave house. Drive to store.

8:05 Order food at store for evening dinner party.

8:22 Catch train. Talk decorating [illegible] commute.

8:55 [illegible] items, making [illegible]

9:15 Forest Hills. [illegible] Agnes Tiger's.

9:45 Take [illegible] train to Penn Station.

10:15 Dash for train to Newark.

10:30 Newark Station, walk to Rutgers.

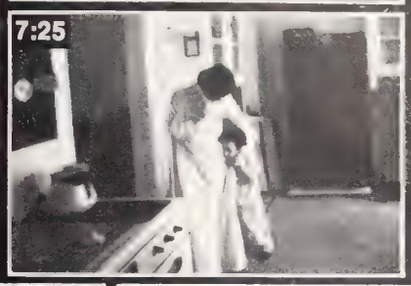
Above: Dr. Gina Luria, *right*, being congratulated by one of her Rutgers students, after an inspiring lecture.

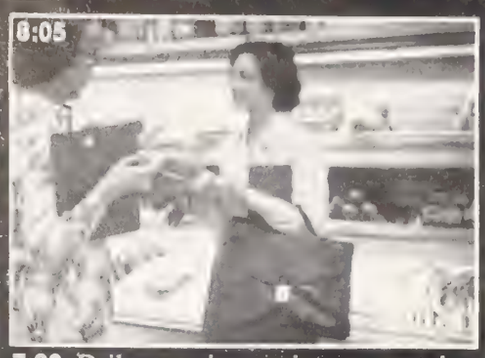
working wives



f to work, Gina's
, Richard, a psy-
, leaves for Long
ewish Hospital.





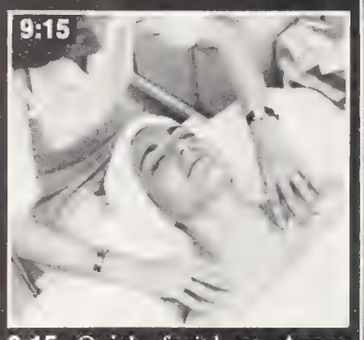


7:20 Daily exercise session—a must because Gina fractured her back years ago—turns into playtime with James. **7:25** Early phone call with sitter. **8:05** A fast drive to the local store, Bragatti, where Gina orders food for the evening's dinner party. **8:15** Parks car at station, catches city train.









Making the most of the commute, Gina goes over decorating plans, at new living-room fabrics with interior designer Janie Carter. her, art historian and friend Ronnie Myerson. **8:55** Not a minute : a quick call at Jamaica between trains.

9:15 Quick facial at Agnes Timar's, Forest Hills. By **10:40** she's researching in Rutgers Dana Library.



10:40 *Research in Dana Library before class.*

11:00 *Dean's office meeting with Virginia.*

11:15 *Teach class with Virginia.*

11:55 *Leave Rutgers for city.*

12:05 *Newark Station train to Penn Station.*

12:20 *Penn Station E train to 53rd St.*

12:50 *Empire State Ambulance Service meeting.*

2:30 *Meet Virginia in agent's office.*

3:00 *Quick sandwich at coffee shop.*

3:30 *Meeting with editors at Random House.*

4:20 *Dash to Penn Station; train home.*

5:20 *Arrive back, drive home*

5:30 *Get ready for guests at 8:00!*









5 Gina and Dr. Virginia Tiger teach a Rutgers senior class in en's Studies. Topic: the community of women, seen through lit- text. Lesson over, Gina dashes for train and meeting on free- public relations for Empire State Ambulance Service. By **12:50** at 59th Street heliport, talking with paramedics.

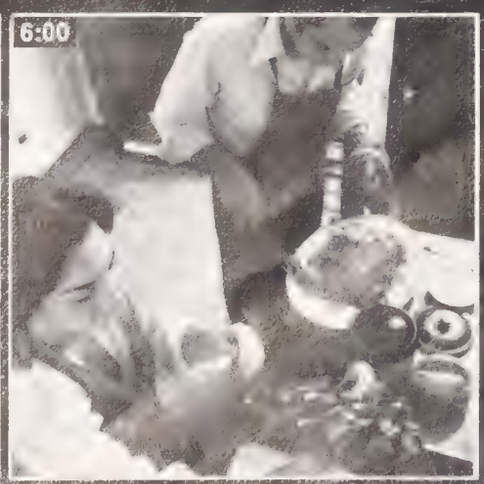
2:30 Together again, Gina and Virginia meet in the office of their literary agent, Erica Spellman, of International Creative Management, to discuss their next book. Then, at **3:00**, go on to grab a quick late sandwich lunch at Whitney's coffee shop across the street. Both are slim. "Our lives don't leave much time to eat."

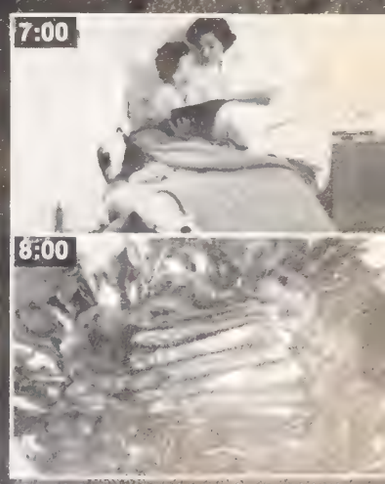






0 Round-table discussion at Random use with editor Toni Morrison at (right) others concerned with *Womantalk*. On agenda: paperback and subsidiary nts. Gina and Virginia split for the kend, Gina to catch a **4:20** train to ng Island. One hour 10 minutes later, 0 she's home with Richard, picking wers in the garden for dinner table.





6:00 On with the cooking: Richard and Gina do it together. It's dinner for six. Poached fish for the main course, with boiled new potatoes. Strawberries and sherbet for dessert. **7:00** Nothing stands in the way of James's bedtime story. **8:00** Dinner kicks off with asparagus vinaigrette.



"Women must call upon each other to educate themselves"

7:00 Dress, breakfast, make sandwich, leave note for sitter.

8:05 [illegible]

8:20 [illegible]

8:35 [illegible] for weekend, arrange delivery.

8:45 Get manuscript photocopied.

9:00 Make early phone calls at Penn Station.

Womantalk on the multiple life

Dr. Virginia Tiger studied ballet seriously beginning at age 5. Her stiff and rigorous training continued until she reached 16, when she decided not to become a professional dancer—but it has tempered her whole attitude to living. It's mind over matter, will power, discipline, and determination all the way. "I think one of the rules for a woman is never to let a setback or misery engulf you. Intelligence can always get you on the other side of it." Carefully thought out strategies (she's never without a to-do list) help her successfully handle a city apartment and a country house, a very active son, Sebastian, age 6, an extremely gregarious husband (he would go out every night if he could), plus her job as Associate Professor of English at Rutgers University. Her husband, Dr. Lionel Tiger, the anthropologist and writer, teaches at the same university, but since they work on different campuses, they never see one another at school.

Virginia approaches the domestic side of her activities, she admits, as a professional manager. "You have to think of yourself as a manager. You have to say, this is going to go this way. And you have to be prepared to hire and fire, and nobody likes firing." This trauma, she adds, can be minimal, if you teach yourself the skills of judging people in interviews. As a teacher, she has had plenty of experience summing up people. And this has helped her enormously in the smooth running of her household. She's had the same housecleaner for six years, the same daytime baby-sitter two years, and an evening sitter the same length

"Never let distress engulf you, intelligence can always get you on the other side of it"

of time. They're always reliable, always turn up at the right time, never let her down. Sebastian is all the better for this orderly arrangement and is never disturbed when his parents go out. Sorting out the evening sitter (given the attractions of New York City) was a brilliant bit of organization. She interviewed students from New York University, a school near her Greenwich Village apartment, until she found the right one, and then contracted her on a yearly basis.

(Continued on page 106)

SUSAN WOOD

9:20 Catch train to Newark.

9:35 Arrive Newark, walk to Rutgers.

9:45 Consult with students.

11:00 Dean's office meeting with Gina.

11:15 Teach two classes, one with Gina.

12:45 Classes over, walk to station.

12:55 Catch train to city.

1:10 Buy ticket for Sebastian's birthday.

1:35 Taxi to Michele Gatti's for haircut.

2:30 Meet Gi[illegible] at agent's offic[illegible]

3:00 Quick lat[illegible] lunch at Whitney's coffee sho[illegible]

3:20 Random House meeting with editors.

4:30 Stop at Michael Lax, for business talk.

5:10 Chat with husband, sitter, and son.

5:45 Load up car for weekend.

7:40 Arrive weekend countr[illegible] house.

8:00 Cook wit[illegible] Lionel, play wit[illegible] Sebastian.





45 Breakfast over, Virginia makes Sebastian's sandwich for lunch. **8:05** hey leave the house together, ride the bus to St. Luke's School, Greenwich illage. **8:35** Virginia stops at Jefferson Market to order groceries for the eekend at their country house. She shops in town to save spending time on ores in the country.





8:45 A quick stop at the Xerox shop.



9:00 Catching up with phone calls at Penn Station before the **9:20** to Newark. "I use phone booths like an office."



1:00 Faculty meeting in Dean Richard obey's office at Rutgers to go over class chedules. Virginia and Gina arranged heir schedules so they could work on their ook on days they were not teaching. *Womantalk* took three years to research nd write.







12:00 After teaching seniors with Gina, Virginia goes solo with freshmen **1:10** Back in New York buying show tickets at Penn Station for Sebastian's birthday party **1:35** Monthly haircut at Michele Gatti.





:30 At agent Erica Spellman's office at International Creative lanagement with Gina. Virginia was helping Gina move into a new ouse when they first thought of *Womantalk*. Virginia worked on the roposal, while Gina packed boxes. **3:00** One way Virginia keeps schedule is to skip lunch. This day she caught up—late.

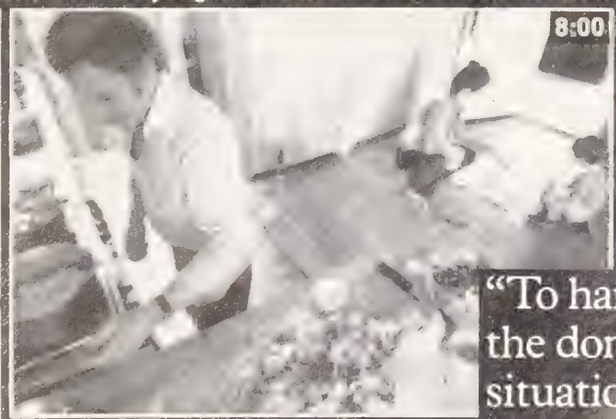


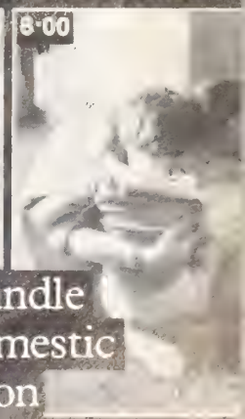
3:20 An all-editors get-together at Random House, with designer Harriet Banner, subsidiary rights editor Millie Marmur, and editor Toni Morrison.











5:10 Back home in the Village, a quick chat with husband Lionel, tea with Sebastian and his sitter. **5:45** Loading up car for weekend. It's a 2-hour drive to their weekend country house. **8:00** Lionel starts to cook supper while Virginia plays with Sebastian at the end of a long day.

"To handle the domestic situation successfully you have to think of yourself as a manager"

Gardening with a system

in clay pots, hanging baskets

Viva Begonia



Hanging begonias on shaded terrace



Begonias shaded by green nylon mesh stretched over porch rafters and bamboo shades at sides



Plant-care center by back porch with tiled sink, high faucet

Tuberous begonias are nonstop summer bulbs that can light up a garden with spectacular bloom

It's a garden in flowerpots. Exuberant plants fill a kitchen porch and dining terrace with cascades of color and produce such a rush of blossoms that as soon as one fades another is there to take its place. The flower is the tuberous begonia, a favorite of the Willis Harold Booths of Santa Barbara, Cal. Tuberous begonias, unlike spring bulbs that are planted in fall for a spring fling in bright sun, are planted in spring for a long summer in filtered sun. Where the Booths live, coastal fogs keep the plants cool and moist —and spectacular through late fall. To filter the sun, the Booths tacked nylon mesh over the rafters of their porch and installed bamboo shades at the sides to draw on hot afternoons. To simplify growing, they use the same quick-draining soil mix—1 part sphagnum peat to 2 parts leaf-mold (from their own oaks) —both for planting in flats in a greenhouse and for potting six weeks later. They put well-sprouted tubers in 12-inch clay pots and 14-inch redwood hanging baskets. Plants are watered every other day and fed weekly with a low-nitrogen 2-10-10 formula to boost flowering. A hose with a wand does both jobs. In fall the tubers are allowed to dry out gradually, then stored in cartons for magnificent bloom next year. More on begonia care and sources on page 152.

***Left* and *above*: The garden where tuberous begonias bloom along with roses and potted ficus and fuchsias.**

HORST

Independence Hall, the nation's birthplace

Society Hill, a history-packed part of Philadelphia



In Philadelphia's Society Hill:

Brotherly love pays



Living and dining rooms of a newly built house, authentically traditional



Street-front façade of the house



Garden side of house with porch

Behind this old-world facade beats the heart of a thriving community of people who rebuild, rejuvenate, and rejoice!

Alive and well and living in Philadelphia is no comic jibe these days. That the town is a better place to live in—the result of the teamwork of civic authority and concerned citizens—is handsomely illustrated in the rebirth of Philadelphia's Society Hill. This is the area, part of "the most historic square mile in the United States," to which all the world will travel this Bicentennial year, including our President, the president of France, the queens of England and Denmark, the king of Sweden.

For here is where the cause of our national celebration began. Here the Colonies declared their independence, adopted the United States Constitution, and established the federal government. Within a few blocks, major buildings of early American history may be seen—Independence Hall, Carpenter's Hall, Congress Hall, the first and second Banks of the United States, the Powel and Dolley Todd Madison houses, Head House market, the Philadelphia Exchange, the Graff house where Jefferson wrote the Declaration of Independence—all pristine fresh now. And side by side with them, the newly revived residential community of Society Hill can be seen as well. It has been brought back to thriving life with houses restored and new, with gardens, greenways and pocket parks, playgrounds, shops, and restaurants. This is an urban renewal success story to cheer about. Not only has an irreplaceable part of our history been saved but it is now part of a vital present-day community, not a historical waxworks replica.

"Society Hill," a name which has nothing to do with social distinction, is the part of old Philadelphia where William Penn's "Free Society of Traders" settled before 1700. In 25 square blocks near the Delaware River about 600 18th- and 19th-century houses still stand and have been certified by the Historical Commission as "historically and architecturally important." A goodly number have been restored or rehabilitated for today's living. **Yet only 25 years ago the neighborhood was a slum of deteriorating warehouses, flophouses, rooming houses, live poultry and produce stores.**

What saved it was a mutual effort of public agencies and private enterprise. First came the Philadelphia Planning Commission, a city agency responsible for certifying blighted areas for renewal; next the Redevelopment Authority to plan and carry out an urban renewal program. Under its rules, and with the cooperation of the Historical Commission and the Old Philadelphia Development Corp., home owners restored the old houses in traditional styles and converted them to present-day livability. Individuals also built new contemporary houses compatible in size and materials with the old. *Continued on next page*

An 18th-century Georgian style house, newly built, *above left,* occupies the site of two demolished dwellings. Four stories high, it has a center entrance and a stair which spirals up through the house. The second floor living room and porch span the rear façade, *left,* overlooking a walled garden, terrace, fountain. *Far left,* restored houses and street. *Center:* settlers in Society Hill, the Stephen Van Dycks.

TOM YEE

Brotherly love pays off *continued*



It's a town for the young a lively mix of 18th-century charm, 20th-century livability. The only crack left is in the Liberty Bell

Several ingredients produced the agreeable mix that gives Society Hill its diversity and vitality. The restored historic halls, churches, and other public buildings, rich in association and varied in character, have a simplicity and human scale that make them good companions. **They are inspiring, but never overbearing. Independence National Historical Park and the walkways and pocket parks that thread greenery and bloom throughout Society Hill bring back Penn's "green country towne."** To create the open Park around the historic buildings (the First and Second Banks, the Dolley Todd Madison and Pemberton houses, Carpenter's Hall), three city blocks south of Independence Square were cleared of engulfing structures. Now, for public enjoyment, the area also includes the Horticultural Society's 18th-century parterre garden and rose and magnolia gardens ablaze with flowers spring and fall.

Linking the historic sites with the houses are garden walkways such as St. Peter's Way, courtyards such as Bingham Court, playgrounds such as Delancey Park. These open green spaces, with sculpture by Baskin, Lachaise, Richard Lieberman, and the variety of small shops and restaurants around the old Head House market create a pleasant ambiance for a lively street life.

The major ingredients that weave the fabric of the community together, however, are the streets of houses, lined with trees and old brick pavements. More than 70 percent of the early historic houses remain, and private individuals and redevelopers bought and restored them to 18th-century appearance and 20th-century convenience. A healthy mixture of young families and older generations among these new residents has been an important factor in shaping its vitality. Young people, discovering traditional design in architecture and furnishings, have gone all out for it.

There is also a contemporary aspect to the community. A number of the old houses, while maintaining their 18th-century street façades, have been totally replanned inside, with varying floor levels and ceiling heights, indoor courts, and skylights that bring light into the center of the house. Houses wholly contemporary inside and out are also happily at home here. Built of red brick, the vernacular material of the area, and kept in scale with the height and width of their neighbors, the contemporary houses are in harmony with the environment.

The appeal of Society Hill was summed up by one new resident who said, "It has the scale and neighborliness of a small town but with big city advantages. You can walk to work, uptown, enjoy major theatre and music there, garden in your backyard, play tennis or swim in a neighborhood club, and shop nearby. Life in Society Hill is [illegible] and getting better."



The Robert Potamkins' 1764 house, *lower right*, gained a corner garden and gazebo, *lower left*, when two late vintage buildings were demolished. The Stephen Van Dycks' 1759 restored house, *lower far right*, was a vagrant's hideout in 1959. On nearby streets are modern town houses by architect I.M. Pei, single contemporary houses by architects Louis Sauer, Mitchell & Giurgola, *right*. Enlivening this urban scene are parks, walks, gardens.



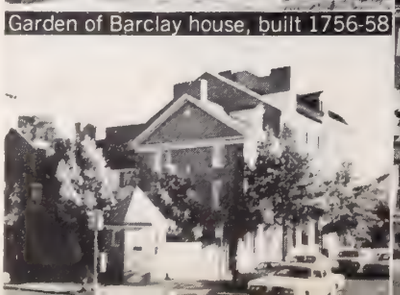
Head House, once a fire station



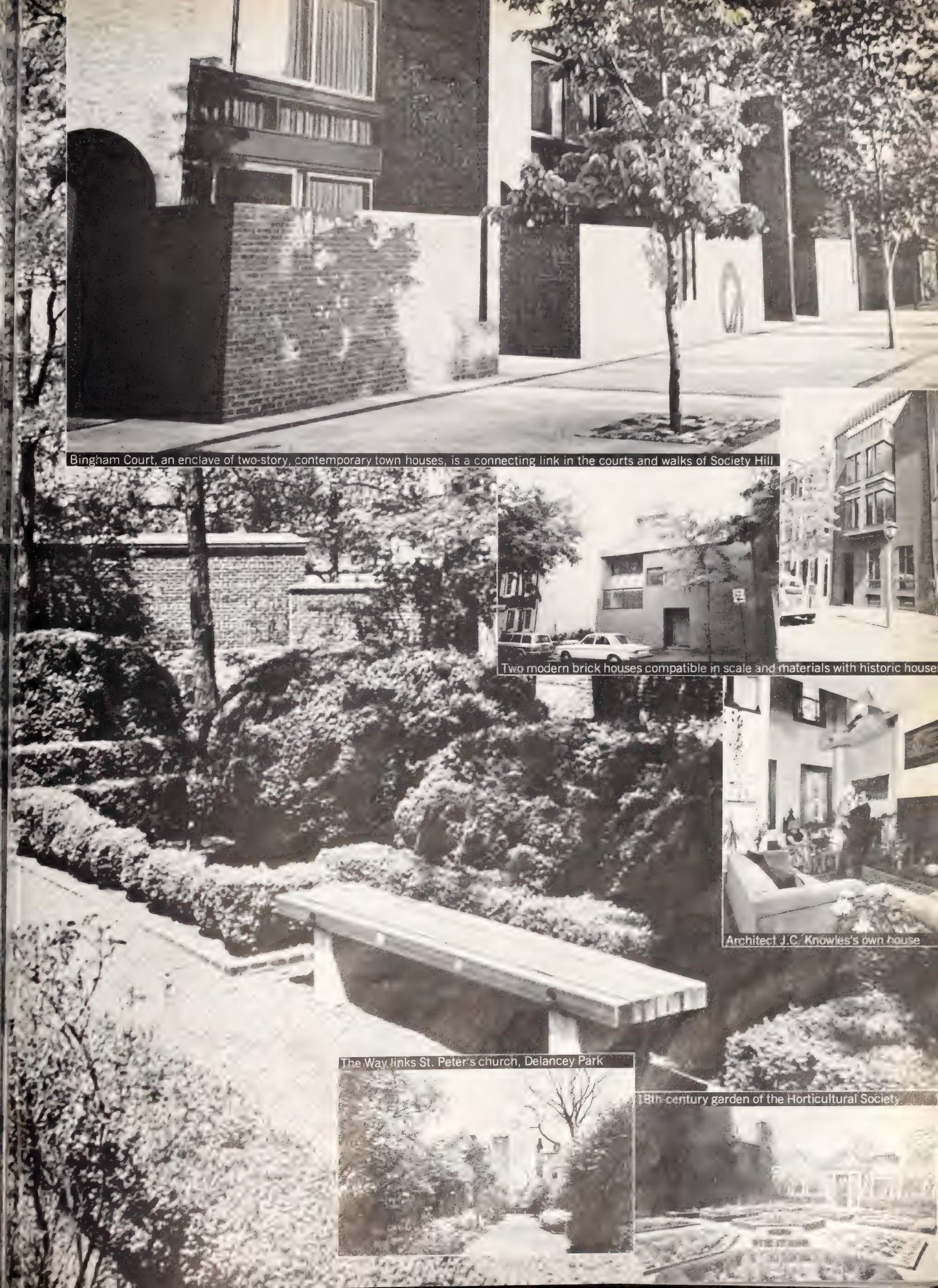
Garden, *above*, on site of Dr. Rush house



Garden of Barclay house, built 1756-58







Bingham Court, an enclave of two-story, contemporary town houses, is a connecting link in the courts and walks of Society Hill

Two modern brick houses compatible in scale and materials with historic houses

Architect J.C. Knowles's own house

The Way links St. Peter's church, Delancey Park

18th-century garden of the Horticultural Society



THROW-AWAYS FOR KEEPS

"Let's translate paper plates into porcelain," said potter Charlotte Potok and goldsmith Noma Copley. So they set up the American Apple Pie Company and went on to copy other familiar containers—milk and cream cartons, take-out food boxes, mushroom and strawberry baskets, kitchen salt and pepper containers. All metal parts in these original adaptations are fine silver. This porcelain is at Bloomingdale's.

SARAH TURBEVILLE

extraordinary show
t celebrates the ordinary

REAL LIFE: T'S ART!

Beverly Russell

rchitects today are sparking incredi-bate with everything they touch, r it's a simple firehouse design for laven, Conn., or the installation of *ears of American Sculpture* at the y Museum, New York. The maver-r, Robert Venturi and Denise Scott is also a husband and wife team, n office, Venturi & Rauch, in Phila-. Their current show, *Signs of Life: ls of the American City,* a gutsy, Pop lection of urban reality, is running at enwick Gallery, Washington, D.C. h October 31.

he Venturis, there is good in the bad e ugly. They first wrote about their s in a book called *Learning from Las* a study of "The Strip" and the gam-notels and casinos. Now in this new tion, they review neon symbols that Main Street and freeways, along with ngle of city sprawl and the repetitive ng in suburbia. The Venturis' candid ance of *everything* around, in cities, ing centers, and parking lots, their ent effort to get other architects to sthetic richness" in what to many is a e of unimaginative, ordinary design, used violent reactions.

ert Venturi was refused a fellowship American Institute of Architects' last ntion. Upset by this decision, Yale's ssor of History of Art Vincent Scully, ng Venturi supporter, rejected the he was being awarded at the same ntion. History will put the Venturis in roper place and decide whether what e saying is sense—or nonsense. Mean-the argument rages, with the Venturis ting as many raves as put-downs on work. See how the celebrated names and architecture line up below.

SHOW

turi is an architect of our time more most of us. The show resolves so many ions. It says that everything out there . The highway interchange at night nning." **Architect Hugh Jacobsen,** helped restore the **Renwick Gallery**

as everything to do with what is and to do with what anyone thinks should **Ada Louise Huxtable,** ***New York es***

a hell of a contribution to modern design." **George Hartmann, architect**

"The Venturis have opened up a door and caused people to see what they never would have seen. To call what they admire visual pornography is a cheap wisecrack and irrelevant." **Brendan Gill, critic, art historian**

"I find their work very original and interesting." **Gallery owner Leo Castelli**

"I think the Venturis are excellent architects and contribute to an understanding of architecture at this time. Architecture is always changing; it has to be reinterpreted." **Cesar Pelli, new Dean of Architecture at Yale**

"It's wonderful to have the Venturis. Thinking is much more lively because of them. They're not going to destroy values. Their ideas are enriching." **William Conklin, Conklin & Rossant architects**

AND NOT SO PRO

"I am afraid that for all its bright lights, kinetic excitement, and 'kandy-colored pop,' the visual noise of the strip is blinding and deafening people into passive withdrawal and alienation. What is more, it makes our whole beautiful continent look alike, feel alike, smell alike." **Wolf Von Eckardt,** ***Washington Post***

"There are two current issues in architecture: realism and abstraction. The Venturis are into the area of realism." **John Hedjuk, Dean of Architecture, Cooper Union, New York.**

"Venturi talks about...communication systems...the transformation of the relationship between one man and another man into a relationship between men and things. This has an effect...to view oneself as a species of packaging and therefore also as a commodity." **Art critic Rosalind Krauss**

"There's a real difference between what Andy Warhol has done and the work of the Venturis. Warhol has produced some extraordinary illuminations, compelling imagery. The Venturis haven't managed to do that—yet, although their ideas represent a historic turning point in architecture." **Architect Ulrich Franzen**

"I think Venturi's got a condescending attitude toward popular taste and popular culture. There's a *(Continued on page 107)*



Robert Venturi, Denise Scott Brown, and Renwick Gallery director Lloyd Herman at show.

Scenes from the show [illegible] symbols; *bottom,* [illegible] suburban living room. Balloon: [illegible] ideas.

NATIONAL COLLECTION OF ART

Knock-Down furniture: You buy it, take it home, set it up, and presto! A new room that doesn't cost a fortune.

K-D Instant Furniture

Everything comes K-D these days—folding modular sofas, shelving systems, chairs, tables, even beds. The variety of go-together components, kinds of wood, and fabric selection is enormous. Though some pieces come equipped with specially shaped "keys" that tighten bolts or recessed screws, most pieces are designed to fit together with little more than a hammer, a screwdriver, and a friend's helping hand. Caring for K-D is a built-in feature of the design: You knock it down again (a quick process), strip off the fabric covering and throw it into the washer, and soon it's ready to go. Since some K-D furniture is shipped already partially assembled, it's easier to have those heavier pieces sent to your house. Otherwise, just like our friends are doing, *left,* you can carry practically anything K-D right out of the store. It's a quick solution for getaway weekend houses, where you want to spend your time *outdoors,* not inside decorating, but you also want a place that looks terrific! The living room, *right,* is built around a high-density foam, modular seating system called "Balluff" (Bal-loof) from Workbench in New York. The sofa here is composed of armless and corner sections in tan canvas that cost from $100 to $125 each. You can also have it covered in a pale blue cotton. There's an ottoman in the system too, for about $60. The room, designed by John Saladino, is relaxed, casual, and very, very comfortable. The sofa fits neatly inside a blue plywood shell that acts both as a platform for the sofa and a shelf-like ledge around the room. The white lacquered table is inlaid with a chessboard of blue and white ceramic tiles from Country Floors. The pillows on the floor and the small rolled pillows on the sofa are covered with a gray and white Belgian sailcloth by Lehman-Connor. White marble sculpture behind the sofa by Xavier Corbero at the Staempfli Gallery. Open-weave fiberglass shades let *in* the light and air, keep *out* summer heat. Shades by Joanna Western

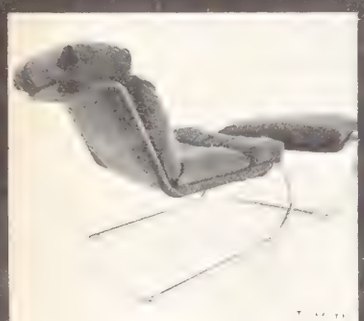
Please turn to page 155 for details.

One of the great things about K-D: its light-[illegible]ility. Almost anything you can [illegible]e home the same day. The [illegible], here are coming out of the [illegible]away Workbench carrying foam components of the sofa in the living room, *right.*



Instant furniture, instant rooms





Velvet cushions slip right over tubular frame chair and ottoman. Tubes screw tight. James David.



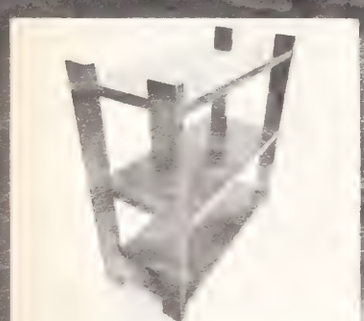
Farmset lacquered pine cocktail table assembles with wooden pegs, simple screws. MRM-Trading Ltd.



Glass-topped game table braced with shiny chrome tubes, edged with chrome caps. James David.



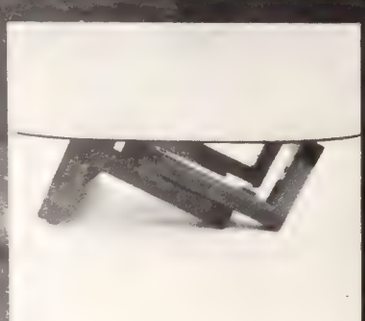
California redwood chair, yellow or white. Sequoia Sunrise by Samsonite



Assemble a three-shelf pine etagere with a screwdriver. In pale or stained finishes. By Settlers.



A chair in a bag is easy to store. Steel-tube support, button-on cushion over canvas. Overman.



Two separate, hardwood, L-shaped rectangles make high or low table base. By Mixed Media Designs.



Child's furniture. Children's Room.



Natural pale pine cocktail table includes screws, special wrench. e by Decorion.

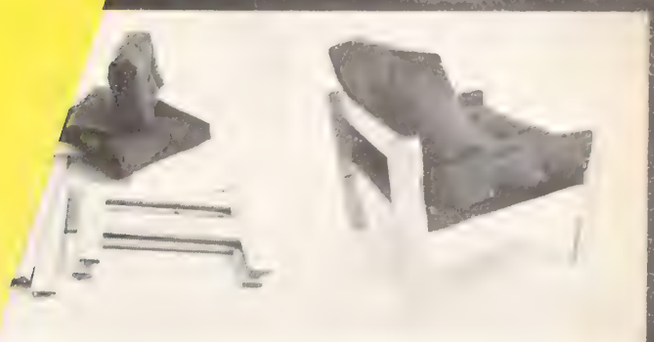


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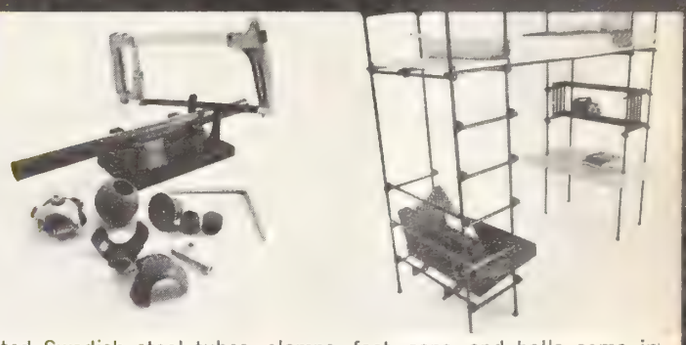


Pale pine chair, sling seat, loose cushion in checked cotton. Livin" by Burris.





Farmset armchair, above right and left, with zip-off cushions in ten colors; armrests attach with press-studs. Assembles with wooden pegs and screws plus a hexagonal key. By MRM-Trading.



Plastic-coated Swedish steel tubes, clamps, feet, caps, and balls come in eight colors in kits or separate pieces. Opto system lets you design a room full of furniture. Jig, saw, and measuring key included, mattress not. Tube Shop.



Bricks and shelf or desk-top planks, above and opposite page top, of moulded ABS plastic in white orange, and brown allow free-play design of bookshelves, wall-divider, table, desk, or even seating. Antistatic finish in shelf-length, brick, and half-bricks. The Brick System by Inter/Graph.



Modular seating system of cross-reinforced polyether blocks covered with blue denim and lashed with cording. Left: mountain of blocks as room divider; center, sectional sofa, block for ottoman; right, crisscross conversation area. Each block is lightweight, easily moved. "Puls" components by Overman. Shopping data, p. 155.

Designing for take-it-easy weekends

PLAN



UPPER STORY projects to shelter entrance

The idea is organization. For a family of individualists who need privacy—from the rest of the world, and sometimes from each other

The plan may seem like a house divided against itself, but not only does it stand, it *triumphs* over many of the complications (such as children and parents entertaining separately at the same time) that a more unified plan would aggravate. The owners are a young couple with two daughters, for whom architect Alfred De Vido devised a plan composed of two slightly overlapping triangles—one for the owners, on for children and their guests. This pla is a variation on the "bi-nuclear" schem —two separate wings joined by a minc connecting space—pioneered by Marc Breuer in the 1940s and 1950s. It is nc designed as a rigid, uncompromisin framework that restricts activity, but a environment that helps simplify, clarify and organize the life within it.

POOL HOUSE



ING AND DINING AREAS, ve left, share a sweeping ve of space. Beyond glass he pool; beyond the pass- ough in left-hand wall, the chen. Dining chairs are rcel Breuer's 1928 clas- s; brown corduroy Italian dular seating units; ce- nic tile floors. Right: coni- roof slopes up to a sky- ht where it meets chimney.

MARIS-SEMEL



LIVING-DINING room opens to pool



SKYLIGHT CEILINGS slope up from front wall

an a ool ouse *continued*

ugh the house is not of vast its main room is spectacular, to a height of 31 feet, and s as the hub for auxiliary s upstairs and down. There ctually two buildings on the linked only by a wall. One ing is the main house; the , garage, cabanas, and show- urposely kept apart to make uisance of wet swimsuits as te as possible.

ithin the main house, divi- continue. Two floors each two distinct wings. On the nd floor, the main living-din- rea and the adjacent kitchen py one wing; beyond the en- e hall is the domain of the ren: a bedroom for each hter, and one for the house- er that can also be used as an tional guest room, and a play- n for television, a number of es, and a commodious sofa can be quickly transformed a bed for a young guest. An- r good idea comes from the kers: extra chairs hung on the —handy when needed, deco- e when not.

pstairs is divided between the t suite above the children's ns and the master bedroom, h forms a sheltering projec- above the entrance porch. bedroom opens into the upper hes of the tall living room and for good measure, some dra- ically high windows of its own bove the living room opening ell as across the room.

espite all these divisions of e that help organize the life in them, there is a satisfactory y about the house. Architect Vido and interior designer bara Greene of GKR, Inc., ., are together responsible: hitecture is straightforward without extraneous fuss (roof



BEDROOM AND WORK AREA, all bottle green: velvet bed, carpeted floor, painted desk

THE MASTER BEDROOM, above, is a very special aerie all to itself, with some thing of the character of a control tower overlooking both the living room and the front lawn. Designed by Barbara Greene, most of the furniture is built in, including a large triangular work area whose right-hand side forms the head board for the bed. It was painted a dark bottle green like the green carpeting, then given a coat of clear polyurethane for durability. At left, above the work area, a Marca-Relli collage; at right, the marshmallow-shaped ottoman of an upholstered chaise. Bed is covered with green velvet, rests on a carpeted platform.

he method is low maintenance: iled floors and stained wood walls eed little upkeep; furniture nd fuss are kept to a minimum

sses and rafters are exposed, for mple); a coating of white stain tens the impact of all the ex- ed wood; furniture, designed Barbara Greene, is largely built The ceiling rises to its full ght at the fireplace end of the ng room, *left,* an effect made en more dramatic by a double light adjacent to the white im ney wall and by the intersect- angles of exposed roof trusses. the left of the chimney, on the upper level, a balcony leads to the guest suite; to the right, an opening into the master bedroom increases the sensation of spaciousness, but can be closed by wooden panels for visual and acoustical privacy. On the Italian sofas, Fortuny-print pillows; coffee table of bronze-tinted glass was designed by Barbara Greene; rug is an Iranian Baluchi Kilim from Marian Miller. Children's wing is separated from the main room (see drawing); both elements are separate from garage and changing rooms, which occupy building beyond pool. Curving wall parallels adjacent road and establishes privacy for pool area.



RIS SEMEL

Plan a pool house

continued





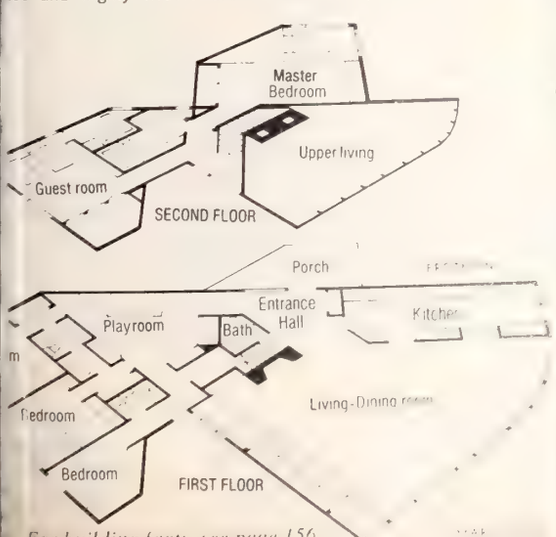
)LID WALL links main house with garage wing

e secret is planning: ch room– l the furniture in it– ailored to suit the people l the function. sult: The living is easy

vision of the house by no means imposes bility. Big groups are accommodated s well as routine family gatherings: "It as beautifully for a party of 150," the s say, "as it does for a dinner of ten, or or the four of us." When the family is a favorite luncheon spot is the kitchen's n banquette and butcher-block table. One reason is brightness—the kitchen as as the playroom is roofed completely glass, laminated with a membrane of e-tinted plastic to filter the sun. Hanging thrive in this light, and these two rooms' walls provide valuable wall space for stor- The kitchen's glass door—good for keep- n eye on pool activities—leads directly to errace for easy service to hungry swim- At the edge of deck, *left*, one of a pair eakers, part of an indoor-outdoor music n operated from a cabinet incorporated iving-room wall. *Left, below*, two daugh- nd a friend get ready for a ride along the n.

ivide," advised the Renaissance political s Machiavelli, "and conquer." In this architect De Vido's adept division of liv- paces and individual functions has proved hitecturally, conquering the potential con- of too much togetherness in a house that's ily getaway—for four individuals.

PLANS, below, show how all the various areas, h spatially separate, are packaged together in a ct and highly livable architectural composition.

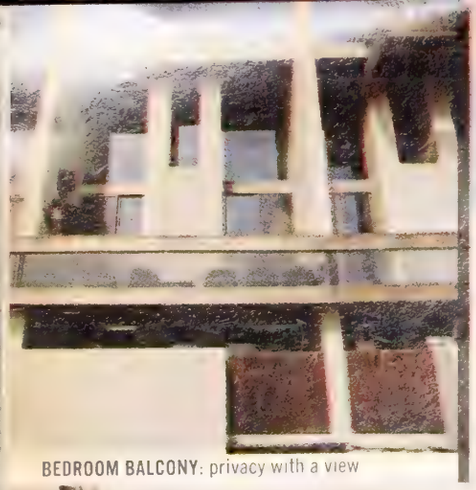


For building facts, see page 156



KITCHEN CEILING is a [illegible]

PLAYROOM is glass-roofed center of children's wing



BEDROOM BALCONY: privacy with a view

Designing for take-it-easy weekends

CONSIDER A



GVE SOFA, twig sculpture by Chuck Arnoldi





ON THE MASTER BEDROOM BALCONY, "bedposts" are paper lanterns, dimmer-controlled, that swing in the breeze



SCULPTURAL HABITAT in redwood, stucco, glass

Now the beach is our second living room– on sunny weekends everyone drops by, and it's a party before we know it

To simplify life and leave more time for two weekend pleasures—entertaining and art collecting—one young family went the condominium route in an easy-to-keep complex of interlocking (but private) rooms right on the Pacific. Everything is kept super simple, including entertaining, with help-yourself buffets from pots simmering on the stove, salad and fruit right from the chopping board.

They asked interior designer Michael Taylor to fill the space so people, art, "or a fresh flower growing" would be all the interest and color it needed: "We wanted it to feel as if everything else could have washed in from the sea." Mr. Taylor's answer: sun-loving white cotton duck, wicker, stone—naturals that almost take care of themselves. He gave redwood floors and ceilings a sun-bleached look with a strip job and lacquer, and kept to one kind of furniture to visually widen the space. "Trees" are potted schefflera on construction-beams of varying heights.

IN THE MASTER BEDROOM, above, desk and dressing table, of prehistoric stone with fossil seashell imprints, frame bed. Above desk, Frank Stella graphic. On floor, long-wearing industrial carpeting. Furniture by Michael Taylor for Wicker-Wicker-Wicker, available through interior designers at LCS in New York.

CONDOMINIUM

Designing for like it easy weekends

RENOVATE A

First horses and carriages lived inside; then it became a garage. Now it's an easy-come, easy-go weekend house with an open-air welcome



CARRIAGE HOUSE under elms, barn door open and curtained

The present owners fell in love with the old building "when it still had a car parked inside" and decided that "after years of spending our weekends going from auction to auction, thinking of everything we owned as an investment, the perfect antidote was making an old two-story carriage house a comfortable weekend place to stay put."

The stable had a lot of charm to build on. The original sliding barn door inspired the owners to add French doors across from it and turn the space between into a dining area, virtually open-air from spring to fall. At night the big barn door is shut and a small door cut in its center is used. On one side of dining area and one step down is living area; on other, kitchen and staircase. Oak plank floor replaced old concrete. They loved the original tongue-and-groove paneling, had enough reproduced to replace worn sections, panel kitchen appliances. Latest addition—the children's favorite—a tennis court.

What the owners made livable they asked Donghia Associates to make comfortable: The dark oak floors were bleached, old green paneling painted white. All furniture is functional, contemporary—except for maple dining chairs from an old ocean liner. And the house itself is the only antique in sight. For a lighthearted look, the designers used bright cottons for upholstery—multi-colored "Faces" (designed by Richard Giglio, who also did round painting), a check, and a plain taxi-yellow, all by & Vice Versa—rag rugs, balloon window shades, tie-back door curtains.

Entertaining is kept simple too: tennis or a swim, with hors d'oeuvres and drinks out at the pool house and garden, then a sit-down dinner—perhaps lobster or barbecued marinated baby lamb chops served from the pull-down buffet window, *inset opposite page*. Afterwards, into the sunken living room for backgammon, brandy, and jazz. "It's like having our own very private club."

IN THE KITCHEN, below, much of the tongue-and-groove paneling on the walls is original—but painted. At the cooking island, the range, barbecue, butcherblock counter, vegetables out of the garden. Crewel pictures by the owner's mother.

THE COOKING-ISLAND KITCHEN is simplicity itself—windows curtained with elephant ivy, terra-cotta tile, open storage





SIT-WHERE-YOU-WILL seating, lots of tables BEADLE

TABLE



A HALL FOR DINING. buffet window into kitchen



Do you know where your spouse's papers are, who his insurance agents, accountant, and lawyer are? If you're at all like the rest of us, the answer is no

A run for your money

continued from page 43

country club dues, boat payments, or the rent on a vacation cottage, if you can show that you use them for business purposes more than half the time.

Above all, keep good records. Otherwise, you could lose all the deductions. Your best is a simple log that lists: (1) The date and place. (2) The business purpose and the business relationship with the people entertained. (3) The amount of each expenditure. If it's more than $25, you'll also need a receipt.

EMERGENCIES LIKE ACCIDENTS, DO HAPPEN

Fast question: If something happened to your spouse, would you have enough cash to live on until the insurance money came in? Do you know where your spouse's papers are, who his or her insurance agents, accountant, and lawyer are? If you're at all like the rest of us, the answer is no. To make matters worse, illness, accidents, and the death of a spouse are so upsetting that we tend to make incredibly costly blunders and compound the problem.

The best way of making sure that there will be enough cash on hand to take care of immediate needs is to have separate savings accounts.

A joint savings account is generally not a very wise idea because the bank may freeze the account as soon as it learns that your spouse has died. And even if it doesn't the money will be taxed in your spouse's estate unless you can prove that you contributed some of the money. And whatever you do, don't put the passbook in a safe-deposit box that's in both your names. Safe-deposit boxes are usually sealed when one of the holders dies—and it could take a good while before you can get your passbook out of it. Why not get another safe-deposit box? It will only cost you between $8 and $15 a year.

All legal documents such as birth and wedding certificates, deeds, bankbooks, securities should be easily accessible to both you and your spouse. The faster you file your claims, the sooner you'll get your money. Delays can be costly as all get out. Some widows and widowers are forced to borrow money to pay interest because they're so strapped for funds while waiting for insurance proceeds to come through. And then consider the cost of lost opportunities—say, the interest quickly received insurance proceeds could be earning.

Hence, it makes great sense to file an emergency checklist of things to do along with all your papers.

Death certificate: Get at least 10 copies of the death certificate. You'll probably need a copy of it for every claim you file.

Insurance claims: Make sure your spouse knows of all the insurance you carry—including company policies and small ones purchased to cover burial expenses. Also file the names, addresses, and telephone numbers of all your insurance agents.

Incredibly enough, most people aren't this organized even though they religiously pay their insurance premium promptly. It's estimated that a majority of widows and widowers wait more than two years to file their first life insurance claim.

Social Security: Contact your local Social Security office as quickly as possible because it's notoriously slow. It could take the agency as long as eight months to process your claim. So the sooner you notify it, the faster you'll get any benefits you're entitled to.

Corporate benefits: Send a formal letter to the personal benefits division of your spouse's company asking for information on wages, bonuses, commissions, and the death benefits from profit-sharing and pension plans.

THE FIRE NEXT TIME

Fires and burglaries don't always happen to someone else. After all, to someone else, *you're* someone else. And considering the way burglaries are rising, it could happen to you sooner than you think.

Hence you'd be wise to review your homeowner's insurance every year. If you don't, inflation will erode the insurance protection you do have—possibly to the point of being worthless. In fact, you may well have even less insurance coverage than you think you have. Homeowners' policies have an 80 percent clause which penalizes you heavily for not increasing your coverage as the value of your house rises with inflation. Here's how it works: If you're insured for more than 80 percent of your home's current replacement value, the insurance company will ante up the full replacement cost of a loss. However, if inflation has boosted the value of your house to the point where you're actually insured for less than 80 percent of its value, the insurance company will pay you less than the full replacement cost of the loss. How much you'll get depends on the fine print in your policy. Note that

Continued on page 106

WINE & FOOD

page **60**

Carol Cutler cooks for parties

Carol Cutler's secrets for saving time, cutting calories and cholesterol—from her new book *The Six-minute Soufflé*. Below, practicing one of her own methods, she covers a pâté with foil.





Use oil, not pork fat, for pâtés.



Flavor sauces with whole shallots. Remove with a toothpick.



MENU
Cheese Mousse
Crudités
Amontillado Sherry

Lemon Chicken
Emerald Cream
Buttered Radishes
Bean-Sprout Salad
French Bread

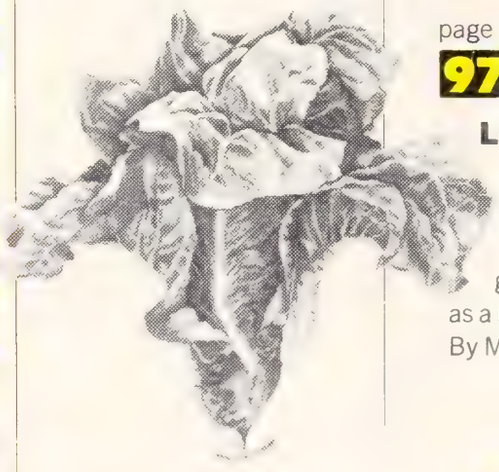
Alsatian Pears
Coffee
Kriter 1972 (sparkling wine)

page **98**

Cooking with a grand master

Diary of a week in the kitchen with Paul Bocuse, by New York caterer Christopher Idone.





page **97**

Lettuce—some like it hot

Try summer's greatest greens hot as a menu surprise. By Marina Stern.

page **104**

One man's guide to buying good inexpensive wines

B. J. Cutler's strategy for finding good wines for less money.




ARROW
CAPTURES THE
ELUSIVE
STRAWBERRY.
Arrow
HEUBLEIN
CREME DE
STRAWBERRY
(FRAISE)
fruit flavor—certain to make inspired Strawberry Coladas and Daiquiris (the recipes are on the back of the bottle).
Arrow Creme de Strawberry is so lusciously, faithfully strawberry, it sends the senses swimming.
Arrow, HEUBLEIN'S HOUSE OF GOOD TASTE.
Creme de Strawberry, 44 Proof ©1975 Arrow Liquor Co., Allen Park, Michigan

WINE & FOOD

Lettuce—some like it hot

Wonderful ways to cook salad greens

By Marina Stern

s can be done with lettuce
des putting it in a salad
l," says painter Marina
n, who grows a bumper
herself every summer for
ng, braising, creaming,
fing, even turning into soup.
enjoy lettuce later, blanch
freeze it, suggests Mrs.
n, who is working on her
vegetable-garden cook
k.

TTUCE VARIETIES

many varieties of lettuce,
of which you can grow
most of which you can buy,
ude romaine, Boston, Bibb,
tercrunch, Simpson, salad
vl. All are excellent cooked.
berg, probably the most pop-
r American lettuce, can also
used, but I must warn you
t it tastes rather flat. Chicory
escarole, which are not al-
ys considered lettuces any-
y, have a particular, pungent
vor when cooked. Some peo-
like it and some don't. I hap-
n to love it. Certain lettuce
s a slightly bitter flavor that
oking accentuates. If you're
ng a bitter lettuce discard
stems and cook the leaves
boiling water to cover for 5
nutes, then drain before using
n any of the recipes.

SALAD SOUP

iis simple soup is a very im-
rtant staple for cold winter
ys in not-always-sunny Italy.
Venice, where I come from,
would be made from lettuce,
inach, celery, or even pota-
es. I usually make it with the
utside leaves of romaine and
ave the hearts for salad.

gredients

tablespoons butter
small onion, finely chopped
cups lettuce, coarsely chopped (romaine or any other type), washed and drained
cups chicken broth
cups water
alt, pepper
tablespoons uncooked rice
tablespoons Parmesan, freshly grated, or sharp Cheddar cheese

Method

Melt the butter in a large saucepan and add the chopped onion. Cook over medium heat until wilted, about 5 minutes.

Add the lettuce and cook covered, over a low heat, for about 10 minutes.

Add broth, water, salt, and pepper. Bring to a boil, add the rice and cook, covered, for 20 more minutes, or until the rice is done but still firm.

Remove from heat, stir in grated cheese until it melts, and serve. Serves 4.

LETTUCE FRITTATA

This dish is very easy to make—serve it as a main course for lunch or as a first course for dinner. It is also very good cold, sliced in wedges, and served as an hors d'oeuvre. It can be made with any type of lettuce, spinach, or Swiss chard. You can add cooked string beans, peas, or zucchini. Make it following the recipe, or any way you fancy; just be sure there is no liquid left in the cooked vegetables or the eggs will not puff up.

Ingredients

1 tablespoon butter
1 onion, finely chopped
1 large head lettuce, washed and shredded, but not dried
salt, pepper
2 tablespoons parsley, minced
2 tablespoons basil, minced
4 eggs, beaten with 1 tablespoon water
1 tablespoon Parmesan or sharp Cheddar cheese, grated
1 tablespoon bread crumbs

Method

Melt the butter in a large saucepan, add the onion, and cook 5 minutes over medium heat. Add the lettuce with the water that still sticks to the leaves, cover, and cook over low heat for 15 minutes. Remove the pan from the heat.

Drain the lettuce, chop it, then drain again. Season well with salt and pepper. Butter a 9-inch pie plate and spread the lettuce in it. Sprinkle with parsley and basil, then pour the beaten eggs on top. Sprinkle with the cheese and bread crumbs and bake in a preheated 350° oven for 25 minutes or until puffed and brown. Serves 4.

BRAISED LETTUCE COOLEEMEE

I have a friend who comes from a small town in the South that has the irresistible name of Cooleemee. She taught me how to cook lettuce the local way.

Ingredients

1 pound (1 very large head) lettuce (any type)
4 strips bacon
4 tablespoons wine vinegar
4 tablespoons sugar
salt, pepper

Method

Shred the lettuce and wash it. Drain, but do not dry.

Fry the bacon in a large skillet until very crisp. Remove from skillet, drain on paper towels, and crumble it.

Pour off ½ the bacon fat from the skillet and heat what is left. Add the lettuce with the water that clings to the leaves and cook it for 10 minutes, turning the lettuce over from time to time with a spatula.

In a small saucepan, heat the vinegar with the sugar, salt, and pepper until it is hot and the sugar has completely dissolved. Pour it over the lettuce, add the crumbled bacon, and toss well. Serves 4.

SWEET AND SOUR LETTUCE

Ingredients

2 tablespoons butter
1 large head lettuce, washed and shredded (about 10 cups)
4 tablespoons sour cream
1 teaspoon white vinegar
2 teaspoons sugar
1½ tablespoons capers, drained
salt, pepper

Method

Melt the butter in a large pot, add the lettuce, and cook, covered, for 15 minutes over low heat.

Mix together in a small bowl the sour cream, vinegar, sugar, and capers and add to the lettuce. Cover and simmer gently for 5 minutes. Season to taste with salt and pepper. Serves 4.

STEAMED LETTUCE PAYSANNE

Ingredients

2 large or 3 medium heads lettuce (any type), washed, drained, and finely chopped
2 onions, chopped
1 tablespoon sugar
salt, pepper
1 tablespoon parsley, minced
1 tablespoon basil or dill, minced
3 tablespoons butter
2 tablespoons water

Method

Put the lettuce in a very large saucepan and press it down. Sprinkle the onion, sugar, salt, pepper, and herbs on the top. Dot the lettuce with butter. Cover and cook over low heat for 10 minutes.

Stir the mixture and if it seems to be drying out, add 2 tablespoons water. Cover and cook 10 minutes more. Serves 4 ■



Caterer Idone, *left*, in the kitchen with Bocuse

CHICKEN IN TERRINE, *surrounded by its ingredi*

CHICKEN, *a plump 3½ pounds*

TOMATO, *just one, peeled, seeded, and chopped*

FOIE GRAS, *diced; truffles, sliced*

CARROTS, TURNIPS, *cut into ovals*

EGG WASH *for pastry*

PUFF PASTRY *shaped to cover tureen*

WHITE ONIONS, *leeks and celery heart*

PEAS AND BEANS, *fresh and gre*

Diary of a young American chef's week in the kitchen of Paul Bocuse

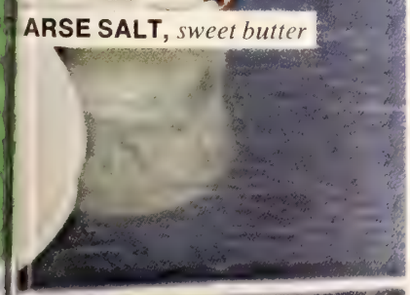
Cooking with a g



astry lid, removed for serving



ARSE SALT, *sweet butter*





Chicken in terrine served in a shallow dish, with puff pastry and a colorful garnish of its own vegetables

By Christopher Idone

On a 5-week gastronomic tour of the French countryside, my partner, Sean Driscoll, and I met Paul Bocuse. We had an excellent introduction, and the evening we arrived at his restaurant, Collognes-au-Mont d'Or, we ordered our dinner, chose our wine, and soon were faced with the beaming Bocuse. Disregarding our order, he produced a multicourse feast and a choice of wines I would never have made myself. Bocuse joined us for a *digestif,* and we talked of cooking and our work as caterers at Glorious Food in Manhattan. It was one of those rare experiences when people like each other on sight, and what was to be a short day's visit lasted for three. When I told him of my longtime desire to spend some time in a French restaurant's kitchen, I was invited to return. Here is my diary of a week with that superb chef and generous man!

PAUL BOCUSE'S DINNER FOR HOUSE & GARDEN

Foie gras with green peppercorns

Chicken in terrine en croûte

Gâteau Montmorency

Raspberry sorbet

Brouilly Paul Bocuse

Saturday, February 7, 1976. 9:30 P.M. My first dinner—*Saucisson en brioche* (sausage in brioche) and three terrines—*grive* (thrush), duck, and foie gras from Périgord with fresh green peppercorns throughout. As an accompaniment, green beans, a confetti of tomato and slivers of raw mushroom in a light vinaigrette. Then *Coquille Saint-Jacques* (scallops) in a saffron-based sauce with extra-fine string beans, baby peas, olive-shaped carrots and turnips, *fricassee de poulet de Bresse au vinaigre* (chicken in tarragon vinegar sauce). The chicken is soft, tender, juicy—the sauce is a mahogany glaze redolent of briefly sautéed shallots; the vinegar hits you in subtle, unsharpened waves; all is dusted with parsley. A little plate of spinach—leaves, stems, butter, and a hint of salt. Cheeses: fromages de chèvre—fresh, semi-dry, and dry; St. Marcellin; Bleu d'Auvergne; a Livarot (a soft cheese from Normandy). *(Continued on next page)*

Gâteau Montmorency, sublime chocolate-iced genoise



nd master

WINE & FOOD



Christopher Idone, *left*, continues his day-to-day account of a week in the kitchen of master chef Paul Bocuse

Cooking with a Grand Master *continued from preceding page*

The wine, Château de Bellevue 1973—iced. A bottle of Evian. Vanilla ice cream, raspberry sorbet, coffee. A platter of cookies and chocolates I must pass by. An unordered bottle of Dom Pérignon appears with two glasses and Paul Bocuse—a slight smile, a hearty handshake, and he welcomes me back to his restaurant at Collonges-au-Mont-d'Or. Within seconds, a copy of that week's international edition of *Time* magazine arrives at the table. The cover story is "Michel Guérard—The New Gourmet Law: Hold The Butter." Bocuse smiles and says the base of French cooking is butter. *"Du beurre! Encore du beurre! Toujours du beurre!"* I am asked to translate the article, and I have my own questions. "Do you think Guérard is the 'most imaginative of us all?' " "This is true, but I have never eaten the *cuisine minceur*. When we are together, we only cook the classic dishes," says Bocuse, obviously displeased with journalists' interpretations of that overdone phrase *la nouvelle cuisine*. "They think we have created a new concept. They write what they like. Your Claiborne [Craig Claiborne, Food Editor of *The New York Times*], he understands— he is a good friend. We use the freshest materials. And cream. And butter. We have made it easier." He looks out the window pointing to some eight attractive young French boys and girls: "Look at them. I attract a young clientele. They come to me to eat and have fun. They go to Guérard after they are old and fat." After midnight, we drive to l'Abbaye—his catering establishment a minute away from the restaurant—and watch some 200 Lyonnaise attending a wedding that started at 7 P.M. and may end at 5 A.M. He pats some mem- [illegible] on the back and takes me [illegible] to a little room overlook- [illegible] quickly surveys the crowd [illegible] from cones, some drink- [illegible]gne (only champagne), some [illegible] room. A happy crowd [illegible] catches the bride and groom and whirls around the floor with them. He signals his DJ, who gives him a pile of 45s and seconds later the room is pulsating with light and everyone is dancing to *Baby Face*. At 2 A.M. he tells me to go [illegible] and to be in the [illegible] Sunday, and we will [illegible]

Paul Bocuse fits the pastry on terrine; shows how to cut it when baked and brown

Sunday, February 8: [illegible]

cuisine, Robert Dubuis, who has been with Bocuse for 15 years, and 6 other young men aged 18-22 from his staff of twelve. Vegetables are being chopped, shaped, and minced. Meat is being cut and weighed. Sorbet is churning in a machine. Beans are blanched, sauces reduced. Trays of sausages wrapped in brioche are put in the oven. A pile of woodcocks are defeathered. Oranges are sliced, strawberries picked. His famous *loup en croûte* (a type of bass in a puff-pastry crust) is wrapped and takes on an uncannily live form. Truffles are sliced and julienned. Chickens are cleaned and truffled. Fish are scaled, egg whites poached, sugar caramelized, crème anglaise cooled. Copper pans and silver tureens are polished. Bocuse walks into all this organized chaos, and the jolly crew take on a unified serious expression and await a paternal greeting. His finger reaches into various pots and pans and he licks it dry approvingly. A little Japanese boy, a trainee, busily plucking his pile of woodcocks, gets a pat on the head and instruction for more deft plucking. By 11:30, my eyes are so full that my stomach wants to stay empty. I join chef Robert and his staff, and expect to join them in their cup of pea soup, grilled sausages, and potatoes à la lyonnaise. I am presented with the *Soupe aux truffes* (truffle soup) created for the famous Elysée lunch for president Giscard d'Estaing and a bottle of iced Brouilly Paul Bocuse. I poke into the puff pastry — thick truffled vapors steam upward, a spoon comes up with an abundance of thinly sliced truffles, tiny cubes of foie gras, and a dusting of vegetables which have been almost minced into obscurity. Seven pairs of smiling eyes are upon me awaiting an approving verdict. I want nothing more to eat, and Bocuse and crew think I'm crazy, but I am content. Guests arrive, orders are given, a quiet, more serious eruption takes place as all eight men converge on a flattop stove that sits in the middle of the kitchen. The best thing I can do is decorate that *loup en croûte* platter or disappear. By evening, I have seen some 30 odd dishes pass by, peeled some carrots under an approving eye, asked a thousand questions and hoped for the best.

Chicken in terrine en croûte



Brushing with egg wash



Golden brown and ready



[illegible]h a knife



Monday, February 9: Bocuse is in Paris for a press conference. The day goes slowly—activity is at a minimum. By 7 P.M. Bocuse is back in the kitchen and prepares the *langouste à la nage* (lobster).

Tuesday, February 10: The dandelion salad is a delight. I want it, and happily it is part of the staff lunch. I pass up the entrecôte for three portions of the salad. Bocuse invites me to dine with his wife and mother—two charming, thin, thin ladies. I eat cheese, and

"I poke into the puff pastry, truffled vapors steam out, a spoon comes up with an abundance of truffles, tiny cubes of foie gras, and a dusting of vegetables"

hot purée of apples, and drink more Brouilly Paul Bocuse. He tells them I love the kitchen but hate to eat. He is perplexed, but I'm having a wonderful time.

Wednesday, February 11: At 7 A.M. Bocuse and his 6-year-old son take me to Les Halles, the market in Lyon. Bocuse is 50 years old today, and one is aware that he is the birthday boy. The sun shines for him—the first time in five cold, wet days. The market is a large and modern complex of meat, vegetable, fruit, crustacean, fish, sausage, and cheese stalls, and the usual coffee bars and little restaurants. Bocuse buys quickly and methodically. For our lunch he chooses some small silvery-pink fish *(omble chevalier)* that resemble trout. They are a specialty from the lac d'Annecy. He is kissed and greeted with shouts of *"Bon anniversaire!"* Pictures of him deck some of the shops. He is charmed, happy, amused, and even shy. The mood of the vendors is ecstatic, like New Year's Eve. For they all look forward to this evening, when he will stage his own birthday fête. We take coffee at a nearby café with some of his friends. We move on to another café, and his little group has swelled to some ten hearty food merchants, purveyors, chefs, restaurateurs, and a local journalist. By 10 o'clock his wagon has been filled with the morning's purchases, and he gives me a little tour of old Lyon on the way back to l'Abbaye. His wife, mother, and daughter are arranging bowls of mimosa. Tubs of champagne are being set to chill. Waiters are setting tables. The great rotisserie, a huge 15th-century fireplace, is laid with fruitwood. We return to the restaurant and are greeted by a running kitchen crew who unload the truck. By noon we are

Continued on page 102

HOME-FREEZING TIPS FROM ZIPLOC®

Some things beginners should know.

Good news! Home freezing is easier than you think. Right now, home gardens and farmers' markets are bursting with fresh fruits and vegetables. It's the most economical time to discover how easy freezing can be.

For example, suppose you pick up a bushel of juicy, vine-ripened tomatoes. Enjoy some now. With the rest, make some tomato sauce. Puree some. Whatever you choose can easily be bagged, sealed and popped into your freezer. Your family will enjoy those tomatoes months from now, when they're not readily available.

Freezing is the easy, economical way to give people you love, beautiful blueberries in January, fresh peaches in February or tree-ripened plums in March.

Best of all, you don't need lots of expensive and exotic materials for home-freezing. In fact, you don't need much more than Ziploc Storage Bags. You already know they're excellent for storing food in your refrigerator. Now, expand this use into your freezer.

Ziploc Storage Bags have a *unique, self-contained, airtight, leakproof seal* that keeps air out. (In freezing, it's the *seal* that makes the difference.)

Just snap the seal together, zip most of the way, push air out and finish zipping. You'll never have to search around for lost twist ties or freezer tape. The seal is always there since it's part of the bag.

A recent university study shows Ziploc Storage Bags are over four times stronger than the leading twist and tie plastic bag. This strength combined with the unique seal helps keep freshness in. At the same time, it helps to keep out moisture and air that causes freezer burn.

Like more expensive rigid containers, Ziploc Storage Bags are stackable, and so strong you can wash and reuse them. Unlike rigid containers, Ziploc Bags are flexible, so you can use all the space in your freezer.

Ziploc Storage Bags come in two very practical sizes. Quart. And gallon. Look for specially marked packages on your grocer's shelves that contain a helpful "Freezing Tips" booklet, or write to: Nan Collinson, The Dow Chemical Company, P.O. Box 68511, Indianapolis, Indiana 46268.

Now that summer fruits and vegetables are in season, it's the perfect time to start freezing in Ziploc Storage Bags. Take advantage of the coupon at right and save 10¢.

Some things even experts may not know.

Even a freezing expert like you can learn something new. Take Ziploc Storage Bags. You know they're excellent for refrigerator storage. Have you tried them for freezer storage?

Unlike the plastic bags and wraps you may have used, Ziploc Storage Bags have a unique, self-contained airtight, leakproof seal. In freezing, it's the seal that makes the difference. All you do is snap the seal together, zip most of the way, push air out and finish zipping. No searching for lost twist ties or freezer tape.

Ziploc Storage Bags are over four times stronger than the leading twist and tie plastic bag. This strength combined with the unique seal helps keep freshness in. Helps keep moisture and vapor out. Helps prevent freezer burn. This strength makes them stackable and reusable just like the more expensive rigid containers. But unlike rigid containers, Ziploc Storage Bags are flexible, which lets you take full advantage of freezer space.

Ziploc Storage Bags come in two very practical sizes. Quart. And gallon. Look for specially marked packages on your grocer's shelves that contain a helpful "Freezing Tips" booklet, or write to: Nan Collinson, The Dow Chemical Company, P.O. Box 68511, Indianapolis, Indiana 46268.

Now that summer fruits and vegetables are in season, it's the perfect time to start freezing in Ziploc Storage Bags. Take advantage of the coupon below and save 10¢.

10¢ OFF STORE COUPON 4655

GOOD ON EITHER QUART OR GALLON SIZE



TRY ZIPLOC STORAGE BAGS
WITH THE UNIQUE LEAKPROOF SEAL

TO DEALER: This coupon will be redeemed for face value plus 5¢ handling, provided terms of offer have been complied with. Any other application constitutes fraud. Invoices proving purchase of sufficient stock to cover coupons presented for redemption must be shown upon request. Redemption through outside agencies, brokers etc. will not be honored except where specifically authorized in writing by the Dow Chemical Company. Void if prohibited, taxed or restricted. Customer must pay any sales tax. Mail coupons to: The Dow Chemical Company, P.O. Box 1370, Clinton, Iowa 52732. Offer good only in U.S.A. Cash redemption value 1/20 of 1¢. Offer limited to one coupon per purchase.

10¢ OFF STORE COUPON 4655

Try adding green peppercorns to meat loaf or pâté as Bocuse does with fresh foie gras—the taste is delightful

Grand master

continued from page 100

lunching on *Salade de pissenlits* (dandelion salad) and *l'omble chevalier* and a Pouilly Fuissé. The fish is a beauty—sautéed simply in butter and herbs. Some goat cheese and coffee. We save our appetites for the feast. Presents arrive at the table. Telegrams. Flowers by the armful. The chef from his Tokyo restaurant arrives, and we drive back to Lyon and sip champagne at Léon de Lyon with Jean-Paul Lacombe, the chef, restaurant owner, and friend of Bocuse. The afternoon becomes a blur. At 9 o'clock guests are filing through the stone-floored, vaulted rotisserie room at l'Abbaye. Forty-eight truffled *poulet de Bresse* are revolving on their spits. Two of Bocuse's young cooks baste the birds with yard-long ladles. The crackling, the blaze, the smell of these plump birds is thrilling. The anteroom is filling up with guests —you look and look again—as whispers turn to shouts—Mme Point, the Troisgros brothers, Chapel, Vergé, Guérard, Le Nôtre. We sip champagne and at 11 P.M. the Minister of Tourism, the Mayors of Lyon and Nice arrive. A long velvet curtain is pulled back. A fanfare of trumpets and horns announces dinner. On our plates, a tricolor apron embroidered with the announcement:

Le mi-centenaire
[*half-century*]
Paul Bocuse
11 Fevrier 1976

Potage poireaux pomme
[*leek and potato soup*]

Gâteau de foie de volaille
[*chicken-liver mousse*]

Volaille de Bresse à la broche
[*chicken on a spit*]

Salade de pissenlits
[*dandelion salad*]

Desserts from Bernachon

Vin Blanc
Vin Rouge
Champagne

The soup is greeted with bravos. A dozen violinists from the Lyon Opera wind their way through the guests playing Strauss waltzes. They mount the stage and are joined by other soloists in front of the belle époque mechanical organ that decorates the entire wall. Speeches are made. Toasts are given. A waltz is written for Bocuse. He dances with his wife. More cheers and applause. The music becomes Middle European rhapsodic and the gâteau de foie de volaille arrives—a brilliant combination of tastes. This chicken-liver-mousse-like creation is piping hot, studded with sweetbreads, quenelle de brochet, cockscombs, and green olives. The dinner goes on and on—ending with the staff descending the staircase with three enormous 4-foot-high, round gâteaux Montmorency, covered with pounds of chocolate. The first cake flies through the air. The guests gasp. Bocuse is laughing. Those nearest the debris start hurling it through the crowd. It is a pretend cake. Five methuselahs of champagne are carried to the stage. Ten candles surround each cork. Bocuse toasts his guests, and suddenly all the bottles are being shaken furiously and he and his mother who is standing at his side are showered by bursts and gushes of this fabulous vintage. Everyone rises, applauds, and dances. At 5 A.M. I wish him Happy Birthday and decline his invitation to go to the market at 7 A.M.

Thursday, February 12: I have an afternoon meeting with Bernachon, the famous pastry chef and chocolatier in Lyon. He is married to Bocuse's daughter, Françoise—so it is not a surprise that his long-established house supplies the restaurant with its cookies, cakes, chocolates, and the famous gâteau Montmorency. I am ushered into the office. Champagne bottles pop and Mme Bernachon and Mme Jean Delaveyne of Le Camelia in Bougival, and the granddaughters of Mère Brazier and cooks of this house, reminisce about the evening past. I am given a tour of the kitchen and watch the decoration of the gâteau Montmorency. It is a simple construction—easily achieved providing you have a vat that holds a few hundred pounds of chocolate and two enormous rollers resembling an old-fashioned washing machine. This machine turns out tissue paper-thin sheets of chocolate that are quickly formed into carnation-like flowers. These in turn are delicately piled some 8 inches high above the cake—the chocolate is so light that a hint of breeze will send it through the air like goose down. I go off to dinner with photographer David Massey, just arrived from Paris. We dine at Léon de Lyon and are seated with Léon Beyer, the Alsatian wine producer and merchant. We taste some of his exquisite wines and Jean-Paul prepares wonderful Lyonnaise specialties: Saucisson with lentils and sautéed potatoes, Gras-double (fried tripe—extraordinary!), Quenelles in a sauce Nantua, Tarte tatin. Then off to Jean-Paul's little bistro to sample local poire and marc.

Friday, February 13: Bocuse is turned out in starchy whites and toque. He throws his hands in the air and exclaims: "I have created something for your American public that I think they will like." He loves the camera, the lights. He performs with glee. All this *nature morte* springs to life as he creates, step by step, the *poulet de Bresse en soupière* (chicken in terrine en croûte) for the camera. We finish the session in a private dining room on the second floor. He lights a fire. Sends for flowers, wine, champagne—whatever props we need, he abundantly supplies. He loves what David is doing with his camera and begins to call him *"maître."* At one o'clock we are dining on *foie gras frais* and champagne. A truffled soup for David to try. A freshly made *poulet de Bresse*. More champagne. The chocolate cake and raspberry sorbet. Coffee. A glass of poire. He pushes an envelope into my hand and says, "Take this." It is my *certificat de travail* (diploma). He grins, and we say good-bye.

CHICKEN IN TERRINE EN CROUTE

Ingredients

1 3½-4-pound chicken, washed and dried
1 celery heart
3 cups water or fresh chicken stock
½ cup string beans
½ cup fresh peas
2 carrots, peeled and cut into olive shapes, about 8 pieces
2 medium white turnips, peeled and cut into olive shapes, about 8 pieces
4 small white onions
4 small leeks
1 tomato, peeled, seeded, and chopped
3-4 ounces good foie gras (do not use mousse of foie gras), diced (optional)
2 truffles, cut in julienne strips (optional)
3½ ounces sweet butter
1 tablespoon gros sel sea salt or kosher salt
sprinkling of fresh cracked pepper
cup fresh chicken stock
8 ounces puff pastry (frozen commercial type, or use any standard recipe)
1 egg mixed with 1 tablespoon water

Method

Remove any excess fat from the chicken and cut off the wing tips. Stuff celery heart in the cavity, and place in a tureen.

Add water or chicken stock to a pot, bring to the boil, and blanch vegetables for 1 minute starting with the string beans, peas, carrots, and ending with the turnips, onions, and leeks. Drop vegetables in cold water to cool quickly and drain thoroughly.

Surround chicken with the blanched vegetables, tomato, foie gras, truffles, butter, gros sel, pepper, and pour 1 cup stock over all.

Shape the pastry so it will cover the tureen 1 inch below the lip. Brush pastry with egg wash and cover tureen with the pastry (washed side down).

Place tureen in a preheated 450° oven for 10 minutes; cover crust with aluminum foil and continue baking for an additional 35 minutes. Turn the oven off and leave the tureen in the closed oven 15 more minutes.

Remove foil, bring the tureen to the table, and with a small knife cut the crust and carve the bird on a separate platter. Serves 4

GATEAU MONTMORENCY

Ingredients

1 quart water
1 cup sugar
1 cup candied cherries
cognac or rum to cover cherries

Ingredients for cake

4 large fresh eggs at room temperature
½ cup sugar
½ cup flour, sifted
3½ ounces clarified butter, warmed

Ingredients for frosting

½ pint heavy cream
½ pound semi-sweet chocolate, or 2 ounces bitter chocolate and 6 ounces semi-sweet chocolate
the prepared candied cherries
1 10-pound block semi-sweet chocolate for garnishing

Method

One day before baking the cake prepare the candied cherries. In a large saucepan, bring the water and sugar to a rolling boil, add the cherries, and remove pan from heat.

Allow mixture to stand for a day so cherries will soften.

Drain cherries and cut in half. In a bowl cover cherries with cognac or rum and soak for at least 2 hours.

Method for cake

In a large mixing bowl, beat the eggs and sugar with an electric hand beater or mixer until the

re is pale yellow and has a se-like consistency. With a r spatula, fold the flour, a amount at a time, into the sugar mixture rapidly. Do vermix. Fold in the warm in driblets.

the batter into a buttered floured 9-inch cake pan. in a preheated 325° oven minutes, or until cake is y brown and has begun to tly shrink from the edges of an. Let cake stand for 6-8 tes before unmolding on rack; allow to cool.

ke is not to be iced when wrap in plastic wrap.

od for frosting

cream and chocolate in a epan and heat over a low e, until mixture is thorough- mbined (about 10 minutes). ove pan from stove and mixture over a pan of ice r with a wire whisk until . Drain cherries and fold into the frosting.

embling cake

cake in half, frost the bot- layer, cover with the top, frost top and sides of entire e. Serves 8-10.

e: The chocolate decora- s on the cake on page 99, made with a machine not lable here. However, to e a more elaborate icing, cake can be decorated as ows: Store a 10-pound block semi-sweet chocolate in a y warm room, about 80°, for ut 24 hours (i.e. leave it near orking stove, or place it in an t gas oven overnight).

ce chocolate on a marble and with a 2-inch round kie cutter, placed at the top the length of the block of colate, push down to the end the chocolate to form co- lle-shaped ribbons. Place coratively on top of the cake. chocolate is too hard, use a getable peeler.

HOCOLATE CREAM

gredients

cup sugar
gg yolks
unces semi-sweet chocolate (Baker's or Eagle), melted in a double boiler
uart boiling milk
ablespoon potato starch dissolved in 1 cup cold espresso coffee
ablespoons cocoa
cup dark Barbados rum

ethod

a large mixing bowl, gradually eat the sugar into the egg yolks nd continue beating until the mixture is lemon-colored and forms a ribbon.

Slowly add melted chocolate to milk and remove pan from heat.

While beating egg-yolk mixture, gradually pour on chocolate milk in a thin stream of droplets so yolks are slowly warmed. Place mixture in a double boiler and set over moderate heat, stirring continuously with a wooden spoon. Add potato starch/coffee mixture and cocoa and continue to stir until mixture thickens just enough to coat spoon (this takes about ½ hour). Remove pan from heat, stir in rum.

Cool pan over a bowl of ice. Cream will continue to thicken as it cools. The consistency is like a light custard sauce and is excellent with cold fruit, especially pineapple. Makes about 4 cups.

DANDELION SALAD

Ingredients

dandelions, fresh and young (roots and bud), enough for about 6 people
1 large slice fresh Italian bread or ¼ loaf French bread, cut lengthwise
1 clove garlic, crushed
olive oil
1 kippered herring
⅓ cup strong mustardy vinaigrette
1 hard-boiled egg, roughly sieved

Method

Wash the dandelions thoroughly. After first washing, remove the root, leaving the dandelions in full clusters. Wash a second time and dry.

To make garlic croutons, rub the bread with the crushed garlic and sprinkle with the olive oil. Broil carefully until the bread is golden brown. Cool and cut into large croutons.

Bake the kippered herring in a very hot oven for about 10 minutes. Remove the skin and pull flesh from the bones carefully. Mash the flesh with the vinaigrette.

Put dandelions in a large serving bowl and just before serving them add the croutons, egg, and the vinaigrette dressing. Toss well. Serves 6. ■

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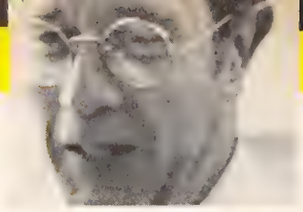
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One man's guide to buying good inexpensive wines

B. J. Cutler's love of wine dates back to his years as editor of the Paris Herald Tribune. Now living in the United States, he has a new and fruitful strategy for finding good budget wines

In the 1950s when I was a news correspondent in the Soviet Union, a foreign household was permitted to import 120 bottles of wine a year at a nominal duty. My wife studied a catalogue from a tax-free warehouse in Copenhagen and noticed it was offering a simple Beaujolais for 99 cents a bottle and a Bordeaux with a familiar sounding name for not much more. She ordered the Bordeaux and it became our house wine. We served it to company, drank it at dinner alone, and even used the Bordeaux with such simple fare as canned Danish frankfurters and cold chicken sandwiches.

After three years of that, I was transferred to Paris and promptly noticed a drop in quality in the wine at our table. "You know," I complained, "the wine here isn't as good as it was in Moscow." My wife replied patiently, "In Moscow you were drinking Château Margaux. We can't afford it here."

Unfortunately the phrase "we can't afford it anymore" has often been repeated in my house and in many others in the past decade. It means that the price not only of the great Château Margaux but also of most fine French Bordeaux and Burgundy has soared to more than most people can or wish to pay. The aim of this article is to suggest a few ways of beating the high cost of drinking good wine. It can be done.

First off, we Americans are lucky in the improvement that has taken place in the quality of **California jug wines.** The half-gallon bottles of California's so-called "Chablis," "Burgundy," and "Claret" are well-made wines and excellent value. Our refrigerator is never without a jug of Chablis for an occasional glass, for mixing with a bit of crème de cassis to make the French apéritif called kir, and for use in cooking.

American jug wines are meant for a mass market and are vinified to be, as the trade calls them, "mellow." When people grow more fami[illegible]th wine, they tend to prefer the drier ones. So while jug [illegible] it more subtle with [illegible] turn [illegible] Cabernet Sauv[illegible] Chardonnay.

To anyone who wants to drink **a decent red** [illegible] the high cost [illegible] teau bottlings, the [illegible] and error of finding [illegible] château" and the frequ[illegible] pointment of thin, harsh [illegible] from poor years—I'd recommend **a shipper's wine.** This is a blend of so-called regional wines from the Bordeaux area, and sometimes a mixture of different years. I know that wine snobs dislike blends, insisting on the "purity" of a single vineyard, but the big Bordeaux shippers have been in business for hundreds of years and have learned a great deal. Their cellar masters, by skillfully blending wines from various properties and vintages, turn out wines that are reliable year in and out. Some of the better shippers are Barton & Guestier, Calvet, Eschenauer, Johnston, Kressmann, de Luze, and Sichel. Their name on a bottle labeled Bordeaux for under $3 is worth trying, as are bottles labeled Médoc, St. Emilion, or Graves for a bit more. If you deal with a good retail wine shop, you'll often be able to pick up nice wines from châteaux in the less sought-after townships around Bordeaux at the price of a shipper's wine. Don't be afraid to serve either choice when a self-styled wine expert is coming to dinner. Pour the wine from a decanter and you'll be surprised how respectful he'll be of it, if he hasn't seen the label.

Another good place to look for a reliable French red is the **Côtes-du-Rhône region,** south of Lyon. It literally produces a flood of sound, dry, warming wine. Since there is so much available, Côtes-du-Rhônes are rarely overpriced or adulterated with cheaper wine (which cannot be said for the currently faddish Beaujolais wines). A wine merchant worthy of your business should have pleasant Côtes-du-Rhônes at under $3. This simple wine doesn't hold its freshness too well, so buy the most recent vintage available—currently the 1974s.

My nomination for the best buy in French whites is **Muscadet,** from the mouth of the Loire River near Nantes. It is a pale, light, extremely dry wine, made in large quantities and widely available here for around $2.50. Some people find Muscadet's dryness too tart or acidic. If you don't, you've got a nice inexpensive white to drink with seafood. If Muscadet isn't to your taste, the wines from the **Macon region in southern Burgundy** may be the answer. A good white Mâcon resembles a Pouilly-Fuissé, but is less fine and less expensive. Mâcon wines are dry, though less dry than Muscadet and with more body. Those labeled Mâcon-Villages usually are better than the plain Mâcon Blanc and should be tried. They give you an approximation of the better white Burgundies for under $3, which isn't bad.

Since the production is limited and the demand great, red Burgundies will never again be cheap. However, it's still possible to find **a surprisingly pleasant Burgundy for under $3.50.** Look for bottles labeled **Côtes de Beaune-Villages** or **Côtes de Nuits-Villages.** These wines either are blends from vineyards from the lesser townships in the area or come from specific vineyards in those minor townships. With a bit of tasting around, it's usually possible to locate a good Burgundy at a reasonable price. Other minor Burgundies labeled Mercurey and Givry can be well worth their modest price. Most Burgundies are no longer vinified to be aged in cellars and to last for decades, so I try to buy a recent good year—now 1973 or 1974.

Every once in a while, you can find **a sleeper in a Burgundy** and this is as pleasurable as hitting on a long shot at the racetrack. Nature is overly generous some years and several famous Burgundian vineyards produce more wine per acre than can legally be sold under the vineyard name. This wine then is declassified, meaning that it is [illegible] as plain **Bourgogne** instead of [illegible] Volnay or Pommard. There [illegible] ways of spotting these slee[illegible] from the labels, but to do so [illegible] quires a short course in label-r[illegible] ing and then a lot of time s[illegible] peering at wine bottles. Fortun[illegible] ly when wine shops have on[illegible] these finds, they don't keep [illegible] secret. They put up a sign say[illegible] Burgundy—Overproduction f[illegible] Such-and-Such Vineyard—and[illegible] price. These wines should be t[illegible] and if they live up to their bil[illegible] cases should be bought—be[illegible] the other hoarders get there. I[illegible] was the last such sleeper year, [illegible] be patient, it will happen again[illegible]

In recent years, Italy has b[illegible] sending more and more mode[illegible] priced decent wines over h[illegible] **Soave,** a good, dry, light, w[illegible] wine, is available almost ev[illegible] where at under $2.50 a bottle. [illegible] eral brands of Soave ought to [illegible] tried until the most pleasing on[illegible] found. Some people find So[illegible] more to their taste than Musc[illegible] and Mâcon-Villages, and it ca[illegible] a solution to your white wine-p[illegible] lem. **Valpolicella,** the light, fr[illegible] red from around Verona, is an [illegible] er inexpensive Italian wine [illegible] deserves to be better known, e[illegible] cially since it can be bought u[illegible] $2.30. Of course, everybody kn[illegible] Chianti, which is produced in [illegible] amounts and in quality that ra[illegible] from excellent to awful. Many [illegible] ple have been put off by bad [illegible] anti. They should give it ano[illegible] try, by looking for a **Chianti C[illegible] sico,** which can be identified b[illegible] black rooster on the bottle's n[illegible] label. With the weakness of [illegible] Italian lira, Chianti Classico is [illegible] selling as low as $2.50 and, if [illegible] like it, it's hard to find a better b[illegible]

There is one, though. It's **[illegible] red wine from Yugoslavia,** [illegible] here under the **Adriatica** label. [illegible] cause of a quirk of Commu[illegible] economics, the Yugoslav reds [illegible] sold here under their true va[illegible] Perhaps it's because of Belgra[illegible] need for hard currency. In [illegible] event, I've seen Adriatica's Ca[illegible] net and Palvac priced at $1.29 [illegible] a 23-ounce (slightly undersi[illegible] bottle. Anyone who finds that [illegible] of them pleases him has a barg[illegible]

This discussion may mak[illegible] seem a lot of work and much h[illegible] ing around to find good, inex[illegible] sive wines. But it really shou[illegible] your wine merchant's job, [illegible] yours. A proper wine dealer sh[illegible] be able to offer, say, a good [illegible] Bordeaux, a fresh Muscade[illegible] sturdy Côtes-du-Rhône, and [illegible] agreeable Chianti at reason[illegible] prices. If yours can't, don't des[illegible] Change wine merchants. ■

e Cutler shortcuts

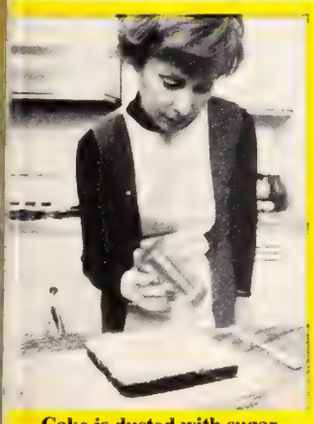
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SIX–MINUTE HOCOLATE CAKE

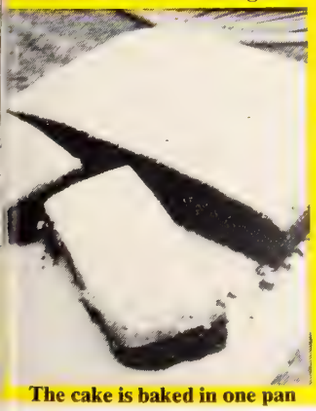
delicious, moist chocolate e is put together in a flash. re is not a single mixing l to wash, since the cake is ed right in the baking pan. eggs, butter, cream, or exsive nuts and seasonings are ed for and it also happens to perfect for low-cholesterol s. The addition of vinegar rpens the flavor.
king time: 6 minutes
ing time: 25 minutes

edients

p sugar
cups flour
up cocoa
aspoon baking soda
easpoon salt
aspoons vanilla
up oil
up cold water
blespoons vinegar
vdered sugar or chocolate
cing (recipe below)



Cake is dusted with sugar



The cake is baked in one pan

ethod

elect a square 8-inch or a ound 9-inch cake pan. Measure l ingredients, except the vinear, into the pan. Stir them well ith a fork or wire whisk until ey are thoroughly blended. Add the vinegar and stir quickly to thoroughly blend in, and immediately place in a preheated 375° oven. There must be no delay in baking after the vinegar is added.

Bake the cake for 20-25 minutes or until the center is slightly puffed and the sides begin to pull away from the pan. Cool. Sprinkle the top with powdered sugar before serving or spread with icing. Serves 8-10.

The cake is even better if allowed to mellow for a day.

Low-cholesterol version
Use polyunsaturated oil; no substitutions are necessary.

CHOCOLATE ICING

The icing should be spread on the cake while it and the cake are still warm, so have the ingredients assembled and ready to boil. Recipe makes enough icing for 1 large sheet cake, or icing and filling for a 9-inch double-layer cake.
Working time: 8 minutes
Cooking time: 4 minutes

Ingredients

1 stick margarine (not butter)
6 tablespoons milk
4 tablespoons cocoa
1 teaspoon vanilla
1 pound confectioners' sugar
1 cup walnuts or pecans, chopped (optional)

Method

In a heavy pot measuring 6-8 inches across the top, melt together the margarine, milk, and cocoa. When it comes to a boil, add the vanilla.

Using an electric beater, beat the icing while pouring in the confectioners' sugar. When all the sugar has been incorporated, beat for a few seconds at high speed. Stir in the nuts.

Using a rubber spatula, spread the icing on the hot cake as soon at is is removed from the oven.

STRAWBERRY CLAFOUTI

Clafouti is the odd-sounding name for a delicious dessert—a kind of thick, baked fruit pancake—often served at informal dinners in France. To save time, strawberries have been substituted for the traditional cherries. Clafouti is best served hot or warm.
Working time: 10 minutes
Baking time: about 35 minutes

Ingredients

3½ tablespoons butter
3 cups strawberries, or other fresh fruit
4 eggs
1 cup milk
¼ cup cream
pinch salt
¼ teaspoon nutmeg
1 teaspoon lemon juice
1 tablespoon vanilla
2 tablespoons orange liqueur
1¼ cups flour
½ cup sugar
powdered sugar, optional

Method

Slowly melt 3 tablespoons of the butter in a small pan while rinsing and picking over the berries. Smear ½ tablespoon butter in a 6-7 cup pie dish or cake pan and pour in the berries. Smooth into a neat layer.

In the blender, put the eggs, melted butter, milk, cream, salt, nutmeg, lemon juice, vanilla, and liqueur; blend. Add the flour and sugar and blend again until thoroughly mixed. Pour this batter over the berries.

Bake in a preheated 350° oven for about 30 minutes or until the batter rises and puffs a little and a knife plunged into the center comes out clean.

Clafouti will shrink back into the dish a little as it cools. Serve hot or warm. (If it is to be served cold, sprinkle with powdered sugar just before serving.) Serves 8.

Batter can be made ahead and refrigerated. Pour over the berries just before baking. Add 5 minutes to the baking time.

Low-cholesterol version
Use these ingredients and follow the steps outlined above: 3 cups strawberries, 5½ tablespoons polyunsaturated margarine (5 tablespoons melted, ½ tablespoon to grease pie dish), 5 egg whites, 1¼ cups polyunsaturated liquid dairy cream substitute, 2 teaspoons lemon juice, 1 tablespoon plus 1 teaspoon vanilla, 3 tablespoons orange liqueur, 1½ cups flour, and ½ cup sugar. If the top of the Clafouti does not brown during cooking slip under the broiler for ½ minute. ■



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Dr. Luria

continued from page 68

an extended family for my child. People said I was crazy, but that's exactly what I've done. I found a person who loves children and hated an office job and lives with her family. So my son has several older sisters and brothers, aunts and uncles, through whom he can explore the nooks and crannies of his personality. And it's meant there's a whole landscape of family he's a part of that we, his parents, are adjacent to."

The sitter takes James to morning playschool, out with his bicycle, skating in winter, to the beach in summer, and to play with neighborhood friends. She does all the household laundry, shopping, food co-op pickups, and the cooking, dinner as well. But she does no housework.

One of her sisters comes in once a week to do that. "The thing I've really learned in all this," adds Gina, "is that looking after children and taking care of a family is as important work as any in the world. I think this is something that our society doesn't believe. We push it under the rug. It's a crime that we're not in some way taking young people, men as well as women, and training them to do precisely this work. I feel many working women are struggling with this problem; day care centers are not the answer for all. There's a very easy corner to turn, which has to do with the potential of human beings."

The Lurias' lifestyle (Gina's husband, Dr. Richard Luria is a leading psychiatrist and gives medical papers all over the world) includes plenty of entertainment on weekends—"we have guests to stay at least twice a month and I have extra help to cook and clear up for that"—but little partying on week nights. "I just don't want to put on party clothes and go out at a time when James wants to be cuddled." She's always home by 6, reads him a story, and puts him to bed. "And then Richard and I go to bed early. It's just a lifesaver; we can't manage any other way."

Another lifesaving tactic, she says, is never leaving anything to the last minute—like deciding what to wear, or eat for breakfast—and never getting into a situation where you can't see the next step ahead. "I spend my time and energy avoiding that, because it's the most debilitating experience. That's where a lot of women often find themselves."

Of course it helps to have a helpful husband. Richard, she admits, is a marvelous cook and a good domestic organizer. "When we moved into this house, there were fifty-two brass doorknobs to take care of. I'm an educated, imaginative person, but I just couldn't handle that kind of problem. He made a battle plan for it."

If you're a juggler, battle plans are important for everything. Nothing comes easy. You may not even make enough money to offset your financial outgoings in the first few years of working motherhood, she points out. But she has no doubt it's worth it. "So often I hear women, who love their husbands and children dearly, say their minds are like lemon pudding inside because they're not out in the world. I love adventure and I love learning different things and I know when I'm busy I'm productive, and I'll always make time when I don't have it. My push is not to rage about the nip and tuck condition, but always to try to see what I can do to ease it." ■

Dr. Tiger

continued from page 70

"This way she is guaranteed a certain fee no matter how many days we go out or don't go out. She's available whenever we need her."

Virginia's ballet training has proved just as useful on a physical level as it is on the mental plane. She needs strength and stamina to cope with the typical day's schedule outlined on these pages. Unlike her friend, coauthor, and colleague, Gina Luria, she doesn't go to bed very early, very often. Her day starts a 7 and it's not unusual to finish after midnight. No matter what hour it is, though, she's tuned into her son's early morning routine, always makes his sandwich lunch, takes him to school, reads on the bus, chats with mothers and teachers at school before she kisses him good-bye. "It's important to him, because since I work. I can't take part in many parents' activities." A full day's teaching can be followed by a dinner party for eight (she and husband Lionel cooking together), or occasional party for 70. For this she may cook a Polish ham ahead, serve it with salad and scalloped potatoes, and have someone to serve drinks and clear up. Since evenings are so often spent out at dinner, the theatre, ballet, it's not surprising that she tries to keep weekends free for her family. But even that's not as tranquil as it may sound. "For the last two years we've been renovating an old house in the country and I've still not got all the curtains up. I suppose having things easy doesn't satisfy me."

Like Gina Luria, Virginia seeks support for her multiple life from literature. The biographies of Leonard Woolf, Virginia Woolf's husband, are crucial. "He talks of the importance of changing job every seven years. He was talkin to men, but I think it's just as ap plicable to women. We know ther can be a feeling of things dryin up. This is a sign that we've got t shift gears and get somewhere else We all need change." She ha plenty of encouragement for wom en who want to start a career late "It's not hard to go back to schoo and more women—and men—ar doing it. I see them all the time The women who strive for autono my through education find it en ergizes them."

Asked to point to one thing sh would prefer to change about he own extraordinarily fulfilling life she says, she misses moments o privacy. "I sometimes wish I had t drive more often. I know peopl who retreat into themselves at th wheels of their cars. I've learned t meditate and be introspective o buses and trains. But there are day when I long to have 15 minutes o half an hour completely to myself. Currently she is busy reviewing he strategies to take care of this need "There has to be a technique Women who are active in ever arena and commitment, do b hook or by crook arrange to hav moments when they're alone. ■

A run for your money

continued from page 94

the 80 percent clause applies onl to your house, not your persona possessions.

But how about your persona possessions? Could you list ther all and prove how much they wer worth if they were lost to a fire o cat burglar? Chances are that yo couldn't, unless you inventor your property periodically. It' really a fairly simple procedure especially if you use a handy (an free) IRS booklet. Called th *Workbook for Determining You Loss* (publication 584), it con veniently lists typical persona possessions room by room. Nex to each item, which can rang from an umbrella stand in you hall to the furniture in your patio is a blank space in which you ca write its cost and current value

By the same token, you'd als be wise to take pictures of eac room from two or three angles (For valuables such as jewels, an tique furniture, or works of art take separate pictures of eac item.) While they may not tur out to be great photographs, they'l be invaluable when you presen your insurance claim or file a dis aster loss on your tax return. An if you're lucky enough to miss fire and burglars completely, you ca always take a peek at these photo when you're feeling nostalgi about the good old days. ■

How organized are you? *continued from page 43*

You find that on the same Saturday afternoon you are to go to a friend's for a buffet and swim, the painter is coming to do the kitchen. You:
a. Stay home with the painter and kick yourself for missing the party (and for bad scheduling).
b. Go to the party and worry the whole time about the painting.
c. Choose either way, but make a decision you can accept.

Do you set priorities for daily, weekly, and monthly tasks, and arrange them on a to-do written list?
a. Yes.
b. I'd like to, but I'm too busy.
c. No, it's a waste of time.

Do you have a written master list of your life goals and the action steps to reach them?
a. Yes.
b. No, I'm too busy living my life.

Do you have enough time for yourself?
a. Every day.
b. Sometimes.
c. Never.

12 Do you have an important goal that you never seem to get started on, such as going back to school or taking interior decorating?
a. No, I never put anything off.
b. Yes, every time I think of it I'm overwhelmed.
c. No, I've broken it into small steps to get started.
d. No, I devote an hour a day to it regardless.

13 Have you recently evaluated whether you still need to do all the things you are currently doing?
a. No, I'm too busy.
b. I haven't thought about it.
c. Yes, once every 6 months I review and drop whatever is unnecessary.

14 Do you tend to procrastinate on the unpleasant things, such as asking your husband to help you do the shopping or asking your children to straighten up their rooms?
a. Yes, this isn't my year to be assertive.
b. I've been waiting for them to volunteer.
c. No, I've confronted the issue head on.

ANSWERS TO THE QUIZ

1. (c). For routine tasks, the less often you have to do them, the better. You can create free time by shopping once a week, and even more time by freezing meals ahead.
2. (a) or (b), as long as you handle each piece of paper only once.
3. (a) or (b). (b) is a good solution if you can afford to buy your way out; (c) is silly: Why kill yourself trying to do everything?. .
4. (a) or (d). Do not make a decision that you cannot feel comfortable with.
5. (b). If you keep an up-to-date priority list, you'll know what you want to do.
6. (b) or (c), although (a) is easier in the short run. Learn to delegate tasks to family members. But in fairness, everyone should help. If you can afford it, (c) is fine too.
7. (a). Lists are essential. One master list is best.
8. (c). You'll live longer too.
9. (a). You save time by taking time to single out the important things and do them first.
10. (a). If you don't plan what you want to do with your life, you'll regret the outcome.
11. (a). Take time, you deserve it.
12. Somewhere out there, there's an (a), but I've never met her or him. (c) or (d). The easiest way to get started on a difficult task is to break it up into small, easy-to-handle segments.
13. (c). The world changes—so can you.
14. (c). The longer you wait, the harder it gets.

SCORE

11 to 14 right:
You're not only organized, you're way out front.
8 to 10 right:
An honorable score: You're holding your own.
5 to 7 right:
You need improvement—like most of us.
1 to 4 right:
For Pete's sake, why don't you get organized?

"Symbols chosen by different groups and people make the city habitable, vital. Our exhibition enables architects and planners to respond with greater sensitivity than in the past to the great variety in the American city"
Robert Venturi and Denise Scott Brown

Real life: It's art
continued from page 79

terrible gap between his writing, which I like, and his work, which is stylized, highly intellectual, and elitist." **Peter Gluck, architect, designer of the exhibition Shinjuku, *The Phenomenal City*.**

"The Venturis seem to say that life should 'criticize' art, but life has always done that without even trying. So a program to institutionalize this is questionable in many ways." **William Ellis, Professor of Architecture, Fellow, Institute for Architecture & Urban Studies**

"The relatively uncritical acceptance of many of the dehumanizing aspects of our suburbs and urban outskirts appears to be yet another symptom of social disintegration." **James Polshek, Dean of Architecture, Columbia University**

To gain insight from the commonplace, say the Venturis, to give them the last word, is nothing new. "Fine art often follows folk art. Romantic architects of the 18th century discovered an existing and conventional rustic architecture. Early modern architects this century appropriated an existing industrial vocabulary. Le Corbusier loved grain elevators and steam ships."

What they hope to achieve with their critical observations is to make people aware of a neglected dimension in city architecture. "Symbols chosen by different groups and people make the city habitable, vital, and unexpectedly beautiful." It's all a question of perception. Have you looked at the street carefully recently? When you do, you may get a few stimulating surprises. ■

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inevitably leads to failure and frustration. You simply can't anticipate interruptions, and you can't tell how long various tasks are going to take. A tight schedule of the entire day dooms you to disappointment. Instead, go over your list of things to be done (preferably the evening before) and select two or three which are really important to you in the long run. Then schedule a block of time for those two or three things when you are least likely to be interrupted. Focus your energies completely on them until they are finished (or, in case of major projects, until one phase of the task is finished). Then work the lesser tasks in as time permits, in order of priority.

In other words, the answer lies not in tighter scheduling, but in greater selectivity.

Of course, many of the trivial and routine things still have to be done. How can one cope with them efficiently?

The first step is to sit down and analyze how you are spending your time. Ideally, this should be done with the aid of a time log—a record you keep for several days, stating, perhaps in 15-minute increments, how you spend your time. It sounds like a lot of trouble, but in fact it's easy, and many people have told me how much it has helped them get control of time.

A tight schedule for the entire day dooms you to disappointment. Instead, schedule a block of time for two or three really important things

I don't recommend keeping a log all the time—only occasionally, as a diagnostic device. Seeing a record of your day in writing can be unnerving, but without it, we fool ourselves into thinking we spend far more time than we do on meaningful tasks, and overlook wasted time. (And keep in mind, speaking of wasted time, we're not talking about time spent resting or relaxing or contemplating. You are entitled to time for such things—in fact, that's what time management really means: finding time for the things that you enjoy.)

With the aid of the log, analyze everything you do, in the light of these three questions:

1. What am I doing that could need to be done? Am I spending more time ironing than I need to, for example, instead of taking advantage of nonpress fabrics? Am I dusting more often than I really need to, because of a neurotic striving for perfection? Am I doing chores for social or civic groups which don't pay off in terms of personal accomplishments or satisfaction?

2. What am I doing that could be done more efficiently? Am I constantly looking for better ways to accomplish necessary tasks? Are my tools and supplies in order? Do I give thought to the best time of day and the best time of the week to do various tasks? If I had to get through a given task more quickly, what shortcuts would I take—and why not take them anyway?

3. What am I doing that someone else could do as well? Do I really delegate effectively? You may feel that this is one area where the home is totally different from the office. True, since the passing of the "Upstairs, Downstairs" era, few people have such luxuries as a butler, a cook, and a scullery maid. Nevertheless, the principle of delegation still applies. Make sure you are not doing things that could and should be done by someone else; as long as you are interacting with other people, there is a good chance that this is happening.

For example, too often a mother winds up doing chores that other members of the family ought to be doing. Delegating them not only would make her life easier, but it would enhance the children's sense of self-worth. Even small children, for example, can be given responsibility for such things as sorting socks, or making sure their dirty clothes are turned right side out before being put into the hamper.

Of course, it so often seems simpler—a better use of time, if you will—to do such jobs yourself rather than hassle a child to do them. But you're ahead of the game spending an hour or two training a child to do it, if it's something that can be delegated to him or her permanently.

Delegation is one of the most common time-management problems we have when dealing with business executives—the tendency to want to "do it yourself" instead of giving the job to someone else. Thus corporate presidents do jobs that should be done by the sales manager or the vice-president of finance. The same thing happens in social or civic organizations. Too often when a person is asked to head a committee, he or she thinks of it as an assignment to do the actual work. Often he or she would be more effective seeing that all committee members do their assigned jobs.

Why is it so hard to delegate? There are several reasons:

1. Perfectionism. Striving for excellence is admirable, but striving for perfection is pointless. Accept the fact that someone else may not quite meet your standards on a given task, and recognize that if their performance is generally acceptable a slight inperfection is a small price to pay for gaining additional time for yourself.

2. Lack of trust. Too many of us —whether in the business world, in civic organizations, or at home —underestimate the potential of those around us. Children (and husbands and wives) often perform to unexpected standards if they are given full responsibility for a task to do *their* way instead of just having it assigned to them.

3. The indispensability syndrome. Some people get masochistic pleasure from driving themselves incessantly, spurning the help of others. It gives them a feeling of martyrdom and makes them feel needed. If that's what turns you on, go to it. But I think you'll find life more fun if you avoid this form of self-flagellation.

One of the most effective time-saving techniques is frequent use of the word "no." Decline requests that don't contribute to the achievement of your goals

Another aspect of time management well worth the homemaker's attention is Parkinson's Law: Work expands to fill the time available for its completion. Here's an example of this principle in action: You get a call from a friend who is in the neighborhood and plans to drop by in 15 minutes. You achieve miracles of dusting, vacuuming, and tidying up during those 15 minutes, accomplishing what normally might take 2 hours.

But you can't count on such externally generated pressure when establishing deadlines for yourself. Don't let a penchant for perfection entice you into spending more time than the task really merits. Relaxation and exercise and meditation —the things we too often consider "optional"—are an essential part of living, and you can find time for them only if you impose some kind of time limits on routine tasks.

One of the most effective of all time-saving techniques is frequent use of the word "no." You cannot protect your priorities unless you learn to decline, amiably but firmly, requests that don't contribute to the achievement of your goals.

Many time-pressured people tend to accept new assignments—at the office, in volunteer organizations, new social obligations—without realistically weighing the cost in time. They end up living their lives according to other people's priorities. You have to speak up and say "no" to defend yours.

On anybody's list of time management difficulties, another problem looms large: procrastination. How can one cope with the tendency to postpone important tasks until tomorrow, next week, or next year?

If you are a congenital procrastinator, as so many of us are, your chances of overcoming this tendency through sheer willpower are not good. Instead, whenever you find yourself putting off a task, break it down—in writing—into a number of small tasks. For example, if you've been putting off cleaning up the basement because it's such a mess, make a list of the steps that need to be taken:

1. Schedule a day for the job.
2. Notify family members that their help will be needed.
3. Decide what to do with the broken bike and three-legged Ping-Pong table.
4. Designate box for things to be given to charity.
5. Have Jimmy select which boards are worth keeping.
6. Reorganize tool pegboard.
7. Tackle workbench.
8. Sweep.
9. Mop.
10. Wash windows.

Each of these tasks is so small, compared to the overall job, that you find it manageable. Often, when you get one part finished, you have enough momentum to continue. But if not, don't worry—you've completed one part of the task you'd been putting off, and that will give you a psychological lift—you have broken the mental logjam.

Another way of dealing with procrastination is to analyze the problem in writing. On the left side of a sheet of paper, list the reasons for your procrastination; on the right side, the benefits of getting the job done. Usually, the left side of the sheet looks pretty pathetic. On the right side, you will have a convincing list of reasons for getting it done. This usually will jar you out of your torpor.

Incidentally, this habit of writing things down can save you time continually. Many people go through life relearning the same lessons repeatedly, because they forget what happened during the time that elapsed before the situation recurs. Whenever you finish something important, such as giving a large dinner party, planning a social event, organizing a fundraiser, getting one of your kids off to college, buying a house, etc.,

If you tend to procrastinate, your chances of overcoming the habit through sheer willpower are not good. Instead, break down tasks you've put off in writing

vrite yourself a note summarizing he lessons you learned, the things ou would do differently next time. The military calls this an After-Action report. You'll not only ave time, but you'll avoid a good nany headaches.

Similarly, whenever a family or personal crisis occurs, sit down with a pencil and paper, and figure out in writing why it happened and what can be done to prevent a recurrence. Often you will find that it is failure to start soon enough, lack of planning, inadequate communication, absence of contingency plans, or similar mistakes, which could have been remedied. Analyzing the situation in writing not only helps to crystallize your thinking, but reinforces your resolve to handle the problem differently next time.

There is one more technique, which can have an important influence on how we use time and that is the habit of thinking in terms of *today*. Too many of us spend too much time in the past, either wishing we had done things differently, or reliving moments of achievement, resting on our laurels. Others live too much in the future, conning themselves with vague plans about all the things they are going to do "some day." The only way we can make those imaginings become realities is to live and achieve in the present. Learning the value of *today* is, I think, the essence of effective management of time. ■

Good health
continued from page 29

indeed dangerous—but some people want oysters in Deauville and are prepared to take the risk. "Take your gamma globulin and have your shellfish cooked, and you're reasonably protected."

Home, sweet home

"If you are perfectly well when you get back from a trip, and you haven't been sick while abroad, then enjoy your happy return," says Dr. Kean. "But should you develop fever or diarrhea, go to your physician. Tell him or her you have been abroad, and ask for a full examination and take a blood test for malaria. If you have no doctor available, the city or state will do it for you."

And finally, bon voyage!

Don't be put off by all these warnings. As Dr. Kean puts it, "Despite all the health injunctions discussed here, I believe in traveling, and my theme is 'take your chances and have a great time!' "

The wise traveler's little black bag

Here are some essentials Dr. Kean recommends you take along.

1. **Proper immunization** *(see above).*
2. **A thermometer.** *Most thermometers abroad are centigrade, which won't help much, if you understand Fahrenheit.*
3. **Aspirin.**
4. **A nasal decongestant,** *such as Neosynephrine, to ease nasal congestion and sinus pain when flying.*
5. **Lomotil,** *available only on prescription.*
6. **An antibiotic** *such as tetracycline—on the advice of your physician.*
7. **Two immersion heating coils,** *in case you burn one out. They are hard to obtain abroad. And a current adapter that will fit foreign sockets.*
8. **The telephone number** of the *local American Embassy or Consulate, to call if you need the name of a doctor.*
9. **The generic name of any prescription drug** *you are carrying. You may lose it or run out, and trade names differ in many countries. Generic or chemical names are universal.*
10. **Don't carry a disposable syringe.** *"It's a red light for customs officials," warns Dr. Kean. "Cross a Turkish border with a syringe and they'll examine you from head to toe to make sure you haven't got heroin concealed somewhere on your person."*

The last word

A directory of English-speaking doctors throughout the world is available from the International Association for Medical Assistance to Travelers, a nonprofit organization at 350 Fifth Avenue, New York, N.Y. 10001. It lists physicians and hospitals in over [illegible] cities in 116 countries. The directory is free, but contributions are welcome.

Cityscapes
continued from page 36

tion and reuse of old structures. Apartments have been fashioned from printing factories; an old trolley barn in Salt Lake City now houses a boutique market; Minneapolis's award-winning Butler Square is set in a 1907 warehouse.

In **Milwaukee,** 2 blocks from city hall, 5 blocks and a river's width from the retail core, is an old Blatz brewery, unused since the late 60s. Plans now being hatched by the Milwaukee Redevelopment Corporation, private interests, and the ELS Design Group (who did Kalamazoo Center) would turn the old brewery into a melange of stores and offices, rental and condominium housing. The refashioned brewery, with its central skylit courtyard, would be supplemented by some new construction and tied to the rest of downtown by a shuttle bus system, if the plan becomes a reality.

On the waterfront

Fifteen years ago **Baltimore's** 250-acre Inner Harbor was filled with empty warehouses. Once the major port area in town, the Inner Harbor became outmoded when ships grew too large for it. It was abandoned and left to rot.

But in 1964, the city advanced a plan to turn the tide. In its wake the warehouses fell; new office buildings, parks, a science center, and playing fields were created. When a study showed that Baltimore did not yet have a market for high-rise apartment density and the hoped-for FHA loan program fell through, the city turned to its well-publicized urban homesteading program (under which homes are sold to citizens for $1 plus the promise to bring them up to code standard) and saved 100 18th-century houses for residential use.

Now, Baltimore is gearing up to build a hotel and convention center in the Inner Harbor area. And the hue and cry for preservation has convinced Baltimore planners to consider using an old power plant, once slated for demolition, as the core of a similar development, in true mixed-use fashion.

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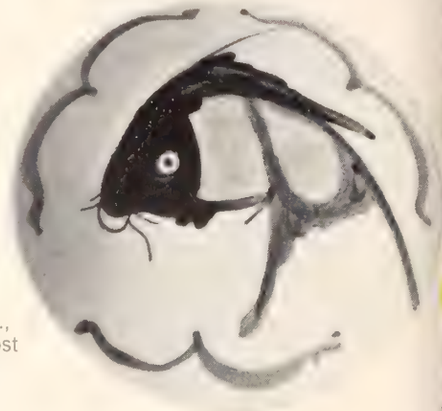
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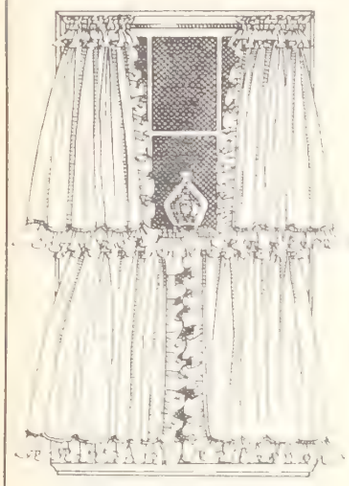
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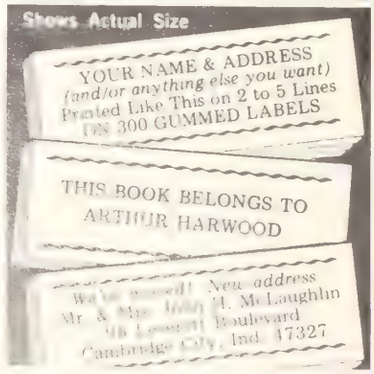
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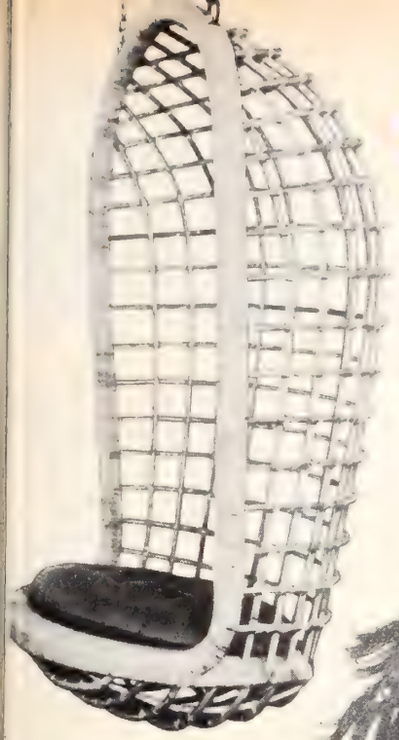


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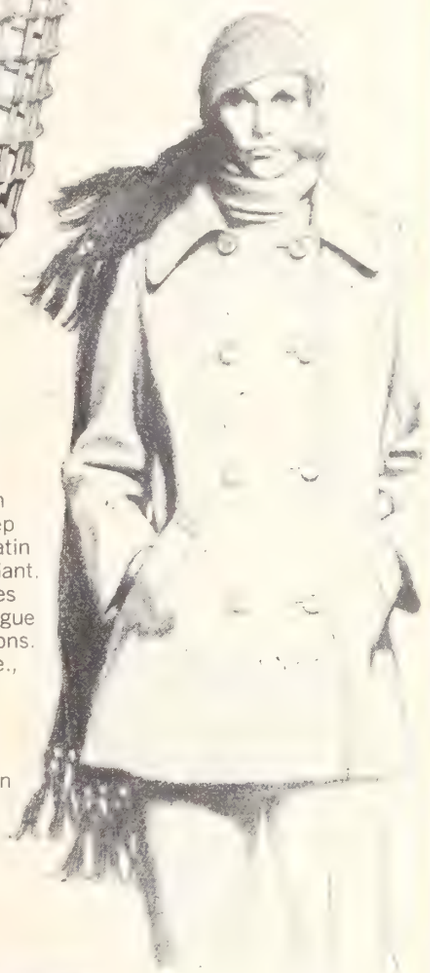
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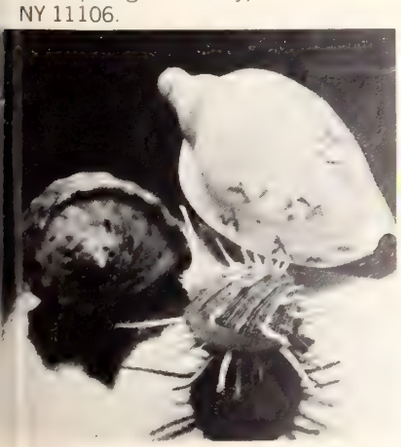


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The pea jacket, impeccably tailored in finest pure wool melton. Double-breasted with hand-bound buttonholes, deep slit pockets, back vent, full satin lining. Rust, tan, black, eggplant, dark green, skipper blue. Sizes 6 to 14. $94 ppd. Free catalogue of exclusive fall, winter fashions. Ulla, HGE8, 886 Madison Ave., New York, NY 10021.

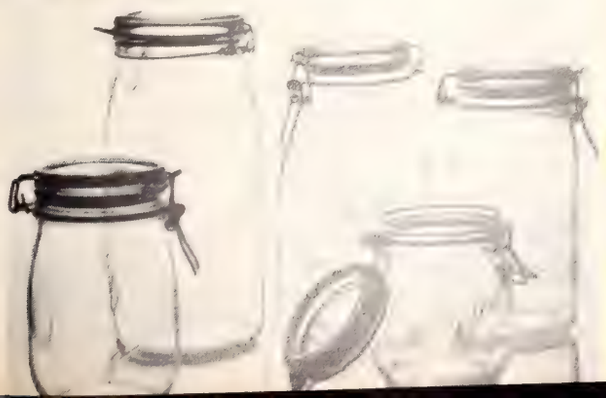
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Beautiful natural specimens. Green Turban, $12; Australian Mammal Volute, $20; Regal Thorny Oyster, $17.50. Add $1 post ea. New color portfolio of shells plus illustrated catalogue, $1. Dover Scientific, HG8, Box 6011T, Long Island City, NY 11106.



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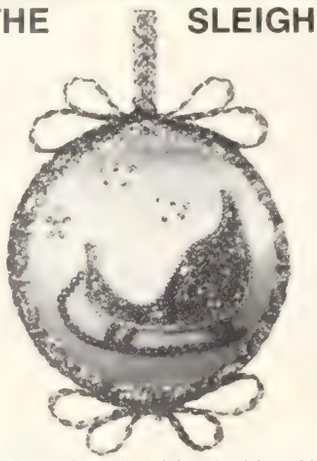
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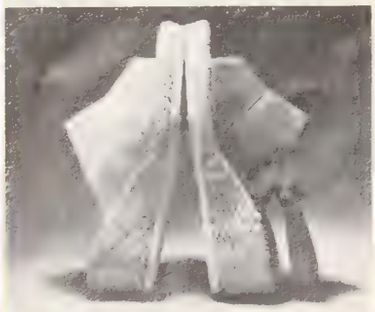
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Create a luxurious bathroom for the dollhouse. Old-fashioned footed tub and pedestal sink are antique white porcelain with brass-colored faucets. Scaled 1" to 1'. Sink is 3" high; tub is 5" long; toilet is 5⅞" high with brown seat and metal pull chain.
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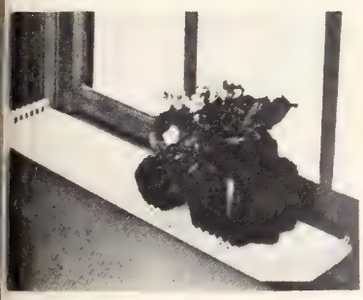
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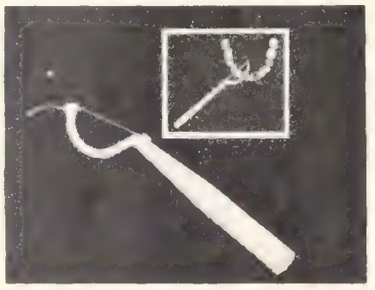
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8607-6—White Gallery Shelf .. *$2.59*
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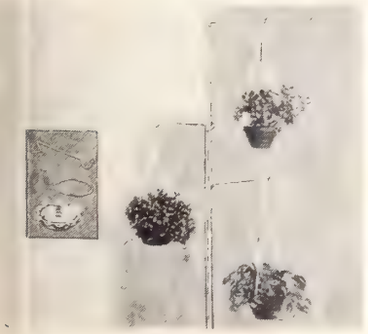
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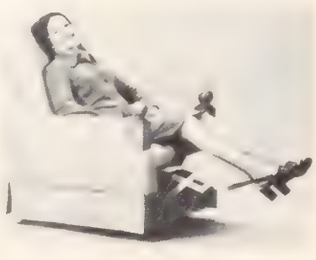
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Quilted 12" by 12" shoulder bag with foldover flap, snap closing $4.98; snap-shut cases: 6¼" eyeglass 98c; 5" cosmetic $1.29; 2-pocket change, key ring 98c; 7" coiffure with comb, brush, mirror $1.39; all five $7.98. Ppd. Walter Drake, HG70 Drake Bldg., Colorado Springs, CO 80940.



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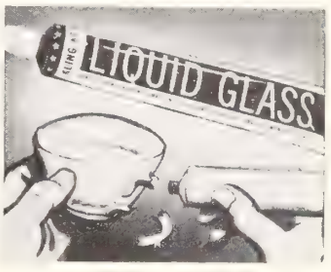
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MIRACLE MENDER

Glass in liquid form creates an iron-hard adhesive to piece together the broken fragments of porcelain, china, jewelry, etc. Permanent, washable bond that scoffs at heat or cold. $2.98 plus 50c postage. Anthony Enterprises, HG8, 556 Mission St., San Francisco, CA 94105.



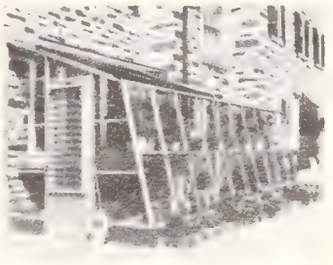
FINGERTIP TOUCH

Push button phone can be used on any dial system; an inner memory remembers the last number dialed. Fitted with standard cord and plug, it is ready to plug in. $119.95 plus $2 post. Catalogue, 50c. Grand Com Inc., HG8, 324 Fifth Ave., New York, N.Y. 10001.



PICK A GREENHOUSE

Free 48-page, color catalogue shows you over 100 Janco models of all-aluminum greenhouses and provides answers to all of your questions. All parts pre-fit, all glass pre-cut for assembly ease. Dept. Y-8E, Janco Greenhouses, Box 348, 10788 Tucker Street, Beltsville, MD 20705.



PEWTER CRAFT KIT

Design and make original pieces. Two forming molds, four authentic pewter blanks or circles, maker, chasing tool, forming mallet, finishing pad for polishing, instructions. Age 10 to adult. $10 ppd. American Archives, Dept. MV23, 122 Charles St., Box 1776, Meriden, CT 06450.



DELFT BIRTH PLATE

Lovely way to record arrival of baby, or a birthday. First/last names, middle initial; weight; time (AM or PM), place, and the date of birth are hand-painted. 6¼" dia. Direct from factory in Holland, 6-8 weeks. $19.95 plus $2.15 post. Postamatic Co., HG-8, 76 Lafayette Hill, PA 19444.





SHEERS & SEMI-SHEERS



FABRIC CORNICES



PANELS

During our between-season lull 3 kinds of discount savings for people of different speeds

DISCOUNT IF YOU ORDER BEFORE SEP. 30 — 33⅓%

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DISCOUNT IF YOU ORDER BEFORE OCT. 31 — 15%



SWAGS & JABOTS



BEDSPREADS



WALLCOVERINGS

Normally, buying direct from Ronnie, you'd save up to 40% on Bedspreads and Draperies. Right now — is our between-season lull and our workrooms are at their slowest pace. By acting now you can save an additional 33⅓%. Procrastinate a fortnight—when we start to get busy — and you earn only 20%. Stall for a whole month and you pick up a mere 15% savings. Be quick, be alert. Get that coupon in the mail now!

Send for FREE Catalog. Order before Sept. 30-save a full 33⅓%

Ronnie Drapery Corp., Dept. 4K-22, 145 Broad Ave., Fairview, N.J. 07022

RONNIE DRAPERY CORP., Dept. 4K-22, 145 broad ave., fairview, n.j. 07022

Please rush me, absolutely FREE, the Ronnie Bedspread-Drapery Catalog that offers me additional discounts of 33⅓%, 20% & 15% during your between-season lull.

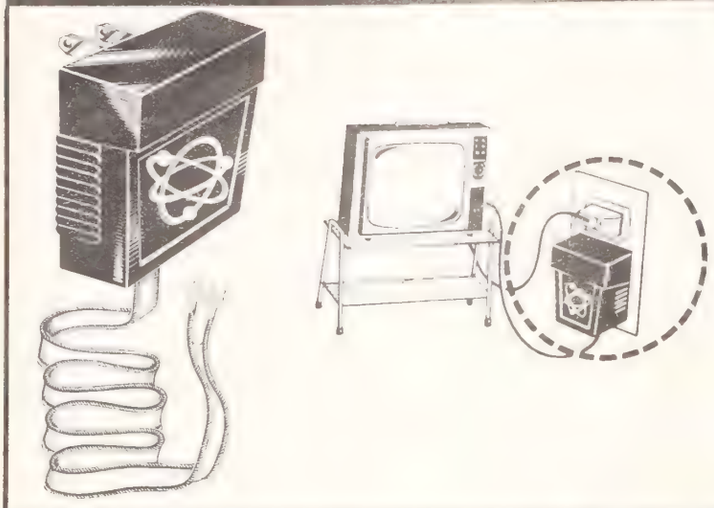
until SEPT. 30th	until OCT. 15th	until OCT. 31st
33⅓% Discount	20% Discount	15% Discount

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POWER PLUG TV ANTENNA



ELIMINATES RABBIT EARS

Secret Power Antenna attaches to rear of TV set and plugs into any AC/DC outlet to bring in marvelously crisp, clear pictures and eliminate all manner of ghosts and electronic gremlins. Unseen antenna eliminates need for ugly roof equipment or old-fashioned rabbit ears. Uses no current. For AM/FM, UHF/VHF, Black & White or Color sets.

POWER PLUG TV ANTENNA
$9.98 Plus $1.00 Postage & Handling Each

No COD's or Billing *Add 6% sales tax in California*

Satisfaction Guaranteed or your money back.

Anthony Enterprises **Dept. HG-86**
556 Mission, San Francisco, Calif. 94105



ADDRESS LABELS with NICE DESIGNS

Any Initial, American Flag, Pine, Gull, Palm, Roadrunner, Saguaro, Rose. [Also available are Texas Flag, Maple Tree, Treble Clef, or Palette]. Up to 20 letters per line, 4 lines. Printed in black on white or gold gummed labels 1½x1½". 500 on white or 250 on gold for $2.50 ppd. Or on DELUXE SIZE, 1¾" long, $3.50 with design or $2.50 without, ppd. Specify Initial or Design desired. Via 1st, add 36¢ per order. Useful Gifts Catalog, 50¢. Bruce Bolind, 28-L Bolind Bldg., Boulder, Colo. 80302. Since 1956. Thanks To You!



SHOPPING AROUND



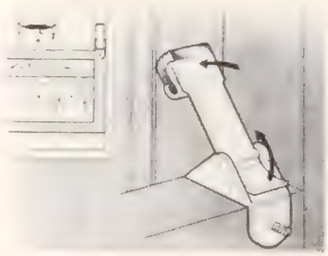
TWO-POSITION BARWA

Tubular aluminum frame, heavy duck, green, blue, black, white, orange, brown, avocado, citron, $75. Without arms, $65. Plus $10 shpg. chgs. New covers, $29.95 plus $1.95 post. Set of springs, $15 plus $2 post. The Patio, HG8, 550 Powell St., San Francisco, CA 94108.



ZESTY LABELS

Labels for spice jars printed in bright colors on brown paper. Thirty-two pre-printed with herb and spice names; eight blank. 1⅞" by 1½". Self-sticking backs. Wrapped around their own tube. $1.98 plus 40c post. Country Gourmet, G8E, 512 So. Fulton Ave., Mt. Vernon, NY 10550.



PROTECTIVE DEVICE

Safety lock works on closed or open windows to keep intruders out, and children safe while maintaining usual ventilation. Affords a feeling of security whenever you're away. $1.98 plus 20c post. Anthony Enterprises, HG8, 556 Mission St., San Francisco, CA 94105.



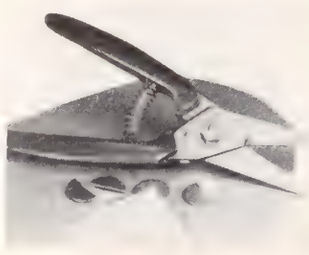
SAFE SURFACE SPRAY

New formula helps prevent accidents from slipping in the home. When sprayed, it forms a fine sandpaper-like surface on metal, concrete, rubber, plastic. Use in tub, around pool, on ladders. 8 oz. aerosol, $2.98 ppd. World Garden Products, HG8, 1st & Seaview, E. Norwalk, CT 06855.



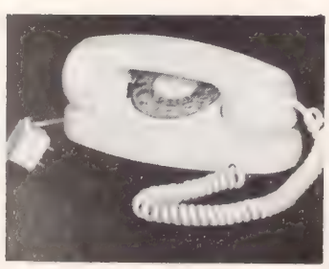
THE DEMI BOOT

Glove-soft genuine leather with double-stitched vamp styling, a padded insole, side zipper. 1¾" heel, ribbed non-skid sole. 6-10 in N, 5-10 in M, W. Brown, navy, black, white, camel, wine. $22 plus $1.50 post. Old Pueblo Traders, 600 So. Country Club Rd., H8A, Tucson, AZ 85716.



SUPERSCISSOR

A cutting tool you can use for just about anything. Softly rounded stainless steel blades never need sharpening. Will cut aluminum, cardboard, linoleum, carpet, rubber, fish, etc. $11.50 plus 85c post. Sleepy Hollow Gifts, HG8, 6651 Arlington Blvd., Falls Church, VA 22042.



PRETTY PRISCILLA

The trim extra phone is factory rebuilt and fitted with standard cord and plug. In pastels of pink, beige, turquoise or white (please give a second choice in order, $19.95 plus $2 post. Add $10 if buzzer is needed. Grand Com, Inc., HG8, 324 5th Ave., New York, NY 10001.

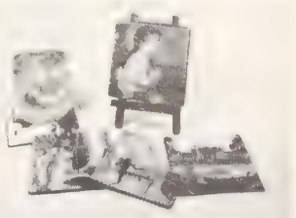
SHOPPING AROUND

COZY COVER-UP



Handsome striped rugby sweater of softest lambswool with neat collar, long sleeves and three-button placket. Comes in navy-and-red, shamrock-and-navy or silver-and-camel. Sizes 34 to 40. $30 plus $1.75 post. Free catalogue. The Talbots, Dept. AY, Hingham, MA 02043.

GREAT ART PROTECTION



Laminated plastic non-stick coasters protect surfaces; feature paintings of European artists. Ex: Renoir, Degas, Monet, Dali, Van Gogh. Each 4″ by 4″, shows one famous painting in glorious color. Set of six $6.85 ppd. Brenlyn, HG8, Box 3423, GC Sta., N.Y., NY 10017.

HISTORIC HANGER



From the gaslight days, a Victorian-style cast iron coat rack handy for trench coats, umbrellas, scarves, hats. Five large swing arms each has three hooks. 7½″ from wall; 14″ w. $3.98 plus 75c post. Holiday Gifts, Inc., Dept. 308-D, Wheat Ridge, CO 80033.

GLASS TO GROW IN



Pearl mist greenhouse, redwood frame; acrylic, glass content fiber glass cover. Pre-cut; fabricated Dutch door. Shown 8′ x 12′, $334.95 Exp. Coll. Others from $98.95. Free catalogue. Peter Reimuller/Greenhouseman®, 980-17th Ave., Dept. 11-HP, Santa Cruz, CA 95062.

POT PRETTIER



Brush-on cleaner for aluminum, chrome, porcelain cookware, ovens, rotisserie and grills. 7 oz. can with brush. Dissolves carbonized grease, encrusted build-up. Does not darken or pit. $3.98 plus 60c post. Anthony Enterprises, HG8, 556 Mission St., San Francisco, CA 94105.

JEWELLED HEART



Beautiful strongite stones set in 14k white gold make a ring to wear and treasure. Stones are pure white and cut like diamonds. Guaranteed against chipping and scratching. $150. Add $1 post. Free catalogue of rings. The Strongite Co., HG8, 2 W. 47th St., New York, NY 10036.

MAHOGANY MINIATURE



Authentic working model of a grandfather clock has its clock movement imported from West Germany. Kit includes mahogany case pieces, stain, glue, dial, key, illustrated directions. Clock is 7″ high. $11.49 ppd. Miles Kimball, 100 Bond St., Oshkosh, WI 54908.



REMOVE HAIR FOREVER

Perma Tweez is a simple electrolysis instrument that PERMANENTLY removes ugly hair from all areas of the face—such as the chin, upper lip, eyebrows. Embarrassing body hair can now be removed forever in the privacy of your boudoir. Arms and legs can be forever free of the inconvenience of constant hair removal. **An exclusive U.S. patented safety feature allows you to do this without puncturing the skin!**

AN EXPERT'S APPROVAL

Perma Tweez has been clinically tested by a university professor of dermatology and proven to be safe and effective. One of his patients had previously been tweezing hairs from her chin every day for 15 years. After treating herself with Perma Tweez, she has eliminated this time consuming chore for the rest of her life! Over 15 thousand instruments in use by doctors—over 500,000 in use by people like yourself.

Easy instructions make you expert in a few minutes. Save hundreds of dollars on salon electrolysis by doing it yourself.

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Name_____

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Mfr. of Professional and Home Electrolysis Equipment

SHOPPING AROUND WESTCHESTER

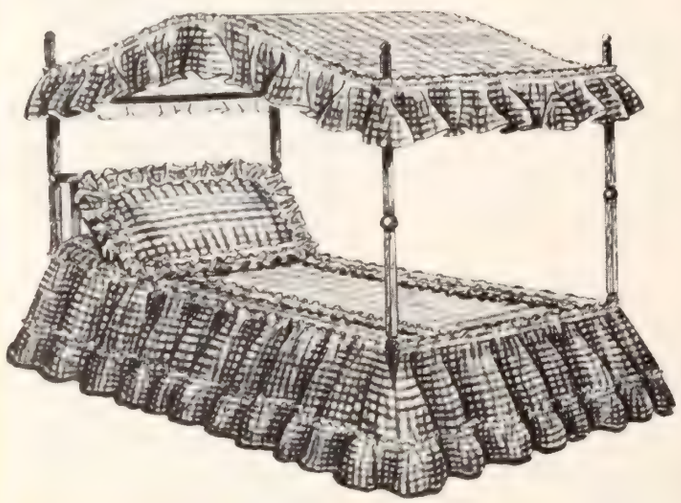
DOUBLE DECKER



Give your plants the light and air they need on a shelf unit that hooks securely on any double-hung window. No installation required. A pretty display inside and out. Scrolled brackets support the white baked enamel double decker shelves gracefully. 22″ by 4″. $5.98 ea; two, $10.98. Add $1.15 post. Ferry House, G8, Briarcliff Manor, NY 10510.

COUNTRY GINGHAM

Complete bedroom ensemble. No-iron polyester/cotton ¼″ blue, red, green, pink, yellow and white check. Spread, twin, $30; full $35; canopy, twin, $26, full, $28; sham, $9.50; vanity skirt, $15.50; curtains, 30″ and 36″ l., $7 pr.; 54″, 63″ l. $10.50 pr. plus $1.75 post ea. Free catalogue, Colonial Maid Curtains, HG8, Lawn Terrace, Mamaroneck, NY 10543.



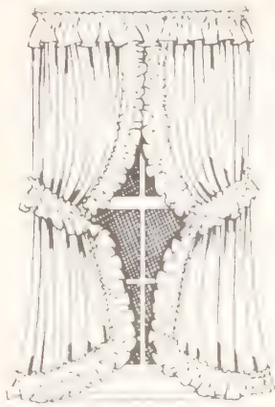
CANISTER ARTISTRY

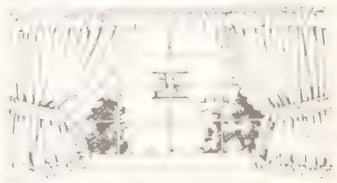
English imports. Oriental motif in vibrant hues on sturdy lithographed metal. Black, red, gold and white combination. Hinged-lid, set of three, 3¾″ to 8½″ h., $6.98; octagon box, screw-cap lid, 6″h., $2.50; low box, 8½″ by 6″ by 2¾″ h., $2.98. All five, $10.98 plus 75c post. ea. Lillian Vernon, G8E, 510 S. Fulton Ave., Mt. Vernon, NY 10550.



COUNTRY-STYLE CURTAINS

NO-IRON MUSLIN IN NATURAL OR WHITE
SUPERIOR QUALITY—VALUE PRICED!





with attached top valance.

7.50 pr
10.50 pr
12.50 pr
2.50 ea
3.25 ea

From New England, colonial charm of country-style curtains no longer need the drudgery of ironing. Practical, long wearing, crisp and beautiful. Machine wash and dry. 50% polyester-50% cotton muslin (preshrunk max. shrinkage 1 ½) of unsurpassed quality backed with **"satisfaction unconditionally guaranteed."** Specify color. *Add $1.75 post./hdlg. No C.O.D's.* Please send check, money order, or use your Master Charge or BankAmericard. N.Y. res. add sales tax. Free Catalog.

COLONIAL MAID CURTAINS  *Since 1917*

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BETTER FOOD FOR BABY



With the Happy Baby Portable Food Grinder, no more messy jars. Your own fresh vegetables, meat & fruit ground easily & quickly. Developed for doctors—slips into your purse for travel. The ideal baby gift.

$5.95 & $1.25 postage

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SHOPPING BAG ON WHEELS

Extra heavy duty. Sturdy bag holds up to groceries and folds on caster type wheels for comfortable handling. Folds for carrying and storing.

$9.98 each plus $1.30 postage

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Who says the shortest distance between two points has to be a straight line?

Install your own spiral stairs!



Handsome and dramatic. Space-saving and rugged.

Complete instructions included. No special skills or tools needed. Stock kits cost as little as

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Design services available



PEWTER PERFECT

Graceful containers to dramatize a single flower or stand alone as decorative accent. Elongated style has brass inlay with Chinese inscription "Happiness and Long Life." 7½"h., $10; 9½"h., $14, 12"h. $17, 14½"h. $20. Round, 8"h., $19 Ppd. AC Gifts, HG8, 2642 Central Park Ave., Yonkers, NY 10710.

PUB MIRRORS

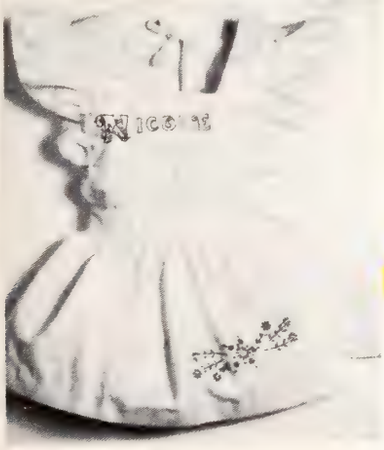
The originals decorated Old English pubs. Now you can accent your bar or den with authentic copies. Colorful labels for Cold Spring Gin and Dewars Scotch Whisky are silk screened on mirrors given a special silvering process for permanency of design. Weathered wood grain frame. 10" by 13½", $19.95; 20" by 24", $29.95 plus $3 post. ea. The Hornes, HG8, Box 255, Tallman, NY 10982.





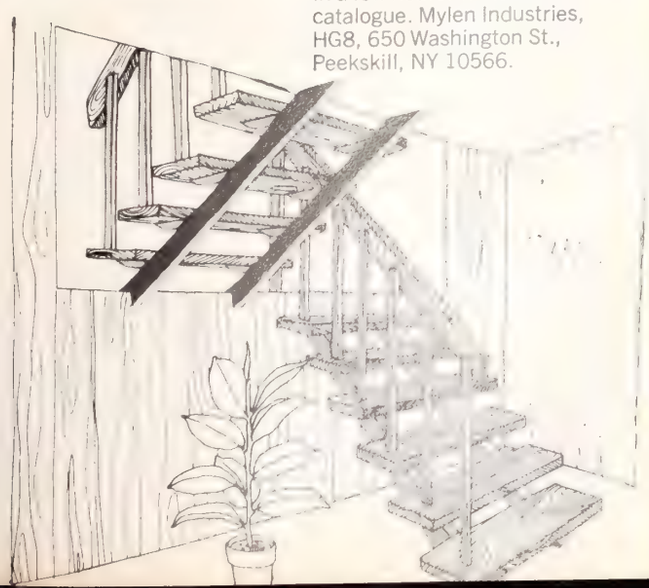
THE ME-DRESS

Little girl's joy. A pinafore with her name across the front. Sundress for summer, pretty protection for winter dress. White poly/cotton, machine washable, no ironing. Hand-embroidered to order with name in red, green, or royal blue. Sizes 6 mo., 1, 2, 4, 6, 8. $18.95 plus $1 post. The Amfalula Tree Ltd., HG8, 223 Katonah Ave., Katonah, NY 10536.



CIRCLE STAIRS

Architectural space savers that can make your attic, cellar or loft attractively accessible. For outdoors and indoors. Quality crafted steel model in kit form made to suit your requirements. Easily assembled and installed in a few hours. Write for free catalogue. Mylen Industries, HG8, 650 Washington St., Peekskill, NY 10566.



storage on wheels

The rolling cart of countless uses! Goes everywhere with cleaning supplies — fits a narrow space for extra roll-out pantry storage — goes outdoors with all you need to grill and serve a meal! All vinyl-clad metal, easy to assemble, no tools needed. Baskets slip in side slots to form a rigid frame, slip out any time to store it away. Italian import, 31½" high, with 11¾x14¾" lift-off plastic tray, 3 10x14½x2½" basket bins, free-wheeling casters. Bright orange and white.
4630 Rolling Cart $18.98



1951 SILVER JUBILEE 1976

LILLIAN VERNON

Add $1.50 post. & hdlg. NY residents add taxes

Dept. G86, 510 S. Fulton Ave. Mt. Vernon, NY 10550

ENGLISH PUB MIRROR

Add the romantic charm of England's Pubs to any room. European, hand-screened, authentically detailed, full color mirrors, handsomely framed in wood.

Coach and horses

37" x 24" $89.95
plus $10. Crating and Shipping
20" x 24" $29.95
plus $5

Catalog of other designs $1.00

THE HORNES
Box 397,
Tallman, New York 10982





SCULPTURED STITCHERY

Sumptuous needlepoint pillows (approx. 10" x 10"). Top. (L.) Greek Revival, (R.) Federal; bottom: (L.) Colonial, Kit Queen Anne.
Kit contains taped 12-guage mono canvas, natural unbleached Paternayan Persian wool, steel needles, fully illustrated instructions.

each **$16.95**
(two $29.95; all four only $52.50 postpaid if sent to one address.)

ella projansky's needleworks, inc.
p.o. box 423, G8 — white plains, n.y. 10602

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Burpee's New 1976 Fall Gardening Catalog—FREE



The most comprehensive fall gardening guide we've ever published. Forty-eight big colorful pages. Many new and interesting products. Just about everything a home gardener would need or want for year-round, indoor or outdoor, gardening pleasure.

Over 500 bulbs, trees, shrubs, and plants for both indoor and outdoors—harvest and garden aids—planters—gifts—and dozens of helpful hints and ideas from our horticulture experts.

Send for your free copy of the big new Burpee 1976 Fall Gardening Catalog for year-round gardening pleasure. It is packed with useful information and products that will add to your enjoyment of gardening all year long.

W. ATLEE BURPEE COMPANY
4126 Burpee Bldg., Warminster, PA 18974 or Clinton, IA 52732, or Riverside, CA 92502. (Please mail to nearest address.)
Please send FREE copy of Burpee's 1976 Fall Gardening Catalog to:

Name_____
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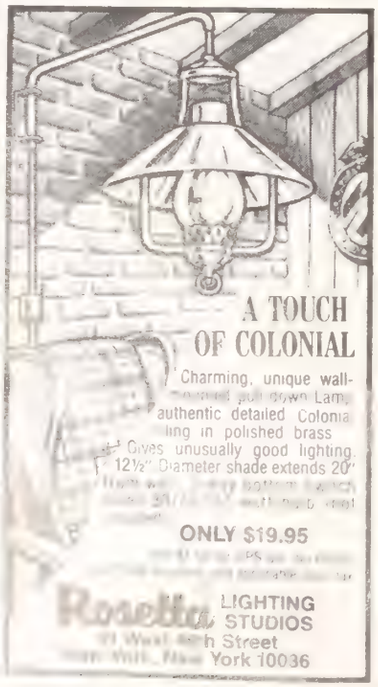


Genuine Red Coral Necklace

Genuine Red Coral becomes Rarer everyday as it is in very limited supply. The gentle Red colors are just simply beautiful, and add warmth to any wardrobe. You'll find these retailing at $50-$75 each, but being the largest supplier we are very proud to offer these totally handmade 18" coral necklaces at only **$12.50** each. (Limit five necklaces per person). Please add $1.25 per necklace ordered for postage, packing and insurance.

RARITIES
Dept. HG-8
256 S. Robertson, Beverly Hills, CA. 90211



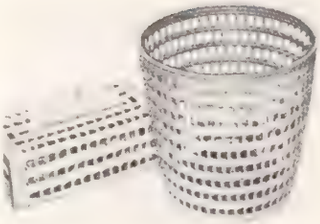


SHOPPING AROUND



SACRED JOURNEY

Charming Hummel tree ornament for 1976 is third in a limited-edition series. Delicate colors on silvery ground. Glass ball, 3" dia., is visible in gift box. $4.50; 1975 "Christmas Child" $4.75. Add 25c post. Catalogue 50c. Downs' Collectors Showcase, 1408Z, Evanston, IL 60204.



RATTAN ACCENTS

Handwoven rattan dresses up box of cleansing tissues and wastebasket. Box cover, 10" by 6" by 4", $3.95; Wastebasket, 11" by 10", $4.95. Painted white, yellow or green, add $1 each. Postage, $1. Catalogue, 25c. Fran's Basket House, HG8, Rte. 10, Succasunna, NJ 07876.



BUMPER MESSAGE MAGIC

Go forth with your special message in black ink on yellow vinyl bumper sticker. Up to 20 small letters on top line, 14 large letters on bottom. Self adhesive, 3" x 12". $3.25 original; duplicates, 95c each. Ppd. The Writewell Co., 851 Transit Bldg., Boston, MA 02115.



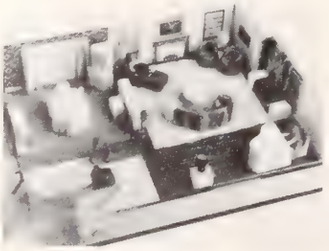
SUTTON DESK LAMP

Replica of 1810 candlestick in sanded hardwood. White or beige shantung shade; natural or oyster burlap. 20" tall. 3-way switch. 8' cord. $14.25 plus $2 post. ($2.75 W. of Rockies). Color catalogue is free. Write to Baxwood Crafters, Dept. PHG-68. Box 7012, Lexington, KY 40502.



TO HAVE AND TO FOLD

Space saving table made in Europe. Solid beechwood with oiled walnut veneer. Closed, 9" by 30"; one side up, 37" by 30"; fully opened, 65" by 30", it seats eight. 30" h. $59.95. Exp. coll. Assembled. Danish catalogue, 50c. Genada Imports, HG8, Box 204, Teaneck, NJ 07666.



DECORATING PLANS

Three-dimensional room planning kit; Styrene forms representing over 150 different pieces of furniture scaled ½" to a foot. Arrange up to three rooms on graph paper equivalent to 27' by 44', walls, windows, doors. $8.98 ppd. Plan-It Kit, Inc., HG 8, Box 429, Westport, CT 06880.

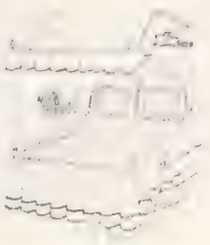


CURVE COMFORT

Caressingly soft nylon stretch lace makes a bra to wear for natural ease and control. It's ideal for sleeping as well as daytime activities. Snap front. White; A-B or C-D. $4.98 plus 40c post. Anthony Enterprises, HG8, 556 Mission St., San Francisco, CA 94105.

FRESH AS A BREEZE

Spreads, canopies, quilted shams in washable unbleached natural muslin are right in Bicentennial year. Twin spread, $35; full, $40; twin canopy, $24; full, $26; shams, $12 ea. Add $1.75 post. Free curtain booklet. Rovens Connecticut Curtains, HG8, Gateway Center, Wilton, CT 06897.



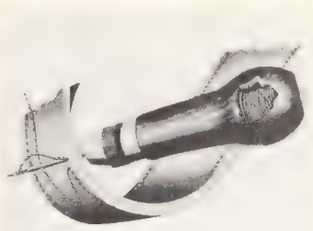
TINY TREASURES

Mini porcelain sauce-pan set by Teissonniere of Limoges, famed for snowy glazes, elegant motifs. All gleamed with gold, prettied with posies. From one-inch dia. to 1⅞". Pastel hues. Three in set $8.98 plus 50c post. Lillian Vernon, G8E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



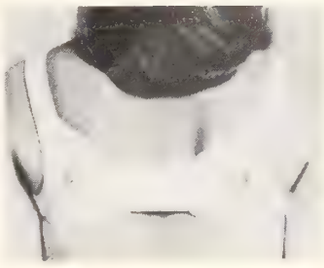
SEWS LOCK STITCH

Tool does great things: sews leather and canvas. Do your own repairs on shoes, handbags, awnings, seats, upholstery. Pack includes bobbin of wax thread, two needles. $4.98 plus 50c post. Anthony Enterprises, HG8. 556 Mission St., San Francisco, CA 94105.



STRAIGHT AND PROUD

Posture maker corrects posture as it holds body straight, shoulders back. Webbing, one size fits men and women. After wearing for a time, body assumes proper posture. $3.98 plus 50c post. American Consumer, Dept. PM-159, Caroline Rd., Philadelphia, PA 19176.



DANISH SALUTE TO '76

A Bicentennial commemorative is the Grande Copenhagen plate in fine Danish porcelain. It bears the Great seal of the United States decorated in 24K gold and hand painted in rich blue and white. 7" diameter. $24.50 ppd. Trein's, HG8, 201 W. 1st St., Dixon, IL 61021.



MODERN DESK WATCH

Crystal clear acrylic houses a flat watch with moving parts visible at the back. Each watch is different in shape and size. H. from 3½" to 5½" and w., 4" to 6". Dials: blue, green, red or amber. $29.95 ppd. Allen Johns, Dept. 18, 1012 E. Cliveden St., Philadelphia, PA 19119.



MOLD YOUR OWN

Be a recycler and end waste by turning all those slivers and ends of soap into new usable bars with the rectangular soap mold. Color and a new scent can be added; complete instructions are included. $2.49 plus 30c post. Stratford House, HG8A, P.O. Box 591, Stratford, CT 06497.



Classic Plaid



Blazer and pants team up in classic plaid for smashing good looks. Well tailored double button blazer tops off flattering pull-on pants. Both in easy care 100% polyester. Machine wash & dry. Red/Green/Yellow Plaid. Sizes 8-18.

$36 plus $1.50 postage

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30" dining height
36" dia. $156.50
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54" dia. $335.00

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$5.95 - 50¢ hdlg. each

PLAINS — navy - brown - wine - green - rust - sky - beige - tan - white - black

DOTS — navy - wine - brown - green

[illegible] or money order — money back guarantee

OST Cravates - Dept. A8

[illegible] St. Urbain St., Montreal, Canada H2S 3H1



1976

BLUE DELFT CHRISTMAS

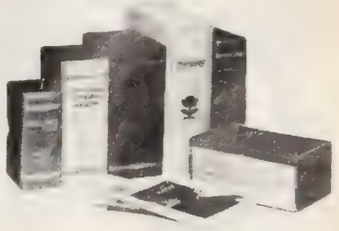
COLLECTOR'S Plate, Spoon & Tile! The 1976 Christmas design [illegible] the Monnickendam built in 1612. Her tower is topped by 1606 with a new [illegible] and a beautiful weather-vane & two striking clocks with four hour hands. Royal Schoonhoven Delft from [illegible] in Limited Edition.

6½" Plate 15.95 - 5" Spoon 9.95 - 6" Tile 6.95



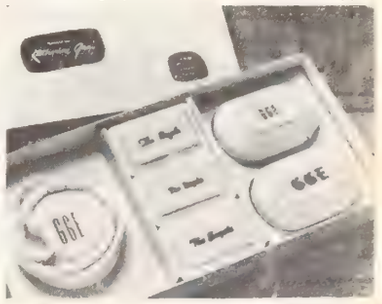
SPOON RACK

DISPLAY your Collection of Spoons! A deftly designed two curved shelf rack is pretty enough to hang alone. Spaced to hold 18 of your precious spoons from demitasse to table size. Made of yester years mellow Pine & hand-rubbed to a satin smooth colonial fruitwood finish. 14 x 13" wide **$8.95 pp.** New 24" wide rack holds 36 spoons. **$13.95 pp.**



MAGAZINE FILES

SAFE storage for valuable back-issues! Keep your favorite magazines like new; protected from dust, wear, disorder; neatly filed for fast reference. Custom made for any standard publication you name. Titles are embossed in 23K gold. Covered with rich library-colored Leathertex to resemble finely bound books. Each hold a year's supply of monthlies. Also medical & legal journals. $5.95 ea. ppd.



PERSONALIZED SO[illegible]

ADD a 'touch' to the bathroom decor! [illegible] Very Personally Yours when [illegible] Name in gold Script or your [illegible] letters. Lasts as long as the soap. [illegible] French-milled soap with a [illegible] scent favorable to most men. [illegible] box contains 1-shower, 2-[illegible], 3-[illegible] Set 3-hand bars $5.75 [illegible]

ART GUILD enterprises

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Creme de la creme, and ours alone in all the world! Roll-around rack for magazines, records or plants, stunningly designed by Robert Mainly.

Love the elegant look of its all-around Lucite rod that doubles as a handle — so easy to pull toward you or push away. Love the polished chrome casters (the best free-rolling kind — not flimsy wheels)! Hefty polished Lucite, American-crafted — blends with every decor. 10¼" high, 12½x12½" inside area. **8756 Lucite Rolling Rack . . $27.98**

Add $1.50 postage & handling
New York residents add taxes

1951 SILVER JUBILEE 1976

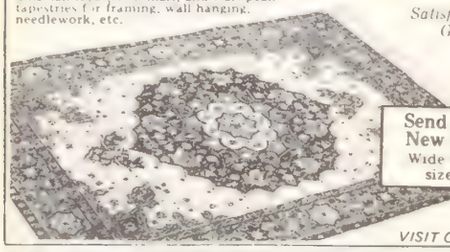
LILLIAN VERNON Dept. G82, 510 S. Fulton Ave. Mt. Vernon, NY 10550

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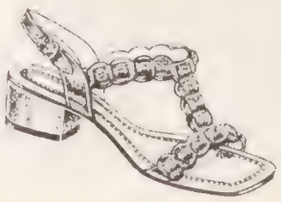
Anthony Enterprises Dept. HG-86 556 Mission, San Francisco, Calif. 94105

SHOPPING AROUND



OLD-TIME FLECKS

Beflecked coarse-textured unbleached cotton, ruffled tiers, tie-backs. 76" w. pr. 24", 30", 36" tiers, $6; tiebacks, $1 a pr.; 63", 72", $11; 81", $13. 54" by 11" val., $4. Add $2 post. Write for free brochure. Old Colony Curtains, G68PE, Box 759, Westfield, NJ 07090.



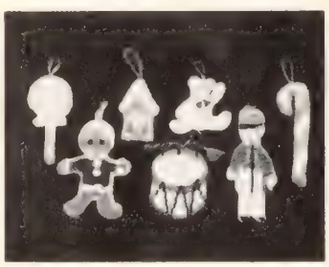
SANDAL DAZZLER

Multicolor "gems." Cushioned insoles, adjustable backs. White, black, gold, silver; pink, blue, yellow, green pastels (specify alternate colors). N 5½-12; M 4-12; W 5-12. (No half sizes over 10.) $11.99 plus 90c post. Morgan's Cove, HG8, 28 W. Prospect, East Brunswick, NJ 08816.



SHAPELY PEWTER

Handcrafted pewter chandelier has six graceful arms and all wires are concealed. It's 30" w. by 15" h. and may be electrified or not. Details 48 page catalogue of indoor, outdoor handcrafted lighting, $1. Heritage Lanterns, HG86, Sea Meadows Lane, Yarmouth, ME 04096.



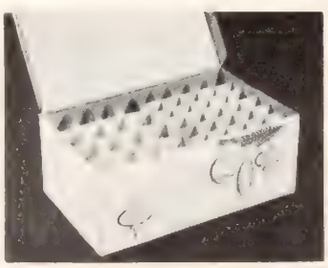
NEEDLEPOINT ORNAMENTS

Lollipop, gingerbread man, gingerbread house, drum, teddy bear, soldier, candy cane, snowman—complete kits with canvas. Persian Paterna wool, needle, chart. 3½" to 5"H. $2.50 ea. Any six, $12.95. Add 60c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.



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Therapeutic support with bed of even-pressure air-coil cells. Inflates in minutes. Weather-proof red velvet-like surface. Twin, $59.95; full, $79.95; queen, $89.95; king, $114.95. Add $3.95 post. Inflate-A-Bed, HG8, Kaw River Mktg., 3634 E. Roanoke Dr., Kansas City, MO 64111.



STOWAWAY

Nothing like preparing now for next Christmas. Ornament chest holds 92 ornaments of three sizes; space for eight sets lights, tinsel, other tree-trimming paraphernalia. 27" x 17" x 12". Assembles easily. $8.95, two for $17. Ppd. Write to Bruce Bolind, HG8, Boulder, CO 80302.



STRAP CLIPS

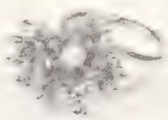
Gold-finished metal lingerie clips keep bra and slip straps secure in handsome fashion. A smart way to be sure that straps won't tumble down when wearing a low cut gown. Set of two, $1.98 plus 25c post. Anthony Enterprises, HG8, 556 Mission St., San Francisco, CA 94105.

QUEEN ANNE LOWBOY



Gracefully styled solid cherry, distressed brown finish brings out wood's grain. Three drawers with antiqued brasses. Use as a sideboard; or in foyer, living room. 38″ w. by 20″ d. by 31½″ h. $168 exp. coll. Catalogue $1. Ephraim Marsh. Dept. 437, Box 266, Concord, NC 28025.

GOLD ALOHA FLOWER



A real flower from an Hawaiian garden is picked and preserved in 24K gold plate for a ring. No two alike (as in nature). Adjustable with jade or pink coral stone, $9.95; without stone, $7.95 plus 50c post. Paradise Sales Co., Dept. RS-10T, 380 Madison Ave., New York, NY 10017.

SINKSIDE SERVANT



Natural hardwood cutting board goes from 13½″ to 20″ wide for over-the-sink use, easy rinsing. Use 12″ x 13″ board on counter to slice, carve, chop. For meat, cheese, fruit, salads. $8.98 plus 50c post. Colonial Garden Kitchens, HGHE, 270 W. Merrick Rd., Valley Stream, NY 11582.

RENEW TENNIS BALLS



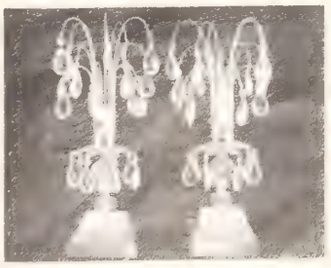
The Bouncer puts life into used balls. Place up to three in can, twist top on, pump up pressure. It keeps balls lively set after set, helps improve your game, saves money. $7 plus 95c. post. Catalogue 35c. The Unicorn Gallery, HG-66, 15111 New Hampshire Ave., Colesville, MD 20904.

OVERHEAD SMASH



Big-hit T-shirt in fine 50-50 polyester/cotton. Red piping, black design on white. Machine washable. Children's sizes 10-12, 14-16; adults' S, M, L, XL. $4.50; two $8.50; three $12. Add 20c post. each. Mr. Tennis, HG-8, 24 Penobscot Bldg. Concourse B, Detroit, MI 48226.

ELEGANT LAMPS



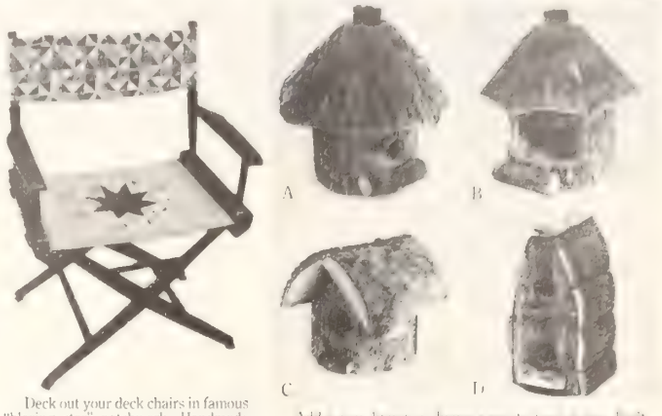
Rogers gold-finished castings and marble bases, crafted by hand. Hand-cut crystal blocks, imported pendants. 18″ h. Electrified. Pair $39.95; matching centerpiece $49.95. Catalogue 25c. Exp. coll. Luigi Crystal, HG8, 7332 Frankford Ave., Philadelphia, PA 19136.

HOLD IT!



Keep rings in place on finger with Ring-Insert-Guard-Sizer. Will hold rings in place simply, effectively. Vinyl liner slides inside ring after it's on. Works for any size ring, any finger, woman's or man's. Holds boys' rings in place on girls' fingers, $4 ppd. Rigs, HG8, Box 1039, Longmont, CO 80501.

Fun summer things you won't find in every store and every catalog.



Deck out your deck chairs in famous "blazing star" patchwork. Handmade in brown, orange, yellow or green. $[illegible] ea. Qty. of 4, $[illegible].

Add a rustic [illegible] to your home. Birdhouses from bark. [illegible] Lighthouse. A. Round [illegible] feeder. C. V-Roof House. D. [illegible]



Perfect for anything under the sun. Baby bonnet, $3.00. Child's bonnet, $4.00. Adult bonnet, $5.00. Specify yellow, blue or green.

Solve your indoor and outdoor summer hang ups. Hardwood wall-hanger. Very strong. $3.00 ea.

Happy summer [illegible] to your [illegible] spoke with our super-cute rock-a-chick horse. $[illegible]

Blue Ridge Cottage Industries

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Please add $.75 handling and postage for each item ordered. Check, money order, BankAmericard or Mastercharge welcome.

RAJA SAHIB

[illegible] subjects, Raja Sahib (shown), the Aristocrats (giraffes), [illegible]. 8" x 10", $3.00 ppd. [illegible]



THE TATTERED BOOT

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The **SOUTHERN BELLE**, fashioned to give the traditionally warm welcome of a gracious home, is rich in comfort, elegance and beauty. Cushions are zippered, reversible, and filled with fine urethane foam and polyester fiber. Available in various grades and types of fine fabrics—stripes, solids, prints; cut, antique, crushed and plain velvets; etc. You specify type fabric and colors desired. L. 84″.

$655.00 each as shown in wool and cotton crewel

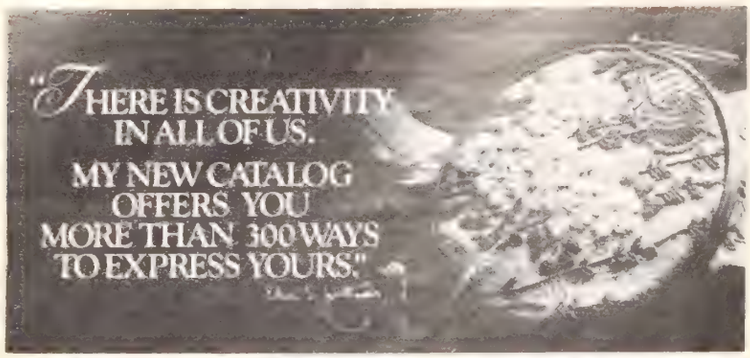
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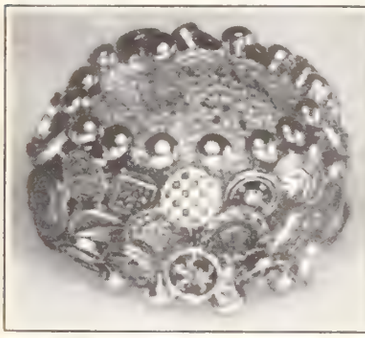
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Costs but buttons . . . looks like a million. Make it to wear . . . to give. Crochet or knit with our complete kit; buttons, elasticized thread, easy instructions. #59 shown, $5.95 in antique gold or antique silver. Send 25¢ for catalog of Bracelet and Belt Kits ($2.95 - $11.95).

Inc. State Res. add Appropriate sales tax

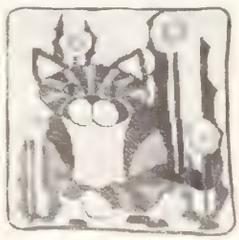
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HG, P.O. Box 671, Mid. Sta.
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You're sure to love our most **"Calculating Cat"** worked in continental or the variety of stitches we recommend. He's in shades of rust and beige, gold flowers, green leaves and pale green background—on #12 mono canvas with Persian yarn, stitch instructions and needle. 12" square.

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DESIGN IN WOOD

Precut veneer parts, precisely cut, ready to assemble on full-size colonial kitchen pattern. Mounting panel, molding with contoured handles supplied. Inlaid kit 14" by 22" includes, glue, clear finish. $26.20 ppd. HG8, Constantine, 20 Eastchester Rd., Bronx, NY 10461.

UNUSUAL QUILT KITS

Contemporary patchwork designs by Beth Gutcheon. Pre-cut for easy sewing by hand or machine. Cotton/blends, subtle colorings. Batting, backing included. *Katherine Wheels* (shown) twin, $32.50; full, $38.50; queen/king, $45 Ppd. Catalogue, 25¢. Gutcheon Patchworks, Inc., HG8, 611 Broadway, NY, NY 10012.

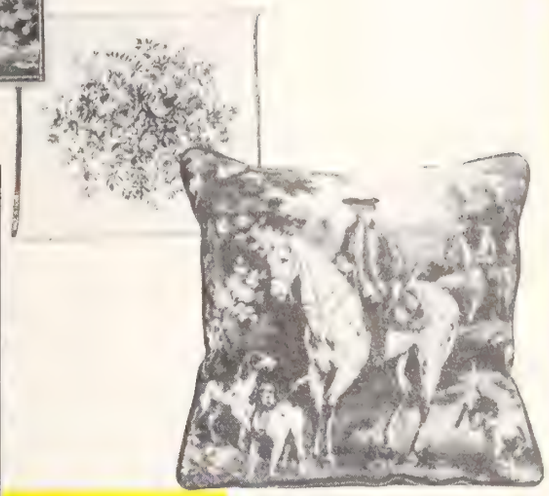


HAPPY TRIPLETS

Three calico print dolls, each brightly colored, stand 15" tall. Hands and feet snap together for playful posing. May be hand sewn or machine stitched. Kit includes fabric, yarn, floss, snap fasteners, easy instructions. The Trio for $7 ppd. Denijac International, Dept. STD8, 1073 Grenoble, Quebec, P.Q. Canada G1V 3A1.









ELEGANT ACCENT

From France come exquisite small tapestries to turn into pillows, cover chair seats and footstools or frame in groups. Choose from *Dancing, Roses or The Hunt of Louis XV*. Available in 10" by 10", $5.95; 20" by 20", $8.95 ea. Ppd. Send $1 for color catalogue. Peerless Imported Rugs, Dept. GTE-86, 3028 North Lincoln Ave., Chicago, IL 60657.

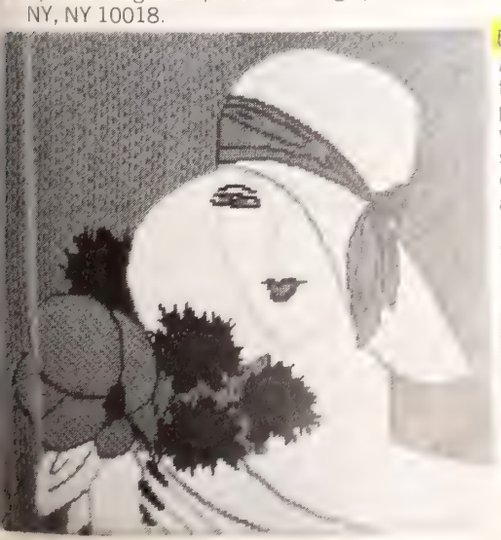
MACRAME POT HANGER

A beauty for indoor or outdoor display. The graceful long sweep of knotted jute, 15" by 70", forms handsome holder for a pot of greenery. Kit includes extra heavy jute cord, brass ring for hanging, decorative stoneware bead, dowel rod, T-pins, rubber bands, instructions. (Pot not included). $11.95 ppd. Tumbleweed, HG8E, Box 80358, Los Angeles, CA 90080.



BRACELET AND BELT

The look of fine costume jewelry in a stretch bracelet and belt you knit or crochet, cover with decorative buttons and beads. Kit includes replicas of ancient coins, stamps, elasticized cord, two-piece buckle. Antique gold or silver finish (specify). Bracelet, $4.95; belt, $11.95 Ppd. Catalogue 25¢. Button Bangle, HG8, Box 671, Midtown Sta., NY, NY 10018.



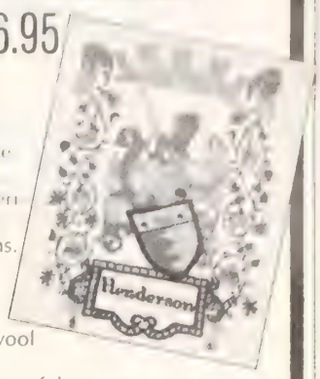
DEE DEE

A belle of the twenties to needlepoint for pillow or picture. Create with four different stitches. Dark blue cornflowers, cream hat and blue background. Flower and ribbon, two shades of rust or poppy red (specify). Canvas, 12 mesh, 14" by 14", [illegible] n, needle. $30 ppd. The Darn Yarn Shoppe, HG8, 254 P[illegible] Rd. East, Westport, CT 0688[illegible]

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Needlepoint or crewel this heirloom piece. Send your surname and country of origin. You'll receive a researched, signed and verified history of your name and drawing of your coat of arms. Plus kit and instructions. Needlepoint kit includes individually imprinted canvas, wool yarn in authentic colors. (Background yarn not included.) Crewel kit includes hand-printed linen, wool yarn in medieval tones. 13"x15" each. Allow 3-4 weeks for delivery. The Fall Issue of the Creative Village Stitchery Showcase Catalogue FREE with your order. Include 75¢ for shipping and handling. Send cash, check or money order to: **Creative Village, P.O. Box 101, Pine Brook, New Jersey 07058**

Needlepoint Dog Kits



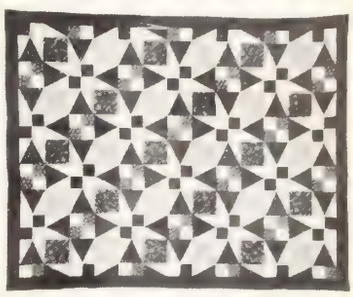
Pet lovers will adore this lifelike Old English Sheepdog portrait in finest quality needlepoint. Suitable for pillow or framing, kit comes complete with design stamped on #14 imported canvas, Paternayan Persian yarns, needle and instructions. Background blank for your yarn color choice (specify): red, black, navy, royal, gold, green—or enclose swatch and we will match it. Finished size 14" x 14". Other breeds available. Inquiries welcomed.

$22.95 plus $1.00 postage and handling. (Conn. residents please add 7% tax.)

pet projects

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Pre-cut calico prints and solid color 7" squares in cotton and blends are easy to turn into quilt top by hand or machine. Size 94" by 74" fits double or single bed. (Lining, interlining not included). Kit, $19.95 ppd. Bell House, HG8, 313 S. Main St., Lewiston, PA 17044.



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NIFTY IDENTITY
Adjustable collar inset with canvas to carry pup's name, owner's design and stitchery. Fits up to 16" by scissoring belt to size before attaching buckle. Brown only. $8.50; two for $15 Ppd. Ellly, HG8, Box 3898, New Haven, CT 06525.





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HELL COLLAGE

ascinating collection to eedlepoint. Finished ize, 10" by 10". Kit ncludes design on 12- nesh interlock canvas, ersian wool, needle, nstructions. Beige, urnt orange, dark rown, gray, white, gold. frame not included). 7.50 plus 60c post. Vorld of Stitch 'n Knit, Dept. 85-15, Box 709, Framingham, MA 01701.





NEEDLE PETS CHART

Exciting new concept. "Paint" a dog portrait in needlepoint by following the chart that adapts to 10, 14 (lifesize) or 16-mesh canvas. Golden retriever (shown), poodle, schnauzer, German shepherd available. Chart, yarn samples, instruction, $4.50 plus $1 post. Lark-George Co., HG8, 1408 Locust St., St. Louis, MO 63103.

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Broadnax Finish Reviver Kit



FRANK BROADNAX is an experienced professional furniture refinisher. He has developed a method of reviving old wood finishes rather than stripping all the old finish off. Total stripping is a tedious process that often injures the wood—and destroys the patina acquired by the piece during the years.

HIS METHOD IS SIMILAR to the one used at the Stuhr Museum (The Journal, Dec. 1975). However, the Broadnax kit contains a liquid refinisher that has the ingredients already mixed and ready to use. The Broadnax liquid refinisher is designed to melt down the finish and turn it back to a liquid. While in its liquid form, steel wool is used to filter out the dirt and wax. The wood is left with less finish—and a cleaner one. The finish can then be built up with tung oil if desired.

MR. BROADNAX explains the excellent properties of tung oil and when to use it. Tung oil, which is fairly hard to find, is also available from Broadnax in the 8 oz. or larger size.

WE HAVE TESTED the kit here at The Journal and find that it is far simpler than refinishing procedures that require total stripping. Having the ingredients all together in the right amounts saves a good deal of assembling and shopping time.

THE KIT CONTAINS one qt. of refinisher, one 8 oz. bottle of Broadnax lemon oil furniture polish, one 8 oz. bottle of tung oil, steel wool and an instruction folder. It is $8.50, plus $1.50 UPS shipping charge. All of the ingredients in the kit are available separately.

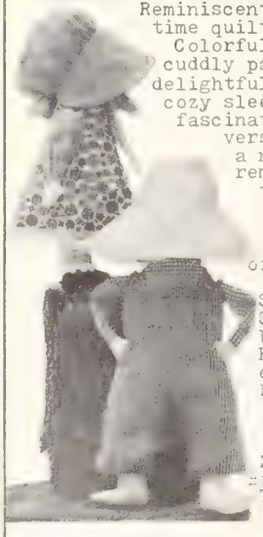
MR. BROADNAX has also written a very interesting book (paperbound) titled, "Good News for Antiques and Fine Furniture." It contains expanded directions for using his products, as well as chapters on furniture woods, cleaning metals, redoing a bevelled edge mirror, and other helpful items.

THE BOOK is $2.50, and if it is ordered with the kit, there is no additional postage charge.

YOU CAN ORDER the kit and book, or ask price information on other items, by writing: Broadnax Refinishing Products, Inc., P.O. Box 196hg Ila, GA 30647. Or call (404) 789—3346.

Sunbonnet Sue & Overall Sam PILLOW DOLLS

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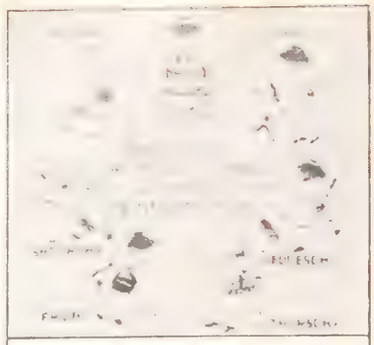
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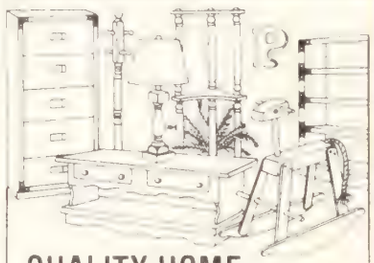


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FOR NEEDLECRAFTS AND HANDICRAFTS



AFGHAN HOUND

A beauty to needlepoint for pillow or picture. Kit includes design stamped on #14 imported canvas, Paternayan Persian yarns in 10 colors (mostly golds, browns). Background blank for your color choice (specify) royal, navy, green, mahogany (or color swatch). Finished size 14" by 14". Other breeds available. $22.95 plus $1 post. Pet Projects, Box 1133, Dept. HG086, Stamford, CT 06904.

MIDNIGHT AND MOONBEAM

Exquisitely detailed needlepoint by Ann Tush depicts the immortal pair. Horses in subtle blends of black, brown, gray, beige. Ivory on bright green ground. Kit includes Persian yarns, 12-mesh mono canvas, needle. Finished size, 24" by 18", $39.95 ppd. The Unicorn Gallery, HG86, 15111 New Hampshire Ave., Colesville, MD 20904.



SONG BIRD QUILT KIT

Make an heirloom quilt the easy way. Jiffy Cross Stitch stamped on fine white percale. Instructions for embroidery, padding, quilting, included. Double kit, 90" by 103", $14.95; floss for double quilting, $14.95; king size, 108" by 103", $16.95 plus floss for king size, $16.95. Add $1 post. Classic Corner, 12H Water St., Bryn Mawr, PA 19010.





CHRISTMAS BALL

Embroider the beloved Christmas story, "Twas the Night Before Christmas." Four panels depict sleeping tots, Santa in sleigh, down the chimney, gifts under the tree. Kit includes 26" by 26" natural linen and cotton fabric, wool yarn, velvet ribbon, gold braid, filigree top. Ornament 10" dia., $15.95 plus $1 post. Catalogue, $1.25 (free with order). Creative Village®, Dept. 21E, Box 101, Pine Brook, NJ 07058.





LOVEABLE ALPHABET

Embroidery kits created from the famous original animal alphabet. Colored cotton thread, natural background material, transfer letters. 9" by 12", up to eight letters, $5.95. Each additional letter, 50c. Entire alphabet 14", 18" (specify capitals or small letters), $12.95 plus $1.50 post. Laura's Loveables©, HGE876, Box 7381, Las Vegas, NV 89101.



SCULPTURED STITCHERY

Pillows with rich damask look. *Top:* Greek Revival and Federal design; *bottom:* Colonial and Queen Anne. Approximately 10" square unbleached natural hue. Needlepoint kit includes Paternayan Persian wool, 12-gauge mono zweigart canvas, $16.95; two for $29.95; four, $52.50 Ppd. Ella Projansky's Needleworks, Inc., Box 423, HGE8, White Plains, NY 10602.

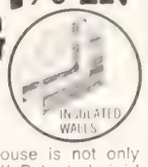
PORTRAIT

Know the pleasure of making an heirloom portrait in needlepoint. Send color or black and white photo to be rendered on canvas by artist. Kit includes color directions, wool (or embroidery), 10" by 14", $24.95; 14" by 18", $34.95; 18" by 22", $39.95. Extra subject, $15. Add $2 post. Needlepoint Portraits Ltd., Studio A5, 20 Nassau St., Princeton, NJ 08540.



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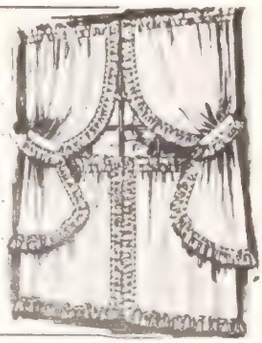
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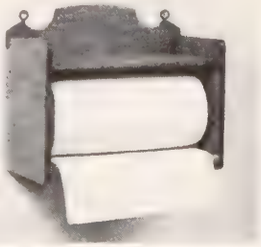
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Comes in navy, black, beige, white, gray/black/white, ombre blue, ombre beige, deep-multi and multi-pastel kid. 1¾" wedge; AAAA-EE, sizes 2½ to 10, $28.95; 10½-12, $29.95. Add $1 post; 25c each add'l pair. Free catalogue. Solby Bayes, HG8, 45 Winter St., Boston, MA 02108.



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Authentic park bench adds fresh decorative touch to your patio, yard or porch. Unfinished cast aluminum, natural redwood slats ¾" thick. Weatherproofed. 48" l. by 23" d. by 27" h. 30 lbs. Easy to assemble. $119.95 ppd. Aldo Enterprises, HG8, Box 17493, San Antonio, TX 78217.



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Stay cucumber cool anywhere, anytime. Just flick on portable minifan for the freshest breeze this side of the shore. One "C" battery. Keeps you refreshed. Lightweight plastic, $2.98 plus 35c post. Anthony Enterprises, HG8, 556 Mission St., San Francisco, CA 94105.



1976 HEAVENLY LIGHT

First in a limited edition collection of ornaments by artists from West Germany is worked in gleaming jewelers brass and hand cut crystal. 3⅝" with hanging cord, it is dated and gift boxed. $6.95 plus 50c post. Edd the Florist, Inc., HG8, 823 N. Court, Ottumwa, IA 52501.

SILVER PLATED STICKS



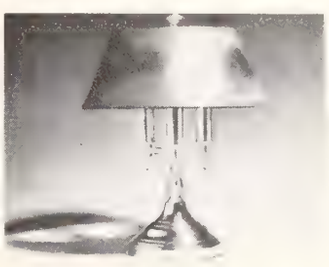
Perfect accompaniment for any Chinese dinner, now that so many of us have woks, are 9" chop sticks in silver plate complete with leatherette case and directions for using the elegant eating tools. $15 ppd. Geary's, HG8, 351 N. Beverly Dr., Beverly Hills, CA 90210.

TOPS EVERYTHING



All seasons shawl is ideal for dress and casual fashions, fits every size. 100% acrylic jersey knit triangle, 57" w. by 30" d.; 5" ruffle. Machine wash, dry. In white, black, red or navy. $11 plus $1.50 post. Vicki Wayne, H8B, 600 So. Country Club Rd., Tucson, AZ 85716.

BRIGHT AND BRASS



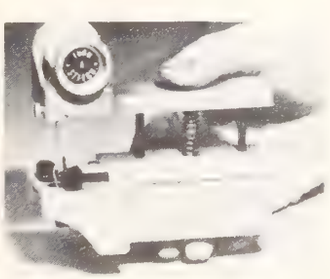
Solid brass three-light lamp has a bouillotte black shade, tortoise shell pattern lining. 12" high, beautifully crafted. A handsome addition to any traditionally decorated room in the house. UL approved. $19.95 plus $1.50 post. Robelier, HG8, Box 183, Villanova, PA 19085.

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SPEED SEWING



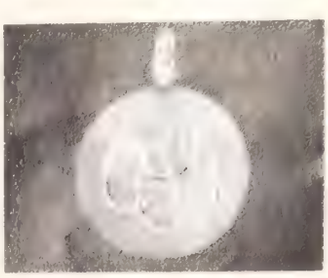
Dexter hand machine can baste, tack, zigzag, sew on buttons and zippers. Blind-stitches hem what you're wearing. Does draperies and curtains while they're hanging. With needle threader, booklet. $6.98 plus 75c post. Anthony Enterprises, HG8, 556 Mission St., San Francisco, CA 94105.

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Exercise suit works like a steam bath while you walk: it retains body heat, so excess moisture and pounds can "melt" away. For men or women; one size fits all; lightweight. $6.98 plus 60c post. S & S Enterprises, HG10, 9531 Zion Circle, Huntington Beach, CA 92646.

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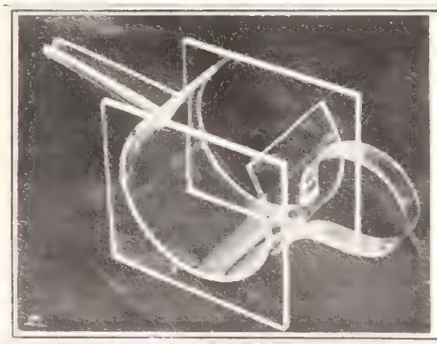
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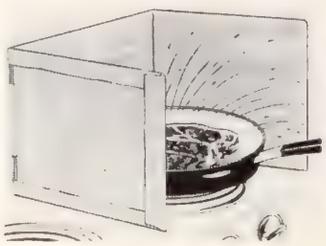
GREAT COMBO

Planter, clock and mirror come in one 20" by 10" beauty. High impact styrene in walnut finish or lime, yellow or orange. $14.95. Planter/mirror alone, $8.95 plus $1.95 post. (plant, battery not included) GB Customcraft, Dept. E-1, 4901 Morena Blvd., San Diego, CA 92117.



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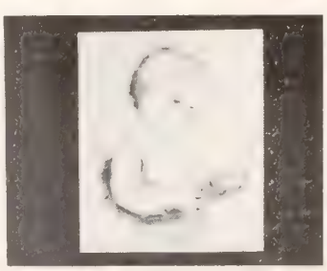
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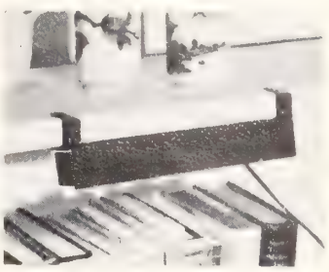
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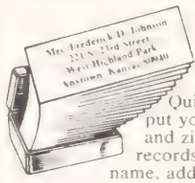
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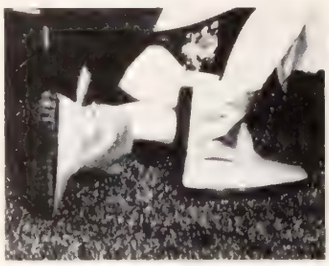
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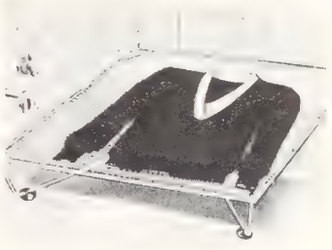
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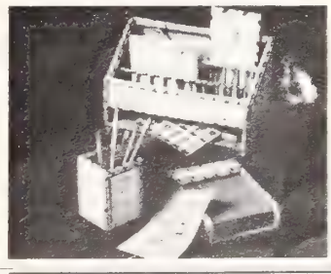
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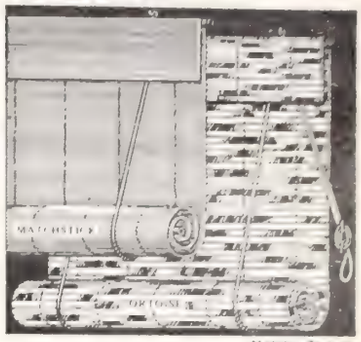
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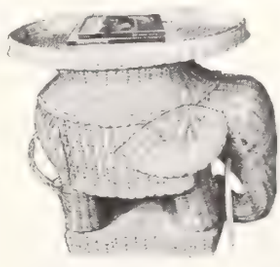


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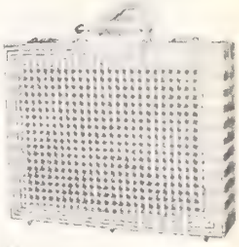


ELEPHANT TABLE—

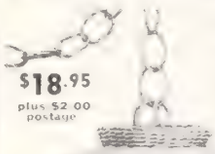
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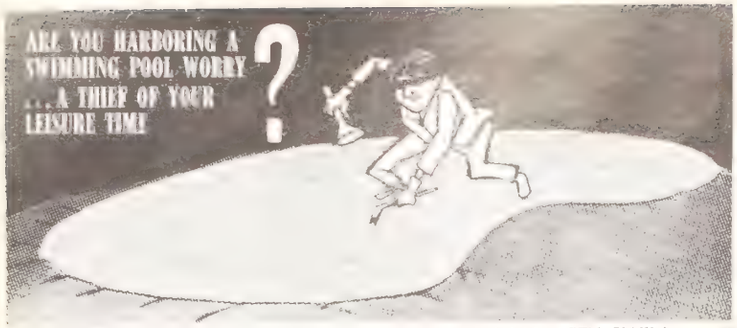
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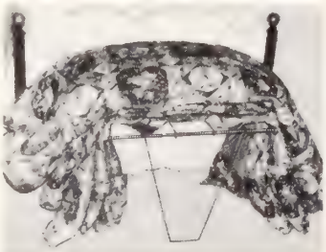
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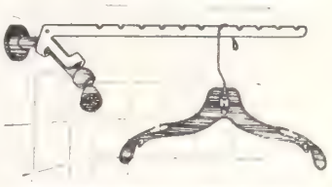
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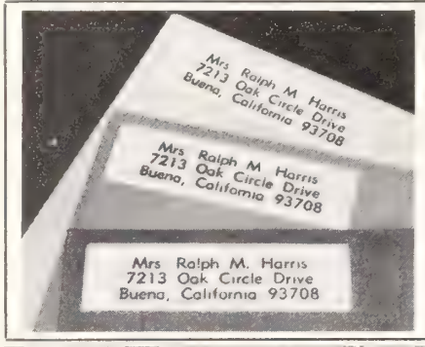
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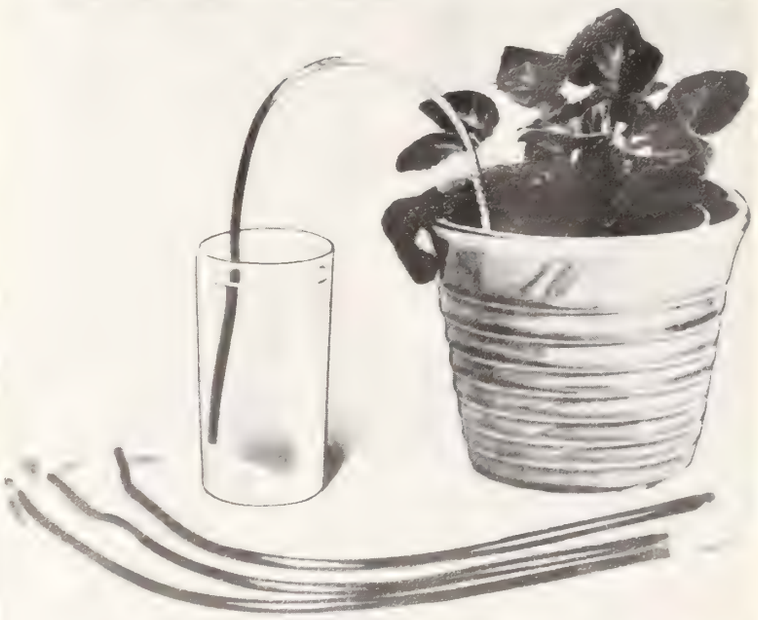
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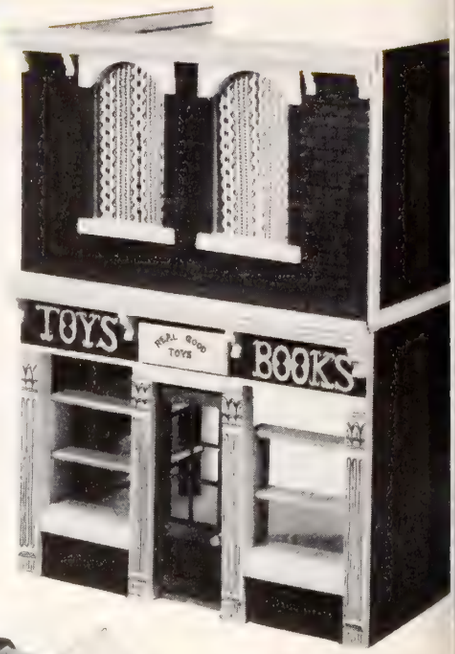
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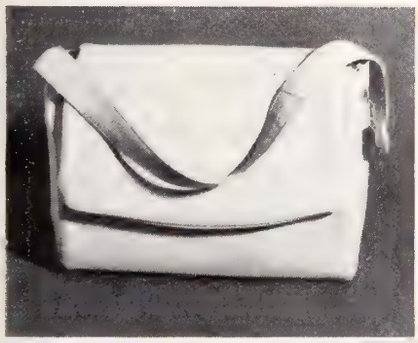
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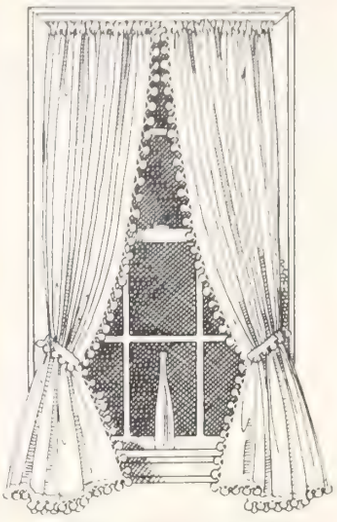
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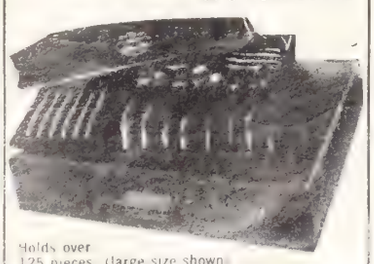
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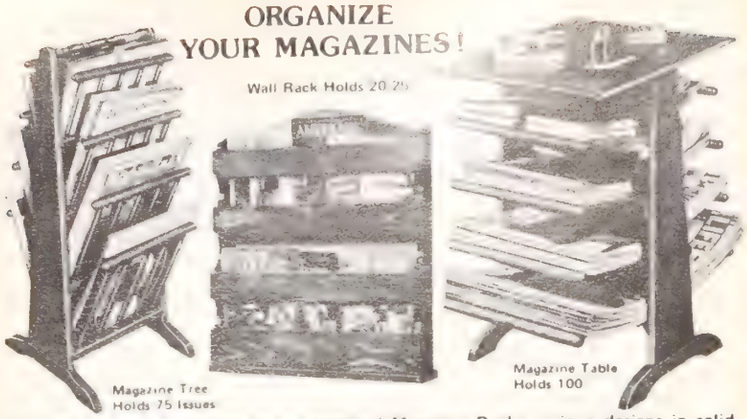
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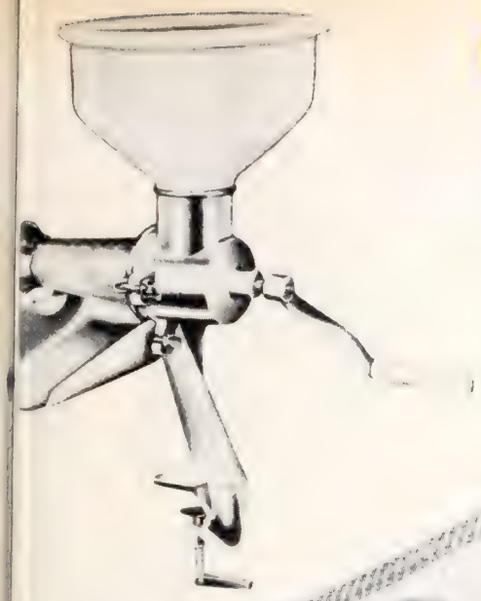
THE OUTDOOR LIFE
Famous in sporting specialties for 64 years, L.L. Bean marks the 1976 fall season with a 128 page, fully illustrated catalogue. Hunting and camping equipment, winter sports needs, outdoor apparel and footwear for men and women. Many items are the company's own manufacture. Free from L.L. Bean, 590 Main St., Freeport, ME 04033.



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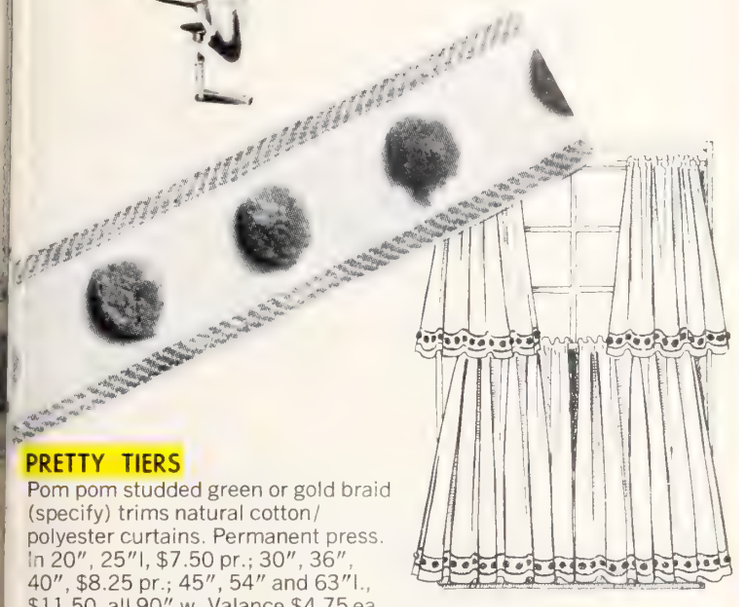


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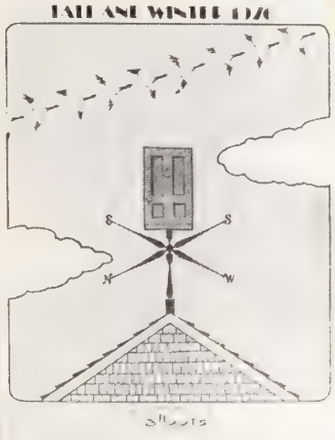
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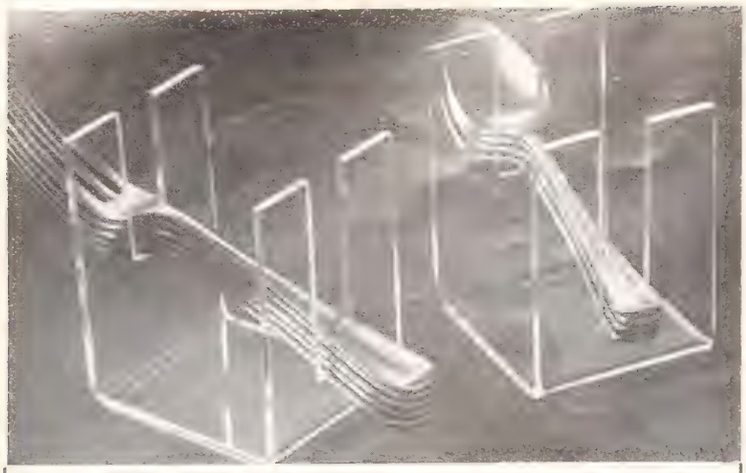
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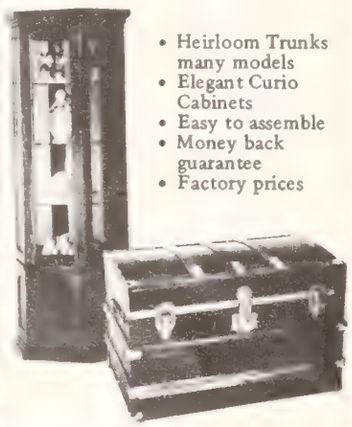
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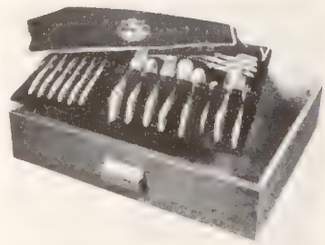
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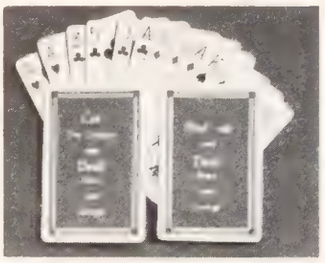
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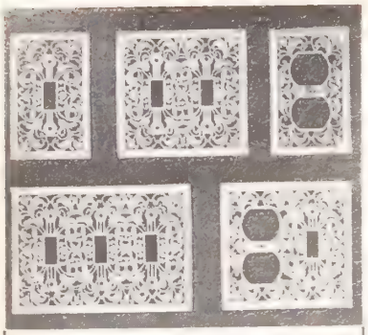
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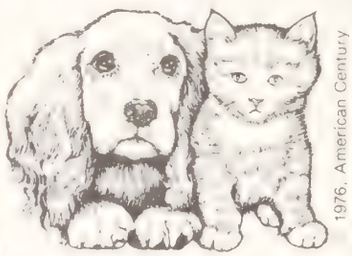
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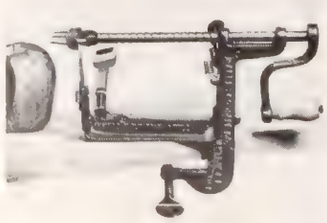
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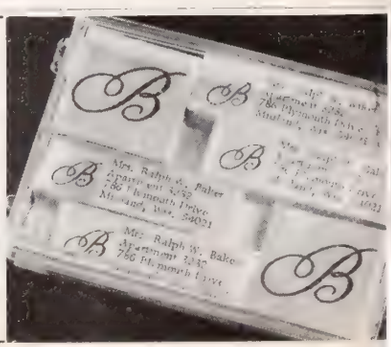
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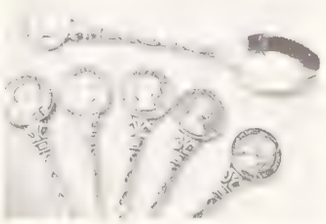
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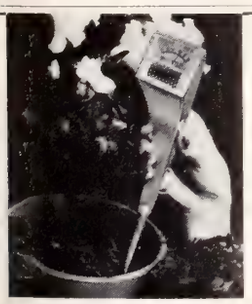
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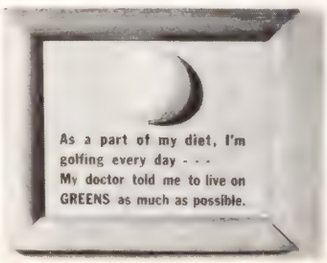
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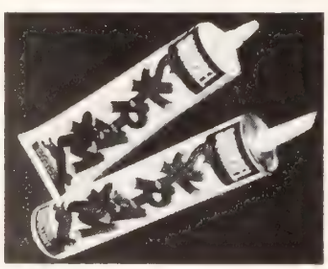
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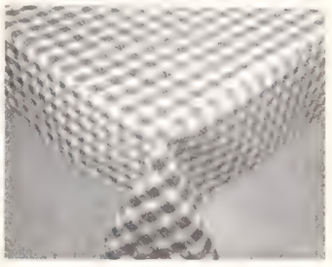
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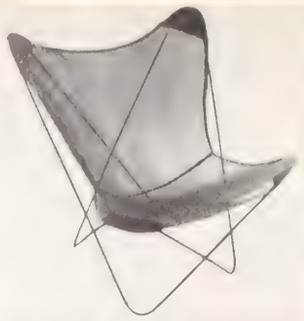
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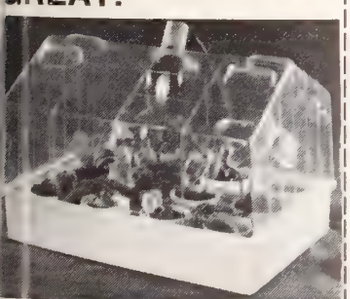
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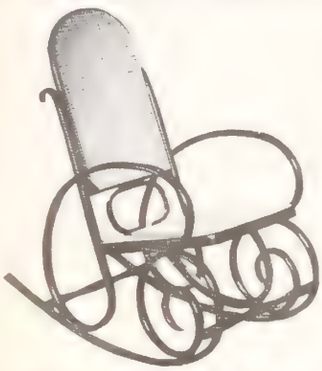
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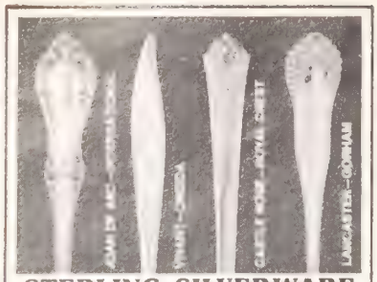
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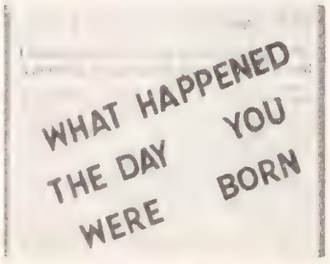
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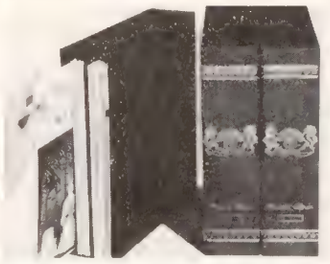
E-X-T-E-N-S-I-O-N

Bra extender enlarges the too small bra or makes an in-between size fit properly. No sewing. Hook to both ends of bra, it's easier to work or play with a good-fitting bra. Specify two or three hooks. $1 ea. plus 20c post. Anthony Enterprises, HG8, 556 Mission St., San Francisco, CA 94105.



BIRTHDAY SPECIAL

Extra! Extra! Read all about it—in a special edition (front page only) of the New York Herald Tribune. See what the rest of the world was doing on the day you were born. Specify any date from 1/1/1900 to 4/1/66. $2.99 ppd. Holiday Gifts, Dept. 308-F, Wheat Ridge, CO 80033.



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File your LP's in leather-like library storage case that holds 20 records. 23k gold tooling trim on brown or blue. With convenient center divider to aid in separating by style, composer or artist. $7.95 each ppd. Art Guild, HG8, Box 23201, Minneapolis, MN 55423.



HONORARY TIE TACK

Curly tailed piglet and "MCP" initials are in white jeweler's metal electroplated in 24K gold. Great choice for the Male Chauvinist Pigs in any liberated gal's life. Terrific on striped or foulard ties. Tack is ½" h. $2.25, ppd. Miles Kimball, 100 Bond St., Oshkosh, WI 54908.



Yes, you can have a FULL COLOR POSTER blown up from your color photo or slide at a fraction of the price. All color posters printed on Kodak paper. Great gift idea!

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For every color poster ordered, add $2.00 and get a black & white same size. Black and White Duplicates 50% off. Add 50c each item, handling. For prompt delivery put name & address on back of photo. Send check, cash or M.O. N.Y. residents add appropriate sales tax. If you send slide or negative add $1.00 for each size. Shipped U.P.S. $1.50 per item.

Congers Color Labs

Dept. HG-86, Congers, N.Y. 10920



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SIGN DESIGN
Box 47, HG-2, Paxinos, PA 17860

SHOPPING AROUND

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Princess style, lightweight contemporary design, complements any decor. Complete with ringer, dial, plug, cord. Colors: white, green, pink, ivory, beige. $29.95 plus $2 post. Send $1 for color catalogue. The Great Phone Company, Dept. HG 8, 5404 Northfield Rd., Cleveland, OH 44137.

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Spring post bookends keep bookshelves neat and orderly. Gold anodized aluminum encases a steel tension spring. Poles fit shelves 9½" to 13½" h.; slim enough to be unobtrusive. $2.98 a pair plus 50c post. Anthony Enterprises, HG8, 556 Mission St., San Francisco, CA 94105.

A SHOE-IN



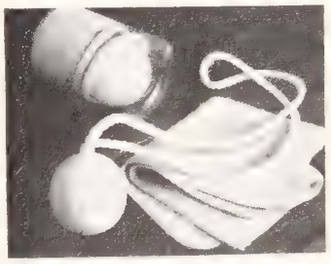
Leather Wedgie with walking comfort and open-toed cool. The Edna in camel, bone, black, white, navy and brown, low 1" wedgie heel. 4 to 10, $18.95. 10½ to 12, $19.95. For widths AAAA to EE. Add $1 post., 25c each add'l. pair. Solby Bayes, HG8, 45 Winter St., Boston, MA 02108.

BLANKET CONTROL



Electric blanket control guard of metal clips to bed where most convenient to reach when reclining. Clips bend easily by hand to adjust to bed rail. Excess cord can be wound around holder. $2.98 plus 45c post. Anthony Enterprises, HG8, 556 Mission St., San Francisco, CA 94105.

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The Leaf of Life is so amazing the Yogis of India believe that these mystical leaves possess the Secret of Life.

Wherever a leaf falls, a new plant starts to grow . . . on air, water, or soil.

Yes, the Leaf of Life can start to grow on air alone. New plants grow from the edges of each leaf.

After it starts, put the leaf in a pot. The bigger the pot, the bigger the plant will grow . . . from one to six feet tall. You can have the size you want and it grows in sun or shade.

It blossoms with fragrant pink & lime bell-like flowers that look like jeweled, oriental lanterns.

The Leaf of Life makes a thoughtful gift, symbolic of wishing your friends a long life and happiness.

It comes with complete instructions and is easy to grow.

Two Leaves of Life for **$1.00**. Six for $2.50

Please add 25c for handling and postage

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only 2 for $1.00



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Yesterday's styling with today's convenience—50/50 Fortrel Avril. EXTRA WIDE! Each pair is 90". Mix or match—two pr. cottage style with valance (as shown), full length, tier on tier, tier and valance, split swag. 24"—**$5.00**, 30"—**$5.50**, 36"—**$6.00**, 45"—**$7.00**, 54"—**$8.00**, 63"—**$9.00**, 72"—**$10.00**, 81"—**$11.00**, Valance 12"x70" **$3.25**, Split Swag **$6.50**, Tie Backs **$1.00**. Specify White or Eggshell, size & quantity. Please add $1.75 each order for post. & handling.

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(Finished or Unfinished!)

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(Add $2.00 postage; West of Rockies add $2.75 per lamp.)



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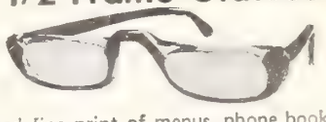
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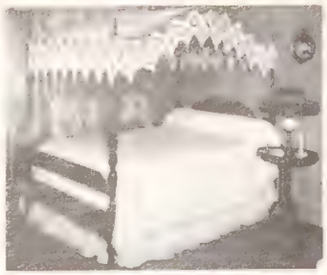
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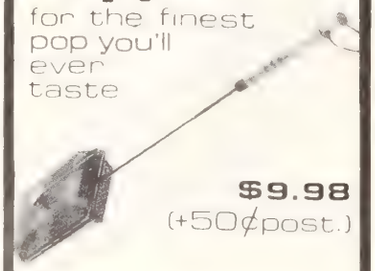
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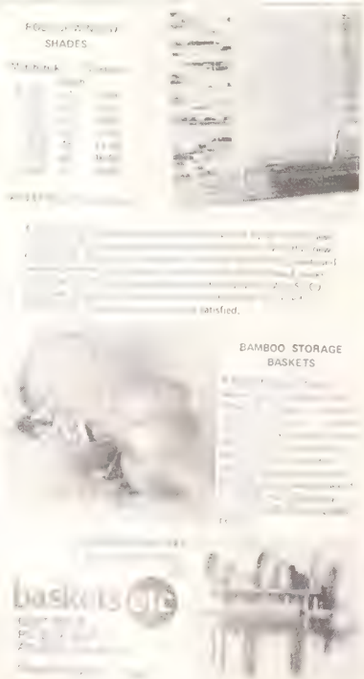
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Deacon bench has handsome turnings on legs. Sanded, ready to finish, 44" l., $44; 60" l., $54. Or choose walnut, maple, or pine finish, 44" l., $54. 60" l., $64. Exp. charges coll. Catalogue, 50c. Marion Travis, HG8, Box 292, Statesville, NC 28677.



FACE FACTS

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Swiss army-type knife with 11 drop-forged blades and 14 uses. Scissors, screwdriver, bottle/can opener, fish scaler/hook remover, corkscrew, wood saw, and more. Compact 3½" closed. $5.98 plus 75c post. American Consumer, SAK-46, Caroline Rd., Philadelphia, PA 19176.



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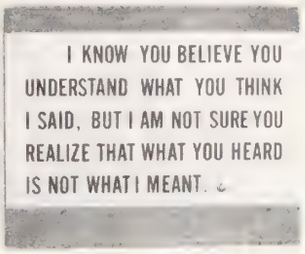
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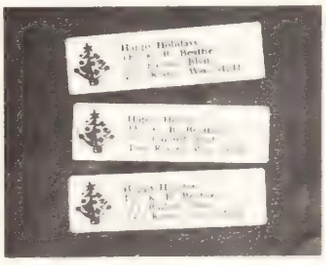
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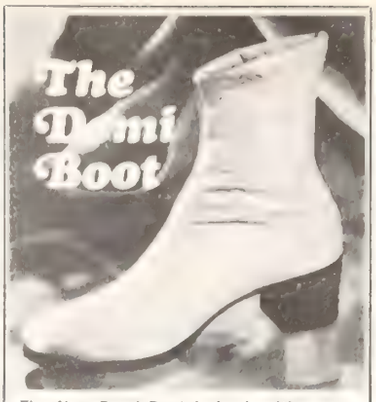
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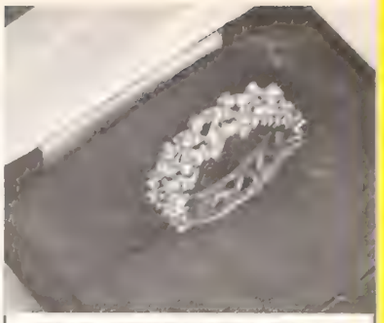


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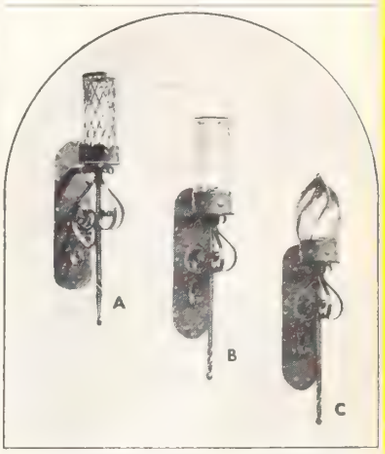


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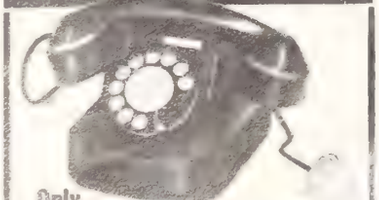
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COMPUTER Portrait from photo [illegible] harmed). Fascinating 14x14 [illegible] of letters and symbols [illegible] puter, 3850 Plaza Dr., Santa Ana

SPECIALTY Imports Catalog 2322, Gardena, Ca. 90247

SEWING THREAD Ba[illegible] spools $2 plus 50 [illegible] but we pay the duty [illegible] rainbow, shades [illegible] Over 25 yds. [illegible] of famous Co[illegible] chine, hand [illegible] nylon, etc. Like [illegible] Rush $2.50 to [illegible] Fla 33578. Money [illegible] shipment.

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In the good old summertime

By James Fannin

Tips on raising bountiful begonias, thoughts on Jefferson as a horticulturist, a cure for Dutch elm disease

The begonia bunch



Picotees have a narrow colored edge



Begonia Melissa has rosy blooms



White Diana Wynyard begonia

Tuberous begonias, such as those that make a stunning display on the Booths' terrace (page 72), are among the most obliging and rewarding of summer-flowering plants. Key to their preferences is the climate of their native home in the Andes. There, cool nights, warm, breezy days, and high humidity bring the plants to their peak. In the high mountain forests, sunlight is tempered by tree branches or overhanging rocks and cliffs. These conditions are easy to reproduce almost anywhere, either by creating artificial shade, as the Booths do, or by hanging the plants in the dappled shadows of tree branches. Critically important, though, is air circulation. Plants must not be crowded, either among themselves or among other plants, and if they're in an enclosed area, an electric fan should be used to keep the air moving.

Tuberous begonias have few insect enemies, but their soft, water-laden leaves and stems are susceptible to a variety of fungus diseases. The recently developed fungicide, Benomyl—usually sold under the name Benlate—is effective against most of these. But sanitation is important, too. Remove and destroy all leaves and stems that turn soft and mushy or that develop the gray fuzz of mildew. Then use the fungicide to prevent further inroads of the disease. When plants slow down their flower production in the fall and leaves begin to yellow, let them become completely dry before removing the stems. The tubers may then be taken out of their pots and stored in dry peat moss for the winter. However, it's quite all right to leave the tubers in their pots throughout the winter storage period. As a matter of fact, the plants will thrive year after year in the same pots and soil if they're not disturbed. Just give them a little extra fertilizer duri the growing season to make up f natural depletion of soil nutrien To ensure the best possible bloo from tuberous begonias, expe enced growers often remove t female flowers—relatively sm and with an enlarged base, or cal —so that all the plant's streng goes into the bigger, more color male flowers.

Mr. and Mrs. Booth buy th begonia tubers from Carmel Val Begonia Gardens, Rt. 2, Box 9 Carmel Valley, Cal. 93921. Th is a free brochure. The gardens open to visitors July through N vember, from 9 to 5 every day Wednesday. They are 6 miles of Highway 1 on Carmel Val Road. In the northeast, bego fanciers go to White Flower Fa in Litchfield, Conn. White Flow ships anywhere, and its *Gard Book*—which lists a great ma plants besides begonias—is $2 for the spring edition. White Flo er Farm, Litchfield, Conn. 0675



Sometimes called twin-leaf, Jeffersonia is a native of northern forests

His eye was on the flower

"The Greatest service which can be rendered any country is to add a useful plant to its culture." So wrote Thomas Jefferson in 1821, long after his terms of office as President and Secretary of State and writer of the Declaration of Independence. Jefferson himself was a horticulturist and connoisseur of plants, with a lifelong interest in the new species of American wild flowers being introduced by plant hunters from the western reaches of the continent. So it was only natural that Benjamin Smith Barton, one of our early botanical explorers, should name one of discoveries for Jefferson. Grow naturally in the deep forests of northern United States, *Jefferso* is a low, spreading plant with lea divided into two parts, hence specific name *diphylla.* It's what Jefferson would have cal a useful plant, but it must h pleased his eye as a decorative o Pale blue flowers appear in ea spring, at the same time as unf ing, red-tinted leaves. Jefferso needs a woodsy, humus-rich s a bit of shade. Available from G dens of the Blue Ridge, Ashfo N.C. 28603 or Putney Nurs Putney, Vt. 05346.

The exhibit *The Eye of Tho Jefferson,* at the National Gall of Art in Washington until Sept will have a section devoted to h culture and the plants grown Jefferson's gardens at Montice

ng your head er

ner-flowering plants that are sed to trail gracefully over des of pots and hanging bas- often persist in growing up- rather than downward as we them to. The simplest way of ng them behave is to let them ut until they begin to droop. times out of ten, the relaxed s will remain in that position watering is resumed, so the ng effect is achieved without olicated tying or weighting. It without saying, of course, that drying-out process must be fully watched. Start applying r again as soon as the plants to droop—don't let them dry o the point of shriveling. The works well on petunias, lan- impatiens, and verbena—hing with stems that have not me woody, as a matter of fact.

he top orticultural undred

a rare nurseryman who will e to admit that he has favorite nts, much less to make up a list those he considers great. But liam H. Frederick Jr., in addi- to being a nurseryman, is an mplished landscape architect, ch gives him a particularly n interest in the quality of the nts he grows. His book, *100 eat Garden Plants* (Knopf,), is the distilled essence of h careers. It has the acuity of an artist's eye combined with a horticulturist's sensitivity to the physical needs of the plants he grows. Mr. Frederick's list is divided into three catagories: trees, shrubs, and groundcovers. Each plant is rated according to its seasonal and structural interest, size, shape, and hardiness. Each is thoroughly described and its quirks and peculiarities explained. Best of all from the amateur landscaper's viewpoint, are the suggestions for plant groupings and combinations. Not all of Mr. Frederick's 100 great plants are commonly available, as he himself admits. Ask around, he advises, until you find what you want.

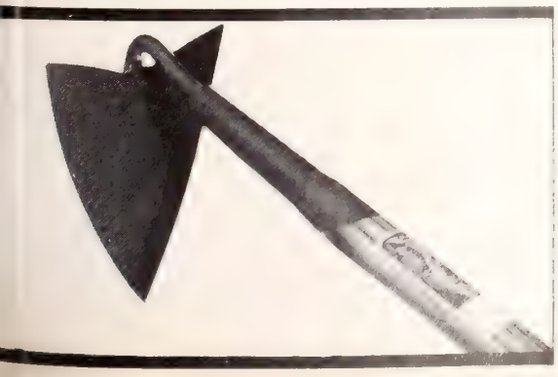
Scientists cure Dutch elm disease

Working year after year without fanfare, plant scientists of the U.S. Department of Agriculture have performed the near-miracle of conquering Dutch elm disease. Their patient program of research and hybridization has now produced a truly disease-resistant variety of American elm. This has the familiar elm shape—unmatched by any other tree—and is not only resistant to the Dutch elm disease, but thrives in dry soil with limited root space, and even survives in a polluted atmosphere. Urban Elm, the new tree, is being propagated rapidly and should be available by planting time in 1979. But 1976 may not be too early to order from your nurseryman.

he cutting edge

. John Baumgardt, a leading rticulturist and garden writer, s recently completed a series of rd-boiled tests of cutting tools ated with Teflon-S. This was ne at the request of E. I. Du nt De Nemours & Company, anufacturers of Teflon, who nted to know how their product as working in ordinary use. Dr. umgardt reported that pruning d lopping shears with coated ades cut through both living and dry wood with less effort than uncoated blades, and that the sticky residue on the blades after cutting resinous materials was much easier to remove from Teflon than from bare steel. He also reported that the coated portions were completely rust-resistant, although the uncoated cutting edges rusted as they would have in any other tool. Dr. Baumgardt reports ragged-edged cuts seem to be caused by fatigue on the gardener's part. Since blades with Teflon-S coating operate with less effort, there is less fatigue, therefore more clean cuts.

Warren hoe coated with Teflon-S. The coating makes e hoe rustproof and easier to draw through the soil.





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USE ZIP CODES

The organized mind

continued from page 41

the sentence. But for words and sentences which people use often, the printer keeps little sticks of letters ready made up. And these ready-made sentences are called clichés.

"If the printer wants to print something new, say, something in a new language, he will have to break up all that old sorting of the letters. In the same way, in order to think new thoughts or to say new things, we have to break up all our ready-made ideas and shuffle the pieces."

Bateson was building a picture for me. I saw the mind as an instrument, which, through society and culture, gets "set" in certain fixed patterns, some useful, and some not. In his book *Steps to an Ecology of Mind*, he gives an example: "Think of the house thermostat in your home. The weather changes outdoors, the temperature of the room falls, the thermometer switch in the living room goes through its business and switches on the furnace; and the furnace warms the room and when the room is hot, the thermometer switch turns it off again . . . But there is also a little box in the living room on the wall by which you *set* the thermostat. If the house has been too cold for the last week, you must move it up from its present setting to make the system now oscillate around a new level. No amount of weather, heat or cold or whatever, will change that setting. The temperature of the house will get hotter and cooler according to various circumstances, but the setting of the mechanism will not be changed by those changes—until *you* go and *you* move it again."

But how do you change the setting or calibration in your head? It is surely not a matter of moving a needle on a dial—if only it were. He began to talk about *practice*.

"I was interviewing a Japanese girl once," he told me, "about respect in the Japanese family: Who respects whom, who sits where, who opens the door for whom? She gave me beautifully detailed answers for half an hour. Then I asked one more question and she said, in a breathless voice, 'But in Japan we do not respect the father.' I said, 'But what have you been telling me for half an hour?' 'Oh, well, you see, we *practice* respect for the father.' I said, 'Why do you do that?' 'In case we need to respect someone.' "

There was a pause, understandably enough, after that one. "Look down *that* hole," he said. We looked down it for a while, and then he came to the rescue. "Well, the solution is that **in the West we think of practice as something quite different from how they think of it. We think of it as acquiring a skill which we will then use in a particular situation. They think of practice as changing a person.** We, unchanged, will use the skill as though it were a tool. They change the self by practice: You become the sort of person who is *able* to respect when you *need* to respect someone."

He then asked me if I knew the book *Zen in the Art of Archery* by *Eugen Herrigel*. In it, the teacher asks the student to draw the bow "by letting go of yourself, leaving yourself and everything yours behind you so decisively that nothing more is left of you but a purposeless tension." To achieve this purposeless tension you must practice over and over, for years, and in the process, you become a different person. As the teacher says, "You will see with other eyes and measure with other measures."

In other words, practice seemed to be a key to change—not in the sense of "practice makes perfect," but more, "practice makes different." The goal being, as always, to achieve balance. And balance, after all, is a matter of calibration. Without it, you are lost.

"A lot of my students today have no core to hold on to in their lives," Bateson said, pacing up and down across the floor. "They have changed all sorts of things, such as the role of sex, the uses of hyprocrisy, and grading systems. Many of these changes are very good, or at least are backstops against things that had become very bad. But then they are left with what in the Middle Ages was called *accidie*—the idea that nothing is particularly worth doing and there's no particular reason for doing it. It's a formidable thing. They don't have a standard against which to measure themselves."

His wife had come into the room, and was listening. "And this refers back to your first question," he said, startling me by his recall. **"You go through life with various calibrations relating to feedback. Sometimes, if these calibrations are based on error, they can get you into trouble. But to have none is to have nothing to correct towards, to establish balance."**

As I was leaving, we began to talk about the environment, about which Bateson is very concerned. Here again, it is a question of balance, in this case disturbed by man's wrong thinking about the way nature works. We cannot blame "technology," or "the system"; it is our error, in our mental calibrations.

It seems we need rules, both as individuals and as a society—but we must be ready at any time to change the rules in order to achieve balance, both within ourselves and for the world we live in. ■

Shopping Information

A prices approximate.* Consult your interior designer or department store decorating service. Postage indicated by ( ).

NIC PORCELAIN
e 78:
awberry box: 5" sq. x 3" high. $15.
ke-home carton: 4" x 3½" x 5½" h. $35.
shroom basket: 9" x 5½" x 3" h. $40.
am carton: 3" sq. x 4" high. $30.
p: 3" diam. x 3½" high. $6.50.
tes: 6" diam, $5; 8" diam. $8; diam. $10 each.
shown: sugar bowl, $8.50; salt pepper shakers, $12.50 each; kin holder, $15; large milk carton, . Designed by Noma Copley and rlotte Potok. By American Apple . At Bloomingdale's.

OCK-DOWN FURNITURE
ges 80-81:
alluff" modular seating system: nless, 26" x 20" x 27" high, $100 h corner, 32" sq. x 20" deep, $125 h; ottoman, 25" x 28" x 15" high, 5. Covered in blue cotton, shown in canvas. At Workbench.
ay and white striped fabric: over or and sofa pillows, 55" wide, 100% rylic sailcloth. $30 a yd. From H.B. hman-Connor at Decorator's Walk.*
Checkerboard" ceramic tiles: 11" 5½" tabletop size. $9.90 a sq. ft. Country Floors.
Comfort Shade" fiberglass win-ow shades: widths to 72", lengths 9". 36" x 72" long shade, $28. By anna Western Mills.
Small White Semicircle" sculp-re: (1974), on a stainless steel base. Xavier Corbero. $1500. Staempfli allery.
Oven bamboo basket on table: 2" sq. x 3" high. $7. At Lord & aylor.
lass pitcher: 14" high, ½ gal. $14. t Bailey/Huebner at Henri Bendel.
Sol" folding chairs: 21½" wide, ach frame, canvas seat and back. 30. At Workbench.
eashells and coral: from Seashells nlimited.
lass vase filled with shells: from esign Research.
hrome lamp: 16" high, $90. By SAO Designs.
ages 82-83:
hair and ottoman: chair, 23½" x 9" x 28" high; ottoman, 25" x 20" x 4" high; slip-on velvet cushions, ubular frames fit inside each other. By James David. At Macy's.
Farmset" lacquered pine cock-ail table: 49" sq. x 16" high, plastic-ined storage basin under flip-top able-tray, rope handles, assembles with wooden pegs and screws under able base. By MRM-Trading Ltd. At Scandinavian Design.
Game table: 31" sq. x 28½" high, smoked glass top, chrome-plated tubular braces, corner caps, shipped partially assembled, completed with screwdriver. By James David. At Macy's.
California redwood sling chair: 25¾" x 29½" x 34" high, kiln-dried, weather-resistant, "Super-Tuff" slings in yellow or white, washable, mildew and stain resistant. $100. By Samsonite. At Altman's.
Three-shelf pine étagère: 35" x 15¼" x 33½" high, large screws included, assembles with a 7/16" wrench. By Settlers Furniture.
"Regatta" chair-in-a-bag: 29½" x 33" x 24½" high, beige cotton canvas covering, button-on cushion, steel rods insert to hold chair ends apart. By Overman International.
Movable-based table: L-shaped wood rectangles may be used in a wide variety of positions for table bases, cabinet bases. Glass top optional. $520 as shown. Designed by Bruce Arzig for Mixed Media Designs.
Children's furniture: table, 25" x 17" x 20" high; bench, 25" x 13½" x 20" high; chair, 15½" x 13¾" x 20¼" high, all of high-tempered pressed board, with wedge-shaped peg assembly that children can't remove, bench will support up to 200 lbs. $79 per 3-piece set. At The Children's Room.
Pine cocktail table: 40" x 22" x 16" high, packaged in a carry-home carton, assembles with screws and wrench. $80. From the Penthouse group by Decorion Div. of Stratford Co. At Stern's.
"Cubex" cube system: scratchproof white enameled wood panels in 11" sq., 13" x 11", and 26" x 11" sizes with connectors, also available in pine finish, with connectors. By Cado/Royal System. At Norsk.
Lounging chair: 27½" x 30¾" x 25" high, natural finish pale pine, sling seat, loose cotton cushion included. From the "Easy Livin" group by Burris Industries.
"Farmset" lacquered pine armchair: 29" x 31½" x 24" high, zip-off denim cushion covers available in 10 colors; assembles with pegs and screws and hexagonal "key," armrest pads included. By MRM-Trading Ltd. At Scandinavian Design.
"Opto" tube system: plastic-coated steel tubes, clamps, feet, balls, caps available in 8 to 10 colors depending on the part. Shown is a deluxe single loft kit, foam mattress not included; kit includes denim covered foam cushions, loft board, and Formica desk top. Instructions and tools for assembly included; loft is estimated to take two people working for one day to complete. $360 as shown; $260 without mattress. At The Tube Shop.
"The Brick System": shelf, 37¾" x 12½" x 2¼" high; full-brick, 13" x 2¾" x 2¼" high; half-brick, 12½" x 1½" x 2¼" high, shelf and half-bricks in white only, full-bricks in white, orange, and brown. ABS plastic "Novodur" antistatic finish, imported from Italy by Inter/Graph Ltd.*
"Puls" modular units: 28½" x 19" x 19" high, lightweight blocks, denim covered, tied with white cord. By Overman International.

Addresses of stores mentioned in this issue

B. Altman & Co., 361 Fifth Ave., New York, N.Y. 10016
Bloomingdale's, Lexington Ave. at 59th St., New York, N.Y. 10022
Country Floors, Inc., 300 E. 61st St., New York, N.Y. 10021
Design Research International, 53 E. 57th St., New York, N.Y. 10022
Henri Bendel, 10 W. 57th St., New York, N.Y. 10019
Lord & Taylor, 424 Fifth Ave., New York, N.Y. 10018
Macy's, Herald Sq., New York, N.Y. 10001
Norsk, 114 E. 57th St., New York, N.Y. 10022
Scandinavian Design, 117 E. 59th

Continued on next page

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continued from preceding page

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Seashells Unlimited, 590 Third Ave., New York, N.Y. 10022
Staempfli Gallery, 47 E. 77th St., New York, N.Y. 10021
Stern's, Bergen Mall, Rt. 4, Paramus, N.J. 07652
The Children's Room, 318 E. 45th St., New York, N.Y. 10017
The Tube Shop, 436 West Broadway, New York, N.Y. 10014
Walkaway Workbench, 10th Ave. at 23rd St., New York, N.Y. 10014
Workbench, 470 Park Ave. S., New York, N.Y. 10016

Building Facts

Materials and equipment used in the Screen House on pages 44-47

DESIGNER: Michael E. Jantzen
INTERIOR DESIGNER: Michael E. Jantzen
LANDSCAPE DESIGNER: Michael E. Jantzen
CONTRACTOR: Michael E. Jantzen
SIZE OF HOUSE: 196 square feet and 180 square feet of deck
COST OF HOUSE: $1,761

STRUCTURE
Foundation: Poured concrete footings.
Framing: Standard wood frame construction.

EXTERIOR OF HOUSE
Exterior walls: Plywood by U.S. Plywood, Div. of Champion-International Inc.
Exterior finish: Exterior latex house paint with texture added.
Roof: Built-up roofing of rock, tar, and tar paper.
Doors and windows: Aluminum screen wire by New York Wire Co.; corrugated fiberglass awnings by Filon Co.
Skylight: Plexiglass bubble.

INTERIOR OF HOUSE
Interior walls and ceilings: Plywood by U.S. Plywood, Div. of Champion-International Inc.
Floors: Tongue-and-groove plywood floor.
Lighting: White balls by General Electric Co.
Plans for screen house for sale from Michael E. Jantzen, Box 172, Carlyle, Ill. 62231, for $15. Plans for solar water distiller $5; and for greenhouse (see, page 6), $10.

Materials used in the greenhouse on page 6 of Living

4′ x 12′ sheets of clear corrugated fiberglass used for the **south face covering** by the Filon Corp.
Spray-on aerosol urethane foam used for **insulation** by Insta-Foam Products, Inc.
Reflective space blanket used as covering for the flexible **movable insulation** on south face by Metallized Products Division, King-Seeley Thermos Co.
Pyrocrete 102 used as **exterior fire-resistant coating** over urethane foam by Carboline Co.
Turbine type **ventilator** by Lomanco, Inc.

Materials and equipment used in the house on pages 84-89

ARCHITECT: Alfred De Vido
INTERIOR DESIGNER: Barbara Greene of GKR, Inc.
SIZE OF HOUSE: 3,000 square feet
SIZE OF LOT: 2 acres

STRUCTURE
Foundation: Concrete block foundation walls on concrete footings.
Framing: Standard wood frame construction of walls and floors with exposed wood beams and roof rafters.

EXTERIOR OF HOUSE
Exterior walls: ¾-inch vertical tongue-and-groove cedar siding by Weyerhaeuser Co.
Exterior finish: Stain by Samuel Cabot, Inc.
Roofs: Wood shingles
Insulation: In walls, 3½-inch batts of glass fiber; in roofs, ½-inch rigid board insulation. Insulating glass in living-dining room panels.
Windows: Fixed glass panels and casement sash by Andersen Corp.
Skylights: Custom made by Robert Otto.
Doors: Wood frame sliding and swinging glass panel doors and solid core 1¾-inch-thick flush wood door.
Garage door: Flush wood panel door by Overhead Door Corp.

INTERIOR OF HOUSE
Interior walls: ½-inch "Sheetrock" by U.S. Gypsum Co.
Ceilings: In living-dining room and master bedroom, ½-inch tongue-and-groove wood decking, exposed wood beams, and roof rafters. In kitchen and playroom, fixed Plexiglas panels between roof rafters. In other rooms, ½-inch "Sheetrock" by U.S. Gypsum Co.
Interior finishes: White paint by PPG Industries.
Floors: In living-dining room, kitchen, playroom, hall, 8-inch white ceramic Italian tile; in bedrooms, wall-to-wall carpet; in bathrooms, 4-inch white ceramic tile by American Olean Tile Co.
Lighting fixtures: Track lighting in living-dining room rafters, recessed cylindrical ceiling fixtures, by Lightolier, Inc. and Harry Gitlin.
Fireplace: Masonry; damper by Donley Bros. Co.
Music System: In living room wall cabinet, turntable by Garrard, tuner by Harman-Kardon, 8-track stereo by JVC.
Hardware: Schlage Lock Co.
Accessories: Dining-table china, glass goblets, flower bowl from Design Research, N.Y.; napkins by Caldwell Alexander; ceramic bamboo planters by The Baywoods, Inc.; in master bedroom, Conrad Marca-Relli collage from Guild Hall, East Hampton, N.Y.
Kitchen and bathroom cabinets: Custom made, faced in white Formica by Central Kitchen.
Kitchen and bathroom countertops: In kitchen, wood butcher block; in bathrooms, white Formica.
Plumbing fixtures: American Standard, Inc.
Plants: Hanging plants in kitchen, ficus in living-dining room by The Baywoods, Inc.

MECHANICAL EQUIPMENT AND APPLIANCES
Appliances: Two built-in wall ovens, 4-burner electric cooktop by General Electric Co.; refrigerator-freezer by Sub-Zero Freezer Co., Inc.; "KitchenAid" food waste disposer, refuse compactor by The Hobart Mfg. Co.; food center by NuTone Div., Scovill Mfg. Co.; built-in toaster by Swanson Mfg. Co.; built-in can opener by "Trade Winds" Thermador Div.; Norris Industries. In laundry, washer and dryer by General Electric Co.
Water heater: Rheem Mfg. Co.
Heating system: Oil fired, forced warm air by Carrier Corp.; humidifier by Research Products Corp.; thermostat controls by Honeywell.

Best in Booklets

rvelous ideas to help you plan and shop are in the booklets below, l they're yours for the asking. You can order them directly from use & Garden—send for the ones you want today. Just fill out and urn the order coupon, circling the number of each booklet desired, close 50c for postage and handling, plus any additional charge as dicated next to the booklet number, and we'll see to it that your oklet requests are filled as quickly as possible. Please do not send mps; coins, check, or money order may be used.

Building and Remodeling

CONSUMER LITERATURE ves all the facts on new and updated st data for Philco Cold Guard Re- igerator-Freezers. Color pamphlets scribe space-saving features of both de-by-side and 2-door models. Infor- ation booklet includes a listing of erage annual energy cost savings r the various models.

. LOCKING DEVICES offered by aldwin Hardware are authentic re- roductions of locks, knobs, and pulls ound in many historic homes and mu- eums. Booklet shows distinctive styles —adapted to include modern security easures. 25c

Decorating

3. "THE WONDERFUL ART OF COLOR DYEING." This booklet of- fered by Rit Dye shows how to give new color to home fashions and furn- ishings through a variety of dyeing techniques. Included are instructions for tie-dyeing, easy batik, washer dye- ing, and dip-dyeing.

4. FOR BEAUTIFUL DECORAT- ING IDEAS, a 160-page catalogue il- lustrates a full range of traditional furniture in both solid cherry and up- holstered styles. Includes living room, dining room, and bedroom pieces. Har- den Furniture Co. $3

5. "WINDOW MAGIC." The new- est edition of this booklet contains full-color photos of room settings, hints on decorating with Levolor blinds, and do-it-yourself instructions for laminating and painting designs on these custom blinds. The brochure is filled with pictures of imaginative in- teriors by well-known designers. 50c

6. CONTEMPORARY BEDROOM and occasional furniture that hearkens back to our heritage for its distinctive look. More than anything else, Circa 76 gains its totally contemporary char- acter from a unique blending of nat- ural material and hand craftsmanship. Henredon Furniture Ind. $1

7. FAMOUS DESIGNS. Series of booklets illustrates French, English, Italian, Mediterranean, American tra- ditional and contemporary furniture. Each booklet is a guide for selecting bedroom, dining room, living room, and occasional pieces. Handy room planning kit included. Drexel Furni- ture. $1

8. "THE BEDROOM BOOK." Ser- ta, the "Perfect Sleeper" mattress maker, offers this guide to buying mat- tresses, and construction plans for a four-poster bed. All this plus great exercises, a brief history of the bed, and enlightening information on sleep and how it is related to beauty. 50c

9. DIRECT FROM FACTORY TO YOU—Hunt Galleries Inc. hand- crafted, custom-built furniture. Color- illustrated mail-order catalogue, "The United States of America Bicenten- nial" lists approximate measurements and gives brief description of each piece. $2

10. "THE FURNITURE FITTER" —or, to put it another way, paper dolls for adults! American Drew pre- sents a ready-to-cut-out collection of its most popular furniture designs, scaled to help you decide which pieces would look best in your home. $2

Eating and Entertaining

11. "ITALIAN INTRIGUE" and "Gourmet Secrets"—two colorful book- lets from Foreign Vintages offer many recipes for food and drinks. Amaretto di Saronno is the international flavor in each. 25c

12. FINE TABLEWARE. Full-color brochures, "Ideas In Silver For Gifts And Entertaining" and "The Beauty Of Silver In Carefree Stainless," illus- trate a complete selection of flatware and holloware. Oneida Silversmiths.

13. "THE CORDIAL TOUCH"— 24-page booklet from Canital & & Spirits crammed with recipes for appetizers, dips, desserts, and fish, poultry, and beef dinners. The exciting ingredient in all dishes is Canadian Cor- dials and Brandies.

14. INTERNATIONALLY AC- CLAIMED GOURMET KITCHEN KNIVES from Germany are presented in this full-color, 20-page catalogue from J. A. Henckels. Slicers, cleavers, frozen food and assorted cooks' knives are among the wide variety.

15. GRASSHOPPER/BRANDY ALEXANDER RECIPE BOOK. Pre- sented in this booklet are many easy ways to prepare delicious desserts and beverages using these products. Bran- dy Alexander Fondue and Grasshopper Cake are a sampling. Heublein. 25c

16. "FAST 'N FANCY RECIPES WITH A SECRET!" Seafood dishes, vegetable dishes, meat dishes, potato dishes, cheese dishes, quick onion soup, and breads all have Durkee/O&C Real French Fried Onions as the se- cret flavor. 10c

17. "THE HEARTBURN CAFÉ" . . . where stimulated tastebuds reign supreme. Delightful, 4-color recipe booklet crammed with favorite pun- gent recipes. Everything from Gotcha! Guacamole to Blazing Indian Pudding. Alka 2, Miles Laboratories. $1

Potpourri

18. VACATION PLANNING KIT. The Virginia State Travel Service of- booklets to help you decide what to & Campus to Virginia" Wa Explorers Parks," "Civil War Virginia," and many more.

19. "TRAVEL SOUTH U.S.A." Tw state tourist & historic recreation, nic vacation spots. Resorts, fes- landmarks are described and il- lustrated. Southern Travel Directors Council. 25c

20. MOTOR HOMES. To help you choose the motor home that is right for you—4 consumer brochures from GM, illustrating its Glenbrook, Palm Beach, Crestmont and Birchaven, and Eleganza II models. Each brochure highlights their important features.

21. "SI! THE PRICE IS RIGHT!" presents travel packages to choice of 15 outstanding destinations in Mexico. Special rates and extras at superb colonial hotels in cosmopolitan cities, archeological centers, luxurious sun re- sorts, and sleepy fishing villages. Na- tional Hotelera.

22. 1976 VACATION PLANNER will help you in putting together your Irish vacation. "Ireland Personally Yours" will answer many of your ques- tions about accommodations, architec- ture, historic monuments and many cultural, sporting, and recreational ac- tivities. Irish Tourist Board.

23. "DO LITTLE THINGS BOTH- ER YOU?" This informative booklet from Terminix illustrates in full-col and gives a brief description of 28 of the most common insects to be found in and around the house. Each pest is ed with a letter of the alphabet and after locating the insect and noting its code, you can see in what part of the home it is likely to be found.

24. STEAMBOATIN' ON THE MIGHTY MISSISSIPPI. Beautiful Ohio. Return America aboard the Delta Queen. Mississippi Queen. Riverboat life is appealingly outlined in the 1976 cruise brochure "Voyages to America" from the Delta Queen Steamboat Co.

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August, 1976

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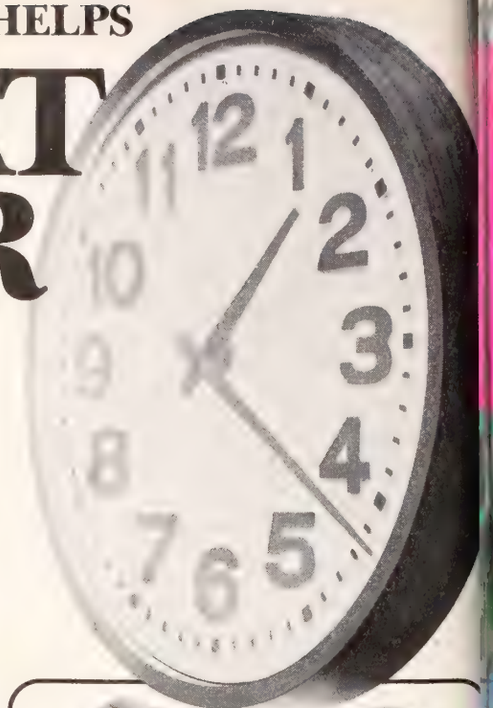
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CONTINUOUS ROUND-THE-CLOCK ACTION ATTACKS THE BASIC CAUSE OF FAT BUILD-UP DAY AND NIGHT

Unlike every other weight-loss method that has failed you in the past, the COUNTDOWN once-a-day capsule and reducing program works in a completely different way. Not by pitting your will-power against some "inhuman crash diet". Not by wracking your body with torturous exercise. And most certainly not by the use of high-powered "speed" drugs that leave your nerves shattered and shot.

Doctor's New All-Day Triple-Action FAT-MELTER PROGRAM Works All Day To:



1. Transform fat into fluid and flush it right out of your system.
2. Attack the basic cause of overweight — overeating — and convert the food you do eat into burned up energy instead of into fat.
3. Break down those bulges of flab as you lose weight from your entire body . . . that up to now seemed impossible to budge . . . and force them to be consumed — oxidized — by your own body chemistry — without ravenous hunger — thanks to this thrilling new ALL DAY TIME-RELEASE FAT-FIGHTER PROGRAM.

COUNTDOWN
with Mira-thene-12

Before starting this program, consult with your physician to be sure you are in normal health and your only problem is obesity. Individuals with high blood pressure, heart disease, diabetes, or thyroid disease should use only as directed by a physician. As a matter of fact, we urge you to show this entire program to your own family physician and see if he doesn't agree that this is a medically sound approach to the problem of obesity

Instead, this NEW TOTAL APPROACH TO TOTAL SLIMNESS actually helps shrink the fat cells in your body ALL 24 HOURS A DAY . . . even while you sleep. Yes, literally burns and oxidizes those bulging pockets of flab as you lose weight — all over your body — as it melts down into liquid that your body flushes away daily, in a completely natural, gentle manner.

And it's all so easy with this wondrous ALL-DAY CAPSULE that helps set the stage for the fat-burning process to be triggered into action.

A DOCTOR EXPLAINS...

No matter how many fad and crash diets you've run through in the past . . . there is only one effective weight-loss method known to medical science. It is simply this: in order to burn off fat there are 2 things you must do.

1. You must decelerate the rate of calorie intake. 2 You must step up your body's rate of fat burn-off just like you step up a furnace, so that you actually convert the food you do eat into burned-up energy instead of into piled-up fat.

And this is precisely why COUNTDOWN is so effective. Because the moment you launch yourself on this doctor's "Lifetime Slimness" program, here's what happens in your body:

1. Gnawing hunger pangs disappear as tiny grains of the most powerful reducing aid ever released for public use without a prescription are gradually released into your system to constantly calm your appetite and help you decelerate your body's caloric intake.
2. The food you do eat on this doctor's fully satisfying eating program instead of being stored up as fat, is now converted into a source of energy that your body burns away.
3. And even though you may lose as much as 20, 30, 50 pounds OR MORE . . . you never miss a meal . . . never deny yourself sensible snacks and desserts . . . never for a single moment starve yourself the very least bit.

NOW! ALL THE ECSTASY OF SLIMNESS WITHOUT THE AGONY OF HUNGER!

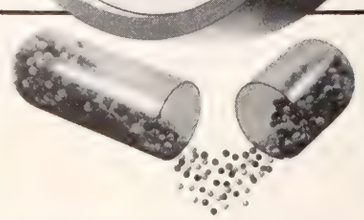
That's because with the COUNTDOWN no-hunger way to slimness, you arm yourself with the most modern and effective way to weight control known to medical science: This medical doctor's all-out assault and VICTORY OVER FAT BUILD-UP . . . due to excess calorie intake and lack of fast calorie burn-off (the basic cause of overweight). The COUNTDOWN once-a-day, continuous action, time-release capsule and program works all the time . . . all day . . . Transforms your body fat into "flush-away liquids" . . . it is by far the easiest, most pleasant way to achieve that slim, trim body of your dreams.

WORKS SO FAST YOU START TO GROW SLIM IN JUST DAYS — IN FACT, EVEN WHILE YOU SLEEP!

Best of all, not once are you asked to pit your hunger against a cast-iron willpower. All you are asked to do is simply this: Take one of these new ALL-DAY time-release capsules each morning . . . then following the doctor's satisfying eating program and his simple nightly bedtime toneups (that are actually fun to do), you literally eat your way to slimness as you shed pounds and inches like never before.

Naturally, you can't expect to gorge and stuff yourself silly on all sorts of over-rich, high-fat foods . . . and in unlimited quantities. BUT — and this is the whole key to success — if you will simply replace all those zany, half-baked fad diets of the past with this high-powered ALL-DAY capsule and this doctor's sane, satisfying eating program . . . YOU without gnawing hunger . . . YOU without grueling exercise can lose up to 10 — 20 — 30 — even 50 pounds OR MORE thanks to the latest, most effective doctor-developed ONCE-A-DAY reducing program in AMERICA . . . COUNTDOWN with Mira-thene-12.

SEE DRAMATIC RESULTS IN JUST 72 HOURS... OR IT COSTS YOU NOTHING!



JUST ONE CAPSULE A DAY HELPS YOU DISSOLVE FAT AWAY
as this doctor's 3-way action program

- breaks down bulging pockets of fat while it burns away fatty tissues from your entire body
- shrinks your body's fat cells
- turns fat into liquid that your body drains away

Yes, you step up fat burn-off as you decelerate calorie intake . . . meaning pounds and inches melt away starting in just days!

So effective you'll lose up to 6 pounds of fat and fluid the very first 72 hours!

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GUARANTEE

You must lose up to 10, 20, 30, 40 — even 50 pounds, or it costs you not a single penny on this special no-risk trial offer. In fact, if you are unsatisfied for any reason — simply return the bottle cap only for a full refund of your purchase price with no questions asked. Can anything be possibly more fair?

COUNTDOWN, Dept. JWL-45
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HOUSE & GARDEN

(INCORPORATING **LIVING** FOR YOUNG HOMEMAKERS) Vol. 148 No. 9



SAN W...

ON THE COVER: This issue is all about color, and this living room, in which almost everything is white, has the expectant feeling of a stage. Color is about to give a great performance. Working with the tools on the floor—pads of paper, pencils, ruler, address file, and House & Garden Color swatches, decorator Tom Britt will show you how you can vary the personality of a room by varying one color scheme. Turn to page 98 to see the room chart the changes. The sectional sofa and ottoman are slipcovered with fresh white cotton canvas. By Guild Furniture for Lord & Taylor. Folding canvas deck chairs are from Lord & Taylor, too. Robert Natkin's *Faust Laughs*, lent by The André Emmerich Gallery, hangs over the armless sofa. Single shots of brilliant color spark all that white—linen and cotton solid-colored pillow fabric by Brunschwig & Fils. Glass table on a movable acrylic base from Les Prismatiques. Gray lacquered cube lamp table from Karl Springer. To order your 1977 set of House & Garden color chips, see page 38.

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The easiest thing about a Jell-O® chocolate pudding cake is making it: All you do is add Jell-O® instant pudding, eggs and oil to your favorite cake mix.

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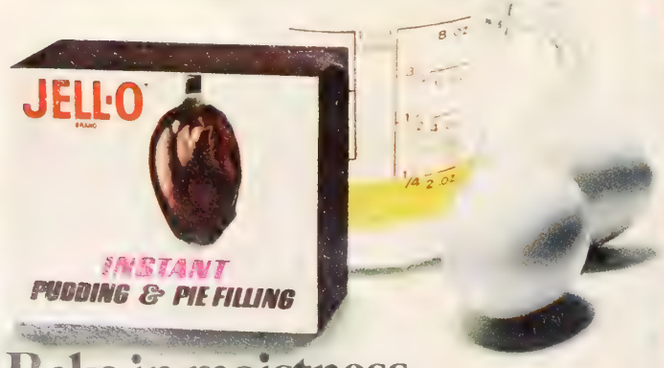
The best thing about a Jell-O® chocolate pudding cake is this: You're not only putting in more moistness and flavor, you're also putting in more of yourself.

JELL-O® Chocolate Pudding Cake

1 package (4-serving size) Jell-O® Chocolate Flavor Instant Pudding and Pie Filling
1 package (2-layer size) chocolate cake mix
4 eggs
1 cup water
¼ cup oil

Blend all ingredients in large mixer bowl; then beat 2 minutes at medium speed. Bake in greased and floured 10-inch tube pan at 350° for 55 to 60 minutes, or until cake springs back when lightly pressed. Cool in pan 15 minutes; remove from pan.* Sprinkle with confectioners sugar.

*At high altitudes, use large eggs, 1½ cups water, and add ¼ cup flour.



Bake in moistness.
Bake a JELL-O® Pudding Cake.
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Farallones Institute

Small greenhouse addition

Intensive vegetable garden

Backyard bounty

The Farallones Institute, affiliated with Antioch College West in Berkeley, Cal., is teaching city people with backyards how to live economically. In a renovated Victorian villa, the public can see new systems for living—food and vegetable production, recycling of house waste materials, and solar heating—and students work towards a master's degree in Ecosystem Management. The Institute's house and garden is a study in economy of means. Not one inch is wasted in the small outdoor area. Animal pens hold enough rabbits and chickens to supply four resident college researchers with fresh meat and eggs. Beehives providing honey are set on platforms above a pond for raising fish. Waste water from the Japanese bathtub in the house flows into the pond "to supply a nutrient source for the growth of algae on which fish feed." Other household water irrigates the garden. Even the fencing around the yard is put to use—supporting vines and espaliered fruit trees. Compost bins, collecting organic wastes from house, garden, and animal pens, are everywhere. For more detailed information, write Integral Urban House, Farallones Institute, 1516 Fifth St., Berkeley, Cal. 94710.

Citizens Band radio made easy

If you have a teen-ager in the house, you'll know all about CB —Citizens Band radio. If you're not up-to-date on this trendy communication system, you can catch up by reading the *CB Bible* by

CB BIBLE



Author Bibb, alias Easy Money

JADE ALBE

Porter Bibb (Doubleday, $4.95). Says Mr. Bibb: "It's easy to dismis CB as a fad, but I think it's her to stay. It will be as important a home as it is now in cars. Wome living alone, for example, are goin to find it helpful for emergenc assistance." CB started with long distance truckdrivers striking u conversations between themselve over two-way radio sets, to bea loneliness on the road. Today C sets—from $150 to $500—ar available to all, allow you to spea over 23 channels. You can b heard over a 25-mile radius. A CB owners must have their o "handle" or name, otherwise h one will listen, says Bibb. "Bar Goldwater is The General, pub lisher Nelson Doubleday is Boo worm, Mohammed Ali is Big Bo per, Betty Ford is First Momm All are big CB fans." And Bibb An enterprising author, publishe and film maker, his "handle" Easy Money.

Smoke gets in your eyes

In Regine's dramatically red, tiered discotheque (more about the club, page 118), every detail is thought out—down to the last cigarette. The aubergine-lacquered tables (designed by Regine in Paris) have built-in metal water containers. Cigarette butts and ashes are dropped straight into the water. There's less smoke in the air; waiters are saved the bother of emptying overflowing ashtrays.



SUSAN ARO



MARC RASKIN

Jan Ring, weaver, right, at Grove House weekend workshop

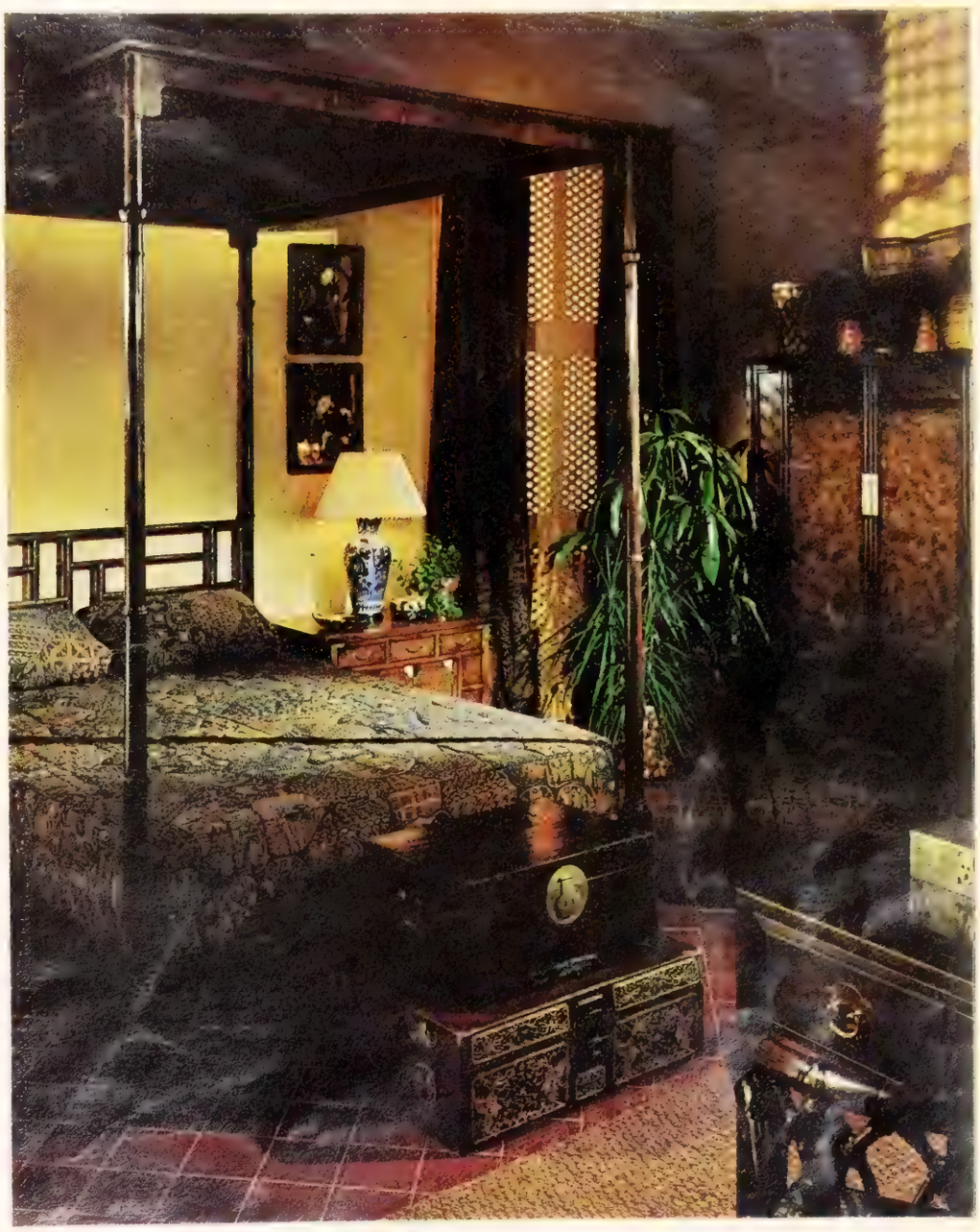
Crafty people

Grove House is one of the largest and most successful artists' cooperatives in the country, headquartered in a spacious loft in Coconut Grove, Miami, Fla. Its fall season opens with *Four in Color,* September 7, showing weaving, pottery, and graphics. The coop, directed by lively former gallery owner Thyrza Jacocks, is a haven for craftspeople across Florida. Mrs. Jacocks keeps the coop afloat with an enterprising program of exhibitions, workshops, and crafts classes. "Today there's increasing interest in crafts and one-of-a-kind earthy objects," she says. Prices vary from a $3 mug to a $500 rug.

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LIVING

Good talk about architecture

When critic and art historian Brendan Gill and architect Philip Johnson come together, you can be sure of a lively conversation . . . exactly what happened recently when Peter Eisenman, director of New York's Institute for Architecture and Urban Studies, asked them to talk about public architectural education programs. Gill led off. "To make the city as good and strong as we all want it to be, it's going to take a lot more knowledge on the part of all of us," he said. "Amateurs like I, who belong to community boards, preservation societies, or the Landmarks Conservancy are going to have to learn more about planning and building; otherwise we are going to go on stumbling and fumbling and making mistakes." Replied Johnson: "I don't like the word education myself. I left school in order that I could be educated. I learned everything outside and afterward. But if we don't have public education, then architects simply can't build buildings—it's as simple as that." Such dialogues are not unusual at the Institute. Under the energetic leadership of Eisenman and Peter Wolf, it is expanding its public education program to include a master's degree course for nonprofessionals, starting in two years. Meanwhile, it is opening a fifth series of evening courses for students, professionals, and nonprofessionls this fall. Courses under the direction of Andrew McNair include Architecture of the Fifties, from Eisenhower to Kennedy; an introduction to design; and New Challenges for the Architectural Profession, given by Brendan Gill. Each course is $70 for 10 weeks. The Institute is at 8 West 40th St., New York, N.Y. 10018.

JAMES MATTHEWS



Philip Johnson talking architecture. Brendan Gill listens

Teamwork

GORDON MORI



On camera, architectural design te on Dayton river project.

In Dayton, Ohio, the local T station has launched a first in au ence participation progran Viewers phone in their ideas abc local city design to a team of arcl tects. Charles Moore and his ass ciate Chadwick Floyd, head Moore Grover Harper's Dayt office, are behind this idea. T project under the scrutiny of t TV camera, Riverdesign Dayt involves a 3½-mile developme of the Great Miami River. Viewe are asked how best it can be d signed for use and enjoyment all. Mr. Floyd has also set up open office for 2 hours a day, people can drop by with additior thoughts. A resounding succe "So far, we've incorporated 1 workable ideas from local peo into the scheme," he says.



In Canada, a plethora of pâtés

No cuisine minceur here

If ever there was a weekend wingding that resulted in overweight, it was the Salon-Dégustation, organized by the Association Touristique des Laurentides in April to show just how good French-Canadian cuisine in the Laurentians is. Chefs from leading hotels tried to outdo each other in culinary excellence. The tables at the Hotel Chantecler at Saint-Adèle groaned with delectable salmons, hams, turkeys, eels, pâtés, truffles galore. Next day gourmets continued to feast on quail's eggs, salmon, native cheese. Fortunately the Laurentians do offer activities to counteract the calorie overload, notably skiing, tennis, swimming.

PENNI WISNER

JO FURMAN—BONAIRE TOURIST OFFICE



Bonaire's briny deep

DEPARTURE POINTS

Windward ho!

Lying like stepping stones off the coast of Venezuela are three Windward Islands—Aruba, Bonaire, and Curaçao. To appreciate Bonaire, you must be ready for quieter pleasures. Such as: a walk at sunset along the coral-banked shore to watch for flamingos rising from shallow salt ponds. They steer a course directly overhead, all neck, trailing legs, and shocking pink wings, and head out to sea, barely clearing the ocean swells. Many flamingos make this flight every night and no one is absolutely certain of their destination. Happily they return each dawn, to the sanctuary that protects their breeding grounds. Marine life is protected, too, in Bonaire. Spearfishing is prohibited—so snorkelers and scuba divers find an underwater paradise. Another example of Bonaire's enlightened ecological ways is a 5,000-acre national park named after Washington, D.C. It bristles with tall cactus and reminds visitors of Arizona, until they return to their beachside hotel to sit beneath a thatched roof shelter, with a cool drink and watch the sun's splashdown into the sea. Bonaire has one main street, in Kralendijk, the pastel-tinted, faintly Dutch capital. Best hotel choices are the Hotel Bonaire and the Fl mingo Beach Hotel, both on t water. The Bonaire is headquarte for scuba-diving instruction, equi ment, guided dive trips. It has t island's one casino. The best re taurant is the Beefeater in Kra endijk. Travel to Bonaire is by j from Aruba or Curaçao. KL "Free Spree in the Sun" tours fro New York and Miami for 8 da and nights start at $77 (plus a fare) and include 13 free specia such as sightseeing and one-d car rental.

ALLAN POSPIS

Bonaire Bests

*The only disco, E Wowo, for night out in Kralendijk *** Fi rare black coral handcrafted in jewelry at the government-spo sored Arts Foundation **** Co Amstel beer at the Amstel Bar Rincon, the island's oldest sett ment. *** Coziest spot for a bea picnic—Boca Cocalishi, Washin ton National Park. **** Do miss the whirl of activity on t town pier when Venezuelan veg table boats are in.*



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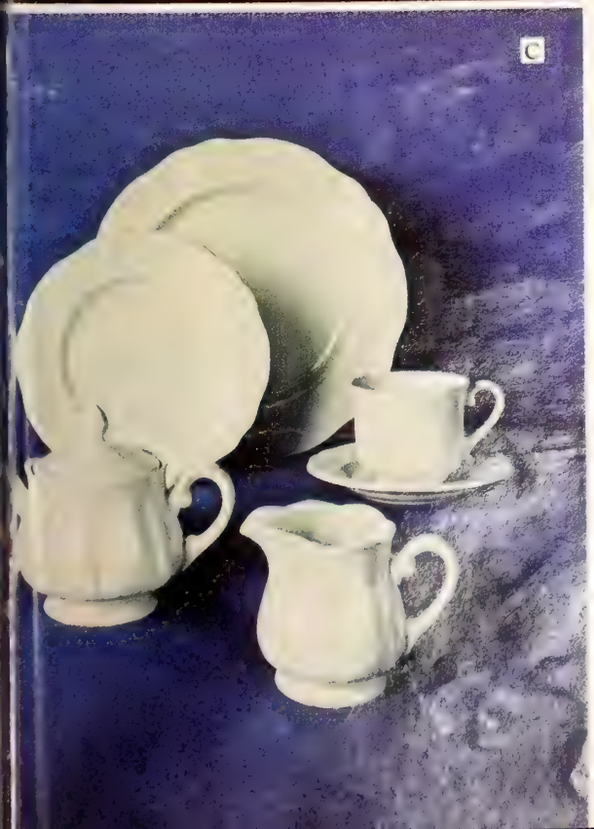
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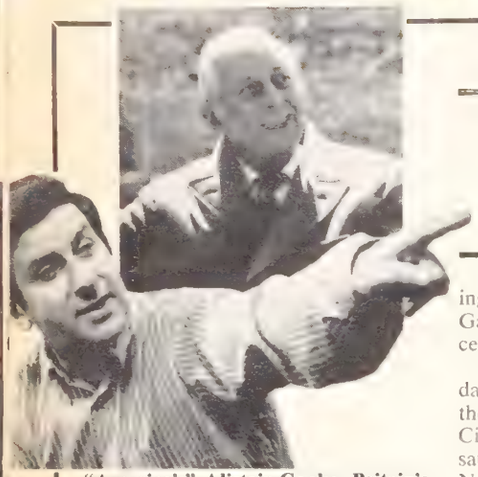
From Sears Open Hearth Collection.

LIVING



Musicians at Russel Wright's alfresco party

PEOPLE



"America's" Alistair Cooke, Britain's Jeremy Isaacs.

What's **Alistair Cooke** up to these days? Writing a new book, of course. Profiles of seven men. But he's not saying who the lucky seven are.

Architect **Stanley Tigerman** has chosen seven men, too—for his next architectural show in Chicago. And he *is* naming names. Architects Tom Beeby, Larry Booth, Stuart Cohen, Jim Freed, Jim Nagle, Ben Weese, and Tigerman himself are showing house drawings and models and selling them as art in the Richard Gray Gallery, Chicago. Show opens December 10.

All aboard **Erica Wilson's** seven-day needlework cruise. The ship is the SS Rotterdam, leaving New York City on August 28, stopping at Nassau and Bermuda, arriving back in New York September 4. A good way to make Christmas presents for friends.

Decorator **Angelo Donghia** has gone West. His new design center in Los Angeles shows fabrics and furniture "from all the people I like to work with when I'm doing interior designs."

Diana Vreeland's Hollywood costume show, transferred to the new Du Marais Cultural Center in Paris from New York's Metropolitan Museum, has had its run extended until November 1. Photographer Milton Greene added pizazz with a slide show of movie stars of the last thirty years.

Ann Van Devanter, guest curator of the Baltimore Museum of Art, is traveling with *Two Hundred Years of American Painting*. The exhibit is being shown in four European capitals, now in Belgrade. She winds up her trip in Warsaw in December.

JOSHUA GREEN



Hollywood costumes in Paris

Erica Wilson: stitches' worth



Gone West: Angelo Donghia in new Los Angeles showroom

JADE ALBERT



Carol Gruber, an organizer of the Gourmet Cooking Ball.

Decorator **Chessy Rayner** has rounded up "twenty of the best and most beautiful cooks" to prepare recipes in the ballroom of the Waldorf Astoria October 5, night of the Gourmet Cooking Ball. **James Beard, Craig Claiborne, Pierre Franey,** and **Maurice Moore-Betty** will be among the judges.

"Hunt the music" is landscape designer **Russel Wright's** way of getting people to experience nature. At a recent summer party, he hosted the Hudson Valley Symphony and other musicians in the woods on his 80-acre Garrison estate. The aural hide-and-seek celebrated the handing over of his property to the Nature Conservancy.

Actress **Julie Harris** has found "the perfect gift." She gives friends a $4 cherry pitter, found at Nancy's Fancy in New York.

Jeremy Isaacs, the dashing young British producer of *The World at War* (he's Director of Program for Thames TV) is bringing a week's British television to America from September 6 to 10. Screening is over Channel 9 New York, and may go across the country. "A Bicentennial gesture," Isaacs says.

Julie Harris tries pitter



Paris pleasure dome

Parisian chic and Parisian cuisine have combined happily in "Le Square du Printemps," the restaurant that adorns Printemps, the popular department store on Boulevard Haussmann. On the top floor, the restaurant is domed by a huge cupola of paneled stained glass windows. You find yourself looking up at an enormous, glorious Tiffany lampshade, rather than down at the menu prices, which *are* reasonable. Created in 1923 by the master of stained glass windows, Brière, the cupola was disassembled in 1940 and stored for years. Recently restored by Brière's grandson, the cupola, made of 3,185 glass panels of green and blue flowers, is a glass garden 23 feet high, 65 feet wide. Circling the tables are food boutiques designed by the 3-star restaurant, Maxim's. Cafeteria style, open 9:30-6:30, daily except Sunday. LOUISE HARDIE

UNIVERSAL PHOTO



Printemps: the new restaurant

A new set of clubs

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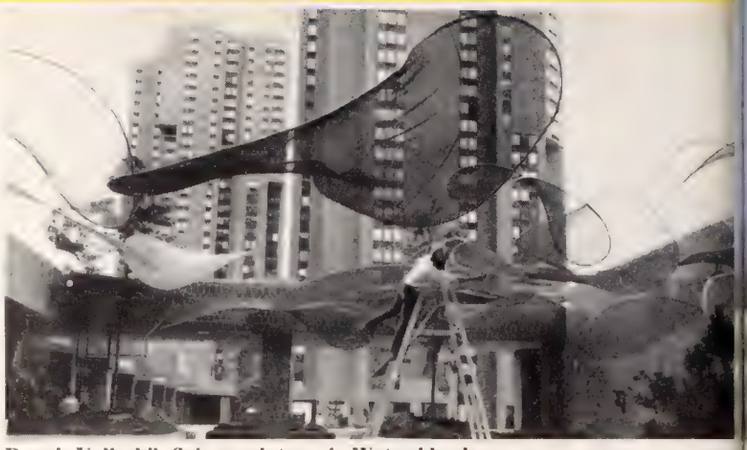
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LIVING

GARDEN ART

We gardeners must be alive to hazards caused by unexpected weather —late or early frost, dry, wet, too slow or nonexistent springs, the tropics of summer (which frequently include hailstorms), and, worst of all, powerful winds. In some instances you must use your shears rigorously after such winds. When a young golden willow had its lowest lateral wrenched during a bitter August howler, I had the obvious choice of a clean lop. But where it had touched the ground, a swift and lovely curve had been made and so I pegged it there with earth and a few ample stones. Filler and tape repaired its fracture at the main trunk and the wounded tip rooted quickly. I thus had a very gracious bridge of living bark. You may use the same approach with toppled annuals, which keel over when past their prime. I let them root where they've tumbled and then sever them from the parent. When a March gale took the wisteria from the studio wall and hurled it to the ground, it looked fine, pruned back low and very short. It has become fatly gnarled and in its turnings reminds me of a perfect but crooked branch of plum blossoms flung across one of the more exotic Chinese screens.

ROBERT DASH



Dennis Valinski's flying sculptures in Waterside plaza

Plaza sweet

To bring color to a city apartment complex, sculptor Dennis Valinski has suspended moving shapes of mod-acrylic gauze across the plaza at Waterside, three high-rise towers on New York's East River. Some are 17 feet high. Colors echo the surrounding green trees, sky, and water, terra-cotta brick building. These "living sculptures that perform," in Mr. Valinski's words, dance in the breeze and change their mood with the light. Two thousand people attended the opening, with music and dance. Waterside gets high marks—this is the second show organized by the Public Arts Council and the Waterside Tenants' Association. It's on view through mid-October.

SUSAN ZEVON

Protection for preemies

JADE ALBERT



Dr. Auld and Spoffords with Grumman intensive-care van

A breakthrough in medical care for premature babies has just been announced by Dr. Peter Auld, professor of pediatrics, obstetrics, and gynecology at Cornell University Medical College. He has set up a $2 million, privately funded intensive-care unit for high-risk infants at New York Hospital. Babies can be referred to this center from 19 hospitals. Mr. and Mrs. John Spofford, parents of two premature babies who "pulled through" under Dr. Auld's supervision, have helped with the project. "Our son, now 4, was born with a breathing and heart problem. We know how much this kind of intensive care is needed." The Spoffords, with a gift from Mr. Spofford's mother ("nine of her thirteen grandchildren were born in New York Hospital"), helped contribute the mobile intensive-care unit which collects premature babies from community hospitals in which they are born. This super mini-hospital on wheels is fitted out with incubator and life-support machinery so a baby receives treatment on the road before it reaches Dr. Auld and his team.

Medicine by computer

The use of computers in medicine is booming. Before too long, it is forecast, doctors will have them on their desk tops to analyze diagnoses, much as the airline or rental-car clerks punch computers to speed their work. Ophthalmologists will probably be first to use them —already, a central computer at Stanford University has been programmed to assist in the diagnosis and treatment of glaucoma. The computer "bank" was compiled by a team of eye doctors and computer scientists at Baltimore's Johns Hopkins University and New York's Mount Sinai Hospital. Financial aid for the project came from Artificial Intelligence in Medicine (AIM) a branch of the Department of Health, Education and Welfare. Tested recently in New York before an audience of attentive doctors, the computer program demonstrated reasonings and suggestions for therapy. "There's no doubt," says Dr. Aran Safir, director of the Institute of Computer Science at Mount Sinai, "the computer functions at an expert level."

OLIE WESTHEIMER

HOW TO



Stencilers Fobel and Boleach

Stencils, stencils everywhere

Do you long to do something creative with your hands? Stenciling is probably the easiest of all the crafts, and once you start you'll never stop. Jim Fobel and Jim Boleach, who design stencil kits, have just written a book—unsurprisingly called *The Stencil Book*— that's full of ideas. It includes easy instructions for designs, shows you how to put them on graph paper and then translate into wax-paper stencils. Why not stencil cakes, breads, or cookies, they suggest? This makes parties, or presents, much more personal. Use food coloring mixed with a little egg yolk for "paint." Fobel and Boleach also like to "dress" turkeys or chickens in stenciled pastry clothes; and match stenciled pie crusts with stenciled gift boxes to hold them. Flowerpots get butterfly or plant designs. Plain linen place mats are stenciled to match napkins. *The Stencil Book* by Jim Fobel and Jim Boleach (a Gladstone Book from Holt, Rinehart & Winston, $12.95) at bookstores or from Stencil Magic, 8 West 19th St., New York, N.Y. 10011 (add 75¢ for postage).



Stenciled food: top, turkey with pastry vest. Left, daisy design on a pie.

JOHN GARETTI

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QUESTIONS & ANSWERS

Antiques

By Louise Ade Boger

Victorian hidden bed



Can you tell me how old this hidden bed is? Are multipurpose pieces of furniture like this unusual?

R.S.—Eupora, Miss.

Throughout the centuries countless ways have been devised to put beds out of sight. Victorian wardrobe beds and parlor beds frequently possessed the combined advantages of a secretary, chest of drawers, and cupboard space for toilet accommodations (washbowl, pitcher), such as your example, which was made around 1900.

1800s cane chair



Is this old chair rare? What can you tell me about it?

D.P.C.—Belfast, N.Y.

This type of cane-seat chair with turned legs and stretchers was made by chairmakers across the country during the 1880s and 1890s. The chairs were constructed of local woods and offered for sale in almost every city and town in America.

American silver tray



This mark appears on my silver tea set. When and by whom was the set made? **F.L.—Brooksville, Fla.**

Your plated silver tray was made by Mulholland Bros., Inc., of Aurora, Ill. This firm succeeded the Aurora Silver Plate Company between 1915 and 1922 and went out of business in 1934.

Delaware Blue Hen spoon





My tablespoon is marked "J: Warner" and has a bird on the back of the bowl, which looks something like this rough sketch. Can you identify the spoon for me?

J.C.—New York, N.Y.

The Delaware silversmith Joseph Warner (1742-1800) made your spoon. In Delaware, this kind of spoon with a bird and branch on the reverse of the bowl in the style of the 1790 period, when made by Delaware silversmiths, is often given the nickname "blue hen spoon." It was so called after the official state bird, although the decoration traditionally represents the dove of peace with olive branch.

Continued on next page

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Sultry, shown above, is a fine example. A velvety sculptured plush with a pile of 100% continuous filament nylon. The twist of the yarn is heat-set to help it look good longer. And it's soft as a cloud. Available in 14 silken multicolors.

Thinking of new carpet? Think of Armstrong first. And avoid having any second thoughts.

For more Armstrong carpet information, write for free literature to Armstrong, 7609 Chestnut Street, Lancaster, Pa. 17604.

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QUESTIONS & ANSWERS

Antiques
continued from preceding page

George Washington andirons



Are you able to date these antique andirons for me?
H.J.W.—Bluff Point, N.Y.

Your General Washington andirons, cast with flat-backs in the early fashion, were probably made around 1815 to 1820.

Bohemian porcelain figure





Can you interpret the mark on my figurine so I will know about its origin? A.B.S.—Paragould, Ark.

Your figure, dating about 1900, was made at the Alexandra Porcelain Works started by Ernst Wahliss at Turn, Bohemia, in 1880. The French word "deposé" means "patented" or "registered."

Staffordshire sugar bowl





We have tried without success to trace the origin of our old sugar bowl. From the mark, can you identify it? H.L.R.—Greenfield, Ind.

The mark on the bottom of your bowl bears the distinguishing initials of Staffordshire potter Charles Meigh, working at Hanley, 1835-1849. "Plover" is the pattern name.

Parlor clock



Can you tell me about my old clock from this photograph and the words "F. Kroeber, New York," which are on it? W.B.—Los Angeles, Cal.

Your "Occidental" model walnut parlor clock, made about 1885-1900, was shown in the 1888/89 catalogue of F. Kroeber. Florence Kroeber (a man) was born in Germany in 1840 and died in New York City in 1911.

Antiques show news

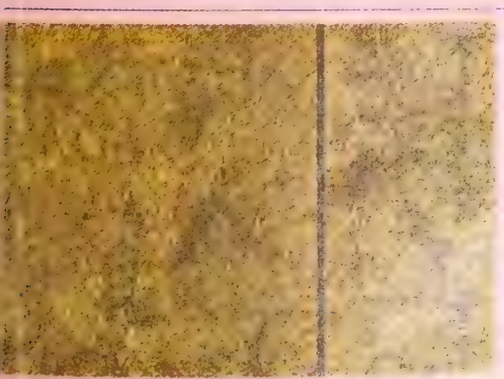
The Theta Charity Antiques Show, sponsored by the Houston Alumnae Chapter of Kappa Alpha Theta, will be held Sept. 29-Oct. 3 at the Albert Thomas Convention Center, West Hall, Capitol at Bagley, Houston, Tex. In celebration of the Bicentennial, the Petit Museum, a unique feature of the show made up of 6 room settings, will display only examples of American gleaned from private collections . . . The **Greater Chicago Antique Show,** sponsored by the North Shore Junior Board of the Northwestern Univ. Settlement House, will be held Sept. 17-19 at the Saddle and Cycle Club, Foster and Lake Shore Drive, Chicago, Ill.



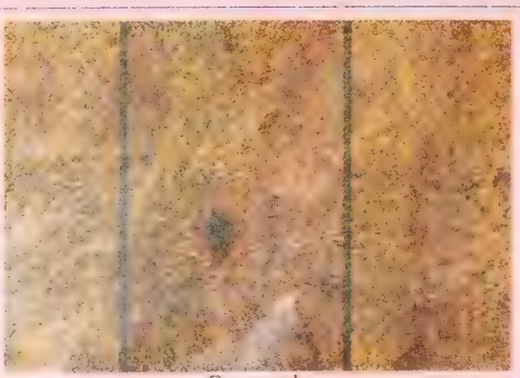
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Is Your Mirror Your Enemy?



It can happen so unexpectedly. You go along for years not being the least bit concerned about how old you look. You feel young and alive. Life is going well. And then one morning you confront a certain truth in your mirror. You've grown older-looking without realizing it. And you almost hate your mirror for being so honest.

If your mirror is reflecting the truth you don't want to recognize, then the time has come for you to discover the secret of knowledgeable, younger-looking women from many parts of the world who have seen the highly-visible benefits of an unusual beauty fluid that helps women look their youngest, no matter what their age. This fluid is known in the United States as Oil of Olay beauty lotion.

Oil of Olay disappears into your skin almost before your eyes, to work with nature to combat dryness . . . the very dryness that accents little lines and wrinkles that make you look older than you should. Or could. Beauty connoisseurs discovered this skin-loving liquid and its remarkable ability to penetrate your skin's all-too-visible surface, deeply and astonishingly quickly. (You'll feel Oil of Olay soothing away dryness practically from the [illegible] moment you soothe it [illegible] moisture, [illegible] other emollients, soon brings to your [illegible] ness that will be clearly noticeable when you look in the mirror.

Oil of Olay is a partner with nature in helping [illegible] the oil-moisture balance of your skin . . . essential if you're to look your youngest. The beauty fluid is compatible with the skin itself and acts like natural moisture in alleviating dryness. And Oil of Olay helps keep your own natural moisture in the skin, a beauty bonus as the years slip by.

Soothe on Oil of Olay before going to bed. Let the beauty fluid do its good work through quiet hours of sleep. Then again faithfully every morning, as a quick-penetrating, non-greasy makeup base. Or, if you like to let your skin take a vacation from cosmetics, Oil of Olay gives your face a dewy, lustrous glow. Oil of Olay in the middle of the day, too, is a refreshing, soothing pleasure that again eases dryness as it importantly increases the moisture content of your skin.



You will discover Oil of Olay and its beautiful secret at drugstores everywhere. See for yourself how quickly your your mirror can again become your friend.

Beauty Secrets

Wearing glasses can draw attention to the skin around your eyes where little aging crow's-feet first appear. More frequent use of Oil of Olay on these special areas can be helpful.

Each time you apply Oil of [illegible] to your face and throat, smooth the beauty fluid right up to your hairline. (Don't worry. It's so fast-penetrating and non-[illegible] to [illegible] into your clean hair.) It's a sad mistake to frame your younger-looking face with an area of dry older-looking skin.

(Advertisement)

GOOD LOOKS AND GOOD HEALTH

A new medical frontier: colored light

Doctors and scientists discuss a remarkable new treatment—healing with color

By Caroline Seebohm

Red is exciting. Green is soothing. Orange is sexy. This kind of color thinking is now an accepted part of interior design, in offices and hospitals as well as private houses (see House & Garden, March 1976). But there is a completely new awareness dawning about color that has nothing to do with your state of mind. It seems that the application of colored light to the human body can cure disease.

A new thought, to be sure. We regard color as something to look at through our eyes and appreciate visually. But color is actually a process of light radiating outward. Light stimulus produces the perception of color—the energy so propagated can be thought of as electromagnetic waves. In other words, colored light is the transfer of energy.

"Visible light penetrates deep into the body, a fact that was not known until very recently," says Faber Birren, well-known color expert, author of several books on the subject, and color consultant to House & Garden. "It's been thought for years that the only therapeutic effects of color are by means of ultraviolet and infrared, both of which are, of course, invisible to the naked eye. But now we are beginning to realize the effects of visible light, by which I mean the color spectrum of red, orange, yellow, green, blue, and violet."

The word used to describe therapy with light is called "phototherapy." Elwood D. Bickford, member of the U.S. National Committee on Photobiology of the National Research Council, and scientist with the Environmental Lighting Division of Duro-Test, explains what it means. "Photo refers to the photons that form the energy in light, energy that goes through space and penetrates the human skin." Mr. Bickford describes the process thus:

"The first law of photochemistry says that in order for light to be effective in a chemical way it has first to be absorbed. So the material you treat has to absorb light. Most biological materials (such as blood, tissue, skin) absorb over a large color wavelength region, but we know more than that now. Your body tissue transmits red and orange portions of the spectrum much more readily than the shorter wavelengths, the blue and violet ends of the spectrum. In other words, red or orange penetrates deeper into your body than blue or violet.

"The reason you get sunburn, for instance, is because the ultraviolet coming from the sun is absorbed only in the very top layers of the skin, without penetrating any deeper, so that it burns the surface. When you put a flashlight into your mouth or under the palm of your hand, all the veins and passages show up very clearly. That is because light from a flashlight is very rich in red, and therefore it penetrates very well."

One of the most convincing proofs of the efficacy of phototherapy is the treatment of newborn babies suffering from jaundice. According to Dr. Jerold F. Lucey, chief of pediatrics at the University of Vermont Medical School, a leading authority in the field, the application of blue light has been found effective in breaking down a material called bilirubin, which causes jaundice in infants. Not only is this treatment highly effective, but prior to this therapy, the most successful treatment was exchange transfusion, which can be very dangerous for babies.

Other innovative work with phototherapy, originating at Massachusetts General Hospital, has been done with psoriasis patients. The skin is exposed to a high intensity ultraviolet light, which in conjunction with a drug taken by the patient, has produced phenomenal results. Patients who have had psoriasis all their lives, covering over 90 percent of their bodies, have been freed of the symptoms if treatment is continued. About 26 institutions across the country are currently using this process. The laser beam, another therapeutic tool, has been found effective in treating detached or torn retinas. The laser emits a blue-green light that is absorbed through the eye.

Doctors are now treating stubborn infections of herpes virus (responsible for cold sores) by paint-

Continued on page 27

I don't like gray. Or peroxide. Somebody, please come up with another idea.

I've got a sinking feeling. It's just dawned on me that the grays are coming in faster than I can pluck them out.

Another day. Another gray.

The grays keep coming while I consider the alternatives. Becoming the first girl in my class to make it as a gray haired lady. Or using a haircolor and having people say, "What a pretty color your hair is now," as if it were a new dress or a new lipstick—instead of something that is part of me. The thing is, I *like* my natural color and don't want it changed.

Another day. Another gray.

I'd better do something. Quick. But I'm scared. I think all haircolors have peroxide.

Just in time, my friend, Samantha, tells me about Clairol's Loving Care® lotion. It has absolutely no peroxide. So it works differently from most other haircolors. It covers only the gray without changing your natural color. And Loving Care comes in 15 shades to make it easy to find yours.

I like the idea.

Better still, now that I use Loving Care, I like what I see. And feel. Crazy as it sounds, Loving Care is actually good for my hair. It makes it softer, yet gives it more body than it had before.

Now, let the grays come. I won't see them. Neither will anybody else.

Thank you.





It's good for your hair.

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The more we find out about the effect of colored light on other living things and on ourselves, the more intriguing the possibilities become

Colored light

ontinued from page 22

ıg red dye on the diseased areas, ıen exposing them to ordinary ght. Other skin disorders are be- ıg looked at for possible treatment y phototherapy. "You are going ɔ hear about a lot of break- hroughs in this area," Mr. Bick- ord believes.

Experiments with other living rganisms are equally phenome- ıal. "Visible light has been found ɔ penetrate into the skulls of lucks and sheep," says Faber Bir- en. "You implant electrodes in the heep's skull when it is born; then vhen it grows up you can apply ′isible light to the electrode and ee the results. In another example, ats exposed to red light from birth grow larger than those exposed to ɔlue light. The violet and blue com- ɔonents of visible light are more leadly to rainbow trout than green, ′ellow, or orange."

A lot of work has also been done with plants. Red and blue light are the colors that do most to activate plant growth. Green light is neutral—plants don't do anything under it. In France, the irradiation of potato plants with red light has stimulated germination. Warm white lamps encourage the growth of tomato seedlings, according to experimenter Stuart Dunn; blue and pink lamps are the next best.

The more we find out about the effect of colored light on other living things and on ourselves, the more intriguing the possibilities become. "The advent of phototherapy for the treatment of hyperbilirubinemia (jaundiced babies) has an exciting and more general implication," write Drs. Richard J. Wurtman and Robert M. Neer in the *New England Journal of Medicine*. "If light can be used to speed the destruction of one circulating compound—bilirubin—it seems not unlikely that light exposure will eventually be shown to influence plasma levels of other compounds. Light may be beneficial in many more ways than are now apparent."

It is probably rather unlikely that your doctor will start prescribing colors instead of pills when you next get sick. Not yet, anyway. But there's evidently more to colored lights than simply looking pretty. Their power may help you get well some day. ■

BEAUTY AND HEALTH PRODUCTS NEW THIS MONTH IN THE STORES

It's September and so many things are starting up again, as they always seem to every autumn, that many of us feel that *this* is the real new year. A major group of skin treatments and makeups from the classic **House of Chanel** should help you put your best face forward from here on. The beauty philosophy is as neat and as simple as a Chanel suit. For instance: no grouping of skin into "dry" and "oily" categories, but a choice of cleanser, toner, moisturizer, and mask—one designated for normal skin, the other the same basic product, but in a formula that's slightly milder for dryer, more sensitive skin. A specially trained *analyste* will help you select which to use when you visit the department store where the collection is sold. The makeups are stunning—lip and cheek gloss, lipstick, rouge, eyeshadow, translucent powder in loose and pressed forms, creme blush, mascara, nail enamel, and a range of 6 liquid makeups to choose from. The works! One thing more—they're designed to be practically weightless in your makeup bag. Neat, beautiful, and weightless—isn't that what we all aspire to? They'll be at Saks Fifth Avenue, all stores, in mid-September. Treatments from $10 to $20; makeup from $4 to $15.

Here's a new one to help you wake up in the A.M.—**Natural Spearmint Toothpaste** is sugarless, contains no salts, and is flavored with natural spearmint oil. It uses coconut oil for cleansing, and the paste itself is made from seaweed and vegetable glycerines. Pretty healthy, that! It's made by *Tom's Natural Soap Company* and is available through health-food stores across the country. Or you can drop $1.25 in the mail and order it directly from Tom's Natural Soap, Railroad Ave., Kennebunk, Me. 04043. There's a fennel-flavored toothpaste too.

Elizabeth Arden has a new formula for lip gloss that stays put, shines, and has a moist look that lasts very well. **Great Color Lip Gloss** comes in natty little tubes, smooths on with a fingertip. There are 6 raisin-colored shades of pink and red with a super-sheer Clear. They're $3.50 each.



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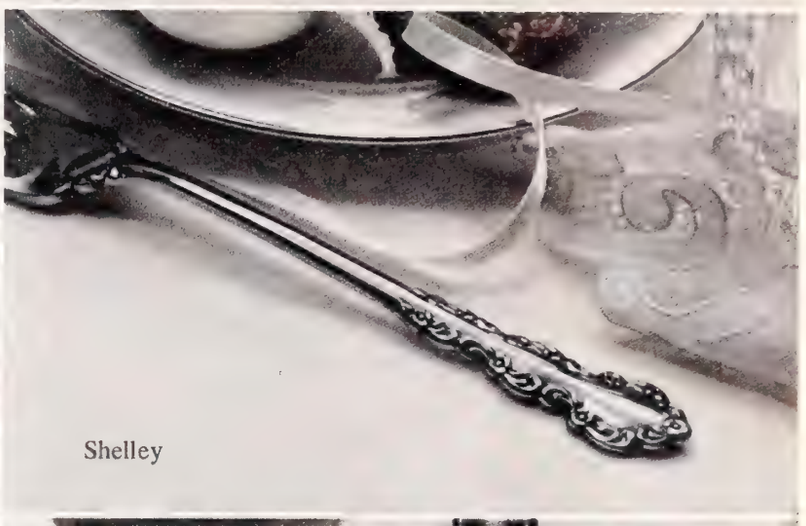
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GOING PLACES, FINDING THINGS

Seven days in Egypt

From the austere splendor of the Cairo Museum to the gaudy bazaars and the temples of the Nile

By Dee Hardie

You don't just say "I'm going to Egypt next week," and expect your magic carpet to unfold easily. It takes preparation, but it could be *the* trip of your century. And no matter how much advance reading you do, and most of the available books seem to be on the antiquities, nothing will prepare you for the vast splendor and beauty of ancient Egypt or the chaos of modern Cairo.

In 1975 the Arab Republic of Egypt actually turned tourists away because the country did not have enough hotel rooms. This is being remedied. Hotels are now going up in the tourist centers far faster than the myriad of temples and tombs in ancient times. But if you want to stay in one of the three, big, newer hotels in Cairo—the Nile Hilton, Sheraton, or Meridian (and everyone seems to want to do just that)—you should book at least three months in advance. And don't miss your hotel reservations by even one day, or they will be automatically canceled.

Egypt is currently a hot ticket on the tour circuit. If you are with a group, red tape is no problem. But as independent travelers, my husband and I chose to do it on our own. We had seven days in Egypt, sandwiched between business calls in Europe. We flew TWA from Rome to Cairo, but a day later than



Monumental statues at Abu Simbel

planned as our plane was overbooked and we were bumped. (TWA also flies every evening from New York to Cairo arriving late the next afternoon.) You can't tell whether it is day or night in the Cairo airport as it is always the same—crowded. The taxis are plentiful. Luggage is tied high on top of the roof as if on the back of a camel. You might find yourself compressed with four others as the drivers believe in togetherness, especially since the fares are cheap.

When we finally arrived there was no room in the inn, hardly a seat in the lobby. Saudi Arabian oil magnates were drifting around in flowing burnooses and tweed jackets fingering their prayer beads, a Spanish tour was noisily being evicted from its rooms, and it was Thursday to boot—the day Egyptians

Continued on page 32



Drifts of sand soften outlines of the step pyramid of Saqqara

Yellow Fever.

(Smirnoff and lemonade)

Yellow Fever is Smirnoff, lemonade and lazy afternoons. It brings back those sweet, hot summer days when terraces were porches and air-conditioning was a pitcherful of lemonade.

When doing something was doing nothing.

Catch Yellow Fever and it all comes back. Go easy with it, though. Yellow Fever can be contagious.

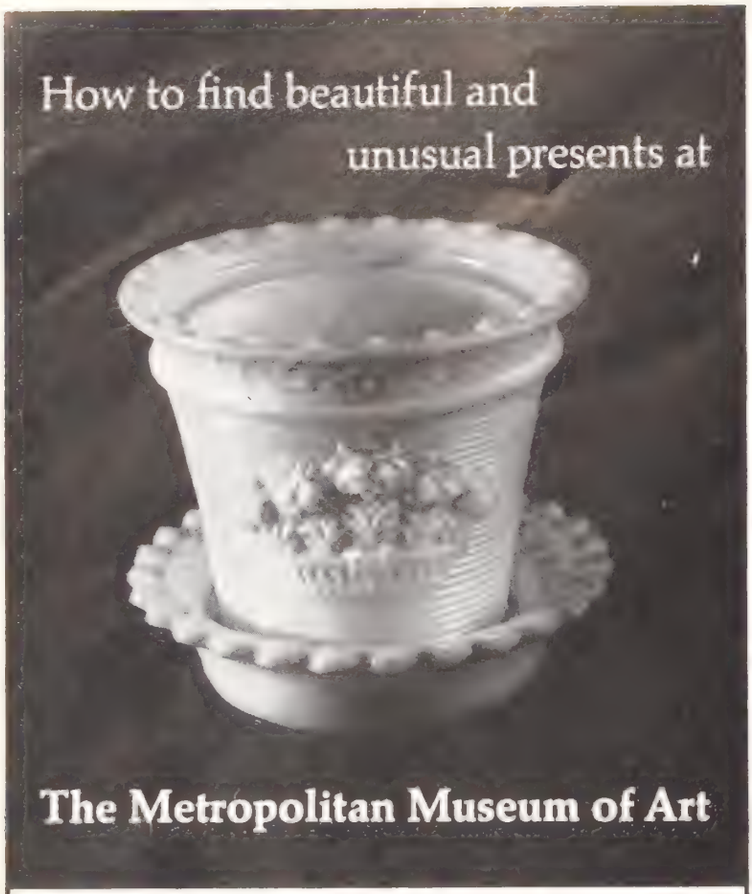
To make a Yellow Fever, pour one and one-half oz. of Smirnoff into a tall glass with ice, fill with lemonade and stir.

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Every three months, four times a year, the Museum will announce by mail remarkable new replicas—sculpture, decorative objects, tableware, and ornaments.

These replicas are exact copies of the originals—made under the direct supervision of the Museum. Most of them can be bought only by mail or at the Museum, and the care taken in production sometimes limits the quantity.

The variety is extraordinary. A sampling of the 116-page fall catalogue includes:

Jewelry with scarabs of lapis lazuli and rock crystal; a medieval ivory hand mirror; early American flowerpots; 19th-century glass in emerald, canary yellow, and peacock blue; a silver brandy warmer and cordial tumblers; a rare French coffee cup; a *quiche* dish; *art nouveau* placemats; stars, snowflakes, hearts, and a tree-top ornament in gold and silver; portfolios with Chinese butterflies and a silk scarf with flowers from a Persian garden; a collection of Museum needlework patterns and a new cookbook, *To the Queen's Taste*. In addition, there is an unparalleled selection of Christmas cards.

To receive your catalogue and all other advance announcements for the next year, send the coupon below with a dollar to cover mailing. (Above: Early American milk glass flowerpot, $16.50 plus $1.25 postage.)

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The contrast between the east and west banks of the Nile is vivid—one side luxuriously green, the other an endless stretch of beige desert, Beau Geste country

Seven days in Egypt

continued from page 30

marry and hold gala receptions. A parade of jubilant Egyptians celebrating a wedding wove through the lobby, complete with belly dancers.

translates as "Sympathy." More colorful guides, the dragomen in costume, are cheaper (about $52 a day), but their stories are embroidered, their history shaky. Raouf recently finished four years at the High Institute of Tourism,



Enormous pillars of the temple of Philae shimmer in Nile waters

The manager of the Nile Hilton finally relocated us in a third-class hotel heavy with Russian tourists and faded grandeur. (We later discovered free room and board for Russians is one way the Egyptians are repaying the Soviet Union for the High Aswan Dam.) After a bottle of delicious Stella beer, twice the size of an American one, we felt grateful to have a bed. In fact we had three. And a dripping faucet.

With all its uncertainties, Egypt is an exceptional, emotional experience, a feast of art, and I would return immediately—if only to see again the golden treasures of Tutankhamen on the second floor of the musty Cairo Museum.

We planned seven days in Egypt. Too short a time, of course, and "no we didn't see Alexandria," we find ourselves telling friends. But we did see Egypt. Kaleidoscopic perhaps—three days in Cairo and four days and five nights on a splendid floating hotel sailing down the Nile from Aswan to Luxor. The cruise was the only tour we booked from the U.S.A.

Thomas Cook and Herr Baedeker were first to take sahibs and memsahibs around the pyramids in the late 1800s. Now there are many tours, and individual guides can be obtained through your hotel. Since our time was so short, we felt we should be guided full-time and we chose 24-year-old Raouf, whose name

studying history, languages, everything from Tutankhamen's life to timetables to Abu Simbel.

He took us immediately to Gaz tours, his base, to double check our cruise tickets. *Everything* should be double checked in Egypt. When we entered the office we were greeted by "Howdy, partner!" It was a cultural shock, but comforting. "Moose" Niazi, the owner, had migrated to Canada, but returned to his native Egypt. He suggested our flying to Abu Simbel before boarding the cruise ship.

Abu Simbel is a must, and fortunately we knew it. It can only be reached by air because of the High Aswan Dam. When we were there last October there was only one plane, Egypt Air, leaving Cairo at 6:30 A.M. "Moose" somehow got us aboard. Air service is now more frequent.

With our Abu Simbel plans settled, we spent the next three days seeing Cairo. Mornings start early and evenings end late. The clatter of street con-

Continued on page 35



One of the Nile cruise ships

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n days in Egypt

ued from page 32

ons begins about 7 A.M. eddlers using shop door- as market stalls. A goat be tethered nearby. At a truck often fumigates eets. Smoke clouds rise vhere, wafting into our room. At 9 A.M., ped- vith their portable wares ear and the shops open siness.

three of our days could been spent in the Cairo im. It is cavernous, dus- ed to the brim, incred- cluttered, magnificent. econd floor is the realm ng Tutankhamen. Here s jewels, his golden furn- his spread of dazzling n, his superb decorative Some of these treasures, a sampling of what is in , are on a world tour ig to pay for the High n Dam (which in turn ies electricity for all of).

e Coptic Museum shows er side of Egyptian cul- –Christian Egypt, in , frescoes, and fine old cs. Far livelier is the i El Khalili Bazaar, built 400. Go armed with a g defense and a good e. Narrow little streets provocatively, closing ne Cairo sun. Each street its own personality, its particular trade—a street erb and spice sellers, an- for copper, rugs, leather, on and on. I found a hand n rug, 3 by 5 feet, with a it design of mosques and rets, for $15. On the t of perfume, visit the shop of Mohamed Abd El d Khatteb, 83 Gohar El d. Banquettes line the and while you sit there cing thick coffee, Mo- ed Abd will concoct a per- just for you. I came with something called ret of the Desert." The ar is open 10 to 10 daily pt Sundays.

morning or afternoon of the papyrus factory is elicate change from the eum and bazaar life. At alek, across the Nile from Hilton, it is reached by cca, the one-masted, den, native boat of Egypt. nder around to see the pa- is woven, painted, and shed.

We saved the pyramids Cheops, Khephren and kerninus of Giza, and the inx, for our last day in

Continued on page 37

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Sir Walter Scott

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WISCONSIN
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days in Egypt

ed from page 35

Only a half-hour's rom the city, the ap- to these man-made ients lives up to all ex- ons. A dragoman was y our side. He could some English, French, n, and Italian, yet he 't write his name, which was Nasser in Arabic. mbed inside the largest d, Cheops, with Nasser us up the steep, nar- imb. If the Egyptians haul over two million of limestone, we could t see the inner works. mile," directed Nasser husband took our pho- h. And he kept smiling. g rid of Nasser was of a chore. And if you e to get away from Giza it a scarab bracelet, you leed clever.

avoided all by rising n a camel named "Flor- iding around the pyra- (Why we both rode on a camel I'll never know, think it was because my nd wanted to prove his ning prowess. Take two s. It's much more com- le.) Later we had a de- s lamb kebab stew at the y hotel, the old-fash- Mena House, with ng beads and carved en room dividers. Here atched a glorious sunset d the pyramids and the x. (If we had had more we certainly would have d the night here.) After r we went back to sit at oot of the illuminated iments for the "Son et ère" show. Check be- and, as the shows are on alternate evenings in sh and French.

nile in Cairo we ate fast in our hotel, dinner Aladdin in the Sheraton, he Pyramid Roof of the Hilton. For seafood we the "Sea Horse," an out- restaurant beside the A perfect lunch—red Stella beer, and feluccas ng by. We also went to the tessly clean Groppi in at Harb Square.

n our last morning in o we were picked up Wagy, Raouf's younger her, at 5 A.M. to guarantee we got on the 6:30 A.M. e to Aswan. For about hours we flew over Egypt, wing the wide ribbon of Nile. At Aswan, a bus us to the two huge shrines

Continued on page 39

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days in Egypt
ed from page 37

it of rock at Abu Sim-
Ramses II. The four
uan statues of Ramses
visely, as well they
Block by block, they
oved to a higher site
wouldn't be drowned
ligh Dam at Aswan, a
omplished by an inter-
corps of engineers,
ly Swedish, backed by
O. No other shrine is
impressive as this one,
outdoor sculpture mu-
Ve then returned to the
plane to fly to Aswan
d "Isis" in time for

ne next five days we
re than 34 centuries of
Egypt as we floated
ne Nile, far more com-
than Cleopatra. The
d Osiris, two luxury
hips, sail either from
or Aswan, stopping
ay at a different site.
e are 56 outside state-
on each ship, everyone
iew. And what a view
reat Nile! These sister
sail year-round; the
cruise is eight days,
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with wide borders of
ane, the other an end-
etch of beige desert—
eeste country. Men in
galabias of pink, blue,
nite work with water
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led by burdened don-
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in black, wash laundry
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of sky. It is startingly

Egyptian guide, speak-
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Dam, the Temple of
mbo, the Temple of
at Edfu where the god
ruled in barbaric splen-
e Temple of Esna, and
the glories of Luxor.
or, ancient Thebes, is
arnak, 10 minutes from
s a city of temples built
tinued on the next page

"To hold, as't were, the mirror up to nature."
William Shakespeare

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Seven days in Egypt

continued from page 39

to the dimensions of gods, not men. We saw it by day and by night; the "Sound and Light" show at dusk is even more moving than that at the pyramids. On the western bank of the Nile, we visited the Valley of the Kings, including the temples of Tutankhamen and Queen Hatschepsut, the Valley of the Nobles, and the Valley of the Queens.

It is, quite honestly, exhausting at times. The tours start early and you return to your ship for lunch. Then there is often an afternoon tour. You might find yourself skipping a temple or two. On the ship, there is a lovely topside, canopied swimming pool, and the service is superb. Menus are varied and tasty. At the gala Oriental evening, in the middle of the trip, guests dress in costumes, and by this time if you haven't purchased at least one galabia, you have stronger will power than I did. Everyone receives a small gift. The buffet is a splendid feast with a centerpiece of whole roasted lamb.

At the end of this voyage through time one realizes that Egyptology is a science that requires years of scholarly study. But just being there counts too. Bring binoculars to use from the boat or on tours. A hat is a good idea too. One kindly traveler wished she had brought cheap felt pens to give to the children, who are incredibly beautiful and constantly begging.

Reservations for the Isis and Osiris can be made through your travel agent or the Hilton International Hotel Corp., 301 Park Avenue, New York, N.Y. 10022. In Cairo, Gaz Tours is located at 1090 Immobelia Bldg., 26, Cherif Street. Remember that you need a visa, that air-mail letters take three weeks to reach Cairo from the States, and that *Sa'eeda* means "Hello!"

Gourmet notes from Egypt

The chef on board our Nile cruise ship, the Isis, which offered excellent cuisine, gave me two recipes that we particularly liked—an eggplant salad and stuffed zucchini with apricots.

Eggplant salad

Bake a large eggplant in a 400° oven until charred on the outside and soft on the inside. Cool, remove skin, and chop eggplant coarsely. Place in a colander to drain. Mash or purée in a blender. Stir in ¼ cup mayonnaise; 2 hard-boiled eggs, finely chopped; ¼ cup each parsley and onion, finely chopped; 2 cloves garlic, finely minced; 3 tablespoons olive oil; 2 tablespoons lemon juice; and salt and pepper to taste. Place in an oiled mold and chill. Unmold on a platter and decorate with thin strips of green pepper, lemon wedges, sliced onion rings. Serve with pumpernickel or toast triangles. Serves 4 to 6.

Baked stuffed zucchini with apricots

Halve 2 large zucchini crosswise and then lengthwise. Scoop out pulp, leaving a shell approximately ¾ inch thick. Chop pulp and save. Parboil shells 2 to 3 minutes in boiling, salted water. Drain, dry, sprinkle with salt and pepper and set aside. Sauté a large onion, minced, and half the chopped zucchini pulp (you can use the remaining pulp as you wish later), in 3 tablespoons butter. Add 1 cup long grain rice; 1 cup water; 1 large ripe tomato, peeled and chopped; ½ teaspoon salt; ¼ teaspoon each sugar, cinnamon, and black pepper. Cook and stir 15 minutes to blend flavors and partially cook rice. Stuff zucchini and put aside.

Boil until soft 1 to 1½ cups diced dried apricots; 2 cups water, 2 tablespoons honey; ¼ teaspoon cinnamon. Layer half the apricots and juices in a baking pan. Place zucchini on top and spoon rest of mixture over. Sprinkle with 1 tablespoon lemon juice. Bake in 350° oven, basting often, for 30 minutes. Serve hot. Serves 4 to 6. ■

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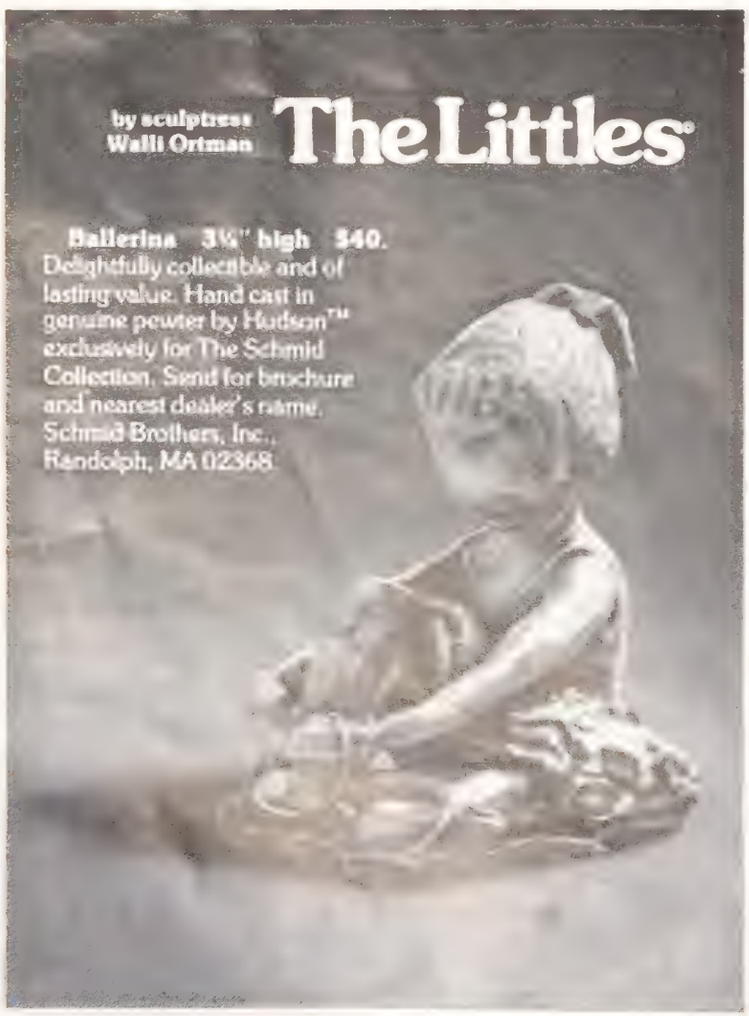
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MONEY MATTERS

New Kitchen? New Carpet? New Lawn?

How you can use your home-improvement loan

By Paul Gross

If you're like the rest of us, you're probably much more confident about the outlook for the future now that your pocketbook is a little fatter and the economic news is so cheery. And chances are that that's all the inspiration you need to go out and make some major purchases that you've put off for so long. Fabulous! But just because times are better, don't relax your purse strings entirely. The better you handle your personal finances, the more money you'll have left to live the way you want to.

Homing in on improvements

A home-improvement loan has a weighty sound to most of us—something to be reserved for a major reconstruction project such as turning the garage into an apartment, or giving a Victorian house a face-lift. In fact, you can get a home-improvement loan to install wall-to-wall carpeting in your living room. Or to put in new draperies, slipcovers, and bedspreads. Or even to install a new lawn (on property contiguous to your house). If you own your own home, apartment, condominium or cooperative apartment, you can get a home-improvement loan for anything from a room addition to appliances or furnishings. If it can be used around the house, chances are that you can get a home-improvement loan for it. If you rent an apartment or house, the list of things you get a home-improvement loan for is a little more limited—both by your own practical considerations and the bank's lending policy. Generally you'll be able to get a home-improvement loan for only those things that you can take with you if and when you move. A loan to make some structural changes, for example, probably wouldn't be approved.

The real question is whether you *should* take out a home-improvement loan at a bank. In some cases you may be much better off finding another source of funds. A home-improvement loan makes sense if you want to borrow a lot of money and will need a number of years in which to pay it off. Most bank will let you borrow up to $10,00 for as long as 10 years. However the price you pay is a high interes charge—around 12 percent fo banks in New York. And that ca add up. For example, a $10,00 home-improvement loan at 12 per cent interest over 10 years woul cost you around $7,218 in interest

If you don't need to borrov much money, or if you can pay of a loan fairly quickly, consider bor rowing against your savings ac count. For example, a saving bank will let you borrow a amount equal to what you have i your account minus the interes they plan to charge you—and giv you up to three years in which t pay it off. The net interest rate yo pay comes to only 2¼ percen The money in your savings ac count, frozen for the length c loan, will still earn 5¼ percen Apply that toward the 7½ percer the bank charges, and the net in terest rate is only 2¼ percent.

A savings and loan associatio will give you a similar deal—wit some significant differences. Th interest rates charged and paid ar the same. Hence your net cost wi be 2¼ percent. The difference that you can choose to pay only th interest each quarter. At the end c the loan's term, which is one yea at most, you'll have to pay th principal or extend the loan fc another year. How long you'll b able to continue extending you loan depends entirely on your re lationship with the savings an loan association.

Finally, if you have a whole-lif insurance policy, you might cor sider borrowing against the policy cash surrender value—which is th savings element of the policy. Th interest rate you'll be charge ranges from 5 to 8 percent, de pending on the state in which yo bought the policy. There is or caveat to weigh carefully: The in surance company will deduct th amount of the loan outstandir from the policy's face value wh it pays your beneficiaries. So, you have a $50,000 policy ar borrow $5,000 from it, your ben ficiaries will get only $45,000.

Continued on page



A KOHLER TOUR OF AMERICA'S BATHS

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It pays to shop at the store with the Sentry on the door!



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PLUMB SHOP



$29.99

This new stainless steel, self-rimming sink resists acids and stains. Enhances the appearance of every kitchen. To clean, just wipe with a damp cloth. Outside measurements, 33 x 22 inches.

Merchandise shown in this advertisement available from participating Sentry dealers only. Offer expires October 16. Sentry dealers own their stores. They select their merchandise and set their own prices. These are subject to change without notice. There may be variations in products, available quantities and prices in individual stores . . . Sentry Hardware Corporation, Cleveland, Ohio 44113.

A GREAT AMERICAN IDEA

CELEBRATING THE 1976 BICENTENNIAL

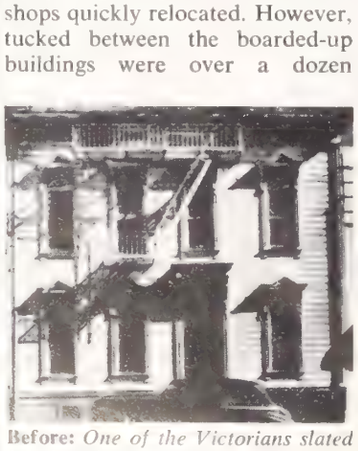
To save a house, move it

San Francisco, in a daring display of initiative in historic preservation, moved a dozen Victorian houses out of demolition's path

By Marilyn Schafer

Along with the bridges and cable cars, San Francisco is rows of sparkling Victorian houses with crisply painted gingerbread trim. Although these period houses are cherished by local people, many of them are threatened with demolition unless some minor miracles occur. One such miracle has just come full circle, and here is its blueprint. Bear in mind that it could never be pulled off in quite the same way again—but it is a monumental triumph and a lesson in historic preservation effort and faith.

In the raffish community behind the big dome of city hall and the San Francisco opera house, there stretched an area of architectural limbo to be known as the Western Addition, a large area slated for urban renewal. The wrecker's ball was due to fall, flattening everything. Popular second-hand shops quickly relocated. However, tucked between the boarded-up buildings were over a dozen



Before: *One of the Victorians slated for demolition, bought for $500.*

"down at the heel" but still lovely old houses that had weathered *the* earthquake, subsequent fire, and were all well over a hundred years old. More than that, they were examples of a special kind of Victorian style peculiar to San Francisco. Many of them were multiple dwellings, and it was their total façades that were of interest, not just those optional sections of an "over-porch" or bay window that could be salvaged separately.

Close to the last minute, champions rushed in from almost opposite directions, and when the dust settled, it was their combined forces that literally moved mountains to save houses.



During: *The house takes a middle-of-the-night trip to its new location. Ov paid $6,500 for a lot in historic preservation area.*

The San Francisco Redevelopment Agency, slow-moving on this project because of the amount of bureaucratic red tape involved, and the Foundation for San Francisco's Architectural Heritage, a well-funded and responsive nonprofit group, dreamed up a bizarre plan—they would pick up the orphaned houses and move them to a community of their own at the far end of the Western Addition. Then, not only would that community be designated a historic area, but also each house would become a national registered landmark with a covena historical preservation easen so that no one could change face, or destroy it ever agai attract buyers, the houses sell for a token fee of $500 with a stipulation that the would pay for the property place to put the house), and to restore it to standards set b San Francisco Redevelop Agency within a year. Not were the houses moved—i middle of the night—but fina was arranged with the Ban America for qualified buyers project was complicated b fact that not one house cou moved until there were buye all of them.



After: *Installed at its new lot. Total remodeling cost: $67,575.*

As of May, 1976, al houses were sold and their home, Beideman Place, ha gun to shine—making its ow tory as an "overnight" hi place.

San Franciscan Marla B finished her house first. She $500 for the house, $6,500 f 30-by-75-foot property (th gave buyers a special price spent a total of $67,575 modeling. With pride of ownership, she now smiles out ov freshly painted, cream-c window ledge of her rust-c "Eastlake" Victorian cottag

Automatic Chef Control. Self-Cleaning Oven. Two of the many inventions from General Electric that make cooking easier.

GE has invented many ways to make electric cooking easy. Maybe that's why we sell so many electric ranges. Just look at these time-saving, work-saving features.



The accurate kind of microwave cooking with the GE Automatic Chef Control.

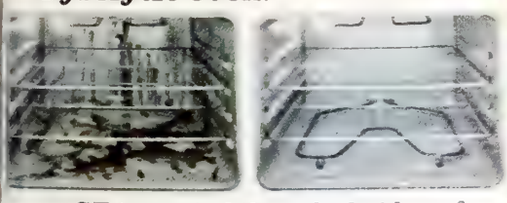
The GE Jet 90 not only cooks up to 4 times faster than a conventional oven, it cooks by temperature, too.

The GE Automatic Chef temperature sensor works like a meat thermometer. But you use it for many different foods. Just insert it in casseroles, meat loaf, grilled sandwiches, etc.

Then set the controls and forget it. No guessing or checking.

When your food is cooked to the degree selected, the oven shuts itself off automatically. Unlike microwave ovens that have only timer controls, it can't overcook or undercook.

Complete self-cleaning with the P-7* Self-Cleaning Pyrolytic Oven.



GE invented the whole idea of Pyrolytic self-cleaning ovens. Just lock and set the controls to "Clean" and the oven cleans itself. Top, bottom, sides, inner oven door, racks, lightbulb cover. Even the reflector pans under GE surface units. Nooks and crannies you couldn't get to if you had to do it yourself.

The electricity cost? Less than 15¢* because of the heavy insulation. And because of this heavy insulation, electricity costs are low for roasting, baking, too.

The GE Glass Top Range is a delight to clean because it also has the P-7 Self-Cleaning Oven.

What could be easier to look at than this GE range with the picture window oven. (GE didn't invent glass), but they did invent the self-cleaning oven that comes with this range.

Naturally, a range as modern as this has a digital clock and automatic oven timer.

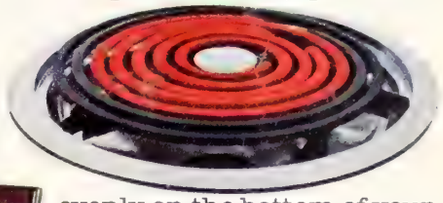


Your choice. Vented or Non-vented hoods.

GE's complete line of hoods comes in nine different models, GE colors, and in widths of 30", 36" and 42".

Heat distribution 3 different ways in conventional ranges.

First, GE Calrod* Surface Units, with more turns in the coils than most competitive units, spread heat



evenly on the bottom of your pans. And they plug in, so you can replace them yourself.

Secondly, there's the 3-in-1 Power Saver Unit. It helps you to save energy when you select the number of coils of heat you want to efficiently match the bottom of a particular pan. 4" for small pans, 6" or 8".

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You get all three when you shop at your neighborhood hardware store — the one with the Sentry on the door. Its owner is an independent merchant who takes pleasure in helping solve your home repair, maintenance and improvement problems. As one of over 4,500 Sentry Stores in the U.S., he always offers top quality at competitive prices! See him for Rockwell faucets and other nationally-advertised products. He's listed under "Hardware" in your telephone directory.

New beauty for your home!

Rockwell

Single Control Kitchen Faucet with Spray



$23.88

Extra long spout covers more sink area. Handy rinser washes cleaner and faster! Guaranteed "drip free" for five years. Easy to install. Instructions included.

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Facts about flu:

Should you have the shots?

Is sex therapy helpful—plus advice on how to handle a fight

By Drs. Robert and Mary Catherine Tyson

Q. What is the truth about prevention and treatment of colds and flu?

A. There isn't just one sort of cold. There are many varieties, each caused by a microscopic virus. *Treatment* is symptomatic, since no cure for these infections is known. Rest is essential. Can you go out? Probably, if your temperature is under 100° and the weather is mild. But a person who has a severe cold and "keeps going in spite of it" is endangering his health. Antihistamines, nasal sprays, and mild pain relievers—such as aspirin and related medication—reduce discomfort and lower temperature. Menthol's aroma is impressive but useless, and so are gargles. A "cold" that responds miraculously to cold tablets, and what are sometimes called "summer colds," are usually allergies, simulating colds. Proper diet, obviously, helps prevention of colds. Get enough protein from usual portions of meat, fish, and eggs. A variety of fruits and vegetables assures you of sufficient vitamins. Massive doses of vitamin C may be preventive, but there's disagreement as to its value. In any event, 500 to 1000 milligrams can't do any harm, because overloads are excreted. Depression probably makes you more susceptible to viral infection. Attitudes can invite trouble. These include recklessness or bravado about health, clothing, and general hygiene, as well as trusting to luck."

Every winter many people self-diagnose influenza when they actually have a cold or bronchitis. Typical flu starts with shaking chills and high fever, up to 105°, profound toxicity, headache, backache, bone pains, and possibly a severe cough. Antibiotics are important, not to cure the flu—a common misconception—but to prevent or treat secondary infections, such as pneumonia, occurring when bacteria enter the weakened body. The word "influenza," like "cold," covers a whole group of different viral infections. Each year the current troublemaker must be identified so the effective vaccine can be prepared and administered in time. These vaccines are highly effective, giving about 80 percent protection, and they may give some slight immunity to colds as well. In view of a possible epidemic this fall of a more virulent type of swine influenza, against which the population has no immunity, influenza vaccine is of much greater importance than it ordinarily is. (But remember that secondary infections, responsible for most of the fatalities in 1918, can now be treated with antibiotics.) It's vitally necessary for everyone 60 years of age, with a history of respiratory infections or problems such as asthma, emphysema, etc., to receive the new swine flu vaccine. It's also a must for people with heart conditions, diabetes, and other chronic illness that could lower their resistance. However, it's of extreme importance to pretest every allergic person before the injection to prevent severe and sometimes fatal allergic reactions.

Q. What's sex therapy all about?

A. Outstanding among today's sex therapy programs is the one conducted by W. H. Masters and V. E. Johnson at the Reproductive Biology Research Foundation in St. Louis. Attendance by both partners is required, because sex problems are regarded as based on their entire relationship and a need for better communication. To participate, the couple takes up temporary residence near the Foundation, while all sessions take place at its clinic.

Like most current sex therapy techniques, the Masters and Johnson approach avoids lengthy probing of the past, and stresses learning new attitudes and behavior. The first step is a relaxed fact-finding conference to go over problems and counteract misinformation. The atmosphere of confidentiality and calm acceptance is therapeutic in its own right and reduces guilt. Next comes the indispensible medical exam, to find out whether problems are caused by genuine physical ailments or are rooted in psychological hangups. A therapy team then holds consultations with each partner singly and later both together. These consultations aim at identifying sexual misconceptions that have to be corrected.

In addition to the systematic Masters and Johnson away-from-

Continued on page 50

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Cheerful willingness to listen usually takes the fight out of people

Facts about flu

continued from page 48

home type of program, sex therapy is practiced by individual consultants in their offices, and may involve one person, a couple, or each partner separately. Theories and techniques vary widely. At one extreme is lengthy, passive, orthodox psychoanalytic probing and interpretation of experience—this obviously with one person—aiming at eventual insight and freedom to change. At the other end is active counseling, offering direct advice and guidance. Often sex therapy is obtained in the setting of general psychotherapy, not necessarily aimed primarily or originally at sex problems apart from others. Your family doctor, if he or she is alert to emotional difficulties, may be a good guide to the best therapist and type of therapy. Remarkably, many ethical sex therapies meet with some success, probably because they have much in common in spite of their differences. All regard sexual pleasure as legitimate, calmly and fully accept the person without blame, offer a confidential ear, believe there is an understandable explanation and treatment for sex problems and hope for improvement. The professional reliability of any individual or group offering any form of sex therapy should be checked carefully. Properly conducted, sex therapy can claim a relatively high degree of success.

Q. Is an argument therapeutic or should you always try to maintain peace?

A. No matter what you do, you can't have complete peace. You can't stay on good terms with everyone. Some conflict and hostility is inevitable. Sooner or later your integrity will be threatened and you'll have to take a stand that may involve an argument. This far and no further is a basic requirement for your self-esteem. However, holding your ground doesn't necessarily mean open warfare. You can defend yourself with determination or oppose someone effectively if you control your emotions. A skilled boxer defends himself and attacks, but he's at his best when he does it coolly. An argument doesn't necessarily mean belligerence. It also means reasoning to show the truth or inaccuracy of a proposition, to maintain a viewpoint you value, to oppose an impractical plan, or to gain some advantage.

You can disarm insistent troubleseekers with a cheerful smile instead of a counterattack, because it leaves them feeling at a loss. T an inquiring, expectant look th says without words: "And wh else?" You can also greet the opening thrust with "I see," sayin "You know, I really don't unde stand. Could you put that mo clearly?" A person may be put o by the prospect of having to repe aggressive remarks; the need grope for other expressions ca have a cooling effect. You migh like the "Yes, but—" technique You accept the challenge, letting pass without direct rejoinder. The you slip in your response. On th other hand, you may actually pre fer a fight to a peaceful settlemen Fighting, verbal or otherwise, u doubtedly stimulates a lot of pe ple and may do them some goo If it makes you feel better an stronger, the only question whether you can afford it. Yo can safely go at some people, b what about a supervisor, a pr spective customer, or someone yo have to get along with and wh resents argumentative attitudes Remember, you can be wrong Don't get into an awkward, futi contest defending yourself whe the other person's right. Admit th error and notice that this adds t your strength. Welcome grievanc with something like: "I'm glad yo mentioned it." Cheerful willing ness to listen usually takes the figh out of people. However, if yo must be critical, criticize what th person had done, and not the pe son who did it.

A man and woman living t gether are the most likely of a to make each other bear the brun of accumulated tensions, becaus he's always there and so is she Subtly growing feelings of posses siveness and taking the other pe son for granted increase the dange of letting tempers fly. Have th courage to understand and reall examine an opposing viewpoin Focus on the facts. Keep your eg out of it. Usually there's an issu at stake, not you as a person. Re cently relaxed sexual attitude don't always affect a man and woman at the same time or in th same way. And that's an interest ing cause of edgy nerves.

Further tips for keeping th peace: Be careful not to let irrele vant tension put a chip on you shoulder. Keep your distanc physically from a challenger. Pe ple feel endangered when yo come too close in a threatenin situation. Speak with calm assur ance, since weakness invites ag gression. Don't force the issue b shutting the door on discussion Leave it open for further give an take. ■

Tough with a gentle touch.



Washing clothes today is an art. The fabrics vary so much. Knits. Double knits. Permanent press. Cottons. To wash everything and to do it right, you need a special kind of laundry system. And Whirlpool has it.

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Bac-Pac Laundry Information Center

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WHEN THE RAINS CAME: TAKING CARE OF GUTTERS

By Deanne Raffel

When it rains and water comes seeping into the basement, you have a problem. But if your house's foundation is in good condition why should a sudden downpour cause so much trouble? The answer is usually gutters. They overflow and water washes down the substructure rather than away from the house through the downspouts.

Your first job is to obtain a sturdy extension ladder, secure it on the ground, and rest it against the house. Climb up to the roof while using both hands to steady yourself and take a good look at the gutters. Are they sagging, as well as being filled with leaves and other debris?

With rubber gloves protecting your hands, scoop out the black murk—there will be quite a build-up sitting over the entrance to the downspout. Clean out the trough running around the entire house, as well as the top and bottom of the leader, as deeply as your hand can reach. Slip the nozzle of a hose up into the pipe and try to wash the remainder of the debris out of the pipe from the base upward. If the spout is still not clear, use a long wire or plumber's snake to loosen the clogged area. Now thoroughly wash the gutters; the water should flow freely out through the base.

Also check for open seams and holes, and see the extent of the bowing. A sagging gutter, as well as a clogged one, dumps gallons of water where it is not supposed to settle. Straighten the bow manually, and attach new hangers to both the roof and gutter as a support for the weakened section.

Open seams must be closed. Purchase silicone adhesive (available in both caulking-gun tubes and squeeze tubes) to close the gaps in the span and plug up small holes.

Larger corroded sections require a patch. Cut a piece of asphalt roofing shingle larger than the opening, cover the area around the hole with roofing cement, and set the patch into the adhesive. Seal the edges and face of the strip with more cement. (A patch made from an aluminum-foil pan may be used on aluminum gutters but *never* on copper.)

To keep the gutter and leaders clean, install mesh (bought at a hardware store), made specifically for this purpose, across the top of the channel. Another helpful touch in keeping a dry basement—add a cement drain trough or a downspout extension pipe that will guide the rainfall further away from the foundation.

Do-it yourself gazebo



A hexagonal garden shelter or house wing is available prefabricated and precut. 16 feet wide, it encloses about 360 square feet of space, approximately 7½ to 8 feet high at cornice or fascia. Dubbed the "Carolina Gazebo," the $2192 package (excluding freight charges) includes 6 columns, 6 laminated rafters, fascia boards, roof decking, roofing felt, asphalt shingles, and hardware for assembling. Flooring materials are an extra $369. Screens or lattice could be added also. The lumber is southern pine, with a sealer protecting the kiln-dried laminated timbers. Columns are pressure-treated with Koppers preservative. For details, write Koppers Co., Forest Products Div., 1900 Koppers Bldg., Pittsburgh, Pa. 15219.

Untangling the telephone



A long cord on your telephone lets you move freely while speaking, indoors or outdoors, and you can install this extension cord yourself. Coiled handset cords are 15 or 25 feet long, $5.95 and $7.45 respectively; straight line cords, 20 or 50 feet long, are $3.75 and $5.95. For wall, desk, or telephone jack outlets, the cords come in 12 colors to match color schemes or the phone itself. Do-it-yourself installation instructions claim to require only a screwdriver. Smith-Gates Corp., Farmington, Conn. 06032

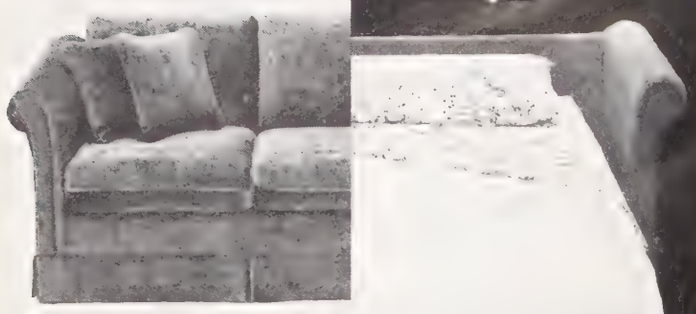
Air-conditioning costs cooled



A new automatic timer for room air conditioners claims to cut electrical power consumption 50 percent by reducing operating time. The timer can be set to turn off the conditioner in the cool of the day—perhaps early morning—and turn it on again before resident return home from work. No special wiring is needed; plug the timer into a wall outlet, the air-conditioner cord into the timer. 125- and 250-volt timers are available nationally for $14.95. Intermatic Inc., Intermatic Plaza, Spring Grove, Ill. 60081.


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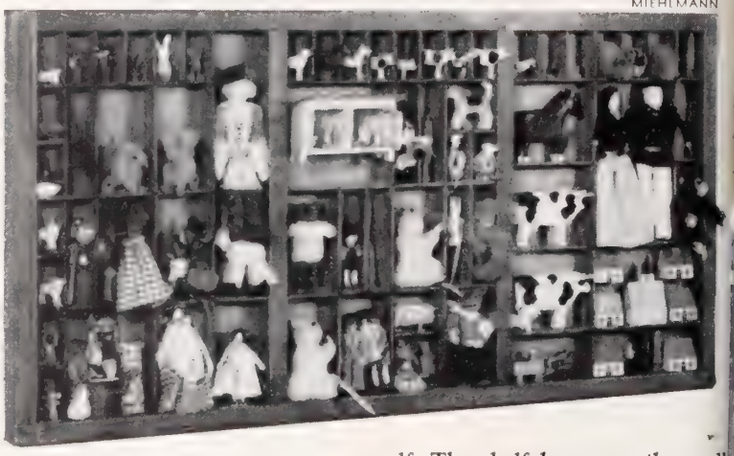
The Children's Exchange



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outdoors • fashions and fads • environments

Small is beautiful

MIEHLMANN



Children are miniaturists—they love to collect small things, the tinier the better. In New York City, Barbara Isenberg made this wooden type drawer into a display shelf for her 3-year-old son's collection of small animal figures and stuffed dolls. She stuck figures with double-sided carpet tape so that Christopher can take them out to play and put them back easily himself. The shelf hangs on the wall with picture hooks.

Compartments range in size from 3 to 8 inches, making nice visual variety in a box 16 by 30 inches overall. Type drawers (used to hold hand-set type in printing shops) can be found in junk stores and antique shops—unless you happen to know a printing firm going out of business. Ms. Isenberg paid $5 for hers. MARY SMITH

Teen-age traumas

Give a teen-age girl 20 dollars, and she will probably spend it on lipstick, clothes, and a magazine that tells her how to put it all together. Give a girl Andrea Boroff Eagan's new book, *Why Am I So Miserable If These Are The Best Years Of My Life?* (Lippincott, $6.95), and her looks will improve from the inside out.

"No one is free from problems or pimples," the author begins, in an attempt to put the troubled adolescent on her feet. She then goes on to discuss girls and girls, girls and boys, sex, birth control, and general health. Two unprecedented chapters on handling parents and knowing one's legal rights ("getting busted," signing contracts, rape, juvenile law), knock down just about any advice-to-teen-agers competition.

If the tone of the book appears controversial, it is because the material is up-to-date. The author admits to a stormy adolescence, and her writing reflects a sympathy for teen-age girls. Ms. Eagan talks frankly and with responsibility about the sexual revolution, women's liberation, and the effect of advertising on women: "Advertising encourages us to be dissatisfied with the way we look and plays on our desire to be attractive." Or parents: "There really isn't any point in making an issue of every little thing that comes up. If you keep a sense of proportion about what is important and what isn't your parents just might respond in kind." The author offers several answers to many of the big choices a girl has to make for herself, never pushing for one "right" solution.

Ms. Eagan's main concern has been to keep up with the modern issues, showing the teen-ager how to handle them by dealing with herself first. That's why *Why Am I So Miserable If These Are The Best Years Of My Life?* makes sense for today's teen-ager.

Continued on page 5



Aristocon, Roman Square

When Aristocon® and Lustrecon® appeared in the kitchen, baths & playroom



Lustrecon, Bergamo

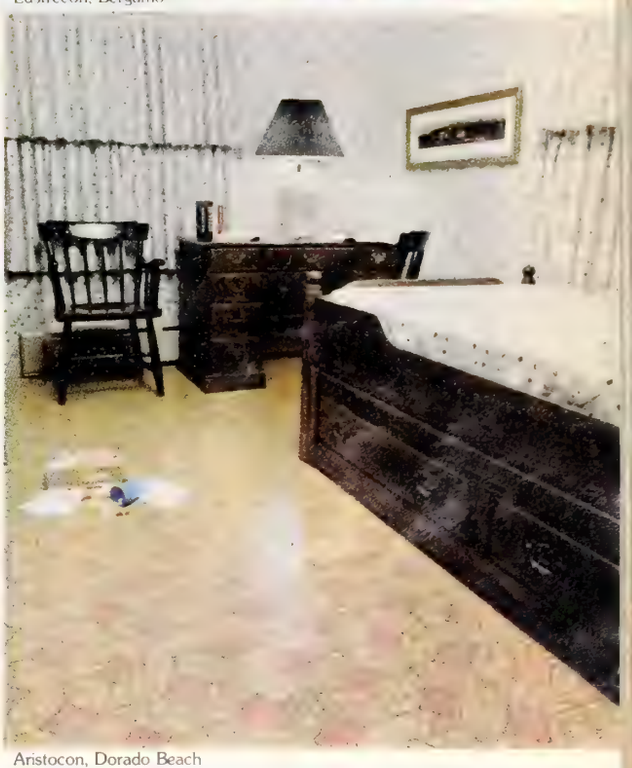


Lustrecon, Athenian



The Kingsberry Tahoe II

....they really floored the Tahoe II.



Aristocon, Dorado Beach

Beautiful? Sure. But these two trend setters in floor coverings have more than sensational looks.

So, when Kingsberry Homes furnished their trend setter home, the Tahoe II, they came to Mannington. They wanted a home with value, ease of maintenance and wearability. The same qualities found in Mannington's Aristocon and Lustrecon.

Both Aristocon and Lustrecon have the exclusive no-wax JT88® wear layer. A wear layer so stain-resistant, that even household problems like mustard, iodine, alcohol and shoe polish won't mar their good looks.

And, unlike other so-called no-wax floorings, they won't need a re-dressing. In fact, just damp mopping and occasional power buffing restore their original lustre.

With exciting designs and today's colors, both 6 and 12 foot widths for seamless installation in most rooms, these beauties could floor any trend setter home.

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hers by Wellco Carpet Corp., Calhoun, Ga.
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to serve anything.

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Neiman-Marcus

THE CHILDREN'S EXCHANGE

continued from page 54

Straight talk about teeth

A visit to the dentist can create more childhood horrors than the Big Bad Wolf. Yet one American child in five has severe malocclusion (teeth not meeting properly), and thus is doomed not only to be stuck in a dentist's chair, but also to wear for roughly two years a nasty contraption in the mouth that straightens teeth. Dr. Jay Weiss, an orthodontist, has given some thought to the problem of children's fears and resistance to braces—probably because he holds a master's degree in psychology as well as being a professor at the Psychiatric Institute Dental Service, Columbia University School of Dentistry. "Parents play a key role," he says, "in that they may have crooked teeth themselves and are saying in effect, 'I don't want my child to suffer what I've suffered.' Often a child is not old enough to understand that, and doesn't really care. It takes a certain amount of maturity to postpone gratification and wait for the future Dazzling Smile that is promised."

Dr. Weiss believes that orthodontists should be more psychologically attuned to young patients. "One of the most important things is to give them the feeling that they have some control over the situation, and some participation in it. For example, I ask them to help in simple ways like writing up name cards to identify x-rays, and even mixing impression material. This kind of approach should be taught in dental schools."

Dr. Weiss believes that cooperation is the key factor. "Young children go through a stage when they *want* to please adults. I believe that orthodontics, to take advantage of this stage, should be done early—before puberty, if possible. The results in such circumstances will be far more successful." Dr. Weiss has written a helpful and witty guide for orthodontic patients and their parents, *Embraceable You*, $8.95 from Health Sciences Publishing Corp., 451 Greenwich Street, New York, N.Y. 10013. CAROLINE SEEBOHM

Nature's child

When it comes to answering a curious child's questions about plant and animal life, almost every parent could use some help. And help is on its way, in the form of *The Complete Family Nature Guide* by Jean Reese Worthley (Doubleday, $7.95).

Notes on dead trees, earthworms, crickets, and spiders all help to raise the reader's Nature IQ. Not only does the book discuss the who, what, and where of nature's various inhabitants clearly enough to be understood even by those adults raised among the concrete fields of our cities, but also there are numerous suggestions for activities to share with children and keep them occupied. How about starting a spider web collection, or making spore prints, or nature note paper?

There could be more illustrations—a common cricket and praying mantis are illustrated, for instance; the ichneumon fly and flower fly are not. Yet the latter are exactly what the curious budding naturalist will be trying to identify. Still, on the whole, the book is a very handy reference for any older child or for a parent trying to lure the younger set away from the steady glow of television even if it's only to the backyard—which upon closer inspection may have more nature hidden in it than you thought.

Oh you Ked!



It's a razzle-dazzle sneaker, one that almost deserves a salute. Red, white, and blue all over, with plenty of stars and stripes, the "Liberty" sneaker, new from Keds, will give a Bicentennial bounce to any kid's summer wardrobe. At stores around the country carrying Keds, they are $9.50 a pair.

TRIUMPHS OF THE AMERICAN TABLE

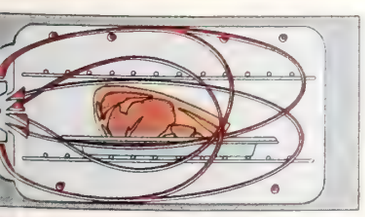
Only the Jenn-Air Grill-Range lets you enjoy them all.



he Jenn-Air Char-avored Beefsteak!

triumph of the Jenn-Air ooktop Grill, it comes sizzling your table. Its crunchy brown ust has the taste of smoke. nd it splits under the knife to veal a lush pink meat running th juices that bathe your outh with every bite.

And it's only one of a whole umphant rangefull of foods Jenn-Air oks in a stream of power-iven air. Jenn-Air's *five* ooktop Convertible units with rface ventilation let you grill, it roast, griddle, shish-kebab id deep-fry. On the rangetop in the oven, Jenn-Air's rstream cookery cooks cooler, eaner, better . . . whisks away noke and odors . . . exhausts rectly to outdoors to keep our kitchen cleaner, sweeter.



he Jenn-Air Power Oven. t's two ovens in one!

irst, it's a conventional electric ven and broiler that lets you ook all your present recipes ithout change. But then, just y flicking a switch, it becomes n entirely new kind of oven that ets you cook foods in a stream of power-driven air.

As a result, the Jenn-Air Power Oven cooks cooler and faster (roasts, turkeys, hams *cook at a 50° cooler temperature in up to one-third less time)!* It cooks evenly, because the heat is spread evenly throughout the oven. It cooks cleaner, because there's less spattering, and smoke and steam are exhausted directly to the outdoors. And it has *two* oven cleaning controls. It cleans itself continuously during use. If deposits accumulate during heavy use, you just switch over to "accelerated cleaning" and the job is done in half the time.



THE JENN-AIR GRILL-RANGE

A magnificent cooking instrument



Jenn-Air's Down-home Yeast Breads.

Hot loaves, fresh from the oven. They fill your kitchen with a basic, down-home fragrance. And they all bake beautifully, dependably nestled in the even heat and double-thick insulation of the Jenn-Air Power Oven. How long has it been since the family came home to the smell of fresh baking at your house?



Jenn-Air Open-Spit Roasted Chicken.

Open-spit roasting makes chicken taste chicken-ier. Clear, radiant heat strokes the chicken as it revolves, develops a fuller, richer flavor, probes deep into the meat to make it more richly gelatinous. Meanwhile, smoke, spatters, odors, and steam that could give meat a steamy taste are whisked away by Jenn-Air's rangetop surface ventilation. And there are no end of good things you can spit-roast—pork, duck, even a bologna basted with cherry preserves.

The Jenn-Air Grill-Range is available with ceramic smooth-top or conventional surface heating elements. Heating elements slip out in seconds, to be replaced by any of the 5 Cooktop Convertible units. Also note the digital clock and brushed stainless steel top.

For the Jenn-Air dealer nearest you, see the Yellow Pages, call toll free 800-428-1825 or write Jenn-Air Corporation, Indianapolis, Indiana 46446. Also available in Canada.

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Boca Raton, Fla.
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Denver, Colo.
Downers Grove, Ill.
Hanover, N.J.
Houston, Texas
Humble, Texas
Lake Forest, Ill.
Mamaroneck, N.Y.
Mt. Kisco, N.Y.
Orlando, Fla.
Pasadena, Calif.
Portland, Ore.
Redwood City, Calif.
Sarasota, Fla.
Scottsdale, Ariz.
St. Clair Shores, Mich.
St. Louis, Mo.
Strafford-Wayne, Pa.
Tulsa, Okla.
Wilton, Conn.
Winston-salem, N.C.
Zionsville, Ind.

Acton, Mass. to open in early 1977

OFFICIAL HEADQUARTERS

House & Garden

Colors

You will find in these stores a selection of furniture, carpets, decorative accessories in our 1977 Colors, and many products or similar choices in House & Garden New Corals as seen on page 104.

Alabama
Bessemer ..... Pizitz
Birmingham ..... Pizitz
Brookwood ..... Rich's
Eastwood ..... Pizitz
Five Points West ..... Pizitz
Gadsden ..... Pizitz
Huntsville ..... Pizitz
Montgomery ..... Pizitz
Roebuck ..... Pizitz

Alaska
Anchorage ..... Nerland's
Fairbanks ..... Nerland's

Arizona
Phoenix ..... Goldwaters
Metro Center ..... Goldwaters
Prescott ..... Goldwaters
Scottsdale ..... Goldwaters

Arkansas
Ft. Smith ..... Froug's

California
Costa Mesa ..... Bullock's
Concord ..... Liberty House
Del Amo ..... Bullock's
Dublin ..... Liberty House
Fresno ..... Turpin's
Hayward ..... Liberty House
La Habra ..... Bullock's
Lakewood ..... Bullock's
Los Angeles ..... Bullock's
Mt. View ..... Liberty House
Northridge ..... Bullock's
Oakland ..... Liberty House
Pasadena ..... Bullock's
Sacramento ..... Liberty House
San Fernando ..... Bullock's
San Francisco ..... Liberty House
San José ..... Liberty House
Santa Ana ..... Bullock's
West Corina ..... Bullock's
Westwood ..... Bullock's

Colorado
Boulder ..... The Denver
Colorado Springs ..... The Denver
Denver ..... The Denver
Cherry Creek ..... The Denver
Englewood ..... The Denver
Lakeside ..... The Denver
Northglenn ..... The Denver
Fort Collins ..... The Denver
Greeley ..... The Denver

Connecticut
Enfield ..... G. Fox & Co.
Hartford ..... G. Fox & Co.
Meriden ..... G. Fox & Co.
Milford ..... Wayside of Milford
Waterbury ..... G. Fox & Co.
West Hartford ..... G. Fox & Co.

Delaware
Wilmington ..... Strawbridge & Clothier

District of Columbia
Washington ..... Woodward & Lothrop

Florida
Altamonte Springs ..... Burdine's
Clearwater ..... Burdine's
Dadeland ..... Burdine's
Daytona ..... May Cohens
Ft. Lauderdale ..... Burdine's
Hollywood ..... Burdine's
Jacksonville ..... May Cohens
Miami ..... Burdine's
Miami Beach ..... Burdine's
North Palm Beach ..... The Pioneer Co
Orange Park ..... May Cohens
Orlando ..... Burdine's
Pompano ..... Burdine's
Sarasota ..... Burdine's
Tampa ..... Burdine's
Westland ..... Burdine's
West Palm Beach ..... The Pioneer Co

Georgia
Atlanta ..... Rich's
Lenox ..... Rich's
Belvedere ..... Rich's
Cobb Center ..... Rich's
Decatur ..... Rich's
North DeKalb ..... Rich's
South DeKalb ..... Rich's
Greenbriar ..... Rich's
Perimeter ..... Rich's
Smyrna ..... Rich's

Hawaii
Maui ..... Nerland's

Illinois
Chicago ..... Carson Pirie Scot
Evergreen Park ..... Carson Pirie Scot
Hillside ..... Carson Pirie Scot
Lakehurst ..... Carson Pirie Scot
Lombard ..... Carson Pirie Scot
Matteson ..... Carson Pirie Scot
Mt. Prospect ..... Carson Pirie Scot
North Riverside ..... Carson Pirie Scot
Randhurst ..... Carson Pirie Scot
Wilmette ..... Carson Pirie Scot
Edens Plaza ..... Carson Pirie Scot
Yorktown ..... Carson Pirie Scot
Yorkville ..... Carson Pirie Scot

Indiana
Ft. Wayne ..... L. S. Ayres
Downtown ..... L. S. Ayres
Glenbrook ..... L. S. Ayres
Southtown ..... L. S. Ayres
Hammond ..... Carson Pirie Scot
Indianapolis ..... L. S. Ayres
Glendale ..... L. S. Ayres
Greenwood ..... L. S. Ayres
Lafayette Square ..... L. S. Ayres
Washington Square ..... L. S. Ayres
Lafayette ..... L. S. Ayres
Scottsdale ..... L. S. Ayres
South Bend ..... L. S. Ayres

Iowa
Cedar Rapids ..... The Killian Co
Iowa City ..... The Killian Co
Spirit Lake ..... Carpenter Interior

Continued on page 6

"We're 2,000 miles apart now, but still just as close."



Before I could tell time, I knew when my dad would be home from work. I'd be waiting at the window, watching for him to turn the corner.

When I was old enough, I'd run to the bus stop to wait for him. And we'd race each other to the porch, then sit on the steps and talk about everything from football to cowboys.

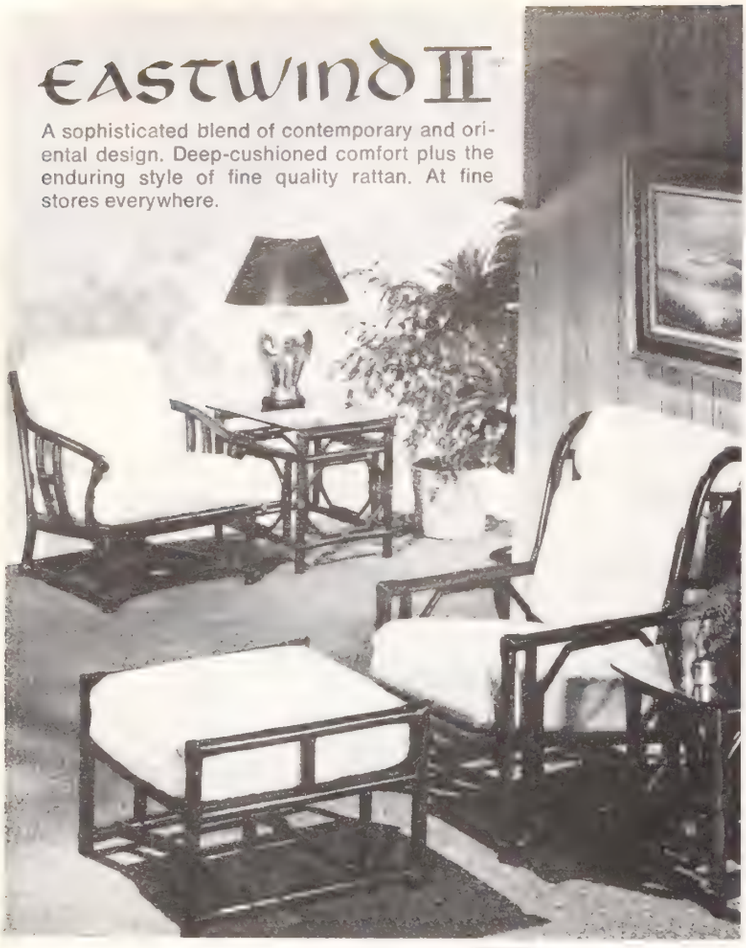
That part of the day was ours. Now, we're 2,000 miles apart, but I still get a kick out of sharing my day with him.

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Carolina Mirror Corporation
North Wilkesboro, North Carolina 28659

OFFICIAL HEADQUARTERS

House & Garden Colors
continued from page 58

Kansas
Topeka .....C. A. Karlan Furniture

Kentucky
Lexington .....Shillito's
Louisville .....Shillito's

Louisiana
New Orleans .....D. H. Holmes
Canal Street .....D. H. Holmes
Lakeside .....D. H. Holmes
Oakwood .....D. H. Holmes

Maine
Portland .....Jordan Marsh

Maryland
Annapolis .....Woodward & Lothrop
Baltimore .....Hutzler's
Chevy Chase....Woodward & Lothrop
Eastpoint .....Hutzler's
Iverson Mall....Woodward & Lothrop
Prince George's .....
Woodward & Lothrop
Southdale .....Hutzler's
Towson .....Hutzler's
Westview .....Hutzler's
Wheaton Plaza Woodward & Lothrop

Massachusetts
Boston .....Jordan Marsh
Braintree .....Jordan Marsh
Burlington .....Jordan Marsh
Framington .....Jordan Marsh
Lynn .....Saxony House
Malden .....Jordan Marsh
Peabody .....Jordan Marsh
Worcester .....Jordan Marsh

Michigan
Dearborn .....Hudson's
Detroit .....Hudson's
Fairlane .....Hudson's
Flint .....Hudson's
Grand Rapids .....Hudson's
Harper Woods .....Hudson's
Lansing .....Bretz Shop
Livonia .....Newton Furniture
Pontiac .....Hudson's
Saganaw .....Hudson's
Southfield .....Hudson's
Sterling Heights....Newton Furniture
Taylor .....Hudson's
Troy .....Hudson's
Westland .....Hudson's

Minnesota
Minneapolis .....Dayton's
Brookdale .....Dayton's
Southdale .....Dayton's
Rochester .....Dayton's
Rosedale .....Dayton's
St. Paul .....Dayton's

Missouri
Jamestown .....Stix, Baer & Fuller
Kansas City .....Stix, Baer & Fuller
St. Louis .....Stix, Baer & Fuller
Crestwood .....Stix, Baer & Fuller
Riveroad .....Stix, Baer & Fuller
Westroads .....Stix, Baer & Fuller

Nebraska
Columbus .....J. L. Brandeis
Grand Island .....Miller & Paine
Lincoln .....Miller & Paine
Gateway .....Miller & Paine
Omaha .....J. L. Brandeis
Ames Plaza .....J. L. Brandeis
Bakers Square .....J. L. Brandeis
Crossroads .....J. L. Brandeis
North Store .....J. L. Brandeis
Southroads .....J. L. Brandeis
Westgate .....J. L. Brandeis
Westroads .....J. L. Brandeis

New Hampshire
Bedford .....Jordan Marsh

New Jersey
Cherry Hill....Strawbridge & Clothier
Echelon.....Strawbridge & Clothier
Manalapan .....Steinbach's
Paramus .....B. Altman & Co.
Pleasantville .....Steinbach's
Short Hills .....B. Altman & Co.
Woodbridge .....Abraham & Straus

New Mexico
Albuquerque ....American Furniture

New York
Albany .....Mayfair
Babylon .....Abraham & Straus
Brooklyn .....Abraham & Straus
Eastland .....Sibley's
Elmhurst .....Abraham & Straus
Garden City .....Abraham & Straus
Hempstead .....Abraham & Straus
Huntington .....Abraham & Straus
Lake Grove .....Abraham & Straus
Manhasset .....Abraham & Straus
New York .....B. Altman & Co
Rochester .....Sibley's
Saratoga .....The Carl Co
Schenectady .....The Carl Co
Shoporama .....The Carl Co
Scotia .....The Carl Co
Willowbrook .....The Carl Co
Syosset .....Caldwell's Interior
Syracuse .....Sibley's
Victor .....Sibley's
White Plains .....B. Altman & Co

North Carolina
Fayetteville .....Belk
Wilmington .....Furniture City
Winston-Salem .....Belk

Ohio
Beldon .....Higbee
Cincinnati .....Shillito
Beechmont .....Shillito
Kenwood .....Shillito
Tri-Country .....Shillito
Western Woods .....Shillito
Cleveland .....Higbee
Ford City .....Higbee
Great Lakes Mall .....Higbee
Midway Mall .....Higbee
Parmatown .....Higbee
Severance .....Higbee
Westgate .....Higbee
Columbus .....Lazar
Eastland .....Lazar
Northland .....Lazar
Westland .....Lazar
Lima .....Lazar
Mansfield .....Lazar
Salem .....Strou
Upper Arlington .....Lazar
Warren .....Strou
Youngstown .....Strou
Austintown Plaza .....Strou
Eastwood Mall .....Strou
Liberty Plaza .....Strou
Southern Park Mall .....Strou

Oklahoma
Norman .....Mister Rob
Sand Springs .....Frou
Tulsa .....Frou
Briar Village .....Frou
Brook Plaza .....Frou
Crystal City .....Frou
Eastgate .....Frou
May Meadow .....Frou
Northland .....Frou
Southland .....Frou

Continued on page

26 lovely, easy gardens



This is the book that shows you how

HOUSE & GARDEN's 26 EASY LITTLE GARDENS is a gem of a collection of some of the very best small garden designs . . . a delightful, visit with 26 ingenious gardeners who all have *limited space, limited time* — and *unlimited imagination.*

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OFFICIAL HEADQUARTERS

Color stores
continued from page 60

Oregon
Eugene .....Meier & Frank
Portland .....Meier & Frank
Lloyd's Center .....Meier & Frank
Washington Square .....Meier & Frank
Progress .....Meier & Frank
Salem .....Meier & Frank

Pennsylvania
Ardmore .....Strawbridge & Clothier
Bethlehem .....Furniture Hall
Jenkintown....Strawbridge & Clothier
Monroeville .....Kaufmann's
Mount Lebanon .....Kaufmann's
Neshaminy .....Strawbridge & Clothier
Philadelphia .....Strawbridge & Clothier
Pittsburgh .....Kaufmann's
North Hills .....Kaufmann's
Rochester .....Kaufmann's
Plymouth Meeting .....Strawbridge & Clothier
Springfield....Strawbridge & Clothier
St. Davids .....B. Altman & Co.
Williamsport .....Meelan's

Rhode Island
Warwick .....Jordan Marsh

South Carolina
Greenville .....Tate Furniture

Texas
Arlington .....Sanger Harri
Six Flags Mall .....Sanger Harri
Beaumont .....Joske's
Dallas .....Sanger Harri
Oak Cliff .....Sanger Harri
Plymouth Park .....Sanger Harri
Preston Center .....Sanger Harri
Town East .....Sanger Harri
Valley View .....Sanger Harri
Houston .....Joske's
Gulfgate .....Joske's
North Line .....Joske's
Post Oak .....Joske's
Town & Country .....Joske's
Westwood .....Joske's
Irvington .....Sanger Harri

Utah
Cottonwood .....Z.C.M.I.
Ogden .....Z.C.M.I.
Salt Lake City .....Z.C.M.I.

Virginia
Landmark.....Woodward & Lothrop
Seven Corners Woodward & Lothrop
Tysons Corners Woodward & Lothrop

Washington
Bellevue .....Frederick & Nelson
Seattle .....Frederick & Nelson
Aurora Village Frederick & Nelson
Southcenter Frederick & Nelson
Tacoma .....Liberty House

Home-improvement loan
continued from page 44

Powers of deduction

If your children are off to prep school or college, there is a small way to ease the bite of higher tuition bills—deduct some of them on your tax return. If your child goes to a special school because of a medical or psychological problem, you can deduct the entire cost as a medical expense. The only proviso is that the school must be specifically staffed and equipped to handle handicapped children. If your child attends a regular school or college, you may still be able to deduct a small part of his or her tuition as a medical deduction. If the school itemizes the percentage of its tuition that is devoted to medical expenses in its bill, you can deduct that portion.

Going out with style

If you or a relative of yours are forced to retire at 65 because of corporate policy, don't neglect possible benefits involved. Surprisingly enough, being forced to retire is like being laid off from your job—which means you can collect unemployment benefits from your state. What's more, collecting unemployment benefits, which are tax free, will not reduce the amount you get from your pension plan or from Social Security.

Lock, stock, and barrel

If you're about to move, it's no much easier to collect for damag done to your property—thanks some new regulations issued by th Interstate Commerce Commissio Here's what your rights are:

When figuring out how muc compensation you're entitled to mover has to base his calculatio on the property's replacemen value after taking depreciation fo wear and tear into account. Un now, a mover could base his calc lations on the item's *original* cos which is usually much lower tha the replacement value, and is the depreciated. If the property is irr placeable—say, one glass out of antique set—the mover has to u the original cost, adjust it high for inflation, and then take depr ciation into account.

A mover is now liable for dam ages done by one of his or her su contractors—say, someone hire to disconnect or hook up yo dishwasher and other appliances

Greenery gets a break, too— mover is now liable for any plan that die on their way to your ne home. You must pack the plan according to the moving co pany's directions and inform th mover they're part of the shipmen

If property you want stor temporarily is placed in permane storage, a mover must give you a vance notice and let you kn if liability for that property w shift to the warehouse owner. ■


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THOMASTON MILLS



REFINISH YOUR BED IN ONE EASY COAT.

Do patterned sheets soothe your psyche?

They do for their designers, as you will see on page 96. Sleep researchers, Sandra Oddo found, aren't so sure; but she did uncover some new dream facts.

Do stripes on your sheets give you angular dreams? Have printed flowers a subconscious scent? Does your choice of bedclothes affect the way you sleep—does it have significance?

"Hmm," says Dr. David Davis, who has a sleep clinic in New York City. "It's never been studied." Never? "No, never," affirms Dr. John Karaçen, secretary of the American Sleep Association. People have been taped to electrodes from their eyeballs to their toes to sleep for science. "Sometimes to make them comfortable we tell them to bring what they want from their own beds to the clinic," says Dr. Karaçen. "It's almost always their pillows."

Dr. Allan Hobson, a neurophysiologist at the Meuss Mental Health Center at Harvard University is studying the rhythm of sleep. Every 15 minutes throughout the night his special time-lapse cameras click, freezing a second of sleep into part of a 36-picture series of a night's rest. The pictures were recently shown at the Sleep Association meeting in Cincinnati, and his group is planning an exhibition on the physiology of sleep to be at the Carpenter Center for Visual Arts in Cambridge, Mass., next spring. "We want to call attention to the esthetic aspect of our work." "Sleep is beautiful—dynamic, rhythmic, lyrical. It is behavior that takes up a third of our day, and we're not even aware of what we look like while it's going on." The pictures show the development of sleep from the first flirtings with dozes to the intricate shared patterns of sleep that develop when two people share a bed.

And the bedclothes? He does his own sleeping under an antique crocheted coverlet made by his grandmother, through which he can see the red stripes of his very modern sheet. "It makes me feel rather swinging, I guess, under the more formal shape of the coverlet." Aha, then the sheets are significant.

"Habitat variables like sheets may very well be important," says Dr. Hobson, "but there is no evidence. What interests me is the inside of sleep—the brain mechanism." His photographic work shows the sleeping bodies movin to respond very closely to th cyclical rhythms of the biologica clock that clicks over in the brai every night. The cycle is 90-10 minutes long in man (cats' cycle are 30 minutes, elephants' are hours, probably indicating that th length of the cycle is related to th size of the brain) and include marked stages of deep slee dreaming sleep, and several othe regular changes in bodily rhythm "We now know that dreams are fixed pattern of action controlle only by internal rhythms," he say "The content of the dream can b influenced from outside, but, co trary to Freud's psychoanalyt theories, there is no evidence th the action of dreaming comes fro anything external to the brain's s cycle. The questions raised by t mechanism of dreaming itself a fascinating. For instance, how we see things without light? Ho are the images generated? A where does the information f them come from?"

It appears, says Dr. Hobso that the parts of the brain co cered with eye movement may al switch on the brain's visual pe ception system—so that wh Rapid Eye Movement sleep ro the eye to the right, for examp the brain asks itself "what do this random movement remind r of?" And then, perhaps, it shu the resulting image through me ory and emotional channels un it is properly fleshed out to be p sented in the context of a drea "This evidence of the mechani generation of dreams challeng the classic psychoanalytic vie Dr. Hobson says. "Instead of dream being a defense mechani for the psyche in which inform tion is presented through the which says 'No, you can't come until you've got your clothes o dreams are very creative activi The brain turns a minimum of formation into an interesting p ture."

Researchers like Dr. Rosal Cartwright at the University of I nois in Chicago, who is looking evidence of extrasensory perc tion in dreams, are trying to f

Continued on page



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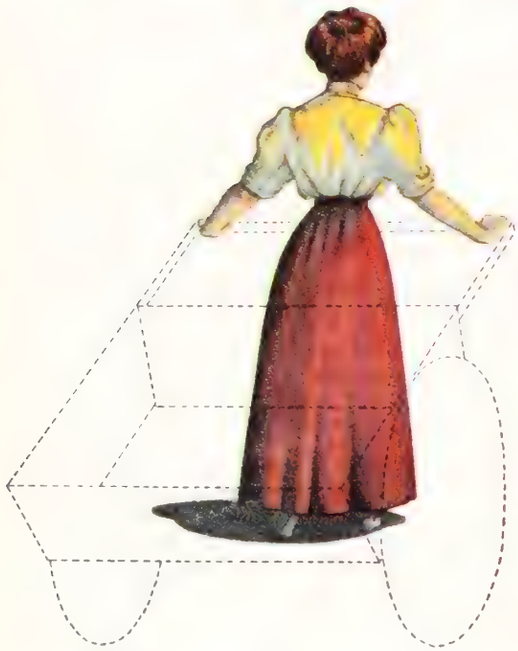


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ouse & Garden
ptember, 1976

color let go

It's a special gift, the ability to see in color. Humans can do it, and so can a few other animals, like birds, some of the primates, a few lizards, and the honeybee (although the honeybees' visible spectrum is different from ours—they can't distinguish red from black, but they can see ultraviolet). The rest of the animals exist in a world of mystery, primal shadows, perpetual shades of night. But for us, there's color! Color is awake, here, now. And we seem to be evolving toward even greater capacity: Suddenly we are aware that *our* spectrum is deeper, broader, dazzling with colors that never existed before. Reality supersedes logic. We begin to see like children again, like dreamers, with kaleidoscope eyes, knowing that anything is possible now. Color won't be restrained, so don't even try. Let color become your way of life, your state of mind. See with fresh eyes, feel color, listen to color, smell it, taste it. Don't hold back—let go!

color shock

The excitement of colors you've never seen before

BY DOUGLAS DAVIS

Ad Reinhardt said: "There is something wrong, irresponsible, and mindless about color, something impossible to control." Barnett Newman —a colleague of Reinhardt—welcomed color. In the late 60s he painted a series of huge, glowing, three-color canvases entitled *Who's Afraid of Red, Yellow, and Blue?* It is a debate as ancient as the caves and as fresh as now, because there are two eternal answers to the same eternal question, living side by side, like the male and female traits in every psyche: Yes, color is relative, impossible to control, and immoral; yes, color is absolute, it can be used to predictable effect, it is pure-as-light. Certain manufacturers and designers will hold for the second yes: They know blue sells, blue makes a room restful. But turn the "hue" and "chroma" controls on your TV set and something else happens: Color fragments into a thousand hues-without-name, depending on the channel, the subject, the hour, and the minute. Josef Albers claimed all his life that color is *never* seen by the eye As It Is. He would send 50 students into the same street to find examples of "Coca-Cola Red" and get 50 different answers. "If one says red," he wrote, "and there are people listening . . . it can be expected that there will be many [illegible] ir minds . . . and one can be sure [illegible]ls will be different."

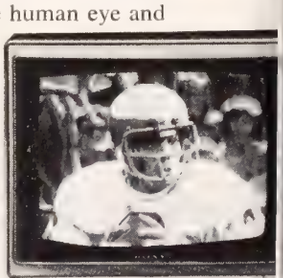
[illegible] of color [illegible]s of [illegible]ho spent more time thinking about color theory than anyone this side of science, believed that nations and races afraid of color retreat into black and white. The British and the Germans (and other "people of refinement") preferred "absolute negation" of color, "owing partly to weakness of sight, partly to the uncertainty of taste." But the French, the Italians, the Spaniards loved "active" colors, red most of all. Anyone who steps off a flight from most of Europe (East and West) finds the American landscape in 1976 "active" with color. White tennis shirts are now scarlet; lips and nails form a spectrum of brash orange, shiny pink, or even azure; black suits are now yellow; dress shirts open and multicolored; cars striped down the middle; and public plazas aglow with sleek red Calders; museums adorned with all-red, all-blue, all-white paintings; institutional buildings (even one hospital) dabbed with coats of bright primaries. If a monochrome landscape means uncertainty of taste, we are now certain, very certain.

Something is changing. We are on a different track now, leading to a different end —unless the decision made by an entire society to convert to color (the United States in the last century was conspicuously monochrome) is in fact superficial, unprompted by deeper, inchoate instincts. But think again. Of all the visual phenomena that assault our senses, color is the least susceptible to measurement and analysis. We can measure light, chart wavelengths, and scale [illegible]ls, but we cannot isolate color from its source of perception. Goethe said—again—that we perceived it with our souls. Countless others have insisted—many of them psychologists—that we associate every color with a memorable event, be it the wallpaper in the room where we spent our childhood or the flower that we picked for our first love. If this is so, then the new American indulgence in color is a delicious mystery that deserves our serious attention, if not investigation by a psychic detective.

Pause first to define the signs of this change, to ask *what* rather than *why*. In art —always the leader of fashion, design, architecture—the amazing and self-evident fact is this: Color has triumphed as form only in the 20th century.

Not until our lifetime did all-color paintings begin to be proud of themselves as all-color. Not until now do we find—for the first time in the history of art—paintings calling themselves *Red; White; Green Red Yellow Blue; Blue Lines 10; Umber; Magenta Double,* with no pretense to being other than what they are.

Nasty, sinful color. It has a life of its own now. We can't keep it out of our lives, even when we try (and increasingly we don't). Our tolerance for new, synthetic hues is boundless, opened up not only by theories about the mechanics of the human eye and mind (briefly: The eye-beam itself *imposes* itself on everything it sees. There is no absolute, objective world beyond us; there is only what we see/construct), but in the experience of modern life. Primitive man saw only the colors granted by nature—the green of the grass, the blue of the sky, the white of clouds, the black of night, the yellows, pinks, violets of flowers. These are quite enough, you might say, but a plenipotentiary of 'color-lights" has been added, through aniline dyes, coal-tar derivatives, metallic oxides, neon lights, acrylic paints, polymers, color photography. *(Continued on page 114)*



The TV does not color as the man eye

AVEDON
M. E. SIC
WALKER
ERIC POL

Editor's note: [illegible] an artist and critic whose videotapes, prints, drawings, and obje[illegible] exhibited extensively. His most [illegible] *ments for a New Art of th*[illegible] published last year. Critic [illegible] *Newsweek* magazine, Mr. Davis is currently working on a book of essays to be published by Harper & Row later this [illegible]



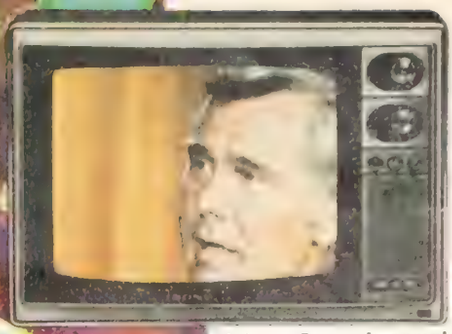
g color distortion sparks Richard Avedon's poster of John Lennon.



s "The Four Seasons," in Chicago, is a mosaic of bright tender color.
Evans' "Parking Garage, New Haven, Conn. 1973," *below;* Polaroid SX-70.

)ision,
lern painting,
film and
ieras
bringing us
brant
) spectrum and
nging the way
see color





Johnny Carson's complexion can change with the turn of a knob.

Grass is red, people yellow, on ABC's action football shot.

Redness is the subject of Robert Rauschenberg's brilliant "Red Interior," *below* (coll. V. Ganz).

Calder's stabile, *below right*, dominates a Chicago plaza.





The discover of color its energy, passion, and delight





Imagine a room, white, wide, and empty. What goes there? A table? A sofa? A color? A room is a world, and as artists know, when you create a world on canvas, you have only a few materials with which to work. Space, form, and, perhaps the most powerful, color. To stimulate your appetite for exuberant color, we show you Matisse's brilliant Woman in Red *(detail at left; private collection, New York). Next to it, a room in clean white, empty and full of light, designed by architect Hugh Newell Jacobsen. It waits for color to bring it to life.*



Letting go with color

KEITH TRUMBO

Letting go with color





Flowers in paintings hold still. The seasons don't bother them and they don't need water. But there are other ways to have the year-round color of flowers in the house. Plant-growing, like art-collecting, is a full-time passion. You begin, perhaps, with three African violets—but before long, you're cultivating a small jungle.

Flowering plants are the reason for this room, as a painting was for the room on the preceding page. The house was remodeled for southern sun; the floor is spillproof, and everything is white, so that light ricochets onto the green leaves. When the plants moved in, most of them were small, gifts from friends and family, with no claims to botanic rarity. Geraniums, "plain geraniums," the owner says fondly. But they do bloom! Year-round, the geraniums grow and flower. The flowering maples open up. The clivia holds forth in sunny hues. The hydrangeas—because they only flower once indoors, they're temporary guests waiting to be replanted outside—produce their big pink snowballs. All oranges, reds, pinks, whites (blue flowers are sad, the owner feels). They are all cared for in unusual ways—for the complete story, turn to page 108—and they thrive.

Matisse loved flowering plants. In *Large Interior in Red* (a detail is at left; the painting is owned by the Musée d'Art Moderne in Paris), he put them on the table and in the painting on the wall, surrounded with vibrant red.

NORMAN MCGRATH



plants

Color that grows
–flowering plants
to fill a room
with life



Letting go with color

Ways of using color are almost without number—neutral, natural, strong and dark, pastel, vivid. "Both harmony and dissonance of color," said Matisse, "make very pleasant impressions." Sometimes, an unexpected combination of color and pattern that at first is startling, on further acquaintance vibrates into a new harmony.

First there was an Oriental screen, large and handsome, ten panels with an understated floral theme. The color started there. The question was: How to turn the room into a garden to go with it. Fabric and pattern were the answers. Designer Bebe Winkler put floral-printed fabrics over all the furniture, in House & Garden's new coral colors, ranging from pale to intensely orange. On the floor, a rug with a geometric print that recalls bricks, perhaps, or lattices like the brass frame for the big glass coffee table. Pillows, big, soft, and comfortable, in a tiny brown-and-white geometric print. Real greenery—tall spiky plants—was added to the exuberantly flowering fabrics. And small bright Oriental vases. The room became a landscape, a place of color and pattern. At night, Miss Winkler says, the light that shines through pale peach lampshades, reflecting from the pale peach ceiling, is warm and luminous. The plants and flowers are from J. Barry Ferguson.

***Open Window,* (a detail) painted by Matisse in 1905 (owned by John Hay Whitney), was one of the first, very controversial Fauve paintings. In it, Matisse used sharp contrasts of line and pattern that the room at left recalls.**

HORST

Furniture, wall coverings, patterns to ake the most of color

Letting go with color



Space, form, and color, the artist's world. There are no laws for combining them no tried and true recipes. "Above all, I want to achieve serenity," said Matisse as he boldly arranged his oranges and blues—and then rearranged them until h was satisfied. Try using color like an artist, freely, and with bravado.

The Clyfford Still painting on the wall is the whole reason for this room. J. Patrick Lannan wants all his rooms to respond to the art he collects. He rearranges them until the rooms themselves are works of art—a color, a piece of furniture, a new African sculpture, a very old Ming vase. Bit by bit they become neighbors, trying out relationships with one another until each has found its own unique place. The collection is eclectic, every era, every civilization represented by what Lannan believes is its best. From left to right, *above*, the artworks include a Ptolema Egyptian sculpture, the huge Clyfford Still, Ming vase, a painting by Robert Goodnoug a 3rd-century haniwa horse from Japan. Cei ings are 18-karat gold leaf, rugs are Finnis wall hangings, furniture is Swiss.

Artists' colors also affect fashion, says designer Ma McFadden, one of whose vivid creations is modele by Iman, *right* (see page 88). She starts with a fabri adds a free-flowing pattern, and has it printed in co ors "right across the rainbow." If you collect art, sh says, your furniture should not dominate. If you don make furniture your art, in bright bold colors.

DAVID MASS


art
Excitement for the eye,
stimulation for the mind–
the world of color in art
SUSAN WOOD

Letting go with color

paint



rprises by the brushful. a color, any color, to give om a whole new look

Imagine the freedom and joy you would feel if just by expressing your personal mood you could make an impact —visually—whenever you wished. That's what architect and teacher Don Wall and his wife Mary Ann achieved in their very small, conventional apartment. They turned the space into a virtual walk-in painting, opening it into a place where people—their appearance, their movements, and their experience of each other—could be the most important consideration.

"We rescued this apartment from an oblivion that many people have to live with by following the belief that these rooms could be made 'objects enough'," says Mr. Wall. "We also simplified things further by eliminating the clutter that often substitutes for feelings and individuality. In these rooms, now, it's *people* who are the action, the interest, and the focus."

There is nothing random about those uninhibited sweeps of black and white: The whole area was carefully divided into 8½-inch-wide strips, which is also, quite conveniently, the width of a standard painter's roller. Points of symmetry and asymmetry were selected so that the strokes make frames around active areas. The black frame around the living-room coffee table, for example, makes it a visual focus of the room. The black strokes also camouflage many structural errors.

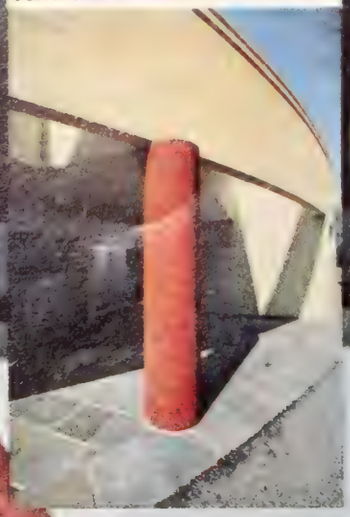
Why black? "Black makes a wonderful backdrop for color. It's a foil for people and what they wear, and it's my symbol for order and simplicity," says Mr. Wall. "We change the dominant contrasting color often, according to the time of the year, the light, the flowers, the table settings, whatever we're aware of that we can add or subtract. About five times a year seems right. We painted the dining table mauve because for us it's a color of spring. You wouldn't believe how easy it is to pick up a paintbrush, dip it into some glorious color, and swoosh, swoosh, everything is different, new, and alive!"

The pole that Mr. Wall is busy painting red, *left*, was added to the living room as a changeable color source. "We wanted to be able to control the direction the eye travels exactly the way an artist does. The matte textures of black help us, too. The thick black of the carpet and the velvet black bedspread both work to let the bright colors we choose carry their own weight." The red pole in the living room complements the pink azaleas, too—another sign of spring.

SUSAN [illegible]
ROBERT [illegible]

arch

Letting go with color



Terra-cotta column at entrance

itecture

Built in color, inside and out. Color to emphasize form, define space, add spirit



Architects Robert Stern and John Hagmann freely admit they find refreshment and stimulation in the past. A client with a collection of 1930s furniture inspired them to design this house which looks back, through colors and soft, sensuous curves, to the 30s era. Despite the nostalgia, it is a great house of the 1970s, in its openness and the cascades of natural light pouring through unexpectedly placed windows and skylights—and in the daring juxtaposition of curves against straight lines.

To Robert Stern, the attitude that a modern house has to be white is "just a result of brainwashing." When color seems right, use it, he says. In this case, taking a swing back to the 30s, he built a house in pale, creamy yellow edged with terra cotta. The yellow reflects the local stone, which is used for some of the terracing around the house. So the color is absolutely right, historically and geographically. It's a house of continual, dazzling excitement. Two façades, a streamlined front that says 1930s and Frank Lloyd Wright and a back that speaks of Jefferson and 18th-century elegance. All on one level, designed for a woman who loves to entertain, the guest wing, with two bedrooms, is at the west end, separated from the owner's bedroom wing by the living room, kitchen, and staff quarters. The Blue Sky guest room, shown here, is furnished with Paul Frankl furniture made in 1934, refurbished with fresh fabric. Clock, ashtrays, dressing-table accessories were "ransacked from the attic to go with it."

Above: **double curved wall in the guest room is a response to the 30s furniture. Architecturally, by curving the wall, space is created,** ***opposite page,*** **which allows light into the swimming-pool changing rooms below.**

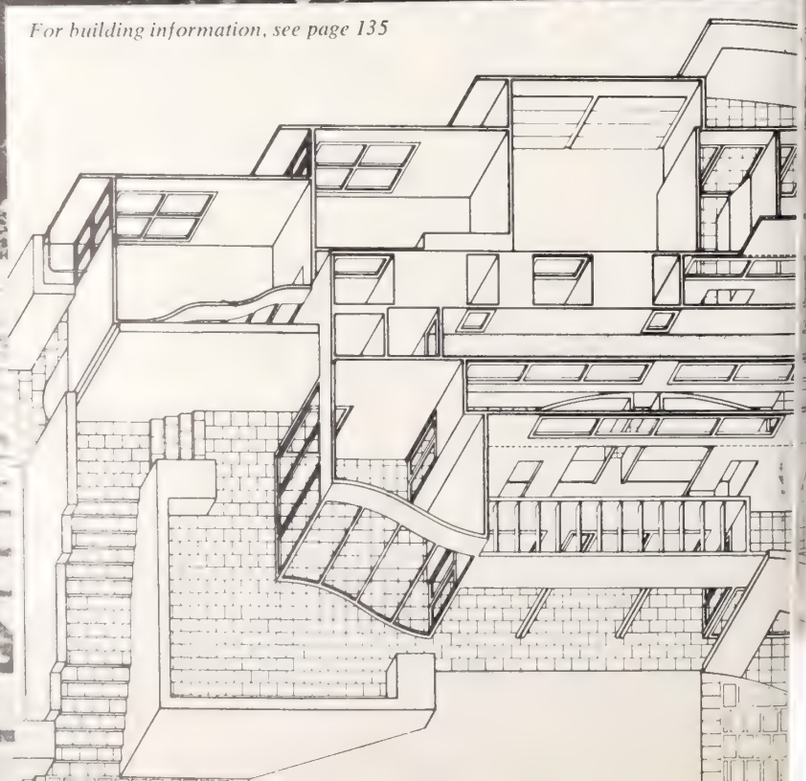
ELLIOTT ERWITT



Archways in outer wall frame view from living room and kitchen

"The concrete wall is a curtain outside the glass, frames the view, takes a lot of the sun, gives a sense of protection"

For building information, see page 135

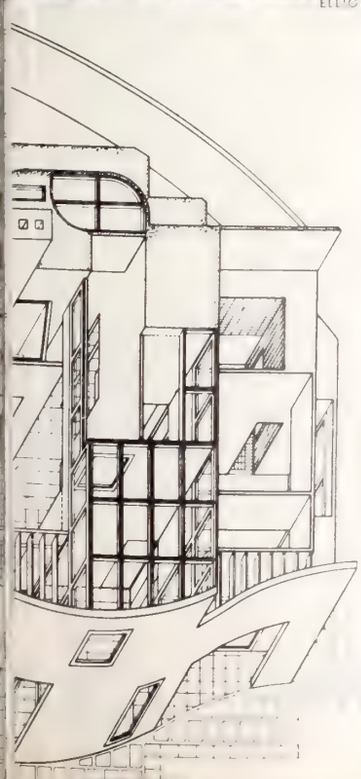




Looking across the pool, which is painted black to look like a lake



ELLIOTT ERWITT





From the back lawn, an arrangement of curves and cutouts etched in terra cotta



Robert Stern



John Hagmann

A wall for the sun (concrete) and a wall for enclosure (glass). Robert Stern says he found the courage to build this double-layered façade at the back of the house from Louis Kahn's writing and architecture. Transparent window walls open rooms to light. Outer wall frames the view and gives a sense of protection. It dispenses with a need for curtains.

Here you can see how the mood of the house changes in the back. "It's garden, terraces, exotic plants from foreign places which you grow as precious things, the conservatory, the orangerie, the whole idea that goes right back to the 18th century or even earlier," says Robert Stern. Across the two layers of walls are pergolas which in time will bear a tangle of purple wisteria and make a shady place for outdoor buffets, which the owner loves to give in summer. Looking at the house from the garden, the eye travels over a complicated arrangement of curves and cutouts, columns and arches. There's a tantalizing feeling of not being able to figure out what's where and a conscious effort to avoid being predictable and boring.

Opposite far left: **freestanding, curving wall stands like sculpture on a blue stone terrace. Plan, *left*, shows master bedroom suite at right, guest bedrooms, far left. Living spaces, scaled**

"Spring-like colors make you feel you're in the garden even in the winter"



Living room: comfortable seating, steel floor lamps

Colors indicate mood and feeling. In the bedrooms, they are delicate and soothing, Pink Pink, Blue Sky, and Pineapple. Greens and stronger pinks make the living room like a spring garden. In the kitchen, the heart of the house, intense Sun Yellow with a hot pink and Oyster White suggest energy and action.

The 30s was not a time of primary color, Robert Stern insists, so there is nothing too strident here. Pinks, greens, blues, and yellows wash the walls. "We wanted the house to be bright and cheerful." The conservatory, between master bedroom and living room is a winter retreat where exotic flowers and shrubs can be enjoyed when nothing grows outdoors. The owner, with a California background, likes this idea. With a house all on one level, there is ample chance to play with ceiling heights and skylights. Glass is popped into the ceiling, for example, in the living room, so natural light sweeps down to frame the fireplace.

Above: **Living room fireplace niche with dropped ceiling, has comfortable banquettes upholstered in white linen. "Coves" on either side of the fireplace are washed with natural light. Yellow curved corridor leads to kitchen and guest wing.**



Right of living room, the glass-roofed conservatory





Conservatory, an indoor garden

color origin

Mexican architect Luis Barragán and painter Jennifer Bartlett use color in unique exciting way



Artist Jennifer Bartlett and her *Rhapsody*

The brilliance of Mexico

Who is Luis Barragán? Few people know much about this outstanding Mexican architect who works in brilliant colors, because he hasn't wanted his work to be published. And he has never accepted a commission outside his own country. Three years ago, Emilio Ambasz, Curator of Design at New York's Museum of Modern Art, went to Mexico City, where Barragán lives and works, with a mission—to bring Barragán's treasure of architecture to light. The result: a dazzling slide show now running at the Museum of Modern Art through September 7, and the simultaneous publication of Ambasz's *The Architecture of Luis Barragán* (Museum of Modern Art, $27.50; $12.50 paperback). Barragán, now 74, began to build in 1927 in Guadalajara in Spanish colonial style, with lots of arches, tiled roofs, and pergolas. In 1936, he moved to Mexico City, where his buildings, with smooth, white surfaces and modern lines, were clearly influenced by the International Style. In 1945, at 43, "when he had worked through all styles," says Ambasz, "he found his." Buying 865 acres of extraordinary desert land with great volcanic rock formations, he started to build a residential development with parks and gardens. Lava rock walls were stained with paints—rust, pale green, blue, sometimes bright pink. Natural vegetation was preserved. Steps and pathways were carved into rocks; water pools created out of the sea lava.

At first, people were unimpressed and afraid of living side by side with cactus and snakes. But by 1960, over 900 houses had been built and Barragán was established as an architect of feeling, a visionary who understood the power of building with nature. Because he respects the simple, popular building in Mexico—the ranches, convents, villages—Barragán builds in brick covered with stucco and painted anything from hot pink or purple to vivid orange. This conscious choice of unsophisticated material allied to strong shapes seems to exaggerate the feeling of drama and grandeur. Sky is part of the composition—building and nature combine in one enormous canvas. "He knows how to control great architectural theatrical effects," says Ambasz.

Among his few commissions for private owners (Barragán prefers to be his own *(Continued on page 135)*

Imaginative multiples

Artist Jennifer Bartlett, *left*, also explores boundaries. Like Luis Barragán's buildings that begin with finely defined borders between the desert and sky, her impressive *Rhapsody*, a collection of 988 enameled steel plates in three sections (recently displayed at the Paula Cooper Gallery in New York, now on a tour that begins at Dartmouth College, August 15 to mid-September), also begins with physical limitations: the plates, each 1 foot square; the 25 colors of Tester's high-gloss enamel that she used; the gallery walls; and her perceptions of the essentials of art. A point, a line, three fundamental shapes, four images (tree, house, mountain, and sea)—and color. She investigates them, left to right along the gallery walls, peeling away nonessentials until only simple uncompromising meaning is left. Noted art critic John Russell called her five-year effort "the most ambitious single work of new art that has come my way since I started to live in New York."

Stable in Mexico, *right*, for Mr. and Mrs. Folke E presents the horse as actor. Before being ex an adjoining field, the animals walk in an enclo leaving and entering their stage from two ope pink wall. Riders enter through dramatic pur

als



Large-scaled fountain for horses. Water gushes from beam





Passage, *above*, from living room to bedroom. On wall, canvas, beads, and thread by Alan Shields.



Music room, *above*, with dhurrie rug, New England quilt behind piano, and three Madagascan figures.



Bamboo arrangement with moss, *above*. Living room, *below*, with Judd Fine bamboo poles, Nigerian rug.



The color world of Mary McFadde

Fashion, food, and fla

"There are some people whose hous are monotone, so they wear lots colors," says fashion designer Ma McFadden. "Other people's hous are tremendously colorful, so the clothes are often monotone." Ma McFadden herself, not surprisingl falls into neither category. "I ma tain that all my clothes, which have lot of color in them, will work in n setting. In other words, anything w go with anything." This bold credo evident in all the clothes she design which cover the color spectrum. "I divide the collection up between t colorful and the monotone, becau some people like color and oth don't. But again I maintain that wh people say a certain color does look well on them, they are mistak —with a few exceptions, of cour But the fact is that most people c wear any color." Her collections de onstrate that clearly enough. H showroom is a light and airy loft w batik-covered couches and—a ty cally original touch—cardboard tu suspended from the ceiling wrapp in bright orange and fuchsia Chi silk, on which are tied an array belts. The clothes on display ra from multicolored pongee tunics robes of damask, brocade, and ch fon. She believes that color is d nitely coming back. "Look at it h torically," she says. "From '65 to women wore very bright colors. Fr '70 to '73 they wore safe brow beiges, and khakis. Now we are m ing back into very bright, imaginati and creative clothes. We're v lucky," she smiles. Most won would agree.

Mary McFadden at home, left, wear a characteristic mixture of vibrant col in crepe and China silk. Around neck, gold vine leaves on a macra cord. (Her jewelry is an important ac sory to her clothes.) Behind her, sc ture by Alexander Liberman. In f ground, turquoise Chinese bowl, sit on 18th-century Chinese drum. Oppo page, a buffet to delight the eye. Ta Mark de Suvero; sculpture, Isamu No chi; Japanese gold-painted lotuses lacquer box; Chinese chair; Rhode wine container; vermeil salt, pepper, mustard containers by Kurt Jobst.

HORST


You can put
your feeling
for color into
everything
you do—
including food





Staircase to roof: Nigerian raffia mat, Japanese trunk and lacquer tray, sculpture by Etienne Hadji.



Dining room: painting by Dorothea Rockburne, 18th-century Japanese candlesticks, green Ming bowls.



Sitting room with hanging by Tom Wudl. Bedroom, *below*, has batik on walls, Japanese screen.



Fashion, food, and flair

continued

Your color sense can develop with training, Mary McFadden believes. She works with over 500 color charts for her collections. "You get highly trained to the subtleties of color." She also travels about 100,000 air miles a year. "That's about 4 months traveling with the collection in America, then maybe 10 countries in the summer where I suck in the culture." One of her strategies (and hobbies) is to photograph almost every museum collection she sees, so that she has a huge number of slides of paintings that she may one day use in a fabric design. "I blow up a small area of the painting, and use ideas from the colors and designs that appear in the detail. For instance, one new fabric that we are working on now is

The more you are involved with color, the more you will enjoy extraordinary combinations

inspired by part of a miniature from Isfahan." Her apartment, too, is inspired by her travels—Rhodesian art, Japanese lacquer, Persian pottery, Nigerian raffia, Chinese furniture, American Indian hangings, pre-Columbian sculpture, all live happily alongside modern sculpture and art. "In my apartment any color will fit, because the walls are white and there is no predominant color in any of the rooms."

When Mary McFadden entertains, she provides a feast for the eye as well as the palate. "It's all highly designed and planned, like a painting. Everything is systemetized, with about 15 or 20 variations." She mostly gives buffets, like the Japanese one, *right*, for 8 to 10 people, so that everyone circulates easily. (For recipes, see page 124.) In addition to Japanese food, she has other menus planned for their visual appeal: for instance, tomato soufflé with basil sauce, chicken loaf with Cumberland sauce, wild rice, turnips, and Key lime pie; or hot orange borscht with thinly sliced orange rind, quenelles au Porto, and blackberries encased in spun sugar with raspberry and kirsch sauce.

For a party, left, Mary McFadden wears her own hand-painted tunic and skirt with an Egyptian hand-forged cuff dipped in gold. Right, a bowl of sashimi, Japanese raw fish hors d'oeuvres decorated with rolled carrot, cucumber, white radish, and green mustard. Other hors d'oeuvres (called bento and zensai) include kelp, asparagus, quail eggs, bamboo shoots.

HORST



Friends congregate to participat





adden feast.



Japanese lacquer finger bowls with orchid



The delicate colors of Japanese hor d'oeuvres.



Japanese candlesticks illuminate another dish.

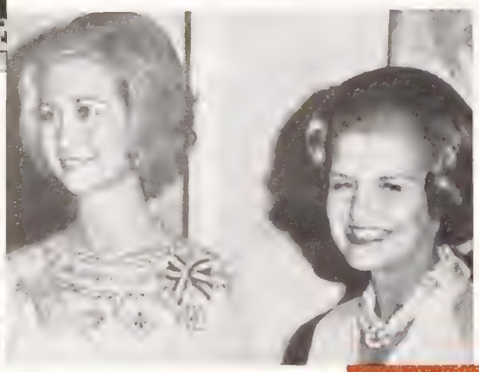


Egg rolls observed by an Egyptian head.

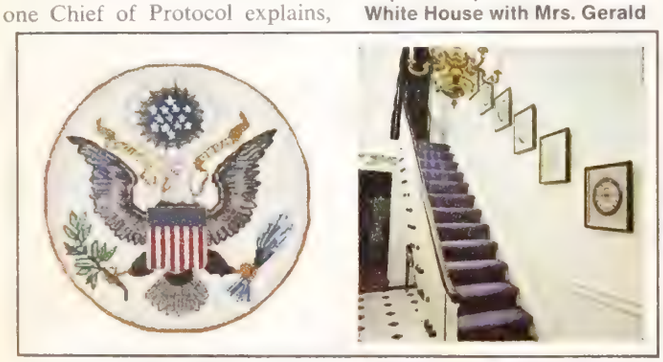


BLAIR HOUSE: AMERICAN HOSPITALITY FOR PRINCES AND PRESIDENTS

Home-away-from-home for the nation's official guests, the President's Guest House offers a taste of American life to heads of state on Bicentennial visits



It's called Blair House or the President's Guest House, but it's really a trio of town houses—distinct outside, linked within. Blair House, built in 1824 and bought by the Blair family in 1836 and the Blair-Lee house next door, built by publisher Francis Preston Blair for his daughter, have been the official guest house since 1942; the third house was added in the late 1960s. The Office of the Chief of Protocol in the State Department manages and maintains Blair House but, as the wife of one Chief of Protocol explains,



Blair House, just across Lafayette Park from the White House, *top left*, was home-in-America this June for Queen Sophia of Spain, *above*, at the White House with Mrs. Gerald Ford. Personal gifts to Blair House: needlepoint done by wives of Presidents, Vice-Presidents, Cabinet members. *Above left*, the Presidential Seal worked by Mrs. Richard Nixon. Along the stairwell, *above*, official seals of the Presidency, Vice-Presidency, and the government departments all in petit point. Handsome console table in entrance hall, *below left*, belonged to the Blair family. Terrace, *below*, an awning-shaded corner in a brick-paved garden green with ivy and tall trees. Coral silk covers walls in Roosevelt dining room, *right*. Chippendale chairs belonged to Francis Preston Blair; portrait of Franklin Delano Roosevelt was painted by Elizabeth Shoumapoff. *Right below*, recent Blair House guests, Giovanni Leone, President of Italy and Signora Leone (center) with the Fords.

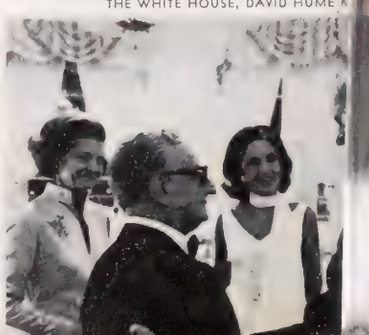


"the government paints but it doesn't purchase." The house owes its furnishing and decoration to the energy and generosity of many private individuals and companies. Since Mrs. Angier Biddle Duke first organized the Blair House Fine Arts Committee, a series of dedicated committees chaired by the wives of successive Chiefs of Protocol has done a remarkable job of expanding the original furniture collection and planning the house to offer privacy, comfort, and a place to relax to its distinguished guests. Recently, under the chairmanship of Mrs. Emil Mosbacher Jr., twenty-seven rooms were redecorated by Elisabeth Draper, among them all the rooms shown on these pages. The small but very efficient staff under Mrs. Mary Schneck can turn on a dime to meet the needs and wishes of the guests, and records are kept of every meal served, of guests' personal preferences as well as special requests from their respective embassies. And, when there are no heads of state in residence, Blair House is in use by the state Department Cabinet officers for official entertaining. Yet it seems less an of residence than a private house. The kind of house that makes you t they might serve hot blueberry muffins for breakfast and they do. V the kitchen can and will prepare many kinds of food, the emphasis traditional American cooking: baked Virginia ham with raisin sauce and candied yams; oyster stew; roast turkey with dressing; baking-powder biscuits; strawberry shortcake; apple pie with cheese. American home cooking seems to please Blair House guests. Prime Minister Takeo Miki was so delighted with the chef's pancakes that he ordered them every morning.





THE WHITE HOUSE, DAVID HUME K



WOMEN'S WEAR DA LY



The president of France, Valéry Giscard d'Estaing, with President Ford during the May visit in which he presented France's Bicentennial gift to the United States.









BEADLE

Left above: The blue and white and pale green bedroom of the Queen's suite is furnished in English mahogany. *Above:* In the adjoining sitting room breakfast is served. *Center left:* Detail of West Point and a trophy panel from the Eisenhower toile designed by Elisabeth Draper for his Gettysburg house, also used in the chief of state's bedroom at Blair House. *Left:* The Eisenhower Suite bedroom, where kings and presidents sleep.



Left: Blair House was built with spacious double parlors spanning the full depth of the building. The high-ceilinged drawing room opens to the terrace and also, through a square arch, into the reception room at the front of the house. The French doors are hung with brown silk taffeta lined with a bold and handsome wrap-printed silk. The portrait is of Daniel Webster, painted by G.P.A. Healy in 1848. *Left below:* Mme Valéry Giscard d'Estaing, accompanied by Countess Guy de Brantes and her son. *Right below: The* King of Spain, Juan Carlos, and the Queen with President and Mrs. Ford.





Tea

Cucumber sandwiches
Smoked salmon sandwiches
Cookies

Left above: Tea is sent up to the yellow bedroom, where ladies-in-waiting stay. *Above:* The perfectly appointed little beauty salon designed by Jean Andrei, Elizabeth Arden's decorator. Arden supplies a multilingual staff.

THE WHITE HOUSE





A provocative discussion of Ivan Illich's controversial new book, Medical Nemesis

IS AMERICAN Medicine KILLING US?

By John Wykert

Like a good many people nowadays, my great uncle turned his back on the conventional medicine of his time. It was an extraordinary act for a respected physician in the Vienna of 1907. But Dr. Moritz van Brée could not be deterred. The family, needless to say, was appalled by his decision to retire and to sell the profitable and rather fashionable sanatorium he owned at the outskirts of town, in order to devote himself, at age 50, to "activities more useful and enjoyable." To my mother, Uncle Moritz confided that he was through with medicine because he was *disenchanted*. "Don't trust doctors," he advised her. "We know nothing and can do little, precious little—for our patients. Take my advice, stay away from all doctors."

Essentially similar opinions, though put in far more seductive intellectual terms, come some 70 years later from that Pied Piper of the countertechnology culture, historian Ivan Illich, in his new, highly controversial, and thought-provoking book, *Medical Nemesis. The Expropriation of Health* (Pantheon, $8.95).

Much as Uncle Moritz did, Vienna-born Illich believes that the medical establishment constitutes a major threat to the maintenance of one's good health. The similarity of their conclusions makes one wonder about these many decades of medical progress. Mind you, their convictions are based on a completely different array of facts. Illich contemplates the present technological overabundance and its lacks; Dr. Brée mourned his deprivation, a medical repertoire that was unspeakably limited. Like generations before him, he had received a lengthy humanistic education and an extremely sketchy medical one. Things are reversed today. Uncle Moritz's armamentarium of medications was pathetic, his instruments few in number, and the less said of his medical texts, the better. Surgery, mostly done by barbers or bonesetters, was just becoming a medical specialty in the 1900s: for a thousand years the great European medical schools had taught medical students the humanities, to an extraordinary degree and at great length, and briefly, very briefly, three pathetic "medical" techniques—bleeding, purging, and the giving of enemas. Thus armed—it was all they had and all they did—the physicians of post-medieval days set out to do untold harm. Paradoxically, the physicians reaped rewards, untold riches, and reverence galore. Not surprisingly, uncle Brée's retirement was mourned in his day. He may have felt unable to do anything, yet what little he could do was held in disproportionate esteem. And he shared the confidence of his time that a better day was adawning. Modern medicine *was* being born; his native Vienna was a hotbed of medical giants and pioneering research, as were the nearby German states. To the boundless esteem for the physician was welded a boundless enthusiasm for the future.

Something glorious was about to happen. From being a virtually helpless bystander at the sickbed, the physician was to become master of all he surveyed, in control of an amazing, far-ranging technology. From a concerned and cultivated amateur, he was to become a professional—the supercool, aloof scientist. Yes, the dream came true. So why are so many patients so very disenchanted with all the wonders of modern medicine? Why does malpractice, either as a legal maneuver or as a devastating experience, run like a leitmotiv through medical journals as well as cocktail parties?

As far as Illich is concerned, technology has not just taken over, it is hopelessly out of control. What the marvels of medicine have brought with them is a side effect he calls "iatrogenesis" (from the Greek *iatros*, doctor, and genesis, origin)—doctor-caused diseases. Illich refers to this as the "sick-making powers of diagnosis and therapy."

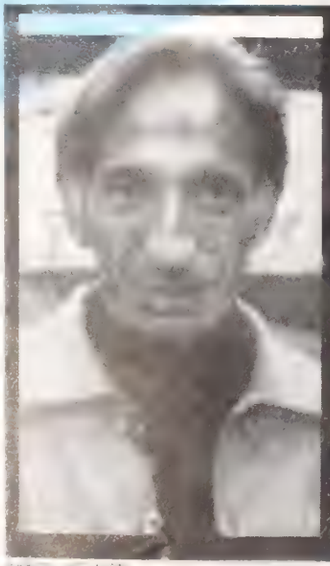
He believes this seamy side of medical progress is hidden from view, while the benefits of medical progress receive all the publicity. And he calls for the citizen to put a stop to the iatrogenesis epidemic. Do not panic, he urges his readers, but begin a thoughtful discussion that will lead to demystifying modern medicine. The only real danger we all face, he contends, is to be passive in the presence of the expert, and to allow organized medicine to do its own, sure-to-be-superficial housecleaning.

Medical Nemesis offers a dazzling treat, an academic polemic (footnotes stud Illich's pages to the point of distraction) that encourages us to reexamine our thinking and feelings about a subject we largely ignore—because of our passivity when it comes to matters medical, and also perhaps because of our fear that we are genuinely helpless to change the existing order. But perhaps not.

To paraphrase Toscanini or Marian Anderson, here is a voice that comes along only once in a lifetime. It is well-worth heeding. One need not believe every word but just be turned on, if possible, to constructive action. In Illich we have found a passionate mentor for our times.

Modern medicine, Illich says

Continued on page 19



HISTORIAN-PHILOSOPHER ILLICH ATTACKS THE MEDICAL ESTABLISHMENT

EDITOR'S NOTE: Historian and social philosopher Ivan Illich was born in Vienna in 1926. Enormously erudite, Illich speaks 11 languages and has degrees in philosophy, theology, and history. He became a Catholic priest in the early 50s and requested service in a predominantly Puerto Rican parish in New York City. He was vice-rector of the Catholic University of Puerto Rico, and a faculty member at Fordham University. Disputes with the church and his founding of the radical Center of Intercultural Documentation caused him to leave the priesthood. He lives in Cuernavaca, Mexico, and has expressed his iconoclastic social theories in his book *De-Schooling Society* and now in *Medical Nemesis*.

Doctors TALK BACK

Six prominent physicians give their views



H. Jack Geiger

Dr. Geiger is professor and chairman, Department of Community Medicine, School of Medicine, State University of New York, Stony Brook, N.Y.

On reflection, the questions that Illich raises are extraordinarily important, particularly the social and cultural points. Least interesting is his concept of medical iatrogenesis, while the meeting of unlimited medical demands is of real concern. What Illich does is to cop out politically. Many of the issues he raises are political and concern the control of technology by people. What he does is to urge people to drop out. Dropping out, however, will not affect the issue in one way or another. Because technology will not go away. The problem we face is knowing the limitations and applications of technology. Rejecting technology is absurd. Defining its limits makes sense. I disagree with his position that pain is good and ennobling, and that without pain people are deprived of their autonomy, that there is growth through suffering. This is an absurdity based on a hopelessly romantic view. Pain is humiliating, dehumanizing, and degrading. He refers to addicting the poor to medical care and thus taking away their autonomy. Yet the poor are entitled to that risk. I am always very suspicious of people who suggest such solutions for the poor.

Lewis Thomas

Dr. Thomas is president of Memorial Sloan-Kettering Cancer Center in New York and author of The Lives of a Cell *(Viking), a 1975 National Book Award winner.*

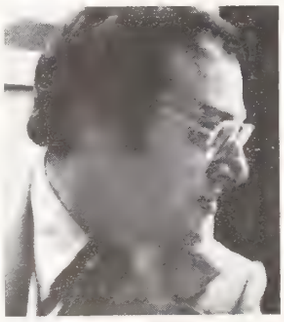


Illich is a friend and I am enjoying his book. I agree with him in part. In recent years, we've become obsessed with health to such an extent that we are almost a hypochondriacal society. We're now spending $120 billion a year on health compared to $10 billion in 1950. I am not clear where all this money is going, but I do agree there is a tendency these days to "medicalize" a great many social problems which are really beyond the scope of medicine. I also agree with Illich that the tendency of the human body is towards health and self-repair, and we could all do a lot as individuals to avoid ill health.

On the other hand, I do have to disagree with Illich on doctor-made disease—what he calls iatrogenesis. He suggests, as others have before him, that doctors create clinical conditions through medicine and drugs, which make patients sicker than they are, but he claims that iatrogenesis is so widespread as to menace the public health like an epidemic. I think this is an outrageous exaggeration. I don't think medicine should be criticized for the things it can do uniquely well—for example, curing pneumonia, tuberculosis, syphilis, and preventing a variety of viral diseases that were once lethal. At the same time, Illich fails to recognize that medicine is still a young science with much of its future ahead of it, and he criticizes the whole field for being unable to cure diseases which we do not yet understand. All in all, if, as Illich suggests, we were to close down medical science, I think we'd end up spending more money and being in more of a shambles than we are today. *

Michael Halberstam

Dr. Halberstam is a Washington D.C. cardiologist and internist, lecturer, and author. He is contributing editor to Medical Economics *and coauthor of a new book,* A Coronary Event *(Lippincott).*



The biggest thing that Ivan Illich has going for him is his name. If he were called Herbert Johnson, his books would be dismissed as nonsense, but his name *sounds* weighty. Illich is clearly guilty of everything he accuses everybody else of. He takes valuable insight and makes it a way of life. He does to social analysis what the blindly technological doctor whom he denounces does to medicine. He pursues a worthy goal, but in the way he goes after it, does more harm than good. I don't think that modern medicine in sum is counterproductive; and Illich's argument that it has become so is just foolish.



Dr. Alexander M. Schmidt

Commissioner of the Food & Drug Administration

I have become increasingly convinced that we need to spend a great deal more time considering the quality of our environment and of our lives. Ivan Illich tells us that we have become an over-medicated society, out of touch with the realities of our humanity. Much of what he says is quite true. It is apparent to even the most casual observer that our society is dedicated to the relief of suffering, after we begin to hurt, rather than the anticipation of—and removal of—the cause of our physical and social ills. But the way to remedy the situation is not to hunker down and endure the suffering as normal, as Illich seems to suggest, but rather increasingly to prevent the need to suffer by cleaning up our world, internal and external.

Harvey Bluestone

Dr. Bluestone is director of the Department of Psychiatry at the Bronx Lebanon Hospital Center and associate professor of psychiatry at the Albert Einstein College of Medicine, New York.

First of all, it was a very lively book; I read it from cover to cover without putting it down. Secondly, Illich is obviously well-read—the range of his knowledge is superb. Thirdly, unfortunately, I think the book doesn't go anyplace. Some of his observations are valid, but the reforms he's talking about really mean a reordering of all society, not just medicine. Getting back to a simpler society, dying at home instead of in the hospital, maintaining cultural values—that's lovely, but it means moving back 200 or 500 years. It has nothing to do with medicine—it's a romantic notion of returning to life as it used to be lived, in traditional ways. It's a million miles away from a practical blueprint for medical reform.



Denton A. Cooley

Dr. Cooley is surgeon-in-chief of the Texas Heart Institute, at St. Luke's and Texas Children's Hospital in Houston. He is coauthor of the recent Techniques in Cardiac Surgery *(Texas Medical Press).*

I was quite fascinated, albeit infuriated at times, by this book. The author is no doubt a brilliant thinker, and his comments on the whole are well documented. Nevertheless, I found myself wondering what first-hand contact Mr. Illich has had with the medical profession and the delivery of health care. I noted that he holds degrees in history, philosophy, and theology, but his book reveals him to be sadly lacking in insight or knowledge about the practice of medicine.

Illich contends that this generation has become too dependent upon "the doctor" and that medicine in general is depriving the individual of his "freedom." His assertion that periodic checkups and diagnostic tests have no effect upon morbidity and mortality is absurd and absolutely without basis.

His description of the contemporary physician, not

Continued on page 193

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PATTERNED SHEETS: WHAT THEY DO FOR YOUR PSYCHE



"To sleep in wheat must be marvelous, don't you think?" asks artist/designer Phyllis Silverman. But she's not a lingerer in her own bed, however pleasing the sheets. "I get right up, put on dungarees, and start the day." Before she does, the bed gets made: "I'm originally from New England, and some of those traits just don't change." "Summer Wheat" by Martex.



"When I design sheets," says Bob Berger, "I don't think 'sleep.' I think 'beauty.' " These are like his paintings —abstract and very brushy— and intended to be enjoyed with eyes open. Sheets haven't cured his insomnia, but "they make the waking hours more pleasant." "Streamers," by Martex.

These four artists are all wrapped up in sheets they dreamed up themselves. In the wide world of today's sheets, you can find patterns that express your own needs and desires: to soothe, to refresh, to cure insomnia, to inspire dreams, or just to make you happy.

Gloria Vanderbilt gathers shells and makes collages of them. Here they became a design that's like being at the beach. She lives a beach life in bed—reads, writes, luxuriates, sleeps. Color, she says, affects her sleep: dark patterns for deep, serious dreaming; light ones for more frivolous reveries. "The bed really should respond to my mood." "Boardwalk," "Seaside," by Martex.

SUSAN WOOD



"Sleep." "Sleep." "Sleep." All over the sheets in little tiny words. "Since I've been sleeping in them," says artist/designer Gary Grant, "I find they're good for insomnia. When you wake up, you look down and they remind you what you should be doing." He's thinking of calling their hypnotic effect "visual psychiatry." "Sleeper" by Martex. Meantime, he has designed towels that say "dry" and a shower curtain that says "wet." Shopping information, see page 133.



7 ways to change a room with paint

A TOP DESIGNER SHOWS YOU HOW TO USE THE MOST AND THE LEAST COLOR



How much difference—visually and emotionally—does color really make? A lot, we knew. So we asked decorator Tom Britt to show us how to give a room a completely different look simply with paint and color. Carried away with color, he came back with twelve rooms and color schemes! We're showing seven of the twelve rooms he designed; seven pivotal rooms that chart a series of changes from the Least color—an all-white room—to the Most, a deep, dark green.

Paint was a fast, inexpensive way of proving Britt's color points—and the most fun! Lots of mucking about with cans and colors, and plenty of stirring and mixing. He chose the following colors from the 1976 House & Garden palette: Oyster White, Mercury, Pink Pink, Lavender, Seafoam Green, and Lacquer Green. These colors fall into pairs: light/dark green, gray/bone white, and pink/lavender. Each combination of two or three colors gives a totally different look each time one of the colors is added or removed. *Above,* the whole room is two colors: Mercury and Oyster White. From here on, watch how changing color affects the feeling and mood.

NORMAN McGRATH

So that each can be seen on its own color terms, the rooms are shown out of their original sequence. Top left, all-white ceiling, walls, floor, upholstery, and most accessories. Color comes from the painting by Larry Zox, plus plants and flowers. Going down, Lavender ceiling stripe flows down fireplace walls to the floor; Lacquer Green gives a deep forest feeling, ceiling and flowers are white. Bottom: White upholstery, Pink Pink ceiling, Lacquer Green floor and fireplace wall.

Pink Pink ceiling stripe, top right, goes down fireplace wall onto Lavender floor, below it, Seafoam Green ceiling stripe, walls and pillows and Oyster White ceiling trim and upholstery. Directly above: selecting ceiling stripe and paints to carry out Brent plan. Living room at left, painting over sofa by Gorman Nash, at Rose Galleries; curved seating system with white slipcovers by Guild Furniture for Lord & Taylor; folding desk chairs from Lord & Taylor. For shopping information, turn to page 133.

Colors that pull together, furniture that weathers the changes

Our decorating project went right to the point—purely and simply color, and how it affects everything. All the furniture, fabrics, and accessories had to be in keeping with this basic idea. Neutral colors—white and green—made the best backdrop for the play of paint. And we used natural fibers, bare floors, plenty of straw, simple window treatments that could easily change to complement each new color scheme.

"There isn't a formula that I know of that lets you walk into any room cold and say 'Put X color here and Y color there,' no matter how great you think it's going to look," says Mr. Britt. "It may sound miraculous, but you have to wait and let the process of which color goes where reveal itself to you."



Tom Britt has definite ideas about what different colors mean. Pink Pink and Lavender, *above*, make a room calm and sheltered.

"Those ceiling stripes do two things," says Britt. "They change the proportions of a room and they're a vehicle for color."

NORMAN MCG

Watch the color change the mood, th



"The trend in color is toward much stronger shades—the kind that really register with pure pigment"



Oops! It didn't work. The antique wooden coffee table, left, and cane armchairs weren't the right scale. "The rattan pieces were too delicate and detailed for this particular room," says Britt. "They went against the streamlined look we needed."

SUSAN FA

In the first, all-white room, Tom Britt lays out the six-color scheme. His tools swatches of House & Garden Colors. With white as home base, the intensity gradu increased until the room became all green. Seafoam Green with white reversed color direction, just before the room became white again at the end.



wrapping: Walls, floor, sectional sofa, and fold-are all Lacquer Green. Neon-colored pillows add ainting by Jack Bush.

"I love the atmosphere this deep, dark green creates. It's a bit like the comfort of a men's club, but it's also like being in the shadow of tall trees."

ht, the space, the feeling



"I tried the room with and without a rug, and found I preferred it without. It's cleaner and less cluttered, and opens up the space," says Britt.

e two rooms are the . . . and not the . The version at t has a rug—the one of the twelve ave one. And look e difference! ve, the Seafoam en ceiling stripe s down the fireplace and onto the floor, nced by an almost al amount of white.





Tom Britt: A color sensualist

"Part of my job as a decorator is to help my clients discover areas of themselves they're not always in touch with. Since I think that color is such an important reflection of a person's inner emotions, the colors he or she wants are always very revealing.

A client usually thinks he knows exactly the colors he wants. . . . but it's my art to uncover the color that is right for the time, place, and emotional tenor of that moment in the client's life. Color is intimately involved with people's fantasies and it is usually an important symbol. For instance, people who want everything white often wish for freedom to do or go or be something that's different from the reality of their lives. Yes, being a decorator is a bit like being a psychiatrist—more like being a magician, though. But when you've really hit it right, the response is fantastic!

I chose these six House & Garden colors for their sense of clarity and succession; the very light to the very dark. The truth is that this group just came to me. You can work out details on a conscious level, but I find that the colors come by a process all their own."

"Dark colored rooms give a stronger focus to details than lighter ones"



Introducing House & Garden Colors for 1977

What are the 36 most wanted colors in America? House & Garden Colors for 1977—a spectrum that spans a range of moods from cool to exuberant. You'll find them in stores across the country coloring hundreds of decorating finds. There are two new colors this year—Heavenly Blue, a pure pastel between cool Reef Blue and warm Blue Flower, and Sienna, a rich russet. Take this page with you when you shop. Or, better yet, turn to page 38 to order your own set of 1977 House & Garden color chips and the new House & Garden Color Handbook of ideas to help you decorate with these colors.



FRESH CATCH OF CORALS

We've gathered together all the corals (swatches *above, clockwise from the top)* from spicy Bittersweet to zesty Orange Peel, earthy Sienna, pale Shell, rich Pompeiian Red, and luscious Creamy Apricot. Together they're *The New Corals*. See them in furniture, fabrics, wall and floor coverings, accessories, appliances. You'll find things for the house in The New Corals in your favorite stores (for a list, see page 58). And, to inspire you, there's a selection of ideas on the following two pages.

NORMAN MCGRATH





WHAT COLOR CAN DO FOR A ROOM

This is a country-in-the-city living room where color clearly counts. The room grew from the walls in, and if the owners move, the walls can move with them because they have an acrylic-on-canvas covering. Scenic artist A. William Strom painted the canvas in a blend of coral colors to look like an Italian fresco. Three comfortable sofas line the window wall as if they were built in. Oyster White and Pongee used wall-to-wall increase the sense of space—in the wool carpeting, cotton and linen upholstery, and travertine coffee table. Pillows are Heavenly Blue and antique batiks in True Blue. Architectural details have been preserved and allowed to shine. At night the Palladian window lets in a glorious view of the lighted garden. It's a room of soothing sensations—texture, form, color. Interior design by Nelson Ferlita of Arthur E. Smith, Inc. for Mr. and Mrs. Bill Kaiserman.

Color it Coral

Today, color means exuberance, inspiration —decorating zest for every room. Some of the brightest new things for the house now come in House & Garden's New Corals—Sienna, Bittersweet, Orange Peel, Creamy Apricot, Shell, and Pompeiian Red. Here is a preview of some of the decorating finds in The New Corals in stores from coast to coast.



1 "Impatiens" oven-safe stoneware by Lauffer.



2 Hutch and chest in Creamy Apricot, with lattice, "wicker" details. Schoolfield. 10 "Big Mack" cotton canvas by Connaissance.



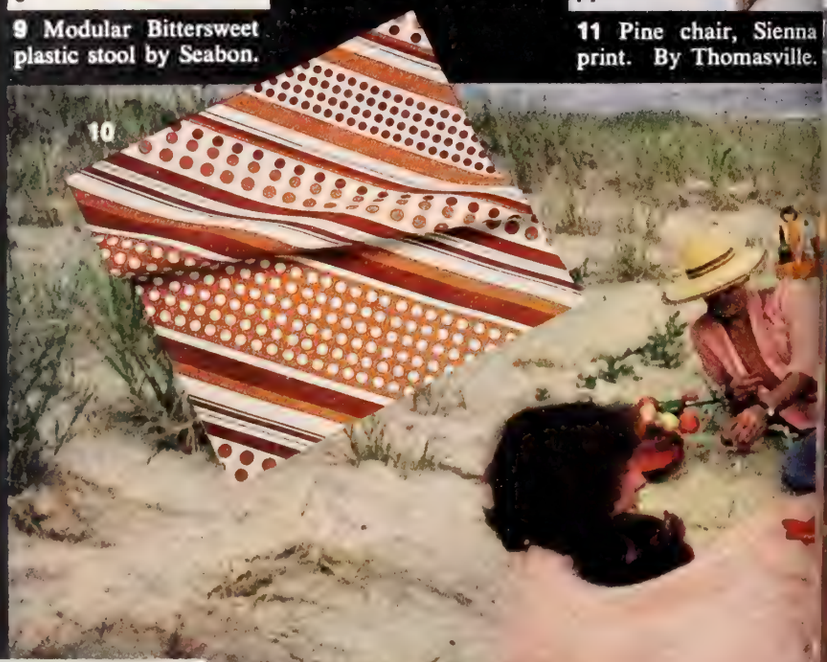
3 Pottery vase, Terrafirma. Ronaldo Maia.



9 Modular Bittersweet plastic stool by Seabon.



11 Pine chair, Sienna print. By Thomasville.



10

17 Translucent lamp in Bittersweet. Luxo. 18 "Oriental Blossoms" no-iron sheets, Cannon. 19 Bittersweet-blooming chair, Henredon.



17



18

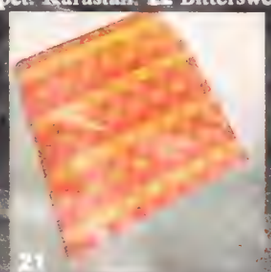


19

20 Orange Peel velvet chair. Landes. 21 Orange Peel and Bittersweet Antron II nylon carpet. Karastan. 22 Bittersweet table, Thayer Coggin.



20



21



22

JOSHUA GREENE

Have a picnic with The New Corals—details of picnic gear, plus Shopping Information, page 133

SUSAN WOOD

All in Pompeiian Red: 23 Compact laundry center by Frigidaire. 24 Rocker in suede, Founders. 25 Address book, album, Cache-Cache.



23

24

25

34 Stately chair, Pompeiian Red, Hickory. 35 Creamy Apricot: bath basket, mat, Jolly Rubber mold. 36 Custom planters, Linda Wolf.



Pompeiian Red lacquered storage: 26 Korean-style chest by Baker; 27 One-of-a-kind box from LCS. 28 "Portuguese Needlepoint" rug by Stark.



26



27



28

37 Three chintzes with Scotchgard. By Jay Yang for P. Kaufman. Beachy canvas, Key West. 38 Swivel seat, Kroehler, 39 Salad spinners, Mouli



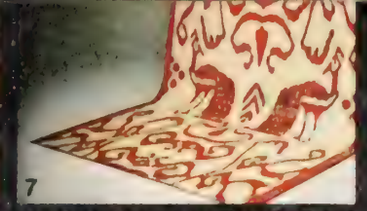














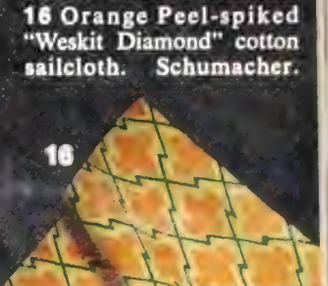
Sculpted carpet, Trevira polyester in Orange Peel, Bittersweet. "Aria," Bigelow. **5** Creamy Apricot glass vases, handpainted ate. Atelier Vitreon. Bloomingdale's. **6** Cast-iron enameled cookware, Le Creuset. **7** Bittersweet "Bali" wall vinyl, China Seas. **8** High-backed loveseat in Sienna leather. Hibriten. **16** Orange Peel-spiked "Weskit Diamond" cotton sailcloth. Schumacher.







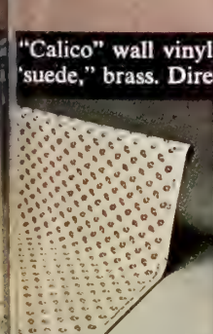


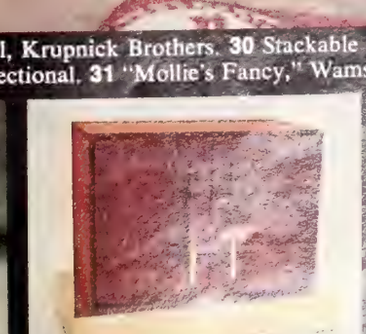


2 Bicentennial Bittersweet: "Fitzhugh" porcelain by Mottahedeh. **13** At ease: reclining chair in Pompeiian Red velvet, urris. **14** Shoe-in's: Thai cotton shoe bags in Orange Peel. Henri Bendel. **15** Sienna stitched-leather loveseat, Burris.



"Calico" wall vinyl, Krupnick Brothers. **30** Stackable chest 'suede," brass. Directional. **31** "Mollie's Fancy," Wamsutta. **32** Loveseat in wool carpet. Pompeiian Red fabric. Thayer Coggin. **33** "Amoria" wall vinyl, Billy Baldwin for Woodson.





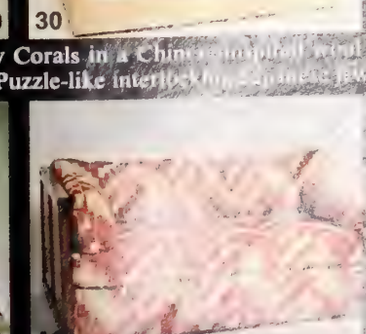


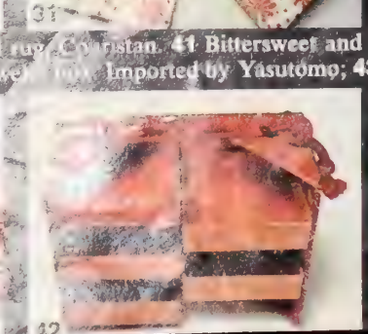




Four of The New Corals in a Chinese [illegible] wool rug, Covristan. **41** Bittersweet and Pompeiian Red checked loveseat, pecan frame. Flair. ompeiian Red: **42** Puzzle-like interlocking [illegible] Imported by Yasutomo; **43** Oak armchair, Trend Line; **44** Corderoy pouf chair by











Blooming wonders

BULBS FORCED FOR WINTER FLOWERING ADD SPRING COLORS INDOORS

Pure sunny color delivered in a plain brown wrapper—that's what a bulb is. And a windowsill bulb garden is enchantment, especially on a winter day. To grow bulbs you don't need a greenhouse or cold frame. Anyone with a spare corner in an apartment refrigerator can give hardy bulbs the cold storage they need. If you have an extra refrigerator, or a balcony or unheated closet or garage or basement, so much the better. You can have potted bulbs by the dozen. Order early, buy the plumpest bulbs available, and plant promptly—or refrigerate them until you have some free time. **Do your potting early in September for Christmas giving, by early October for the New Year, by mid-October for Valentine's Day, by Thanksgiving for spring bloom.** Hyacinths and tulips require 12 weeks cold storage (or leave longer, to a month before you want to use them). Daffodils need 15 weeks or more. The longer the storage, the longer the stems.

Bulb gardening could scarcely be easier or thriftier. **To put fresh color to work in any room, simply get some bulbs, pots, potting mix.** That is all you need except water and the chilling and warm-up conditions that bulbs get naturally in outdoor gardens. Even plant food is unnecessary, because a bulb has all the built-in energy it requires to bloom. Your container can be a well-scrubbed clay pot or a painted coffee can or a wooden box—anything, so long as it has a hole in the base for good drainage. The container should be twice as high as the bulb. **For a 6-inch pot, allow approximately 1 quart potting mix, or make up a bulb mix of ⅓ garden soil, ⅓ peat moss, ⅓ sand or vermiculite.** In a 6-inch pot, plant three to five hyacinths or daffodils, or six to seven tulips, or some fifteen crocuses. Bulbs like to sit snug. When planting tulips in a pot, set the flat sides of the bulbs around the edge; they produce leaves that will make a pretty border. **A key to success is to keep bulbs plump and the soil moist to the touch (not soggy) at all times.** A difficulty with smaller bulbs indoors, such as crocuses or grape hyacinths, is that sometimes they dry out before planting. Even large bulbs, if left unwatered during the cold period, may dehydrate.

A bulb is a promise, and if we play fair with its needs, it keeps that promise and rewards the grower with color. Once in bloom, the flowering can be prolonged by moving the pot out of hot sun, heat, or drafts. After a bulb blooms, snap off the seed pod, but keep the leaves. Set the pot in a bright place or replant in a garden where the fading leaves can draw strength from water and sun, to nourish the bulb for next year's blooming. Do not try to force it into early bloom again. One season as a prodigy, acknowledging indoor applause, is quite as ambitious as a hardy bulb chooses to be. Planted in a garden, however, on nature's terms, bulbs even multiply.

Far left: Bulbs' welcome surge of indoor color delights Carole Steinberg, whose flourishing bulb garden is shown opposite.
Center: Refrigerator space provides the ideal 40-degree temperature for hardy bulbs. Pots can be covered loosely with plates or foil.
Opposite page: Tulips, daffodils, and fragrant hyacinths make a window garden at the Bert Steinbergs.

FORCING BULBS FOR INDOOR BLOOM: **8 STEPS**



1 Cover the drainage hole and partially fill container with porous soil.



2 Make hollow for the base of each bulb to avoid scraping root tissue.



3 Set bulbs tip up and close together. Add soil to cover.



4 Label and date, then water from top or bottom, and let drain.



5 Store in dark cool place (35°-48°) 12 to 15 weeks. Water occasionally.



6 A month before bloom, take out of storage—if sprouts are 3 inches.



7 Move to semi-dark, warmer (55°-60°) spot for 1 to 2 weeks. Water.



8 Move to sunlight and room temperature (65°-70°) to bloom.

DURELL GODFRE

BEST BULBS FOR GROWING **INDOORS**

HYACINTHS *(January-February)*

Pink Pearl (pink)
Ostara (blue violet)
L'Innocence (ivory white)
Anna Marie (pale pink)
Bismarck (violet)
Jan Bos (deep red)

HYACINTHS *(February-March)*

Delft Blue (lilac blue)
Carnegie (white)
Perle Brilliance (gentian blue)
Eros (deep pink)
Marconi (deep pink)

TULIPS *(January-February)*

Merry Widow (red and white)
Christmas Marvel (pink)
Thule (red and yellow)
Cassini (red)
Bellona (yellow)
Preludium (rose)
Paul Richter (red)
Apricot Beauty (pink)

TULIPS *(February-March)*

Kees Nelis (red and yellow)
Madame Spoor (red and yellow)
Peerless Pink (pink)
Karel Doorman (red)
Blizzard (white)
Olaf (scarlet)
Prominence (red)
Makassar (yellow)

DAFFODILS/NARCISSUS *(January-February)*

Golden Harvest (yellow)
Flower Record (yellow and orange)
Dutch Master (yellow)
Barrett Browning (white and orange)

DAFFODILS/NARCISSUS *(February-March)*

Mt. Hood (white)
Geranium (white and orange)

Winter outside, springtime inside

City skyline, bulbs in bloom

Rules of a green thumb indoors

"Everything is white so that light ricochets onto the green leaves." The same plant-loving people whose country house plants you saw on page 72 also share white rooms with plants in the city. The partnership is dazzling. "I have always loved plants, and talked to them, too," Mrs. Alexander Liberman says. "Twenty years ago people wondered, but now everyone knows plants are sensitive, like us. And I think maybe they don't mind the Russian accent?" Her success with house plants springs in part from sensitivity to their basic needs—ideal light, temperature, soil and water—and Mrs. Liberman also uses some gardening techniques that are highly original. "I try to give them the maximum sun, which flowers like. I turn all the plants every two weeks so they get south sun or different sun. Our rooms are never above 68 degrees. Flowers come first. I ask guests to bring sweaters; they may complain but they always come back."

A NON-COMFORMIST'S ADVICE ON HOUSE PLANTS

"Pinch, pinch, pinch with no regret. The pinch is the secret of everything. Pinch to make new leaves. Pinch off the flower when it is tired. The more you pinch, the better the plant."

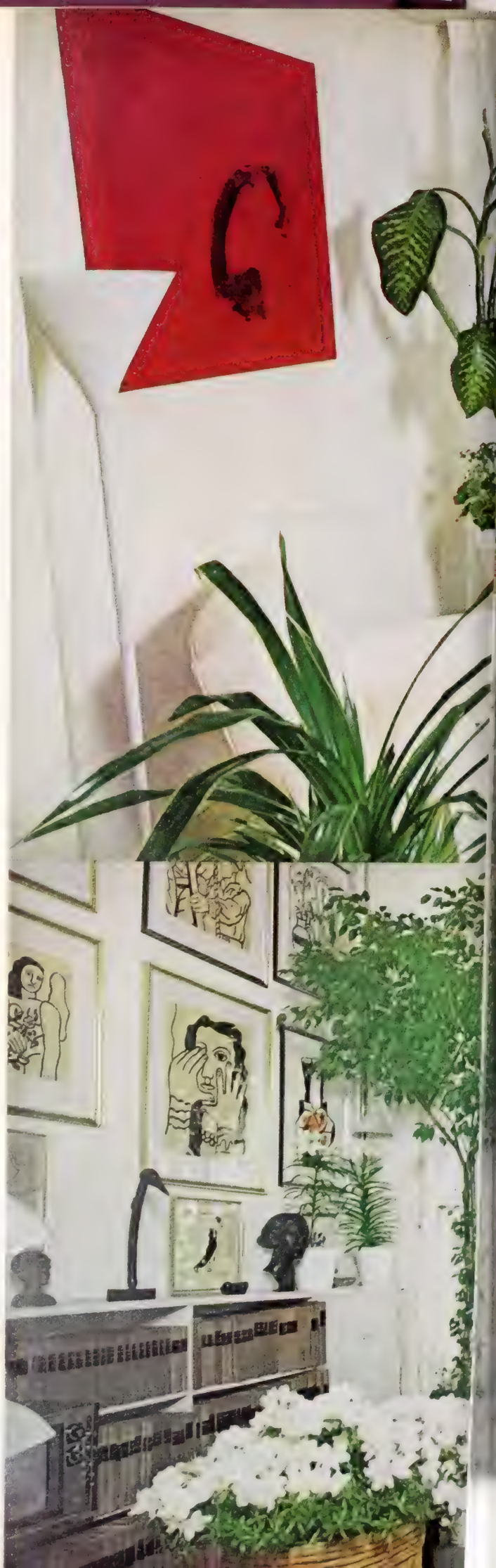
"People say don't leave water in saucers. But you can put water in saucers as well as in pots. Next day the water is gone, and the humidity is good."

"Be generous with electricity. When the sun goes down, put on lights. Up-lights, down-lights, but not too hot. If you are stingy with light, you will have a double economy—no lights but no plants either."

In country and city, bright windows, special floodlights, and cool temperatures encourage such flowering plants as begonias and azaleas, *right,* and, in the country, geraniums, flowering maples (abutilon), cl[illegible] and others. But "our plants like country air better than city air." Whatever fits in the station wagon, even a 15-year-old dracaena massangeana that began as a small pot plant, goes to the country in May. At summer's end, the soil in every pot is refurbished. Each plant gets a top dressing of rich, sterile packaged soil to help it through the fall and winter.

The only drawback to country life for plants, Mrs. Liberman finds, is that, "Our plants in the city get no insects, but sometimes they do in the country. We isolate any plant with troubles, wash it, and my husband sprays it if necessary." All year-round she waters more or less regularly every two days, or has someone else water if she is away. ("Plants suffer in my absence. I don't need to ask them if they miss me.") She does not mist her plants, however. "Too messy, except for orchids, which insist." One unusual thing she does is pour water into saucers as well as into the pots, but her plants have never had root rot. "The next day the water is gone, in the air, and the plants are ready for more in a day or two." She feeds her plants every four weeks and finds, between one good brand and another, "little difference in plant food." Because "leaves in the city tend to get dry, are not soft and shiny as in the country," she gives them a special city-slicking spray with Brown Gold Leaf Polish.

Another of her concerns is air space around each plant. "Plants need room. It's very necessary. Clay pots let plants breathe. Baskets let the pots breathe." She does not crowd plants or let them stay in cachepots very long. Her plants have space to grow, and grow they do. The geraniums in the country are 4 years old, thick with blossoms most of the year. So are the flowering maples. "The pinch is the secret of everything. The more you pinch, the better the plant. Pinch if you don't like the shape of a plant. Pinch off dead blooms and leaves quickly. Pinch the whole flower back to the stem. If you remove a faded flower quickly, the plant will not become tired. You must pinch, and you must be generous. This is my system, and it is the best for our plants."



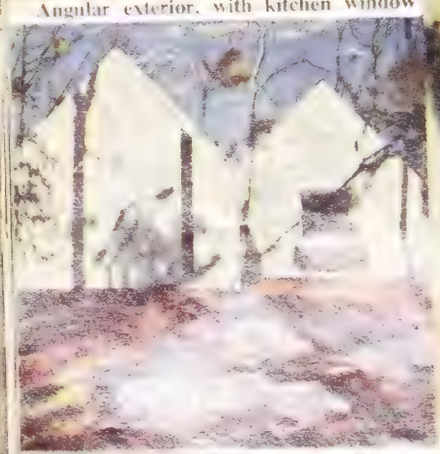
City greenery in a Manhattan town house, *right:* Flowering plants for changeable color. **In the dining room,** *top,* pink semperflorens begonias join a tall dieffenbachia and split-leaf philodendron near a window looking out on a garden. The sculpture is by Alexander Liberman. The painting on the left wall is by Cleve Gray, as is the papier-maché sculpture near hydrangeas by the door. A space-enhancing strip of mirror separates window and door, and the right wall of the garden has a horizontal mirror topped by latticework, doubling the impact of plants and art. **In the library,** *bottom,* snowy azaleas keep company in season with tropical ficus benjamina, dracaena marginata, dracaena massangeana. Here, window light is supplemented by 100-watt floodlights attached to shelves and to a floor-to-ceiling pole painted white to blend with light-reflecting white walls. Much of the art is African. The painting and drawings are by Léger



A house ready-made for color

with furniture and fabrics you can buy now

This light, airy house, designed on the simplest lines by Hugh Newell Jacobsen, is filled with a bright collection of French cottons and contemporary American furniture.



Angular exterior, with kitchen window



Geometric fabrics repeat ceiling patterns



View through front door to deck

Fresh, uncluttered, with beams and roofs like a barn, and glass everywhere, the white rooms seem positively to ask for color. And designer John Rieck answered with exhilarating stimulated by the lively new prints of French cottons available in America from Marignan with only a 3-week delivery. "We could have gone in a million directions—there are so many colors and patterns to choose from. There's not a single color that doesn't go with all the others." It's mix and match taken to its brilliant extreme—see the sectional armless sofa, *above*. The furniture, with its simple clean look, is by Founders, available at stores everywhere.

The living room, above, has 16-foot ceiling, bleached oak floor. Behind sofa, Virginia Cuppaidge canvas from Susan Caldwell Gallery. Platter by Diane Love. Red lacquer tray by Art Asia. End table top left, by Roe Kasian. For shopping information, please turn to page 133.

another white space, with glass to the ceiling and sliding doors opening on the garden, is filled with color. In this bedroom, *below and opposite page, top*, a brilliant red carpet sets off a multitude of floral and geometric cottons—designer John Rieck used four different patterns on the bed alone! The bed is made of light elm with a cane canopy. The wall opposite the glass is also red, as you can see from the outside, *opposite page*, where the room glows like a wonderful, warm center to the glass and wood structure. The house is really like two Monopoly houses joined together (see exterior picture on preceding pages), with living room and bedroom facing the garden. Opposite is the dining and kitchen area, divided by an orange wall, *below left*. To the right and left are sun decks. The back of the house is all glass, as open to nature as possible. In contrast, the front has only a sliver of a window, in addition to the tinted acrylic kitchen window —thus ensuring privacy.

Bedroom below, sparkling with Marignan cottons. Bed, ottoman, chair, loveseat, table, cabinet, by Founders. Carpet by World. Sheets by Pratesi. Lamps by George Kovacs. Parsons table by Karl Springer. Pottery by the Pottery Barn. Painting by Ronnie Landfield at the André Emmerich Gallery. Tom Mangold graphics, bottom, are from Prints on Prince Street. Deck furniture by Brown Jordan. House designed for Mr. and Mrs. Robert Butts, developers of Yorkhaven, Irvington, Va. Shopping information, page 133.

DAVID MASSEY



Kitchen island and dining area

[illegible] with tinted window



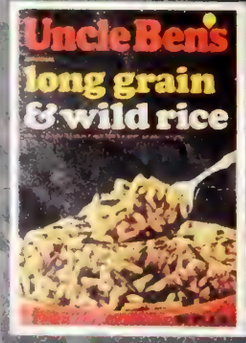
room with white recessed closets at left

Off the living room a deck for sunning, reading, playing

Thursday's chicken is Thursday's chicken. But a blend of two rices and twenty-three different herbs and seasonings is not a potato.



What a success.



Monumental building will reflect the trend toward color. We will have polychrome skyscrapers, schools, and highways

Color shock

continued from page 68

In the preindustrial world, colored garments were a rarity, reserved for kings and nobles. Now man stains or paints almost everything, from underwear to wallpaper. The recent rise to grace of color photography is a consequence of this fact. Since the late 60s, when "serious" artists of the camera like Irving Penn and Marie Cosindas began to exhibit their color photographs *as art,* there has been a rush into the spectrum by young photographers. The older ones hold back, still convinced (with Steiglitz, Strand, Weston, Steichen) that color in photography is too erratic, too far removed from "real" color to be effective.

But younger practitioners like Stephen Shore, Joel Meyrowitz, William Christenberry, and William Eggleston (the latter's work unveiled this May at the Museum of Modern Art in New York) make no pretense of presenting "real" color. Like Cosindas' tiny Polaroid portraits, glowing with stage-managed hues (Kodachrome shirts, multicolored fabrics), they display a larger-than-life world, in which faded green turns emerald, brick-maroon houses become china red, and blue skies are electric violet. When Walker Evans experimented late in life with the new instant-developing SX-70, he left his black-and-white world for good. He clicked off hyper-color images one after the other, finding rainbows in old, rusting automobiles and peeling road signs.

The image granted us by the color camera—in brief—is what it is, no more, no less. There is no reason to complain because the camera does not approximate what the eye sees. The camera lens is tiny and selective, shutting off the distraction of ambient light. The human eye sees too much—or rather in a different way—and the color we see is no more "true" than the color seen and recorded by the SX-70. Such subjectivity summarizes the attitude of the new generation in photography. But it also relates to *Who's Afraid of Red, Yellow, and Blue?* It rejects slavish absolutism; it lays back and waits to look, to look and enjoy, enjoy what is there.

Beneath all this, going deeper even than the culminating effect of billions of color snapshots and slides, is color television. Here is the authentic snake in the garden, the force that Ad Reinhardt could hardly recognize or predict. The difference between growing up before televised images in black and white and the same images in color is the difference between growing up on a puritan and on a cavalier metaphysic. Bad weather, electronic interference, or a loose tube can disturb a black-white picture in unpredictable ways, but color has much greater possibilities for distortion. A strong wind can change Yankee Stadium's grass from green to purple, or Dinah Shore's face from flesh to fuchsia. Furthermore, we play with TV color, adjusting tints and harmonies now this way, now that. The impact of this on taste and mind—when you consider that TV is the dominant medium of our time, the basic window on our world—is incalculable.

Television color *gleams.* The light sweeps *through* the image from inside the set, not from behind, as in film, where color is strong and flat, not intense. Johnny Carson shines into our bedrooms, not unlike the moon itself, or the stars. Edwin Land, inventor of the Polaroid camera, suggests that the human eye and the TV set are actually quite similar: They reconstruct a whole universe of color from two discrete signals. If Land is right (he takes issue with classic color theory) the human eye/brain is marvelously subtle and creative in its reaction to color. And of course our capability to devise and read colors in complex blends is beyond measure.

Suddenly, then, our world turns polychrome, in the manner of ancient Greece, where buildings and sculpture long since faded were brilliant and various in hue. Park Avenue has not changed, nor have the orthodox heirs of the "International Style" in architecture, but everywhere else, even in steel mills, railroad repair shops, and iron foundries (where bold reds and blues now predominate), there is a new spectrum at work. I once saw a latex plant in Michigan that looked like a Donald Judd sculpture brought to life, with lon green dump pipes, bright yellow walkways, and red-beamed girder The giant telescopes on Kitt Pea Mountain are similarly aglow, fo no functional reason beside the fe need to avoid black and whit There is a trend-setting medic center in Allentown, Pa. that is re and blue on the outside, blue ar gold within. It declares itself place of recovery and health, n of decay and death. There is r doubt in my mind, having spoke to younger architects across t

Continued on page 1

WINE & FOOD



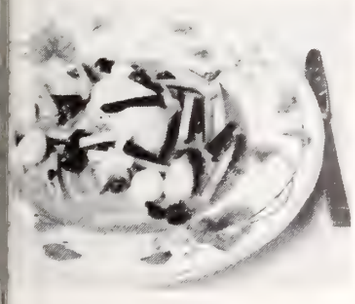


Surprising asparagus en feuilleté

page 118

Regine's Deco style Plus Michel Guérard's new cuisine

Regine has filled her newest club with glitter. With Michel Guérard's cuisine, it makes a stunning show.



MENU

Le Feuilleté Léger d'Asperges au Buerre de Persil

Le Gigot de Poulette a la Vapeur de Cresson

La Grande Assiette de Fruits et Sorbets du Temps

page 126

Spirit-lifting sparkling wines

By Doris Tobias

Festive sparkling wines range from sweet to dry and, in color, from white to distinctly Burgundy red. These bubbling wines are both more and less than champagne—more choice from all over the world, for less money. To serve them, think flutes, of which a selection, *right.*



page 124

Party food with flair

Mary McFadden's colorful buffets are a visual delight that present food as art. A menu planned for color, plus recipes. For more about Mary McFadden and her ways with color, see page 88.







Japanese [illegible] buffet, *above;* sashimi still life, *left;* Mary McFadden and guests gather around table, *above left.*

page 117

Blueberry summer



Berry-picking time in the Catskills—summer once meant pails of blueberries in the icebox. Barbara Charton shares childhood memories and recipes for blueberries, from soup to ice cream.


Delicious.
Smooth.
Rich.
Tempting.
Delectable.
Luscious.
Toothsome.
Tasty.
Wet.
Potent.
Full-strength.
Pre-mixed.
and
Ready-to-Pour.
Delicious.
Smooth.
Rich.
Tempting.
Delectable.
Luscious.
Toothsome.
Tasty.
Wet.
Potent.
Full-strength.
Pre-mixed.
and
Ready-to-Pour.
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WINE & FOOD

Blueberry summer

Blueberries are not only delicious in pies or in muffins, they make great ice cream, pickles, and even soup. Here are recipes for the buckets of blueberries you may have gathered this summer, and some blueberry lore: how to raise them, their botanical quirks



By Barbara Charton

mmer in the Catskills for a city ild like me passed in a dream d a cloud of blueberries. There re blueberries everywhere, all mmer. Blueberries were almost endly and even we, sidewalk rl Scouts, could feel knowledge-le, competent, and unthreatened ien we went picking. Black-rries, on the other hand, which so fruited for most of our vaca-n were downright unfriendly. ie brambles scratched legs and ngled hair; the berries deposited nes under teeth braces. Never-eless, we ate blackberries and mplained. We also ate elder-rries and complained—they are ur.

The principal occupation of any mornings was a trip to some tch of sandy scrubland. We icked under wire fences with 8-iart aluminum pots on our heads, oking like a helmeted troop from ars or stragglers from a medieval urnament.

Though there were more than ough blueberries for us, for the ways unseen owners of the ishes, and for the swarms of rds, we picked with the dedica-on of those who feel this is their ly chance. There was also much mpetition for the honor of First ot-Filler.

Our mothers were ever alert to e dangers of perishing in the ilderness of hunger and thirst, so e carried jars of water, sand-iches, and unbelievably, fruit, to istain us while we labored. We cked and ate—a lot of berries. o, almost as much as went into ie pots. Even my dog ate the rries on the ground and low ranches. However, as pots be-ime too heavy to wear—we slung iem on belts around our necks—e would pick a handful, check it or stems, greenie loopers, and ich, and throw it into the pot. The og sat and guarded the pots. He elt that such watchdogging de-rved a reward. There he sat, umming and grazing, right out of the pots. On the way home his teeth were as blue as ours.

Blueberries are native to both Europe and America, and have been used by people wherever they are found. The plants belong to the heath family, Ericaceae, and the genus Vaccinium. There are a number of varieties of blueberry, ranging in habit from upland and reasonably drought-resistant to bog-dwellers. The plants are quite adaptable and their only hard-and-fast requirements seem to be an acid (pH 4-4.8), well-drained soil. For those who wish to cultivate blueberries, the bushes provide a double pleasure, since the display of pink and white flower clusters is beautiful in May and June.

The high-bush varieties have been developed as cultivated plants, and each bush will live decades and produce fruit from its third or fourth year. Pruning encourages larger berries than those normally found on wild plants. Mulching cuts down on watering chores. Since the plants do well even when untended, they are perfect choices for the lazy gardener who will appreciate the bountiful yield of fruit. Since birds also appreciate the berries, it is a good idea to cover the bushes with 1-inch netting as soon as the berries begin to color. Otherwise, not only will there be picked-over bushes, but also all neighbors whose houses are not painted purple will become less than friendly. Blueberries need cross-pollination for good yield. Therefore, at least two and ideally four varieties should be set near each other.

There was some good-natured argument back in my picking days concerning [illegible] it blueberry or huckleberry? Thinking [illegible] of what we [illegible] blueberry eaters than [illegible] The two [illegible] look alike. Blueberries are truly blue, they bloom earlier, they frequently [illegible] and they have numerous, soft red-brown seeds. Huckleberries have ten or so hard, nutlike seeds, a dark blue to black shiny fruit which is really a drupe—like a cherry with many pits. The leaves and young stems of huckleberry bushes have brown resinous spots that look like blight, or varnish drops. Huckleberries are also heath plants, Ericaceae, but their genus is Gaylussacia, in honor of the French chemist. Unlike blueberries, huckleberries are not cultivated commercially.

My mother's blueberry staples were pie, jam, and blintzes. I just ate them out of hand. It was lovely to have a pot of berries in the icebox, just for reaching in and coming up with handfuls, one for me, one for the dog. However, one can quickly develop a large blueberry repertoire. Berries are good in muffins, pancakes, coffeecakes, cornbread, and such with no major recipe adjustments. Just add 1 cup blueberries to each 2 cups flour along with the rest of the dry ingredients. (If wild berries are used, an additional ¼ cup sugar is also necessary.) Blueberries are fairly sweet by themselves and will enhance just about any dessert. I have found, however, one Eskimo recipe for them that does not promise to become a universal favorite in spite of its simplicity. Take equal parts of snow, blueberries, and seal fat, chopped. Mix well, serve immediately. It will never replace ice cream.

Mama's Blueberry Pie

Ingredients

3 cups flour, sifted
½ teaspoon salt
2 teaspoons baking powder
grated zest of 1 orange and its juice (less than ½ cup)
2 eggs
½ cup vegetable oil
8 cups blueberries, washed
2 cups sugar, plus 2 tablespoons
1¼ teaspoons cinnamon
½ cup tapioca, granular

Method

Sift the flour, salt, and baking powder together into a bowl. Add the orange zest and eggs. Mix well. Add the oil and enough orange juice until the dough mixes smooth. Roll out crust to fit the bottom of a 9-inch springform pan, and roll remaining dough for a top crust.

Toss the blueberries with 2 cups of the sugar, 1 teaspoon cinnamon, and the tapioca. Fill the pie shell and cover with the top crust. Oil the crust, cut vent holes, and sprinkle with the remaining sugar and cinnamon.

Bake in a preheated 350° oven for 1¼ hours or until well browned. Makes a 9-inch pie.

Blueberry Custard Tart

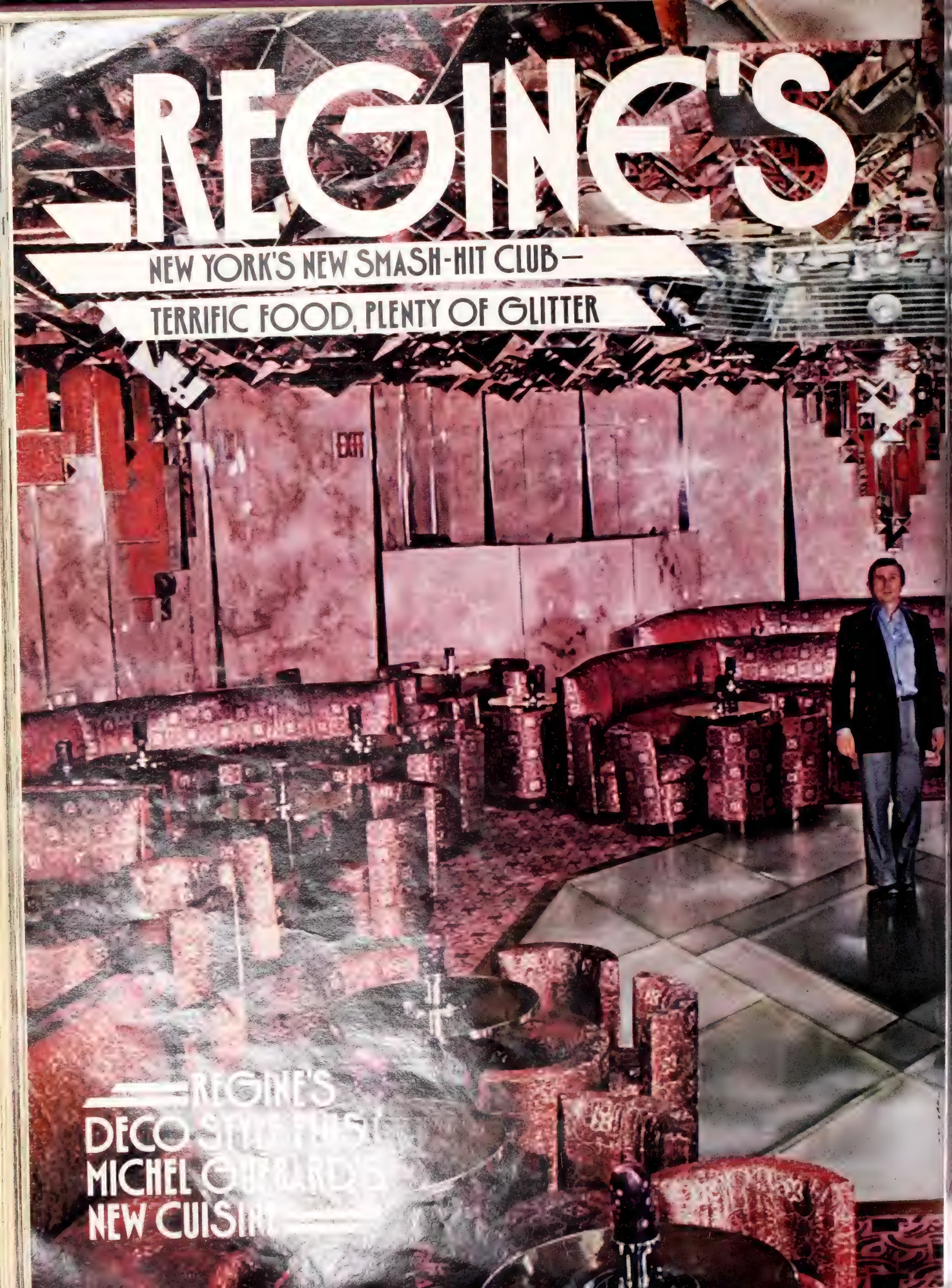
Ingredients for crust

2 cups flour
3 tablespoons sugar
½ teaspoon salt
2 teaspoons lemon zest, grated
2 eggs
¾ cup butter (for a crisper and more easily handled crust, substitute ¼ cup vegetable shortening for an equal amount of butter)

Ingredients for custard

2 tablespoons flour
⅛ teaspoon salt
⅜ cup sugar
1 cup light cream or milk
4 egg yolks
1 teaspoon vanilla
butter

Continued on page 128


REGINE'S
NEW YORK'S NEW SMASH-HIT CLUB—
TERRIFIC FOOD, PLENTY OF GLITTER
EXIT
REGINE'S
DECO
MICHEL
NEW CUISI







Regine (see her above) sets the international night-club pace from her native France to Brazil. Now she's on Park Avenue, importing glamour to the New York scene with a glittering new club-restaurant featuring the food of French chef Michel Guérard. The club, a shimmering cave on three levels designed by Alberto Pinto, is a kaleidoscope of light-reflecting mirror, decorative panels, beaded sconces. The brilliant setting adds savor to Michel Guérard's superb light food. Guérard, who evolved *la cuisine minceur*, a low-calorie slant on France's traditional *grande cuisine*, offers such regal whimsies as scrambled eggs laced with chives and cream and topped with a dollop of Russian caviar, *above*. They're served in the shell, in china eggcups with toast wafers. (See more menu dishes on the following page.) The Club's predominant color—Regine's favorite—is aubergine, plushily purple and soft for the thirties-style dining chairs (duplicates of Regine's own), threaded with silver for the disco's brocade banquettes. Tablecloths are pink ("the most flattering color") and flowers, white, lemon, or pink, are laid on tables around the candles, never upright to obscure vision. Everything is calculated to enhance the glamour of the guests and the setting. Regine's is open to the public with a $10 cover charge, or a yearly cover fee for New Yorkers ($600) and out-of-towners ($400). In September, Regine's Upstairs will be open for large private parties and will also serve as a piano bar for late *late* nights.

Regine, *above*, and her favorite scrambled eggs crowned with caviar. Its creator, super chef Michel Guérard, *left*, stands in Regine's kaleidoscopic disco.

SUSAN WOOD

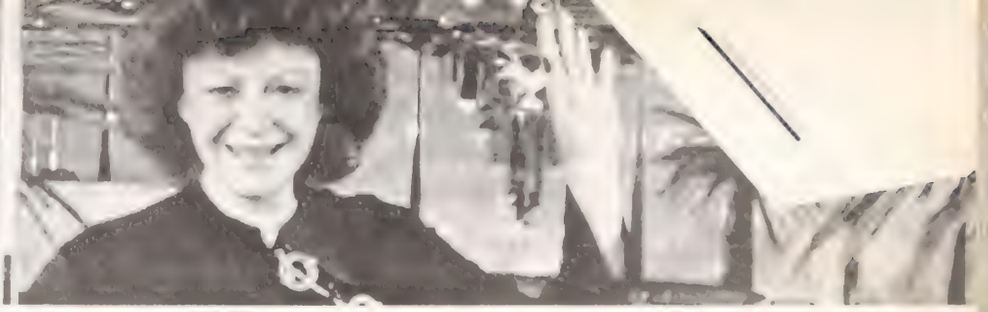


Dinner chez Regine in Nev York. Above, pour commencer (starters)—a surprise beneath a silver cloche, pencil thin asparag spears tucked into a wafer of light, flaky pastry and topped with a creamy gree sauce thickened with asparagus purée. An entrée left, chicken leg stuffed wit sweetbreads and poached i broth, garnished with slive vegetables, morels, and truffles, is set on a sauce of veal stock and cream thickened with a purée of watercress and mushroom And for dessert, far left, fresh fruit on flowered plates with three tangy sorbets. Insert at left, crêp neatly wedged and tucked with praline sauce, glazed with apricot liqueur.

SUSAN WOOD

AT REGINE LIGHT HEARTED FOOD THAT TASTES LIGHTER THAN IT IS







Regine in front of Art Deco panels, top; Guérard, right, flanked by his teams of chefs. Left to right: Giardini, Ms. Zern, Romano, Lauret Clark, Marsh. Regine in dining room at her club, below left.





"With Michel Guérard's new cuisine, women can really eat at last," says Regine. "I no longer see women picking at their food because they're afraid of becoming fat; now they really eat, and it is very pleasant. Men don't like women who don't eat," she says, and maintains that Guérard's cuisine has changed her life. "I was very fat and paid a lot of attention to what I ate. Now I eat normally: Guérard's is not diet food, but it is not fattening; I can even eat sauces because they're so light." (Michel Guérard has dispensed

MICHEL GUÉRARD HAS DISPENSED WITH FLOURY THICKENERS FOR SAUCES IN FAVOR OF A REDUCTION OF CREAM AND STOCK, OR WINE. HE OFTEN GIVES BODY TO HIS SAUCES WITH A SPOONFUL OF PUREÉD VEGETABLES

with floury thickeners in favor of a reduction of cream and stock, or wine. He often gives body to his sauces with a spoonful of puréed vegetables. His asparagus feuilleté sauce, for instance, is thickened with puréed asparagus. The green sauce for his chicken with watercress is thickened with a spoonful of two different vegetable purées—watercress and mushrooms.) "Before I started eating Michel's new food, I had lost 20 kilos [about 45 pounds] on a rigid diet. Now I can eat almost everything, even desserts that I love, and not gain weight."

Presentation of food at Regine's restaurant is pure theatre. Large, leafy geranium-patterned dinner plates from Germany's Villeroy & Boch are appetizing in themselves. Each hot dish, topped with a huge silverplated cloche, releases a burst of aroma as the lid is lifted—a delicious surprise for the eye and the nose. Everything is cooked in the kitchen, nothing by the waiter at tableside. Servings arranged on plates in the kitchen are presented to the diner as a completed still life—by handsome waiters in jazzy brocade jackets. "The food is fresher, and the service more sophisticated this way," says Regine. In the center of each pink table there's a low, flickering candle. Mirrored walls are designed to reflect the light, not the diners. Glasses are crystal; the *petit pain* is tucked into a pocket of the carefully folded napkin.

In the kitchen a bevy of chefs (including two Americans, one a woman graduate of The Culinary Institute), carry out Guérard's explicit directions down to the last detail. The menu is changed seasonally; eventually the recipes will be included in one of the two cookbooks Guérard is now working on. A few of the kitchen's triumphs: *pour commencer:* fresh foie gras with freshly ground pepper; La Salade Gourmande (a salad of green beans, fresh asparagus tips, slices of foie gras and truffles in a vinaigrette sauce—see March, 1976, House & Garden); escalope of salmon with sorrel sauce; Paul Bocuse's famous truffle soup en croûte. A delectable entrée: thin, thin slivers of fillet of duck

SERVINGS ARRANGED ON PLATES IN THE KITCHEN ARE PRESENTED TO THE DINER AS A COMPLETED STILL LIFE

in a cream sauce spiked with pimiento and laced with green peppercorns. And a sweet dessert: puff pastry with strawberries, whipped-cream filled; a warm apple tart with apricots. You can order à la carte, or from four chef-suggested menus ($27-$38). One of these dinners includes: light puff pastry of asparagus with a butter, cream, parsley sauce; duck parts on a bed of sauce with red wine, orange peel; and a bittersweet chocolate cake—$32. Food isn't the only star,—music counts, too, at Regine's. Her taped blend of favorites turns most diners into dancers as they step into the rainbow-splashed disco and onto the fiberglass dance floor, lit from below. "The dancing in New York is fabulous," says Regine. "In Paris, they do not dance so much, and not as well." After the feast, you need it.

For recipes, turn the page

MENU

Le Feuilleté Léger d'Asperges au Beurre de Persil
(Light puff pastry of asparagus with butter and parsley)

Le Gigot de Poulette à la Vapeur de Cresson
(Chicken leg steamed with watercress sauce)

La Grande Assiette de Fruits et Sorbets du Temps
(Large fruit and sherbet plate)

The complete dinner menu in both French and English

Each hot dish, topped with a silverplated cloche, releases a burst of aroma as the lid is lifted—a delicious surprise for the eye and nose

AT REGINE
continued from preceding page

Michel Guérard's first cookbook, called—unsurprisingly—*La Cuisine Minceur* will be published in English this fall by William Morrow. He is also—culinary imagination never sleeping—working on a second cookbook. The stuffed chicken legs and the watercress and mushroom purées* below are from William Morrow's translation; the feuilleté and the crêpes will appear in the second book. Chefs at Regine's are still experimenting with American ingredients new to them. Recipes that "just went together in Paris" are not so simple here. The restaurant's *gigot de poulette* recipe, for example, calls for *fromage blanc* (a runny cream cheese) in its sauce. Reduced heavy cream has been used as a substitute here, and sometimes for the French *crème fraîche* too (though they do make their own crème fraîche); it results in a thinner sauce, but tastes just fine! Chefs are also working with different American flours for their puff pastry (you'd never know it!), mixing high-gluten and cake flours. In Paris, Michel Guérard makes his puff pastry in a restaurant version of the Cuisinart Food Processor.

Gigot de Poulette

Ingredients

4 chicken drumsticks

Ingredients for stuffing

3 ounces dried morels
2 tablespoons olive oil
1 small onion, minced
2 fresh mushrooms, stems trimmed, rinsed, and cut in half or 1-2 truffles
½-pound piece veal sweetbread, raw, cleaned
1 small (1½-ounce) piece raw breast meat of chicken
½ teaspoon salt
pinch pepper
2 tablespoons port
5 tablespoons veal stock (see recipe)

Ingredients for veal stock

1 tablespoon olive oil
1 large carrot, scraped and cut into ½-inch dice
1 large onion, peeled and cut into ½-inch dice
¼ pound fresh mushrooms, stems trimmed, washed, and coarsely chopped
1 calf's foot, cut into 8 pieces. (If you cannot get a fresh calf's foot from your butcher, ask for a pig's foot, or a veal knuckle, and have it cut into several pieces). Blanch for 1 minute in boiling water before adding it to the vegetables in the soup kettle.
1 large tomato, halved, and seeded
½ ounce dried mushrooms: morels, cèpes, or Oriental mushrooms
1 teaspoon tomato paste
1 teaspoon arôme Patrelle (vegetable coloring) or ½ teaspoon good soy sauce
Bouquet garni, including 1 clove
2½ quarts chicken stock or cold water and bouillon cubes or canned broth
1 teaspoon potato flour or arrowroot

Ingredients for steaming chicken

3 cups veal stock
3 generous sprigs fresh marjoram, if available, or ¼ teaspoon dried

Ingredients for vegetable garniture

salt
1 piece celery root, cut into thin sticks 2 inches long—enough to make about 24 sticks
12-16 small, round spring or green onions, roots and tops trimmed off, and peeled if outer layers are tough
1 large or 2 small carrots, cut into thin sticks about 2 inches long—enough to make about 24 sticks
Young green beans, cut in half or into 2-inch lengths unless they are very small—enough to make 24 pieces
The reserved morels from the stuffing, cut crosswise into narrow strips
12 canned white asparagus stalks, cut to make tips 3 inches long
1 truffle, cut into fine julienne (optional)

Ingredients for sauce

4 tablespoons mushroom purée (see recipe)
4 teaspoons watercress purée (see recipe)
2 tablespoons heavy cream or homemade crème fraîche (to 1 cup heavy cream, add 1 tablespoon lemon juice or buttermilk; let stand in refrigerator 3 days before using)
1¼ cups hot veal stock over which chicken has steamed
fresh herbs in season for garnish (marjoram, chervil, mint), blanched by just dipping in hot water, "shocking" afterwards in cold

Method for boning drumsticks

To bone the drumsticks, first cut them off with a cleaver from the second joints; it will help later if you pull some of the second-joint skin down over the drumstick before cutting, so there will be enough skin to skewer neatly over the stuffed cavity.

With a small pointed knife, cut the chicken meat away from the knuckle at the large end of the drumstick until you get down—within about an inch—to the straight bone. Then stand the drumstick up and scrape downward all around the bone; the meat comes away very easily and turns inside out like a sweater sleeve. When you get to the bottom, scrape the skin away from the ankle knuckle from the inside, and pull the entire bone away. Turn the meat right-side out, and it is ready to be stuffed.

Method for stuffing

Rinse the morels under cold running water and soak them in lukewarm water in a small bowl until they have swelled and softened. Drain, cut each in half lengthwise, and set aside ⅓ for the vegetable garniture.

Heat the oil in a heavy-bottomed saucepan and add the morels, onion, and fresh mushrooms or truffles. Over low heat, cook the vegetables until they give off their liquid, about 1 minute.

Add the sweetbread, chicken, salt, and pepper. Simmer over low heat for 2 minutes, then add the port and continue simmering until the liquid has reduced by more than half. Add the veal stock and cook gently, covered, for 30 minutes. Cool.

Remove the morels, mushrooms or truffles, sweetbreads, and chicken from the saucepan, and cut them all up into even, small dice (smaller than ¼ inch). Mix all together, adding 2 teaspoons of the braising liquid.

Lightly salt and pepper the cavities of the boned drumsticks. Spoon in the stuffing, pressing down on it in the cavity to pack it together. Close the drumsticks by pinning the skin with small sharp poultry lacers or tying with kitchen string.

Method for veal stock

Heat olive oil in a medium-s kettle, add the carrot, onion, a fresh mushrooms, and ligh brown them in the hot oil.

Add the calf's foot, tomato, dr mushrooms, tomato pas arôme Patrelle, bouquet ga and chicken broth. Simmer stock, partially covered, o low heat for 2½ hours. Peri ically skim off the scum and that rise to the surface. Str the stock—there should close to a quart—through a fi mesh strainer into a saucepar

Bring the stock back to the b Dissolve the potato flour arrowroot in a little cold wa and, with a whisk, beat it bri ly into the hot stock. It should already close to a demi-glac is remarkably good; before ing it, extend it with 1 cup of ter if you wish.

Let the stock cool, then st covered, in the refrigerator. next day remove the last of fat that has hardened on surfa

Method for steaming chicken

Bring the veal stock to a bo a small saucepan that ha steaming rack to fit, and add marjoram and let it steep in stock to perfume it.

Prick the drumsticks skins with a 2-pronged fork to k them from bursting while cook. Bring the marjoram vored stock to a simmer i saucepan and put in the ste ing rack; the bottom of the should be close to, but not low, the surface of the st Add the drumsticks and spri a few fresh marjoram leave them. Steam, covered, over heat for 30 minutes.

Method for vegetable garnit

While the chicken is steam cook the vegetables in a sa pan in lots of boiling salted ter, adding them in the follo sequence: celery root and ions, to cook 15 minutes; 5 utes later, carrots, to coo minutes; 5 minutes later, g beans, to cook 5 minutes; 3 utes later, the morels and paragus tips to heat throu 2 minutes—15 minutes co time in all. Drain the veget with care and keep warm.

To reheat vegetables just b serving, "sweat" them gen a saucepan in a little butte check seasoning. Gives an taste lift.

Continued on pag

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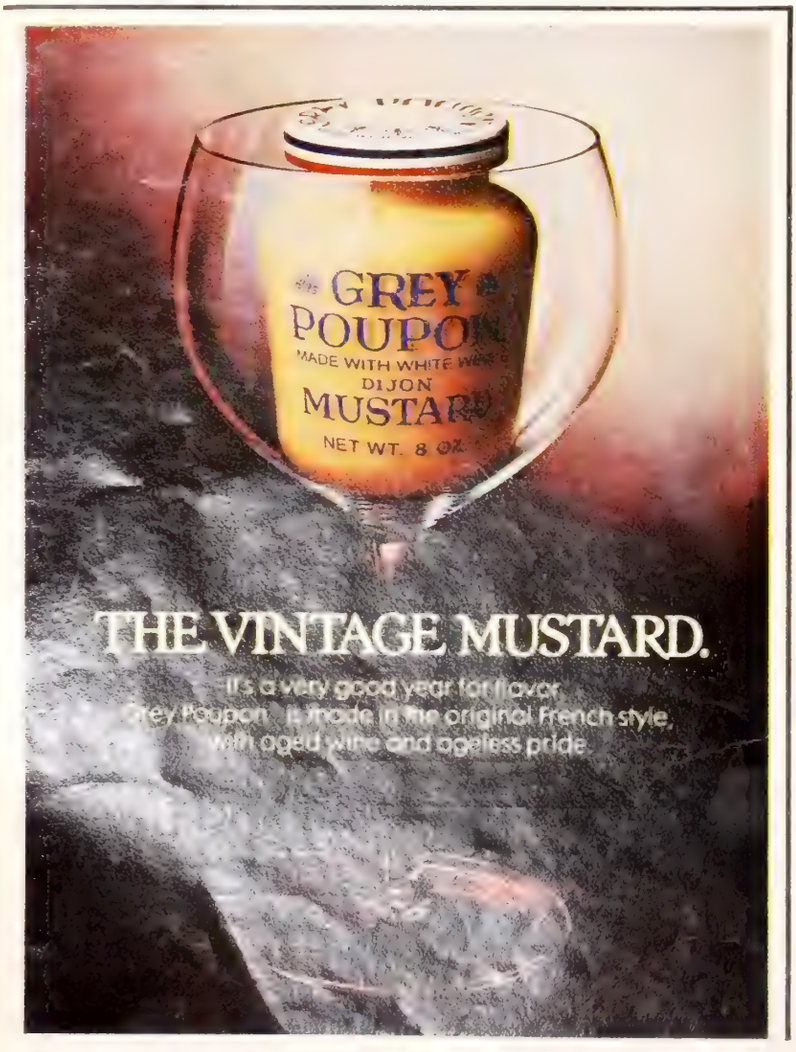
Party food with flair

Mary McFadden creates a "garden of delights" with foods that contrast in color and taste

Given Mary McFadden's strong color sense and her interest in art, her fondness for Japanese food, which is "highly designed and planned," and that of other nationalities as well, is no surprise. She acts as art director and designer in the kitchen, choosing ingredients for freshness and color as well as texture and taste, carefully arranging each dish, then the whole buffet table into a pleasing pattern. Her guests' first pleasure is visual. The Japanese recipes here are from *The Cooking of Japan* by Rafael Steinberg and the Editors of Time-Life books, one of The World Series of cookbooks by Time, Inc.

Menu

Japanese hors d'oeuvres with cocktails, including:
Sashimi* and
Steak–and–scallion rolls*
Basket of crab apples
Stuffed mandarin oranges with dates and raisins
Raw oysters on the half shell with scalloped lemon halves
Squab stuffed with black grapes*
Mint chutney, soy sauce
Grilled shad roe
Cucumber and fennel salad
Tabbooli*
Blue cheese mousse*
Toasted pumpernickel
Praline and cherry strudel
Glazed ginger



Sashimi

(Sliced raw fish)

Many Westerners, who are disconcerted by the Japanese delight in eating raw fish, themselves think nothing of eating raw clams and oysters. Interestingly, sashimi neither tastes nor smells "fishy," and moreover, certain types of sashimi, notably tuna, have the texture and the flavor of tender, rare beef.

The most important factor in preparing sashimi is the absolute freshness of the fish. Frozen fish cannot be used. It is best to avoid fresh-water fish, since they can carry parasites. Keep the fish refrigerated, wrapped in cheesecloth until ready to use. Handle the fish as little as possible; the warmth of your hands can spoil its freshness.

Ingredients

1 pound fresh filleted porgy, sea bass, striped bass, red snapper, squid, abalone, or tuna, in one piece
½ cup dipping sauce: Japanese soy sauce, chirizu, or tosa joyu (see recipes)
1 tablespoon wasabi (green horseradish) powder, mixed with enough cold water to make a thick paste and set aside to rest for 15 minutes)
1 2-inch section daikon — (Japanese white radish) or large icicle radish, or white turnip, peeled, shredded, and soaked in cold water until ready to use
1 carrot, peeled, shredded, and soaked in cold water until ready to use
1 stalk celery, cut in half lengthwise, shredded, and soaked in cold water until ready to use

Method

There are four basic fish-methods for sashimi and sharp, heavy knife is indi able to them all.

Hira giri (flat cut): This most popular shape, suita any filleted fish. Holding firmly, cut straight do slices about ¼- to ½-inc and 1 inch wide, depend the size of the fillet.

Kaku giri (cubic cut): Th of cutting is more often u tuna. Cut the tuna as in cut, then cut the slic ½-inch cubes.

Ito Zukuri (thread shap though this technique used with any small fis especially suitable for Cut the squid straight do ¼-inch slices, then cut wise into ¼-inch-wide s

Usu zukuri (paper-thin Place a fillet of bass or p a flat surface and, hold fish firmly with one hand on an angle into almos parent sheets.

To serve sashimi as p meal, arrange the fish tively on individual plates. Garnish each pl about ½ teaspoon wasa and decorate with strip kon, carrot, and celery with plastic wrap and re for no more than 1 hou serving.

Pour the soy sauce, ch tosa joyu into tiny in dishes and accompar serving of sashimi with dipping sauce. The was also be mixed into the s or tosa joyu to taste. Se

To serve as an hors d arrange two or more var cuts of sashimi on a platter and accompany ping sauce. Serves 8-1

Tosa joyu

(Delicate soy-based d sauce for sashim

Ingredients

¼ cup Japanese all-pur soy sauce
1 tablespoon sake
2 tablespoons preflaked katsuobushi (dried bo
MSG

Continued or

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Model RD19F8

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THE REFRIGERATOR THAT HELPS PAY FOR ITSELF.

Spirit-lifting sparkling wines

The pick of the best from around the world

By Doris Tobias

Those beaded bubbles in a wineglass add gaiety to parties and zest to meals. "A bit of the bubbly" does bring champagne to mind, but just as all that glitters is not gold, all that bubbles is not champagne.

Sparkling wines, many of them made by the same painstaking method that champagne is, are produced in many parts of the world. Most are white wines, but there are some sparkling reds and rosés. Tastes range from quite dry to very sweet, just as they do in champagnes and still wines. And not the least of their attractions is price. Vintage French champagne ranges from $11 to $26 a bottle, or more. Sparkling wines retail for under $5 to $8, and so provide festive drinking at less than half the price of most imported champagnes. Some sparkling wines are available in magnums.

Sparkling wines make inviting apéritifs, and many can be poured throughout the meal. The sweeter versions combine well with rich desserts or are fine for sipping by themselves.

In France, the designation "champagne" may be used only for sparkling wines made from grapes grown in the Champagne district by the traditional *méthode champenoise*—fermented in the bottle. Sparkling wines made by this same method, but from grapes grown outside the Champagne district, are known as *vins mousseux*. These are charming, lighthearted wines made in the Loire Valley in south central France, in Seyssel in the Rhône Valley, and in Beaune on the renowned Burgundian Côte D'Or.

Italy produces luscious sparkling wines called *spumante*, or frothing —the most famous of which comes from the town of Asti—as well as some elegant dry white sparkling wines. Germany produces *Schaumwein*, mostly on the sweet side, as is Spain's *espumoso*. The best espumosos are from Catalonia, and are not too dry, not too sweet.

In the United States, sparkling wines are generally labeled champagne, but are required by law to be qualified by the name of the state where made—California Champagne or New York Champagne. A few U.S. sparkling wines are not labeled champagne, however.

The Loire Valley's sparkling white wines have long been popular lower-priced bubblies for the French, and a good choice of these is available in the States. They're generally made by the classic *méthode champenoise*, using grapes such as the Chénin Blanc, which produces light, elegantly dry wines, easy to drink and lovely to serve (they sustain the bubbles in the glass). Each town in the Loire Valley has its own distinctive wine.

Saumur, partly surrounded by chalky hills, produces sparkling whites that are dry, yet full-bodied and elegant. They hold up extremely well to more strongly seasoned dishes. A well-chilled Bouvet Brut from Saumur made an ideal companion to a cumin-spiked creamed turtle soup at a recent dinner, and the wine could have continued straight through the meal.

The sparkling whites of Savoie, from the village of Seyssel, are light as a summer zephyr, yet appetizingly grapy. A white sparkling blanc de blancs from Beaune in Burgundy is marvelously dry, with a delicate bouquet and subtle com-



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Sparkling Wines: A price primer

	Approximate price*
France	
Sparkling whites:	
Bouvet Brut, Bouvet-Ladubay, white sparkling Saumur wine	$5.98
Langlois-Château Saumur Blanc de Blancs	5.00
Blanc Foussy Brut Blanc de Blancs, Appellation Touraine Controlée	4.99
Kriter Blanc de Blancs, Beaune, Burgundy	5.49
magnum	10.49
Le Duc, Blanc de Blancs, Seyssel	5.99
J. M. Monmousseau	5.49
Henri Piper Joli Brut	6.99
Sparkling red Burgundy:	
Sichel & Fils Red Sparkling Burgundy	5.49
F. Chauvenet Red Cap	6.99
Chanson Sparkling Burgundy	7.00
Italy	
Cinzano Asti Spumante	5.98
Cinzano Brut Riserva Speciale	7.15
Rolar Cartizze Spumante Naturale	6.49
Martini & Rossi Asti Spumante	6.85
Bosca Asti Spumante	3.89
Marchese Antinori Brut	7.00
Bersano Asti Spumante	5.98
Germany	
Blue Nun Sparkling Liebfraumilch	6.79
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Rosé	8.95
Cuvée Gamay	8.95
Sonoma Vineyards Brut	7.99
Beaulieu Vineyard Champagne de Chardonnay	6.27
Sparkling Burgundy	6.37
Korbel Brut	5.80
Natural	6.60
Hans Kornell Brut	6.09
Almadén Blanc de Blancs	7.10
Brut, Pink	5.35
Eye of the Partridge Cuvée	5.50
Paul Masson Brut, Pink	
Extra Dry	5.39
Taylor Brut	5.25
Gold Seal Brut	5.25
Great Western Brut Extra Dry	5.39
Brotherhood Brut	4.99

This list does not include wines that have just enough fizz to tickle your tongue but not enough CO_2 to be officially classified as sparkling wines.

**New York City suggested retail price for a fifth*

plexity that can match a fine champagne.

Sparkling red Burgundy can be a refreshing change from still red wine. Its rich, full-bodied fruitiness will stand up to game dishes, duckling, and hearty beef stews.

Sparkling rosé is pretty to look at and fun to drink. It's rarely dry, so chilling it well is important.

Putting in the sparkle

Sparkling wines are made effervescent by the carbon dioxide in the bottle, and the best of these are produced by the traditional méthode champenoise. *In this method, it is secondary fermentation in the bottle that causes bubbles to form, in the same bottle the consumer eventually uncorks. However, some mass-produced sparkling wines use other bulk processes and ferment the wines in large tanks.*

One such process is the French Charmat *method, that uses extremely large tanks—up to 1,500 gallons—for the secondary fermentation. It's a much quicker method of producing sparkling wine, involving only a few weeks, compared with the* méthode champenoise, *which takes years.*

Still another way of making sparkling wines is the transfer method, closer to the méthode champenoise. *The difference is that in order to remove the sediment, bottles are emptied into a large vat kept under pressure to retain the bubbles. The wine is then filtered and rebottled.*

If you want the best sparkling wine, look for the words Méthode Champenoise *or "Fermented in this bottle" on the label. If these words are not on the label, it's likely that other processes have been used.*

Tips on storing and serving

Treat sparkling wine as you would fine champagnes. Serve it well chilled: 35 minutes in a bucket filled with equal amounts of ice and water. Or place bottle in refrigerator—never the freezer—for 1 to 2 hours before uncorking.

Use tulip or flute glasses. The old-fashioned wide-mouth coupe or saucer shapes dissipate bubbles and bouquet.

Handle the bottles gently. Don't shake or move them quickly. The objective is to avoid a violent popping of the cork, which causes spills. Recommended technique: Cut the capsule at the top and unwind the wire muzzle. Hold the bottle at a 45-degree angle with a towel or napkin between the neck of the bottle and your hand. Grasp the cork in your other hand and twist the bottle—not the cork—slowly, gradually pulling the bottle away from the cork. This will result in a pleasant pop and a pleasant bouquet as the cork rises from the bottle neck.

Fill glasses no more than half full. This allows the holder to sniff and savor the bouquet as it collects in the top half of the glass. Be certain glasses are totally detergent-free, or the bubbles will die along with your sparkling wine. Don't put ice in the glasses in order to chill them. A wet glass does nothing for the wine.

Sparkling wines and foods

Dry white sparkling wines—Vins mousseux
- Apéritif
- Cream soups
- Fish and shellfish
- Chicken and white meats, such as veal and pork, and with ham
- Fruits and not-too-sweet desserts

Sparkling rosés
- Apéritif
- Country dishes, such as sausages, picnic foods, and light, informal buffets

Sparkling red Burgundy
- Game meats and poultry
- Duckling
- Roasts and hearty meat stews

Sweet sparkling whites
- Apéritif
- Rich, sweet desserts
- After a meal, alone

Pairing off: Dishes to serve with sparkling wines

With lobster bisque, oyster chowder, and other cream soups: a French *vin mousseux* from Saumur.

Poached sole or halibut, Hollandaise sauce, garnished with sliced black truffles and tiny gulf shrimp: A French *vin mousseux* from Seyssel.

Filets of sole stuffed with *fines herbes,* served with a Sauce Nantua (a béchamel sauce enriched with cream, and crayfish butter): A Blanc de Blancs from Beaune, Burgundy.

Trout sautéed in lemon-butter, garnished with almonds, lemon, and freshly chopped parsley: A

Continued on next page

Why your bartender always makes a great Gimlet.

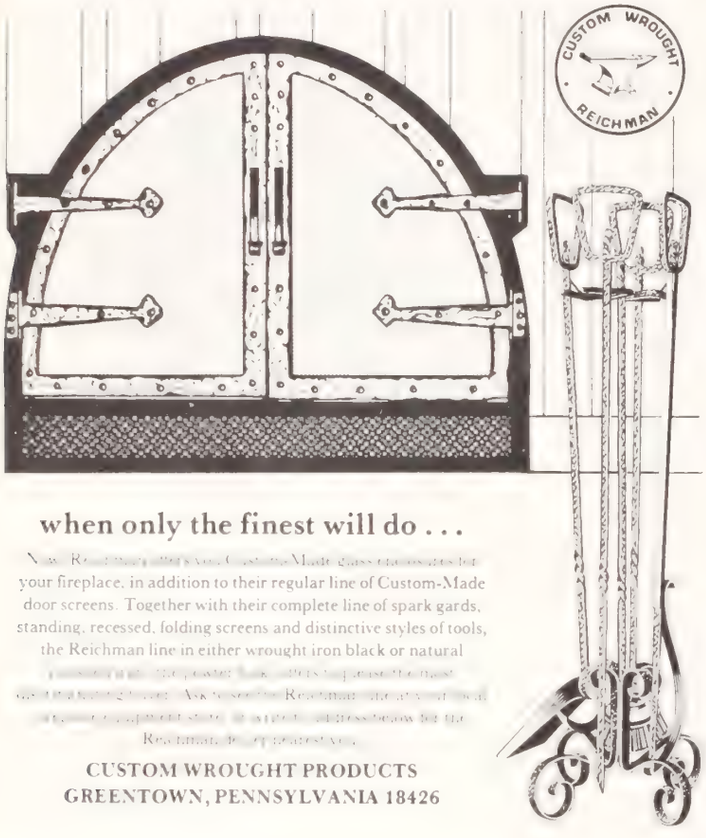


Because he uses Rose's Lime Juice. As a matter of fact, practically every good bartender in the world does. So if you want your gimlet to taste as good as your bartender's, always use Rose's.

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Cold chocolate soufflé is delicious served with a sparkling white wine

SPARKLING WINES
continued from preceding page

French *vin mousseux* from Savoie.

Snails in butter and garlic: A Spanish sparkling white.

Mussels in cold ravigote sauce: Korbel Brut.

Shrimp, boiled, cooled, and served with a homemade, mustard-spiked mayonnaise: A Blanc de Blancs from Beaune, Burgundy.

Baked loin of pork with prune stuffing: A French dry sparkling white wine from Saumur.

Baked ham glazed with honey and apricot nectar: A French dry sparkling white from Saumur or Savoie.

Chicken lobsters, cut into bite-size pieces, cooked in light cream thickened with egg yolks and seasoned with lemon juice and tarragon: A sparkling white from Spain.

Prime ribs in their own juices: A sparkling red Burgundy.

Boeuf Bourguignon: A sparkling red Burgundy.

Duckling, crisp-roasted in serving pieces, served with fresh pears: A sparkling red Burgundy.

Picnic fare—cold chicken, deviled eggs, country pâté, and potato salad: Almadén Blanc de Blancs.

Hors d'oeuvres such as pâté or duck livers sautéed in butter: A sparkling red Burgundy.

Skewered chicken livers brushed with soy sauce and grilled: A sparkling white from Beaune.

Little pastry tarts filled with a mélange of finely diced fresh garden vegetables, seasoned with basil and topped with freshly grated Emmenthaler cheese and baked: A French sparkling white from the Loire.

Individual dessert meringues mounded with vanilla ice cream, served with a bing-cherry sauce: A sparkling white from Beaune.

Zuppa Inglese, a sponge cake spiked with rum, layered with custard and whipped sweet cream, garnished with candied fruit: An Italian Asti Spumante.

Cold chocolate soufflé: A sparkling French Vouvray.

Ice cream layered with candied chestnuts and topped with whipped sweet cream: A German sparkling white wine.

Crêpes Suzette and Hungarian crêpes, embellished with apricot jam and chopped walnuts, and other dessert crêpes: A sparkling white wine from Spain.

Oeufs à la neige, or Floating island: A French sparkling white from Burgundy. ■

BLUEBERRY SUMMER
continued from page 117

Ingredients for blueberry filling

4 cups blueberries
⅜ cup sugar
grated zest and juice of ½ lemon
½ teaspoon cinnamon

Method for crust

Sift the flour, sugar, and salt into a bowl. Add the lemon zest, eggs, and butter or butter and vegetable shortening. Work together until smooth, form into a ball, wrap in wax paper and refrigerate until firm—about 1 hour.

Roll the dough between sheets of floured wax paper, and fit into a 9-inch flan ring or a 10-inch pie plate. Line the plate with paper and fill with rice to weight down. Bake the crust in a preheated 350° oven for about 10 minutes, or until light brown. Remove the rice and paper and cool.

Method for custard

While the crust is cooling, prepare the custard. Combine the flour, salt, and sugar in a heavy saucepan. Gradually add ¼ cup of the cream or milk and stir until smooth. Add remaining cream or milk. Cook over medium heat, stirring, until the mixture is the consistency of a medium–thick white sauce.

Beat the egg yolks in a bowl and add a little of the hot custard mixture, beating continuously. Add the egg-yolk mixture to the hot sauce. Return to the heat and cook over low heat, stirring briskly for a few minutes to thicken. Remove from heat, add the vanilla, and dot with butter. The butter will melt and prevent a skin from forming on the custard. Cool. Stir and spread in the pie shell.

Method for filling

Combine 1½ cups blueberries, the sugar, zest and lemon juice, and cinnamon in a heavy saucepan. Cook over low heat until the sugar has dissolved. Raise the heat and boil rapidly for about 8-10 minutes or until the mixture acquires the consistency of jam. Cool. Combine the jam with the remaining blueberries and stir gently. Spoon the blueberry mixture carefully

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In most recipes just add 1 cup berries to each 2 cups flour along with the rest of the dry ingredients

nto the custard layer. Chill until erving. Serves 8.

Blueberry Soup

Serve as a first course for a summer meal or with sweetened, kirsch-flavored whipped cream as a dessert.

Ingredients

2 cups water
1 cup blueberries
1 slice lemon
1 cinnamon stick
2 tablespoons sugar, or more to taste
pinch salt
1 tablespoon cornstarch
sour cream
cinnamon
nutmeg

Method

In a heavy saucepan put the water, blueberries, lemon slice, and cinnamon stick. Bring to a boil and boil for 10 minutes. When ready, the berries should be very soft.

Add the sugar and salt. Make a smooth paste of the cornstarch with 1 tablespoon water. Add another tablespoon of water, stir, and stir into fruit mixture. Cook over low heat while stirring until the mixture is clear, remove the cinnamon stick and chill. Serve with a dollop of sour cream and a dusting of cinnamon and nutmeg. Serves 4.

Blueberry Ice Cream

Ingredients

2 cups blueberries, crushed
1 cup sugar
2 teaspoons cassis
⅛ teaspoon salt
5 egg yolks
2 cups scalded milk
2 cups heavy cream or sour cream

Method

In a bowl mix together the blueberries, ½ cup sugar, and the cassis. Set aside.

In the top of a double boiler put the remaining sugar, salt, and egg yolks. Beat, and add the scalded milk slowly, mixing well. Cook until slightly thickened, 5-8 minutes. Cool.

Add the heavy cream or sour cream, the reserved berry mixture, and freeze according to the manufacturer's instructions. Makes about 1-1½ quarts.

Blueberry Blintzes

Ingredients for batter

1 cup flour
1 teaspoon salt
2 eggs
1 cup water
butter

Ingredients for filling

1½ pounds dry cottage cheese or pot cheese
3 eggs
¼ cup sugar, or more to taste
1 cup blueberries
1 teaspoon cinnamon
¼ teaspoon salt
2 tablespoons breadcrumbs (optional)
butter
sour cream
sugar

Method for batter

Sift together the flour and salt into a bowl. Mix together the eggs and water in another bowl and add to flour gradually to form a smooth, thin batter. Let stand for at least ½ hour.

Heat butter in a small frying pan, wipe out excess with a paper towel and pour in enough batter to film the bottom of the pan. If too much batter, just pour it back into the bowl. Tilt the pan to spread the batter evenly. Cook over low heat until the top is dry and the bottom begins to brown. Turn out onto a clean towel, cooked side up. Wipe the pan with the paper towel again and repeat until all the batter is used.

Method for filling

In a bowl mix the cottage or pot cheese with the eggs, sugar, blueberries, cinnamon, and salt. The mixture should be dry, not runny. Add the breadcrumbs if necessary.

Place a spoonful of the filling in the center of each pancake and fold up, envelope-fashion. Fry in butter until golden brown and serve hot with sour cream and sprinkled with sugar. Makes about 10 blintzes.

Continued on next page



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BLUEBERRY SUMMER
continued from preceding page

Blueberry Pickle

Ingredients

3 pints or 3 pounds blueberries, washed and picked over
2 cups vinegar, preferably malt vinegar
½ cup brown sugar
2 teaspoons allspice
2 teaspoons ginger
2 teaspoons peppercorns
3-4 whole cloves
½ teaspoon mace
1 1-inch piece cinnamon stick
2 teaspoons horseradish, grated (optional)

Method

Pack the blueberries into a large, sterilized canning jar. In an enameled or stainless steel saucepan combine the vinegar, sugar, spices and horseradish tied together in a spice bag. Bring the mixture to a boil and simmer for about 15 minutes. Remove the spice bag and pour the liquid over the berries.

Cover the jar and weight the lid to keep the berries under the liquid.

Strain off the liquid about 3 days later. Bring it to a boil, pour it over the berries hot and seal the jar.

Blueberry Slump, or Grunt

If cooked covered, this dessert is a Slump; if it is uncovered, and baked in a 400° oven, it is a Grunt. Since the names are regional, a steamed berry pudding is also a Grunt in some places. Whatever the name, this pudding with biscuit topping is served warm, plain or with cream.

Ingredients

2 cups blueberries
½ cup sugar
1 cup water
1 cup flour
2 teaspoons baking powder
¼ teaspoon salt
2 tablespoons butter
⅓ cup milk

Method

In a large heavy saucepan combine the blueberries, sugar, and water. Cook over low heat until sugar has dissolved, then raise the heat to medium.

Make the biscuit dough. In a bowl mix together the flour, baking powder, salt, butter, and milk. Drop the dough by spoonfuls onto the blueberry mixture.

Cover and cook for 20 minutes over low heat, or leave uncovered and bake 20 minutes in a 400° oven. Serves 4-6.

PARTY FOOD WITH FLAIR
continued from page 124

Method

Combine the soy sauce, sake, katsuobushi, and a sprinkle of MSG in a small saucepan and bring to a boil uncovered, stirring constantly. Strain through a fine sieve set over a small bowl and cool the mixture to room temperature.

Divide the dipping sauce among 6 tiny dishes, and serve it with sashimi of any kind.

Chirizu

(Spicy dipping sauce for sashimi)

Ingredients

2 tablespoons sake (rice wine)
1¼-pound section daikon, peeled, and finely grated (about ¼ cup), or ¼ cup finely grated icicle radish or white turnips
2 scallions, including the trimmed green stems, sliced thinly into rounds
¼ cup Japanese all-purpose soy sauce
¼ cup fresh lemon juice
MSG
⅛ teaspoon hichimi togarashi (seven pepper spice)

Method

Warm the sake in a small saucepan. Then, off the heat, ignite it with a match and shake the pan gently until the flame dies out. Pour the sake into a small dish and cool.

In a small mixing bowl, combine the sake with the grated daikon, sliced scallions, soy sauce, lemon juice, a sprinkle of MSG, and the seven pepper spice. Mix well.

Pour the dipping sauce into tiny individual dishes and serve with bass, striped bass, porgy, or fluke sashimi. Makes about ½ cup.

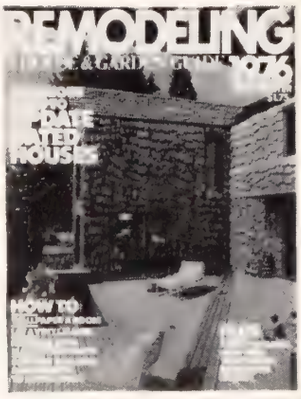
Gyuniku Negimaki

(Steak-and-scallion rolls)

Ingredients

1¼-pound slice (about ¼ inch

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hick) sirloin steak
callions, including 3 inches of the green stems, cut in half lengthwise, then cut into 4-inch pieces
cup teriyaki sauce (see recipe)

ethod

ace steak between sheets of ax paper and, with a meat under or flat part of a cleaver, und it to a ⅛-inch thickness. it steak in half crosswise.

range a strip of scallion down e length of each piece of the eat, then, starting with the de side of the meat, roll the eces into tight cylinders. Se- ire the cylinder seams with othpicks.

eheat the broiler (or light a iarcoal grill or hibachi). With iopsticks or tongs, dip the lls into the teriyaki sauce. roil 3 inches from the heat for out 3 minutes. Dip again in e sauce, and broil the other de for 1 minute. Remove the othpicks, trim the ends of the lls neatly with a sharp knife, id cut the rolls into 1-inch eces.

tand each piece on end to ex- ose the scallions and serve at nce. Makes 8 *zensai* (small ortions).

Teriyaki sauce

ngredients

cup mirin or ½ cup less 1 tablespoon pale dry sherry
cup Japanese all-purpose soy sauce
cup chicken stock, fresh or canned

Method

Warm the mirin or sherry in an nameled or stainless-steel aucepan over moderate heat. Off the heat, ignite the mirin vith a long match, and shake he pan back and forth until the ame dies out.

Stir in the soy sauce and hicken stock, and bring to a oil. Pour the sauce into a bowl nd cool to room temperature. Makes about 1¼ cups. Keeps, covered, up to a month in the efrigerator.

Blue cheese mousse

Ingredients

6 egg yolks
6 tablespoons cream
1½ tablespoons gelatin
4 tablespoons cold water
¾ pound blue cheese
1½ cups heavy cream, whipped
3 egg whites, stiffly beaten
oil
thinly sliced cucumber for garnish

Method

In a saucepan over low heat beat together the egg yolks and cream until thick.

Soften the gelatin in the water, then dissolve the gelatin over hot water. Add to egg mixture. Force the blue cheese through a sieve; add to the egg and gelatin mixture and cool.

Fold in the whipped cream and beaten egg whites. Pour into an oiled, 2½-inch-high square mold and chill in the refrigerator for at least 2 hours.

Unmold the mousse onto a plate and decorate around the edges and on top with the cucumber slices. Serve with toasted pumpernickel as a cheese course. Serves 18 as part of a buffet.

Tabbooli

(cracked wheat salad with mint and parsley)

Ingredients

2 cups cracked wheat
1½ cups green onions, finely chopped
salt, pepper
2 cups parsley, finely chopped
¾ cup tomato, peeled, seeded, and chopped
1 cup olive oil
1 cup lemon juice more to taste
fresh mint leaves for garnish

Method

Soak the wheat in water to cover in a bowl for 2 hours. Drain well and squeeze out excess moisture. Put it in a salad bowl.

Add the onions, salt and pepper to taste, parsley, tomato, olive oil, and lemon juice. Toss well with 2 forks to keep grains separate. Add more salt and lemon juice to taste. Serve the tabbooli with fresh mint leaves around the edges of the bowl. Serves about 18.

Continued on next page

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Best Foods,

continued from preceding page

Squab stuffed with black grapes

Ingredients for each serving

3 slices dried bread, crumbled
1 onion, chopped
1 cup black seedless grapes, peeled
3 tablespoons butter, melted
1 teaspoon parsley
¼ teaspoon thyme
salt, pepper
1 squab, washed and dried
butter
paprika
½ cup white wine

Method

In a large bowl combine the crumbled bread, onions, grapes, melted butter, parsley, thyme, and salt and pepper to taste. Stuff loosely into bird and skewer the vent closed.

Truss the squab and rub the skin with butter, salt, pepper, and paprika. Roast in a moderate oven, 350°, basting occasionally with the wine until tender, about 1 hour.

continued from page 122

Method for sauce and presentation

To preserve the fresh, green color, make the sauce at the last minute. Purée all the ingredients except the fresh herb garnish in the blender, pour the sauce into a small saucepan, simmer 5 minutes, and keep warm.

With a small pointed knife, carefully slit the skin on the top side of each *gigot de poulette*. Spread the sauce, which will have a lovely pale green color, in the middle of a heated platter or 4 warm dinner plates. Place the chicken in the center, and spread the multicolored vegetable garniture, including the truffle julienne, all around it. Decorate each plate with fresh marjoram leaves or herbs in season. Serves 4.

Mushroom Purée

Ingredients

1 scant pound fresh mushrooms (¾ pound after trimming)
1 tablespoon lemon juice
3 cups reconstituted non-fat dry milk
1½ teaspoons salt
pinch pepper
touch freshly grated nutmeg

Method

Trim the gritty root ends of the mushroom stems. Do this on a slant the way you would sharpen a pencil with a penknife. There should remain about ¾ pound. Rinse the mushrooms in plenty of cold water, wiping them clean with your hands. Drain them in a colander and roll them quickly in the lemon juice in a bowl to keep them from darkening. Cut in half.

In a saucepan heat the milk and add the mushrooms, salt, pepper, and nutmeg. Cook over low heat, uncovered, for 15 minutes; be careful not to let the milk scorch.

Drain, reserving the cooking liquid. Purée the mushrooms very finely in a blender. Thin with ⅜-½ cup of the cooking liquid, and taste for seasoning. Keep warm over hot water. Makes about 1⅔ cups.

Keep in a jar in the refrigerat
to bind sauces, to give extra fl
vor to mixtures, or add son
crème fraîche and serve as
puréed vegetable.

Watercress Purée

Ingredients

4 bunches watercress (spinach can be used too, for a different flavor
1½ quarts water
1 tablespoon coarse salt

Method

Cut off all the stems of the wa
tercress. Remove any coars
stems left among the leave
and pick over the stems to re
cue any leaves that have bee
cut off with them. Rinse th
leaves under cold running wa
ter. Bring the salted water to
boil in the saucepan, add th
watercress, and boil for 9 mi
utes.

Take out a cupful of the hot wa
ter and reserve it, then drain th
watercress and transfer it to
blender. Purée the watercres
adding just enough of the re

Continued on page 19

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Shopping information

rices approximate. *Consult your interior designer or rtment store decorating service. Postage indicated by ( ).

TERNED SHEETS
s 96-97:
lartex patterns in standard sheets, wcases, comforters, towels.
· 96:
sden Plate" handmade quilt: 925, Ohio Amish origin, 73" x 88" $350. At Thos. K. Woodard, rican Antiques and Quilts.
ıp-on plant light: 6½" diam. By The Lite Factory.
· 97:
te necker lamp: 6" diam. head, stable from 41" to 50" high, avail- in clamp-on or wall-mounted mod- 79. At George Kovacs.
nel carved wood screen: each l, 24" w. x 7' h. 1800. Designed by · Moore of Tiffany & Co.
covers in Gary Grant's apart- t: Belgian linen and cotton.
AY ROOM AND COVER
e 98:
ional seating system: sofa, 94" " x 33½" high; loveseat, 59" x 35" ½" high; corner, 35" sq. x 33½" ; ottoman, 33" x 29" x 20" high: seat and back cushions, cigar ng, shown with white and Lacquer n canvas slipcovers. By Guild Fur- e for Lord & Taylor.
ling deck chairs: 26½" by 35" x " high, weatherproof finished tub- frame, canvas sling seat. At Lord ylor.
2-3" table: 42" sq. x 16" high, acrylic base, glass top, adjustable makes the table into an end table. es Prismatiques.*
tskin lamp table: 24" sq. x 26" , open cube design, lacquered fin- At Karl Springer.*
titled" painting: (1975), graph- pigment, sand, and vinyl binder. sq. $5000. At The Pace Gallery.
s fire screen: 3 panels, chrome lware, 12" x 26" x 12" x 26" high.); chrome andirons, $60 the pr.; me fire tools, $450 the set. All at ny Alessandro.
ue Cosmos" painting: over fire- e, 34" diam., (1974), acrylic on as, by Hedda Sterne. $1500. At y Parsons Gallery.
ıbassador HiLo" lamp: swivel l, adjustable height from 34" to 56" , chrome stand. $30. At The Lite ory.
ows on sofa: mud cloth fabric. x 18", $120 each; 20" sq., $180 ; **standing coral and minerals** ı a collection. All from Karl Spring-

ı-design antique platter: 19" ı. $20. At John Rosselli.
ite leather cigarette box: 10" x ' x 3½" high, silver detail, lacquer h. At Roundtree.
e and orange Persian jar: 11½" ı. $60; **flat basket with handles,** :" oval. $9. Both at Limited Edi- .
ınd crystal ashtrays: 7" diam. each. From the Strombergshyttan ection at Georg Jensen.
sy-filled woven basket: 13" high. n a collection of baskets at Tony's wer Store.
ge wicker basket with handles: high. At Lord & Taylor.
e 100:

gsbee Knolls" painting: (1975), lic on canvas, 84" x 46½", by ry Zox. André Emmerich Gallery.
r of antique blue crackle bowls: " diam. $800 the pr.; **pair of pink sing glass bowls,** 6½" diam. $600 pr. At Nuri Farhadi.
ge round ceramic bowl on cof-fee table: 16½" diam. $80. Handmade exclusively for Diane Love.

"Wrong furniture" room:

Cane armchair: 23" x 25" x 32" high. At Lord & Taylor.
Antique wood coffee table: 26" x 48" x 16" high. $700. At Elux Putting Antiques.
Indoor/outdoor rectangular wood table: 20" x 48" x 16" high, weather-proof finish. $40. Made to any size. Bridgehampton Garden Center.
Green linen-covered box: 15" x 10" x 4¼" high. $150. At Karl Springer.*

Page 101:

Top:

"Nocturne" painting: (1975), acrylic on canvas, 63½" x 79" high. By Jack Bush at André Emmerich Gallery.
Antique wood bowl: 24" diam. At Elux Putting Antiques.
Antique celadon bowl: on coffee table, 8¼" diam. $200; **green jardiniere,** 7¼" diam. $180; **large celadon bowl** with raised white design, 12" diam. $250. All from Nuri Farhadi.
Pair of herringbone-design plates: 7½" diam. $7 each. At John Rosselli.
Pair of Raku vases: on lamp table, 12¾" high, $75; 11" high, $60. At Limited Editions.

Middle

"Orange Chamber" painting: (1975), 72" x 40", by Larry Zox. At André Emmerich Gallery.

Bottom

Antique Tibetan dhurrie rug: cotton, 14'2" x 11'8". At Stark Carpet.*

COLOR IT CORAL

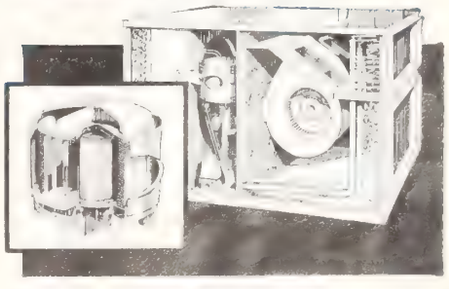
Pages 104-105:

1. **"Jubilee American" stoneware:** dishwasher- and microwave oven-safe, available in 20-piece sets of four 5-piece place settings. $86; additional pieces shown, oval platter, $16.50; creamer, $9; coffeepot, $19. All by Lauffer. At Bloomingdale's.
2. **Open hutch and bachelor's chest:** pressed wicker drawer fronts, lattice back on hutch, brass hardware. Hutch, 30" x 9'3" tall, $189.95; chest, 30" x 19" x 30½" high, $179.95. From the "2700" series by Schoolfield.
3. **Vase:** pottery, 8" tall. $55. By Terrafirma for Ronaldo Maia Flowers.
4. **"Aria" Trevira polyester carpet:** 12' wide, $14 a sq. yd. By Bigelow.
5. **Glassware:** cylinder vase, 9" tall, $11; Ming vase, 7" tall, $12.50; sphere vase, 4" tall, $9; ribbon plate, 8". $3.25. By Atelier Vitreon. Bloomingdale's.
6. **Enameled cast-iron cookware:** dishwasher safe. 7-qt. round French oven, $44.95; 1-qt. saucepan with cover, $19.95; 2-qt. saucepan with cover, $27.95; 12½" terrine, $27.95. Match Pompeiian Red. By Le Creuset.
7. **"Bali" vinyl wallcovering:** 27" wide, 28" repeat. By China Seas.*
8. **Leather-stitched loveseat:** 52" x 40" x 42" high, nailhead trim, two loose back pillows. $1200. By Hibriten.
9. **Lightweight plastic stools:** 12" seat diam., 18" high, connectors available to make stools bar-height. stools of polypropylene plastic. $19.50 each; connectors $10 each; mini-size for children, $10 each. Match Pompeiian Red. At Seabon Scandinavian Imports.
10. **"Big Mack" cotton fabric:** 48" wide, 24" repeat, to order in colors, $23.25 a yd. By Connaissance.*
11. **Corner sectional unit:** 31" sq. x 32" high, pine frame with slatted sides, cotton-covered cushions. $280. Armless units and ottoman available. From the "Naturally Yours" sectional group by Thomasville Furniture.
12. **"Fitzhugh" mug and dinner plate:** mug, 6", $50; plate, 10", $25.

Continued on the next page

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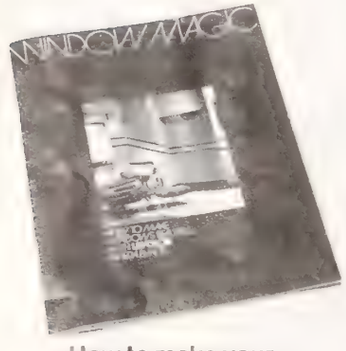
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continued from preceeding page

Both by Mottahedeh. At Key and Quill.

13. **Upholstered recliner:** 27¼" x 31" x 37" high, chrome frame, tufted seat and back cushion. $299. By Burris. At Abraham & Straus.

14. **Cotton shoe bags:** machine washable. $15 a pr. At Henri Bendel.

15. **"Montreal" loveseat:** channel-stitched leather upholstery, 63" x 35" x 25" high, $800. Also available in vinyl, $399. By Burris. At A&S.

16. **"Weskit Diamond" cotton fabric:** 54" wide, 8⅜" repeat. $9.75 a yd. By Schumacher.*

17. **"Lumaglo" lamp:** fiberglass reinforced nylon shade, also in white, yellow, orange, brown, and black. $24.95. By Luxo Lamp. At Macy's.

18. **"Oriental Blossoms" bedsheets:** no-iron "Featherlite" material, in standard sizes for sheets, pillowcases, comforters. By Cannon Mills.

19. **Armchair:** 28" x 27" x 37½" high, green-painted finish, ash wood, upholstered with chintz. $625. By Henredon.

20. **Lounge chair:** 22" x 24" x 39" high, tubular chrome frame, wood supports, Velsuede cushions. $200. By Landes. At W & J Sloane.

21. **"Progression" Antron II nylon carpet:** 12' widths. Karastan Carpet.

22. **Cocktail table:** 48" x 48" x 15¼" high, laminated top on a rounded pedestal base covered in wool. Designed by Milo Baughman. $418. By Thayer Coggin. Write Thayer Coggin for store nearest you.

23. **"Skinny-Mini" laundry center:** 24" x 24" x 65" high, family size washer and dryer, 2-position setting for regular or delicate. Matches Sienna. $510. By Frigidaire.

24. **Rocking chair:** 29¾" x 35" x 36" high, hickory with natural finish, suede cushions. $220. From the "Idlewood" Collection by Founders Furniture.

25. **Cotton-covered photo album:** $25; suede-covered address/notebook. $25. Both at Cache-Cache.

26. **Lacquered chest:** 28" x 4" x 24" high, pauferro wood, brass hardware. $687. From the "Far East" collection by Baker. At W & J Sloane.

27. **Hinoki wood box:** $225. From a collection of antique boxes at LCS.*

28. **"Portuguese Needlepoint" wool rug:** 5' x 6'6". $820. Stark Carpet.*

29. **"Calico" vinyl wallcovering:** 27" wide. $22.50 a roll. Designed by Everett Brown for Krupnick Brothers.

30. **Two-door chest:** 35" x 20¾" x 31½" high, stacking storage units with brass bases, brass hardware, covered with a suede-like finish. $398. Designed by Paul Evans for the "Stak Pac" collection by Directional. Also in dark brown, gray, or mushroom with chrome or brass hardware. At Marshall Field.

31. **"Mollie's Fancy" cotton and polyester sheets:** standard sheet and pillowcase sizes, comforter, dust ruffle, pillow sham. Designed by Mollie Parnis for Wamsutta Designers Workshop.

32. **Wool-covered loveseat:** 64½" x 34½" x 40" high, part of a sectional system designed by Milo Baughman, covered in wool ribcord carpet, all wool cushions. $812. By Thayer Coggin. Write Thayer Coggin for nearest store.

33. **"Amoria" vinyl wallcovering:** [illegible] wide, 25¼" repeat. Designed by Billy Baldwin. $22.50 a roll. By Woodson Wallpapers.*

34. **Armchair:** 26¼" x 27" x 43¼" high, cabriole legs, balloon seat, nailhead trim, mahogany stretcher. By Hickory Chair. At Lord & Taylor.

35. **Wastebasket:** 10½" high, $1.49; **Safti-Grip bath mat,** 14" x 22½", $2.98; **bath-shower caddy,** matches [illegible] Apricot. $2.79. [illegible] Rubbermaid.

36. **Custom planters:** right, 12" x 12" x 14" planter on 8" x 8" x 12" high mirrored base, $115; middle, 15" x 15" x 43" high mirrored planter, $165; left, 15" x 15" x 2" planter on 11" x 11" x 16" high mirrored base, $138. To order. Designed by Linda Trinkle Wolf. At Interiors That Grow.

37. **"Plum Blossom" cotton fabric:** 54" wide, 27" repeat; **"Kaleidoscope" cotton fabric:** 54" wide, 6¾" repeat; **"Cross Hatch" cotton fabric:** 54" wide, 3" repeat. All have Scotchgard finish, all $2.75 a yd. By P. Kaufman Fabrics. At Bloomingdale's.

"Shell Shine" canvas: 54" wide. By Key West Hand Prints at International Textile.

38. **Swivel lounge chair:** 31½" x 32" x 28¼" high, upholstered in Monsanto "Wear-Dated" acrylic velvet. $199. By Kroehler. Through Kroehler dealers.

39. **Plastic "Spin Dry":** for small fruits, vegetables. Dishwasher safe, 6¼" diam. x 4" high. Matches Orange Peel and Sienna. $7.98. By Mouli.

40. **Chinese-inspired wool rug:** 6' x 9'6" long. $449. From the "Chinamar" collection by Couristan.

41. **Patchwork covered loveseat:** 61" x 34" x 25¾" high, pecan frame. $1000. From "Raintree" collection by Flair.

42. **"Mingei" paper jewelry box:** 5" sq. x 7¼" high. $20. To order from Yasutomo, San Francisco.

43. **Batik-covered chair:** 31" x 31" x 31" high, oak slatted side, loose seat and back cushions. $165. By Trend Line. At Montgomery Ward.

44. **Pouf chair:** 29" x 39" x 25" high, corduroy fabric with matching ottoman available. $129. By Carter Chair.

PICNIC:

"Durango" stoneware: $34 per 5-piece setting; coffeepot, $37; creamer, $14; sugar bowl, $19. By Lauffer. At Bloomingdale's.

"Take 5" carrier: 16" x 10" wide, with five compartments. $3.98; **ice-bucket:** 13½" x 11½", 1-qt. capacity, dome cover. $7.98. From the "Century 3" group designed by Luigi Colani for Republic Molding.

Steel picnic grill: 18" wide, 3-position grid, $4.99. By Structo Division of King-Seeley Thermos.

Thermojars: 6 and 10 ounces. $1.15 and $1.75. By Aladdin.

25-qt. ice chest: of high-impact plastic, friction-lock. $25. By Igloo.

"Tetra" plastic kite: 3 feet long, easy to assemble, comes with instructions. $6.75. At Wilburt.

Rice-paper umbrella: with collapsible bamboo handle, $8.50; **Viaka collecting basket:** rounded bottom. $120. From Primitive Artisan. At Pot Covers.

Ruffled pillows: hand-batiked cotton. $60 each. At LCS.*

Cotton knitted shopping bag: imported from France, available in red, orange, pink, blue, green, yellow, white. $4. At Le Grenier.

Mohair throw: handmade, may be ordered in any size or group of colors. From $250. By Copper-Newham.

"Year-Round" wool blanket: worn by third person from left, each blanket is signed by the weaver. $85. By The Three Weavers. At Plummer McCutcheon.

Cotton pillows: 17" sq., kapok filled, designs on cotton drill. $22 each. By Heller/Nargong. At Kaufmann's.

Vinyl tablecloths: 60" x 85" long, $11 each; "Verve" napkins, $1.80 each. Linens by Vera. At Macy's.

Clothes: cotton clothing by Cinnamonwear. At Henri Bendel.

READY-MADE FOR COLOR

Pages 110-111:

Living room

Loveseat: 58" x 35" x 26" high, loose seat and back cushion, covered in black and white geometric fabric.

Sleeper chair/chaise/bed: 40" x 34" x 29" high, arms drop to make chaise, fold flat to make bed, loose seat cushion, yellow and white flower fabric.

Armless chair: 29" x 32" x 30" high, 3 armless units from a sectional system together make armless sofa.

Sofas back-to-back: 96" x 35" x 2[illegible] high each, loose cushions.

Rattan bench: 36" x 16" x 15" high, steel frame. From Rattan collection.

Cocktail table: 56" x 24" x 15" high, chrome frame, elm top. From the Founders Keepers Two collection.

Armless chair: 31" x 28" x 26" high, sculptured steel-look frame with rattan wrapped legs, seat, back. All from Founders.

"Crashing White" painting: (1974) 60" x 36¼", by Virginia Cuppaidge. $700. Susan Caldwell Gallery.

"Reunion" painting: (1965) 84" x 69" wide. At André Emmerich.

Fabrics in living room: all 51" wide, all 100% cotton, imported from France by Marignan.*

Covered basket: used as a table, 14" diam. x 11" high. At Lord & Taylor.

Antique Burmese wood round tray: top, 14" diam. $45. At Art Asia.

Small white Snowfall bowls: [illegible] diam.; $5 each. At The Pottery Barn.

Standing lamp: 52" high, swivel cylinder, in black, yellow, orange. George Kovacs.

Rush fireplace broom: $10. At Edwin Jackson.

Antique open-weave basket: 23" diam., 1½" high. At Kelter-Malcé.

Round lacquered tray: 11½" diam. At Henri Bendel.

Red and white ceramic platter: 17½" diam. $60. At Diane Love.

White leather cigarette box: 10" x 7½" x 3½" high, lacquered finish, silver detail. By Roundtree.

Glass cylinder vases: holding daisies, 8" high. At The Pottery Barn.

Wicker trunk basket: 20" x 14" x 10" high, under coffee table. From the collection at Le Grenier.

Round open basket with handles: 25" diam. x 9½" high. From a collection of antique American baskets at Thos. K. Woodward.

Stacking round red/black lacquered trays: 11½" diam. each. At Henri Bendel.

Round open basket with geraniums: 17" diam. x 8" high. From the collection at Le Grenier.

Oblong table: 27½" x 15½" x 16½" high, from a set of stacking tables, laminated, covered with Chinese calligraphy. Designed by Roe Kasian. Square tables $275 a set of four at Bloomingdale's.

Antique Oriental pottery bottle: 10" high, $75; Korean Yi rice bowl, 7" diam., $90; antique Japanese sou bowl, 5" diam., $15. All at Art Asia.

Antique Chinese green-glazed bowl: 7" diam., $150. At John Rosselli.

Flat basket with apples: 14" diam. on round table. At Lord & Taylor.

Ceramic plate with purple glaze: 8" diam., on oblong table. $12. At Diane Love.

Pages 112-113:

Bedroom

Queen-size canopy bed: 64" x 87" x 78" overall height, pecky elm veneers, elm solids, cane canopy. From the Founders Keepers Two collection.

Upholstered ottoman: 25" sq. x 15½" high, concealed casters, attached seat cushion.

Upholstered Parsons chair: 21½" x 20½" x 33" high, fully upholstered arms, legs, stretcher.

Upholstered loveseat: 58" x 35" x 26" high, loose seat and back cushions, exposed legs.

End table: 29" x 22" x 21" high, steel frame, wrapped rattan base, glass top. From the Rattan Collection.

China cabinet: 46" x 19" x 67" high, rattan frame, bone finish, glass doors, shelves. From the Rattan collection. All bedroom furniture by Founders.

olden Eagle" painting: behind l, 66" x 45", (1974) by Ronnie ndfield. André Emmerich Gallery.
brics in bedroom: all 51" wide, all 0% cotton, imported from France by rignan.* From $9 to $18 a yd.
axony Fair" nylon carpet: 12' de, shown in ruby red. By World rpets.
ntique blue ceramic plate: 9½" im., $38; **tortoise finish wood ox:** on oblong table, $125. Both at hn Rosselli.
Balls" standing lamp: 45" high, oxy finish, cylinder head swivels. At eorge Kovacs.
ng-size cotton sheets: red border, 8 each; cotton standard pillowcase, l border, $38 each. At Pratesi nens.
ntique footed stand: 13" x 12½" x high, on table to right of bed, $24. Art Asia.
eramic picture frame: 5" square. Folio 72.
ack lacquered Parsons table: 90. At Karl Springer.*
llow-glazed Chinese bowl: 6" am., on Parsons table. $45. At John sselli.
ohair throw: over arm of loveseat, 0% mohair. $25. At Antartex.
ntagonal quill tray: 20" x 13" wide, ed for breakfast tray, wood frame. Roundtree.
Snowfall" white ceramic teapot: ; "Snowfall" cup and saucer, $4.50; ovence gray teapot, $29.50; "M" tea- oon, $1.25; "M" red plastic bowl, .75; "Danica" wine glass, $2.50. All om The Pottery Barn.
olored palm boxes: on glass table, 6, set of four. From Handicrafts and andlooms Exports of India.
ound crystal ashtray: 7" diam., on ass table top, $75. At Karl Springer.
ound open-weave basket: from Le renier.
eramics: in and on china cabinet om a collection of antiques at Art sia.
tacking trunk baskets: at La ienda.
lue and white stenciled chest: 0½" x 18½" x 12½" high without and, brass hardware. At Roundtree.
" TV: 13¾" x 11¼" x 11⅝" high, ack and white, operates on regular ouse current or car/camper cigarette- ghter socket, also has attached re- hargable DC battery pack, sunshield, arphone, DC cigarette lighter cord in- uded. $49.95. "Sportable" by RCA.
M/AM digital clock-radio: 7¼" x 0¾" x 4⅛" high, 9-minute doze con- ol, pillow speaker included, wake to usic, buzzer alarm, or both. $49.95 by VC America.
ining Area/Kitchen
ining table: 70" x 38" x 29" high, ecky elm veneers, elm solids, chrome ase, two 16" leaves. **Side chairs:** 0½" x 20½" x 32" high, rush seat, ecky elm veneers, elm solids. From ie Founders Keepers Two collection.
raphics: "73" by Robert Mangold. 8" square each. $225 each at Prints on rince Street.
andleholders and centerpiece: 9 each. At Henri Bendel.
ound straw placemats: $1.60 each; nen napkins by Frank MacKintosh ableclothing at Bendel's; stainless atware, $7.80 per setting; "Danica" ine glass, $2.50 each; "Bistro" red inner plate, $3.95 each; "Reco" red alad plate, $3.70 each; "Reco" red oup dish, $7.35 each; wood wine rack, 14.95. All at The Pottery Barn.
Sunshine" dinner plates: on coun- er, $7 each. At Country Floors.
Timer" stand mixer: automatic imer sets up to 10 minutes; stainless owls, chrome-plated beaters, detach- ble head. $76.95. By Hamilton Beach.
asserole: on stove, $11; round wood read board, 12" diam., $7.95; soup owls, $7.35 each; "Bistro" red sauce bowl, $3.50 each; canister set, $14.95 by Copco. At The Pottery Barn.
Round flat basket: holding peppers, from Le Grenier.
Deck
Chaise: 27½" x 71" long, tubular aluminum frame, vinyl straps, weather- proof. From the Kantan collection.
Stacking bench: 16" sq. x 15" high.
Armchairs: 21" x 26" x 15" high.
Low round table: 12" diam. x 9" high, tubular aluminum base, glass top. All from the Lido collection by Brown Jordan.
Antique green flower Chinese plate: 8" diam. $45; woven straw seat cushion, 12" sq. Both at John Rosselli.

WINE & FOOD
Page 115:
Pewter dessert spoons: reproduced from 18th-century molds. $8 each. By Price Glover. At Carel Schilthuis.
Champagne flutes from left:
"Wilma" continental champagne flute: 8½" high, 5 oz., $7.25 each. By Fostoria.
"Versailles" crystal champagne flute: $4 each. By J. G. Durand.
"Fatima" crystal champagne flute: 4 oz., $10.50 each. By Block. At Marshall Field.
"Dom Pérignon" champagne flute: 9½" high. $14.50. By Baccarat.
"Kathleen" continental champagne flute: $14 each. By Waterford Glass. At Altman's.

Building Facts

Materials and equipment in house on page 80

ARCHITECT: Robert A.M. Stern and John S. Hagmann
LANDSCAPE ARCHITECT: Peter G. Rolland
INTERIOR DESIGNERS: Robert A.M. Stern and John S. Hagmann
CONTRACTORS: Franco Brothers
SIZE OF HOUSE: 6,500 square feet

STRUCTURE
Foundation: Continuous reinforced concrete block foundation.
Framing: Reinforced concrete floor slab and concrete slabs on grade; wood stud framing with steel members and pipe columns; reinforced concrete curved wall on rear façade.

EXTERIOR OF HOUSE
Exterior walls: Stucco by Mohawk Colorama on galvanized metal lath by US Gypsum Co.
Roofs: Asphalt on asphaltic-dipped paper with white spar topping.
Insulation: In walls, 3-inch batts and in ceilings, 6-inch batts by Johns-Manville Corp.
Windows and skylights: Fixed frame and sliding pocket windows of double-glazed glass, custom made by the General Contractor and Beacon Artisans; double-insulated glass sky lights custom made by General Contractor.
Doors: Custom-made wood frame doors.
Garage Doors: Radio-controlled electric overhead doors by Overhead Door.

INTERIOR OF HOUSE
Walls and ceilings: Gypsum wallboard by US Gypsum Co.
Interior finishes: Alkyd paints by Benjamin Moore and PPG Industries.
Floors: In major rooms, bluestone tiles by Domestic Marble Co. and carpet by Stark Carpet Corporation; in kitchen, Acrilon carpet by Harmony Carpets; in baths, ceramic tile by Hastings Tile Co.
Lighting fixtures: Recessed ceiling fixtures by Edison Price, Inc.; cove lights by Wiremold; pendant fixtures by Galleria Mobili and Venini, Ltd.; floor lamps by Gallerfa Mobili and Nessen Lamps Inc; dimmers by Lutron.
Fireplace: Brick fireplace with damper by Donley.
Hardware: Brass and chromed brass handles and locksets by General Lock Div., Schlage Lock Co; hinges by McKinney Mfg. Co.
Music System: Dual turntable; Pioneer tuner/amplifier; J.B. Lansing speakers.
Kitchen and bathroom cabinets and countertops: In kitchen custom-made, Formica-surfaced wood cabinets and countertops with stainless steel and marble inserts by Westchester Kitchens; in bathroom, Formica finish wood cabinets and countertops by Loosen and Brautigam.
Plumbing fixtures: Kitchen sink by Elkay Mfg. Co.; bathroom fixtures by American Standard Inc.

MECHANICAL EQUIPMENT AND APPLIANCES
Appliances: Dishwasher and food waste disposer by KitchenAid Div., Hobart Mfg.; refrigerator and freezer by Sub-Zero Freezer Co., Inc.; oven by Thermador Div., Norris Industries; gas range by Roper Sales Corp.; laundry washer and dryer by Maytag Co.
Heating and cooling system: Forced warm and cool air.

Color originals

continued from page 86

developer) is San Cristobal, the stable, horse pool, swimming pool, and house for Mr. and Mrs. Folke Egerstrom, where pink and purple stucco meet blue sky and horses parade against the walls like a moving "frieze." The effort to make a theatrical background for the animals is entirely intentional and "acclaims the important feeling Barragán has for animals," says Ambasz, "particularly the horse, which has always remained superior in Mexico since the Spanish won over the Aztecs by appearing on horseback." In the collaboration with nature, water and shadow are always implicit in Barragán's design. In the picture, *page 86*, the giant stucco "beam" resting between two brilliant walls is actually a water trough from which water gushes into a cobbled drinking pool for horses. Functional on one level, esthetic on another, the pool reflects another "picture" on the ground. The Mexican climate has been crucial in making Barragán an architect of the outdoors. "He is," Ambasz sums up, "one of the very important architectural poets."

Patterned sheets

continued from page 64

out what else we can do in our sleep. Others, like Dr. Stanley Krippner at the Humanistic Psychology Institute in San Francisco, are training people to influence the content of their dreams in order to read the meanings better. A lot is going on in sleep research—and if we don't really know yet whether or not the colors of our bedclothes can soothe our psyches, maybe very soon we will.

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IN SEASON

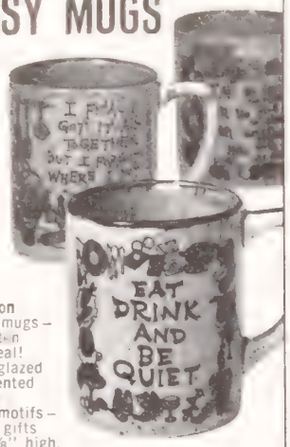
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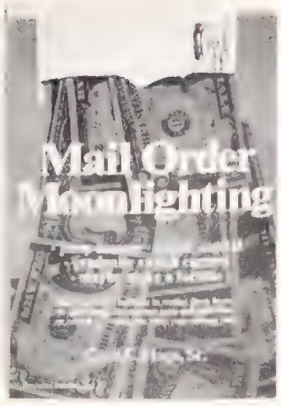
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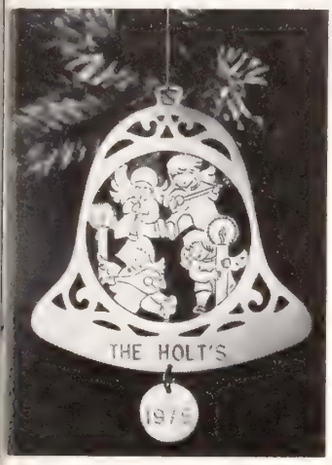
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Graceful white bone china bell circled by a flight of colorful butterflies. The fluted handle gleams with gold, and the bone china clapper has sweet, clear ring. 4¾" tall. Boxed as gift. $10.98 plus 75c post. Lillian Vernon, G9E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



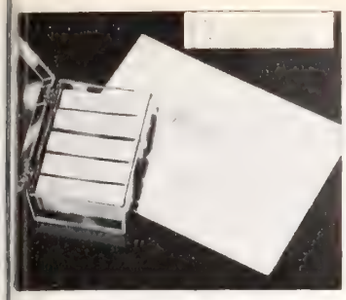
CLEAR DEGREES

Round thermometer hangs outdoors to be read from inside or may be installed indoors. Degrees in fahrenheit and centigrade. 9¾" dia. with weather resistant face, rain shield, mounting hook. $5.98 plus $1 post. American Century, HG9, Box 36232, Los Angeles, CA 90036.



GIANT ART MURAL

Even in a city, even in a dark day, you can imagine yourself in the sunny "Golden Woods" of a dramatic mural. Color blowup of an oil painting by Olsen Lirant is 48" x 26". Specially priced. $3 plus 90c post. World Art Group, HG9E, 606 E. State, Westport, CT 06880.



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ır name and address in crisp black distinctive white or luxurious gold nmed labels. Fine for return ad-ss on letters and parcels, to iden- books and record albums. Labels 1⅞" long, limit of four lines of e. Plastic box has 1000 white la- s or 500 gold. *Print clearly, please.*
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212-6—Gold Labels, *1 box*, **$2.00**



Christmas Card File Box
Whistle while you whiz through Christmas card addressing. Our clear plastic file box makes it fast and easy. No more rummaging through addresses. It includes ten alphabetized dividers and 100 premarked cards that keep records for the next ten years. Extra cards in packs of 100.
9884-6—File Box and Cards .. **$3.59**
9959-6—Extra Cards, *1 pack*, **$1.50**



1976 Hummel Ornament
A limited edition Christmas ornament featuring one of Berta Hummel's beloved artistic works. It's entitled "Sacred Journey" and depicts a winged cherub leading a donkey, upon which is seated the haloed Child. Beneath the colorful portrayal is "Christmas, 1976" to make it a treasured memento at year's end.
8861-6—Hummel Ornament .. **$4.39**



The Cricket
Long revered by the Chinese as a symbol of good luck, it has been welcomed into American homes for the same purpose: "A cricket on the hearth for good luck and good health. The friendly fellow is crafted of black metal, stands guard over your hearth, adds a whimsical touch to decor. 2½" long. Housewarming gift supreme.
8297-6—Cricket **$2.69**

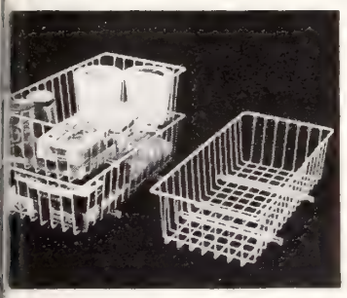
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We're proud to say that since 1934, our company has been bringing unique gifts to people in all these 50 states. Because they have been sound values, we have made many friends. We'd like you to be among them. Our service is swift... your orders are filled and on their way to you within hours after we receive them. Try us! We're sure you'll be pleased...our ironclad guarantee insists on it! Sincerely,

Alberta Kimball



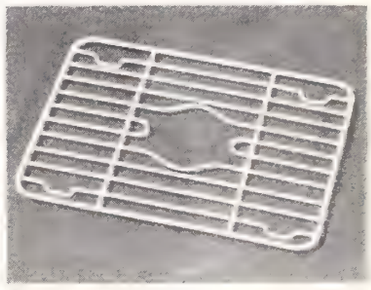
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ese make freezers as neat as filing binets, and you can find just what u're after without risking frostbit- ı fingers! Heavy steel rod baskets e coated with rustproof vinyl, are a nbo 5¼x9½x19½" with braces for icking without crushing contents. ep fruits and vegetables in one, eats in another.
64-6—Freezer Baskets, *each*, **$4.39**



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No more dangerous, high-in-the-sky scrubbing jobs. Whirlaway has a horsehair brush head on lightweight aluminum poles that can be used separately or together for a long reach. A reservoir in the handle takes detergent. Giant has squeegee, whirling brush, 14' reach. Super has squeegee, scrubbing and whirling brushes, high pressure spray, 15' reach.
XL139-6—Giant Whirlaway .. **$22.95**
XL321-6—Super Whirlaway, **$25.95**

Oshkosh B'Gosh Play-O-Alls
A miniaturized version of the famous Oshkosh B'Gosh overalls. Play-O-Alls are made of the same tough, sanforized hickory-striped denim with the same meticulous attention to details — stout stitching, full bibs, roomy pockets, rustproof hardware. Kids love 'em for rough-and-tumble play, and usually outgrow Play-O-Alls before outwearing them. (It's ok; they make terrific hand-me-downs).
Sizes 1, 2, 3, 4, 5, 6, 8 .. *each*, **$9.95**





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White cushion-coated steel protector sits at the bottom of your sink to guard it from scratches as it cushions your finest dishes and glassware to prevent chips and breakage. A center opening provides easy access to drain. In three sizes.
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Overdoor Shoe Racks
rand way to keep your closet neat. acks slip over door (or can be wall ounted), hold 12, 18, or 21 pairs of oes. They're cadmium-plated tub- g with no-mar plastic tips to protect oor, extend 5½" from door or wall. rossbars fold back to make shelves.
200-6—12-Pair Rack **$9.98**
156-6—18-Pair Rack **$13.49**
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Guaranteed to keep any young "metal mouth" smiling! Snowy white, 100% cotton T-shirt is screened with a sunshiny yellow face boasting a tin smile and the words, "Braces Are Beautiful." Matching poster is 20x28" screened in yellow and black on a blue background. Shirt **$5.98**
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3761-6—36-38; ***3762-6***—Poster **$3.25**

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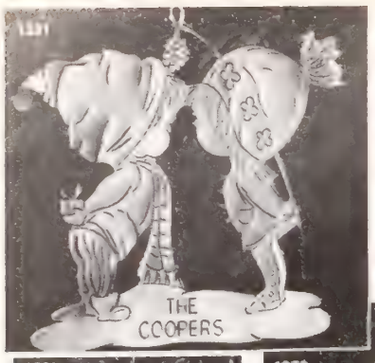
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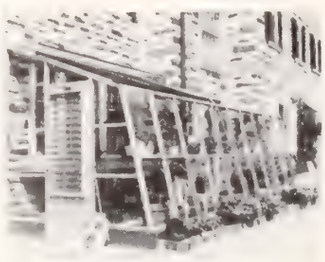
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Perma-Press 65/35, 3" ruffles. Checks ¼" in red, blue, yellow, lime or brown with white. 76" w. Tiers (no ties) 24", 30", 36", $7.50. With ties: 45", 54", $11; 63", 72", $12. Ruffled valance $4.50. Post. $2. Catalogue free. Old Colony Curtains, G69GE, Box 759 Westfield, NJ 07090.



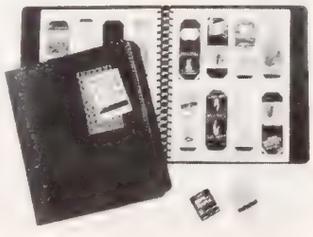
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A TOWER OF BEAUTY IN JUST ONE SINGLE YEAR!

...s, who says you have to spend a small fortune for a ...wering shade tree? — and then spend half a lifetime ...iting for it to grow? It used to be that way — BUT ...T ANY LONGER. Not since we have finally tracked down the one single tree in all of nature that hoists itself high, so fast you can literally measure the difference in both height and spread from week to week . . . or take a yardstick and measure the incredible difference in feet from month to month!

GROWS IN ANY SOIL — REQUIRES NO SPECIAL CARE — SOARS INTO A MASTERPIECE OF LUSH, GREEN BEAUTY IN JUST A MATTER OF MONTHS!

Best of all, unlike most trees that demand constant pampering . . . the only thing you can do when you plant Paulownia is water it and enjoy it. That's why leading botanical gardens . . . landscape artists . . . garden editors . . . recommend it again and again for home-owners who want a stunning display of both beauty and shade . . . and with practically no more work than a couple of sprinkles a season.



How's this for a natural archway in front of your driveway — twin towers of flowering beauty in less time than you ever dreamed possible.

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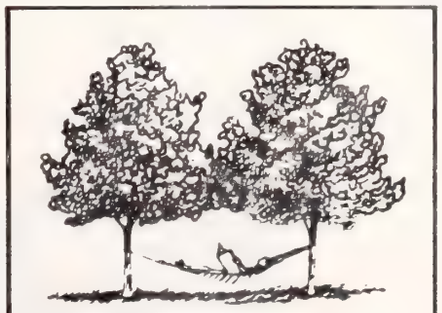
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Picture your patio bathed in the cool fragrant beauty of this show-stopping miracle-tree from early spring to the first snows of winter.

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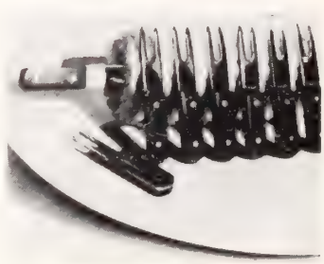
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Oh, those miserable moments when eyeglass frames part company! To cope, a clever kit that helps get it all together: professional optical screwdriver and an assortment of tiny frame screws. $2.29 plus 30c post. Anthony Enterprises, HG9, 556 Mission St., San Francisco, CA 94105.



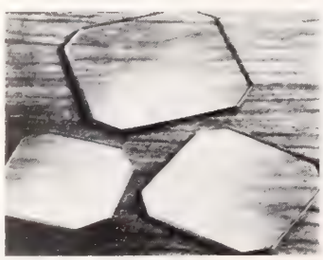
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The compact Desk Mate has five sculptured styrene cylinders to hold pencils, pens, clips, paper, brushes, anything. Or can serve as an attractive modern holder for dried flower arrangements. 6" dia. by 9" h. $3.99 plus 50c post. Holiday Gifts, Dept. 309-H, Wheat Ridge, CO 80033.



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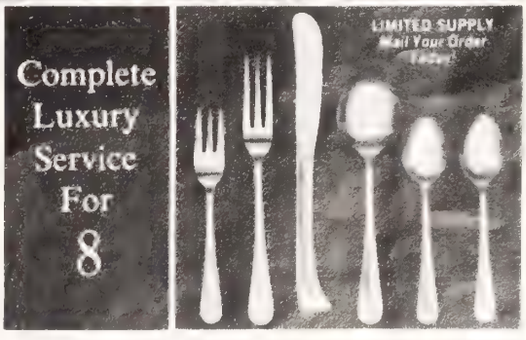
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NOT $44.95! NOT $34.95! ONLY $22.95!

Your home can reflect the candlelight appeal and gracious atmosphere of Early American Colonial elegance when you grace your table with this incredibly beautiful service. Through a special purchase, we can offer you the famous Pistol-Handled Flatware with all its stunning Colonial simplicity in magnificent, satin finish stainless steel at just a fraction of what you would pay for luxurious Sterling Silver. Each and every piece is a lovely replica of the graceful place settings that highlighted many a candlelit Colonial dinner. The knives are the genuine hollow pistol grip handles; the forks are the graceful 3-tined design. And the entire 50-Piece Set is made of modern stainless steel, to give you years of carefree service.

LIMITED SUPPLY AVAILABLE AT THIS VERY SPECIAL LOW, LOW PRICE

Don't be disappointed! Take advantage of this amazing low price while our supplies last. Order now and we'll send you the complete service for 8 including 8 Pistol Grip Hollow Handle Knives; 8 Dinner Forks; 8 Salad Forks; 8 Soup Spoons; 16 Teaspoons PLUS a SPECIAL FREE GIFT of a matching Butter Knife and Sugar Spoon—50 pieces in all. The entire set is yours for just $22.95 on full money back guarantee if you are not absolutely delighted. But don't delay. Due to the rising cost of quality stainless steel, the price of this set will be increased in the very near future. Take advantage of our truly low price while current supplies last. Mail coupon today!



CROWN-CASTLE Ltd., Dept. PGP-457
51 Bank Street, Stamford, Conn. 06901

Please send me the Stainless Steel Pistol Grip Flatware I have checked below on full Money Back Guarantee if I am not absolutely delighted.

(Please add $2.00 postage and handling with each order.)

Check Quantity Desired

☐ Service For 8	*(50-Piece Set)*	$22.95
☐ Service For 12	*(74-Piece Set)*	33.95
☐ Service For 16	*(100-Piece Set)*	44.95

☐ Enclosed is $_____

Charge my ☐ BankAmericard ☐ Master Charge ☐ American Express

Card No._____ Exp. Date_____

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Name_____ (Please Print Clearly)

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Conn. Residents Add 7% Sales Tax



SHRINK STOMACH

Waist Watchers will feel muscle tighten and see stomach shrink from first day you use the Waist Wheel. A few rolls back and forth from knee position equals 100 sit-ups.

Single Waist Wheel ..... **$7.98 + 80¢ Mailing Each**
Dual Waist Wheel ..... **$9.98 + $1.00 Mailing Each**

No COD's or Billing *Add 6% sales tax in California*

Satisfaction Guaranteed or your money back.

Anthony Enterprises Dept. HG-96
556 Mission, San Francisco, Calif. 94105



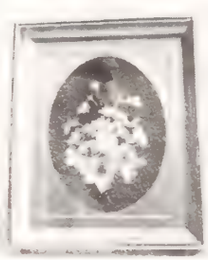
BICENTENNIAL THIMBLES



Left to Right

American Eagle. In hand cast pewter. 3160. $5.95ppd
Betsy Ross. Enamel overlay on Sterling Silver. 3403. $15.95
Liberty Bell. Magnificent replica in pewter. 3967. $5.95ppd.
Molly Pitcher. Mated in hallmarked Sterling Silver. 3406. $27.50ppd.
Thimble and Homesewing Catalog 50c. N.Y. Res. add sales Tax!

Dept. HG96
The Sewing Corner 150-11 14th Ave., Whitestone, N.Y. 11357



Flowers For Milady

are grown, dried,

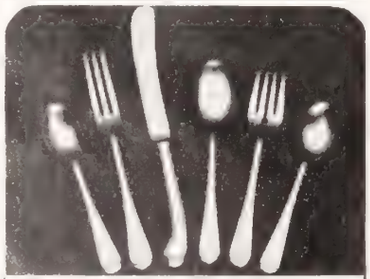
sory by a talented local artist. Rem-

played freestanding. Easel-back frame is also suitable for hanging. Framed size is 6" x 4¾". No two alike.

$14.95 ppd.

The Unicorn Gallery

G96, P.O. Box 4345
15111 New Hampshire Avenue
Colesville, Maryland 20904



Pistol-Handled Stainless
in an heirloom tradition
Old Westbury—FULL DINNER SIZE

An exact replica of a famous old sterling pattern with impressive full dinner size graceful pistol hollow handled knives, 3 tined forks and rat-tailed spoons. In heavy weight hand forged pewter-like satin or polished stainless. Service for 8 includes 8 dinner forks, 8 dinner knives, 8 salad-dessert forks, 8 soup spoons, 16 teaspoons, plus sugar spoon, butter knife and 2 serving spoons. 52-piece service for 8 **$39.95**
78-piece service for 12 **$59.95**

We also have the competitively priced Lunch eon size you have seen advertised elsewhere. Our price is only **$23.95 postpaid.**

Jenifer House
Dept. HG-96
GREAT BARRINGTON, MASS. 01230

SHOPPING AROUND



TOP TO TOE

Total chair upholstery brings legs into new focus. "Dutchess" shown in flame pattern fabric $115.50. Other fabrics available; catalogue, swatches, $2. In your fabric (send 2 yds. 54") $59. Exp. coll. Write to Hunt Galleries, Box 2324, HG769, Hickory, NC 28061.



SH-H-H PEACE

Silence is golden, but these days we get precious little of it. Soft, pliable silencers slip into the ears, have an easy-to-grasp flange. Slip them in every night for refreshing sleep. $2.98 a pair plus 20c post. Anthony Enterprises, HG9, 556 Mission St., San Francisco, CA 94105.



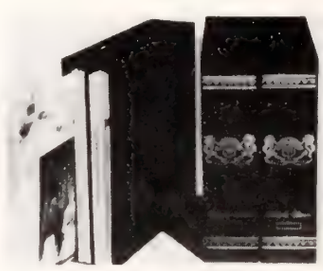
SPARKLING CRYSTAL

Exquisite carving of turtle in solid crystal brings out every shell marking. Signed by Tyko, its Swedish artist-designer. A lovely addition to your coffee table or curio cabinet. Length 3¾" head to tail. $11.98 plus 95c post. Ferry House, HG9, Briarcliff Manor, NY 10510.



FAMILY TREASURE

Baby's worn, frayed and fragile shoes can be made into porcelainized keepsakes with a hand-painted flower and gold trim to add a colorful touch to the baby's name and birth date. Write for complete details. Baltimore Products, HG9, 6 Walker Ave., Pikesville, MD 21298.



LP REFRESHMENT

File your LP's in leather-like library storage case that holds 20 records. 23k gold tooling trim on brown or blue. With convenient center divider to aid in separating by style, composer or artist. $7.95 each ppd. Art Guild, HG9, Box 23201, Minneapolis, MN 55423.



FACE FACTS

Slim vacuum pump is scientifically designed to remove blackheads in sanitary fashion with no squeezing or pinching. Pump works by "lifting" blackheads safely. $2.29 plus 25c post. Anthony Enterprises, HG9, 556 Mission St., San Francisco, CA 94105.



PICK PORCELAIN

Real-looking roses, thorns and all, are 13" tall. Put one in a bud vase or arrange a dramatic dozen. Colorful crimson, yellow, wine. One $1 or; six $4.95. Extras 79c each. Add 25c post. singles; 75c for six. American Consumer, Dept. RP-55, Caroline Rd., Philadelphia, PA 19176.

SHOPPING AROUND

IN CARMEL ON THE MONTEREY PENINSULA



ESPADRILLES FROM SPAIN

Hemp rope soles, firm-grip rubber-tipped heels, toes. Canvas tops lt. pink, hot pink, kelly green, turquoise, yellow, red, violet, orange, lt. green, brown for women, sizes 4 to 10. White, black, navy, beige, women's sizes to 14; men's only, 7 to 12. (State 2nd choice). $5.95 ppd. Phillip Rowe, Ltd., HG9, Box 2382, Carmel, CA 93921.



DELUXE WINE OPENER

The ultimate accessory. Clamped to a shelf, Bacchus wine opener, removes cork in a flash, recorks in reverse operation. It's 10" l., weighs 8 lbs. Antique brass finish, $95; polished brass, $125; silverplate, $175; 23kt. goldplate, $225. Add $4 post. Carmel Wine Cellar & Restaurant, Dept. G-9, Box 416, Carmel, CA 93921.



CLEVER IDEA

Design custom-painted to needlepoint on bib-top pure cotton apron. Men's, women's sizes, adjustable (specify). Blue, green, yellow, pink or orange. Kit with custom-design, Paternayan Persian wool, 100% nylon velour or D.M.C. cotton perle yarn, $33. Without design or yarn, $18 plus $1.50 post. Brochure free; full color catalogue, $3.50. Carmel Needleworks, Box 3383-G, Carmel, CA 93921.



ANTIQUE PAIR

Charming accent of old world craftsmanship. Wooden shoe forms made of solid oak are mounted on oak base for book ends. Stand approx. 9"h. Pair, $18 plus 75c post. Merv Griffin's Carmel Catalog, Inc., HG9, Box 1600, Carmel, CA 93921.



SUPER SANDAL

ENJOY THE FLOATING COMFORT of these durable, attractive, "Carmel beach-combers" by Deckers. Rainbow-hued layers of soft neoprene between black, non-skid soles & tops. Color-coordinated straps of strong, parachute nylon. Men, women, teens—treat your feet at home or abroad, in every activity. When cool, wear with toe-socks. Foot conforming. Washable. Guaranteed. Impervious to salt water, chlorine. Made in Calif., originally for hard use by surfers. Put pep in your step, with: Single Decker, 10.95—Double Decker, 13.95—Triple Decker Platform, 16.95 (1, 2 or 3 colors, w/blk soles & tops). Ppd. No COD's. In Calif. add 6%. Strap colors: Blue, Red, Green, Yellow, Orange, Brown, Black. Order by your regular shoe size, from

PHILLIP ROWE LTD. BIN 5187, CARMEL, CA. 93921



ORIGINAL HAND-PAINTED NEEDLE-POINT KITS

These charming needle point kits come complete with Paternayan Persian Wool yarn. They're 12 inches square and are on No. 12 mesh canvas. The cheery designs and vibrant colors will continue to brighten your home for days to come.

Take your choice of one of our local friends, either the Otter, Hummingbirds, or Raccoon, $28 (plus $1.50 postage). Calif. residents add 6% sales tax. Write for our free brochure, too!

CARMEL NEEDLEWORKS
Dept. H-9
P.O. Box 3383
Carmel, CA 93921



MERV GRIFFIN'S CARMEL CRAFTSMEN'S CATALOG 1976

A visit to the Carmel area of California is truly a memorable event. Having the opportunity to see the works of some of the world's greatest artists & craftsmen, I decided to put together a catalog of these works so that I could share them with you and your friends.

In this catalog you'll find Redwood Burl tables, metal sculpture, paintings, macrame jewelry and even a memento from Clint Eastwood's Carmel restaurant.

As a special offer to my many friends, a $2 credit will be given on any item in the catalog when you order the catalog for just $1. Do so now so you too may experience these beautiful works.

Send $1 in check or money order to: MERV GRIFFIN'S CARMEL CRAFTSMEN'S CATALOG, INC. P.O. Box 1600, Carmel, CA 93921.

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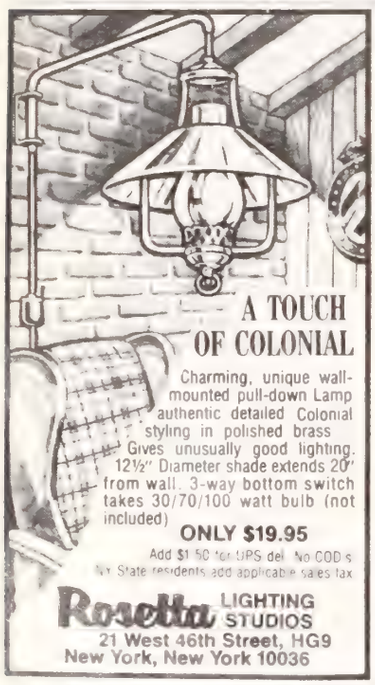


HOW'S THIS FOR OPENERS?

The BACCHUS wine opener is luxuriously created for the convenience of today with the quality of yesterday. Made of solid antique finished brass, BACCHUS will enhance any connoisseur's collection. It weighs nearly eight pounds, measures approximately [illegible] inches in length, and comes with a full one year warranty . . . but will last for generations to come. So, simply send $95 ($4 for shipping and handling), Calif. residents add 6% tax and let BACCHUS handle your next opening!

CARMEL WINE CELLAR AND RESTAURANT
P.O. Box 416
Dept. G-9
Carmel, CA 93921

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Kentucky Rifle $19.00
The ultimate in early americana . . . hang history on your wall . . . over 53 inches All wood and metal absolutely safe.
No. 1725
Save $2.00 BUY RIFLE and HORN at the SAME TIME
53" LONG
Powder Horn
No. 785 .... 6 inch genuine STEER HORN $8.00 ea.
No. 780 .... 12 inch genuine STEER HORN .....$15.00 ea.
30 DAY MONEY BACK GUARANTEE
Genuine Western Steer Longhorns
No. 564 Cavalry Sabre
$19.50 ea. 2 for $37.
39" Overall, large basket hilt, engraved blade and leather scabbard
No. 252 18" to 2 ft. $15.50
No. 254 3 to 4 ft. $25.50
No. 255 4 to 5 ft. $35.50
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Dept. H.G.9 DOGWOOD HOLLOW
MILLER PLACE, N. Y. 11764
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Charming, unique wall-mounted pull-down Lamp authentic detailed Colonial styling in polished brass Gives unusually good lighting. 12½" Diameter shade extends 20" from wall. 3-way bottom switch takes 30/70/100 watt bulb (not included)
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Choose from three sizes—
THE ORIGINAL MADE IN AMERICA
A great contribution to any man's wardrobe
MI-TIE HANGER
Made of solid walnut with beautiful hand rubbed finish, complemented with brass hook and cross bar. Plastic removable riders for individual hanging are designed for wide ties. 6", 25 tie size $7.95 • 10", 45 tie size $10.10 • 16", 75 tie size $12.10 pd. (Less capacity with heavy ties) Send check, or charge to MasterCharge or BankAmericard. Send No. & exp. date.
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BICENTENNIAL '76

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Golden Needles Inc


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Zingy foot comfort! Stretch-to-fit tiger slipper socks. Gay orange/black orlon acrylic paw print with white felt claws. Looks real. Genuine leather heels, soles. A roaring success with young and old. Great for at-home or dorm wear.
$3.98 + .35¢ hdlg.
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SHOPPING AROUND



GARDEN WHEELABOUT

Neat setting for plants: sturdy flower wagon made of ¾" tubular steel, with three wire shelves and two spoke wheels. 26¼" l. by 17¼" w. by 31" h. Choice of white finish $24.88; or brass finish $28.88; Add $3.50 post. Cenit Co., Inc., HG9. Box 41, Keego Harbor, MI 48033.



FRESH AS A BREEZE

White ruffled tiers or tie-backs in washable polyester and cotton are permanent press. 80" wide, 3" ruffle. 24" l., $8; 30", $9; 36", $10; 45", $11; 54", $12; 63", $13; valance, $4.50. Post., $1.75. All packaged with tie-backs. Rovens, HG9, 69 Broad St., Stamford, CT 06901.



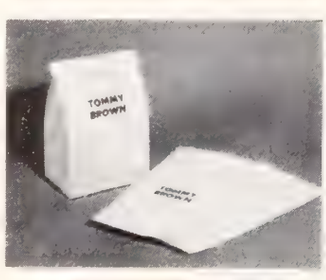
TEASER

Breezy, bouncy sandal with soft leather-like uppers, adjustable instep straps, thick cushioned insoles, 1½" heels. Black, navy, camel or rust. Sizes 4 to 12 in N, M and W. $12.95; sizes over 10 are $1 extra. Add $1.25 post. Sofwear Shoes, HG9, 1811 San Jacinto, Houston, TX 77002.



BEAT THE HEAT

Stay cucumber cool anywhere, anytime. Just flick on portable minifan for the freshest breeze this side of the shore. One "C" battery. Keeps you refreshed. Lightweight plastic, $2.98 plus 35c post. Anthony Enterprises, HG9, 556 Mission St., San Francisco, CA 94105.



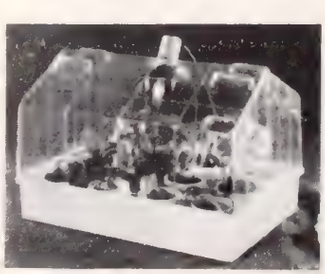
NO LUNCH MIX-UPS

Use bags with children's names printed boldly in brown letters for all to see. Sturdy white paper, 3¼" by 5" by 10¼". One full name only for one pack (please print plainly). 50-bag pack $2.89; 100-bag pack $4.59. Ppd. Miles Kimball, 100 Bond St., Oshkosh, WI 54901.



MIGHTY MITT

Gleamit polishing mitts slip on the hands so you rub silver, brass, copper and chrome easily. Metal stays gleaming bright for ages and when tarnish and dull spots appear, slip mitts on for a quick rub. $3.95 a pair ppd. Beverly Trading Co., HG99, Box 263, Staten Island, NY 10314.



MINI MARVEL

Lucite greenhouse 8" by 6" by 5¾" is splendid for starting plants and growing herbs during the winter. Greenhouse holds two racks, 12 little pots (without plants). We can't wait to get ours started. $7.95, ppd. Odyssey Gifts, H-2, 504 Washington Ave., Kenilworth, NJ 07033.

Health Watcher® USA Announces Its Sensational Plan for...

WEIGHT LOSS BY THE HOUR



3 AM...126 POUNDS!

3 PM... YOU'VE ALREADY STARTED TO LOSE!

3 AM TOMORROW...122 POUNDS!

There's no more healthful way to lose so much weight so fast!"
Dr. Louis F. Castaldo, M.D.

here's no easier way to lose — no calories to count, no carbohydrates watch, no special recipes to prepare, no expensive special foods to buy!

Yet, incredibly, on this fantastic new Health Watcher Weight-Loss Plan your hunger — often the problem with those 00-1,000 calorie starvation diets — actually disappears in as ttle as 24 hours. You feel great — and in an incredibly few ays — you start to look great!

magine losing your excess pounds minute-by-minute, hour-by-our, up to 4½ pounds of fluid and fat in the first 24 hours! If at sounds unbelievable, get the entire program now and read hat an eminent doctor says about it. Read what people who ave tried it say happened to them! Read why it may very well e the fastest, most effective, safest way to lose weight that has ver been discovered.

hat's the secret? It's as simple as 1-2-3! 1) You take a single gh-powered nutrient tablet containing natural bran, for bulk, us natural vitamins for health. 2) You take it with your oice of any of a number of healthful, nutritious natural fruit ices! 3) You don't tease your body with low-calorie starvation ets that only stimulate your appetite and leave you constantly ngry. Instead you shut down your food intake and slow down our whole digestive process for a brief period — the duration up to you! Anytime you want to stop you can. The Complete ealth Watcher Weight Loss Plan tells you exactly how — precisely when. When you follow it, the weight loss results are so st, so fantastic you'll be amazed!

ow much can I lose? The most amazing part is that you lose e most weight in the first few days — from 2 to 4½ pounds in e first 24 hours — up to 10 pounds in just one weekend. So if u're just 5 or 10 pounds heavier than your ideal, you can obably achieve in 100 hours or less what might take you 2 to weeks or more on conventional "low calorie" or "low carbohydrate" diets that may leave you hungry, nervous and constantly famished! So on the Health Watcher Plan, you can lose as much as you need to — fast! It's up to you!

Suppose I want to lose a great deal, say 20 pounds? You could do it in as little as 7 days, depending on how overweight you are when you start. You could easily lose more . . . a 240 pounder might lose 10% to 15% of his body weight!

Will the Weight-Loss-By-The-Hour Plan interfere with my social life, or tennis, or golf? It needn't make the slightest difference. You could go on it for 5 week days, stop on the weekend, and resume the following week if you want — and keep the weight loss you've already achieved! The plan tells you exactly how. Or you can do it only on weekends if that suits you better. There's no need to give up any activity you enjoy — golf, tennis, swimming — whatever you normally like, you can do.

Will it affect my sex life? You bet it will — for the better! As you begin to shed all that extra weight, your energy level starts to increase. Not to mention the fact that you'll feel more desirable, and look it too!

Is the Weight-Loss-By-The-Hour Plan medically approved? Before beginning any weight loss program, says Dr. Louis F. Castaldo, M.D., you should consult your physician. But he continues **"I do not hesitate to recommend Health Watcher's Weight-Loss-By-The-Hour Plan as the safest, healthiest way to lose pounds in the shortest period of time.** Especially this is true for those frustrated people who have had little or no success with other methods of dieting. This amazing regimen, properly followed, may well be the beginning of a whole new life style!"

Send now for the plan, complete with everything you need on this no-risk guarantee. When you return the coupon, you've taken the first step toward being the trim, slim, attractive person you've always wanted to be! You will receive the complete plan, including precise instructions as to how to start, what you can expect to happen, how you'll feel, when to stop, and how to maintain the ideal weight you've achieved. You'll receive a 30-day supply of Health Watcher Nutrient Tablets containing healthful natural ingredients and no dangerous drugs — these provide vitamins and fiber while you're losing weight on the plan. And you receive instructions for a healthful exercise and weight maintenance program you can use to help maintain weight and feel great.

After you've received all this, you may follow and use this Plan for 14 days without obligation. If then you're not pleased, tickled, proud and delighted in every way, you may return just the unused Health Watcher tablets and get a full refund of the purchase price. You may keep all the rest of the material in any case, as a gift!

But don't delay — mail the coupon at once! The sooner you start to follow and benefit from this amazing program, the sooner you'll have the trimmer, slimmer figure you've always wanted. Mail your order today!

Would you guess that Marie Glantz, President of Health Watcher USA and author of this plan, and a nationally known nutritionist and lecturer on health and weight loss, is a grandmother 4 times over? Or winner of numerous golf championships? And has more energy and pep than many people half her age? She follows her own advice — keeps her figure trim and slim, just as yours can be!





Dr. Castaldo has been a practicing physician for over 30 years. A graduate of the University of Maryland, he received his medical degree at Tufts University, then interned and was a resident at Stamford and Bridgeport Hospitals in Connecticut and Bellevue Hospital in New York.

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MAIL NO-RISK COUPON TODAY

AMERICAN CONSUMER, Dept. HWL-154
Caroline Road, Philadelphia, PA 19176

Please rush me _____ (HWL) complete Health Watcher Weight Loss By the Hour Plan(s) including all instructions plus a 30-day supply of Health Watcher Nutrient Tablets at only $4.98 each plus 50¢ postage & handling.

I may try the plan for 14 days and if I'm not delighted I may return the partially used bottle of tablets for full refund (except postage & handling) and keep the rest of the material as a gift without obligation.

Total amount enclosed $_____ (Penn. residents add 6% sales tax.)

Check or money order, no CODs please.

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For the bedroom, living room, kitchen, family room, porch . . . no matter where you're viewing this smart new T.V. Pole Stand holds your portable at the level and place best suited for comfort . . . without taking up valuable floor or tabletop space. Takes any width, up to 14" front to back, up to 17" top to bottom. Easy to install and move, brass tone finish pole has spring tension rod at top to adjust to your ceiling height, can be set up in Hi or Low position. Hi position is great for reclining watchers. Made in USA.

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$13.95 plus 1.00 post.

Extra for Black Cord add $2.00

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Toss Out False Eyelashes FOREVER!

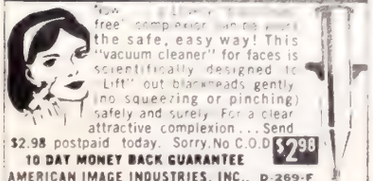


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Wake Up to New Eye Beauty Tomorrow (Naturally)

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Everything you need to create this magical 18" x 15" "Cookie House" comes in the handsome Knusperhaus gift box. Including easy instructions and five bags full of delicious Bahlsen cookies, made by Germany's most famous baker. The unique "Cookie House" may be found at fine food stores or ordered directly from:

SEND $12.95 EACH
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Bahlsen

Check or Money Order only. Add sales tax where applicable. Allow 4 weeks for delivery.

BAHLSEN OF NORTH AMERICA, INC.
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SHOPPING AROUND



MONKEY SHINES

Design to needlepoint is painted on #10 interlocking canvas. Black and white Paterna Persian yarns, needle, instructions in kit. Use continental stitch, or mosaic and basket stitches. 13½" dia. $19.95 ppd. The Darn Yarn Shoppe, HG9, 254 Post Rd. East, Westport, CT 06880.



NORDIC LEFTIES

Scandinavian inspiration gives left-handed persons their own mugs. Heavy ceramic, earthen glaze. (Right-handed mugs also —specify.) Beer mug, $6.45; coffee, mugs, $5.95. Add 95c post. each. Catalogue, 25c. Suburbia, Inc., Dept. 310, 366 Wacouta, St. Paul, MN 55101.



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Nine compartments in an extra-spacious carry-all keep things orderly. Eight on inside (three have zippers), one outside. 11" by 8½". Calf-like vinyl in tan, black or bone. Wipes clean. $16 plus $1.50 post. Vicki Wayne, 600 So. Country Club Rd., H9N, Tucson, AZ 85716.



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A 3-D frame holds seven no-border photos: 5"x7", 3½"x3½", five 5"x3½". Mounts supplied so prints snap into place. $9.95; three $24.95; or send negatives or slides for frame and 7 prints $14.95; three $39.95. $1 post. Photo Poster Creations, X903, 210 E. 23 St., NY, NY 10010.



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This very practical key holder does away with fumbling and groping. Reel clips inside purse: unreels keys, automatically rewinds into case. Clip to your bag, pocket or belt. $2.98 plus 45c post. Order from Anthony Enterprises, HG9, 556 Mission St., San Francisco, CA 94105.



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Plant lamp stimulates foliage and flowers. High in red rays, low in blue and green. White-enamel metal. 8″. Attaches to any surface, or stands. Lamp $13.98; 75w. bulb $5.89; both $18.50. Add $1 post. Lilly's Garden, G9E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



WHO'S ZOO?

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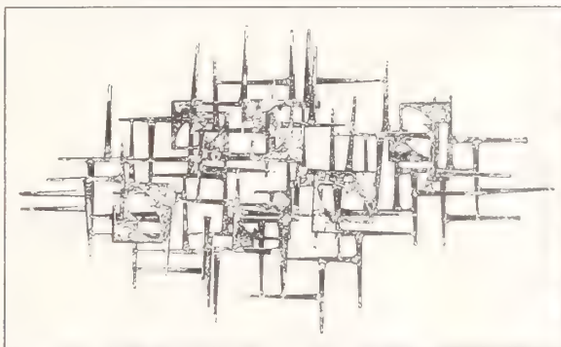
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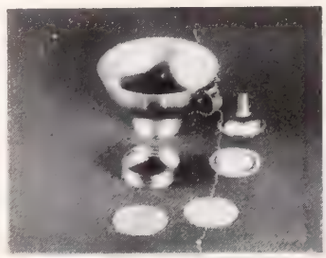
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Compact cube has lift-up top that reveals mirror and cosmetics tray. Side compartments swing out for extra cosmetics, jewelry. Snaps closed to 4½" cube. Red, green, blue or hot pink with beige sides. $3.98 plus 50c post. Stratford House, HG-9A, Box 591, Stratford, CT 06497.



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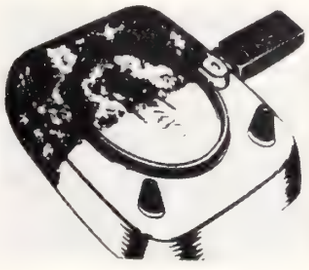
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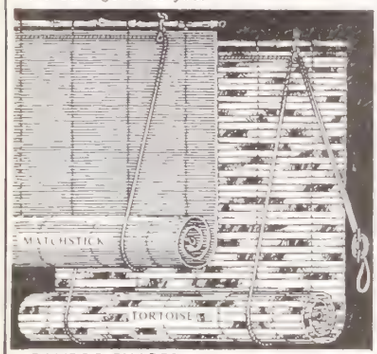
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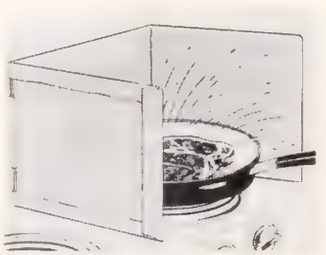
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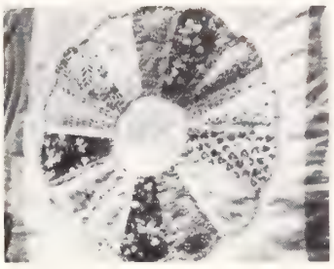
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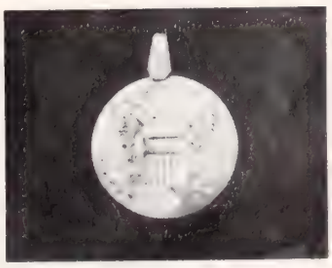
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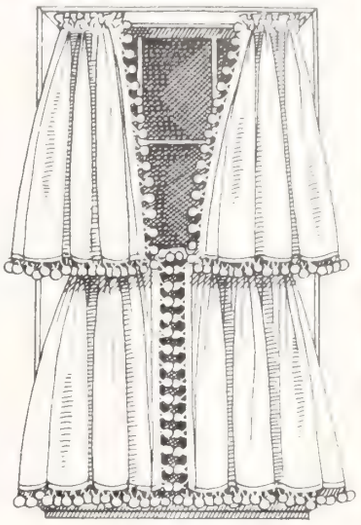
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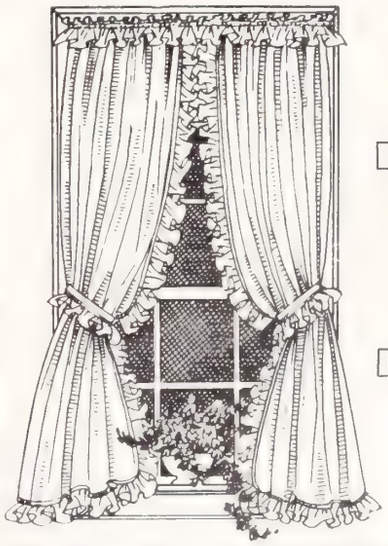
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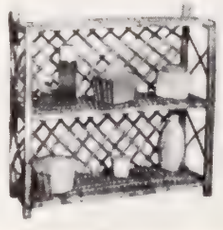
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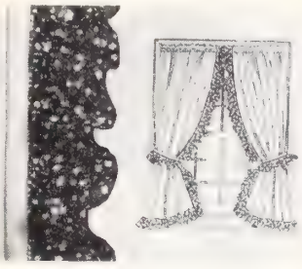
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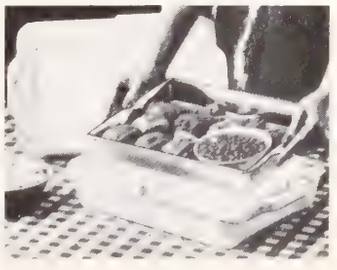
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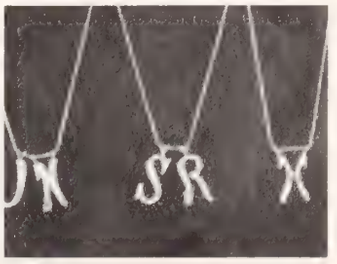
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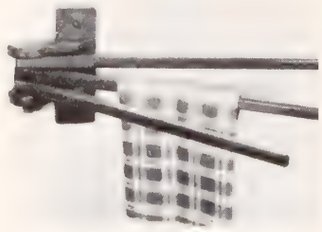
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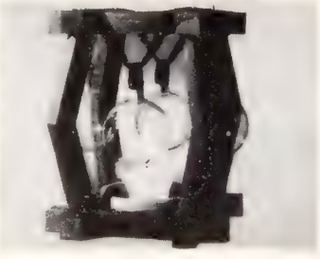
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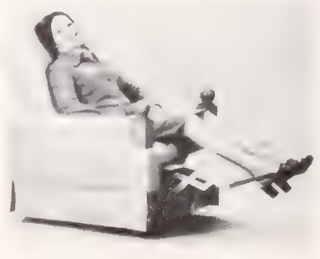
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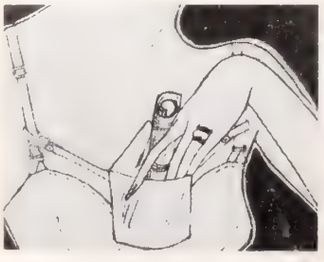
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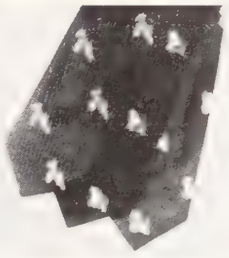
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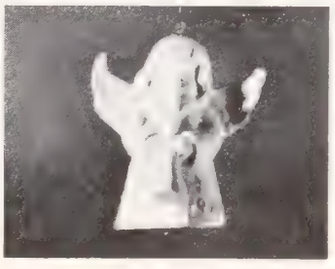
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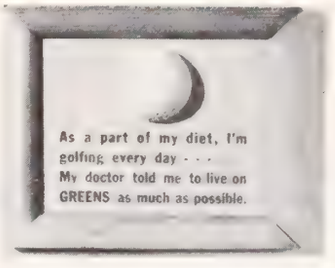
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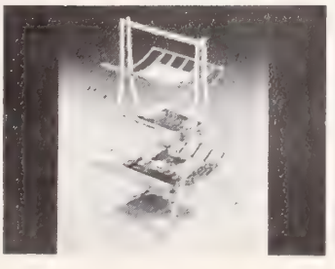
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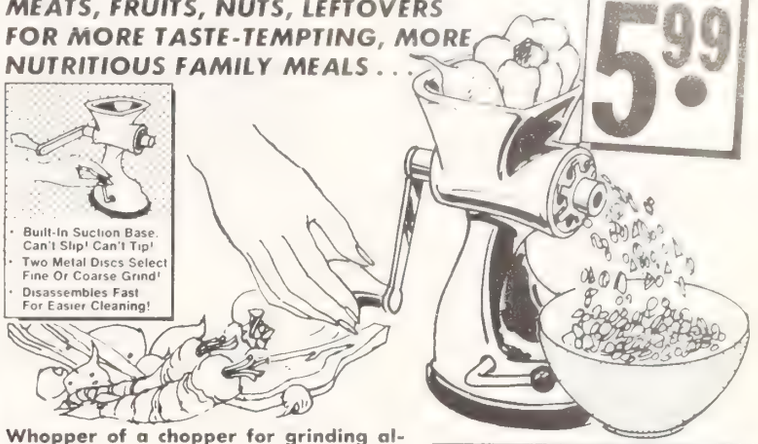


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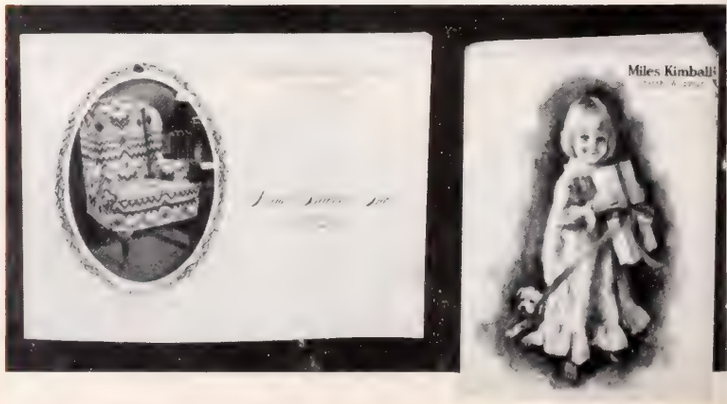


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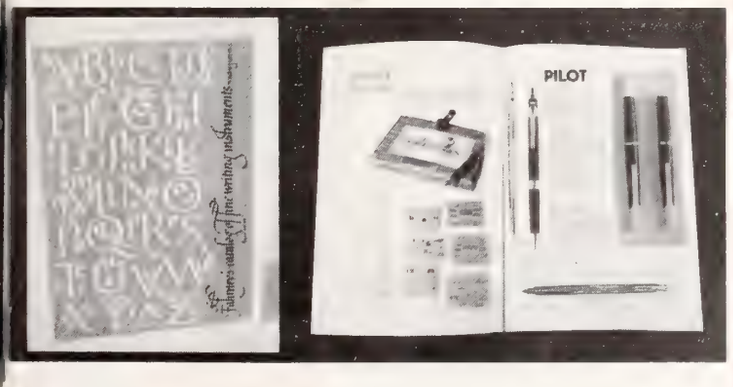


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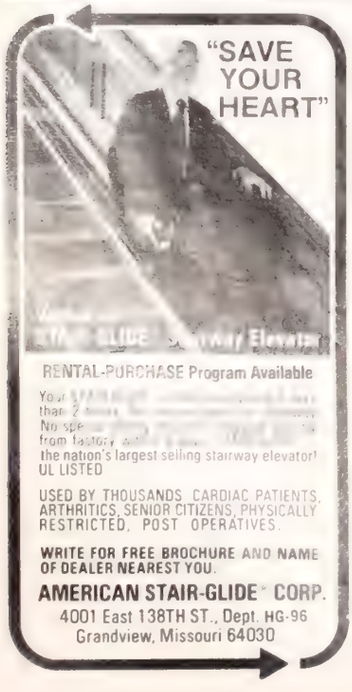
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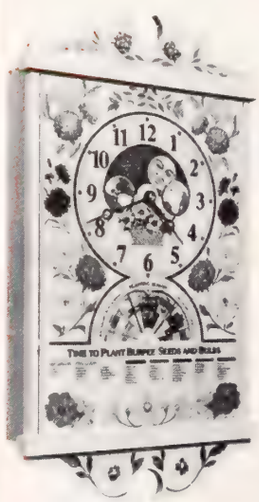
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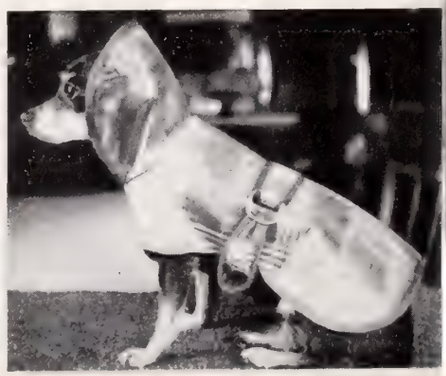


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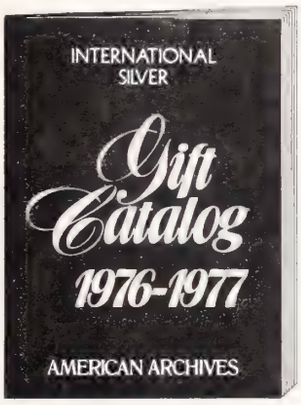
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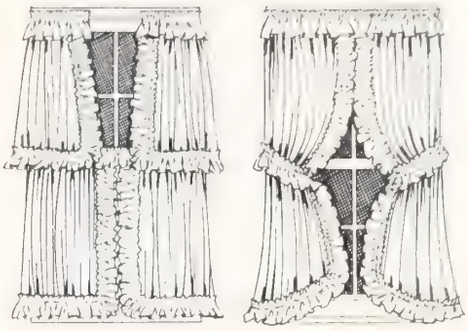


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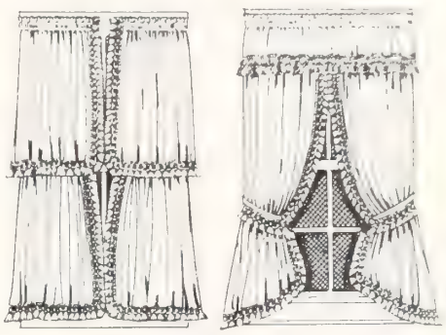
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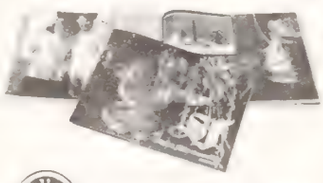
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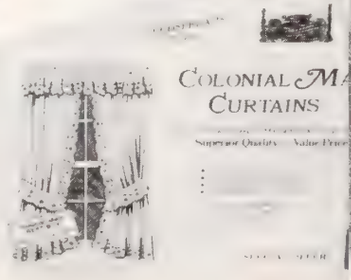
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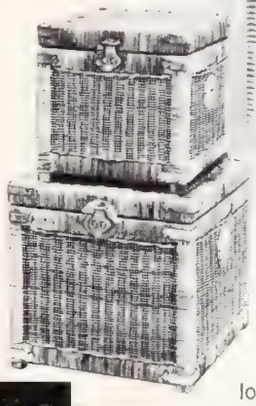




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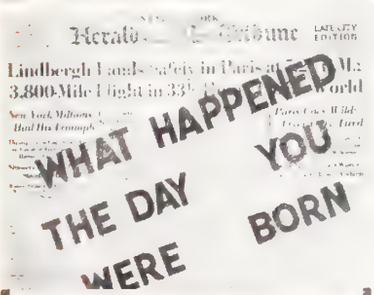
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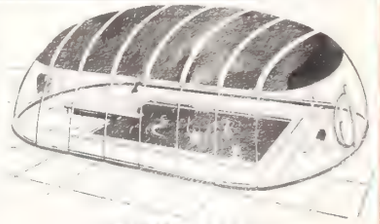


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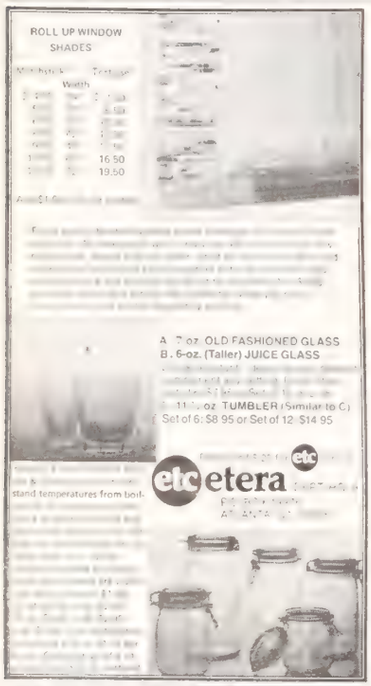
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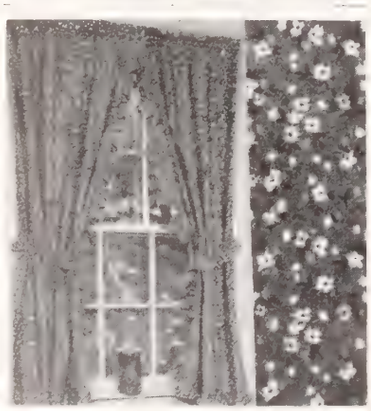
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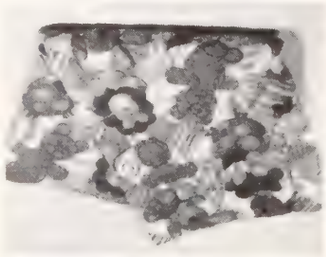
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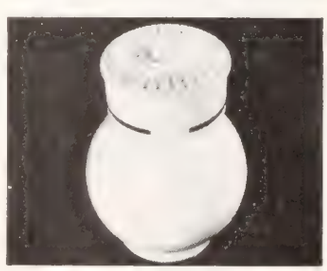
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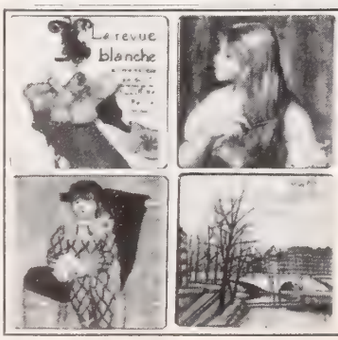
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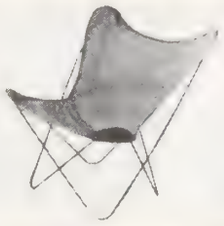
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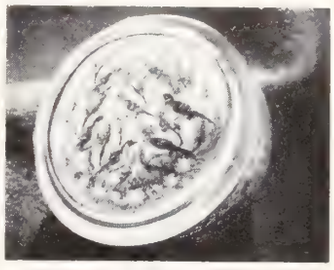
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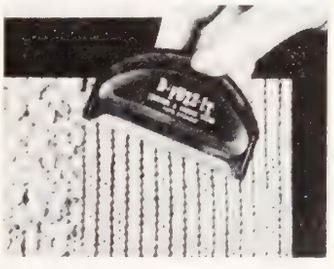
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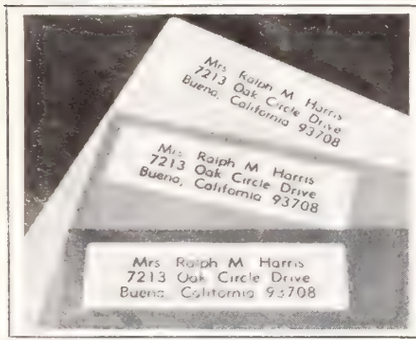
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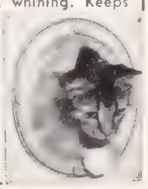


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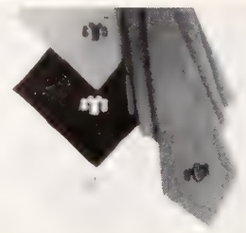
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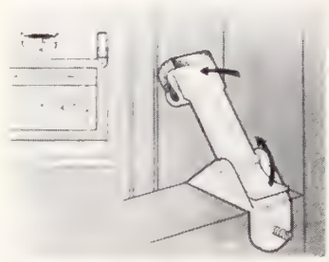
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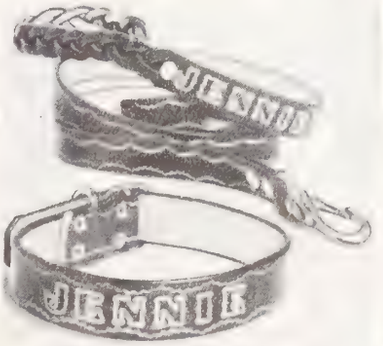


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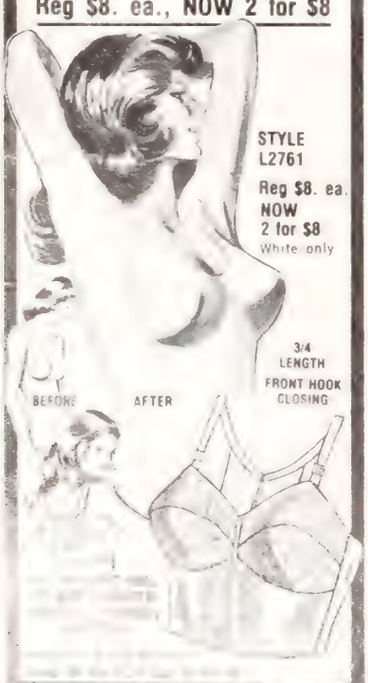
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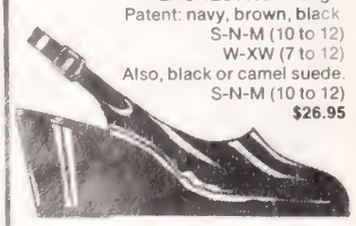
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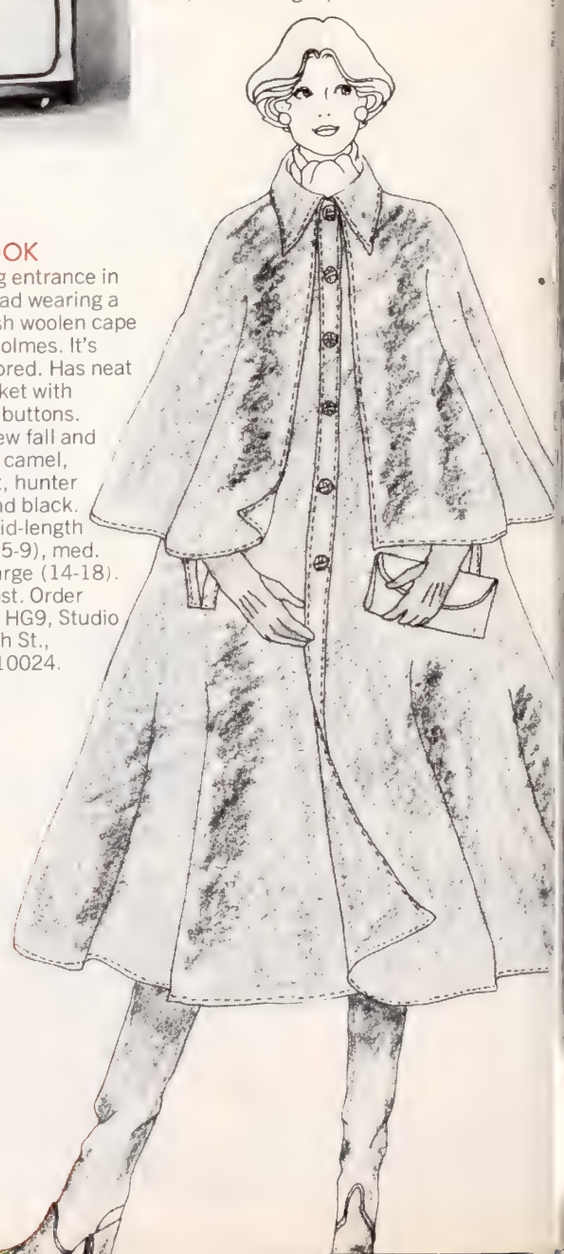


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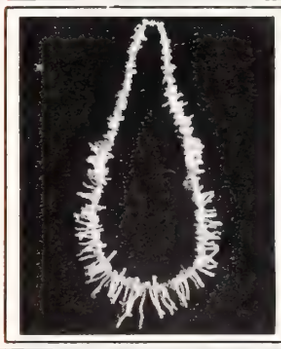
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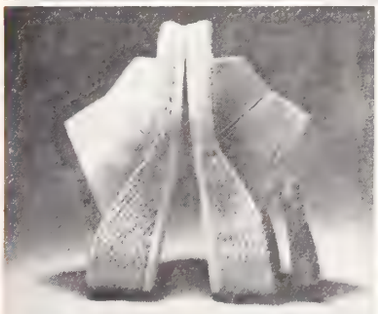
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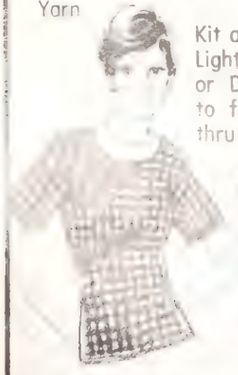


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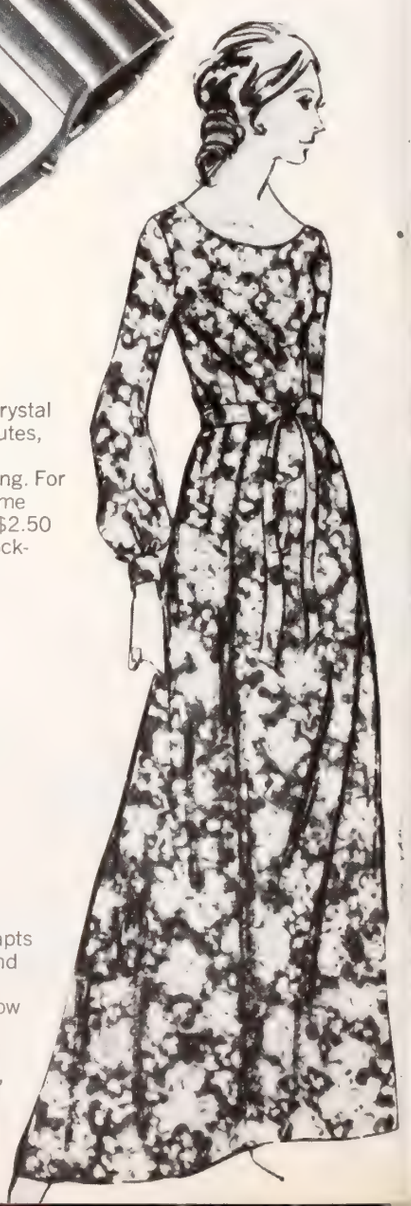
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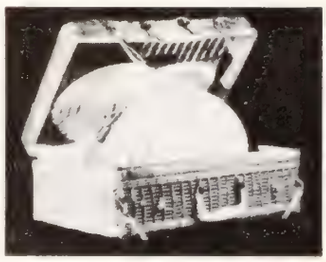
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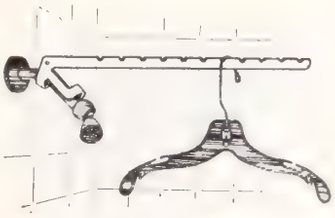
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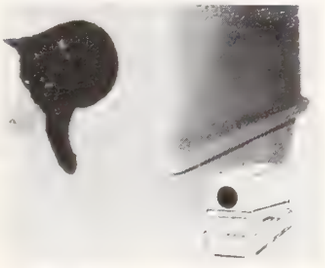
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SHINES ON



Richly polished Christmas tree of non-tarnishing solid brass. Perfect to have custom-engraved for any relative or dear friend (print name). Unbreakable. 3½″ high. $1.50; six $7.50; 12 for $13.98. Add 50c post. Lillian Vernon, G9E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.





Pewter Figurines

Hand chiseled—
from France
Mounted on velvet backing
2½″ h (for wall or table)
FIGURINE SIZE **$10** ea. ppd.
4½″ h (for wall) **$20** ea. ppd.
FIGURINE SIZE
Specify size, boy, girl, or pr.
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BRENLYN HOUSE
P.O. Box 3423, Dept. HG9
G.C. Station
New York, NY 10017

How to get rich

START YOUR OWN BUSINESS RIGHT FROM YOUR HOME—AND MAKE A FORTUNE IN MAIL ORDER!



Millions of [illegible] suddenly, you are [illegible] orders from all over the country . . . MORE MONEY in 60 days than [illegible] in a lifetime!

Like the Vermont dealer who [illegible] in Sports Afield magazine. His ad pulled 22,000 orders—over A HALF MILLION DOLLARS IN CASH!

Yes, Mail Order is the fastest-growing, most profitable business in America! And now with the population explosion . . . the huge teenage market . . . and more people moving to the suburbs—we are on the verge of the BIGGEST BOOM in Mail Order history!

Mail Order Beginners Get Cash by Mail!

Have you ever thought of operating a little mail order business of your own? Something you could start on a shoestring right from home in your spare time. It's a fabulous business!

Bob Carter of Newark, N.J. ran his first small mail order ad in House Beautiful magazine—offering an auto clothes rack. Business Week reported that his ad brought in $5,000 in orders. By the end of his first year in Mail Order, he had grossed over $100,000!

Another beginner—a lawyer from the midwest, sold a mail order item to fishermen. Specialty Salesman magazine reveals, "he made $70,000 the first three months!"

There is no other business where you can make a fortune so fast. Come up with a "hot" new item . . . and WHAM!

It strikes like a bolt of lightning!

Free

If you are sincerely interested in starting a lucrative business of your own ACT NOW! We can help you get rich in Mail Order just as we've helped others. Mail the coupon or send a postcard. We'll send you a free book, catalog, ads and complete facts about our offer. No salesman will call. No obligation. You don't need previous experience but you must be over 21. Write to:

Mail Order Associates, Inc., Dept. 254
Montvale, New Jersey 07645

Mail Order Associates, Inc., Dept. 254
Montvale, New Jersey 07645

Please rush full details immediately

Name_____

Address_____

City_____

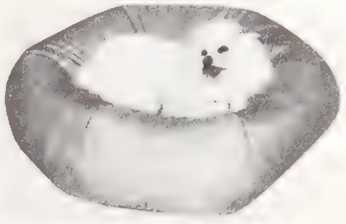
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TELL YOUR OWN CHRISTMAS STORY

. . . with Christmas Letters. Your friends and family will welcome your personally written (or typed) holiday message, featuring photos of your family, home and events of the year . . . skillfully photo-lithographed on your choice of 30 Christmas letterheads, cards or French-fold styles. Easy to do! The colorful designs are ours, but the message is yours! 100 greetings, $20; with photos, $25. Guaranteed. Send 25¢ for kit and instructions to Christmas Letters, 2919 Pearl Street, Boulder, Colo. 80302. (Our 17th year of personal holiday greetings!)

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17″ Dia (for Teacup or Small Toy) ..... $ 9.88
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Color: Blue____ Brown____ Red____
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We guarantee you'll grow beautiful indoor plants!

[illegible] beautifully illustrated with **More Than 100 Full-color Photographs,** and indexed by botanical and common name for easy identification.

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Thoughtful Plants

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☐ Flowering Plant [illegible]
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☐ Hanging Plant [illegible]
☐ Send all three for $7.95

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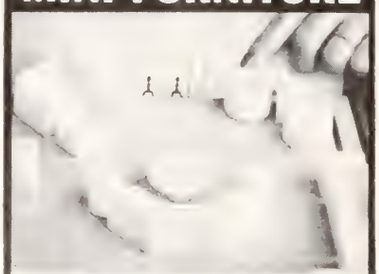
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Only **$15.98** plus $1.50 postage & handling (Blouse not included)

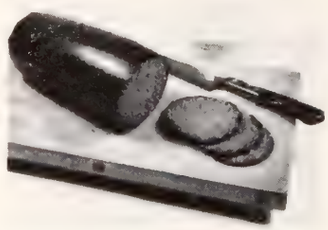
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SHOPPING AROUND



SEA SHAPES

Shell pendant on an 18" chain and tiny conch shells for the ears are fashioned in go-with-everything pewter to become the stars of a fall wardrobe. Earrings for pierced ears or clip-ons. $6.95 a set plus 50c post. New catalogue, 25c. The Tattered Boot, HG9, Lamont, FL 32336.



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Lebanon Bologna is an authentic Pennsylvania Dutch delicacy, a ready-to-eat all-beef sausage cured in old-fashioned smokehouses. Enjoy it for party hors d'oeuvres, special lunches and snacks. 3½-pound roll. $8.95 ppd. Weaver's, HG9, Box 525, Lebanon, PA 17042.



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Socks stay together through the washing and drying process with unique plastic rings that keep them paired. An easy solution to that dull hand sorting. Enough sorters for 24 pairs, $1.98 plus 40c post. Anthony Enterprises, HG9, 556 Mission St., San Francisco, CA 94105.



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Easy, speedy way to can! New, autostrainer automatically separates juice and pulp from skin and seeds. Juices, strains, purees rapidly. Saves time, work. No-rust aluminum and metal. $22.95 plus $1.50 post. World Co., HG-E, 606 E. State St., Westport, CT 06880.



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only $12.98 (&1.00 for shippin

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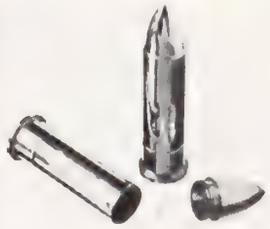
Makes Delicious Sprouts for Salads or Starts Seedlings!
Enjoy the FRESHEST & most NUTRITIOUS salads and snacks.
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Miniature porcelain vases rich in color and delicately adorned with graceful floral designs, are true collector's prizes. Imported from Japan to brighten any home. About 2½" high. Set of 3, $3.98; 6, $6.50. Add 50c postage. Lilly's Garden, G9E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



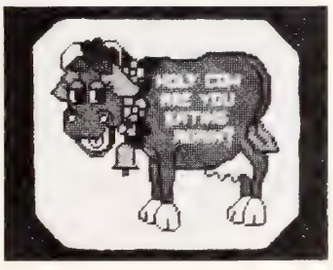
MODERN CLASSICS

Striking blend of materials in move-about chairs. Natural cane seat and back set in wood. Natural, black, walnut finish. Tubular chrome frame. Armchair, $65; side chair, $55. Exp. Coll. Send $1 for catalogue. J&D Brauner, HG 9, 1331 So. Michigan Ave., Chicago, IL 60605.



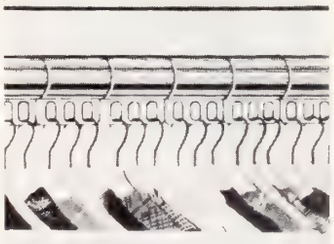
NO MORE SNACKING!

Ready to work in needlepoint and hang wherever the urge to nibble is tempting. 7½" by 9" design on canvas. Persian wools, needle, backing, magnets, instructions. $5.95 plus 60c post. 8" by 10" oak frame, $2.25. Classic Corner, 12H Water St., Bryn Mawr, PA 19010.



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Crushed clothes and tangled hangers are a thing of the past: brass-plated steel hanger spaces snap onto closet rod to hold hangers separately. Set of 6 spaces 36 hangers evenly. $2.98 plus 70c post. Anthony Enterprises, HG9, 556 Mission St., San Francisco, CA 94105.



GLASS TO GROW IN

Pearl mist greenhouse, redwood frame; acrylic, glass content fiber glass cover. Pre-cut; fabricated Dutch door. Shown 8′ x 12′, $334.95 Exp. Coll. Others from $98.95. Free catalogue. Peter Reimuller/Greenhouseman®, 980-17th Ave., Dept. 11-JP, Santa Cruz, CA 95062.



CHARMING WIDE-RUFFLED "NO-IRON" MUSLIN CURTAINS!

Enjoy old-fashioned charm PLUS today's easy care with these W-I-D-E ruffled Perma-Press priscilla tieback curtains Styled like those which adorned windows in the Colonies, they're made of modern KODEL® polyester and combed-cotton muslin . . . in natural (eggshell) or white. Full 86" wide to the pair, with extra-wide, extra-full 6" ruffles. Attached ruffled valance. Ruffled tiebacks included.

EASY, EASY CARE! Fabric is specially treated so curtains IRON THEMSELVES in the dryer! BONUS FEATURE! They're pre-shrunk. Maximum shrinkage only 1%.

Avoid delay. Order style "SALEM" Specify Natural or White.

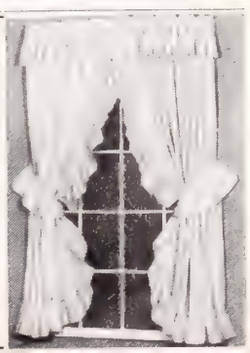
45" long	$12.00
54" long	13.00
63" long	14.00
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90" long	18.00

ADD $2.00 FOR PSTG. & HNDLG!

Extra widths (to 272") Write for prices.

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Battery-operated massager brings satisfying relaxation. Deep gentle penetrating vibrations soothe neck, shoulder muscles, arms, legs and tired feet. Operates on standard batteries (not included). 4 sizes.

Mini Massager, 4½"	$3.98 + 30¢ Mailing Each
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Deluxe Massager, 10"	$7.98 + 50¢ Mailing Each
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$418 as shown in greeff fabric; $265 in your fabric—send 9 yds. 54"

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A gift from the sea so distinctive it will draw attention to your good taste. Antiqued pewter sand dollar has a long romantic history behind it. The five holes remind us of the wounds in Christ's hands, feet and side according to Christian legend. Will charm all who see you wear this unique piece. Chain included $5.50 ppd. Matching pin is $2.95 ppd.

Send 50¢ for our new 80 pg. ROMANCE OF THE SEA catalog showing ship models, paintings, furniture, lamps, clothing and gifts for home, office or on board.

PAT. PEND.

SHIP'S WHEEL

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Provides a pleasant way to hold the telephone while you forage in your files or answer the door. Reassures the caller that the line has not been disconnected. Waiting party is serenaded with LARA'S THEME. A must for home or business. Comes with memo slate and marker for jotting down messages. $5.98 ea. plus 70¢ post. 2 for $11.00 plus $1.25 post. Ct. res. add 7% tax. Gift catalog 35¢.

STRATFORD HOUSE, HG-9
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SCULPTURED STITCHERY

each **$16.95**

Sumptuous needlepoint pillows (approx. 10" x 10").
Top: (L.) Greek Revival, (R.) Federal; bottom: (L.) Colonial, Kit Queen Anne.
Kit contains taped 12-guage mono canvas, natural unbleached Paternayan Persian wool, steel needles, fully illustrated instructions.

(two $29.95; all four only $52.50 postpaid if sent to one address.)

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p.o. box 423, G9 — white plains, n.y. 10602



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The tranquility and serenity of a cool forest glade is captured by Burk Sauls in these two different 10"x12" color lithographs on extra fine white paper.
The set — $11.50 ppd.

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New all-purpose desk lets you study, read or write with ease in bed, chair . . . anywhere! Large study area—13x19 inches, yet weighs just 4 lbs. Folds for storage. Of high density plastic in choice of Walnut grain. Just $10.95 + 95¢ postage.

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DOOR KNOB w/spindle & rosette $3.25
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TOUCHED WITH COLOR

Crisp white curtains of permanent press polyester/rayon whipstitched in red, blue, gold or green. 76" w. per pair; 3" ruffle, 25", 30", 36" l., $6; 45", 54", $7; 63", 72", $8.50 a pair; Valance, 11" by 52", $3. Add $1.10 post. Country Curtains, HG92, Stockbridge, MA 01262.



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Avoid breathing in hair spray or getting it in your eyes. A mask of clear plastic lets you see what you're doing while its triangular shape forms cone to protect face and makeup. $2.98 plus 45c post. Anthony Enterprises, HG9, 556 Mission St., San Francisco, CA 94105.



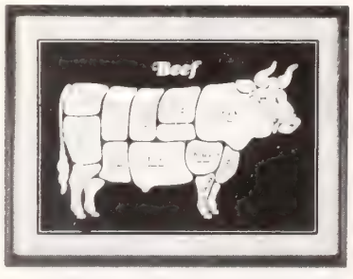
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10"—one day clock **$34**
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"If a man has enough horse sense to treat his wife like a thoroughbred, she will never grow into an old nag" is lettered on polished Rocky Mt. Ponderosa Pine, 11½″ by 9½″ by ¾″. Self hanger. $4.95 plus 85c post. Catalogue, 25c. Postamatic Co., HG 976, Lafayette Hill, PA 19444.



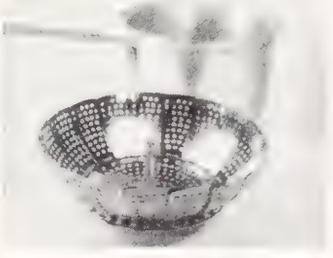
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Let it show his business card, company trademark, special logo or lodge emblem. It can be etched on a heavy sterling clip if you send the card you want reproduced or exact design and lettering. $22.98 plus 50c post. Holiday Gifts, Dept. 309-E, Wheat Ridge, CO 80033.



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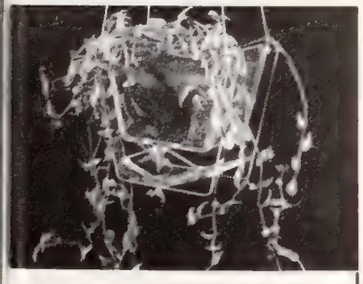
French cooks make vegetables taste good and stay nutritious by keeping them above boiling water in a steamer like this. Stainless steel, 5½″ dia. at bottom; expandable top opens to 9½″. $4.98 plus 75c post. Anthony Enterprises, HG9, 556 Mission St., San Francisco, CA 94105.



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First discovered by plant explorers in icy arctic wastes, then perfected by Dutch bulb scientists, these amazing SNOW-FLOWERING BULBS from Holland are finally here in America. And they are guaranteed to turn your garden into a WINTER WONDERLAND OF BEAUTY this very Winter. In fact, the only garden in your neighborhood so aflame with bloom while snow still blankets the ground!

NOW! PICK FRESH FLOWERS BY THE HUNDREDS ALL WINTER LONG
Just picture this incredible scene a few short months from now: Outside it's a solid sheet of snow. Icicles hang from the trees. Every other garden is a ghostly white. Yet your garden — **and only your garden** — is bursting with color as dazzling masses of red, yellow, purple, orange, and gold flowers erupt in rainbow drifts. Yes, your beds, borders, shrubs, and the walk up to your home will all be lined with a riot of continuous bloom, so warm they seem to melt away the snow.

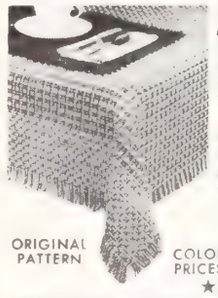
JUST DROP THEM IN THE GROUND — THEY BLOOM ANYWHERE
Best of all, they're so easy, foolproof, no care. And even more amazing because they actually multiply with each passing year. Where you have hundreds of flowers this Winter, you'll see thousands more Winter after Winter, year after year.

FOR BLOOMS THIS WINTER YOU MUST ACT NOW!
However, since now is the time they must be shipped if you want to be the first in your neighborhood to enjoy a parade of SNOW-BLOOMING FLOWERS this very Winter, you must act immediately.

EACH SNOW-BLOOMING RAINBOW COLLECTION INCLUDES:
GLORY OF THE SNOW — Looks like a magnificent display of orchids blooming in the snow.
ERANTHIS — Solid banks of golden blooms so dazzling bright they make the sun look pale.
SNOWDROPS — Frosty white bell-shaped blooms like a field of lilies framed in banks of snow.
SIBERIAN SCILLA — Velvety purple flowers erupt in blooms by the hundreds in the dead of winter.
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52″ x 72″	10.95	62″ x 108″ 15.95	*62″ wide (per yard)	4.40
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72″ round with white fringe		17.95	72″ cut round	11.00
Placemats (12 x 18″).. Each		1.50	WHITE FRINGE to trim 72″ round, 7 yds.	2.75
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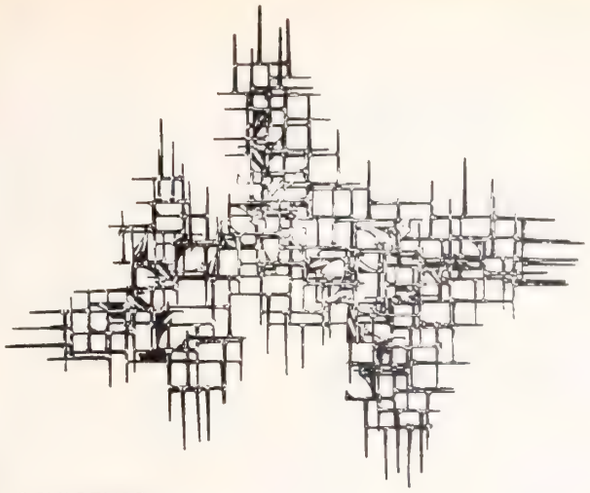
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(A)



(B)



(D)



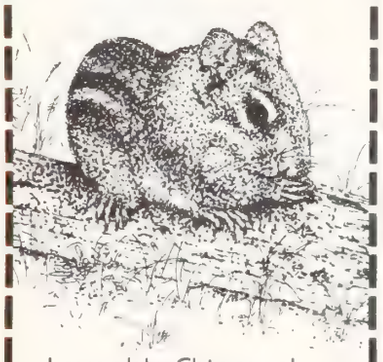
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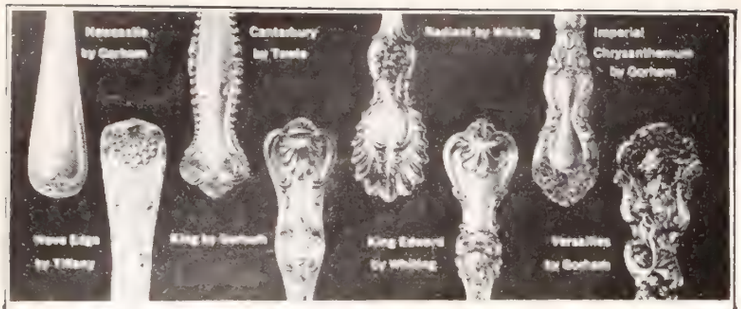
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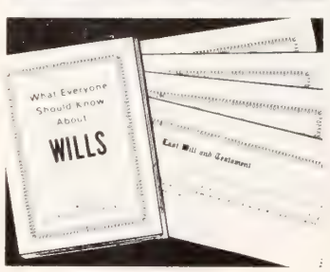
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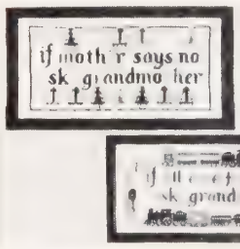
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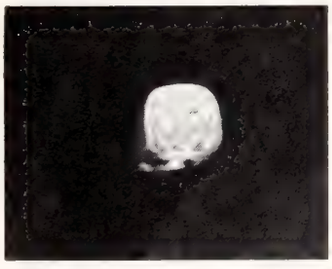
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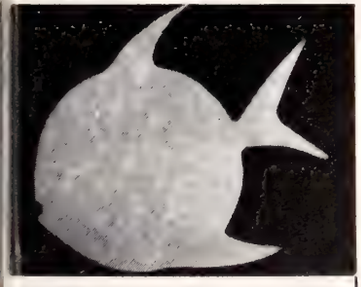
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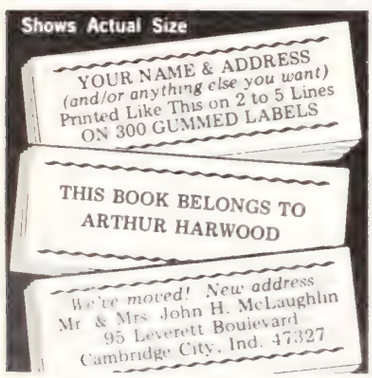
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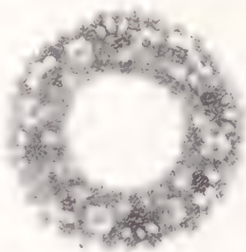


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Appalachian Craft Catalog—$1.00

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SHOPPING AROUND

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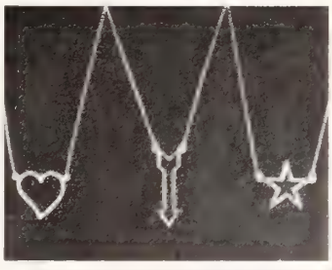
Wear it for firm, comfortable support. Can help posture and relieve minor backache. Good elastic has no stays, gives as you move. Under 8-oz. Invisible under clothing. A sports favorite. $14.50 plus $1 post., Piper Brace Co., HG-96RX, 811 Wyandotte, Kansas City, MO 64105.

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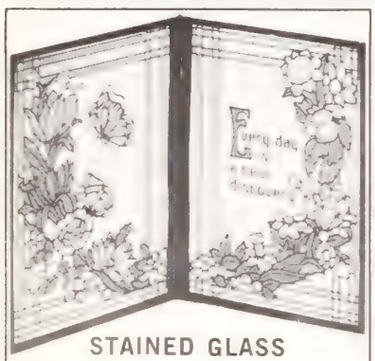
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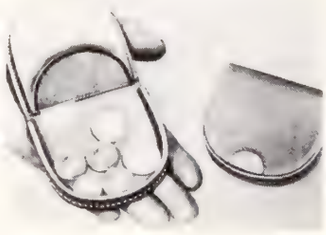
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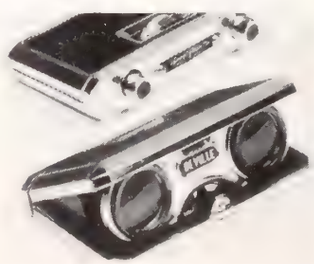
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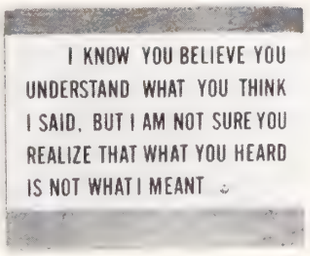
Lithographs on porcelain in Copenhagen blue. Hanging loop. (Shown) Homestead in Winter; also Farmer's House, Old Homestead, Home in Wilderness. 8⅛". $3 plus 50c post.; set of four $9.98 plus $1 post. American Consumer, UH-86, Caroline Rd., Philadelphia, PA 19176.

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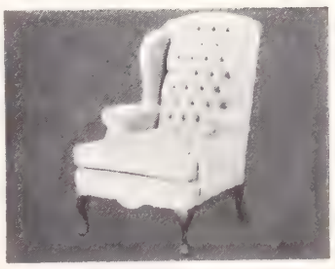
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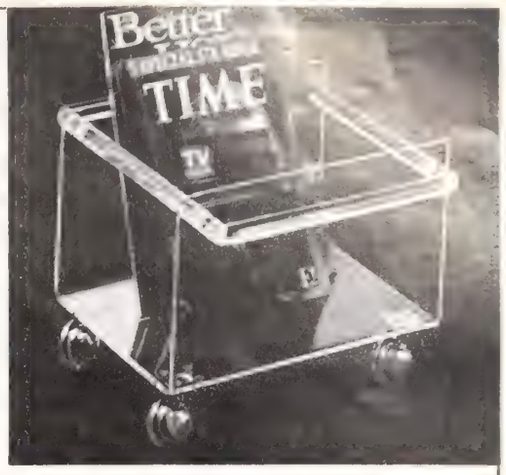
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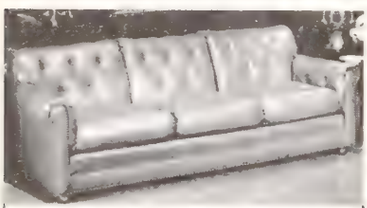
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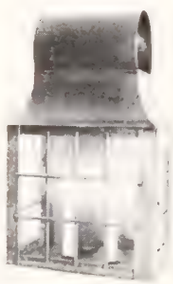
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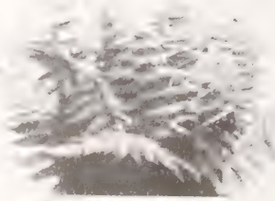
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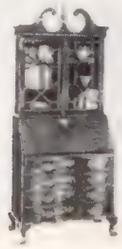
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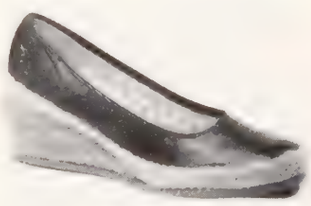
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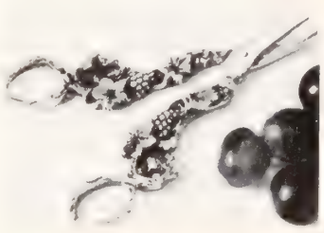
OLD TIME FRESHNESS

Salt and pepper shakers are reproduction Mason jars with wire bails securing lids and rings to lock in freshness. 3¾" high. $1.98 a set, two sets, $3.49 plus 25c post a set. American Consumer, Dept. MJ29, Caroline and Charter Rds., Philadelphia, PA 19176.



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"Brenda" steps along lightly on hemp-trimmed wedges, 1½" high. Leather-like uppers in camel, navy, brown or black. N in 6-10, 11, 12; M 4½-10, 11, 12; W 6-10, (No half sizes over 10.) $12.99 plus $1 post. Morgan's Cove, HG96, 28 W. Prospect St., East Brunswick, NJ 08816.



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To accompany a bowl-full of luscious grapes, a pair of silver-plated metal shears to snip off a serving. Decorated with grape clusters and antiqued, 5" l. Made in Portugal. $6.98 plus 50c post. Country Gourmet, G9E, 512 So. Fulton Ave., Mt. Vernon, NY 10550.



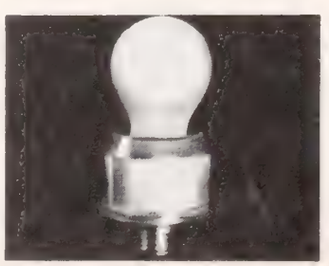
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Go forth with your special message in black ink on yellow vinyl bumper sticker. Up to 20 small letters on top line, 14 large letters on bottom. Self adhesive, 3" x 12". $3.25 original; duplicates, 95c each. Ppd. The Writewell Co., 854 Transit Bldg., Boston, MA 02115.



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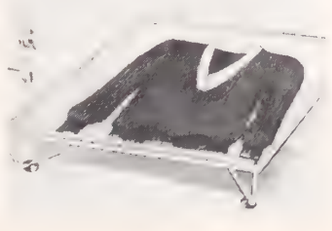
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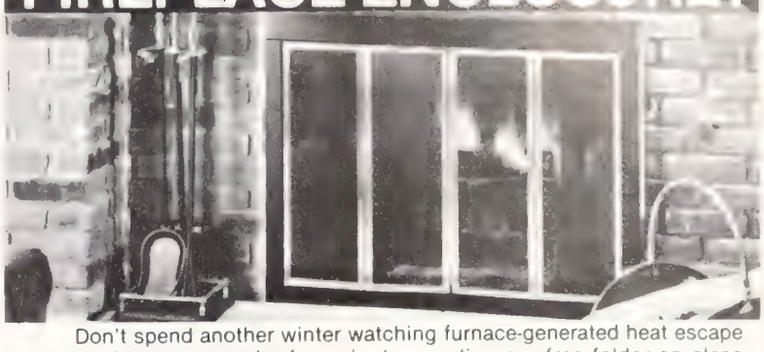


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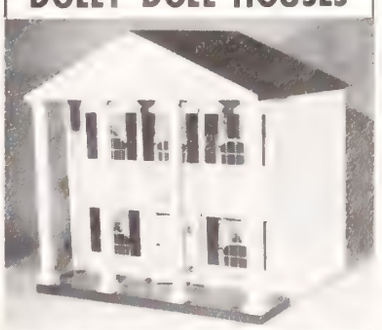
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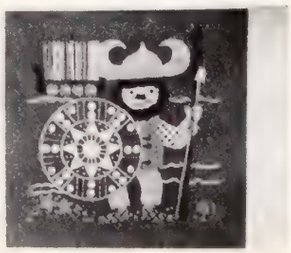
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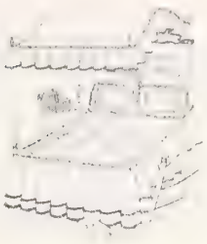


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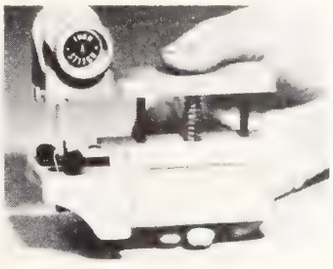
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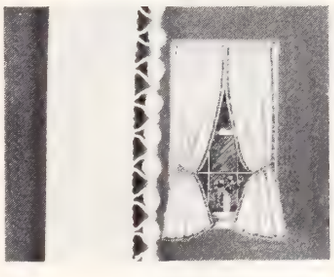
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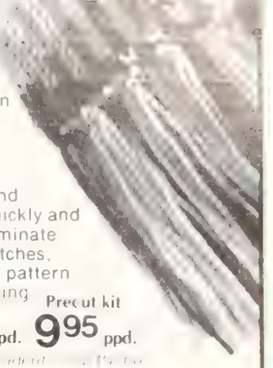
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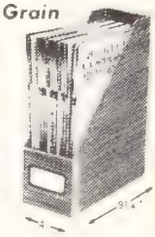
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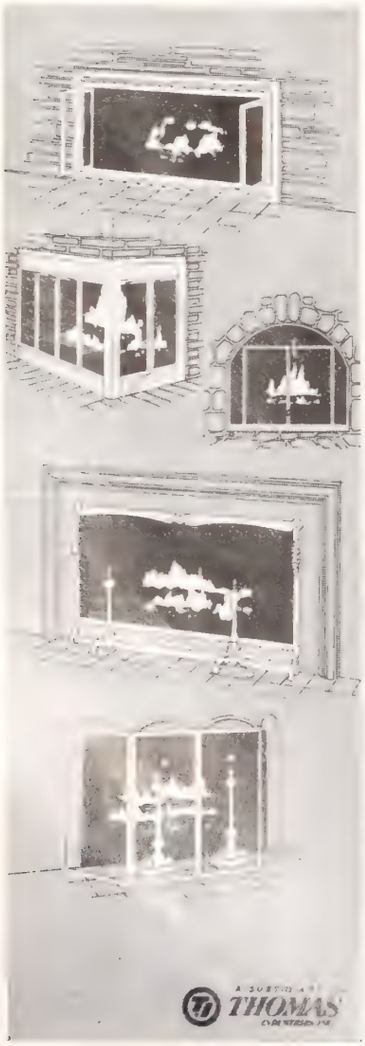
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Anticipating autumn

New books about houseplants, the charm of the neglected catalpa tree
Bicentennial garden gift of bonsai from Japan

By James Fanning

A neglected Victorian

Appropriately enough, native American trees are among those most admired at Thomas Jefferson's home, Monticello. Most conspicuous of these are catalpas, spreading broad branches above the lawns and scattering white blossoms on the paths in late spring. One is *Catalpa speciosa*, a native of the Mississippi Valley brought to eastern gardens by early plant explorers. The other—a slightly smaller tree—is *Catalpa bignonioides*, found growing wild in most of the southern states. Both are long-lived trees, with widely spaced, craggy branches, and big, heart-shaped leaves that cast a dappled shade during the hot months. Not particular about soil, the catalpas are quite drought-resistant, pest-free, and hardy into the northernmost states. The huge clusters of purple-throated white flowers—like tree-borne orchids—



Catalpa flowers resemble clus of purple-throated white orch Avenues of catalpas, planted Victorian times, still flourish toa

are followed by seed pods that resemble giant, but inedible, string beans. Immensely popular in Victorian times, catalpas are not often planted nowadays, probably because few of us can give them the room they need. The western catalpa, *C. speciosa*, is most often found in the North, and *bignonioides*, the southern catalpa, is more common in the South, althou they are equally hardy and h very similar flowers. Most nu eries have a few trees on hand, can get them if asked.

Bicentennial bonsai

The National Arboretum in Washington now includes a National Bonsai Collection. A Bicentennial gift from the people of Japan, the collection consists of 53 specimens donated by organizations and individuals, including the emperor himself. The plants cover a wide range of types, from evergreens to deciduous and flowering trees and shrubs. They range in age from 30 to 350 years, and each, of course, has its own carefully chosen container. The collection also includes six viewing stones—natural rocks selected for their artistic merit. To house the collection, a special pavilion has been built next to the Administration Building at the National Arboretum, 24th and R Sts., N.E., Washington, D.C. Open to the public since July 10, the National Bonsai Collection is now a permanent part of the National Arboretum, and may be visited any day of the year with the exception of Christmas.



A few of the 53 trees that are in the National Bonsai Collection. Top to bottom, they are Japanese maple, Japanese white pine, and Japanese black pine.

U.S. DEPARTMENT OF AGRICULTURE

House plant encore

Additional information about house plants listed on page 1 may be found in any of the seve indoor plant books currently ava able. One of the newest—a among the best—is *The Wo Book of House Plants*, by Russ C. Mott (Funk & Wagnalls, $8.9 Arranged in sections according plant type and common name, M Mott's book is easy to use a gives full information about ea of the plants listed. It is also han somely illustrated with watercolo by Alan Singer. . . . From Germa comes *The Treasury of Hous plants*, by Rob Herwig and Marg Schubert (Macmillan, $12.9 This is completely up-to-date nomenclature—most of the pop lar books are behind the botani times—and inevitably includes few things not yet available in t United States. Arrangement is phabetical, with every plant show in a color photograph. One of t most informative parts of th "Treasury" is a section on the ide versus reality, which warns again demanding the impossible or t unnatural and tells what kind performance we should expe from our plants.

lor shock

tinued from page 114

d, that monumental building l yet reflect this trend, as we ve in our esthetic toward a thern sensibility, away from hitect Mies van der Rohe and northern latitudes. We will ve polychrome skyscrapers, ools, highways. Already in Chi-o—the home of Mies—the rk, barren plazas are being shed with color, in sculpture, ts, murals. Corbusier's cry, ig-red 30 years ago, will be heard ew: "We'll get the painters in *blow up the walls* that stand in r way. Architectural poly-romy seizes the entire wall and alifies it with the powerful throb the blood, or the freshness of prairie, or the glow of the sun . This is *dynamics*, or I might as ll say *dynamite*, having let my inter in the house."

I haven't spoken yet of poly-rome bodies, rooms, and furni-e, but they are already appear-g in virtually every sector of so-ty now except the most fixed, id, and staid. They reflect the ne sense of style and value that gan to come on in art and quick-passed beyond, implemented by otography and television. The le seems to be this: Give up ack and white, as negations ther than colors, for *brightness*, other hues. Mix anything (or most anything). Try anything, at ast once (let lips be purple today, pink tomorrow, like turning the TV dial). The value-system seems to be this: There are more than seven colors in the spectrum (Isaac Newton in 1616 defined the spectrum as having precisely seven colors), and more receptivity in the eye to recognize them. This does not imply that all the absolutes in color have crumbled. Green is still the earth and red is still the fire and blue the sky; these connections are too primal to be shaken, and are renewed on every flight from the city. But around this essential core, the circle of ambiguity is growing. Our senses are expanding in their capacity to ingest and indulge color far beyond the poverty of our language. Our vocabulary still cannot match the Eskimo, for example, who has 17 words for varying shades of white. We can only dimly feel this complexity and subtlety with our eyes, our hands, and our bodies. And of course we sense the excitement of the chase, at the end of which we may yet capture a color unseen before. Who is afraid of red, yellow, and blue, indeed, or of what lies beyond?

Once Barnett Newman told me, struggling to explain the lure of a particular canvas that had absorbed him for more than a year, "I was after, you might say, *reditude*." The mystery, then, is solved. Our indulgence in color has a cause, and an end. We are all searching, like Newman, for reditude, for ultimate color, for beatitude. ■

merican medicine

ntinued from page 94

s taken credit for wiping out the seases that plagued our ances-rs; but affluence and better living ay have contributed more to the nquest of disease than the mod-n medical-technology complex. fact, despite all that medicine nows now, it has failed to con-ier what Nobel Prize winner J. S. atson aptly called "a collection well-dug-in diseases against hich conventional approaches ounce off as if they were table-nnis balls thrown at walls."

Before today's medical mys-ries, the scientist physician stands onfounded, but not as humbly as s ineffective predecessors did. lich is talking about failures of e *curing* functions of medicine; e says nothing about the equally nportant *caring* function, once racticed with such signal success nd so ignored today.

As for Illich's notion of doctor-aused diseases, there is nothing to ake exception at. What he has to y has, in fact, been said far more erociously by others.

There is no question that all spects of our lives have been med-calized. As an extension of this, llich feels modern medicine has aused a flight from reality, from feeling the pain of life and of illness, from according the human being the dignity of his experiences—being born at home and dying in one's own bed. Illich deplores the hospitalization of what once were home-centered life events.

The elderly in the United States, he says, have been taught to consider old age akin to a disease and as a consequence have "developed unlimited economic needs in order to pay for interminable therapies, which are usually ineffective, are frequently demeaning and painful, and call more often than not for reclusion in a special milieu."

To counteract the medicalization of our lives, unlimited demands for medical care, manipulated addiction of people to drugs they don't need, increasing mystification of medical knowledge and know-how, dependence on therapists' and patients' roles, what does Illich suggest?

Surprisingly little that is of immediate or practical help. He argues for a return to an earlier day—virtually to the bad old days that so disenchanted my great-uncle. Illich urges radical changes in the present medical industry and a reappropriation by the individual of his own health care.

He urges us all to seek reform.

Continued on page 193

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AT REGINE
continued from page 132

served water to blend smoothly and give the purée a good consistency. The purée may be simmered to reduce it if it becomes too liquid.

Store in a jar in the refrigerator to use in small quantities in many sauces. Makes about ¾ cup. To serve as a vegetable purée, add a touch of lemon juice and a splash of crème fraîche.

Asparagus Feuilleté

Ingredients

12 ounces puff pastry—homemade or store-bought (about 3 ounces per serving)
40 asparagus spears (you can use frozen asparagus)
½ cup sweet butter
½ cup heavy cream
salt, pepper
fresh Italian parsley, chopped, or tarragon, if available
juice of 2 lemons

Method

Roll out the pastry and cut into 4 rectangles about 2 by 3 inches. Bake in a hot oven until puffed and lightly browned. Cut in half horizontally. Keep warm.

Cut the asparagus into 2-inch lengths. Discard the woody ends. Bring a large saucepan of salted water to a rolling boil and add the asparagus tips. Return to the boil over high heat and cook until just tender but still crisp, about 3-5 minutes. Immediately "shock" the tips by plunging into a bowl of ice water.

Cook the remaining asparagus in more boiling salted water until very tender. Drain. Add to a blender and purée.

In a saucepan add 1 tablespoon asparagus purée—or to taste—to the butter and cream. Heat over low heat, and add salt, pepper, parsley or tarragon. In a separate pan, heat the lemon juice and whisk into sauce. Add the asparagus tips and reheat. Fill the pastry shells with 10 tips per person and pour in sauce; replace pastry lid. (If using frozen asparagus, just thaw and heat tips in the sauce—no preliminary cooking necessary.) Serve immediately. Serves 4.

Crêpes with Praline Filling

Ingredients for crêpes

½ pound all-purpose flour
¼ pound confectioners sugar
½ teaspoon salt
3 eggs plus 1 yolk
⅓ cup sweet butter, melted
2½ cups milk

Ingredients for filling

¼ pound sweet butter, soften
¼ pound praline paste (available in gourmet food shops)
1 cup water
1 cup sugar
¼-⅓ cup almonds, blanched and sliced

Ingredients for glaze

½ cup apricot brandy

Method for crêpes

Sift together the flour, sug and salt into a large bowl. Ma a well in the center and add t eggs, yolk, and butter. Work gether into a thick paste. A milk slowly, beating at l speed. Batter should be t consistency of heavy cream.

Cook the crêpes in a season pan until light brown on bo sides. Makes about 25 7-in crêpes.

Method for filling

Mix together in a bowl the bu ter and praline paste. Set aside

In a saucepan, bring the wat and sugar to a boil; heat un sugar is dissolved. Put the a monds in a bowl and sprinkl while tossing the nuts, with ju enough of the sugar syrup coat them lightly. Reserve re of syrup for glaze. Place on greased cookie sheet and toa in a hot oven until golden brow Stir occasionally so the nuts w brown evenly.

Mix almonds and praline mi ture together. Spread eac crêpe thinly with the praline fil ing. Fold in half and spread th right half of the folded crêp with more filling. Fold in ha again. Arrange 4 quartere crêpes on each plate.

Method for glaze

Combine the brandy and ½ cu of the remaining sugar syrup i a bowl. Spoon about 2 table spoons glaze over each servin Put in a hot oven (400°) for minutes. Serve immediately.

American medicine

continued from page 191

His suggestions include assuming consumer control of hospital boards and forcing doctors to improve their wares. Because health care delivery depends, Illich says, on "patients' money and rank, or on social and medical prejudices which favor, for example, attention to heart disease over attention to malnutrition, patients should press for the nationalization of health production to control the hidden biases of the clinic." The main thrust of present medicine is the individual, in sickness or in health, he points out. But the environment is being ignored as a health factor. It would do more for the health of a population to clean up city air pollution, for example, than to deal individually with each patient's lung problems.

The cure for our proliferating health care industry—and the damage to well-being and the pocketbook—is not to be found here, I fear. But that does not detract from the value of the book, so rich and powerful in its depiction of the problem that needs to be understood before it can be attacked. Will a return to a self-reliant individualism really affect health care? I doubt it. This is rather reminiscent of great-uncle Moritz's advice to my mother. Incidentally, that good lady followed his advice, and has stayed away from doctors—as much as she could—for almost 90 years. The results are a mixed bag—a truly remarkable constitution beset by a welter of infirmities. She definitely is not ennobled by her pains, as Illich suggests we all might be, were we not so insistent against feeling the inevitable onslaught of our failing bodies. In fact, if mother did not so vehemently resist all medications and therapies, she might be more comfortable, or at the least would make those around her more comfortable.

A world of optimal and widespread health is obviously a world of minimal and only occasional medical intervention. Illich concludes, echoing the sentiments I have heard since childhood. "Healthy people are those who live in healthy homes on a healthy diet in an environment equally fit for birth, growth, work, healing, and dying. Healthy people need minimal bureaucratic interference to mate, give birth, share the human condition, and die." Many thoughtful people in medicine today agree with the Illich position —that greater emphasis should be put on preventing illness rather than curing it.

In the final analysis, the Illich message is simple, though powerful. The current confrontation in American medicine, years in the making and reaching some sort of climax in twin crises, the fiscal crunch and the malpractice contretemps, will no doubt prompt reforms. It is no coincidence that, according to *New York Post* writer Robert Bazelle, the only book the very busy governor Jerry Brown of California has had time to read this year is *Medical Nemesis*. You might well do the same. ■

JOHN WYKERT *is a syndicated newspaper columnist specializing in the fields of psychology and psychiatry. He is coauthor of the book* The Truth About Arthritis Care *(McKay, 1971).*

Doctors talk

continued from page 95

as someone seriously concerned with the welfare of his patients, but as a "biological accountant engaged in input/output calculations," sounds like that of a man with a personal vendetta against the entire medical profession. Has Mr. Illich never known anyone who benefited from a doctor's care? I was interested that the author did not attack the field of heart surgery per se; but his statement that there is no evidence to show that differential diagnosis of heart disease by cardiac catheterization prolongs life is not only unfounded but ridiculous.

Without pain, people are deprived of their autonomy, Illich asserts. People should be in touch with their own pain, which cannot be understood or appreciated by anyone else, doctors included. He seems to think that most pain, particularly that associated with childbirth, sickness, and death, can best be treated at home. The "fear" engendered by hospitals only serves to intensify pain and, according to Mr. Illich, without fear there may be no pain. Few would disagree that it would be more pleasant to die peacefully at home than in the hospital, but why should a person with heart valve or coronary artery disease, for example, die at home at 40 years of age, when with corrective surgery or medical treatment he might live comfortably and normally for another 10, 20, or even 30 years?

Mr. Illich has presented some interesting facts in his book. But most of his ideas seem unreasonable, ill-defined, and even dangerous to me. I finished reading *Medical Nemesis* with the distinct impression that the author had done a tremendous amount of research and then twisted the facts to suit his own pre- and ill-conceived ideas. His destructive criticism is totally biased, and represents only one side of the story; it would not surprise me to hear that Mr. Illich had never been inside a hospital nor witnessed the saving of a life. ■

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20. "SI! THE PRICE IS RIGHT!" presents travel packages to your choice of 15 outstanding destinations in Mexico. Special rates and extras at superb colonial hotels in cosmopolitan cities, archeological centers, luxurious sun resorts, and sleepy fishing villages. National Hotelera.

21. "EVERYMAN'S WONDER SAFARI IN EAST AFRICA." Colorfully illustrated vacation brochure describes tour that includes famous places like: Masai-Mara: Lion Country; Serengeti: the most famous park on earth; and more. Message from Lars-Eric Lindblad, reservation form, and conditions of tour given. Lindblad Travel, Inc.

22. "VIRGINIA." Full color 36-page book, a comprehensive highway map featuring numerous color photos of places to see and things to do, plus self-addressed "Need More Information" card are all available from State of Virginia Travel.



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The great new indoor life

HOUSE & GARDEN

OCT. 1976

What's your decorating style—

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45 pages of ideas

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with electronics
you'll marvel at

The California
salad bowl
plus 6 low-calorie
dressings

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discoveries about
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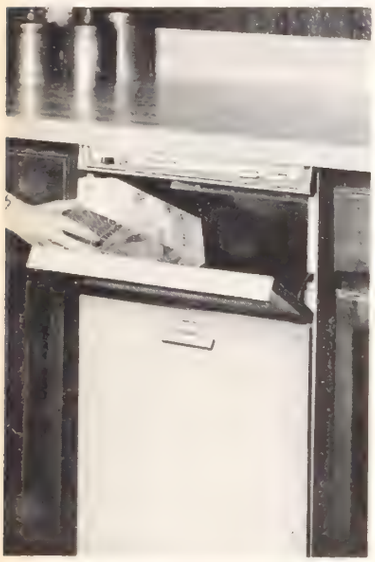
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HOUSE & GARDEN

INCORPORATING **LIVING** FOR YOUNG HOMEMAKERS)

Vol. 148 No. 10



ON THE COVER: a traditional room, with old paneling, beams, and an open hearth, designed for up-to-the-minute comfort with large, soft-looking furniture and warm, cozy colors. Designer George Clarkson saw no reason to change the country look—the house is surrounded by woodland—but simply added color for freshness and light. (For more details on the house, see page 132.) All the furnishings are by Drexel Heritage, available now at stores across the country. The upholstery fabric was designed by Alan Campbell. The woven all-wool rug is by Harmony. Antique rattan planters from Jean Paul Beaujard; antique three-tier porcelain tea caddy from Nuri Farhadi; blue-painted three-tier food basket from John Rosselli; blue aluminum chair on porch by Meadowcraft; basket in far corner from La Tienda. For shopping information, please turn to page 164.

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The Baker Collector's Edition is a selection of reproductions which exemplify the enduring qualities of outstanding early design: proportion, detail, finish and material. Each is meticulously reproduced in the 18th century tradition of skilled hand-craftsmanship.

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Super-graphic wall in Baltimore: in the works and finished product.



Up the wall

Like so many American cities, Baltimore has walls that only serve as canvasses for graffiti. Thank to Hilton Brown, Associate Professor of Visual Arts at Goucher College, one bleak brick surface recently turned into a mural of bright graphic art. And at no cost to the city. Nine of his women students, working as volunteer weekend painters, were hoisted 40 feet into the air in hydraulic "cherrypickers." The elevation wasn't their only fear. They wondered how their painting would be received. Doubts disappeared as quickly as the graffiti. People stopped to encourage, children wanted to help, neighbors invited them for lunch. Brown chose red, white, blue, green, yellow, and orange for the geometric design, "strong, aggressive, immediate, like a television image." DEE HARDIE



Goucher's Hilton Brown.

GLORIA GORSEY, JANE LIFTON

Six-in-one shopping

An exciting new shopping experience in Philadelphia. Fabrications, the Pottery Barn, Workbench, Rittenhouse Carpets, It's a Small World (children's toys and clothes), and The Wallnuts (graphics and posters) have combined in one spot, a 4-story 1927 Art Deco building at 1610 Chestnut Street, opening this month. Warren Rubin, the energetic businessman and art lover who launched Workbench 21 years ago, got these diverse shops together. "I saw this beautiful building. It was too big for me to take on, so I talked with Hoyt Chapin of the Pottery Barn, and the idea grew from there." Interior remodeling is being done by architect Edward Secon of Parsons School of Design, who restored the outside (leaded glass windows, a vaulted entrance) to its original Deco design.





Faceted ceiling in Ambassador Grill

Grand hotel

Facing Le Corbusier's U.N. Building in New York now is another tall and beautiful glass tower, the United Nations Plaza Hotel, designed by Kevin Roche and John Dinkeloo. For all its sleek modern looks, the hotel is updated nostalgia, intended to be a *grande-luxe* haven with lots of prewar comfort and style. Acres of mirror, silvery stainless steel, and green velour surface walls, corridors, and elevators. In the public spaces, black-and-white marble covers the floors. Front desk staff speaks up to five languages. Guests who stay more than three days are greeted with a fruit basket, bottle of Scotch, or perfume. Those who return for a second visit receive a backgammon board or some such surprise. Manager Helmut Horn, a hotelier trained in the European tradition, delights in all these details. With 288 rooms, he says, this is a small hotel, "so we're able to give guests our personal attention." Rooms, subdued in color, very comfortable, include duplexes with spiral stairways, and there's even one suite with a grand piano—$300 a day. The Ambassador Grill is a rich, luxurious cavern with red velvet on the walls, silver service plates, a canopy of mirror and lights overhead. New York hasn't seen a new hotel in 10 years. This one was worth waiting for.

DAVID FRANZEN



Black and white marble floor in lobby

Eating Italian style

Pronto, the new Italian restaurant in New York where Prince Rainier and Princess Grace dined during their recent U.S. trip, brings a French touch in design along with a farmhouse Italian menu. Slavik, the interior designer known for his "drugstores" in Paris, divided the restaurant into two. The front room, with totally white floor, walls, chairs, lamps, cloths, and napkins, is designed around an open kitchen where two Italian cooks can be seen making fresh pasta. Through a brown-and-silver bar, there's a second room, more subdued in beige, brown, and silver, with an open hearth where the restaurant's bread is baked. Putchine de Neufville, Pronto's owner, wants the restaurant to be like La Coupoule in Paris, "jeans next to dinner jackets." Best of all, it's open 7 days a week from 11:30 to 11:30. Pronto, 30 East 60th Street, New York, N.Y. 10022.

Open kitchen at Pronto restaurant



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DEPARTURE POINTS



NORTHERN IRELAND TOURIST BOARD

Hooked on Ireland

An underwater population explosion in the loughs, rivers, and streams of Fermanagh, Ireland's Lake District, is attracting the keenest international fishermen to this part of the world. Besides salmon (the season runs from February to October, with two great migrations in July and September), there are trout up to 26 pounds, eel, pike, rudd, char, pollack, the gillaroo, the only fish in the world with a gizzard like a chicken, the black-bodied sonaghan, and the fighting ferox.

This lovely, hilly, well-forested country is brimming with wildlife, including heron, otters, and peregrines. Lough Erne, a 54-square-mile stretch of water, is the vacation center. Farmhouses, family hotels (Mahon's at Irvinestown) or luxury manors (the Killykevlin near Enniskillen has self-catering chalets) offer a variety of accommodations. Alternatively, for $378 per week in peak season or $168 between October and April, you can rent a three-cabin cruiser which sleeps five or six, with shower, toilet, galley. Last May, Fermanagh enjoyed the famed Benson & Hedges week-long coarse-fishing festival. Get there by flying Aer Lingus to Shannon (check package deals). From Shannon it's an 80-odd-mile drive to this piscatorial paradise.

ELSPETH FLYNN

Fermanagh finds

*Belleek for its world-renowned, wafer-thin-porcelain factory **** White Island's mysterious 6th-century stone figures **** Enniskillen for Irish lace, hand embroidery and tapestries **** Cassidy's Corner House Bar at Lisnaskea, or the May Fly Inn at Kesh, for good drink and fishing talk **** Lakeland Hotel in Bellanaleck for food and friendliness.*

At the tone . . .

Most cities have telephone serv
to tell you the time and weat
In New York, you can dial-a-jo
In London, however, 14 serv
help you, among other thi
cook, entertain children, wo
about the garden. On a rainy B
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male voice advised what to pl
that week, and what ornamen
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later years. "Recipe for the D
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"one British egg beaten." Next
"*Financial Times* Index" broke t
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tones. "Bedtime Story" (6 to 9 p.
led me through the adventures
a friendly python named Twi
For phone fun in London, che
the local directory. DEE HARD

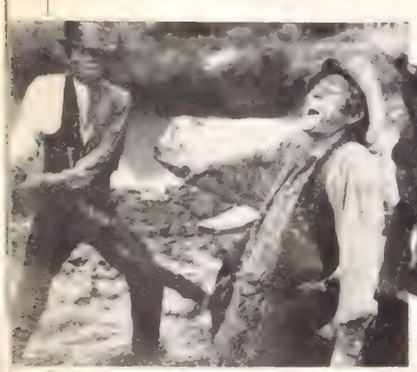


Viva Little Italy

Known for its movable feast of San Gennaro (the 50th is this year, September 16 to 26) and its plethora of freshly made pasta, sinfully rich sweets, and creamy cappuccino, New York's Little Italy has a flavor all its own. Fortunately, inflation has not shelved the "Little Italy Risorgimento" face-lifting and preservation, which is now going ahead under the direction of architect Raquel Ramati of the City Planning Commission Urban Design Group. Improvements include trees in wooden tubs, vivid murals, a summer weekend pedestrian mall (with banners brightening fire escapes) on Mulberry Street. For architectural walking tours, there's a map and photo exhibit at the northwest corner of Mulberry and Canal. Proposed zoning will ensure that future development will relate to the low scale, unique character of the neighborhood, with a new piazza for the domed former police headquarters. An ambitious dream of the community: recycling this grand 1909 building into an Italian-American Cultural Center.

MARGARET MORSE

Flicks of the sixties: The big picture



Contenders McQueen and Wayne



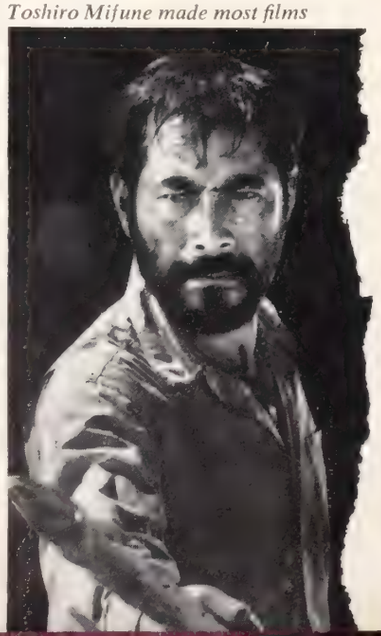


How about sleuth Paul Newman?

Can you name the actor who appeared in the largest number of films released in America during the 1960s? John Wayne? Paul Newman? Steve McQueen? The answer: none of the above! Toshiro Mifune, the Japanese actor, was tops, appearing in 50 movies during that decade. So says the newly published *American Film Institute's Catalog of Motion Pictures: Feature Films 1961 to 1970.* The two-volume encyclopedia, part of an ongoing project by AFI researchers at the Library of Congress, is a treasure of pop culture, with enough information to satisfy the most insatiable movie buff. For example, what was Oscar-winner Francis Ford Coppola up to in his pre-*Godfather* days? He was working on *The Magic Voyage of Sinbad,* for one thing. You may not remember *War Hunt,* but it was a milestone for a young actor named Robert Redford, who made his debut in this picture in 1962. More than 45 countries, from Iceland to Senegal, exported films here in the 1960s. Is anyone surprised that "murder" is the most common plot subject? Published by R.R. Bowker, Richard P. Krafsur, executive editor. $90 from the American Film Institute, Kennedy Center.

PAMELA HELLER

Toshiro Mifune made most films







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Even our best no-wax floors may eventually show some reduction in gloss where foot traffic is heaviest. So, if you ever need it, your retailer can supply a special Solarian Floor Finish, which can be applied occasionally to maintain the shine.

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CREATORS OF THE INDOOR WORLD®

living

PEOPLE

Ex-Curator of Design at the Museum of Modern Art, **Emilio Ambasz,** is going it alone, starting his own architectural and design practice. Offices in New York and Bologna, Italy. First off the drawing board, a new chair with a back that adjusts to body movement.

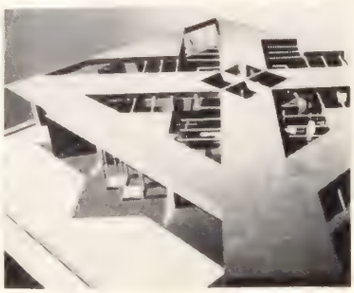
International names in decorating, **Françoise Catroux** (Paris), **William McCarty** (London), **Mark Hampton** and **Arthur Smith** (New York), **Mimi London** (Los Angeles) among them, are getting together for a great fall show at **Andrew Crispo's** New York gallery. Cancer Care benefit preview party November 4.



Kramer and Thomson, left, *at arty party*

Vintners in the news, **Barbara and Dean Joyner,** whose Haversack vineyard in Fredericksburg is the talk of Texas (**Lady Bird Johnson** planted the first grapevine when the Joyners restored the old winery a few years ago) are hosting the Haversack Wine Festival. Starts October 8. Tour their landmark museum and taste the vintage.

Audrey Thompson, energetic devotee of the arts, and New Haven architect, **Charles Brewer,** are driving forces behind Art Resources of Connecticut, a privately funded group that aims to mount art shows across Connecticut—"much needed now that museum budgets are cut down." More than 100 guests gathered for its launching soirée (speech by critic **Hilton Kramer,** champagne, and spicy Indian food).



Sky-lit Apostrophe atop Wallach's

Op-sailer **Christopher Columbus** (descendant of the explorer) was on board the replica of the Santa Maria for the Independence Day tall-ships regatta. His brother will stand in this fall as the Santa Maria cruises down the U.S. Coast. "A living historical lesson for school children," the ship is nonetheless equipped with computer controls and a microwave oven in the galley.

After 14 years on the New York art scene with **Betty Parsons** Gallery, **Jock Truman** has opened his own. First exhibition at the Truman Gallery ("specializing in drawings and sculpture"): cartoons and collages by **Ad Reinhardt.** Begins October 2.

Those active publisher-entrepreneurs **Herbert Wise** and **Jeffrey Friedman-Weiss,** whose book, *Made with Oak,* sold 70,000 copies, are at it again. *Living Places* (Quick Fox, $6.95) includes photos of **J.P. Morgan's** intriguing house (he's the sculptor grandson of the famous tycoon).

Watch for two definitive books: **Paul Magriel's** on backgammon (he's the champion hardly anyone dares play with) and **Diane Waldman's** on artist **Joseph Cornell** (she's curator of exhibitions at the Guggenheim).

Incorporated, a new craft center in New York, has taken over where shutdown Fairtree Gallery (a Warner film heiress backed that venture) left off. **Charles Evans, Riis Layman,** and **Bruce Wittenstein** have coralled over 100 artists. Upcoming shows: Raku and Softworks.

Can we have more munch places in stores? Like **Kenneth Walker's** new café for successful restaurateur **Armando Orsini,** now open at Bonwit Teller . . . or the coffee bar by **Kenneth Brian Walker** (*another* Kenneth Walker) at Bloomingdale's Saturday's Generation shop . . . or the coffee counter at the new Apostrophe shop, Wallach's Fifth Avenue (architect **Charles Broudy's** greenery-filled skylit haven on the top floor).

RUSSELL MACMASTERS



It's really Christopher Columbus, right; *writers Friedman-Weiss and Wise,* below.

Jock Truman, left; *Mimi London, Wittenstein, Layman, Evans*

Architect Ambasz; Vintneresse Barbara Joyner.

SUSAN WOOD, ZINTGRAFF PHOTOGRAPHERS, OWEN C. LUCK

Switched-on lighting

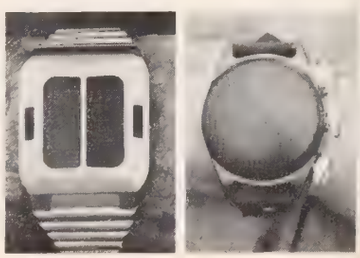
Even if you can't ask architect Paul Rudolph to design a new house or apartment for you, now you can live with some of his ideas. The light curtain in Rudolph's bedroom, the mirror curtain around his dining table, and the chandelier in his hall (as shown in his apartment, see page 116) are available through a new company he has just formed with associate Ernst Wagner. Two other marvelous designs include a mirrored cube table with a lighted base and a mirrored panel for wall or ceiling (8 inches wide, 4 or 8 feet long). Both use one-way mirror to reflect miniature lights into infinity—brilliant. The table is about $180 for a 12-inch cube. For information or orders, write to Modulightor, 54 West 57th Street, New York, N.Y. 10019 (212) 765-1480.

JADE ALBERT

Keeping watch

If you have trouble being on time, help is at hand. First, there's the solar watch, programmed to show exact month and day without resetting until the year 2100. It's never likely to be more than 10 seconds wrong throughout the year. But when it gets that far behind, you can adjust it yourself. Gold-plated and guaranteed to last a lifetime, $750. By Ragen.

Next, the watch-shaped radio that you just wrap around your wrist. It gives you disc jockeys and newsmen to remind you of the hour. $12.95. By Amico, it's available at Hammacher Schlemmer in New York City.





Sears Royal Jewel Curtains. Sheer beauty, solid value.

Better Fabric, Better Body, Better Drape than most other sheer curtain fabrics. Because Royal Jewel curtains are woven with more finespun threads to the square inch.

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Large Selection of Styles and Sizes. Rod-pocket panels, tier-on-tiers, shorties, pinch-pleated draperies and romantic priscillas. Matching valances too. Sixty-four sizes in all!*

Prices as Light as Air. Find your Royal Jewel solid value sheer curtains now at most larger Sears, Roebuck and Co. stores and in the catalog.

*All sizes and styles not available in all colors.

Only at Sears

living



HOW TO



Calligrapher Wong at work





DAVID MASLEY

Write on

In China, calligraphy—beautiful handwriting—is considered a higher art than painting. Jeanyee Wong is a calligrapher who likes to inspire others. She designed a UNICEF Christmas card, has done many book jackets. "In ten lessons," she says, "you can become proficient enough to make cards for friends, decorate gifts, even design your own stationery." The tools are quite inexpensive. One type of calligrapher's pen with 10 nibs costs $2.75. Calligraphy is harder for left-handed people, but not impossible. You can learn various styles of writing. "Start with one," says Mrs. Wong, "practice hard at that, and then go on to others." Check your local Department of Education for adult evening classes in calligraphy. Or contact Mrs. Wong, Pentallic, 80 Fifth Avenue, New York, N.Y. 10003.

Rational rations

Dogs and cats need annual physical checkups just as much as their owners. According to veterinarian Dr. J. F. Alberson (an expert on animal diet), heart disease, liver trouble, tumors, intestinal problems, and even dental decay can be detected and checked, and "it will save you money and anguish later," he says. Most diseases can be treated successfully and if not cured, at least stabilized through diet. For years Dr. Alberson (director of marketing for Hills animal foods) has supervised the development of a variety of foods for sick animals. Doggy heart problems respond to a low-salt diet, kidney trouble demands a highly digestible, low-ash diet. Obesity, just as hazardous in pets as humans, needs low-calorie food. You won't find these special diets (there are 200), in your pet store. They are only available through vets.



ALF ALBERT

Dr. Alberson and friend

Tens, anyone?

Transcutaneous electrical nerve stimulation machines (called tens) are ingenious small electrical devices the size of pocket calculators designed to mask pain. Dr. Charles Burton, of Sister Kenny Institute, Minnesota, is an expert who knows a lot about them. He has tested them on low-back pain, arthritis, sprains, and even pain due to burned fingers. To date, he reports, tens machines are most widely used by athletes. "This year at the Olympics, they were available to many athletes on the sidelines." Many tennis players with tennis elbow also treat themselves for 20 minutes or so before a game to manage ache and stiffness. The machine, placed over the painful part of the body, generates electrical pulses, carried through the skin. It appears to increase blood supply to that area. This helps the healing process, and the tingling sensation of the stimulation masks the pain. Tens cost from $200 to $400, by prescription.

GARDEN ART

Giving a fig

How about a beautiful, easy-to-grow, almost pest-free indoor tree that will give you up to three separate harvests a year of delicious fruit you can rarely find fresh? Think figs. A close relative of the rubber plant, the fig tree can be grown just as easily as *ficus elastica* indoors. The differences in care are that figs need all the sunlight you can give them, lots of water, particularly when they're in the process of offering you their tantalizing taste treat, and yearly pruning to maximize the harvest.

Everbearing fig trees are available from many mail-order nurseries. Upon the plant's arrival, you may feel a twinge of disappointment, because what you get is a brown stick with some roots at one end. Don't despair. Put roots in a 10- to 12-inch-diameter pot filled with rich potting soil. The pot may look small, but figs like tight shoes. Care for the stick as you would your greenhouse plants. Within a month you will be rewarded by buds popping out all over. In 9 to 10 months or less, you will see your first crop, which curiously enough erupts directly from the stems, like another batch of leaves. In fall, trim so the plant forms a compact open bush with an even latticework of branches. Make the cuts by leaf scars, and don't worry if the tree looks a little bare. New branches will soon bud again—as will more fruit. RICHARD LANGER

Medicine while-U-wait

Soon doctors will no longer need to wait for lab test results on a patient's blood sample to gain insight into medical problems. Currently under development at the University of Utah is a gadget that measures gas concentrations, enzyme reactions, and antibody levels while a patient is at the doctor's office. This "superprobe," as it is called by bioengineer Stanley D. Moss, chief researcher on the project, has leads which connect it to a computer terminal. Here the data are converted "so that a doctor can get a reading of blood and tissue chemistry whenever he wants." Participating doctors will need computer terminals in the $500 range. That cost seems offset by the benefits of instant analysis. OLIE WESTHEIMER

Correction: *Medicine by Computer in September should have stated that the glaucoma consultation program is the result of collaboration between the Rutgers University Department of Computer Science and the Mount Sinai School of Medicine. Johns Hopkins, along with several other universities later joined in the clinical development of the program.*

TETSU OKUHARA



Ma foie!

Fresh foie gras. To get it, you had to go to France. No more. *Brioche de foie gras de canard au poivre vert* (fresh duck liver spiced with green pepper in a brioche) is here. A 5-pound roll of foie gras topped with clear amber aspic encased in a large loaf of buttery brioche—the noble creation would bring tears to the eyes of Brillat-Savarin. The fresh foie gras brioche is trucked from Paris's Rougie firm, famous for its French delicacies, the airport and flown to New Yo via Air France in its own plas foam box. Fred Strauss of Fre eric Import, which handles dist bution here, guarantees it will l two weeks if refrigerated. Bloo ingdale's sells it by the pou (about $42.50) sliced as you li it, or buy the whole loaf; also W. Poll and Fraser Morris. New York City. Order ahead.

PENNI WISN

The Potion of Love.

And how it began in Saronno 450 years ago.



We know that she was young. Blonde. Beautiful. And that she was widowed. But did she create the original Amaretto di Saronno as a thank you for her portrait? Or was it offered as a gift to express affection for Bernardino Luini, the now famous artist whose painting immortalized her in 1525?

History has lost most of the answers—even her name—leaving us nothing but Luini's stunning fresco in the Sanctuary of Santa Maria delle Grazie in Saronno, Italy. And...her romantic liqueur. We still like to think Amaretto di Saronno is a liqueur that inspired a great love.



It's something for you to wonder about tonight as you discover its intriguing flavor and enjoy its provocative bouquet. This is Amaretto di Saronno. The original Amaretto. Brought here from Saronno, the village of love.

Only the Cognac region of France can produce the finest Cognac brandy. And only the vineyards of Bordeaux can ever produce a true Bordeaux wine.

So also, the finest Amaretto liqueur comes only from Saronno—where it all began 450 years ago.



Amaretto di Saronno. We've left a rose alongside our name as a reminder of how it all began.



Discover the many other ways to use Italy's rare liqueur of love. Write for our free drink recipe booklet and food recipe booklet, "Gourmet Secrets." Address: Foreign Vintages, Inc., 98 Cutter Mill Road, Great Neck, New York 11021, Dept. 12D

Amaretto di Saronno.®

The Original Amaretto. From the Village of Love.

56 Proof. Imported by Foreign Vintages, Inc. Great Neck, N.Y. © 1975.



(Unsolicited Testimonial)

..."my hands were so bad, red and itching, I couldn't stand it"..

MRS. CONNIE WHEELER—Bakersfield, Calif.

Dear Sirs,

I have for the last 10 years had very problem hands. I am a full time wife, mother, secretary, and horseman. My hands were diagnosed by a doctor as an eczema caused by nerves. He was the second doctor I had consulted regarding my hands, and his treatment seemed to do the trick for periods up to six months or longer before my hands were so bad, red and itching that I couldn't stand it any longer and had to go back for more treatment. However, the last visit in October, 1974, made me think I must do something else. I couldn't live on injections all my life. I went to the drawer and pulled out a tube of Neutrogena, which had been in the drawer for almost a year, and began using it faithfully. My hands began to heal.

Now, in August of 1975, almost a year later, I can honestly say that I have not experienced one day of itching or bad soreness from cracks in the skin with bleeding. I don't even wear gloves for doing dishes, and this summer, I spent time in the mountains fishing, baiting hooks and all and came home with hands as good as when I left. My compliments are all for your product, and believe me, I tell all my friends about it.

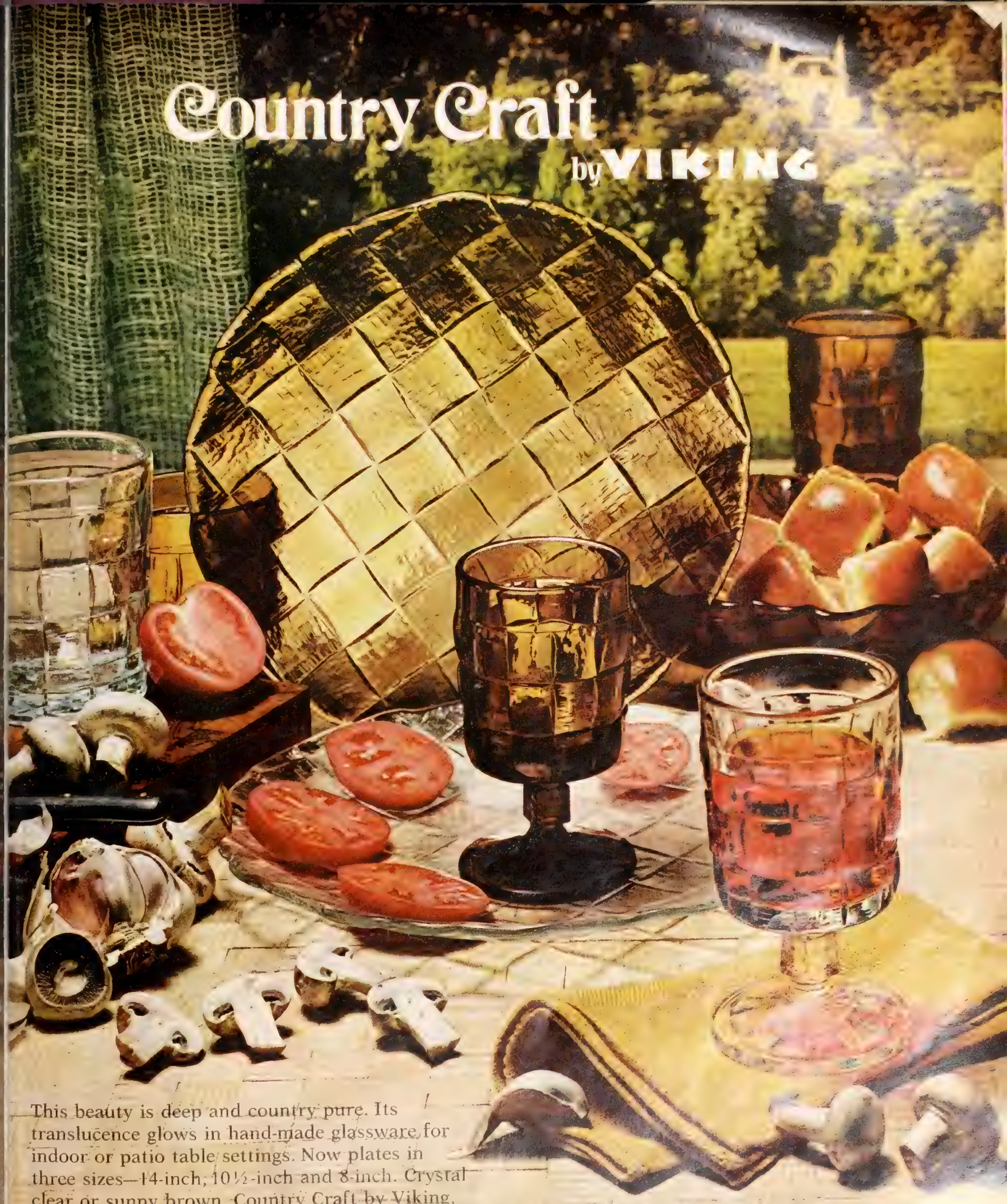
Sincerely,

Connie L. Wheeler



Originally developed for Arctic fishermen, Neutrogena Hand Cream is a heavy-duty formula which literally shields your hands, helps them heal. Medical tests show it helped clear up acute skin conditions within 14 days. **Your satisfaction guaranteed, or money back. $3.**

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Every three months—four times a year—the Museum will announce by mail remarkable new replicas—exact copies of Museum originals: sculpture, decorative objects, tableware, and ornaments.

The variety will be extraordinary: ancient jewelry in gold and silver; Oriental and European porcelain; early American glass in crystal and rare colors; bronze from Egypt, Greece, China, and the medieval world; silver, pewter, brass, and pottery from Colonial America.

These copies, often produced by the same techniques used for the originals, are made by artist-craftsmen working under the Museum's direct supervision. The care taken in production frequently limits the quantity, and the majority of replicas can be bought only by mail or at the Museum. (Above: Owl. Ptolemaic Period, 332–30 B.C. Cast stone, 4⅛" x 4¼", $12.50 plus $1.25 for shipping.)

To receive all of the advance announcements to be issued during the next year, send the coupon below with one dollar to cover mailing.

You will receive immediately the first of these, the 116-page Christmas Catalogue. A brilliant array of new presents includes jewelry with scarabs of lapis lazuli and rock crystal; a medieval ivory hand mirror; early American flowerpots; 19th-century glass in emerald, canary yellow, and peacock blue; a silver brandy warmer and cordial tumblers; a rare French coffee cup; a *quiche* dish; *art nouveau* placemats; stars, snowflakes, hearts, and a treetop ornament in gold and silver; portfolios with Chinese butterflies and a silk scarf with flowers from a Persian garden; a collection of Museum needlework patterns and a new cookbook, *To the Queen's Taste*. In addition, there is an unparalleled selection of Christmas cards.

THE METROPOLITAN MUSEUM OF ART

255 Gracie Station, New York 10028 ICJ6

Please send me all advance announcements and catalogues of replicas to be issued by the Museum during the next 12 months. One dollar to cover mailing costs is enclosed.

NAME _____

ADDRESS _____

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QUESTIONS & ANSWERS

Antiques

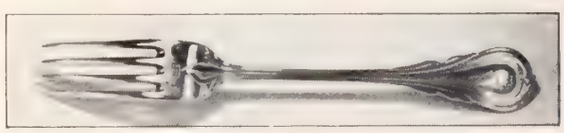
By Louise Ade Boger

Traveler's place setting

I have a one-piece place setting in a case. Is this unusual? Is my silver old? M.D.—New York, N.Y.



Your place setting is Austro-Hungarian, dating about 1870. Fitted cases equipped with table utensils, even at times a small tea service, were carried by travelers for personal use in hotels and restaurants. While yours may have been used for this purpose, you should not rule out entirely that what you have is a salesman's sample of a full silver set. If so, it is a guarantee that you have the best possible example of that particular pattern.



Staffordshire dish



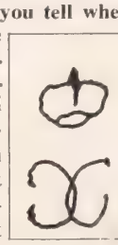


Where and when were these old dishes made? What is the scene depicted on them? J.H.—Raleigh, N.C.

According to your mark, the Staffordshire potters Brown-Westhead, Moore & Co. of Cauldon Place, Hanley, made your dishes between 1891 and 1904. The printed decoration depicts a rustic scene in Breadalbane, Scotland.

German figures

From the mark, can you tell where my figurines were made? R.W.S.—St. Louis, Mo.

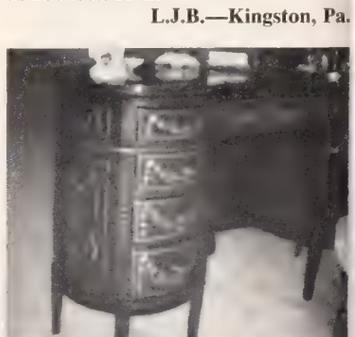


The mark was used at a German porcelain factory begun in 1903 by Fasold & Stauch at Bock-Wallendorf in the forest region of Thuringia, where the porcelain industry has flourished since the 1770s. Their wares often imitated Meissen, even to the "crossed-swords" mark.



American writing table

We're told our desk dates back to 1840. Is this true? What can you tell us about its form? L.J.B.—Kingston, Pa.



Your kidney-shaped writing table, probably early 20th century, is American. Sheraton, in Part III of his *Drawing Book, 1792*, illustrates a kidney table of the pedestal type. He writes it is so called "on account of its resemblance to that intestine part of animals." The shape is the familiar *haricot*, or kidney bean a favorite French rococo form.

Continued on page 24



Introducing Jell-O® Americana™ Rice Pudding. A tasty new addition to a wholesome old tradition.

Do you remember just how good rice pudding can taste? Well, now you can enjoy that good wholesome taste again with new Jell-O® Americana rice pudding, the newest member of the Jell-O® Americana Dessert family.

If you've ever tried Jell-O® golden egg custard or Jell-O® tapioca pudding, you know that it takes almost no time to get that great old-time flavor.

Jell-O® Americana rice pudding is just as easy. Stir in 2 cups of milk. Bring to a boil. Cool, and you have a rich, creamy pudding textured with rice and a hint of spice.

The next time you want to serve your family a hearty and delicious dessert, make them Jell-O® Americana rice pudding. It's a welcome addition. And a nice new tradition.



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J&B RARE SCOTCH

86 Proof Blended Scotch Whisky © 1976 Paddington Corp., N.Y.

QUESTIONS & ANSWERS

Antiques
continued from page 20

Punch and Judy bank



The marks on my Punch and Judy bank read "Buffalo, N.Y., U.S.A.," but they also say "Rd. in England No. 10423." What does this mean?
N.L.—Forest Hills, N.Y.

Your bank, patented and made by the Shepard Co. of Buffalo, N.Y., was also patented, according to the registration number, in England in 1888. In this bank, Judy receives the coin in a plate in her hand; a lever is pressed and Punch rushes forward brandishing a club; Judy turns and deposits the coin.

Repousséed coffeepot



Will you tell me something about the raised work on my coffeepot, made by Samuel Kirk & Son? How is it done? B.B.—New York, N.Y.

This ancient art of raising patterns upon metal by hammering from the back while the "ground" remains relatively untouched is called "repoussé." The pattern was traced on the metal. After the repoussé work was complete, it was finished on the front and chased up. The tools include hammers; punches for tracing, raising, grounding, chasing, and texturing the surface; and a special small anvil with an upturned point, called a "snarl," used in the hollow of a vessel when a hammer and punch could not fully enter.

Royal Copenhagen porcelain

Can you tell me what the pretty blue design is on my covered dish and where the dish comes from?
T.B.—Aberdeen, Wash.

The three blue wavy lines have been the factory mark of Royal Copenhagen porcelain since 1775 and symbolize the three waterways through Denmark. The design, painted in underglaze blue, adapted from the Immortelle pattern of Meissen, was one of the first patterns at the Royal Copenhagen Manufactory. Its appeal continues to the present; in fact, the blue fluted dinner service may be called Denmark's National Service.





Antiqueries

Copies of Louise Ade Boger's book, *House & Garden's Antiques: Questions & Answers,* containing more than 900 items from past columns, arranged by category for easy reference, can be purchased for $10.95 a copy, plus 45¢ to cover postage and handling. To order a copy, please write to: Condé Nast Books, Post Office Box 3308, Grand Central Station, New York, N.Y. 10017.



These Gorham Originals were the latest thing in Sterling over 60 years ago and they're even more popular today.

Now you know the meaning of timeless beauty.

The timeless beauty of the Gorham Original you buy is one of the many distinct qualities that will safeguard your investment over the years. It means your Gorham Sterling will be as precious to you years from now as it is today.

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Saratoga 120's













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Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

18 mg. "tar," 1.1 mg. nicotine av. per cigarette, FTC Report Apr. '76

Cartoon Contest.



nter our Saratoga 120's Cartoon Contest and you may find yourself $5,000 richer.
t, take a look at the cartoons on the left. Simple idea. The Saratoga smoker is always
ding up the works, because he's got so much more cigarette to enjoy. The caption is:
ait 'til I finish my Saratoga."
Now all you do is give us the cartoon idea. If you can't draw it, describe it in writing.
winning entries will be selected by a panel of nationally known cartoonists.
at counts is originality, suitability of theme, and how fast your cartoon reduces the panel to helpless spasms of laughter.
Our judges will select five top winners and each will receive $5,000 cash. The first fifteen runners-up will win $1,500
h, each. And there will be 100 honorable mention awards of $125 each. Read the Contest Rules carefully, then send us
ir Saratoga 120's cartoon idea. Include the bottom panel from a pack of regular or menthol Saratoga 120's.
ntries must be postmarked by December 31, 1976, and received no later than January 14, 1977. So don't wait 'til you
ish your Saratoga. Finish our Saratoga cartoon instead. And win!

WAIT 'TIL I FINISH MY SARATOGA



SARATOGA 120'S CARTOON CONTEST
P.O. Box 2165, Westbury, N.Y. 11591
I want to be $5,000 richer!
So here's my Saratoga 120's cartoon entry.

Name_____

Address_____

City_____ State_____ Zip_____
(necessary)

Saratoga 120's

OFFICIAL CONTEST RULES

1. On the entry blank above, or on a plain piece of paper no larger than 8½" x 11", draw or write your idea for a cartoon whose caption is "Wait 'til I finish my Saratoga." Print your name, address and zip code on your entry and be sure to include with it the bottom panel from a pack of regular or menthol Saratoga 120's.
2. You may enter as often as you wish. Each entry submitted must be different and mailed separately. Mail your entry to: SARATOGA 120's CARTOON CONTEST, P.O. Box 2165, Westbury, N.Y. 11591. All entries must be postmarked by December 31, 1976, and received no later than January 14, 1977. All prizes will be awarded and winners notified by mail. No entry will be returned or acknowledged.
3. **National Judging Institute, Inc., will direct judging of all entries. Entries will not be judged on artistic ability or medium of presentation. Judging will be solely on the basis of: originality—novel or interesting situation (0-50 points); aptness—fitting to the contest theme (0-20 points); humorous appeal—amusing or comical (0-30 points). Winners will be selected by a panel of nationally known cartoonists from semifinalists chosen by National Judging Institute, Inc. All decisions will be final; and in case of ties, duplicate prizes will be awarded.**
4. All entries become the property of Philip Morris Inc. and constitute permission for Philip Morris Inc. to edit, adapt, modify, publish and otherwise use, in any way it sees fit, entries received, without further consideration or payment to the contestants.
5. Contest is open to all U.S. residents 21 years of age or older, except employees and their families of Philip Morris Inc., its advertising agencies and National Judging Institute, Inc. Only one prize to a family. Winners will be required to execute an affidavit of eligibility and release. Liability for taxes is the responsibility of each prize winner. Void wherever taxed, prohibited or restricted by law.
6. **No correspondence will be entered into about any particular entry. However, for a list of winners, send a stamped, self-addressed envelope to SARATOGA 120's CARTOON CONTEST WINNERS, P.O. Box 2490, Westbury, N.Y. 11591.**



GEORGETOWN pendulum strike, battery-powered, 29" high. $149.95

Seth Thomas

Elegance & Excellence

Nostalgic warmth and modern technology . . . beautifully combined in this decorator clock by Seth Thomas. Its stately case is solid wood, dark pine finish, in 19th century style. Pendulum strike movement uses battery power for convenience and precision. Full-length glass face provides dust protection and a 'collector' look. One of many fine Seth Thomas clock styles; at quality jewelers and department stores. For catalog, send $1 to Seth Thomas, Thomaston, Conn. 06787, Dept. HG-2. Clockmakers to America since 1813.

Division of General Time • A TALLEY INDUSTRIES COMPANY

Museum Pewter

The original of this 18th Century pewter candlestick dwelt in the historic Heyward-Washington House in Charleston, S.C. when that home served as General George Washington's headquarters in 1791. In cooperation with the Charleston Museum and the Charleston Historic Foundation, Gorham has painstakingly reproduced this authentic treasure. Finished in a mellow hand-polished patina; 6½" tall. $35. At finest jewelry-gift stores and silverware departments. Price subject to change without notice.



GORHAM

GORHAM DIVISION OF TEXTRON, PROVIDENCE, R.I.

Do you own a Gorham original?

How to sound like someone worth listening to

Nine ways to improve your voice from speech expert Dorothy Sarnoff

By Caroline Seebohm

"Mind your speech a little
Lest you should mar your fortunes.
—SHAKESPEARE

Remember Professor Higgins's pain at Eliza Doolittle's more excruciating vowel sounds? Many people have experienced a slight shock when a wonderful-looking individual opens his or her mouth and frightful sounds emerge. Yet we tend to neglect our voices. We concentrate hundreds of hours on body, complexion, hair, clothes, and possibly ruin all that effort when we open our mouths.

Dorothy Sarnoff, speech consultant to presidents, actors, government officials, and television personalities, has nothing but praise for the human voice. "Somebody said that a beautiful voice is to thoughts what sunshine is to stained glass," she says intensely, her own voice low in pitch, warm and resonant. "A voice is a trigger to recreation in so many ways. When somebody speaks rousingly to you, you feel it through your whole body. A voice can literally bring people to their feet. Why does a dog know your voice—or a baby? If you speak resonantly, a baby will feel the vibrations like a massage as it rests on your chest. Voices can be marvelous tranquilizers. When someone is agitated, just try talking to him or her calmly and quietly. If you look into a child's eyes, and say, *"John, I want you to do this,"* with every vowel stretched out and enlarged, the pacing slow, the pitch low, you will find how much more effective it is than a high-pitched snap."



Speech expert Dorothy Sarnoff

Miss Sarnoff, who teaches speech all over America, believes that a good voice is one that has warmth, low pitch, and smooth phrasing. "Tone is a message-giver by itself. Tone comprises pitch, resonance, intensity, phrasing, pacing, emphasis, cadence. The cadence with which you speak is just as important as everything else." Some of her favorite voices belong to Barbara Jordan, Franklin D. Roosevelt, and Abba Eban.

If you wonder how your voice would rate in Miss Sarnoff's scale of excellence, you can find out soon enough by investing in a tape recorder (as inexpensive as you like). But be warned. If you have never heard your voice on tape before, you're in for a surprise, or more likely, a shock. How we sound to ourselves is not how we sound to everybody else. (Obviously, if you think about it: You hear your voice reverberating in your head—nobody else does.) "A tape recorder is to your voice what the mirror is to your face," says Dorothy Sarnoff. "If you are interested in improving your voice, you should not be without one."

If, having heard your voice on the tape recorder and not liked what you heard, you decide to try for a better voice. here are some basic rules suggested by Miss Sarnoff:

1. Resonate in your chest rather than in your nose. Most women tend to resonate in their nose, where the sound is thin and high-pitched, with an abrasive quality. Try to exhale deep in your chest, so the sound stays in the chest and resonates there, rather than sending it up to your nose.

2. Good posture is essential for a good voice. Keep your chest up and your stomach in. An upright carriage, naturally held, puts the muscles of your vital center in the best possible position to provide the steady exhalation of air that you need to support an attractive voice.

3. Pacing and phrasing can improve your voice. Speak as though

Continued on page 30


from the coffee capital
of the world, Brazil
comes the finest
coffee liqueur in the
world, BAHIA.
No one knows more about coffee than Brazil. They grow more. They enjoy it more. They serve it in more ways than any other country in the world. It's only natural Brazil would produce the finest coffee liqueur in the world—Bahia.®
Bahia begins with the finest Brazilian coffee beans. It's a different brew of coffee liqueur, rich in coffee taste with the full-bodied aroma of freshly made coffee. Taste Bahia straight or on the rocks. Once you do, you'll always recognize it.
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Distinctive.
Incomparable.
BAHIA
Bahia may not yet be in your favorite store. If not, call 800-243-9188 toll free.
Bahia® Coffee Liqueur, 53 Proof. ©1975

Good looks and good health

continued from page 28

you are gliding from word to word, without stopping and starting as though putting your foot on and off the gas. Speak more slowly, with longer vowel sounds, stretching them like rubber bands. (Remember Eliza Doolittle saying "the rain in Spain falls mainly on the plain?")

4. Go down in pitch more often. Go down in pitch particularly on the following: ends of phrases, anything you wish to emphasize, words before commas, even adjectives, adverbs, and questions. Listen to politicians speak: The most sincere-sounding ones go *down* in pitch at key moments. Those who listened to Jimmy Carter's acceptance speech will remember his very quiet "You can depend on that," at the end of a rousing promise, each time producing loud applause because of its extra authority.

5. Have a mirror near your telephone so you can see yourself talking. Watch your face. It will probably surprise you. If you look happy, you will sound happy. When your face droops, so does your voice.

6. Put little stickers on your telephone or your watch to remind you to speak better. You must learn to concentrate on your speech in order to improve it.

7. Keep the tape recorder on when you are on the phone or at home with friends. Play it back, listen, then practice the improvements you want to make. Pick a voice that you like and imitate it. The tape recorder is your most faithful listener.

Miss Sarnoff also suggests two basic exercises to help improve the sound of your voice:

"Stand in front of the mirror. Put your hands in a steeple position in front of you, elbows up and out. Push your hands together, heel to heel, as hard as you can, so strongly that you can feel it under your armpits. While you do this, contract your muscles where the ribs start to separate above your abdomen and say 'shshshshshsh,' exhaling, so that you feel your lower chest contracting. This is good for resonance and projection.

Walk short city blocks in long exhalations. You maybe need only three exhalations to a city block. That *doesn't*

Continued on next page

For 1977 some car maker narrower, lighter full-size car





ill offer you only shorter, ord has a better idea. Choice:

Ford LTD. The full-size car that kept its size.

is year some car makers are mak- their full-size cars smaller. But d believes that people who want traditional full-size car they're d to should have that choice. So 1977 Ford LTD hasn't been re- ed by a single inch!

You'll find Ford LTD has a *longer* eelbase than cars like the down- d Olds 98 and Buick Electra and ut the same size wheelbase as dillac de Ville.

And Ford LTD now has a longer eelbase than Chevrolets (both price *and* Impala) which have ne down to the same wheelbase the *mid-size* Chevelle.

Ride, room and trunkspace—unchanged

rd LTD has retained its tradi- nal smooth, quiet ride. Interior aciousness, deep-well trunk, ad-hugging performance, long eelbase and 3½-ton rated towing capacity (with optional trailer tow- ing package) *are all unchanged*. Keep all this in mind when you go shop- ping for a new car this year.

Will "down-sized" cars have "down-sized" prices?

As this magazine goes to press, 1977 prices are not available. When they are, compare LTD's price to its down-sized competitors. Compare with test drives. What you may really want is the quiet ride and roominess of Ford's full-size 6-pas- senger car: the 1977 Ford LTD.

SIZE COMPARISONS

Cars with full-size wheelbase

4-DOOR MODELS	1977	1976
Ford LTD	121.0"	121.0"
Cadillac de Ville	121.5"	130.0"

Cars with mid-size wheelbase

Ford LTD II	118.0"	—
Caprice	116.0"	121.5"
Impala	116.0"	121.5"
Chevelle	116.0"	116.0"



Ford LTD Country Squire: the full-size wagon that kept its size. *Elegant Ford LTD Landau 2-door.*

And the new trimmer, sportier LTD II.

ou prefer a 6-passenger car that's nmer in size and price than LTD, rd gives you that choice, too. rd introduces a sporty new line of s for 1977—2-doors, 4-doors, sta- n wagons—called LTD II.

A new idea that's a better idea

rd's new quiet-riding LTD II nbines LTD's traditional high- el of workmanship with a unique rty spirit that's all its own. The ult: a comfortable new car that's nmer in size and price than LTD.

A new kind of value

rd will price LTD II to strongly allenge all competitors. So as n as 1977 prices are announced, mpare LTD II value not only with her mid-size cars, but *even with M's cut down "full-size" cars.*

And you should know that all LTD II and Ford LTD 1977 prices *include* V-8, automatic transmission, power steering, power front disc brakes, *steel-belted* radials, Dura-Spark Ignition system, and more.



LTD II Squire. A trimmer wagon at a trimmer price. *Sporty, trim LTD II Brougham 2-door.*

Shop where you get a choice

Full size or trim size? Some car makers won't give you this choice of car sizes in 1977. But Ford will: full-size Ford LTD or trim-size LTD II.

So this year, before you decide on the car size that's best for you and your family, take a comparison test drive. And compare prices at a dealer who offers you a choice: your local Ford Dealer.

FORD

When America needs a better idea, Ford puts it on wheels.

Good looks and good health

continued from preceding page

mean you take big breaths. Big breaths are not necessary —just long, long relations.

Once you actually start thinking about your voice, you can probably make some improvements right away, such as speaking more slowly, in a lower pitch. You may then be quite surprised at the effect it has on your life. Take a woman who has a high, fragile, little-girl voice. She may find it hard to be accepted as a serious professional in her work. Just change that voice a little, and her authority is enormously increased. If you feel nobody listens to you, maybe your voice is the culprit. Dorothy Sarnoff has seen hundreds of such situations, and her book, which covers every aspect of speech improvement, is aptly called, *Speech Can Change Your Life* (Dell, $1.50.) Miss Sarnoff is also producing practice cassettes for the voice, so you can play them in the bath or the kitchen, and learn. (For a catalogue, write to Speech Dynamics, Inc. % Ogilvy and Mather, 2 East 48th Street, New York, N.Y. 10017.) So when you next have to make a speech, ask for a raise, or get your husband to mow the lawn, you need not worry—your voice will have them eating out of the palm of your hand!

BEAUTY AND HEALTH PRODUCTS NEW THIS MONTH IN THE STORES

Clear, crisp air and dazzling sunshine—two of the best refreshers fall has to offer. There's another. Crunchy apples. The kind you eat and the color you wear. Three new groups of makeups from *Estée Lauder* called **Apple Country** are geared to the clear, red colors of fall apples. One's called "Appleberries" for a rosy-mauve look; browned reds are called "Spiced Apples"; and wine-reds are called "Applewines." There are makeups, lipsticks, eye shadows and liners, mascaras too, even nail enamel for each of the color groups. There's one that works with all three: "Crystal Apple" gloss that's sheer with just a touch of clear red, to go over lipstick or to wear bare; you can even glaze a cheek with it. $3.75.

Don't forget that fragrance

Continued on page 231

Vin ordinaire by Lenox.



Hand blown, hand finished lead crystal created with the same breed of artistry that gives Lenox China its stature the world over.

LENOX CRYSTAL

TRENTON, N.J. 08605

INTRODUCING THE FIRST BLANKET THAT COVERS EVERY PROBLEM YOU'VE EVER HAD WITH A BLANKET.

Martex® has come up with the perfect blanket.

It's perfect because it has everything you've ever wanted in a blanket.

That's because it's made of Super Vellux.™

Millions of soft, long-length nylon fibers are electronically positioned onto layers of insulating foam.

It's this revolutionary process that creates the fabric that makes the blanket that answers every problem you've ever had with a blanket.

We call it The Answer Blanket. And here are the problems it covers.



1. WASHABILITY

The Answer Blanket washes beautifully.

It can be machine-washed at any temperature or cycle setting. And machine-dried at any temperature or time setting.

2. PILLING

We washed The Answer Blanket 50 times.

That's much more than the average blanket goes through in its lifetime.

The Answer Blanket showed no evidence of matting, pilling, shedding or fading.

3. SOFTNESS

Touch it. The Answer Blanket has a soft, luscious feeling. Almost like velvet. Or cashmere. (It's all those soft nylon fibers.)

But it's more than soft. It's also deliciously warm.

4. FIRE RESISTANCE

We found a way to make Super Vellux flame resistant.

After testing The Answer Blanket with Nationwide Consumer Testing Institute, they certified that, "The Martex Answer Blanket, when tested against other commercially available blankets according to accepted flammability test procedures, was found to be the most flame resistant."

5. BINDING

There is no binding to fray or wear out.

We've replaced the conventional sewn-on hem with a stitched self-hem on all four sides.

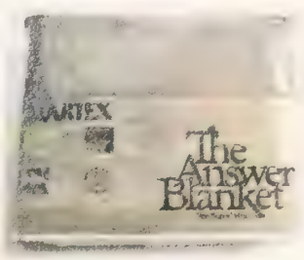
This handsome tailored border adds an elegant touch to The Answer Blanket.

And it will stay that way, because there's nothing to get shabby.

The Answer Blanket is not only the most practical blanket you can own (with a full ten year warranty to back it up), it's also the most beautiful.

It comes in a variety of colors that range from soft and warm to dark and rich. It can transform your bed.

So if you have any questions about what your next blanket should be, Martex has The Answer.



THE ANSWER BLANKET™
OF SUPER VELLUX BY MARTEX.

WestPoint Pepperell

Put your plants to work for you with

Foliage House Plants

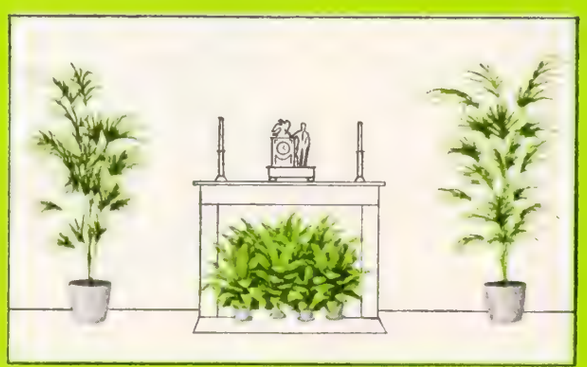
your introduction to THE TIME-LIFE ENCYCLOPEDIA OF GARDENING

The plant boom is on

All across the country — in suburban split-levels, in country homes, in big-city apartments and offices — people are discovering the challenge, the pleasure, the satisfaction of doing something new and exciting with plants. In *Foliage House Plants,* your introductory volume to THE TIME-LIFE ENCYCLOPEDIA OF GARDENING, you'll discover hundreds of ingenious ways to work with plants. Special how-to-do-it illustrations show you exactly how to make a bottle terrarium, a window greenhouse, a miniature landscape garden. And you'll find solid, practical advice and no-nonsense directions on how to keep your plants healthy and happy for years. Here are some of the exciting things you'll discover in *Foliage House Plants.*

Hang It, Trail It, Train It, Bottle It . . .

You don't have to be an interior designer to work decorating miracles with house plants. In *Foliage House Plants* we'll show you how to use the basic guidelines — scale, repetition, emphasis — to solve key decorating problems. You'll learn how to divide a large room into intimate areas with plants; how to shorten a long, narrow room with plants; how to round out troublesome corners with plants; how to create dramatic decorating effects with plants. To help you make the most of these ideas, we've included full-color photographs and special how-to illustrations to show you exactly what we're talking about.



Massed foliage, like that of bird's-nest ferns, gives an empty fireplace an elegant look in summer, especially when framed by a pair of stately paradise palms.

One Man's Cactus Is Another Man's Schefflera

The tremendous variety of house plants available today allows you to create the exact decorating effect you want. There are foliage house plants to suit every taste, every pocketbook. From hundreds of species you can select the color, patterns, sizes, shapes and textures that are right for you. *But how can you tell what they look like from a lot of Latin names?* That's why *Foliage House Plants* includes a special encyclopedia section with detailed water color paintings of 103 genera of foliage house plants. You'll also find an Appendix, which lists the characteristics, special uses, light and temperature requirements of 239 varieties of house plants.

Getting the Most Out Of Your Green Thumb

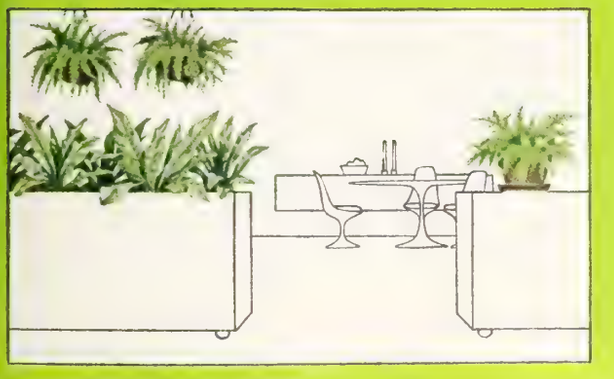
Unlike flowering plants, whose blooms last only a week or two, foliage house plants provide you with pleasure and beauty year round, year after year. Provided, of course, that they receive the proper attention. *Foliage House Plants* offers you advice from an expert — James Underwood Crockett, an eminent horticulturist, author of this volume and consultant to the Library. He'll show you how to start plants from stem cuttings, how to follow proper potting techniques, how to select healthy plants, how to provide the proper light, how to water plants, and how to use fertilizer properly.

Book size 8½" x 11"; each volume 160-176 pages, 40,000 words, over 100 full-color photographs, plus dozens of line drawings, charts, diagrams.

TIME LIFE BOOKS

TIME LIFE BOOKS





Plant boxes set on casters can be arranged in a variety of ways to divide a long room or create an entrance hall where none exists.



Try Foliage House Plants FREE For 10 Full Days

Enjoy *Foliage House Plants* for 10 days as the guest of TIME-LIFE BOOKS. Study its contents. Try some of the decorating ideas. Look over its wealth of full-color illustrations. If you decide to keep it, you pay just $6.95 plus shipping and handling. We'll then enter your subscription to THE TIME-LIFE ENCYCLOPEDIA OF GARDENING, and other volumes will be shipped to you one volume at a time, approximately every other month. You keep only those volumes of special interest to you. If you wish to return a volume, you may do so within 10 days without any obligation whatsoever.

Each volume in THE ENCYCLOPEDIA OF GARDENING possesses the same unique qualities as *Foliage House Plants*. Solid information, how-to illustrations, no-nonsense directions for today's gardener. In *Fruits and Vegetables*, for example, you'll find special diagrams showing you how to get maximum use out of a small vegetable garden. In *Lawns and Ground Covers* we'll tell you about a variety of hardy ground covers that grow where grass won't . . . where mowing is impossible. In *Annuals* we'll help you plan a garden that will be abloom with a variety of shapes and colors from early spring up to first frost.

THE TIME-LIFE ENCYCLOPEDIA OF GARDENING is the kind of practical, show-me series you've been looking for. Why not begin your horticultural adventure today with *Foliage House Plants?* Use the handy postpaid order card attached; or write to TIME-LIFE BOOKS, Time-Life Building, Chicago, Illinois 60611.



Measures 5" diam. Schmid Bros Inc. 1975

Limited Edition
"Sacred Journey"

1976 CHRISTMAS STAINED GLASS

First in The Collector Series portraying the authentic works of Sister Berta Hummel

A first edition! The works of the beloved nun have never before this series, we believe, been reproduced in this delicate, ancient medium. Within the hand-soldered lead frame nine different tints have been permanently heat-fused to the glass, recreating the original design in lasting, glowing colors. Mrs. Viktoria Hummel, the late artist's mother and legal heir, has chosen and authorized this subject for the 1976 Christmas Stained Glass. It is taken from an original work created by Sister Berta Hummel, before entering the convent, as a special Christmas gift for her family and it is an early example of her abiding love for children and her religious inspiration. A truly unique gift or start a collection! Only $37.50 at fine stores or write for the one nearest you.
The Schmid Collection,
Randolph, MA 02368

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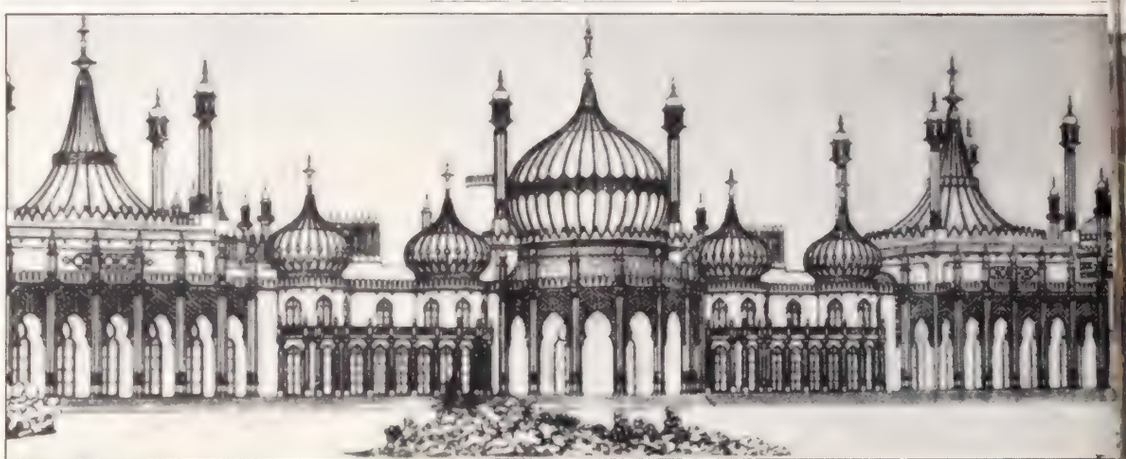
A GREAT AMERICAN IDEA

CELEBRATING THE 1976 BICENTENNIAL

Arabian Nights architecture in America

This country has a sprinkling of delightful Victorian fantasy buildings—ornament with minarets, onion domes, and Persian motifs—some of which can be visited

By Richard Taylor



Nash's Royal Pavilion started a world-wide fad for "Islamic" buildings.

EDITOR'S NOTE: *Richard Taylor is a free-lance writer who is currently working on a book on the Islamic Revival.*

George, the flamboyant Prince Regent of England, was presented with a batch of Chinese wallpaper in 1803. Typically, he decided to remodel his entire neo-Palladian seaside cottage to match. The interior was delightfully redone in chinoiserie by Frederick Crace and Sons, and eventually, in 1815, the outside was transformed into a fairy castle of onion domes, horseshoe arches, and minarets by Royal Architect John Nash.

Nash's Royal Pavilion had nothing to do with chinoiserie, however, for by the time he got around to it, George had changed his mind. Now it was meant to be "Islamic," a heady mixture of Turkish, Persian, and Indian motifs. Of course, since neither Nash nor George knew much at all about real Islamic buildings, the Pavilion came out somewhere between an oversize garden gazebo and a 19th-century schoolboy's idea of something "exotic."

No matter. The Pavilion started a world-wide fad for pseudo-Islamic buildings. And despite its flimsy lath-and-plaster construction, it's complete and perfect today, Chinese interiors included. If you're in Brighton, be sure to allow at least a day to wander through George's magnificent folly . . . the quintessential example of what the flippant Regency was all about.

Allow time, too, to walk across the grounds to the Royal Stables. Actually a mammoth enclosed riding ring, this glass-domed city block was designed by William Porden. Like the Pavilion, it's got minarets, cusped arches, and onion domes, but the interior is covered with breathtaking Persian tiles. Today this lavish amusement center houses a summer theatre, a library, art museum, and dozens of shops.

The Pavilion is well known. What's less known is that there are dozens of later Islamic Revival buildings in America, inspired by the royal original. Not as popular as the Victorian Gothic, Greek, or Italianate, the Islamic Style was nonetheless used for everything from country homes to park pavilions in this country. Leisure-time architecture, mostly, meant to be frivolous and fun. And perfect for a vacation visit.

Of necessity, American architects depended on British builders' guides and architectural handbooks for their Islamic inspiration. The reason was simple. Even in the late 19th century, traveling in Persia or India required a heavily armed expedition. Few Americans, tourists or architects, got much beyond Jerusalem in the Holy Land or the Taj Mahal in India. Of course, the authors of most British builders' guides had never been any further east than Brighton themselves. So while Victorian Gothic builders' guides are filled with sober, carefully measured blueprints of real Gothic monuments, Islamic builders' guides are filled with delightful, romantic, totally preposterous wash drawings of improbable castles su mounted by bulbous onion dom and minarets, peppered wit horseshoe arches, and crisscrosse with elaborate geometric stenci unabashedly derived from Nash Royal Pavilion.

The first big Islamic countr house in America, for exampl was a free-wheeling, *very* loos interpretation of the Royal Pa vilion, patterned after drawings i a British handbook. Designed b Leopold Eidlitz in 1846, Iranista was built near the New Have Railroad tracks outside Bridge port, Conn., for that master o exotic hyperbole, P. T. Barnum

Continued on page 4



Longwood Plantation, near Natchez, one of America's most unusual homes.

It's Sears Open Hearth
Family Room Furniture

Superb construction, 26-step finishing, and an outstanding price make it a great value.
We urge you to compare:

A collection of family room furniture is a major investment. Feeling nervous?

Don't worry. Sears Open Hearth Family Room Furniture is strength and beauty built to last.

Compare the heft and size of the kiln-dried northern white pine used to construct each piece. Note the generous posts and turnings. And the dozens of construction details that add strength.

Compare the finish. 26 painstaking steps have been taken to help bring out Open Hearth's satin glow and warm highlighting. There is no shorter method to bring out the beauty of pine and make it last. What's more, all tabletops are plastic laminated for minimum upkeep.

Compare the seat cushions and covers. The 7-inch urethane foam seat cushions have a 4-inch center core of extra-firm support foam that is sandwiched between 1½ inches of comfort foam for seating softness. And the covers are made from a 100% Olefin plaid that can really hold up to family room living.

Sears Open Hearth Family Room Furniture. Built and priced the way family room furniture should be. A Sears Best. Come see it now at most larger Sears, Roebuck and Co. stores.

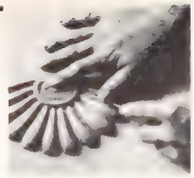
From Sears Open Hearth Collection

Only at Sears

Sears ✱ Best



Other pieces not shown: Game table, chairs, bar, bar-stools, recliner, platform rocker, 2-cushion sofa and many coordinated accessories.



Crafted in cherry by the hands of Harden.



The John Goddard Chest, reproduced from the classic design of a great Rhode Island cabinetmaker. For our 160-page catalog and name of store near you, send $3 to Harden Furniture, Dept. 14, McConnellsville, N.Y. 13401.

Harden

Makers of fine furniture since 1865



A GREAT AMERICAN IDEA

Now a National Historic Site, Olana is an astounding treasure trov The Islamicized interiors are one of th great triumphs of Victorian decoratio

Arabian Nights architecture

continued from page 38

It was really a live-in billboard for Barnum's outlandish Manhattan museum of oddities, and after it burned mysteriously in 1858, even the exact location of the property —somewhere under Bridgeport's urban sprawl—was forgotten.

Two similar Islamic country houses still survive, however, and both are open to the public. On Lower Woodville Road, just off the Natchez, Miss., bypass, you'll find **Longwood Plantation.** Longwood was begun in 1860, but the Civil War stopped work the following year. The partially completed house, now a National Historic Landmark, was opened to the public just a decade ago.

Longwood was designed by Samuel Sloan of Philadelphia, one of the first A.I.A. professional architects in America, and a monthly contributor to *Godey's Lady's Book*. One of his designs for *Godey's* was an extremely curious, octagonal house based on the widely publicized polygonal theories of amateur architect Squire Orson Fowler. To Fowler's octagonal plan, Sloan added his own fanciful Islamic decoration.

At Longwood, Sloan added an additional floor and enlarged the rooms, many of which are pie-shaped. Though unfinished, what was done at Longwood was done extravagantly; 2-foot-thick patterned brick walls, elaborate hardwood inlays, delicate decorative traceries. In all, it is one of the most unusual homes in America, and one of the very few of Fowler's crazy octagons left.

Much more sober and complete than Longwood is **Olana,** the s dio/home of Hudson River Sch painter Frederic E. Church. N a National Historic Site, Ol (2½ hours from New York C on Route 9-G, just south of H son) is an astounding treas trove of Victoriana. The ho stayed in the Church family u given to the government a dec ago, with the delightful result t not only have Church's home a furnishings been preserved, but t Persian costumes he used as pro his own wardrobe, and even all canceled checks are there. Th sands of his drawings survive, cluding hundreds of Olana itse

Thanks to these drawings, know more about the artis growth of Olana than almost a other building in America. T first plan for Olana was drawn Beaux Arts Society architect Ric ard Morris Hunt in 1867. But 1868, Church traveled to the Mi dle East for the first time, going far as Constantinople. When returned, he commissioned C vert Vaux—architect of Centr Park and Olmstead's associate— draw up a new, Islamicized versi of Hunt's plan. Vaux and Chur worked together on Olana duri 1870. The core of the house w finished in 1872, with a studio a dition in 1888. A massive blo it's architecturally distinguishe only by a rainbow of multihue Persian-patterned brick in re blue, and yellow.

Mrs. Church's cousin, Loc wood DeForest—who later starte the influential interior design fir of Associated Artists with Candac Wheeler, Sam Coleman, and Lou Tiffany—personally carved th

Continued on page 4



Olana, on the Hudson River, has fine Islamicized interiors with deco rative woodwork, as well as beautifully landscaped grounds.

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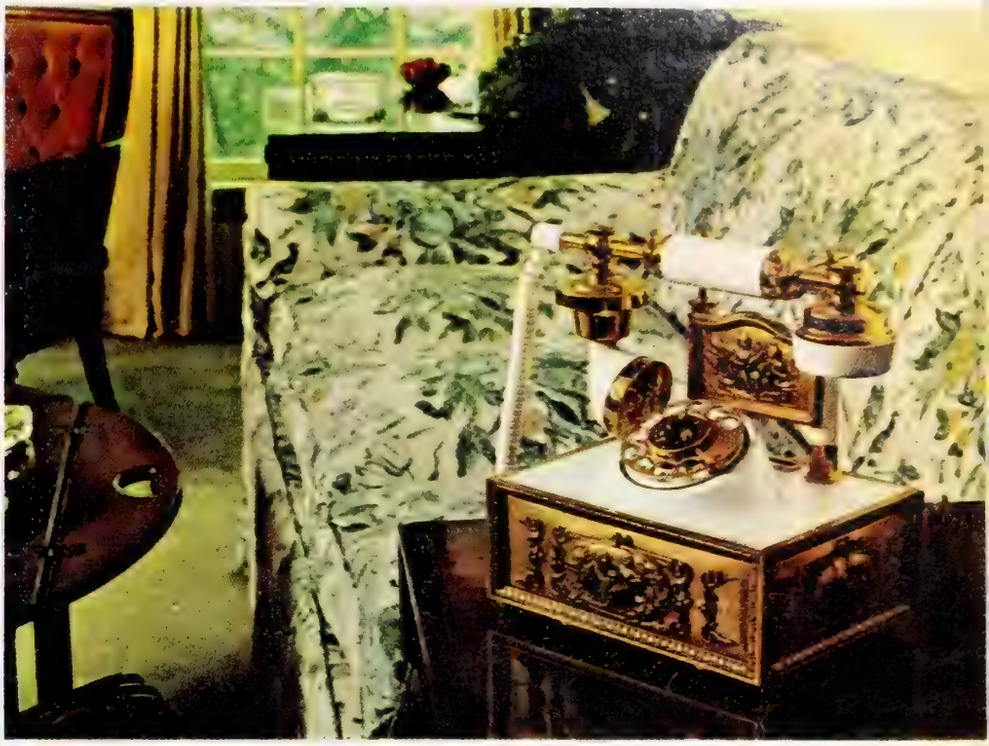




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The Mark Twain house in Hartford preserves a complete interior in the Islamic style, one in which a team of brilliant decorators were given free rein

Arabian Nights architecture

continued from page 40

decorative woodwork on the main level. DeForest's painstaking interiors for Olana are one of the great triumphs of Victorian decoration, a cornucopia of carefully executed ideas that are simply overwhelming.

And the grounds. Olana sits on nearly 400 acres overlooking the Hudson River. Nearly every inch was landscaped under Church's personal direction. There's a picturesque artificial lake that contrasts with the breathtaking river view, a winding drive from which the house is tantalizingly glimpsed through trees, a small formal garden of surpassing delicacy, and broad rolling lawns.

Indeed, nearly everything about Olana shows rare painterly sensitivity. The northern windows are amber, for example, to warm the cold light. And every object in the interior fits as into a stage set. Art historian David Huntington called Olana "a never-ending Church," and truly, it's more like a painting in three dimensions than a home. Frederic Church himself modestly called Olana "the Center of the Universe." And after a day there, you do start agreeing with him.

Church's cousin Lockwood DeForest and his Associated Artists also redecorated most of the **Mark Twain Home** in Hartford, Conn., in 1881, and happily enough, this house, too, has survived and is open to the public (off Interstate 84, on Farmington Avenue in Hartford). Part of a ritzy late-Victorian subdivision—Harriet Beecher Stowe's home is next door and also open to the public—Samuel Clemens's rambling Stick Style mansion was designed in 1874 by ecclesiastical architect E. T. Potter. There's lots of polychrome decoration and outlandish carving similar to that of Olana, but none of the patterns are particularly Islamic.

Associated Artists, however, gave the Twain house mosque lamps in the hallway, ceilings crisscrossed like medieval Persian mosque doors, and exquisite silver-metallic wall stencils on pastel backgrounds that might have come right from Isfahan. The remarkable Twain house happily preserves a complete, professionally decorated interior in the Islamic Style, one in which cost was no object and a team of brilliant decorators were given free rein. It's fascinating Victorian decoration.

While you're in Hartford, there's another landmark to drive by. This is a gigantic sky-blue onion dome on Doric columns that caps the **Colt Arms Factory.** You get a perfect bird's-eye view of it from elevated Interstate 91.

TAYLOR-CONSTANTINE



Carved porch in New York, a good example of 19th-century vogue.

Lockwood DeForest worked in Manhattan as well as Hartford and Hudson. And at **7-9 East 10th Street,** one of the most curious relics of Associated Artists survives. In order to supply Islamic Style ornaments for wealthy clients, DeForest went to India and found artisans who would carve to order. Then he prepared a catalogue by photographing porches, decorative screens, etc., in New Delhi. His American clients could order duplicates, as well as custom designs.

On East 10th Street, there's a marvelous enclosed Indian porch on the second floor that's a perfect match for a porch in DeForest's New Delhi catalogue. All the windows and doors are rimmed with carved wood decoration. Another of these Indian porches used to be in the East 60s, and another at Madison and 75th. But only the one in the Village remains. Curiously enough, Lockwood DeForest's priceless monument is not protected by Landmark status.

Also in New York City, notice the top of the twelve-story **Union Building** at 33 Union Square West. Instead of the usual Academic

Continued on page 230


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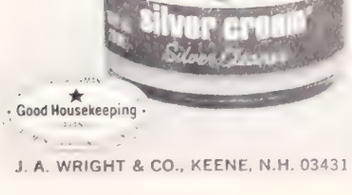
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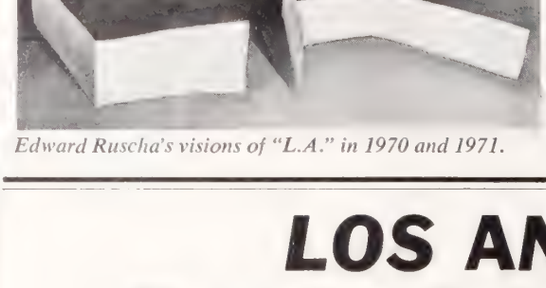
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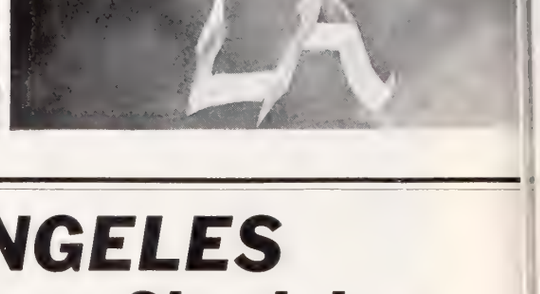
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Edward Ruscha's visions of "L.A." in 1970 and 1971.

LOS ANGELES
Enjoying Culture Shock in a few glorious days

By Nancy Richardson

For many visitors, L.A. is a startling experience. The city has no center in spite of having a downtown. Most of the 460-square-mile stretch of basin is paved over for king-car, and nowhere does the eye rest peacefully on architecture that obeys the rules. Forget all that. Los Angeles offers a visitor one of the unique thrills of travel, the opportunity to experience a way of life and beauty joyously different from European and eastern American ideas. A sense of the ridiculous, a love of the fantastic and the child-like will help you see the city's uniqueness. An ease with paradox and irony will light up even the most baffling strips of Pop architecture.

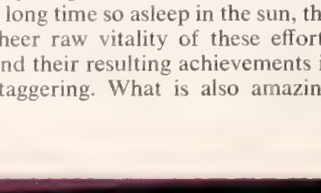
Try to imagine that what one could consider a drawback just might be an asset in disguise. Why, for example, should L.A. have to center around its downtown? Is it so awful that a car culture makes it possible to visit friends 30 miles away at the drop of a hat? Why should a house have to sit on acres of land surrounded by lawn and park? Why not fit swimming pool and tennis court onto a quarter-acre chock full of the most fragrant citrus trees, live oak, or eucalyptus with grass-space bricked out or appropriated by no-maintenance "ground cover"? Isn't it odd to think that without water this basin would be a desert, but with water almost anything can and does grow here?

From Pasadena to Santa Monica countless little communities stretch from mountains to the beach. Some were winter resorts built in the twenties. Some are the sunshine settlements of lower-income migrants from the Plains States come here in droves to live easier lives. Other settlements were the residential enclaves of the movie business. Beverly Hills, for instance, was started by a Los Angeles oilman, Burton Green. He bought what is now Beverly Hills, which was a big Spanish rancho, thinking he'd drill oil on it. After getting three dry wells, he decided to subdivide it and brought in a French landscape architect, who designed the city with wide, tree-lined streets. Later it gained popularity with some movie bigs who felt Hollywood was getting junky.

The late fifties and the sixties saw the building of the cultural institutions that distinguish a city from a resort. One of the most engaging stories to follow is how all that building and growing has come to pass. The issues churn: how politics affect the choice of sites, the raising of money, the debates over architecture, the rivalry among the communities for the credit and the power. The story's only half told and what's happened isn't all marvelous. But for a city so young, so western, and for such a long time so asleep in the sun, the sheer raw vitality of these efforts and their resulting achievements is staggering. What is also amazing is to follow the impact of vari benefactors on these public inst tions. Some are the conglom teurs of the sixties, who in rou often existentialist, cowboy-fa ion left their mark, finally not different from what happened the East after 1850.

Another theme that r throughout is the effect of the m ies on local life. Many visitors haunted by a feeling that they seen all this for the first time at movies in the fifties and more cently on the Late Show. They

L.A. imagery seen in the work of the artists who have a feel for its ephemeral quality was the best tour guide I found



"Beach Umbrella" by David Hockney.

right. It's all out of the movi And the movies find constant i spiration from L.A. life.

Second to the double takes is t impression that the mile-on-e stretches of commercial strip we all put up in imitation of Cla Oldenberg. Some of Oldenberg funniest and most whimsical P objects simply pale beside L.A for-real, lowbrow, high-Pop arch tecture. What remarkable creati ity produced a way of life—n just art—that happily embrac restaurants in the shape of bowl hats, doughnuts, and hamburge two stories high and in glorio 3-D to advertise the tiny utilitaria restaurant boxes beneath! "Ov size" is one of the chief characte istics of Pop Art and a look at th billboards along Sunset Str makes you think Pop was invent there.

To tour this newest form of ci with most of its monuments and i stitutions still in process, I first g a good road map and rented a com fortable car. Then two book

Continued on page 5

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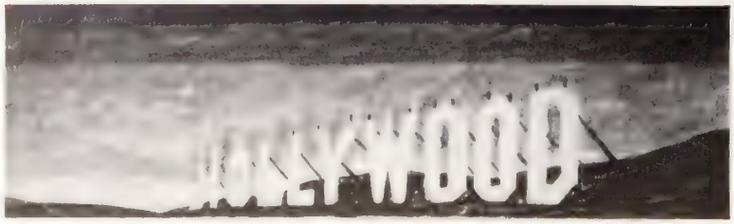
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Los Angeles

continued from page 54

helped set my thinking. *Power Shift* by Kirkpatrick Sale refines the old story of the poles of power formed by the Yankee of the eastern establishment and the cowboy of the southern and western states. What he says about Los Angeles gives an idea of how much action is coming out of this new city, which will never ever be—or want to be—like the cities that grew up in the East. The second book is written by Reyner Banham, an English architect, who by all rights should deplore L.A. as the end of civilized life, but has instead turned his powers of perception to explaining and loving it. *Los Angeles, the Architecture of Four Ecologies* is available in paperback and has a picture of a painting by the English painter David Hockney on the cover. *Splash* shows part of a motel, a palm, and the motel swimming pool where all that's left of a diver is the splash as he's gone into the pool. The perfect illustration. Banham chronicles the quirks of the four different environments he finds in the L.A. basin: beach, foothills, flats or plains, and the world of the freeway. He also lists, describes, and sometimes provides pictures of the best of Pop architecture—the choicest hamburger stands, the best billboards, as well as various Frank Lloyd Wright houses and other seriously considered work by a group of California architects that include Richard Neutra, Charles Eames, R. M. Schindler, Craig Ellwood, Victor Gruen. He treats Disneyland as the original wonderful example of fantasy architecture.

In addition to a good street map of Los Angeles, there's an illustrated picture map (in the style of Milton Glazer) that is good reference for various landmarks. Beverly Hills Stationers, 422 North Beverly Drive in Beverly Hills, carries the poster map and Hunter's Bookshop on Rodeo carries both *Power Shift* and the Reyner Banham paperback.



"Hollywood," lithograph by Edward Ruscha.

"Oversize" is a chief characteristic of Pop Art and a look at the billboards along Sunset Strip makes you think Pop was invented there

Day One

The Pasadena Museum now has a sign on it saying the Norton Simon Museum of Art—straightforward evidence that a community-supported museum, known for remarkable shows of contemporary art during the sixties, fell on hard times like many an undercapitalized but brilliant small business. Finally it looked to a big conglomerate to bail it out. Norton Simon, a takeover genius in business, acquired the ailing Pasadena Museum as a conglomerate acquires subsidiary. Though many peo bemoan the demise of the muse as a focus for contemporary art the West, the public is still in fo considerable treat when it g there. If you can get hold of a Jo Coplans article written for *Artf um*, February '75, you'll be able judge for yourself the points t have stirred the whole L.A. community. The architecture the newish museum building, H-shape with circular galleries the end of each arm, is somethi about which people argue endle ly, as is the nonexhibition of co temporary art. An important p Simon legacy, a collection that b longed to Galka Scheyer, is still place. A German child psychol gist, Scheyer, befriended and re resented four German artists Feininger, Klee, Jawlensky, a Kandinsky, and called them t Blue Four. Apart from some of t most important paintings done this group, there are letters writt by Feininger to Galka Schey which he illustrates with some the most charming watercol drawings I've ever seen. Th comes the well-known and no beautifully installed Simon colle tion. One can see the entire m seum, if superficially, in an hou

Continued on page 6



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AMERICAN DREW, INC.

Los Angeles

continued from page 56

Close by on Colorado Boulevard are two places to have lunch.

The first one you come to is Ernie's, a no-frills Mexican place where cactus murals, indoor arches, and old-fashioned drugstore booths set me up for their version of a tostada. I ordered tostadas, as light as certain salads, all over Los Angeles, because they are both hot-spicy and hot-warm (in places). Tostadas are tortillas mounded with a choice of hot ground beef or beans, guacamole, shredded lettuce, diced cheese, olives, and a "salad dressing" of Mexican hot sauce. Just a few doors down the street is a large Mexican tiled restaurant, Emiliano's, which occupies an old grocery company. Its food is free-style Mexican, and one of the freest and most delicious adaptations is its seafood tostada. Seafood is substituted for the conventional beef, chicken, or beans. After that, flan is the perfect slip-down bland dessert.

At the other end of Pasadena in San Marino, is California's answer to the Frick Museum in New York. Of the period and look of the Frick, the Henry Edwards Huntington Library and Art Gallery has the added advantage of being set on 200 acres surrounded by remarkable gardens. Huntington was a businessman born in the East in 1850. Part of his family had already done well in hardware and railroads all over the country, including California. Looking after the California interests for most of his life, he began to collect in his last twenty years. Like Norton Simon, he bought some very famous paintings in Europe, paid famous prices for them, and brought them home to California. Two of these paintings are in his collection of English portraits.

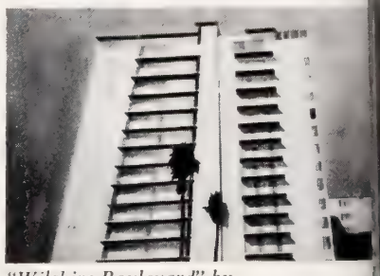
Pinkie by Sir Thomas Lawrence is a straightforward portrait commission Lawrence did of an English child whose grandmother lived in Jamaica and wanted a picture of her. Gainsborough's *Blue Boy* was apparently painted for his own purposes, perhaps in illustration of a point he wished to make to his contemporary Sir Joshua Reynolds, who is supposed to have said that it was not possible to do a good painting using blue as a central color. Apparently Gainsborough was a great admirer of Van Dyke and the blue costume was a Van Dyke costume Gainsborough kept in his studio. The boy was the son of a friend. The same costume appears in other portraits where sitters wished to appear in fancy dress.

Another impressive building is the windowless palace that houses Huntington's book collection. Its best known manuscript is the Ellesmere Chaucer, the most elaborately illustrated of the manuscripts of the *Canterbury Tales*.

Fifteen minutes from the Huntington, a short drive by California standards, is Chinatown, one of L.A.'s few old-fashioned, family-oriented communities. It is also in the shadow of the steel and glass business towers of downtown and within blocks of the Music Center.

Part of Chinatown exists to take care of its own Chinese population. Other sections exist for visitors, and as such make a rewarding "tourist attraction." If you saw *Chinatown* with Jack Nicholson and John Huston you probably got a feeling for its vitality and mystery. The shops are funky, junky, and charming, and full of marvelous food-finds and house-finds. In the novelty stores, there's maybe only one good item, a black cotton mandarin jacket, perhaps, or thick-soled flat thong sandals. Packages of dried things stagger the imagination: cuttlefish, cod, lilies, cabbage, Chinese style sausage, sharks fin that looks like a sponge. It's the Chinese answer to freezing. All these ingredients need is a little hot water to simmer in and they come alive. The seemingly endless assortment of noodles reminded me that the Italians have no monopoly on pasta.

Many visitors are haunted by a feeling that they've seen all this for the first time at the movies



"Wilshire Boulevard" by Edward Ruscha.

Parking is easy at the Music Center no matter how close to curtain time you arrive. But go in plenty of time so you can explore L.A.'s Lincoln Center. The idea of send-in-your-money and name-your-building worked here rather successfully since the three buildings are geared to the needs of the various performing arts. The three theatres share a common plaza that's filled with fountains and pools. It's a high place, always breezy, with a wonderful view of the city. It's exciting to be there whatever you think of the architecture. The principal building is

Continued on page 62

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Pella

Los Angeles

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the Dorothy Chandler Pavilion. This is where Zubin Mehta conducts the L.A. Philharmonic Orchestra in the winter. Everywhere—on a marble slab in the plaza, on walls indoors and out, on the backs of seats, and in the special circle created for them—the Music Center recognizes its founders and benefactors. The Mark Taper Forum is a smaller hall, round and bordered by a pool. It gets chamber music and repertory theatre. Behind it, the Ahmanson Theatre has special films and dramatic productions on a smaller scale.

Day Two

The Los Angeles County Museum, LACMA—the MOMA and the Met of Los Angeles—sits on Wilshire Boulevard midway between downtown and Beverly Hills. If you've driven along Wilshire to get there, you realize that though L.A. has a downtown of skyscrapers, the real downtown of the place lines this famous street and goes for about 16 miles. With the Music Center fresh in my mind, I was very curious to see how this 3-pavilions-on-one-base complex would work. The politics and the financing of the museum are plain in its layout: three separate pavilions each one with star billing. Ahmanson Pavilion houses the museum's large permanent collections. Of the permanent collections, many people consider the school of Paris and the Oriental and Islamic strongest. The contemporary collection is Pop-heavy, which is the permanent atmosphere of Southern California. The Hammer Gallery houses contemporary art on its third floor and on the other two has the temporary exhibitions that keep people coming back to see what's new.

The Farmer's Market on the corner of Fairfax and Third, just back of LACMA, is part a produce mart and part a Disneyland of serve-yourself restaurant stands. The whole market is a mixture of sun and shade. It's not roofed over, but the various stands have generous overhangs. Walk around for a while first to stake out the extent of your temptations. Funny 20-year-old metal garden tables and chairs or long boardinghouse tables provide an informal lighting place when your tray's laden with lunch. Choose from a Texas barbecue beef sandwich, a perfect bowl of Texas chili, seafood salads, Chinese dishes, Mexican enchiladas, tacos, tostadas, fresh juices, pineapple slices, cheese blinis, homemade candies (mercilessly represented by varieties of fudge, pralines, and the lowest and most delicious of all: rocky road by the yard). Stay away, if you can. Another pitfall: strawberry shortcake made with fresh strawberries and soft ice cream. Lunch will not be inexpensive, since having a little of everything is the fun of it. Drunk on food, I left the shank of the day for seeing galleries, an art publisher, and the new Pacific Design Center, all close by.

Though the inspiration for so many contemporary artists comes from the look of L.A. and many artists live and visit here, L.A. is not really a city where people come to buy art. As a result, a handful of galleries dealing in contemporary art and as many dealing in other periods hold forth in a very informal way. There is no equivalent for Saturday at the galleries in New York. The sun shines too often and no art seems to compete with that. Margo Leavin has a gallery at 812 North Robertson where there is a monthly show by Californian and other artists. The James Corcoran and Nicholas Wilder galleries on Santa Monica are run very informally, without the pressure of a monthly show.

A one-of-a-kind art stop of a slightly different sort, Gemini is an art publisher at 8365 Melrose. Here every year new editions of silkscreens, woodcuts, lithographs, and more emerge by contemporary artists from all over the world who come to work for a week or two with Gemini's master printers. When you walk in the door, there's a small exhibition space that shows the most recent series Gemini has produced. There are also sliding wall panels showing what's still available of past series. The fun to be had, however, is to ask to see slides of the work of an artist who interests you. Impresario and one of the two Gemini partners, Sidney Felsen, will lovingly talk of art and what's happening to Los Angeles while showing slides—with time out for shepherding Mark di Suvero where he wants to go or making sure David Hockney has enough stones to draw on, or that Ed Ruscha's new series of what he calls "cheese trails" are proofed properly. It is all the activity in the large sunny studios behind the gallery that spills over to the front and makes one feel close to art-in-progress. Open daily 9:30 to 5:00, Saturday until noon.

Most people, no matter the age, are wearing jeans and most everyone is in good shape

Day Three

Beverly Hills packs in more bou-

Continued on page 231

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Wall's system: The basic building board

WHY CHILDREN MUST BUILD

An interview with Don Wall, professor of architecture, on bringing creative building into the classroom. Parents should be aware of the value of architectural learning programs for children

By Beverly Russell

DON WALL



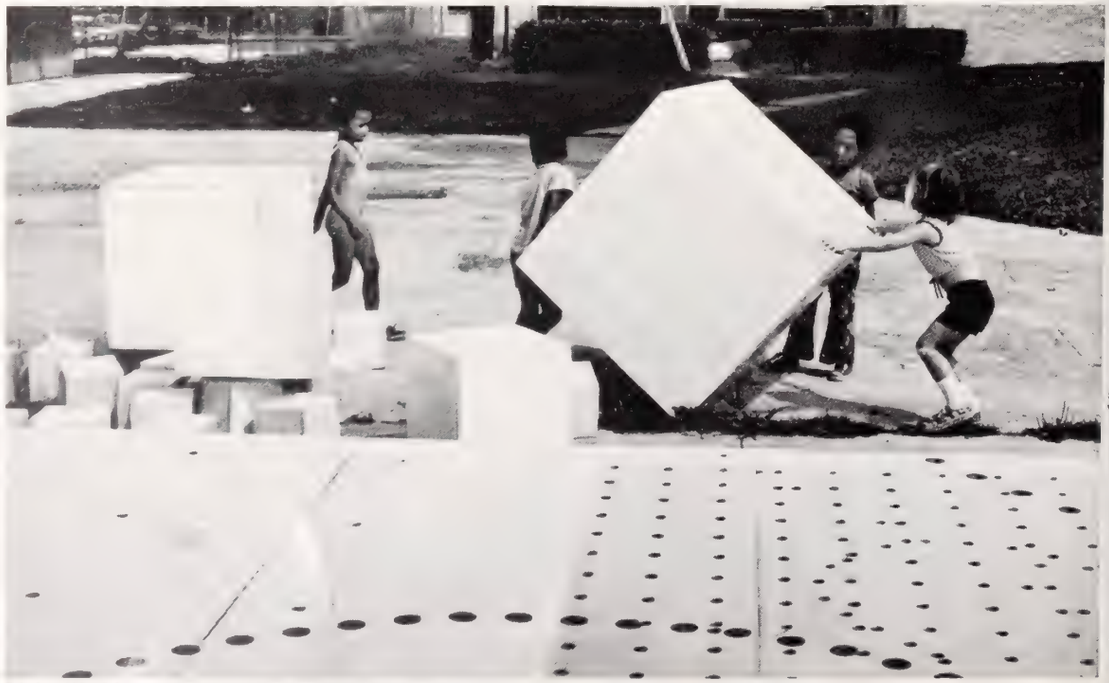
Children start building by inserting poles

Making a place in the world for ourselves is so important and basic to us that we start to build around age two. And from then on we continue to map out territories—in the nursery with building blocks, in playground sandboxes, and on beaches. Children in the country near fields use wood, rocks, and earth to construct their houses. They create private places in bushes, build decks in trees. And even in the city, with its limited open space and natural building materials, children make structures out of cardboard boxes, tires, and other "discards" grownups no longer need. Today biologists recognize space manipulation as an innate form of adaptive behavior, emerging early, perhaps right after birth, when an infant shovels blankets around to make the crib a more comfortable home.

Unfortunately, as a child grows, a lot of this building instinct is gradually stifled. In our educational system we quickly replace "childish" building blocks with books, pencils, and loose-leaf paper. A youngster's attention becomes focused on the desk or table top, rather than the large environment. Learning about materials, colors, and shapes is fragmented into "shop," "crafts" and "art"—although all three come together quite naturally in the single process of building. Emphasis on order (from parents) or homework (from teachers) discourages free play—experimenting with clothespins, chairs, and blankets to make forts, for example—indoors. Yet child psychologists for some years have reported that engaging in constructive work is fundamental to developing intelligence. Children stretch their minds by *doing*. They learn about themselves, about life, by *physically* putting things together.

Don Wall is an architectural rebel with a cause. He practiced architecture for many years in Canada, and has taught at several universities in this country. More recently,

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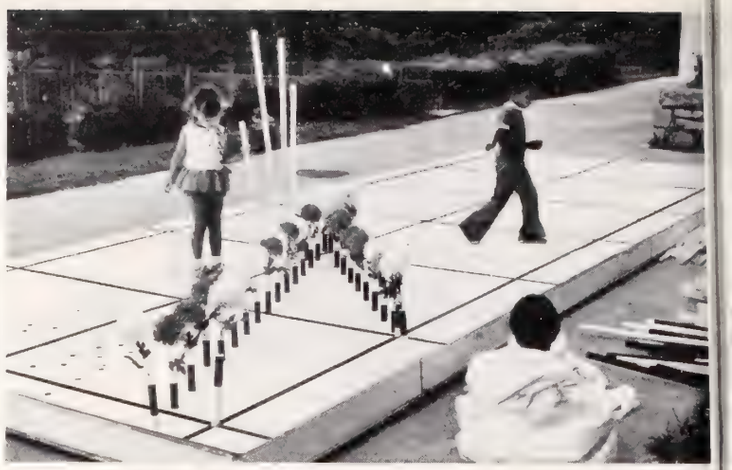


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Stage one: Building a flower house DON WALL

Why children build

continued from page 66

he gave up design work to set up early-learning architectural programs for preschoolers. His methods are now in use in day-care centers in New Jersey and Maryland, and have been incorporated into the undergraduate curriculum at the New Jersey School of Architecture, where he teaches. His major purpose is to help city children relate to the built environment. "We've got to take the mystique out of architecture," he says. "Only when more people know more about building will our cities be improved. This means bringing architecture right into kindergarten routines."

Psychologists say that constructive work is fundamental to developing intelligence

Don Wall's teaching vehicle is astonishingly simple—a large wooden platform punched with holes, rather like a giant-sized cribbage board. There are poles for children to fit into the holes, cardboard boxes of varying sizes—light enough to lift, strong enough to sit or stand upon—and fabric sheeting to fix onto the poles with plastic rings. With this equipment, a variety of shelters can be constructed, and experiments developed. Teachers who have used this method observe how a city child's ability to think about space and color remain seriously underdeveloped in the normal course of preschool activity, but also how quickly this ability can be vitalized and educated through organized visual and physical exercises. "First attempts to build are like scribbles," observes Wall, "yet in only six weeks 4-year-olds build incredibly complex color-coded environments and classrooms to sit in."

Constructing lets a child exercise all the senses—feeling textures, visualizing how things interlock, watching the play of light and shadow within an enclosed space. All this stimulates the brain. It is only in such a multisensory situation, declares Swiss educator Jean Piaget, that the intellect grows, that the mind is able to grasp disciplines of thought, and proceed to higher levels of understanding. Limited tactile experience, Piaget and Maria Montessori discovered, leads to lagging social, emotional, and intellectual growth. One obvious result of sensory restriction and the lack of outlet for building is the graffiti and vandalism in urban areas across the country now. The biological urge to interact with the environment is being expressed, but channeled into negative action. How easy it would be to turn this high-voltage energy around and use it positively—if more building programs were incorporated in our schools.

"I feel a lot of our problems in the city result from people being at a very rudimentary level of environmental understanding. Our fixation for bolts and locks may indeed go beyond physical security. When you bolt the door you abandon what's outside the door, and you secure what's inside, which is all you can control," Wall reasons. How does such anxiety about his surroundings affect a child? We know that although children possess a natural inquisitiveness, youngsters who are told repeatedly to keep quiet and not bother anyone with all those "silly" questions, eventually stop asking questions of any kind, and become "intellectually burned" despite the fact that they may be potentially bright. To Wall's way of thinking there is the "environmentally burned" child too, who develops fear of his surroundings and retreats into his own little room—remembering not to touch, move, or paint anything—with television as the major link with the outside world. "It's the only scene he knows how to control. How many city children know how a door works, how a wall creates privacy, what a tunnel is? The

Continued on page 70

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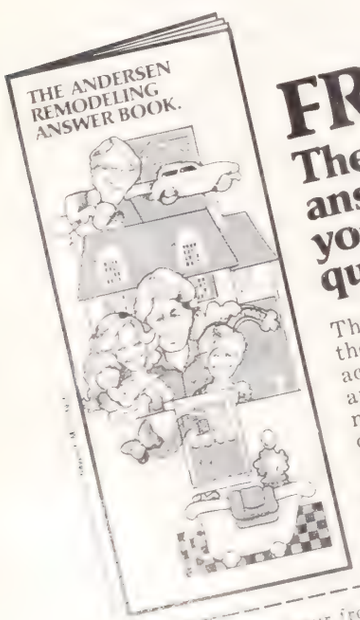
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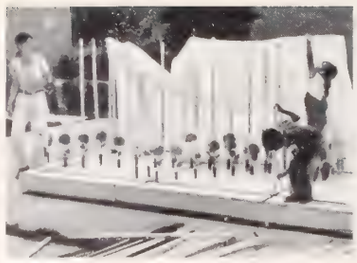
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Stage two: Walls for flower house



Stage three: Flower house completed

Why children build

continued from page 68

only way children are ever going to understand these matters," says Wall, "is if they are given the instruction, the encouragement, the opportunity, and the materials to go ahead and create them."

Building in a classroom situation not only offers insights into the environment, but also provides a multitude of mental and social experiences. Children develop memory, orientation in space, color relationships, a sense of shelter, adaptability, flexibility. They also absorb a lot about group behavior, the politics of sharing, and team effort. Don Wall has often observed children arguing about whether sheets in his system are "walls," doors," "roofs," or just plain "sheets" for the "beds." "They learn that this piece of fabric is universal, that it has many definitions. What a wonderful thing for a child of four to understand. From there he can begin to ask all kinds of questions. Should a church be one big room above ground, or can it be, say, a series of little rooms underground?"

If the natural childish desire to build can be expanded to encourage experiments in all kinds of structures—bridges, airports, megacities, offices, schools, hospitals, tunnels —who knows what could follow? Children given the task of reconstructing their school near Paris recently produced a plan with every room curved. Do such designs have qualities that respond to the needs of all humans? We shall only know how to make buildings work best for people if we make a connection with architecture at a very early age and have it *sustained*. Various tests and studies show that children are much more sensitive and creative than grownups. But around age 11, a transition takes place. The child moves from being inventive to being inert. This is child psychologist Luquet's famous "stage of realism," where the child attempts to *preserve* adequate representations of existing reality. He accepts that things are "fixed" and that the selected few "creative" people will be active while the majority remain passive. He acquiesces to the popular theory that environmental problems are so complicated that only a few people over 18 and preferably over 40 can cope with them.

Children given the task of reconstructing their school recently produced a plan with every room curved

Wall's theories suggest that by educating children to build, by encouraging architectural activity in schools through all grades, we will educate children to be more sensitive, artistic, and intelligent, better at communicating, making decisions, and creating communities. Wall's architectural program is a beginning. Will architects, teachers, and parents see that it is implemented and developed? ■

DON WALL



Architecture class in child-built classroom



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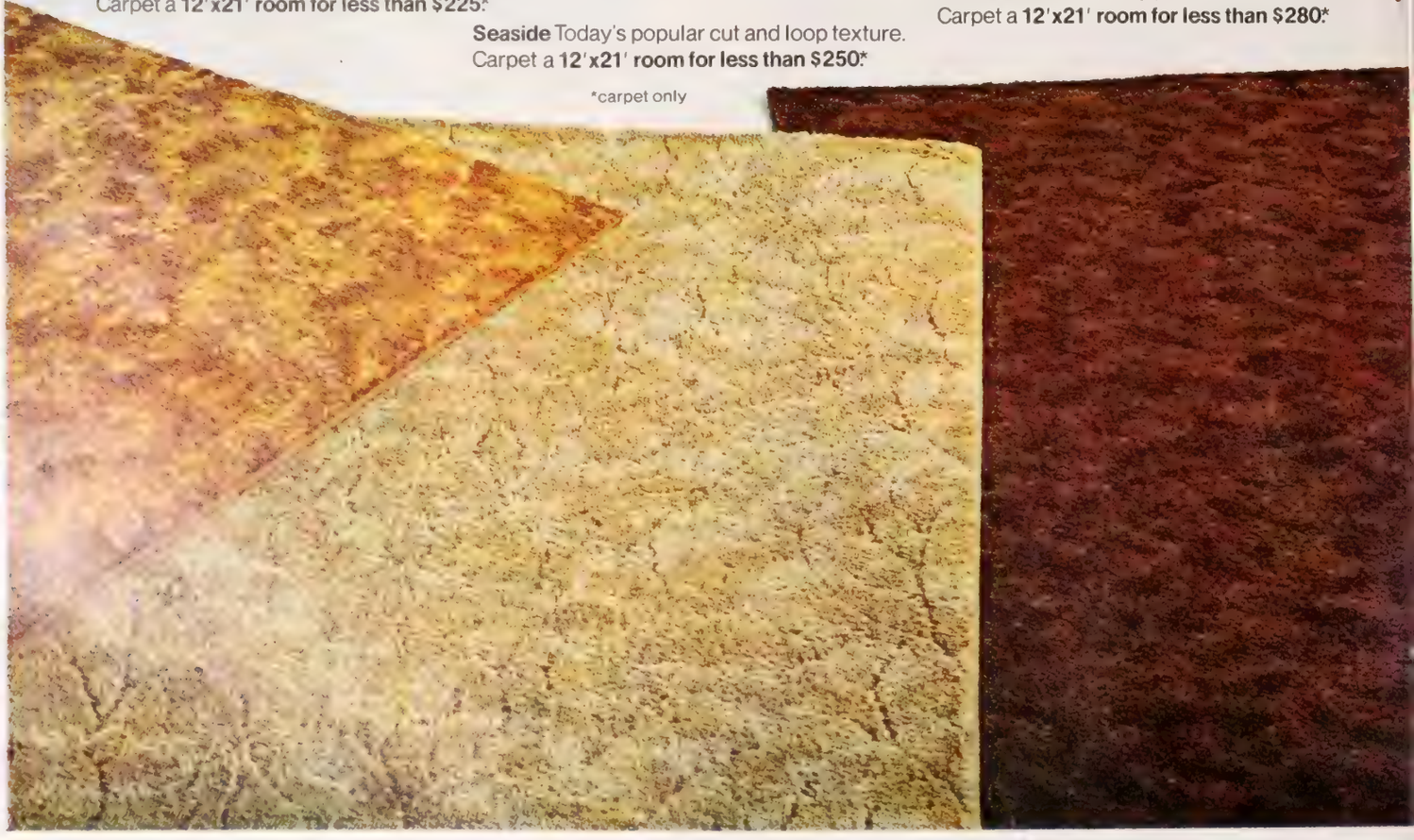
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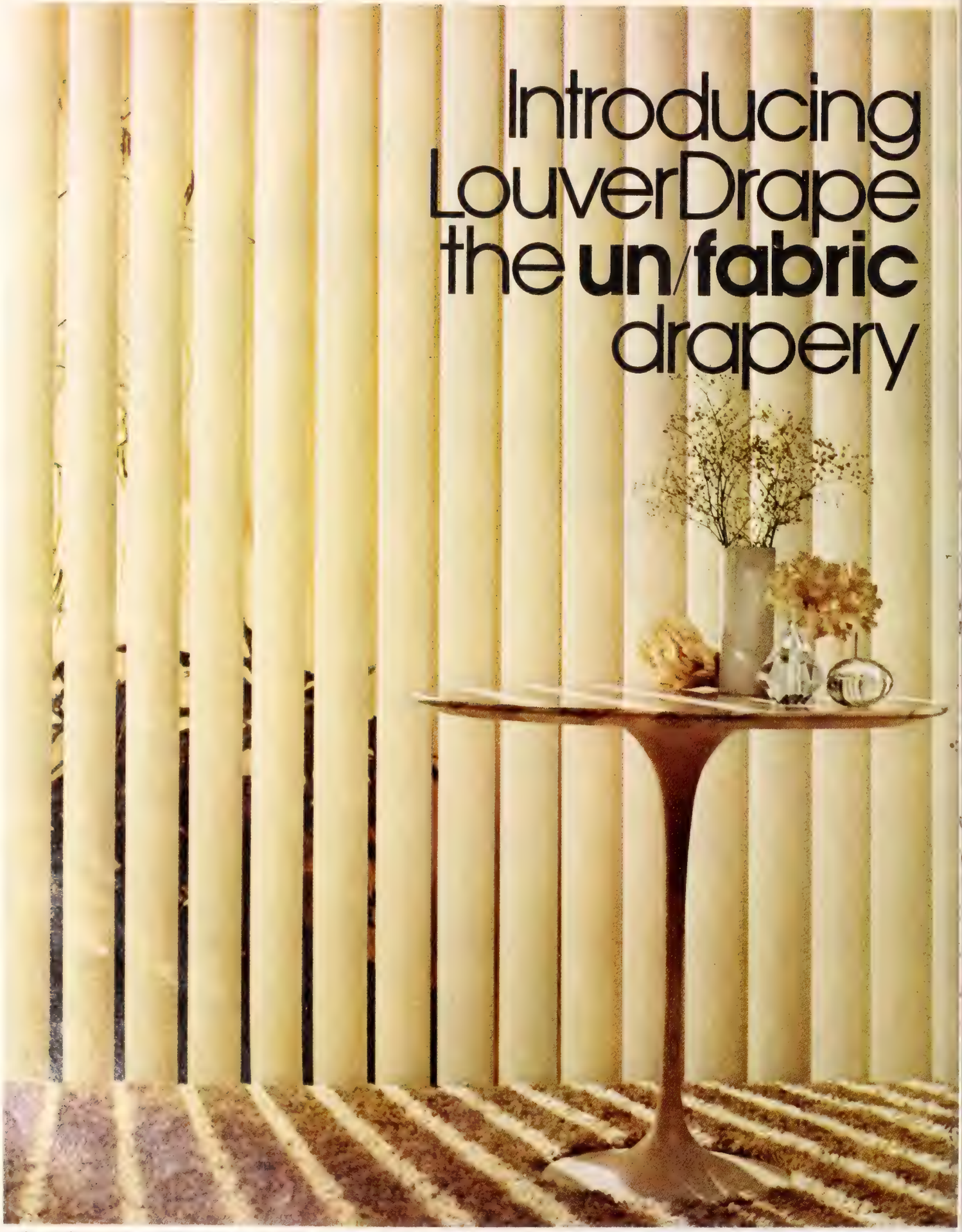
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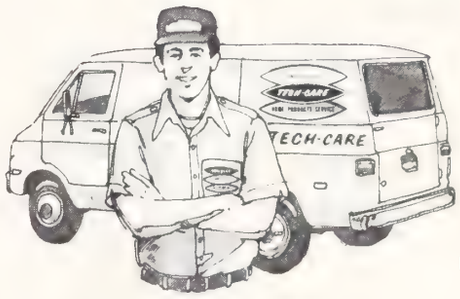
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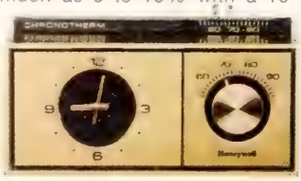
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AUTO SUGGESTIONS

Car buyer's check list

plus the low-lead law and the diesel alternative

By Mary Elizabeth Falter

Choosing a car

Buying an automobile is a major investment at any time, but today it's more important than ever because the automotive world is undergoing significant changes. The fuel crisis has had a profound effect on every aspect of automobile design; smaller bodies and economical engines have been developed, and there are legal restrictions that alter the use of fuel. Some old familiar makes are hardly recognizable these days, and it means that there is more to investigate to make a wise selection.

Consider, in addition to fuel economy and price, just what your car will have to do. If you have several children and the Little League to chauffeur, go camping or sailing in the summer, and have a large dog, you may need a station wagon even though it burns considerably more fuel. The lone woman or a wife driving a second car mostly in the city may need a compact that's zippy in traffic, while someone driving on highways and turnpikes regularly will do best in a heavier car. Another special category—people who live in the deep country, especially where winters are heavy. The best vehicle for them is a front-wheel-drive car—(Audi, Subaru, Fiat, Cadillac Eldorado, Oldsmobile Tornado, and others) or the all-purpose 4-wheel-drive car (Wagoneer, Scout, Blazer, jeeps of several types, and others).

In order to gauge the prices of the cars you're interested in, read newspaper and magazine advertisements. They rarely give you the specific price, but you can get an idea by watching newspaper classified advertising for *resale* prices of cars selling within the current year. (You may see that model X consistently resells for more than model Y, though both sell new for the same price.) Then start checking reliable dealers for more information. Remember that the price dealers quote usually doesn't include tax, registration, or many options, particularly on domestic models. But it saves shopping time and helps narrow the field. It is wise to know as much as possible *before* you enter the showroom.

A check list of points to consider when buying a car:

1. Fuel economy: Most dealers give customers accurate information about each car's fuel consumption.

2. Comfort: Only you can define comfort for yourself, so be sure to test-drive any car you're considering. Check seat comfort, head and leg room, easy responsive handling, and engine noise. Check trunk space—not exactly a comfort, but a very necessary convenience.

3. Safety: Try to evaluate the quality of the overall engineering. Does the car vibrate or sway on the road? Are doors well constructed and do they close firmly? Are there any special safety features? You should also get the overall body weight, which will give some indication of the strength of the structural metal. Front-mounted engines are considered safer, as they can act as shock absorbers. And some makes have reinforced driver compartments and engines that move down and under the chassis upon impact. If a car is being used to transport children, get rear doors with auto. locks. Finally, always check the dealer's chart for braking time from 80 miles per hour to a stop.

To evaluate any car properly, you should insist on a "test drive" or demonstration privileges beyond going around the block. The car should run through its paces on rough and smooth roads, be checked for acceleration in traffic, and particularly for sudden starts from a stop sign or red light on a steep grade.

4. Power: Be sure you buy a car that is adequately powered for its size, for snow driving and for pulling extra weight. Also remember air conditioning adds weight and cuts engine efficiency. Individual rear-wheel control, an extra power boost for a stuck wheel, shifts *all* the power of the transmission automatically to free the wheel, thereby allowing it to help release the car. General Motors calls this Positraction and at Ford it's called Traction-lock. Such rear-wheel control is available in many domestic cars. Again, check the dealer's chart for acceleration time from a standing start.

5. Options: If you're concerned about resale value, avoid fancy gadgets—they add up alarmingly,

Continued on page 80

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All 1976 and 1977 automobiles must have low-lead gasoline . . . using any other kind of gasoline fouls the system and is illegal

Car check list

continued from page 78

and the next owner may not want them. But certain features, such as air conditioning and automatic transmission, most people do want. Even if you don't care about them, they add to future resale value.

6. Resale value: Try to select a car that has a good resale value. As resale is based on supply and demand, there's no definite way to determine this. First, try to project the value 2 years ahead. Turn to the classified section again and see what a 2-year-old automobile of the make you are interested in is selling for today. And try to find out which makes are selling well today new in the retail market. You can be reasonably sure they'll still be doing well in 2 years.

Seasonal notes

When to buy an automobile is important too. There are bargains to be had just before the new models come out, when leftovers and floor models are sold at substantial reductions. If you are planning to keep your car 3 or 4 years (as in the case of an expensive model), buying at this time makes sense. On the other hand, if you buy a sale car and turn it in at the end of two years, you must take a 3-year depreciation for only 2 years of driving. The longer you drive a car, the better, as the greatest depreciation is in the early years of a car's life. Some feel it is wise to let a new model (one that reflects major design changes) "settle down" a bit before buying. Let the other drivers see if there are any bugs in it. A good time to buy a car is about halfway through the model's first year.

The low-lead law

All 1976 and 1977 automobiles must have low-lead gasoline to keep their catalytic converters (for emission control) operating cleanly. Using any other kind of gasoline fouls the system and is illegal. Low-lead gas pumps have small nozzles to fit correspondingly smaller tank openings in the '76-'77 cars. It is virtually impossible to fill the tank with a larger pump. Low-lead cars are clearly marked "low-lead gasoline only" on the dashboard or gas-tank flap.

Why diesel?

Several automobile companies have indicated their interest in manufacturing diesel-fueled cars within the next few years, but Mercedes-Benz has been making them for 40 years. Originally designed for long-distance driving, the 4-cylinder model (which has sold over 1,500,000) has given the company great diesel-engineering experience. Its new 5-cylinder model will give 28 to 29 miles to the gallon on the road, and 21 in town. Diesel fuel is about 10 percent less a gallon; but the principal advantage is getting a luxury automobile with high mileage per gallon and an engine that is far simpler and easier to maintain than the average gasoline-powered engine. It has no fussy ignition systems, no spark plugs, condensers, carburetors, or distributors. The part that isn't there never has to be replaced, and this engine never requires tuning. Diesel fuel is clean-burning, and is consumed so efficiently the car doesn't need an emission-control system. The on drawback is lower horsepowe though it has been stepped up the new 5-cylinder 300D. Dies fuel is readily available all ov the country.

Just in case

Every car should carry emergenc equipment. It's important to hav a first-aid kit, *two* fire extinguish ers, jumper cables to revive a sic battery, a tire inflater, flashligh and emergency flares or reflector Add a few basic tools—a plain an a Phillips screwdriver, wrench and a good pair of pliers. Som clean cloths are helpful when th distributor head or any of the con nections get wet. A good jack tha is right for your car and a lengt of stout rope or chain for an emer gency tow are also essential. A lu wrench, which helps remove th wheel from the hub and the tir from the wheel, is useful too. I winter, add an ice-scraper, a shov el, and a sack of sand in the rea compartment over the bac wheels. The weight will help you traction and if you run into ic you have the sand to throw on it. ■

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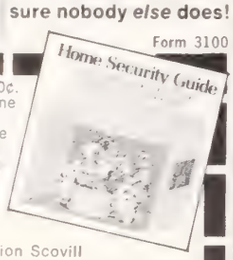
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WINDOW DRESSING—HOW TO REGLAZE

By Deanne Raffel

The baseball fan in your house just sent a ball flying through a window. Don't get upset; *you* can replace the glass if you follow these instructions.

Protect your body from sharp fragments—cover eyes with goggles or glasses, arms with long sleeves, and hands with gloves. Place newspaper over the window sill. Carefully pull out the glass remaining in the sash. Glazing compound that covered the perimeter of the pane also must be extracted. Use an old chisel or screwdriver to help loosen and chip away the rock-like putty. Heat applied with the soldering tip of a torch or an ordinary soldering iron will soften the putty and facilitate removal. Take care not to damage the frame. Glazier's points, small triangles of metal that hold the pane in place, will be exposed when the compound is scraped off. Pry the points out and lay them aside to be used again. If any are lost, new ones can be purchased at a hardware store, along with the glazing compound.

If the glass is cracked and not in jagged pieces, first remove the putty and then the glass. Now brush out debris left in the sash groove—it must be completely clean for new compound to adhere properly. Coat the area with linseed oil or an oil-base paint.

Take the measurement of the window opening. Give these dimensions to a glazier, who will cut a pane about ⅛ inch less (in both directions) than the opening size. (Hardware stores and lumberyards also carry glass.)

Run a small bead of putty over the length of the sash groove. (This string of compound is necessary for all wood and metal glazing lips.) Press the glass firmly against the compound. Reposition the glazier's points; carefully use the blade of the putty knife to drive them in parallel with the pane—not on an angle. Sink about half of their height into the sash. A hammer may be required to coax the knife handle if the wood in the frame is too hard.

Roll a glob of the compound into a snake, press it tightly against the pane and onto the sash. Draw the putty knife across the compound to cut away excess and give a clean surface. (Look at another window to see the correct angle for trimming the putty—about 45 degrees.) This will take repeated attempts—dipping the blade into linseed oil or water will help prevent it from sticking to the compound. Let the putty dry for several days and then give it two coats of exterior paint.

Metal sashes are handled in the same manner as above, with one exception. A different type of glazier's point, a spring clip, is inserted at specific locations.

Some aluminum windows use an extruding plastic strip that snaps into position and takes the place of both the points and heavy compound.

Wooden doors with windows have what is called a glass bead, four pieces of molding mitered at the corners, that also replaces the heavy roll of putty. Pry off the bead, one piece at a time, proceed as above, and then reset the bead with small brads. When you buy your replacement glass, remember that most states now require plastic or safety glass for use in doors.

Professional reglazing is costly—a prudent house-fixer can do it him- or herself.

Getting yourself in hot water



This portable vinyl container, *above,* holds 10 quarts of water which can be heated by the sun to above 100° F in 3 hours on a 70° day. A clear, transparent side admits sun heat when the bag is placed flat or hung up. For camping, the beach, backpacker hikes, boating, or recreational vehicle use, it stores hot water for coffee, cooking, washing dishes, or light laundry. For showering, the glorified hot-water bag has a 29-inch flexible hose with an aluminum spray head and an on/off valve. The "Sun Shower" solar water-heater is $9.50 ppd. from Edmund Scientific Co., 380 Edsorp Bldg., Barrington, N.J. 08007.

Don't be shocked

Contact with carpeting, upholstery, and draperies can produce static electrical shocks when you touch light switches, fixtures, doorknobs. Carpet Shock Free is a new aerosol spray that eliminates the shocks. Safe for use on synthetic or natural fiber carpets, it is not flammable, toxic, or an irritant. 20-ounce cans are available for $2.98. Magic American Chemical Corp., 23700 Mercantile Road, Cleveland, Ohio 44122.

How to beat a blackout



A safeguard against blackouts or electric power shortages, a new small emergency system is for home use. It includes a generator producing 4000 watts of AC current and a transfer panel to route the electrical load to the generator or power line. The generator will operate lighting, kitchen and laundry appliances, freezer, furnace, water and sump pumps, radio, and TV, if the 4000-watt capacity is not exceeded. This standby electric generating system is available for gasoline or natural gas fuel; 5 gallons of gasoline will run it for 7 hours at full load, 10 hours at half load. Natural gas provides uninterrupted service for houses with existing natural gas supply. The two models have 4000-watt output: model 4RM21-HS supplies 120-volt AC current, 33⅓ amperes (suggested retail price $1400). Model 4RM61-HS, 120/240-volt AC, 16.6 amperes (suggested retail price $1435). An automatic or a manual power transfer panel may be had, and a Fiberglas enclosure for outdoor installation. Kohler Co., Kohler, Wis. 53044.

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Saving money on your mortgage

Plus tips on education costs and establishing your legal domicile

By Paul Gross

Almost all of us realize that our home is one of the biggest investments we'll ever make, yet few of us invest in it wisely. Take your mortgage, which is probably the biggest expense of owning a house. How many of us shop around for a mortgage, or, for that matter, realize how costly a mortgage really is? A $50,000 mortgage at 8½ percent over 25 years will wind up costing $70,786 in interest! And the same mortgage at 9 percent interest will cost you some $5,344 more. About the price of a medium-sized car.

O.K., you already have a mortgage and it's too late for you. Nonsense. You may still be able to save enough to pay for three or four cars. If you have a relatively new mortgage that has a high interest rate, say 8½ percent or higher, consider prepaying small amounts of it now. (Prepaying a mortgage with an interest rate of 8 percent or lower makes little sense because it's unlikely that rates will fall that low again.)

By prepaying your mortgage, you'll knock off a number of years from your mortgage—a very handy thing to consider if you're close to retirement and face the prospect of a lower annual income. Furthermore, the faster you build up equity in your house, the more collateral you'll have to borrow against later on, should the need arise.

Here's how it all works out: Assume you have a $50,000 mortgage at 8½ percent interest and a term of 25 years. If you prepay just $4,400 at the end of the fifth year, you will reduce the total amount of interest on the mortgage by $15,648 and lop 49 months off the mortgage's term. Your monthly mortgage payments, of course, will remain the same. And since the early portion of a mortgage is heavily weighted with interest, your tax deductions for mortgage interest payments will stay high for a number of years. (In some mortgages, there is a clause which would penalize you for prepaying all or part of the mortgage. However, it's unlikely that you will be affected by this. Even if your mortgage has such a clause—and many banks no longer include them in mortgages—it often applies only to the fir two or three years.)

The saving is even greater you start prepaying your mortga earlier. For example, you can lov er the total interest you owe b close to $18,000 if you prepa only $1,100 at the end of the se ond through fifth years of yo mortgage. What's more, the hous will be yours free and clear 5 months earlier than it would hav been without prepayment.

Domicile decisions

If you have two houses in differer states, be sure you make one c them your legal domicile. If yo don't, both states will claim you a a citizen and levy estate taxes o your estate when you die—whic means that your heirs will get le than you intended them to. An even if your estate's attorney mar ages to clear things up and hav just one state recognized as you legal domicile, the lengthy cou proceedings and legal fees coul really bite severely into your es tate's assets. What's more, you heirs won't get a cent until this le gal issue has been settled.

Finally, neglecting to make thi domicile decision could, in a ver real sense, ruin your estate plan State law dictates your estate's ta liability, how property will be dis tributed, and the property right of beneficiaries who are minors Hence, it's important that you pic the state that will give your estat the best possible advantage, rathe than leaving it to chance.

The best way to establish a lega domicile is to spend most of you time and focus your activities i the state you choose. By all mean join clubs and associations there because courts will take that int consideration if a domicile questio should arise. Make sure that you driver's license is from that state In addition, you'd be wise to: Con sistently vote in that state; kee your major bank accounts there and make sure that your addres of domicile is on all importan records and documents such a your tax return, will, and charg cards and accounts. If your wil

Continued



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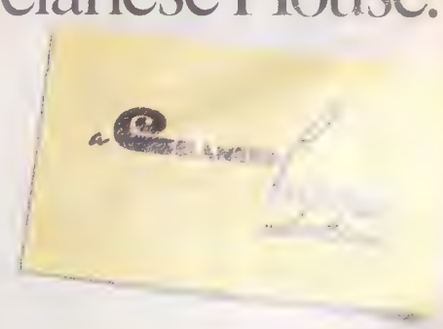
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As a new fringe benefit, a growing number of corporations are offering valued executives assistance in paying their children's school costs

Saving money
continued from page 84

was drawn up in another state, have your attorney reexecute it to take advantage of the state's laws. And just to be on the safe side, have your attorney draw up a declaration of domicile for you so that you can leave it with your official papers.

A corporate education

If you face the financial drain of sending a child to college, check out educational benefit trusts—a new fringe benefit that a growing number of corporations are starting to offer their more-valued executives. These are trusts funded by corporations to pay the private school or college costs of children of employees.

It works this way: The corporation deducts the amount it contributes to the trust as a business expense that's incurred to help attract or retain key employees. When your child receives the money, you'll pay taxes on it. Even so, you'll come out way ahead. For example, if you're in the 50 percent tax bracket, you'll have to pay $500 for every $1,000 your child receives from the trust. That's not bad, when you consider that you would have to make $2,000 in pretax income to pay for $1,000 of your child's education.

Power for hire

How many of your vacations have been spoiled by personal financial concerns? There you are on a vacation anticipated for months and you worry about the house, the stock market, or anything else that could cause a problem.

The irony is that you can unload these problems onto someone else easily and cheaply. Simply give your attorney, broker, or anyone else you think can do the job for you, a power of attorney. Pick someone you really trust. You're liable for anything that your attorney-in-fact does on your behalf —unless, of course, he or she oversteps authority or acts in a reckless or imprudent matter.

A power of attorney can be as limited or as broad as you care to make it. For example, you may want to give your broker or accountant the authority to sell just a few of your stocks if they're in danger of nosediving. Or, you may want to give someone a much broader power of attorney that might include the authority to sign checks for you, negotiate real estate deals on your behalf, or do practically anything else for you. The only limitations are really very practical. You cannot, for instance, give someone the authority to sign your will for you.

When you give someone a power of authority, you'd be wise to spell out exactly what he or she can do on your behalf. Your attorney can supply you with the appropriate form or you can write your own power of attorney. Either way, make it as legal looking as possible—in case the person to whom you've given power of attorney needs proof that he or she really does have the authority to act for you. And although it may not be necessary in your state, you might have the paper notarized. The stamp will make it look even more official.

An American abroad

If you're going abroad, consider joining the International Association for Medical Assistance to Travelers (IAMAT), suite 5620, 350 Fifth Ave., New York, N.Y. 10001. For a suggested donation of $5 or $10, you will get a 1976 directory of well-trained, English-speaking physicians around the world. IAMAT has doctors in most countries except those behind the Iron Curtain. What's more, doctors in the IAMAT directory have agreed to charge members no more than $15 for an office visit, $20 for a call to your hotel, and $25 for a treatment late in the evening, Sundays, or holidays. IAMAT will also supply you with a traveler's clinical record your doctor can fill out. Should you become ill while overseas, this record will brief your attending physician on any conditions he should be aware of.

Deducting foreign students

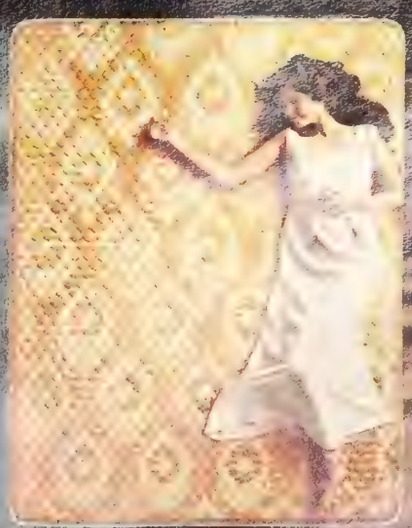
If you have agreed to house and feed a full-time student who is sponsored by a charitable institution such as the American Field Service of the Experiment for International Living, you will get more than the pleasure of a foreign student joining the family —you can deduct up to $50 a month for the expenses involved.

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HEALTH·PSYCHOLOGY·SEX

Good or bad? Food additives, loneliness, porno movies

Doctors discuss the pros and cons

By Drs. Robert and Mary Catherine Tyson

Q What's the truth about food additives? Can you stay safe and sane?

A. Thousands of additives in foods today mystify, confuse, and make headlines. Sort them out. Some are beneficial: iron and vitamins added to bread, flour, and cereals; minerals to instant breakfasts; vitamin D to milk. Calcium and sodium propionate help prevent mold. Some are acceptable, considering the risk-benefit factor: Vitamin C to preserve color and improve dough is harmless. Vegetable protein, corn syrup, and citric acid pose no known risk as flavorings and colorings.

But other additives are harmful and should be avoided: artificial color, used for appearance only; brominated vegetable oil, BVO1, used in soft drinks, is stored in body tissues and its effects are unknown. Monosodium glutamate, MSG, is probably harmless in small amounts for adults, but has been shown to damage rats' brains. It may cause "Chinese restaurant syndrome," involving severe flushing of skin and headache. Avoid baby food with this ingredient—the aim is better taste *for the mother!* Sodium nitrite, long used to preserve meats in prerefrigeration days, enhances flavor and color, lengthens shelf life of ham, bacon, and cold cuts, helps prevent botulism by making spores heat-sensitive. These effects are beneficial but far outweighed by the carcinogenic risks. Nitrites may react with food in the intestines, changing to definitely carcinogenic nitrosamines. Careful processing, cooking, and refrigeration make nitrites unnecessary. Rosier and slightly tastier meat hardly justifies cancer risk! Bacon without nitrites is already available.

In general, no avoidable additive should be used which builds up a permanent store of foreign chemicals in the body. It has just been reported from San Francisco that rapid improvement in hyperkinetic (minimally brain-damaged) children occurred when all artificial colors and flavors were eliminated from their diets. The new Ames test available to manufacturers and the Food and Drug Administration will mean less danger for all, in future. With Dr. Ames's method, suspect substances can now be screened in three days instead of three years with laboratory mice. And at a cost of $200 instead of $100,000 per test. Carcinogenic risk can be evaluated quickly and the hazardous chemical eliminated before it has long-reaching effect. *Eater's Digest* by Michael Jacobsen (Doubleday; Anchor Book, $2.50) is an informative consumer's fact book of additives with a foreword by Dr. Jean Mayer, professor of nutrition at Harvard University. For up-to-date news on nutrition, subscribe to *FDA Consumer,* published ten times a year by the Government Printing Office, Washington, D.C. 20402. It costs $8.55 yearly. Reprints of articles about additives are available on request, without charge.

In general, no avoidable food additives should be used which build up a permanent store of foreign chemicals in the body

Q What is loneliness? Is it good or bad?

A. Everyone needs to be alone sometimes. Today more people freely choose the single life and are very happy with this state, though they may feel lonely at times. Time out from others is important in life, recharging the mind, refreshing the spirits. And remember, solitary conditions are

Continued on page 90

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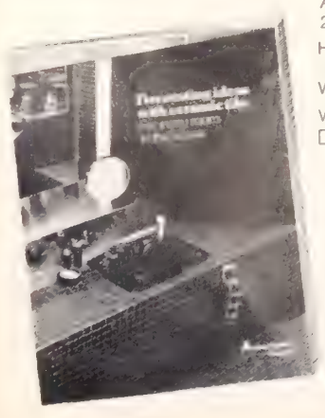
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Time out from others is important in life, recharging the mind, refreshing the spirits

Health, psychology, sex
continued from page 88

an inevitable part of the creative process. For the writer, the painter, the pianist, and many other artists, the professional rewards are worth the feeling of isolation.

Of course, a lonely existence may be temporarily imposed by separation, divorce, or lack of a suitable companion. In these trying phases, self-indulgence is supportive: Do what is most pleasing and relaxing to you, as much as possible. If your sensations of loneliness occur when surrounded by loving friends and family—even in a crowd—they may be the result of a temporary problem that you have been unable to talk about, or a momentary feeling of discouragement. Such instances must be expected and accepted. They generally pass.

However, loneliness that weighs on the mind, making the world desolate and life meaningless, is something else. This painful type of loneliness has its origins in early experience. Every infant, utterly helpless, depends on others for life. This is its first demonstration of the value of other people. Later experience reinforces it. Identity is fostered by significant other persons. "Who am I?" is gradually answered by relationships such as "She is my mother," "I am his son," "This is my brother." A sense of continuity depends on this relatively stable but expanding cast of characters. Other anchor points are friends who see the child grow and develop and teachers who record educational progress. Such people shape the child's behavior with their approval and disapproval.

And these childhood experiences shape future social interaction. Unfortunately, youngsters who don't develop satisfactory relationships will often be too lonely as adults. Fear of being thought inferior makes them avoid taking the risk of meeting people. They duck the test, build up hostility toward others, and are frequently "too busy" to accept an invitation, go to a party, meet for lunch, or whatever, and withdraw into self-imposed solitude. Such lasting loneliness impoverishes the emotional life and must be replaced by movement toward others. Social give and take keeps us all going. Human relationships may change, and the shape of conventional marriage is certainly under review today, but still, everyone needs a confidant an close companion. If you need break out of the circular habit loneliness, consider your oppo tunities for meeting people. The must be accepted as they occur an gradually increase in number an meaningfulness.

Q Why do people go to porn films?

A. Courts and commissions stun ble when defining pornography The dictionary does not. "Pornog raphy is material depicting eroti behavior, intended to cause sexua excitement." Porno movies realiz this intent. And this is the reaso for the paying admission. Th chief reward for most viewer (mainly middle-aged men) heightened sexual awareness, lead ing to increase in sex conversatio and more elaborate fantasy. Mos of these men fantasize love-mak ing with the actresses. Fewe women attend porno movies, be cause they are more aroused b conventional romantic literature Those who do, identify with th

Endless erotic novelty seems impossible; familiarity reduces the lure

female characters, learn from them and amplify their own sexual repertoires. Young couples who go together feel bold and sophisticated and also relish titillation. Many young men, feigning maturity, in reality hope to learn. Porno films help fill gaps in sex lives. No one acts out every sexual wish and for some the films are vivid, partial substitutes.

Harmful? Most law officials say "yes," while most psychiatrists and psychologists say "no." Sex crimes in liberal Denmark declined sharply after pornography became legal. Patronage of porno movies also declined; most production today is seen by tourists. Endless erotic novelty seems impossible; familiarity reduces the lure. When porno movies are socially accepted, the need for them lessens as personal sex life becomes more permissive. The future prospect then is for a tapering off in the industry's growth—with everyone happier all around.





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Center: The past is captured elegantly in this Stiffel derived from a 19th century French oil lamp. Its white ceramic fount with gilt striping is mounted on a pedestal of cast metal. With hand-sewn pleated shade. 32½" high. About $175.

Right: There's a hint of Irish in this Stiffel design which dates from the early Renaissance. Built entirely of cast metal, it highlights a spiral, fluted compote. 35½" high. About $139.

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House & Garden
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the great new indoor life

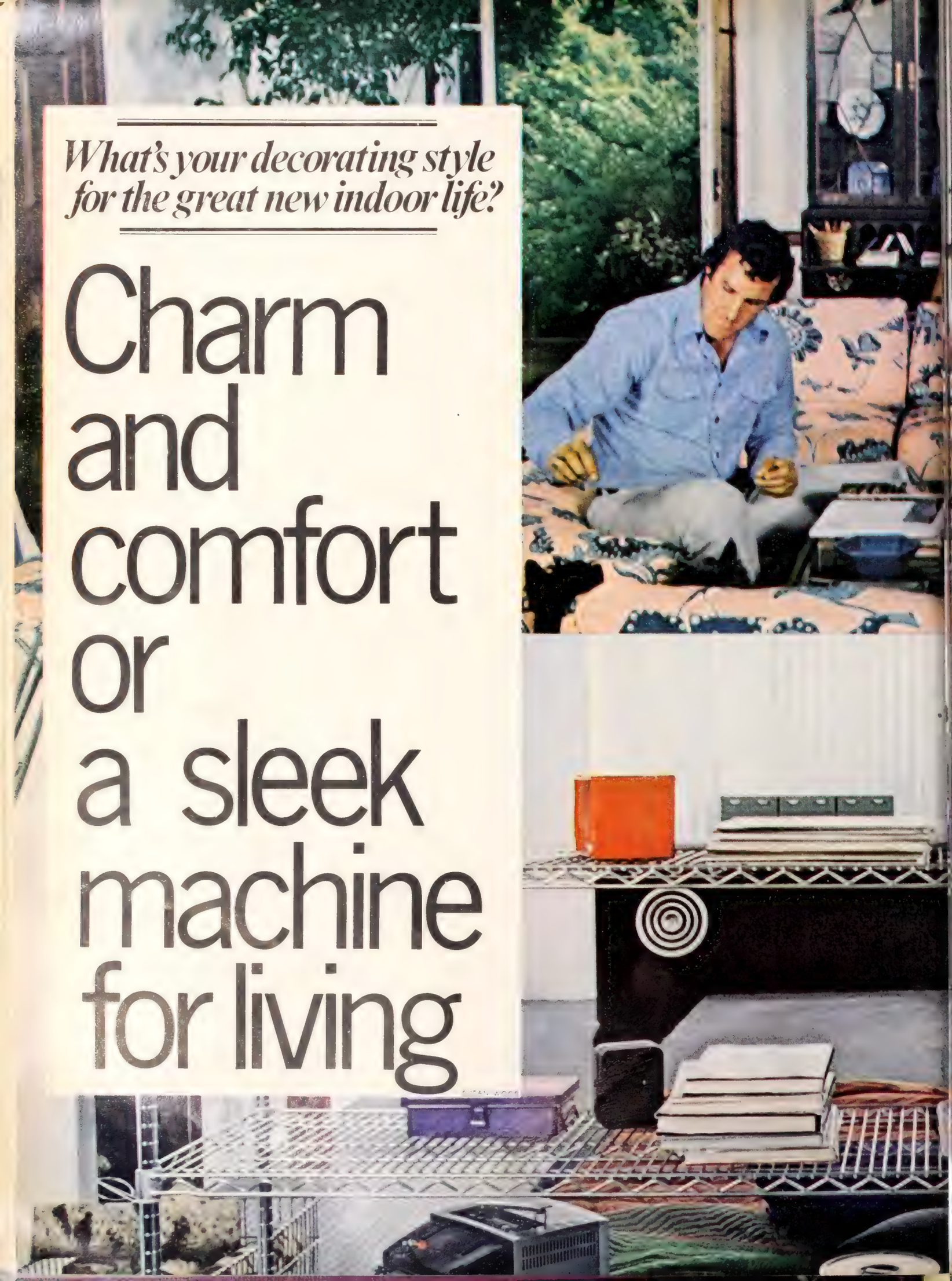
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Charm and comfort or a sleek machine for living





Charm, comfort—what do they mean? A beautiful room, inviting, relaxing. Like the room here, *top*, and on page 132, which makes you, your family, your guests feel instantly at home.

What's a machine for living? An energy place stripped for action, where ideas count as decorating—like the efficiently industrialized room here, *bottom*, and on page 136.

The great new indoor life

The home front: America's new frontier

Our definition of the home is expanding—it's now a combination health spa, theatre, gourmet restaurant, and comfort center. We're all staying home in droves these days because it's such fun.

By Elin Schoen

One million one hundred and sixty-three thousand swimming-pool owners can't be wrong. The American home—once sanctified as "sweet" and "where the heart is," then casually dismissed as something to put on the real estate you bought, or as some place to rest between planes, or as a fast-food joint where family members fueled up between fascinating pursuits out in the real world—is going through yet another change. Not that we ever completely lost the homing instinct. It is part of human nature to want a place to call one's own (even if it's rented), and to define that turf in one's own terms, with pictures, furniture, books, and records—the monogram of materialism—everything short of one's hand writing on the wall.

This is only natural. We started out in homes, not just houses. We want to recreate that feeling—today more than ever, it seems. Suddenly, The Home is a subject of tremendous concern. Suddenly people are going to great effort to acclimate their homes to themselves. So great, in fact, is this effort that what we are seeing is no longer just The Home, but The Home as club-resort-spa-restaurant-theatre-discotheque-pool hall whatever.

And the fact that there were, at the end of 1975, 1,163,000 residential swimming pools in the United States (as opposed to 455,000 at the end of 1965) is far from the only indication that this home business is being taken very seriously indeed. That figure does not include aboveground pools, by the way. There are about 2,000,000 of those. Indoor pools have increased from 10 to 15 percent over the last three years. (The National Swimming Pool Institute, from which these figures flow, does not have exact numbers.) Baths, International, Inc. estimates a 50 percent increase in the purchase of saunas and whirlpool baths since last year. According to the U.S. Tennis Association, there were 7,750 individually owned tennis courts in this country as of March, 1976 (25 percent more than a year ago). Lord & Burnham, a major greenhouse manufacturer, reports that sales of full-sized (not window variety) greenhouses have doubled in the last decade. In 1966, housewares sales in this country totaled $4,035,000,000. This year, the figure is $9,702,000,000.

And the actual construction of the homes which house all these accoutrements is now recovering, albeit slowly, from a two-year slump caused by the generally ailing economy. Respondents to the National Association of Homebuilders' Spring, 1976, Builders' Economic Council Survey predict that housing production will increase 42 percent this year over 1975 (this includes both single family and multiple dwellings). The sizes of lots on which homes were built were larger in 1975 than in 1974. Homes also come better equipped than ever, with more of them containing refrigerators, dishwashers, ranges, garbage disposals, and central air conditioning.

As for the remodeling of existing homes—the National Home Improvement Council reports that in 1975, Americans invested $26.6 billion on improving and maintaining their houses. By 1980, we will probably be renovat-

Editor's Note: Elin Schoen is a free-lance writer currently working on a book, Lovejoy *(Harcourt Brace Jovanovich), about a small town in Illinois.*

g at the rate of $35 billion a year. And a little vestigation behind the figures reveals that iis heavy action on the home front is happen-ıg not merely because people are house proud. eople are simply staying home more.

Trends in games also reflect this reluctance) seek amusement beyond one's own back-ard. A big seller at F.A.O. Schwarz in New ork City is "They're at the Post," which in-olves records of horse races (why go to Aque-uct or The Derby, when it is now possible to ick a winner in your living room?). The popu-ırity of a game called "Six Million Dollar Ian" correlates nicely with the fact that color V sales have jumped 30 percent during the ıst year. And the 6.6 million subscribers NBC predicts for pay TV by 1985 are further vidence that home is getting to be America's avorite hangout.

At the moment, Home Box Office, the first ompany to go into pay TV programming on able television, has 500,000 subscribers, hav-ng started out with 375 presold subscribers a nere four years ago. John Barrington, of Home Box Office, attributes part of the com-)any's success to the gas shortage. Their pro-ramming originally started at 5:30 P.M., but vhen it suddenly became impractical (and, in nany quarters, unpatriotic) to drive cars very ar or very often, HBO began "gasless Sunday" afternoon shows. This led to full afternoon programming. Now, HBO broadcasts 12 hours.

There is every reason to believe that at least part of the current trend to stay home is a behavioral pattern instilled by the gas shortage, which went hand in hand with the recession, which led to spaghetti-and-cheap-wine parties becoming "chic," and to cocktail-party dialogue on the price of meat in the A & P (who had time for idle gossip in those impoverished times, last year?). But, let's face it, the cost of turning your home into a club-resort-spa, etc., more than approximates those of actually *going* to a resort or of dining out, or going to the movies.

So Americans aren't clinging to the home front because they're broke, necessarily. It's just that they are now spending what money they have on more tangible, durable, and, therefore, practical things. At one time, it looked like there was so much money around that it could be frittered away without thought of the future. Now the economic headaches that followed those halcyon years are going away, so we know once more that there *is* a future. And we can't afford to be so frivolous this time around. To many, outfitting a home —a place to spend the future—seems more satisfying, more rewarding, than, say, investing in the stock market, which might pay off or might leave you severely out of pocket. (And remember, that during the 70s recessions, the home real-estate market stayed solid.)

One non-economic explanation for all this home-centeredness that immediately sprang to the minds of everyone I asked is that people are afraid to go out. They might get mugged. Even worse (depending on how severe the case of home-love), the new Cuisinart food processor might be stolen while they are out, along with the new quadraphonic components, the tape deck, the Exercycle, and the kids' planetarium-caliber telescope. In some areas, this fear is justified (and reflected in the booming sales of burglar alarm systems, which dealers describe as "significant" and "noticeable," in lieu of actual figures).

But a more plausible generalization is that people are not so much afraid of the world outside as confused by it. "When people come home," interior designer John Saladino told me, "they really are blocking out everything. Home is an emotional fortress, a bastion to protect one's sensibilities, a womb . . . You can see this in the trend toward sybaritic, sensual furniture. I just did an upholstered landscape of stacked mattresses in a den . . ."

In a world of fast-paced politics, where the evening news is more often unsettling than not, people turn inward toward the home, because it is the one area where they are certain to have control. They have choice. They can change things, make them better. And they can accomplish the requisite miracles relatively quickly, satisfying a by-now basic American hunger: for instant-anything, from coffee to gratification.

As social conditions have moved beyond the individual's realm of control, personal relationships have taken on more meaning. "One trend that's becoming clear," says Richard DeLone, assistant director of the Carnegie Council on Children, "is a breaking away from the concept of romantic love toward a concept of marriage, or living together, as a means of personal fulfillment, with home as the couple's respite. This leads to a tendency to improve the home."

DeLone further attributes the new home-orientation to "a certain amount of reaction to some of the anti-home rhetoric that has characterized recent years, whether from feminists or whoever. Now people who always believed in the home have started to make themselves heard." The "anti-home rhetoric," of course, was directed at the whole idea of traditional family life. Numerous alternatives to the nuclear family have been proposed and undertaken—from single-parent homes to communes. "It is a delusion to think that the mythic nuclear family is going to experience a renaissance," says DeLone, "particularly one in which the husband is the sole breadwinner. The long-range trend is toward *different kinds* of families."

And different approaches to family life can be more easily accommodated by the homeowner today because of the proliferation of goods for endless varieties of home experiences. So it could be said that the something-for-everyone market has itself sparked a rekindling of interest in the home. "Certain items that weren't available before influence people staying home," says New York architect Robert Stern. "Now there's large-scale TV, like the Sony and Advent systems, which have 5-foot-square screens." Also, why go out when you have your own projection room in which to unreel your collection of film classics?

These new vistas in home diversion provide new focus for family life. Although some family sociologists claim that television is "the great divide," usurping time that might otherwise be spent in conversation, more and more people view it as the replacement for the proverbial hearth. (I, for one, have never been able to watch television alone, because it's always seemed to me to be a social, rather than solitary, pursuit.) The Sony and Advent systems, as Bob Stern pointed out, are even more effective means of social integration, because if you sit too far off to one side, the picture is distorted. Seats in rooms with large-scale TV must, therefore, be closer together, drawing the people closer together. And the videotaping of family movies is certainly an activity that invites communication.

Cooking has also become a family affair (as in that TV commercial where the darling little girls chorus: "It's Shake 'n Bake! An' we halped!"). This is partly because mothers today are more likely to be tending to their careers than to household chores, including cooking. So the other family members pitch in. But it's mostly because cooking, in the last few years, has become a fine art at which everyone, male and female, young and old, wants to excel. The influence of health foods, the high cost of heat-and-serve marvels, and an increased awareness of foreign cui- *(Continued on page 231)*

What the stay-at-homes are doing

- By 1980, Americans will be renovating their homes at the rate of $35 billion a year.
- Sales of full-sized greenhouses have doubled in the last decade.
- The influence of health foods, the high cost of heat-and-serve marvels, and Julia Child have convinced people that time in the kitchen is time well spent.
- There are more than 7,000 individually owned tennis courts
- There has been a 50 percent increase in the purchase of whirlpool baths and saunas since 1975.
- New equipment like large-scale TV with 5-foot screens provides new vistas in diversion at home.
- At the end of 1975, there were 1,163,000 residential swimming pools in the U.S.

A good home is a symbol of the national mania for self-improvement. We all want to perfect ourselves, physically and psychologically

The great new indoor life

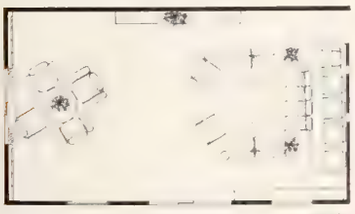
A mediaroom



or family entertainment and education

JAY STEFFY

Staying at home is the new way to spend an evening out. In the mediaroom. Yesterday's science fiction, today's push-button automated remote control wide-screen reality —and you can still have the popcorn. The mediaroom is today's answer to the family room. In it you and your family can bring the world in, where it's more comfortable, trip out in an armchair, arrange parties around films and rented videotapes, even get a special TV that tapes programs for you while you're doing something else (even watching another channel). People are devoting whole rooms to the media, and filling them with just one or two terrific pieces of equipment or all the most sophisticated apparatus available (see the latest on page 124). Take the room here, which converts to a mediaroom at the push of a button. Designed by Jay Steffy for Mr. and Mrs. Armand Deutsch in California, it's a relaxed-looking space, *left,* with glass doors, lots of windows, flowers on the tables echoing the upholstery. Transformed for movie watching, *right,* the chairs are pushed to one side (the sofa is actually four armchairs pushed together) in front of velvet airplane seats. The ceiling is totally soundproofed, floor covered by a sound-absorbing verdigris carpet. Closets contain speakers.



LONDON

MULTIPURPOSE MEDIAROOM, *left,* arranged for parties, meetings, conversation, with chairs and fabric designed by Jay Steffy (each bouquet positioned perfectly), lacquer tables, theatre posters, and a fresh, outdoorsy feeling. *Right,* the same only different—as screening room. Chairs are pushed back on castors, up goes the painting to reveal projectors, down comes the screen—and on with the show!

SCREEN covers window between speakers.



A pool indoors

The great new indoor life

Little by little the idea is catching on: not just a pool, but an *indoor* pool, a good investment in family health, exercise, and old-fashioned togetherness in spite of the weather. It's an addition that can change not only your house but your whole style of living. You can take a dip every day after work, plan splash parties for winter birthdays, build an exercise program around swimming (which many doctors agree is the most complete exercise). "And," says architect Hugh Newell Jacobsen, who designed the one here, "an indoor pool doesn't have to look like a Y.M.C.A." This one, for instance, attached to the main house by a glassed-in-bridge and a spiral staircase, is enclosed in a cypress-sided structure with a roof of slate and solar-gray acrylic pitched in four directions to catch unorthodox views of sun and sky. The pool is surrounded by a bluestone floor that continues, beyond sliding glass doors, as an outdoor terrace. There are also dressing rooms, shower, and bar, all climate controlled.

BRIGHT AT NIGHT, *right:* The pool in its white-painted room, temperature controlled for swimming at all hours, in all seasons. Inside the glass doors that give onto the sunbathing terrace, a sitting area.



MIRRORED bar alcove across pool; spiral stair to main house.

ROBERT LA VIGNE


family health
d relaxation

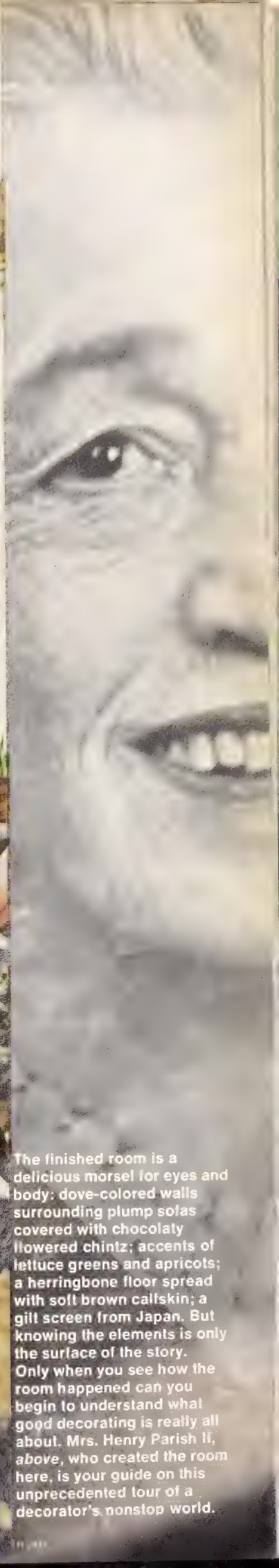


A ROOM IS BORN

BEHIND THE SCENES WITH SISTER PARISH

When Sister Parish decorates, quality is the only thing that counts: the quality of rooms that really work, of beauty that really lasts. Now, for the first time in a career that has proved her point dazzlingly, Mrs. Parish reveals exactly how she does it.





The finished room is a delicious morsel for eyes and body: dove-colored walls surrounding plump sofas covered with chocolaty flowered chintz; accents of lettuce greens and apricots; a herringbone floor spread with soft brown calfskin; a gilt screen from Japan. But knowing the elements is only the surface of the story. Only when you see how the room happened can you begin to understand what good decorating is really all about. Mrs. Henry Parish II, *above*, who created the room here, is your guide on this unprecedented tour of a decorator's nonstop world.

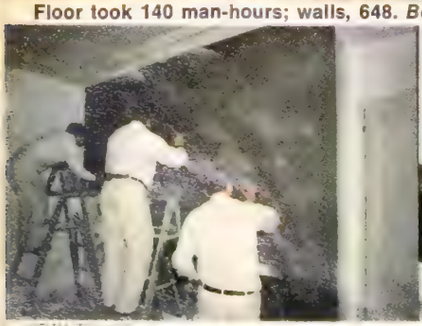
Decorating with Sister Parish: step by step to a glorious room

WILLIAM P. STEELE





Floor took 140 man-hours; walls, 648. *Below:* Mrs. Parish, two assistants, one painter.







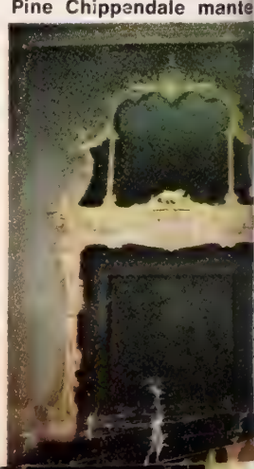
The whole room—not just the colors, but the atmosphere—was inspired by a pair of magnificent Japanese lacquered screens, *top,* whose colors are predominantly dove—a soft gray-brown—and gold. Glazed dove-colored walls, *above,* play with the light of day, glow in lamp and candlelight at night. Floor was bleached, then stained a herringbone pattern of two pale beiges.

There was no dining room, so one end of the living room became the dining area, with one screen for a wall. Chairs are covered like the sofas to distribute color throughout room.



To produce a room like the one seen on the preceding page? Nothing to it. A few yards of chintz and silk, a can of paint, a handful of antiques: All it takes is a little taste and a lot of money, right? Not at all! No room is born without a great deal of effort and hard work. "Every day there are at least ten crises," says Sister Parish. "What you want is out of stock. There's a four-month delivery date. The fabric arrives—in two rolls that don't match." Even without the crises, it takes a master to choreograph the workmen, craftsmen, and deliverymen so that on a specific date everything comes miraculously together to form an actual room, a place for someone to live. And before any of it goes the work of designing a room that can accommodate growth and change. "The process requires intimate involvement, and can produce undying friends—or," she adds with a twinkle, "dedicated enemies."

Pine Chippendale mante



"I LOVE CLIENTS WHO FEEL THE EXCITEMENT OF DECORATING. ENTHUSIASM IS ALWAYS INSPIRATIONAL."



CHRISTIAN PEINHARDT



"You can see how a client's point of view changes as the job progresses," says Mrs. Parish, in her office, *above left,* with a new client. First, they discover style and color preferences, discuss money matters. Next visit, *above center and right,* the scheme is presented, including proposed structural changes, furniture plans, fabric and paint samples, photos and drawings of furniture, even a few actual pieces. *Left:* positioning a screen on installation day. "No matter how thorough our presentation, it's hard for our clients to visualize the room piece by piece. But once they get the point, well, we've seen clients weep for joy. They might have bounced up and down on every chair, held every candlestick in their hands, but nothing can prepare them for the impact of the finished room."



Floor taped, ready for stain.



Enter the client, bubbling with anticipation, often clutching magazines and floor plans, not knowing where to begin. "We begin," says Mrs. Parish, "at the beginning. A great deal is established at the first meeting: the whole design direction (casual or sophisticated, sleek or cluttered). Family statistics. How will the rooms be used? Is there furniture, or will we start fresh? What kind of budget does the client have in mind?" In this case, the client's home was in the country, with children, dogs, an active, down-to-earth lifestyle. She and her husband wanted the new city apartment for weekends of theatre and entertaining. "They wanted the place to be young looking, snappy, pretty. Practicality was less important than great comfort and sophistication. And, since all their furniture was being used in the country, we had to start from scratch." As decorator and client get acquainted, a rapport is—or isn't—established. "You can tell right away whether you can work together. I like to work with people who know their minds, but whose minds are open. You also get a feeling of whether the prospective client has any taste—or if you see hope that some might be developed. If people are alive and alert, they can't help but grow. They can go to museums, expose themselves to the best design—if they care. Young people know this; they're very open-eyed. And it had nothing to do with money or possessions, but with *caring.*" Money matters are discussed, however, at the first meeting. And you can imagine that for a room that will include custom-designed, custom-made furniture, rare antiques, and wall and floor treatments destined to last at least twenty years, the price isn't going to be peanuts. "You can do just so much with a $50,000 budget. For one client it might be plenty. For another with more extravagant ideas, never. No matter what your budget, our advice is to get the highest quality money can buy. If you throw your money away on the second-rate, you end up with nothing." At the end of the interview, the client is given a contract to think over. "If she signs it and gives us the go-ahead, we get to work."

Top quality is what people come to Parish-Hadley for. We don't believe in make do, and we can't sacrifice quality for price. But it's worth the price: The client gets a beautiful room that lasts forever; we get all the headaches.



Antique hunting: a bowl for the table.



Choosing plants: "design elements."



On the day of final installation, Mario the trucker arrives with furniture and accessories, all wrapped and keyed to his floor plan. Installation is planned down to the light bulbs, takes about four days.



Turn the page.

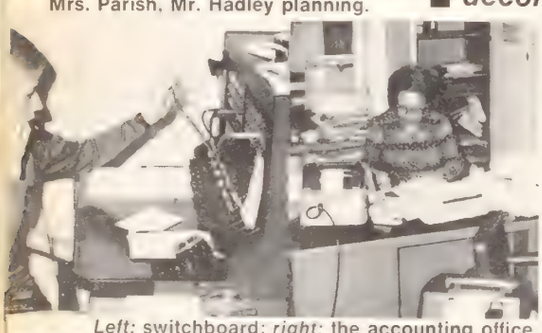
Decorating with Sister Parish: Every step involves inspired design, great craftsmanship



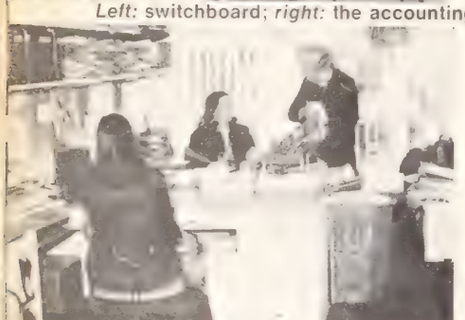
Welcome to Parish-Hadley.



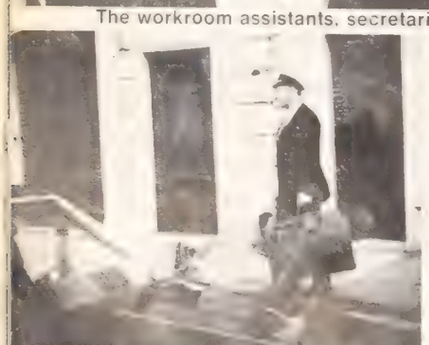
Mrs. Parish, Mr. Hadley planning.



Left: switchboard; *right:* the accounting office.



The workroom assistants, secretaries.



Rome with red bagfuls of samples.

Mrs. Henry Parish II with partner Albert Hadley under the red awning of their Manhattan offices, *top.* Behind that unassuming door work four assistant decorators (assistant for this room, Marci Braga), a three-member design studio headed by Harold Simmons, six in the accounting department, four secretaries, a shopper, a switchboard operator, and a chauffeur named Rome.

First stop, the room—to get a feel for the layout and the light. A floor plan is drawn, structural changes proposed. In this case, window reveals had to be deepened; heating/air conditioning installed; a radiator enclosed; electrical outlets put in. "The room had a nice, ordinary mantel, which we replaced with a terrific 18th-century Chippendale with its own mirror—so the fireplace opening had to be altered to fit." Next the room's function and traffic flow are analyzed and a furniture plan devised. Mrs. Parish does substantial homework, spending time with her clients, noticing everything (who puts his feet up, who falls asleep with a book). "I don't feel the best work is turned out without a feeling of friendship and empathy," she says. The furniture plan shows placement and also type of furniture the room will have. "I can see a sofa there." Mrs. Parish will say, standing in an empty room. "—tight back, loose cushions, very soft. A pair of chairs here, something French . . ." The room is already beginning to form in the decorator's eye. As for color, "When the client says she wants a room to match her eyes, well, I think we can come up with something more imaginative than *that.*" A color scheme is determined by the natural light and the desired mood, as well as by the client's preferences. "White, for instance, is a mistake in a glary room." For this room, the colors were inspired by two gilt and dove-colored Japanese screens (see preceding pages). The client approved them—and the mantel—and the scheme was born: glazed dove-colored walls, and, for the major upholstery, a dark brown floral chintz. That settled, the painter is asked to prepare color samples; assistants dispatched to bring back bagfuls of fabrics—major chintzes to choose from, plus complementary fabrics for chairs and pillows. When the scheme is complete (with backups, just in case), fabrics are keyed to furniture on the plan. Curtains are designed—for the client and for the curtain maker—and often, furniture. "We design furniture when antiques would be a mistake—at the beach, with lots of children, or, as in the case of the white crackle-lacquer table in this room, to lighten the effect of all the antiques. The quality is the same; it's a question of which is more appropriate." When everything is ready, the client is invited in for the presentation. "Everything is solidified at that meeting. Details are worked out, fabric changes made; my assistants take hundreds of notes. We want to create the entire feeling of what we intend to do, to make the project really exciting." Last, the installation date is set: In a matter of

Continued on page 162

I love to see the joy of a client when the room is done. It's a coming together of ideas and craftsmanship—exhilarating for the decorator and the client.



Furniture plan, above, *with three conversation groups and dining area, works for one person or a crowd. "Everyone has a favorite place to sit: Some like the fire, others a window. A room must be prepared for all contingencies." Once the room is finished, nothing should ever have to be moved. "No pull-up furniture is needed; the room is designed with flexibility built in."*

QUALITY MEAN ATTENTION TO DETAIL

Mantel: Magnifice to begin with, "bu later, in the room we saw what a knockout it would be bleached..." Dining chairs: Instead of the usual tight seat, a semi-attached cushion, shirred border, contrastin gimp that follows the scalloped line of the wood. Walls: Glazed lighter in a corner to compensate fo shadows, darker near the windows. Curtains: Lined an interlined to hang just right, with a bias border of the same striped silk.

We work with craftsmen who are real artists, very much involved in the creative process. Our ideas all fizz together.

The finished room, *opposite, far right,* with pleat-up blinds to filter daylight, lamps on dimmers (and sometimes candies) to cast a glow at night. From the floral, somewhat Oriental chintz of sofas and dining chairs comes the colors of the apricot silk chair, plaid pillows, green silk ottoman, and velvet wing chair. For lightness, one sofa and a chair in white ribbed silk. On the far table, a Degas bronze horse that belonged to the client; on each sofa, a Parish-Hadley trademark: the soft handwoven throw.



cabinetmaker: chair frames (some rare antiques) used as models





Building the pedestal for a Parish-Hadley designed table; *right:* the cabinetmaker's shop



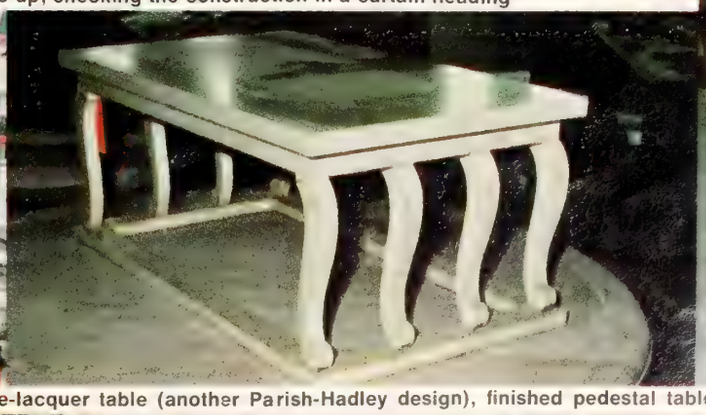




Next page: insights into the inimitable Sister Parish

upholsterer: hand-building a sofa from the frame up; checking the construction in a curtain heading







e refinishers, *from left:* lacquered chair, crackle-lacquer table (another Parish-Hadley design), finished pedestal table. *Below left:* dining chair.





THE UNSINKABLE SISTER PARISH

By Valentine Lawford

A personal insight into the woman behind those marvelous rooms: her decorating gifts, spicy wit, and good old-fashioned common sense

Mrs. Henry Parish II—"Sister" Parish to relatives and friends, critics and admirers, rivals and imitators—is by common consent one of the most gifted and successful American interior designers working today. The list of her clients over the four decades of her decorating career—for the last 14 years in partnership with Albert Hadley—includes names to make the mouths of even her most outstanding competitors water: Whitney and Astor, Coolidge and Rockefeller, Percy, Paley, and Getty—not to mention the Bank of New York.

Ask for an explanation of her preeminence from clients and fellow-decorators, and the answers are all recognizable variations on an identical theme: a combination of luxury and charm, perfect placing, consummate comfort, a sense of style, a feeling for quality, a natural taste. To which one should add—since by this time the well-worn vocabulary has a frayed look around the edges—that Mrs. Parish's professional talent is essentially inherent and unforced, a personal phenomenon owing its origin to the traditional standards and values of the well-founded northeastern seaboard world of her parents and ancestors, but admirably attuned to the changing present.

Interior designers are people who cover our sofas and uncover our souls; and Sister Parish is a brilliant examplar of the blend of craftsman and psychoanalyst that is characteristic of the most gifted member of her profession. She happens also to be a notably picturesque character in her own right, a figure custom-made for future legend, and the subject—or author—of a whole anthology of stories that only gain in the retelling. Her memoirs would be a rare compendium of the splendors and miseries of the decorator's life, and a gold mine of human knowledge. Unfortunately for us all, she professes to be totally devoid of writing talent—though those who have read *The Finest Rooms* (a decorating work published in 1964 by Viking, which contains a deceptively simple essay by her, entitled, indicatively, *First Memories)* may be forgiven for taking her disclaimer with a spoonful of salt. In default of the written word, anyone attempting to describe her in even modest depth must fall back on the spoken: and it is a very soft fall indeed. For of all the practitioners of her art, she has the driest and slyest and spiciest wit, and the most generous and articulate way of revealing herself in the course of conversation.

Listening to Mrs. Parish talk about her career—like being advised by her on the solution of a decorating problem, no doubt—is an unforgettable experience. She casts her spell and weaves her web, and you succumb irresistibly, even as you realize that you are being bound and enmeshed. More exactly still: It is reminiscent of sitting beside one of those reckless but expert young drivers of sports cars in the 1930s, who cut corners and rounded hairpin bends with such magic facility that even the most timorous passenger couldn't fail to enjoy the ride. The voice is high but soothing, the sentences are often hardly more than a succession of asides, the poise is innate, the manner casual but imperturbable, the anecdotes light as well as circumstantial, the recall total and then some, the occasional indiscretion hilarious. Even the one or two barbs are so randomly yet deftly placed that it not until later that one is aware that, intentionally or unintentionally, they are so fashioned as to be virtually inextricable from the victim—or the picture of the victim in one's mind.

Anything I've always wanted—something written down, for the *children.* But I never kept a diary; and I never talk shop outside my office, not even to Harry Parish, and I don't think I have an ounce of conceit about my work. By now I can scarcely remember what it is *not* to work . . . I inherited a very strong strain from my parents; but I never had any training for a career. I hardly even went to school. When young people today ask me which decorating school they should go to, my reply is: 'Either you have it in you or you haven't. You have to be prepared to work from 7:30 A.M. until midnight. You can never give in, you can't say: I'm tired. It's really a question of pure guts.' Personally, I still can't count, can't add, can't take away; and I've never filled up a check stub. But I have an instinct that warns me when there's no money in the bank. I just *know* when I can't afford something."

The brush-off about her education or the lack of it needs slight qualification. One of Mrs. Parish's friends and contemporaries vividly remembers when they traveled together as new girls to Foxcroft that Sister—a 13-year-old product of Miss Chapin's School, wearing a *(Continued on page 146)*



Mrs. Parish in her own apartment, which grows and changes as her ideas do. Now: chintz roses, the fabric purposely mismatched, for chairs and pillows on sofas covered in the same white damask as before (see the way it used to be on the next pages). Walls were already aubergine vinyl, but mirrored panel is a new addition as are the two huge bronze doré wall sconces. The rug is an antique English needlework oval. The biggest surprise is the ceiling: squares of silver teapaper, now tarnished slightly gold. The room is usually lit by candles, including, in the window reveals, two Venetian glass chandeliers "that blaze away between the curtains." Choosing curtains put Mrs. Parish in the client's role for once: "I couldn't decide, and I had to leave for another job, so I asked my staff to do them. When I returned I saw these outrageous pink taffeta curtains, unlined, billowing in the breeze. 'Take those awful things down at once!' I said. But I was begged to keep them for three days. I did—and I must admit I love them now . . ." she casts an affectionate sidelong glance at her staff. "But they make the room a conversation piece."

HORST



Silvery ceiling, silvery blinds shimmer in candlelight

nlaid star table, old bronze doré sconces

A framed mirror on newly mirrored wall



May 1973: Basket garden in Maine.



September 1974: Painted grass in sitting room-pantry.



March 1976: Glazed blue library, a tiger-striped sofa.

FROM SISTER PARISH'S SCRAPBOOK

A career of decorating landmarks, trend-starters, rooms that have made history—all from past pages of House & Garden



May 1973: Découpage, other crafts at Parish shop.



March 1974: Lots of patterns, color for a living room.



February 1974: Melon walls in a log cabin.
January 1967: Five florals for fireside group.



September 1974: Stenciled floor in a breakfast room.
March 1974: Yellow-glazed floor, multiple pattern.



September 1972: Mrs. Parish's living room as it was.
April 1971: Walls wrapped in brown paper—a first.









ruary 1974: The quilted table cover—a new trend.



April 1971: White wicker with blue-and-white cotton.



May 1973: Americana quilts in a Maine bedroom.



tember 1972: The Parish apartment: another mood.



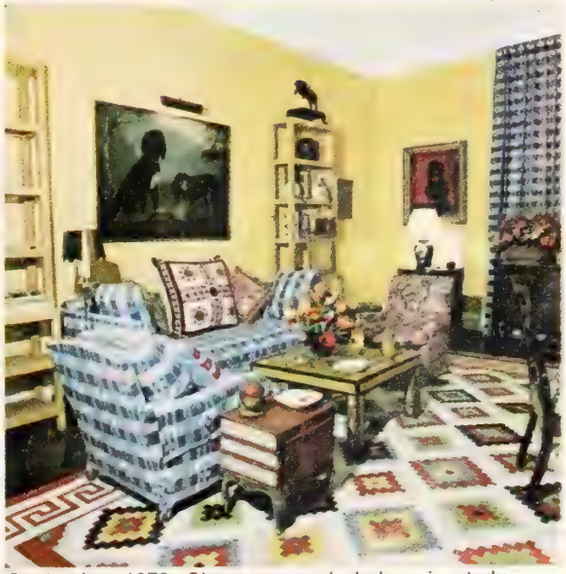
March 1971: Chintz roses, a handmade Irish rug.



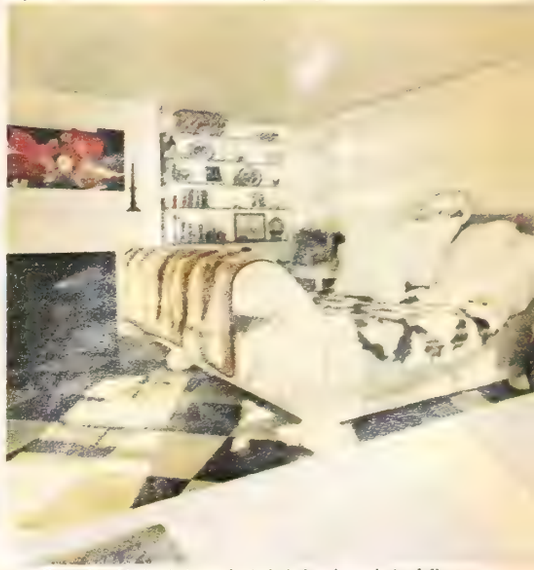
April 1971: Quilted sofa, granny-afghan pillows.



gust 1970: Yellow! For a room without *real* sun.
nuary 1967: Salvaged furniture (100 pieces, $100).



September 1972: Straw-wrapped shelves in study.
January 1967: Mrs. Parish's famous "undecorated look."



April 1971: Upholstered sleigh bed, painted floor.
October 1966: The White House Oval Room.







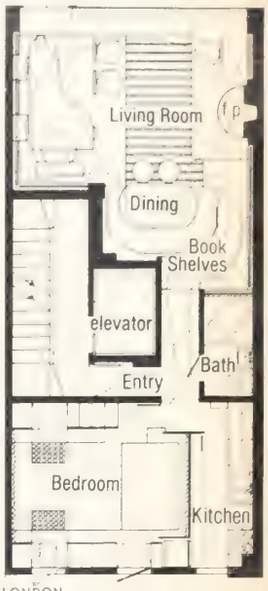


Mirror, lights, carpeted platforms, storage

A SPECTACULAR APARTMENT BY PAUL RUDOLPH

This is living on another level, where everything—color, texture, shape—is distilled into brilliant simplicity. Paul Rudolph insists it makes city living easy.

Everyone needs change. Some people move to new places; others stay put and alter their surroundings. That's what Paul Rudolph does. He has lived in the same two-room brownstone apartment for twelve years and changed the interior—radically—three times. "Everything is tossed out except the Steinway grand piano, my favorite possession. I couldn't possibly live without that!" For years, he says, he has tried to get away from conventional furniture because he finds lots of legs on chairs and tables too distracting to the eye and the space left over too difficult to clean. Here, then, is the third version of his living quarters—a soft-edged, beige-carpeted, much-mirrored environment, which is, he jokes "like living in a milk bottle." This marvelous design deals simultaneously with limited space, adequate storage, imaginative lighting, as well as fresh ideas about furniture. "We all know," says Rudolph, "it's hard to get quality cabinetwork done today without spending a great deal of money. So I've come to the conclusion that simple plywood platforms covered with carpet are one answer." Foam is sandwiched between base and carpet to make the surface soft to sit on and usable as guest sleeping space. In his living room are two platforms, raised 4 inches off the floor, with lighting underneath so they "float" at night. One platform sweeps around the fireplace. The other, on the opposite side of the room, incorporates the piano. Three swiveling seats with metal backs are built into these platforms. ("I love the idea of mobility within a fixed element.") They turn around to make "headboards" when the surface becomes guest bed. Overhead curving, double-shelved storage holds books. On white walls is a series of Rudolph architectural drawings.



LONDON

LIVING-DINING ROOM, GUEST ROOM, LIBRARY, WITH CONCERT GRAND PIANO ALL IN COMPACT 20-BY-19-FOOT SPACE.

Above: **floor plan of brownstone apartment.** ***Below:*** **inside of fireplace and hearth are mirrored. Metal backs on the swivel chairs are made of flat springs more often used in beds or upholstered furniture. "A cheap idea," says Rudolph, "they cost $20 altogether." All lighting is at floor level. The tiny pinpoints that glow between carpet "planks" are miniature light bulbs set in translucent plastic strips.**

TOM YEE





In a spectacular apartment *continued*

WRAPAROUND DINING, MIRROR CURTAIN, A FLOOR IN LIGHTS



A dazzling curtain made of mirrored plastic strips draws around the dining area, creating a satisfying curve in a square room. Dining seating is a continuation of the piano platform. An oval of white plexiglass swivels—to let guests sit down.

Paul Rudolph believes in restricting materials. The fewer the better, he says, in all projects, particularly small interiors. "Even in cities," he observes. "Look at Mykonos. It's just stucco and paint and the whole town is marvelous." On his own territory, he chooses plastics and carpet. He came to terms with 20th-century materials (concrete and plastic) a long time ago. "Some people feel plastics should be banished; I don't feel that way at all." Note detail in mirrored curtain. Clear strip at eye height —to see into the room from outside.

GLITTERY DINING FOR FOUR OR SIX. IF THE PARTY IS LARGER, UP TO EIGHTEEN CAN SIT AROUND ON PLATFORMS.

Above: **Dining curtain and reflection from the corridor. Walls are surfaced with plexiglass panels, dark green—"to look like a forest."** ***Left:*** **the dining table sits on a plastic cylinder, "an antique," explains Rudolph, "that I found on the street. Next to my piano, it's my favorite thing." Lighting is on dimmers, adaptable to the mood.**



In a spectacular apartment *continued*

CASCADES OF MIRRORED LIGHT, STORAGE EVERYWHERE

Mirror across the ceiling, mirror on two walls. Curtains of miniature lights. This is Paul Rudolph's bedroom. "It's hard to be depressed in here," he says.

Almost every inch of surface that isn't mirror is carpet—the same as in the living room. It runs up the wall, wrapping closets for clothes, stereo, linens, luggage. Around the room, a carpeted seating platform: space for books and records, a step to reach closets in window reveals and other niches. Since storage reduces the room to 9 by 14, mirror was inevitable. In front of mirrors light strings hang from ceiling suction cups.

CARPETING IN A SMALL APARTMENT BEDROOM MAKES EVERYTHING SOFT, QUIET, AND SEEM MORE SPACIOUS.

Above: **floor-to-ceiling closets create useful niches.** ***Right:*** **novel seating is balls of stretch** fabric threaded through transparent plastic sheets. Room photographed with fish-eye lens.



BEDROOM reflected in mirror ceiling.

PAUL RUDOLPH TALKS ABOUT LIGH SPACE, AND DESIGNING FOR NOW

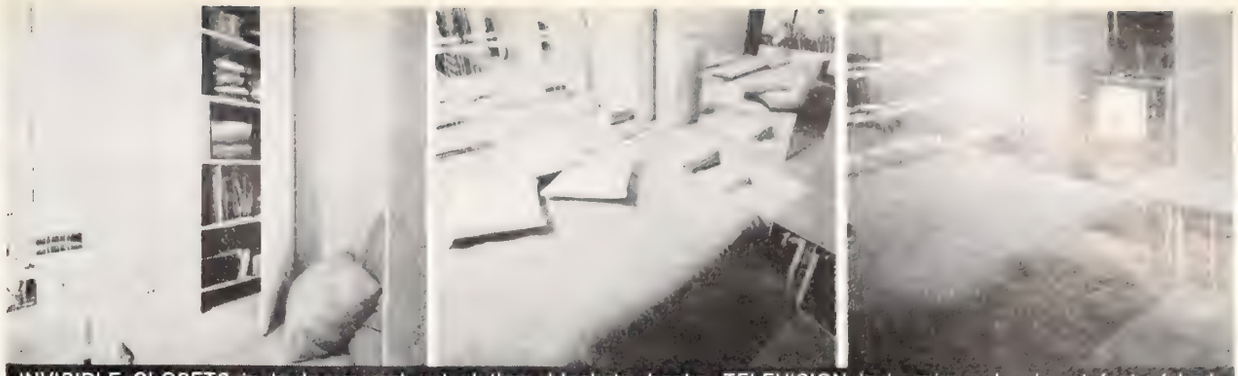


ARNOLD NEWMAN

Paul Rudolph's compulsive urge to build, to defy existing rules, to explore new approaches in architecture, has earned him accolades and criticisms through a long, productive career. He has built more than 50 significant buildings, schools, and government offices, and about 40 private houses. He was coordinating architect of Boston's urban renewal project and architect of Government Center, New Haven, Conn. One of his most talked about designs is Yale's Art and Architecture building, a commission he received while chairman of the University's Department of Architecture between 1958 and 1965. He is a doer rather than a writer or talker. "If an architect cares enough about architecture," he says, "then he must design—create rather than make judgments." He adds that he never relies on inspiration in his work: "I prefer thought." One idea persists in the forefront of his mind: making architecture that signifies our time. This has led him to megastructures using mobile-home components ("one in three residences in America today are mobile homes; we can't escape that"), to experiment with all modern materials, particularly the plastics, and to design for the automobile. His award-winning New Haven parking garage, for example, is a building that, he says, has a definite connection with cars and movement: "It's more than an office building with the glass left out. People kid me about my lack of interest in fine detailing and craftsmanship, but I don't want things to be too precious. I'm interested in the space and the light and the proportions. And texture, which is much more important to me than color. I like all materials—stone, marble, wood, or plastic, which I like very much. Each material has its own nature and its own qualities. What's appropriate in one place isn't necessarily appropriate in another. People think of me as building in concrete, which I've done a great deal of, but I've also built houses in wood and steel. When I was teaching I used to say that if a design is good you don't have to tell me what the material is because the form and the material marry to one another. But, of course, there's an opposite approach—you could say that the Renaissance was almost based on making materials seem that which they were not." Paul Rudolph assesses the 20th century as one in which nothing is ever completed, nothing is ever fixed. "Therefore a building or an interior can only be thought of in relationship to a changing setting." It must be flexible, expandable, ready to absorb additions, adapt to a shifting environment. This emphasis on mobility is paired to a concern about the psychology of space. We are not living in orderly, elegant 18th-century splendor. Our age speaks of jazz, speed, mind expansion, new perceptions, breaking through social, moral, and scientific barriers. Of course, it takes courage to respond to all this. Misunderstood perhaps by professional classicists who dismiss Rudolph's lights-and-mirrors environments as too theatrical, these designs nevertheless make the people who live in them feel comfortable, happy, exhilarated, warm, protected, adventurous, up-to-date, and very much part of *now*. All Rudolph's rooms read out the same message: Get away from "leggy" furniture, live with as few knick-knacks as possible, keep walls clear of paintings and ornament, throw out conventional lamps. Live joyfully and sensuously. It's not that he just designs conventional elements *out*. More important is that he designs two powerful mood-makers *in*. Central to the feeling of exhilaration and joy in his spaces is the lighting, and key to the sensuousness is texture and scale. Explaining strategy, he says: "Today most of us are presented with an 8-foot-high plaster box. There is a temptation to crowd this with things to give it atmosphere. They all *compete* within the space, which, to me, is overwhelming. Then easel paintings, prints, or posters are added to the wall, which all contribute to the "over-decoration." We've really forgotten that the great interiors of the past had almost no furniture, or that the furniture was overpowered by the dimensions of the room and was almost incidental. Decoration was built in, mosaics on walls, paintings on ceilings. Because of economics today, we can never achieve this." But bearing such principles in mind, we can, in small spaces, minimalize free-standing objects, and decorate with light. "Pinpoints of light can be used in a room to break down the scale and make the space seem more human. Combined with mirror they will expand the space both vertically and horizontally. And, the wall that glows is so much more interesting than the standard lighting fixture. Light coming from the floor gives a very subtle effect." Paul Rudolph has through his career risked everything to explore new routes. "That involves being wrong, but it's the most important thing I must do."

> "The aim of architecture is to create in space an appropriate psychological environment"

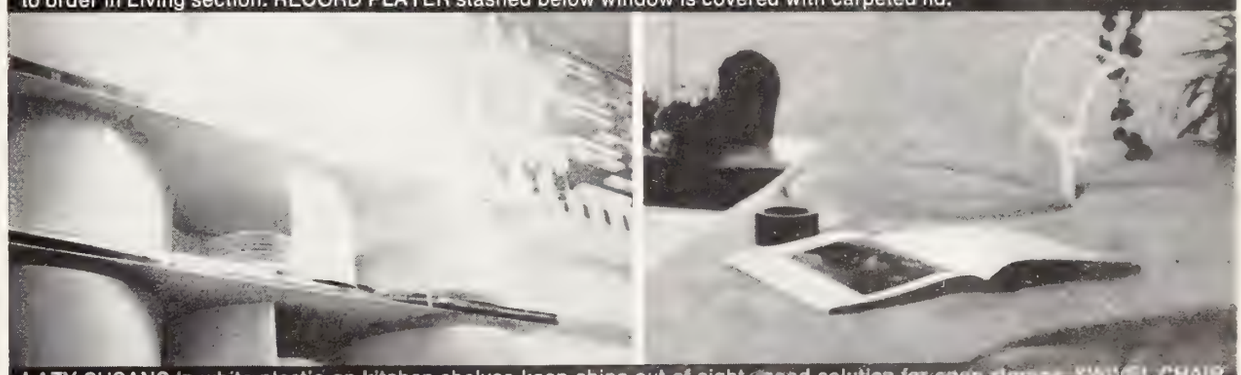
TOM YEE



INVISIBLE CLOSETS in bedroom sort out clothes, blankets, books. TELEVISION is in mirrored cube at foot of bed. FLIP-DOWN side reveals TV screen. BED is covered with beige mohair blanket.



MIRRORED CURTAIN made of narrow plastic strips faced with mirror, a new Rudolph design now on the market. Learn how to order in Living section. RECORD PLAYER stashed below window is covered with carpeted lid.



LAZY SUSANS in white plastic on kitchen shelves keep china out of sight—good solution for open storage. SWIVEL CHAIR is built into carpeted seating platform; wire back performs as chaise or headboard for guest bed.



LIGHT CURTAIN in front of bedroom mirrored walls is made of strings of miniature bulbs covered with TRANSLUCENT PLASTIC TUBES and hanging from ceiling. CHANDELIER, far left of picture, has tube-covered bulbs on electrified strips.



GRAND PIANO recessed in seating platform. CARPET PLANKS in living room channeled with rows of miniature lights. Bulbs are plugged into electrified strips, in turn plugged into wall outlets.

With today's electronics you can stay at home and let the best of the world come to you. A separate room for your mediaworks keeps it all ready when you are and puts the sights, sounds, and excitement in a special place of its own

Mediarooms designed for a new kind of entertaining at home



At home with a big-screen sports fan

ACTOR JOHN HILLERMAN has an Advent VideoBeam (it is 4 by 6 feet) projection television. "It's great for sports and movies," he says. "The big screen gives me the dimension of a theatre. I feel I'm back in movietime again." A remote-control unit opens and closes curtains, changes and fine-tunes channels. Other controls adjust screen detail and sound. The screen should not be touched with fingers, since it affects the surface—tell the children!





FOR MOVIE WATCHING, Mr. Hillerman has a brown velour modular "playpen," with ottomans by Selig, that seats ten. Easy-to-reach cubes hold trays for a media-dinner. A remote-control unit allows no-motion entertainment.

Scene set for an actor



"I HAD IT INSTALLED when I decided to give a party for the Academy Awards," says actor Paul Dumont of the Advent VideoBeam projection television and JVC 6300 videocassette recorder. "They are the best quality and value on the market." The room that houses this equipment was designed by Mr. Dumont himself. He bought inexpensive shantung and shirred it on the walls, windows, doors, and closets. Each side of the Advent screen is flanked by two freestanding columns, also covered in the same fabric, which contain his audio equipment and speakers. "The effect is as though you were looking at a stage," he says. Opposite the screen, *left*, on either side of the projector, are twin beds, upholstered by Mr. Dumont in a creamy white fur fabric (which also covers the equip-

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BIG SCREENS

ENT VIDEOBEAM 750

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KP-4000

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TV SETS

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CHI CU 150

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consuming the same
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watt bulb.

inued on page 163



Electronic fun and games



THIS MEDIAROOM contains the giant (1,200 square-inch) Muntz Home Theatre television. With the mammoth screen, it's fun to play electronic games like hockey or tennis, as Mrs. David Begelman and Mrs. Leonard Goldberg of Beverly Hills are doing here. To the left of the screen, and above, is the Sony Betamax videocassette recorder, which records TV programs, so if you are out you don't have to miss the latest episode of *Upstairs, Downstairs*. You can rerun the tape later, and even record a show while tuned in to a different channel.

A white velvet-
sofa faces the fire-
The control panel
TV is on a table
the sofa and the
with a remote con-
cessible from both
The floor is poly-
ed wood. Mr. Du-
believes that good
on installation and
ent is essential for
ediaroom planner.
n was installed and
ntained by New
Projectivision.

MARC HISPARD

Electronic equipment keeps you in touch with the world without moving



ELECTRONIC MARVEL tained in the console b Bendetts' bed. On the le a clock-radio, two teleph remote-control switch, a containing controls for speakers, balcony lights, switch. On the right, f phone, tape recorder, intercom. Each side of th its own electric blanke switch, and storage belov

A push-button dream world

"PURE PLEASURE," says David Bendett, theatrical agent, of his electronic equipment, which dominates the living room and bedroom of his Beverly Hills house. His wife, Kathleen, an actress, is equally delighted. "I understand all the buttons," she says. In bed, *right*, they watch a small Sony remote-control TV in the ceiling.





THEIR BEDROOM, *left and above,* was designed by Max Dommartin in shades of yellow and brown, the walls lined in strips of hand-applied wood. Behind the bed, *above,* is an amazing power center which contains controls for clock-radio, electric blanket, TV switch, front door, tape recorder, and video intercom. **THE LIVING ROOM,** *left,* also designed by Max Dommartin, is mostly brown. "We feel browns are restful." The carpet and sofa are made of the same thick-pile fabric, which provides good insulation as well as being comfortable. Here, another large console contains their fabulously elaborate audio equipment – McIntosh amplifiers, preamplifiers and tuner; Bang & Olufsen turntable; JBL speakers; among other refinements, making up a "double" quadraphonic sound system (one for each room). "You have to be crazy to want all this," says David Bendett. "Half the battle is not to be intimidated," says his wife.



Entertaining by remote control



NOEL BLANC is in the TV business, so he knows what he wants. In his living room he has an Advent VideoBeam with 80-inch screen, which he watches here with Martha Smith. To the right is a Sony Betamax recorder (described on preceding pages). Wool curtains, carpet absorb sound.

Shopping information, page 164



MR. BLANC'S bedroom, *left,* designed by Betty Garber, has gray and white pinstriped flannel on bed and walls. White wood ceiling and lots of windows flood the room with light when not used for viewing. Opposite the bed he has a Sony color video projector and screen. "It is small and serviceable," he says.

"CITIZENS BAND radio is to the seventies what hi-fi was to the fifties," Noel Blanc believes. His own CB radio, *right,* is a Sonar, which has a tube rather than the regular transistor. "I wanted to test it." In four years, "one out of every three cars will be equipped with CB radio."





CUSTOM-MADE TV remote-control unit, *left,* is at the right of Mr. Blanc's bed. It also controls light, curtains, and sound. He also has a heat-sensitive beam at the entrance to the room. When a body enters, it turns on hi-fi, music, and lights. When the body leaves the room, this beam turns everything off.

Health, inside and out, at Ruffage—ne

The 25-foot

On a spinach and lettuce bed—
35 munchables: celery; carrot;
red, white cabbage; sweet peppers;
radish; purple onions;
scallions; cauliflower; zucchini;
cucumber; kidney beans;
chick peas; mung sprouts; beets;
mushrooms; olives; Cheddar cheese;
tuna; tomatoes; alfalfa sprouts.
"Is your family joining you?"
jokes owner Richard Simmons
when he sees a customer
make too large a salad.
The most popular salad:
"mounds of everything."
For complete salad
check list and
recipes, see
Wine & Food
section.

JAY STEFFY

Three of the creamy, low-calorie salad dressings created by Richard Simmons. Cottage cheese-based, lemon-mushroom with apple, yogurt-garlic and cucumber. Poppy seeds, parsley to sprinkle.

staurant-gym

salad



HIGH-ENERGY EXERCISE CLASS
Richard Simmons, *left*, leads the line in his Anatomy Asylum. Music is the best of Broadway—like *Chorus Line* and *Chicago*. He tells students, "look in the mirror when you are doing your exercises and pretend you are performing for 10,000 people."

Also on the menu—a fruit salad to top with Richard Simmons's honey-yogurt dressing. To garnish it, *clockwise, below:* bowls of sunflower seeds, walnuts, raisins, sesame seeds, soy beans, rye seeds.



When Richard Simmons was part-owner and comedian at "Derrick's Second Floor" restaurant, he weighed 268 pounds. His weight-loss formula "energy output, ood intake" brought him down to 135 and pawned his brainchildren, Anatomy Asylum nd Ruffage, the exercise spa-restaurant in Los ngeles. Plump customers are admonished there was shortcake under your strawberries ast night." He says, "It's laughter I'm after." harles Burke and partner Michael Dalke de- igned the white-on-white environment of restau- ant and exercise studio right down to the menu. he salad and the people star in the cave-like estaurant background—stucco walls, white tile loor, ceiling of white photographers' umbrellas dged with Tivoli lights. Brighter gym lighting is ubtly energizing. Classes, $4.50; do-it-yourself alad, $2.95; R.S.V.P. (Richard Simmons Very Protein) tastes like a maxi-calorie malt, $1.50.

How to control your weight, your temper, and your life

BY CAROLINE SEEBOHM

What is responsible for what goes on in your life? Is it you, yourself, or is it external events? Psychological research indicates that people differ quite markedly in the way they attribute the causes of major events in their lives. And it may not surprise you to learn that people who think they themselves are in control of things are usually in much better shape than those who feel they are out of control. In fact, the extent to which people feel they are gaining control over their lives is used as a measure of improvement in psychiatric wards.

Yet not so long ago "control" was considered a bad word. Children were taught to be uninhibited. Parents believed that too much discipline might hinder their offsprings' emotional development. Generations of psychiatry had led Americans to be suspicious of restraint or self-control. My own English upbringing of stiff upper lips and being seen but not heard was regarded as barbarous. (Our nanny, when annoyed, used to break plates over my sister's head or lock her in closets. She never complained!)

But what has happened? Could it be that "letting it all hang out" has become old-fashioned? One of the key attractions to the Reverend Sun Myung Moon's followers is his insistence on discipline. The young "Moonies" are rigidly organized by timetables, work assignments, and other forms of social structure that they seem to thrive on. Their lives are under control.

Est, another astonishingly successful movement with the under-35s, offers a rigorous course in self-discipline. The first day's "training" (note the word) involves sitting for many hours in silence listening to a trainer heap abuse and instruction upon you, during which you may not leave the room, even to go to the bathroom. The *est* teaching is a basic approach to self-control: "You are responsible for what you are," they tell you. "Irresistible forces are not sweeping you into disasters at home or at work. You are in control of your life and what is, is, because you willed it so." It is precisely this philosophy of returning responsibility to the individual, that has caused *est* to be so enthusiastically received.

In a recent interview, writer Nora Ephron was asked this question: "Women often want everything. What is everything to you?" She replied, "Everything to me is just very simply being in control of my life."

But how do you get control? How do you impose self-discipline? How can you summon up enough willpower to prevent yourself getting out of control?

The people who probably most often ask these questions are dieters. Losing weight is surely one of the most testing arenas of all for practicing self-control. Peter Herman, Associate Professor of Psychology at the University of Toronto, has been studying the conditions which affect a dieter's resolve, and what he has discovered may cast some light on that most elusive of human qualities, will power.

"I believe that will power is something everybody has," Dr. Herman says. "It comes and goes in varying degrees, but it's always there. The problem with previous formulations of will power is that it has been regarded as a trait which is either there or not there, and therefore there's not much you can do about it except develop it through character-building exercises, which probably won't work. Everybody, for instance, is actually capable of resisting food. It's simply a matter of bringing to bear those mental conditions which permit that sort of resistance."

Dr. Herman has studied breakdown of will power in dieters in three categories:

1. "Binge eating." He found that dieters in his experiments had a threshold of calorie consumption in their minds. If for some reason they went over that threshold, then restraint broke down entirely and they blew their diet. (The test involved feeding enormous milk shakes, followed by ice cream, to dieters and nondieters. Non consumed the milk shakes like any normal animal, m only a little ice cream. The consumed the milk shakes feeling they had gone over t ate very large amounts cream.)

2. Alcohol. Very surpris sults emerged from this ca When Dr. Herman gave alcohol *without telling them alcohol,* then they kept to

3. Emotional stress. Dr. man scared his dieters, and enough, they ate more when were scared than when they not. The nondieters ate con ably less when they were s "Physiologically, the effec emotional stress ought to

From research psychologist Peter Herma some surprising new discoveries about

self-discipline

diets. "Alcohol, if you are un that it's alcohol you are dri seems simply to have a se effect on you and make you little better. And it turns ou feeling better is one of the tions that helps a dieter stay diet. But when we told our jects it was alcohol they drinking, then they started control and eating more as sequence." (This says some about alcohol as well as diet you need both the alcohol an perception of it as alcohol in to get drunk!)

Self-awareness and self-control are inseparable. You can't have one without the other

›press appetite," he says. "If you biologically nervous, nature set things up so that digestion not what you are particularly ncerned with; you are in a 'fight-flight' stance which is counter-›ductive to digestive activity." . Herman thinks that the reason ters eat more when they are xious is that for them, self-con-l or restraint is some kind of ntal suppressor of appetite, and t the emotional stress somehow ects or swamps the restraint chanism. "If you're worried out something, there's only so ich of your mind left over to de-te to worrying about staying on ur diet."

His newest experiment is prob-ly the most revealing of all. He ok his dieters and put them in e same situation as when they d previously overstepped their reshold with the milk shakes, *t with an observer present.* The fect on the dieters' behavior was ite remarkable. "They ate just much as they normally did in e absence of an observer—but hat was different was that they anged their pattern of eating, so at they ate less after the enor-ous milk shakes, and more after nall ones. In other words, *they haved just like nondieters."* With e observer present, the dieters d rationalized their behavior. hey ate just the same, but logic-ly—i.e. eating less when you're ll than when you're empty—be-ause they were being watched.

Dr. Herman suggests two im-ortant conclusions from this ex-eriment: (1) The dieters could at perfectly normally when they anted to, which indicates self-ontrol is there all right, and (2) e presence of an observer made em think, "What would an ordi-ary person do under these cir-umstances?" And then they tarted eating like normal human eings.

What happened was that the ieters became *self-conscious,* and hat appears to be one of the keys o self-control.

"Learn to see yourself and what ou are doing," says Dr. Herman. *'Self-awareness and self-control re inseparable. You can't have ne without the other."* Ideally we hould place an observer in our eads. To some extent we do any-way—we are all social beings, and ve carry around other people's pinions of ourselves. (This starts n earliest childhood: "The biggest factor that determines a child's sense of self-esteem is what he thinks his parents think of him," comments psychiatrist Dr. Thom-as P. Johnson.)

Self-esteem, the next step in self-awareness, is another aid to

Continued on page 235

How do you practice self-discipline?

It's all very well to know you're supposed to have will power to control your life—but how do you actually kick it into gear? Here five people, whose professions demand a special kind of self-discipline, tell how they make it work.



Dan Greenburg

humorist and writer, runs two houses, three cats, and has recently completed a book about his experiences with the occult, Something's There *(Doubleday).*

"I could not possibly hand.e a free-lance career—or my mortgages—if I were not self-disciplined. I've sort of conned myself into it. The way I do it is this: There are two kinds of activity in my life. One is the physical kind, such as doing errands—getting the typewriter repaired—and the other is creative work. I don't, or can't, do both at the same time. So what I do is kid myself into thinking that when I'm doing the errands I'm getting out of writing, and when I'm writing I'm getting out of the errands.

"Anybody who's successful has to be self-disciplined—but there are extremes. Somebody who's uptight, always keeps a rigid schedule, and won't deviate from it is very boring. But just as boring are the people at the other extreme, who insist on being late for things and going to wild parties even though they aren't having a good time. Hopefully you stay in the middle—lead a relatively structured life, get your work done, and have some fun."

Frank Okamura

is a bonsai master at the Brooklyn Botanic Garden, and teacher of the bonsai-do, the way of the bonsai (growing miniature trees), one of the most intricate and painstaking of all Japanese arts.

"People often ask me, 'Doesn't growing bonsai take a tremendous amount of self-discipline and patience?' My answer is, those words mean you are doing something you do not want to do. Patience means hard work, a hurt heart. Yet the art of bonsai is *enjoying*—



understanding what the plant wants. In the West, people seem to want instant results. But the enjoyment of bonsai comes in the feeling of beautiful shapes to come.

"All you must do is study, and continue to study, feeling that one day you will succeed. You must have the feeling, 'I can do it.' If you can hold in your head the dream of what you want to achieve, then you will enjoy the journey toward it."

Martine Van Hamel

is a soloist with the American Ballet Theatre, a constant witness to the determination and courage necessary to become a great ballerina.

"Self-discipline is the essence of a dancer's life. All the ingredients of my life go to the idea of perfection—perfection of technique, of musicality, of the body



and what it can do. For me, discipline is more than a duty, it becomes a way of life.

"Self-discipline means total concentration on the body—it is that concentration that gets you through. It is like breathing."

Christopher Isherwood

has spent a lifetime studying Eastern philosophy, as well as writing such books as The Berlin Stories, Lions and Shadows, *and out this fall,* Christopher and His Kind *(Farrar, Straus & Giroux).*

"I'd say I have persistence rather than discipline. It's like fishing rather than gymnastic exercises. There isn't an exactly fixed schedule



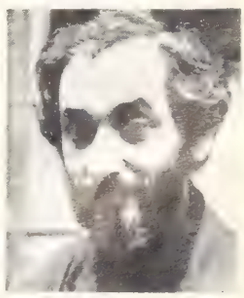
every day, but some motion of the will is made every day toward writing. It doesn't get any easier, so I'm not sure that one can learn it. It is an application of the will, and I am very conscious of the struggle.

"But remember it's always easier toward the end; because the opposition, the element of the will that is negative, gives up at a certain point and leaves you free."

Thomas Naegele

teaches animation and cartooning, and art history, at the High School of Art and Design in New York—a profession that surely requires the ultimate in patience and self-control.

"Self-discipline is a basic requirement for a teacher, who must constantly demonstrate how to deal with any and every exigency. I encounter difficult situations in school on occasion, chiefly young people who cannot take responsibilities and act



in defiance and provoke exasperation. To avoid a serious confrontation, I try to be polite, firm, positive, and, if need be, comical (I have a tendency to be sarcastic, which can backfire badly).

"So many youngsters are merely trying to get attention with their antics. If you snarl or berate them, they will become your enemy—while they really wanted to be your friend."

A house that makes everyone feel at home

New comfort with traditional charm



Designer George Clarkson believes in discovering the character of a house and then accentuating it. "This is a very country house," he says. "It's surrounded by woodland—so why not keep it in its rustic style?" The beams and paneling remain untouched. What is added is color and new furniture that blends perfectly with the old. "Not everyone can afford genuine antiques these days, and this house proves you don't need them."

Open to nature, welcoming, with original old beams and paneling, this house combines a fresh country look with a sense of tradition. The living room is 20 by 30 feet, with an oak floor and large open hearth. "It has a feeling of massiveness," says designer George Clarkson, "so I chose large furniture to make it feel even more voluptuous." Since the room is so big, he decided to plan an area for dining, too—with a drop-leaf dining table that stands behind the sofa (see following pages). "The room needed a warm color to keep it cozy," he says, "so we chose pale salmon, spiked with blue, for the upholstery." The entrance hall, *right*—"a very important space"—is bright blue and white, the colors relating to the living room. The library, *below*, with its old paneling untouched, was enlivened with a colorful rug and painting. All furnishings in the house are by Drexel Heritage, available at stores everywhere.

Bright look, left, for the living room, with upholstery fabric designed by Alan Campbell; woven all-wool rug by Harmony. In the hall, right, window seat covered with striped cotton chintz by Quadrille; needlepoint pillows and rug by Woolworks. Library, below, with sofas and chairs covered in channel-quilted chintz by Etalage; handpainted canvas rug by Floorcloths, based on a Quadrille fabric design; painting by Susan Scott from Deitcher/O'Reilly Galleries.

HORST



Library with original paneling; a handpainted canvas rug.

Front door opens onto country look inside.

New comfort—clean, fresh colors in an indoor-outdoor house

Every room in the house has an open feeling—there are no barriers to air or light, "just unobstructed views everywhere," says George Clarkson. In the bedroom, *below*, for instance, the four-poster bed is freestanding, with space all around it. All the white paint and fabric increases the feeling of lightness —the bed looks as though it might float away. (Bed hangings draw to protect sleepers from sun in an otherwise curtainless room.) The porch, *opposite page, right*, which runs along one side of the house, is open to nature—not even a railing to separate outdoor diners from the trees and woods. Wildflower blue and white for furniture and table linens tune in with the surroundings. At the end of the living room, *opposite page, bottom*, the large dining table opens up, with warm-toned, comfortable pale pine chairs around it.

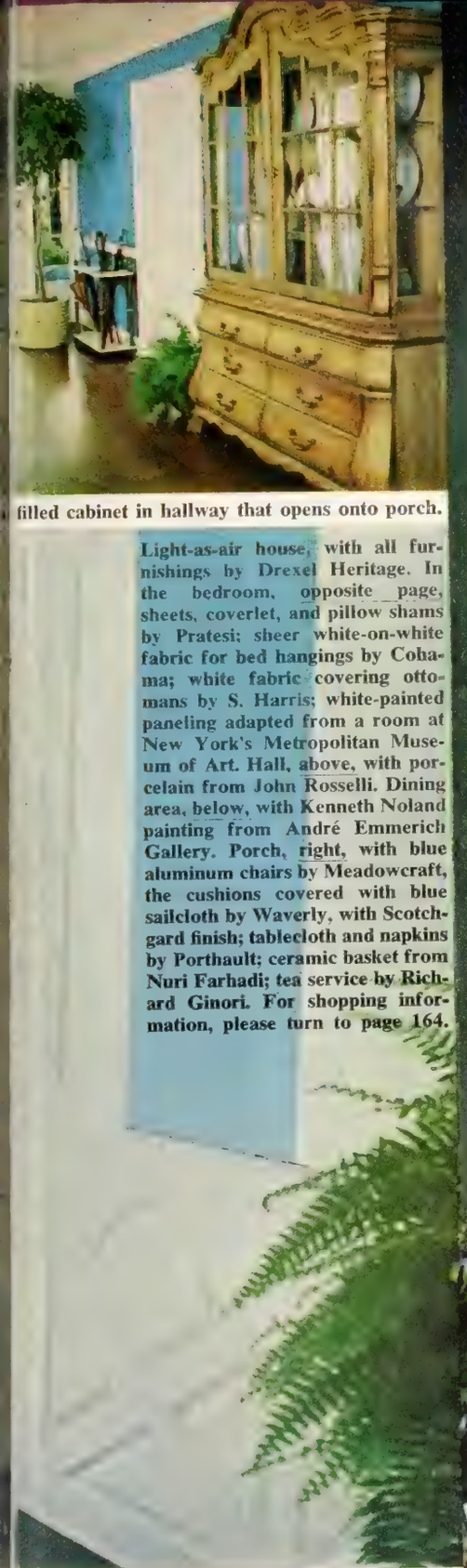
HORST



"Don't be afraid of a house with an antique feeling," George Clarkson advised his young clients. "It might look gloomy at first, but paint can work wonders." Careful use of color can also transform a house, he believes. "Choose one color, preferably one you can live with, and let it reappear again and again, in ceilings or woodwork trim. This gives a flow, a unity, as you can see the blue does in this house. Everything relates."

filled cabinet in hallway that opens onto porch.

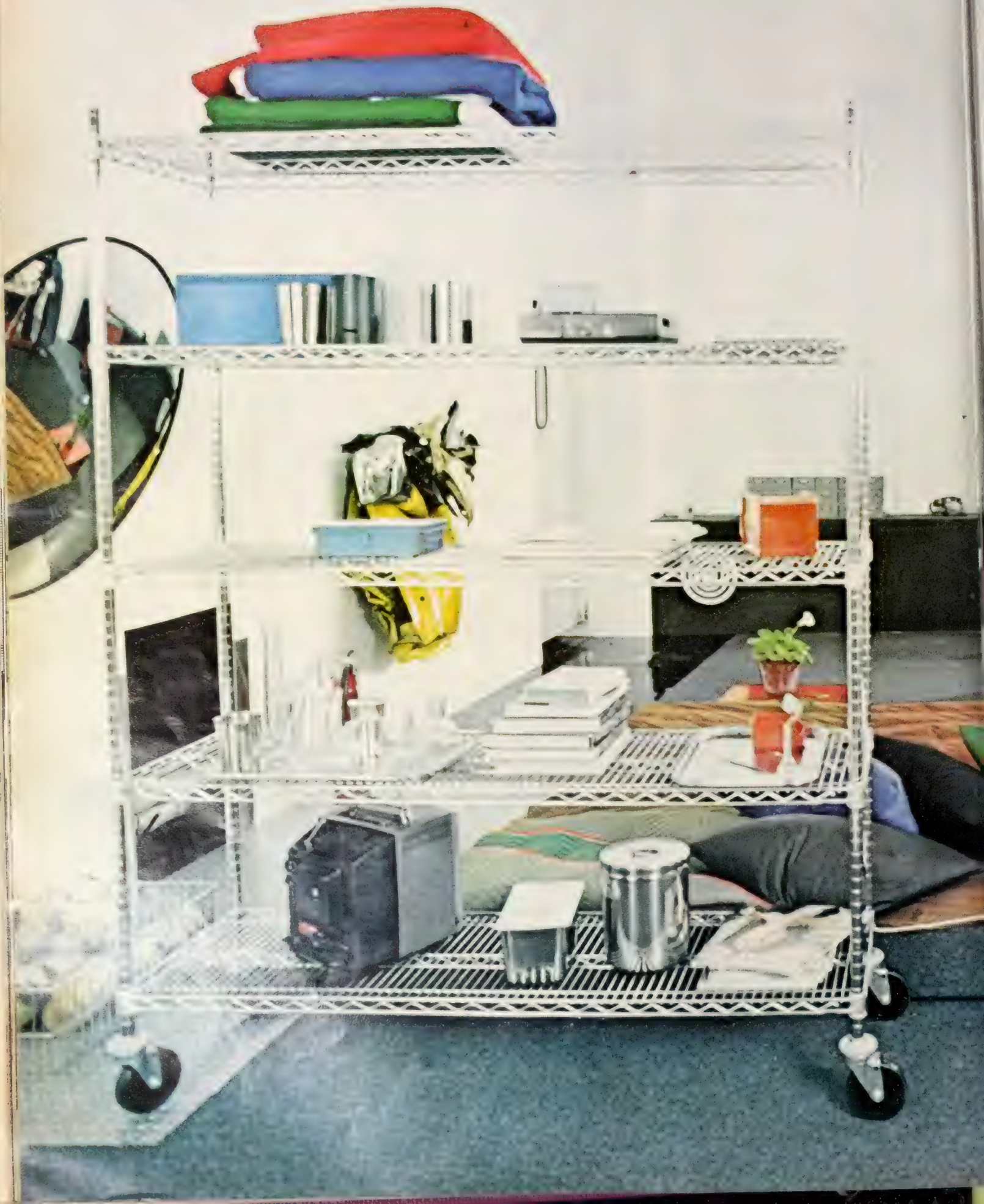
Light-as-air house, with all furnishings by Drexel Heritage. In the bedroom, opposite page, sheets, coverlet, and pillow shams by Pratesi; sheer white-on-white fabric for bed hangings by Cohama; white fabric covering ottomans by S. Harris; white-painted paneling adapted from a room at New York's Metropolitan Museum of Art. Hall, above, with porcelain from John Rosselli. Dining area, below, with Kenneth Noland painting from André Emmerich Gallery. Porch, right, with blue aluminum chairs by Meadowcraft, the cushions covered with blue sailcloth by Waverly, with Scotchgard finish; tablecloth and napkins by Porthault; ceramic basket from Nuri Farhadi; tea service by Richard Ginori. For shopping information, please turn to page 164.



f table at end of living room opens for dining.



The Industria..



Revolution

Tables, shelves, carts, and counters that once inhabited factories can now create a machine for living

By Linda Foa

Le Corbusier's definition of what a house should be was succinct: "a machine for living." What better way to create a machine for living—functional, precise, durable—than to go into the factories and workshops of our consummately industrial society and borrow the furniture? That's just what designer Joe D'Urso did to create the room at left. Furnishings and accessories in the room, designed especially for House & Garden, come from industrial sources. D'Urso, who teaches environmental design at Pratt Institute, has a passion for commercially produced items, and continually studies catalogues—industrial, medical, restaurant, automotive—to find things that will work in new ways at home.

The result: a sleek, linear room, clear tones on a background of white and charcoal gray, that is totally functional and will last close to forever. Common sense was important in adapting these pieces for the home, but so was imagination: Rubber flooring, a hospital door, bright-colored horse blankets, and chemical beakers are reincarnated here, and we savor them in their new guises. "There is no attempt to escape the mechanical," says D'Urso, "yet the room is very human."

An increasing number of architects and designers today are using industrial equipment in various settings, and a few innovators have done so for years. Among them: Paul Rudolph, Ward Bennett, Hugh Hardy, Charles Boxenbaum, Robert May- *(Continued on next page)*

Mirror reflects room from across-the-bed angle.

THE INSIDE STORY: Items in the industrial room, clockwise from left: metal étagère on wheels, Metropolitan Wire Corp., $200; bottom shelf, 6-quart stainless steel jar, Arista Surgical, $26; top shelf, horse blankets, M.J. Knoud Saddlery, $32.50; wire basket with logs, Metropolitan Wire, $42; on wall, John Chamberlain sculpture, Latino Disco, Leo Castelli Gallery; back wall, gray 18-drawer unit, Able Steel, $50; red "Tool Toter" on wheels, Shure Manufacturing, $175; standing lamp, Lux-o-Lamp, $88; red enameled workbench, Shure, $136; far right, gray cabinet, Lyon Metal Products, $193; metal tray, [illegible]; Refrigerator, $172; on bed, Northern Feather comforter, $170, Bloomingdale's; acrylic carpeting, Colonnade Carpets, vertical blinds, Louver Drape. Details on page 164.

SUSAN WOOD





More machines for living

ers, John Schiff, John Saladino, Joe D'Urso.

Ward Bennett has been intrigued with industrial sources since he began his design practice in the late 40s. He says his industrial inclination was inspired by an Erector set he was given as a child. To this day, Bennett feels that industrial constructions such as silos, dams, bridges, radar towers, and other engineering esoterica are among America's most important 20th-century architectural statements. Charles Eames was another pioneer in utilizing industrial sources. His Case Study house, built in Venice, Cal., in 1949, incorporated innovative industrial materials and techniques.

Ada Louise Huxtable, architecture critic for *The New York Times*, recently reported that the New York Landmarks Conservancy discovered 4,000 public buildings of a surprisingly high design level in New York City alone. Many are industrial installations such as pumping stations, sewage plants, piers, and firehouses.

The industrial mania doesn't stop with architecture. It's an honorable tradition with artists, too. Picasso and Duchamp used metal parts and everyday objects in sculpture, Andy Warhol glorified cans of Campbell's soup, and John Chamberlain, with his sculpture of car parts, *Latino Disco*, hanging near the fireplace on the facing page, logically sums up the industrial environment.

But what do industrial pieces offer us at home, designers' enthusiasm apart? Hearty construction without hefty prices or extensive maintenance (a metal stool doesn't need slipcovering, an enameled metal table will never stain or need waxing). And utilitarian good looks. These precision pieces are machine made and proud of it. They celebrate America's technological spirit and know-how.

With today's increasing machine-age awareness, interiors may change before our eyes. Barriers around Con Edison manholes will become skylights; subway gratings will double as air-conditioning vents; lolly columns will hang hammocks; tool chests will hold shirts.

Le Corbusier would approve. In an imaginary conversation with a modern businessman, he said, "All your energies are directed towards this magnificent end, which is the forging of the tools of an epoch, and which is creating throughout the whole world this accumulation of very beautiful things . . . in which mathematical exactness is joined to daring and imagination."



Designer Joe D'Urso

Read all about it in the catalogues

Most industrial and commercial equipment suppliers publish catalogues (some are distributed to professionals; others you can order) that make wonderful reading. Here are a few of the best.

Lyon Metal Products, catalogue #100-D (Aurora, Ill. 60507). 79 pages of heavy-duty metal equipment: lockers, workbenches, shelving. Free on request.

Schaefer System International (892 Broad St., Newark, N.J. 07102). *(Continued on page 231)*



Gray metal workbench with maple top and handy 18-drawer storage unit; Lyon Metal Products, $351.



Bright red platform truck on wheels could hold a large collection of house plants; Gleason, $67.



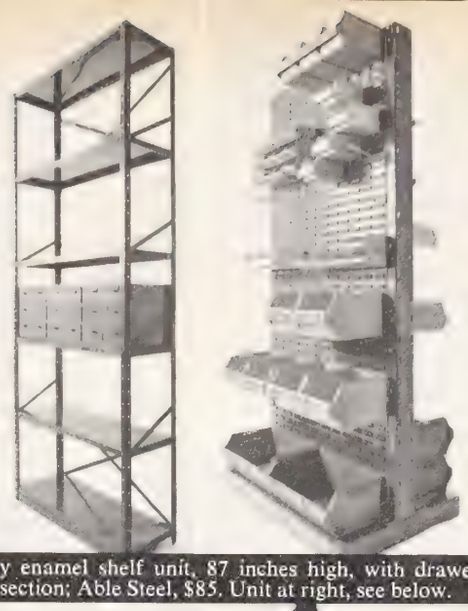
Freestanding electrical outlet; Midland-Ross, $20. Other items, page 164. Stools, *below*, Ajusto; $41 each.



Yellow metal docklight, adjustable height, attaches to floor and ceiling; Phoenix Products, $137.



atterned aluminum sheeting in front of fireplace; dam Metal, $120. Metal corner guards; Inryco, $15.



Gray enamel shelf unit, 87 inches high, with drawered midsection; Able Steel, $85. Unit at right, see below.



luminum hospital swinging door with one-way mir- ored window; Eliason, $117. Rubber flooring, Pirelli.



Floor-to-ceiling black lolly columns. Cheseboro-Whitman; $50 each; hammock; Hammacher Schlemmer, $40.



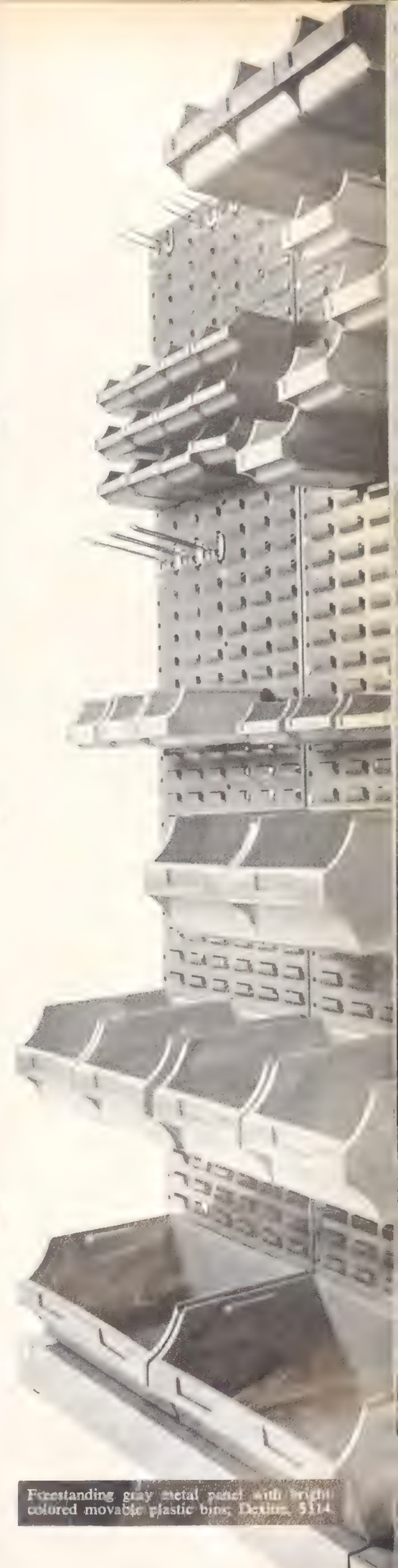
Horse blankets, M.J. Knoud, $33. Van covers; Acme Pad, $12. Convex mirror; Bell Detection Mirrors, $102.



Metal trash cans; United Receptacle, $36. Domed can; Walsh, $40. Birch/steel locker bench; Spiral Steel, $50.







Freestanding gray metal panel with bright colored movable plastic bins; Dexion, $114.

TOM YEE





Famous for his very 70s mood of relaxed and seductive clothes, designer Bill Blass extends his fashion ideas to decorating

"There's really no separation between the kind of thinking that goes into designing clothes and the kind that goes into designing something to live with. It's still the personal atmosphere that's important." To illustrate his point, Mr. Blass (with his associate Tom Taylor) put together a bedroom, *below*, using sheets he designed himself. The room has a pared-down, simplified, uncluttered feeling characteristic of his style. "Whether it's clothes or a room, the principle stays the same: Less is more," he says. "Even though I have some wonderful belongings, I'm getting more and more away from 'collector's clutter!' I had just returned from a trip to the Orient, and I wanted to recreate an Oriental feeling in this room that had that same calm and serenity."

A freestanding bed with padded headboard covered with a quilted sheet to match the top sheet, pillowcases, and channel-quilted, slipcovered armless chairs. The floor was padded and covered with wine-colored, wool athletic felt that cushions the floor just like tatami. The sheets, small-checked "Classic Square" and bold "Classic Plaid," are by Bill Blass for Springmaid; paintings by Sven Lukin.

SUSAN WOOD

TWO VERY PERSONAL POINTS OF VIE





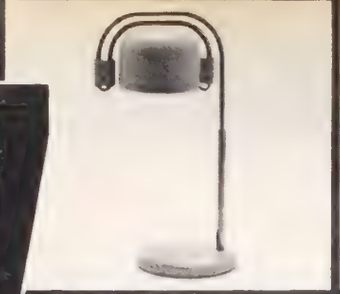
BOUT DECORATING

Actress, writer, and hostess, Lee Radziwill, known for her beautiful houses, now turns her talent to decorating

"When you walk into a room," says Lee Radziwill, "your first impression is important. Is it comfortable? Gay? Serene? Formidable? It's the initial impact that influences your mood." Mrs. Radziwill had started to think about having a design firm three years ago, but found that now was the time to get it started. "For me, the main pleasure of decorating is that I never use rigid styles. Every place I've ever done has been completely different from the last. The surprise comes from watching the whole thing take a style of its own—it's very exciting!" The feeling of the dining/sitting room she designed, *above*, is fresh, light, and airy.

The floor, painted a geometric of fruit colors, invites tracing it with a bare toe. Bloomcraft's Zepel-finished "Tosca" flamestitch print covers the walls. Mr. Blass and Mrs. Radziwill designed both rooms for a special project for Lord Taylor, New York. (Turn to page

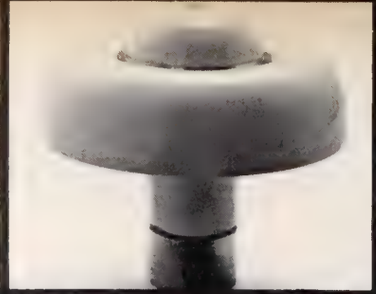
27 NEW IDEAS IN FURNITURE AND LIGHTING



LAMP with swing arm, enamel chrome. Hansen Lamps.



HEADLIGHT that mounts on wall, headboard, lots of colors. Luxo.



LIKE TWO IN ONE, dome and shade light separately. Galleria Mobili.



HOOD of white acryli Lamp by Galleria Mobi



CARAMEL LEATHER on a cantilevered, chrome frame. Stendig.



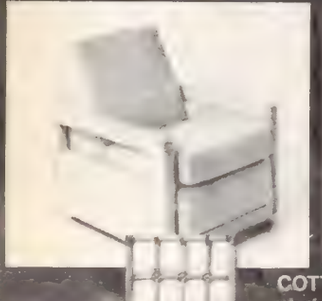
YOUR OWN UPHOLSTERED CORNER: leather chairs. Airborne.



WICKER BASKETRY woven on a chrome frame. Selig.



LEATHER THONGS woven to make seat, back. Calif-Asia.





COTTON RECLINER, *left*, Berkline; ash chair, *above*, wicker seat, back. Inter/Graph.



LATTICE FRAME chair, leather-tied joints. Thomasville.



LEATHER LOOK-ALIKE, cotton cushions. Design Institute America.

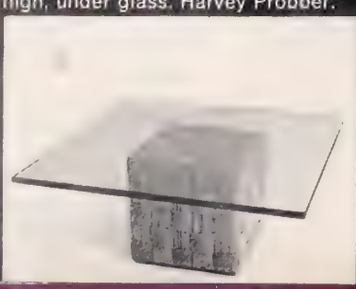


LOW CHAIR, 11 inches high, satin finished birch. Keramos.

9 CHAIRS: COMFORT YOU CAN SEE

Shopping information, page 164

LATANIA-COVERED CUBE, 16 inches high, under glass. Harvey Probber.



NESTING CUBES of oak and cane, recessed hand grips. Horizons.

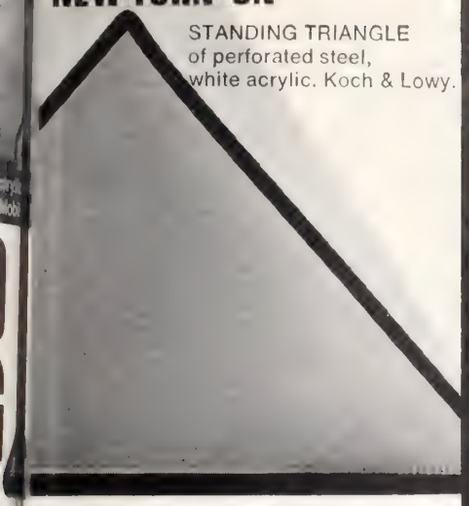


JACK-UP table. Willy Rizzo.



GHTS:

NEW TURN-ON



STANDING TRIANGLE
of perforated steel,
white acrylic. Koch & Lowy.

7 SOFAS: PARTS OF A SYSTEM



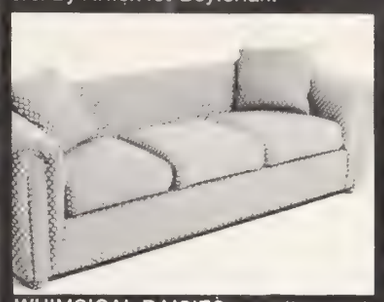
CALICO CHAISE, quilted zip-off covers. By Arflex for Beylerian.



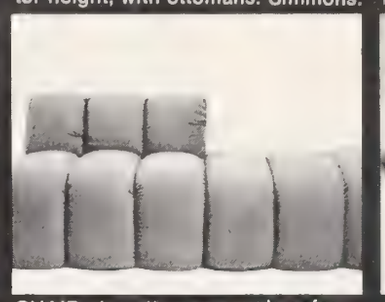
UPDATED SOFA-BED 31-inch shelter height, with ottomans. Simmons.



TUFTED CUSHIONED CHAISE with nubbly herringbone fabric. Selig.



WHIMSICAL DAISIES on yellow-and-white covered sofa. Phillip Daniel.



CHAIR plus ottoman equals sofa; channel-quilted wool. Directional.



ARMLESS LOUNGE with flip-back pillows, velour covering. Domani.



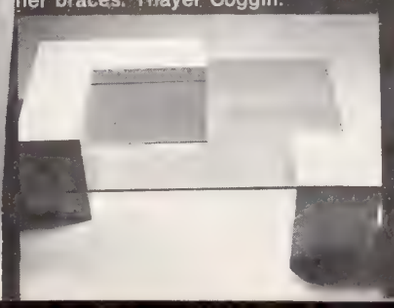
BED-TABLE-SHELF: modular
sectional by Atelier International.



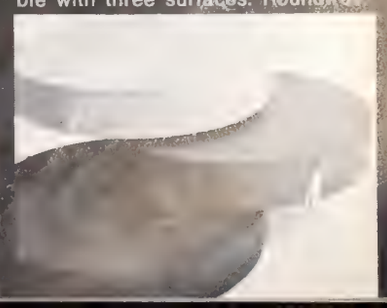
MAPLE CYLINDERS to
cluster or pull apart. Baker.

6 TABLES: ALONE OR ALL TOGETHER

COCKTAIL TABLE, lacquered corner braces. Thayer Coggin.



LACQUERED LINEN, swing-open table with three surfaces. Roundrey.



PLOTTING YOUR OWN PRIMROSE PATH

Easy-to-care-for primroses, scilla, and phlox in a garden of woodland paths

A little brook threads through shadowy tupelo and white pine. The soil is moist from the overflow of a nearby pond, and acid with thick leaf mold. Some people with a patch of woods might chop down trees or be content when a few wild flowers push through fallen leaves. Mrs. Arthur Adams's idea was to *add* instead—compatible plants to indigenous ferns and wild flowers. "We made our plan and little by little we carried it out, mostly by ourselves with very little help." She wanted a bark path amid ribbons of self-reliant flowers. Now in her eighties, she stays busy with all her gardens, and in fact, this is the second in House & Garden's own Adams Chronicles (see *An Espalier Garden*, March 1975).

"We put in bulbs and seedlings hit and miss years ago and haven't planted there since," she says. "The primroses began with a little trowelful of seedlings a friend gave me. The garden practically takes care of itself. The succession of spring flowers begins with the green spears and bright blue stars of scilla siberica, planted for early bloom—in February even in Massachusetts. Bulbs give way to blue and white phlox divaricata and blue phlox stolonifera in April. Phlox are joined in May by a pyrotechnic display of Asiatic primroses with coronets of white to crimson that shoot up as fast as earlier ones fade.

To start a woodland garden, first plant bulbs, which will multiply year after year. Original seedling stands can be started in spring. A few fall chores besides planting bulbs will also make a natural garden grow more beautiful each year, and Mrs. Adams has some innovative autumn ideas. "We mow our woods every fall with a small power mower that shreds the leaves into a fine mulch." To enrich the soil, she adds "a sprinkling of compost." She also takes no chances with the primroses. "Primroses self-sow in their own good time but in case of catastrophe (a heaving by frost), we pamper some. We take not the fully grown plants but ones ready to bloom next year and put them in a cold frame." Next spring, she and a helper will tuck them back along the path. They'll also pull up some ferns because "primroses dislike competition."

In Mrs. Arthur Adam's woodlot, a carpet of flowers all through spring. *Left,* scilla in February; *center,* phlox later; *right,* a spectacular primrose path from May into June.

EMERY KRONYON



Growing guide

SCILLA	PHLOX	PRIMROSE
S. siberica *Blooms: Early spring.* *Height: 6-8 inches* *Plant in: Fall.* *Set bulbs 3 inches deep.* *Prefers: Well-drained soil. Sun. If planted under deciduous trees, bulbs will get required sun before leaves come out.*	*P. divaricata* *Blooms: Later in spring.* *Height: 10-18 inches* *Plant in: Spring for seedlings grown in greenhouse or under lights. Plants self-sow in summer.* *Prefers: Loam mixed with leaf mold or peat moss. Filtered sun or high shade.*	*Primula japonica candelabra* *Blooms: Late spring.* *Height: 12-18 inches.* *Plant in: Spring for seedlings grown in greenhouse. Plants self-sow in summer. Increase by division.* *Prefers: Moist rich soil. Filtered sun, midsummer shade.*



One good Hereford Cow deserves another.

That's why another delicious new flavor has joined Malcolm Hereford's hedonistic herd:

Coconut.

Like the five other natural flavors in his spirited new breed of 30 Proof drinks, Coconut was created to please all the senses.

So treat yourself to Strawberry, Banana, Mocha, Chocolate Mint or French Vanilla.

Or now, when the spirit moves you, crack open a Coconut.

And discover the truth in Malcolm's favorite axiom:

A COW ON-THE-ROCKS IS NOT A BUM STEER.

She has an instinctive perception of her clients' unspoken wishes

Unsinkable Sister Parish

continued from page 112

Chanel suit with a maroon artificial carnation and reading a fashionable magazine—was already so devastatingly sophisticated that her fellow new girl wanted to throw herself out of the train. But the deeper truth is valid enough: like Osbert Sitwell's famous entry in the English *Who's Who,* "educated at Eton and Oxford, mainly self-educated." And Mrs. Parish is quick to correct any misapprehension about the uselessness of a training in decoration: "Probably nowadays the young would-be decorator *has* to go to a decorating school. It just happens that *I* didn't" (with ample reason, no doubt, since in her youth no such institution existed).

Of the various homes of her childhood and youth, in New York, New Jersey, and Maine, for Mrs. Parish it is above all Dark Harbor, Maine—the island, her grandfather's house there, together with a more recently acquired town house for winter visits and which for some years served also as a shop—that has continued to be home, not only for herself and her husband, but whenever possible for her children and grandchildren as well.

"The place is changing, but it is still unique. The children who grew up on our rhubarb are mostly around even now, some in their seventies. And everyone knows our raspberry patch." And it is not just a case of local patriotism and nostalgia. Mrs. Parish not only loves Dark Harbor, she works there. And she has made a point of giving her offspring (of two generations) every chance to enjoy a healthy and meaningful and happy family life there, open to the same natural influences and founded on the same traditional values as her own. "I feel that you should take in everything you can, when you're a child." An older friend remembers seeing Sister Parish's two daughters as enchanting children at church in Dark Harbor on a Sunday morning, "beautifully dressed in violet (very rare for children in those days), with wreaths of violets in their hair." More recent acquaintances dwell on the fun her grandsons have with their ponies, and the annual dog shows that their grandmother organizes and judges—with buckets of water on hand to quell potential dog fights—for their own and their friends' pet mutts.

Mrs. Parish is the first to quash—she is a great quasher— any sentimental suspicion that her children and grandchildren regard her as some sort of goddess. "My family is everything to me. But they don't give a hoot. They just know I'm around." Yet in almost the same breath she lets slip that her only son, whose job is in England, surprised her not long ago by telling her that he had preserved all her letters. In the words of her friend who shared the train to Foxcroft: "Sister has given her children good standards, and good sense." Even Mrs. Parish, for whom part of the joy of her Maine existence has been the opportunity it offers for the peaceful pursuit of handcrafts (handcrafted products play a notable role in even her most up-to-date interiors) has a just perceptible note of pride in her voice when she describes how, when visiting with her family in Massachusetts, she opened a closet to hang up some dresses, and found a miniature house installed there, furnished from cellar to attic with needlework rugs, quilts, fourposters, and pottery, all handmade by her granddaughter Susan, aged 11 (See House & Garden, May, 1973). "It was so full of taste, you couldn't believe. I asked her if she was going to make more of the same thing. But she said: 'No—only for money.'"

About the start of her own decorating career Mrs. Parish is equally explicit. "I went to work for a reason: to make both ends meet. I had married Harry Parish in 1929. We began by living rather grandly, in a house on East End Avenue, New York, decorated from top to bottom by McMillen, Inc., as a gift from my parents; and my mother—who incidentally continued to use McMillen during all the years when I was becoming known, and never once asked my advice—had even 'given' me her parlor maid to go with the house . . . But on Christmas Eve, 1932, by which time we already had one child, my husband came home and told me that his salary had been severely cut. The day after Christmas, at Fall Hills—where we also then had a white clapboard farmhouse—I found a vacant ground-floor room in a shack, which I decided would do as a shop. Then I went to New York to Stroheim and Romann, and asked to see the president of the firm. The president said: 'What do you want?' I told him: 'My husband's salary has been cut, I have a baby, and I am going to work as a decorator. I want to open an account with you and take samples of your papers and materials to show to my future clients. In the meantime, may I call my house and find out how the baby is?' The presi-

Continued on page 234

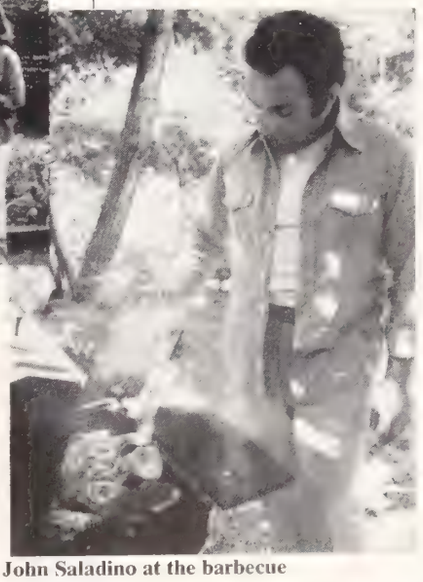
WINE & FOOD

page **150**

Easy weekend parties

John and Virginia Saladino, *below*, specialize in informal, eat-anywhere-you-like parties, when their restored house fills with guests. For the Saladinos' way with barbecues, see recipes* on page 154.





John Saladino at the barbecue

MENU
*Gazpacho**
Mixed grill, including lamb, chicken breasts, shell steaks, Italian sausage*
*Fried green tomatoes**
*Dill bread**
*Sambuca amaretti parfaits**
Mondavi Cabernet Sauvignon



Individual Sambuca amaretti parfaits

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Schnapps, from A(quavit) to V(odka)



Henry McNulty tackles a basic problem head-on: "Just what are schnapps, and how do you spell it or them?" Learn with him what white spirits are, how to flavor and drink them.



page **149**

American cookie classics

By Elizabeth Colchie
Twelve great cookies to bake and store, or to eat hot from the oven. All with a delicious heritage—tested and tasted for over a hundred years.

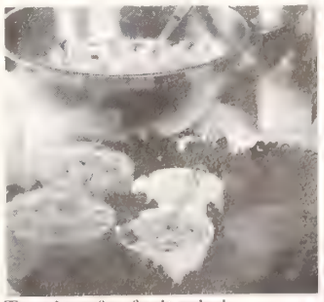
page **158**

The California salad rush

Low-calorie salad dressings by Richard Simmons for his restaurant, Ruffage. More about it on page 128.



Richard Simmons



Toppings for fruit salad



Interior of Ruffage, above left, four low-calorie dressings



Make an ordinary cake mix extraordinarily moist and lemon-y.
Make it a JELL-O Pudding Cake.

The easiest thing about a Jell-O® lemon pudding cake is making it: Just try the recipe below.

The hardest thing is trying to tell that it started with a mix: It's so moist, and so rich in flavor.

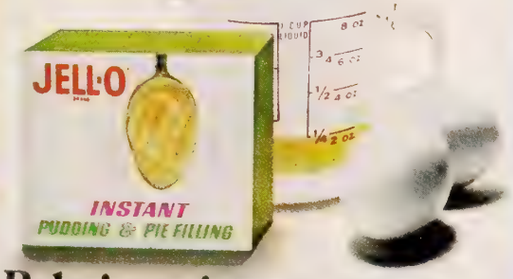
The best thing about a Jell-O® lemon pudding cake is this: Besides putting in more moistness and flavor, you're putting in more of yourself.

JELL-O® Lemon Pudding Cake

1 package (4-serving size) Jell-O® Lemon Instant Pudding and Pie Filling
1 package (2-layer size) lemon or yellow cake mix
4 eggs 1 cup water ¼ cup oil

Blend all ingredients in large mixer bowl; then beat 2 minutes at medium speed. Bake in greased and floured 10-inch tube pan at 350° for 55 to 60 minutes, or until cake springs back when lightly pressed. Cool in pan 15 minutes; remove from pan. Sprinkle with confectioners sugar, if desired.*

*At high altitudes, use large eggs, 1½ cups water, and add ¼ cup flour.



Bake in moistness.
Bake a JELL-O® Pudding Cake.
BRAND

WINE & FOOD

American cookie classics

Great American cookies, from Snickerdoodles to Jelly Tots, that are as easy to make and as good to munch now as they were a hundred years ago

By Elizabeth Colchie



Hermits, benne wafer, molasses drop jumble, coconut jumbles, rocks, snickerdoodles, jelly tots, brambles, blondies, crinkles, peanut butter, dream bars.

BEADLE

ce the arrival of the earliest nists, cookies have contrib- their charm to American rtaining. They have been of county fairs, barn rais- s, country picnics, and ele- t teas. It is impossible to en- on our culinary heritage out a brimming stoneware kie jar.

lequiring few ingredients, imum preparation time, and e equipment, cookies can ily satisfy last-minute baking es. Here are a dozen favor- s, worthy of their fame.

Coconut Jumbles

ny cookies of American heri- e have descriptive names h obvious meanings, but oth- s are etymologically obscure. e Jumble (spelled Jumbal ough the 18th century) has ceable origins. The word is obably a distortion of the Old glish "gimbal," a ring-shaped okie, or one "wreathed into ots." Jumbles have appeared cookbooks since the 17th ntury. A mid-19th century thor writes of "hearts and unds, and jumbles, which ayful youth slip over the fore- ger before spoiling their an- lar outline." From the same ntage comes this tidbit: "She els a little faint with walking, d intends eating a tart or jum- e, or drinking a glass of lemon- de." The following shape, pop- ar at the time, was often fla- ored with rose water.

gredients

cup sweet butter
cup sugar
large eggs
cup sour cream
¼ cups sweetened coconut, lightly packed
cups flour
teaspoon salt
teaspoon baking soda
owdered sugar

Method

a bowl cream the butter until is light and fluffy. Gradually eat in the sugar, beating until e mixture is very pale and ght. Beat in eggs, one at a time, our cream, and coconut.

ift together the flour, salt, and aking soda and add to butter ixture. Chill at least 1 hour.

inch off tablespoons of the ough and gently roll them into "snakes," about 5 inches long. Press the ends together to form rings and place the cookies on greased cookie sheets.

Bake them in a preheated 375° oven for about 12 minutes, or until they are pale gold.

Transfer to a rack, sprinkle with powdered sugar, and let them cool. Makes about 3 dozen.

Hermits

Hermits, a long-time American favorite, bear a name that defies historical snooping. There is a Northern version, made with brown sugar, which originated in Cape Cod, but the more familiar form is Southern. This was made with deep, strong molasses, which was measured from its jug not in cups or spoons, but in "plops" or "blurps." Since Hermits improve with age, they were made in huge batches for storing and traveling. As with all early cookies, the ingredients varied with the availability of provisions; nuts depended on the region and time of the year, fruits were represented by raisins, dates, citron, or currants.

Ingredients

1⅔ cups flour
½ teaspoon double-acting baking powder
½ teaspoon baking soda
1 teaspoon cinnamon
¼ teaspoon cloves
¼ teaspoon mace
¼ teaspoon salt
¼ teaspoon allspice
½ cup sweet butter
½ cup sugar
1 large egg
½ cup dark molasses
⅔ cup raisins, chopped
⅔ cup walnuts, chopped

Method

Sift together the flour, baking powder, baking soda, cinnamon, cloves, mace, salt, and allspice.

In a bowl cream the butter until it is light and gradually beat in the sugar. Add the egg and beat well. Add the molasses. Add the flour mixture, raisins, and nuts. Mix well.

Spread the batter evenly in a greased 8-by-12-inch baking pan with sides and bake in a preheated 350° oven for 20-25 minutes, or until firm.

Let cool slightly and cut into 16 rectangles. Cool completely, then wrap tightly in plastic and store 24 hours before serving.

Rocks

Early cookie recipes relied on brown sugar, molasses, and maple sugar, which were the least expensive sweeteners. White sugar was reserved for weddings, christenings, and other special occasions. Brown sugar-based Rocks have survived for generations despite their uninviting name. They must owe such popularity to their delightful taste.

Ingredients

½ cup lard
½ cup sweet butter
1½ cups dark brown sugar, lightly packed
2 large eggs
2½ cups flour
1 teaspoon double-acting baking powder
1 teaspoon cinnamon
½ teaspoon cloves
½ teaspoon salt
1 cup raisins

Method

Cream the lard and butter together in a bowl until they are light. Gradually beat in the sugar, removing any lumps with your fingers. Beat the mixture until it is fluffy.

Beat in the eggs, one at a time, beating well after each addition.

Sift together the flour, baking powder, cinnamon, cloves, and salt and add to the creamed mixture with the raisins.

Drop the batter by rounded teaspoons onto 2 greased baking sheets. Bake in a preheated 350° oven for 12-15 minutes. Transfer to a rack and cool. Makes about 3 dozen cookies.

Continued on page 156



Buffet parties with a great age mix are always the most fun

Good food and good friends are the secret of easy weekend parties

The key to enjoying friends around on the weekend is to keep the entertaining simple, well planned, and very informal. Barbecues are the answer for Virginia and John Saladino, who put together a great variety of meats, sausage, and chicken to be cooked inside or out depending on the weather. These are essentially casual gatherings in the 18th-century forge that designer John Saladino has imaginatively converted into a spacious country retreat.

A BUFFET GIVES GUESTS GREAT MOBILITY. THEY CAN SIT AT THE TABLE FOR ONE COURSE, MOVE TO THE FIRESIDE TO EAT A SALAD, CLUSTER WHEREVER CONVERSATION IS GOOD

Everything is easy and low key, from the good food and iced white wine to the musical murmuring of the fast-flowing kill outside. John Saladino is a designer whose work often appears in these pages. His wife, a designer too, collaborates with her husband occasionally and plans to open her own shop in the near future. Together with their 4-year-old son, Graham, they spend most weekends, summer and winter, in Connecticut at their painstakingly renovated forge, guest house, and caretaker's cottage. The 40-foot living room is a perfect space for collecting friends of any number, and the old Shaker table, *right,* makes a fitting setting for favorite buffets. "We prefer to serve food from a buffet," says Virginia Saladino, "and allow people to sit wherever they please, inside or outside. A few times a year we'll be formal enough to assign places. Sometimes we move the buffet to the kitchen and use the lip-topped Formica island for serving. John is the artistic one, and he usually sets the table, putting together china and pottery we've gathered on frequent sorties to local antiques shops and auctions. I like to plan food where others can join in and help me; it doesn't disturb me in the least to have people in the kitchen. In fact, I prefer it to being isolated there. I like barbecues, which John does so well. He has great fun with marinades and is always experimenting with new blends for flavoring chicken and meat. For the Saladinos' recipes, please turn to page 154.

Virginia Saladino, left, gathers tomatoes from the garden. Right, buffet set up on an old Shaker table hung with a blue and white Haitian runner to tie in with the blue and white china. Bountiful wild bouquets of Queen Anne's lace and black-eyed Susans spill from old baskets.

BEADLE

Menu

Gazpacho*

Mixed grill,* including lamb,
chicken breasts, shell steaks,
Italian sausage
Fried green tomatoes*
Dill bread*

Sambuca amaretti parfaits*

Wine: Robert Mondavi Cabernet Sauvignon

Entrance to the John Saladino-converted 19th-century forge





Gazpacho served from a glazed bowl; square dining table sports its summer ticking slipcover. Below, the living room's enormous brick fireplace with a giant bellows. Leather furniture is summer-covered, too.



Kitchen wing with a fringe of herbs; below, Jack Saladino barbecues.





For an easy Sunday lunch, fresh vegetables and grilled meats straight from the barbecue

"To simplify life, I order provisions by telephone from the city. When we arrive in the country, they're already delivered and stowed away in the refrigerator by our friendly local market. Sometimes I cook ahead in the city: a brisket, for instance, to marinate overnight and be brought cooked to the country. We keep a few emergency things on the shelves, especially hors d'oeuvres, nuts, and deviled ham to mix with chutney and broil a minute or two on rye bread. One of our favorite hors d'oeuvres is simply lashings of carrot and celery sticks with Beau Monde seasoning, or cherry tomatoes with bowls of vodka, curry, and salt to dunk them in. We have quantities of white wine on hand when we entertain, and find it is just about all everyone drinks, although we have a bar set up and we like Lillet as an apéritif.

BRANDIED PEACHES OR FRESHLY SLICED PINEAPPLE WITH A TOMATO ASPIC MAKE GREAT ACCOMPANIMENTS FOR A MIXED GRILL.



e Saladinos' spacious kitchen is warm and inviting. Old wood boards are used for counter, cupboards, l floor; utensils and drying herbs hang from rafters. Formica island gives more space for cooking.

The living room, left above and below, is the site of the original blacksmith's shop where horses were brought to be shod. The seating designed by John Saladino is terra-cotta leather in winter, slipcovered in putty-white mattress ticking in the summer. The 6-foot-square dining table, left above and right, is another Saladino design, lacquered barn red. It is slipcovered for the summer, too, and rolls out on casters for easy placing. Above it hang two Chinese baskets inverted as lampshades.

The kitchen, above, is renovated with open shelves for storage. A butcher's iron meat rack is used for hanging kitchen utensils. Formica island has lipped sides to raise for serving. Outside the kitchen window, herbs flourish for easy picking: lemon balm, marjoram, thyme, basil. Vegetables are grown in raised beds surrounded by railroad ties. Arugula, which is the Saladinos' favorite salad green, is constantly replanted and Graham's own corn patch lovingly tended.

WINE & FOOD

Barbecue with zest

Recipes from Virginia and John Saladino for a quick and easy party lunch

Virginia and John Saladino prepare ahead for their easygoing barbecue (see previous pages). Meats are marinated in advance; lamb in the refrigerator overnight, chicken and steak for two hours or so on the kitchen counter. John Saladino cooks his mixed grill in stages, starting with the lamb, which takes about 35 minutes. He gradually adds chicken (about 25 minutes) and steaks (about 7 minutes on each side for those who like them medium rare). Virginia Saladino makes her gazpacho the day ahead and stores it in the refrigerator. The fragrant herb bread can be made ahead and frozen. The Sambuca amaretti parfaits, which are served frozen, can be made several days in advance.

Gazpacho

Ingredients

¾ cup onions, finely chopped
¾ teaspoon garlic, minced
1½ cups green pepper, finely chopped
2½ cups tomatoes, peeled, seeded, and diced
2½ teaspoons salt
1 teaspoon paprika
½ teaspoon sugar
¼ teaspoon black pepper, freshly ground
⅓ cup olive oil
½ cup lemon juice
2 cups tomato juice
½ cup cucumber, peeled and shredded
2 teaspoons dry sherry
2 tablespoons chives, snipped

Method

In a very large bowl combine the onions, garlic, green pepper, tomatoes, salt, paprika, sugar, and black pepper. Stir in the oil, lemon juice, and tomato juice. Chill 4-6 hours. Just before serving fold in cucumbers and sherry. Garnish each serving with chives. Can be made the day before. Serves 8.

Marinade for Lamb

Ingredients

1 7-pound leg of lamb, boned and butterflied
2 cloves garlic, slivered
1 large onion, thinly sliced
1 teaspoon salt
½ teaspoon freshly ground pepper
fresh mint sprigs
1 cup dry vermouth
3 teaspoons fresh rosemary, chopped, or 1 teaspoon dry

Method

Place the lamb in a shallow dish. Cut openings in the fat side and insert garlic slivers. Lay onion slices on top of lamb and season with the salt and pepper.
Make a bundle of the mint and use it to swab the vermouth onto the lamb. Leave to marinate several hours or overnight in the refrigerator. Grill, sprinkled with rosemary, about 15-20 minutes on each side for medium rare, brushing occasionally with the marinade.

Marinade for Chicken

Ingredients

2 chicken breasts
juice of 2 lemons and their zest
garlic powder
lemon balm, chopped
salt, pepper
lemon slices

Method

Place chicken breasts in a shallow pan. Season both sides with the lemon juice, garlic powder, lemon balm, salt and pepper to taste. Marinate 2-3 hours, adding more seasoning as desired. When charcoal grilling, rub chicken breasts with the lemon zest. During the last 5 minutes of cooking, put thin slices of lemon on top. Grill 25 minutes or so, depending on heat.

Marinade for Steaks

(From John Saladino's father-in-law, Wyatt Hendrick)

Ingredients

2 shell steaks, about 1½-inches thick
½ cup Madeira or red wine
½ teaspoon fines herbes blend
1 teaspoon hickory-smoked salt

Method

Put steaks in a shallow pan. Pour the Madeira or red wine over and season with the herbs and salt. Marinate for 2 hours out of refrigerator, or overnight in the refrigerator.
Grill for 7 minutes on each side, then check for doneness.

Fried Green Tomatoes

("This is based on memories of my grandmother Perdue's breakfast treat, made when there were too many tomatoes in a cluster to ripen successfully in the garden.")

Ingredients

6 green tomatoes, sliced into ⅓- to ½-inch-thick rounds
1 cup flour seasoned with salt, pepper, and dried, crumbled basil
bacon drippings or oil

Method

Dip sliced tomatoes in seasoned flour and fry in the bacon fat for a few minutes on each side until browned but not mushy. Serves 6.

Dill Bread

Ingredients

2 packages (2 tablespoons) yeast
1 cup warm water
4 tablespoons sugar
2 cups creamed cottage cheese
2 tablespoons butter, softened
2 eggs, lightly beaten
2 tablespoons dried onion flakes or 4 tablespoons fresh onion, chopped
4 tablespoons dill seed
2 teaspoons salt
½ teaspoon baking soda
5 cups flour

Method

In a small bowl, proof the yea in the warm water and add tablespoon of the sugar. S aside.
Heat the cottage cheese in saucepan to lukewarm; then p in a large bowl. Add the butte eggs, onions, dill seed, the r maining sugar, baking soc and the yeast mixture. Mix we Add the flour to make a st dough—it may not take all the flour. Let rise in the bo until doubled in bulk.
Stir down, and turn into 3 9-by- inch greased loaf pans. Let ri again about 40-50 minutes.
Bake for about 50 minutes in preheated 350° oven. To te doneness, turn out one loaf a rap it on the bottom. If thoroug ly baked, it will make an unmi takable hollow "thunk." Ser bread fresh, or freeze.

Sambuca Amaretti Parfaits

(This recipe uses two importe Italian delicacies: Sambuca, a anise-licorice liqueur, and am retti, the delicate almond-fl vored macaroons you can bu ready-made in gourmet foo shops.)

Ingredients

4 large eggs
1 cup sugar
½ cup water
⅓ cup Sambuca or anisette liqueur
2 cups heavy cream, whipped
2 cups amaretti or macaroons, crumbled

Method

In a large bowl, beat the egg well. In a heavy saucepan bo the sugar and water togethe until it reaches the soft ba stage (230°).
Pour the syrup in a stead stream into the eggs, beatin furiously. Transfer to a heav saucepan and cook over me dium heat, stirring, for 5 minute or until thick. Do not boil. Se custard on ice until thick.
Add the Sambuca or anisett and beat in the whipped crean Fold in the amaretti or maca roons. Freeze in individual dish es or 1 large serving bowl for hours. Can be made 3 to 4 day ahead and kept frozen. Serves



For delicious dessert recipes using Heublein's Grasshopper and Brandy Alexander, send 25¢ to P.O. Box 956 Dept GH6 Hartford, Conn. 06101. This offer expires December 31, 1976.

Spicy, dark cookies, such as Hermits, Molasses Drop Jumbles, and Rocks, are best if allowed to sit for at least 24 hours to allow their spices to meld together

continued from page 149

Benne Wafers

Another venerable American cookie is the Benne Wafer. Benne, the wild form of sesame seed, was carried to the South by African slaves who believed that it brought good luck. Unsweetened benne crackers and round, glazed benne cookies were both made, but this flat cookie from Charleston is more usual.

Ingredients

½ cup sesame seeds
2 tablespoons sweet butter
¾ cup light brown sugar
1 large egg, beaten
scant ½ cup flour
¼ teaspoon salt

Method

Stir the sesame seeds in a heavy pan over moderate heat until they are lightly browned. Remove from heat, add the butter and sugar, and beat vigorously. Let cool 3 minutes. Vigorously beat in the egg, then the flour and salt.

Drop by teaspoons onto a large cookie sheet covered with foil, leaving room between cookies for spreading. Bake in a preheated 350° oven for about 10 minutes or until the edges begin to brown.

Slip foil and cookies off baking sheet and cool completely. Gently peel off foil. Makes about 20 cookies.

Snickerdoodles

The puffy characters most often listed in cookbooks as Snickerdoodles also bear the titles of Snipdoodles and Schnecken Noodles. Often fruits and nuts were included in the batter, but the more common recipe produces a lovely, rich, plain cookie.

Ingredients

¾ stick sweet butter
½ cup sugar
1 teaspoon vanilla
1 large egg
¼ cup heavy cream
1¼ cups flour
1½ teaspoons double-acting baking powder
¼ teaspoon salt
2 tablespoons sugar mixed with 1½ teaspoons cinnamon

Method

In a bowl cream the butter until it is very light. Gradually add the sugar and vanilla and beat until the mixture is pale and fluffy. Beat in the egg. Add the cream and beat well.

Sift together the flour, baking powder, and salt and add it to the creamed mixture. Chill the dough for at least 1 hour.

Take teaspoons of the dough, roll it between the palms to make neat balls, and dip one side in the sugar-cinnamon mixture.

Arrange the balls about 2 inches apart, sugared side up, on a greased cookie sheet and bake them in a preheated 350° oven for 10-15 minutes, or until they are set but not brown. Transfer to a rack to cool. Serve when freshly baked. Makes about 26 cookies.



Brambles

Leftover pastry dough was the inspiration for these cookies, really turnovers, curiously dubbed Briars or Brambles.

Ingredients for the pastry

1¾ cups flour
⅓ cup lard, cut in small pieces
5 tablespoons butter, cut in small pieces
½ teaspoon salt
1 large egg mixed with enough ice water to total ⅓ cup liquid

Method for pastry

Combine the flour, shortening, and salt in a bowl and cut with a pastry blender until the mixture forms tiny particles resembling oatmeal.

Tossing with a fork, incorporate the liquid thoroughly. Form into a ball, wrap in plastic and refrigerate for at least 1 hour.

Ingredients for the filling and assembly

1 scant cup raisins, finely chopped
3 tablespoons lemon juice
2 teaspoons lemon zest, grated
½ cup sugar
1 large egg, beaten
heavy cream
sugar

Method for the filling

Combine raisins, lemon j and zest, sugar, and the egg heavy saucepan and stir stantly over low heat for abo minutes, or until the sugar solves and the egg thickens mixture. Pour into a bowl cool.

Method for assembling Brambles

Roll out the dough on a flou board to form a rectangle at 14 by 11 inches. Cut into squares.

Divide the filling among squares, spreading it along triangular side and leaving a inch margin around edg Moisten the edges of squares with water, fold dough over the filling to f triangles, press the edges fir together and seal them with tines of a fork.

Trim edges. Brush Bramb with heavy cream, and sprir with sugar. Bake on a grea cookie sheet in a prehea 400° oven for 20-25 minutes until browned. Let cool. Ma 12 cookies.

Crinkles

Crinkles, Snickerdoodle's ters, are especially simple prepare. Their fine, light text and attractive crinkly surf make them appealing tea co ies.

Ingredients

½ cup sweet butter
¾ cup sugar
1 large egg
3 tablespoons lemon juice
1 tablespoon lemon zest, grat
1¼ cups flour
¼ teaspoon salt
½ teaspoon double-acting baking powder
¼ teaspoon baking soda

Method

Cream the butter in a bowl u it is very light. Gradually bea ½ cup sugar. Add the egg, le on juice and zest, and beat w

Sift together the flour, salt, b ing powder, and baking so Add to the creamed mixture.

Refrigerate the dough, cover for at least 1 hour. Take t spoons of the dough, roll it tween the palms to make n balls, and dip one side of the in the reserved sugar.

Continued on page

3 of America's best energy savers:



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Natural gas is efficient energy. That comes right from the U.S. Council on Environmental Quality. And it's an important advantage these days, when America needs to get the most work for the fuel expended. Not only is gas itself efficient, but so are today's gas appliances. There are new gas heating systems with gas-saving pilots that are only "on" when the furnace is operating. And now there are gas water heaters that save gas with double-density insulation and improved fuel utilization.

You can help save more.

Here are a few simple ideas for saving heat, and conserving America's gas. Turn your thermostat down a few degrees. Use storm doors and windows. Be sure your house is well-insulated. And don't forget that saving hot water will help save gas. Keep your water heater at the normal setting or lower. Take shorter showers. Fix leaky faucets. And do full loads in your dishwasher and washing machine.

Use gas wisely. It's clean energy for today and tomorrow. AGA American Gas Association

WINE & FOOD

The California salad rush

plus 5 low-calorie dressings

At Los Angeles's new hit restaurant, Ruffage, the giant salad bar is an eye-popping walking tour for salad lovers—35 fresh vegetables, fruit, cheese, and salad dressings

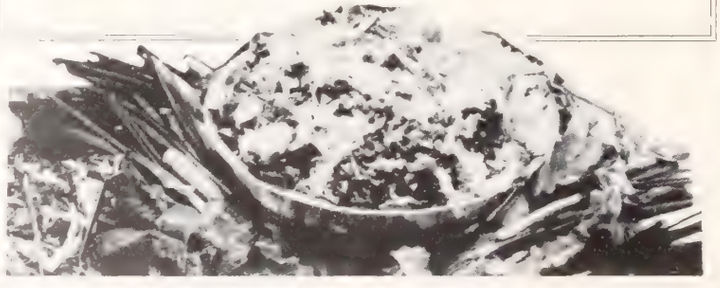
"What are you coming in for, hot dogs and onions?" Richard Simmons jokingly asks customers at the door of his restaurant-gym, Ruffage/Anatomy Asylum (see page 128). Definitely not! Customers (lots of them) come to Ruffage for salad—in every shape and form. The salad bar, 25 feet of it, festively edged with Tivoli lights, is filled with a colorful still life of 35 vegetables plus cheese, tuna fish, nuts, and seeds. Fruits and vegetables for juices and salads vary with the seasons. To create Ruffage salads at home, use the check list below as a shopping list and make Richard Simmons's innovative salad dressings.



Inside the Ruffage restaurant

Ruffage salad check list:

endive
romaine
iceberg
watercress
grated carrots
shredded red cabbage
shredded white cabbage
sliced red radishes
sliced celery
chopped green peppers
chopped red peppers
sliced purple onions
chopped scallions
chopped cauliflower
sliced zucchini
chopped jicama (Mexican vegetable)
red kidney beans
mung bean sprouts
alfalfa sprouts
garbanzo beans
sliced cucumbers
shredded red beets
chopped black olives
sliced mushrooms
sliced summer squash
tuna
shredded Cheddar cheese
chopped hard-boiled egg
raisins
roasted soy beans
sliced almonds
chopped walnuts
sesame seeds
poppy seeds
chopped parsley
sunflower seeds
bacon bits
rye berries
celery seeds



Yogurt Garlic Dressing

Ingredients

1 cup low-fat yogurt
1 teaspoon lemon juice
½ teaspoon lemon zest, grated
1 clove garlic, minced
2 tablespoons parsley, chopped
1 tablespoon chives, chopped
½ teaspoon pepper

Method

Put all ingredients in a bowl and blend well with a whisk. Makes 1¼ cups.

Strawberry-Honey Yogurt Dressing for Fruit Salad

Ingredients

1 cup low-fat strawberry yogurt
1 cup low-fat plain yogurt
1 teaspoon honey
½ cup strawberries, washed, hulled, chopped
2 tablespoons pecans or walnuts, chopped

Method

Put all ingredients in a bowl and blend well with a whisk. Makes about 2½ cups.

Poppy Seed Dressing

Ingredients

1 cup low-fat yogurt
1 cup low-fat cottage cheese
½ tablespoon sour cream
½ tablespoon cottonseed oil
½ teaspoon sea salt
½ cup cucumbers, peeled and chopped
½ cup radishes, chopped
2 tablespoons chives, chopped
½ teaspoon poppy seeds
½ teaspoon dill

Method

Put all ingredients in a bowl and blend well with a whisk until smooth. Makes 2¼ cups.

Lemon-Mushroom Dressing

Ingredients

1 cup mushrooms, finely chopped
1½ cups cottonseed oil
1 cup lemon juice
1 tablespoon unrefined brown sugar
2 teaspoons Hain's sea salt
1 teaspoon pepper
½ teaspoon basil
½ teaspoon marjoram
½ teaspoon oregano
¼ teaspoon garlic powder

Method

Put all ingredients in a bowl a blend well with a whisk. Mak about 2 cups dressing.



Mushrooms and lemons for dressin

Tomato Vinaigrette Dressing

Ingredients

¼ cup tomato juice
¼ cup cider vinegar
¼ cup lemon juice
1 clove garlic, minced
⅛ teaspoon pepper
¼ teaspoon thyme, crushed
¼ teaspoon salt
2 teaspoons parsley, chopped

Method

Put all ingredients in a bowl a mix well. Makes ¾ cup dre ing. Will keep well in the refr erator.

INTRODUCING THE KITCHENAID DISHWASHER YOU LOAD AS YOU LIKE.

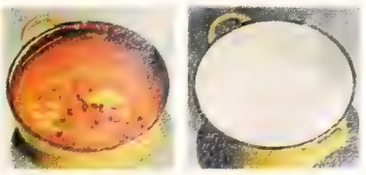


The new KitchenAid Superba has some very practical improvements that make it even better than the dishwasher that people who own dishwashers say is the best — the old KitchenAid dishwasher.

New Load-As-You-Like washing makes loading easy and cleaning better. The first big improvement is Load-As-You-Like Washing, a completely revamped washing system combining easy loading with better cleaning. Wash arms above and below both racks, a Soft Waste Disposer and a 16-Position Adjustable Upper Rack with fold-down prongs make using the new KitchenAid dishwasher a breeze. And no matter where you put something, it'll come out clean. Without pre-rinsing.



Soak'n Scrub™. Yes, this pot cleaning cycle really does clean pots. The new KitchenAid cleans pots almost like you do by hand. Because it has a Soak 'n Scrub cycle that first soaks pots and then scrubs the loosened food soil away with powerful streams of water, and filters it out of the wash system.



Saves energy in more ways than one. The new KitchenAid is an energy efficient dishwasher. It uses even less hot water and electricity than previous models. And when you choose to use the Energy Saver button that gives you "heatless drying," you can cut power consumption even more.

Plus extra advantages. The new KitchenAid dishwasher is tough and dependable. You'll be able to count on it for a long, long time. Features like the welded steel frame, rock hard porcelain finish, and the ½ HP ball bearing motor promise lasting beauty and reliable performance now, and in the years to come. And that's a pledge we stand behind. Our reputation depends on it. That's why people who own dishwashers say KitchenAid is the best.

KitchenAid®
People say it's the best.

Schnapps, from Aquavit to Vodka

A quick cold drink of white spirits, schnapps goes by many other names—gin, vodka, tequila, and aquavit among them

By Henry McNulty

There is only one way, according to highly competent Swedish authorities, to drink schnapps, and I will give you the low-down on that presently. But to tackle a more basic problem first: Just what are schnapps, and a subsidiary question, how do you spell it or them?

Schnapps are flavored spirits consumed knowingly and ritualistically by the Dutch, Germans, Slavs, and Scandinavians (in Scandinavia, schnapps are also known as aquavit or akavit). However, the rest of the drinking world imbibes schnapps inadvertently in the form of neat gin, vodka, tequila, sake, and alcohols that, by many another name, taste just as good and produce remarkably similar effects.

As to spelling, the Scandinavians make it "Snaps," the Germans, Swiss, and Dutch, "Schnapps," and the French "Schnappes." The Italians ignore the whole thing.

In Sweden, under the midnight sun, one drinks aquavit at all times, but during August it is considered almost heretical not to eat kräftor (crayfish) with it. This preferably is done outdoors or on a veranda decorated with paper lanterns. The veranda is a really vital bit of the setting if you want to partake properly. Some of those old summer hotels in the Catskills or the White Mountains would make a perfect backdrop for an American schnapps party.

The one thing you must not forget, before you tip glass after tiny glass of this lethal liquid down your throat, is to look your fellow imbibers deep in the eye and say "skäl" (pronounced skōl) as solemnly as the number of drinks you have had permits. Then you are supposed to down the glass at a gulp. "Skäl" has a variety of meanings—"your health," "welcome." It can express togetherness, start a flirtation, or say that you are having a marvelous time.

A Swedish brand of aquavit is Overste; a Norwegian, Loytens; and a Danish, Aalborg. According to one Danish authority, Henning Kirkeby, "Schnapps should not be left exposed to light on the sideboard; it is better to drink it," and drink it the Scandinavians do. The three million Norwegians, for instance, consume about a quart of it per person per year.

The raw material for schnapps is primarily grain or potatoes. There was a good deal of resistance to using potatoes at first, in the 1600s. Scottish Puritans opposed them because potatoes were not mentioned in the Bible. The Swiss claimed they were not "what God gave man to eat" and forbade distilling them; most Swiss schnapps are still fruit alcohols. Germans, on the other hand, looking for ersatz, not only made schnapps but described "how to produce various sorts of cheeses and butters by use of the so-called potatoes, and how to make an agreeable coffee from them"! The French, with a surplus of wines, would not allow distilling from grain. The Danes were afraid of schnapps because they were supposed to have too potent an effect on human fertility. All these problems have fortunately been overcome.

Basically, schnapps are pure spirits, variously flavored, and taken in small glasses. A possible origin for the word may be the 16th-century definition of "snap," to drink quickly or a "hasty mouthful." In France, aniseed became the most popular flavor in Louis XIV's time, and has remained so to this day, but meantime Frenchmen endured experimentation with cinnamon, cloves, jasmine, and musk roses, among others, although pepper, juniper, and ginger were forbidden as flavoring on the grounds of being "drugs not suitable to the human body."

In the Netherlands, the spirits were flavored with aniseed and caraway, gradually giving way about 1700 to juniper berries. The result was called "genever," the Dutch word for juniper. But the British, who pronounce "genever" like Geneva, managed first to make the drink into a Swiss product, which was very confusing, then shortened it to gin for convenience sake. So gin is a schnapps, too. In Denmark, caraway has been the traditional flavoring herb, as it is in the rest of Scandinavia and Germany. Finland used to supply most of the caraway, since the herb grew wild there. The Germans seem to like cumin almost as well.

In German, schnapps seems to mean simply a "quickie" drink of spirits, no matter of what kind, including whiskey. There they like to drink one fast schnapps and follow it with one or more slow beers. The real schnapps expert can drink these two beverages at the same time, holding both beer stein and schnapps glass in one hand so that the schnapps flows gently and evenly into the beer as they drink. It is quite a feat.

Some of the German schnapps include: Bommerlunder, caraway flavored and made from a 20 year-old recipe; Doornkaat, mal but not strongly flavored; Schin enhager and Steinhager, with juniper taste. Steinhager is bottle in handsome traditional stonewa bottles. The Germans also li fruit alcohols—Himbeergeist (t ghost of raspberries), Birnengei (ditto for pears), and Kirschwass (literally, "cherry water").

Moving east, the Austri schnapps are called Obstler, aga fruit alcohols made of apples, ap cots, and cherries. The custo there is to chase the schnapps wi wine. In the Balkans, plum bra dies, usually called slivovitz (s vovica in Yugoslavia, slibovitza Rumania), are the favorite. Hu garians like Barack, apricot bra dy, for their hasty mouthful. T same types of fruit brandies a also made in France and Switze land. Alcohols made from fr with stones, like peaches, apricot plums, and cherries, have t crushed kernels included in t fruit juice, all fermented and twi distilled to produce the schnapp This gives a piquant bitter tang the water-white liquor.

The Swiss, by the way, used use schnapps as a disinfectant rub on wounds and to massa torn muscles. In some of the cou try's mountain farms this is still t case. And all those little casks t St. Bernard dogs used to car around their necks to revive faile mountaineers held schnapps, brandy as the myth has it.

The Dutch, besides calling the schnapps by the famous Bols Locomotif brand names, like son brands with rather livelier name hinting what excess schnapp drinking might lead to: "Nake Navel," "Lift your Skirt," a "Consolation for Bitter Sufferin are samples.

In many countries, local peop like to make their own schnapp which is not legal but very easy, to flavor their own legally ma supplies. The variety of schnap can be infinitely extended by ad ing herbs and spices to taste. A brand of aquavit or vodka, or ev gin, can be used. The herbs shou be fresh, though not wet, and plentiful quantities. But th should not be left to infuse t long. Some take a day or tw others several months; you have find out which by trial and er Tasting is the trial part!

Here are some tips, however, herbs to use. St.-John's-wort (h pericum perforatum) buds a freshly opened flowers will tu your aquavit ruby red in a day two. Leave it for a couple of wee and add alcohol if the flavor is t strong. Woodruff flowers, on t other hand, give you a bright gre

Short and schnappsy

Drinks based on schnapps include a **Schlichte Kick**—passion fruit juice (⅔), aquavit (⅓), the juice of a lime, ice, stir, and pour. **Julglögg,** probably named onomatopoeically for the sound you make as you go down for the third time, involves pouring into a saucepan half a bottle of aquavit, or gin or vodka, and 2 bottles of red wine; add 3 ounces of raisins, and 4 ounces of sugar. Tie 6 whole cloves, a level teaspoonful of cardamon seed, a stick of cinnamon, and a slice of lemon peel in muslin, and add that to the pan. Cover and bring slowly to a boil, then simmer for 30 minutes. Add the other half-bottle of aquavit and remove from heat; remove the bag of spices. Just as you serve, ignite the punch and bring it hot and flaming in punch glasses or tumblers to your guests.

IOW TO MAKE GREAT HOME-COOKED MEALS WITHOUT BEING HOME.



With the Hamilton Beach Crock Watcher. The original slow cooker with Automatic Shift, now with removable crock too.

shifts from high to low temperature without re-setting! So you can ut it on in the morning, take off for the whole day and have a elicious home-cooked meal ready when you get home. And it saves nergy. It uses less electricity than a 100-watt bulb! It's even got a movable crock for easier serving...easier cleaning! Want to save ven more time? Cut up the ingredients that go into your slow cooker ster, with the Hamilton Beach hole-in-the-handle electric knife.

HAMILTON BEACH Scovill

AMERICAN COOKIES
continued from page 156

Arrange the balls, sugared side up, on a greased sheet and flatten them slightly. Bake in a preheated 350° oven for 15 minutes, or until firm, but not brown. Cool on a rack. Serve freshly baked. Makes about 25 cookies.

Dream Bars

Dream Bars also bear the romantic aliases of Cherubs, Lovers' Morsels, or Honeymoon Bars.

Ingredients

1 cup plus 1 tablespoon flour
½ cup butter, cut in small pieces
¼ teaspoon salt
⅓ cup sugar
1 large egg
½ cup dark brown sugar
½ teaspoon vanilla
¼ teaspoon almond extract
½ teaspoon double-acting baking powder
½ cup almonds, chopped
¾ cup coconut, shredded, and sweetened

Method

Combine the cup of flour, butter, salt, and the ⅓ cup sugar and cut with a pastry blender until the particles are very fine.

Press the mixture firmly into a greased 8-inch-square baking pan. Bake in a preheated 350° oven for 15 minutes.

Beat the egg in a bowl until it is light. Gradually beat in the brown sugar and continue beating until the mixture is thick and pale. Add the flavorings, remaining flour, and baking powder. Beat. Fold in the nuts and coconut.

Spread the mixture on the pastry base and bake for 25 minutes more. Let cool and cut into bars. Makes 12 bars.

Peanut Butter Cookies

Peanut butter cookies need no introduction—weren't we all brought up on them?

Ingredients

½ cup sweet butter
½ cup sugar
½ cup brown sugar, lumps removed
1 cup crunchy peanut butter
1 large egg

Continued on next page

The flavor of schnapps can be infinitely extended by adding herbs and spices to taste

, the color fades, however, storage. Infusion should not ore than a few days. Cran- s are another flavoring. The ol takes on a faintly orange and a slightly acrid flavor. At two months are required for taste to invade the alcohol. flowers have an ancient tra- of mystery and magic. Their will keep trolls from your as well as insects. Infused in for several months, elder rs impart a light flavor that e rounded off by adding a bit non juice.

napps should accompany and are usually taken with dishes like pâtés, sausage, beef, meat loaf, cheese, p, herring, and bread and , or a smorgasbord. Mostly e like schnapps very cold, in cy. One way to get schnapps to put the bottle into a con- filled with water, and put in your freezer so that the is encased with ice. To serve, y dip the outside container in ater for a moment, and slide it off. The iced bottle is spectacular.

In Copenhagen's Tivoli Gardens, Danes celebrate the beginning of summer with shrimp, beer, and a glass of Aalborg schnapps. They like the spirit to be cold. But this is a personal matter. Some prefer it at room temperature, and the flavor certainly changes with the temperature. Sometimes in winter it is even set by the fire to warm up.

Schnapps can be used in cooking, too. Swedish meatballs with aquavit added to the sauce have a nicely unusual taste. Or try schnapps added simply to hamburgers, not flambéed, just before taking the meat out of the pan. Or add to guacamole (traditionally tequila is used, but other spirits will give a new taste dimension).

Schnapps are not only what the French call a *digestif*, good for resisting *crise de foie* and other ailments, but also a potent pick-me-up, capable of relaxing even the formal Europeans and turning them into the most convivial of companions. Delightful for parties, small or large. ■

HOW TO SEAL ANYTHING... FROM LEFTOVERS TO FRESH FOODS AS EASY AS 1, 2, 3.



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It's the only bag sealer that lets you seal more than one thing in *one* bag! Seal leftovers with it, freeze them and serve them later. Or buy foods on sale and freeze them for another day. Then when you're ready, boil 'em up in minutes...right in the bag! They'll taste just as delicious and juicy as the day you made them! And we have something that makes preparing food for your freezer easier, too. The Hamilton Beach Electric Knife. It's the one with the hole-in-the-handle.

HAMILTON BEACH Scovill

AMERICAN COOKIES
continued from preceding page

½ teaspoon vanilla
1⅓ cups flour
¾ teaspoon baking soda
½ teaspoon salt

Method

In a bowl, cream the butter until it is light. Gradually beat in the white and brown sugar. Add the peanut butter, egg, and vanilla and beat.

Sift together the flour, baking soda, and salt. Add to the peanut butter mixture. Chill for 1 hour.

Take tablespoons of the dough, roll it into balls and arrange on 2 greased baking sheets.

With the tines of a fork press crosses in the tops of the cookies to flatten them and make a design. Bake for 15 minutes in a preheated 350° oven. Let cool for 10 minutes, then transfer to a rack to cool completely. Makes 2½ dozen cookies.

Jelly Tots

These favorites at bazaars and church suppers were also called Thumbprint Cookies and Finger Putters, for obvious reasons.

Ingredients

½ cup sweet butter
½ cup light brown sugar, lightly packed, lumps removed
1 large egg, separated
¼ teaspoon almond extract
¼ teaspoon vanilla
1 cup flour plus 2 additional tablespoons
¼ teaspoon salt
1 teaspoon sugar
¾ cup filberts or almonds, blanched, finely chopped
jelly or jam

Method

Cream the butter in a large bowl until light. Gradually beat in the brown sugar. Beat until fluffy. Beat in the egg yolk, almond and vanilla extracts.

Sift the flour and salt and add to the creamed mixture. Cover and chill the dough for an hour or more.

Beat the sugar and egg white until slightly frothy. Pinch off pieces of the dough and make balls about 1 inch in diameter. Dip in the egg white, roll in the nuts to coat thoroughly, and place them on a greased and floured baking sheet. Bake in a preheated 350° oven for 5 minutes. Press a thumb into the center of each to make deep wells. Bake for about 10 minutes more or until the cookies are firm. Let them cool. Fill the depressions with jelly or jam. Makes about 18 cookies.

Molasses Drop Jumbles

The jumble was eventually simplified into a drop cookie, but it still has as many varieties as cooks.

Ingredients

½ cup sweet butter
½ cup brown sugar, lumps removed
1 cup light molasses
⅔ cup sour cream
1 teaspoon lemon zest, grated
3 cups flour
2 teaspoons baking soda
½ teaspoon salt
1 cup dates, chopped

Method

In a bowl cream the butter until light. Gradually beat in the sugar, and beat the mixture until it is fluffy. Beat in the molasses, sour cream, and lemon zest.

Sift together the flour, baking soda, and salt and toss ¼ cup of mixture with the dates. Add rest of flour mixture and the dates to the butter mixture and combine thoroughly.

Drop the batter by tablespo
on 2 greased cookie sheets
bake for about 15 minutes i
preheated 375° oven, or until
cookies are set. Makes abou
dozen.

Blondies

Rich, sweet Blondies, Browni
pale siblings, are a fairly rec
innovation, directly descend
from the Hermit family.

Ingredients

¼ cup sweet butter
1 cup light brown sugar, lightly packed
1 large egg
1 teaspoon vanilla
½ cup flour
1 teaspoon baking powder
½ teaspoon salt
¾ cup pecans, coarsely chopped

Method

Melt the butter in a saucep
over low heat. Stir in the su
Remove from the heat and
cool. Beat in the egg and vani

Sift together the flour, bak
powder, and salt. Stir into
butter mixture, then add nut

Spread evenly in a greased
inch-square cake pan. Bake
preheated 325° oven for ab
25 minutes, or until the cak
just set. Do not overbake.

Cool. Cut into 16 squares.

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Sister Parish
continued from page 110

month the room will be ready. Once the decorating scheme is approved, the *hard* work begins: turning all those well-laid plans into a room for someone to live in. For every single item in each room, a separate worksheet must be filled out, listing every conceivable detail. A sofa, for instance: "Carr sofa, 8'0", 3 loose seat cushions, 100% down, tight-back, shirred skirt, self-welts. Two 22" shirred corner pillows w/contrast welts. Fabric: Rose Cummings "Jaffrey Room" chintz, brown. 50" wide, 28" repeat. Center flowers on cushion. Scotchgard." The worksheet is keyed to the furniture plan and given a route number by which this sofa will be known until it arrives in the apartment for the final installation of the room.

Specifics decided, a secretary telephones the upholsterer for yardage and price estimates; the fabric house to reserve the required amount; the Scotchgard people for their price estimate. Details are entered on the worksheet, and the worksheet put, along with all the others—for carpentry, painting, antiques, rugs, furni
to be built, everything—into a
three-ring job book that beco
increasingly fat as the job
gresses. All information and pr
gathered, the secretary begins
ing estimates for the client to s
The client must approve and
a separate estimate for each i
before it is ordered. "There
several advantages to this syst
First, the client is forced to
amine all the details before s
ing; she knows she's getting
best of everything, and there
no great shocks at the end. Sec
if something is *not* approved, it
be removed from the stack anc
placed without a lot of retyp
Last, since the client must
through a pile of estimates so
times 3 inches deep, reading
price of each item as she goes,
total price at the bottom of
stack doesn't come as such a bl
She really sees where her mon
going." When the signed estim
come in, together with a check
half the total, everyone rejc
and purchasing begins.

First to be scheduled is the
struction work (see page
then the painters arrive, follo
closely by the floor finishers

The nuts and bolts of decorating involves ordering, reordering, supervising, checking, orchestrating everything down to the light bulbs

of wall glazing further on). windows are washed in prep- n for shades, curtains, and rniture installation. Plans for ure designed by Parish-Had- e sent to the cabinetmakers refinishers; throughout the ss the designers and work- collaborate closely. And all ne the room is being readied, at the office the mammoth f purchasing is taking place. ery step that involves a sepa- lealer must have a separate ase order. For the sofa, for ple, one purchase order is o the fabric house, with in- ions to ship the fabric to the hgard people; another goes to Scotchgarders, with instruc- to send the treated fabric to the upholsterer; the third to the upholsterer, alerting hat fabric is coming, giving e design details, and instruct- im to ship the finished sofa to partment for installation. The ical information is typed on e sheets, which the account- epartment checks against in- ng bills from workrooms and rs, so the client will be prop- illed at the end of the job. It's g all this purchasing that are hit: The rug design is elled and must suddenly be re- d. Fabrics come in the wrong . "A popular word in the fab- industry is 'discontinued'— times entire schemes must be ught in midstream. There are strikes when you are expect- omething from England, and port strikes when you need a f deliveries quickly. The elec- n's union goes on strike, or umber doesn't come on time. the client often doesn't realize she would pay the same prices if she went through all this re herself."

he design team constantly s the workrooms, checking, ing sure pillows are fat gh, working out problems and ils. The client can be as in- ed as she likes. She can see gs as they are being built, con- about the curtains-in-progress, with Mrs. Parish for acces- es. Often the client finds some- g on her own, and she and . Parish go off to see it togeth- When the tastes of two differ- people are involved, however, must expect an occasional ment of disagreement. "People 'I don't want Sister to do my se because she'll take out all knickknacks.'" says Mrs. Par- "Well, they're right. You're going to have to get rid of the lding-present-china-rabbit and teddy in the corner of the arm- ir. They're not cute anymore. All too often I hear 'Oh, it's beautiful, but it's not for me.' But it *is* for you. You're not a bride anymore, you're a sophisticated woman. Once a client begins to see that she has been living in leftover self-images that are no longer appropriate, she really does start to grow, to realize she is worth all we're going through." The other great decorator-client obstacle is indecision: "beyond a doubt the worst enemy of creativity. It's a matter of trust," says Mrs. Parish. "We have gone through a great deal of thought and planning, yards and yards of fabrics, stores full of furniture—and we're obviously not going to send something inferior. We realize that we are creating something important—a place for people to live. We are not whimsical about it. When the client realizes this, she understands that although she may not be quite sure of a certain side chair right now, it has a point, and the point will be apparent when the room is finished, when she lives in it, sees how smoothly it functions. Often during the process the client begins to doubt herself, gets cold feet. It's hard for the unpracticed eye to imagine the finished product. The decorator supports, reassures—because we know the room is going to be sensational."

Installation is a four-day festival of packages arriving, wrappings removed, furniture and rugs placed according to the floor plan, the whole office pitching in to help. Then Mrs. Parish comes and makes it perfect, with a final burst of creativity that makes the room look as if it's been there forever, waiting to be lived in. "We need a lacquer box under the white table," she'll say, "a throw for the other sofa . . ." Her eye is unerring: a plant, a vase, a surprise. Things the client can't possibly approve until she sees them in the room. Last, the lamp man comes and shortens all the dangling lamp cords. And the room is ready.

"It's a special moment, walking through a finished room with a client," says Mrs. Parish. "An impersonal space has become a very personal room—more personal than if the client had ordered every item herself from a store, because it has all been made expressly for her, and she has been part of every step along the way. When you're that much involved in a room, the room is yours."

Is that the end? "Not at all," says Mrs. Parish. "A client who has experienced the personal growth that comes with decorating will no doubt continue to grow —and so will the room. Chairs will be angled so they're more comfortable; objects will be added. Pictures and plants will find their way in. And over the years, some of the furniture or fabrics might be replaced. Change is an accompaniment of growth." And, to paraphrase a now-famous quotation, "Growth is the only indication of life."

What goes on under a glazed wall?

1. Walls scraped, spackled, sanded —all by hand (to prevent possible gouging by machines).
2. Window frames stripped.
3. Doors and moldings painted.
4. Artists' canvas hung with vinyl cement (to make a uniform surface, prevent paint from cracking, make job last longer).
5. Canvas primed with oil-base white sealer.
6. Eggshell finish (low sheen) white enamel applied with brush.
7. Glaze mixture prepared: flatting oil, linseed oil, glazing compound. Dove-colored pigment added.
8. Glaze applied with a brush by one painter, followed closely by two others who pound the stipple-pattern into the glaze with special brushes. As glazing is applied, lighter and darker areas of the room are compensated for by darker or lighter stippling. Working time: three men, 5½ weeks. ■

New TV sets

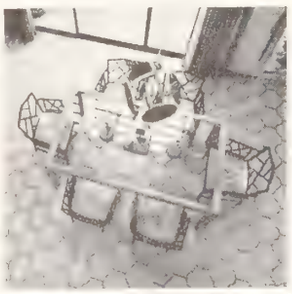
continued from page 125

RCA "Raeburn"
RCA "Color Trak" system that automatically corrects color before picture appears on your screen.

GE WYC 7660WD
"VIR" TV that decodes a special Vertical Interval Reference signal transmitted with many color programs to produce more perfect pictures automatically.

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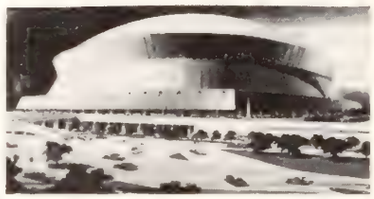
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Shopping information

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HOUSE WHERE EVERYONE FEELS AT HOME
Cover and pages 132-133:
Living room
Sectional sofa: corner, 33" sq. x 30" high, $406; armless, 30" x 33" x 30" high, $351; ottoman, 29" sq. x 17" high, $208; upholstered to floor, casters, loose seat and back cushions. By Heritage.
Cocktail table: 41¾" sq. x 15" high, pecan solids, veneers, ¼"-thick bronze glass top. $589. From the Woodbriar collection by Drexel.
Chippendale-inspired secretary: 37¼" x 18" x 84½" high, glass doors, brass hardware, mahogany veneers, Andoroba solids, interior light, adjustable glass shelves, fall-front desk, leather writing surface. $1119. From the Bicentennial collection by Drexel.
Rattan armchair: 24½" x 21½" x 40" high, loose cushion. $260. From the Crosswinds collection by Drexel.
Oak book table: 21" x 27" x 24¼" high, parquet top, 2 shelves, turned legs. $219. From the Bishopsgate collection by Drexel.
Octagonal commode: 18" x 17¼" x 21" high, pecky pecan veneers, hardwood solids, brass hardware, interior storage. $219. From the Accolade collection by Drexel.
"Albany" cotton fabric: covering living-room furniture, 48" wide, 34" repeat. $21 a yard. From Alan Campbell.*
Antique wicker chairs: 25½" x 22" x 36½" x 16½" seat height; blue cushion not included. $480 the pr. From a collection of antiques at Jean Paul Beaujard.
Woven tree basket with handles: in corner, 24" x 21" high. From a collection of imported Colombian baskets at La Tienda.
Antique blue/white china box: on commode, 8" x 4" x 3" high. $250. At Nuri Farhadi.
Accessories inside secretary: top shelf, pair of white ceramic parrots, $15 the pair, from John Rosselli; second shelf, left and right, pair of blue and white bowls on stands, $150 pr., at Nuri Farhadi; ceramic tree sculpture, $60, John Rosselli; third shelf, blue flowered plates, $125 a 13-piece set, John Rosselli; bottom shelf, pair of octagonal plates, $60 pr., John Rosselli; desk surface, antique rectangular dish, $120, Nuri Farhadi; needlepoint address book, $22.50 design and yarn, $35 mounting, from Woolworks; pair of antique rattan planters, $65 each from Jean Paul Beaujard; antique blue/white lamp, 12" diam. x 21" high, $800, Nuri Farhadi.
Accessories on book table: one of a pr. of blue/white antique covered jars, $600 pr., from John Rosselli; pr. of antique blue/white covered dishes from Nuri Farhadi.
Porcelain garden seats: 12½" x 19" high, $600 pr.; 3-tiered food basket, 10" x 15" high, $60. Both at John Rosselli.
23" diameter woven basket: holding firewood, 17½" high. $60. At La Tienda.
Accessories on coffee table: antique blue and white vase holding black-eyed Susans, 6" high. $180. From John Rosselli; antique octagonal bowl, $300; 3-tiered porcelain tea caddy, 9½" high, $1200. Both at Nuri Farhadi.
"Architecta" wool Berber rug: 13' 2" x 20' long. $1450. From Harmony Carpet.*
Library
Sofa: 90½" x 33½" x 29½" high, rolled arms, loose seat, back cushions. $879. By Heritage.
Armchair: 30" x 30½" x 33" high, loose seat, back cushions. $384. By Heritage.
Twin cocktail table: 25" x 18" x 17½" high, black lacquer finish with raised chinoiserie design. $269. From the Sketchbook collection by Heritage.
Sofa table: 60" x 14" x 25" high, cherry and pecan solids, cherry veneers, yellow-painted finish base, brass hardware, turned legs. $429. From the Sketchbook collection by Heritage.
"Channel II" quilted cotton/polyester fabric: covering furniture, 45" wide. $22.50 a yd. From Étalage.*
Handpainted canvas floorcloth: $630. By Floorcloths Inc. To order through Saxony Carpets.
"Still Life with Telephone" painting: (1976) oil on canvas, 36" x 36" by Susan Scott. $1500. At Deitcher/O'Reilly Galleries.
"Study for a Street Scene" gouache: by Susan Scott. $500. At Deitcher/O'Reilly Galleries.
Gourd-shaped porcelain lamp: $600; antique yellow-glazed vases, 2nd shelf bookcase, $500; antique yellow vase, top shelf, $800 a pr. All from Nuri Farhadi.
Porcelain bowl/basket: bottom shelf bookcase, $125; antique egg and spinach bowl, on coffee table, $150. At John Rosselli.
Accessories on coffee table: wooden rabbit box, $165; faux malachite lacquered box, $225; Japanese lacquered box with tassel, $135. All from J. Garvin Mecking.*
Brass fireplace equipment: andirons, $350 pr.; tools and stand, $350. At Danny Alessandro.
Grooved acrylic floor lamp: $615. At Karl Springer.*
Woven basket holding flowers: from a collection of baskets from France at Le Grenier.
Entrance
Basket: linen lining and pockets, $85; needlepoint pillows, rug, basket, and yarns from a collection of needlepoint materials at Woolworks.
Bargello pillow: designed and made by Mrs. Charles Caine.
Porch room
"Moroc" striped cotton covering window seat cushions: 54" wide. By Quadrille.*
Pages 134-135:
Bedroom
Canopy bed: 80" x 86½" x 79" high, pecan solids and veneers, King-size, rush-paneled headboard. $869. From the Woodbriar collection by Drexel.
Upholstered ottoman: 26" x 20" x 16" high, button tufted cushions. $187. By Heritage.
Lamp table: 26" x 26" x 21" high, white-lacquered finish, wrapped rattan moldings. $119. From the Crosswinds collection by Drexel.
"Jardin" Tergal and cotton fabric: bedhangings, 47" wide, 30" repeat. Write Cohama Decorative Fabrics, 214 Madison Ave., New York, N.Y. 10016.
"Atlas Cloth" cotton canvas: covering ottomans, from 49" to 50" wide. From S. Harris.*
Bed linens: king-size sheet, $96; standard pillow sham, $34; cotton and polyester piqué coverlet, $195; 27" sq. French pillow sham, $42; standard pillow sham with lace border, $92; baby pillow sham, $28; roll pillow, $24; heart pillow and sham, $50. All at Pratesi Linens.

Diagonal checked tea towels: on breakfast tray, $7.50 each. Pratesi Linens.
Painting "#6-1960": (1960) oil on canvas, 48" x 36" by John McLaughlin. At André Emmerich Gallery.
Braided sisal rug: 12' 6" x 20' long. $500. From Harmony Carpet.*
Accessories in corner cabinet: pair of white ceramic cows, $90 pr.; ceramic bird and tree stump, $450 pr.; ceramic tulip-shaped bowl, $30; pair of white ceramic bulldogs, $30; ceramic shell pedestal bowl, $75 pr.; on bedside table: ceramic vase with bamboo motif, $45; ceramic leaf ashtray, $6. All from John Rosselli.
Carved ivory boxes on bedside table: from $180 to $480 each at J. Garvin Mecking.*
"Day-at-a-Glance" fabric-covered address book: $20; fabric-covered picture frame, $27; blue ceramic basket on breakfast tray, $12.50. All from Cache-Cache.
22" diameter basket under table: 7¼" high, $22. At Le Grenier.
Antique blue and white tea service: $50. At Cherchez!
Hall
Bombé front cabinet: 65¾" x 17" x 84¾" high, pale pine, glass doors, scalloped bonnet, glass shelves, brass hardware. $1599; **umbrella stand:** 29" x 12" x 30" high, white with beige neostone top and bottom, amber oak finish, porcelain and brass accents. Both from the Et Cetera collection by Drexel.
Accessories inside cabinet: scalloped edged plates, $45 each; white fish plates, $9 each; green leaf plate, $30; pale green leaf plate, $51; open weave leaf basket, $60; pr. celadon jars, $30 each; pr. white urns, $90 pr.; ceramic leaf ashtray, $6. All from John Rosselli.
Ceramic fish bottle on stand: top shelf, middle. $240. At J. Garvin Mecking.*
Living room tablesetting
Dropleaf table: 66" x 54" x 29" high, opened, 66" x 21½" x 29" high closed, pecan solids and veneers. $479. From the Woodbriar collection by Drexel.
Side chairs: 19¾" x 22¼" x 39¼" high, pale pine, natural finish. $219 each. From the Et Cetera collection by Drexel.
Sofa table: 60" x 15" x 25" high, figured cherry on hardboard panels, wrapped rattan details. $189. From the Crosswinds collection by Drexel.
"Commodore Cloth" cotton sailcloth: covering dining chair seats, 48" wide. Scotchgard finish. $7 a yd. By Waverly.
"Scale" painting: (1963) 45" x 45" by Kenneth Noland, acrylic on canvas. At André Emmerich Gallery.
Tablesetting
Antique blue/white square vase: $600; blue and white octagonal plates, $60 each; antique flower plates, $125 per 7-piece set; glass basket, $24; blue and white platter, $225. All from John Rosselli.
Antique blue/white square platter: $120. At Nuri Farhadi.
Pale woven baskets: holding bread and under table, from Le Grenier.
Basket on serving table with fruit: imported from Colombia at La Tienda.
"Arno" stainless steel flatware: $12.40 per 3-piece setting. At Richard Ginori.
Flowered cotton napkins: 20" sq. $17 each. At Porthault.
Porch
Armchair: 24½" x 21½" x 40" high, rattan with natural finish. $260. From the Crosswinds collection by Drexel.
Dining armchairs: 21½" x 21½" x 36" high, aluminum with blue painted finish. $149.
Lounge armchairs: 30" x 30" x 26" high, aluminum with blue painted finish. $263.
Benches: 39" x 15" x 22" high, tufted seat cushion, aluminum-painted blue finish. $187. All from the Malay collection by Meadowcraft division of Birmingham Ornamental Iron.
Chaise: 30" x 82" x 17" high, channel upholstered seat cushion, wrought-iron blue painted finish. $278. From the Meadow Rose collection by Meadowcraft.
Linen tablecloth and napkins: 96" round cloth, $226; 20" sq. napkins, $23 each. At Porthault.
"Portofino" china: $113.25 per 5-piece place setting. At Richard Ginori.
"Ego" glasses: at Richard Ginori.
White plate with blueberry tarts: $45. At John Rosselli.
Antique blue/white ceramic basket holding cookies: $300. Nuri Farhadi.
Ivory vase holding bachelor's buttons: $390; 19th c. terra-cotta pot, $450. Both at J. Garvin Mecking.*

THE INDUSTRIAL REVOLUTION
Pages 136-137:
"Regiment" acrylic/modacrylic carpet: 12' widths, level loop construction. $9 a sq. yd. By Colonnade Carpets.
Pirelli rubber flooring: 4 mm. thick. $2 a sq. ft. By Jason Industrial.
Étagère: 60" x 18" x 80" high, chrome poles with zinc-chromate shelves. $200; wire nickel-plated baskets, on gray chest 18" x 24" x 10" high, $36.82; holding logs, 20" x 30" x 12" high, $42.48; on workbench, 18" x 26" x 2" high, $13.75. By Metropolitan Wire Corp.
Accessories on étagère: 16-oz. stainless steel pitcher, $8.70; 12-oz. stainless steel tumbler, $2.40; syringe and needle stainless steel sterilizer, $24.50; 6-qt. stainless steel dressing jar, $26.25; stainless steel trays, 15" x 10½". $7.75 each; #8110 Johnson & Johnson first-aid kit, $22.50; glass flasks, $3.40 each; gold-plated handled tungsten-carbide scissors, 5" long, $31.70; 7" long, $33; 5" long tweezers, $22. All from Arista Surgical.
9" Trinitron color portable TV: 10¼" x 13¼" x 12" high, glare-free screen, earphone included. $430. By Sony.
Telephone answering and recording system: voice-activated. $199.50 from T & T System.
"Latino Disco" sculpture: (1975) by John Chamberlain. Courtesy of Leo Castelli.
Metal enameled workbench: 60" x 29" x 34" high, with locking drawer and 29" high bench leg. $136.50; brake tool toter. 20¼" x 20½" x 31" high with 6" drawers. $175.20. Both by Shure Manufacturing.
Enameled steel bench drawer: stacking drawers, sliding drawer tray, four 15¾" x 20" x 6¾" high drawers. $180. By Lyon Metal Products.
Ficus tree: 6' 6" high. $119. At Terrestris.
"Trimline" telephone: courtesy of the New York Telephone Co.
Accessories on desk: chrome wall urn, 4" diam. x 5½" high, with bracket, inner liner, mounting screws. $35. By Smokador Contract Accessories.
Rotary Rolodex: $15. From Bainbridge, Kempton, & Haupt.
Vinyl louvers: 3½" wide, rigid vinyl, white finish. $2.20 a sq. ft. plus installation. By LouverDrape.
Queen-size comforter: down-filled, polished cotton cover. $170. At Bloomingdale's.
Standing chrome lamp: $50. By Luxo Lamp.
Bullet shade lamp: 45" scissor-arm extension. $38. By Luxo Lamp.
Stainless steel medical tray: 21¾" x 78¾" long. $172. By Jewett Refrigerator Co.
"West Coast" truck mirror: 6⅝" x 15½" long. $45. By Yankee Metal

Continued on next page

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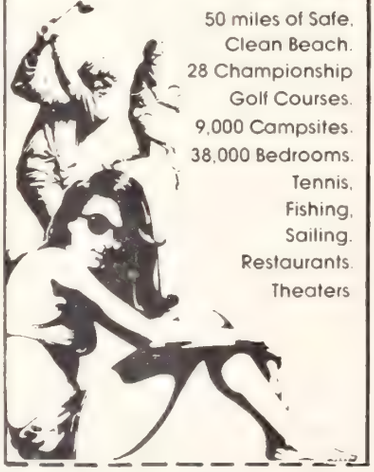
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continued from preceding page

Products.
Clocks on stainless tray: bell alarm clock and battery-operated alarm clock. Both by Churchill. At Bloomingdale's.
Pages 138-139:
Yellow metal docklight: $137. By Phoenix Products.
34" high wood table: available in 1¾" maple or birch, with ¾ depth shelf, back and end stops, $274; 18-drawer unit measures 34¼" x 11" x 10⅝" high, $76. By Lyon Metal Products.
Platform truck with deck: 18" x 32", baked enamel finish, load capacity to 500 lbs. $6686. By Gleason Corporation.
Metal electrical outlets: 5" x 3⅜" x 3" high, with 2 back-to-back duplex cover plates, 15 amp, 125 volts, 3-wire NEMA U-slot grounded receptacles. $20.20 each. By Midland Ross.
Flush face round diffuser: 12" diam. with fixed pattern for ceiling installation. $53. Write Tuttle & Bailey, 215 Warren St., New Britain, CT 06050.
Chrome-plated cleats: 5½" long. $5.60 each. At Goldberg's Marine.
Black enameled steel stool: 22" to 30" adjustable, with foot rings. $41.90. By Ajusto Equipment.
Fireplace setting
Stainless steel corner guards: 4' long x 3½" wide, 90° angle with corner. $15, plus installation. By Inryco/Milcor.
10 lb. multipurpose ABC fire extinguisher: weighs approx. 19 lbs. $38.50. By Fire Foe.
Aluminum diamond tread plate: ⅛" thick, 3' x 8'. $120. By Adam Metal Supply.
"Golden Flame" fire logs: 89¢ each. By Gold Kist.
Domed enameled trash container: 15" diam. x 30" high, chrome door. $40. By United Metal Receptacle.
Corner room area
Aluminum shorty doors: 35¼" x 74½" for an opening 36" x 80"; one-way mirror, 8" x 14" long, inserted into door at a height of 48" off floor. $117. By Eliason.
Blankets (top to bottom): green, red, blue horse blankets, wool with white cotton binding, available in standard bed sizes. $32.50 each. At M.J. Knoud Saddlery; cotton-stitched and bound **mover's pads,** 72" x 80". $11.70 each; $70 a doz. By Acme Stay-put Pad.
Trash containers: 16-gauge, perforated steel, 12" diam. x 24" high, with mounting bracket, key, sign, baked enamel finish. $36.85; spike or flat metal base, 16-gauge perforated steel. $33.15. By Beam Supply. To order, from United Receptacle.
Domed trash container: by United Metal Receptacles.
Shelving
Baked enamel half-shelving unit: 36" x 12" x 87" high, 4 shelves, 3 prs. sway braces. $35; baked enamel finish 18-drawer unit, 36" x 12" x 18" high, 3" high drawers. $50. Write Able Steel, 50-02 23rd St., Long Island City, NY 11101.
Freestanding louvered support panel rack: 72" x 36" wide, with base, 36" x 27" x 2½" high, on casters. $314; plastic attachable containers in red, yellow, blue, light gray. $8.94 each; $80 a doz. By Dexion.
Handwoven cotton twill hammock: two-point hammock with hooks and chain. $39.95 at Hammacher Schlemmer.
Shores and base plates: 8' x 2½" closed shores; 7" sq. base plates with adjusting holes 5½" apart. $50.25 each. By Chesebro-Whitman.
Circular convex mirror: 36" diam., wide angle, black rubber detail. $102. By Bell Detection Mirrors Div. Bell Glass and Mirror Co.
Steel pedestal-base bench: 9½" x 1¼" thick birch or maple x 4' long, lengths available to 15'. $49.15 as shown. By Spiral Steel.

DECORATING POINTS OF VIEW
Pages 140-141:
His
"Classic Square" cotton and polyester sheets: burgundy with white, available in bedspread, pillow shams, draperies, and reversible comforter. Designed by Bill Blass for Springmaid. At Lord & Taylor.
Platform bed: $550. To order.
Screen: $600. To order.
Armless chairs: $660. To order.
Brass console table: 35⅛" x 12⅛" x 28" high. $425.
Japanese tokonama jar: ca. 1750. $495.
Keyaki wood hibachi: 23" x 59" x 14" high, glass top (new), stained wood stand. $595.
Birch plant stand: 28" x 11" x 36" high, imported from Sweden. $135.
Gilded wood Buddha: 52" high, inset mirrors, 18th c. Burmese, new lotus base stand, imported from Thailand. $5000.
"Zivelli" all-purpose glasses: $15 a set of 4.
Antique plates: $30 each.
Hers
"Tosca" Dacron and cotton fabric over walls: 54" wide, 4¾" repeat, Zepel finish. $7 a yd. By Bloomcraft.
Draperies: silk by Stroheim & Romann. $32 a yd.
Chair cushion and pillow coverings: By Bailey & Griffin.
Antique brass acorn: $90.
Earthenware ashtrays: $5 each.
"Illusion" wine glasses: $10 each. By Orrefors.
Wine decanter: $42. By Orrefors.
Philippine rattan armchair: without cushion. $150.
Spanish pine dolphin console table: $595.
Spanish antique wrought-iron bunching table: $130.
Spanish antique wrought-iron lamp table: $135.
"Gentry" stainless flatware: $26 per 5-piece setting.
Furniture and accessories all at Lord & Taylor.
Flowers by Jean-Jacques Bloos Ltd.

NEW FURNITURE IDEAS
Pages 142-143:
"Triangolo" table lamp: 18" x 18" x 18" high, perforated steel sides, white-enamel finish, black rubber trim, available in floor, wall, and ceiling mountings, a selection of colors. $96. By Koch & Lowy.*
Movable arm table lamp: 22½" high, 28" arm extension, white enamel and chrome. $135. By Hansen Lamps.
"Headlight" wall-mounted lamp: 3½" diam. shade, in black, white, yellow, brown baked-enamel finish. $19.95. By Luxo Lamp.
"Brumbry" table lamp: 18" diam. shade, 16¾" high, white acrylic shade on chromium-plated steel base, available in smoked acrylic, designed by Luigi Massoni. $433. At Galleria Mobili.*
"Brighitta" table lamp: 19" high, 15½" diam., takes one 60-watt silver-capped bulb. Available in cognac-colored acrylic, designed by Fabio Lenci. $458. At Galleria Mobili.*
Low chair: 27" x 23½" x 11" seat height, natural finish birch, slatted seat, designed by Ramond J. Gurado, available in dining height. By Keramos.*
"Stellar" side chair: 22" x 23½" x 31½" high x 18" seat height, chrome cantilevered frame, mammoth leather

Continued on page 230



"Once in A Lifetime" Opportunity

LIMITED EDITION OFFER!

"Farmer's Home In Winter"

ORIGINAL HAND-CRAFTED

CURRIER & IVES

GENUINE PORCELAIN BELL IN COPENHAGEN BLUE

EACH BELL TRIMMED IN 22 CARAT GOLD, HALLMARKED, SERIALLY NUMBERED, AND COMES WITH CERTIFICATE

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ere's one of the most exciting offers we've ever made . . . the second in our series of beautiful genuine porelain bells to be issued by American Treasury! It's the second masterwork in Copenhagen Blue Bells onoring Currier & Ives.

he entire lifelike surface of this lovely bell depicts the Currier & Ives original of "Farmer's Home in Winter". ach limited edition bell is trimmed in 22 carat gold . . . and bears the American Treasury Hallmark number n its inner surface! The handle has a 22 carat "gold band", our exclusive design. Each issue in this rare eries will illustrate a different Currier & Ives classic!

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ou know your Limited Edition Currier & Ives Bell can't go down in value, for we put in writing that we will uy it back anytime within the next 5 years, and you will receive a certificate guaranteeing this with your bell!

ubscriptions to the first American Treasury porcelain bell honoring Currier & Ives have now closed, and the pportunity to own it is gone forever. Only those who were fortunate enough to order before the cut-off date ow have a collector's item. But there's still time to start your own collection with this second bell in the merican Treasury series if you act promptly . . . your order must be received by December 31, 1976! All rders received after that date will be returned, since only enough bells to satisfy the orders received before ne cut-off date will be manufactured.

'our order qualifies you to collect other bells in the series as they are offered. Your order is for this bell only – you will not receive any others unless you specifically order them. There is a good reason for this — **Your ell is not finished, hallmarked, and numbered until your order and payment are received! It is literally made o order for you!**

iurry... order yours right now for the unheard-of low price of $9.95 plus $1 postage, insurance, and handling!

MAIL NO-RISK COUPON TODAY

AMERICAN TREASURY, Dept. CBLB-8
Caroline Road, Philadelphia, PA 19176

Yes! Please ship me _____ (CBLB) Hallmarked Hand-Decorated Currier & Ives "Farmer's Home in Winter" Genuine Porcelain Bell(s) in Copenhagen Blue trimmed in 22 carat gold, and numbered at only $9.95 each. (Only 2 to an address, please!) I understand you will protect my investment in this bell with a guarantee to buy it back at any time before December 31, 1981, at its original selling cost (except postage, insurance & handling).

Note: Since this is a limited edition — any orders received later than December 31, 1976 will be refused!

Please add $1 per bell to cover postage, insurance & handling.

Total amount enclosed $_____ (Penn. residents add 6% sales tax).

Check or money order [illegible]

CHARGE IT: (check one) Exp. Date _____

☐ [illegible] ☐ American Express
☐ Master Charge
BANK NUMBER _____

Credit Card # _____

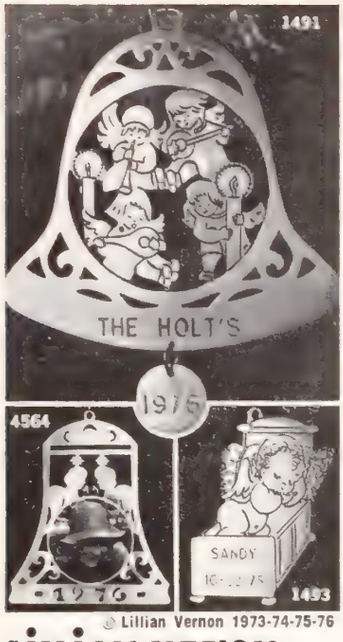
Name _____

Address _____

City _____ State _____

American Treasury [illegible] not affiliated [illegible] ment Agency.

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At left: Our newest dated heirlooms. Sizes 3¼-4".
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$1.98 each 6 for $9.98



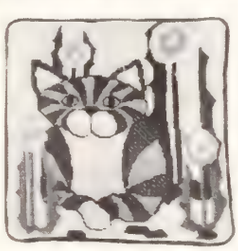


At right: Whimsical to elegant. Sizes 3½-4".
1268 Puss in Boots
1514 Christmas Tree
1269 Mr. Santa
1272 Mrs. Santa (not shown)
$1.50 each 6 for $7.50



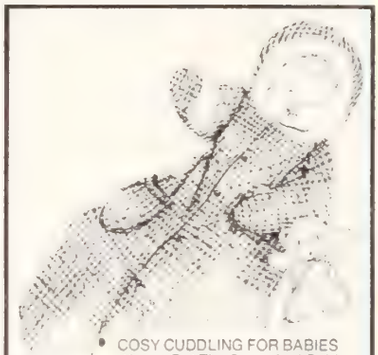
PRINT names for engraving
Add 50¢ postage & handling
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LILLIAN VERNON Dept. GO3, 510 S. Fulton Ave., Mt. Vernon, NY 10550



You're sure to love our most "**Calculating Cat**" worked in continental or the variety of stitches we recommend. He's in shades of rust and beige, gold flowers, green leaves and pale green background—on #12 mono canvas with Paterna Persian yarn, stitch instructions and needle. 12" square.

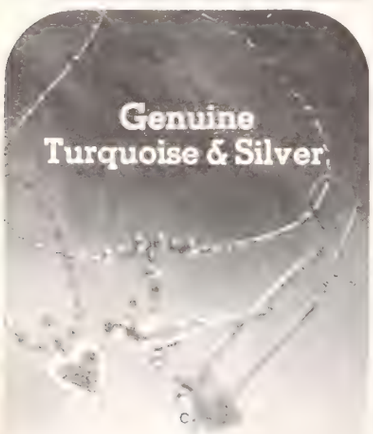
THE darn yarn SHOPPE **$22.50** ppd.
Dept. HG10
254 Post Road East
Westport, CT 06880



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Keeps Out The Snow And Cold

The Heirloom snowbag of machine washable and no-iron poly-cotton gingham by Dan River is trimmed with acrylic fur and lined with soft flannel to keep baby warm all winter long no matter what the weather. It bundles baby snugly in one warm armful into car seat or carriage. The front pocket comes with the cuddly white kitty—and then holds pacificer or bottle for mama's convenience. Grippers open all down the front for easiest changes. 30" long—one size fits amply to one year. Choose gingham of blue, pink, yellow or green. $32.00 + $1.25 postage and handling

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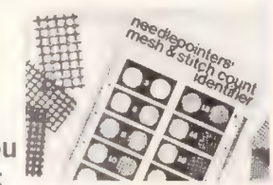


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THE GAMMON TUBE

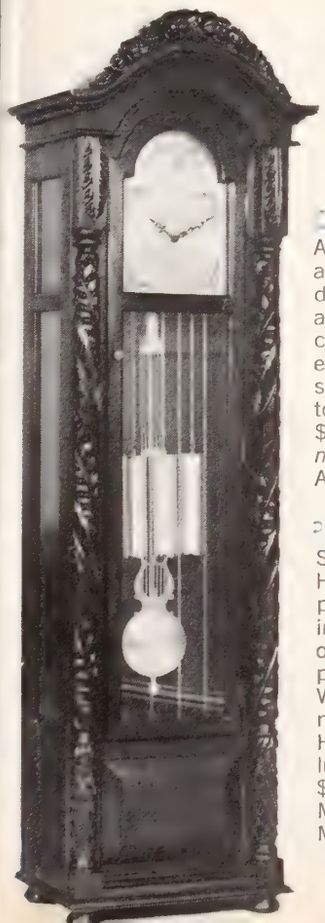
Latest look in backgammon. Portable, lightweight and ready to go, the 2″ dia. tube holds a 12″ by 17″ bright orange and brown roll-out board. It also holds 1″ chips, dice, doubling cube. Handy carrying handle top. $9.95 plus $1 post. Stratford House, HG-10A, Box 289, Stratford, CT 06497.



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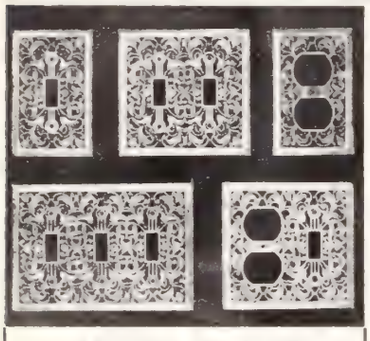
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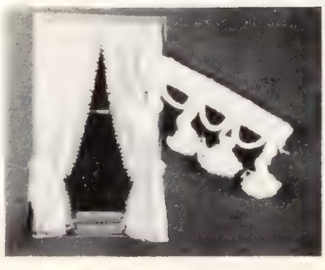
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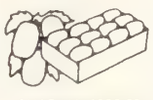
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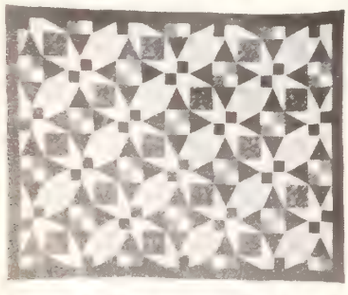
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GRAND COM, INC.
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324-5th Ave. N.Y. 10001

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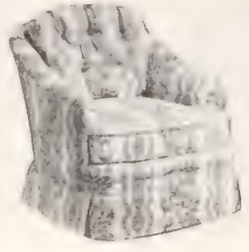
FROM YOUR KITCHEN

Self-stick labels identify your delicious gifts: boxes of candy, jars of preserves and fruitcake. Your name (limit 18 letters and spaces; print) in black on shiny yellow, saucy cook accent. 2" by 2¼". 150 in box. $2.98 ppd. Walter Drake, HG82 Drake Bldg., Colorado Springs, CO 80940.



CEILING FAN

Natural air cooling. Adaptair adjusts angle of blades (on 52" only). 2 speeds. 5 yr. guarantee. 52" fan with adaptair lever $279; without, $239. 36" fan $159. Light Adapter kit $16. Free brochure. The Ceiling Fan Gallery, HG10, Indian Neck Lane, Peconic, NY 11958.



THE ELEGANT CHAIR

Graceful "Love Lady" in solids, stripes, prints; antique, cut, crushed, plain velvets. State fabric, color. $161. In your fabric (7½ yds., 54" w.) $119. Shpg. chg. extra. Brochure $2. Request free form for swatches. Hunt Galleries, Inc., HG7610, Box 2324, Hickory, NC 28601.



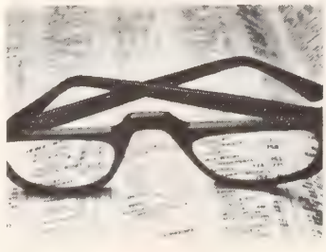
SILENT GARDENERS

Wicks water plants while you're away. One end goes into soil, the other into water; the wicks slowly feed the moisture for as long as eight weeks! No rot or mildew. Set of four, $2.98 plus 25c post. Anthony Enterprises, HG10, 556 Mission St., San Francisco, CA 94105.



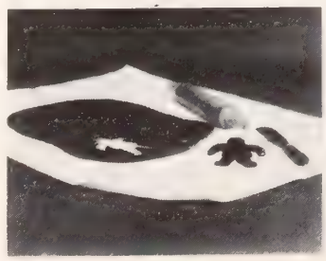
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See 84 of the newest patterns in catalogue, with 47 actual samples for you to feel and match to your decor. Up to 50% off on pre-pasted and regular wallpaper, flocked coverings, washable vinyls. Catalogue 25c. Robinson's Wallcoverings, Box 427-HGA, Titusville, PA 16354.



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Do it at your own pace — to make your tummy muscles flat as a board, tight as a drum.



Take off inches from your waist in only 5-10 minutes a day simply by getting back your muscle tone!

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'es, you can have a firm, flat abdomen in only minutes a day in ıe privacy of your own home. No rigorous routines . . . No star- ation diets . . . No months of frustrating exercises. Just one easy ack-and-forth motion on the Tummy Trimmer can give notice- ble results faster than you ever dreamed possible!

VOMEN! Helps you have that "bikini girl" profile you've always vanted . . . tone upper arms, waist, hips, thighs — bustline, too!

IEN! Mold a masculine body in just a few simple minutes a day . . . make that paunchy "bay window" tight-as-a-drum, have those broad shoulders and powerful legs you've long desired.

EASY! Just kneel on the padded rolling platform, grasp the handle-bars, and push the platform back and forth — you choose how far — how fast — how long! This simple, steady motion tones up, strengthens scores of muscles in your abdominal region, muscles that quickly become board-hard and hold you in naturally — like a living girdle. And your shoulders, arms, legs, and buttocks also get improved muscle tone, so you feel great all over!

Tummy Trimmer is made of strong tubular steel with a shiny plated finish. The upholstered rolling platform is comfortable on your knees. It comes with simple instructions and stores easily under a bed or in a closet.



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MAIL NO-RISK COUPON TODAY

AMERICAN CONSUMER, Dept. TTR-30
Caroline Road, Philadelphia, PA 19176

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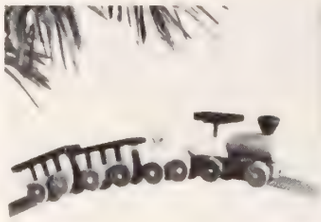
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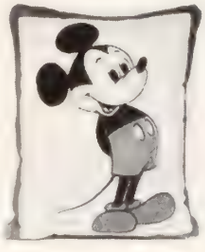
NEEDLEPOINT KIT

Full-color screech owl on 12-mesh-per-inch interlock canvas; Persian wool yarns in off-white, wood browns, grays, gold, burnt orange and white; instructions; needle. Finished 10″ by 10″. $7.50 plus 60c post. World of Stitch 'n Knit, Dept. 8519, Box 709, Framingham, MA 01701.



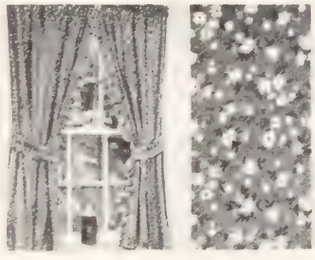
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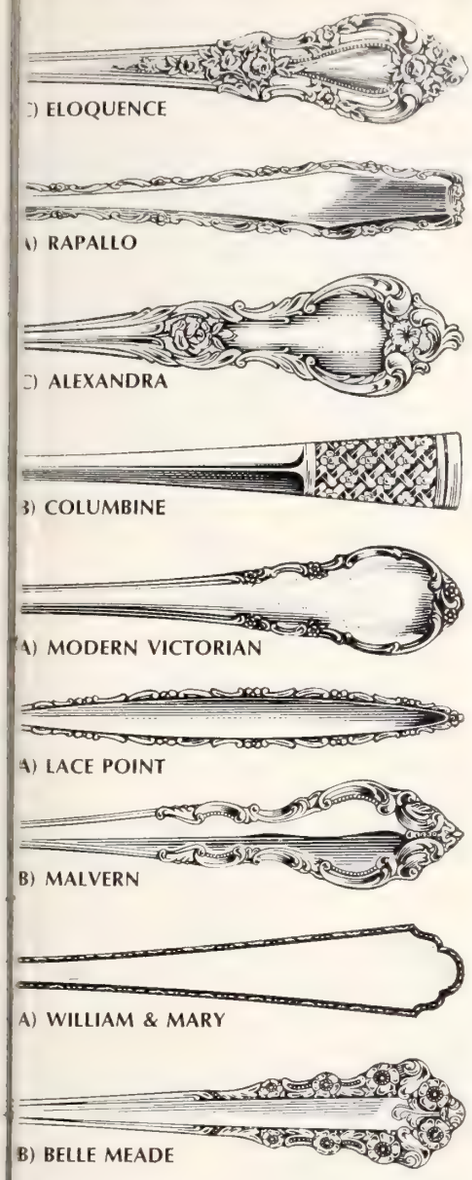
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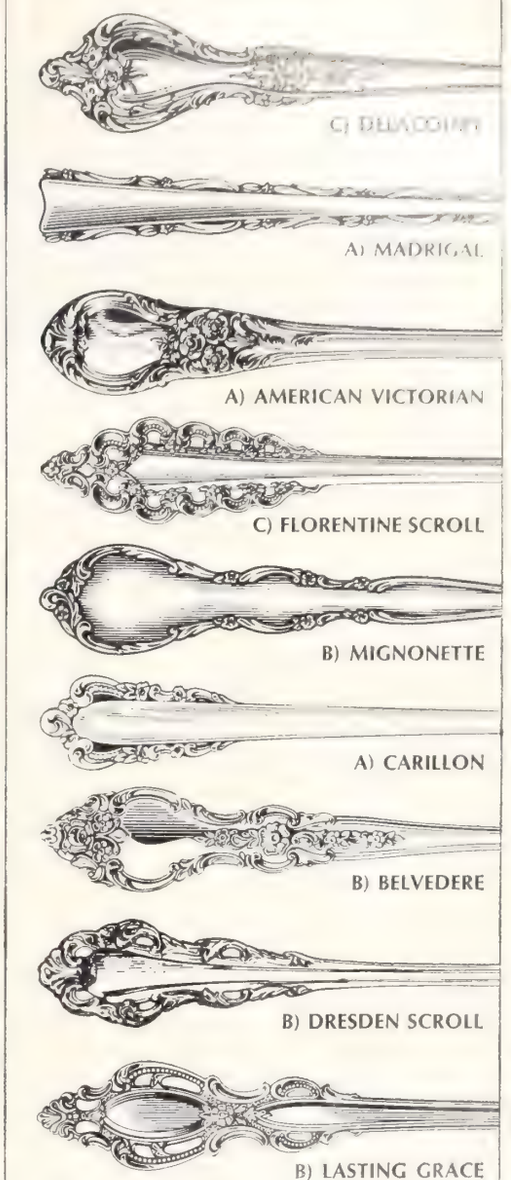
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___Place fork	47.00	35.25	51.50	38.63	54.50	40.88
___Place knife	27.00	20.25	29.00	21.75	29.75	22.31
___Salad fork	34.50	25.88	37.75	28.31	39.75	29.81
___Place spoon	39.50	29.63	43.00	32.25	48.25	36.18
___Butter spreader, hh	22.00	16.50	23.00	17.25	25.00	18.75
___Iced beverage spoon	40.00	30.00	42.00	31.50	45.00	33.75
___Sea food cocktail fork	22.00	16.50	24.50	18.38	26.00	19.50
___Tablespoon, regular	68.00	51.00	68.00	51.00	73.00	54.75
___Tablespoon, pierced	68.00	51.00	68.00	51.00	73.00	54.75
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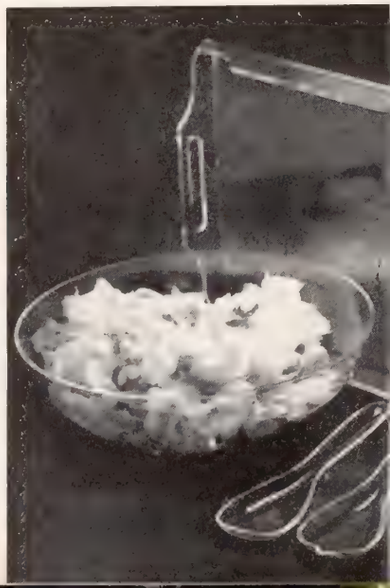
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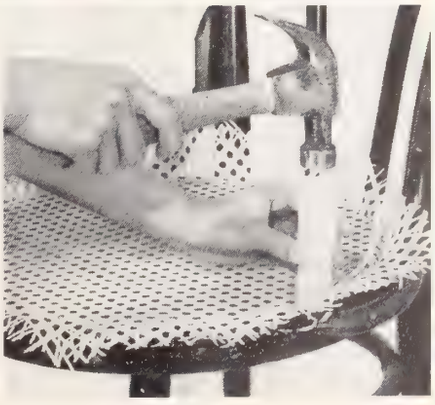
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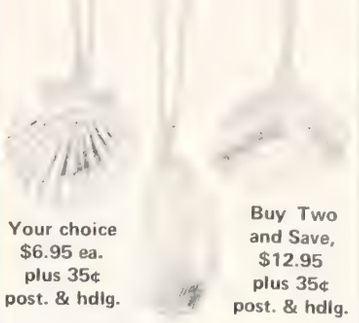




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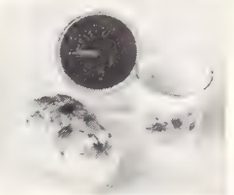
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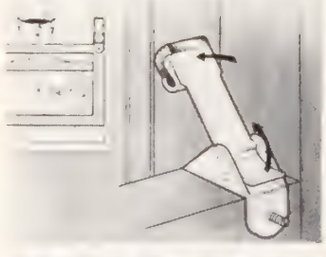
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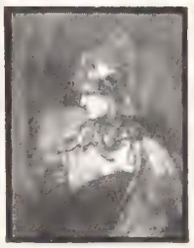
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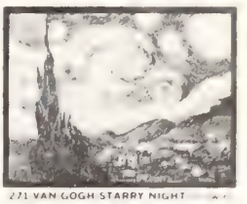
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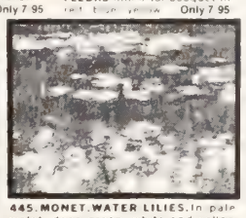
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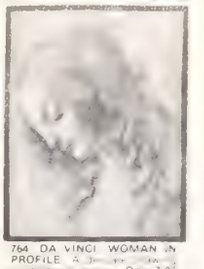
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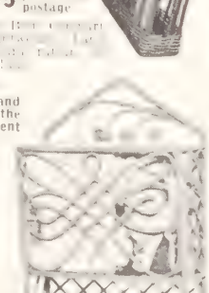


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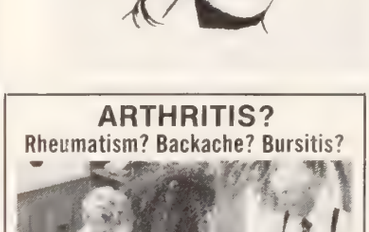


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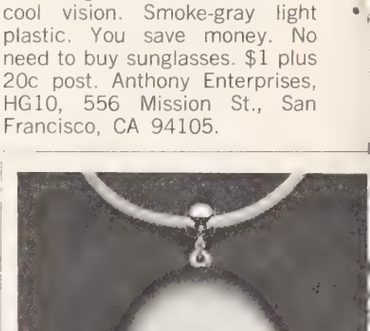
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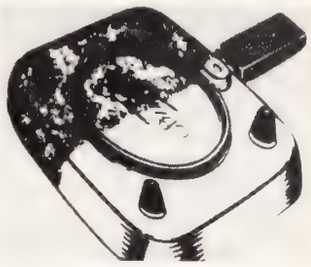
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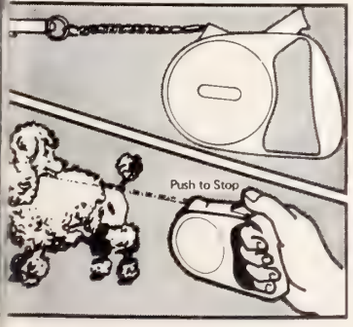


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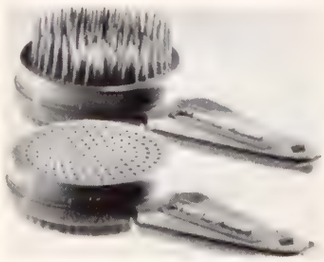
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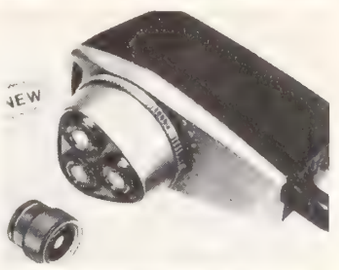
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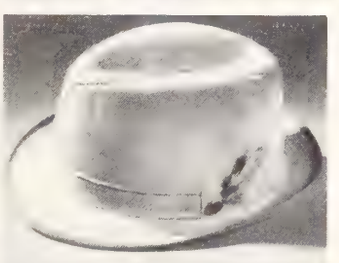
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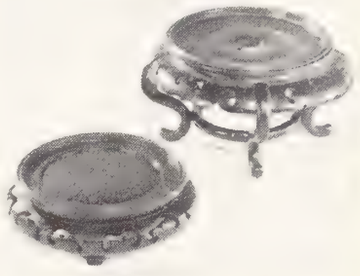
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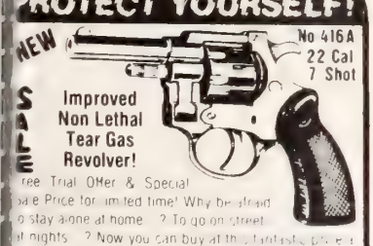
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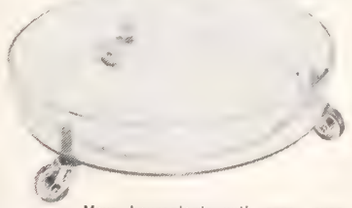
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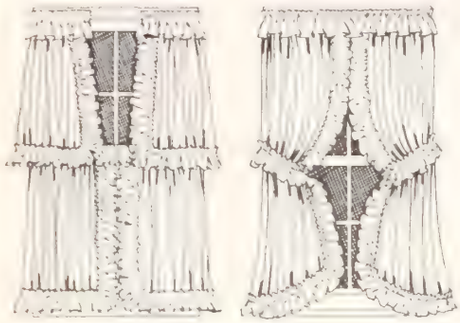
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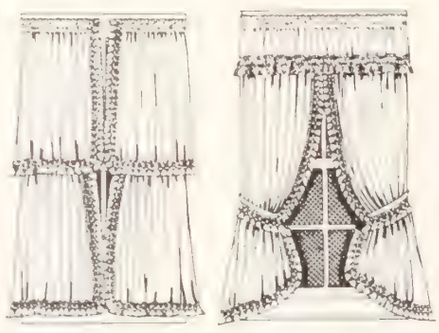
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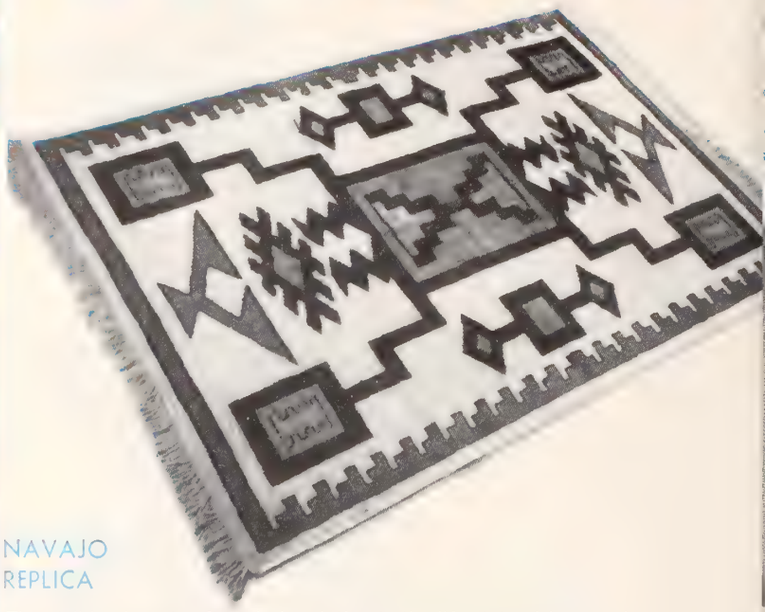
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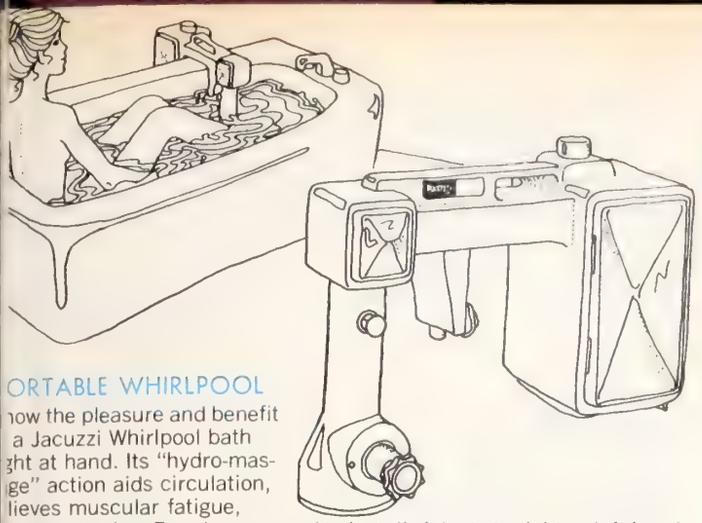
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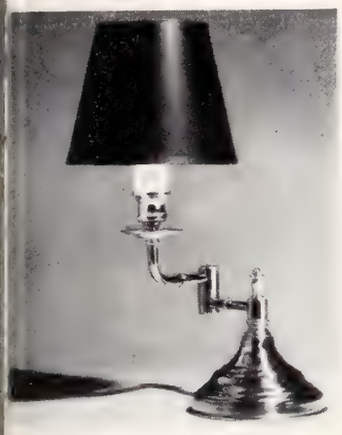
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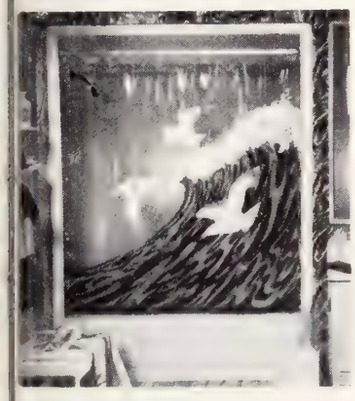
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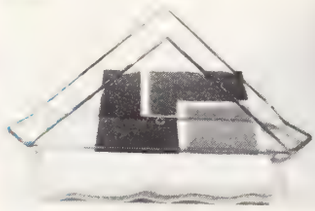
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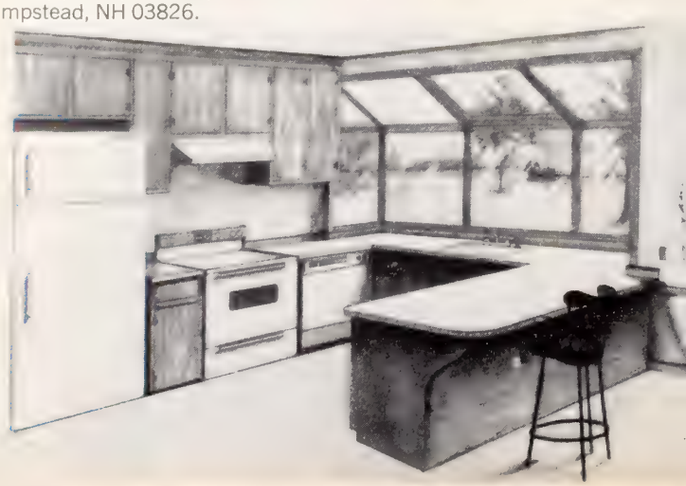
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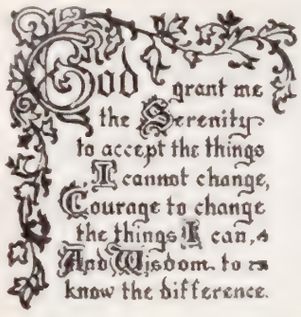


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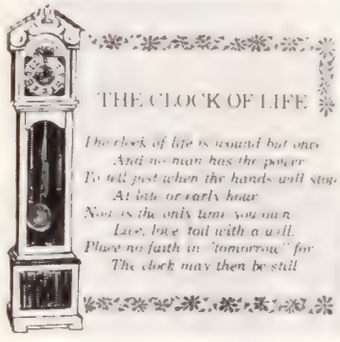
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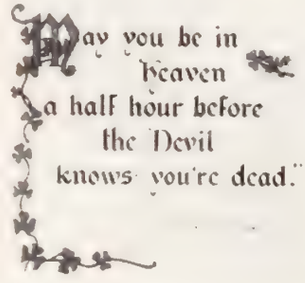
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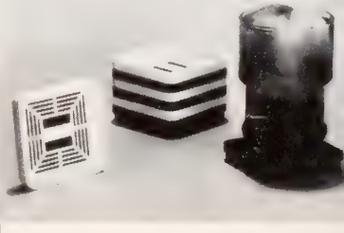
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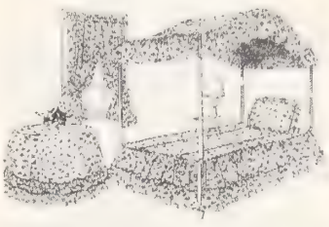
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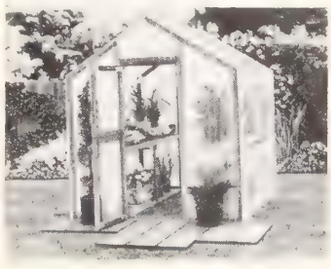
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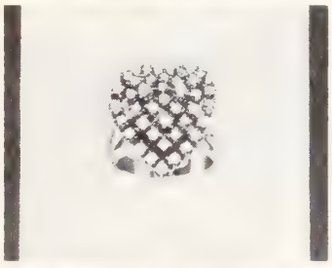
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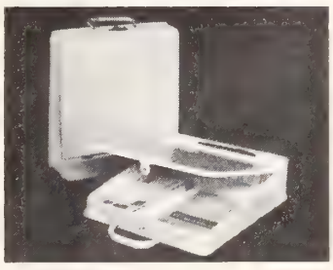
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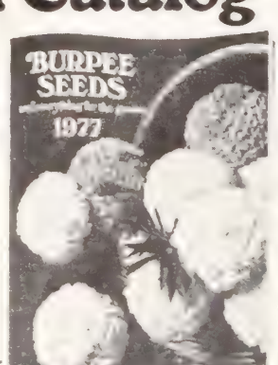
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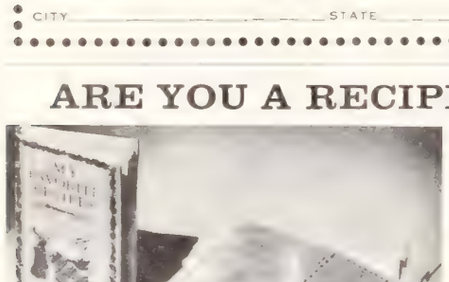
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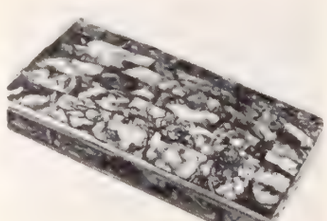
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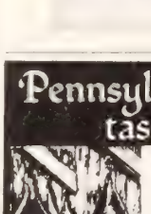
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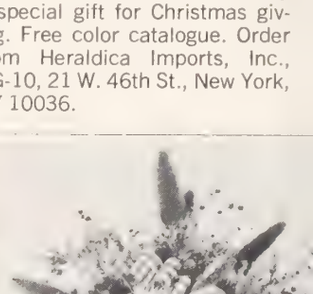
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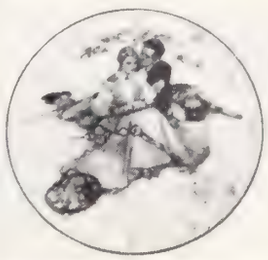
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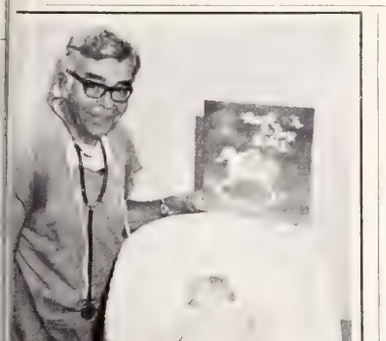
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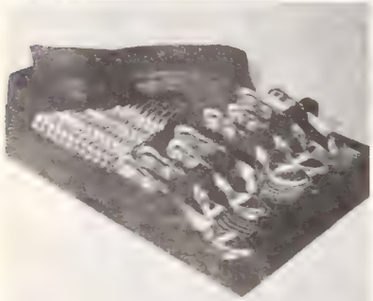


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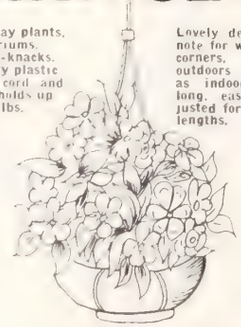
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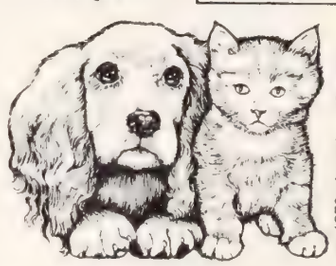
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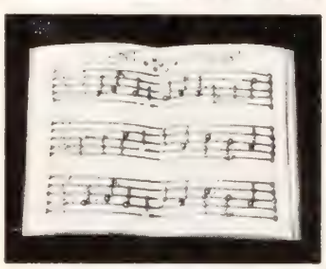
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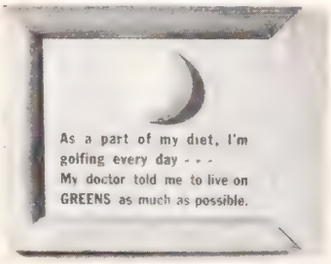
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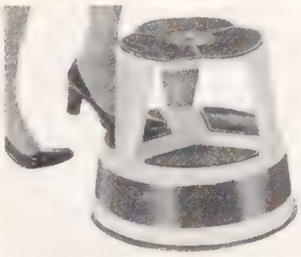
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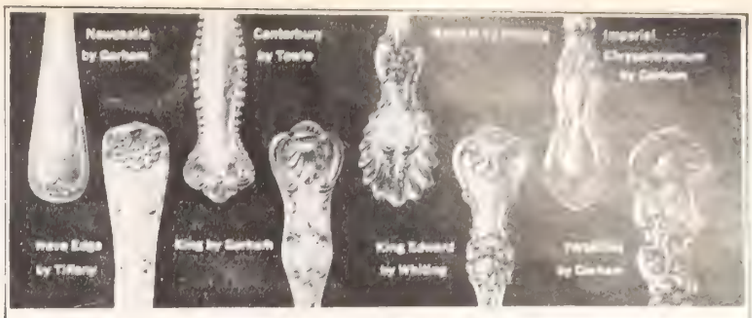
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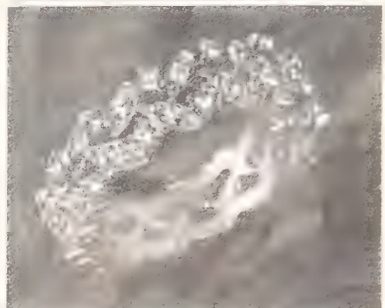
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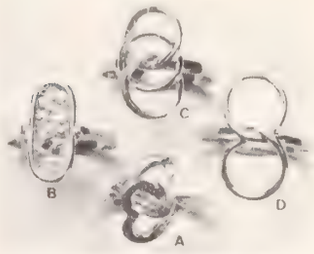
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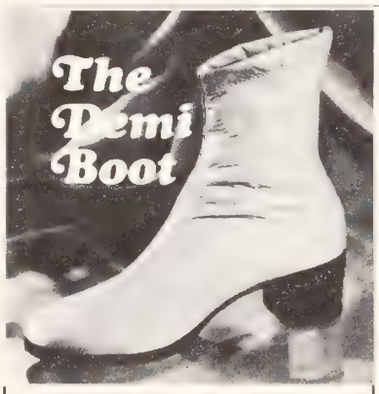


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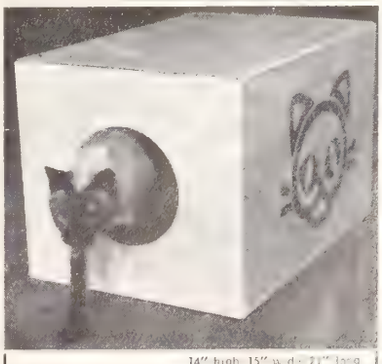
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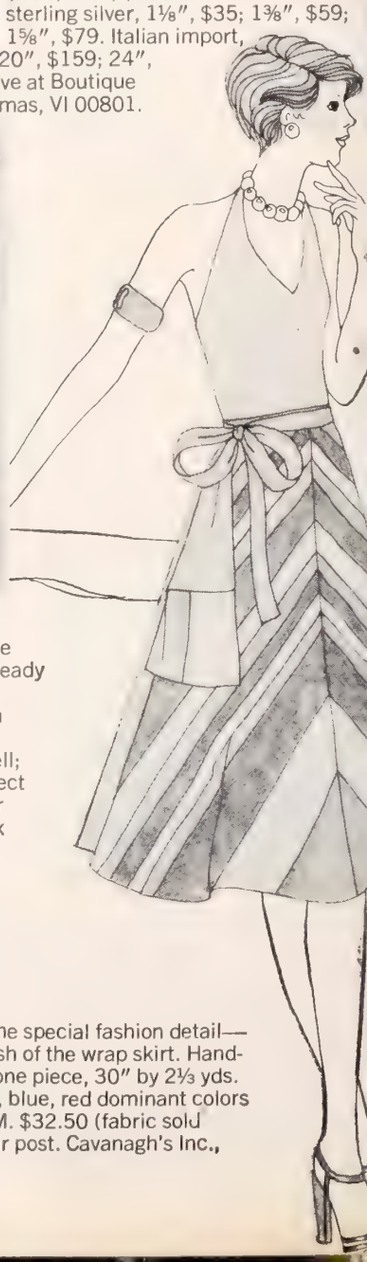
GOLD ZODIAC

Magnificent medallions sculptured an signed on both sides by renowned French artist, Edmond Becker (1871-1972) for collector importance. Heavy 18kt gold ¾", $169; ⅞", $239; 1⅛", $395; 1⅜", $590. Also available in sterling silver, 1⅛", $35; 1⅜", $59; 1⅝", $79. Italian import, handsome 14 kt. gold link chain, 20", $159; 24", $184. Add $2.50 air post. Exclusive at Boutique Riviera, HG10, Box 3235, St. Thomas, VI 00801.



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Stemware from Switzerland in fine grade 18/8 stainless steel. Ever ready for entertaining, the goblets have non-tarnish satin lustre, can go in dishwasher. Champagnes, 6-oz. capacity, ideal for desserts, as well; wine goblets, 8 oz. capacity, perfect for cold beverages. $15.50 ea. air ppd. Continental, Inc., HG10, Box 842, St. Thomas, VI 00801.



THAI SILK WRAP

Great for holiday partying. Note the special fashion detail—the handy pocket on generous sash of the wrap skirt. Hand-loomed Siamese silk made from one piece, 30" by 2⅓ yds. Orange, green, gold, pink, yellow, blue, red dominant colors (state 1st, 2nd choice). Sizes S, M. $32.50 (fabric sold separately, $23.50) plus $1.50 air post. Cavanagh's Inc., St. Thomas, VI 00801.



HE ULTIMATE GIFT

permanent Christmas present—island living in the beautiful nvironment of sunny St. Croix. Whatever your preference, a aterfront residence, a hilltop condominium or property erlooking the picturesque 18th century harbour of Christiansted, ou'll find a wide choice at affordable prices. Send $1 for your rtfolio of detailed information on homesites, houses, condominiums all price ranges. Pivar Real Estate, 54 King St., Christiansted, . Croix, VI 00820.



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Exquisite tablecloth, hand-embroidery featuring intricate openwork. Multi-color design on white or ecru, scalloped edging. Easy care polyester/cotton. Specify oblong or oval. Complete with twelve 17″ napkins. Tablecloth sizes, 72″ by 90″, $59.50; 72″ by 108″, $69.50; 72″ by 126″, $79.50; 72″ by 144″, $89.50. (sizes approx.). Order from Boolchand's, Ltd., 31 Main St., St. Thomas, VI 00801.



NFINITY CHAIN

A present to please every woman on your Christmas list. Exquisite necklace of Italian origin features a delicate filigree design interspersing the narrow chain. 14kt gold. Available in two engths: 15″, $33; 18″, $37. Ppd. Place Vendome, HG10, Box 2458, St. Thomas, VI 00801.



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Great fashion investment. An 18kt gold nugget to wear on neck or wrist band. Hand-crafted in the Virgin Islands, the 3-gram pendant, measuring approximately ½″, is worth it's weight in gold. Comes in pretty brocade case. $49 plus $2 air post. Also available in rings, necklaces, earrings. Write for information. A. H. Riise Gift Shop, HG10, Box 750, St. Thomas, VI 00801.



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Bark painting by the Aborigines of Formosa, part of their tribal art and culture, is believed to have its origin in Polynesia. The paintings are made on tree bark, colored with natural dyes, using designs and methods known to these mountain people for thousands of years. Three traditional designs, 40 X 29 inches, two horizontal and one vertical, **$8.00 each,** plus air postage and handling of $1.50.

Cavanagh's
Main Street (HG), St.Thomas
U.S. Virgin Islands 00801



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THE MAHONEY PLACE
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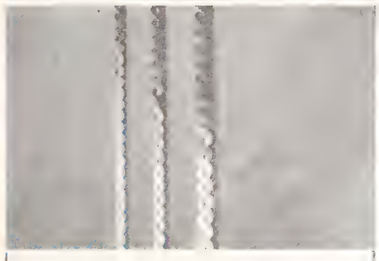
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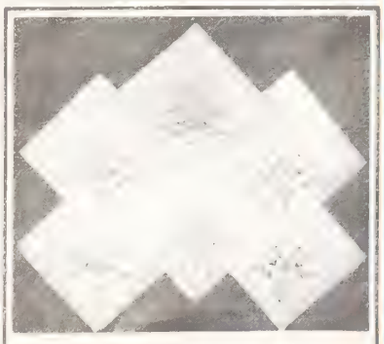


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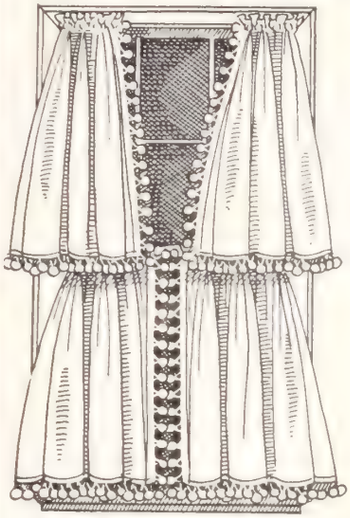
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45", 54", 63" ...	8.50 pr.	9.00 pr.
72", 81", 90" ...	10.50 pr.	11.00 pr.
VALANCE		
10" x 80"	2.75 ea.	3.00 ea.

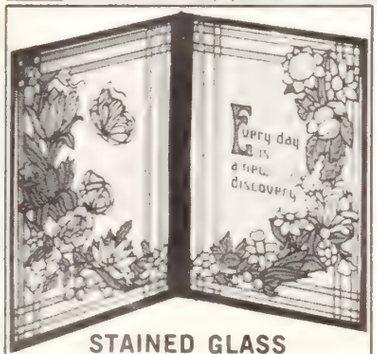
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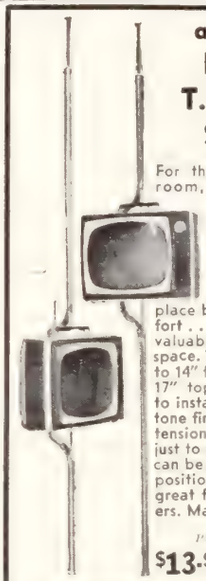
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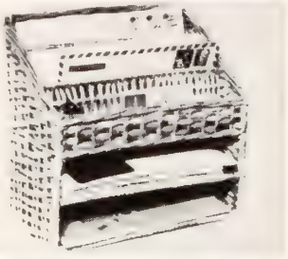
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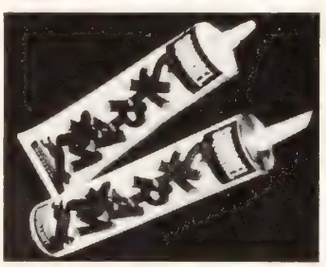
NEWS OF YOU

Have your own holiday greeting plus photos reproduced on one of the 30 special letterheads, cards and French-folds. 100 messages $20; 100 with photos $25. Ppd. Kit and instructions 25c. Write to Christmas Letters, HG10, 2919-E Pearl St., Boulder, CO 80302.



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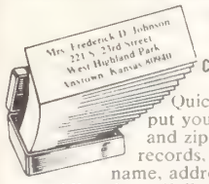
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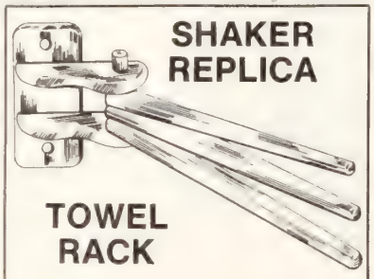
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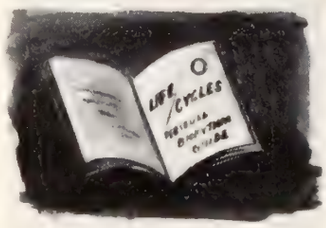
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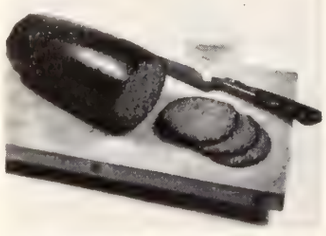
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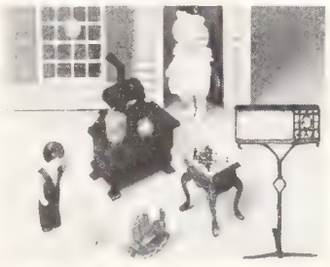
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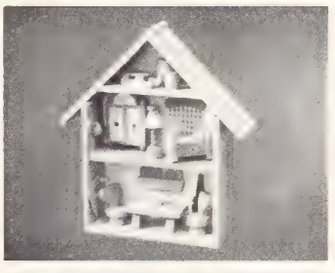
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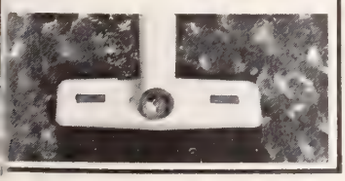
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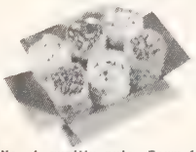


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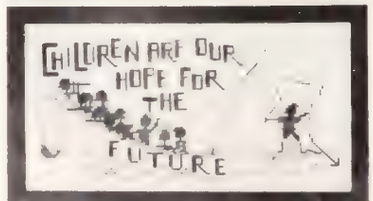
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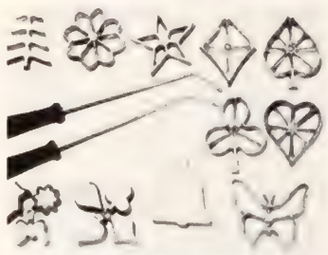
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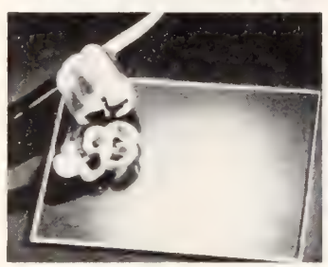
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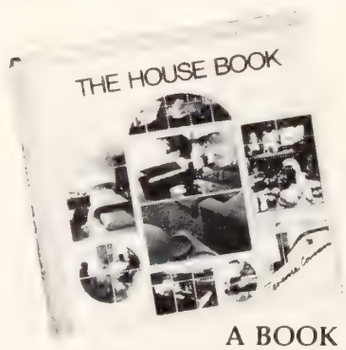
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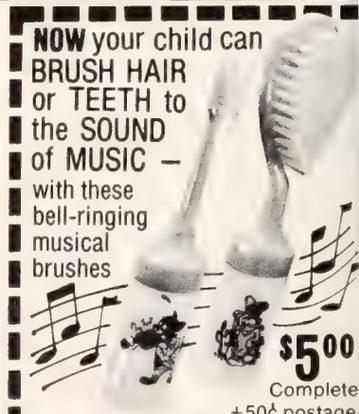


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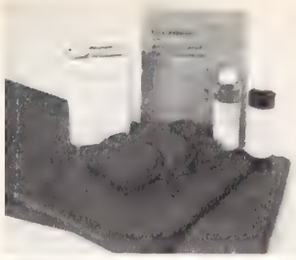
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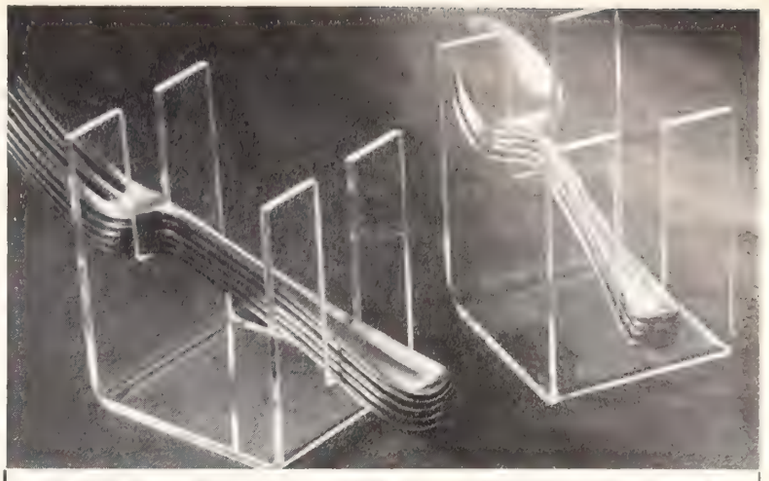
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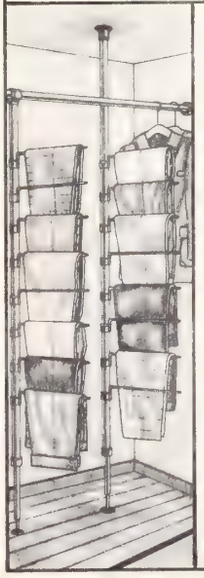


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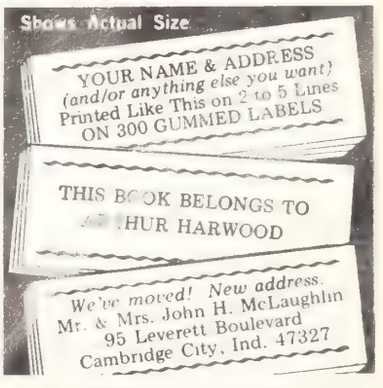
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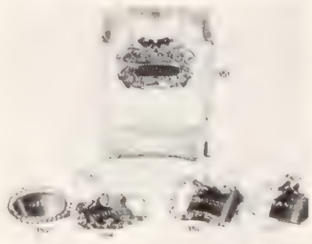
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This very practical key holder does away with fumbling and groping. Reel clips inside purse: unreels keys, automatically rewinds into case. Clip to your bag, pocket or belt. $2.98 plus 45c post. Order from Anthony Enterprises, HG10, 556 Mission St., San Francisco, CA 94105.



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From Grosman Designs, inc.
Send for "Platter Chatter with price list.
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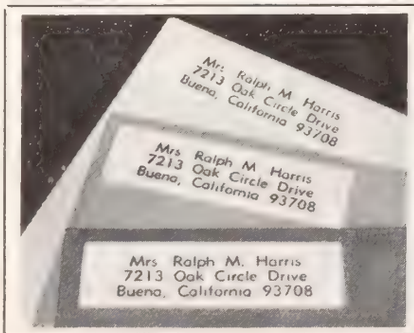
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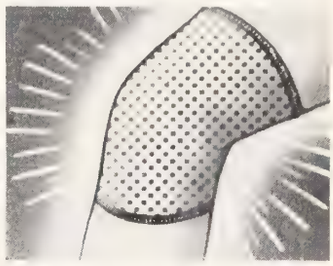
SHOPPING AROUND

PEWTER PAIR



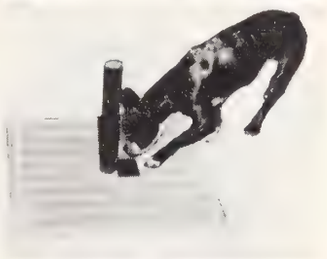
Graceful syrup pitcher and tray from an impressive selection of pewter to own or give. Colonial finish, holds 14 ounces, 5¾" h., tray 5" in dia. $28 plus $1.50 post. Catalogue showing 1000 pewter pieces $1. Adar Pewter Products, HG10, 280 Ethan Allen Hwy., Ridgefield, CT 06877.

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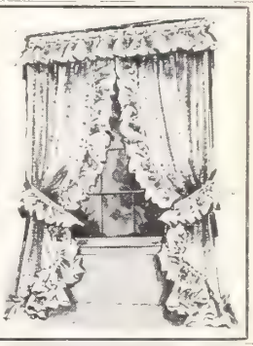
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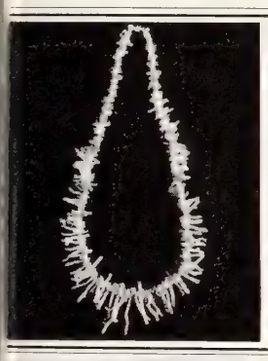
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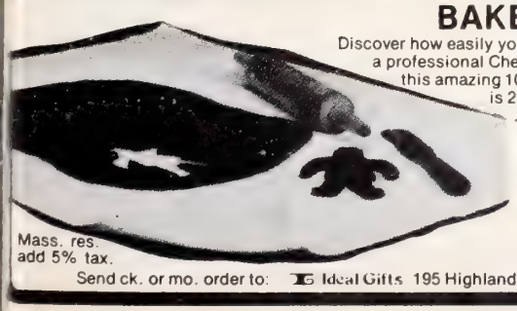


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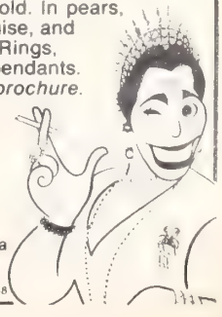
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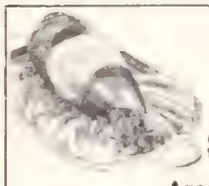
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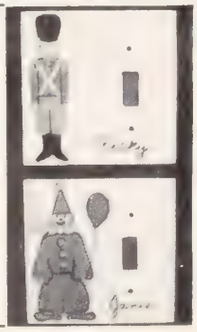
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TWO-IN-ONE

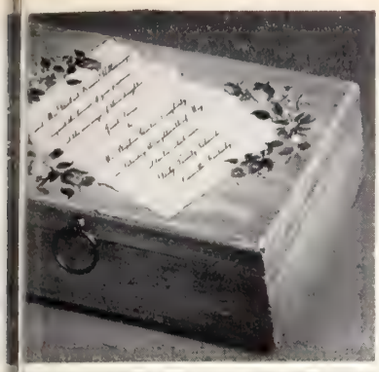
Quilted patchwork hat made from old quilts, new lining that makes it reversible. Flattering stitched brim. Washable and non-crusable, folds flat for easy packing. It's great for golf, tennis, sailing, hiking. Comes in assorted washed-out colors, reds, blues, or pastels (specify). One size fits all. $20 ppd. Contemporary Quilts, HG22, 3466 Summer Ave., Memphis, TN 38122.



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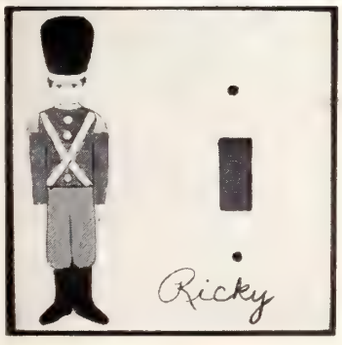
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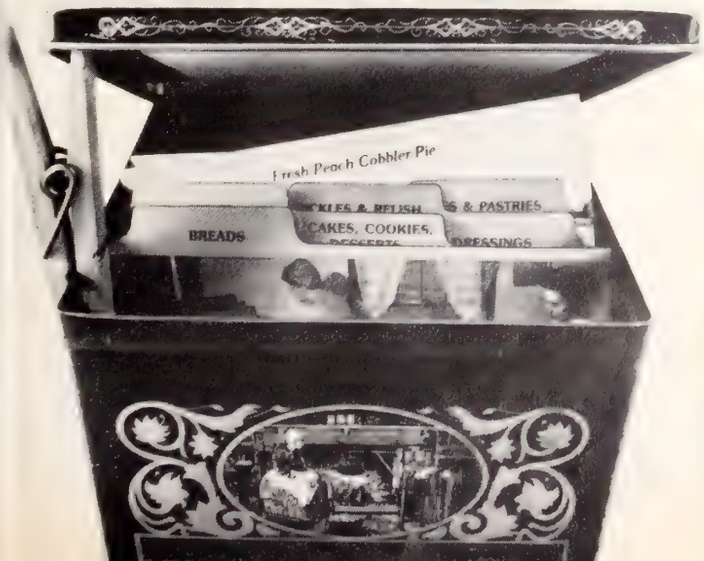


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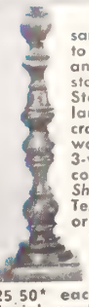


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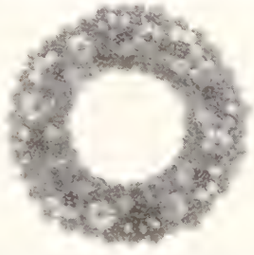


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Pretty hand-quilted pillow. Traditional motifs, the Dresden Plate and Pierced Star. Background colors are dark blue, gold, moss green or rust with matching prints (specify color and pattern). Dacron-filled, 16" sq. $11 each ppd. Send $1 for catalogue of handcrafts. Appalachian Fireside Crafts, HG10, Box 276, Boonesville, KY 41314.



LAMP TO DECORATE

Drum lamp in native hardwood is sanded ready to antique, decoupage or paint to complement the decor. 3-way Switch, 8′ cord and shade in white or beige shantung, oyster or natural burlap. 18"h. $14 plus $2 post. (w. of Rockies, $2.75). Free catalogue. Baxwood Crafters, PHG-610, Box 7012, Lexington, KY 40502.



LITTLE LOCKER

What a neat way to keep it altogether. Wood rack for boy's baseball gear, supported on a colorful masonite backboard. The slots and peg hold his bats, mitts, cap, balls. Space for photo of team or hero. Assembles in a jiffy. 20" by 13½". $5.98 ppd. Slim-Ez Suit Co., Inc., HG10, Box 3193, Chattanooga, TN 37404.

SHOPPING AROUND

COVERED BRIDGE



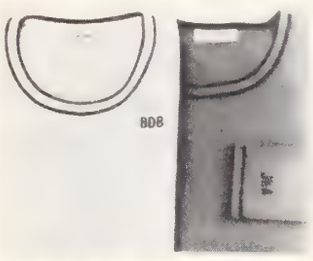
Charm of another era by artist Derald Eastman. *Old Easley Road* (shown) one of four prints in full color, 9″ by 12″. Others *Waldo, Kymulga* and *Horton Mill*. Frame not incl. Set of four, $11 plus $1 post. Gulf Coast Gallery, HG10, 3108 Demetropolis Rd., Mobile, AL 36609.

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Peace-friendship symbol. *Gold:* ladies', 18k $64; 14k $44; 9k $27.70; men's, 18k $108; 14k $68; 9k $44; child's, 9k $17.65. *Sterling silver:* ladies', $6.80; men's, $7.75; child's, $6.40. Ppd. (Size.) Brochure $1. Stephen Faller, HGE-10, Industrial Estate, Mervue, Galway, Ireland.

LONG-SLEEVE T



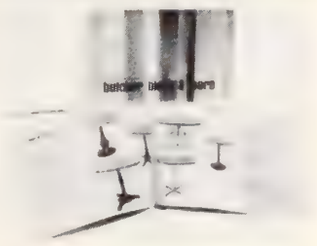
Cotton/polyester, contrast piping. Camel/brown; cinnamon or bone/black; brown, black or navy/white; emerald or red/navy; navy/red. S, M, L. $15. Piping-match monogram, left or cuff, $3. Add $1.75 post. Free catalogue. The Talbots, Dept. DB, Hingham, MA 02043.

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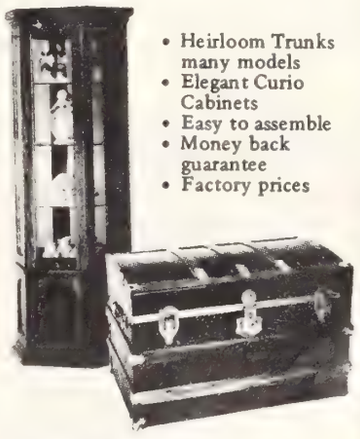
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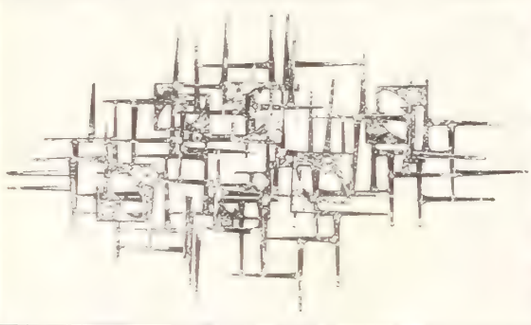
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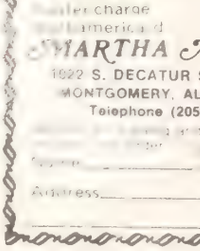
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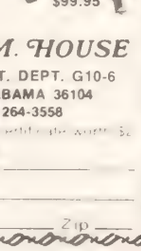


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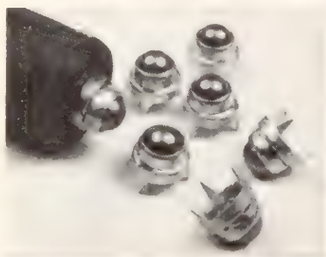
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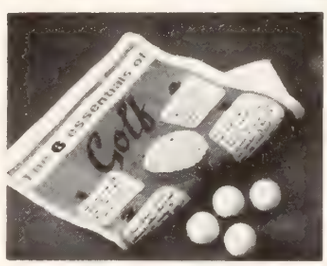
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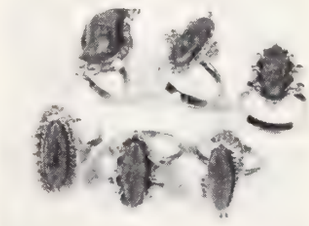
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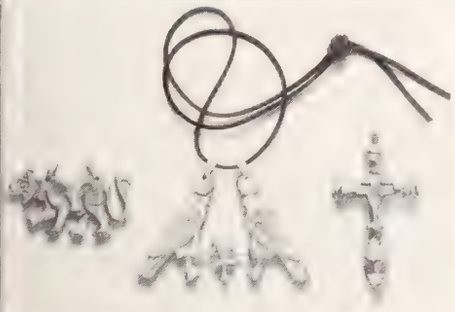


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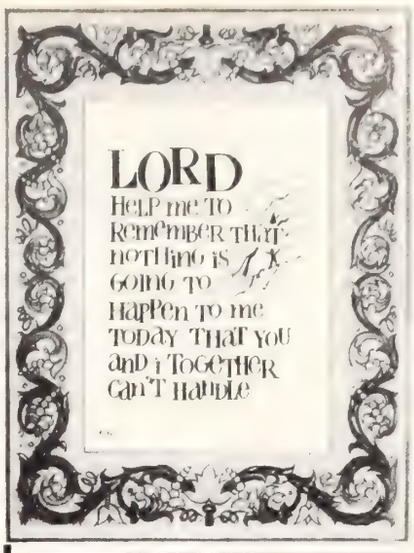


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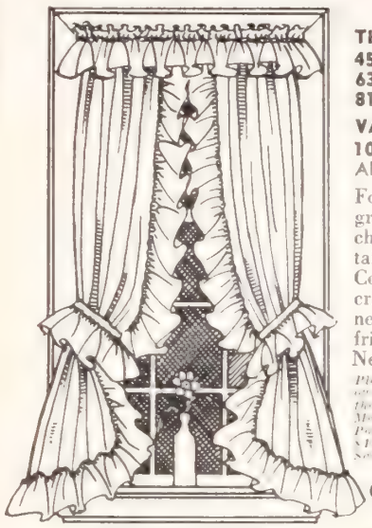
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Stops wet garments and bedding. Keep-Dri lining holds reusable snap-in pads. Moisture passes from body, kept out by lining. Narrow elastic belt (waist size), holder, two pads. Plain envelope. $7.95 plus 75c post. Piper Brace, HG-106FD, 811 Wyandotte, Kansas City, MO 64105.



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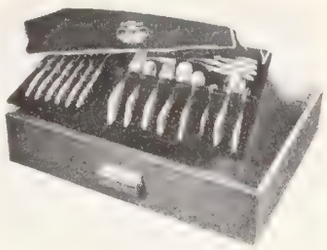
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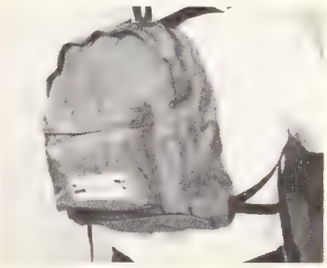
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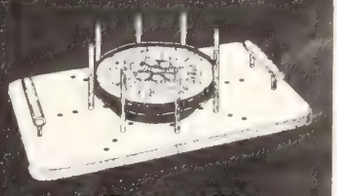
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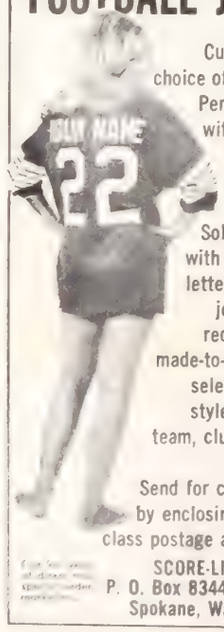
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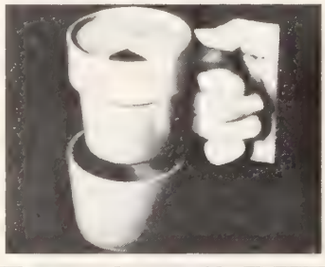
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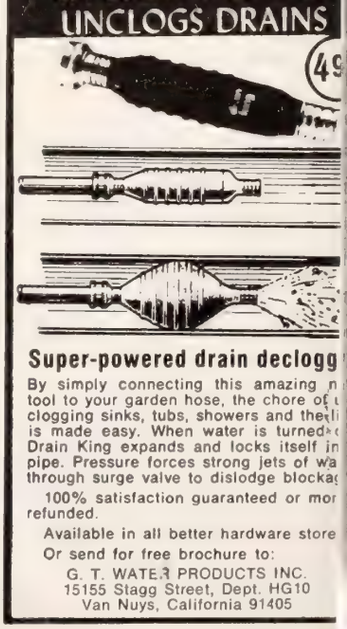
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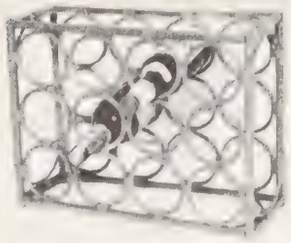
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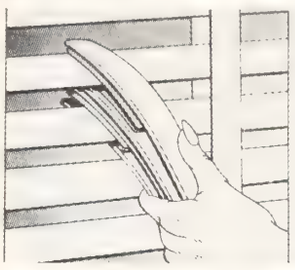
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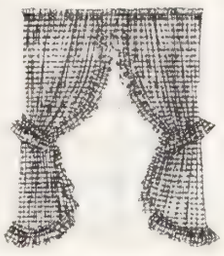
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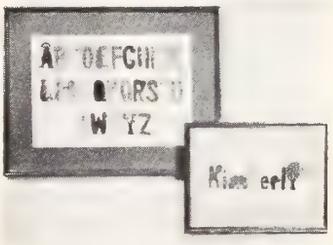
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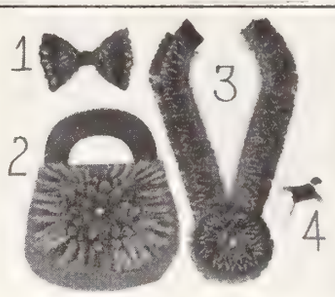


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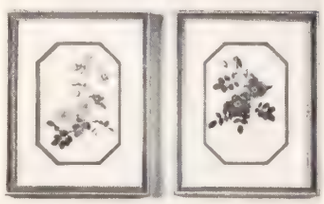
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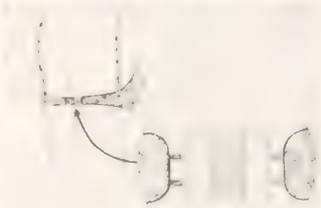
REDOUTE ROSES

Prints are double-matted: inner octagonal shape in pale yellow to bring out golden rose color. Antiqued yellow hardwood frame, 6" by 8", has snap-in clips to hold and support matted print. $7.95; pair $14.95. Ppd. The Unicorn Gallery, G106. Box 4405, Colesville, MD 20904.



THE SHAVING BRUSH

No lather like it, and so saving. Pure bristle, perfectly shaped, handmade in a Plexiglas handle. Clear holder stands or attaches to wall with one screw or self-stick tape (included). 4¾". $7.98 plus 50c post. Lillian Vernon, GOE, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



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Bra extender enlarges the too small bra or makes an in-between size fit properly. No sewing. Hook to both ends of bra, it's easier to work or play with a good-fitting bra. Specify two or three hooks. $1 ea. plus 20c post. Anthony Enterprises, HG10, 556 Mission St., San Francisco, CA 94105.



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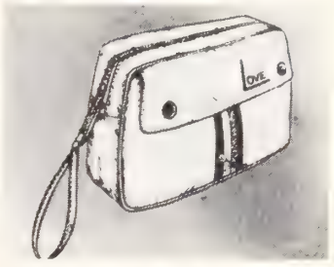
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Deposit new silver on copper, brass or bronze where original plating has worn away. Silver Plus polishes sterling but it does not deposit new silver on sterling pieces. 4 oz. bottle. $5.98 plus 65c post. Anthony Enterprises, HG10, 556 Mission St., San Francisco, CA 94105.



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Not only does smart clutch have a wrist handle, it has three compartments to keep everything tidy. Waterproof vinyl, 5½″ by 8½″ by 2″. White and red, sand and red, yellow and red or blue and white. $10 plus 60c post. Mr. Tennis, HG10, Box 6906, Grosse Pointe, MI 48236.



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GOLF TEES . . . $2.98 Plus 40¢ Postage & Handling Each Set

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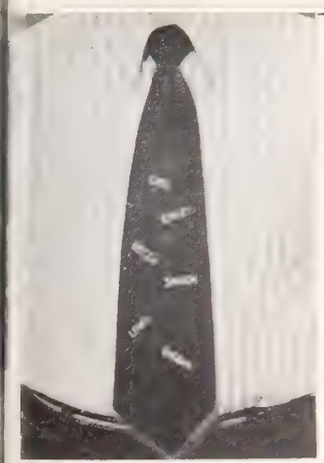
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Capture the penetrating, almost defiant look that has made the Siamese cat one of the most cherished of pets. Kit includes 9 inch square design on 11 inch #10 mono canvas, Persian wool yarn in browns, beige, white and black, needle and instructions.

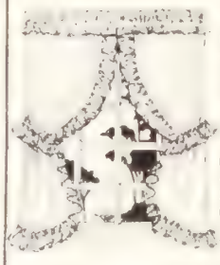
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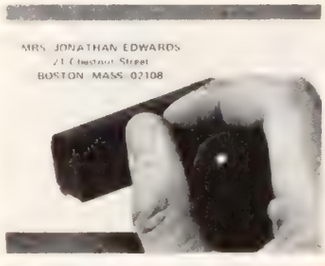
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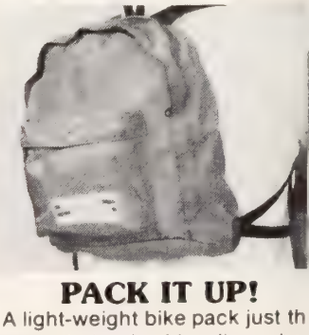


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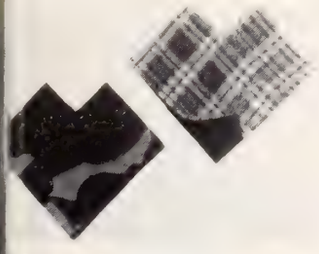
Kits of ornaments: multicolor calicos, polyester fiberfill, trim, directions, needle. About 4". Sets of 3 stars, 3 stockings (open), 2 wreaths (with wood ring bases), each $2.98; three sets $7.98. Add 50c post. each. Lillian Vernon, GOE, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



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Kits for antique bisque dolls: one for Abigail Adams, one for Empress Josephine. Each has 4½" head with shoulders, two arms, legs, muslin, 15" doll pattern. Each $6.50; any two, $12. Ppd. 144-page catalogue $1. Federal Smallwares, HG10, 85 Fifth Ave., New York, NY 10003.



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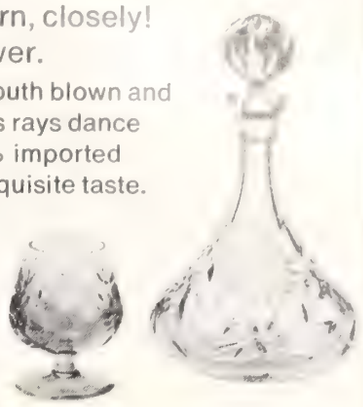
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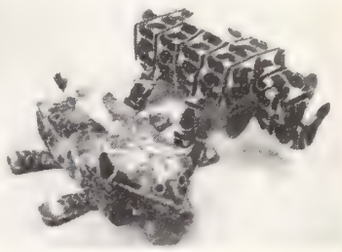
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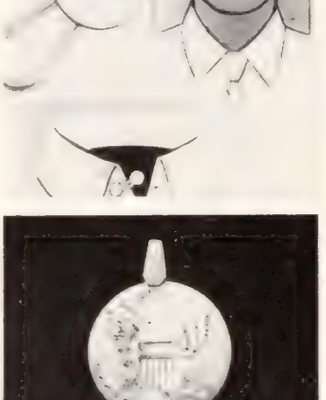
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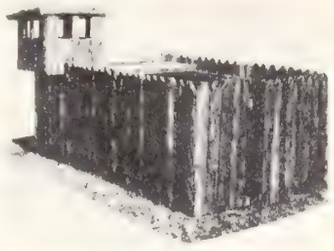
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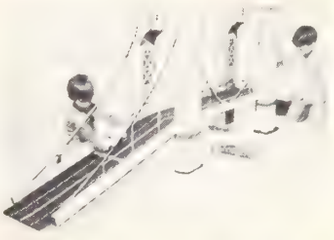
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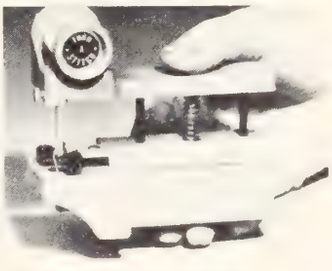
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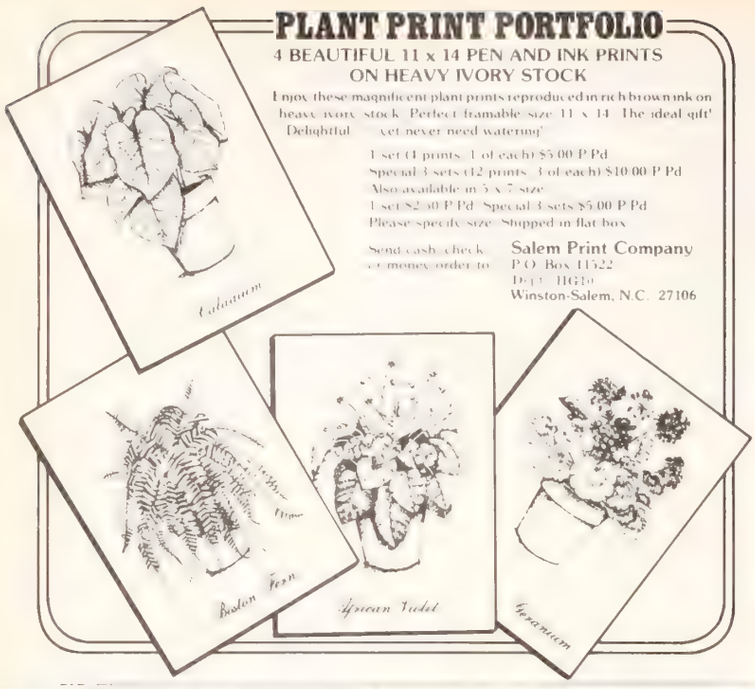
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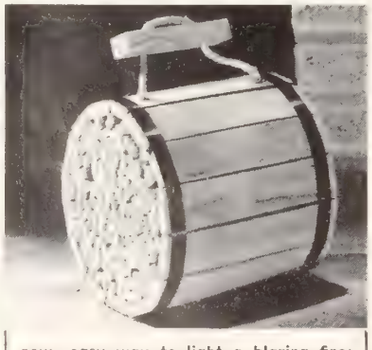


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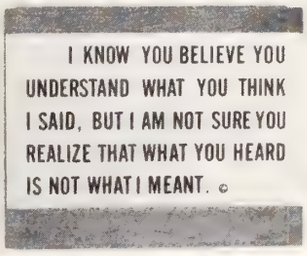
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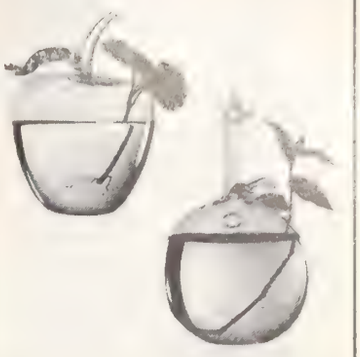
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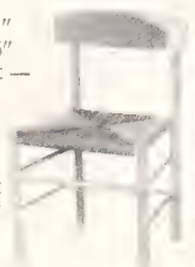


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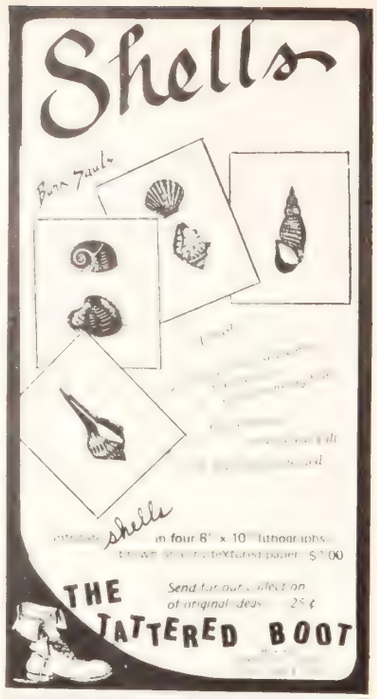
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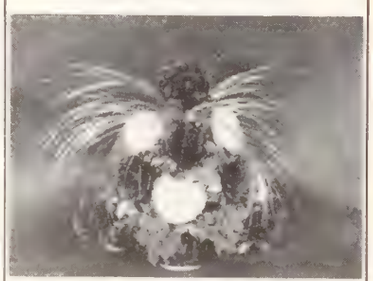
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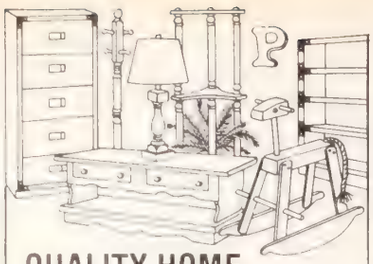


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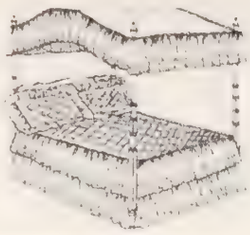
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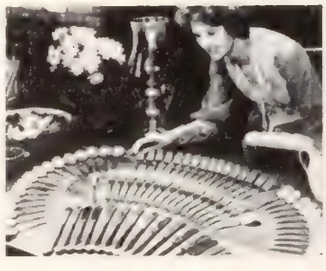
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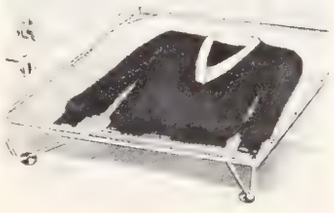
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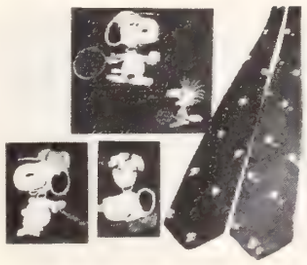
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Age 27 years
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Yes, you can now have a full grown Cherry tree only 16" tall for your bedroom, an adult Redwood 13" tall for your dining room or perhaps a 9" Pine for your den. This is thanks to the ancient Japanese art of Bonsai. This technique cultivates normal trees so that they grow no larger than an ordinary plant.

Bonsai trees usually live a minimum of 60 years. In fact, in Japan it is customary for the grandfather to give a 1 year old Bonsai tree to his newborn grandchild at birth. This tree the youngster keeps and cares for his entire life.

Bonsai trees are usually kept indoors to beautify the home and naturally cleanse the air. These wondrous trees normally cost from $50. to $200. per tree and are used in the interior decoration of the homes of the very wealthy. However, by buying entire nurseries we are able to send you a beautiful one year old baby Bonsai tree for only $1.99 each . . . for as long as we can maintain a supply.

Please order now — and bring the beauty and freshness of a Bonsai into your own home. They are a joy to behold, a great conversation piece and the perfect gift. Supply is limited.

Nerium Cherry 13" tall

Calif Redwood 16" tall

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____Lodgepole Pine ____Calif. Redwood
____Nerium Cherry ____Yeldo Spruce

(Check One Box)
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☐ 3 for $5.60 plus $1.50 post. & hand.
☐ 4 for $7.00 plus $2.00 post. & hand.
☐ 5 or more trees, $2.00 each postpaid.

Enclosed please find $____

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An unusual decorator item that will grace any home or office. Molded from high impact styrene and double coated with fine crystalline sand, this 16" diameter simulated sand casting looks and feels like sandcastings costing over $150.00. Plaque with clock – $19.50 plus $1.95 postage. (Battery not included).
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Paws 'n Shop
[illegible]
Birmingham [illegible]
Be[illegible]

Paws 'n Shop

Arabian Nights architecture

continued from page 46

Classical turn-of-the-century trim of its neighbors, this unattributed gem features cusped horseshoe arches, pierced mosque screens, polychrome textured stone, and a staggered group of minaret porches for calling the Union Square faithful to prayer. There is a similar Islamic façade and lobby at **City Center** on West 56th Street, and further uptown, at Amsterdam Avenue and 186th Street, don't miss the 1928 **Main Building of Yeshiva University.** Designed by Charles Meyers, this copper, brass, and limestone extravaganza features two minarets and enough polychrome Persian tiles to make George IV sick with envy. It's easily the most exotic schoolhouse in Manhattan.

In Brooklyn, be sure to stop in at the **Brooklyn Museum.** On the fourth floor, you'll find all that's left of the magnificent John D. Rockefeller house, formerly at 4 West 54th. Though the house was built much earlier, the interior was redecorated in 1885. And following a fad of the era, it was given a Moorish smoking room to which the gentlemen might retire after dinner.

In San Francisco, only two blocks from the fashionable boutiques on Union Street, sits the next most exotic house in California, the **Vedanta Society Building.** It is second only to Hearst's San Simeon—which itself is Spanish Renaissance with Moorish touches. Just stand on the corner of Webster and Filbert Streets and look around. Floating above you like an opium dream will be the most outlandish building since Xanadu. The roof has a Romanesque castellated tower, a double Persian onion dome, an octagonal Byzantine mosque dome, a Jain Indian temple roof with multiple onion domes and a Taj Mahal-type dome with mushroom cap. Incredible!

Dozens of 19th-century resort hotels featured Moorish themes, particularly in Saratoga, N.Y. and in Florida. The best remaining one is the elaborate **Tampa Bay Hotel,** now part of the University of Tampa, on Route 41 in the middle of Tampa, Fla. Designed by hote specialist J. A. Wood in 1891, the Tampa Bay features endless porti coes of delicately cusped arches doubled onion domes on drums that go up, up, and up some more and marvelous polychrome brick construction. The interiors are collegiate spartan now, but they were once the most lavish in the U.S. Happily, the University knows precisely what it has, and is preserving it from the ravages of time and youthful exuberance.

Of course there are hundreds more. The Islamic Style spread over Europe and England as much as America, in both architecture and interior decoration, for over a century. Some of these buildings are silly. Some of them are overly stuffy and pompous . . . and still silly. Which is worse. But some are magnificent works of art, memorable not only as survivors of a quirky Victorian fad, but also as important decorative monuments in their own right. And the best of them—Longwood, Mark Twain's home, Olana, the Tampa Bay Hotel—are priceless national treasures. Go visit any one of them when you get the chance. You'll learn something. And you'll smile and enjoy yourself and laugh a bit. Not many national treasures can do that. ■



P. T. Barnum's home, Iranstan, built in the 1840s (it later burned), was a loose interpretation of the Royal Pavilion at Brighton.

Shopping information

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cushions, designed by Robert Haussman. $1032. From Stendig.*

High-backed wing chair: 34½" x 32" x 41" high, steel frame, leather upholstery over urethane foam, other shapes and fabrics available. $1418 each. From Airborne Designs.

Armchair: 29" x 28" x 31" high x 15" seat height, chrome frame, wicker seat, back. $310. By Selig Manufacturing. At W & J Sloane.

Leather and rattan chair: 24" x 26½" x 29½" high x 16" seat height, carabao thongs handwoven to make seat, back, sandalwood finish rattan frame, designed by Hall Bradley. $436. From the Carabao group by Calif-Asia.

"Wall-Away" recliner: 28" x 20" x 35" high, white Indian cotton upholstery, Parsons-style arms. $350. By Berkline. At Continental Imports, Philadelphia.

"Dadone" side chair: 19" x 16½" x 31½" high x 17¾" seat height, natural finish ash frame, wicker seat, back, also available with canvas seat, back, designed by Luciano Bertocini. $145. From Inter/Graph.*

High-backed rattan side chair: [illegible] x 18" seat [illegible] cushion. $248. Imported from the Philippines by Thomasville.

Sling chair: 32" x 30" x 30" high, cushions available in Cherka cotton suede, or vinyl, tubular chrome frame, designed by Elaine Cohen. $311. From DIA-Design Institute America.

Cylinder tables: each measures 21" x 15" x 16" high, fit together to make a variety of shapes, clusters, cloverleaf, designed by Brian Palmer, bird's-eye maple, casters. $999 set of 4; $255 each. By Baker.

Cocktail table: 36" x 36" x 15¾" high, latania rush fiber wrapped over wood frame, ¾" thick plate glass top, designed by Harvey Probber. $550. From the Cottage Cubes collection at Harvey Probber.*

Nesting tables: large, 25" sq.; small, 25" x 11½" x 17" high, cane, pale-finished oak, available in a selection of sizes, finishes, designed by David Parmalee. $150, large; $100 small. By Horizons.

High-low table: 31" x 55" at 13", 18½", and 23" heights, beige lacquered wood finish, black recessed base, ratchet type mechanism with foot pedal raises, lowers table, designed by Willy Rizzo. $1658. At Willy Rizzo.*

Cocktail table: 48" sq., lacquered L-shaped corners with grooves into which glass top is inserted, designed by Milo Baughman. $658. From the Environments 80 collection by Thayer Coggin. Write Thayer Coggin, Burton Extension, High Point, N.C. 27260 for nearest dealer.

Three-tiered cylinder table: 30" diam. x 18" high closed, chrome latch system, lacquered linen in three shades of beige, designed by Stanley Eckstein. $2000. At Roundtree.*

"La Barca" sectional system: components of ash frame beds, tables, seating units with, without arms in a variety of fabrics, designed by Piero Di Martini. To order through Atelier International.

"Relax" chaise: 78" x 35" x 35" high, zippered, quilt-covered cali fabric, designed by Cini Boeri and Laura Eriziotti. $875. From the Strips collection by Arflex from Beylerian.*

"Baldwin" Hide-A-Bed sofa: 80" x 36" x 30½" high; matching ottomans, 35" x 25" x 17" high, rayon/cotton Zepel finished upholstery, loose seat and back cushions. By Simmons.

One-armed chaise: 43" x 89" x 35" high, "Sonata" herringbone weave upholstery, 4 loose cushions. $920. By Selig. At W & J Sloane.

Daisy-covered sofa: 35" x 84" x 27" high, loose seat and back cushions, two throw pillows, cotton upholstery. $1450. By Phillip Daniel.*

Armless chair and ottoman: chair, 36" x 36" x 30" high x 16½" seat height; ottoman, 36" x 36" x 18½" high, with channel-quilted wool upholstery, designed by Paul Evans. $230, chair; $205, ottoman. From the Super System by Directional. Both at Lord & Taylor.

Armless loveseat: 60" x 35" x 25" high, taupe cotton velour upholstery. $350. From the Royale group by Domani. At Abraham & Straus. ■

House & Garden goes to stores across the country

The following stores will hold special House & Garden events this month. Seminar themes will include new trends in color, decorating, entertaining, and remodeling. In some cases, a fee will be charged and attendance may be limited, so check the stores below for ticket information. Future issues will list special events scheduled for the fall and winter in the hundreds of fine department and specialty stores throughout the country.

September 21

Milwaukee, Wis.

Meet your local IDS (Interior Design Society) designer and tour "How to Live Better with Color" displays at these stores: The Boston Store, Kunzelmann-Esser, The Carriage House, Steinhoffels.

For information about a House & Garden Color and Decorating Seminar, contact the Special Events Department at The Boston Store (414-347-4011).

October 3

Albany, N.Y.

Open house to benefit St. Peter's Hospital, at the Mayfair and the Wolf Road Park Home Furnishings Center. Exhibits, experts, and a slide presentation from House & Garden. Tour these stores in the Mall Center: Workbench, Custom Floors Home Decorating Center, Creative Audio, Forms & Foliage, Mason & Sullivan Clock Shop, Clark Music, Concept 200 Interiors, Sofas & Chairs #41.

For information: Joby Jones (518-458-7080).

October 9

St. Louis, Mo.

A Super Saturday at Stix, Baer & Fuller with a Trends in Living Workshop presented by House & Garden, plus talks by plant and cooking experts.

For reservations: Barbara Ma-

n (314-231-6500).

tober 14
eveland, Ohio

l-day workshop at Higbee's to nefit the Cleveland Orchestra. ssions in the form of a seminar th designers, home-decorating perts, and editors.
For tickets: 216-579-3596.

ctober 27
iladelphia, Pa.

ttenhouse Carpets—to show w ways to live with carpet and use House & Garden Colors, in seminar series with slides. Exrts will be on hand to answer iestions.
For information: Al Coswell 15-546-7575).

The home front

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ne brought on by travel, women's agazines, and Julia Child—all ese factors have convinced peoe that time spent in the kitchen is me well spent. And new applinces—machines that knead bread ough and make peanut butter, ogurt, ice cream—take the drudgy out of home production of ems that have been, since the 40s, aditionally store-bought.

While the enlargement of home ntertainment possibilities is keepng families home more and bringng them closer together, it is also roviding the possibility of each arent and child creating his or er own environment within the amily community. Feminism, perhaps more than anything else, has einforced the importance of the ndividual. First, the doctrine was hat women were prisoners of the ome and had to seek expression nd fulfillment outside the home. nd stop defining themselves in erms of husband and offspring.

As the movement has mellowed, owever, women have found that t is possible to have a career *and* personality *and* a family. And it s important that, within the home, ot only the woman but the man nd the children have privacy and he means of self-expression. So he basement workshop consisting f one toolbox and a bench has ow, perhaps, become an elaborately outfitted dark-room. The sewing machine in the corner has become a potting shed in the yard. The children may have an "apartment" of their own, where they can entertain their friends or simply bask in solitude.

What the back-to-the-home movement boils down to, really, is not so much a turning away from society as a tangible expression of the enlightened self-interest that is making us better able to cope with society. Having a good home environment is one way of deriving strength to deal with the larger environment. A good home is, at this point, a symbol of what amounts to a national mania for self-improvement. In the publishing business, "self-help" is practically synonymous with "best-seller." We all want to perfect ourselves, physically and psychologically.

Which brings us back to The Home as an extension-of-self. The concept hasn't changed. It has just gotten bigger. Just as our opportunities for self-improvement have expanded (from exercise to *est*), the alternatives for home-improvement have multiplied and become more flexible. "Rights" and "wrongs" in home decorating, as in clothes, have blurred to "what's right for *me*." The de-emphasis on clothes has shifted fashion consciousness to one's immediate surroundings. "Women realize now," says designer Robert Denning, "that it isn't necessary to compete through their clothes. They can compete on their own."

And along with the disinterest in clothes (or the shift from high- to low-key dressing) has come a passionate effort to improve what's under the clothes. A home gymnasium seems a better investment than a fur coat. More practical. Longer-range benefits. And you don't have to schlepp to the health club three times a week. You can stay home—for a change. ■

New at stores

continued from page 31

is a real refresher, too. The easier it is to apply, the more often you'll use it. Which is why *Revlon* has made four of its new fragrances with **"Touch-Tip" flacons.** They're neat, super-small bottles with a quarter-ounce of perfume you just roll on. The thinnest amount goes anywhere you wish with no spills, leaks, or waste. They're called **"A Touch of . . ."** in "Charlie," "Jontue," "Intimate," and "Moon Drops." From $4 to $4.50 each.

For late vacation-takers: **"The Travel Stack"** from *Germaine Monteil*. Four skin essentials (cleanser, toner, moisturizer, nightcream) that snap together in practically weightless plastic jars. The best part is that you select your products from one of five treatment groups Germaine Monteil makes. There's certainly more than a two-week supply in each of the jars, so you won't run out in the middle of your trip. Choose from the oil-free Clarity group at $11.50 or the super-rich Acti-Vita group at $35, and the others in between.

A citrus-scented mask from *Charles of the Ritz* called **"The Perfect Peel Off Mask"** takes only 15 minutes to dry—keeps your skin looking fresh for hours. It's a new formula that's good for oily to normal skin as often as twice a week; drier skin needs it only once a week or every ten days. Four ounces, $6.50.

"Easy on the Eye" is a short booklet to order if you are considering soft contact lenses to substitute for glasses. It's free from *Bausch & Lomb* and answers fifteen questions about cleaning, adjusting to, and selecting the right lenses. Send a self-addressed, stamped envelope to: "Easy on the Eye," SOFLENS Division, Bausch & Lomb Inc., 1400 North Goodman Street, Rochester, N.Y. 14602. ■

Industrial catalogues

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Several catalogues on its excellent storage systems using brightly colored plastic bins. Free on request.

Sweet's Industrial Construction and Renovation File (McGraw-Hill, 1221 Avenue of the Americas, New York, N.Y. 10020). The Britannica of industrial equipment. Multivolumed, expensive, beautifully indexed by categories: masonry, conveying systems, electrical. The hitch: Only architects can buy. You'll have to beg, borrow, or consult your local library.

Preston Equipment for Health Care and Rehabilitation (J. A. Preston Corp., 71 Fifth Ave., New York, N.Y. 10003). 248 pages of Jules Verne-like contraptions; exercise tables to whirlpool baths. Through doctors.

Ward's Biology, Earth Science & Chemistry (Ward's Natural Science Establishment, POB 1712, Rochester, N.Y. 14603). Wonderful oddball items for scientific disciplines: fern-life kits, fossile collection, specimen cabinets, plant cases. Through teachers.

The Complete Hafele (P.O. Box 160, 7270 Nagold/W. Germany; to order from bookstores). The ultimate for catalogue freaks. Hundreds of pages of European hardware—fittings for doors, locks, ventilation grilles.

Global Equipment Co. (6507 Hemlock Drive, Hempstead, N.Y. 11550). 117 pages of factory equipment. Free on request.

Metro Food Service Equipment (Metropolitan Wire Corp., 24-16 Bridge Plaza South, Long Island City, N.Y. 11101). Wonderful wire shelving. Free on request. ■

Los Angeles

continued from page

tiques than one could possibly [illegible] it in a day. The main [illegible] story white shops lining [illegible] filled with trees. Most people, men and women, no matter the age, are wearing jeans and most everyone is in good shape. The Daisy, an outdoor sandwich and salad lunch place on Rodeo, and the Brighton Coffee Shop, a few blocks over, seem to attract girl watchers to their comfortable ringside seats. Some men say that there are more sexy girls in Beverly Hills than anywhere else in the world. The girls work on it. All this goes on between Wilshire and Santa Monica Boulevards. Residential Beverly Hills begins at Santa Monica and runs up to Sunset and the Beverly Hills Hotel. This is where the kind of house scouting called "Movie Star Houses" begins. Not as lowbrow and much more fun than you'd think. One of the best Gray Sightseeing Tours takes you through the shady residential streets of Beverly Hills pointing out what stars live where. What's remarkable is that almost every house is completely different from the one next door. An Elizabethan thatch cottage sits next to a house that got its inspiration from a Polynesian restaurant. Next to it is a house with a Greek Revival porch and beyond there is a precise copy of a Queen Anne brick house. The only ground rules in this architectural jamboree are the number of stories and the earthquake standards.

Tim Vreeland, a local architect and professor who came from the East several years ago, made a tour of Universal Studios one day and found on a back lot an entire recreation of a street in some attractive small town. On closer examination, it was, house for house, a particular block in Beverly Hills where everybody had built his own mad fantasy house independent of what was going on next door. To each his own stage set, his own fantasy. What's hard to tell is whether the houses are influenced by the movies or the movies influenced by the houses. What's safe to say is that here in Los Angeles life-life and movie-life are often interchangeable.

Day Four

A first-ever look at the Pacific is a day-maker for anyone. Mine came on the way to the Getty Mu[illegible] in Malibu. To me it seems [illegible] flat, and benign. Full [illegible] Grand Canyon col[illegible] copper glints high [illegible] contrast to a cozy Mediterranean, moody Atlantic tormented North Sea.

Continued on page 233

Two more ways to be a hero in your own home!



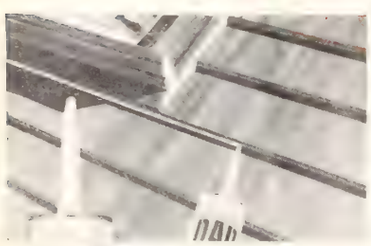
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Mountain andromeda for your garden, a cure for thatchy lawns, and the right way to plant container-grown shrubs





Mountain andromeda has leathery evergreen leaves, springtime flowers that resemble lily of the valley.

Going native

Experienced horticulturists and landscape architects use native plant materials wherever possible. This is not chauvinism but simply recognition of the fact that plants native to the particular area are better suited to local conditions than those imported from other climates. Through generations of adaptation, plants develop the ability to withstand attacks of local insects, diseases, and climatic vagaries. Exotics may lack this inborn resistance. A good example of this is the mountain andromeda, *Pieris floribunda,* native to the Appalachians and a far more satisfactory landscape plant in most parts of this country than the better-known *P. Japonica,* Japanese andromeda. Mountain andromeda is a rather spready plant that seldom grows more than 6 feet high, with leathery dark green leaves and sprays of flowers that resemble lily of the valley. It is evergreen and hardy into the northernmost states and thrives in a woodsy soil with a bit of shade. It has no serious pests, and the hot, dry summers of our eastern seaboard bother it not a bit—in distinct contrast to its Japanese cousin.

No-scratch de-thatch

Thatch is the layer of undecayed plant debris that builds up between the grass plants in most lawns. It is particularly bothersome in lawns that do not have the clippings removed as they are mown. As the cut-off grass dries and mats down, it forms a layer that sheds water like a thatched roof, keeping rain or sprinkler water from soaking into the earth. A really heavy layer of thatch can severely damage a lawn. Special dethatching rakes and mechanical scratchers can be used to remove the layer. However, they leave the lawn looking ragged and moth-eaten for weeks after they are used. Hastening the natural process of decay that turns the clippings into humus would seem to be the ideal way of solving the thatch problem, and it is now possible to do just that. Thatch-away is a culture of microorganisms that turn dry plant debris into humus. Applied as a dry powder, it goes to work as soon as it is moistened and the temperature goes above 40°. When dry or cold, the bacteria become dormant, and simply wait for the right conditions to go to work again. Thatch-away is available at nurseries and garden shops. If your local supplier doesn't have it, write to Thatch-away Manufacturing Co., 90 Beechwood Rd., Louisville, Ky. 40207.

Branching out at home

A plant room should be more than a room for plants. Since people and plants thrive under pretty much the same conditions of heat, light, and humidity, it is only natural that they should share living quarters. Whether or not plants enjoy the company of people is an open question. There is no doubt, however, that people enjoy the company of plants—that's why we have them in our houses in the first place. But organizing a room so that the plants may thrive while people enjoy them takes a bit of doing. Fortunately for all of us, Oldrich Otypka, a professional heating and air-conditioning engineer, is also a connoisseur of house plants. His skills have been combined to create in his own home a room for both people and plants, a room that works so well he calls it "The Room of Delight." His new book of that title (A. S. Barnes, $15), tells us how to go about it. From construction details to the fine points of light and humidity requirements, Mr. Otypka leaves no question unanswered. His list of plants contains many old favorites and quite a few rarities, with exact descriptions, and instructions on how to make them feel at home. He also lists pests and pesticides and sources for the plants he describes. Browsing through *The Room of Delight* will get any indoor gardener off to a flying start creating a garden room.

Putting down roots

More and more nurseries are growing their trees and shrubs in containers. This makes handling them relatively simple, both for the grower and the homeowner who does his own planting. Unlike freshly dug, balled-and-burlapped plants, those grown in containers do not have their outer roots chopped off when they're moved. This is not as much of an advantage as it might seem, though, since roots confined to the soil in a container are forced to grow round and round, forming a compact mass. Set into the ground, roots continue the growth habit developed in the container and may simply refuse to expand out into the surrounding earth. This results in stunted growth and a generally unhealthy plant. So, whenever you set out a container-grown tree or shrub, make sure to tease out some of the roots into the surrounding soil as you backfill. If they won't cease, just chop off some of the ends with pruning shears to get the new growth started outward.

os Angeles

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. Paul Getty's collection of an- art sculpture, European painting, l furniture had long since over- wed his various houses, but it s only two years ago that he ilt a museum for them, the re- ation of a beautiful seaside villa Herculaneum built at the time Christ and lost in the eruption Vesuvius. Marble of every or makes the floors rich in pat- n. Walls are painted in geo- tric bands of color typical of the iod. The villa itself wraps ound a square inner court that s a shady porch on all sides. In center there's a reflecting pool ed with classical bronze figures. her pools and a large garden urt sit to the left of the villa. The la and gardens are worth a trip themselves. It's a reminder of w close in climate Italy and Cal- rnia are. Getty's collections of naissance and Baroque painting very special and even more so en one realizes that one man llected it all. The museum has en so successful that one must ll ahead to see if there is parking a particular day.

The museum sits high on a cliff ove the Pacific Coast highway d from the moment you leave its tes, more double takes. Here is e backdrop for every television ries needing a beach community d some hills behind. The place reams of Steve McQueen and otor-bike scrambling. The focus Malibu is the Malibu colony ere many movie stars have bun- lows tucked in front of a private ad that runs next to the beach. nless you have a friend who lives ere to invite you, what you see om the road is a door and a 2- r garage. There are no large, rched, 25-room, shingle cottages pical of Atlantic resorts.

L.A. imagery—signs, palms, otels, swimming pools and pool rniture, beach umbrellas, one- ory houses with glass walls and ass sliding doors—seen in the ork of the artists who have a feel r its ephemeral quality—was the st guide I found. David Hock- y and Edward Ruscha in partic- ar. They were also good for tips what to see other than "es- nces"—unexpected places to eat.

Restaurants

When you visit Margo Leavin's allery, ask about a restaurant alled the Steakpit, on Melrose. he says it has only a few tables, n unlisted phone number, and oes the most perfect steaks with erfect salads. David Hockney oes to Musso and Frank's on Hol- wood Boulevard for fresh vege- ables and fresh fish. Ed Ruscha oes to Oblath's Cafe behind Par- amount for a sandwich at lunch- time. He says Lucy's El Adobe Cafe on Melrose in Hollywood has good enchiladas rancheros. Sidney Felsen likes Cyrano's on Sunset. For some tastes, the French restaurants of Beverly Hills tend to gild the lily. I found some remarkable exceptions. The Foyer de France in Westwood is a French restaurant arranged serve-yourself cafeteria style so that a spectacular lunch or dinner is about $5 per person. The Bistro in Beverly Hills has a French name, but has a menu and an atmosphere more like "21," wonderful simple food: fresh vegetables served cold with vinaigrette, excellent salads, perfect broiled meat and fish, a good boula-boula, tiny cheese soufflées.

Two attractive Chinese restaurants are the Mandarin and Mr. Chow's, right near each other in Beverly Hills. The Mandarin is a sister to the famous restaurant in San Francisco and serves delicious, unusual mandarin Chinese delicacies in a stunning atmosphere. Mr. Chow's restaurant is hung with circular stretched canvases by Richard Smith. They float overhead like black and white kites with tassels. The rest of the place is Art Deco with mirror and smoked glass, bentwood chairs, and chrome. The food is spicy and free-form in its Chineseness. Order the seaweed along with everything else—it's actually lightly fried collard greens. David Hockney has done a portrait of Mr. Chow, given away in postcard form. The top half of the postcard says "Mr. Chow, L.A.," designed by Ed Ruscha.

There are three outstanding places for salads. Le Restaurant, Melrose Place, serves what they call "crudités" as a first course, but it could make a meal. Grated carrots, grated celery root with mayonnaise, mushrooms vinaigrette, endive salad—all in little portions grouped around cucumber in cream sauce in the center of the plate. The Beverly Hills Hotel's Polo Lounge has several excellent salads. I like the chopped salad which has everything including cheese, avocado, bacon, and chicken in it. Ask them to leave out the beets, a trick learned from Edmond Bory of Fauchon, who tried and mentally adapted, all the salads when he stayed there. The La Scala Boutique in Beverly Hills is the informal part of La Scala restaurant and its chopped salad is delicious: garbanzo beans, salami, mozzarella, their dressing on very, very fresh lettuce of three sorts, Boston, iceberg, and romaine. It gets chopped by a big butcher knife on a special butcher-block table behind the bar. You can order salads to take out. What a good idea to take one on the plane as you're leaving the one and only L.A. ■

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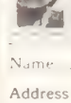
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Sister Parish's energy is phenomenal. Nothing stops her. She takes everything in stride

Unsinkable Sister Parish
continued from page 146

dent replied: 'Young lady, you go home and don't get into this.' But in the end I had my samples, took them down to New Jersey under my arm, moved some furniture out of our house into the room in the shack, and put up a sign outside: *Mrs. Henry Parish II, Decorator.* With the furniture and samples in it, the room looked sweet, and before New Year's everything was signed up. I went to meet Harry at the train and took him to see the place. He said: '*What* is this?' I said: 'I'm in business.' "

"On the very next day, I landed what was possibly the biggest job I ever had at Far Hills—for friends of the family who probably just didn't want to have to go to New York. But perhaps it was also partly that they had seen what I had done in my own house. I had furnished it with black ebony pieces—made in Paris for the Parish family's New York house (on the site of what is now Bendel's)—which I had painted white. We had an Aubusson carpet to go with the furniture; I had made curtains out of white mattress ticking; I had mirrored half the living room, and painted the floors with red squares on white . . . I don't know what was said behind my back—but we know it was said. However, my ideas caught on. I was successfully launched on my career, and that was that—until World War II. Harry served four years in the Navy; I followed him to various naval bases with our three children and gave up the shop.

"When the war was over, I started to think I was *very* old, and that my only future lay with the young. So I joined a New York firm. But after a year and a half it seemed to me that I was bringing in most of their business, so I left and set up my own New York office on East 69th Street."

Historically, probably the most interesting of her clients were Mr. and Mrs. John F. Kennedy, with whom Mrs. Parish was closely associated even before they moved into the White House. Once there, however, they changed its whole concept: Thereafter the house would function not only as a national monument, but as a place where a family could live. Mrs. Parish conceived the idea of an upstairs kitchen and dining room, installed a nursery, and redesigned all the private and entertaining rooms. She also decorated the Oval Room (see page 115), which remains one of the most beautiful rooms of all time.

For its sheer technical virtuosity, perhaps her work for the late Charles Engelhard in South Africa constitutes the most remarkable of her professional achievements. Once again, the story is best told in her own words . . . "I was to fly to South Africa to case the joint, and do the job later from New York. After a 31-hour flight—it was before the days of jets—I arrived and found a letter saying that the plans had been changed and I was to do a ballroom and gardens as well as all the rest. It was midnight, but I called the architect anyway, and asked him to meet me at 7 the next morning. We walked through the house separately, each making mental notes, then met again that evening for dinner, suggestions and sketches in hand, full of ideas. I then spent three hours with Mr. Engelhard; the rest was up to me. Then I flew to London, where I made all my blueprints. I planned every room from top to bottom, right down to the china, glass, pillows, and ashtrays—in ten days. Everything was eventually sent off in one shipment to South Africa. And the entire installation—ballroom, library, gardens, and all—was completed within five months."

But ultimately more telling than any individual assignment, however historically illustrious or brilliantly carried out, has been Mrs. Parish's record of decades of everyday professional work superbly well done, and her unfailing gift for recognizing and making admirable use of new ideas and fresh trends. In the art of decorating, as in any comparable art, there is nothing totally new under the sun. Revivals inaugurate themselves without human assistance, and original ideas are born, year after year, like dragonflies in a pond, emerging unnoticed until one or two people with a keen naturalist's eye happen to spot them unfolding on a reed or making their first flight in the sun. Mrs. Parish has that kind of eye and something else besides. Exceptionally acquisitive, she is also exceptionally inventive with whatever she acquires; so much so that it is hard indeed to refuse to her, of all contemporary decorators, credit for a succession of relatively recent so-called "firsts": Baskets, wicker, knitted blankets, Early American and American Indian craftwork, African-inspired fabrics, colored ceilings, painted floors, handwoven Irish rugs—the list has no end. And one's delight in her acumen is, if anything, only enhanced when one learns from her otherwise scrupulously dis partner, Albert Hadley, tha will occasionally ask him a testily, on hearing that son else has caught on to an ide she had rather thought of a personal property: "But ho earth did it get out?"

A prime reason for Parish-ley's success lies in the excep ally easy and happy relatio between the two partners. O bert Hadley, Mrs. Parish say hesitatingly: "He is not onl best decorator, he is my friend. When he first came t me, he said: 'I suppose you me to be your assistant, as Baldwin was to Ruby Ross W But that wasn't quite the idea after a month of working tog I knew we had a good partne Though our tastes are alik works differently. Everyone n days has this constant tape-sure thing with them that call a scale ruler. Persona don't even know how to s alarm clock. But Albert a work together perfectly. I re his knowledge, and he respect lack of knowledge."

Mrs. Parish's way of pu herself down is astringent an freshing. It is probably true as decorator she proceeds than most by instinct. But "lack of knowledge" requir very wide interpretation in and three of her friends in par lar are well qualified to provi

One is a former pupil and tant, the Boston decorator Hodgins. "I came to Parish-ley from the Parsons School, recalls, "but Mrs. Parish and bert Hadley really *trained* Mrs. Parish can enter an e room and know immedi where everything should go. has an extraordinary awarene space, a voluptuous sense of c shape, and scale, and an instinc perception of her feminine cli innermost, unspoken wishes. has more happy husbands anyone else in the decorating fession."

A second undoubted autho Billy Baldwin, says: "Through the years, Sister has done— does—by far the most attract seductive, comfortable, luxuri bedrooms of any decorator America."

The third member of the tri Diana Vreeland. "Sister Paris in Mrs. Vreeland's words, product of what was conside the best in the America of youth. She believes firmly in most civilized standards of time: comfortable surroundi happy children, women as wi

and mothers, husbands at ease in their homes. Today she is a rare Romantic, living—and thriving—on the standards of her inherited world. Her energy is phenomenal. She will take off at midnight from New York to Maine, alone in a station wagon packed with toys for grandchildren and cushions and throws and rugs, and start to work as soon as she arrives. Nothing stops her; she takes everything in her stride. One morning in January—it was snowing in New York—I happened to telephone her at Dark Harbor. She said: 'It's such a glorious day here that I am out on a chaise longue surrounded by dandelions.' Knowing her preoccupations, I couldn't help telling her: 'Sister, this time you have gone too far; you can't pull that on me.' But a couple of days later I received an envelope from her in the mail with some wilted dandelions in it."

"Sister Parish is a marvelous friend in need," Mrs. Vreeland continues. "She is a real pro—probably anyone has to have a touch of good old-fashioned ruthlessness to cope with the competitive world of today. But she isn't a social dynamo. When she entertains, she holds back and lets the guests take over. She sits silent and demure behind the tea tray; but her eyes have a telltale gleam, and she misses nothing. She has been, and still is, tremendously copied: in her sense of comfort, her 'applesauce for supper and don't dress'. It could be a bit dreary in others, but in her it is cheerful and authentic. Sister has gone it alone all her life, and made the very best of it. She is one of the bravest women I have known."

Set a character to catch a character; the result may be a thumbnail sketch more revealing than a life-size, full-length portrait. ■

Self-discipline

continued from page 131

self-control. *"People who feel good about themselves feel that they are in control, and remain calm in the face of threats to self-control."* Dr. James O. Stallings, a plastic surgeon, notes that patients who have had fat removed from their thighs or abdomen by surgery tend not to have problems with overweight again—their self-esteem is so enhanced that they feel good enough about themselves to want to maintain their improved appearance.

The other main path to self-control seems to lie in prevention rather than cure. *"The secret of self-control is anticipation,"* believes Dr. Herman. "Learning when you are approaching the boundary of dissipation or lack of control. And you can only learn that through exposure to the experience of going over the top and letting go. Self-exhortation—"Now I'll behave, I'll be good, I promise," is not an effective method. Experience is really the key, knowing when things are beginning to fall apart." Alcoholics are now being treated with this in mind—doctors are teaching them to perceive themselves as getting to a danger point *before* it happens, and therefore avoiding disaster.

Another useful thought is to remember that even if you *do* go over the top—eat too much, lose your temper, run from responsibility—it is not going to be the end of the world. All is not lost. "Do not think that once you have passed the threshold you have set for yourself, then all hell breaks loose," advises Dr. Herman. "That way of thinking is very destructive to your self-esteem as well as to your behavior."

There is no doubt that a powerful personal discipline, involving will power or restraint, can help people live more fulfilled lives. There is probably no better example of this than actress Katharine Hepburn, whose long life and career bear witness to her self-determination, rigorous integrity, and indomitable spirit. When asked about codes of conduct, she answered, very simply, "Discipline is totally necessary to the human animal."

How much of this discipline can be inculcated in childhood is not yet known. A study group at Stanford is looking at how children learn to defer their pleasures, and how they develop their capacity to say no to something they want—but very little of the research is conclusive.

For most adults, at any rate, the self-control mechanism is apparently present all the time, and simply functions or not according to the situations we find ourselves in. Dr. Herman thinks that perhaps one day we will be able to call on that elusive mechanism at will, just as people are now understanding enough of how the body works to make physical changes with biofeedback training. "However," he admits, "we are behaviorally, in many respects, far behind our bodies." But that's hardly surprising. After all, what could be more complicated than human behavior? ■



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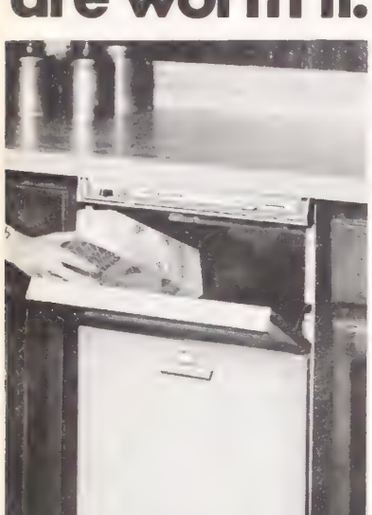
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HOUSE & GARDEN

(INCORPORATING **LIVING** FOR YOUNG HOMEMAKERS) Vol. 148 No. 11



HORST

ON THE COVER: We call it The New Informality—a freed-up, feet-up feeling, a look to the light, fresh openness of the country—even in a city living room like Mr. and Mrs. Howard R. Schuster's. How do you decorate for the new informality? Designer Robert Perkins did it with clean white walls, wicker furniture, pale fresh colors, a single fabric: cotton and polyester sailcloth designed by Vera with peach trees from some fantasy orchard. And Sam the cat approves. Fabric from F. Schumacher's Vera Collection, here treated with Scotchgard. Fabric, sofa and rosewood table at Lord & Taylor. Wicker chairs from Walter's Wicker; curtains custom made by Alexander. On the mantel, green Chinese vases from H.J. Kratzer. Above them, Karl Springer's whalebone quill mirror. Painting by Walter Darby Bannard from the Tibor de Nagy Gallery. Cotton dhurrie rug from Stark Carpet. More ideas for The New Informality begin on page 126. For shopping information, please turn to page 193.

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Flowers: single blessedness

HOW TO

ALAN LEWIS KLEI

A single, perfect blossom standing on its own in a crystal bud vase can be as imaginative and visually compelling as the large, formal flower arrangements usually used as a centerpiece for a holiday table. Single flowers can be set at each person's place at the table, or lined up along a fireplace mantel. The kind of flower, its color, height, shape, and the combinations you dream up can be whimsical or fantastic, depending on your mood. The "single flower arrangement" is a specialty of Brazilian-born flower designer Ronaldo Maia. He chose a large, white peppermint-pink-spotted *speciosum lily* to illustrate his point. He then added, on a basket, a white daisy, a peach-colored gerbera, a single blue delphinium, and a tawny-orange tiger lily in the bud stage, each in its own water-filled vase of a different neck length. Blossoms with bottles, from $8; in sets of four, from $15. Ronaldo Maia Flowers, 27 East 67th St., New York, N.Y. 10021.

Single flower cluster: daisy, gerbera, delphinium, tiger lily; speciosum lily, above.

Calder in the kitchen



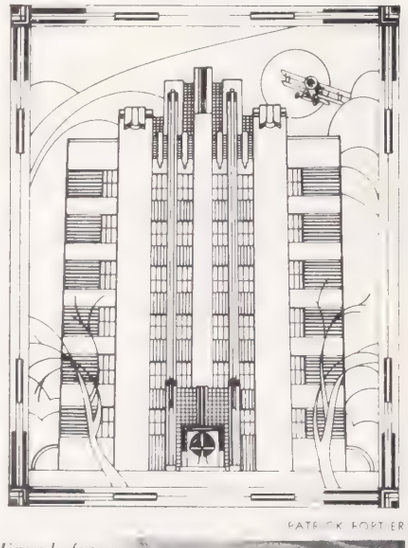


PEDRO GUERRERO

There's a system of string pulleys at Alexander Calder's bedside that lets him start the morning coffee without moving. The Whitney Museum of American Art's major retrospective, *Calder's Universe,* which opened October 14, is filled with ingenious devices the artist created for the house—from spring-bottomed wire holders for handleless coffee cups to hand-shaped bathroom tissue holders. He has often made things by hand that improve on and replace the original—kitchen utensils, roasting pans, lampshades, strainers, door hinges, and serving forks of silver wire.

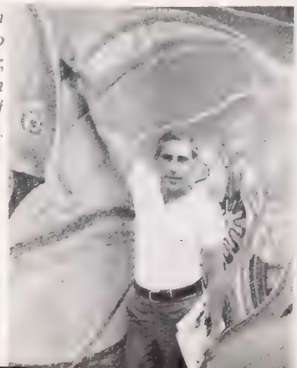
Of course, the show will have Calder's mobiles, stabiles, wire circus toys, gouaches, paintings, rug and tapestry designs. It travels to Atlanta, Minneapolis, and Dallas through October 1977.

Color it visionary



PATRICK HORTER

Façade from Art Deco book, above; *Rippner in front of mosaics.*



Writer, director, and producer Bi Rippner has masterminded tw coloring books devoted to th premise that what you pain crayon, or pencil inside the thi black line you'll remember. Firs was *The New York Times Manhat tan Coloring Book,* with text b *New York Times* architectur critic Paul Goldberger; drawing by David Edward Byrd. Rippner second book, the *Bronx Art Dec Coloring Book,* done in collabora tion with Hunter College's directo of the Graduate Program in Urba Planning, Donald Sullivan, depict the fabulous Art Deco architectur of the West Bronx. The miles-lon Grand Concourse is a gallery o façades, mosaics, and interiors ric with the American expression o Deco. Plans are to distribute th book throughout the West Bron public school system as early a this winter. Since Deco's root grow from Aztec and Egyptian de sign, there is an important link fo black and Hispanic children.

Rippner hopes to teach childre how to see their environment, on of the city's most economically de pressed areas, with the pride an awareness of self-discovery.

Getting together for wildlife

The Fourth International Congress of the World Wildlife Fund opens November 28 in San Francisco, the first time the prestigious organization has met in America. The theme: "The Fragile Earth: Toward Strategies for Survival." Six seminars are planned, from natural resources and population growth to wealth from waste. A festival of wildlife films from TV's *World of Survival* and a concert by the Paul Winter Consort are on the schedule too. Anyone can attend. Registration is $100 per person. Registered participants can fly and stay in San Francisco at specially reduced fares and rates of accommodation. Write World Wildlife Fund–U.S., 1319 18th St., N.W., Washington, D.C. 20036.





The artisan's concept of fashion and the influence of his rural life created much of the charm in French country furniture. For those who appreciate this style, reproductions are available through Baker Furniture retailers.

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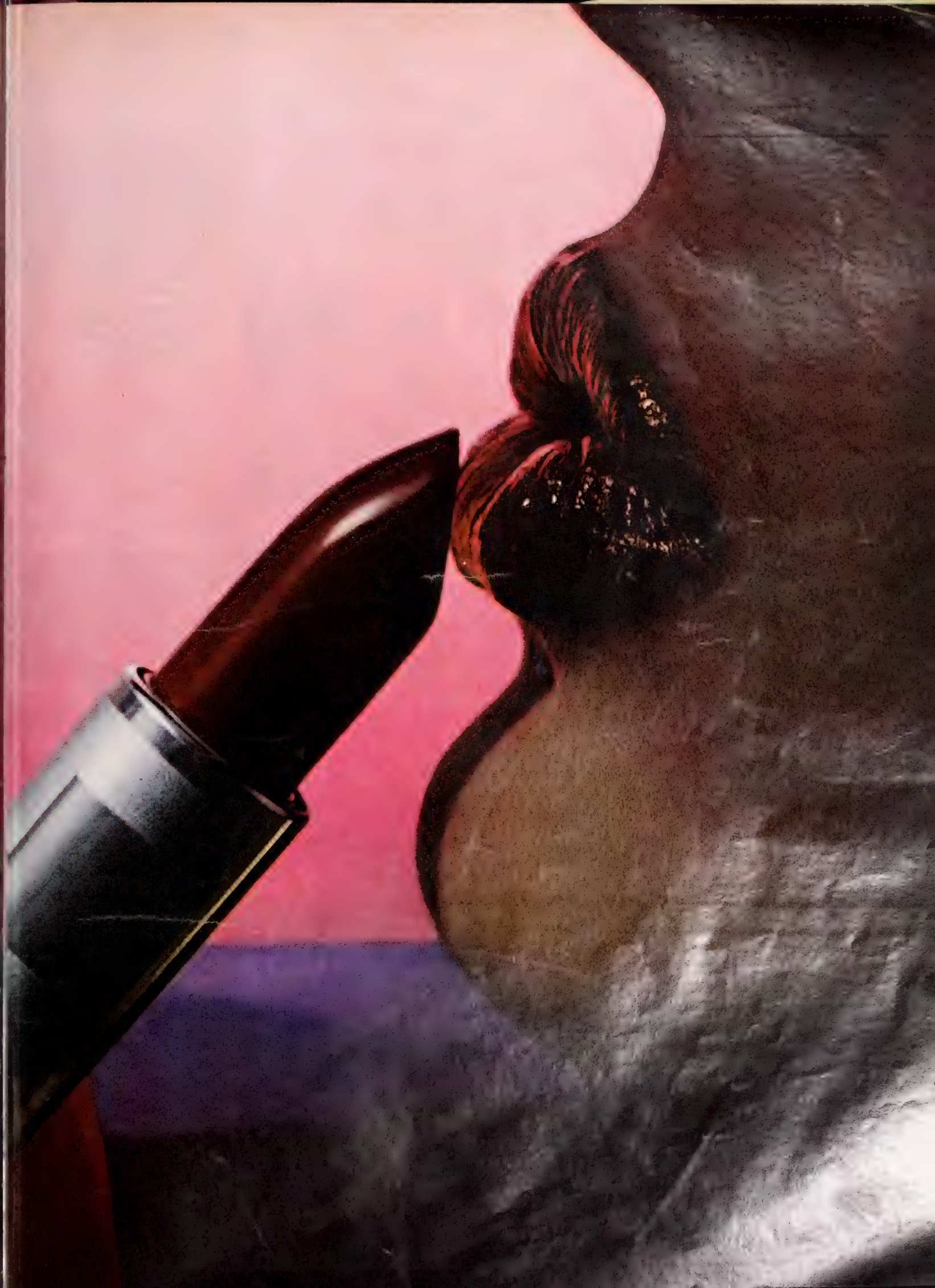
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Living

GARDEN ART

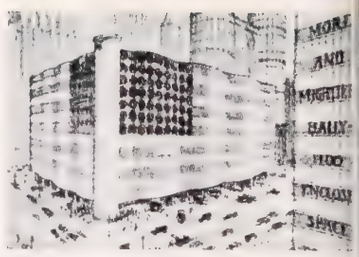
Striped bloomers

If *Streptocarpus* sounds to you like something one should see a throat specialist about, you have a pleasant surprise coming. It's one of the most delightful of houseplants, a member of the easy-to-grow gesneriad family, which includes the common African violet. It's also called Cape primrose, after the Cape of Good Hope where it originates. Most spectacular in the genus *Streptocarpus* is *S. grandis*. From an almost microscopic seed it grows in 18 months or so to a 3-foot-long leaf. That's right, one leaf. The plant never has more. Even the flower stalks develop from the leaf's midrib. Unfortunately, *S. grandis* is the one member of this species that is difficult to grow except inside a greenhouse, so you'll probably have to wait until you visit a botanical garden before you can see one. *S. rexii*, on the other hand, is not only an easy indoor grower, but an easy bloomer as well. My hybrid, "Blue Nymph," has flowered continuously for a year and a half. It should have a rest, but no matter how hard I try, I can't convince it to stop flowering for a while. The foliage consists of luxurious, foot-long, velvety leaves growing out of a central rosette. Needle-thin stems bear a profusion of deep-throated pale lavender flowers lined with purple pinstriping. Most *Streptocarpus* plants need only good indirect light, a loose humus-y soil, normal house temperatures, and good humidity to thrive. So what are you waiting for?

RICHARD LANGER



Nonstop flowering Cape primrose



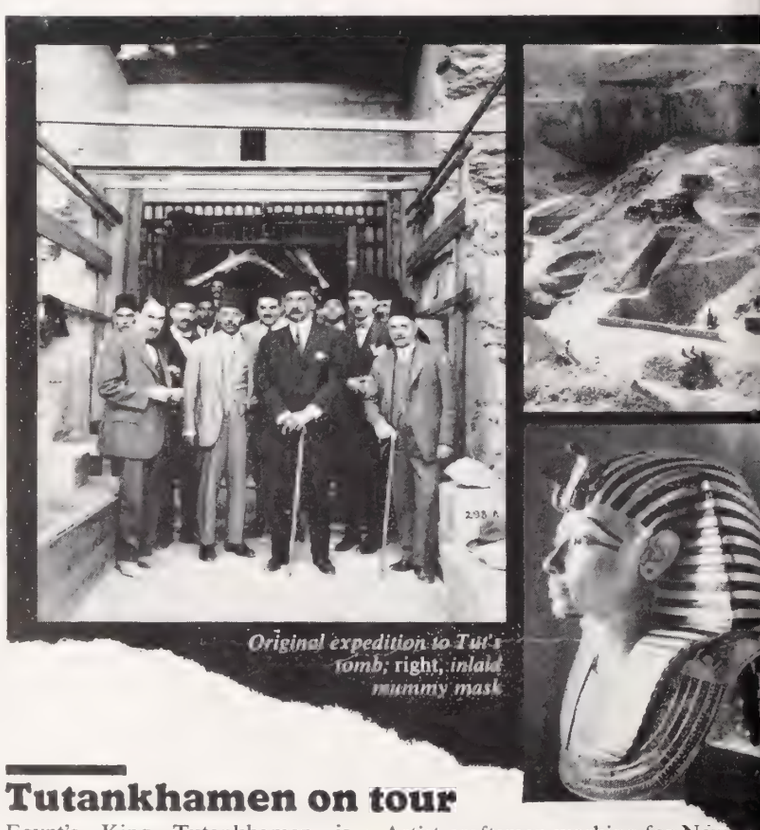
What might have been

Unbuilt America, coming out in late October, is an adventurous book of some 300 building projects from the pre-Revolutionary period to the present that have never been built. "It's a collection of innovative experiments," say the editors of SITE, Inc., the architectural *Wunderkinder* who organized the material. The drawings in *Unbuilt America* (McGraw-Hill, $14.95) are marvelous, in some cases downright hilarious. PAMELA HELLER



His nibs

Stanton Mitrany believes he is the first quill-pen merchant in history. He happened into his trade when he bought a penknife in a London antiques shop, then taught himself to use it. As it happens, our ancestors readied their own supplies with a special cutting tool, but after the steel-tipped pen was introduced about 115 years ago, the quill-pen was abandoned. "Making a quill-pen was like tying your shoelaces. Everyone knew how to do it, so no one wrote down how it was done," says Mr. Mitrany. It took him 3 years of research to perfect a 26-step hand-manufacturing process that allows him to make 3,000 quill-pens a week. He uses only goose quills, which are cut, abraded, and polished to produce a nib. A slit 2/10,000-of-an-inch wide is made in the tip to hold a single drop of sepia-colored ink. You can write up to 50 words without a refill! The pens produce a lovely semi-italic script and Mitrany promises that no two quills "paint" in quite the same way. Each quill costs $2.50; six quills, $10; quill-pens require water-soluble ink, 2 ounces, 75¢. Write Classica Concepts, Box 208, Cathedral Station, New York, N.Y. 10025. ROBERTA FAUL



Original expedition to Tut's tomb; right, inlaid mummy mask

Tutankhamen on tour

Egypt's King Tutankhamen is probably the best known of the pharaohs because of the richness of the jewelry, furniture, and sculpture discovered in his tomb in the 1920s. Fifty treasures from the tomb begin a six-city U.S. tour in Washington, D.C., November 17. After a stay of about 4 months, Tutankhamen's treasures will go to Chicago, New Orleans, Los Angeles, Seattle, and end up in New York—a 2-year tour.

A king's ransom of Tut reproductions—in gold, silver, bronze, cloisonné, and semiprecious stones—will accompany the tour and can be bought in the museums. Artist-craftsmen working for New York's Metropolitan Museum of Art traveled to Cairo to research their line-for-line copies. Among the reproductions: small versions of Tut's gold- and gem-inlaid mummy mask; a solid gold statue mounted on lapis lazuli, taken from the top of Tut's walking stick; a scarab fashioned as the lid of a sterling silver box. There's a cache of jewelry, too, including the chest-covering necklaces called "pectorals." Prices range from $20 to $1,000. The proceeds of the shop sales go to the Cairo Museum for construction of a new building.

ROBERTA FAUL



Rememberwhen a bike cost $30?

The ultimate bicycle is here, if you're looking for a lavish present for your favorite cyclist. $1,250 buys the Austro-Daimler super bike, recently arrived from Europe—it's the Rolls-Royce of bikes. A mere slip of a thing, it weighs only 19 pounds and comes in a royal red, foam-lined box. Steve Pyle, U.S. junior champion cyclist destined for the next Olympics in Moscow, rides this model, loves its severe geometry and "sensitive handling." Top speed, says Pyle, depends on the event, "about 40 mph on a short trip."



WHILE THE CAPTAIN PURSUED THE GREAT WHALE, HIS WIFE WAS CHANGING THE SLEEPING HABITS OF AMERICA.

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living

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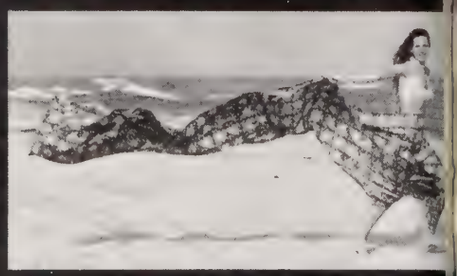
A dyeing art

Tie-dyeing blue jeans and T-shirts stopped just short of being a national passion.

Three forms of "resist" dyeing—ikat, batik, and plangi—are part of an exhibit that opened October 13 at the Museum of Contemporary Crafts of the American Crafts Council in New York. More than half the pieces shown come from the fabulous private collection of dyed clothes of designer and master weaver Jack Lenor Larsen.

The museum exhibit, the first of its kind, runs until January 2 and then begins a national tour. It includes more than 100 examples of "resists," some pre-Christian, that represent every continent. For a look at one of Larsen's magnificent plangi tablecloths, please turn to page 132.

The three resist dyeing forms are also the subject of Larsen's new book, *The Dyer's Art: Ikat, Batik, and Plangi* (Van Nostrand Reinhold), to be published early in January.



Hollywood dress-ups

They really are "such stuff as dreams are made on"—those glamorous, glittery, romantic costumes of the Hollywood movies. Catching a uniquely American phenomenon brilliantly, *Hollywood Costume* (Abrams, $35), is a sumptuous new book put together by Diana Vreeland and Dale McConathy, with photographs by Keith Trumbo, based on an exhibit Mrs. Vreeland staged for the Metropolitan Museum of Art in New York. Attendance was record breaking. Starting with the earliest silent film stars—Valentino, Theda Bara, Pola Negri—to Marilyn Monroe's famous nude-top dress in *Some Like It Hot*, the book documents the roller-coaster trends and lavish styles churned out by America's "Dream Capitol."







Gloria Swanson in "Sunset Boulevard," top; Bette Davis in "Jezebel"; Hayworth

DEPARTURE POINTS

ALLAN POSPISIL



Have skis, will travel

Downhill skiers know where to go—Chamonix, St. Moritz, Zermatt, St. Anton, Aspen. But if you're a crosscountry skier (as more and more of us are these days), where do *you* go for some of the world's best? Norway, of course. You can ski anywhere in Norway, but the first choice of many Norwegians is the resort complex around Lillehammer, and particularly the rolling upland plains of nearby Nordseter. It's fine ski-touring terrain, developed to offer some 400 miles of trails. Lillehammer, less than three hours by train from Oslo, is a city of 20,000. Nordseter consists of a half-dozen hotels and hundreds of vacation cabins less than 10 miles from Lillehammer, but 2,000 feet higher. Enthusiasts tour the wooded hills, then ski back down city streets to town. They prop their skis against restaurant doorways and stop in for hot chocolate and pastry. At Nordseter, the skiing stars just outside any hotel door. Trails dip into spruce forest, cross plateaus and frozen lakes. Top Lillehammer hotels are the Kronen and Victoria. In Nordseter, the Nevra and Nordseter Høyfjellshotel. SAS offers a night in Oslo, six in Lillehammer at $149 plus air fare.

Scandinavian apres ski

Horse-drawn sleigh rides by moonlight, with robes and aquavit (the Scandinavian version of white lightning) for warmth *** Hotel dancing, in Lillehammer every night but Sunday, weekends in Nordseter *** The 26 timbered buildings of Lillehammer's Maihaugen outdoor museum (open all year), including a 900-year-old stave church *** *Sparkstotting*—sleds with long runners and handlebars, propelled by foot power; women use them for shopping trips *** Lingonberry shortcake at the Kronen cafeteria in Lillehammer *** Lunch at any hotel, a groaning cold table with no end to the pickled, salted, and smoked delicacies.

ALLAN POSPISIL

HOW TO

There's the rub

What *is* that person doing on his hands and knees in the middle of the street, rubbing away like mad? Making a rubbing, of course—of a manhole cover, a basement grate, or just some interesting pattern that caught his eye. Wax rubbing is a simpler, cleaner way to transfer patterns to paper. Doing a wax rubbing involves much the same method as brass rubbing and graphite rubbing—both popular here and in Europe.

The Pilgrim's Progress, a New York store specializing in American folk art and crafts, is one of the very few outlets for materials and information on the craft of wax rubbing. Heelball waxes are simple to use, almost completely smudge-proof, and come in twelve colors. And paper? Almost anything that can take a print can take a rubbing: tracing paper, Kraft paper, gift-wrapping tissue, or rice paper. To give paper a tint you can even watercolor it. The wax won't disturb the color underneath. Subject matter is endless: leaves, ferns, gravestones, metal doors, hubcaps, anything in relief.

You can use rubbings to make holiday cards, stationery, gift wrap, standing screens, or even wallpaper. The Pilgrim's Progress sells a rubbing kit with four colored waxes, six sheets of fiber paper, and a large black coloring stick, $13 ppd. Order the other seven colors as you need them. The Pilgrim's Progress, 363 Bleecker St., New York, N.Y. 10014.



Holiday card from an incised pattern on a book cover; below colored waxes.

Pilgrim's Progress's Phil Balestrino rubs a grate.



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HEALTH

Look what it did for Secretariat

Presidents Ford and Nixon took 20 cases of it with them to Moscow and Peking. Secretariat drinks it by the gallon. What? Mountain Valley bottled water. The American Bottled Water Association says one out of every 2,000 Americans drinks it—a figure that has doubled in less than 10 years. John Scott, president of the country's only bottled water company to distribute nationally, Mountain Valley, is also the importer of twelve major European brands of water—including Evian, Vichy, Perrier, and Apollinaris. "Right now," he says, "Americans are buying bottled water for its taste. Taste comes from two important minerals, calcium and magnesium, in varying amounts. For adults who seldom drink milk, it's an excellent way to replenish calcium."



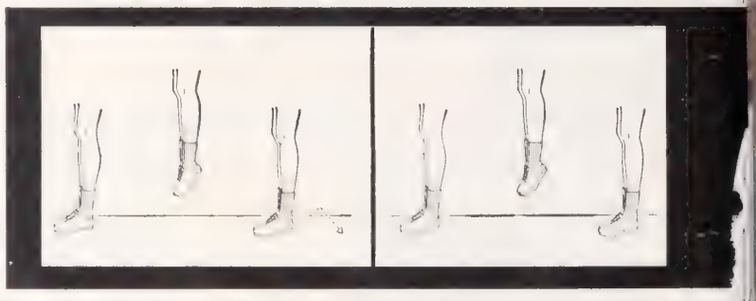
Over 15,000,000 gallons of pure spring water flow from the famous spa in Arkansas each year.

Jumping for health

Is there really *one* best exercise for keeping fit? Rope skippers think there is. They and many doctors feel that nothing surpasses skipping rope for producing the greatest degree of fitness in the least amount of time. As little as 2½ minutes of steady jumping stretched out over four or five sessions a day can improve endurance and stamina, protect the cardiovascular system, and lift both mind and spirit, according to Curtis Mitchell, author of *The Perfect Exercise—The Hop, Skip and Jump Way to Health* (Simon and Schuster). Rope jumping is officially recommended by both the President's Council of Physical Fitness and The Royal Canadian Air Force exercise program.

Jumping rope offers a most concentrated form of leg exercise that benefits the upper portion of the body as well. It's a total trimmer.

All it takes is a 7- to 9-foot length of sash rope taped at the handles and a pair of sneakers.





PEOPLE

Loni Kuhn's "Cook's Tours" is the latest cooking coup in San Francisco. You sign up for a day or evening lesson in the cuisine of your favorite country—Greece, India, southern France, Egypt, Italy. She specializes in Middle Eastern cooking, also gives Cuisinart classes for new converts, as well as old hands.

Sotheby Parke Bernet will auction the collection of western American art and Indian artifacts of **John and Stella Foote** of Billings, Mont. Baskets, beadwork, saddles, toys, and blankets will be on view November 4-6; auction in Los Angeles, November 7 and 8.

A one-man show of magnificent jewelry by **Louis Cartier** begins October 13 at Cartier in New York. A jewelry salon that he designed in 1923 but never had built has been recreated for the show and includes vitrines of elm burl trimmed with brass and mirrors, even a system of movable steps.

Madison Avenue's **Kron Chocolatiers** is opening a shop in Beverly Hills.

Works by professional women artists across the state of Florida were presented in a show at the University of Miami's Lowe Art Museum—the first such show ever. **Jane Smiley,** director of special events at Burdine's, sponsored the show to coordinate with the Hemispheric Conference for Women '76 in Miami.

Inge Morath (Mrs. Arthur Miller) is having an exhibit of her photographs at The Silo in New Milford, Conn., November 3. Viking is publishing a book of her work, next February, *In The Country*.

Oscar de la Renta is the newest player on the "designer's sheets" team. His collection for Cannon is due in April.

Architect **Michael Graves** just won a fiercely competitive race for the commission to design an 11-million dollar cultural center in Fargo, N. Dak., that will link it with Moorehead, Minn. The complex will contain two museums, a concert hall, a public television broadcasting station, and a bridge that will span the Red River. The center's site, river's edge, literally brings the two communities together for future cultural projects.

Leslie Armstrong of Armstrong/Childs Architects is associating on the Symphony hall and TV station.

Ninety tablecloths out of sheets! **Tatie Reese** (Mrs. Eugene) and her committee stitched them up for St. Louis's Chrysanthemum Ball to benefit the Missouri Botanical Garden. The chrysanthemum show there opens October 23.

Comtesse Marina de Brantes, French president Valéry Giscard d'Estaing's sister-in-law, is opening a new restaurant in New York with quarters for her cooking school upstairs. She and her partner, **Ludovic Auter,** will open "Le Coup de Fusil" with a party celebrating the opening of the Paris Opera at the Met.

Charlotte Ford is designing clothes. Her first bow was a party and presentation of her smashing new showroom designed by **Chris Parker.** Mrs. Ford's private office doubles as a dining room for late evening supper parties. Gray carpet, charcoal gray flannel covered banquette seating arranged for individual clusters, white walls, and lots of mirrors.

Robert Rauschenberg is one of many contributing artists in the first pulp-paper sculpture show at the Santa Barbara Museum of Art called *The Handmade Paper Object,* opening October 29.

New York artist **Tony King** has found a way to develop photographs right on canvas—his series on The Tall Ships combines paint and picture, fact and illusion.

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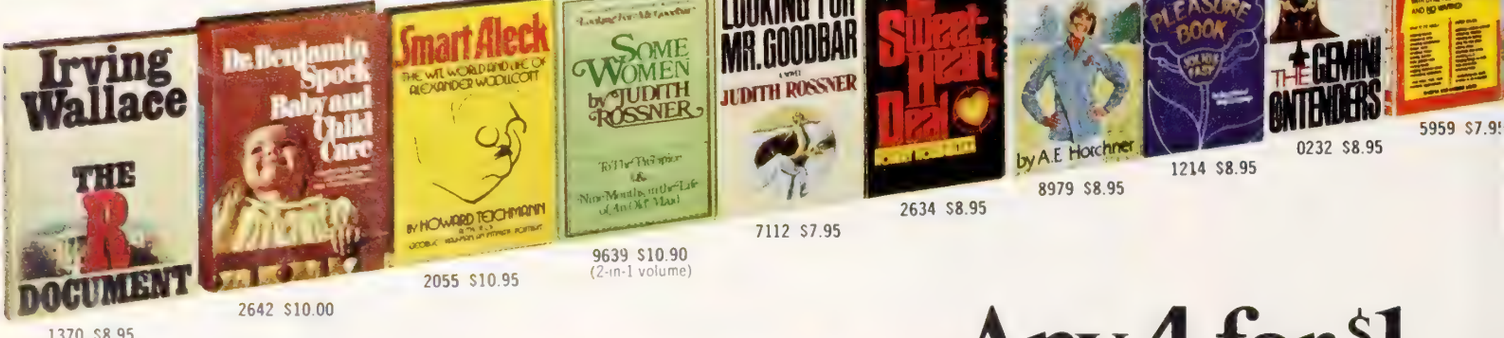
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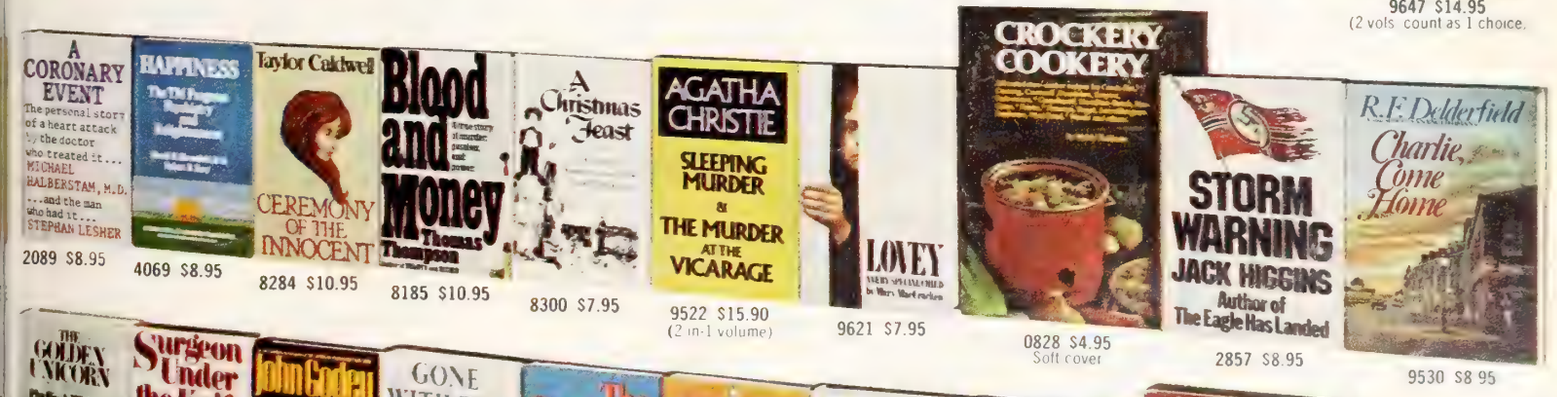
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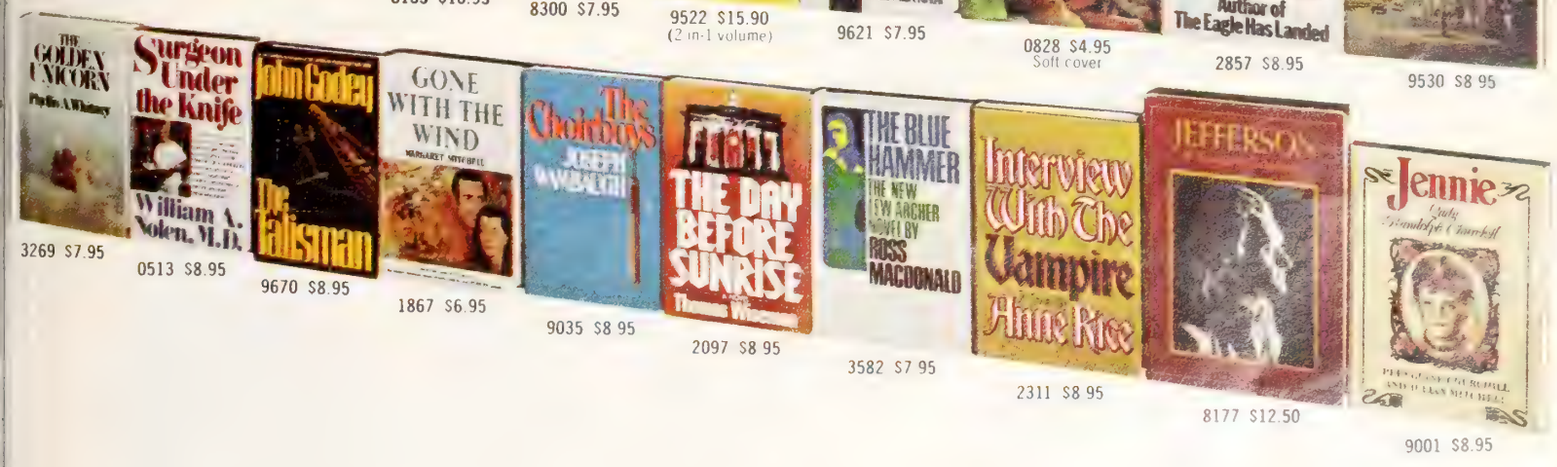
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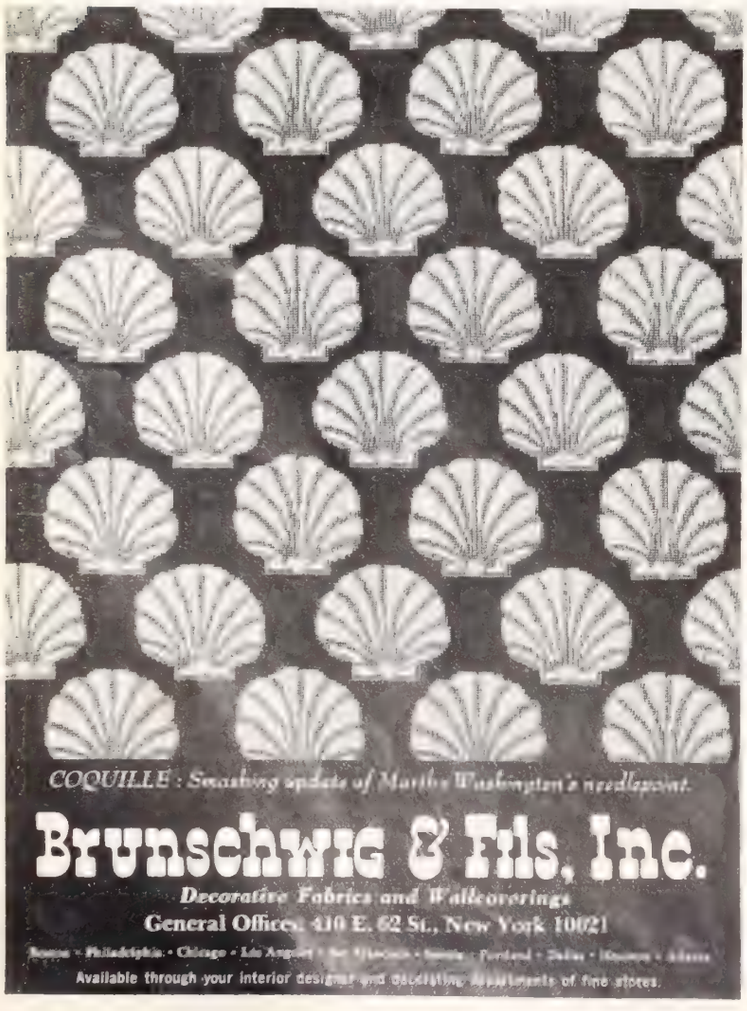
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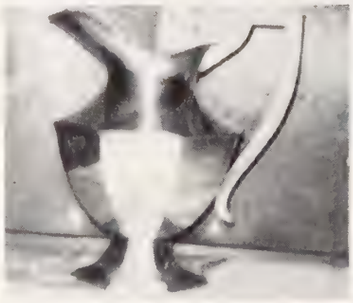


QUESTIONS & ANSWERS

Antiques

By Louise Ade Boger

Connecticut pitcher

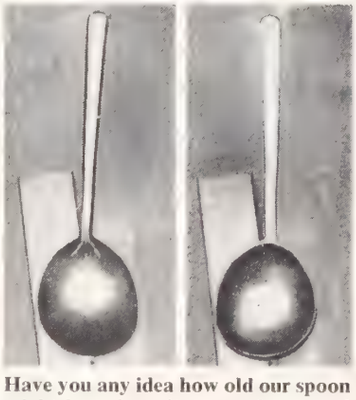




From the mark can you identify my silver pitcher? Why the stars and cross?
J.A.W.—Saraland, Ala.

Your electroplated nickel silver pitcher was made by the Barbour Silver Company (BSCEPNS) of Hartford, Conn. after 1892—perhaps shortly after. The stars and cross are pseudo-hallmarks. The distinctive flat-arched curving handle is a variant of the high-arched curving handle, and is occasionally found on silver holloware, especially from 1790 to 1825.

Antique spoon



Have you any idea how old our spoon might be, where it comes from, and what it's made of?
E.C.—Jackson, Miss.

The shape of the bowl and stem of your spoon indicates considerable age. It was probably made about 1700 and is of European manufacture. The metal is most likely pewter, but to be sure, consult an expert. The continuation of the stem down the back of the bowl in the form of a claw is an interesting decorative detail, and, like any form of projection at a joining, serves as a reinforcement.

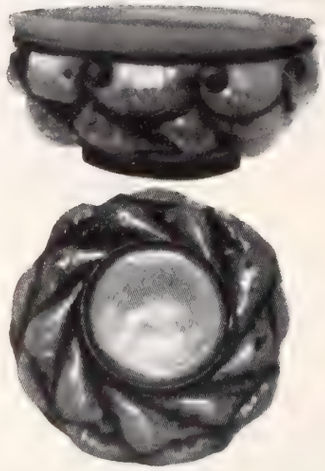
Marotesque chairs



Are my chairs very old? Can you tell me something of their style and history? L.W.K. Jr.—Charleston, S.C.

Your pair of splat-back chairs are in the style of Daniel Marot, Dutch architect and designer of furniture, who in the 1690s followed William III to England. A set of 18 similar chairs at Hampton Court were supplied by Richard Rogers, chairmaker to George I in 1717. Your Marotesque chairs are successful 20th-century reproductions.

Art Nouveau bowl



The mark on our bowl says "L Majorelle, Daum F Nancy." From this can you identify it?
M.L.P.—Littleton, Col.

The prominent Art Nouveau French designer Louis Majorelle (1859-1926) of the Nancy School designed the metal frame for the colored glass bowl made in the early 1900s at the Nancy glassworks, Daum Frères. The device in the Daum mark is the Cross of Lorraine. *(Continued on page 28)*



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You can see the results, daytime, at left; and nighttime, in the little photo, above. I still can't tell which I like better.

Our dining room/library is now a guest room, too. (The photographer has his back to the library half.) The daybed, which I glorified with 'Streamers,' sleeps one. And divides everything, splendidly.

In the bath that's just off this room, I've laid in a full supply of matching 'Streamers' towels.

On to the last new guest room, alias 'the attic.'

I put a whole town to bed there—'Jacob's Village.' And with a careful arrangement, the attic's forgotten curios became an unforgettable collection.

Now, with so many rooms able to act as bedrooms, too, I have no problem about having overnight guests.

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QUESTIONS & ANSWERS

Antiques

continuel from page 24

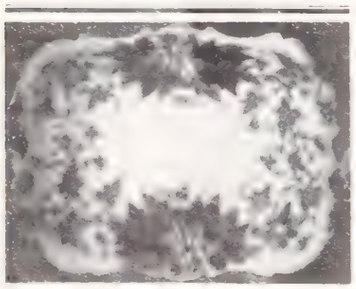
Pennsylvania clock



Our tall clock has the name "John Hagey" on its face. We have not been able to trace its origin. Can you?
H H.M.—Santa Ana, Cal.

John Hagey was working in Philadelphia and Germantown, Pa. about 1820. The Hagey family made tall case-clocks for three generations: Samuel; his son Jacob; Jacob's sons, George, John, Jonas. The most noted of the family was George, who worked at Trappe, Pa. and Sterling, Ohio.

19th-century platter

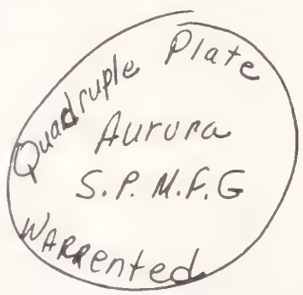




Where and when was our platter made? Why does it say "Bryonia"?
J.S.T. Jr.—Norfolk, Va.

Your platter marked U & Cie was made in the 19th century at a faïence factory started at Sarreguemines, Alsace-Lorraine, about 1770 by Paul Utzschneider and carried on by his descendants throughout the 19th century. "Bryonia," the pattern name, is a small genus of perennial Old World cucurbitaceous vines; in England it is represented by bryony.

American caster mark

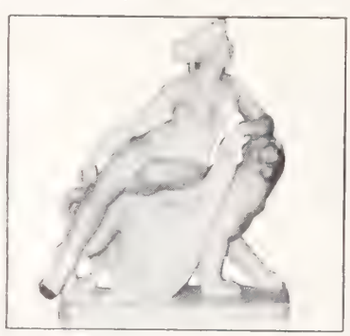


From my sketch of the mark, can you identify our old caster? Where was it used? T.H.—Mehama, Ore.

Your plated silver caster was made by the Aurora Silver Plate Mfg. Co., active at Aurora, Ill., from 1869 to about 1915-1920. The caster was one of the most fashionable pieces of Victorian plated silverware, and properly should be placed in the center of the dining table.

Addendum

One of our readers has provided the additional information about the sculpture *Ariadne on Panther*, which appeared here May, 1976: *Ariadne on Panther*, in German *Ariadne auf dem Panther*, was



made in 1814 by German sculptor Johann Heinrich von Dannecker (1758-1841). The material was clear, white Carrara marble; the size, slightly larger than life. It was bought by Simon Moritz von Bethmann, owner of the world-renowned Bank Gebrüder Bethmann, who kept the sculpture as part of his collection in a special building, open to the public, near his Frankfurt on Main mansion. *Ariadne* was considered one of the most significant works of German classicism. The sculpture, together with many others, was destroyed on March 22, 1944, during a British air raid on Frankfurt.

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Elizabeth — Michael Kohn Co.
Flemington — The Christmas Carol
Hawthorne — The Party Hut
Hazlet — The Paper Parade
Holmdel — Old Wagon Gifts
Linden — Cigar Furniture Co.
Maywood — Gifts & Cards
Mt. Ale — Gift Fair
Millburn — The Silver Shop
Newark — Hahne & Co.
Paramus — The Copper Shop
Paramus — Marco Gifts
Paramus — The Yellow Ribbon
Parsippany — Jeral's Gift Shop
Princeton — Expressions
Rancocas Woods — Accents
Trenton — Liberty Gifts
Voorhees — Douglas F. Merrill
Westfield — Adlers
Woodbury — Copper Kettle Card & Gift Shop

NEW MEXICO
Albuquerque — Kistler Collister

NEW YORK
Albany — Frank Adams Jewelers
Bayshore — Luanne's Bayshore Inc.
Brooklyn — Card Harbor
Brooklyn — Lunar Company
Brooklyn — The Sound of Music Gift Shop
Buffalo — Adam Meldrum & Anderson
Dewitt — E.F. Thresh Inc. House of Furniture
Elmira — S.T. Baird
Hartsdale — Hartsdale Jewelers
Jefferson Valley — Lourdes Silversmiths
Latham — The Linen Chest
Massapequa — Pequa Card & Gift Shoppe
Nanuet — R.L. Neil
Newburgh — Galene & Mills
New Hyde Park — Abe Peltz
New York City — Bianca Commerce Corp.
New York City — Plaza Jewelry & Gifts
New York City — John Wanamaker
Oakdale — Jan-ur Gift Shop
Patchogue — Rose Jewelers
Poughkeepsie — Happy House Gifts
Riverhead — Rose Jewelers
Rochester — Hershberg's
Rochester — Phelps Glass Studio
Schenectady — Jay Jewelry
Westbury — M. Fortunoff

NORTH CAROLINA
Durham — Osterman's
Elizabeth — Bradshaw's Inc.
Greensboro — Osterman's
Roxboro — Greens Jewelers
Smithfield — Greens Jewelers
Washington — Stewarts Jewelry
Willow Springs — Willow Floor Gifts
Winston Salem — Osterman's

OHIO
Akron — The Enchanted Cottage
Akron — Shatner Eastside
Akron — Shatner Fairlawn
Alliance — Art's Jewelers
Bainbridge — The Old Attic
Canton — Art's Jewelers
Cincinnati — The Perfume Counter
Cleveland — Carlton Such
Cleveland — The Hesses
Cleveland — Village Square Jewelers
Columbus — Patty Card & Gift
Coshocton — Ray Jewelers
East Liverpool — Jamie Decker Jewelers
Findlay — Osterman's
Fremont — Osterman's
Galion — Carousel Hallmark Gift Shop
Lancaster — Buckle Co.
Lima — Osterman's
Marion — Carroll's Jewelers
Newark — Full House of Cards
Newark — Haynes Brothers Jewelers
New Philadelphia — Art's Jewelers
Portsmouth — Tulbert's
Sapphire Hills — Wile's Jewelers
Sandusky — Osterman's
Salem — Art's Jewelers
Lima — Osterman's
Toledo — Osterman's
Urbana — McLaughlin's Jewelers
Youngstown — Jamie F. Modarelli Jeweler
Youngstown — Charles Carolyne

OKLAHOMA
Norman — Dillard's
Oklahoma City — B.C. Clark Jewelers
Oklahoma City — Dillard's
Oklahoma City — Ellis Gift Gallery
Oklahoma City — The Gift House
Oklahoma City — The Gilded Cage
Tulsa — Dillard's
Tulsa — Stebbins

OREGON
Medford — Lawrence's

PENNSYLVANIA
Allentown — Appel Jewelers
Altoona — Book & Record Shop
Bethlehem — Bixler's
Bethlehem — Ramball Jewelry Store
Camp Hill — Musselman's
Conshohocken — Wallace Jewelers
Easton — Bixler's
Erie — Osterman's
Hollidaysburg — Rhodes Gift House
Hummelstown — Das Glas Haus
Indiana — Taylor's Gifts
Meadville — Kerr's Jewelry Store
Monaca — Osterman's
Monroeville — Reizenstein's
Pittsburgh — S. Bindzick Jewelers
Pittsburgh — Kaufman's
Quakertown — Musselman's Jewelers
Uniontown — Lippman's Jewelers
Yardley — Yardley Florist

RHODE ISLAND
Cranston — James Kaplan Jewelers
Providence — The Outlet Company

SOUTH CAROLINA
Cheraw — Brown's Gift Shop
Columbia — Coggins Hallmark Shop
Columbia — J.B. White Dutch Square
Columbia — J.B. White Richland Mall
Myrtle Beach — Belk's
Myrtle Beach — The Candlewood Shop

TENNESSEE
Chattanooga — Doyle May Jewelers
Chattanooga — Fischer Evans Jewelers
Jackson — John E. Parker Co.
New Tazwell — Enos Brothers Jewelry

TEXAS
Alice — Gifts Galore
Beaumont — Gem Jewelry Co.
Brownfield — Sears-Copeland
Corpus Christi — Taylor Brothers
Del Rio — Wood Jewelers
Fort Worth — Wishing Well
Groves — Gem Jewelry Co.
Houston — Foley's (All Stores)
Houston — Sherry's Hallmark Shop (Both Stores)
Lubbock — Dillard's
Nederland — Gem Jewelry Co.
Orange — The Orange Tree
San Antonio — House of Stainless
San Antonio — McNeel Jewelers
San Antonio — Nasmi's
Texas City — Hetherington Jewelry
Wichita Falls — Dillard's

VERMONT
Burlington — F.J. Preston & Sons

VIRGINIA
Richmond — Miller & Rhodes (All Stores)
Springfield — Gift Fair

WASHINGTON
Aberdeen — Watamaki Jewelers
Federal Way — People's Store
Spokane — Dodson's
Tacoma — People's Store
Tri Cities — Dodson's
Yakima — People's Store

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Madison — Treasure House
Parkersburg — Franklin & De Haven
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MONEY BUSINESS

The finances of divorce

Do you know the benefits of an alimony trust? What you should do about insurance? Why a working wife should claim at least one child as a dependent?

By Paul Gross

The plain fact of the matter is that most divorces are a disaster for all the obvious reasons that most of us choose to ignore. They're usually the product of too much emotion and too little planning. According to a recent psychological study, next to the death of a close relative, divorce is the most traumatic experience a person can have.

Take the typical divorce—if any can be considered typical. It's conceived in disappointment, born in disagreement, and usually ends in despair. To make matters worse, all the proceedings usually take place in an atmosphere of high dudgeon and fear. No wonder we have such misconceptions about divorce. Ask a man about divorce, and chances are that he'll tell you about some ex-husband who's now a slave to his ex-wife's alimony payments. Ask a woman, and she'll probably tell you about all the ex-wives who are left scratching around to make ends meet after sacrificing so much to their marriages. Both points of view are correct—divorce settlements usually are not very equitable.

The sad part of it is that it doesn't have to be that way. Divorce is something you should think about and even make contingency plans for—even if you're wildly happy with your marriage. (The wealthy have been doing this for generations with pre-nuptial agreements that spell out exactly what each spouse's rights are before the wedding ceremony even takes place.) That may not seem very romantic, but with one-third of all first marriages ending in divorce, there's a fairly high risk that it will happen to you or someone in your family. Ironically enough, a friend who's a psychiatrist says that more marriages would probably work out better if couples opened up with one another and discussed the possibility of divorce openly. And as a divorce lawyer puts it: If your marriage doesn't work out, the least you can do is work out a divorce settlement that both of you can live with—especially if any children are involved.

A little bit of forethought and planning can do wonders for your divorce, as well as your relationship to your ex-spouse-to-be. By taking some tax and financial facts into consideration, you can both come away with more money than you ordinarily would and you won't be freighting your relationship with an ongoing anger.

Alimony or lump-sum payment?

The amount of alimony and child support a spouse gets usually amounts to 30 to 50 percent of a husband's income. (Even though some 19 states have laws providing for alimony for husbands, it's still fairly rare.) How much alimony and child support an ex-wife gets usually depends on who's legally "at fault" for the divorce, on the husband's finances, the wife's age, and the ages of the children. A woman who has no job skills and is 40 or older will usually get more than a younger woman.

Alimony and child support payments should be negotiated with an eye toward all the possible tax breaks or consequences of each type of arrangement. Alimony payments are taxable to the wife and tax deductible to the husband. According to the IRS, payments qualify as alimony if they are periodically made over an indefinite period of time with no total amount set. As with anything else in the tax code, there are some major exceptions. A set amount paid in installments over 10 years or longer is deductible. However, make sure that there are at least 10 equal installments, because each one is deductible only up to 10 percent of the total amount settled upon. Even a fixed amount that's paid out in less than 10 years may be deductible—providing the arrangement calls for payments to end or change when the wife remarries, the husband's finances change, or if one of them dies. Normally, alimony payments end when a wife remarries.

Some couples agree on lump-sum payments in lieu of alimony. They are neither taxable to the wife nor tax deductible for the husband. From the wife's vantage point, a lump-sum settlement can

Continued on page 35

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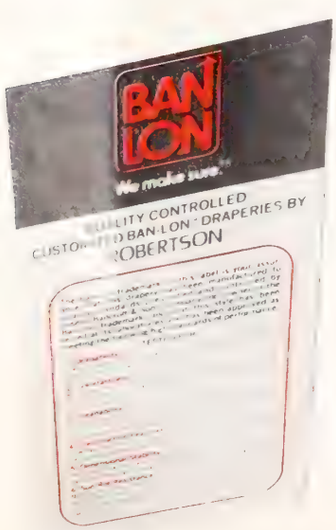
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nances of divorce

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ke a lot of sense. For one ng, what she gets will not be en into by taxes—which ans that she'll have more ets to work with. For an- ıer, there's no risk that her sband may skip out on his nony obligations, be late h payments, or go broke.

From a husband's point of w, a lump-sum settlement o has some advantages. st, it lets him start all over ain—without the burden of mingly endless alimony yments. (The risk is that in w York and some other tes, a wife can later petition e court for more alimony if e's frittered away her settle- nt.) What's more, a hus- nd can usually negotiate a ıaller settlement by arguing ıt his wife will get to keep of the assets, instead of ying taxes on them as she ıuld with alimony. Gener- y, this kind of arrangement akes the most sense for a sband who has a lot of tax- ee income from government nds or other investments d doesn't need the tax de- ıctions he can get from ali- ony. One word of warning: on't use assets that have ap- eciated in value as part of e settlement. The IRS treats is kind of settlement as a le, and you'll be hit with hat could amount to a huge pital gains tax when the ansfer of property is made.

Alimony trusts

the husband stands to gain ore by reducing his taxable ıcome than by getting tax eductions for alimony, he ight consider setting up an imony trust. The income om an alimony trust, paid to ıe wife on his behalf, is not ounted as income for him. Vhat's more, he can set up the ust so that he can eventually et back the principal, or hange its beneficiaries. How- ver, if any trust *principal* has o be used to meet the hus- and's alimony obligations, it an't be deducted as alimony. Vhat's more, it's foolish to se tax-exempt bonds to fund he trust—that income vouldn't be taxed anyway.

Anyone considering an ali- nony trust should weigh its dvantages against the fact hat he must give up some ontrol over the assets used to und the trust. And he'll have o pay taxes on any trust in-

Continued on page 40

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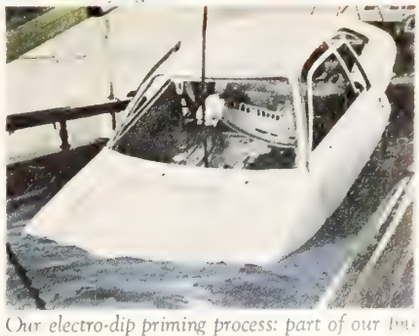
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"My hand became so rough and raw...I was about to call a doctor"..

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Gentlemen:

I am not an Arctic fisherman nor a Japanese pottery maker. I am a Massachusetts housewife whose right hand was paralyzed by a virus the end of last summer. Needless to say, over the past seven months I have been forced to use my left hand almost exclusively. My hand became so rough and raw with cracks, bleeding, etc., that I was about to call a skin doctor last week when I decided to give your product a try. I figured I'd be conned by a good advertising campaign one more time. Now -- HERE COMES MY FIRST UNSOLICITED TESTIMONIAL -- TA DA -- AND A DRUM ROLL!

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Finances of divorce

continued from page 35

come that's used as child support.

For the wife, an alimony trust is a fairly steady source of income—and she won't be saddled with the burden of managing assets. However, the tax consequences to her depend on the kind of alimony trust used. In one type (allowed in Section 71 of the IRS Code), which is set up as part of the separation agreement, all the income distributed by the trust is taxable. The other kind (allowed in Section 682 of the IRS Code) is, in fact, a regular trust set up before there are any marital problems, which can then be converted to an alimony trust. Any trust distributions to the wife from tax-exempt bonds, trust principal, or other tax-free sources are not taxable to the wife.

Alternatively, as part of the separation or divorce agreement, the husband can make nonalimony payments of a set amount through a trust for a fixed number of years—with no strings attached. Because these aren't alimony payments, the wife only has to worry about trust income from taxable sources, not any trust income from tax exempt sources. And the husband can pay her through the trust with untaxed dollars.

Child support

Child support payments have no direct tax consequences. Indirectly, however, they have tremendous tax consequences, and should play a large role in divorce negotiations. If a portion of the payments made by a husband aren't clearly labeled as child support, everything he pays his wife will be treated as alimony by the IRS. Here's how it works out.

If a husband has a high income and his wife doesn't work, they might consider the following arrangement. First, they should figure out what she and the children will need to live on. Then they should label as much of that as is possible as alimony—so that he can get the biggest available tax break. Sure, she'll have to pay taxes on the alimony she receives, but she'll be in a much lower tax bracket than her husband. He in turn could agree to pay her additional alimony to cover the extra burden.

If the wife works, the split between alimony and child support will have to take into account the tax brackets of the husband and the wife. However, if the wife gets more in tax-free child-support payments, she should be prepared to accept a lower alimony settlement. For example, assume a husband makes $40,000 a year and his wife earns $20,000 a year. He agrees to give her a total of $10,000 a year as alimony and child support. If it turned out that he wanted to give her $7,000 in alimony and $3,000 in child support, her taxable income would shoot up to $27,000, and he would have a hefty tax deduction of $7,000. She would be wiser to agree to receive $1,000 less ($9,000 instead of $10,000), if $4,000 of it was designated as alimony and $5,000 as child support. That way, she'd save substantially on taxes. He, in turn, would lose $3,000 in tax deduction but would save $1,000 after-tax dollars.

Who claims the children as dependents should also be worked out in the separation agreement. Generally, the parent that pays more than half a child's costs can claim the dependency deduction of $750 per child. Whoever claims the child as a dependent can also deduct any of that child's medical expenses that he or she pays. (If the child isn't considered your dependent, you can't write off the medical expenses, even if you pay them.) As long as the father contributes $1,200 a year in support, (and if that comes to more than half the child's costs), he can claim that child as a dependent—even if the child lives with the mother. Even if the husband claims all the children as dependents, however, the mother may still be able to file a head-of-household tax return if the children live with her.

If the wife works, or plans to, *she* should try to claim at least one child as a dependent. That way, she'll be able to qualify for the child-care deduction—as much as $4,800 a year—for costs such as babysitting, domestic help, day-care centers, and so on.

Division of property

It can be very tricky. In community property states—Texas, California, Idaho, Arizona, Washington, New Mexico, Louisiana, and Nevada—all property other than gifts and inheritances acquired during the marriage is split evenly.

In noncommunity property states, the spouse who holds title to the property "owns" it. Even so, in some states the courts may step in and make "an equitable distribution" of property, regardless of ownership. In other states, the

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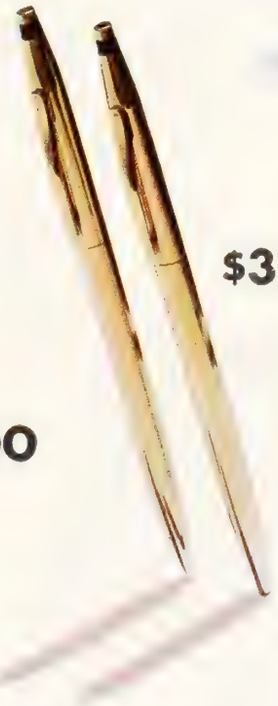




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A wife receiving alimony should take out life insurance on her ex-husband. It may be her only security if he dies

Finances of divorce

continued from page 40

courts take into consideration the fact that one spouse may have helped the other buy property.

Be very careful about transferring appreciated property, because you'll be liable for a capital gains tax on the difference in value from the date you bought it and when it's transferred. Jointly owned property can be an even bigger tax problem. For example, assume that your home and vacation cabin at the shore are jointly owned. You agree to give your wife your half of the house, and she to give you her half of the vacation cabin. Bingo—you both have to pay capital gains taxes on half the value of these houses. The way around this bind is to wait until after the divorce decree to transfer the property—providing you can still trust each other. That way, the arrangement will not be considered a "sale for marital rights"; it will simply be a tax-free exchange of similarly valued properties. You may, however, be liable for some gift taxes, depending on the value of the properties involved.

Insurance

One of the most important elements of any divorce negotiation is insurance. Generally, a wife should take out some life insurance on her ex-husband—especially if she's going to receive alimony. It will be her only security in the event he dies. What's more, it will help make up for the fact that she may get nothing from his estate when he dies. What usually happens is that a husband transfers his existing life-insurance policies to his wife, and continues to pay the premiums as part of the settlement. She then owns the policies. (Note that for estate tax purposes, in any case, it is wise for each spouse to own the insurance of the other spouse.) The premiums he pays are tax deductible, and taxable i her. However, he may have to pa a gift tax on them if the premium amount to more than $3,000 year. If he transfers a whole-lif policy to his wife, he will no longe be able to borrow against the po icy's built-up cash value, becaus she now owns it. Hence, many hus bands borrow against the polic before transferring it. The 5 to percent interest is relatively chea and completely tax deductible.

You should also take a look a all your other types of insuranc coverage. Many husbands agree t pay for their children's medica bills over, say, $200 a year—o whatever his family insurance cov erage will take care of. (Family health insurance will take care o the kids after a divorce, but not th wife—so she may need a new pol icy herself.) And if the wife get the home as part of the agreement she may ask that he pay for th homeowners' insurance.

Finally, as part of the settle ment, a husband should consider picking up all the legal fees as part of the alimony agreement, so that they can be deducted from his taxes. (Anything labeled as ali mony is tax deductible. Normally, however, legal fees are not, unless the advice given deals with tax matters.) If a husband is unwilling to pay the entire bill for legal fees, both spouses should ask their attorneys for an itemized bill. That way, they'll be able to deduct the tax advice.

By all means, if divorce is inevitable, get the best legal help you can afford—regardless of how rational you think your divorce negotiations will be. Negotiations can fall apart at the drop of a nasty crack or the flare of a temper. Should that happen, you'll want a cool, smart lawyer to look after your best interests. What's more, the better the settlement, the less likely the chances of either of you having to go back to court to renegotiate the terms. ■

His and her taxes in a divorce

Type of payment	Husband	Wife
Alimony	Deductible	Taxable
Alimony trust	Reduces taxable income	Taxable
Child support	Not deductible	Not taxable
Life insurance	Premiums are deductible	Premiums are taxable
Lump-sum settlement	Not deductible	Not taxable



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Do People Think You're Older Than You Are?

You didn't expect to stay looking twenty-one forever, of course. Your life has been too busy and interesting to have left you looking like that wide-eyed, slightly naive girl who stares out at you from old snapshots. In fact, you probably wouldn't even want to look twenty-one again, with your face untouched by the emotions and experiences that have made you the woman you are.



Still, it's an unpleasant shock to realize that people think you're older than you actually are. You can't help being a little sad if you believe you've let the look of youth slip away. Then it's time to discover the beautiful benefits of a unique beauty fluid, a secret known to enlightened younger looking women from Bangkok to Sydney. This remarkable fluid, with its wealth of pure moisture, along with tropical oil and other emollients, smooths away dryness. The mysterious fluid is known [illegible] as Oil of Olay beauty lotion.

Gentle Oil of Olay onto your face and throat. Watch the skin-loving liquid disappear into your skin almost before your very eyes, to work on dryness, the insidious dryness that accents little wrinkle lines that can cause you to look older than you like. Virtually from the moment you smooth it on, you'll feel your skin growing smoother and more supple. And there's a noticeable difference in your complexion's lustre and glow. You'll see the change reflected in your mirror. Other people will notice, too, though they may not say a word.

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Are medical checkups all they're cracked up to be?

An up-to-date report on preventive medicine

By Caroline Seebohm

"It must be concluded that the annual physical examination has proved to be little more than an elaborate and expensive ritual that has not fulfilled its promise," wrote Dr. Richard Spark in a recent article in *The New York Times* Magazine.

The National Cancer Institute called a meeting in July specifically to defend the X-ray examination called mammography to screen ostensibly healthy women below the age of 50 for hidden breast cancer, after accusations that the risks of radiation for younger women were greater than those of cancer.

Ivan Illich, in his controversial book, *Medical Nemesis* (Pantheon), attacking the "sick-making powers of diagnosis and therapy," writes, "Healthy people need minimal bureaucratic interference to mate, give birth, share the human condition, and die." (see House & Garden, September, 1976.)

A year ago, preventive medicine was being touted as the only hope in our fight against mortality. "You don't take your car for granted," said Dr. Ernst L. Wynder of the American Health Foundation. "It has regular checkups. But you take your body for granted. We all have the illusion of immortality." Regular checkups for all Americans were being urged by Federal agencies as well as private institutions to try to prevent disease before it happened.

But now, suddenly, the tide seems to have turned. Today some doctors say that checkups are overrated, that they find too little and cost too much, that we are overdoctored. What is the truth?

To explore the matter, I paid a visit to one of the pioneer institutes in the field of preventive medicine, the Strang Clinic in New York City. Founded in 1940 as part of the Memorial Hospital for Cancer and Allied Diseases by Dr. Elise Strang L'Esperance, the clinic reflected Dr. L'Esperance's belief that the most effective approach to the control and prevention of cancer was through detection *before* symptoms appeared. In 1963, the clinic became an independent, nonprofit center for preventive medicine. One of its most valuable contributions to medical science is the "Pap Test," originated by Dr. George Papanicolaou at the clinic to screen patients for uterine cancer.

Today, the Preventive Medicine Institute/Strang Clinic admits from 18,000 to 20,000 patients a year, mostly in the 40s to 70s age group, when people begin to be more aware of physical problems. These patients fill out a questionnaire and are then given a comprehensive examination, for $130. This examination is designed to show up any early signs of cancer or other problems that can be cured or controlled by prompt medical attention. The clinic emphasizes it is not a treatment center, but a diagnostic facility. Patients may then be referred to specialists for treatment.

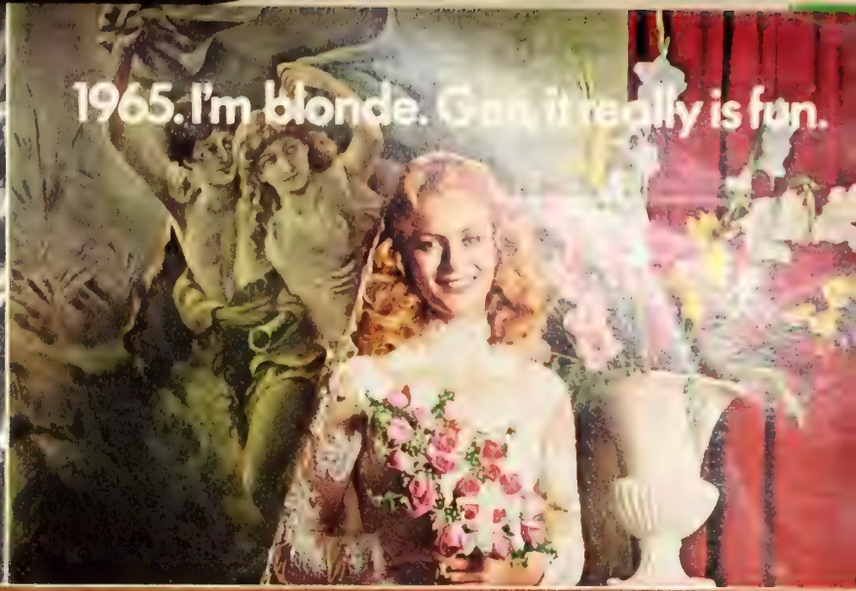
Dr. Margaret Dressler is Associate Medical Director of the Strang Clinic, and I put to her the question about checkup or no checkup that has been so much in the news recently. "I have been at the clinic for 30 years," she told me, "so I have some background to answer your question. In my opinion, the question is not 'should we all have an annual examination?' which most doctors would agree is a very good thing, but 'is it worth the money?' I would say that if a person has the money to spend, and feels that a checkup is necessary for his or her own comfort and peace of mind, then it is well worth it. A lot of things are picked up—diabetes, hypertension, vaginal infections—that can be corrected if found early enough, quite apart from cancer.

"You must understand that motivation is involved here. If we offered this examination free of charge, to a large group of people, 100 percent would by no means take advantage of the offer. Some people just don't want to know. But for those who do, it is of value, because it gives them reassurance. We are also psychiatrists, you know. We relieve people's anxieties, their worries, and that is no small thing."

Dr. Dressler pointed out that unfortunately, the Strang-type examination is too expensive to carry out as a public health program, if

Continued on page 52







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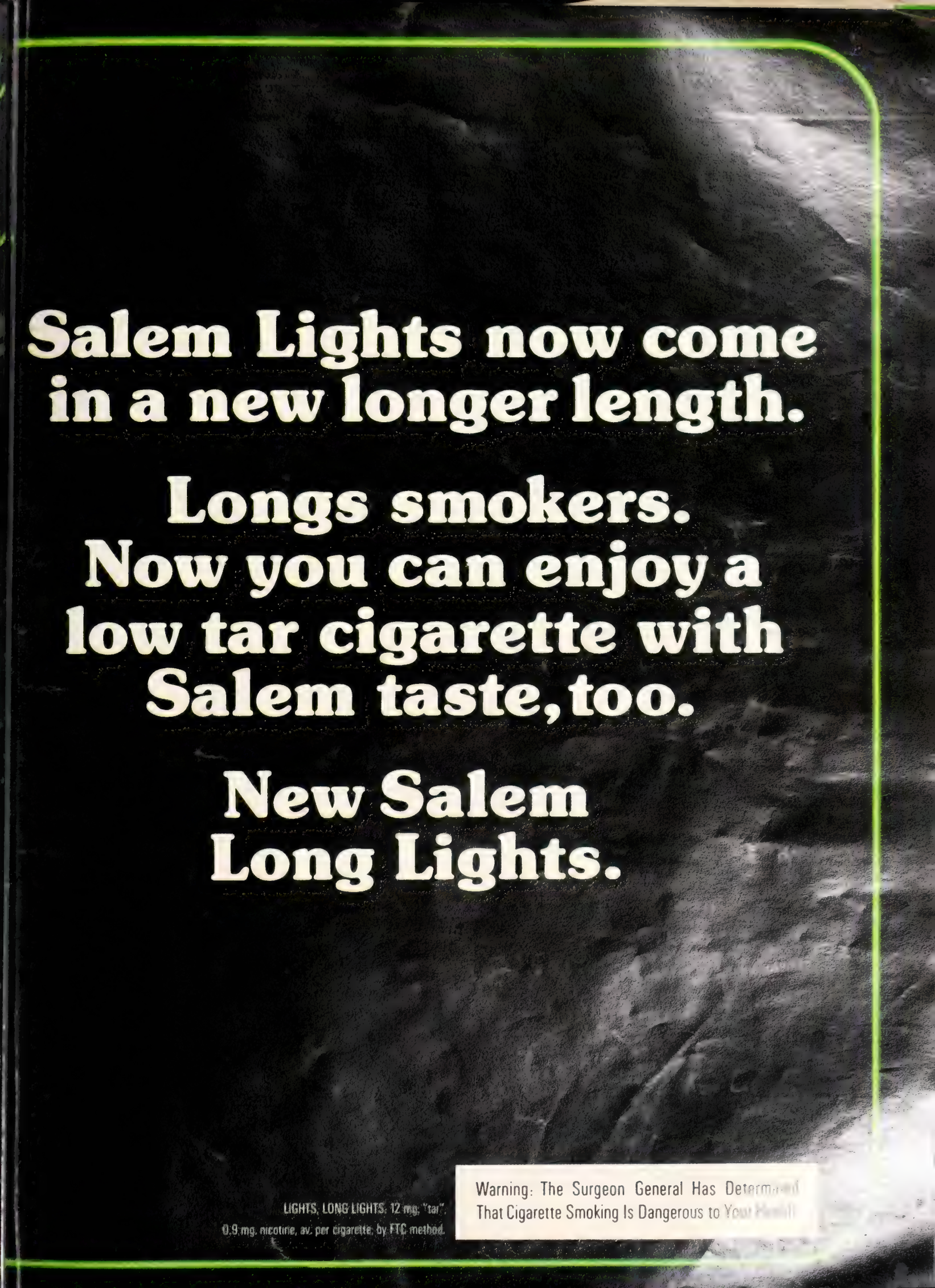
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PB7

The next major advance in the health of American people will result only from what the individual will do for himself

Medical checkups

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it is doctor-oriented. "But cheaper examinations, with specially trained nurses rather than doctors in attendance, are now being made available across the country. We are also conducting selective screening of individuals according to their patterns of risk factors," she explained. (Risk factors include a heredity of cancer or heart disease, personal habits such as smoking or lack of exercise, and environmental hazards such as work with chemicals.) "Such programs are being conducted at low-cost clinics so that we can discover people who have high-risk factors and help them to protect themselves."

I then asked Dr. Dressler about the alarmist reports about breast X-rays and radiation. "Two years ago," she said, "when we had all that excitement over the breast cancer of the two First Ladies, people almost blamed us for not offering annual, or even six-monthly, breast X-rays. They wanted it at that time. But this institute has always been on the conservative side. We felt a mammography only had value for women over 40. Now the National Institutes of Health and the Cancer Society have advanced that age to 50. So between the ages of 35 and 50 you only do it on indication, that is, if a woman has very lumpy breasts, or large breasts, or a very strong family history of cancer."

My last question concerned accusations that Americans are over-conscious about health, over-doctored, and generally paying too much attention to checkups. "When this clinic was opened, we didn't even see people under 30," Dr. Dressler told me. "But nowadays people between 20 and 30 have become very health-conscious, and they are the ones who want to come for a checkup, so we have now at the clinic an examination for the under-40s which is streamlined (and costs less). In my opinion, if they need that reassurrance, why shouldn't they get it?"

Statistics generally favor the notion of preventive medicine. According to Dr. Daniel G. Miller, Director of the Strang Institute, "The survival rate after diagnosis at the Preventive Medicine Institute/Strang Clinic for patients with breast cancer, cancer of the colon, and uterine cancer is more than twice that of the national average. Improved survival rates have also been documented in similar programs." (Dr. Spark, however, quotes two studies that showed (a) a group of people who did not have checkups did not do appreciably worse than those who did, and (b) in 49 percent of cases studied, disease diagnosis did not occur during the regular checkup.)

Last year, Americans spent over $118 billion dollars on health. Less than 3 percent of that spending went toward the prevention of disease. Yet it is now known that major causes of cancer, heart disease, and stroke come from risk factors (such as those mentioned above) that can be considerably lessened by preventive health care. Dr. John H. Knowles, president of the Rockefeller Foundation, was quoted in the *Wall Street Journal* as saying, "The individual must realize that a perpetuation of the present system of high-cost, after-the-fact medicine will only result in higher costs and more frustration. The next major advance in the health of the American people will result only from what the individual is willing to do for himself."

It seems that two conclusions can be fairly drawn from my discussions with Dr. Dressler:

1. People over 40 should have an annual checkup, because it's at that age that medical problems most commonly begin.

2. Breast X-rays are valuable for women over 50, but between the ages of 35 and 50 are necessary only if a woman has indications, such as lumps or a history of cancer. (You should, of course, have your breasts examined annually by a doctor at earlier ages, without a mammography, and learn to examine yourself every month.)

As for the third question, being over-doctored, it seems to me to be entirely a question of common sense. If, as Dr. Dressler points out, you are seriously worried about your health, need reassurance, and can afford it, why shouldn't you have a checkup? After all, it's surely a very simple way to obtain—at least as far as health goes—peace of mind. ■

BEAUTY AND HEALTH PRODUCTS NEW THIS MONTH IN THE STORES

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Continued on page 54



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New beauty products in the stores

continued from page 52

merest amount on a sh der, behind a knee, at wi bosom is enough. D waste it by dabbing bel an ear lobe—it'll only away behind you. One ou $50; half-ounce, $30; q ter-ounce, $18.50. And t are many sizes of Eau Toilette and Parfum de lette. At Bloomingda Marshall Field; Bullo Wilshire.

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YOUR FAMILY'S NUTRITION

Say cheese!

Useful comparisons of the nutritional value of milk, meat, and cheese, and some healthy and savory cheese recipes

By Eloise R. Trescher, RD

When Samuel Johnson wrote, "The great source of pleasure is variety," he was describing cheese aptly. There are well over 400 varieties and the U.S. Department of Agriculture has indexed more than 800 names of cheese.

All cheeses are made by coagulating milk, either whole or skimmed, extracting the whey, the liquid part of milk, and preserving the curd, or the solid parts of the milk. The distinctive flavor and texture of cheese is determined by the action of yeast, molds, bacteria, acidity, time, and the temperature that is employed in the treatment of the curd. Roquefort, for example, gets its blue marbled veins and sharp flavor from penicillin mold.

Although the first dairy cows arrived in America at Jamestown, Va., in 1611, it was not until 1851 that the first cheese factory was started in Rome, N.Y. Today it is estimated that one-fifth of the milk produced in this country is made into cheese.

Here are some of the better known cheeses, divided into hard, soft, and semisoft categories.

HARD

Name	Basic ingredient
Asiago	Cow's milk, whole or partially skimmed.
Caciocavallo	Goat's or cow's milk, whole or partially skimmed.
Cheddar	Cow's milk, whole.
Colby	Cow's milk, whole.
Edam	Cow's milk, partially skimmed.
Gjetost	Whey from goat's milk.
Gouda	Cow's milk, partially skimmed, but more fat than Edam.
Gruyère	Cow's milk, usually partially skimmed.
Parmesan	Cow's milk, partially skimmed.
Provolone	Cow's milk, whole.
Sapsago	Cow's milk, skimmed and soured, plus buttermilk and whey.
Swiss	Cow's milk, partially skimmed.

SOFT

Name	Basic Ingredient
Bel Paese	Cow's milk, whole.
Brie	Cow's milk, whole.
Camembert	Cow's milk, whole.
Cottage	Cow's milk, skimmed; cream dressing may be added.
Cream	Cream and cow's milk, whole.
Limburger	Cow's milk, whole or partially skimmed.
Neufchâtel	Cow's milk, whole.
Ricotta	Whey and whole or skim milk, or whole or part skim milk.

SEMISOFT

Name	Basic ingredient
Blue	Cow's milk, whole.
Brick	Cow's milk, whole.
Gorgonzola	Cow's milk, whole, or goat's milk, or mixture of these.
Monterey Jack	Cow's milk, whole.
Mozzarella	Cow's milk, whole, or partially skimmed.
Münster	Cow's milk, whole.
Port du Salut	Cow's milk, whole or slightly acid.
Primost	Whey with added buttermilk, whole milk or cream.
Roquefort	Sheep's milk.
Stilton	Cow's milk, whole with added cream.

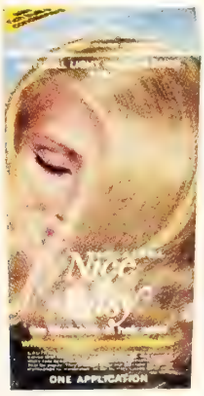
From "Newer Knowledge of Cheese": The National Dairy Council

Cheese is a good source of high quality protein and calcium, but different cheeses contain different amounts of these nutrients. Cheese made from whole milk contains fat and vitamin A. Cheese made from skim milk contains little of these two nutrients. All cheese is low in carbohydrate, as this nutrient is lost with the whey. Many of the vitamins of the B-complex are lost in the separation of curds from whey, yet some may be synthesized in the ripening process.

For a kitchen pinup, the simple chart on page 62 compares the nutritional value of milk, meat, and cheese. *(Continued on page 60)*



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Say cheese

continued from page 58

For healthy people, cheese (except cream cheese) is an excellent protein substitute for meat, fish, eggs, or poultry. If you feel like exchanging protein in your diet, 1 ounce cheese of the Cheddar type, or ¼ cup cottage cheese, approximates 1 ounce lean meat, fish, or poultry (cooked weight), or 1 egg.

Cheeses are relatively rich in calcium (except for cream cheese, cottage cheese, and Camembert), whereas meat, fish, and poultry are all low in calcium, unless one chews the bones. So are eggs, unless one eats the shell (a benefit that would be canceled by the damage to your digestive system!). Most fish, shellfish, young chickens, calf's liver, sweetbreads, and cottage cheese are low in fat, while pork, beef, sausage, lamb, and cheese (except cottage) are high. The wise person includes a wide variety of food in his diet in order to ensure nutritional adequacy.

You can substitute cheese for other foods in your diet as often as you like, but you must be sure of the nutritional value. Remember, the harder the cheese, the lower the moisture content and the higher the calorie value. Cheese is also a good substitute for milk, but only in protein and calcium. As the types of cheese are so varied, I have listed below the significant nutrients in *1-ounce* portions of selected cheeses.

The flavor of cheese is enhanced by warming it to room temperature for at least an hour before serving. Before a dinner party, bring out the cheese at the same time that you do the wine. Cheese should be cooked at low temperatures, only long enough for the cheese to melt. At high temperatures it becomes tough, rubbery, and stringy, and the fat may separate from the curd.

Cheese may be kept in the refrigerator for several weeks, and in the freezer 2 to 12 months. For the refrigerator or freezer, cheese should be wrapped tightly in moisture-proof material to exclude air and prevent drying out. Transparent freezer wrap is a good choice. Hard cheeses freeze well in ½- to 1-pound packages. Only fast freezing is recommended; slow freezing results in a crumbly product when thawed. To thaw frozen cheese, leave it in its wrapper, place in the refrigerator, and allow to thaw slowly.

Mold that forms on cheese is harmless, and may be scraped off if it has not penetrated the fissures in the cheese. If cheese has dried out, grate it and use for cooking.

Continued on page 62

Type of cheese *Significant nutrients in 1-ounce portions*	**Water** *Percent*	**Food** *Energy calories*	**Protein** *Grams*	**Fat** *Grams*	**Carbohydrate** *Grams*	**Calcium** *Mg.*	**Phosphorus** *Mg.*	**Iron** *Mg.*	**Sodium** *Mg.*	**Potassium** *Mg.*	**Vit. A** *Value International units*
Blue or Roquefort	40	104	6.1	8.6	.6	89	96	(.1)	—	—	350
Brick	41.0	105	6.3	8.6	.5	207	129	(.3)	—	—	350
Camembert	52.2	85	5.0	7.0	.5	30	52	.1	—	31	290
Cheddar (Domestic type)	37	113	7.1	9.1	.6	213	136	.3	198	23	370
Cottage Cheese (Creamed)	78.3	30	3.9	1.2	.8	27	43	.1	65	24	(50)
Cottage Cheese (Dry)	79	24	4.8	.1	.8	26	50	.1	82	20	Trace
Limburger	45	98	6.0	7.9	.6	167	111	.2	—	—	(320)
Parmesan	17	132	12.1	8.7	1.0	383	263	.1	247	50	(360)
Swiss	39	105	7.8	7.9	.5	262	160	.3	201	29	(320)
Pasteurized process cheese American	40	105	6.6	8.5	.5	198	219	.3	322	23	(350)

Legend: Values in parentheses denote imputed values.
Dashes: Denote lack of reliable data for a constituent believed to be present in a measurable amount.
Source: Nutritive Value of American Foods in common units. U.S.D.A. Agriculture Handbook No. 456, November 1975.

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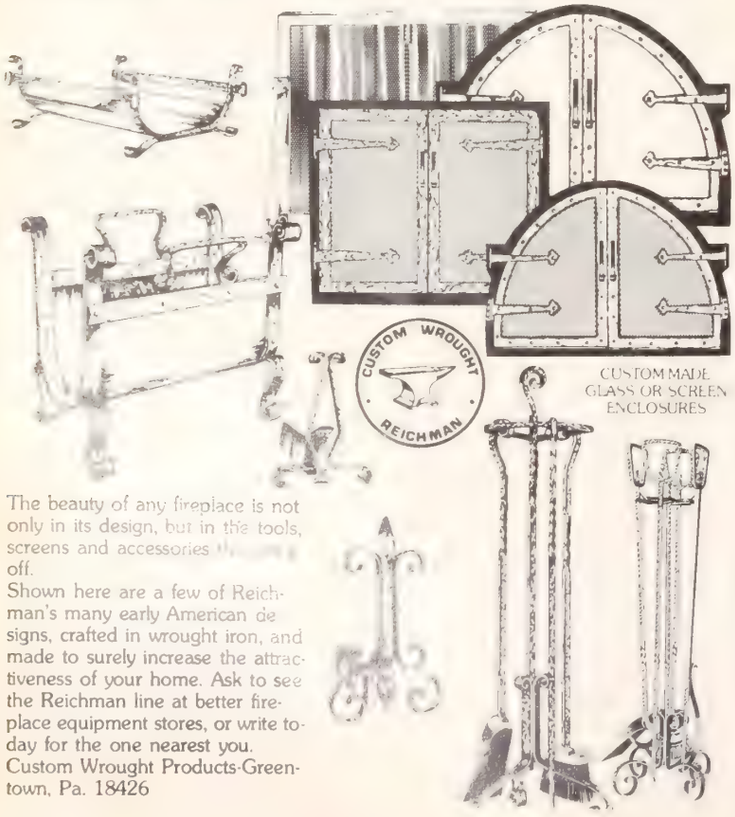


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YOUR FAMILY'S NUTRITION

Say cheese *continued from page 60*

Here are three delicious recipes for different times of your day—a breakfast dish with a touch of cheese, an easy do-ahead lunch dish, and some delightful hors d'oeuvres.

Steven De Baun's Scrambled Eggs on Cheese Toast

½ cup finely grated processed American cheese
1 teaspoon paprika
¼ pound butter
8 slices toast, crusts trimmed off
Scrambled eggs

Mix cheese, paprika, and butter. Spread liberally on halved toast slices. Prepare scrambled eggs (1 tablespoon water to each egg, salt, and pepper) and spoon on top of toast.

Mrs. Richard Buck's Cheese and Tomato Puff

sharp cheese, sliced
tomatoes, sliced
mayonnaise
Worcestershire sauce
eggs
crisp bacon (optional)

In individual ramekins, place first a slice of cheese, then a tomato slice well spread with mayonnaise and a dash of Worcestershire. Repeat layers until you are within 1 inch of top. (It is important to leave room at the top, as the puffs will expand slightly when baked.) Then place a whole raw egg on top and let white of egg seep down through layers. Top with another slice of cheese and crumbled bacon. Place in medium oven for 20 minutes, or until egg is cooked and cheese melted and browned.

This can be prepared ahead of time, except for adding egg and the remaining bit of cheese and bacon at last minute and heating.

Mrs. John M. Young's Cheese Mold

1-1½ cups cream cheese
¼ cup Roquefort cheese
2 tablespoons brandy or sherry
beef extract*
2 envelopes gelatin
toasted almonds

Combine cheeses and mix until very smooth, then add the wine. Half fill a melon mold with beef aspic (made with a good beef extract combined with 2 envelopes of plain gelatin or 2 cups of water). When this has congealed around the sides of the mold, remove the liquid center and fill the cavity with the cheese mixture. Pour the rest of the beef aspic over this and chill the mold in the icebox. When the jelly is thoroughly congealed, turn it out on a platter and surround with crackers. Press toasted almonds in the top of the mold (porcupine fashion) as a garnish. This is especially nice for a large cocktail party where guests help themselves.

*The aspic may also be made with 2 10½-ounce cans beef bouillon and 2 envelopes of gelatin.

From the United Dairy Industry

Nutritional values: A comparison

Food	Amount	Protein	Fat	Calcium	Calories
		grams	*grams*	*milligrams*	
Whole milk	1 cup	9	9	288	160
Skim milk	1 cup	9	trace	296	90
Cheddar cheese	1 ounce	7	9	213	115
Cottage cheese creamed	½ cup	16	5	115	130
Cream cheese	1 ounce	2.3	11	17	108
Lean meat	3 ounces	21	15 or more	9	219

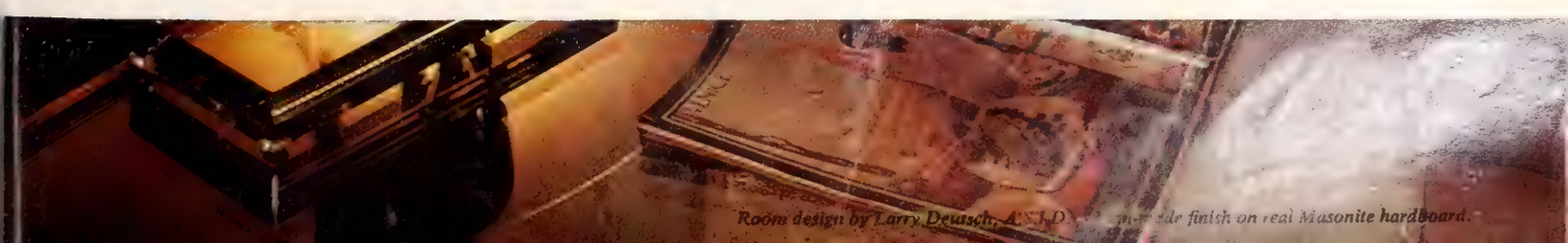
From U.S. Government Home & Garden Bulletin, No. 72, January, 1971



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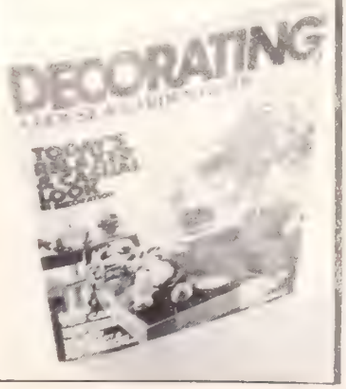
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A GREAT AMERICAN IDEA

CELEBRATING THE 1976 BICENTENNIAL

The stargazer's gazetteer

You and your family can look through giant telescopes and enjoy free astronomy programs at observatories all over the United States

By Elin McCoy

Looked at the stars lately? These days it's not just boy scouts, sailors, and astronomers who do it—psychiatrists, industrial tycoons, and rock guitarists are looking up, too. In Tucson, Ariz., stargazing capital of the United States, the city's lights are dimmed at night so that everyone can stargaze. You may not be a star buff now, but looking through a big telescope is sure to convert you. It's a tremendous, mind-expanding show—and it's free.

If you think that only Carl Sagan gets to see the polar icecaps on Mars through a huge telescope, you're wrong. All over the country, research instruments, including some of the largest, multimillion dollar telescopes, are available for public viewing sessions a few hours a week. Even amateur astronomers who spend hours nightly gazing upward with their own modest, backyard equipment write away for tickets to look through the really big ones—at McDonald Observatory in Fort Davis, Tex., for example, there's usually a several months' waiting list of people who want a peek through its giant 82-inch reflector.

Most people are surprised to learn that there are hundreds of places across the country where the public can look through a large telescope. In every case, the telescope will be either a refractor (what most people think of when they think of a telescope—essentially an enormous spyglass) or a reflector (a telescope employing a large, sometimes huge, curved mirror to gather light). The diameter of the main lens or mirror of a telescope is commonly given as its size; the larger the size, the more light can be gathered, and the more precisely faint objects can be seen.



Dearborn Observatory at Northwestern University houses two telescopes.



Telescopic view of the moon.

Typically, a viewing session will focus on one to a half-dozen or more of the most interesting "celestial objects." Photographs obtained by lengthy time exposures or planetary probes like the Viking mission do offer views of stars and planets unobtainable by any other means, but there is nothing like the impact of actually *seeing* the stars or planets glowing against the infinite darkness of space. A viewer's usual comment about a sight such as the Hercules Cluster is a breathless "wow!". Saturn's perfect rings invariably provoke surprise that the planet could look as spectacular as it does in photographs.

The unique experience of looking through a window on the universe has been made available to the public by many colleges and universities for years. As a community service, their astronomy departments have traditionally offered observatory open house, viewing programs, and lectures, as have a number of large research observatories. Visiting an observatory is a chance to see where and how astronomers work to unravel such mysteries as black holes, quasars, pulsars, and the question of extraterrestrial life, and is one of the few direct glimpses available into scientific research that is reshaping our vision of ourselves, our earth, and the vast universe beyond.

Despite the fact that few are advertised, observatory viewing programs are extremely popular.

Other signs point to solid interest in the stars: The circulation of amateur astronomy magazines is growing, star guides and telescopes are selling briskly, and "star parties" are popular even in cities (I attended a crowded one recently atop the World Trade Center New York City, sponsored Hayden Planetarium). While so people are content just to look the stars on a clear summer nig others are attracted by the fact t astronomy is one of the f sciences where the nonprof sional can make a serious con bution—observing variable st or discovering comets.

The observatories below are sampling of the wide variety facilities and viewing progra available around the coun There is no charge for any of programs. If one of these isn't n you, don't be discouraged; inqu at the nearest planetarium or at astronomy department of y local college or university. you're planning to take the ki remember that few children un 12 will be capable of really app ciating what they see, particula if they have to wait in line. W writing for tickets, reservations, further information, be sure include a self-addressed stamp envelope. *Always* telephone ahe if the weather is bad when you scheduled to observe. Viewings often cancelled in cloudy weath

THE EAST

Harvard-Smithsonian Center for Astro-physics.

Cambridge, Mass.

When open: Scheduled "o nights" during the fall and spri Friday nights during July a August.

Program: "Open nights" feat lectures by Harvard-Smithson staff, a film, and viewing. I these, reservations and tickets required. Open house during

Continued on page


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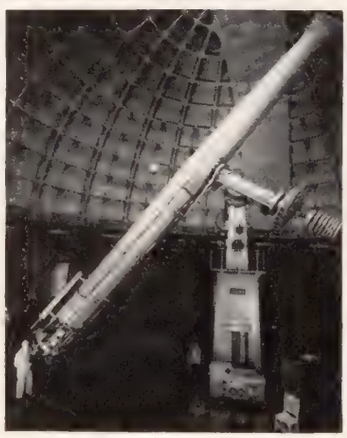
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Stargazer's gazetteer

continued from page 64

summer, no reservations required.
For information: For schedule and tickets, write Open Nights, Center for Astrophysics, 60 Garden St., Cambridge, Mass. 02138. For other information, call the Observatory at 617-495-7461.
Remarks: Viewing through a 9-inch reflector. The Center's 15½ inch refractor—at one time one of the largest in existence, known as "The Great Refractor"—is being refurbished and will also be used for viewing this season.

U.C. SANTA CRUZ LICK OBSERVATORY



Giant refractor at Lick Observatory in California.

Stamford Observatory

Stamford, Conn.

When open: May to October, Friday night from 8-10, and Sunday afternoon from 2-5 for solar viewing.
Program: Viewing of celestrial objects with astronomer. Open house, no reservation required.
For information: Write or call the curator, Charles Scovi, at The Stamford Observatory, 39 Scofieldtown Rd., Stamford, Conn. 06903 (203-322-1646).
Remarks: This delightful small observatory and its 22-inch reflector were built entirely by the Fairfield County Astronomical Society with materials donated by local industry. It is located at and operated by the Stamford Museum and Nature Center. Parking fee of $1 for Connecticut residents, $2 for nonresidents.

McCormick Observatory

Charlottesville, Va.

When open: First and third Friday of each month: 8-10 P.M. during the school year; 9-11 P.M. during the summer.
Program: General lecture by the astronomy faculty of the University of Virginia, including viewing four or five objects when weather permits. Open house, no reservation required.
For information: Write or call the Department of Astronomy, University of Virginia, Box 3818, Charlottesville, Va. 22903 (804-924-7494).
Remarks: Viewing through a 26-inch reflector.

Ruthurford Observatory

New York, N.Y.

When open: Every Friday night during the school year if weather permits; viewing begins one hour after sunset.
Program: Open house, no reservation required. About one hour of viewing with an astronomy graduate student assisting.
For information: Write or call the Astronomy Department, Columbia University, 116th St. and Broadway, New York, N.Y. 10026 (212-280-3278).
Remarks: Observatory is on the Morningside Heights campus at 120th St. and Broadway. Despite the urban setting, lunar and planetary views through the 12-inch refractor are excellent.

Loines Observatory

Nantucket, Mass.

When open: Wednesday nights during the summer months.
Program: Astronomy lectures and viewing. Evenings are hosted by undergraduate astronomy students from New England colleges who are doing summer research at the observatory.
For information: Call 617-228-9273.
Remarks: Loines is a good example of a small observatory in an unexpected location. Even people who frequently visit Nantucket don't realize there's an observatory on Milk Street extension. Viewing is through an 8-inch refractor.

THE MIDWEST

Dearborn Observatory

Evanston, Ill.

When open: Friday night from April to October. There are two viewings per night, 9-10 and 10-11.
Program: A viewing of selected celestial objects is conducted by an astronomy graduate student. Tickets must be obtained in advance.
For information: Write Dearborn Observatory, Northwestern University, Evanston, Ill. 60201 (312-492-7651). Tickets are available on a first-come, first-served basis, but requests for specific dates will be honored if possible. As the program is popular, write well in advance. *(Continued on page 68)*

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A GREAT AMERICAN IDEA

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Stargazer's gazetteer
continued from page 66

Remarks: Visitors view objects through the famous 18½-inch refractor, built by Alvan Clark over a century ago. Clark was responsible for the flawless optics of the lenses of many of the famous large refractors in the U.S., and with the Dearborn lens, he discovered the first known dwarf star (Sirius B). Northwestern University also has the Lindheimer Astronomical Research Center on campus. This observatory, perched on the shore of Lake Michigan, houses 40-inch and 16½-inch reflectors. It is open on Saturday afternoon from 2 to 4 for tours only (no reservation required).

McDonald Observatory

Fort Davis, Tex.

When open: Last Wednesday night of every month, beginning one hour before sunset.
Program: Begins with a talk by a staff astronomer. A film is shown, and two or three celestial objects are then viewed. Space is very limited; reservations are necessary and the sessions are booked several months in advance.
For information: Write or call McDonald Observatory, Box 1337, Fort Davis, Tex. 79734 (915-426-3263).
Remarks: This research complex provides a huge 82-inch reflector for viewing—the largest telescope open to public viewing in the country. A tour of the facility's other telescopes, including its 107-inch reflector, is offered as well. The observatory is in a very isolated location on a 6,800-foot mountaintop about 200 miles southeast of the nearest large city —El Paso.

Behlen Observatory

Mead, Nebr.

When open: Two Friday evenings a month.
Program: Astronomy faculty and graduate student give a slide talk regardless of weather; includes viewing if weather is clear. Open house, no reservation required.
For information: Contact Prof. Edward Schmidt, Dept. of Physics and Astronomy, University of Nebraska, Lincoln, Nebr. 68588 (402-472-2788). Write for dates, time, and map (observatory is 35 miles from campus).
Remarks: Viewing through 8-inch and 30-inch reflectors. Program draws up to 200 people.

THE WEST

Griffith Observatory and Planetarium

Los Angeles, Cal.

When open: From dusk to 10 P.M. every clear night except Monday.
Program: An astronomer is present to answer questions, and if time permits at least three objects are viewed. Open house, no reservation required.
For information: Write or call Griffith Observatory, Griffith Park, 2800 Observatory Rd., Los Angeles, Cal. 90027 (213-664-1191).
Remarks: Viewing through 6-inch and 12-inch refractors. Griffith also maintains a Hall of Science and a well-known Planetarium, both of which are popular attractions.

Lick Observatory

Mt. Hamilton, Cal.

When open: Friday evening from late June to early September.
Program: Includes a talk on the history and observing program at Lick by the astronomer on duty; and viewing through several telescopes. Tickets must be obtained in advance.
For information: Write to the Visitor Program, Lick Observatory, Mount Hamilton Observing Station, Cal. 95140 (408-274-5061) stating first and second choices of dates and number of tickets required (up to six may be requested.) Write for tickets well in advance.
Remarks: One of the country's major astronomical research facilities, Lick has a fascinating history. It was initiated in the late 19th century by James Lick, an eccentric San Francisco millionaire, and given by him to the University of California. Lick gave his entire fortune to build a telescope more powerful than any then in existence, but never lived to see the 36-inch refractor finished. He is, however, buried in the cornerstone of the observatory (this year is the centenary of his death). Visitors in the summer program view planets and globular clusters through the famous 36-inch refractor, still the second largest in existence. A 12-inch refractor is also available. Those who are interested in seeing Lick's huge 120-

Continued on page 70


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Stargazer's gazetteer

continued from page 68

inch reflector in operation ca do so between 1 and 5 P.M. every day except holidays.

Sommers-Bausch Observatory

Boulder, Colo.

When open: Friday evenir during the school year.
Program: Viewing of variou celestial objects, including re quests if time permits. A grad uate or post-doctoral astron omy student assists. Limite to 20 people; reservations re quired. Often booked a wee or more in advance.
For information: Departmen of Astrogeophysics, Univer sity of Colorado, Boulde Colo. 80309 (303-492-8915
Remarks: Viewing throug the observatory's new 24-inc reflector. The observatory i located next to the university new Fiske Planetarium, an combined programs ar planned.

Kitt Peak National Observatory

Tucson, Ariz.

When open: Every day excep Christmas, 10 A.M.-4 P.M.
Program: Solar viewing only Two general guided tour daily, but many people simpl walk the self-guided tour Open house, no reservatio required.
For information: Write Kit Peak National Observatory P.O. Box 26732, Tucson Ariz. 85726 (602-795-8266)
Remarks: Tucson is the as tronomical capital of the world: Some 35 major re search telescopes are nearby and on Kitt Peak alone (about 52 miles from the city) there are 17. The National Observa tory is located at 7,000 feet and boasts the second largest telescope in the U.S., the 148 inch Mayall reflector. But the most interesting of its large instruments is the McMath, the largest solar telescope in the world. The Visitor's Cen ter at Kitt Peak Observatory has a scaled-down version of the McMath telescope that projects a direct image of the sun 12 inches across, so that visitors can safely observe our own star and its sunspots close up. Last year 85,000 visitors also watched the three major research telescopes being used (the big ones are in use 24 hours a day). ■



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GOING PLACES, FINDING THINGS

Washington, D.C.

Capital city sights evoke a strong emotional response from most Americans. For the best short trip, curb your passion to see it all

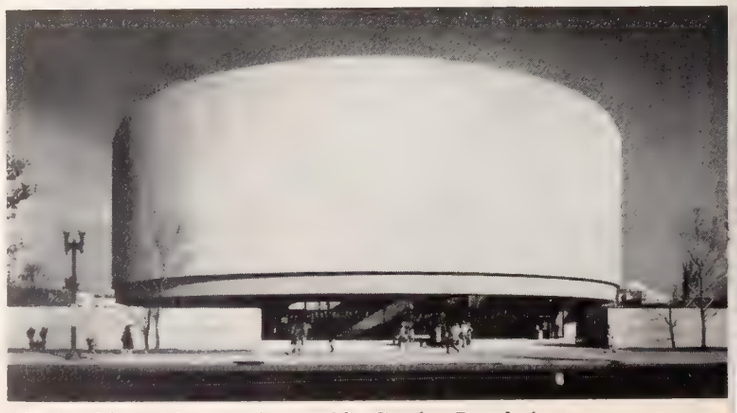
By Nancy Richardson

A city full of trees—a padding of green that softens the effect of so many white marble buildings. Access to Washington has the same pleasant look of the city itself. Coming into Dulles airport, you fly over the lush, rolling farmland of the Virginia Piedmont and claim your bags in Eero Saarinen's beautiful, contemporary terminal. For Europeans this looks like the America of dreams. Modern architecture at its best, placed in the middle of green fields. Domestic flights come into National Airport. A 10-minute drive from Capitol Hill. A drive that takes you over the Potomac on any one of the several bridges, right into the green expanses of the Mall or under the shadow of the Kennedy Center. The Metroliner arrives at Washington's Union Station, which stands practically under the shadow of the Capitol. The station, arousing memories of luxurious Pullman car travel, exemplifies an era when railroad stations were the best classical architecture in any town. Its central pavilion, a huge arched space inspired by the Arch of Constantine, makes as lofty a waiting room as the Beaux Arts era produced. The first link of Washington's new clean subway starts here and brings you to the surface on Connecticut Avenue where there are major downtown shops and hotels.

Washington is all very accessible; the public is invited to poke around everywhere, to have an opinion on everything, to write a letter to a congressman or the President and get an answer. To get close to the founding myths of America. People coming to Washington are looking to touch "liberty," to have a seat on "democracy," to see a "right" up close under somebody's microscope. Those experiences are there to those who proceed with their physical and intellectual antennae up and twitching. The point is to go over Capitol Hill with a fine-toothed comb, wander over every inch of the Mall, pester the White House guide with questions, and glory in the city lit up at night. Since there's so much to see besides the invisible intangibles, I've taken an arbitrary handle on the horn of plenty and poured out things that any child would want to see, usually a fresh enough way to have a good time, plus whatever Ada Louise Huxtable has looked at in either love or scorn. It's a question of experiencing national mythology through architecture. And lots of architects have fallen on their faces in awe of the requirements. That's the fun of it. An over-view of the

Continued on page 74

Go over Capitol Hill with a fine-toothed comb, wander over every inch of the Mall, pester the White House guide with questions, and glory in the city lit up at night



The Hirshhorn Museum designed by Gordon Bunshaft.

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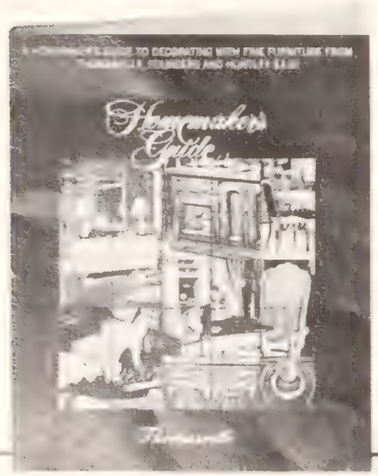
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Don't fail to visit both the Senate and the House. The physical appearance . . . gives immediate clues to the purpose and function of each

Washington, D.C.

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city's layout and its history will order the part of the city where you're apt to spend the most time.

It was a Frenchman, Major Pierre Charles L'Enfant, a volunteer in the revolutionary army and a friend of George Washington, who came up with a wheel layout and a low skyline for the new capital city. Thomas Jefferson favored a gridiron plan, but L'Enfant found that idea tiresome and unsuitable. He had Paris in mind. An imperial administrator when it came to his vision, L'Enfant was finally dismissed for riding roughshod over people and structures in realizing his dream. His legacy to the city is the monumentality of its layout. And a layout was all there was for a lot of the 19th century when cows roamed the Mall and several of the grand avenues went through swamps.

Washington sits on a low plateau surrounded by hills, the Potomac, and another smaller river. L'Enfant geared his plan to the site. The center of the composition is the Capitol, which sits on a flat-topped rise overlooking everything. A pedestal waiting for a monument, according to L'Enfant. The spokes of the wheel, major boulevards linking the Capitol to the Washington Monument and the White House, radiate from it. These street-spokes divide the city into quadrants: northwest, southwest, etc. Since each section has streets named for numbers and letters, you must know whether you are northwest or southwest in order not to get lost.

Start with the Capitol. To see it afresh, you need to wipe out its familiarity as a symbol of government. Almost every state in the union has copied it for some of its state buildings. What familiarity can't dull is its size and the view of the city it commands. The west front (actually the back of the building) looks straight down the Mall. The view chills its natural grandeur. Even the huge buildings that line the vista have a pleasing scale from here.

The Capitol started off on a tiny scale in sandstone, was burnt by the British in 1814, and had picked up a lot of square feet in marble by 1820. During the Civil War years, it reached its present size and plan —a large dome over a central rotunda with two large wings on either end that run perpendicular to the central axis. In 1875, Frederick Law Olmsted devised terracing to move down the hill from the west front to keep the building from appearing to teeter on its high pedestal. The statuary hall and the rotunda—except for the wonderful huge canvases by John Trumbull of events during and after the Revolution—were slightly disappointing, perhaps more patriotic than anything else. The infectious vitality of the Capitol generates out of both its wings.

Don't fail to visit both the Senate and the House. The physical appearance of the chambers and their members gives immediate clues to the purpose and function of each. The Senate Chamber seems small, full of leather, mahogany, and chandeliers. The antechambers glimpsed through the many doorways that lead out of the chamber are elaborate and European. The senators seem very near—even from the balcony. They move gracefully and are well-dressed as a group. One realizes that most of their faces are familiar, since television has made them into newsstars. The press has wonderful seats in the balcony and an entire working area the size of a city room off each house. They are, by, allotments of so much physical space in the Capitol, as written into the legislative process as is either house.

If the Senate is sexist and traditional, the House is the Elks Club. Noisy, relaxed, so much bigger. The members aren't so easy to recognize. But then there are two senators from New York, for example, and 41 representatives. There are no women senators now but about 18 women in the House of Representatives. The House is plain, democratic, and functional. They chose brown as their color.

Nineteenth- and twentieth-century Washington sit side by side all over official Washington. Successes and mistakes date back to the beginning when with L'Enfant's plan and everybody else's approval, 19th-century classicism set the stage for happy and unhappy buildings to come. The problem of architects today has been to keep the classical feeling—the scale, the marble, the high-mindedness—and do it for today. The amount of new building in the last 10 years is staggering and many architects have chosen the wrong swagger. One hears that local people don't even know or care enough not to like what's bad. Regarded as controver-

Continued on page 76

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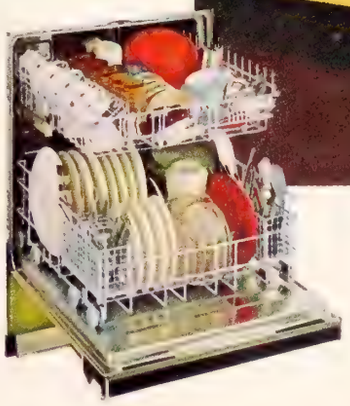


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Washington, D.C.

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sial are the Hirshhorn Museum and Sculpture Garden, the Kennedy Center, the Watergate complex next to it, the J. Edgar Hoover building, the Rayburn office building, and others. Standing on the terrace of the Capitol's west front, I found it easy to see why the circular Hirshhorn is described as a bunker or doughnut. For one thing, it's done in sandstone, not marble. Decide for yourself if the building is friendly to the art (paintings are inside—sculpture in the courtyard and across the street in the garden). Does it make any difference that there are no windows on the outside of the museum? (The inside of the circular space is mostly glass.) Does the vastness of the Mall itself overwhelm even large Rodin casts, such as Balzac or the Burghers of Calais? What about the placement of this big shape next to the tidy dimensions of the fairy-tale red brick Gothic home of the original Smithsonian that sits just over the fence?

Through these clear, dark glass hangars one can see 50 years of flying machines like so many bumblebees flying in formation

Up the Mall from the Smithsonian and the Hirshhorn is the new Air and Space Museum, a progression of white, windowless, marble blocks several stories high, connected and separated by huge sections of bronze glass. Through these clear, dark glass hangars one can see 50 years of flying machines strung up like so many bumblebees flying in formation. The view into these museum hangers is especially effective from the top of the step leading up to the National Gallery directly across the Mall. A Beaux Arts building designed by John Russell Pope and completed in 1941, the National Gallery was the last Beaux Arts palace built along the Mall and probably the best, though at the time it was built it was criticized for not being modern enough.

Separated from Pope's white marble palace by Fourth Street is an odd, trapezoidal plot of land formed by Pennsylvania and Constitution Avenues as they converge on the Capitol. Here, nearly complete, is what Ada Louise Huxtable described as a "great building for all time" when she saw the plans in 1971. Her lead that Sunday in July gives an idea of what a New York critic thinks of recent Washington architecture "Washington is finally going to have a good 20th-century building." Breaking down an awkward trapezoid into two sleek triangles aligned to fill the space, I.M.Pei manages to mimic the principles of neoclassicism while building a modern building that has a lot of glass, levels, and towers. In height, in axis, in symmetry, and in a similar white marble, old and new conform. A maple plaza connects them and underneath it a large concourse is lit by skylights that work like sculpture of the surface. This fall the restaurants in the concourse will be open, and, with the help of the people who conceived Zum Zum and Four Seasons in New York City, will add good food to its list of excellences.

If your walking tour of Capitol Hill and the Mall turned out to be a hike, you'll be relieved to find that a block is still just a block around the White House. This is one of the most charming parts of official Washington. You'll find yourself feeling that the White House is a place you might comfortably live in, and so is Blair House, and so are a lot of the other town houses across the street.

The grass at the White House is so perfect that my first desire was to walk through it barefoot. The texture is even, it looks soft to the touch, and it's not cropped close like a putting green. A real prototype of a lawn. The earth also smells fresh here on Pennsylvania Avenue especially after things have just been watered and the driveway hosed to clear off fallen leaves. There are lots of big trees: elms, little leaf linden, all sorts of oak, magnolia, all grown tall and bushy. In comparison with early pictures of the White House looking rather bare and bolt upright, today the gardens and the grounds fully balance the house itself. It is an American country house with Palladian parts. More than that, it is a well-groomed, slightly Southern place on a larger scale than what most prosperous grandmothers have as a setup. Interestingly, for me at least, it exuded a tranquility that's usually the genius of dowagers rather than politicians.

Two Presidents who had worked out this same feeling of well-being in their own houses were Washington and Jefferson. Washington chose and surveyed the site for the White House, and planned for porticos, pavilions, and a third floor to be added later. Jefferson designed underground wings reminiscent of Monticello, which weren't used finally. He also chose

Continued on page 78

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GOING PLACES, FINDING THINGS

Breezes come off the river night and day giving the feeling that the Kennedy Center is really a large white barge churning upstream

Washington, D.C.

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Benjamin Henry Latrobe, an Englishman already at work elsewhere in the new Capitol, to do more work. It was the Monroes who were the first to live in the White House after the British burned it and it was rebuilt. Like Jefferson, they were fond of French furniture and brought it into the White House. On the first floor, three smallish sitting rooms decorated in American and French Empire colors and furniture make a corridor between the two large rooms on either end. One is the state dining room, which was enlarged by McKim, Meade and White for Theodore Roosevelt. The other, the East Room, done in white and gold, is the largest, and runs the width of the house. One can understand why the people on the tour feel the house belongs to them. The ceilings are high, but none of the rooms is intimidating. Their decoration makes a digest of American taste. In general the best architects and decorators had a crack at updating as administrations came and went. That some presidents had more talent for living than others is the democracy of it.

One reason the White House looks as if it's on so much land right in the center of Washington is that Lafayette Park fills a square directly across Pennsylvania Avenue. It's a pleasant place to sit and look at the front of the White House from a short distance—it's impossible to get a good look from a car, and loitering in front of the wrought-iron fence is regarded as suspicious behavior. But just across the street peeping is legitimate sport. It may amuse some people to see if the Fords keep the window shades in their living quarters at the same height from room to room. They don't. The park is the center of a several block area where human scale dominates the monumental. Rimming the park are house-houses and office-houses, some Federal, some in the Federal style, some modern versions still in brick. None is thick or wide or more than 6 stories. The Hay-Adams Hotel (right out of the row of old-fashioned hotels along Lake Geneva) and Saint John's Church, once a tiny perfect Greek cross shape by Latrobe, top the square. Around the corner along Pennsylvania Avenue is the high-stooped Blair House. Its beautiful wrought-iron fence protects beds of hyacinth whose scent lingers for the length of the block up to the red brick Renwick Gallery with its wonderful staircase. From the door of the Renwick one sees the old Executive Office Building on the White House's west flank. Recently it contained the offices of John Dean, E. Howard Hunt, Charles Colson. Room 16 in the basement was used by the Plumbers, who planned the raid on Ellsberg's psychiatrist's office. It is not open to the public.

The Sans Souci is 50 yards away. People in Washington make a big fuss over this restaurant. Perhaps since it makes almost another government cafeteria—grandluxe French grade—by being so close to the Executive Office Buildings, old and new. This means government bigwigs come often for lunch, which in turn attracts press bigwigs, and goodlooking women, often principals themselves. The action is the people—32 tables with a seating capacity of 110. And at lunch time almost half have standing reservations. Paul, the maître d', is treated with slavishness by his customers as is necessary when the demand so far exceeds supply. The room itself is quite charming, with green leather banquettes; the main area is several steps down so that one sees the whole restaurant and all the people in a moment as one comes in. The day I went, Nancy Kissinger, Clifton Daniels, and Barbara Walters had pinned down the most important tables. Go late or very early for lunch and you might get a table, or try dinner when the competition cools off.

A 3-minute drive from the White House puts you under the shadow of a massive center for the performing arts that was finished in 1971 and made the critics (and not just the critics) rage and wring their hands. Edward Durrell Stone's Kennedy Center is just huge. Big enough for three theatres under one roof. And reviews aside, the place is full all day long with people eating at the restaurants, going to movies, matinees, and to all of the theatres at night. It's clearly a center that Washington starved for. On warm sunny days racing shells ply the surface of the Potomac like waterbugs. The opposite bank and the shrubbery island wedged somehow in midstream are green and attractively overgrown. Breezes come off the river night and day giving the feeling that the Kennedy Center is

Continued on page 80

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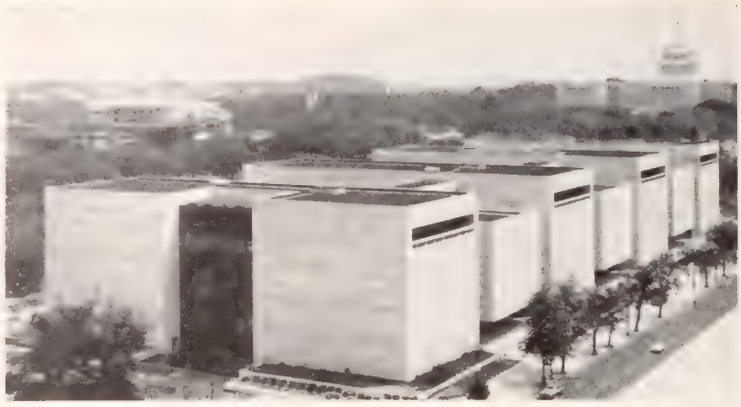
*Prices higher in Alaska and Hawaii.
**West Coast King size, 1242 coils, 72" x 84".

Washington, D.C.
continued from page 78

With Watergate sights on the brain, you hit the bonanaza of all. You can actually tour the Washington Post

really a large white barge churning upstream against wind and current. The terrace and promenade on the riverside with all the potted trees provide wonderful places to wander at intermission. It may remind you of Mussolini-bigness, but there is, in fact, something stirring about the place. You will like being there.

If you stay at the Watergate Hotel next door, you can wake up to a view of the river and be in walking distance of the best of what's going on in Washington at night. Keep an eye on the Center's little movie theatre which runs wonderful old films. The Watergate complex is a group of interlocking curved structures along the river with levels, fountains, pools, waterfalls, lawn, terraces, and a



Air and Space Museum by Gyo Obata of Hellmuth, Kassabaum, Obata.

mixture of shops that range from Gucci and Saint Laurent to the Safeway. There are also condominium apartments, restaurants, the hotel, and lots of underground parking. It's a pleasant light-hearted place to be and if your hotel room has a kitchen, as many do, you can buy fresh vegetables at the Safeway and bring them upstairs to steam yourself. An office building abuts the hotel and on the 6th floor is a suite of offices the Democratic National Committee used to rent. You see what it looks like in *All the President's Men*. The suite has new occupants and the management has promised to keep tourists away. With Watergate sights on the brain, I soon hit the bonanza of all.

You can actually tour the *Washington Post*. It occupies an entire block at 1150 Fifteenth Street, N.W. and fronts up to the Madison Hotel Coffee Shop, which gives an idea of the section of town it's in. A huge linotype machine, painted red, sits like sculpture at the main door. Upstairs the offices are as attractive and trendy as rich New York ad agencies. There's good-enough contemporary art on the walls. The city room is divided into an acre's worth of space with sections of desks in Marimekko-clear colors. It would be too cute if National news were all yellow and Metro all red. It's not cute. Traditional reporter sloppiness flourishes but is contained. The later in the day and closer to deadline you go the more action there will be in the city room. The last tour is 4 P.M. If you go in the morning, it will be easier to follow how the new cold-type system of printing the paper will take a two-finger typist-reporter and make him into a computer programmer working on an electric typewriter with a TV screen on top. These "video display terminals" are the new machines reporters write on, where the copy comes up in green lights instead of smudgy black letters. This typewriter has a computer memory. Traditionally a newspaper has been printed by a linotype process—letters individually cast in molten lead. The new system will be cold not hot with the final process being the etching of an entire page from a video-copy in the memory of a computer.

The cult of a charming, narrow-fronted—possibly Federal, often Victorian—house on a tree-lined street in Georgetown has a firm hold in the minds of Washington residents. Perhaps because anyone working in a huge marble mounment during the day grows to prefer a smaller scale at home. But

Continued on page 86

The new Early American collection from Case gives you a beautiful feeling of the good old days. And it lets you enjoy the same painstaking craftsmanship that Case has been putting into knives for more than a century.

For example, we put at least 75 hand operations in each one of Case's nine Early Americans. Notice how the tang extends the full length of the handle for extra strength. And how the handles are natural walnut for natural beauty, impregnated with acrylic to resist grease and moisture absorption.

And how the blades are glaze-finished surgical steel with edges as sharp as the edges we used to put on our straight razors.

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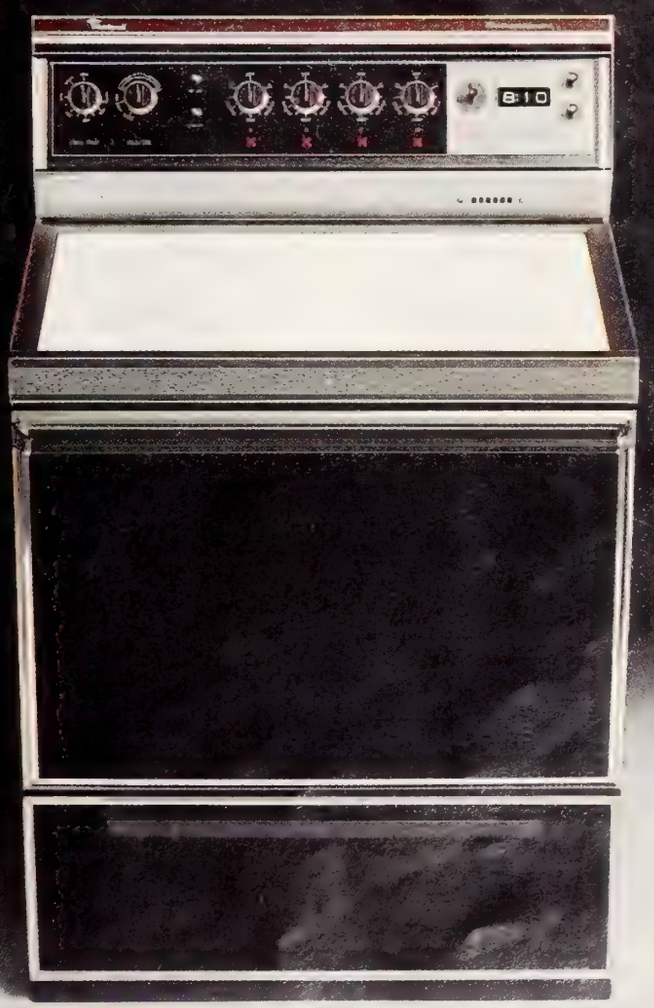
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We'll say it again. "Clean plus." That's what you get in a Whirlpool range.

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Washington, D.C.

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perhaps because Georgetown is also the residential center of a Washington that at the end of the day, or an administration, or a tour of duty, remains a very small town at its core. It actually has the feel of a resort, since so many people live there temporarily or for a few months out of the year. There are some marvelous little shops but few of big-city quality. It's the grocery stores and catering outfits that are so good and indicate that there's a lot of entertaining. Try the French Market for French everything—fruit syrups for drinks, cheeses, croissants, snails already stuffed with garlic butter and parsley, pork and veal pâté, praline fondant as a base for sweets. The atmosphere is straight out of the cheerful parts of *Gigi* with Maurice Chevalier wearing the butcher smock. Neams Market is also good and stocks Smithfield hams, which they'll send. The Boucherie Bernard, a butcher shop with black-and-white tile and stainless steel throughout, looks like a Valentino boutique. There's no mess and no odor since every piece of meat in the place comes from a restaurant supply place that freezes the best cuts at 50 below zero and vacuum seals them in special nylon bags. It's beautiful meat—the color is so fresh and perfect—so cosmetic because it was frozen so fresh and superfast. To look at the veal is to know what the term milk-fed means. Stop by on your way to the airport and take some home. It takes 4 to 5 hours to thaw.

Walk down the street to Le Sorbet and order a black currant (cassis) sherbert or papaya or cranberry and head out to the zoo. There's no missing the pandas. Go at feeding time, around 9 A.M. or 4 P.M. when Ling-Ling, the girl, and Hsing-Hsing, the boy, proceed leisurely through a pan of rice pudding, 6 carrots (they eat them two at a time, one in each fist), 6 apples, and, for salad, several bushes worth of bamboo shoots. They have wonderful manners, precise eating skills, especially when it comes to stripping the bamboo of its leaves and then eating the stalk section by section. In fact, they are almost a Cuisinart of apples, carrots, and bamboo—processing each as though it were no stiffer than a banana. They have a whimsical Pooh-bear presence about them—they're quite dignified but do some very effective Jack Benny deadpans from behind a leafy bamboo stalk. They have huge, dark, pussycat noses and Mickey Mouse ears. There's a booth where you can press a button and get a recording of the noises they make when they see each other or their keepers. The musk ox we sent to China couldn't possibly get as much mail as these two pandas get—much of it addressed to President Ford and forwarded to the zoo.



New East Building of The National Gallery of Art by I.M. Pei.

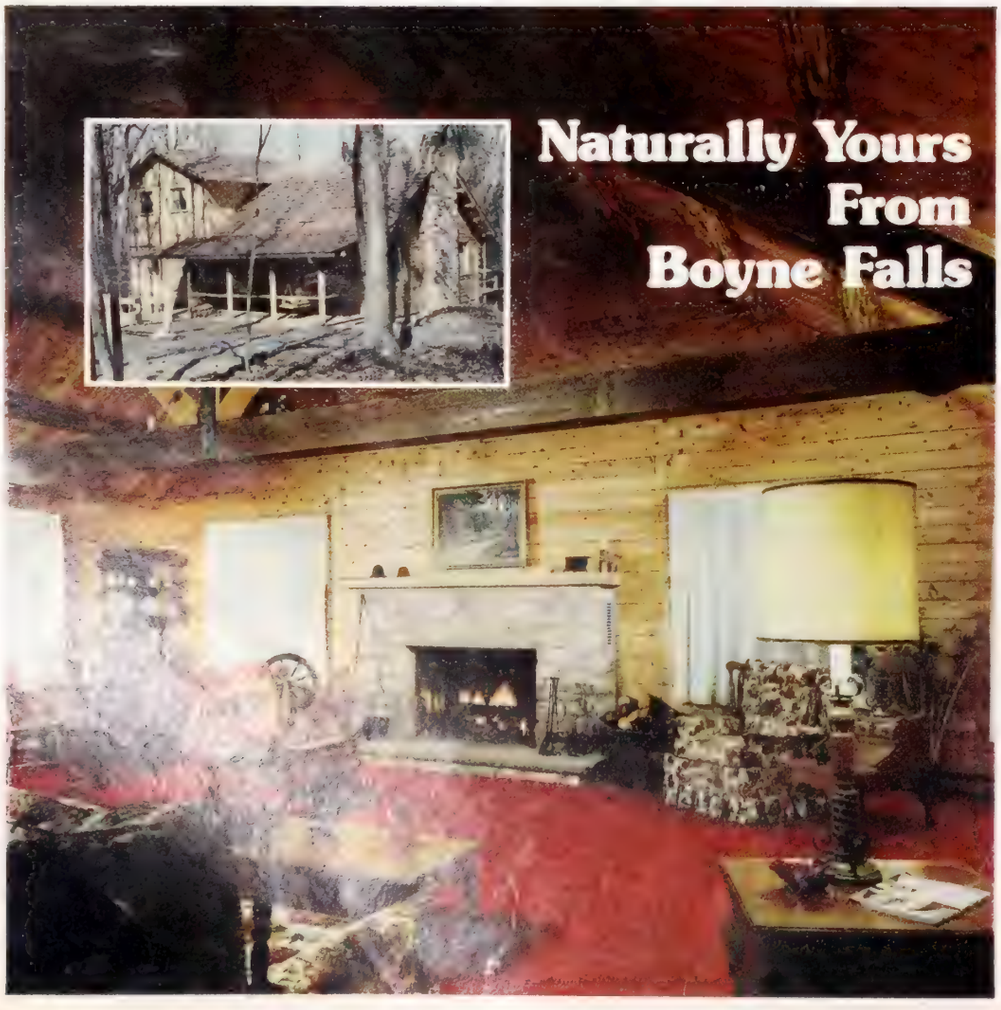
Washington's a question of experiencing national mythology through architecture

IF YOU GO . . .

The only way to go wrong on a short trip to Washington is to treat all the hundreds of museums, buildings, and monuments with equal interest. Choose a few things that really excite you and leave the rest for another time.

The best guide to have is a McGraw-Hill paperback, *The Washington Post Guide to Washington* ($3.95). This is a guidebook with a critical edge, which makes it amusing. The architecture critic, Wolf von Eckhardt, predigests an entire architectural buffet of buildings, periods, and styles for you. It makes good reading whether you go or not. There are three different sections on where and what to eat. The first is by the restaurant critic, Donald Dresden, who goes through the best from French restaurants to Chinese, giving clues to quality, service, and price. The second part tells how to have lunch in Washington, which ac-

Continued on page 92



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In fact, carpets of Enkaloft II are so durable, Enka covers them with a full five year wear warranty.*

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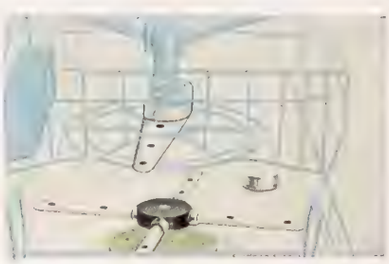
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The new KitchenAid Superba is a very thorough, very forgiving dishwasher.

That's because it has some very practical improvements that let anybody load it practically any way they want to and still get everything clean. Even pots and pans.



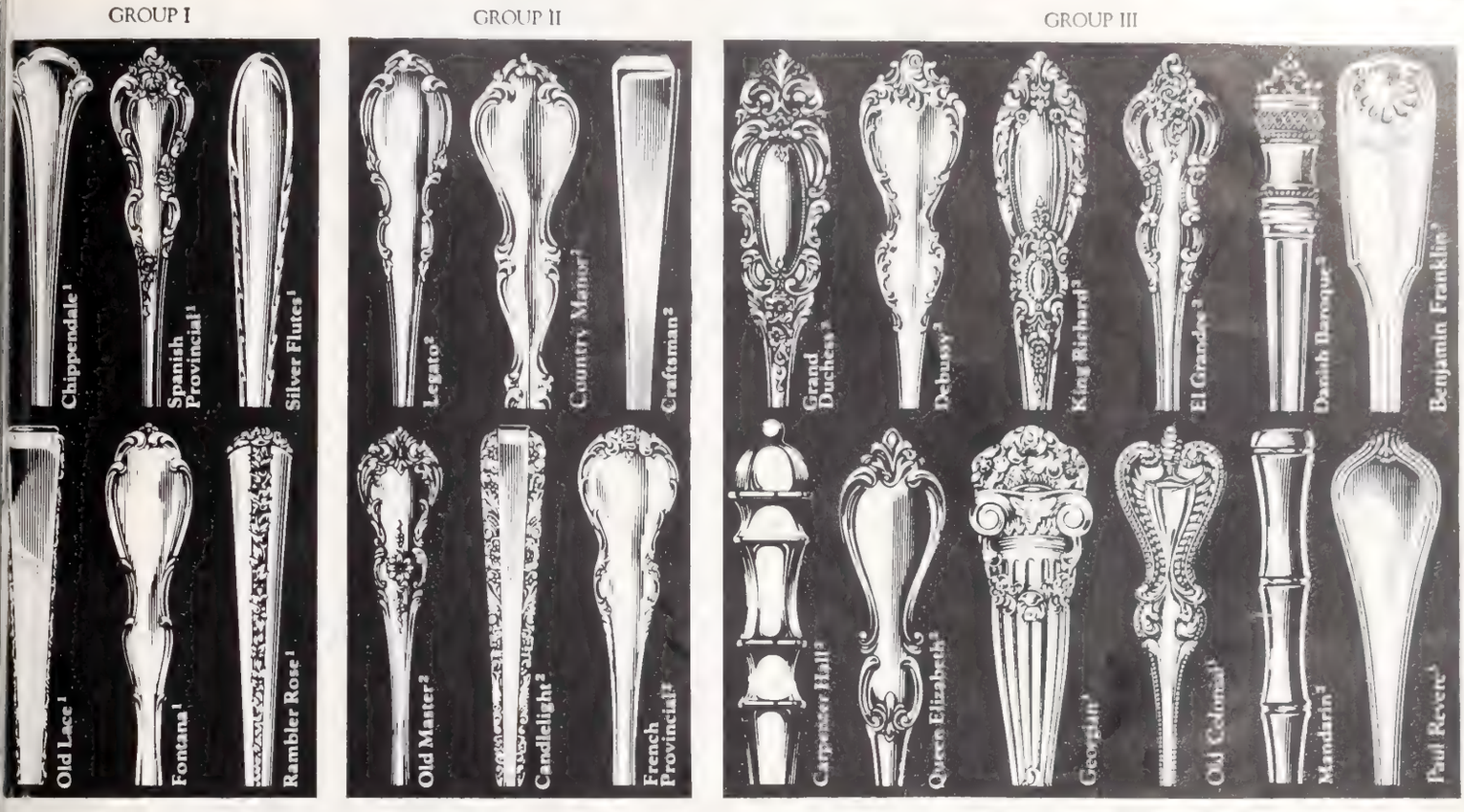
Load-As-You-Like washing, a series of improvements. These improvements are the basis for the new Load-As-You-Like washing system. They combine washing arms above and below both racks for all-around cleaning action, with an adjustable upper rack and fold-down prongs for easier loading. There's even a Soft Waste Disposer that eliminates the need for pre-rinsing, even on pots.



The new KitchenAid is even better. Loading a KitchenAid has never been easier, and cleaning with a KitchenAid dishwasher has never been better. You'll like it. No wonder people who own dishwashers say KitchenAid dishwashers are the best.

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EM	GROUP I Reg. Price	GROUP I 33⅓% Off Price	GROUP II Reg. Price	GROUP II 33⅓% Off Price	GROUP III Reg. Price	GROUP III 33⅓% Off Price
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ice Fork	35.00	24.50	39.00	27.30	45.00	31.50
ice Knife	32.00	22.40	36.00	25.20	40.00	28.00
lad Fork	32.00	22.40	35.00	24.50	40.00	28.00
ice Spoon	32.00	22.40	35.00	24.50	40.00	28.00
reader	21.00	14.70	25.00	17.50	30.00	21.00
d Bev. Spoon	27.50	19.25	31.50	22.05	36.00	25.20
ice Fork, Large	43.00	30.10	50.00	35.00	57.00	39.90
ice Knife, Large	38.00	26.60	43.00	30.10	48.00	33.60
ERVING PIECES						
utter Serving						
Knife (H.H.)	$ 26.50	$ 18.55	$ 29.50	$ 20.65	$ 33.00	$ 23.10
Cold Meat or						
uffet Fork	62.50	43.75	69.00	48.30	76.50	53.55
Gravy Ladle	62.50	43.75	69.00	48.30	76.50	53.55
ie or Cake						
erving Knife	32.50	22.75	37.50	26.25	42.50	29.75
ugar Spoon	31.00	21.70	34.50	24.15	39.50	27.65
ablespoon	57.00	39.90	65.00	45.50	73.00	51.10
ablespoon, Pierced	57.00	39.90	65.00	45.50	73.00	51.10
Hostess Set	296.50	207.55	332.00	232.40	371.50	260.05

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Shown here, The Expression Group™ — in brownstone, pewter, chrome. In colors and fabrics professionally designed to be compatible with anv room decor.

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Fine casual furniture — at better stores everywhere

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Washington, D.C.

continued from page 86

cording to book review Christopher Dickey, is apt t be at a government cafeteri Alka-Seltzer in hand. The are lists of restaurants ope late, or open on Sundays, an also a directory of cafés, sand wich shops, health food store caterers, ice-cream parlors.

The best way to see th Capitol and the Congress is t write your senator or repre sentative several weeks in ad vance. His staff can arrang for you to sit in on committe meetings or special hearing that go on in the morning be fore the more formal Hous and Senate sessions that begi at noon. The *Washington Pos* publishes the day's schedule The congressman's office ca also arrange for tours to othe points of interest around town If you'd like to stay near th Capitol, there is a new Hyat Regency Hotel two block away, complete with the sky light-roofed, garden-court lob by now almost a trademark o this hotel chain.

If you'd rather stay near th White House, the Hay Adam has some large, beautifu rooms that overlook the Whit House. One in particular, No 444, a large bed-sitting room has just been redone in flowe colors. The Madison Hotel o 15th and M Streets is perhap the best hotel, if your taste runs to its New York equiva lents, the Pierre and the Car lyle.

Washington is a curious city. As a company town for the government, it lacks the feedback of cities where gov ernment, the arts, and busi ness flourish by feeding on one another. But Washington has her own perfections, produced by a mixture of stimulation and gentleness that any visitor picks up. There are many sat isfactions here for those who want to come and search out the best. ■

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"We're 2,000 miles apart now, but still just as close."



Before I could tell time, I knew when my dad would be home from work. I'd be waiting at the window, watching for him to turn the corner.

When I was old enough, I'd run to the bus stop to wait for him. And we'd race each other to the porch, then sit on the steps and talk about everything from football to cowboys.

That part of the day was ours. Now, we're 2,000 miles apart, but I still get a kick out of sharing my day with him.

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HOME IMPROVEMENT IDEAS

For the house fixer

How to protect your house from winter winds, ready-made shades in custo[m] widths, a handy automatic thermostat control

AVOIDING THE DRAFT

By Deanne Raffel

Remember the chill last year in your drafty den on a blustery winter night? It is time to start preparing for frost and winter winds.

Take inventory of your house with cold drafts in mind—are there broken storm windows, cracks around exterior doors, air conditioners with gaping air holes to the outside?

Wooden storm windows and doors are reglazed like any other sashes (see October House Fixer for directions). However, aluminum storm windows are handled a little differently. If the pane is badly shattered, with gloves covering your hands, remove the glass from the metal frame while it is still in an upright position. Then pull out the rubber spline that held the pane in place. If most of the glass is intact and only cracked, lift the frame from its track. Lay it on a sheet of newspaper, extract the spline, and then remove the glass. Small splinters must be chipped off the aluminum. Dip a cloth in lacquer-thinner and wipe the glass bed completely clean. Take the frame to a glazier, hardware store, or lumberyard and have a new pane cut. At present, most states require plastic or safety glass for storm doors, so be prepared to pay a hefty price. Also purchase a tube of rubber or contact cement. Run a small bead around the glass groove. Set the pane in place while the adhesive is still wet. Then resecure the spline by pressing it into its track, and return the frame to its home.

Remove the front cover from air conditioners and thoroughly vacuum the insides and filters. Stuff the sides and front of each unit with plastic sheeting (cleaners' garment bags work well for this), and replace the cover.

Air spaces can be closed with various types of weather stripping. Two of the best are self-sticking closed-cell foam tape and heavy poly tape. Both are available in several widths, can be cut easily, and can be installed even by those with two left hands. The poly tape is especially effective for bridging large areas around windows and cooling units.

Stop drafts around doors with foam tape. Close the door and place the tape on the jamb tight up against the door. To seal drafty wood-frame windows, affix a length of foam across the top of the upper sash and also on the bottom edge of the lower frame. If windows are tightly closed, this should prevent cold air from seeping inside.

To block the wicked wind that creeps underneath the door, use weather stripping tacked near the bottom edge of the interior side. Made of aluminum, plus a strip of rubber, felt, or foam, it is easily cut and attached to the door.

Air gaps around the trim on the exterior of the house should be filled with a sealer—preferably silicone—that is packaged in a cartridge and applied with a caulking gun. Insert the package in the gun, snip off the end of the tube, and squeeze the trigger. Out oozes the sealer.

If you follow these steps, you should enjoy a cozy, warm winter.

Bringing down the bills



Here's a new control that turns down heat or air conditioning automatically by night or day to save fuel and operating costs. It can also turn them up, if desirable. Fuel Sentry works in conjunction with a standard thermostat and consists of two parts connected by wiring: a small heating element mounted on the wall near your thermostat, and a clock-timer which plugs into a standard electric wall outlet. Set the timer to go on when you want heat lowered, at bedtime, and raised when you get up in the morning. For air conditioning, set it for the time you want cooling to turn on. It requires no in-wall wiring or connection to heating or air-conditioning equipment, as automatic clock thermostats do, and will work with any thermostat and heating-cooling system. $24.95, Fuel Sentry Corp., 79 Putnam St., Mt. Vernon, N.Y. 10550.

A shady deal

Pull-down vinyl window shades that you fit to the width of your windows are available now. They come in basic sizes to fit all windows from 15 to 73¼ inches wide. The roller can be adjusted to fit the window-shade brackets in the window frames. Then the shade itself can be stripped to the size you want—you pull the appropriate trim tab and discard the excess shade material. Finally, you press the vinyl shade firmly to the roller. Three qualities, in translucent or room darkener styles, range from $3.90 to $5.90. Lengths are 12 to 20 inches. Newell Window Products Co., 916 S. Arcade Ave., Freeport, Ill. 61032.






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Sweet charity—baking for a good cause

Fund-raising recipes from famous households

Homemade food, beautifully packaged, has great appeal, whether it is an unexpected gift for the hostess, for a friend at Christmas, or an item for sale at a charity bazaar. Homemade-food stalls do a brisk business these days. Here are some recipes for very salable items, and incidentally, irresistible gifts, made for the Lenox Hill Neighborhood Association Benefit in New York (read more about it on page 145). From soups to nut mixtures, creamy fudge to a toffee shortbread, they have bonus appeal with clever packaging ideas from members of the committee. Soups and sauces they packed into mason jars tied with black-and-white-striped ribbon and brightly labeled. Clear plastic boxes or shallow baskets were used to show off cookies and home-baked breads and cakes. Brightly patterned tin boxes were used for nut mixtures and candies.

Crunchy granola cereal

FROM MRS. MONTAGUE H. HACKETT JR.

Ingredients

6 cups rolled oats
2 cups shredded coconut
2 cups wheat germ (untoasted)
1 cup sunflower seeds
1 cup sesame seeds
1½ cups chopped nuts (pecans, walnuts, almonds)
¾ cup honey
¾ cup hot water
2 tablespoons oil
1 teaspoon vanilla

Method

☐ Preheat oven to 250°. In a large bowl mix oats, coconut, wheat germ, seeds and nuts together.

☐ In a saucepan melt honey in the water. Add oil and vanilla. Combine with the dry ingredients. Spread mixture in a heavily oiled roasting pan and bake for about 1 hour until brown. Stir mixture every 10-15 minutes to brown it evenly. Remove pan from oven and cool. Store cereal in an airtight container. Makes 13½ cups.

Jenny's toffee shortbread

BY JANET MACFARLANE, FROM THE KITCHEN OF MRS. WILLIAM PALEY

Ingredients

½ pound butter
6 tablespoons sugar
1 cup flour
1 teaspoon baking powder
1 tablespoon light Karo syrup
1 can condensed milk
4 ounces semisweet chocolate

Method

☐ Preheat oven to 350°. In a bowl cream ¼ pound butter and 2 tablespoons sugar together. Fold in flour and baking powder. Spread mixture over the bottom of a 9 by 9 by 1¾-inch pan. Bake for about 25 minutes; the color of the shortbread should be a very pale tan. Cool.

☐ In a heavy saucepan add remaining butter, sugar, Karo syrup, and milk and bring mixture to a boil. Slowly boil mixture until it heavily coats a wooden spoon (about 15 minutes); stir frequently. Spread filling over cold shortbread and allow to cool.

☐ Melt chocolate and spread evenly on top of filling. Let layers set. Makes 24 pieces.

Creamy fudge

FROM MRS. MICHAEL THOMAS

Ingredients

1½ cups sugar
⅔ cup evaporated milk
8 ounces semisweet chocolate, cut into pieces
½ cup marshmallows, cut into pieces
¼ cup butter, cut into pieces
½ teaspoon vanilla
½ cup nuts, chopped

Continued on page 98

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Sophisticated crackle glazed Cannister base in beige with antique pine unting. Oval eggshell satin pleated shade.* 33" high. Choice of yellow, blue ed floral decorations. *Regularly $99.75, with coupon only* **$79.95**
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SWEET CHARITY

continued from page 96

Method

☐ In a large heavy saucepan place sugar and evaporated milk; combine, and bring to the boil, stirring constantly. Boil over low heat 10 minutes.

☐ Remove pan from heat and immediately add chocolate, marshmallows, butter, vanilla, and nuts. Stir quickly until all the ingredients have melted. Pour mixture into an 8-inch-square buttered pan. Cool. Cut in squares. Makes about 2 pounds.

Lorenzo dressing

FROM MRS. FREDERICK MELHADO

Ingredients

6 tablespoons Italian olive oil
2 tablespoons red wine vinegar
1 teaspoon Dijon mustard
salt and freshly ground pepper, to taste
2 tablespoons watercress, finely chopped
2 tablespoons chili sauce

Method

☐ In a jar with a tight fitting lid, place oil, vinegar, mustard, salt, pepper, watercress, and chili sauce and shake well. Makes 1 cup.

Split pea soup

FROM MRS. J. F. BYERS

Ingredients

ham bone (preferably with some ham left on it)
12 cups water
1 box split peas, rinsed
2 carrots, chopped
1 large onion, chopped
celery leaves (top part of leaves from one head)
garlic clove, cut in half but not peeled
1 bay leaf
½ teaspoon thyme
6 peppercorns
1 can beef broth (approx. 1½ cups) or beef bouillon cube
salt, pepper

Method

☐ Combine all ingredients except beef broth, salt, and pepper in large pot and simmer covered, stirring occasionally, for 3-4 hours. Add more water if soup gets too thick. Remove ham bone, pull off remaining meat and chop. Put soup through strainer, add pieces of cut-up ham.

☐ Add beef stock and salt and pepper to taste. Heat through, serve. Makes about 2 quarts.

☐ *Optional:* Cut-up tiny hot dogs can be added to the soup if you wish.

Spaghetti sauce

FROM JAMES G. NIVEN

Ingredients

3 tablespoons olive oil
3 onions, chopped
2 cloves garlic, sliced
1 teaspoon dried rosemary
1 tablespoon Worcestershire sauce
2 carrots, chopped
3 sticks celery, chopped
1 green pepper, chopped
6 large tomatoes, peeled or 1 32-ounce can of Italian tomatoes with basil
½ teaspoon thyme
2 tablespoons fresh basil, chopped
salt, pepper
⅛ teaspoon red pepper flakes

Method

☐ In a large skillet heat oil and add onions, garlic, rosemary, Worcestershire sauce and cook for about 5 minutes. Add carrots, celery, pepper and cook mixture for an additional 5 minutes.

☐ Chop the tomatoes coarsely, retaining all the juices, and add to the pan. Add thyme, basil, salt, pepper, and red pepper flakes and bring mixture to a boil. Reduce the heat and simmer very slowly for at least 1 hour. Serves 6-8.

Boeuf bourguignon

BY ROMAIN SEMPE, FROM THE KITCHEN OF MRS. WILLIAM PALEY

Ingredients

¼ pound slab bacon, coarsely cubed
1½ teaspoons olive oil
1½ teaspoon Crisco oil
2 pounds lean stewing beef,

Continued on page 10

Bassett. The beauty is in the making.

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VEET CHARITY

ntinued from page 98

'rom leg, or ½ from leg
and ½ from neck, cut into
cubes
ound small onions, peeled
ablespoon flour
love garlic, finely minced
uart red wine
ef broth
ablespoon tomato paste
pound mushrooms,
quartered
lt, pepper, to taste
'chen Bouquet (optional)

ethod

Preheat oven to 325°. In a sserole sauté bacon in the s over moderate heat and own lightly—do not let it get sp. Remove bacon from pan d set aside.

Dry beef in paper towels and uté it with the onions in the t oils and bacon fat until owned on all sides; add meat d onions to the bacon. Add ur to casserole and stir it into e juices carefully; be careful doesn't burn. Add garlic.

Return bacon, meat, and ions to pan and cover with ne and enough broth to barely ver meat. Add tomato paste, ver casserole, and cook for out 2 hours in oven or on top the stove (heat should be regulated so liquid simmers very slowly). Meat is done when it is easily pierced.

☐ About 15 minutes before stew is done, add mushrooms, salt and pepper. Do not oversalt. If sauce is not brown enough, add Kitchen Bouquet. Serves 8.

Cream of zucchini soup

FROM MRS. JOAN HOWARD

Ingredients

2 tablespoons butter
2 tablespoons shallots, finely chopped
1 clove garlic, minced
1 pound young zucchini, cleaned, sliced thin
1 teaspoon curry powder
½ teaspoon salt
½ cup heavy cream
1¾ cups chicken broth

Method

☐ In a skillet heat butter and add shallots, garlic, and zucchini. Cover pan tightly and simmer ingredients for about 10 minutes. Shake pan every few minutes; do not let vegetables brown.

☐ Place mixture in a blender or food processor and add curry powder, salt, cream, and broth. Blend mixture ½ minute. Chill. Serves 4.

Applesauce brûlée Eugénie

FROM MRS. MICHAEL THOMAS

Ingredients

6-8 green cooking apples, cored and quartered
½ cup water
sugar, to taste
brown sugar

Method

☐ In a saucepan place apples and water. Cover and simmer slowly until tender when pierced with a fork. Force pulp through food mill, add sugar to taste.

☐ Preheat broiler. Divide mixture into ramekins or put into a large shallow fireproof dish and sprinkle with brown sugar. Place under the broiler until sugar bubbles. Serves 6.

Vermicelli Uzielli

FROM P. A. UZIELLI

Ingredients

2 large onions, sliced
4 cloves garlic, finely chopped
olive oil
10 juicy medium tomatoes, peeled, cut in wedges, and seeded
2 tablespoons fresh basil, chopped, or more to taste
1 bay leaf
salt, pepper
1 box (1 pound) De Cecco vermicelli (Fedelini #10)
freshly grated Parmesan cheese

Method

☐ In a large heavy saucepan cook the onions and garlic in olive oil until transparent. Add tomatoes, basil, bay leaf, and salt and pepper to taste. Simmer for 15 minutes.

☐ Cook pasta in 4 quarts rapidly boiling salted water for 5½ minutes, or until it is still firm. Drain.

☐ Toss pasta with the sauce, adding enough liquid initially to separate pasta strands; then pour bulk of sauce over pasta. Top with freshly grated Parmesan cheese. Serve immediately. Serves 4.

Nuts and raisins mixture

FROM MRS. MONTAGUE H. HACKETT JR.

Ingredients

⅓ cup salted cashew nuts
⅓ cup salted cocktail peanuts
⅓ cup almonds, blanched, toasted, and slivered
⅓ cup pignola nuts
1⅓ cups dark raisins

Continued on page 121

The warmth of a fireplace, the soft patina of a fine old table...

These are the things that bring beauty and a sense of history to the homes of members of



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Please enroll me as a member in the Early American Society and bill my annual dues of $8.00 after I have received my first issue of EARLY AMERICAN LIFE. I understand that if the first issue does not live up to my expectations I may cancel without further obligation.

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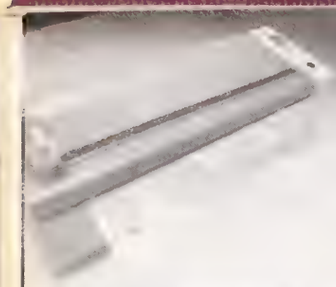
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House gifts

Gifts for the house can be anything from a long-necked plastic bottle that makes watering hanging baskets a snap to a 6-foot piano. To find out about these 26 and many more, turn the page.

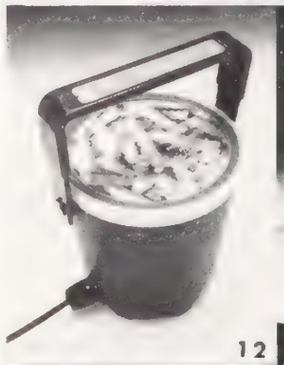

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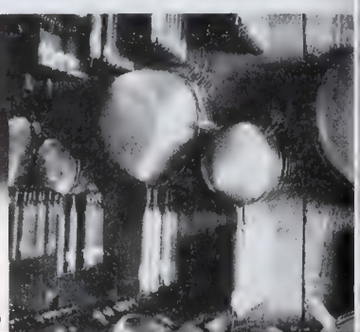


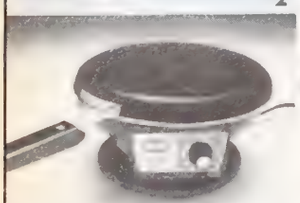

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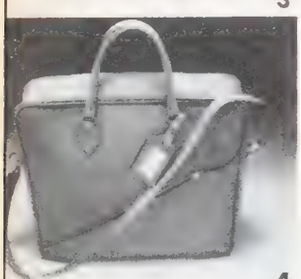

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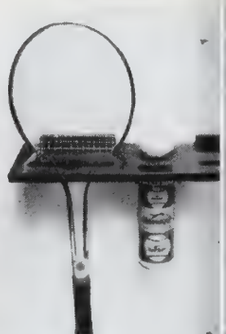


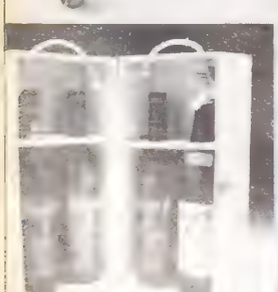
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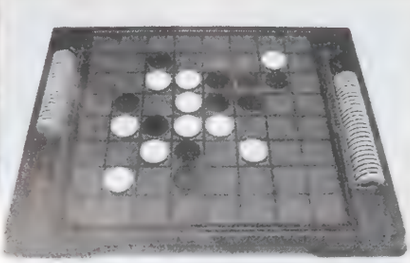


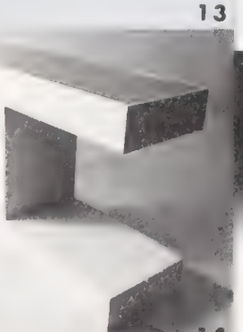

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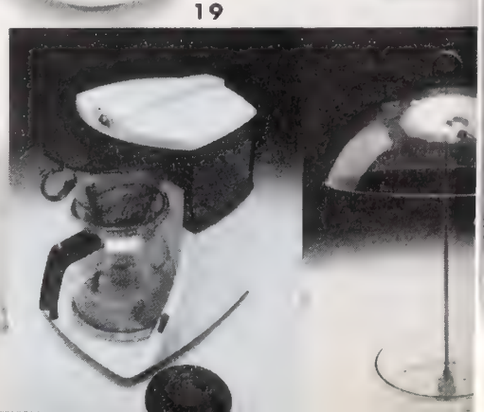

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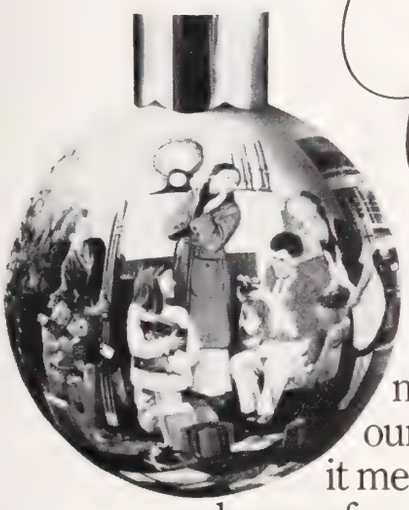








The Real Spirit of Christmas



It means sharing the best of ourselves with others—with family, friends, neighbors, all those who touch our lives in their own special way. It means opening up to people we love—showing our affection, our hopes for their happiness. And it means giving. Of time and thought and skills—and even of special gifts, carefully selected and beautifully presented as concrete expressions of our caring.

Finding presents marvelously matched to people on our list is, of course, a special enjoyment. But too often, our time, money and patience run short at holiday time. A little early planning and your Master Charge® card can ease it all... arm you for the quickest, pleasantest shopping in the nicest stores everywhere.

Start your thinking now by looking through this section for great ideas from the prestigious manufacturers listed below. You'll get happy suggestions for original gifts—all findable where you like most to shop, all affordable with your convenient Master Charge card.

RELAX



Aprilaire Humidifier by Research Products Corporation • Artisan House
Barry-Ware • Catnappers by Cleveland Chair Co. • Counselor by The Brearley Company
Eastern Air Lines, Inc. • Fostoria • Florists Transworld Delivery—*Green Ribbon Plants* • Gorham Textron
Herschede Hall Clock Company • Howard Family Room Furniture • Howard Miller Clock Company • Jorges Carpet Mills, Inc.
Remington Lamp Company • Sauteur (Div. of Artisan House) • Schmid Brothers, Inc. • Sperti Sunlamps
Thomaston Mills • Weiman Company • Wilton Armetale • J. Wiss & Sons Co. • Yorkraft, Inc.

SAUTEUR® MIRRORS. SAUTEUR® LAMPS.



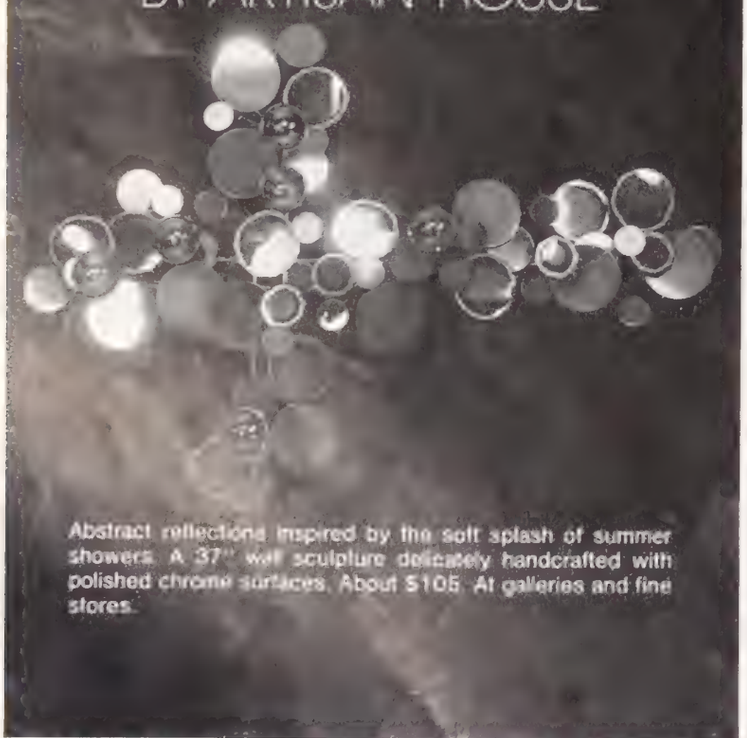
Richly designed to reflect beautiful brass and contemporary chrome.

Function is art in Sauteur creations. Striking new mirrors, exciting sculptured metal lamps . . . in the tradition of Artisan House—The Sculpture House. Pictured: Rondo Mirror, Stonehenge Lamp. Available in brass or chrome finishes. Suggested retail price: Lamp (32″ tall) $150. Mirror (22″ tall) $160.

SAUTEUR® FOR TODAY. BY ARTISAN HOUSE®

RAINDROPS

A METAL WALL SCULPTURE BY ARTISAN HOUSE®



Abstract reflections inspired by the soft splash of summer showers. A 37" wall sculpture delicately handcrafted with polished chrome surfaces. About $105. At galleries and fine stores.

For free color brochure, write Artisan House, Dept. HG-3, Los Angeles, CA 90026

HOUSE GIFTS

pictured on page 102

Cook double, then freeze what's left over in watertight, plastic bags. Seal the bags shut with the **"Super Sealobag," 1,** then reheat by popping the frozen bag in boiling water. White base with gold trim; can be wall-hung or used on counter. Complete with 25 feet of plastic to make watertight bags the size you need them. $29.95. By Hamilton Beach, available in December at Marshall Field . . . Pretty, practical and extra-portable because of its unusually long handle—a **picnic cooler, 2,** of blue-and-white canvas covered plastic foam, zips tightly closed. 7½ inches high, 10½ wide, 7 deep. $19.50 ppd. At Marblehead Handprints. . . . If this was the year of the wok, next year looks like the year of the crêpe pan—so jump on the bandwagon with an **electric crêpe maker, 3,** that can double as a frying pan. Both sides Teflon-coated for easy cleaning. With recipe book to make you a master. $29.95. "M'sieur Crêpe" by Sunbeam, at Bamberger's . . . Tennis anyone? Anywhere? Easy with a **cowhide sport bag, 4,** that holds 2 rackets and ample travel gear. Beige washable lining, detachable shoulder strap. 18 inches long, 16 high, 4 deep. $125 ppd. T. Anthony . . . To wheel anywhere you need it for work space or serving, a **pantry table, 5,** with butcher-block top, 24 inches square (other sizes available). With casters, $170. From J&D Brauner . . . **6, a quartet of Italian wines**—Valpolicella, Bardolino, Chianti, Soave—to quaff with your favorite pasta. The four 24-ounce bottles come in Ricasoli's wood gift box. The works, $12. At Park Avenue Liquor Shop . . . Hit the road with a **canvas air camper, 7,** that fits any model car, opens in 2 minutes flat, and provides 4 by 7 feet of sleeping space. $239.95 plus motor freight (115 lbs.), from Air Campers . . . Pretty special—a **handpainted porcelain turtle box from France, 8,** 10 inches long for your favorite table. $298.75 ppd. The Horchow Collection . . . **A challenging game, 9,** where strategy's the thing. "Othello" is fun for adults or a 10-year-old whiz. $10. By Gabriel, at FAO Schwarz . . . For warmth down to your toes, **a snuggly white comforter, 10,** with Dacron fiber-fill, lace-trimmed. Twin size, $116. "Acapulco" by Liz Sanders Designs, at Garfinckels . . . A hangup you *want* to have—full, round **brass pot rack, 11.** 20-inch diameter, 8 brass hooks. $85. By Strand, at La Cuisinère . . . A small fry that performs like a giant—a **mini deep-fryer, 12,** that automatically achieves right temperature, uses only 2 cups of oil, has nonstick coating for easy cleanup. Makes 1 or 2 servings at a time. $20. By Presto, at Gimbels . . . To reach hanging plants, **an arced waterer, 13,** with 2-quart plastic bottle. $2.50 ppd. At the N.Y. Botanical Garden Gift Shop . . . **I-beam console table, 14,** white lacquered, mirrored top, and as up-to-date as tomorrow. 34 inches high, 60 long, 17 wide. Designed by Donald Cameron. $895 from Parzinger* . . . "Play it, Sam" or anyone else, on the **walnut spinet piano, 15,** with mirror chrome legs. 37 inches high, 57½ across the ivories. $1400, by Kimball. . . . Swoosh on paints, varnishes, even, if necessary, pesticides with an **electric airless spray gun, 16.** Weighs 3¾ pounds. $139. The Wagner ST-350, at Janovic/Plaza . . . Save money, have fun—**develop your own pictures, 17.** Photo Phase I Basic Developing and Printing Kit by Cinemagnetics contains all you need. $12.79. At The Camera Barn . . . Square but in no way "square"—20-inch **pillows, 18,** with animal whimsies quilted on them. "Brown Cat and Bird," $40; "One Frog," $24. By Laughing Moose, at Neiman-Marcus . . . No two alike—**clay teapot, 19,** in faintly Oriental mood. Made to order. $140. By Terrafirma Ceramics, at Incorporated . . . Super **coffeemaker, 20,** worthy of your best brew. Takes all grinds; makes 2 to 12 cups in five minutes, keeps it hot until you want it. 14 inches high. $37.95. Automatic Filter Drip Coffeemaker by Melitta . . . **An extraordinary store for extraordinary cookware, 21**—Williams-Sonoma in Beverly Hills (see page 115 for some of its riches). In front of store, vice-president Tom Freiberg and store manager Anne Kupper. And from the store, **sieves, 22,** in 28 shapes and sizes—28 prices, too from 85¢ to $12.50 . . . "Tortue" is a **turtle-like object, 23,** created by Francois-Xavier Lalanne. Of nickel-plated copper—and a good 10 inches long—it has a surprise: The top lifts off; use the back as an ashtray. Limited edition of 100. $600 from Multiples . . . Let it all hang out on a solid hardboard, felt-padded **tennis racket caddy, 24,** that holds 4 rackets, balls, trophies (should you be good enough to win them). 21 inches long. $18.70 ppd. At Hammacher Schlemmer . . . A trio of **jaunty blue-and-white ceramics, 25:** 10-inch pie pan, $9.75; 5½-inch-high planter, $17.75; flower-painted mold, 5 inches deep, 8-inch diameter, $10.75. All ppd. At Pequod Emporium . . . The birds' own MacDonald's—a **bird feeder, 26,** with 10-inch adjustable dome (you decide what size bird gets the fast food). 7-inch dish. Can be hung or post-mounted. $13.95 ppd. From Duncraft.

*THROUGH DECORATORS. PRICES APPROXIMATE. STORE ADDRESSES, PAGE 119.

Buy it Now
Buy it with your MasterCharge® Card



One good idea led to another.

First came the idea of sand casting. A pre-American Revolution technique for forming metal. We took that good idea and came up with a better one. Armetale® metal. A non-toxic blend of ten different metals with the look and feel of fine pewter. But with advantages pewter never had. It won't break, chip or crack. You can cook with it. Eat and drink from it. And decorate with it.

Armetale metal gives you the warmth of pewter. The richness of silver. And all the practicality of stainless. It's so elegantly simple that it goes with any decor.

Down through the years we've extended our idea into a complete and coordinated line of Armetale metal giftware, tableware, cookware and decorative accessories.

Today, there's a whole wardrobe of beautiful and functional Armetale metal products for every room in your house. Look for them at fine stores everywhere. And get some good ideas of your own. Write for the store nearest you.

WILTON RWP ARMETALE

COLUMBIA, PENNSYLVANIA 17512

Bertha's eyes aren't what they used to be, but she still has the best ear in the clock industry



An indifferent worker never crafted a masterpiece. That's why Herschede cherishes Bertha Rago. For 32 years now, she has been responsible for the final tuning of the chimes on our grandfather clocks.

The state says her eyes are no longer good enough to drive a car. But listening to the chimes in our test room, she can take pliers in hand and adjust the 99 pins just so.

When she's finished, the tempo and melody of the Herschede chime train are part of the centuries-old tradition of fine timepieces.

Frankly, we trust Bertha's ear more than we would a computer. You just don't push a $3000 clock off an assembly line like a toaster.

Bertha's skill is the final step in the manufacture of the world's finest tubular bell movements. Herschede is still the only American clockmaker which manufactures its movements for tubular bell clocks. While others were importing their movements from Germany, we grew our own Bertha. Wouldn't you rather own a clock made by a clockmaker than a cabinetmaker?

Herschede®



You can see all of the Herschede clocks, from $5000 on down, by sending 50 cents for a color catalogue to the Herschede Hall Clock Company, Starkville, Mississippi 39759. A division of Arnold Industries.



Gold medal winning clocks since 1885

Christmas presents to shop or send for

A gym shoe you can sleep in, a fruit-drying kit, remote-controlled water skiing, and more . . .

FOR THE HOME

ive your tables a soft glow—great for use when there's a orary power failure—**candle-ers:** Kosta Boda's crystal stmas Goat (the familiar ed animal will hold a single le on its back) or a midget on of the classic holder, the Hurricane Lamp, with a me-plated base and a 2-inch globe. The goat, $12.50 at line's; the hurricane lamp, 0 at Bullock's.

the traditional yuletide red green, "merry christmas" is lazoned on a **white ceramic** that holds 8 ounces of what-Christmas cheer you favor. of 4, $12. Matching dessert s, 8 inches in diameter, 4 for By Schmid, at Marco Polo. The Window Garden," a *suc-cup plant holder,* adheres to window or any glass surface choose. It's made of clear lic and will hold your own o 5-inch clay or plastic pot, o 3 pounds. Ideal for starting small plants. By Page. $3.10 ppd. each from Village Gallery at Gallimaufry.

At your fingertips, the lotions you need when showering: The wedge-shaped **"Washing Machine"** slots into a corner bracket of your shower stall. Its three 18-ounce compartments dispense liquid body shampoo (included) and your own hair conditioned and hair shampoo. Made of durable plastic, it comes in white with chrome trim, and is removable for cleaning. 9 inches wide, 7 high, and 4 inches in diameter. By Evolution Health Care $29.99 at The May Company.

Simple, handsome, at home in every style of decoration, the **crystal Revere bowl** is never out of style. 5 inches in diameter. $7. At Tiffany. An **old-fashioned cradle** of hand-carved pine, evokes memories of an era of fine workmanship. 34 inches long, 19 high, 22 deep. By American Treasures $189 at Maison Blanche.

A **portable barbecue** can be used all year round. The "Son of Hibachi" is a "self-extinguishing," self-cleaning unit that starts quickly and saves charcoal. Lit from below, the flame is drawn upwards in a chimney effect to contact every coal. In less than 10 minutes you're ready to cook. You carry the barbecue as you would a suitcase. 18½ inches high, 5½ wide, 10 long with a cooking surface measuring 10 by 26½ inches. $19.99 at Gimbels.

MAKE IT YOURSELF

For handy men and women, a selection of kits:

A **stowaway chest** that arrives partially assembled is fine for storing anything from toys to sports equipment—even use it as a hearth-side woodbox. Can be stained, painted, antiqued. Of kiln-dried Eastern pine, it comes with rope handles and steel hardware. When assembled the chest is 29½ by 18 by 14 inches high. It's item #3808.3, $34.85 ppd. from Brookstone.

Fruit and vegetable preserving is quick and easy wth the Sun Pantry **Fruit Drying Kit.** Drying tray, Vita-Loc Drying Crysta[illegible] structions are included [illegible] add is the sun. One-tray kit, $7.95; four-tray, $19.95. At Bowring Brothers.

Alexander Bogomazov's **"Cubist Head" in needlepoint.** 16 inches square, 12 stitches to the inch. $61 ppd., Albright-Knox Gallery Shop.

The South Street Seaport Museum Model Shop has a full line of top quality **plastic and wooden ship-building kits** to please the nautically minded craftsmen. Write for Model Shipways catalogue, 75¢, or Marine Models and Bluejacket catalogues, $1 each. The Model Shop also sells fittings, hobby tools, basswood, and boxwood, does restoration and repairs.

Anyone who works with tools—and a real boon to the not-so-adept—will appreciate **a magnetic screwdriver**—even the bits are held in place by magnetic force. Includes 4 steel-shanked bits, storage compartment in handle 7 inches long. By Vermont American. $4.99. At Cole & Son Hardware.

Continued on next page

. are approximate and do not include state and local taxes. Unless marked "ppd." postage or shipping is extra.

u've got a personal account in over 27,100 home furnishings stores.





'Regulateurs" was the name given to long case clocks in 18th century Austria. With their long pendulums, they were extremely accurate. A standard of accuracy for other clocks. Our Vienna Regulator is an authentic interpretation of a popular Austrian clock of the 1800's. Note its fired porcelain enamel and brass dial. The solid oak case has glass side panels and a carved pediment.

Striking examples of our wall and mantel clocks.

They strike on the hour . . . play the beautiful chimes of Westminster every 15 minutes. Their high quality West German key-wind movements were made in the Black Forest, where clocks have been made since the 1600's. You'll find these and many other striking wall, mantel and grandfather clocks at your Howard Miller dealer. Start a family tradition with a Howard Miller clock.

Howard Miller Clock Co.
Zeeland
Michigan 49464



In the early 17th century, Thomas Tompion was the most celebrated of English clock makers. This elegant timepiece was inspired by his work and we have named it after him. The rare Carpathian Elm burl facing on the door is skillfully accented with gold decoration. The mirrored back and glass inserts show off the excellent West German movement. Tompion would be proud.

HOUSE GIFTS

Christmas presents
continued from preceding page

SPORTS

The "Gotcha" **Fish Glove** keeps a grip on an angler's catch and protects hands from sharp fins and gill covers. The fluorescent orange nylon glove has slightly abrasive palm and fingers. By 3M. $4.50 ppd. from Angler's Roost.

If your tennis partner has trouble returning the ball, the Prince **aluminum tennis racket** with 50 percent larger hitting area may solve the problem. It weighs no more and offers no more wind resistance than an ordinary racket. Accepted by the USLTA and USTA. $65, unstrung. For practicing indoors, use the **soft, springy All Ball,** the same size as a tennis ball. $1. By Tennis Resources. Racket and ball at Feron's.

The ultimate gift for the waterskiing enthusiast—a Ski-Wheee **jet-drive tow craft,** skier-commanded by remote control. Eliminates the need for a manned tow boat. Only 6-foot long and weighing about 200 pounds, the 40 horsepower Ski-Wheee can tow an average-sized skier at a speed of more than 30 miles an hour. It's easily transported by station wagon or pickup truck. Under $2,000. Write Ski-Wheee for a marine or sporting goods store in your area.

FOOD

"Super Mammoth Pecan Halves" are favorites with our resident gourmets. Extra Fancy Grade, packaged in a lovely tin from England. 1 pound, 10 ounces, $10.70 ppd. Specify item No. 25 when ordering. From Priester's.

A **Smithfield ham,** aged, cured, and ready to serve, will make life easier for the holiday hostess. Whole, about 10 to 14 pounds, $5.95 a pound plus shipping costs. At Maison E. H. Glass.

The Recipes-At-A-Glance **Flip File** contains over 100 gourmet dishes, in brown ink on a durable 4-by-6-inch white card, ring-bound and displayed on a clear acrylic base, angled for easy reading. $11 ppd. From Plants-At-A-Glance.

Bread-baking buffs will obtain crisper crusts with the **"Bake-A-Round" Pyrex tube** with wire rack that makes fabulous yeast breads in a new round shape. 14-inch-long tube, 3½ inches in diameter, bakes a 1- to 1½-pound loaf. International bread recipes included. $9.88. From the Culinaria Collection by Corning.

Fresh whole spices from China, Greece, or Mexico, in disposable grinders, may inspire some exotic cooking. Gift assortment of six spices from one country. By International Spice. $10, The Cellar at Macy's.

Ballantine's **Scotch in a limited edition glass decanter** will satisfy a taste for both fine glassware and premium Scotch. The square, stoppered decanter with beveled edges is included in the price of a fifth through Christmas. About $8.55 in New York. Imported by "21" Brands, at liquor stores.

For the epicure who delights in cooking gadgets: a **tinned wire potato grill.** Fit any size potato in the oval basket on the end of a long handle and cook over a barbecue grill. Easier than baking in coals. Can also be used for broiling hamburgers. Two 14-inch grills, $7.15 ppd., Williams-Sonoma.

Tote **a gift for your holiday host:** the "5 O'Clock Tote" filled with imported caviar (1¾ oz.), Smoke House almonds (6 oz.), and cocktail napkins; or, to be used at breakfast, the "10 O'Clock Tote" —Rose's orange and lime marmalades in 1-pound jars, with 8 ounces of Su-Bee Pure Honey. By Leloy. $12.50 plus $1.25 postage each, at Camalier & Buckley.

Bring **wheels of cheese**—Swiss Belsano or French Morbier—to a party. Belsano is a firm textured raclette cheese with a pleasingly mild flavor. Heating—especially broiling—brings out its special aroma. $3.29 a pound. At Zabar's. Morbier, a more flavorful French version of Italian Fontina, is a butter-colored pressed cheese with a layer of cinder running through the middle, which gives it a layer cake appearance. $3.98 a pound. At Ideal Cheese Shop.

CLOCKS, GADGETS, AND MACHINES

Miniature alarm clock, almost a must for your travels. 24-hour, 15 jewel movement. 1¾ inches by 1½ by ⅝. Gilded brass, in a tan pigskin, bordeaux, or blue calf case. $145. At Tiffany.

Make **sound movies** without the bother of a separate microphone with Kodak's Ektasound 240 Movie Camera with zoom lens. Directional microphone is built onto the camera handle for shooting mobility. Movie outfit with camera, extension microphone, film cartridge, batteries, and instructions about $413.

The home executive will welcome 3M's "051" **typewriter-size copier** that duplicates even bound books. $199. From 3M office product dealers.

Intensity lamp and digital clock in one—piggyback, one atop the other, for bedside or desktop convenience. Lamp has a telescoping chrome arm and high/low illuminator switch to conserve energy. 24-hour clock has lighted readout, A.M./P.M. indicator. 6 inches high, 4½ wide, and 4½ inches in diameter, closed. $29.95. "Time band Lamp-Clock." By Fairchild.

Nowadays, almost everyone

Irish Coffee...the Gorham way.

Gorham serves Irish Coffee with elegant good looks to equal the great taste. The recipe calls for beautifully filigreed silverplated holders, combined with their own removable cups in finest china. An exquisite new Gorham Original for gifts, for you. Boxed pair is $28.50; 4⅜ inches high. Only at finest jewelry stores and silverware departments.

Price subject to change without notice.



GORHAM TEXTRON
Gorham Division of Textron Inc

plains sleep and relaxation, reminds you to wear your bedsocks! Distributed by Caspari for Flensted Mobiles, Denmark. $9 ppd. from Casual Living.

A name, favorite saying, phone number, special date—anything can be spelled out in a **jigsaw puzzle of rich walnut or cherry.** Four to fifteen letters (2 to 3 inches high, ¾-inch thick) from $12.50 to $35, extra letters additional. Add $1.50 postage per puzzle. Allow 3 weeks for delivery. From Art Adventures.

The "Giant Pterodactyl Egg" is actually a candy jawbreaker, with brilliant colored layers inside. Nested in straw. $2. By Penny Arcade Products, at Macy's and stores across the country.

Michelle's World will custom-make a cotton duck 48-pillow map of the continental United States (no Alaska or Hawaii) and stencil each separate pillow with a favorite city or capital. Complete map, 6 by 10 feet, $750; single states, $22.50 each. A soft-stuffed *New York Times,* political version or general news, is actual size, $88. All orders ppd. From Michelle's World. This and more of Michelle Clifton's soft sculptures can be seen at Gallery Rebecca Cooper in Washington, D.C.

THE PERSONAL TOUCH

Give the *Custom Calling Service* [illegible] person, and [illegible] calls will automatically be forwarded from office to home or vice versa at a reasonable cost. For availability and [illegible] check your local Bell System office for details.

There's nothing like a [illegible] stars—portable, 4¼-inch [illegible] tonian 15X richest field **reflector telescope.** 3½-degree field of view gives a spectacular wide angle view of moon, stars, comets, and galaxies. Red plastic, 17 inches high, 10 pounds. $129.95 ppd. until December 24, then $149.95 ppd. From Edmund Scientific.

Encourage letter-writing with UNICEF's **notes and stationery** in serene grays and blues, designed by Holley Flagg. Correspondence portfolio holds 10 note cards, 13 decorated and 7 plain stationery sheets, and 25 color-coordinated envelopes. "Cool Day" stationery, $6.50 ppd. U.S. Committee for UNICEF.

Personal property data book keeps a permanent, concise record of household and safe-deposit inventories, credit cards, insurance and tax records. In black or brown cowhide. $26 ppd. At T. Anthony.

Folk pieces—mud painting from Africa ($20 and up), a Mola blouse ($85), saddlebags from nomadic tribes ,$25 and up), a Bedouin tribal robe ($125)—the collector will cherish something from The

Continued on page 110

ds a **typewriter,** and the good ks of Smith-Corona's "Electra" omatic portable, plus its speed, e, and convenience, make it a ictical family present. $199.50. Music-lovers will want SONY's w EX line of **compact stereo uipment** after one look and lis-. Modern controls, curved cab-t, increased bass response, and rogram selector to set the num-of times you wish to hear a ticular record $200 to $350. Perfect for the road runner, an **ctronic mini digital clock** for the . Illuminated time is shown in lliant red that darkens automat-lly when ignition is cut (clock is continuously). Mounts in or dash. Solid state, black vinyl h jewel-like finish $49.95. By diovox, at all Sam Goody stores.

WHIMSY AND FUN

w you can get **Beatrix Potter's ter Rabbit earthenware** in wnup sizes. 5-piece adult place ting, each with a different de-n, $29.50. Children's Peter Rab-plate, bowl, and cup set, $18. eces are also sold separately.) Wedgwood, at Tiffany.

A **sturdy pine rocking horse** th rawhide ears and tail will ke an equestrian of the smallest ild on your list. Walnut finish, 21 hes high, easily assembled with screwdriver. $14.49. Selected JC nney stores or Fall-Winter '76 catalogue, item No. 7783327.

The "Some Winners, Some Losers" **jigsaw puzzle** is a complex 500-piece montage of hundreds of campaign buttons from former U.S. presidential races. Great for this Bicentennial and election year. Finished picture is 16 by 20 inches. $4.50. By Freelance, Hudson's.

Collectors of miniatures will relish a **tiny, hand-blown, crystal ladle and punch bowl** with four cups hanging on the rim, $12; or an iced tea pitcher with four "tall" glasses, $8. Solid brass or silverplate accessories, from candlesticks ($5 a pair) to a Liliputian bed or crib ($100). All to dollhouse scale of 1 inch to 1 foot. At Calico Dollhouse. Add 5 percent for postage.

For the ultra-smart cat or dog, a **pet tote** of washable vinyl, complete with sightseeing window, air holes, and zippered top. Brown with a Gucci-style canvas stripe of red and green. Will hold up to 12 pounds of pet. 11½ inches high, 14½ wide, and 7 deep. $47.50 plus tax and shipping. At Prestige Pets.

Sleep in a gym shoe! Sports fans should feel right at home in a 6-foot-long, twin-sized **"sneaker" bed** with foam mattress, designed by Michelle Gamm Clifotn. $450. At Bloomingdale's.

Lull your favorite night owl with Erling Fischer's **Fall Asleep Mobile.** You concentrate on a small luminous spot floating in the air at the foot of your bed. Insert ex-

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Chrismas presents

continued from preceding pa

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A **ballpoint pen that ligl** is great for students, conc and theatre-goers in dark a ditoriums, doctors and nurs on night rounds, fish men, campers—oh, just abo everyone will have use f one. 6-inch white refillab pen comes with batteri lamp, and refill. "The Ni writer," $7.95 ppd., Lan berg Stationery.

Keep track of your eati and exercise habits, as well your appointments, in a c **endar designed to encoura fitness and good health.** "E and Run: Your 1977 Di Exercise, and Engageme Calendar" by Jan Ferris K tun, with cartoons, char drawings, and photograp $4.95. Published by Ho Rinehart & Winston. bookstores.

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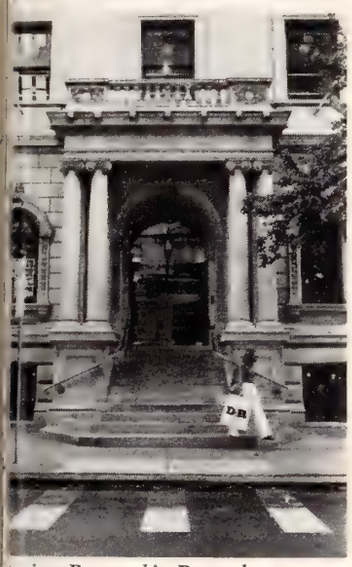
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An armchair shopping spree

N 7 UNUSUAL STORES THROUGHOUT THE COUNTRY

e you an expert on some sub-t? Open a store! More people these days and the benefits to eryone are abundant. If you're ook, a wine lover, an embroid-er, a sewer, a book lover, what-er, someone who shares that in-est has a shop or store that's dicated to getting you the best uipment and, in a lot of cases, e best instruction ever. There's a personal element involved that makes shopping an education, and, above all, a pleasure. Seven unique stores that show just how productive your holiday shopping can be this year have been chosen from hundreds across America. Each is intended to inspire the imagination, satisfy your curiosity, and add a sense of fun to discovering new sources.

Design Research, Philadelphia



esign Research's Rensselaer ansion.

The simple thing that happens be very special—however you hoose to define that—is the de-gn principle behind **Design Re-earch International.** One of the ost unusual of DR's ten stores is Philadelphia. At 18th and Wal-ut streets, the store is housed in e magnificent Van Rensselaer ansion on Rittenhouse Square. R has made the site of each of s stores an important architec-ural part of the town or city the tore is in—which in many cases as meant saving valuable old uildings by changing the way hey are used. A tremendous effort as made to keep the Philadelphia uilding a monument and residen-ial structure. For the DR way of resenting things in "real life" set-ings the effort has worked miracu-ously well. A place of commerce an be a place of culture and the an Rensselaer store proves it.

Design Research sells furniture, fabric, rugs, clothes, cookware, tableware, accessories collected from Scandinavia, principally Finland. But French cookware and Italian plastics are also part of the superclean and functional look DR is famous for producing.

The Doges Room in the Van Rensselaer mansion is reason enough to drop in when you feel like browsing. At one end is an enormous open fireplace with a hearth and mantel of colored mosaics that's a subtle blend of rusty red, pale green, and ivory. All this was carefully preserved when the store was remodeled from the



ALAN LEWIS KLEINBERG

Looking down to the first floor.



DR's managers Berkeley and Beshar.

Philadelphia Athletic Club, which was the mansion's previous life. The ceiling is a collection of hand-painted portraits in medallion-like frames of the great popes and doges of Venice. The eye and imagination are lost peering up at this gallery of faces. Around you is a wide selection of sleek, pale pine furniture in the functional

Continued on next page



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HOUSE & GARDEN COLORS 1977

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Unusual stores

continued from preceding page

and minimal line look that characterizes Scandinavian style.

A winding metal staircase spirals up three floors in the middle of the store. On the staircase, you see the store through a series of wonderful visual "wells." The space and the light are fantastic. At the top is a stained glass dome through which the light streams.

For many people DR means Marimekko. It's world famous. Finnish designer Armi Ratia started Marimekko and DR offers her silkscreen fabrics in a hundred different ways—right off the bolt at $14 a yard is the most usual. Apartment dwellers from Cambridge to San Francisco have used the prints and patterns of the fabrics to make "instant paintings" by wrapping the cloth around stretchers and securing it with staples. The colors are uncommonly bright and childlike in their simple, direct, uncomplicated feeling. Black and white are the most frequent accent colors and they're used with great abandon. One room has been solely devoted to them, where you can look and compare at your leisure. They have also been translated into umbrellas, $22, pillows, $9.50 to $19, sheets, $11.50, quilts, $110, and fabric-covered books for addresses and recipes. The Marimekko clothes by Finnish designers are as popular as the decorative fabrics, and for children they're great. From T-shirts to brightly splashed, patterned overalls, children look great in the colors, and the clothes are very easy for them to live in. Philadelphia's fabric room has wonderful French doors that lead out to a small balcony filled with red and bright pink geraniums. It's a sunny, happy place. More fabric things—an unusual selection of heavy canvas luggage, these designed by Ristomatti Ratia. They come in simple, light over-the-shoulder carryalls, $29.50, to sturdy, heavier bags that can take the daily wear and tear and look neat and compact.

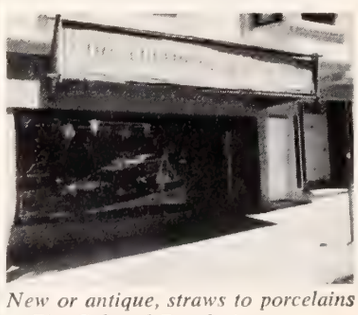
Cooks adore Design Research. On the ground floor of the Philadelphia store you can find Copco and DR's own hand-hammered aluminum cookware from France. Copco's white enameled teapot with curved wood handle is one piece that's particularly attractive, $20. Copper everywhere and a great collection of gray pottery containers that run the gamut from tiny herb pots, $2.50, to larger crocklike containers, $4.50—the color of rough stone and very handsome. Pots and pans abound for crêpes, omelettes, and deep Dutch ovens for stews and ragouts.

Design Research toys are imaginative and almost always made from natural materials—a wooden rocking horse named "Charley" with gaily painted eyes and nose, lots of strawlike hair for his bushy mane, $90. Stuffed dolls dressed up in little Marimekko clothes are for both boys and girls, $6.

Sometimes it's hard to relegate a rug to the floor when it could be hanging on a wall. A few were the color of creamy egg froth, all wool, and striped with black, red, and an earthy brown.

A small courtyard is being planned for next spring with tables and chairs and outdoor service for coffee and biscuits. It certainly seems easier to make a decision about fabrics and patterns of flatware over a cup of cappuccino!

The Cultural Revolution



New or antique, straws to porcelains at The Cultural Revolution.

Christmas shoppers in San Francisco have a veritable treasure trove in a small shop called **The Cultural Revolution** at 3044 Fillmore. It has a feeling of a small village that's a composite of all the different Chinatowns across the country. This particular shop is put together with such artistry and flair that very simple, functional objects become themselves little works of art. The Cultural Revolution's owner, Ted Van Doorn, was one of the first Americans to bring merchandise from the People's Republic of China to the United States. It soon became an outlet for the very best, inexpensive things. A few things come from other parts of the Orient—the Philippines and Indonesia—but the store remains essentially a repository of Chinese goods which in many cases Mr. Van Doorn has



CHUCK ASHLEY

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designed and had made in China exclusively for him.

Color is one of the striking features of the shop: shades of beige from natural straw, green and tan from young and mature bamboo, off-white ivory, with brown and navy cottons and brilliant splashes of Chinese red-lacquered bowls and boxes. The baskets, place mate, brushes, small, portable furniture, cricket cages, plant hangers, straw matting, and carved trinkets are almost all made completely from natural materials. And there is clothing—navy and mocha-brown silk or cotton padded and quilted jackets that are so comfortable and surprisingly warm, $30 for silk and cotton long-sleeved jackets, $22.50 for cotton cap-sleeved ones. There are belts, bags, purses, ivory carved beads, and lots of red and blue cotton slippers for children, $2.95 a pair. And what toys! Tiny crocheted pandas and bears, even monkeys dressed up in cotton clothes, $1.29. There are also some very small embroidered silk animals—tigers, horse, and cocks—and jars shaped like elephants, $2.95, horses made of bamboo, and highly decorated whirling eggs that open up to reveal tiny chicks inside, $1.79. Butterfly kites in translucent rice paper with beautifully painted designs would delight a child, 79¢ and $3.95.

A corner of the Cultural Revolution is devoted to cooking gear and the really fine wok equipment. Ladles, scoops, brushes, kitchen shears, bowls, plates, rosewood, lacquered and easy-to-split bamboo chopsticks are in generous supply. Spice jars in three sizes that are covered with a dark brown glaze would be as useful storing rice, coffee, or sugar, 29¢ to 99¢.

Rattan and bamboo furniture has great design and is often inexpensive and it is flexible besides. Indoors or out, the lightweight quality has its advantages. Two bamboo, 10-foot ladders, at $16 each, for example, placed one in front of the other and secured at their bases can, with shelves placed on each rung, be a fabulous étagère for a really minimal cost. Rattan tables, stools, baby cribs, and chairs can also be lacquered or painted with little trouble. Or leave them with their own natural finish. One all-bamboo chaise has a back that moves to three positions plus a latticework that mixes the colors of bamboo to make a charming pattern, $29.95. And let us not overlook those wonderful bamboo-woven suitcases that have almost replaced pocketbooks and attaché cases, $12, $20, and $30. And they're great to use for picnic baskets, too. Some even have their own wine compartments, $30.

Now and then a collection of truly rare, never-to-be-seen-again porcelain or set of antique clothing will arrive in the shop and be announced with all due fanfare. There are also beautiful embroidered jackets that can cost up to $400. If you find a Japanese china pattern there, you can be sure that it's one very few stores will have—Mr. Van Doorn insists on eliminating anything he discovers has become common elsewhere. More antiques—the original Indonesian batiks that were worn sarong-style were all made a meter wide. The borders and patterns were all designed to fit and blend together when the fabric was draped or wrapped around the body. The colors are fabulous and resist fading because dyes are made of natural plants and roots. The fabrics have been made into pillows, $25 and shoulder bags, $22.50.

The Verdier Wine Cellar



Liberty House's Verdier Cellar.



Wanda Myer holds a Verdier champagne.

Tradition has it that San Francisco's first department store was a ship called "Ville de Paris." On its first voyage into the San Francisco Bay it was greeted by the townspeople who had rowed out in their boats to meet it and acquire by theft or sale the treasured French wines it was carrying. When the first real department store was built it, too, was called "City of Paris" and one of its outstanding features was its wine cellar, owned and run by the Verdier family. Today the Verdier Cellar in San Francisco's **Liberty House** store is one of the finest wine shops

Continued on next page



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Unusual stores
continued from preceding page

in a town that loves its wines. The cellars are a part of an entire floor in Liberty House called "Normandy Lane" and it's about as condensed a food and delicacy shopping area as you'll find anywhere on the west coast. America's second Fortnum & Mason, London's famous food and delicacy shop, is on this floor. (The other is at B. Altman & Co. in New York.)

The last scion of the Verdier family, Paul Verdier, made an important point of sharing his wines with customers in a friendly and gracious way. He had a dining room situated near his office and would think nothing of inviting customers into it for a taste of a new domestic champagne he was currently developing. Those champagnes are now world famous and carry Brut and Cuvée labels under Verdier. $4 to $13 a bottle, domestic and imported. Some other California wines bearing the Verdier label are: Chablis, $2.15 a bottle; Burgundy, $2.15; Reisling, $2.30; Pinot Noir and Chardonnay, and a Barbera, for $3.25; and a Cabernet Sauvignon, $3.60.

The cellar is almost perfectly divided in half with imports on one side and domestics on the other. White wines are in a specially temperature-controlled room in the rear of the cellar. Famous châteaux lie next to offbeat wines. (There's usually room in everyone's budget for experimentation.) You'll find wines from Greece, Switzerland, Hungary, and Morocco, and I'll bet you didn't know that half the *vin ordinaire* that's drunk in Paris is from Morocco.

The Brownstone

Young Beau Theriot has been collecting antiques since he was 12 years old. He's a passionate lover of beautiful things and as an interior designer he loves using them in new and refreshing ways. As the owner of one of Houston's best, new, and very inventive restaurants, he's using antiques as a major source of furniture. **The Brownstone** at 2736 Virginia Street is both a lovely place to eat and a fabulous place to browse. Everything, but everything, in the restaurant is for sale—from the Queen Anne chair you sit on, $150 to the reproductions of pressed-glass goblets, $11.95, you drink from to new Imari plates, $25, the antique brass candlesticks that light your table, starting at $15, to the table to the silver platter your dinner is served from. And don't forget the tablecloths, $35, and napkins! Just outside the four dining rooms—The Brownstone serves up to one hundred and fifty people—is a magnificent antiques gallery, all of it arranged in four large living-room settings. You are invited to browse, to sit down on a sofa or chair to wait while friends arrive, to pick up a crystal obelisk, to make yourself at home in this incredibly beautiful environment. Go in for lunch, muse over what you've seen, and pick out a gift or two if there's something that has attracted your attention. The whole thing is calm and comfortable and relaxed.

Mr. Theriot makes his own buying trips to the Orient two or three times a year and the Brownstone Gallery reflects his love for one-of-a-kind pieces. Old jade, ivory, porcelain, carpets, crystal, and horn are among his favorites. Right now he's very proud of a 17th-century French *bibliothèque* made of oiled woods he found. It

FRANK GOLDEN





One of four antiques galleries outside dining room; Beau Theriot, top.

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neasures 11 feet wide and just over feet high, $12,500. What a book torage problem that would solve!

What's a "brownstone?" It's a tyle of row house found in New ork that's fronted with a reddish- rown sandstone. It is also known or being very narrow—sometimes ot even 15 feet wide. Mr. Theriot dores New York but prefers to ive in Texas. He says that his Brownstone is his tribute to this abulous city and he welcomes his Texan customers with a pair of eavy wrought-iron gates he took vith him to remind him of New ork's fascination.

Dorso

Dorso at 444 North Camden Drive in Beverly Hills is a blue-huttered, blue-and-white-decorat-d shop with a French air that is a nélange of gifts and clothing for nen and women. It specializes in are one-of-a-kind gifts and is particularly well-supplied with old Chinese and Japanese porcelains. Many of the larger jars that cost rom $150 to $500 are perfect to convert to lamp bases. There are Peruvian cotton bags big enough o pack for a weekend for about $50 and beautiful and delicately made silk flowers from New



Richard and Betty Dorso outside their blue and white shop

York's Diane Love start at $40 for a small bouquet and make wonderful house and hostess presents. Dorso has a collection of new and antique crystal bottles from $85 to $140, as well as antique silver picture frames and letter openers, pieces of ivory and brass, antique silver toast racks, flasks, candlesticks, appointment calendars, inkwells, picnic hampers. It's the place to go whether you need inspiration or know exactly what you're looking for.

Clothes at Dorso are casual and sporty and all designed just for the store. Part of Dorso's charm is the way clothes, antiques, and furniture are blended—porcelains among the silk shirts work very well visually. If you are at all fond of hats you'll be delighted—almost every kind of hat that has any character at all is hanging somewhere there; they start at $15.

Williams-Sonoma

Can you imagine a store that would stock twenty-eight sizes of sieves? **Williams-Sonoma** at 438 North Rodeo in Beverly Hills does. (There's also one in San Francisco). It carries what is probably the widest stock of French and American cooking equipment in California. If you are wrestling with a recipe that calls for cooking containers you've never heard of, Williams-Sonoma will have it in spades. In some cases, where a piece of professional cook's equipment is needed, Williams-Sonoma not only will design the piece, find a manufacturer and make it available, but will [illegible]. 18-inch-long baking pans are a good example. Professional bakers use black steel pans whenever they can as the steel ensures an even distribution of heat for steady baking, a crusty surface, and the dark color helps the bread to brown. The baguette pans make two long, or four shorter loaves, $9.95 the set. A black steel tart/quiche pan, 10 inches in diameter, is great for thin quiche and dessert crusts, $5.50 a set of two. How about some glass mixing bowls? The set consists of ten nesting bowls—the smallest, 2½ inches in diameter would hold a single egg yolk; the largest, 10 inches, is wide enough for beating cake batter. And the set is attractive to use for serving bowls. $14.50 the set. Croque-monsieur is a special toasted sandwich made with ham and cheese, popular in France and delicious for lunch or late-night suppers. Williams-Sonoma has a croque-monsieur cast-aluminum iron that toasts the sandwich in a

Continued on next page

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Unusual stores

continued from preceding page

lovely shell pattern, makes two at a time, and comes with a recipe booklet for more sandwich ideas. The iron is $12.95. One of the most popular gifts is a straw basket filled to the brim with wooden cooking utensils. It runs from $50 to $55 depending on what you add or leave out, and a colorful ribbon is tied around the handle.

The variety and quantity of cooking gadgets and equipment is mind-boggling. From the smallest paring knife to a $550 hardrock maple workbench that has two shelves, your every need has been anticipated and in the most attractive design available. A stainless steel soup skimmer for $8 is a very good example of the attention paid to design detail.

Williams-Sonoma has a catalogue for cooks and a mail-order service. The catalogue contains recipes, descriptions of newly published cookbooks, and cookbooks that also teach you how to use various cooking tools. Its booklet, *Jams and Jellies,* teaches you how to make them with the prope equipment, and *Claypot Coo Book* teaches you how to bake an roast meats with little or no fat i these claypot casseroles. There ar Cook's Lectures, too. Julie Dan nenbaum and Simone Beck ar scheduled to speak there this fall The coming year also include plans for a kitchen that will permi cooking classes to be conducted i the store. Write for its catalogue Mail Order Department, Bo 3792, San Francisco, Cal. 94119



Tablesettings as well as cookware

Clear White

To double the light in a small apartment or room of a house, mirrors work wonders. To open a space and eliminate a cramped look, furnish with glass. **Clear White** at 7617 Melrose Avenue in Los Angeles is the place to go for things glass, mirrored or made in acrylics. Wayne James, who has his own factory and manufactures many of Clear White's designs, specializes in making these supermodern, sleek objects, but only in "ice" or reflecting surfaces. There are light sculptures, coffee tables, light cubes, bar carts, clocks, desk and bar accessories, and at least a hundred mirrors and their frames that he has made. For example, for $25 up to $70 he has created something he calls "grownup toys." They are acrylic cubes that, used for centerpieces, combine with candles and flowers to reflect the light and colors. Other people simply put the cubes by themselves or a coffee table. Glass coffee table that Mr. James designs begin a $390.

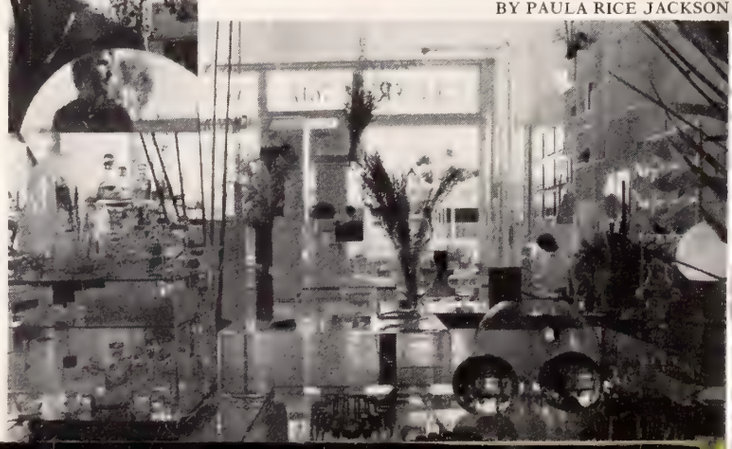
Picasso-like etchings pattern ar acrylic paperweight, $5, and yard sticks and, for the really current metersticks, made of acrylic cos $9. One of Mr. James's favorite light sculptures is a 4-inch-thick foot-square free-form chunk o acrylic that is lit from underneath —you can color the light with a bulb. It's $240. On a floor or table the piece simply shimmers and glows. Sculptures begin at $150.

Mr. James suggests you care for your plastic and acrylic pieces by putting a drop or two of Pledge on a soft cloth and rubbing gently. It removes surface dust without making plastic static and also fills in tiny little scratches that sometimes dull that superpure, clean look intrinsic to its beauty. Better too little Pledge than too much as acrylic will be smeary. ■

BY PAULA RICE JACKSON



Wayne James designs acrylic, glass, and mirrors for Clear White



HOUSE GIFTS

The Children's Exchange



games • health • education • psychology
the arts • books • TV • sports • the great
outdoors • fashions and fads • environments

Rafts of crafts

"Let's make something!" On a rainy day, but any old day too, that's the cry from children, and parents, who get a kick out of making things. All sorts of craft books for children have come out in time for Christmas giving. Here are some of the best.



The joy of pot-making. More projects for craftschildren below.

Simple Printmaking by Peter Weiss, illustrated by Sally Gralla (Lothrop, Lee & Shepard, $5.50). Printmaking can be child's play or an art requiring great knowledge and skill. Some of the elementary aspects are described in this print-making primer—from making noodle and potato prints (not as edible as they sound) to monotypes and marbleized paper. Enough ideas are presented to provide lots of enjoyment and a gallery of originals by the proud printmaker.

Totems, Decoys & Covered Wagons by Jeremy Comins (Lothrop, Lee & Shepard, $5.95). Children who are devoted model builders should find plenty to absorb them here. The emphasis is on early Americana. For instance, an informative introduction on the salt-box house precedes careful directions for a cardboard model. In addition to the totems, decoys, and covered wagons of the title, there are model patterns for Hopi kachina dolls, a rocking horse, and other handsomely designed historic objects. These would make good school history projects as well as joint parent-child enterprises.

The Crowell Book of Arts and Crafts for Children by Arnold Arnold (Thomas Y. Crowell, $10). Written as a resource book for parents, teachers, or any adult working with children, this 400-page volume gives brief, matter-of-fact instructions for all the art and craft techniques one can imagine. Mr. Arnold stresses the importance of utilizing each child's imagination so that projects and products will be personal and therefore unique—not the old paint-in-the-numbers approach of so many craft books.

Making Things, Book 2 by Ann Wiseman (Little, Brown, $8.95). In this big guide to creating, the language and layout are directed to young readers. Crammed with handwritten instructions, explanatory sketches, and enthusiasm, the book emphasizes that there is nothing a child cannot accomplish if she or he wants to try and is not daunted by mistakes. There are moccasins to sew, fishing nets to knot, a hammock to knit, and dozens of other projects.

Recyclopedia by Robin Simons (Houghton Mifflin, $6.95; $3.95 paperback). Another wide-ranging collection, this one will be of special interest to "pack rats" and "incorrigible scroungers" because all the projects were first constructed from recycled materials in a program at the Boston Children's Museum. Amply illustrated instructions detail quantities of games, science equipment, and craft items that can be built from materials that used to lie around waiting to be thrown out.

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HOUSE GIFTS

Making your own pillow-in-bloom

Step-by-step instructions for making the flower pillow on page 163

OLFKSAK



Step 1

Step 11

Here's a basketful of perennials that never need watering. It's a pillow (have a closer look on page 163), designed by Mark Robinson, and you can make one yourself. If you prefer to buy one already made, you'll find how-to-order details on page 193.

Materials and equipment

Large piece of white cotton, ½ yard of a floral print fabric for the top front section of the pillow, ½ yard basket-weave-patterned fabric for the bottom front and back sections; ½ yard green velvet for the top back of the pillow; a needle; thread chosen to blend into the fabrics; a sewing machine with a zigzag stitch; some heavy brown paper; pins; scissors, and a bag of polyester stuffing.

Step 1: Cut out flowers and leaves from the floral fabric you have chosen for your pillow, allowing ⅛ inch of background around each piece. Don't worry about cutting precise flower shapes; spaces between leaves, flowers, and stems give pillow a natural, airy look.

Step 2: On a large piece of white cotton, pin the flowers in a pleasing arrangement.

Step 3: Using a medium-size zigzag stitch, sew the pieces onto the white cotton. (Do not stitch across bottom of flowers; basket section will be inserted there later.)

Step 4: Draw and cut out a basket shape from heavy brown paper, making it ⅜ inch larger at sides and bottom than the finished basket will be, and 1½ inches larger at the top. Natural looking proportions between basket and flowers are essential.

Step 5: Trace the basket pattern onto the basket-weave-printed fabric. Cut out two basket shapes—one for the front, one for the back.

Step 6: Slide the top of the front basket section under opening in flower section; pin into position.

Step 7: Using a zigzag stitch, sew the front basket section into place and complete stitching across the flowers that overlap the basket.

Step 8: Cut away the excess cotton behind the flowers, leaving a 1-inch border around the flowers.

Step 9: To make top velvet section of the pillow back, first pin the front flower piece face up on the wrong side of the velvet and trace around the outside shape of the flower section. Leaving an extra inch at the bottom, cut straight across the bottom and around the outline of the flowers.

Step 10: Place back basket section on top of velvet, right side up, adjusting size to match the front of the pillow. Pin. Zigzag together.

Step 11: From a scrap of basket fabric, cut a border to finish off the back of the basket. Pin. Zigzag in place.

Step 12: Pin front to back, right sides together. Sew, using a fine straight stitch, leaving only the bottom of the basket open. Cut away excess seam allowance, clip curves.

Step 13: From brown paper, make an oval pattern to fit the opening at the bottom of the basket. Cut basket-fabric oval.

Step 14: Pin the bottom of the basket in place, right sides together, and stitch closed, leaving an opening just large enough for your hand.

Step 15: Turn the pillow right side out and stuff with polyester, making the pillow firm enough to hold its shape.

Step 16: Pin the pillow closed and sew by hand. ■

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Addresses of stores, mail order firms, and other sources for our Christmas presents (pages 102 to 116 and 148 to 165)

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ntinued from page 101

ethod

a bowl toss nuts and rais- together. Other salted ts may be used; mixture ould be made up of equal antities of nuts and rais-. Makes 2⅔ cups.

Chicken liver pâté

ROM MRS. MONTAGUE H. HACKETT JR.

gredients

pound unsalted butter
cup onions, finely minced
mall tart apple, peeled, ored, and chopped
ound chicken livers, cleaned and trimmed
teaspoons salt
shly ground white epper, to taste
cup cognac
tablespoons heavy ream
tional: a few truffles, minced, and 1 teaspoon truffle juice
pound clarified butter

ethod

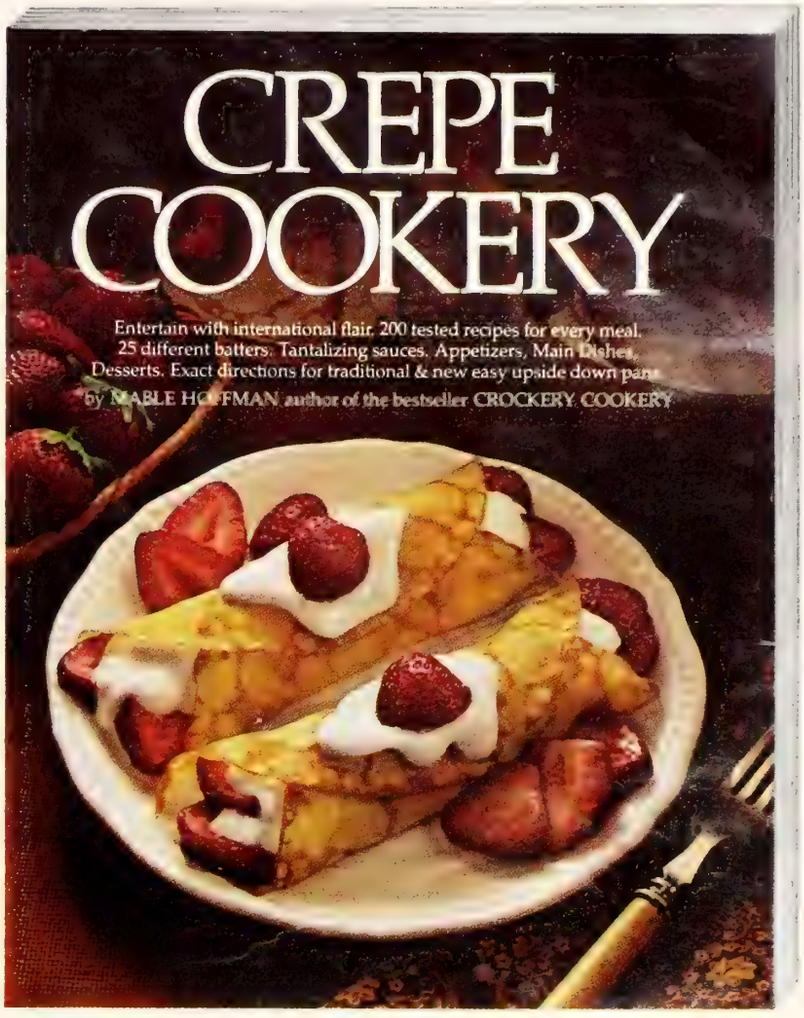
In a large heavy skillet, lt 3 tablespoons butter. d the onions and cook un- soft and lightly browned; d the apple and cook for minutes longer. Transfer xture to a blender or food ocessor jar.

Add 3 tablespoons butter the skillet and add the icken livers and cook un- they are browned but still ik on the inside (about 3-4 nutes). Season livers ghly with salt and pepper, d the cognac and cook til it has completely evap- ated. Remove livers to a opping board and mince ely. Cool to room tem- rature.

Add livers to apple mix- e in blender and add 2 lespoons cream (addi- nal cream may be need-). Blend until mixture is ooth. Cool.

Cream 10 tablespoons tter in a bowl, add liver ste and mix together well. ste for seasoning and add tional truffles and juice.

Pack mixture into a small rine and chill for 30 min- es or until very cold. Pour rified butter on top to ver surface of pâté com- etely. Cover terrine with astic wrap and chill for 24 urs before serving. Serve th thin toast triangles or ench bread. ■



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How to mount a poster

Posters are art everyone can afford, and they make terrific Christmas presents (see some good ideas on page 164). But sometimes the cost of mounting a poster can be greater than the price of the poster, unless you do the job yourself. David D. Lingwood, president of Modernart Editions (they're the people who mount all the posters for the museum of Modern Art Poster Shop in New York) and his assistant Jim Ladden show how. The process they use is known as museum mounting. Neither glued like wet-mounted posters nor covered with gelatin tissue like dry-mounted ones, museum-mounted posters are tightly sealed in a sort of super-Baggie, heat shrunk to fit.

To museum mount a poster, you will need:

A pencil
½-inch Fome-core mounting board or
¼- to 3/16-inch display board (available at art supply stores)
1-inch white masking tape
Mat knife
Metal ruler
Plastic shrink film (order from Arthur Brown & Bro., 2 W. 46th St., New York, N.Y. 10036. $1.50 per yard; minimum mail order $25, enough for more than 5 posters)
Food-bag sealer (under $20 where small appliances are sold)
High-power hair drier

To mount the poster

1. Lay poster on a piece of display board and mark its corners on board with pencil, indicating with arrows the top of poster.

Mr. Lingwood uses ½-inch Fome-core as a backing, which gives the posters a custom look, but you can use ¼- or 3/16-inch display board, if you prefer.

2. Using mat knife and ruler, cut board slightly larger than poster, so that the poster will not pucker when it is sealed in the plastic. Do not dig the knife into the board, but rather run knife gently along board 3 or 4 times, letting the tool do the work. You will get a smoother, straighter line that way.

3. Tape the edges of the board, using one continuous piece of



1-inch white masking tape, **above.** Snip the corners of the tape, then smooth edges starting from center and moving outwards.

4. Cut double sheet of plastic shrink film—it comes folded down center—1½ inches larger than poster on all sides.

5. Seal plastic as close to edges as possible on 2 sides, **below,** to form



a giant Baggie. Professionals use a special heat press to seal plastic, but a kitchen-size food-bag sealer will do the job.

6. Open the bag and slide in poster and backing at same time, **below.** Bag will be larger than poster.



KEITH TRUMBO

7. Check to make sure poster has not slipped; seal up fourth side.

8. Use a nail to make a small round hole in plastic on back of poster. This allows trapped air to escape.

9. To shrink plastic so it will fit poster, set a high-wattage, hand-held hair drier on "hot" and focus heat first on poster back, **below,**



working from center out, avoiding air hole. This will draw seams to back so they will not show. Apply heat until plastic fits snugly.

10. Paste-on, magnetic, or suction hooks, available at art supply and hardware stores, can be used to give your poster the final touch. ■

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Department TL, Mt. Kisco, New York 10549.



GIVING GALA

There's a case to be made for giving as the biggest turn-on going. It's the impulse to give... to give pleasure...that energizes the crescendo of planning and cooking and arranging that peaks in a party. Then there's that extra burst of vitality, the Christmas spirit, that sets us baking and sewing and shopping, finding time we didn't know we had in a gala whirl of present-hunting-and-making. And people who take hours from their busy lives to work for worthwhile causes find that commitment to giving carries an updraft of energy.

This brings up another aspect of the vitalizing power of giving—the individual giving that keeps alive our cultural and charitable organizations—an aspect to be remembered when you're making up your present lists. For many friends, the perfect present may be a contribution in their name to their favorite cause, or, if you don't know what theirs is, here are three among the many worthwhile ones to start you off: The National Trust for Historic Preservation, 740-748 Jackson Place, N.W., Washington, D.C. 20006, is a leader in preserving America's architectural heritage—buildings, sculpture, fountains, parks, gardens, bridges, neighborhoods of historical importance. It not only buys and administers historical sites, it offers all kinds of help to those who wish to preserve and restore. The $15 tax-deductible annual membership gives many bonuses including a monthly newsletter and *Historic Preservation,* its quarterly magazine.

The Nature Conservancy, 1800 N. Kent Street, Arlington, Va. 22209, works to safeguard our finest natural lands and the variety of life they shelter. It identifies the most important ecological areas, protects them either by acquiring them or assisting the government, maintains those it acquires, and tries to increase public awareness of the need to preserve them. There are a variety of membership categories including $5 student, $10 subscribing, $15 family, and $500 life, and all receive a quarterly membership publication.

CARE, Dept. HOL, Box 570, New York, N.Y. 10016, provides a variety of nutritional, self-help, medical, and educational programs for people in need around the world. A $10 contribution gives 3,000 children a cup of protein-enriched breakfast or lunch beverage, or trains a group of needy farmers, or supplies a CARE/MEDICO team with gauze for bandages. Because of matching funds from the governments of the United States, Canada, and of the countries where the funds are spent, CARE was able in 1975 to deliver $5.13 worth of aid for every $1 contribution by individuals. At Christmas CARE offers holiday greeting cards for a minimum $2 donation per card. You can send them yourself or CARE will send them for you.

The following pages are filled with festive ideas—party plans, presents to make or buy, ways to raise money for a good cause—but what really counts is the giving,

GIVING WITH HEART

House & Garden
November, 1976

THE NEW INFORMALITY

THINK INFORMAL

It's the personal side that counts more and more in today's unstructured entertaining—your party is an extension of yourself.

The style of parties has changed. Everyone knows that. Smaller spaces, less money, and no help have altered the way we get together with people to have fun. There is more mobility today; people are not accepting the kinds of rigid molds that were handed down in earlier times. There are not so many explicit rules. It's rather like the difference between classical music and jazz.

Today's musical freedom depends largely on improvisation. What about today's hostess—does she not have more freedom of personal expression also? Think about it for a moment. A formal dinner, with place cards, three set courses, coffee and brandy, has a structure all its own, which those attending know and follow to the letter. Informal entertaining, on the other hand, tends to have a diffuse form, dictated mainly by improvisation from hostess and guests. People move about and sit in different places; some may be drinking coffee while others still eat salad. "Help yourself," is a call to freedom.

I give and go to about the same number of parties as most people, I expect. But recently I began to look more carefully at how these more informal affairs were changing the way hostesses and guests behave. I began to wonder what new demands these parties put upon people, what elements are needed to ensure I have a good time, whether giving or going to a buffet or casual get-together. I was fascinated by what I learned —and I think you, too, will be entertained by what's happening in the evolution of our social mores.

Today's parties, free from the conventions of earlier social forms, reflect a less settled, more mobile society. At the United Nations, for instance, almost all entertaining is buffet, because the society there fluctuates so enormously, with the constant comings and goings of diplomats. In a typical American suburban community, a casual buffet can happily introduce and absorb a new couple without long getting-to-know-you preliminaries.

But the move to more relaxed entertaining, though psychically healthy, places new demands on the hostess, who must learn a completely new set of skills. Some of her duties are much simpler: The rice can appear later if it's not yet cooked; guests can show up at different times; she needn't worry about male/female match-ups; people can leave early without making a hole in the table. But she must see that the space is comfortable for everybody; she must constantly be on the watch to see that guests don't get "stuck"; her party must be justified in the eyes of the guests.

Sometimes this is very hard. "There are no fixed rules handed down from our parents any more," says Eileen Simpson, New York psychologist and author of *The Maze* (Simon and Schuster). "Many young people are having to do things by themselves for the first time. You're on stage without a prompter—it's true improvisation—and the guests have to trust you. So you should only plunge into it if you're in good shape and feel confident that you can do it successfully."

The first, most obvious new test in a party that is not the conventional 6 or 8 sit-down dinner at a dining table is—SPACE. One of the foremost experts on the subject of personal space is Edward T. Hall, Professor of Anthropology at

Continued on page 174

By Caroline Seebohm

THINK BUFFE

when you want to entertain lots of people easily and attractively—and enjoy the party yourself

Think Big: the 12-inch plate

THIS IS THE PLATE that could launch a thousand buffets, *right*. It's 12 inches big (actual size shown), and can hold nearly everything you could possibly want to eat at one time—no food shooting off onto dinner dresses, no mixing the mustard sauce with the dinner roll. Just put it on your lap and it's your mini-dining table. Why did nobody think of it before? 12-inch white plate and sterling dinner fork, from Tiffany. For more party pieces, see page 158



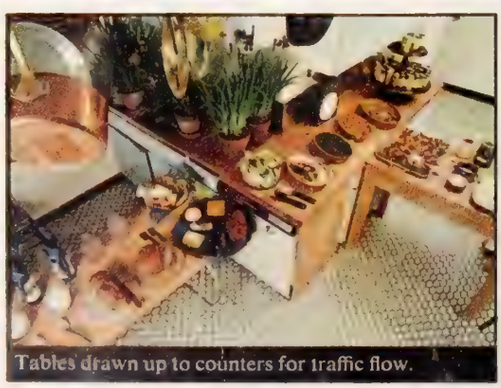


William and Chessy Rayner make final preparations.



For dessert, a compote of poached apricots, plums, pears, and peaches in glass bowls.

Help yourself to hearty food straight from the cooks' counter



Tables drawn up to counters for traffic flow.

"The whole point of a buffet is to make it good, but not so difficult to execute that you have to spend hours cooking," says Chessy Rayner, who, with her husband William, put together a kitchen buffet for 24 in two days flat. "I think people have a good time at a buffet," says Mrs. Rayner. "They like the variety it offers —picking a little of this and a little of that. We cook easy things, simple and healthy food; because the simpler it is, the less room there is

THINK BUFFET, KITCHEN CASUAL

for the new informality



Corned beef and cabbage; tarragon chicken

or faults." Variety in the menu is important for a Rayner party. "We always offer two meat dishes—something you might not normally have, like tongue or corned beef—and a simpler dish—such as the tarragon chicken here. We like a variety of vegetables—at least three—a good selection of cheeses and breads—my favorite part of the menu—a good, interesting mixed salad, and a simple dessert." For a large party, the Rayners set up a long zigzagged buffet in the kitchen, using kitchen tables drawn up to the counters. The buffet starts with plates piled on a small bamboo table and leads through the kitchen to the dining room where tables are set up. Decoration is supplied by potted plants on the buffet and kitchen counters, and brightly colored napkins tied around wine bottles. Vegetables are served in country-style earthenware dishes. For the Rayners' step-by-step party plan, their menus, and recipes, turn the page.

BEADLE

HOW TO PLAN YOUR OWN KITCHEN BUFFET PARTY

Dinner for 24 served buffet-style in the kitchen is one casual way William and Chessy Rayner like to entertain friends in their New York apartment. Here's their plan of action for shopping, cooking, setting up the party with the minimum of fuss and the maximum amount of preparty planning



MENU

*Chicken with tarragon**
*Corned beef and cabbage**
*White horseradish sauce**
Red horseradish sauce

*Carrots Français**
*Baked potato skins**
*Whisked potatoes**
*Creamed spinach**

Endive and Bibb lettuce salad

Assorted cheese, breads, crackers
*Poached fruit with whipped cream**

Blanc de blancs
Red Bordeaux

Two weeks ahead	The day before	Day of the party
Invite guests by telephone. "I never try to invite anyone more than two weeks ahead. It makes it too awkward to refuse. What can you say except 'yes' when asked to come to dinner ages ahead." Order plants and flowers to be delivered the day before.	*Set the tables. Arrange flowers. "I try never to have the tables look quite the same twice; setting ahead gives me time to experiment with different flower arrangements, tablecloths, china, and glass." Shop for staples. Cook dessert.*	*Shop early on the way to work for vegetables, cheese, bread, meats. "Shopping the day of the party minimizes chances of ending up with dehydrated vegetables and ammoniated cheeses." Cook meats, vegetables, prepare salad.*

A successful party that guests—and hosts—can enjoy depends, for Chessy and William Rayner, on advance planning. They're both professionals—she an interior designer, he a publishing executive. Together they've written *Cooking By The Clock* (New American Library). They lead busy lives, so their party preparations must be done early. Menus are chosen for simplicity: Simple foods are always popular, and they take the least time to prepare. "The important thing is not to tense up; parties are for *everyone* to have a good time," says Mrs. Rayner. "I telephone invitations; I don't want to be too formal or the whole thing becomes a production. I do as much as possible the day before the party. If you wait to do everything at the last minute, you can bet the day you give the party is the day there's an emergency at the office." For flowers, Mrs. Rayner usually has one arrangement of cut wild flowers in the living room and plants for the kitchen and dining room. She sets up the tables (two or three round ones) in the dining room, and buys all the staples, tinned goods, and things that don't spoil the day before. "We always make an effort to stay in the night before a party so that we can do some of the cooking. Usually Bill makes the soup if there is one, and I make the dessert. But we often do them together to make them go faster. On the day of the party, I get up early and shop for the meat, cheese, breads, and vegetables." At 3:30 Margaret McAndrews (who has been helping at the Rayner parties for 20 years) arrives and starts preparing vegetables and salad greens. "She knows our ways. She undercooks the vegetables just the way we like, and if we can't get back to the kitchen to do the last little twirl of something, she finishes things off and gets food onto the platters. (Two more helpers arrive to serve drinks, and later, seconds). Bill comes home about 7 and we finish cooking the hour before guests arrive. Everyone is invited for 8:15, and I tell them that we sit down to dinner at 9. They can arrive at 8:15 on the button or at five-to-nine and skip cocktails—I don't care," says Mrs. Rayner, who finds some friends prefer to have their apéritifs at home and arrive at the last moment and others like to come early enough for two cocktails. "I think people should be allowed to drink what they like; we always have plenty of wine of both colors and everything else anyone might choose. We also make tea for those who prefer it to coffee after dinner. If you have people in your home, you should—to the best of your ability—give them what pleases them without going overboard." Drinks are served in the library; then guests help themselves from the buffet in the kitchen and sit at tables in the dining room. From then on they're waited on.

"These are the groceries you need to feed 24 people"

8 small broiling chickens
3 3-pound packages corned beef
1 pound sliced bacon
1 bunch fresh tarragon
8 heads of green cabbage
6 12-ounce packages baby carrots
1 bunch parsley
1 head Bibb lettuce
24 baking potatoes
1 head Boston lettuce
8 pounds spinach
6 heads endive
½ pound mushrooms
2 bottles white horseradish sauce
2 bottles red horseradish sauce
3 pints heavy cream
2 pints light cream
1 quart milk
3 pounds lightly salted butter
flour
salt
pepper, whole and cracked
1 tin dry English mustard
2 jars Dijon mustard
olive oil
herb vinegar
2 cans apricots
4 cans half Bartlett pears
4 cans cling peaches
3 cans pitted plums
1 package brown sugar
cheese: Pont-L'Eveque, l'Explorateur, Reblochon, Chevre
bread: pumpernickel, rye, crusty white, assorted crackers
wines: red Bordeaux and Blanc de blancs
coffee, tea
FOR THE BAR:
Bourbon, scotch, vodka, gin, dry sherry, red Dubonnet, cognac, green mint, poire
soda
quinine water
soft drinks



"People have a good time at a buffet because they can choose what they like"

On the buffet, from left to right: *dessert*, always something simple, here bowls of poached fruits—apricots, Bartlett pears, cling peaches, and plums are served in glass bowls, with whipped cream served separately. A *board of cheeses* picked for variety. Favorites of the Rayners are l'Explorateur (a triple cream cheese), Reblochon, Pont-L'Eveque, and Chevre (goat cheese). With them, crusty breads: pumpernickel, rye, and crackers. *Salad*—endive, Bibb, and Boston lettuces, tossed with chopped mushrooms and a light vinaigrette dressing. *Vegetables*—served in oval baking dishes—creamed spinach, carrots tossed in butter and parsley, whisked potatoes, and for those who count calories, potato skins roasted to a delicious crispness with a touch of butter. *Two meat dishes*, a mainstay at all Rayner parties: here, corned beef sliced thinly and served with wedges of cabbage and a horseradish sauce; and roasted chicken cut into small pieces, baked with fresh tarragon, and basted with white wine.

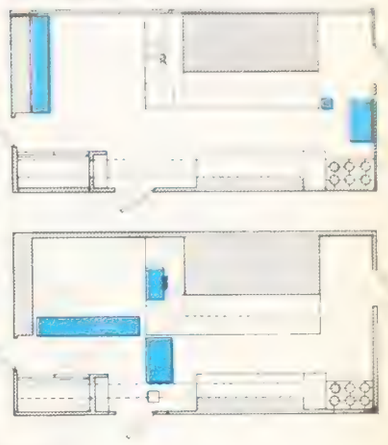








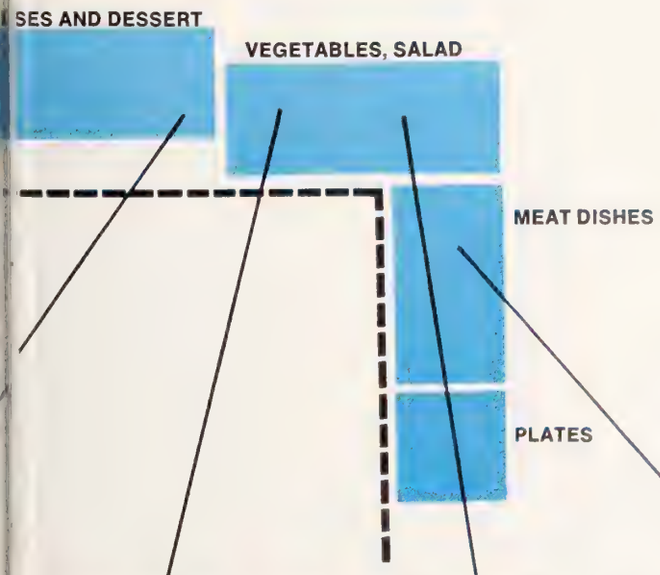
"We can set up a buffet by simply rearranging the kitchen tables"



LONDON.

Functional kitchen quick-changes to a festive buffet with the minimum of props. *Above,* Formica tabletop that rests on chrome sawhorses is covered with straw cloth and pushed against the dishwasher. Chopping-block Parsons table bridges the gap between counters. A small bamboo table holds plates. The sink is disguised with chopping blocks and a parade of plants—yellow geum and blue iris—that continues on the counters and tables. Three views of the kitchen's everyday look, *left top:* bookshelves crammed with cookbooks and wine; *center:* huge refrigerator; *below:* wall-hung basket collection.

Kitchen plan, above top, *and* below, *rearranged for buffet. Tables drawn up to counters allow a logical flow that starts from hall entrance, exits through dining room where guests are seated.*





CHICKEN WITH TARRAGON

Ingredients

8 small broiling chickens
¼ pound butter
salt, pepper
1 bunch fresh tarragon, chopped or 2 tablespoons dried
1 cup dry white wine

Method

☐ Have the butcher divide the chickens into 6 pieces each and bone the breasts. Place the chickens in a broiling pan and dot with butter, season with salt and pepper, and sprinkle generously with the tarragon leaves. Place in a preheated 350° oven and roast 35 minutes or until tender.

☐ Warm the wine in a small saucepan and baste the chicken after 10 minutes. Continue to baste frequently.

POACHED FRUIT

Ingredients

2 cans (30 ounces each) apricots
4 cans (29 ounces each) half Bartlett pears
4 cans (30 ounces each) half cling peaches
3 cans (16 ounces each) pitted plums
1 pint heavy cream, whipped
brown sugar

Method

☐ Drain syrup from apricots, pears, peaches, and 1 can of plums. Drain syrup from remaining 2 cans of plums into a bowl and reserve.

☐ Divide the fruit evenly between 2 3-quart casseroles. Add half of the reserved plum syrup to each casserole. Bake for [illegible] hours at 350°. Stir every half hour. Serve with whipped cream, brown sugar.

Additional recipes, page 188.



for the new informality

THINK BUFFET DESK-TOP FEAST

Entertaining in a small apartment is easy if rooms do double duty. Here, a foyer that's also a home office turns into a buffet center when desk is dressed up with cloth, napkins, and tempting food. The organizer of it all is Jack Lenor Larsen, a fabric designer (his newest fabric, "Pastorale," on the wall behind him, *left*, is so wide it can wrap around a room on its side) who likes to entertain before or after an event —theatre or a meeting. "For working professionals it makes a lot of sense, and since seating more than six can be difficult in small space, buffets are the answer. People have better conversations when they break into groups of two or three and can switch partners freely." When guests and host arrive home together, organization is the key. Buffet is set, platters and bowls chosen, in the morning before leaving. Mr. Larsen had his large (but still the right size for the dishwasher) porcelain buffet plates made by potter Jim Makin, who also made the soup and dessert bowls. The menu revolves around versatile, make-ahead dishes like ham and black beans. When Mr. Larsen travels to Europe on business he brings special breads and tinned meats back by the bagful. "I go so often now that I don't have the time to shop, so I spend my $100 allowance on food." For this party the Brötli (rolls that look like scorched potatoes) are from Zurich. The other bread is made from pork fat and is "short" enough not to need buttering. The onion-and-orange salad with hearts of crisp romaine has its own plates. Dressing is a free adaptation of Helen Corbitt's poppy seed dressing. "I don't measure out my dressings, but I do taste them and adjust." For this desk-top feast for 14, a barman made the rice, and helped pass the asparagus (sauce is homemade mayonnaise with mashed garlic) and the walnut soup, while guests were still standing with their drinks.



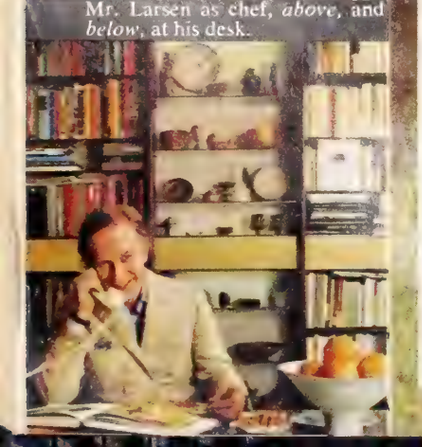
Foyer as office; trestle table as desk.



Quick-change table-desk, now the buffet.

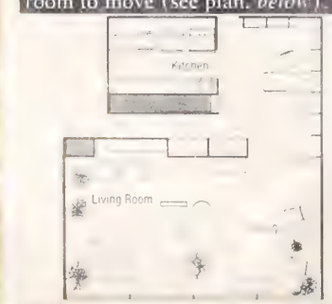


Mr. Larsen as chef, *above*, and *below*, at his desk.



For dessert, Mr. Larsen whipped up a strawberry mousse, learned from the Cafe Widder in Zurich, on the living room table. Recipes, page 188.

Furniture arrangement gives people room to move (see plan, *below*).



First course: asparagus, walnut soup in living room



Treat yourself to food from world travels, cooked ahead or prepared before your eyes



Blue Cocktail (vodka and blue curaçao.)

MENU

Asparagus spears with garlic sauce
*Walnut soup**

*Baked ham with kumquats**
*Cuban black beans with peas and pimientos**
White rice • Green beans with pecans
Red onion and orange salad
Pork bread • Brötli
Green tomato and amber pickles

*Fraises a la Widder (Strawberry mousse)**

Champagne



Drink tray set up in living room.



Mirrored wall doubles visual



Decorating for the new informality

A HOUSE FOR A FAMILY TO GROW ON



When you have a growing family, decorating can take on whole new dimensions—and can often turn into an adventure in psychology and future-casting as well as furniture plans and paint. Mr. and Mrs. Orin Lehman discovered this for themselves

Having the pool table in the living room makes the room inviting even when you're alone. And when you have guests, it brings everyone together.

when they decided to fix up their country house for summers and year-round weekends away from the city. "When I was single, I only had to please myself," says Mrs. Lehman, who, as artist Wendy Vanderbilt, has strong ideas about color and pattern. "Now I have to consider a husband and two little girls (Brooke, 4½, and Sage, 18 months)—not only the way we each live now, but the way we're likely to be living several years from now. What kind of entertaining will we be doing when the girls are older? What kind will *they* want to do?" The house added a voice of its own. It wanted a feeling of tradition worthy of a country house said to have served as one of Washington's headquarters during the Revolution. "The result is a 1970s-informal version of an old country house," says Keith Irvine of decorators Irvine and Fleming. "We used surprising colors (Wendy's influence), put a pool table in the living room (Orin's idea), and used [illegible] of straw and cotton. I [illegible] old house, it's very young."

The living room, left, *"is like* [illegible] *and curtains, and hugely flowered* [illegible] *nature's chintz. The rug is* [illegible] *found at Orin's father's house." Above the sofa, a portrait* [illegible] *Mr. Lehman's mother, "for a sense of family* [illegible]



A PUB FOR DINING A FAMILY LIBRARY

As soon as you're inside the door you see colors—brilliant colors, clear colors, colors used in startling combinations—that let you know unmistakably that something interesting is going on here. The entrance hall, for instance, is two versions of blue, held together with white molding. "I think a house should be like a star."

It's a good idea to decorate with an eye to the future. The French doors in the dining room lead to what will someday be a terrace for summer parties.

says Mrs. Lehman, with rooms radiating out from the entrance." This room used to be yellow—"but yellow is too vacant; you can put your hand through it." Just off the entrance is the library, one of the star's more brilliant points. Ruby-glazed walls, "because red is warm," play against curtains and furniture of equally gemlike sapphire blue cotton, edged with grosgrain ribbon in emerald green. This is where the family comes for music, books, TV. The Lehmans prefer this kind of cozy, cluttered decorating. "I love to visit friends who have beautiful modern all-white-and-glass rooms," says Mrs. Lehman, "but if I had one, I'm sure that I'd clutter it up." Mrs. Lehman has already begun haunting flea markets and antiques shops in the area. "I want to make this a real settled-in house full of countryfied things."

A step beyond the library is the dining room, Mr. Lehman's favorite because it was transformed just for him from white plaster to the beams and stucco of an English pub. The new ceiling is made of barn siding, and new beams in the walls support a collection of pewter, some English, some Chinese, that belonged to Mr. Lehman's mother. New French doors lead out to the gar-

it be

came

longed here." Left: *For*
brary, a surprise of blue

ROOMS DESIGNED FOR RELAXING

The bedroom is reigned over by the big bed, heaped with pillows and surrounded by curtains that hang from the ceiling. "I never use bedspreads anymore," says Mrs. Lehman. "We're all bed-sitters, and besides, I think an open bed is sexy and inviting." A portable TV propped near the fireplace across the room makes it inviting for children, too, to snuggle down contentedly for a morning with Big Bird. All around are stacks of books and papers, some Mr. Lehman's—formerly a Broadway producer (*The Effect of Gamma Rays on Man-in-the-moon Marigolds*), he is

Every room ought to be really lived in. The sun porch is a family room and study during the summer—but the rose-printed chintz makes it summer all year round.

now New York State Commissioner of Parks and Recreation—some Mrs. Lehman's drawings. "We *use* this room," she says. "And besides, it's very Piscean, having things piled around this way." Mrs. Lehman enjoys the practical side of decorating. "I like to organize closets and storage according to how you use things, how you dress, how tall you are, how high you can reach." In the little sunroom, *opposite page*, her practicality may be totally camouflaged by rose-printed chintz, but it's nevertheless there. "This is the summertime family room," she says. The drink tray is here, and a backgammon table at which Mr. Lehman often does homework on pleasant weekends. Two facing sofas, each dressed in a different-hued version of the same chintz, are luxuriously heaped with pillows—equally conducive to conversation, curling up with a book, "or," says Mrs. Lehman, "catnapping."

Chintz roses and ribbons twine, right, against pale blue and white bedroom walls and a soft grass-green carpet. Bed hangings are textured white cotton lined with pink stripes. The quilts on the bed and ottoman came from The Elder Craftsmen in New York. "If you take them a fabric or wallpaper sample, they'll make a quilt to go with it." Opposite page: *More roses in the sunroom, used with old family wicker, a new straw rug. "The trellis was there; we sponged it green."*


A KING'S BOOK OF

Decorating for the new informality

Rooms that live bigger than they are



When you want more light, more space, more flexible living, what do you do first? Open one room into another_



The idea was to live with a minimum of fuss and upkeep in an apartment full of light and the appearance of big spaces—in a blue-jean apartment as carefully conceived as a more traditional one. Furniture designer Alessandro Albrizzi started off with an unremarkable apartment in which most of the rooms were small and opened off a dark corridor. Although each room had some windows, they did not count for much. Architect-designer Tony Cloughley helped create the big spaces they needed. The wall between the living room and dining room was removed to create a freed up sunny space, *left*. Along the new uninterrupted south wall, the old windows are enough to flood the room with light. Now, without a formal dining room, Mr. Albrizzi sets up a table that seats four or six in a corner of the expanded room. Or, when he's entertaining a larger group, he uses the table as a buffet and lets people sit where they please. Cutting a wide doorway from the living room into what was previously a small bedroom further opened the space and created an office-library. Another wide opening was made between the library and the master bedroom by taking out a closet. Once this flow-through space was established, the decorating became a question of *keeping* the space open. The uncluttered arrangement of contemporary furniture, the pale floors and walls, plus the use of natural ma-

doweling

glass-topp

lower left, by

by Atelier International. Canary rugs. Painting above banquette by





Bedroom opens to library, which opens to living room.

Rooms that live bigger than they are *continued*

Sliding doors make spaces flexible

As easily as the rooms open up to create one continuous flow of space, they can also be closed off to live lives [illegible]. The bedroom can be made private for sleeping, and the office-library can revert to a separate working space. In the bedroom, *left,* the textures are natural, the colors, except for two four-panel red-lacquer screens, pale. Furniture is kept to a minimum: Albrizzi mirrored tables at bedside, a glass one at its foot, a small sofa—all surrounding the big canopy bed that Mr. Cloughley designed. The bedroom opens wide through sliding doors (see Mr. Albrizzi looking through, *opposite page, left)* into the library, *opposite page, top right,* a room filled with books and designing paraphernalia against an all-gray background. Through a similar sliding doorway, the library in turn opens into the living room, *opposite page, top left.* But because of the positioning of the doors (see floor plan, *below*), you can't see into the bedroom from the living room.

In the bedroom, matchstick blinds control the bright south light in which plants thrive. Left: dracaena massangeana in a basket on top of Albrizzi's famous white acrylic tables. In the living room, *opposite page, top left,* ficus benjamina and aralia trees in big slatted tubs by Dekorum for Philip Daniel. Below: Mr. Albrizzi's son Lorenzo.





Bazaars









Showhouses

Parties





How to raise money for a good cause *and have a good time doing it*

In the United States, nearly 80 percent of support for nonprofit health, social, and cultural institutions is donated by dedicated men and women who give their time, talents, and money. ***By Sandra Oddo***

The idea that private individuals have a responsibility to aid and support the worthy social institutions all of us benefit from seems to be uniquely American. Nowhere else do women and men donate time and professional skills the way Americans do. And all with verve, commitment, and a determination to have, and to provide, an enjoyable experience in the process. The National Endowment for the Arts estimates that, unlike any other country in the world, in this country private individuals supply nearly 80 percent of the support for nonprofit cultural organizations. Educational institutions, neighborhood houses, day care, rehabilitation, or recreation centers, drives against diseases, and the support of health care institutions, all depend upon the generosity of the public—embodied in millions of socially conscious private individuals—and their trust is not misplaced. People who plan fund-raising events are an imaginative breed. They must be, to find the infinite variations they do on money-raising festivities.



For the cause closest to their hearts, people are happy to enjoy themselves. The House Party at the Lenox Hill Neighborhood House, opposite page, top: Before the auction, guests admire tables of food for sale, the handcrafts booth, and favorite soups and sauces in a show-off refrigerator. Opposite page, center: The executive committee of the Woman's Association of Morristown Memorial Hospital pause amid showhouse planning for a portrait. The bedroom is Albert Étienne Pensis's contribution to the showhouse. Opposite page, bottom: Setting up the Winter Party was a committee effort to save money (funds were raised for the Institute of International Education) by decorating the tables themselves. Above: At the Lenox Hill auction, bids and laughter. That's the key, of course: planning, the right people—and fun.

WILLIAM P. STEELE, CHRISTIAN REINHARDT, BEADLE, TED HARDIN

AUCTIONS

An auction may be one of the most frenzied forms of fund-raising for charity, and the most fun. The details upon details! Last year, when Louise Melhado coordinated the House Party and annual auction for the benefit of the Lenox Hill Neighbordhood Association in New York, she needed a secretary who worked for months, mostly cataloguing. "You've got to be fanatical about it," she says. "The auction was done by Edward Lee Cave at Sotheby Parke Bernet. When things come in, we catalogue them, send them for storage, where they're recatalogued, then before the auction, they're recatalogued a third time."

The House Party is called that for a reason: Albert Hadley, the vice-chairman, felt that no one knew what the Lenox Hill Neighborhood House was, and that those who support it would gain a feeling for it if they actually saw it. So the party is in the house itself, all through six stories of classrooms, clubrooms, craft rooms, and halls, decorated for the party this year by Robin Jacobson, formerly of Knoll. "You come in," says Mrs. Melhado, "look around, go into the auditorium for drinks, or go upstairs for a simple dinner: lamb stew and salad. You can wander through the bazaar, or look in on the silent auction (bids are written on slips of paper) run by H.O.H. Frelinghuysen, where things like trips, services, motorscooters, belly-dancing lessons are sold. At 8 P.M. the auction begins.

"The first year, we felt that the building would only accommodate 400 people," says Celine Marcus, executive director of Lenox Hill and, says Mrs. Melhado, inspiration to the House Party committee, "so many people wanted to come that we decided maybe it would hold 700. We're not sorry."

The key to the success of the House Party, they agree, is getting the very best things they can to auction off. Last year there were only sixty-six, each special enough to arouse competition and, *right*, smiles.

BAZAARS

The Lenox Hill House Party isn't just an auction. There are four big booths with special bazaar fare.

Food: It's "specialty of the house" from the houses of those on the committee, or responsive to requests. It's individual, and it is attractive. (Recipes for some favorites, page 96).

Crafts: Some of them are special little imports, but more are the handiwork of Neighborhood House people. Afghans and tablecloths from senior citizens, toys, painting, weaving. Again, it's a matter of organization, knowing which pair of hands is most deft, most willing, and which eye the most artistic.

Books and records: Rodney Pelter and Arthur Loeb, owners of the Madison Avenue Bookshop, managed this booth.

Small antiques: In the same room with the silent auction also managed by professionals.

The House Party will be on January 12, 1977 right after Martin Luther King Day, the one day when Lenox Hill House—a 24-hour affair—is closed. Right after the holidays people might seem partied-out—but the House Party raised $200,000 for Lenox Hill this year.

PARTIES

For some eighteen years, the Diamond Ball, usually held at the Plaza Hotel, was a festive meeting of friends interested in the Institute for International Education. This year, for the first time, it was The Winter Party—"*The* Winter Party," explains Mrs. Tassos Fondaras, one of the executive committee. It was held at the Rainbow Room. "We felt we needed a new look, a new perspective. People don't give balls any more."

But they do have parties. With food, and frivolity, and music, and dancing, for a good cause. Planning begins nearly a year ahead. From September through the third or fourth Wednesday of January, the traditional day, it's all-out. And all of the planning is aimed, as it should be for a party, at making the guests feel special. There are door prizes from such donors as Van Cleef & Arpels and Harry Winston—and favors from designer Mimi Di N (Princess Romanov), and from Estée Lauder, both members of the committee. "There isn't a chairman, really," Mrs. Fondaras says, "just a committee."

To hold down the costs this year the women of the executive committee designed, made, and installed all the decorations—peach-colored tablecloths topped with circles of silvery Mylar; centerpieces of frosted feathers, wintry and gay. They took in, at the party, more than [illegible] work," says Mrs. Walker Cain, "but we h[illegible] much fun."

DECORATORS' SHOWHOUSES

The showhouse is an idea growing in popularity—almost every one of the forty-four chapters of the American Society *(Continued on page 190)*

How one Decorators' Showhouse raised more than $250,000

CHRISTIAN REINHARDT



A Mansion in May executive committee.

It was a long and difficult job, and it took more than a year. A few of the women worked at it full time, a few hundred worked many long hard days, and a few thousand more paid $5 for the privilege of working a few hours each, showing the house, parking cars. There were nearly 50 rooms to decorate, a stable to transform, food to arrange. Sixty thousand guests were expected—and they all came. What was it for? For charity, of course. For fun. As a result of their labor on "A Mansion in May," a designers' showhouse at the former Geraldine Rockefeller Dodge estate in New Jersey, the members of the Woman's Association of The Morristown Memorial Hospital were able to give the hospital a net amount of more than a quarter of a million dollars. And the people who came were able to benefit from the creative imaginations of interior designers applied to a rather awesome set of old-house problems: cast-iron radiators in every room, small dark spaces or echoing barns of rooms, not enough windows, odd shapes, uneven plaster, and paint—or lack of it—that went way back. The Woman's Association helped strip and scrub (even that became a party, they say), to leave a clear field for the designers' new ideas.



Giralda, the many-gabled Dodge mansion.

MICHAEL J. GRANT



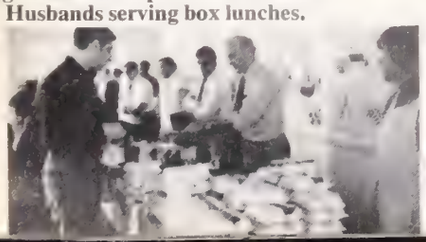
Plants for sale: in racks, on benches.



Stalls in stable turned into boutiques.



Carriage barn—a carpeted lunchroom. Husbands serving box lunches.



Out of that wealth of rooms, a few of the designers' solutions: 1. An entrance like a gazebo designed by Mary Pearson How, its arched ceiling canvas-covered and painted by Michael A. Murdolo with clouds and birds. 2. A solarium by Barbara Ostrum, terra-cotta tiled, its ceiling rayed with painted bamboo. 3. The first of a series of small rooms by Chuck Winslow, an apartment within the main house: a place to sleep and work. Awkward closet doors became bookcases; triangular desk and dais open up space. 6. The apartment's living and dining room, made from a long, old sun porch. 9. In Chuck Winslow's bath, old plumbing gets a sense of humor. 4. Designed by Edwin Cossitt, Judy Thaler, and Joel Lauden, a third-floor room became a cool, quiet studio with a modular sofa, antique Peruvian blankets. 5, 8. A matched pair of rooms, two of the many master bedrooms in the house. Here they are anything but twins. Robert Perkins turned the one on the left, 5, into a strong simple room with coffee-colored floor and walls inspired by the Ming vase between the windows. Albert Étienne Pensis of W & J Sloane let loose a fantasy in its mate, 8, giving the whole room over to a multicolored random-square print. 7. Bed takes advantage of an odd wall niche. The fabric is designer Sybil Connolly's own, based on an old French porcelain design. 10. Jeanne T. O'Mara made old fixtures new with paper, chaise, and a plaster rabbit.

Shopping information, page 193.



1



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6



9 10

Eight designers show how to make friends with an old house, turn its eccentricities into assets



GIVING

Starting here, 18 pages of gala presents to make, to buy, and to turn this Christmas into a joyful affair of the heart



Julia Child, master of the art of French cooking

"I'm always happy to receive fresh truffles or fresh foie gras or anything to eat that's good and unusual. I love bottles of wine: a lovely Bordeaux, a case of Château Lafite '61 would be very nice. I like to give cookbooks: one year it was James Beard's *American Cookery;* another *Simca's Cuisine;* and another, Marcella Hazan's *The Classic Italian Cookbook;* and last year, my own, *From Julia Child's Kitchen.* Maybe next year I'll give Elizabeth David's new book on bread. I also like to give new and useful kitchen implements; for example, when corn graters and salad driers first came out I gave them to my friends."

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, it costs $7.50,
it's by Lenox
tal.

To frost your own fruit cake as Marina de Brantes teaches children to in her cooking classes: For a 10-inch cake, flatten 2 packages marzipan with a rolling pin to ⅛-inch thickness, press lightly on cake. (This keeps cake moist—it will last 3 months in a sealed tin.) Spread on frosting with back of spoon, let harden, and decorate. Frosting: Beat together until smooth and not too thin, 1 pound confectioners' sugar, 1 tablespoon lemon juice, and 2 egg whites.



Down-to-earth extravagances

All-cotton Oxford-cloth napkins (just like a Brooks Brothers shirt), gargantuan size—22 inches square—in white with pink or blue stripes, or solid pink or blue. $3 each from Bailey/Huebner . . . The Alice-in-Wonderland measuring cup (it's so big you feel little). 2-quart "Batter Bowl" of ovenproof glass, by Anchor Hocking. $2.25 at Design Research International . . . The perfect, the utter, the supreme self-indulgence: fudge. Made with pure butter and whipped cream, $2.60 a pound by Milton York Fine Candies (It's been James Beard's favorite fudgerie for years).

BASKET BAZAARS



"It's like getting a whole Christmas boutique in a basket," says one delighted recipient. Vincent Wolfe of Bob Patino Associates, *left,* gives his friends baskets filled with home-cooked food in reusable containers and little presents arranged to appeal to the senses. A typical basket, *unpacked below* (to see it as it arrives turn to page 166) reveals a homemade Cuban flan in a china soufflé dish, strawberry sauce to go with it in a glass bottle with a cork top, potpourri—also homemade—in a Korean tea-strainer, and chopsticks for fun, an azalea for decoration.



For a much-loved child . . . or the parents, give a case of fine *wine to lay down for the child's wedding* one day. A Bordeaux that will be at its peak in 10 or 15 years is Lafon Rochet 1970, about $70 a case, or even finer, Cheval Blanc 1970, about $180. For pleasure right now, hunt out Fetzer Vineyard's Petit Sirah 1974 from California. It's about $45 a case.

CHRISTMAS GIVING
PRESENTS WITH HEART

some to make, some to buy

How do you find out what your friends would like for Christmas? Ask. Ask yourself—have you heard them wishing for something? Or ask someone near them—exactly the right yellow casserole often begins as a whispered hint from somebody's mother—or even the somebody herself. Once you know, you can start shopping, with the irresistible presents, some to make, some to buy, beginning right here.

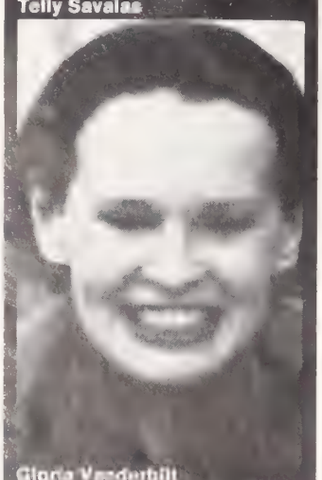


Ideas from the Christmas lists of some people you know

TELLY SAVALAS, *TV's Kojak*
I make a Christmas list, all year long. If someone admires a watch, I make a note of it. If someone is always asking for matches, I make a note of this and give them a cigarette lighter for Christmas. For a very close friend, one of my favorite things to give is a lithograph reproduction I have made of one of my mother's oil paintings. For myself, I treasure whatever people give me—it's the fact they thought of me that's important.


Telly Savalas

GLORIA VANDERBILT, *artist with a designing eye*
I like to give each friend a lot of presents all wrapped very personally using colored papers and decorations the receiver particularly likes. Each present is the most special I can find—in sound, a new record; in scent, sachet, a delicious soap, a new bubble bath; in taste, a new herb discovered, or caviar, or homemade rose petal jam; for surprise, the unexpected, perhaps an out-of-print book the friend may have tried to find or something I found that reminded me so much of her I just had to give it.


Gloria Vanderbilt

MARK FIDRYCH, *Detroit Tigers' "The Bird"*
The Christmas present I want this year is to win a twenty-game season.


Mark Fidrych

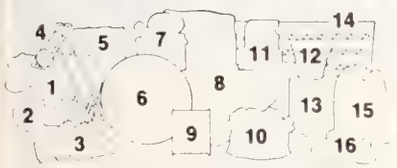
PRESENTS OF TIME—

"William" the hippo, **1,** who heretofore has lived happily as faïence pottery, now seeking owners for his stuffed silkscreened self. Excellent pedigree. 17 inches long, $23.75 ppd. as shown. Or stuff-it-yourself with a kit, $13.75 ppd. The Metropolitan Museum of Art. **2** Sun-bleached cactus wood, from the Southwest deserts, tamed as a tray table on legs. Matching boxes available. Tray table, $45, from a collection of one-of-a-kind pieces at Bloomingdale's. **3** Loose-leaf address books covered in brown, pearl gray, chamois Ultrasuede. 7½ by 6½ inches, $25 each. By Happy Lites. At Lord & Taylor. **4** Desk lamp that looks like metal sculpture: "Sintesi," designed by Ernesto Gismondi for the Museum of Modern Art Bookstore. Also available in white, $65 ppd. **5** Lacquer-like boxes in shades of ivory, cinnabar, and black. They're really scratch-resistant thermoplastic. Matching bowls, vases, trays, ashtrays, record and cassette racks. From England. By Crayonne. $5 to $30 each at Jenny B. Goode. **6** White-on-white electric wall clock with big bas-relief numbers, black hands, a chrome frame. 14 inches across. By Bailey/Huebner, $66 at Henri Bendel. **7** Oval boxes and what the Shakers call "carriers," carefully reproduced in the same oiled and

Take time to make something wonderful

☐ Conspire with a friend's child: *He* paints a work of joyous art; *you* turn it into a needlepoint pillow for his mom. ☐ For someone who spends weekends in the country (but who can ever find the place?), draw a road map, have it printed on postcards for your friend to send. ☐ If your barbecue sauce has a reputation that spans three counties, bottle it and present it with the ultimate gift: your secret recipe. ☐ Pillows are for sleeping—especially one you make by stitching two handkerchiefs together and filling with aromatic herbs: 1 cup lavender, 1 cup lemon verbena, ¾ cup thyme. Happy sugarplums!

AND PRESENTS THAT COME NATURALLY



waxed woods as *their* ancestors'. Oval boxes $18 to $50, carriers $30 to $45. From Eclectic Woodworking. **8** For snuggly warmth, Peruvian Pucara alpaca wool blanket with a sunburst pattern. Naturally fire-retardant. Imported by Golden Gate Imports. About $75 at Marshall Field. **9** "Time-on-the-ceiling" alarm clock projects digital time on ceiling, tells time face-to-face. $31.45 ppd. Hammacher Schlemmer. **10** Trompe l'oeil "Onions in a Basket" sculpture. All of clay—even the burlap sacking. One of a kind—this one, 9 inches across, $120. By Anne M. Cembalest. From Incorporated. **11** Blue boxes papered in marvelous marbleized patterns, to hold the practical as well as precious. From top: recipe file with cards, $5; rectangular box, $4; letter box, $8; file box with folders, $10. From Faroy, at Cargo Houston. **12** Roll-rimmed, terra-cotta flowerpot, handmade in Italy. 7 inches tall, $14.50; 5 inches tall, $10.25. From White Flower Farm. **13** The flowerpot squared—handmade terra-cotta planters that come glazed or unglazed. 9 inches square, $45; 5½ inches square, $25. Rectangular shapes available. From Jean-Jacques Bloos. **14** A doormat that keeps dirt out from under. Of handsome ponderosa pine. 18 by 36 inches. $18 ppd. from The Horchow Collection. **15, 16, 17, 18** *(see below)* Take a butterfly under your wing—whimsical needlepoint pillows, here in black and white. Complete kits are $40, $30, $50, $40 each, respectively. Needlepoint Design by Lou Gartner for Bloomingdale's. **19** Camel-colored blanket of Australian merino wool, bound in chocolaty brown velvet, $60. With its pillow sham, $30, all you need to make the bed. By Countess York. Bloomingdale's. **20** No-nonsense 2-quart tin watering can with a long, accurate spout. By Rubel. $12.50 at Hess's. **21** Exercise appeal: roll-up exercise mat of batiky quilted polyester and cotton is ready when you are. 3 by 6 feet. By Peacock Alley. $40. Neiman-Marcus. **22** Hearty-sized plate, bowl, and cup for breakfast, lunch, or tea—the "BLT" set, stacked and tied in the traditional Japanese manner. Of glazed Japanese stoneware that's dishwasher- and microwave-oven-safe. Shown here in bluestone. By Dansk. $16 at Crate & Barrel.

ALL PRICES APPROX MATE. STORE ADDRESSES, PAGE 119.

FOR NATURE LOVERS

Send someone you love to the South Pole: Lindblad has 35-day cruises, $4400 to $6625 complete with frostbite, but not with air fare home to port. For vicarious vacationers, a new travel book plus a huge soft cocoon of a hammock ($40 to $60 at The Mexican Folk Art Annex) to trip out in. Save the world—by sending gift memberships to the National Audubon Society ($15) or the Environmental Defense Fund ($15).



CHRISTMAS GIVING

NATALIA MAKAROVA, *dancer and unforgettable Giselle*
We give presents in Russia on New Year's, so the custom of Christmas is new to me. I enjoy trying to find presents that suit each friend's personality. When I see something I think they'd like, I buy it. I don't wait for Christmas.

HALSTON, *designer of things to make you look and feel beautiful*
This year I'm going to give my friends all the different useful things we design —cashmere blankets, bath towels, sheets, comforters, perfume, men's fragrance, men's soap, things for the bath. I love to receive equally personal gestures from friends—because something you give of yourself is more special than a present you go out and buy. I'd like a painting or drawing from an artist friend, a poem from a poet, a book someone's written, an afghan they've knitted, a cake they've made. For example, my favorite present from my mother is a big box of all the different kinds of decorated Christmas cookies she bakes.

PAOLO SOLERI, *bell-ringing architect*
We like to make our own presents— bronze windbells in all sizes and shapes.

ENID A. HAUPT, *friend to flowers*
The greatest joy for me is to give a plant I have grown. If I haven't one I think is unusual enough, I try to buy a plant that I think the person I'm sending it to will enjoy. My second favorite choice is to give the newest book, whether it be one of art, food, wine, or crafts. The greatest pleasure in giving is to have the gift be very personal. Therefore I only send something I'd enjoy having or using myself.

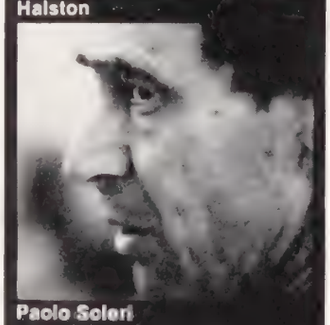
HORST, *photographer of houses, gardens—and beautiful women*
What I'd really like is an indoor swimming pool in a greenhouse—it wouldn't have to be big. I just want to keep swimming after October without having to go to Florida. It would be wonderful to swim amidst tropical plants and watch the snow fall outside at the same time—and a present for one's health, which is the most important thing in the world.

ZANDRA RHODES, *designer and spinner of fantasies*
A Cadillac—no, hang on. I'd like central heating. My Victorian house is still without proper heating. Also, then I could have a banana palm . . . As for what I like to give, either I give something of my very own that a friend has admired, or I give my Zandra Rhodes special edition caftans which are made up at the last minute from leftover prints.

DENA MAKAROVA
HANS MAYR
KAREN RADKAI


Natalia Makarova


Halston


Paolo Soleri


Enid A. Haupt


Horst


Zandra Rhodes



TOM YEE

MACHINE-AGE

Fifty feet of vinyl hose, **1,** attach to indoor faucet. Casaplanta. $12.95, Bloomingdale's. **2** Portable 7-channel AM-FM radio receives TV sound, CB, weather, aircraft, and VFH public service radio. "Super Seven," General Electric, $76.95. **3** Six-pound 2-way citizen's band radio, the "TranSSportable" by Trans-Comm. $224.95, Hammacher Schlemmer. **4, 5** Even-heating cookware of Armetale alloy. 1¾-quart saucepan, $34. ¾- and 2-quart gratin pans, $13.50 and $22. By Mary Bond for Wilton Armetale. **6** Kitchen scale, weighs in kilograms, pounds. Terraillon. Halls Plaza $21.50 ppd. **7** Thermometer tells indoor and outdoor temperatures, indoor humidity. $6 ppd. from The Cooper Thermometer Co. **8** Thirteen-piece tool kit: 6 screwdrivers, rule, hammer, awl, pliers, wrench, gimlet. $28.50 ppd. Hoffritz. **9** Digital electric rain gauge (See page 285). $49.95 ppd., Edmund Scientific. **10** Six-quart porcelain-clad aluminum pot, ovenproof to 350°, bakes, stews, roasts. Base solos as 7-by-11-inch grill. "Slo-Cooker Plus," $51, WestBend. **11** The best ma-

Other little helpers

☐ The well-cut bean this season will be frenched by Burpee's tabletop bean frencher, $16.85 ppd. in the catalogue. ☐ For precision-accurate boiled eggs, the Terraillon kitchen timer, 3 inches across, in white or yellow. $10 at Bridge Kitchenware Corp. ☐ For belt-tighteners, a simple belt-hole puncher that makes any size eyelet you need. 9 inches long. $5.95 from the Brookstone Tool Catalogue. ☐ Mile-measurer for a marathon walker: a pedometer attached to your waistband or belt. Body vibrations set it to ticking off the distance. $13.50 at Abercrombie & Fitch.

PRESENTS THAT WORK FOR THEIR KEEP

hine—the human one—some of ts workings make a board game or 2 to 4 people. "Circulation," eaching Concepts. $12.95, Lord Taylor. **12** Italian electric pasta nachine can also knead, roll rough. $134.45 ppd., Williams-onoma. **13** Battery-operated Home Sentry" smoke alarm. 54.95, General Electric. **14** Be-inner's electronic tool kit: solder-ng tools, pliers, diagonal cutters, ire strippers, ¼-inch nut driver, otted and Phillips screwdrivers. y Weller-Xcelite. $35.95 at Cole Son. **15** Kitchen machine mixes,



beats, slices, shreds, blends, liquifies. Dishwasher-safe attachments include 6-cup blender **(16),** 16-cup bowl, whisk, dough hook. Many options. Bosch. $260 ppd., Hammacher Schlemmer. **17** Swiss pruner with replaceable parts. Felco. $22 ppd., New York Botanical Garden. **18** Tape measure, spirit level, compass in one. 3 inches square. $15 ppd., T. Anthony. **19** Four travel plug adapters make electric equipment fit foreign sockets. $11.50 ppd., Hoffritz. **20** Pocket pepper mill, 2½ inches high. Brass; leather case. $14.45 ppd., Hammacher Schlemmer. **21** "Tiny Time" transistorized battery pocket alarm clock, 4½ inches wide. $26.50 ppd. Hammacher Schlemmer. **22** Map measure (American *and* metric), with built-in compass, magnifier, pencil. "Pencoma," $13.50 ppd., Hoffritz. **23** Portable calculator speaks English and metric—for length, distance, speed, weight, liquid and dry measure, temperature. "Litronix 2200 Memory-Plus," $29.95, Better Ideas. **24** "Thesi" ballpoint pen by Marco Zanuso. The Museum of Modern Art Bookstore, $26 ppd. **25** Six-in-one "Pocket Mechanic": chrome wrench, Phillips, regular screwdrivers, awl, knife, bottle opener. $14.50 ppd., T. Anthony. **26.** Snail kitchen magnets on a platter. By Hope Hendler. $10, The New York Exchange for Woman's Work.

APPROXIMATE.

GIVE YOUR TALENT AWAY

re you handy ith a tape ecorder? lake cassette f a small y's piano ecital—and resent it as n addition to the family's music library. Offer your skill as a furniture refinisher, a sewer of beautifully tailored curtains, a caner of chair seats, a builder of shelves. Or, give the ultimate self-sacrifice: two weekends of taking care of the kids so their parents can play.





PRESENTS FOR PEOPLE WITH BIG IDEAS



A bowl that's a sculpture, **1,** "Bowl with Four Sticks." Papier-mâché on chicken wire with plaster, glue, powdered pigment—and diamond dust! By Miriam Bloom. $150, Truman Gallery. **2** Wild zebra stripes on a 4-by-5-foot bath sheet of thirsty cotton terry. Here in burgundy, also in blue, orange, and brown with white. $64 ppd., Porthault. **3** Teak garden bench just big enough for two. $250, Kenneth Lynch & Sons. **4** Leafy pillow in spring green. Polyester and cotton with Dacron fiberfill. $13.50 ppd., Nettle Creek Shop. **5** Giant holly leaf pillow, colors airbrushed on silk. $41 ppd., Ed Stiffler. **6** Wells Fargo cargo: an adaptation of a Wild West footlocker, enameled wood with silk-screened letters, and fragrant cedar lining. By Lane. $240 at Hess's. **7** Twelve-quart copper preserving pan that would also make handsome centerpiece. Brass handles. $102.50 ppd., Williams-Sonoma. **8** Satin-stitched bath sheets, 47 by 59 inches, cotton terry. $51.50 each ppd., Pratesi. **9** "Botanical Sunflower" poster, 36 by 23½ inches, $10.85 ppd. Mounted, $35; framed, $65. Catalogue, $3.50. From Poster Originals. **10** Fruit grinder and cider press for homemade juices, wine, apple butter, applesauce. Doubles as cheese press. Four feet tall. $169 plus motor express (100 lbs.). From Garden Way Research. **11** Hand made crackle-glazed pottery bowl 16½ inches across. $82 ppd. Diane Love. **12** Enameled meta desktop files with lateral folders 8 by 12 by 12 inches, also in black and white. $24.50 each Design Research. **13** For make-be lieve, "Mini-Kitchen" to assemble yourself. Stove, oven, washing ma chine, lift-out plastic sink, storage space. Hardwood and hardboard $45.95 ppd., Creative Playthings **14** Brightly painted oak and chrome nesting chairs, $98.1 each. Five on a rolling cart

Nourish a hobby

☐ Seeing stars: Launch a star-trekker into space with a telescope plus a course at the local planetarium. For enthusiastic beginners, Criterion makes a 6-inch reflector (the RV6) for $244.95, including all mountings and crating costs. For proved star addicts, Celestron/International's 14-inch reflector-refractor gives you Saturn's rings, Jupiter's spot, and a heaven's worth of stars, including all the ones in Orion's nebula, for a mere $3,750 (when choosing any telescope, remember it's not the length but the amount of light admitted that's important). ☐ Going Baroque: Get a music-lover back to Bach (if you think he can Handel it) with a build-it-yourself harpsichord kit. Models range from spinets to long, double-stringed grands, all unfinished, so your friend can stain, varnish, or paint as he pleases. $445 to $900 at Burton Harpsichords. ☐ Keeping 'em in stitches: Big stitches for a big-stitch crewel fancier. Hunt up a footstool, paint it, and give it with enough canvas and yarn to create a pretty cushion cover.

BIG BUYS

☐ Going once! Going twice! Sold —for $3: a whole year's worth of the Sotheby Parke Bernet newsletter, a bimonthly announcement of some of the most sensational auction sales around the world ☐ Bestow a bluebird of happiness —and all his friends and relations —by giving a bird feeder that holds 5 pounds of irresistible seeds $5.95 by Rubbermaid. A 25-pound bag of birdseed, about $5 at garden shops. ☐ Give nature's savings bond: a honey locust shade tree 5 feet tall that in ten years will grow to 50. $18.95 at Rosedale Nurseries.



TOM YEE



$490.50. By Thonet. The Chair Store. **15** Terry and foam exercise mat, 2 by 6 feet, comes in navy, bright blue, burgundy, rust. $33, Henri Bendel. **16** Folding rattan tray table from Italy. $495, Bonwit Teller. **Right:** Five-horsepower vacuum-blower that shreds leaves and twigs. Optional 11-foot vacuum hose. By Toro, $399.95.

PRICES APPROXIMATE. STORE ADDRESSES, PAGE 19.

IDEAS THAT GET EVEN BIGGER

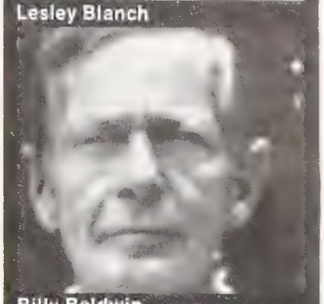
The world's fattest lemon (it puts a grapefruit to shame): The Ponderosa, a tree 18 inches tall, $12.50 from Four Winds Growers.

The biggest bulb: Amaryllis to start for a friend in time for Christmas bloom. One bulb, $5.50; 3 for $14.75 from Van Bourgondien.

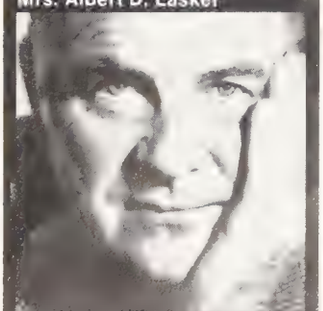
The nicest herbs: dill, thyme, tarragon, basil, in pots or seeds to start an herb garden.

The friendliest smooch: from a puppy that's longing to be loved. You can adopt one, for a family member only, at the ASPCA, which charges only for license and neutering.


Lesley Blanch


Billy Baldwin


Mrs. Albert D. Lasker


Nicholas Kounovsky


Regine


Michel Guérard

CHRISTMAS GIVING

LESLEY BLANCH, *author and romantic*
I don't want any checks—they always seem to get eaten up by the grocery bill. As much kitchen equipment of the electrical kind as the walls will hold, things that cut and chop and whiz and mash—I'd love that. I'd like a pound of caviar and to be left alone with it. I'd like a telephone call from a loved one. For Christmas, I often give one of my cushions—a needlework portrait of a friend's dog or a scene of some place dear and special. I like to give a subscription to the London Library or a weekend at a really luxe hotel to someone who's been working hard, or a different pot plant, so at the end of the year, the gift has grown into an indoor garden.

BILLY BALDWIN, *designer and raconteur*
Above everything in the world to get for Christmas—books! Art books in particular. I can never have too many books. I really like to give presents I'd like myself.

MRS. ALBERT D. LASKER, *city beautifier*
I like to give green growing things—trees, rosebushes, or bulbs—they're living, long-lasting, and a joy to look at. The presents I enjoy most are fresh flowers like lily of the valley, or contributions to my favorite causes.

NICHOLAS KOUNOVSKY, *physical fitness authority and author*
The best Christmas present we ever received was our first child, a daughter, born on Christmas day, and we named her Vera, the Russian word for faith. As for giving a present, I always try to give something practical and attractive. I believe in beauty. All around us there is beauty, and whenever I see something beautiful, I think of it as a gift.

REGINE, *nightclubwoman*
My birthday is December 25th, and what I'd like this year is two other Regines, who would be at two ends of the world when I need them. The best present I ever received was a crystal flower from my husband on the first Christmas we spent together. I like to give presents that please me first—as all selfish people do. The best present to give is something useful that the person really needs.

MICHEL GUÉRARD, *revolutionary cook*
The best present I ever was given was half a dozen bananas I had for Christmas in 1942. They were the first I'd tasted in three years. A present I would love to get would be the ability to go back through the centuries to the time when Catherine de Medici arrived at court with her cooks, and live with them the first moments of the new French cooking. What I like to give others is things from the feast, the joy of all the marvelous things of the past, which are for me the reflection of the image of the patience, spirit, and talent of man. I would like to give each friend the present he has dreamed about all his life.

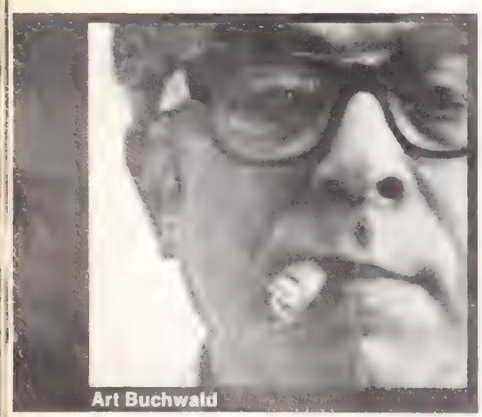
CHRISTMAS GIVING

PRESENTS TO EAT UP—AND HAVE, TOO

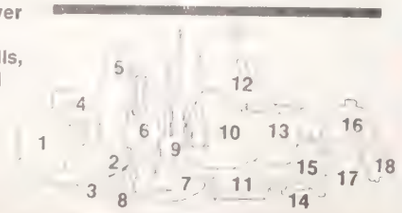
Presents to eat and otherwise consume, *top right.* **1** Wheels of cheese; Red Leicester from 6 to 10 pounds, $19.74 to $32.90; Roquefort, 5 pounds, $29.75. Cheese Please. **2** Buckwheat flour, 2 pounds, $2.10; buttermilk pancake mix, 24 ounces, $1.80; country graham quick bread mix, 24 ounces, $1.80. From Vermont General Store & Grist Mill. Macy's. **3** Jasmine China tea from Fortnum & Mason. ½ pound, $5.20. Altman's. **4** Shallot vinegar, 12¾ ounces, $3.50, red wine vinegar in stoneware bottle, 38.4 ounces, $18.50; Herbes de Provence, 11 ounces, $16. Fauchon Shop at Saks Fifth Avenue. **5** Antique seed packets filled with field flower potpourri. $4.50 each. Cherchez! **6** For fireplaces; 2 40-pound bags of hardwood, $13.50 delivered by Clark & Wilkins in New York City. **7** Tangerine and raspberry—two French jams from Williams-Sonoma. Any pair is $7.25 ppd. **8** Walnuts to give in your own jar. 1 pound, about 89c at supermarkets. **9** Fresh lemon cake, 26-ounces, $9 airmail. Miss Grace Lemon Cake Company. **10** Glass fish filled with Antinori Bianco della Costa Toscana white wine. Julius Wile. 6.3 ounces, 99c; 23.5 ounces, $3.89. **11** Feast for birds—20 pounds of peanut hearts in plastic bucket. $18.50 ppd. Sundials & More. **12** Caviar mints, 1 pound, $8.50; Cocoa Almondine, cocoa-covered almonds, 20-ounces, $9.50. Push Pin Productions. At Bloomingdale's. **13** Devon Clover Honey, ½ pound, gift boxed, $6 ppd. Crabtree & Evelyn. **14** "21" Sauce Maison, 6 ounces, $3.25 from Iron Gate Products. **15** Aechmea bromeliad, $20.95 and up, ppd. at Alberts & Merkel. **16** Red Gloriosa lily bulbs, $9.25 a dozen from Van Bourgondien. **17** Room-scenting Environmental Perfumes: ¼ ounce, $5; 1 ounce, $15. French antique patchwork bags filled with herbs moths hate, $7 each. Cherchez!. **18** Four walls of paint in a House & Garden Color. Latex about $12.50 a gallon. Or a floor. Dura Seal's 3-step floor process: Renovator stripper $10.95 a gallon; Stain, $10.95 a gallon; Dura Finish, $4.15 a quart. Janovic/Plaza. Presents for keeps, *right below.* **1** Handpainted porcelain pitcher, 8 inches high. "To bacco Leaf" by Mottahedah. $150, Cartier. **2** Handmade linen placemats and napkins; 4 of each, $225. Leron. **3** Pewter salad servers handmade by Shirley Charron. $63 ppd. Kruger, Van Eerde Gallery. **4** Handmade Chinese bamboo boxes $9.50, $12.50, Apelgarden. **5** Knife block with 5 Friodur no-stain high-carbon steel knives and sharpening steel. Henckels. $125, Marshall Field. **6** Carafe with ice pocket. $8.50, Discovery Workshop. **7** Limited edition eagle-pattern Lalique plate. $60. Bonwit Teller. **8** Shell and sterling cheese knife. $50, Horchow Collection. **9** Finnish candlesticks, turned over they're vases: 3 inches, $4; 5¾ inches, $8; 8¼ inches, $9.50. Seabon Scandinavian Imports. **10** "Rock," a stone and acrylic sculpture by Elfi Schuselka. $450. Truman Gallery. **11** Silver address book, $12.50. Chrome felt-tip pens, $1.50. By Fante. Marshall Field. **12** Champagne celebrating 200 years of French-American friendship. Moet & Chandon's Bicentennial Cuvée, magnum, $21.99. **13** Orrefors crystal champagne bucket or punch bowl. $65, at Bullock's. **14** Antique sterling tea-caddy spoons. $100-$185, James Robinson. **15** Antique fruitwood pear tea caddy $750. One of a collection. James Robinson **16** Japanese handpainted porcelain flask. $500, Tiffany. **17** Handwoven sterling basket, 8 inches across. $1,275 Tiffany. **18** Cotton damask napkins, 24 inches square, $4 each. Elisa Daggs.






Art Buchwald

ART BUCHWALD, *innocent bystander*
The best Christmas present I ever got was last year—my high school diploma. My daughter Jenny heard me give a speech in which I mentioned that I'd never gotten one. She told her mother, and her mother called my sister in Forest Hills, where I came from. And my sister called the principal of the school and said it was about time I got the diploma, so the princpal decided I was O.K. and he gave it to me. This year I'd like my college diploma from U.S.C.





PRICES APPROXIMATE. STORE ADDRESSES, PAGE 119


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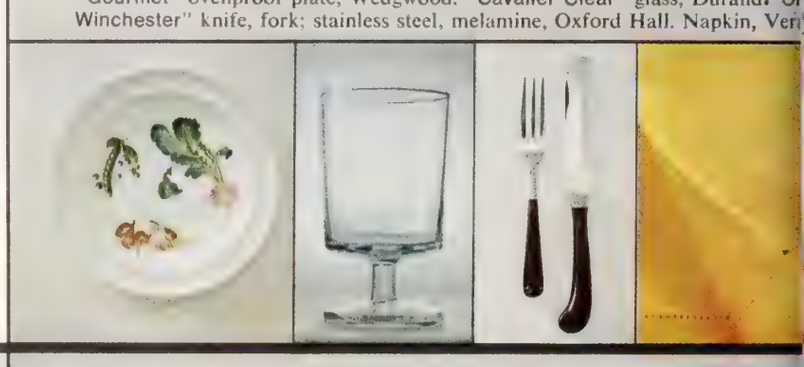
Entertaining
what goes with what

GIFTS FOR THE TABLE

Fifteen plates, glasses, forks, knives, and napkins—each with a different personality that just might suggest the perfect present for friend or family or inspire you to a whole new outlook on the way you entertain. Which make the best partnerships? Here and on the following pages, some of the match-ups we like. But you'll have ideas of your own.



"Gourmet" ovenproof plate, Wedgwood. "Cavalier Clear" glass, Durand. "Ol
Winchester" knife, fork; stainless steel, melamine, Oxford Hall. Napkin, Ver

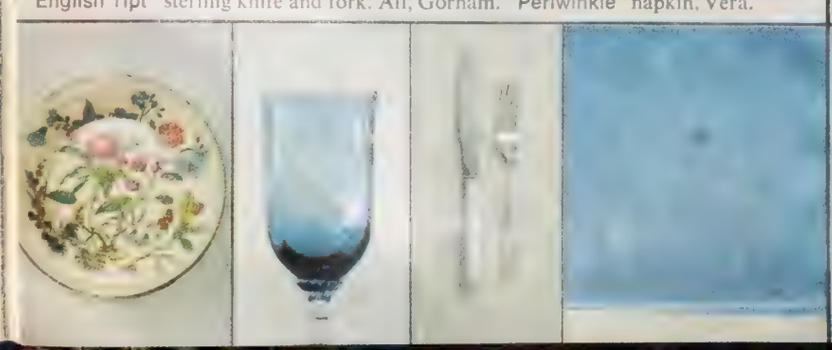


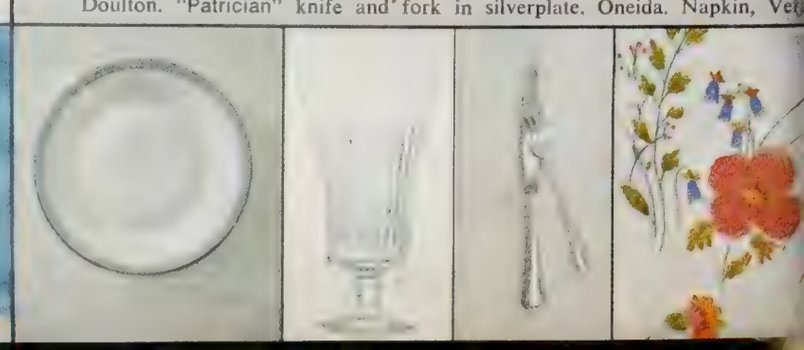


"Fairmeadows" china plate. "Octette Blue" handblown crystal glass. "Old English Tipt" sterling knife and fork. All, Gorham. "Periwinkle" napkin, Vera.



"Lilactime" bone china plate. "Vanborough" crystal glass. Both by Roy
Doulton. "Patrician" knife and fork in silverplate. Oneida. Napkin, Ver







ntserrat" bone china plate. "Clifton Park" crystal iced-tea glass. "King's" heil knife and fork. All by Royal Worcester. White "Willow" napkin, Vera.



Cobalt glass plate, "Georgian" tumbler, Viking. "Jefferson" pewter knife and fork by Lunt. Blue "Iris" cotton napkin, Vera. Matching tablecloth available.



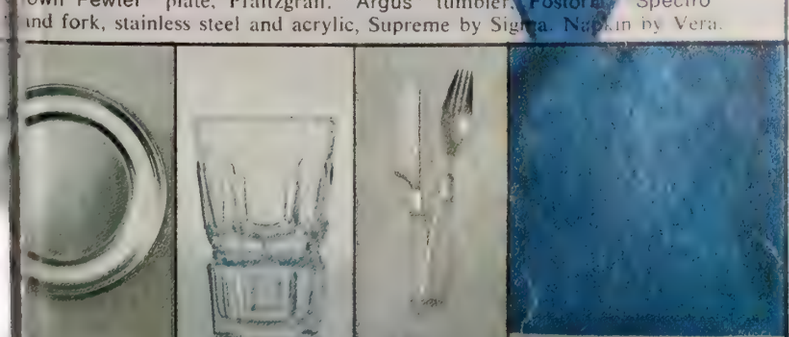


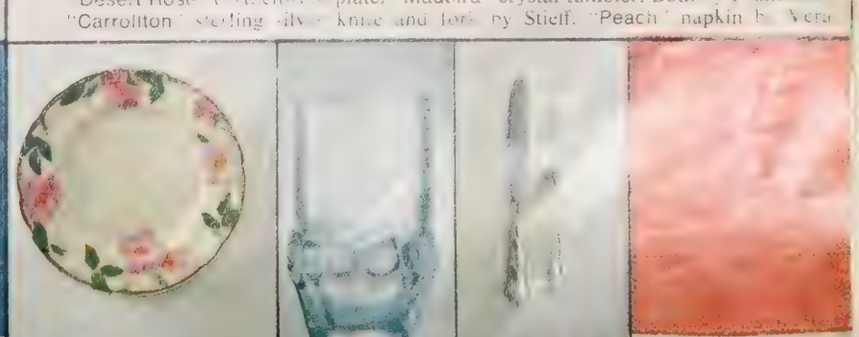


own Pewter" plate, Pfaltzgraff. "Argus" tumbler, Fostoria. "Spectro" nd fork, stainless steel and acrylic, Supreme by Sigma. Napkin by Vera.



"Desert Rose" [illegible] plate, "Madeira" crystal tumbler. Both by Franciscan. "Carrollton" sterling silver knife and fork by Stieff. "Peach" napkin by Vera.





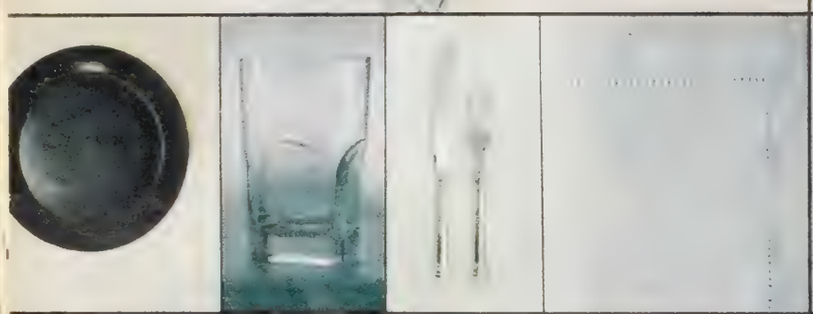
ENTERTAINING WHAT GOES WITH WHAT

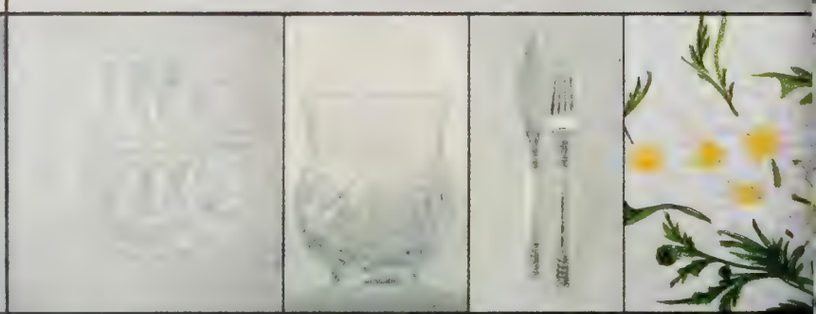


"Kilta" earthenware plate. "Contact" tumbler. Both, Arabia. "Old Annapolis" pewter knife and fork by Samuel Kirk. "Grey" napkin by Vera.



"Eden" glass plate and tumbler by Orrefors. "Aegean Weave" sterling silver knife and fork by Wallace. "Daisy Spray" permanent-press napkin, Vera.



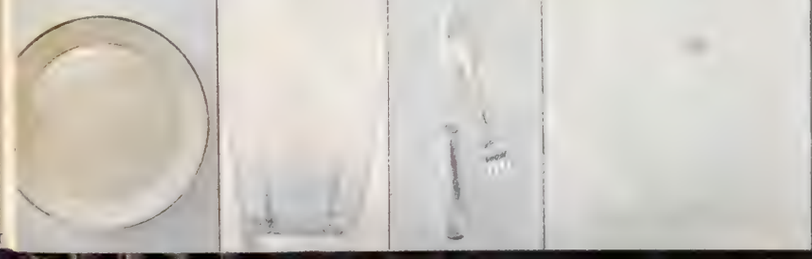


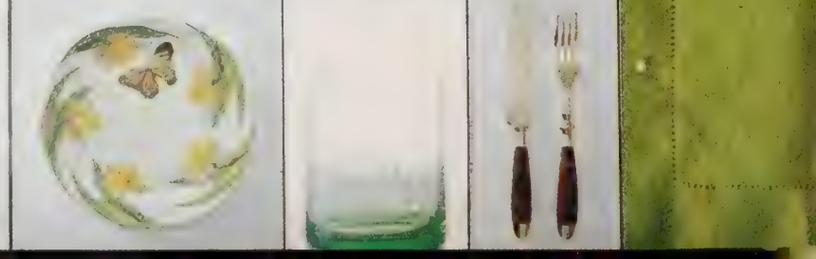


"Rapture" china plate. "Antique" crystal old-fashioned. Both, Lenox. "1810" sterling knife and fork, International Silver. Napkin, Vera.



"Daffodil" porcelain plate. Villeroy & Boch. "Rusticana" glass by I.V.V. "Lord Nelson" nickel alloy and rosewood knife, fork, Fürst. Napkin, Vera.







thay" porcelain cake plate, Haviland. 16-ounce crystal highball, Steuben.
d Flower" gold-plated stainless steel, Supreme by Sigma. Napkin, Vera.



"Langeais" porcelain plate. "Latimer" handcut crystal highball. "Carpenter Hall" sterling silver knife and fork. All by Towle. "Sapphire" napkin, Vera.







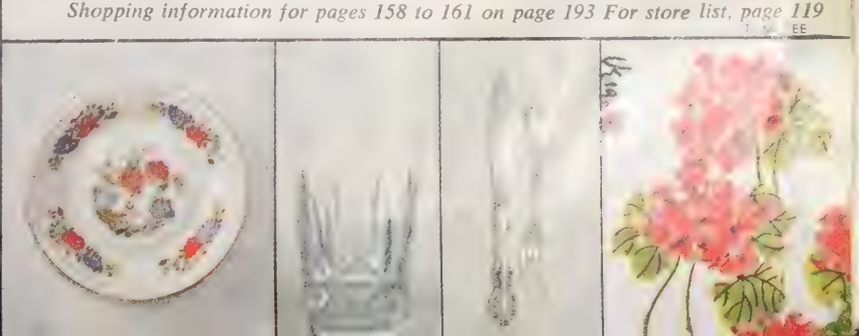
i Celadon" oven-to-table plate. "Hearthstone" goblet. Both by Block.
/ Bronze Age" knife and fork by Merchantmen USA. Napkin by Vera.



"Famille Rose" bone china plate, Aynsley. "Rosslare" crystal tumbler, Waterford. "Old Virginia" sterling knife and fork, Reed & Barton. Napkin, Vera.

Shopping information for pages 158 to 161 on page 193 For store list, page 119





PRESENTS TO MAKE WITH YOUR OWN TWO HANDS

What presents can you make this Christmas? Something pretty, something useful, something good to eat? Here are three ideas—one for cooks, one for people who are handy with a needle and thread, one for families who like to make, and give, presents together.



A COOKIE A DAY TILL CHRISTMAS

An edible calendar of sugar cookies topped with chocolate numerals—you can give someone a boxful: one for each day of Advent leading to Christmas. The ones here were made by children at Angolo della Gastronomia, a cooking shop in Milan. The children wear bright red and white aprons, *above*, and learn to cut and bake their cookies in a converted wine cellar, *below right*, with its ancient arched brick ceiling still intact. Grownups come here too. But the most popular course is the one for children—"the younger, the better," says owner Ada Parasiliti, "as long as the passion is there."

Christmas Cookie Recipe: Cream 1 cup butter with 1½ cups granulated sugar, add 2½ teaspoons vanilla, 2 eggs. Sift together and add 2⅔ cups sifted flour, ½ teaspoon baking powder, ¾ teaspoon salt. Divide dough into thirds. Add 2 squares melted unsweetened chocolate to one third. Chill white dough until firm (about 3 hours). Roll ¼-inch thick; cut with 3-inch serrated cookie cutter. Place rounds on cookie sheet. Put room-temperature chocolate dough into a pastry bag with a large rosette tip and pipe chocolate numbers onto cookies, one for each day of Advent (27 this year). Bake at 350° 10 minutes until edges are lightly brown.

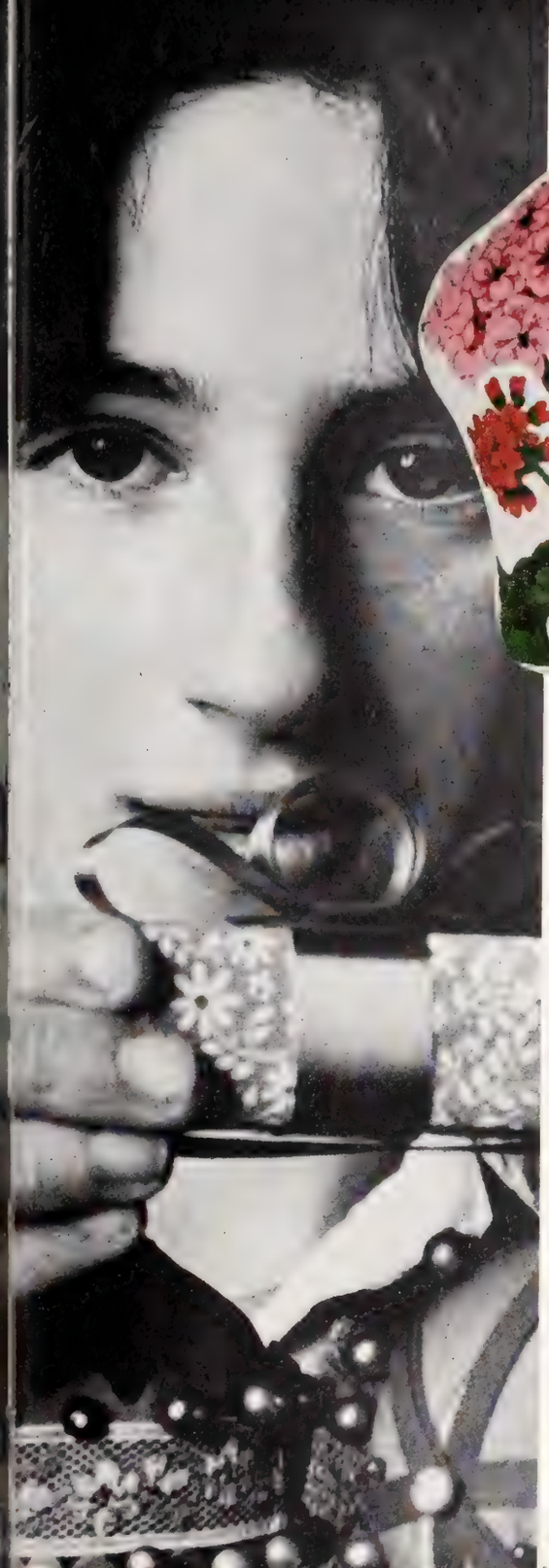


LEOMBRUNO RODI-LAMI

FAMILY-MADE PRESENTS FOR FRIENDS, FOR THE TREE

For some, warm casual family get-togethers w good company and good food year-round happenings. At Mr. Mrs. Robert Natkin's, Christm time is no different. "During holiday season everyone is in kitchen making things," Mrs. Nat says. Daughter Leda, 14, bakes co ies and bread. Mr. and Mrs. Nat (both artists) and Josh, 16, do pa ings or drawings for friends. most of all the family likes to m tree ornaments. Each person st with a foam ball and pins on pie of colored material—grosgrain velvet ribbon, binding tape, ri rack, trimmings, and fabric scrap until the ball is covered. Then t take an assortment of butt beads, and elaborately jeweled pins and decorate the balls.

Leda Natkin, *right*, gives four of ornaments she made a final insp tion before hanging them on the t The Natkin clan, *below right*, gath around the maple kitchen table put finishing touches on their ho made Christmas presents.



BEADLE





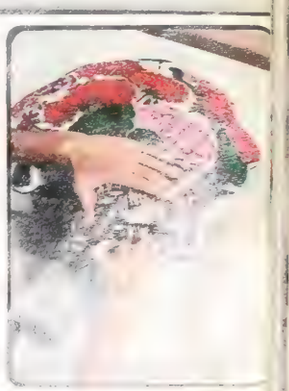
PILLOWS IN BLOOM





Give a friend a basket of flowers for his sofa? Why not—if it's a pillow. The idea for these appliquéd pillows was inspired by a few scraps of flowered fabric. Designer Mark Robinson scouted New York for suitable fabrics and brought back an armload. "They were just what I needed: good, clean prints of realistic-looking flowers and a variety of basket-weave patterns. And the prices were right." He cut out the shapes of flowers, leaves, and baskets and put them together, experimenting with proportions, backings, and fillings. In time Mark Robinson was selling pillows by the basketful.





Every flower pillow begins with a carefully arranged bouquet. "The shape of the flower arrangement dictates the shape of the pillow," Mr. Robinson says. "The pillow must look natural, so it's very important that the basket be cut in proportion to the flower section. And the fabrics must be realistic-looking too." Mr. Robinson gets most of his fabrics from Brunschwig & Fils, Hannett Morrow Fischer, Stroheim & Romann, and S & M Hexter (available through decorators). Here a pillow in progress: *above left,* flower cutouts placed on white cotton backing; *above right,* Mr. Robinson cuts brown paper basket pattern; *middle right,* front section ready for sewing; *lower right,* completed pillow being stuffed. Instructions for making your own pillow on page 118. Or, if you'd rather buy one, see page 193.

POSTER PRESENTS

Posters, photographs—some say they're fine art, others the next best thing. Either way, they're terrific presents and available at prices you can afford



They come in sizes from big to billboard, in subjects from circus acts to travel sites. And you can get one for as little as three dollars. Posters and photographs can be Art Deco, Art Nouveau, Op, Broadway, or fabulous reproductions of the masters' greatest works—choose whichever you think will please your friend's fancy. Or, if you know someone creative, give him a poster he can color and mount himself (to learn how to mount a poster, see page 122). *On this page:* have an apple by Cezanne (46 by 61½ inches; $250); delete your typos with a Claes Oldenburg eraser (24½ by 32½ inches; $25); or skip the tram and walk the cable to Roosevelt Island like Folon's man (22 by 30 inches; $40). To find out where to buy posters and photographs, please turn to Shopping Information.

SUSAN WOOD



$2.85

Color-it-yourself pre-Columbian ladies.



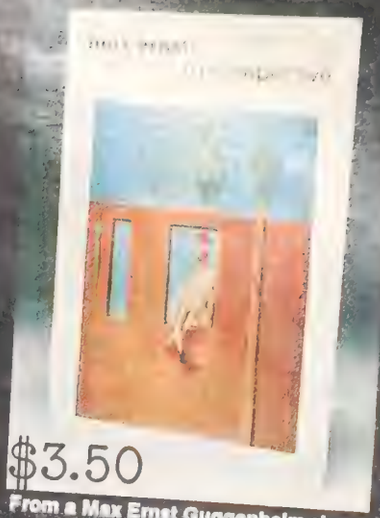
$15

Hans Hofmann 1973 show.



$10

Portrait on a graph; 22 x 27¼ inches.



$3.50

From a Max Ernst Guggenheim show.



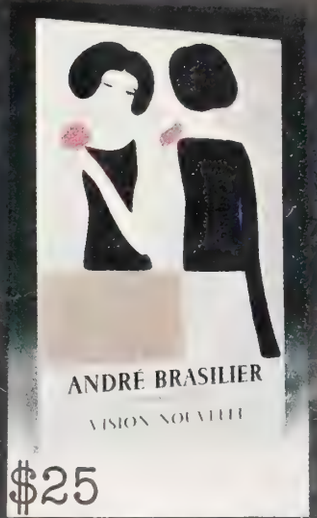
250

They're good enough to eat. Photo by Murray Alcosser.



$800

Herbert Bayer photomontage.



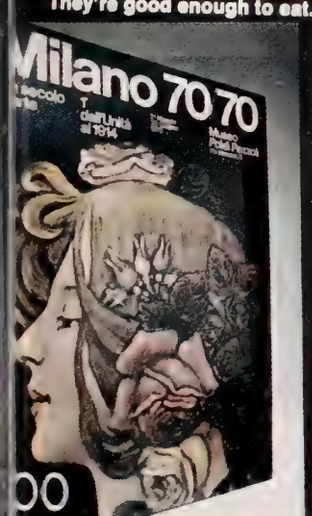
$25

Reflections; 20 by 31 inches.



$15

Up from Broadway; 3½ by 5 feet.



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exhibit—1870-1970—in Milan.



$2.50

Hailing a cab; 23¼ by 28 inches.



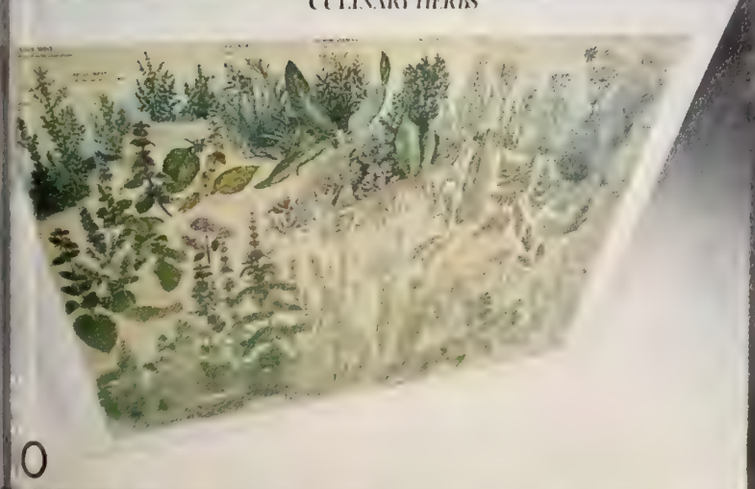
$175

Photographs by David Plowden; about 9¼ by 11 inches.



Travelogo; 18 by 24 inches.

CULINARY HERBS



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Garden from series of British Museum Botanical Posters; 24 by 36½ inches.



$15

Tri-color graphic; 24 by 37 inches.



$250

Three peas in a pod. Murray Alcosser print.

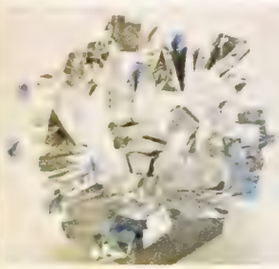
28 WAYS TO WRAP UP CHRISTMAS

An explosion of foil and cellophane roasting wrap scattered with silk blossoms. Designed by Diane Love.

A silver box topped off with red Contact velour and a collage of rolled-up magazine covers. By Dee Davis.

Surprise! A silver Tiffany peanut hidden among real peanuts in a brown paper bag. By Richard Giglio.

White on white—lace sachet, lacy ribbon tied on shiny paper. Designed by Barbara Ohrbach of Cherchez.



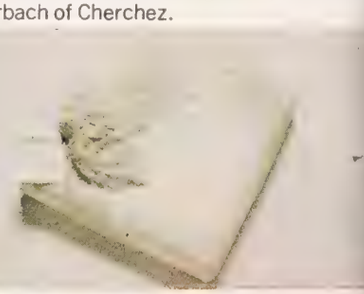
Box, top, and ribbon all done with color variations of Fabrication's "Diagonal Stripe." By Dena Carlson.



Red ribbons folded together at right angles and tied up to tassels on gold foil. Designed by Beau Maas.



All wrapped up and ready to go—a straw suitcase tied with velvet ribbons. Designed by Robert Webb.



Black lacquer box from Japan lavishly tied with scarlet ribbons by Bob Currie of Henri Bendel.



Velvet package crowned by Christmas-red apples tied in the Japanese manner. By Ronaldo Maia.



Hand-painted paper fans like wings on a simple white box tied with black and white ribbons. By David Solomon.



A heart of Brie—surrounded with red tissue paper and nested in a heart-shaped basket. By Eli Zabar.



Sheik stripes for a Far Eastern fabric package exotically tied with gold cording. By John Maurer.



Outer-space-age wrapping of silver foil, pins, and steel wool. John Campbell of John Lewis.



No need for ribbons when you cover the box with Fabrication's red and white striped cotton. Dena Carlson.



Match-stick window blind reincarnated as wrapping, looped and knotted with cord. By Carolyn Staniford.



A fabric design hand-painted on paper in Christmas colors. Designed by Harry Schule and Ned Marshall.









TETSU OKUHARA



SUSAN WOOD

ompe l'oeil ribbon—a spray-painted sten- l on plain brown wrapping paper. An eco- omical idea from Marina Schinz.

A jar of preserves wrapped in ferns and tied with twine—a gift from nature, designed by Ernst Beadle.

Red brushed denim zipped up with baker's clay cookie portraits by Veva Crozer of Such Outlandish Stitches.







basket for all senses—tissue-wrapped pot- urri, goodies to eat, and a plant—by Vin- nt Wolfe of Bob Patino.

Box, top, and ribbon of Fabrication's "Snowflake" cotton from its "Inprint Collection." By Dena Carlson.

The crust is the wrapping on a round of pumpernickel with a final touch of red satin ribbons. Eli Zabar.





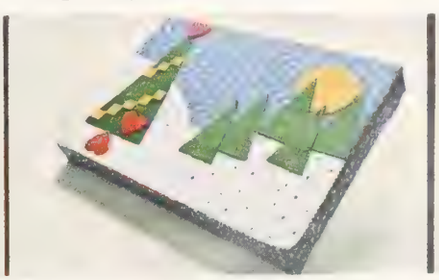


tec design silkscreened in white on a berry d enamel box. Designed by Bill Bell and ailable at Gimbels.

A patchwork landscape with felt trees, a calico sky, and eyelet snow—a glued-on collage designed by Veva Crozer.

A paintbrush on a watercolor wrapping for a present that's a box of paints. Designed by Richard Giglio.







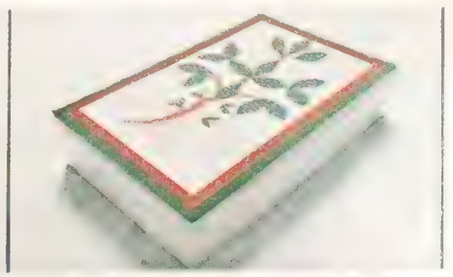
nd -painted calla lilies on a present tied h ribbon, a 3-D lily, and leaf. By Harry hule and Ned Marshall.

A bouquet of fresh garlic, wrapped in a blue and white napkin, and tucked in a mushroom basket. By Eli Zabar.

A calico tree with red and green velvet border on a shiny paper package designed by Ann Johnson.







PLUS 34 MORE IDEAS TO INSPIRE YOU

This Christmas make your presents extra special with inventive wrappings that double the treat. Such as . . . a collage made from snapshots, Christmas cards, or showbills and postcards collected all year . . . wrap something in a cotton bandana and turn it into a hobo's bundle by knotting it to a stick . . . For someone little who can hardly wait, heap wads of tissue paper into a huge box (he'll shake it and shake it, listening for something—anything). The present? Two season tickets to the baseball park—one for him, one for Dad—or a note that says "Pick a puppy, any puppy" . . . **Give a gift in something that can be used again: a French mesh shopping bag, hand-painted pottery, a glass canning jar, an old-fashioned cookie jar, a basket, or a patchwork pouch you've made yourself** . . . Ron Bricke likes to give bottles of wine in galvanized hardware-store buckets filled with crumpled cellophane . . . To cover boxes, try tie-dying your own designs on tissue paper, or paint yourself a picture on the unwaxed side of freezer wrap . . . **Leftover wallpaper makes a good wrapping, as do Contact paper, aluminum foil, fabrics** . . . Paper a present with international news, the sports section, or the funnies for the family nut (Spray with Krylon fixative to prevent smudging). . . . Tie colored cords around old maps the way Stephanie Mallis does, or try Dee Davis's idea: rice paper decorated with Chinese cutouts . . . **Weave a mat of ribbons and glue it on a paper-wrapped present . . . wrap a box in white cotton with a ladybug creweled in a corner** . . . or, if you do needlepoint, use a completed design to top a boxful of pillow stuffing . . . Discover a new Christmassy wrapping paper, like East House's tattersall-patterned tissue, or its translucent silver and gold film-image wrap that reflects nearby colors . . . Seal the bottom of the wrapping-paper tube, fill with bubble gum, spiral red ribbon like a candy stick . . . **For Christmas toppings, try a nosegay of flowers (fresh, dried, or silken) on a paper doily . . . origami animals of folded enamel paper** . . . a cluster of walnut shells, some cut in half with tiny scenes or butterflies painted inside . . . or half a styrofoam ball glued to the box and bristling with color-foiled chocolate kisses impaled on toothpicks.

RICHARD MEIER'S SCULPTURES

Owners speak out in this architectural review by Stanley Abercrombie

Some of the most artful objects being designed in our time—including the work of most painters and sculptors we can think of—are the buildings of New York architect Richard Meier. And, although Meier is adept at a variety of building types and scales, it is perhaps his houses for which he is best known. As for other architects before him, the house has served Meier as a laboratory for experimentation, a relatively small-scale testing ground for architectural ideas that may later be adapted for use in larger building types. Not that Meier's clients have been unwilling guinea pigs; on the contrary, these houses pass the acid test: For the most part, their owners love living in them.

It has often been noted (so often, in fact, that Meier himself is tired of hearing about it) that his buildings show the influence of designs by the late Swiss master Le Corbusier, and Meier has even written the text for a book devoted to Le Corbusier's most famous house, the Villa Savoie at Poissy, France. They also clearly show the influence of this country's first pioneering group of modern houses, those beautifully simple white frame cubes that were built by Walter Gropius and Marcel Breuer in the

Continued on page 196

One of the spectacular interior volumes, *right,* for which architect Richard Meier is known. Two stories high, the 19-by-40-foot room is penetrated by rows of steel columns, a freestanding fireplace, and a curving stair at the extreme right. Beyond the fireplace, a balcony for sleeping, and below that, the dining area. Meier's own abstract bas-relief turns the mantel into art. Chairs are chrome and leather classics by Le Corbusier. The exterior of the house, *opposite page, bottom,* is a simple solid enlivened by openings and a lyrically shaped cantilevered balcony.

ARNOLD NEWMAN

EZRA STOLLER



FOR LIVING

n award-winning architect designs spectacular houses—
ıt do they work?



Sculpture in the woods above Lake Michigan

Richard Meier's composition [illegible] ments rises authoritatively from [illegible] the lake. The house interior, right, [illegible] own, with large glass areas facing [illegible] vertical penetrations of space from [illegible] Curving rails celebrate the circulation.





On one ingenious potting table you can start a whole garden's worth of seeds indoors

Furniture for farming

In a pair of wooden trays barely more than 4 feet across, you can plant enough vegetable seeds to fill 2,000 square feet of garden. The starting trays, which are electrically warmed and lighted, are part of an innovative self-sufficient indoor potting table. You can make and paint a table yourself, and garden all year-round.

When will someone come up with a great idea fo the indoor gardener who care about how thing look as well as how plants grow? Designer-gar dener-photographer Bill Bell has done just tha The handsome roll-around table with plantin trays, *above left,* was inspired by his own nee for an efficient, clean way to start seeds indoor and a place to store garden supplies. "Anythin I might need is right at hand." The storage tabl



After soil is turned and fertilized, plastic mulch is razor-cut to hold seedlings.



Plants started in two portable 26-inch trays expand to fill a 42-by-50-foot garden.

/ 32 inches, holds two 26-inch trays 5 inches . in which he propagates house plants and, arly spring, starts crops for the vegetable —corn, cucumbers, three kinds of tomatoes, loupe, watermelon, marigolds, zinnias, and . "Anyone can make a box," he says, and ade his of exterior Duraply from U.S. Ply- l because "it's easy to put together and takes well." He sprayed and silk-screened the with polyurethane paint ("you could also

clear polyurethane. Heavy-duty foil lines the trays, and plug-in heating coils (sold by seed companies) are anchored to the bottoms with wide staples. The coils maintain 70-degree bottom heat, ideal for sprouting seeds, and are covered with a half-inch of heat-retaining, white marble chips. Lights are clamp-on desk lamps, "bought as seconds at a surplus store." Each lamp has two 18-inch Gro-Lux fluorescents, which can be raised as plants grow—always at 6 inches above the growing tips

Mr. Bell packs each tray with moist 1¼-inch Fertl-Cubes and plants with an industrial tweezer, one seed per cube. "Using lights and bottom heat I get 99 percent germination." He covers the trays with Mylar to hold humidity, lifting the plastic to mist several times a day during the first week. When the seedlings are well-rooted he removes the cover. Later he slips each cube into a 2¼-inch Jiffy Pot (made of peat) containing some soil. When danger of frost is past he carries the trays

Why your bartender always makes a great Gimlet.



Because he uses Rose's Lime Juice. As a matter of fact, practically every good bartender in the world does. So if you want your gimlet to taste as good as your bartender's, always use Rose's.

Here's how he does it: Stir together one part of Rose's Lime Juice and 4 to 5 parts gin, vodka or white Puerto Rican Rum. Serve ice cold, straight up or on the rocks.

Rose's Lime Juice. For great gimlets.

The message of a party is in the emotions of the people. The ultimate test of all the hostess's hard work is, how is it affecting the people

Think informal

continued from page 126

Northwestern University, author of *The Hidden Dimension* and most recently, *Beyond Culture* (Anchor/Doubleday). Dr. Hall, in collaboration with his wife Mildred, worked with House & Garden (April, 1969) to produce a whole issue devoted to space. "Each person has around him an invisible bubble of space," they explain, "which expands and contracts depending on his relationship to others, his emotional state, his cultural background, and the activity he is performing at the time. This sacred bubble is a bit of mobile territory which only a few other organisms are allowed to penetrate and then only for short periods of time."

In a large party, a buffet, or any casual, unstructured gathering, your bubble of space is constantly under stress, in a way that would not happen at a formal dinner, where you know precisely where you are sitting, who is on your right and left, and how long they are going to stay there. A good contemporary hostess, therefore, will see to it that chairs and tables are arranged at a buffet party in such a way that guests can talk and move around in comfort. A Long Island hostess told me that she always used to have her furniture arranged in a certain way, but found that after every party, the furniture had been rearranged by her guests to their liking. Laboriously she would put everything back again afterwards, until one day she realized how absurd that was, and simply left the furniture the way it was!

"A really good hostess can arrange difficult people properly," says Mrs. Kirk Douglas, whose buffet parties in Beverly Hills are world famous. (Quite literally; she once gave a buffet for Maya Plisetskaya of the Bolshoi Ballet. "I planned a typical, very California buffet with hamburgers, chicken, knockwurst, corn on the cob, and so on," recalls Mrs. Douglas. "The ballerina stood in line, but through her interpreter said to me, 'If I go back to Russia and tell them I went to a movie star's home and had to stand in line for a sausage, they won't believe me!' ") Maneuvering people well takes time and thought, Mrs. Douglas believes. "I think out-of-towners and shy people find it alarming when they don't know where to sit. It's awfully difficult for them when people turn down chairs and save them for their pals. I think the hostess should be given a lot of credit for seating a party well."

Eileen Simpson agrees that shy people may find casual parties a strain. "We are having to learn a new skill," she says. "How to 'work' a room—how to move if you're bored—how to make the most of the people there. There is no protection as there is in the formal sit-down dinner. A male friend of mine once told me, 'When I go to a buffet, I get my food, take the arm of the two most attractive women in the room, and carry them off to the couch to sit down and eat with me.' Would that we could all be so self-confident!"

The simplest solution to the problem of people who don't know each other or who are shy is, of course, to seat them formally—even with place cards. However informal the gathering, it is possible to make sure that Jane sits next to John, or that the out-of-town museum board member sits next to the local collector. "I feel people are happier and mix better if the hostess has planned proper seating for them," says Mrs. Douglas. "A seated buffet with place cards is much more pleasant for me. Sometimes it's the only chance I have to talk to a man. At many Hollywood parties, the men talk business together before and after dinner."

Giving your guests the right space to enjoy themselves in is one thing—but a more fundamental element in today's informal entertaining, Dr. and Mrs. Hall believe, is the party's MESSAGE. "A party is basically a communication," Dr. Hall told me. "A very involved, elaborate communication on a great many levels. There are countless types of party you may attend—friendship, business, ego trip, status, or whatever—but implicit in any party is a classification system of this type. I am not suggesting a party should be analyzed to death, but both hostess and guest should have some idea of what the party is about. Otherwise everyone will go home disappointed, frustrated, or bored."

All social occasions have an inner meaning—a wedding is one of the most obvious examples. In a small, formal party, communication of this type is usually quite simple. If there are only 6 or 8 people present at the table, it is a fairly speedy business to establish who everyone is, and why the hostess invited you. (Indeed the hostess is expected to plan very carefully

Continued on page 192

WINE & FOOD



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Think buffet

Three buffet parties: in the kitchen; in a small apartment; and a vegetarian groaning board for the holidays. Three personal points of view, plus recipes to make entertaining more fun for the host.

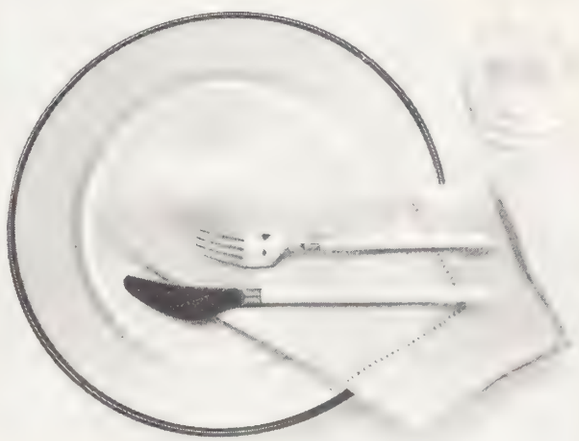
Mr. and Mrs. William Rayner; chicken.



Lenor Larsen cooks



The Arnold Coppers



China, silver, glass by Royal Copenhagen; Vera napkin.

page 158

Easygoing entertaining: What goes with what

Porcelain, glass, pewter, silver, linens in flowers, stripes, colors. A whole collection of ideas to set pretty tables.

page 177

Kitchen buffets

How great cooks entertain in their own kitchens: menus, recipes, drinks, tips from Julia Child, James Beard, Maurice Moore-Betty, Craig Claiborne and Pierre Franey, Chuck Williams, Julie Dannenbaum, Harriet Healy.

Plate, tumbler, stainless steel by Kosta Boda. Napkin by Vera.





page 96

Sweet charity—baking for a cause

Recipes for food made to benefit the Lenox Hill Neighborhood Association.

Make an ordinary cake mix extraordinarily moist and pistachio-y. Make it a JELL-O® Pudding Cake.

The easiest thing about a Jell-O® pistachio pudding cake is making it: Just try the recipe below.

The hardest thing is trying to tell that it started with a mix: It's so moist, and so rich in flavor.

The best thing about a Jell-O® pistachio pudding cake is this: Besides putting in more moistness and flavor, you're putting in more of yourself.

JELL-O® Pistachio Pudding Cake

1 package (4-serving size) Jell-O® Pistachio Instant Pudding and Pie Filling
1 package (2-layer size) yellow cake mix
½ teaspoon almond extract
4 eggs 1¼ cup water ¼ cup oil
7 drops green food coloring (optional)

Combine all ingredients in large mixer bowl. Blend; then beat at medium speed of electric mixer for 2 minutes. Pour into greased and floured 10-inch tube or Bundt® pan. Bake at 350° for 50 to 55 minutes or until cake springs back when lightly pressed. Cool in pan 15 minutes. Remove from pan; finish cooling on rack.*

*In high altitude areas, use large eggs, add ¼ cup all-purpose flour and increase water to 1½ cups.



Bake in moistness. Bake a JELL-O® Pudding Cake.
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GF
GENERAL FOODS

WINE & FOOD

Kitchen buffets

'hat do America's great cooks ave in common besides, of ourse, a gift for inventing beau- 'ul food? A super kitchen that ey retreat to not just for cook- g but for entertaining. The tchen, they find, is the perfect ot for an easy party—one that relaxed because the setup is sual. Here are seven kitchen arties, from James Beard and aurice Moore-Betty in New ork, Julia Child in Cambridge, ulie Dannenbaum in Philadel- hia, Craig Caliborne with Pierre raney in Long Island, Chuck 'illiams in San Francisco, Har- et Healy in Palm Beach. Menus nd recipes plus their own spe- al drinks, and tips for convivial tchen parties appear below.

America's great cooks discuss a favorite way of entertaining

MAURICE MOORE-BETTY

KITCHEN BUFFET FOR 8

MENU
Cold tomato consommé with vodka

Petite turban of sole
Purée of lima beans
Fontina cheese,
toasted wholewheat pita bread
Green salad

Floating island

Blanc de blancs—
Côteaux champenois



Maurice Moore-Betty, who runs one of New York's best cooking schools and is the author of several cookbooks, has a spacious kitchen - dining room for entertaining in his lanhattan carriage house. "I like to ave everything ready before a tchen party, so there is no last inute work. The timing of the sole important, and I keep it warm for little while in a low oven. I make atches of the white roux for the auce ahead of time and store in ne refrigerator, so that I can put ne sauce together in a matter of inutes. While guests have their oup, I bring everything else out. I like to serve the iced tomato consommé in heavy glass-footed tumblers and spark it with a shot of vodka for guests who like it that way. It is delicious, better than a Bloody Mary," says Mr. Moore-Betty, who keeps a bottle of Zubrowka Polish vodka in the freezer at all times and adds a twist of lemon rind to the bottle. "It gives the vodka a lovely flavor."

Cold tomato consommé

Ingredients

2 cups canned Italian plum tomatoes with basil
4 cups chicken stock
1 tablespoon sugar
¼ cup dry vermouth
salt, and pepper to taste
½ cup parsley sprigs, chopped
zest of 1 lemon, shredded
vodka, optional

Method

☐ Simmer tomatoes and chicken stock for 5 minutes. Rub through a fine sieve. Add sugar, vermouth, salt, and pepper. Serve hot or cold. Garnish with parsley and lemon zest. A small shot of vodka may be added. Makes about 6 cups.

More recipes, page 184

JAMES BEARD

KITCHEN BUFFET FOR 10

MENU
Salad bar and dressings
Garlic vinaigrette
Mustard, anchovy mayonnaise
Yogurt-blue cheese dressing

Navarin of lamb
Hot biscuits

Assorted cheeses
French bread
Pear sorbet

Pinot Chardonnay—Joe Heitz
Bandol
Coffee, chilled framboise



"I like the feeling of movement that comes from a kitchen party; it has a better rhythm than a more formal atmosphere," says James Beard, who likes to attract people from one area to another with small islands of delicious things to eat. The heart of Mr. Beard's Greenwich Village kitchen is an abbreviated U-shaped counter where he sets up wines—a big silver punch bowl filled with ice for magnums of white wine ("I have a passion for magnums"), and red wines on a tray. The main course, a navarin of lamb, is kept warm on the Corning cooktop set into the island. For this simple buffet a great harvest of salads is set up on a counter near the garden door: a big bowl of greens—endive, arugula, bibb, romaine—and a variety of dishes and plates in different patterns to hold julienned raw zucchini, cucumber, thinly sliced onion, and tomato. Three dressings, whizzed up in the Cuisinart food processor, are served separately so guests can mix their own favorite salad. (James Beard's latest book is *New Recipes for the Cuisinart Food Processor* [$3.98].) Cheeses and breads are set out in the adjoining dining room with separate plates and knives. Guests can gather in clusters in the kitchen on stools or at tables set in the garden, the kitchen, and the dining room. "I like flowers in the kitchen, too," says Beard, who makes everything festive with arrangements of marigolds and chrysanthemums and candles everywhere, inside and out.

Mustard-Anchovy mayonnaise

Ingredients

2 eggs
1 clove garlic, peeled
¼ cup lemon juice
about 1½ cups peanut oil, or enough to make a mayonnaise
4-5 anchovy fillets
1½ tablespoons Dijon or tarragon mustard

Method

☐ Combine eggs, garlic, and lemon juice in bowl of a Cuisinart food processor and process for 15 seconds. Continue processing and dribble in enough oil to make a thick mayonnaise. Add anchovy fillets and mustard and process for 30 seconds. With anchovy fillets you will probably not need salt. Makes about 2 cups.

More recipes, page 180

JULIA CHILD

KITCHEN BUFFET FOR 20

MENU
White bean soup with herbs and lemon

Turkey ballottine
Broccoli Parmesan
Rice and mushrooms
Watercress and endive salad

Vermont Cheddar
Apples Rosie, crème fraîche

Asti spumante
Côtes du Rhône



"What's so nice about a buffet is that people can take just what they want," says Julia Child, whose latest book is called *From Julia Child's Kitchen* (Knopf). "I like to start off with a soup and serve it in a big copper or earthenware bowl right from the stove, with toasted Armenian cracker bread set to the right of the stove.

"Although I prefer small, sit-down affairs, when we do a buffet, I serve all the food from our big, roomy kitchen and let the people wander about the rest of the house as they please. While guests serve their own soup, we clean up the cocktail mess. As help is so expensive, Paul and I like to give a joint party with another couple so that the four of us can share with the chores, or we try and find the daughter or son of a friend to help.

"To make the rice and mush-

Continued on page 180

THINK BUFFET
VEGETARIAN THAN



Centerpiece of grapes, apples, peppers, artichokes, with fresh fruit bowl, muffins, desserts, and coffee pitcher filled with pero.



Homemade whole-wheat bread on reproduction of old Dutch board, with relish, whole-wheat macaroni.

Celebrate with food so delicious you scarcely miss the drumsticks

KSGIVING



The Coppers, *right*, adding finishing touches to their feast. *Left:* Baked apples and pumpkin pie with cream cheese crust; French 19th-century silver serving spoon.



"The challenge of vegetarian food is to make it look appetizing," say interior designer Arnold Copper and his wife, Morinda. They seem to have met the challenge with ease, judging from this magnificent Thanksgiving spread. The stuffed sea bass, which takes the place of the turkey, is laid out on an early 18th-century walnut library table against the wall, *left,* with whole-wheat macaroni and corn pudding in American earthenware crocks. Seasonal fruits are used as decoration as well as for eating, the glowing colors blending with the Irish brass candlesticks and gilded wooden lamps. The traditional desserts, pumpkin pie and baked apples, complete the celebration. For refreshment, there's homemade apple champagne and *pero* (a coffee substitute of barley, chicory, and molasses) served with milk and cinnamon. Planning the buffet for 8, the Coppers set up two tables of 4, *right,* (there are more tables for more people). Blue and white Chinese plates on the walls echo the blue and white rug, woven by Arnold's brother John Copper and Gregory Newham. The Coppers' interests are varied (he is coauthor of a book, *Psychic Summer,* published in October by Dial Press) and they entertain a lot—sometimes as many as 40—taking turns cooking. "Arnold likes informal parties," says his wife. "He can take things from the refrigerator and turn them into marvelous dishes quite spontaneously. He likes using fresh vegetables and fruits, preserving their natural state as much as possible." Morinda Copper works differently—she plans ahead, and makes lists, preferring to create sauces and prepared food. "I like to find interesting casseroles that don't look like casseroles," she says. "For instance, I make vegetable macaroni with unpeeled, steamed eggplant, tomatoes, and zucchini. The sliced wedges look very attractive."

READ ON FOR RECIPES, SEE PAGE 188



Table drawn up to sofa, *above,* with Welsh Chippendale chairs, French engravings. Another, *below,* near fireplace with a beam for a mantel.



MENU

*Baked stuffed striped bass**
*Béarnaise sauce**
*Corn pudding**
*Acorn squash**
*Whole-wheat macaroni**
*Hot cranberry and orange relish**
Homemade whole-wheat bread
Homemade bran muffins

*Pumpkin pie**
Baked apples

Apple champagne (apple juice, soda, white grape juice)
Pero (coffee substitute) served with milk and cinnamon

continued from page 177

rooms for 20, I use 4 cups of raw rice to produce 12 cups of cooked rice, and 1¼ pounds of mushrooms for one cup of duxelles (chopped, squeezed, cooked, and flavored with minced shallots). Toss rice and duxelles in butter to combine.

"While people are helping themselves to the main course set up on the kitchen table, we clear up the soup dishes—stash things in the sink or on counters and cover with clean tea towels or upside-down pots so that everything looks neat." Salad and cheese are set on a work top in the kitchen, but dessert is passed around to guests with coffee, "as the kitchen does look a bit messy by this time."

White bean soup with herbs and lemon

From Julia Child's Kitchen. This delicious soup, served in fancy cups, would be good even at a formal dinner, especially when you use the cream enrichment with herbs and lemon.

Ingredients

2 celery stalks, sliced
1 medium onion, sliced
1 medium leek, or another onion, sliced
3 tablspoons butter
6 cups liquid (chicken stock, or water, or a combination)
1½ cups washed white beans of any type, or flageolets
1 bay leaf
2 teaspoons salt
optional: 1 or more cloves garlic, unpeeled

Method

☐ In an uncovered pressure cooker, or in a heavy 3- to 4-quart saucepan, sauté the sliced vegetables in the butter 5 minutes until fairly limp, but not browned. Add the liquid, bring to the boil, then add the beans, bay leaf, salt, and optional garlic. Bring rapidly to the boil again, uncovered, and boil exactly 2 minutes. Remove from heat, cover pan, and set aside for 1 hour. Then bring to the boil again. Either pressure cook exactly 5 minutes at full pressure, then let pressure go down by itself—15 to 20 minutes; or simmer slowly, partially covered, for 1½-2 hours, until beans are thoroughly tender. Add a little boiling water if liquid has evaporated below top level of beans.
☐ Drain in a colander set over a glass bowl. Discard bay leaf. Squeeze contents of optional garlic cloves into beans, and purée beans and other vegetables either through a vegetable mill or in an electric blender. Return purée and cooking liquid to pan.
☐ Now you may thin out the soup with milk, enrich it with cream, season it to taste, and serve it forth, or try the following enrichment. (Makes about 2 quarts, serving 4-6 people.)

Egg yolk and cream enrichment

Ingredients

big pinches each of salt, white pepper, nutmeg
2 egg yolks in a mixing bowl
½ cup heavy cream plus more cream, or milk, if needed
4-6 tablespoons soft butter blended with: the grated rind and strained juice of 1 lemon; 3-4 tablespoons fresh minced herbs such as basil, or tarragon and parsley, or summer savory and parsley, or fresh parsley and ½ teaspoon dried tarragon
Optional: Toasted and buttered homemade croutons

Method

☐ Just before serving, bring the soup to the simmer, carefully correct seasoning with salt, white pepper, and nutmeg. Then, beating the yolks with a wire whip, blend in ½ cup cream and, by dribbles, several ladlesful of hot soup. Pour this mixture back into the soup, and bring to just below the simmer. If soup seems too thick, thin out with spoonfuls of cream or milk. Remove from heat, and beat in the herbal lemon butter by spoonfuls. Serve immediately, accompanied, if you wish, with toasted and buttered croutons.
☐ *Cold bean soup.* The preceding bean soup with its herb and lemon fillip is also very good cold. Overseason it slightly, chill it, and when you are ready to serve, stir in a bit of chilled medium cream; top each serving with a sprinkling of fresh green herbs, or with a slice of lemon and slices of hard-boiled egg sprinkled with herbs.

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Paul Child's party drinks

Reverse Martini

In an Old-fashioned glass, pour a jigger of Noilly Prat vermouth. Float 1½ tablespoons of gin on the top, add a twist of lemon. "Makes you think you're having a martini," says Julia Child of her favorite before dinner drink.

Rum Brosia

½ bottle Myers rum
½ cup Noilly Prat vermouth
⅓ cup Cointreau
½ cup strong jasmine tea
¼ cup unsweetened Roses's lime juice
1 whole lime chopped with its zest
1½ tablespoons raspberry syrup
8 drops angostura bitters
5 drops orange bitters

Shake together in a large cocktail shaker or Mason jar with half a tray of ice cubes. Refrigerate one hour. Serve in chilled glasses. 1 quart.

Buddha's Eye

½ cup gin
1 tablespoon Rose's lime juice
1 tablespoon green crème de menthe

Shake with a little ice. Pour into 2 glasses.

CHUCK WILLIAMS

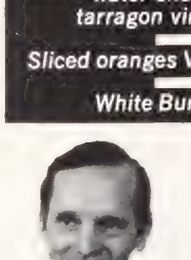
KITCHEN BUFFET FOR 6

MENU
Thinly sliced smoked salmon, capers, onions, lemon
Thinly sliced French bread
Tiny toasted onion rolls and bagels

Scampi
James Beard's spider bread
Fresh spinach salad with crumbled Canadian bacon and water chestnuts, tarragon vinaigrette

Sliced oranges Venetian style

White Burgundy



For Chuck Williams, food buff, cook, founder of Williams-Sonoma, the San Francisco kitchen shop, "too many courses are difficult to manage in the kitchen; it makes too much shifting around and also provides too much to eat. I like to serve simple food, prepared ahead with just one thing to do when guests are there—in this case, put the shrimp in the oven. There's too much noise and confusion if you attempt to cook in a kitchen filled with guests." Smoked salmon, a fresh version locally smoked, is served with clear glass bowls of capers, chopped onion, lemon wedges. Mr. Williams' kitchen with its sofa, dining table, benches, chairs provides comfortable spots for guests.

Scampi

Ingredients

2 pounds large raw shrimp or prawns
2 tablespoons butter
1 tablespoon fresh tarragon, chopped, or 1 teaspoon dried
1 heaping tablespoon shallots, chopped
olive oil
salt, pepper

Method

☐ Peel the shrimp, but leave the last segment of shell and the tail on. Butterfly by carefully cutting along the backs, but not all the way through, and flatten out.
☐ Spread a low baking dish with the butter. Place shrimp with tails up in the dish and sprinkle with the tarragon and shallots. Drizzle with a little oil and season lightly with salt and pepper.
☐ Bake in a hot, 400° oven for 10-15 minutes. Be careful not to overcook. Serve at once. Serves 6 (10-12 shrimps per person).

Drinks

"I like to serve simple drinks," says Mr. Williams. "People seem to like clear, cold, pale drinks today—cold white wine; Lillet on ice with a twist of lemon, or vodka perhaps with lemon and a splash of soda."

JAMES BEARD

CONTINUED FROM PAGE 177

Garlic vinaigrette

Ingredients

3 cloves garlic, peeled, or to taste
1 cup olive or peanut oil
¼ cup sherry or white wine vinegar
1 teaspoon salt, or to taste
1 tablespoon Dijon mustard
½ teaspoon freshly ground black pepper
¼ cup parsley sprigs

Method

☐ Combine all ingredients in bowl of a Cuisinart food processor. Process for 45 seconds or until completely blended. Taste for seasonings and flavor balance and correct if need be. Makes about 1¼ cups.

Yogurt-blue cheese dressing

Ingredients

1 cup plain yogurt
1 cup blue cheese
2 tablespoons shallots or chives, chopped
2 teaspoons wine vinegar
¼ teaspoon freshly ground black pepper

Method

☐ Combine all ingredients in the bowl of the Cuisinart food processor and process for 30 seconds, or until well blended. Makes about 2 cups.

Continued on page 182

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Kenmore. Solid as Sears

continued from page 180

JULIE DANNENBAUM

KITCHEN BUFFET FOR 12

MENU

Deviled clams

Madeira-baked ham in a crust
Mustard ring
Julienne of celery and green beans with parsley butter
Whipped acorn squash with herbs
Relish platter
Brown bread
Crock of unsalted butter

Pineapple granita served in pineapple shells
Plain cookies

Champagne throughout



"I have two round tables in my basement kitchen and a third in a closet so we (my husband Harry and I) can have up to 15 sitting in the kitchen," says Julie Dannenbaum, who teaches from her cooking school in Philadelphia and, during the summer, at the Gritti Palace in Venice. "We find that everyone loves to be in the kitchen and it is often hard to get them to leave! As there are no windows, people think they are in a nightclub. I use stainless steel, pottery, and glass in the kitchen and ask guests to come dressed very casually. Or for fun, I suggest black tie and use my best things." Centerpieces in the Dannenbaum kitchen are apt to be breadboards with homemade bread and a serrated knife for each table, or antique wine coasters to hold each table's bottle.

Madeira-baked ham in a crust

The crust is really just for looks, and to keep the ham moist.

Ingredients for crust

4½ cups flour
1 cup solid shortening
1 cup cold water or more

Method for crust

☐ Make the crust in 2 batches in a Cuisinart food processor. Place half the flour and shortening in the bowl, and, with the machine running, add just enough water to bring the dough into a ball. Or in a bowl, cut the shortening into the flour and add water, working quickly with the hands to form it into a ball. Set pastry aside.

Ingredients for ham

1 12-15-pound precooked ham
1 cup Madeira wine and more
½ cup Dijon mustard
1½ cups brown sauce (optional), freshly cracked black pepper for sauce

Method for ham

☐ Trim the skin from the ham and with an injector that looks like a tiny bulb baster, inject the ham with at least ½ cup Madeira. Or cut small slits in the ham and pour the Madeira into them.

☐ Brush on the mustard. Roll out the pastry and drape over the ham, tucking the ends under the ham. Place on a rack and let rest overnight in the refrigerator to give the Madeira time to permeate the ham. (If you do not want to make the pastry, cover the ham with aluminum foil.)

☐ Preheat the oven to 325° and bake the ham for 3½-4 hours or until the shank bone moves easily. Keep ½ cup each Madeira and water in the bottom of the baking pan during the cooking to keep the moisture constant.

☐ Remove ham to a carving board and bring to the table to serve. Remove crust or foil and carve lengthwise into thin slices.

☐ If you want to serve the ham with a sauce, pour off the fat from the baking pan, and add 1½ cups brown sauce. Bring to a boil and season with freshly cracked black pepper to taste.

Drinks

Jersey Lightning

Shake equal parts cranberry juice and applejack in a cocktail shaker with lots of ice. Serve over ice or straight up.

Stingers

Serve these when you want a lively party to last a long time. Shake 2 parts brandy and 1 part white crème de menthe with lots of ice in a cocktail shaker. Serve over ice or straight up.



HARRIET HEALY

KITCHEN BUFFET FOR 6

MENU

Chicken broth flavored with clam juice topped with whipped cream

Chicken au bon goût
Soubise sauce
Tomatoes Provençale

Peaches with almonds, raspberry sauce

Corton Charlemagne

Harriet Healy, who ran a cooking school in Palm Beach for many years and who is now working on a new cookbook of "good quick things and light, new-wave dishes," has two kitchens in her Palm Beach house. Her own special kitchen, done in blue-and-white toile de Jouy and old French furniture, is her favorite spot for entertaining. Mrs. Healy's preferred number for parties is six; she never has more than eight. All the preparation, cooking, and serving she does herself. "It is so much more fun than having other people doing it." She likes to start off with a soup course, served in the living room—this time a chicken broth with clam juice and whipped cream, served in pot de crème cups. After the soup course, she and her guests return to the kitchen for the main course. *Note:* The following recipe is taken from *Palm Beach Entertains Then and Now,* by the Junior League of the Palm Beaches, published this month by Coward, McCann & Geoghegan.

Chicken au bon goût

Harriet Healy recommends using a food processor when preparing the chicken, since this can be heavy work for the average blender. She assembles the patties a day ahead, refrigerates them, and sautées them just before serving. She places them on a serving platter and with a pastry tube pipes a soubise sauce around the edges.

Ingredients

1¾ cups cream
6 chicken breasts, boned, skinned and cut into small pieces
1 small onion or shallot, peeled
2 slices white bread with crusts removed, crumbled
½ pound twice-ground round steak
1 egg
2½ teaspoons salt
⅛ teaspoon pepper
4 tablespoons butter
lemon parsley butter, or 8 mushroom slices
soubise sauce

Method

☐ Place in a food processor or blender ½ cup of the cream, ½ of the chicken pieces, and the onion or shallot. Blend, using an on-off technique, and loosen meat mixture around blades with a long rubber spatula. Remove to a bowl and repeat with remaining chicken pieces and another ½ cup cream. Add to bowl.

☐ In a separate bowl, soak the bread in ¾ cup cream. Add ground round and bread to the chicken mixture. Stir in egg, salt, and pepper and beat by hand until light and fluffy. Chill 2 hours or more. Beat again.

☐ Melt butter in large skillet. With wet hands quickly mold the chicken mixture into patties and drop into hot butter. Sear quickly on both sides but do not overbrown. Reduce heat and cook slowly for 20 minutes, turning twice. Serve with a small ball of lemon-parsley butter or a mushroom slice on top of each patty. Serves 6-8.

Continued on page 184

Tuesday's hamburger used to get my family pretty excited about Wednesday. Until I added a blend of two rices and twenty-three different herbs and seasonings.



What a success.



continued from page 182

CRAIG CLAIBORNE AND PIERRE FRANEY

KITCHEN BUFFET FOR 24

Craig Claiborne and Pierre Franey cook together both for pleasure and professionally for *The New York Times Sunday Magazine* food pages. Craig Claiborne's Long Island kitchen is a constant hive of cooking activity for parties, and stories that always seem to turn into parties. This collaboration of a Francophile and a Frenchman often produces a French menu, as for this multicourse holiday party. Lashings of sparkling wine are served before the feast. "I like Le Duc and Boyer; they are great values in New York for party drinking at about $6 and $4.75 a bottle."



MENU
Caviar
Grilled boudin blanc
(white sausage with truffles)
Grilled boudin noir
(black blood sausage)
Oysters on the half shell
Assorted pâtés
Lobsters Shangri-la
Salade Russe

Cold poached striped bass,
sauce Gribiche
Roast turkey, sage stuffing
Puréed rutabaga,
puréed chestnuts,
puréed potatoes

Stilton, Brie, Camembert

Pumpkin pie
Tangerine ice

Chassagne-Montrachet
La Tâche

Lobsters Shangri-la

Ingredients

12 lobsters
salade Russe (recipe below)
lemon slices
parsley

Method

☐ Drop the lobsters into boiling sea water or salted fresh water to cover. Cover and let cook 15 minutes. Drain thoroughly.
☐ Remove the claws of the lobsters and take out the meat; cut in cubes, put in a bowl. Split the lobsters in half and loosen the tail meat from each half. Replace it. Remove the coral and so on from the chest cavities. Add it to the claw meat. Add salade Russe and stuff the cavities with the mixture. Garnish with lemon slices and parsley. Serves 24.

Salade Russe

Ingredients

1 cup potatoes, peeled, and cut into ½-inch cubes
1 cup carrots, scraped, and cut into ½-inch cubes
½ cup string beans, trimmed, and cut into ½-inch lengths
¼ cup green peas
1 cup mayonnaise, preferably freshly made

Method

☐ Cook the vegetables in separate batches of boiling salted water. Cook until just tender. Drain as each vegetable is ready and run under cold running water. Drain thoroughly.
☐ Put the vegetables and mayonnaise in a large bowl and stir to blend. Makes about 3½ cups.

Tangerine ice

Ingredients

4 cups freshly-squeezed tangerine juice
1½ cups water
1½ cups sugar
2 tablespoons lemon juice
½ cup mandarine liqueur, available in fine wine shops

Method

☐ The most efficient way to extract tangerine juice is to use an electric vegetable and fruit juice extractor. Failing that, squeeze the juice by hand with a regular juice extractor.
☐ Combine the water and sugar in a saucepan and bring to the boil. Simmer 5 minutes. Cool, then chill thoroughly. Add the tangerine juice, lemon juice, and mandarine liqueur.
☐ Pour the mixture into the container of an electric or hand-cranked ice-cream freezer and freeze according to the manufacturer's instructions. The ice may be served with more mandarine liqueur poured over. Makes 2 quarts or 12-14 servings.

Drinks

Margaritas

Salt
juice of ½ a juicy lime
1½ ounces tequila
1 ounce Triple Sec or Cointreau
Run the cut half of the lime around the edge of a cocktail glass and dip into salt. Shake all ingredients with lots of ice. Strain into a pitcher. Put into the freezer until very cold. Pour into the glass when ready to serve.

Medicato

From Sirio Maccioni, owner of New York's Le Cirque restaurant: Put a splash of Campari in a wine glass with ice, fill with dry white wine; add a twist of orange zest.

Campari Lillet

Add a touch of Campari and ice to a wine or sherry glass. Fill with Lillet. Add a twist of orange zest.

Salty dog

1½ ounces vodka
¾ cup fresh grapefruit juice
¼ teaspoon salt
Serve cold over ice in a tall glass.

Serve simple drinks—cold white wine; Lillet on ice with a twist of lemon; or vodka with lemon and a splash of soda

HARRIET HEALY

CONTINUED FROM PAGE 182

Lemon parsley butter

Ingredients

¼ cup butter, softened
1 tablespoon fresh parsley, finely chopped
1 teaspoon lemon juice

Method

☐ Cream all the ingredients together and divide into 6-8 portions to be placed on the patties.

Soubise sauce

Ingredients

3 tablespoons butter
1 large Bermuda onion, chopped
1 cup cooked rice
1¼ cups chicken broth
6 mushrooms
1 egg yolk
4 tablespoons cream
sprig parsley
salt, pepper to taste

Method

☐ In a medium saucepan, melt the butter and sauté the onion until translucent, being careful not to brown it. Add the cooked rice and chicken broth. Bring to a boil and simmer gently for 5 minutes.
☐ While this is cooking, place mushrooms in a saucepan with water to cover, and cook 5-10 minutes until tender. Drain.
☐ In a blender, combine the rice mixture, mushrooms, egg yolk, cream, and parsley. Blend until smooth. Add salt and pepper to taste. Keep warm in the top of a double boiler over simmering water until ready to serve. Serves 6-8.

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MAURICE MOORE-BETTY

CONTINUED FROM PAGE 177

Floating island

Ingredients for the island

3 egg whites
pinch of salt
½ cup confectioners' sugar, sifted
¼ teaspoon almond extract
butter

Method

☐ Heat oven to 225°. Beat the egg whites until they hold soft peaks. Add salt. Gradually add sugar and almond extract and continue beating for 5-6 minutes. Butter 4 one-cup ramekins or 8 half-cup ramekins, or a 1-quart soufflé dish. Fill with meringue and stand it in a roasting pan with enough hot water to come half way up the mold. Bake for 20-25 minutes. Cool and unmold onto a deep platter. At this stage, the island may be frozen or kept refrigerated a day.

Ingredients for crème Anglaise

4 large egg yolks
2 cups hot milk
¼ cup sugar

Method

☐ In the top of a double boiler, beat egg yolks and add hot milk and sugar. Cook over hot water until back of a wooden spoon is generously coated. Do not allow it to boil, or the custard will curdle. Remove from heat and beat until cool. Arrange island in a deep dish and pour the crème Anglaise around it.

Ingredients for caramel

½ cup sugar
2-3 tablespoons boiling water

Method

☐ Dissolve sugar in water over low heat in a heavy saucepan. Raise heat and cook without stirring until dark amber. Carefully dribble over islands. The completed dish may be refrigerated for 3-4 hours, but no longer. Serves 6. ■

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WINE & FOOD

Great ways with buffet food

KITCHEN CASUAL
continued from page 128

Hearty food from the William Rayners

Corned beef and cabbage

Ingredients

3 3-pound packages corned beef
8 heads green cabbage

Method

☐ Wash corned beef under cold water to remove excess brine. Put beef in a large kettle and cover with boiling water (about 6 quarts) and simmer 3-4 hours, or until fork-tender in the center. Carve in thin vertical slices.

☐ Quarter cabbages; add to a large kettle of boiling salted water and cook 6-8 minutes. Do not overcook. Drain and serve with corned beef along with horseradish, or horseradish sauce.

White horseradish sauce

Ingredients

2 bottles (4 ounces each) prepared horseradish
1 pint heavy cream

Method

In a bowl whip heavy cream until light but not stiff. Add white horseradish and combine thoroughly. Put in a sauceboat; serve with corned beef.

☐ *Note:* Have on hand 2 bottles (4 ounces each) red horseradish sauce to serve also.

from William and Chessy Rayner, Jack Lenor Larsen, and Arnold Copper

Buffets can be as individual as their givers. Here are three with very different menus and moods. William and Chessy Rayner, whose kitchen buffet appears on page 128, like hearty corned beef complemented by colorful, easy-to-prepare vegetables. Jack Lenor Larsen, page 132, leans to an exotic menu ranging from walnut soup to Cuban black beans. Arnold Copper, whose sumptuous vegetarian Thanksgiving dinner is on page 178, offers guests a feasts of fresh fish and vegetables.

Creamed spinach

Ingredients

8 pounds fresh leaf spinach, or 8 packages (10 ounces each) frozen leaf spinach
2 tablespoons butter
2 tablespoons flour
2 cups light cream or milk, warm
salt, nutmeg, white pepper

Method

☐ Cook spinach in a small amount of water in a large pot, with a plate or lid on top of spinach to weigh it down. (Cook in 1- or 2-pound batches.) Spinach will cook down to about 8 cups. Drain and chop fine.

☐ In a large saucepan melt the butter and add the flour. Whisk until smooth. Add the cream or milk and cook over low heat until lightly thickened. Add spinach and season with salt, nutmeg, and white pepper. Put in ovenproof serving dish and keep warm.

Carrots Français

Ingredients

6 packages (12 ounces each) baby carrots
1 bunch parsley, chopped
3 tablespoons butter

Method

☐ Scrape carrots and slice lengthwise. In a large saucepan cook, covered, in boiling sal water about 10 minutes. Dr and toss with butter and parsl Arrange in a serving dish.

Baked potato skins

Ingredients

24 baking potatoes
olive oil
butter

Method

☐ Grease potatoes with olive and bake in a preheated 42 oven for 40-60 minutes. Wh half done, puncture skins with fork to allow steam to escap Let cool.

☐ Cut in half and scoop meat. Arrange potato skins in ovenproof serving dish, d with butter, and reheat. Ser warm. Retain meat of potato for whisked potatoes.

Whisked potatoe

Ingredients

meat from 24 baking potatoes
¼ pound butter, melted
1 cup heavy cream, warmed
1 pound bacon

Method

☐ Put potatoes through a fo mill or mash until smooth. In large bowl or saucepan whi potatoes with the butter a cream until light.

☐ Broil bacon until crisp; dra thoroughly on brown pape Crumble bacon and whisk in potatoes. To aid in fluffing p tatoes, place over very low he (or on top of a flame tamer) f 5 minutes. Put in ovenpro serving dish and run und broiler for a minute before se ing to brown the top.

DESK-TOP FEAST
continued from page 132

International food prepared ahead, orrigh before the guests' eye from Jack Lenor Larse

Walnut soup

Ingredients

6 ounces walnuts, shelled
1 large clove garlic, peeled

The one to buy in the first place.



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nts light chicken stock
nt cream
, freshly ground black
epper

thod

With a mortar and pestle, or a blender, crush the walnuts l garlic to a paste with a little he stock. Transfer to a bowl l incorporate the rest of the ck slowly until the mixture he consistency of cream.

our the soup through a sieve a saucepan and bring to a l. Add the cream and salt and per to taste. Soup can be de ahead and cream added at ving time.

Baked ham with kumquats

Larsen likes to send away peanut-fed hams from Geor-, where the hogs are grazed develop lean muscles and d flavor. He likes ham for ties because it looks attrac-, is easy to cook, feeds a ge group, and is a versatile over.

redients

-10 pound ham
rge jar preserved kumquats
eaping teaspoon Coleman's owdered mustard, or 2 ablespoons Dijon-style repared mustard (or more o taste)
vel teaspoon powdered loves
cup brown sugar
tercress

thod

For a tenderized ham, cut off skin and excess fat. Score ham, place it on a baking k in a pan and bake at 350° 2 hours.

n a small saucepan reduce half the juice from the jar of nquats; cool. Add the mus-d, cloves, and brown sugar. ize the ham with the mixture d return it to the oven for other ½ hour at 350°.

Arrange the kumquats and tercress around the edge of ham platter. Ham may be rmed just before serving.

uban black beans

redients

-ounce bags black beans
loves garlic, chopped
up bacon fat
20 packets MBT beef-lavored broth, to taste
ielbasa sausages, sliced
15 chorizo sausages, sliced
nions, chopped
ablespoons dried basil, or nore to taste
ablespoons dried tarragon, or more to taste
1 pimiento, sliced
1 cup uncooked green peas, fresh or frozen, thawed

Method

☐ In a large, heavy pot put the beans and enough water to cover. Bring to a boil, lower heat, and cook slowly, covered, with ½ the garlic, the bacon fat, and 5 packets of the beef-broth mix. Watch that beans do not burn, adding water as necessary.

☐ When the beans are not quite al dente (about 1½ hours), add the sausages, onion, basil, tarragon, another 5 or more MBT packets, and remaining garlic. Keep watching the water. If, as you go along, the beans seem underflavored, add more beef broth. Simmer another ½ hour, or until beans are done.

☐ Arrange the pimiento and green peas on top of the beans in an ovenproof serving dish. Put in an unlit but still warm oven until serving time. The peas should be just cooked through but still bright green. Except for the garnish, the beans can be made a day ahead or kept several days in the refrigerator.

Fraise à la Widder

(Strawberry mousse)

Use fresh strawberries when they're in season.

Ingredients

juice of 1 lemon
grated zest of ½ lemon
juice of 1 orange
1 heaping tablespoon sugar
1 ounce Cointreau
2 large scoops vanilla ice cream
1 cup strawberries or more, sliced
lemon ice
unsweetened whipped cream

Method

☐ In a well-chilled bowl place the lemon juice, lemon zest, orange juice, and sugar. Stir well with a whisk.

☐ Stir in the Cointreau, ice cream, and strawberries. Mix well until light and creamy. Pour into individual bowls. Add some lemon ice to each and top with whipped cream. Serves 4. Triple for 14.

Continued on next page

From the hands of the great chefs of Europe comes the perfect knife for America.

To a chef, a knife is more than a tool for cutting. It's his Stradivarius. An instrument for creating masterpieces.

Therefore, it must be perfect. Its contours. Its balance. Its very feel.

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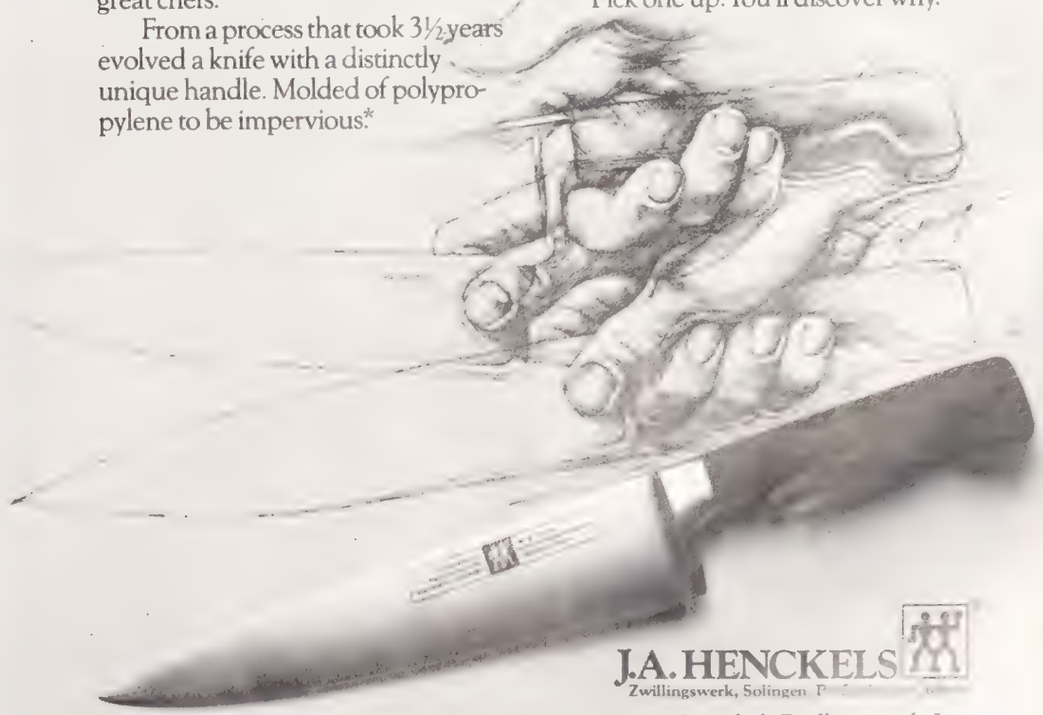
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And permanently bonded to the full shaft to be virtually indestructible.

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1 Westchester Plaza, Elmsford, N.Y. 10523; or call 914-592-7370.
*USDA Approved

VEGETARIAN THANKSGIVING
continued from page 178

Celebrate with meatless food, prepared without butter or oil by the Arnold Coppers

Baked stuffed striped bass

Ingredients

1 whole 12-pound striped bass or 2 smaller ones
1 large baking potato, thinly sliced
salt, pepper
½ pound crab meat, shredded
1 cup creamed cottage cheese
2 tablespoons fresh dill, chopped
juice of 2 lemons

Method

☐ Lay the fish in a low, shallow metal or glass baking dish on top of the potato slices to prevent the skin from sticking to the bottom of the pan. Season with salt and pepper inside and out.
☐ In a large bowl combine the crab meat, cottage cheese, dill, and the juice of 1 lemon. Mix well and stuff into the cavity of the fish.
☐ Squeeze the juice of the remaining lemon over the fish and bake at 350° in ¼-inch water until the flesh flakes easily, about 45 minutes.

Corn pudding

Ingredients

1 large can (16 ounces) creamed corn
3 tablespoons cream cheese
1 cup milk
3 whole eggs, lightly beaten
1 tablespoon honey
pinch salt

Method

☐ In a large bowl put the creamed corn, cream cheese, milk, eggs, and honey. Mix well and season to taste with salt.
☐ Grease a casserole dish with the cream cheese left on the foil wrapping to prevent sticking, and add corn mixture. Bake at 350° for 30-40 minutes.

Acorn squash

Ingredients

4 whole acorn squash
¼ cup milk
4 ounces cream cheese
salt, pepper
brown sugar
lemon juice
nutmeg

Method

☐ Cut the squash in half and steam until the centers are soft —but do not let shell soften and fall apart.
☐ Scoop out the squash and place in a bowl. Reserve the shells. Whip the squash flesh with the milk, cream cheese, salt, pepper, brown sugar, and lemon juice to taste. Pack mixture back into shells and grate nutmeg over tops. Bake at 325° for 20 minutes.

Whole-wheat macaroni

Ingredients

1 pound whole-wheat macaroni
1 package (8 ounces) farmer's cheese
½ cup milk
salt, pepper
½ teaspoon oregano
1 cup Cheddar cheese, freshly grated

Method

☐ Cook macaroni in lots of boiling salted water until just tender. Drain and mix it in a large bowl with the farmer's cheese, milk, salt and pepper to taste, and oregano.
☐ Put mixture into a baking dish, sprinkle with the Cheddar cheese, and bake in 350° oven for 30 minutes.

Hot cranberry and orange relish

Ingredients

1 pound whole, ripe cranberries
3 large oranges, peeled and cut into small pieces
½ cup water
juice of 1 large lemon or 2 small ones
¾ cup sugar

Method

☐ In a large heavy saucepan put the berries, oranges, water, lemon juice, and sugar. Cover and cook over very low heat several hours. Makes about 2 pints. Can be served cold if you wish.

Béarnaise sauce for fish

Ingredients

1 8-ounce package cream cheese, softened
3 egg yolks
juice of 1 lemon
salt, pepper
1 tablespoon onion, very finely minced
1 teaspoon tarragon
½ teaspoon chervil
½ tablespoon vinegar

Method

☐ Put the cream cheese in a heavy saucepan and blend in egg yolks one at a time, mixing well after each addition. Blend in lemon juice and a pinch of salt and pepper.
☐ Stir the mixture over very low heat and add the onion, tarragon, chervil, and vinegar. Cook for only a few minutes and serve. Makes about 1½ cups béarnaise sauce.

Pumpkin pie

Ingredients for crust

1 package graham crackers from large box
⅓ cup cream cheese, room temperature
¼ cup sugar

Method for crust

☐ Mash the graham crackers in a large plastic bag with a wooden mallet or the flat side of a hammer. Pour into a bowl, add cream cheese and sugar, and mix well. Mold into a 9-inch pie plate with your fingers.

Ingredients for pumpkin filling

1¾ cups milk
2 cups cooked pumpkin
3 eggs, beaten
¾ cup sugar
1 teaspoon cinnamon
1 teaspoon nutmeg
1 teaspoon ground cloves

Method for filling

☐ In a large saucepan, bring the milk almost to the boiling point.
☐ In a bowl combine the pumpkin, eggs, sugar, cinnamon, nutmeg, and cloves. Add to the almost boiling milk and blend gently.
☐ Fill crust with pumpkin mixture and bake in a 350° oven for 45-60 minutes. Insert knife into the center of the pie. If it comes out clean, the pie is ready to be served. ■

Fund-raising
continued from page 145

of Interiors Designers is involved in at least one showhouse each year; the Junior League alone is responsible for eleven across the country—and although it is one of the most difficult of projects to do, it is usually very rewarding. The Woman's Association of Morrisown (New Jersey) Memorial Hospital found it so. They raised $260,000 for the hospital with "A Mansion in May" at Giralda, once the home of Geraldine Rockefeller Dodge.

Showhouses are dream houses, castles in Spain, with a different designer for every chamber and turret, each happily indulging him/herself by creating a room for the best of all possible worlds. Showhouses are spun, like daydreams, in the most spectacular surroundings possible, and when they are ready, the doors are opened and everybody can come in, wander, gaze, muse—and go home with a very practical solution for that awkward little corner under the stairs. Showhouses, like all beautiful realities, are the result of very, very hard work, none of which should show.

Giralda was the second showhouse the Woman's Association had done. They are fast becoming experts, and they have found that the two cardinal rules for all fund-raising efforts—plan *way* ahead, and be fanatical about details—should be engraved in gold and mounted over the entrance to every showhouse. Do you want to do a showhouse? Here's the way it goes:

First, the search: "We began looking for a house in November of 1974," says Mrs. George F. Schmucki, general chairman of "A Mansion in May,"—a year-and-a-half before the showhouse was scheduled. Working through real-estate agents, she and her committee chosen in the fall after the first WAMMH showhouse, were on the lookout for something for sale or available, preferably unoccupied and not likely to be occupied quickly (perhaps, one whose owners would agree to postpone moving in), with an interior in which they could have reasonable freedom with enough in the way of grounds to allow parking, with atmosphere and appeal. Something, well, marvelous. They found a house and were proceeding when suddenly, in September 1975, they were told it was sold, probably because of the interest raised in it, and therefore not available. ("Lesson: keep the search quiet," says Mrs. Abbott M. Swift, chairman of the operations committee.)

The committee had investigated the possibility of the Dodge house before and had been turned down because it was full of Mrs. Dodge's things. But in the meantime the art auction firm of Sotheby Parke Bernet had held what they called "the sale of the century" there and now the house stood empty. The committee tried again, and was accepted. "It will be the showhouse of the century," they promised themselves. "It really is partly who you know," says Mrs. Schmucki. Mr. Dodge had been a trustee of Morristown Memorial; there were still friends there and at the Dodge foundation responsible for the house.

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for the opening night was planned at the same time. In monsoon weather, 600 came for a formal seated dinner. That raised $30,000. Cocktails on Tuesday and Thursday nights (making a month-long liquor license necessary) during the month the house was open were another special attraction. And then there were catered box lunches, served by husbands of WAMMH members, in the carpeted, rejuvenated carriage barn. Each event had a committee.

Printing: Perhaps the biggest single cost of a showhouse. The "Mansion in May" mailings were all designed and coordinated—and because the February party had been so successful, the printer was paid three days after he delivered the programs—promptness, he said, unequaled in his entire career. The programs, designed during the summer of 1975, cost more than $1 apiece to print; the first print order was 50,000. Ad sales for the program brought in $28,000. One warning from Mrs. Schmucki: The terrific enthusiasm a showhouse generates may cause a tendency to over-order. Be very level-headed.

Personnel: A mailing in March asked for volunteers to show the house, to oversee parking the cars, to help wherever help was needed. The mansion would need 300 people a day, many of whom would [illegible] perhaps 1,400 people [illegible] each of whom would need orientation. A local church offered its sanctuary for classes—"it looked like Easter Sunday"—while the local police managed the [illegible] of more cars than the [illegible] to. Volunteers paid $5—the same price as the entrance ticket—and got a program and a free pass for a nonworking day. After working four times, they could ask for their original $5 back, but out of the thousands, less than a hundred did.

The grounds: The first WAMMH showhouse, Upton Pyne, was lavishly floral. Giralda, emerging from thickets of neglect and winter, became a collection of New Jersey shrubbery surrounding walled gardens and outlining vistas—a project that needed its own committee, too.

Finally, the opening: "Your first week is always slow," Mrs. Schmucki says. "It takes a while for people to hear about it, and make up their minds to come." So Giralda stayed open a full month, a week longer than most showhouses do. A professional cleaning crew came in every night. Things to watch out for? *Good* refrigeration for all the food. Well-trained hostesses. Alert information people. And then, if there are disasters, usually they are the results

Continued on next page

Once the house is decided upon, he lease terms must be drawn up, nd it's a job for friendly lawyers. Vho's responsible for what? What an be done inside? How must the ouse be returned? When can the howhouse committee go to work here? What are the dangers, the iabilities? In what condition is the viring? The questions pyramid, nd all should be down in black nd white.

Next, the lists: "You *must* have firm foundation," says Mrs. chmucki. The work started in anuary, 1975. The lists cover posible committeepeople, possible atrons, possible contributors; hey extend to newspapers, magaines, periodicals. There are lists f designers, lists of sources of maerials, lists of people past and resent who might be involved. There are 44,000 names on the elect master list. And—because ll of the lists had to be coordiated so that mailings would not uplicate or contradict one anothr—there were even lists of lists. t took the full time of a recording ecretary and a communications ommittee chairman, Mrs. Peter . Buchanan, who was also a nember of the mailing and promoion committees.

And the committees: They were ormed in January, 1975. "You have to have first-rate people, and we did," says Mrs. Schmucki. The steering committees they felt were necessary were: boutiques (the old carriage barn was to house fourteen boutiques and a lunchroom), communications, designers, finance, landscaping, mailing and telephone (a trained staff manned the phones during the showhouse itself), office, operations, personnel ("vital"), printing, program, promotion, sewing, and special events. The chairmen of these formed the executive committee which met once a week.

The designers: The Dodge house, an angular study in dreary brown, was still the Dodge house —and full of exciting possibilities. Designers were contacted by letter, and many more applied than there was room for. Each was invited by appointment for a tour of the house. "They're the stars, after all, and they should be treated like stars." Each submitted ideas. The committee made decisions and assigned rooms—and there was another round of written agreements among all the parties concerned.

The patrons' parties: "To begin with, you have to raise working capital. We had a buffet supper with a jazz band in February, called 'Dancin' in the Mansion,' for 525 people." A Patrons' Party

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Fund-raising

continued from preceding page

of details skimped earlier.

In the end, after the check is handed, with fanfare, to the hospital, the feeling that remains is most important. "A showhouse is the most exciting thing it's possible for a woman to be involved with," says Mrs. Robert Scobey, chairman of the designer's committee. "I tried out all the beds," Mrs. Schmucki admits. Already WAMMH has been offered other houses for next year—and the Association, versatile fund-raisers, hasn't even decided whether there will be one. ■

Think informal

continued from page 174

the mix of people in these circumstances, where the individuals really ought to have something in common.)

In an informal bash, however, with little or no introductions, you may not know who anybody is or why you are there. You might leave without meeting the person you were supposed to meet, or without tasting the dish you were supposed to taste. Here the hostess's job is to communicate the message at her party in some way so the guests can respond properly and have a good time. (It is quite possible, in my experience, to go to a party knowing the people will be boring, but also knowing the food will be spectacular, and thus enjoy yourself hugely!) "The message of a party is in the emotions of the people," says Dr. Hall. "The ultimate test of all the hostess's hard work is, how is it affecting the people?"

Of course hostesses usually know perfectly well why they are giving a party, but how often do they communicate it? If it is to introduce a special visitor, you can indicate that when you give out your invitations. Similarly, if the party is for your husband's boss or business associates. If it is for a friend's birthday, guests will be grateful to know this beforehand, so they can offer congratulations or a present. I was brought up to believe that it was rude to ask, "Who is going to be there?" when invited to a party. But I now think the question is legitimate, and a thoughtful hostess will give you some idea of the message before you arrive and before you have to ask.

At most parties today, where there is no formal structure to rely on, there is also the more subtle message of the hostess saying, "This is me, this is the way I live." Happy guests are those who feel comfortable in the presence of a hostess who is comfortable with herself. (There is nothing more off-putting than a nervous, apologizing hostess.) It's a new responsibility for informal party-givers—a new experience in self-knowledge, and in communicating that knowledge to others.

In other words, entertaining today can give you a new dimension of personal growth. Giving a successful party means coming to terms with yourself, with your social existence, with your relationship to the world around you. Going to such a party, you are exposing yourself to people you otherwise might not meet, in a situation where you can either "ice skate," enjoy light conversation with lots of people, or find a quiet corner and talk more intimately with people who interest you. You are testing yourself and them, and this experience can help you find out what sort of person you are. Even if you are bored, there's nothing wrong with that. You are simply discovering what kind of stimulus you need from—or must give to—other people.

"If you were advising a person about how to give a successful party now, in 1976," says Dr. Hall, "you would have to know a great deal about the person who wanted to give the party. Because the way you entertain should be an extension of the way you live—the way you *are*."

It's an exciting thought—and worth knowing about. We've developed quite a lot since we banged drums in the jungle. After all, as the English writer Nancy Mitford remarked, "Apart from the life of the intellect and the contemplative religious life, which few people are qualified to enjoy, what else is there to distinguish man from the animals but his social life?" Entertainment is about having fun, but it is also about human evolution. Whether as hostess or guest, at today's parties we are discovering new ways of communicating with and enjoying one another. ■



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All prices approximate. *Consult your interior designer or department store decorating service. Postage indicated by ( ).

COVER
"Peach Orchard" cotton and polyester sailcloth: 54" wide, 25¼" repeat. Scotchgard finish. Shown in Sky. $11 a yd. Scotchgard finish additional. From The Vera Collection by Schumacher. At Lord & Taylor.
Sofa: 78" x 41" x 30" high, loose seat and back cushions, rolled arms, kick pleat. By Guild Furniture for Lord & Taylor.
Rosewood cocktail table: 60" x 36" x 14", imported from Hong Kong. $895.
Twig dining armchair: 23" x 25½" x 35½" high, cane back, upholstered cushion, natural finish. $376.
U-shaped console table: 65" x 20" x 28" high, split rattan, natural finish. $325. All at Lord & Taylor.
Wicker club chairs: 30" x 25" x 37½" high, braid detail, tufted back, loose seat cushion, natural finish. At Walters Wicker Wonderland.*
Mirror: 72" x 48", framed in brass with whale bone quills. $4500.
Lacquered faux-malachite box: 14" x 10" x 10" high, suede lined. $870.
Amethyst mineral: on brass stand, 10" x 4" x 9" high. $675.
Antique Persian iron deer: on black acrylic stand. 7" x 3" x 8" high. $375.
Woven-straw-covered box: 6" x 4" x 3" high. $210. All at Karl Springer.*
Antique Chinese and European accessories: From H.J. Kratzer.*
Ceramic plates: with handpainted butterflies. At Objets Plus.
"Beechen Green" painting: alkyd resin on canvas. By Walter Darby Bannard. From Tibor de Nagy Gallery.
Cotton dhurrie rug: 13'9" x 10'. By Stark Carpet.*
Brass fire screen: 30" high. $125. By Edwin Jackson.*
Basket holding flowers: from a large collection at Jean-Jacques Bloos.

THINK BUFFET
Page 126-127:
"Texas" buffet dinner plate: 12" diam. $8.50.
"Faneuil" sterling silver dinner fork: $26. $89.25 per 5-piece place-setting. Both at Tiffany.

DESK TOP FEAST
Pages 132-133:
"Tahiti Tile" coir floor covering: 20" squares, import from Switzerland.
"Pastorale on Broadside" cotton and linen fabric: on walls. 100" wide, 118" repeat. Coordinating solid "Broadside" fabric.
"Pastorale" sheer cotton and polyester fabric for curtains: 118" wide, 118" repeat. Imported from France.
"Kansu"" handwoven silk fabric: on sofa. 36" wide, imported from China. All from Jack Lenor Larsen.*
"Murlon Wallcovering System": for professional installation of fabrics over walls without adhesives, without advance surface preparation. After installation fabrics can be removed for cleaning or simply replaced over the existing grid. By Fair-Tex Mills.*

ROOMS THAT LIVE BIGGER
Page 140: *In the large photograph:*
Square tables: 23" sq. x 16" high, $415. 17" sq. x 16" high, $335. Bleached oak, smoked glass top. Designed by Billy Baldwin. From LCS.*
Indoor-outdoor pine planters: clear satin lacquer finish. 25" and 15" cubes. Design, Harry Bates. Dale Booher, Dekorum Collection for Philip Daniel.*
In lower left photograph:
Armless chairs with woven straw shells: 26" wide. $600 COM each. Matching ottoman, 26" wide. $350 COM. Both designed by Billy Baldwin. From LCS.*
"Palermo" cotton fabric: on banquette, 48" wide. $10 a yd. From Albrizzi Ltd. London.*
"Parris Valley" painting: over banquette, acrylic and oil on canvas (1976). By Maryann Harman. Lent through the courtesy of André Emmerich Gallery.
Large woven baskets with covers: of rattan core and peel. From Wicker Wicker Wicker. Large, $480. Small, $180. From LCS.*
Page 141:
"La Barca" sectional group: solid ash frame tables, seating units, and beds, with or without arms. Loose seat and back cushions available in a variety of fabrics. Shown: left arm seating unit—back and left arm are same level, may be used as tables; right arm is flush with seat, may also be used as table. Designed by Piero Di Martini. From Atelier International.*
Cocktail table: by fireplace.
Openweave basket holding ficus tree: from a large collection. Both from LCS.*
Handcarved wooden swans: 15" x 10" x 9" high. $295 each. At John Rosselli.*

Pages 140-141:
Breuer lounge chair: 25½" x 31½" x 32½" high, chromium-plated steel tubing, wicker seat and back, natural beech arm rests. From ICF.*
Antique rugs: Kilim shown beneath glass table, 9'7" x 7'9", $5800. Striped and starred cotton dhurrie rug, 17'4" x 11'5", $1400. Both from Coury Rugs.*

Pages 142-143:
"Torino" cotton fabric: on bed, 48" wide. $10 a yd. From Albrizzi Ltd. London.*
Page 142: *In top right photograph:*
"Bindo" three-position sofa: upholstered in gray suede. $3130. From The Tecno Collection. From Atelier International.*

FOR A GOOD CAUSE
Page 144:
In the bedroom designed by Albert Etienne Pensis of W & J Sloane:
All furnishings: At W&J Sloane.
Fabric, wallpaper: By Carleton V.*
Sectional sofa: by Flair.

Page 146:
In the [illegible] designed by Mary Pearson Hare:
Lantern [illegible]
Carpet: [illegible]
Birdcage: from Stanley Jay [illegible]
Console table: by Barrett Hill.
Upholstery: [illegible]
All fabrics: by Brunschwig [illegible]
Canvas on ceiling and walls: by WestPoint Pepperell.
Plant design: by Mother Earth of Basking Ridge.
Finches: from Madison Pet Shop.
In the solarium designed by Barbara Ostrum:
Ceiling canvas: designed and painted by Michael A. Murdolo.
Wicker sofa and chairs: at Walter Wicker Wonderland.
18th-century French chairs and round basket on wall: from Greenbaum Brothers.
"Kumo" sheeting fabric: Martex.
Lamps: by Keramos.*
Straw rug: by Jack Lenor Larsen.*
White coffee table: by Joseph Lombardo.
Planting baskets: from Up Country

Continued on next page


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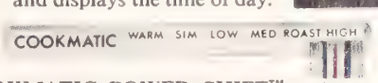
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Shopping information

continued from preceding page

Imports.
Plants: from Mother Earth of Basking Ridge.
Antique armoire: from La Provence de Pierre Deux.
In the library-bedroom designed by Chuck Winslow:
Art and sculpture: On left wall "Charles Street" acrylic painting by Steven Mueller. Between bookcases 17th-century Tantric diagrams. On desk bronze sculpture of a reclining nude by Gerald Lang. Over fireplace: "Two by Two" acrylic painting by Steven Mueller. All from J. H. Duffy & Sons.
All fabrics: by Cenci.*
Dhurrie rug: by Harmony Carpet.*

Page 147:
In the sunporch living and dining room designed by Chuck Winslow:
Wicker furniture: by Wickerworks.
"Sunrise" fabric: by Cenci.*
Hammock: by Pawley's Island Hammock.
Plants: from Renny.
In the bathroom designed by Chuck Winslow:
Wallpaper: by Cenci.*
Dhurrie rug: by Harmony Carpet.*
In the studio designed by Edwin Cossitt, Judy Thaler, and Joel Lauden:
Contemporary furniture: by Knoll International.*
Wallhangings: by Avanti.
In the sitting room designed by Robert Perkins:
Wallpaper: by Fonthill Wallpapers.*
Carpet: by Stark.*
Louis XV console table: from Rose Cumming.*
Ming vase: from H.J. Kratzer.
In the bedroom designed by Sybil Connolly:
Fabric and wallpaper: by Sybil Connolly.*
In the bathroom designed by Jeanne T. O'Mara:
Wallpaper: by Margowen.*
Chandelier: by Joseph Richter.
Painted details on tub, sink, and floor: designed and painted by Debbie Seymour.

GIVING

Page 148:
"Summit" double-on-the-rocks glass: about 4¾ inches high. By Lenox Crystal. $30 the set of four. At Marshall Field.

GIFTS FOR THE TABLE

Pages 158-161:
"Gourmet" oven-to-table plate: 10½" diam. $11. $45 per 5-piece placesetting. By Wedgwood. At Bloomingdale's.
"Cavalier Clear" glass: 10-ounce, 5" high. By J. G. Durand. $1. At West Town House.
"Old Winchester" stainless steel knife and fork: walnut brown melamine handles. Also white or yellow handles. By Oxford Hall Silversmiths. $50 per 24-piece set. At I. Magnin.
"Golden Glaze" rayon and polyester napkin: $2. From The Vera Verve Collection, as are all subsequent solid-colored napkins. This and all napkins below, including printed cotton ones, are 17" square, permanent press, and by Vera. All napkins at Lord & Taylor.
"Montserrat" bone china dinner plate: 10½" diam. $27. $79.95 per 5-piece placesetting. By Royal Worcester.
"Clifton Park" iced-tea glass: 6½" tall. $24.50. By Stuart Crystal for Royal Worcester.
"King's" vermeil knife and fork: knife, $18.50; fork, $15.50. By Royal Worcester. All three at The Modern Shop of Douglas Lorie.
"Willow" rayon and polyester napkin: shown in white. $2.
Plain glass dinner plate: 10½" diam. $9.
"Georgian" tumbler: 12-ounce, 5" high. $3.50. Both by Viking Glass, at Carole Stupell.
"Jefferson" pewter knife and fork: stainless steel blade, tine. knife, $7. fork, $9. $33 per 4-piece placesetting. By Lunt Silversmiths. At Woodward & Lothrop.
"Iris" cotton napkin: shown in blue. $1.60.
"Fairmeadows" china dinner plate: 10½" diam. $14.80. $55.50 per 5-piece placesetting. By Gorham.
"Octette Blue" handblown crystal iced tea glass: 7" tall. $8.50. By Gorham.
"Old English Tipt" sterling silver knife and fork: knife, $24.50. fork, $53. $149.75 per 4-piece placesetting. By Gorham. All three at B. Altman & Co.
"Periwinkle" rayon and polyester napkin: $2.
"Lilactime" bone china dinner plate: 10½" diam. $14. $42 per 5-piece placesetting. By Royal Doulton. At Macy's.
"Vanborough" full leaded crystal iced tea glass: 7" high. $18.50. By Royal Doulton. At B. Altman & Co.
"Patrician" silverplated knife and fork: knife, $9. fork, $5.50. $29 per 5-piece placesetting. By Oneida Silversmiths. The Hecht Co.
"Poppies" cotton napkin: $1.60.
"Yorktowne Pewter" dinner plate: 10½" in diameter. $17. By The Pfaltzgraff Co. At Gilmore's.
"Argus" glass tumbler: 5½" high. Shown in clear, $8.50. By Fostoria Glass. At Carole Stupell.
"Spectro" stainless steel and acrylic knife and fork: $12.50 per 5-piece placesetting. By Supreme Cutlery for Sigma Marketing. At Hammacher Schlemmer.
"Butterfly Blue" rayon and polyester napkin: $2.
"Desert Rose" earthenware dinner plate: 10½" diam. $5.95. $20.40 per 5-piece placesetting. By Franciscan Dinnerware. At B. Altman & Co.
"Madeira" crystal tumbler: 6" high. $5. By Franciscan. At Carole Stupell.
"Carrollton" sterling silver knife and fork: knife, $34. fork, $42.50. $168.25 per 5-piece placesetting. By Stieff. At B. Altman & Co.
"Peach" rayon and polyester napkin: $2.
"Kilta" earthenware dinner plate: 10½" diam. $5. $15 per 5-piece placesetting. By Arabia. At Georg Jensen.
"Contact" glass tumbler: 5" high. $23 per set of 4. By Arabia. At Seabon.
"Old Annapolis" pewter knife and fork: with stainless steel blade, tines. knife, $7.75. fork, $7.75. $38.75 per 5-piece placesetting. By Samuel Kirk & Son. At Woodward & Lothrop.
"Grey" rayon and polyester napkin: $2.
"Eden" glass plate: 10½" diam. $13.
"Eden" glass tumbler: 4" high. $8.50. Both by Orrefors and at Macy's.
"Aegean Weave" sterling silver dinner knife and fork: knife, $39.50. fork, $64.50. $173.50 per 4-piece placesetting. By Wallace Silversmiths. At B. Altman & Co.
"Daisy Spray" cotton napkin: $1.60.
"Cathay" porcelain cake plate: 12" diam. $48.50; $79.95 per 5-piece dinner placesetting. By Haviland. At Cardel.
16-ounce crystal highball: 4½" high. $58. By Steuben Glass. At Steuben.
"Wild Flower" 24K-gold-plated stainless steel knife and fork: $30 per 5-piece placesetting. Also in plain stainless steel. By Supreme Cutlery for Sigma Marketing. At Carole Stupell.
"Terracotta" rayon and polyester napkin: $2.
"Langeais" porcelain dinner plate: 10½" diam. $28. $84 per 5-piece placesetting. By Towle Royal Limoges.
"Latimer" handcut crystal high-

ball: 5″ high. $13. By Towle Tudor Crystal. Both at Cartier.
"Carpenter Hall" sterling silver knife and fork: knife, $40. fork, $45. $195 per 5-piece placesetting. By Towle Sterling. At B. Altman & Co.
"Sapphire" rayon and polyester napkin: $2.
"Rapture" china dinner plate: 10½″ diam. $10.40. $39 per 5-piece placesetting. By Lenox China. At Macy's.
"Antique" crystal double-on-the-rocks glass: 4½″ high. Shown in clear. $4.50. $18 per set of 4. By Lenox Crystal. At Marshall Field.
"1810" sterling silver knife and fork: knife, $37.25. fork, $41.50. $107.75 per 3-piece placesetting. By International Silver. At Marshall Field.
"Natural" rayon and polyester napkin: $2.
"Daffodil" porcelain china dinner plate: 10″ diam. $10. $27.50 per 5-piece placesetting. By Villeroy & Boch.
"Rusticana" old-fashioned glass: 4″ high. $6. Also comes in cobalt, yellow, brown, lavender. By I.V.V.
"Lord Nelson" nickel and bronze knife and fork: with rosewood handles. knife, $9.50. fork, $5. $25 per 5-piece placesetting. By Fürst. All three imported by Ceramar, at Mayhew.
"Green Grape" rayon and polyester napkin: $2.
"Tobi Celadon" oven-to-table dinner plate: 10½″ diam. $6.75. $20 per 5-piece placesetting. Imported from Japan. By Block China. At B. Altman & Co.
"Hearthstone" glass water goblet: 5″ high. $5. By Block China. At I. Magnin.
"New Bronze Age" bronze knife and fork: hand cast and hand burnished. $24.95 ppd. 5-piece placesetting. By mail from the importers, Merchantmen USA.
"White Cloud" rayon and polyester napkin: $2.
"Famille Rose" bone china dinner plate: 10″ diam. $12.25. $41 per 5-piece placesetting. By Aynsley English Bone China.
"Rosslare" crystal tumbler: 12 oz., 6″ high. $16. By Waterford Crystal. Both at B. Altman & Co.
"Old Virginia" sterling silver dinner knife and fork: knife, $36. fork, $53. $190 per 5-piece placesetting. By Reed & Barton, Silversmiths. At The Bailey, Banks & Biddle Company.
"Geranium" cotton napkin: $1.60.

POSTERS
Page 164:
"Apples" poster reproduction of a Cézanne: 46″ x 61½″. $250 mounted. $375 framed. From Poster Originals.
Poster by Folon: 22″ x 30″. $40 unmounted. $65 framed. From Poster Place.
"Eraser" poster: by Claes Oldenburg. 24½″ x 32½″. $25 unmounted. $45 mounted. $75 framed. From Poster Originals.
Page 165:
"Pre-Columbian Ladies" poster: from a series of color-in posters. 23″ x 35″. $1.85 ($2.85 ppd.) From The American Museum of Natural History.
Poster by Hans Hofmann: for 1973 show. 24″ x 30″. $15 unmounted. $40 mounted. $60 framed.
Portrait on a graph poster: by John Graham. 22″ x 27¾″. $30 unmounted. $60 mounted. $75 framed. From Poster Originals.
Poster for a Max Ernst retrospective exhibition: 22″ x 33″. $3.50 unmounted. From The Solomon R. Guggenheim Museum.
"Raspberries" photograph: by Murray Alcosser. 16″ x 20″. $250 unframed. From the Witkin Gallery.
"Lonely Metropolitan" photomontage: by Herbert Bayer. 11″ x 13¾″. Signed and numbered edition of 40. $800 unframed. From Marlborough Photography Gallery.
"Reflections" poster: by André Brasilier. 20″ x 31″. $25 unmounted. $45 mounted. $70 framed. From Poster Originals.
"Equus" poster: 4′ x 5′. $15 unmounted. $70 mounted. From Triton Gallery.
"Milano 70/70" poster: 38½″ x 55″. $100 mounted. $130 framed. From Poster Originals.
"Taxi" poster: 23½″ x 30″. $2.50 unmounted. From The Museum of Modern Art.
Photographs: by David Plowden. 9¼″ x 11″ each. Signed. $175 each mounted on archival rag board. $1500 for portfolio of 10 different prints. From International Center of Photography.
Poster: by Marquet. 16″ x 24″. $15 unmounted. $30 mounted. $45 framed.
"Culinary Herbs": from a series of British Museum botanical posters. 24″ x 31½″. $10 unmounted. $35 mounted. $55 framed.
Poster by Ellsworth Kelly: for a Walker Art Center show. 24″ x 37″. $15 unmounted. $35 mounted. $55 framed. All from Poster Originals.
"Pea Pod" photograph: by Murray Alcosser. 16″ x 20″. $250 unframed. From The Witkin Gallery.

WINE & FOOD
Page 175:
"Domino" porcelain dinner plate: 10″ diam. $16.50. $49.50 per 5-piece placeseting. By Royal Copenhagen.
"Stub" handblown glass goblet: 5½″ high. $8.50. By Holmegaard of Copenhagen.
"Amalie" sterling silver knife and fork: with enameled stainless steel handles. knife, $21. fork, $37.50. $155 per 5-piece placesetting. By Royal Copenhagen. All three at Royal Copenhagen.
"Pink" rayon and polyester napkin: 17″ sq., permanent press. $2. From The Vera Verve Collection by Vera. At Lord & Taylor.
"Boda Grape" crystal plate: 10″ to 12″ diam. $22.50. By Kosta Boda USA. At Bloomingdale's.
"Boda Grape" crystal beer glass: 6″ high. $24 per set of 2. By Kosta Boda USA. At Seabon.
"Boda Nova" stainless steel knife and fork: with stoneware handles. $40 per 3-piece placesetting. Also available in dark brown. By Kosta Boda USA. At Domus.
"Tulips and Hyacinths" cotton napkin: 17″ sq., permanent press. $1.60. By Vera. At Lord & Taylor.

House & Garden goes to stores across the country

The following stores will hold special House & Garden events this month. Seminar themes will include new trends in color, decorating, entertaining, and remodeling. In some cases, a fee will be charged and attendance may be limited, so check the stores below for ticket information. Future issues will list special events scheduled for the fall and winter in the hundreds of fine department and specialty stores across the U.S.

November 10, 11, 12
New York, N.Y.
This fall Lord & Taylor is celebrating its 150th anniversary and November is entertaining at home month, featuring Waterford. Special displays, the award-winning film *Conquest of Light*, representatives from House & Garden, and this famous Irish crystal company in the store all three days.
Waterford Gallery, 9th floor, New York store only.

November 13
Jacksonville, Fla.
May Cohens, Jacksonville, and Heublein will present a Home for the Holidays" evening: gourmet cooking demonstrations, model rooms decorated for creative entertaining, food, and music—all to benefit the Jacksonville Symphony Association. Reservations limited.
Call the Symphony office for tickets, 904-358-1479.

November 15
Washington, D.C.
Hecht's presents "Home for the Holidays": Tysons Corner opens Waterford Week with an afternoon House & Garden slide presentation on holiday entertaining ideas. In the store will be special Waterford displays, a film short, and Waterford representatives. Montgomery Mall presents a gala evening featuring rooms to entertain in and displays with party and menu ideas by Heublein, food, music, part of the festivities.
For additional information on both events, contact Joan Cole, Publicity Director, 202-628-5100.

November 17
Tulsa, Okla.
New store with a new concept: W.H.S. Lloyd's Ideas for Living. This complete home-decorating center will present a seminar, "Letting Go with Color," conducted by a House & Garden editor and offering suggestions on how color can change your home through wallcoverings, fabrics, and paint.
For reservations: Robin Lister, 918-437-5681.

November 18
Youngstown, Ohio
Strouss, Youngstown and Heublein celebrate "Home for the Holiings" in a storewide home furnishings and fashion evening. Model rooms and tables set for entertaining, expert food and drink suggestions, and the fashions to wear.
Downtown, 7 to 9 P.M.

Store directory
continued from page 120

U.S. COMMITTEE FOR UNICEF, 331 E. 38th St., New York, N.Y. 10016
VAN BOURGONDIEN BROS., Box A, Babylon, N.Y. 11702
VERDIER CELLAR, Liberty House, Stockton at O'Farrell, San Francisco, Cal. 94108
VILLAGE GALLERY AT GALLIMAUFRY, 1 Croton Point Ave., Croton-on-Hudson, N.Y. 10520
WEST TOWN HOUSE, 260 W. 86th St., New York, N.Y. 10024
WHITE FLOWER FARM, Litchfield, Conn. 06759
WILLIAMS-SONOMA, 438 North Rodeo, Beverly Hills, Cal. 90210. For mail orders: P.O. Box 3792, San Francisco, Cal. 94119
WOODWARD & LOTHROP, 11th & F Sts., Washington, D.C. 20013
ZABAR'S GOURMET FOODS, 2245 Broadway, New York, N.Y. 10023

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Sculptures for living

continued from page 168

A chronology of Richard Meier's houses



1967: Smith house in Connecticut.



1967: House in East Hampton, N.Y.



1969: Model of house never built.



1969: Renny Saltzman house.



1971: House in Old Westbury, N.Y.



1973: Douglas house.
1974: House in New York suburb.



late 1930s and early 40s, houses which were products of the unlikely combination of the avant-garde esthetics of the Bauhaus (Gropius had previously been director of that German school, and Breuer is a teacher there) with the traditional building methods of New England. This influence is no accident, of course; Meier once served as a young apprentice in Breuer's office.

Meier is no mere copyist. His houses also show original and rare talent for arranging door and window openings into superb asymmetrically balanced planar compositions (essentially, a painter's talent), for creating highly pleasing three-dimensional forms (a sculptor's talent), and for carving out spectacular interior volumes (the essence of architecture).

Despite the wholeness of each particular Meier design—a section from his house in East Hampton, for example, is by no means interchangeable with a section from his house in Connecticut—there still are characteristics which all the houses share.

First, one of the characteristics deriving from Le Corbusier's early buildings (and his paintings, as well): a special vocabulary of shapes, including freely curved subsidiary elements within the more rigid rectangular frames of the houses' structures.

Second, and very personal with Meier, is a flair for the creation of dramatic double-height and even triple-height living areas. In almost all his houses, including those of modest size, the important rooms open to unexpected volumes and views in a succession of heads-up surprises. The bedrooms and other private areas, by contrast, are likely to be simple and small—for some tastes, too small. If there is any flaw in the way these houses work, in fact, it arises from this strict division into important public rooms and unimportant private ones, a division which may be intellectually satisfying, but which may also be a little too pat for the way some of us live. One owner, although in general very enthusiastic about her Meier house, says, "It lacks private rooms and private spaces. It is absolutely ideal for two people, but a third inhabitant, because of the openness, is an intrusion on the natural lifestyle of the house."

Third, Meier houses are white. But for a few interior walls of bright primary color and for some natural wood flooring, there is no exception to this rule; they are white, white, white. They are also smooth, smooth, smooth. This discarding of color and texture is not a negative act; it has a delightful, liberating effect. Trees never before looked as green, the sky never as blue as when viewed from the sparkling purity of an almost-all-white Meier interior. At night, one owner says, the expanses of white and the large glass areas have a special effect: "You really become part of the sky, and seem to travel away with the moving airplanes."

Lack of color and texture are also positive expressions of faith in one of the earliest and most fundamental beliefs of modern architecture: the belief that a miraculous new building material—slick, weathertight, jointless, and perfect—was just around the corner, and that architecture should be designed with that vision in mind. Alas, half a century after the first smooth, white, modern buildings were designed (stripped, of course, of the pilasters and moldings that once had covered the joints of traditional construction), the new material is *still* around the corner. Stucco and wood, all these years, have had to substitute, and the vast, unbroken, flat surfaces appropriate for the not-quite-discovered miracle unfortunately present some quite old-fashioned problems of

Trees never before looked as green as when viewed from the sparkling purity of an almost-all-white Meier interior

waterproofing and maintenance when applied to those conventional materials. In a forthcoming book on what he sees as the fallacies of modern design, architect-critic Peter Blake has this to say of such "machine look" buildings: "Their razor-edged panels, their pure cubes, their shining slabs of glass, all proclaimed the advent of a new world of industrialization, a new world in which the immensely rational machine would replace the absurdly unpredictable sleight of hand. And, if that article of faith crumbles, and that root of the Modern Movement is cut off," Blake concludes, "then all else may fail." Whatever the potential failures of modern architecture as a whole, of course, few question that it has produced some buildings that history will respect as being of lasting interest, and it seems likely that some of Meier's houses will be among them.

Not all the characteristics of Meier's houses have been constant. In the two most recent of the houses shown on page 168 to 171—a large house on Lake Michigan, a small one in a wooded New York suburb—there is a development not seen in the earlier houses, a poetic freedom with form (in the New York house, for example, the stairway which sinuously snakes its way around a structural steel column, or a playful abstract relief above the fireplace). Meier attributes this new lyricism to a recent year spent in Italy as Architect-in-Residence of the American Academy. "That's what happens when you go to Rome," he says. Obviously, more architects should go there.

Meier's houses are not for everyone; like all houses, they have limitations. Their façades and spaces are designed with much more concern for composition than for such relatively mundane considerations as sun control, glare, heat loss, or how on earth the windows are cleaned. (The house in New York, surrounded by deciduous trees, happens to work perfectly well—except for an occasional spot a bit too warm, it is flooded with sun in winter and nicely shaded in summer—but one must wonder about the great expanses of exposed glass facing the lake in the Michigan house.)

Functional considerations are by no means disregarded by Meier, of course; he is too thorough and too professional an architect for that. Each house is tailored to fit its site and, to a large extent, its owners' particular requirements. Meier, in fact, likes to help choose even the specific furnishings for his buildings, and if nothing on the market seems to be suitable, he delights in designing a new piece of furniture and having it built. Even grading and planting details are subject to his study.

Even if there are minor lapses by Meier into less than absolute practicality, the people who own his houses couldn't like them more. Except in the case of one house in Old Westbury, L. I., the original owners still use all the houses shown here, and their praise is impressive. "I never get tired of the interior spaces," says the owner of a house in Darien, Conn. "We love the uncluttered feeling, the ease of upkeep, and the adaptability," say the Michigan owners. And, from a Meier client in Westchester County, N.Y., the most often repeated—and most important—comment of all: "The house is indeed beautiful."

This architect's future designs will be well worth watching. Meier's talent is proven, his imagination is inventive, and his future development is promising not only of striking environments for his own clients, but also of a body of fresh ideas—about surfaces, forms, views, space, and light—about clarity, lyricism, and beauty—that can enrich the way all of us see our environments. *NOTE: Oxford Press just published* Richard Meier *by Richard Meier.* ■

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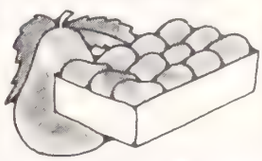
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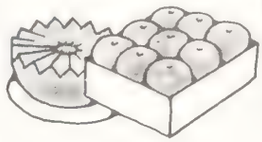
January



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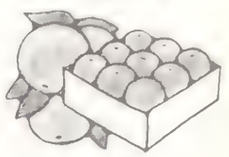
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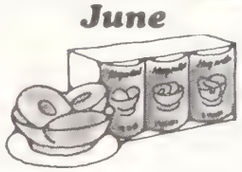
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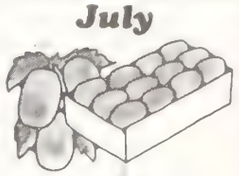
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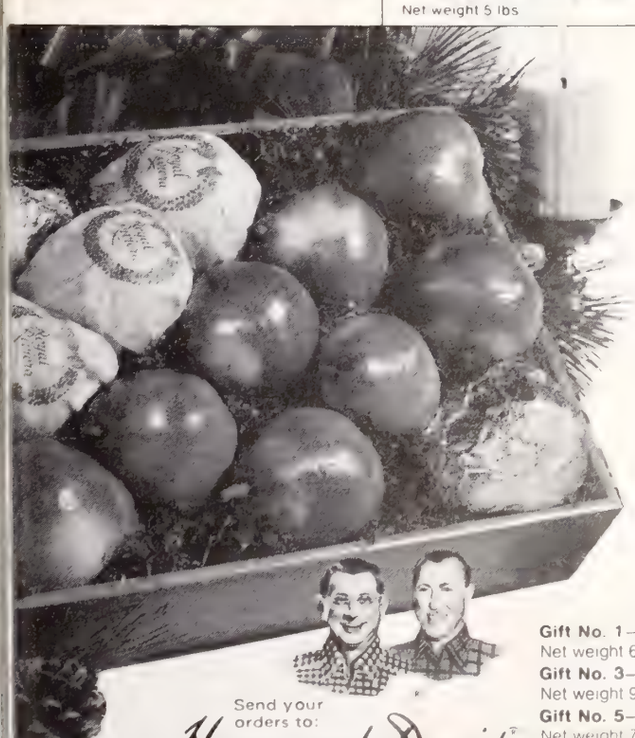
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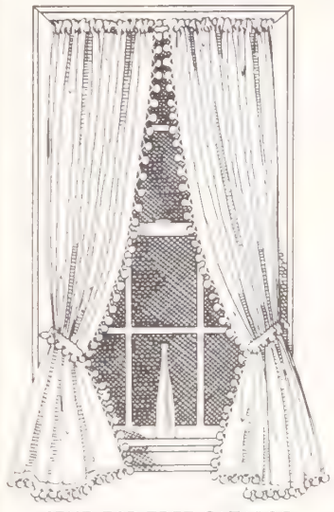
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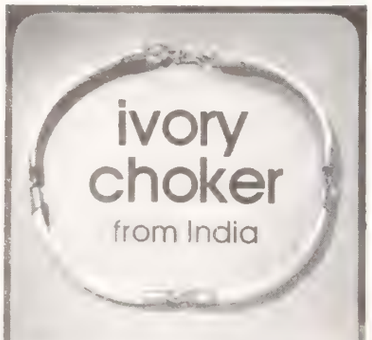
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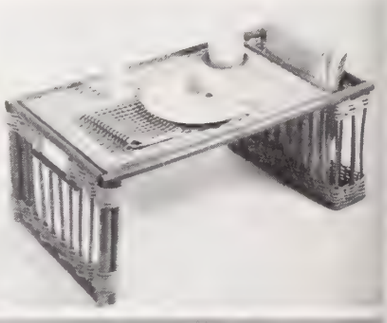


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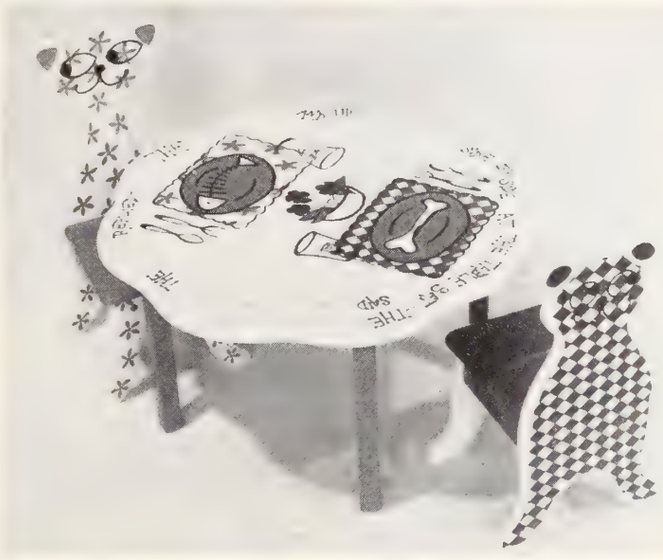
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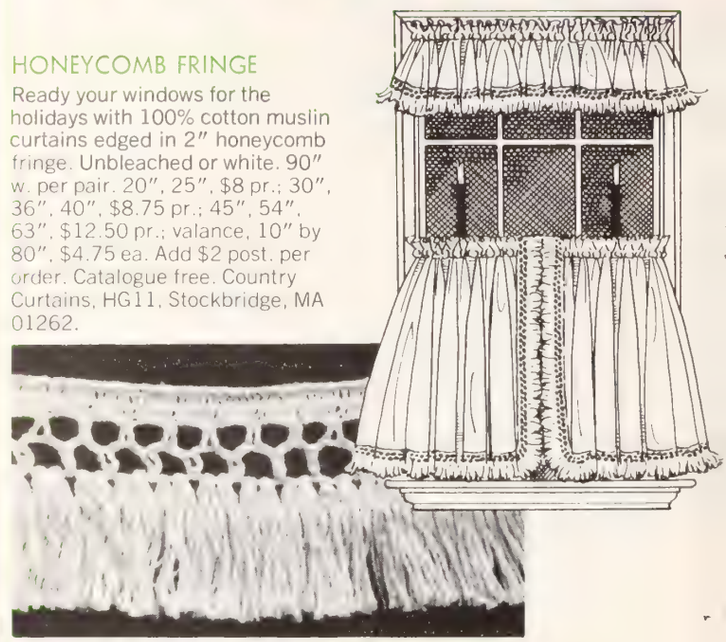
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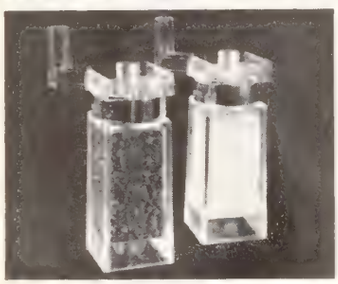
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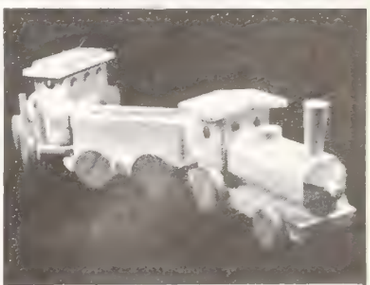


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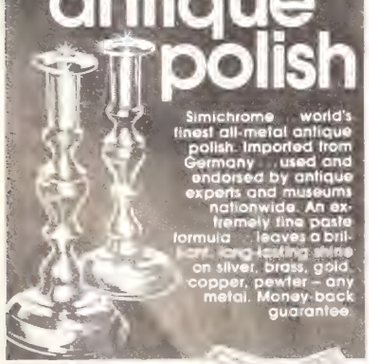
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EXCLUSIVE!

First Release to the Public in a new book by Dr. Benjamin Frank! About this breakthrough work by Dr. Frank, Dr. Sheldon H. Hendler, Ph.D., Chairman, Division of Basic Sciences, University of Baja, California says: "I know of no other medical person or nutritionist who has continuously stressed the dietary importance of nucleic acids as has Dr. Benjamin Frank . . . he has opened the doors, to the general public, to the substances which form the very essence of life in a way that is edible, tasty, and very easily digested."

Based on the recent discovery of the "Key of Life"! You've read about the startling discovery of the Double-Helix, the substance in your genes that instructs your body cells how to reproduce themselves. Since then, fantastic strides have been made in research on the substances called ATP, DNA, and RNA. Dr. Frank's own studies suggested to him a startling theory . . .

The Reason People Age Is That Their Body Cells "Forget" How to Renew Themselves!

ATP is the fundamental fuel of life — a magic molecule we need to throw a ball, make love, feel alive. DNA is the "program" nature builds into every cell in your body, to tell it whether to become a part of your heart, your muscles, or your fingernails. RNA is the "messenger" that instructs each cell what to do to carry out Nature's program. All these superfoods are what science calls nucleic acids.

Dr. Frank theorized that as people get older, these programs become faulty. The DNA "forgets" some part of the program, or the RNA "forgets" to give the cell the complete instructions. As a result, your new skin cells aren't quite as good as your old cells. The skin loses its resiliency and wrinkles develop. Your muscles lose some of their capability and grow less strong. Your heart, your lungs, even your brain, start to be made up of new cells which haven't the perfection your cells had when you were young. *So, that's how human life has always been, you say. What can you do about it?*

Dr. Frank's startling idea is: *Don't let the cells forget.* Correct the *energy* loss in aging — restore the energy required for repair of this forgetful DNA! *Teach them how to be young again* by feeding the body more nucleic acids. He tried it, first by injecting nuleic acid into mice, then with a group of human beings. It produced spectacular results — often as early as the second or third day after treatment! And it is exciting medical researchers all over the world!

Wrinkles disappeared. Skin looked 10 years younger. Dr. Frank's patients also followed a diet of superfoods rich in nucleic acid. Within the first or second week, the patients' faces had a healthier, rosier appearance. The skin seemed smoother! Soon lines and wrinkles began to diminish! As described in his book, with 16 patients of both sexes, aged from 25 to 60, skin resiliency improved dramatically in weeks. The older they were, the more dramatic the changes were! On the average, the entire group looked 10 years younger! (Similar results are reported to have been obtained by Dr. Frank with thousands of patients in his private practice.)

After Dr. Frank wrote and published professional papers on the experiment, more researchers became excited. Now at last, Dr. Frank has written a book for the layman . . . a book which may be the most important breakthrough of the 29th century for anyone 40 or older! In it he reveals his special nucleic acid diet — a diet of superfoods you can follow at home — that features certain easily obtainable foods rich in the magic nutrients that instruct your "forgetful" body cells how to "reproduce themselves young"!



Dr. Benjamin S. Frank, a physician engaged in private practice in New York, is the author of such professional books as *A New Approach to Degenerative Disease and Aging*, and *Nucleic Acid Therapy in Aging and Degenerative Disease*. This is his first book detailing his work for the layman, written with Philip Meile, Professor of Communication Arts, New York Institute of Technology

THE SURPRISING LIST OF SUPERFOODS

The first time you read the list of foods Dr. Frank has found to be richest in their ability to "teach" the body to produce fresh young cells, you will be astounded.

Included is a totally unexpected "food from the seas" which is even richer in these precious nucleic acids *when canned* than it is when fresh!

Another superfood on the list is actually *vital* to the production of these magic youth cells; yet, the chances are, *you have been pushing it right off your plate.*

Another whole group of foods rich in nucleic acids are at their very peak of value *when they are dried!* This means you can save money with Dr. Frank's No-Aging Diet!

This sensational book is not written for doctors as Dr. Frank's first books were. *This* book is for *you,* and it includes everything you need to follow this diet of superfoods at home:

1. Some Walking Miracles
2. A Revolution in the Making
3. New Energy for Our Cells
4. The No-Aging Diet
5. It Shows on Your Face
6. Helpful Nutrition for Drug Addicts and Alcoholics
7. Eat Your Way to Health
8. Eat Better: You'll Breathe Easier
9. New Hope for Victims of Heart Disease
10. Cholesterol and the No-Aging Diet
11. A New Approach to Diabetes
12. How the No-Aging Diet Can Help Osteoarthritis
13. A No-Aging Diet for Vegetarians
14. Make Up Your Own No-Aging Diet
15. Some Other Theories of Aging
16. Toward a Healthier Future
17. Recipes for the No-Aging Diet

Fascinating Case Histories Bring New Hope for Younger Looks to All!

Read about the 76-year-old licensed pilot who looks like a vigorous man in his mid-fifties! "The truth is" he says, "I'm younger now than I was five years ago." At the age of 71, Edward W. Stitt was bald, arthritic, suffering from failing eyesight, had painful diverticulitis, and chronic fatigue. After superfood therapy from Dr. Frank, he reads telephone directories without glasses, his arthritis and diverticulitis have completely disappeared and there is a thin growth of hair on his once-bald head!

What are the foods that made "walking miracles" of Dr. Frank's patients? That's the most exciting news of all! They aren't strange foods — or peculiar potions you have to choke down — *they are foods you probably eat anyway! You simply aren't getting enough of them, because in proper quantities Dr. Frank's research indicates they work wonders!*

Why this diet of superfoods can work for you. If you are already in superb health and look young for your age, the diet will probably not make you look younger, says Dr. Frank. But it will act as a powerful preventive measure, delaying the onset of age, helping guard you against degenerative diseases. And teenage patients with acne in Dr. Frank's tests showed marked improvement. But if you are like most American adults, the diet will . . .

. . . smooth away wrinkles on the face, neck, and hands . . .

. . . lessen or even reverse the ravages of degenerative diseases . . .

. . . your skin will become tighter and glow with health . . .

. . . you can slow down your aging process, maybe grow a little younger, starting right now!

Send Now for This Sensational Book on No-Risk Guarantee!

If you don't agree, after reading Dr. Frank's book, that it's one of the most valuable books you ever read, simply return it and every penny of your purchase price (except postage & handling) will be refunded. So you can't lose by mailing your order at once — and you might gain knowledge that could extend your life by years! Mail coupon now.

MAIL NO-RISK COUPON TODAY

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Carolyne Road, Philadelphia, PA 19176

Please rush me _____ (NAD) copy(ies) of Dr. Frank's "No-Aging Diet", by return mail at only $7.95 each, plus 50¢ postage & handling.

If after receiving my order I'm not delighted, I may return it within 30 days and you will refund the full purchase price (except postage & handling).

Total amount enclosed $_____ PA residents add 6% sales tax.

Check or money order, no CODs please.

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4751 Guardian Angel
Plays "Silent Night" **$14.98**

4750 Band of Angels
(not shown) Plays Gounod's "Ave Maria" **$14.98**

4752 Both! Great gift savings on the pair. 1 Set $27.50

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Only—$18.95 plus $1.45 S/H

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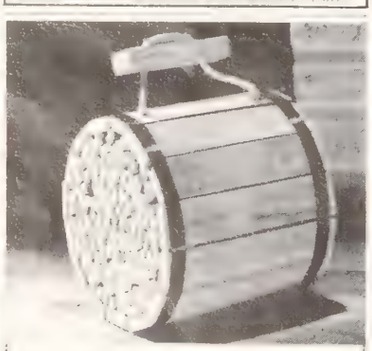
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PARIS IN THE KITCHEN

Paris comes to the kitchens of the USA via colorful scenes and a Metro map of 100% cotton dish towels. Scenes include: River Seine/Eiffel Tower, Sacre Coeur. Size 31" by 20½". $2.25 each plus 50c post. Brenlyn House, HG11, P.O. Box 3423, G.C. Sta., New York, NY 10017.



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Bold Indian symbols reproduced. Woven of cotton yarns. Earth-tones on ivory. 3′ by 5′, $34.95; 4′ by 6′, $49.95; 6′ by 9′, $89.95; 9′ by 12′, $169.95; 8′ runner, $44.95; 11′, $54.95. Ppd. Catalogue, $1. Peerless Imported Rugs, GE116, 3028 N. Lincoln Ave., Chicago, IL 60657.



REFILL SIGNAL

Drink light clips over the rim; when glass is ready to be refilled, slide light down the glass and light goes on and off signalling distress. Comes with a battery. A real laugh-getter. $1.49 plus 20c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.



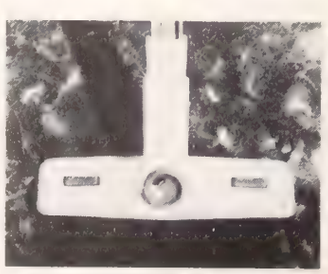
CHEERY NOTE

Hang a nest of songbirds in the garden, patio or plant area for mobile touch. Brightly colored birds perch on straw nest, seem to chirp merrily as it sways in gentle breezes. Inspired by old good-luck legend. $1.98 plus 35c post. Holiday Gifts, Dept. 311-P, Wheat Ridge, CO 80036.



WHO'S ZOO?

Watercolor animal alphabet spells names (specify) in bright colors. 9" x 12", matted to 8 letters, $5.95; more letters, each 50c. Entire alphabet, capitals or small letters matted, 14" x 18". $12.95. Post. $1.25. Laura's Loveables, Dept. HGE-1176, Box 7381, Las Vegas, NV 89101.



PET-HAIR VACUUM

Pet-owners, here's the way to keep carpeting and upholstery free of loose pet hair. German-import, "Vacu-Static," fits all vacuum hoses, magnetic nylon bristle-cloth picks it all up. $7.98 plus 80c post. National Consumer, Dept. VBE-11, 11952 Montana, Los Angeles, CA 90049.

SHOPPING AROUND

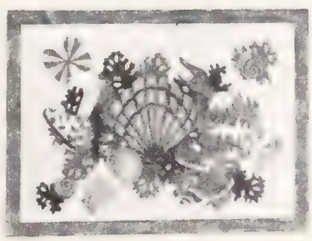
IT FOLDS

Copy of a cherished Victorian piece. Hardwood frame with molded components and authentic beige-background tapestry (as shown). 18″ w. by 30″ d. by 32″ h. Folds to 8″ d. $69.95 $8 del'y chg. Catalogue, swatches $1. Magnolia Hall, HG11, 726 Andover, Atlanta, GA 30327.



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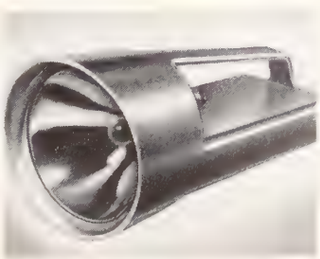
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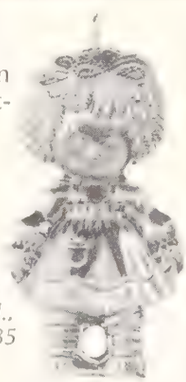
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Sterling Silver Child's Spoon engraved either "What a Good Girl am I," or "What a Good Boy am I." Please specify. 5¾″ long, $12.50. *Mass. Residents add 5% tax. Del., hdlg. & ins., $1.35.*



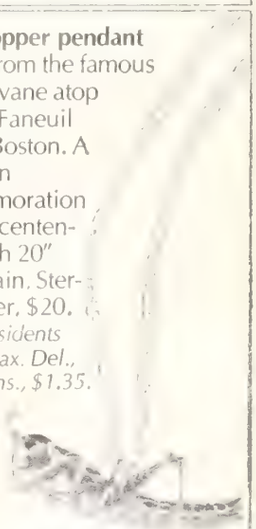
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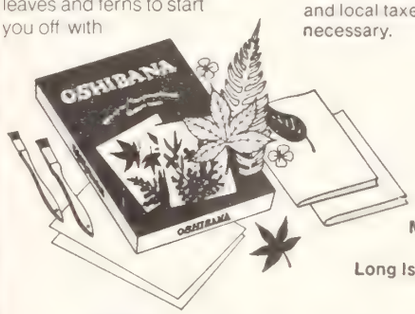
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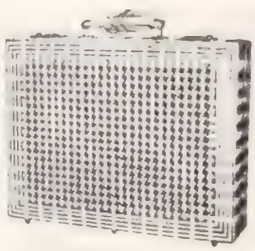
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Rattan in natural and dark brown diamond pattern weave. Makes a handsome attache case with brass hardware, including lock and key. 13" by 16" by 4". Perfect for the executives. $29.95 plus $2 post. Catalogue, 25c. Fran's Basket House, HG11, Rte. 10, Succasunna, NJ 07876.



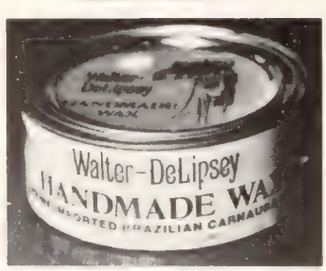
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House the records in the flip box so that you may browse through to view every album cover. Rubber liner protects records from slip hazard. Reinforced fiberboard, suede base. Holds 75 LP's; 13¼" by 15" by 6½". $9.95 ppd. Art Guild, HG11, Box 23201, Minneapolis, MN 55423.



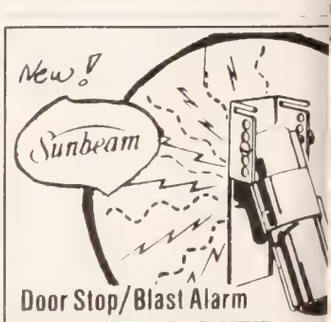
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House-Plant-a-Month Plan

January
MING TREE

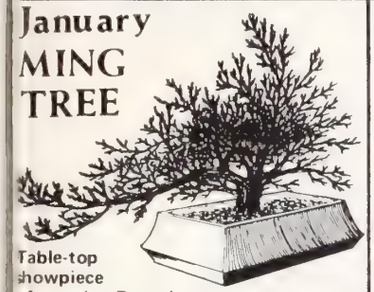


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Unusual legend surrounds this lovely plant "Passiflora Pfordi" with its purple and pink blossoms. *Sorry it cannot be shipped to Hawaii. *--a plant of comparable beauty and value will be substituted.*

April
PRAYER PLANT



Opens in Morning
Closes in Evening

Each evening this remarkable plant "Maranta-bicolor" folds its lovely variegated leaves like hands in prayer. *Cannot be shipped to Calif. or Ariz. *--a plant of comparable beauty and value will be substituted.*

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GERANIUM



Colorful flowers cascading gracefully on a trailing vine. Everyone will love this charming old-fashioned beauty!

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Blue and white flowers with "tear drops" of nectar atop silvery-white leaves.

July
HEAVENLY BAMBOO



Fascinating indoor plant "*Nandina Domestica*" has attractive color-changing foliage, white flower clusters, reed-like stems, bright red berries.

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Miniature ROSE



Sensational indoor-blooming rose bush "*Rosa Rouletti*" grows no larger than 12 in. Yields gorgeous sweet-heart size roses all year.

September
ROYAL PLUSH



Shimmering, luxuriant purple and green velvet. A show-stopper.

October
COFFEE PLANT



Shade-loving beauty with fragrant white flowers and shiny red coffee beans.

November
Dwarf ORANGE



Lovely dwarf tree "Citrus Otaheide" bears juicy FULL-SIZED fruit. Adds a touch of southern sunshine. *Cannot be shipped to Calif. Fla. or Ariz. *--a plant of comparable beauty and value will be substituted.*

December
GLASS GARDEN Plants



A care-free miniature landscape of SIX woodland plants to delight everyone. *(Glass container not included).*

SATISFACTION GUARANTEED *

Now with the help of Plantron, Inc., you can provide the perfect gift for relatives, friends, business associates, shut-ins, even yourself! Every month an unusual and interesting plant, already growing and healthy, will be sent as a reminder of your friendship. Each plant is a proven success in homes--as easy to care for as it is beautiful. Beginning and veteran plant lovers alike will be intrigued with these distinctive carefully-chosen plants. Complete instructions and fascinating history are included with each plant. Order your gifts for Christmas and all the year-birthdays, anniversaries, all special days--now. Simply specify the month each plan should begin. A handsome gift letter inscribed as you direct will announce the membership at the proper times. Shortly thereafter your gifts will begin arriving. All except the glass garden plants will already be growing in their own 2¼" or 2½" plastic pots. The glass garden packet (glass container not included) will be ready to plant and enjoy. Choose from the three plans described below.

3 MONTH PLAN
$4.98

Long-lasting thoughtfulness with gift plants sent the three CONSECUTIVE months of your choice.

6 MONTH PLAN
$8.98

Six gifts in one — lovely hardy plants in each month of the six CONSECUTIVE month period you indicate.

12 MONTH PLAN
$15.98

A delightful plant every month of the year. A connoisseur's collection. Please tell us when to begin.

SATISFACTION AND PLEASURE GUARANTEED

Each healthy, carefully chosen plant is covered with Plantron's full guarantee. Plan members not completely satisfied with a plant need only to RETURN THE SHIPPING LABEL and we will replace the plant. *Where state laws prohibit import of selected items we will substitute a plant of comparable beauty and value.

Send No Money

Just use the coupon to order exciting House-Plant plans for those on your gift list and for yourself—we'll take care of the rest. You pay our invoice next month. Or — include your payment with order (thus saving us bookkeeping expenses) and we'll send you two easy-to-grow Miniature Orchid bulbs (a regular $1.50 value) absolutely free! Note: We must receive orders by the 15th of the month for which shipment is requested.

---------- PLEASE PRINT PLAINLY ----------

PLANTRON, INC., House-Plant-A-Month Plan, Dept. 6520-38
207 East Oakland Avenue., Bloomington, Illinois 61701

(Plan J-K-L)
☐ Additional list attached

Here is my gift list. Please send the plans indicated.

Send a _____ Month Plan beginning in _____ to
Name _____
Address _____
City _____ State _____ Zip _____

Send a _____ Month Plan beginning in _____ to
Name _____
Address _____
City _____ State _____ Zip _____

Send a _____ Month Plan beginning in _____ to
Name _____
Address _____
City _____ State _____ Zip _____

Sign gift cards _____

☐ Please send me a ___ Month plan beginning in _____

☐ I enclose $_____ payment for my plans. Please send me 2 Miniature Orchid bulbs.

☐ Please bill me for the indicated plans.

Name _____
Address _____
City _____ State _____ Zip _____

---------- DID YOU INCLUDE EVERYONE'S ZIP CODE? ----------

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$2.98

Toy Tote $3.50
Great gifts for everyone!

Rugged navy denim, done two dandy ways! With initials or name, it's a champion carry-all, perfect for books, gym gear, packages—and a handy personal laundry bag. With gay felt animals added, it's a toy tote kiddies love. 18" tall, with nautical cord and sturdy grommets, personalized with bold red felt letters.

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PRINT name or initials, add 45¢ post. & hldg. N.Y. residents add applicable taxes

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in an heirloom tradition
Old Westbury—FULL DINNER SIZE

An exact replica of a famous old sterling pattern with impressive full dinner size graceful pistol hollow handled knives, 3 tined forks and rat-tailed spoons. In heavy weight hand forged pewter-like satin or polished stainless. Service for 8 includes 8 dinner forks, 8 dinner knives, 8 salad-dessert forks, 8 soup spoons, 16 teaspoons, plus sugar spoon, butter knife and 2 serving spoons. 52-piece service for 8 **$39.95**
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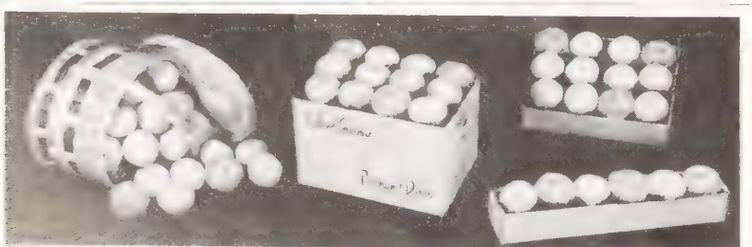
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Four different distillery designs are enameled on the sides of these hefty rock glasses. Boxed in sets of four, each glass is only 4 inches high but holds a full 9 ounces. Perfect for any Jack Daniel's fan. **$7.00** gets all four glasses, and includes postage and handling.

Send check, money order, or use American Express, BankAmericard or Master Charge, including all numbers and signature.
(Tennessee residents add 6% sales tax.)
For a catalog full of old Tennessee items, send 1.25¢ to above address



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½-bu. Grapefruit	$ 9.65	Full bu. G.F. & Ors.	$14.30
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FACE SAVER

Avoid breathing in hair spray or getting it in your eyes. A mask of clear plastic lets you see what you're doing while its triangular shape forms cone to protect face and makeup. $2.98 plus 55c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.



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Spreads and tablecloth are hand-worked in crewel embroidery on natural hand loomed cotton. Imported from Kashmir. Twin, $70; full, $80; queen, $90; king,$100. 70" dia. cloth, $50; 90", $60. Ppd. By yard, 50" w, $14. Catalogue, swatch 50c. Gurian's, HG11, 276 5th Ave., NY 10001.



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New repellent doesn't do harm to pesky rodents, yet it's guaranteed to keep them away—it does not hurt birds at the feeder or bulbs in the ground. Handy 10.5 oz. squeeze tube, $3.49 add 80c post; three, $9.95 add $1.25 post. World Garden Products, 11HGE, Saugatuck, CT 06880.

Talking 'Patty Prayer' Doll

now I lay me down to sleep...



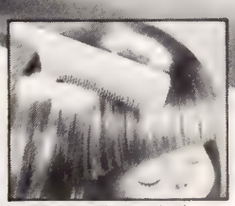
Kneels and says her bedtime prayer

Nothing to wind up—no string to pull. Whenever you want her to she says

"Now I lay me down to sleep
I pray Thee Lord my soul to keep
Guide me safely through the night
Wake me with the morning light
God bless Mommy... and Daddy
and make me a good girl. Amen."

Makes a beautiful gift!

Just press her tummy and Patty recites the entire children's bedtime prayer in her precious childlike voice. Almost 20 inches tall, she's soft and lovable and dressed in a silken nylon nightie. Under the nightie her body and arms are cloth covered foam. Hands and head are soft washable vinyl—her beautiful lifelike hair can be combed and styled. Patty's delightful voice comes from a miniature record player in her tummy. Open the zipper on her back to turn the record over and she sings "Brother John"! Operates on a single penlight battery (included). Money back refund if you (and your favorite little girl) are not perfectly delighted.



Hair can be washed combed and styled



Hands snap together when Patty prays



Please indicate on coupon your choice of A or B above

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MONEY-BACK GUARANTEE

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Please rush on money back guarantee _____ talking Patty Prayer Dolls at $9.95 each plus $2 each for postage, handling and insurance.

[illegible] White ☐ Black

I enclose $_____ Charge C.O.D. I enclose $[illegible] Deposit.

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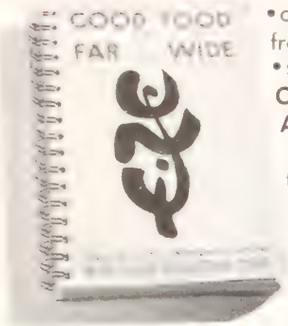
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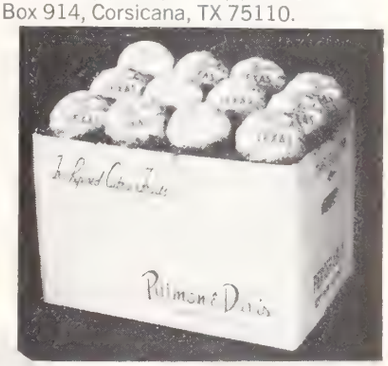


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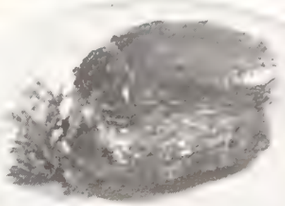
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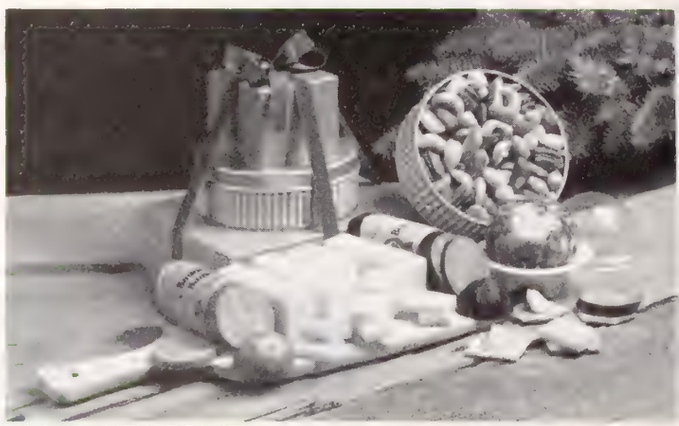


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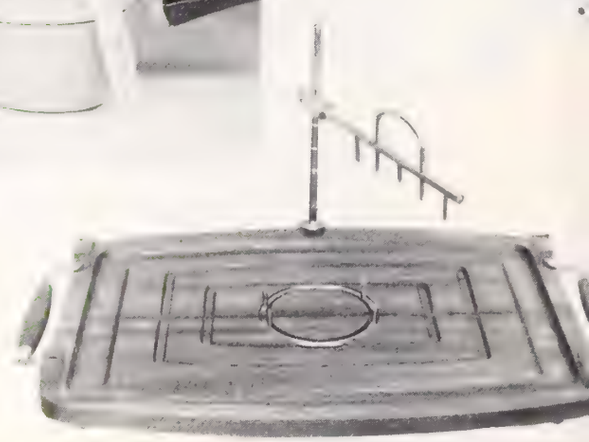
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OLD TIME SHOPPE BELL



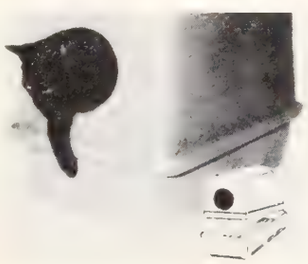
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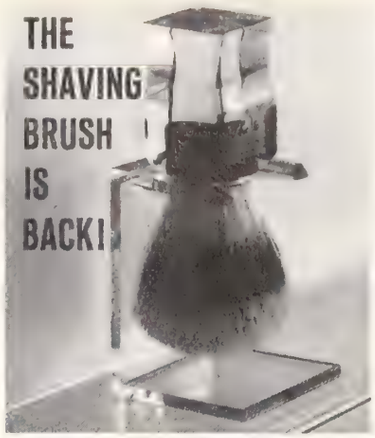
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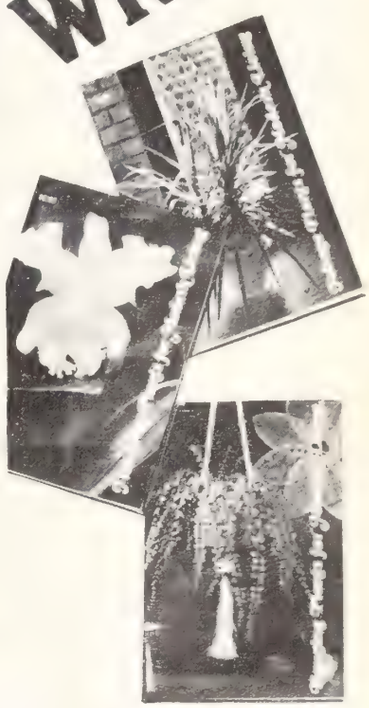
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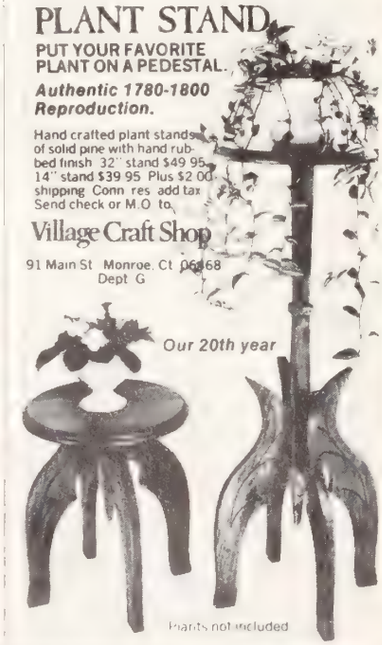
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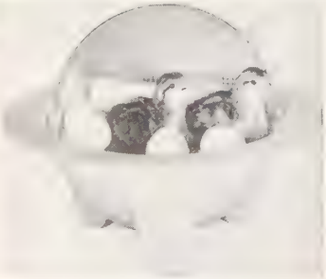
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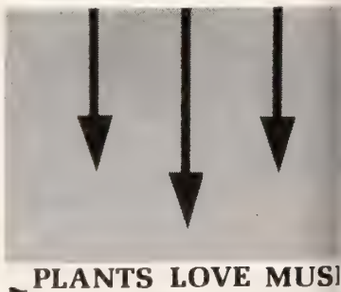


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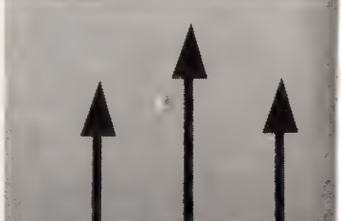
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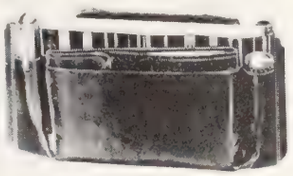
SHOPPING AROUND

HAPPY HOLLY TIME



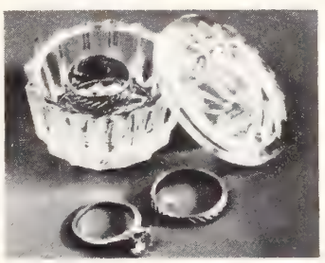
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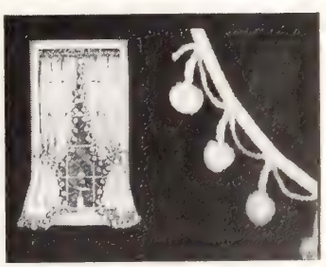
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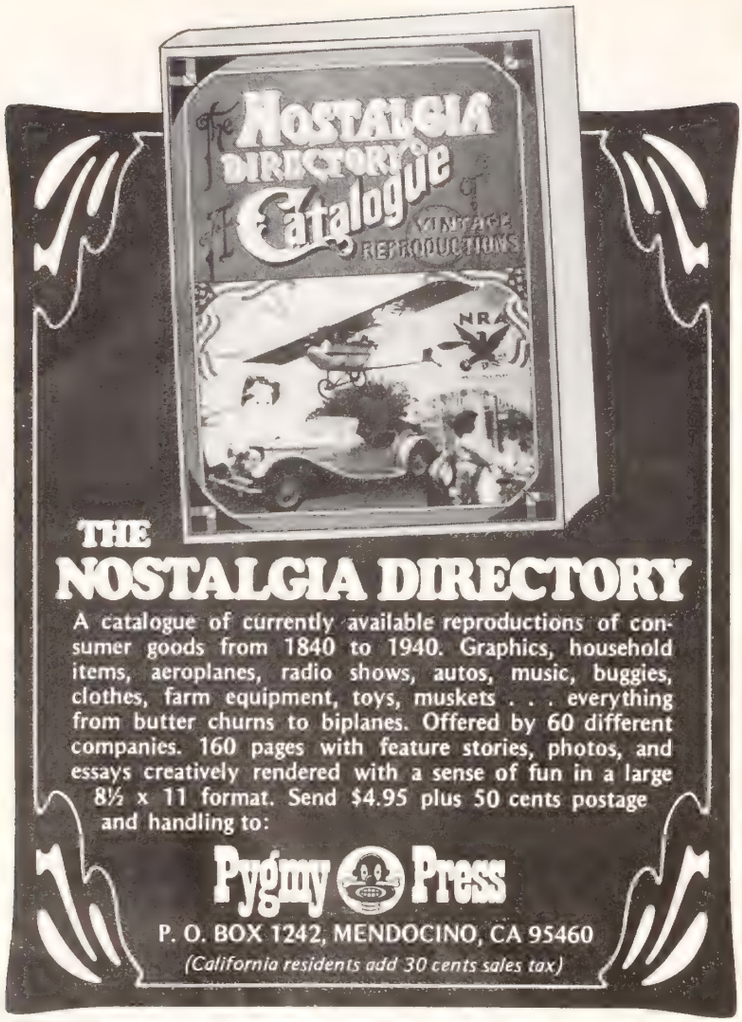


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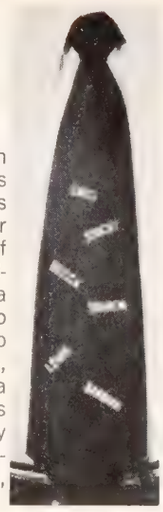
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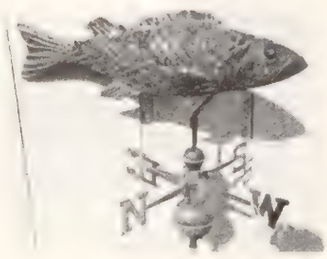
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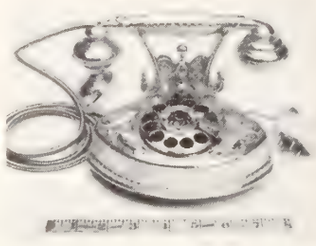
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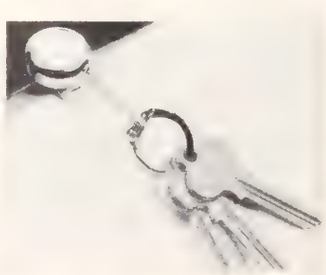
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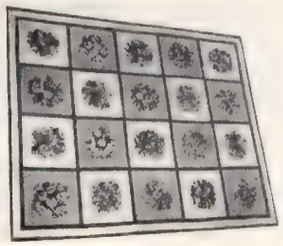
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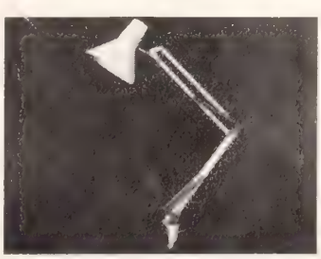
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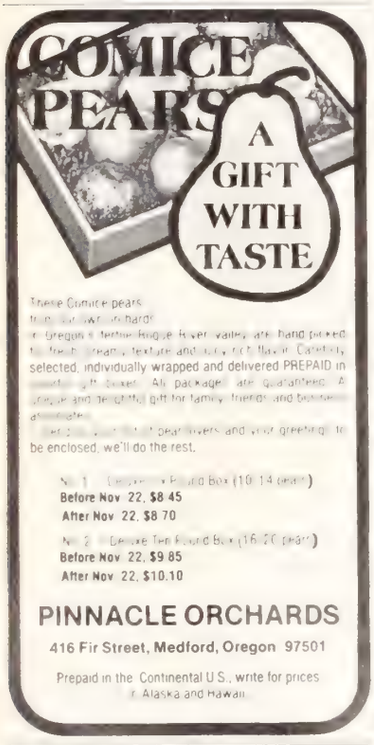


Exquisite feather pendant, skillfully handcrafted tb highlight the striking design, fascinating russet hues of the ring-neck pheasant. Arizona turquoise accents the center of the 4" dia. pendant suspended from goldtone choker-necklace. An original, no-two-alike. $20 Ppd. Catalogue includes chukar and partridge feather creations, $1. Fabulous Feathers, HG11, Box 714, Sun Valley, ID 83353.



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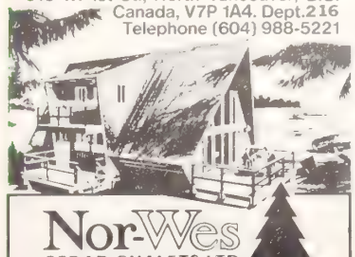
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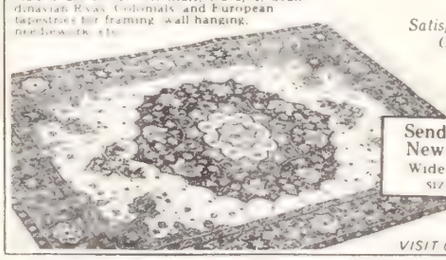
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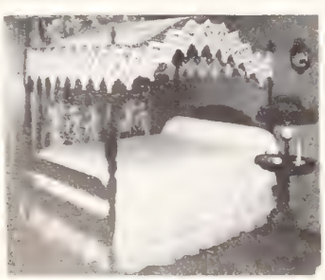




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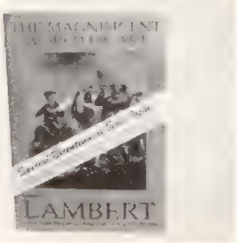
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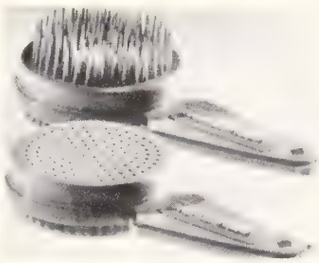
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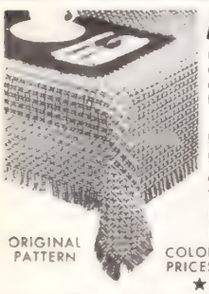
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Placemats (12 x 18").. Each			1.50	WHITE FRINGE to trim 72" round, 7 yds.	2.75
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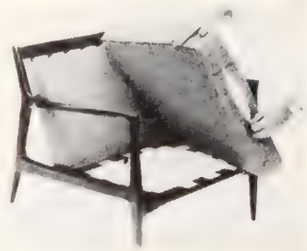
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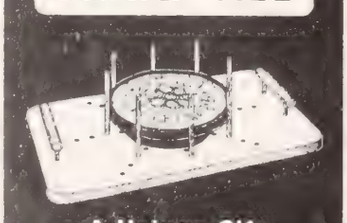
Santa, himself makes the jolly topper for bottles of yuletide cheer. He's knit with lacy white beard, red plush nose, pompon-topped cap and tassels all round. 8" overall. Slip over the bottle neck for a bright note. $1.75 ppd. Miles Kimball, 100 Bond St., Oshkosh, WI 54901.



STRAP CLIPS

Gold-finished metal lingerie clips keep bra and slip straps secure in handsome fashion. A smart way to be sure that straps won't tumble down when wearing a low cut gown. Set of two, $1.98 plus 25c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

CARRI - ME



A Unique Gift

For nice people who do nice things for other nice people. The best way to carry casseroles, pies, cakes, flowers, plants, etc. without damaging. Securely holds various sizes and shapes by arranging pegs. Quality crafted, a durable wood product, 11" x 19". Sturdily boxed, only $12.50 plus 1.75 post. Check or M.O.

CARRI-ME Company
3808 Pomfret Lane
Charlotte North Carolina 28211

HANDSOME STYLE



Smart suede gloves for men and women. Styled in reverse lambskin, golden brown color, with fur-edged seams and corkscrew backs. Sizes S, M, L. Women's order #YO396, men's #YO397. $26.50 plus $2 post. Deerskin Trading Post, Dept. XC, 119 Foster St., Peabody, MA 01960.

CB'ers SHIRT



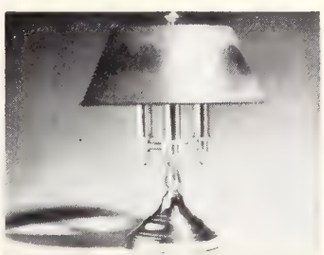
White T-shirt with red trim and black lettering is machine washable. Sizes: S, M, L, XL. Brass CB belt buckle is also available. An up-to-the-minute gift. $4.99; brass buckle, $5.99. Add 50c post. each. Order from Holiday Gifts, Dept. 311-H, Wheat Ridge, CO 80036.

AUTHENTIC REPLICA



Old-time cranberry picker once used around bogs of Cape Cod is translated into a magazine rack. Made by craftsmen of Northeast with old-type nails, finished in a warm walnut. 21″ h. by 16″ w. by 10½″ d. $25 plus $2 post. Blue Hills of Sussex, HG11, 10 Linda Lane, Newton, NJ 07860.

BRIGHT AND BRASS



Solid brass three-light lamp has a bouillotte black shade, tortoise shell pattern lining. 12″ high, beautifully crafted. A handsome addition to any traditionally decorated room in the house. UL approved. $19.95 plus $1.50 post. Robelier, HG11, Box 183, Villanova, PA 19085.

ALL IN ONE



Swiss army-type knife with 11 drop-forged blades and 14 uses. Scissors, screwdriver, bottle/can opener, fish scaler/hook remover, corkscrew, wood saw, and more. Compact 3½″ closed. $5.98 plus 75c post. American Consumer, SAK-52, Caroline Rd., Philadelphia, PA 19176.

HOCUS-POCUS



Easy-to-follow tips on how to become an expert on sleight of hand card tricks. Fascinating hobby for you, fun for your family and friends. 84 card tricks, to while away time. $1.69 plus 20c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.



EGYPTIAN SUN DISK

EXCLUSIVE FOUR-COLOR LITHOGRAPH in blues, coral and gold. Authentic design. 38″ x 15″. No catalogues, no dealers. MAIL ORDER ART, Dept. HG, Box 14558, Hartford, Ct. 06114.

WAS **$19.95** PPD. **NOW $10.00** plus $1.50 packing and shipping charge.
Ct. Residents add 70¢ sales tax

YOU CAN BUY YOUR EXTRA TELEPHONE. ON SALE NOW!

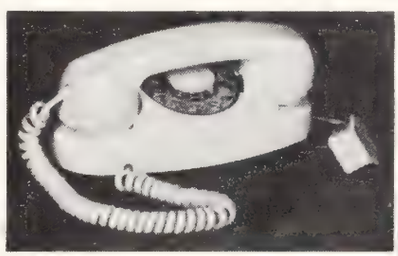
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Choice of Wall or Desk Model

Reconditioned for use as that step saving extra phone. Completely equipped with dial, bell, standard cord and plug for instant use.



Priscilla Telephone

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if buzzer is needed add $10.00

Factory rebuilt, fitted with standard cord and plug for instant use. Available in pink, beige, white, blue or turquoise (but please give several choices of color).

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Late model reconditioned phones with standard cord, plug and bell, ready for instant use, white, ivory, green, red, yellow, beige or blue (please give several color choices).



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A famous one piece stylish phone. Lift, it is ready to dial. Dial and shut-off fitted on bottom of phone. A complete self contained refurbished phone, choice of white, beige, red, pink (give 2nd and third choice).

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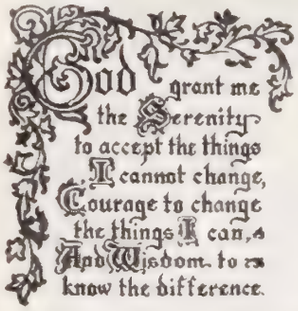
Grand Com Inc. Dept. HG 11-6
324 5th Ave., N.Y. 10001

Send me _____ phones

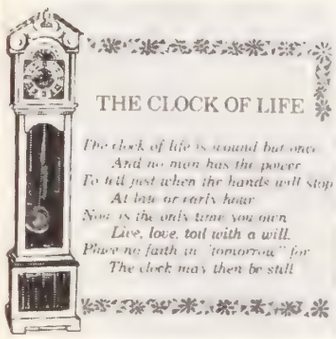
Colors _____
(give second or third choice). $ _____ enclosed (include $2.00 per phone shipping and handling charge).

Charge my Credit Card.
_____ card name
Card # _____
Expr. Date _____
Send 50¢ for complete Catalog.
Name _____
Address _____
City _____ State _____ Zip _____

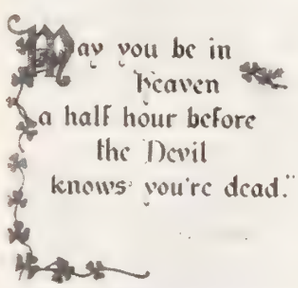
CERAMIC TILES



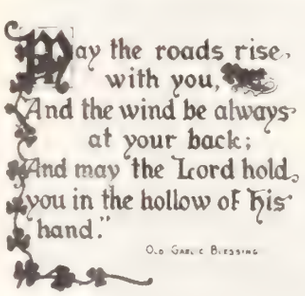
SERENITY PRAYER



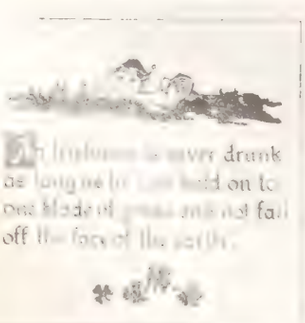
CLOCK OF LIFE



IRISH TOAST



GAELIC ROAD



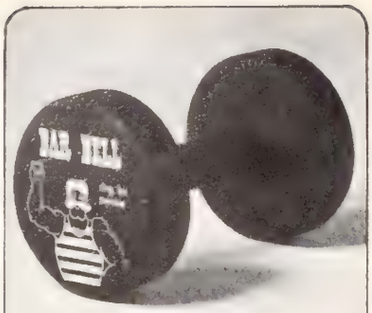
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Keep the bartender on his toes with this ringing "Bar Bell". A decorative conversation piece ideal as a gift or the highlight of your next party. Comes in flat black with two bells, in a non-metallic material, that will not scratch your furniture. 5" diameter by 8" long.

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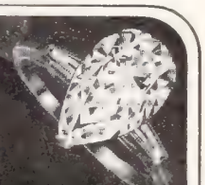


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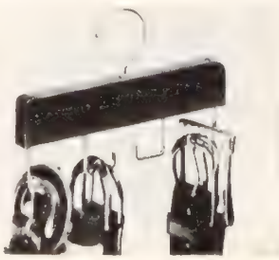
WINGED SUMMONER

French crystal bell with a frosted butterfly atop the clear handle is sure to command the attention of all who hear its tone. 8¾" high with clapper on a metal chain. $29.95 plus $1.50 post. Downs' Collectors Showcase, Dept. 1411-Z, Evanston, IL 60204.



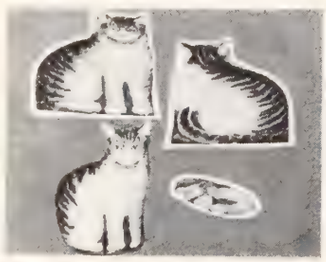
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For men and women. Waterproof. Elk-tanned cowhide, tan uppers. Brown rubber bottoms, and crepe traction-soles. Men's: 3-14, D, EE; 5-14, FF, 7" high, $25. 9" h., $30.50. Women's: 5-11, med., 7" h. $26.50 Ppd. Whole sizes only. L. L. Bean, HG11, 590 Main St., Freeport, ME 04033.



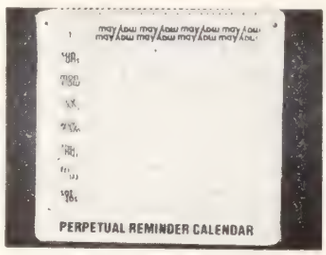
EVER READY

Walnut stained hardwood holder with brass hooks holds up to 24 belts at the ready for selection. 8" by 5½" by ¾", hung in closet or on closet door. $6.95 plus 95c post. Two for $13.50 plus $1 post. Sleepy Hollow Gifts, HG11, 6651 Arlington Blvd., Falls Church, VA 22042.



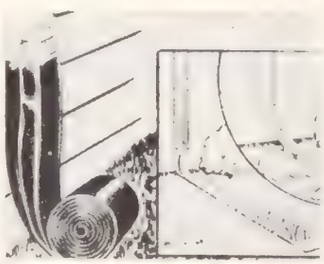
HOUSE PETS

Delightful antique cat adapted from early printwork patterns. Color-printed muslin is pre-cut, ready to sew into a life-size 14" cat. Stuff it for a pillow or fill with sand for doorstop. Fun and easy! $3.95, 90c post. Artisan Galleries, HG11, 2100 No. Haskell Ave., Dallas, TX 75204.



DON'T FORGET

Write dates like birthdays on a Perpetual Reminder calendar as they occur. Shows them with new day of week and date year after year. 14" by 13". Black type on white cardboard, $4.95 plus $1 post. Collegiate Distributing Co., HG11, 315 Whitney Ave., New Haven, CT 06511.



OFF, OFF AND AWAY

Green plastic sleeve distributes rain water away from down spout across lawn, shrubbery. Sleeve stays rolled until it rains then unrolls, water flows and spreads through sprinkler holes. 9' L. $1.49 plus 25c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.



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CHRISTMAS IS SPODE



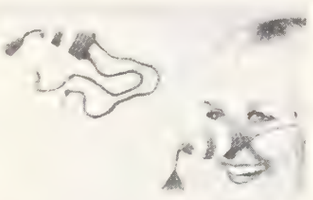
White china cache pot is beautiful filled with holly or pine. 6" dia., $32.50. A pomander ball filled with "an essence of Christmas" is just $10. Double tier tray has many uses; $17.50. Add $1.25 postage on each. Cargoes Ltd., HG11, 14150 Skyline Blvd., Oakland, CA 94619.

PERFECT ANSWER



Petite barrel-back chair #625 is so right for small spaces all over the house; easy to move. 25" w., 18½" d., 31½" h. As shown, $70; your 3 yds., 54" fabric, $50. Exp. coll. 1977 catalogue, swatch form, $1.50. Pennsbury Collection, HG7611, Box 2581, Hickory, NC 28601.

COZY NOSE



At work or play keep a cold nose out of wind and weather with a striped wool nose warmer that ties behind the head. Fits all. Its red tassel bobs up and down as you walk along. $1.98 plus 20c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

REDWOOD GREENHOUSE



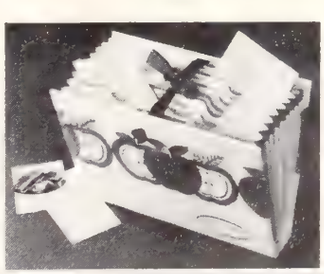
Pearl mist greenhouse, redwood frame; clear acrylic fiberglass reinforced cover. Pre-cut; fabricated Dutch door. Shown 8' x 12', $334.95 Exp. Coll. Others from $98.95. Free catalogue. Peter Reimuller/Greenhouseman®, 980-17th Ave., Dept. 11-LP, Santa Cruz, CA 95062.

OPERATION IDENTITY



Chrome finish golf ball monogrammer ends mixups on the fairways, rough or on the greens. Kit comes with the full alphabet. Great for tyros or family pros. $9 plus 95c post. Full color catalogue of gifts, 35c. Unicorn Gallery, HG116, 15111 N. H. Ave., Colesville, MD 20904.

CHEERFUL RECIPE FILE



Yellow and white checked vinyl trimmed with red apples makes a perfect file for recipes cut out of H & G or newspapers. 8" by 10" with eight tabbed sections. Gift boxed. $6.98 plus 50c post. Country Gourmet, Dept. GNE, 512 S. Fulton Ave., Mount Vernon, NY 10550.

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Very Personally Yours

This 22K gold-plated locket adorns three sparkling chains. It holds two photographs and is custom monogrammed. Allow three weeks for delivery; 60-day money-back guarantee. Locket #124, **$9.50.** Add 75¢ for postage/handling. Georgians add sales tax. Write for our free catalog, "Holiday Gifts of Love."
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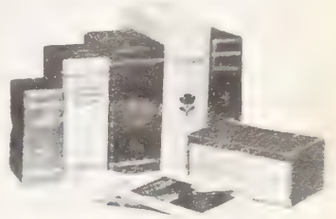
1976
BLUE DELFT CHRISTMAS

COLLECTOR'S Plate, Spoon & Tile! The 1976 Christmas design [illegible] the Montelbaans tower in 1511. It was [illegible] by 1616 with a new spire [illegible] tidal weathervane & two [illegible] hour hands. Royal Schoonhoven Delft from Holland in Limited Edition.
6½" Plate 15.95 - 5" Spoon 9.95 - 6" Tile 6.95



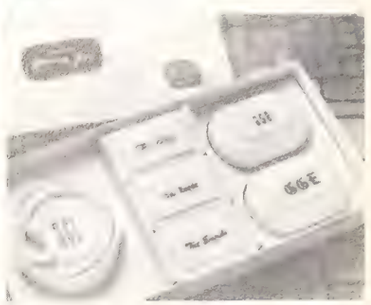
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DISPLAY your Collection of Spoons! A deftly designed two-tiered shelf rack is pretty enough to hang alone. Spaced to hold 18 of your precious spoons from demitasse to tablesize. Made of years mellow Pine & hand rubbed to a satin smooth colonial fruitwood finish. 14 x 13" wide **$8.95 pp.** New 24" wide rack holds 36 spoons. $13.95 pp.



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Eight 5 pc. place settings, eight extra teaspoons, plus butter knife and sugar spoon.
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Gold toned letters spell out any name you request to form the numbers of this stunning clock. Matching hand accent the [illegible] vinyl covered hardboard face. Operates a year on C battery. 12 x 12 x 1". Print name. Allow more than 12 letters write for suggestions. Allow 3 weeks delivery.

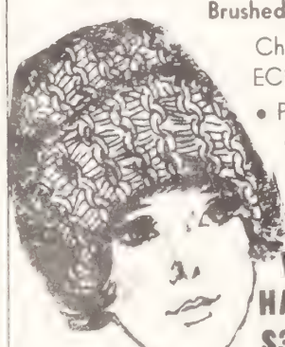
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Authentic replica of 1780 table leg, one from line of 1780-1800 copies in plant stands, shelves, hangers hand-carved in solid pine, hand-rubbed finish. 16"L., arm 12"; on black wrought iron bracket $16.95 ppd. The Village Craft Shop, HG11, 91 Main St., Monroe, CT 06468.



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Top grain leather and solid brass nail head trim that lasts over the years are the finishing touches on this deeply hand tufted loveseat 66" w., 36" d., 29" h. $779.50 shipping charges extra. Catalogue, 50c. Carolina Leather House, Inc. HG5, Box 5023, Hickory, NC 28601.



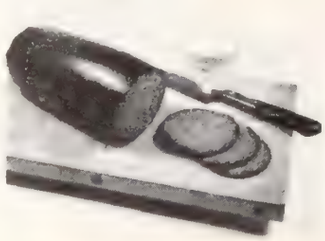
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Use it for vegetables, fruits, meats, leftovers. Chops or grinds with two metal discs for coarse or fine grind; tip-proof suction base, works fast and efficiently. $5.99 add $1 post; two $12.50 add $1.50 post. World Company, HGE, 606 E. State St., Westport, CT 06880.



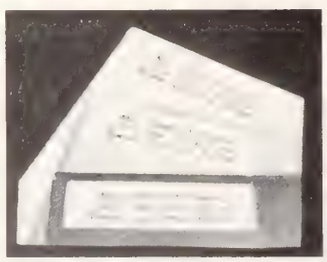
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Watch them dig tunnels, build roads, move mountains, erect bridges. Clear plastic wall is like living screen. With stock certificate for supply of ants and sand; watchers guide. 6" by 8½". $5.98 plus 70c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.



TASTE TREAT

Lebanon Bologna is an authentic Pennsylvania Dutch delicacy, a ready-to-eat all-beef sausage cured in old-fashioned smokehouses. Enjoy it for party hors d'oeuvres, special lunches and snacks. 3½-pound roll. $10.50 ppd. Weaver's B-91, Box 525, B58, Lebanon, PA 17042.



IDENTIFICATION

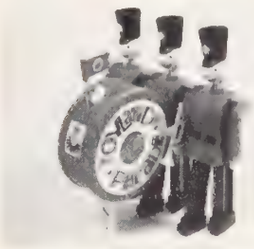
Address labels are a must today for letters, school books and notebooks. 26 letters per line, up to four lines. Black ink on white, blue, pink, yellow, silver or gold. 225 for $3; 450 for $5; 1,000, $10. Ppd. 80 page gift catalogue, 50c. Bruce Bolind, HG11, Boulder, CO 80302.

THE GREATEST FIREPLACE INVENTION SINCE THE MATCH! Kindle Quick is the world's best firelighter. Never need kindling or paper again. A cup of kerosene or charcoal lighter starts a bright cheerful blaze in minutes. Completely safe, clean, odorless; works every time. Made of cast iron and fired clay. **$15.00** POST PAID, Va. residents add $.60 tax.



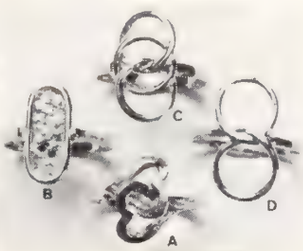
HEARTH PRODUCTS, P.O. BOX 4894, RICHMOND, VIRGINIA 23229

RED-COATED PARADE



Battery-operated marching soldiers are ready to parade into the hearts of all on Christmas morning. Trio wears red coats, blue trousers and tall toy-soldier hats. 9″ tall. $8.95 with battery plus $1.75 post. The Amfalula Tree, 223 Katonah Ave., Katonah, NY 10536.

INTERTWININGS



The contemporary look skillfully crafted in 14k gold rings. (A) entwined hearts; (B) filigree patterning caught in elongated frame; (C) trio of interlinked circles; and (D) two interlinked circles. 5-8. Each $39.95 ppd. Weisz Corp., HG116, 1196 Sixth Ave., New York, NY 10036.

HAPPY RETURNS



For throwing practice and fun, try a boomerang! Replica of famous hunting weapon used by Australian Aborigines soars hundreds of feet, then circles back. Scientific air-foil design. $2.98 plus 50c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

REAL-ACTION EXPRESS



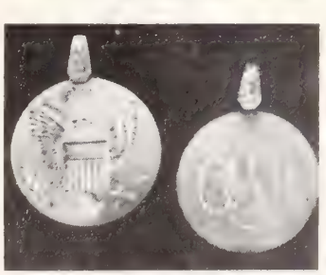
Fantastic "bump and go" action. Battery-operated metal locomotive turns and goes on when it runs into anything. Built-in whistle sound and a lighted headlight. 13″ l., 4″ h. (Battery not incl.). $9.95 plus $1.45 post. Postamatic Co., HG1176, Lafayette Hill, PA 19444.

SOFT SLEEPING



Elegant acetate sheets, machine-washable! Black, red, white, gold, royal blue, avocado, silver, bronze, purple, tangerine, sunflower. Set: fitted bottom sheet, top, two cases. Twin, $19.50; double, $23; queen, $25; king, $29. Ppd. Royal Creations, HG11, 330 Fifth Ave., N.Y., NY 10001.

BICENTENNIAL CHARM



What a nice way to remember our 200th Anniversary! ¾″ dia. 14k solid gold charm or pendant has the United States Seal on one side and a three initial monogram on the reverse. $25. Plus $1 post. Heraldica, Inc. HG11, 21 W. 46th St., New York, NY 10036.

COLORFUL CLOWNS



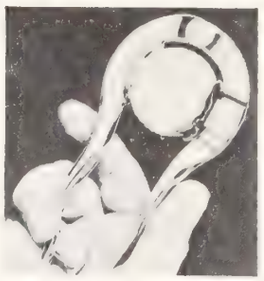
Each one beautifully Handmade, Hand-painted. Imported papier-maché miniatures. First of a Series, Collector, decorative and gift item. 4½″ x 3″—$9.00 plus $1.50 post. and handling.

(Fla. residents add 4% sales tax)

CLOWN COLLECTORS

HG1, Box 1191, Naples, FL 33940

GREAT GOLFING GIFTS



GOLF BALL MARKER

Engrave bright 3-initial monogram on each golf ball in seconds! No ink involved. Asam color foil brings out sharp, clear initials the new inkless way. Specify the 3 initials required when ordering. This is a top quality item that says "Personally Yours". Made of gleaming chrome.

No. A-1 $10.98 + $1.79 P&H



BIRDIE PUTT MECHANICAL BANK

An original mechanical bank in cast iron by Utexiqual. Push the plunger, a short backswing, club comes forward—penny is struck and starts rolling across the green! Meanwhile the caddy has removed the flag for penny to drop in. 9″ long and painted in six bright colors. Utexiqual banks are serially numbered with option rights to future issues. A gem for the collector.

No. 35-5 $59.98 + $2.50 P&H

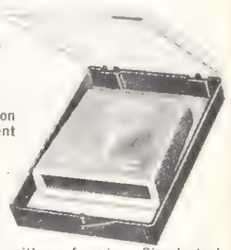


GOLFERS PAL

A precision scorekeeper made with both a hole to hole score and a running score. The lower figure totals the strokes per hole and is reset at each tee. The upper dials continue to record the total for the game. Worn on the wrist for easy accessibility . . . a valued accessory for the golfer. Gift boxed.

No. 15-11 $6.98 + $1.39 P&H

GOLFER'S RANGE FINDER



With this precision optical instrument you can take the guesswork out of judging distance on the golf course. It gives the exact number of yards from ball to hole with no focusing. Simply look through aperture, line up the flag and the yardage scale gives the exact distance. Fits into shirt pocket and weighs a mere 2 oz. Perfect gift for the golfer. Can knock from 3 to 5 strokes from his game.

No. 15-6 $8.98 + $1.59 P&H

Ill. Residents add 5% tax. Gift catalog $1.00 BankAmericard, Mastercharge & American Express charges accepted. Orders can be called into: (312) 232-6068

House of Minnel

Deerpath Road, Dept. 5116, Batavia, Ill. 60510



Exclusively—ours from France

COASTERS in color, laminated non-stick—4″ x 4″ **May also be used as decorative wall plaques.** Reproductions of famous European painters 6 different paintings by same artist in each set. **WATER COLORS—PARIS, TOULOUSE-LAUTREC, DEGAS, MONET, DALI, PICASSO, CHAGALL, RENOIR, UTRILLO, GAUGUIN, BUFFET, VAN GOGH, CEZANNE, COROT, KLEE, LOUVRE PAINTINGS, BREUGHEL, 1900 POSTERS, LOIRE VALLEY CASTLES, FLOWER BOUQUETS, DOANIER-ROUSSEAU.**

Tapestries—Middle Ages, Brayer, Sasek.

$5.85 per set ppd. N.Y. res. add taxes (no C.O.D.'s)

BRENLYN HOUSE

H&G 11, P.O. Box 3423
G. C. Station, N.Y., N.Y. 10017

Brownell holly adds beauty and magic to Christmas



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Order Now.

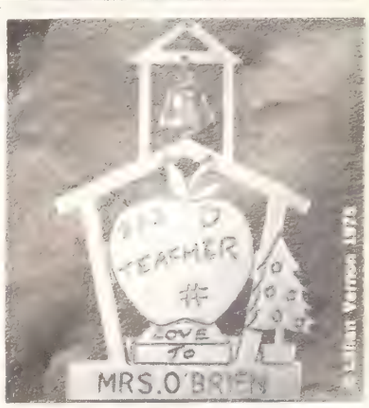
Prices Include AIR SPECIAL DELIVERY

No. 2 GIFT BOX	$ 8.75
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No. 16G 16″ WREATH	$15.20

SATISFACTORY DELIVERY GUARANTEED

brownell holly farms

p.o.box 22025G milwaukie,oregon 97222 phone(503)654-2252



JUST FOR TEACHER! $1.50

A warm gift of remembrance - schoolhouse has a [illegible] solid brass ornament is our [illegible] — won't tarnish [illegible] crafted, custom [illegible] 1265 Teacher [illegible] Special Savings [illegible]

Add 50¢ post. [illegible]

LILLIAN VERNON

Dept. GHV, 510 S. Fulton Ave., Mt. Vernon, NY 10550

HAND MADE CHRISTMAS CHEER THAT YOU WON'T FIND IN EVERY STORE AND EVERY CATALOG.



Add a nice, new living or dining room to your home. Built from bark slabs to last a lifetime. Round house or ranch-feeder. Style ea

Our patchwork wreath will win compliments, wherever you hang it. (20" dia. x 4" thick) $20.00 ea.

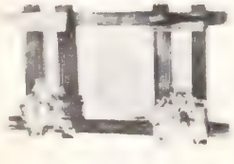
Perfect for anything under the sun, whether it's on the snow or salad. Baby's bonnet, $4.00. Child's bonnet, $5.00. Adult bonnet $6.00. Specify yellow, green, or blue.

Deck the hall, the front door or the mantle with our award winning patch-work tree. (11 inches tall x 18 inches wide x 3 inches thick. $20.00 each.

Send $1.00 for our color catalog, showing dozens of terrific handmade dolls and decorative accessories for folks of all ages. Just a few of our things are shown here.

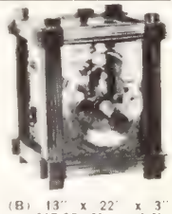
Blue Ridge Cottage Industries

Dept. HG Box 125-A, Banner Elk, N.C. 28604. Please add $1.50 postage and handling for each item shown. Check, money order, Mastercharge, or BankAmericard welcome. All items are made of all-new, washable cotton fabrics.



PAMPER YOUR PERENNIALS

HANDCRAFTED FINE WOODS COMBINED WITH GLASS or MIRROR both artistically etched for LASTING BEAUTY



These decorator pieces have been expertly designed to house your favorite plants. Prices include handling and shipping. Plants not included. Sorry, no C.O.D.'s California residents add 6% sales tax. Mail checks or money orders to:

(A) 11½" x 11½" x 14" $32.95 **Terrarium with lid cover graced by etched glass.**

(B) 13" x 22" x 3" $17.95 **Your delicate mini plants enhanced by etched mirror.**

GIFTS FROM P.M.

P.O. Box 48011, Dept. HG-11, Los Angeles, California 90048

YOUR CHILD'S NAME



TRUE MEANING OF NAME
With Poem In A Frame

A unique, personal gift! Tender, heart-warming poem gives **TRUE MEANING** of your child's name. Blue design for boys, pink for girls. Framed under glass in an 8" x 10" white frame with hanger. Perfect for child's room or nursery. If nickname desired, state given name. Limit number of letters to nine.

$6.25 each

Add $1.00 for postage and handling.

PERSONALIZED CHILDREN'S POEMS
Dept. G116 Garnet Lake Road
Johnsburg, New York 12843



The SAFE 2-Way PET DOOR

hinged

heard off.

FlexPort

Be a doorman for your pet? FlexPort stops scratching doors and whining. Keeps out flies and rain. Gives your pet access to freedom. Soft plastic trisection closes quietly and securely. Easily installed. Send for free folder.

TUREN, INC., DEPT. HG11
2 Cottage Ave.,

SHOPPING AROUND



DEEP-DOWN COMFORT

Hand-tied coil springs, padded plush back, reversible zippered seat cushion, lined skirt, arm protectors. About 33″ w., 32″ h. Various fabrics. (Shown) $202; your fabric (7 yds., 54″) $125. Exp. coll. Catalogue, swatches $2. Hunt Galleries, HG7611, Box 2324, Hickory, NC 28601.



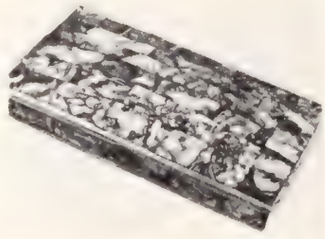
WHO'S TO KNOW

Burglars, other would-be malefactors bypass premises having a warning decal advertising an alarm system. Self-adhesive vinyl stickers are bright yellow and green. Set of four, $1.98 plus 20c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.



PISTOL-LAMP

Hand-crafted derringer replica, hand-blued finish. Non-firing. 7″ walnut base. Overall 17″ h. Old-fashioned tin shade, green-enameled with reflective white inside. With bulb. $37.50 ppd. Color catalogue $2. The Muller Company, HG11, Dogwood Hollow, Miller Place, NY 11764.



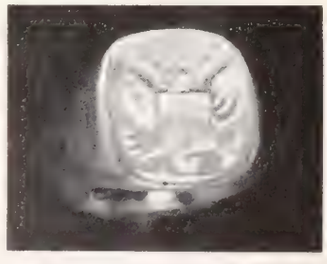
ABALONE SHELL

Carefully set mosaic of world's most colorful shell. Iridescent greens and reds, creamy mother of pearl. Exquisite box in heavy brass frame, hinged, felted. 5″ by 3″ by 1″ $22.50; 8″ by 4″ by 1″. $30. Ppd. Ornamental Boxes, HG11, 11789 W. Pico Blvd., Los Angeles, CA 90064.



FIGURE AID

Diminish fatty bulges on waist, hips, and thighs. Do it with Cellu-glove while you bathe. Used by European spas. For surface toning, deep penetration, circulation stimulation. $6.98 plus 85c post. National Consumer, Dept. ALE-11, 11952 Montana Ave., Los Angeles, CA 90049.



SIGNET RING

A beautifully engraved Great Seal of the United States makes a ring to wear with pride for years to come. Give ring size. Silver, $29 and solid 14k gold (shown enlarged), $129. $1 post. Heraldica Imports, Inc., HG11, 21 W. 46 St., New York, NY 10036.



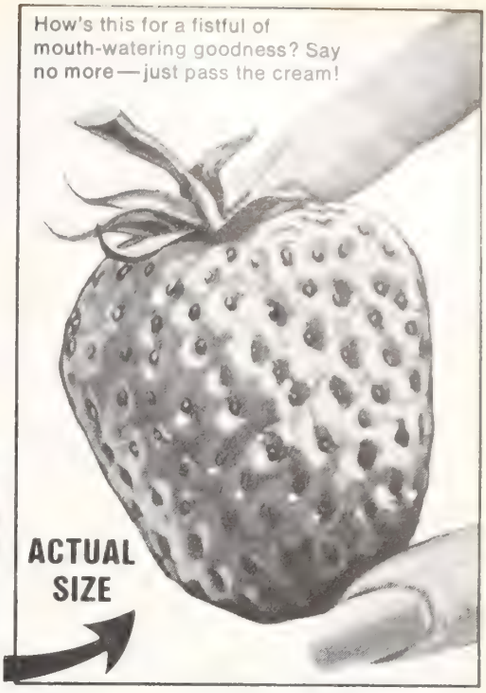
BRIGHT AS NEW

Magic silver leaf goes in sink or dishpan when hand-washing silverware and keeps table silver and hollowware shining and free of tarnish. Safe, odorless and non-toxic; it lasts a lifetime. $4.98 plus 40c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

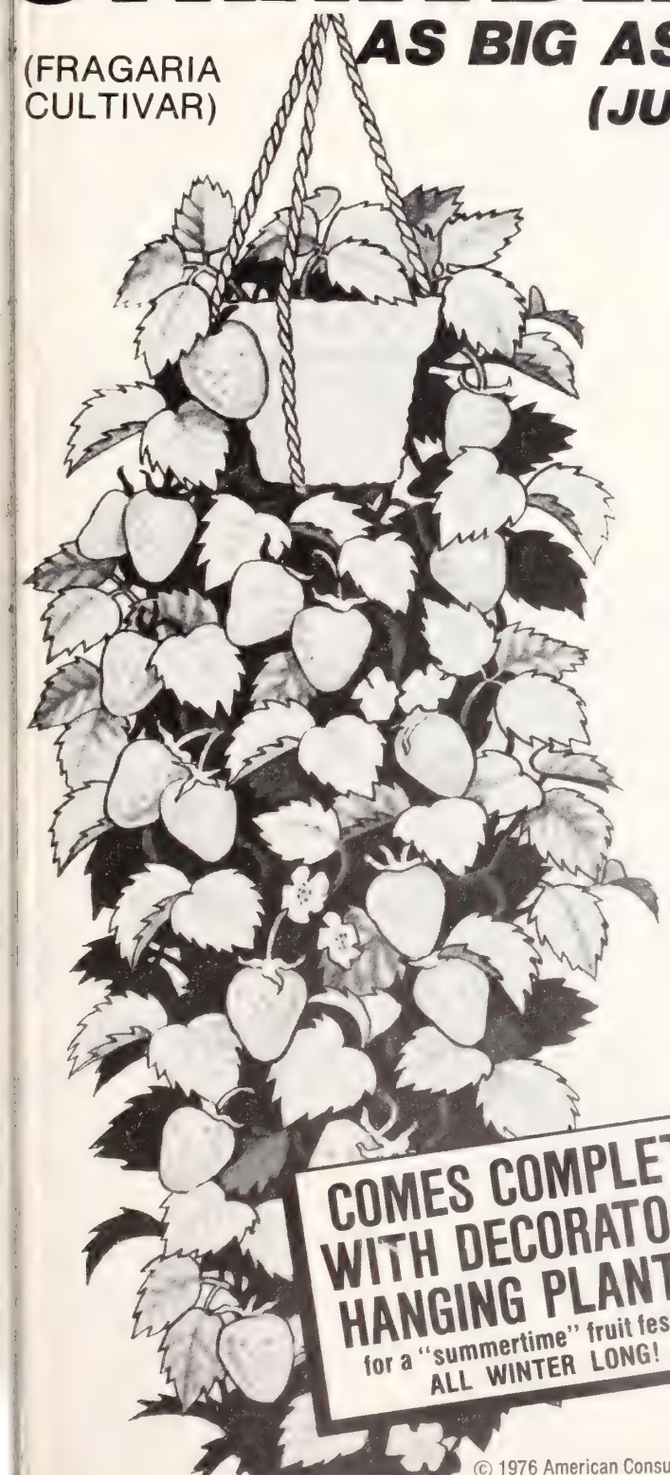
NOW! GIANT INDOOR WINTER STRAWBERRIES

(FRAGARIA CULTIVAR)

AS BIG AS PEACHES (JUST LIKE THIS)



—just 60 days from now!



Yes, you simply take these winter wonder-fruits developed by the U.S. Dept. of Agriculture . . . hang them inside your home . . . and pick masses of luscious red berries ALL WINTER LONG — RIGHT ON THROUGH SPRING — and smack up to summer!

Think of it! An entire hanging garden of WINTER-BEARING indoor strawberries that grow into a wondrous winter orchard just teeming with basket-after-basket of the sweetest, juiciest berries you've ever sunk your tooth into.

HUGE "RESTAURANT" TYPE BERRIES TWICE AS BIG, TWICE AS TASTY AS REGULAR OUTDOOR STRAWBERRIES!

And not just ordinary strawberries, but giant RECORD-BOOK fruits as big as small peaches. Yes, yours ALL WINTER LONG — a summertime feast of berries by the basketful that are:

- SO BIG and juicy you eat them like hand-fruit . . . just like peaches or plums.
- SO HUGE and meaty, just 3 sliced-up berries fill an entire bowl!
- SO PROLIFIC that for every giant berry you pick when it first fruits, you'll pick 2, 3, even 4 times as many as the months go by!

THINK OF IT— FROM THIS ONE SINGLE PLANT, YOU GET AN ALL-WINTER "STRAWBERRY FACTORY"

Just imagine the taste thrills galore as you "spoil" yourself and your family with FRESH-PICKED STRAWBERRIES from your own indoor hanging garden ALL WINTER LONG, **starting before Christmas and right through to June!**

FOR BERRIES BY THE BUSHEL ALL WINTER LONG — ACT NOW!

Now, the price of these wondrous WINTER-BEARING STRAWBERRIES is not the $3.00 or $4.00 per plant you might expect . . . just a mere $2.98 for the entire 3-Plant Hanging Garden, PLANTER INCLUDED. And remember — the plants we send you are true fruiting-size, nursery grown stock . . . all set to reward you with berries by the basketful . . . berries as BIG AS SMALL PEACHES...starting just 60 days from today! But since now is the time they must be shipped if you want a parade of sweet, fresh strawberries starting this very winter from your own INDOOR HANGING STRAWBERRY GARDEN (and continuing right through spring and smack up to summer) . . . you must act NOW!

COMES COMPLETE WITH DECORATOR'S HANGING PLANTER
for a "summertime" fruit festival ALL WINTER LONG!

MAIL NO RISK COUPON TODAY

HANGING STRAWBERRY GARDEN, Dept. JSW-20
416A Fox Pavilion, Jenkintown, PA 19046

Please send me the Giant Hanging Indoor Winter Strawberry Garden(s), I have checked below. I understand that these indoor fruiting strawberry plants come in their own decorator's hanging planter, and are guaranteed to fruit like crazy from winter right through to summer, or my purchase price will be refunded in full (except postage & handling).

Check offer desired.

- ☐ 3 Giant Winter Strawberry Plants plus Hanging Decorator Planter only $2.98 plus 50¢ postage & handling.
- ☐ 6 Giant Winter Strawberry Plants plus 2 Hanging Decorator Planters only $4.98 plus 75¢ postage & handling.
- ☐ 9 Giant Winter Strawberry Plants plus 3 Hanging Decorator Planters only $6.98 plus $1 postage & handling.

Total amount enclosed $_____ PA residents add 6% sales tax. Check or money order

Name_____

Address_____ Apt.#_____

City_____ State_____ Zip_____

6721-500

Canadian customers, please send orders to:
Dominion Mail Order, Dept. JSW, 312 Rexdale Blvd., Toronto, Ontario M9W1R6
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COLONIAL CLASSIC REPLICA NON-SHOOTING...
Kentucky Rifle $19.00
The ultimate in early americana ... hang history on your wall ... over 53 inches
All wood and metal absolutely safe.
No. 1725
Save $2.00
BUY RIFLE and HORN at the SAME TIME
53" LONG
Powder Horn
No. 785 .... 6 inch genuine STEER HORN ..... $8.00 ea.
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30 DAY MONEY BACK GUARANTEE
Genuine Western Steer Longhorns
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$19.50 ea. 2 for $37.
39" Overall, large basket hilt, engraved blade and leather scabbard
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SEND CHECK or MONEY ORDER
The MULLER Company
Dept. HG-11, DOGWOOD HOLLOW
MILLER PLACE, N.Y. 11764
ALL PRICES INCLUDE POSTAGE IN CONTINENTAL U.S.A.

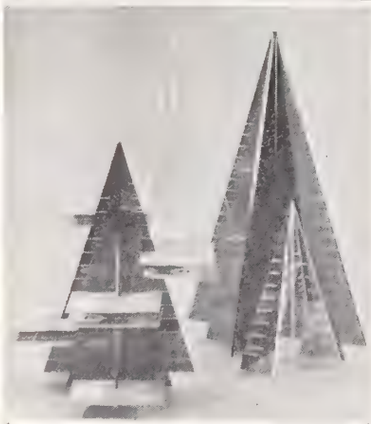

Chinese Brass Trivets
Four footed trivets of polished brass Chinese characters, 4½" square, representing "Good Luck", "Prosperity", "Long Life", "Double Happiness". Tuck them under casseroles or plants, or hang on rings for interesting wall decor. Gift boxed set of four, $7 ppd. Send for free brochure.
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PORT CHESTER, N.Y. 10573
CROSS COUNTY SHOPPING CENTER
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FROM FACTORY TO YOU
Puritan Ladder Back

This is the big one with a seat measuring 18½" x 15½". Constructed from smoothly sanded native hardwood, this everlasting styled chair also features a handwoven cord seat.
Ready to finish, $25.95
Finished in walnut, maple, or pine, $29.95
Matching Armchair Add $3.00 to Above Prices
Minimum Order 2 Pieces
Send check or money order—Express collect.
Catalogue Available 50¢
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P.O. Box 292, HG11
Statesville, North Carolina

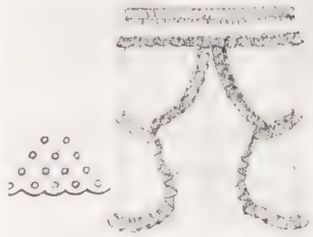

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Komfortable de Luxe
Use it for reading, writing, chairside or bedside left or right. It moves about easily on 3 rollers. Absolutely elegant and modern with table top adjusts in both height and angle.
$52.
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CARD TREE ORGANIZER
No need to put all your cards on the table. Let the lucite card tree organize them beautifully in remarkably small area while creating a holiday decor all its own.
10" h. SMALL holds 32 cards, clear $8, green $9
14" h. MEDIUM holds 50 cards, clear $12, green $13
20" h. LARGE holds 70 cards, clear $18, green $20
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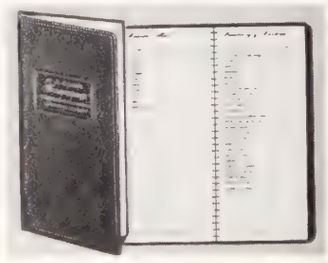
BUY
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SHOPPING AROUND



CAREFREE CLINTON

White no-iron polyester/cotton. Ruffles embroidered in green, yellow, blue, red or plain white. Washable. 72" wide. 24" $9.50, 30" $10, 36" $11, 45" $13, 54" $14.50, 63" $17; tiebacks pr. $2.50; valance $6. $1.75 post. Rovens Conn. Curtains, HG11, Gateway Ctr., Wilton, CT 06897.



KEEP TABS ON THINGS

The handy 72-page household inventory book that provides for room-to-room listing of furnishings and possessions. Invaluable for insurance purposes, or proving fire, theft losses, other needs, $2.50 plus 50c post. Two, $5 Ppd. Writewell Co., 858 Transit Bldg., Boston, MA 02115.



EASY GOING

Grasshopper by Keds. "Joy" has soft cloth uppers and cushioned insoles, crepe soles with rope trim. In beige, white, black, navy or rust. Sizes 5½ to 12 in. N, 4 to 12 in M. $10.95; over-10 sizes, $1 extra. Add $1.25 post. Sofwear Shoes, HG11, 1811 San Jacinto, Houston, TX 77002.



STRETCH SAUNA SUIT

Zip into a uniquely designed sauna exercise suit and go about chores or relaxing and excess body moisture is shed. For men and women. One size fits all. $9.98 plus $1 post. Anthony Enterprises, HG11, 566 Mission St., San Francisco, CA 94105.



PICK PORCELAIN

Real-looking roses, thorns and all, are 13" tall. Put one in a bud vase or arrange a dramatic dozen. Colorful crimson, yellow, wine. One $1 or; six $4.95. Extras 79c each. Add 25c post. singles; 75c for six. American Consumer, Dept. RP-68, Caroline Rd., Philadelphia, PA 19176.

SHOPPING AROUND

A PLAYFUL PLANTER

New fun-to-fool-them idea! The big craze in planters, with an ever-hardy ivy plant that looks real . . . nestled in an amusing "hamburger-in-bun" planter. Looks good enough to eat! 6¼", $12.95. 8": $17.95 ppd. Rain Forest, HG11, P.O. Box 262, South Orange, NJ 07019.



HIS 'N HER BRACELET

We can't promise this snappy copper bracelet wards off hobgoblins or cures rheumatism. But we *like* its casual cachet! Chain-links gleam for both him *and* her. Men's, $3.98; women's, $2.98. Add 60c postage each. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.



GREAT LADIES

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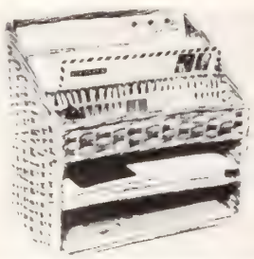
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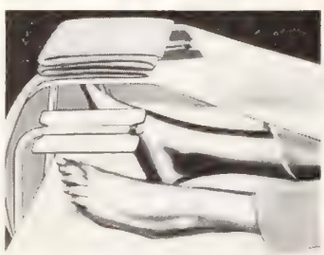
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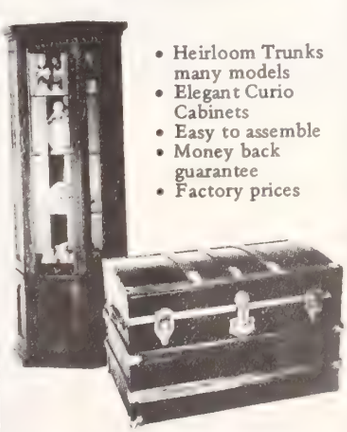
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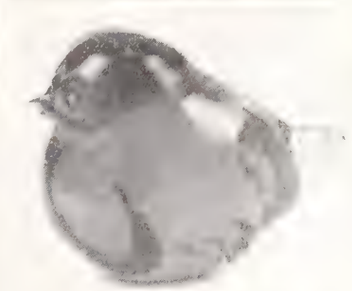
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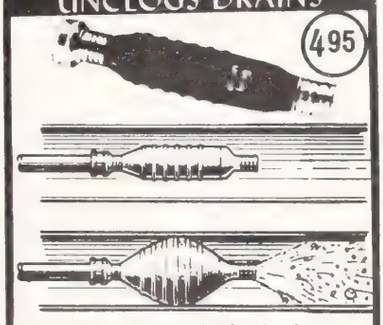
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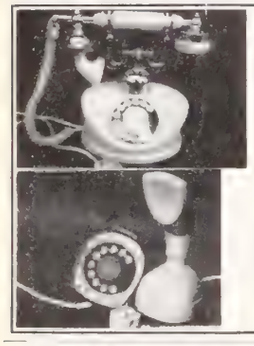
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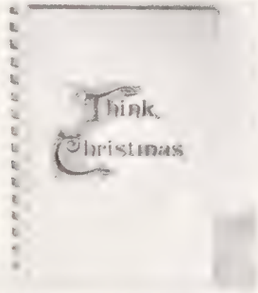
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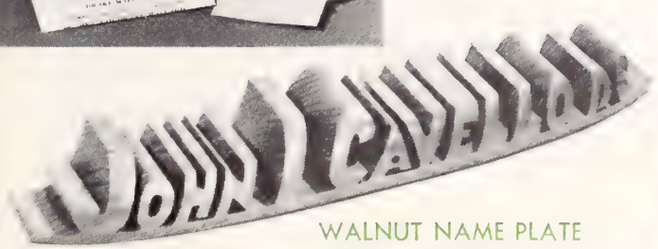
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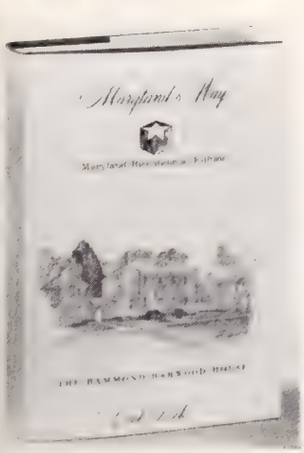






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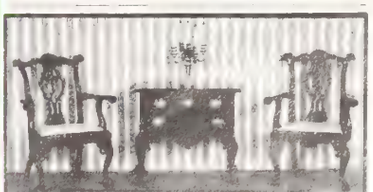


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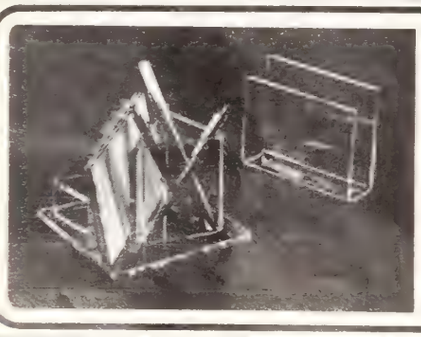
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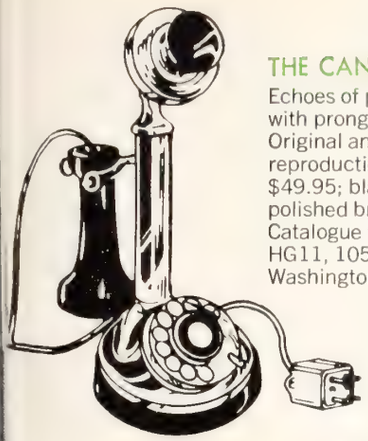
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Two 5" by 7" clear glass panels invisibly hinged, screen-printed in delicate full-color Bird and Berry design of Tyrus Wong. Bird stands for freedom, holly red for happiness. Brass edges, free standing. Matching card. $10.95 ppd. Catalogue $1. The Unicorn Gallery, DG116, 15111 New Hampshire Ave., Colesville, MD 20904.

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NOVEL IDEAS

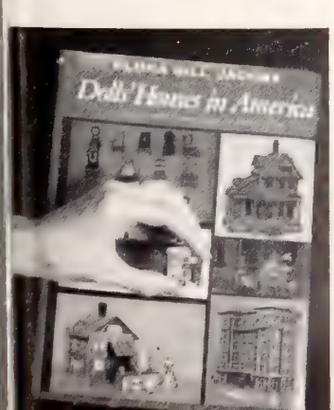
Handsomely illustrated book of decorations, gifts and recipes published by the Junior League of Washington. Collection represents many well-known personalities as well as members and friends of the League. A guide to holiday success, a lovely gift. $5.60 ppd. Think Christmas, HG11, Box 9626, Washington, DC 20016.





VERSATILE TRIO

Hand-crafted pedestals of ¼" clear Plexiglas to blend with decor, to use as planter stand, sculpture showcase, whatever you choose. 6" by 6" by 8", $14.50; 8" by 8" by 12", $21. Add $1 post each. 10" by 10" by 16", $28.50 plus $1.50 post. All three $59.50 plus $3 post. R. S. Associates, HG11, Box 1418, Hagerstown, MD 21740.



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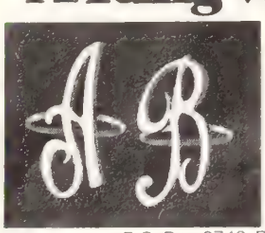
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Send check, m.o., or AMEX, BAC, MC # and expiration date. Indicate date gift should arrive and greeting or enclose card with order. **32 page catalog 50¢—free with order.**

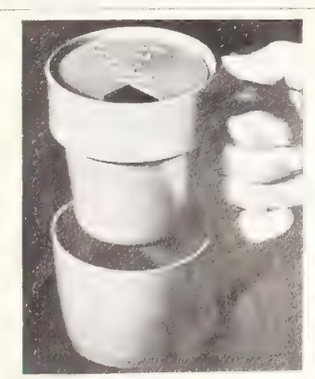
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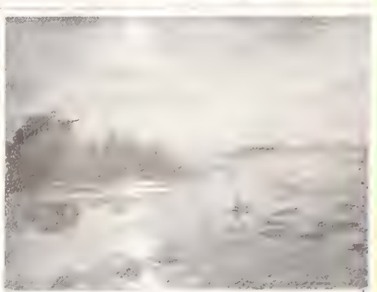


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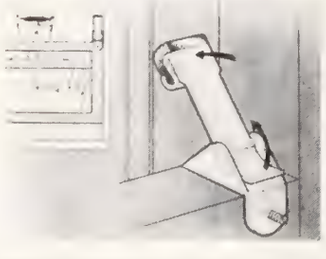
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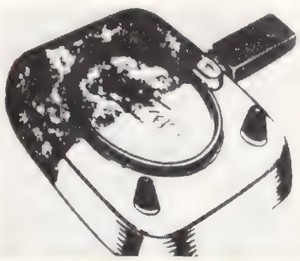
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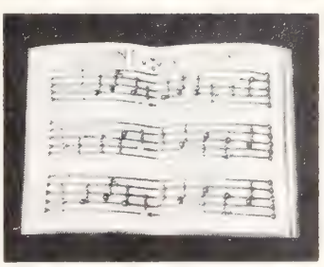
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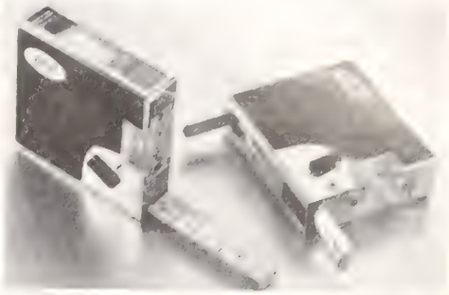
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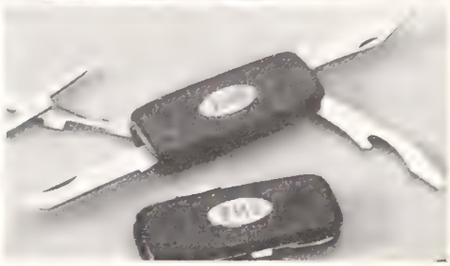
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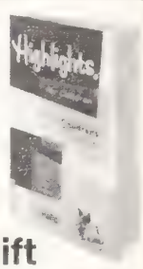
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Sturdily constructed from extra heavy white duck. Large capacity for carrying provisions, bulky items and clothing. An excellent shopping bag. Two colors: White with Red trim. White with Blue trim. Two sizes: Small, 6" x 13½" x 12" high. Large, 8" x 17" x 16" high.

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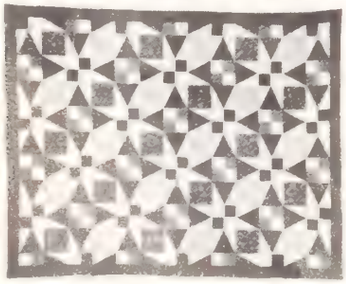
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Hand-wrought, electrified copper lantern. 13" by 5¼". Reproduced from a 1720 original in the Gettysburg collection, it has that primitive look achieved by hand soldering and rubbing. $39.50 ppd. Catalogue, $2. The Muller Co., HG11, Dogwood Hollow, Miller Place, NY 11764.



PHONE ORGANIZER

Colonial brown northern pine organizer holds the instrument, two big directories and has a space for memo writing. Hang it on the wall or set it on desk or table. 10" by 14" by 16½" h. $14.95 ppd. Art Guild Enterprises, HG11, Box 23201, Minneapolis, MN 55423.



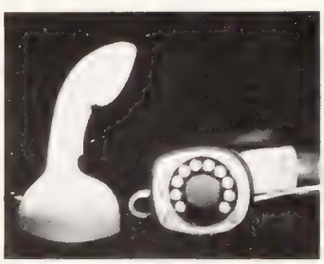
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No need to have ugly cracks and openings around tub, sink or basin. Seal them up with self-sticking tape. Merely press tape on clean, dry surface. 11 foot roll, $2.98 plus 50c postage. Order from Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.



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Exquisite carving of turtle in solid crystal brings out every shell marking. Signed by Tyko, its Swedish artist-designer. A lovely addition to your coffee table or curio cabinet. Length 3¾" head to tail. $12.98 plus 95c post. Ferry House, HG11, Briarcliff Manor, NY 10510.



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Award-winning Swedish phone takes up little space. Equipped with a standard plug. Red, white, tan, pink, aqua, mint, beige, ivory. $39.95 without ringer; $49.95 with buzzer; $59.95 with tweeter. Add $2 post. The Phone Factory, Inc., HGE1176, Box 43147, Las Vegas, NV 89104.

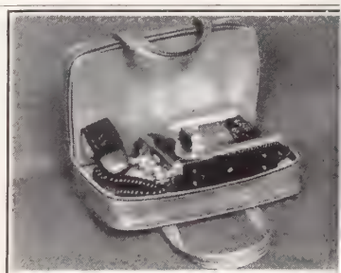
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InstaCom wireless intercom units plug into ordinary electric outlets. Use a pair for conversation between kitchen and barn; add a unit to include the workroom or your baby's room and know instantly when you are needed. Move unit from room to room and still pick up the other units. Each unit has built-in speaker/microphone, on/off indicator light, volume control, and lock-open device for monitoring.

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Beth Braxton Specialties, H-5
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CB set not included

CB Saver $19.95

Postpaid (Fla. res. add tax.)

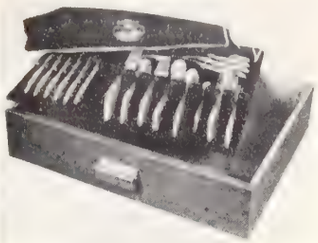
Protect that precious CB fro thieves. Take it with you. Made the best vinyl, looks like fine leat er. Beautifully made and finishe Contains twin foam blankets f extra protection. Fits most CB 8½"x14"x3¼". Chestnut colo Allow 3-4 weeks for delivery. Ser check or money order.

GOOD BUDDY
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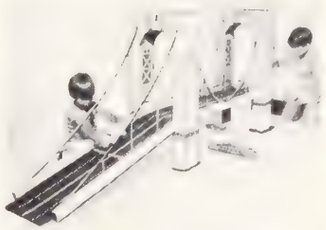
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Tarnish-proof Pacific Cloth drawer pads made by Gorham. Prevent tarnish and scratching! 11¾" x 15" x 2½" holds 100 pieces, $10.75; 17½" x 13⅞" x 2½" holds 125 pieces, $12.75. Add $1.25 post. each. Barrington Specialties, HG11, Box 154-G, Barrington, RI 02806.



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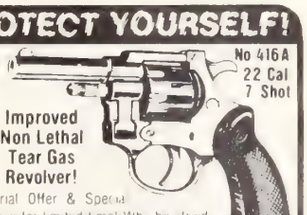
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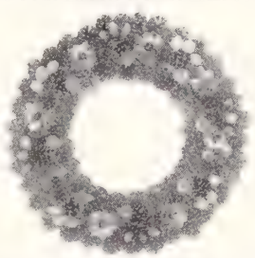
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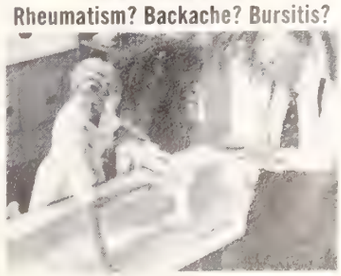
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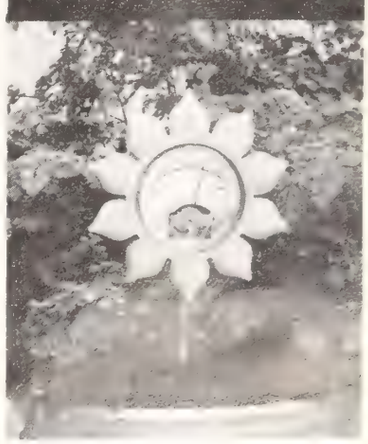
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APOTHECARY JAR LAMP

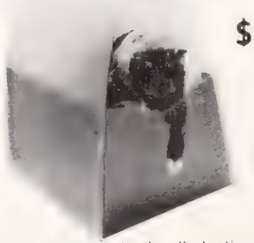
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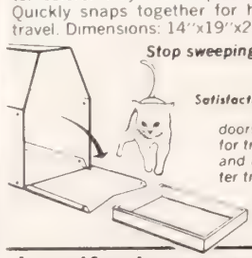
litter house
with plastic tray



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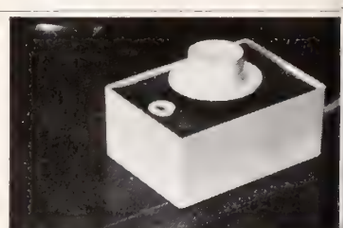


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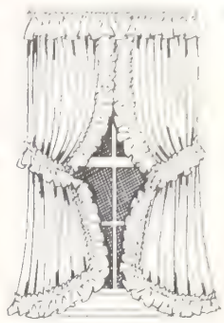
Limited edition ornament for 1976 is made in crystal clear acrylic to sparkle on a tree, to hang in a window or to hang from a stand. Angel alone, 3½" dia. $7.50 plus 50c post. Angel and walnut stand, $11 ppd. Hickory House Collector, HG11, 823 N. Court, Ottumwa, IA 52501.



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NO-IRON MUSLIN IN NATURAL OR WHITE
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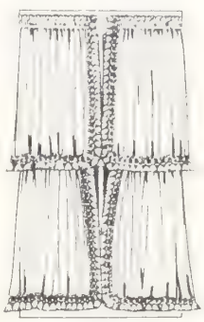
(Style [illegible])
[illegible]
Extra-wide [illegible] to 90" pair.

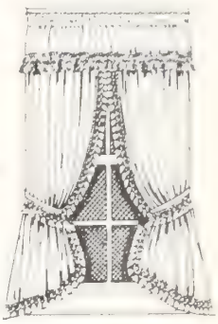
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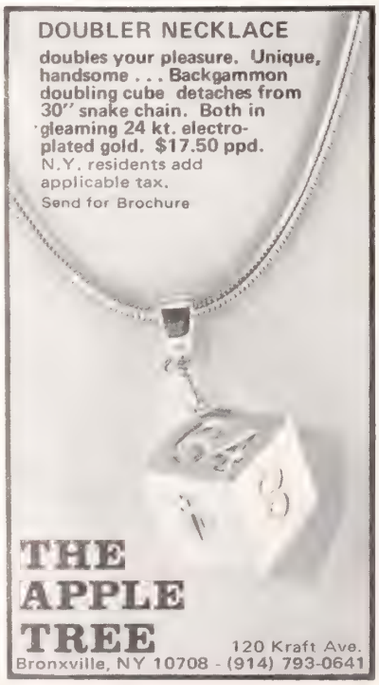
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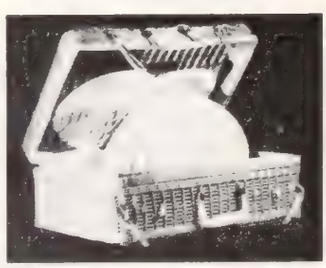
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It's made of strong, lacquered pre-pasted photo paper. Simple to install on ordinary bedroom door, can give youngster feeling of owning a horse. 34½" by 86½". Easy to install. $15.98 plus $1.99 post. Gift catalogue $1. House of Minnel, 5116E, Deerpath Rd., Batavia, IL 60510.



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Rattan basket serves the picnic tradition of Americans in style and efficiency. It also makes a great weekend bag. Handy to own all three sizes. 12" by 8" by 4" $7.95; 14" by 9½" by 5" $9.95; 16" by 11" by 6" $11.95; the set $26.95 Ppd. Etcetera, HG11, Box 19976, Atlanta, GA 30325.



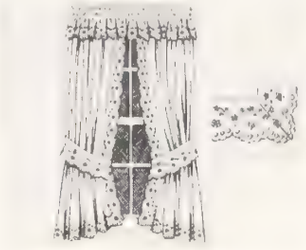
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Aluminum instrument combines the features of a T-square, triangle, rule & protractor. Mounted in leather-grained vinyl binder with pad of 8½ x 11 paper and pencil. Always ready to put your ideas on paper yet weighs less than 2 lbs. Packed in white cartor to make a lasting practical gift. $16.9(ea; 2/$29.90. Ppd. no COD pls.

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Box 895, HEMET, CA. 92343

SHOPPING AROUND

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Embroidered Schiffli eyelet, 4″ border, white polyester/cotton. 78″ w. 24″, 30″, 36″ $12.50; 45″, 54″, 63″ $17.50; 72″, 81″, 90″ $23.50; tiebacks $3; 11″x 72″ val. $5.75. Add $1.75 post. Free catalogue. Colonial Maid Curtains, HG11, Lawn Terr., Mamaroneck, NY 10543.

LONG HEEL LIFE



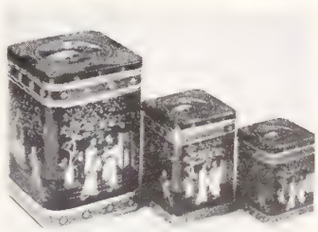
Taps for the heels of favorite shoes lengthen the life of the shoes and prevent skidding and scratching. Made of tough plastic. Three pairs, $1 plus 25c post. State whether for man, woman or child. Sat-sfy, HG11, 160 Amherst St., East Orange, NJ 07019.

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18″ diam. 200 peppers ..... $13.50ppd.
Garlands 4 ft. long 200 peppers $13.50ppd.

Few cooks can tell a thing about pepper make every [illegible]

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FERRY HOUSE Dept. G-116



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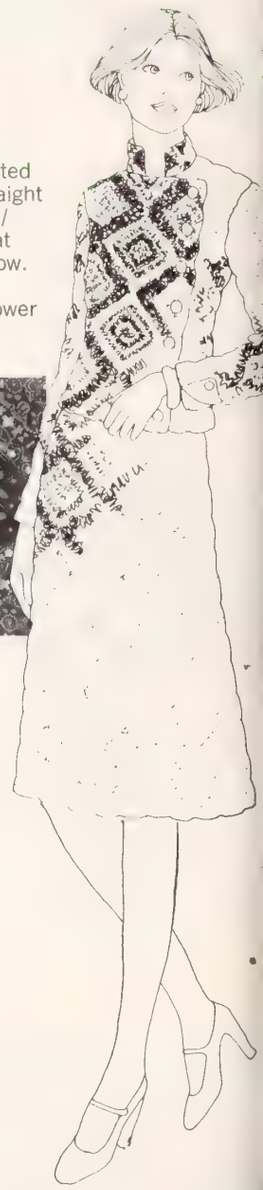


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Dept. [illegible] P.O. 7381 Las Vegas, NV 89[illegible]

You're special!

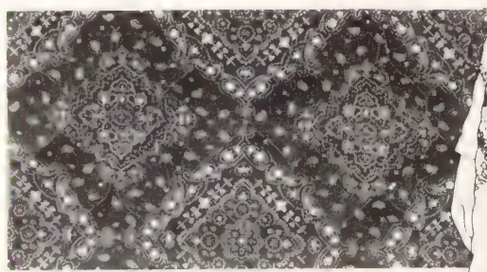
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SHOPPING AROUND THE SOUTHWEST



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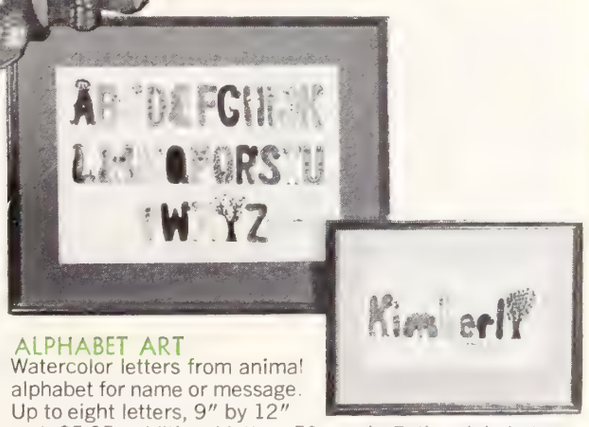
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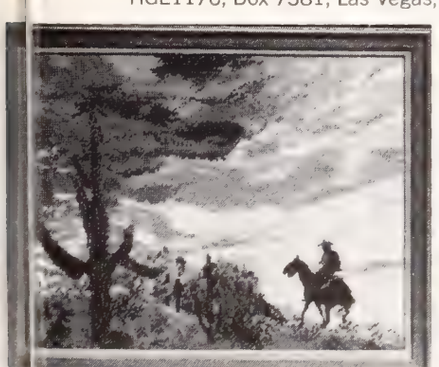
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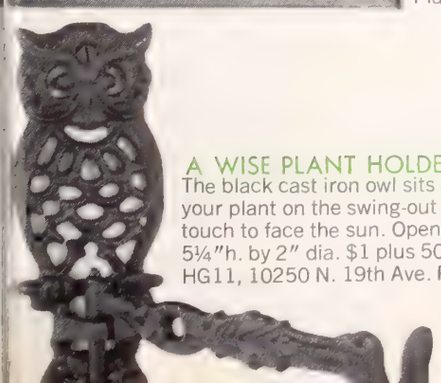
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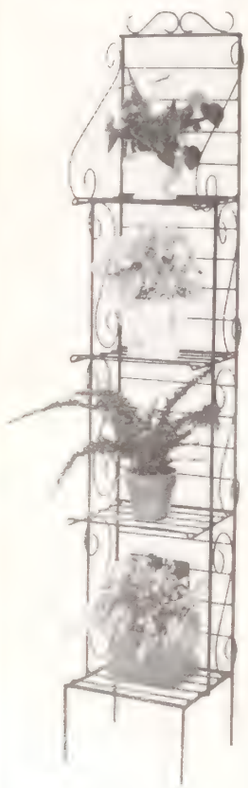
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Sumptuous needlepoint pillows (approx. 10″ x 10″). Top: (L.) Greek Revival, (R.) Federal; bottom: (L.) Colonial, Kit Queen Anne.
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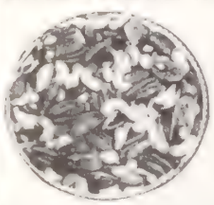
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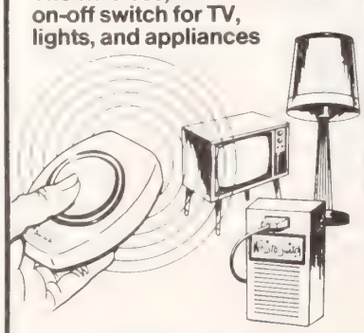


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HOW COLD WAS IT - °F or °C

NEWEST GIFT IDEA!
Tells what the temperature IS
Tells what the temperature WAS



#7413

This Maxi Mini thermometer with two scales simplifies the coming change-over to the Metric system. The present temperature is easy to read accurately at the jet black pointer. It moves the red Max and Min indicators along as the temperature rises and falls. They always show the hottest and coldest experienced. To reset them just rotate the stem below. Beautiful red, white, and blue case, 2¾″ diameter. With mounting bracket. Thermometer # 7413 sent postpaid $7.50 each 3 for $18.50. NY residents add sales tax. 1 or 2 only scale specify #7410

GIANT DIAL THERMOMETER

Easily readable 12″ diameter dual °C and 30 to 120°F scale. White aluminum case with red pointer. # 7469 sent postpaid $9.95.



#7469

Money Back Guarantee
BROOKLYN THERMOMETER CO. INC.
Dept. H-61 Farmingdale, N.Y. 11735

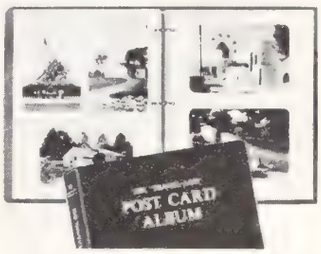
SHOPPING AROUND

LAMPLIGHT OF ROSES



Spray of eight life-like, lit-up roses in various glowing hues, arrayed in a woven wire basket. A TV lamp or soft nightlight. 11" by 16". Bulbs included. $14.95 ppd. Four replacement bulbs, $1. Uncle Charley's House, HG11, 16038 Chella Drive, Hacienda Heights, CA 91745.

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Handsome album to hold 200 post cards securely in curved corner slots. No pasting required. Has spaces for notes and titles. A luxurious binder, padded vinyl covers. $8.95 plus $1 post.; two $17.50 ppd. The Writewell Co., Dept. 859 Transit Building, Boston, MA 02115.

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See-through telephone means you can see the works inside! Chrome trimmed, ready to install for stunning good looks and utility. 6½" x 8½". $179.95 plus $2 post. Send 50c for catalogue of other phone styles. Grand Com, Inc., HG11, 324 Fifth Ave., New York, NY 10001.

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Hand-cut crystal showered with prisms gives a soft diffused light on dining room buffet or a mantel. Light bulb almost concealed by crystal flower-like drops. 16½" h., 9" dia. Pair, $39.95. Catalogue 25c. Exp. coll. Luigi Crystal, HG11, 7332 Frankford Ave., Philadelphia, PA 19136.

TOOTH POLISH



Cover-up tooth enamel cosmetic is as easy to use as nail polish. Tasteless and safe for natural teeth, gives gleaming white lustre. Can be used on gold teeth, too. ¼ oz. bottle. $3.98 plus 35c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

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Luxe Lucite, personalized with carved initials and polished to a glow! Clever holder keeps them firmly stacked, yet lets them slip out easily when you wish. Set of 8 with raised rims, 3" center rounds—holder 3½x3¾x2¾" high. American-crafted by Robert Mainly, gift boxed.
1457 Coaster Set $12.98

1951 SILVER JUBILEE 1976

LILLIAN VERNON

PRINT initials, add 75¢ post. & hdlg. N.Y. residents add applicable taxes

Dept. GNB, 510 S. Fulton Ave.
Mt. Vernon, NY 10550



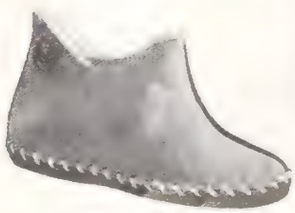
SANTA CLAUS WILL WRITE TO YOUR CHILD

This personalized letter from Santa Claus to your child will bring the magic of Christmas to your home.
Imagine how delighted your child will be to receive a letter written direct from the North Pole, with a FREE GIFT!
Mail $1.00 for each personalized letter. Print each child's full name and address on sheet of paper.

REMEMBER . . . FREE!
Special toy from Santa
(for orders received before Dec. 15)

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Buy 2 pair and save!

Made of genuine reverse shearling and branded with our own Deerskin emblem. Outside is smooth lambskin suede; inside is fleecy lamb's wool. (Children's slippers have cowhide suede uppers, for longer wear.) Put on a pair when you return from the ski slopes, or after a hard day at the office. You'll be up to your ankles in warmth and comfort!
Men M(7-13). 1 Pr., $16. 2 Pr., $27.
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Children 12, 13, 1-3. Each pair, $10

Wear them for
--30 days at no risk!--

Name
Address
City
State Zip

I understand I may wear my Firesiders for 30 days, at no risk. If I'm not completely satisfied, I may return them and my money will be refunded in full.

Add $2.00 for shipping & handling.

Enclosed is my check or money order for $_____.

Please send me:
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_____ Pr. of Women's _____
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Charge it to my:
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American Express _____
Interbank _____

DEERSKIN TRADING POST
Dept. B, 154 Forest St., Portland, Maine 04101

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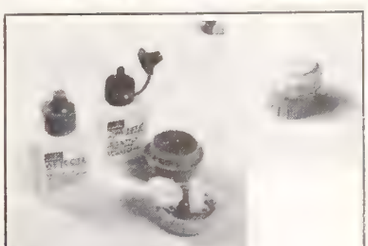


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TRATFORD HOUSE HG-11
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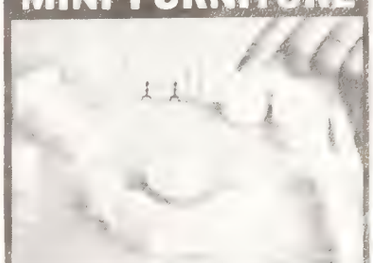


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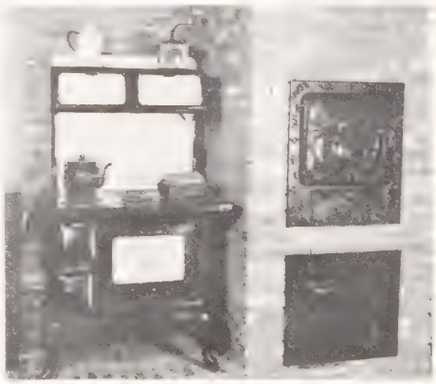
Plan-It-Kit, Inc. Dept. HG11, Box 429, Westport, Conn.

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77 North Washington St. H11, Boston Ma 02114



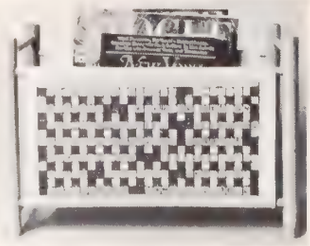
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These beautifully rusted steel sculptured designs are taken from famous primitive weathervanes. Free to rotate with wind change, they grace any home, garden or country estate. Hand made in a small German settlement in Texas. The rust finish is produced from a carefully applied culturing process, then weather proofed by urethane coating. Sculpture sizes from 9" x 14" to 27" x 12".

Each of the 70 silhouettes is a conversation piece. Can be displayed indoors, on the patio, in the garden or atop the roof. Comes with stand of your choice. Silhouette vane designs include angels, sailing ships, animals, farmers, birds, fish and the unique Dove on Tulip (20" x 13") shown above. Custom designs also available. Truly a life-time Christmas gift.

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SHOPPING AROUND



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Crewel artistry. Kit includes: hardwood frame, canvas printed front and back with squares to backstitch names of popular magazines; floss, needle, 9 by 18 by 12". $19.50 plus $1.25 post. Catalogue $1.25. Creative Village, Dept. 31E, PO Box 100, Pine Brook, NJ 07058.



OLD TIME FRESHNESS

Salt and pepper shakers are reproduction Mason jars with wire bails securing lids and rings to lock in freshness. 3¾" high. $1.98 a set, two sets, $3.49 plus 25c post a set. American Consumer, Dept. MJ211, Caroline and Charter Rds., Philadelphia, PA 19176.



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Multicolor "gems." Cushioned insoles, adjustable backs. White, black, gold, silver; pink, blue, yellow, green pastels (specify alternate colors). N 5½-12; M 4-12; W 5-12. (No half sizes over 10.) $11.99 plus 90c post. Morgan's Cove, HG11, 28 W. Prospect, East Brunswick, NJ 08816.



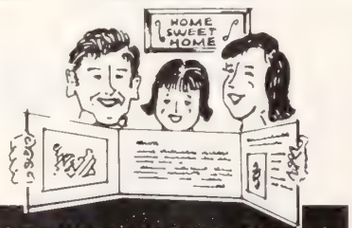
FAMILY TREASURE

Baby's worn, frayed and fragile shoes can be made into porcelainized keepsakes with a hand-painted flower and gold trim to add a colorful touch to the baby's name and birth date. Write for complete details. Baltimore Products, HG11, 6 Walker Ave., Pikesville, MD 21208.



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Brand new catalogue, #16, presents striking new designs from Sweden. Complete kits of rugs, cushions, and wall hangings that turn into lifetime treasures. Send $1 for beautiful color catalogue. Write Skon, HG11, 53 Lambert Lane, New Rochelle, NY 10804.



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COLONIAL SQUARES



THE ORIGINAL PATCHWO STYLE. Kit includes all precut c ton & blend square patches to ish a 74" x 94" quilt-top, spread comforter. Complete instructio **$17.95;** 14" pillow kit **$2.95;** 50 tra patches for larger quilt **$6.** Please add $1.00 for shipping handling any two items, $1.35 all three.

HOUSE OF SPECIALTY SHOPPIN
Dept. HG11 Box 1025, La Jolla, Ca. 92
For beautiful full color catalog send

SHOPPING AROUND

IT'S A CINCH

You can turn any simple dress into a simply smashing outfit with a gold or silver butterfly belt. Gleaming metal links backed by sturdy elastic fit waists 25" to 42". 1¾" wide. Butterfly clasp 3¼" x 3". $5.98 plus 95c post. Ferry House, HG11, Briarcliff Manor, NY 10510.



BEAUTY BAR

Cabinet with mirrored doors that swing out to form a three-way mirror is a handsome solution for gals and guys. 25" by 16" by 6" deep with adjustable shelves, trays for storage behind doors. $52 plus $2.50 post. T-Square Designs, Ltd, HG11, 152 Berkeley Pl., Brooklyn, NY 11217.



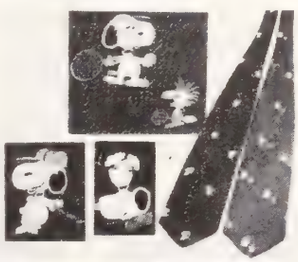
PANTRY TABLE

Chrome-plated steel and butcher block top, wire shelves. 34" h. For work, storage or bar. 24x18" $125; 36x18" $150; 48x18" $175; 24x24" $140; 24x36" $175; 24x48" $210; casters $30. Exp. coll. Catalogue $1. J & D Brauner, HG11, 1331 So. Michigan Ave., Chicago, IL 60605.



FOR GOOD SPORTS

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SPARKLING SPRAY MIST

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To renew a wedding vow, to say, "Yes, today more than ever." To mark baby's birth or an anniversary. Perhaps richer than your first wedding band, for a love grown richer with time. A circle of fiery Austrian crystal stones, about 2 carats in all — an exquisite openwork setting, an elegance that's truly rare. American-made, gift boxed in velvety red.

3791 Eternity Ring. Sizes 5,6,7,8. **$12.98**

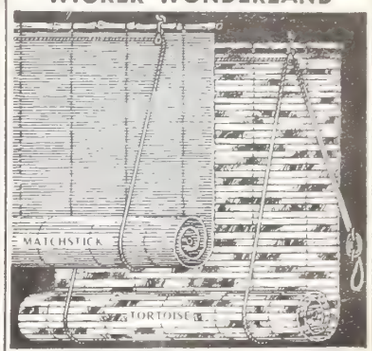
Add 45¢ post. & hdlg. NY res. add taxes

1951 SILVER JUBILEE 1976

LILLIAN VERNON

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WICKER WONDERLAND



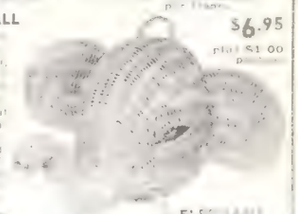
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24"x72"	$4.50	$7.50
30 x72	5.50	8.50
36 x72	6.50	10.50
42 x72	8.50	11.50
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84 x72	16.50	22.50

add $1.00 [illegible]

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hanging ring. Painted white, yellow or green, add $1.00.

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Useful hand-crafted solid rattan wall ornament [illegible] Strong [illegible] for towels [illegible] etc. 16 [illegible] H. 37 [illegible] postage

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(Finished or Unfinished)

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The Little Rocking Horse



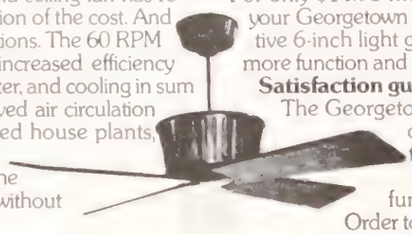
A ribbon candy mane, licorice tail and gum drops galore! Ann Fitzpatrick, candy sculptress and proprietor of Gum Drop Sq., offers her new candy kit. The luscious, colorful rocking horse is made of 11 kinds of candy on a styrofoam base. He stands 8" high from rocker to mane. You supply only sugar, egg and lemon, then follow the simple instructions.

A really unusual, festive gift or center piece. Wonderful for children! Fun to make and lasts forever...if not eaten first. Bag of nibbles included. $19.00 postpaid.

Gum Drop Square
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We took $100 off the price.
The wonderful old ceiling fan has returned. At a fraction of the cost. And with new innovations. The 60 RPM speed provides increased efficiency of heating in winter, and cooling in summer. Plus improved air circulation for your treasured house plants, with the gentle air movement. The result: efficiency without distraction.



Light-weight, strong and beautiful.
The Georgetown Ceiling Fan is authentically crafted of durable—yet surprisingly light—resin materials, for both beauty and strength. You won't have to worry about mounting it on heavy support beams. The rich wood-grain blades span a full 44" in diameter. Drop from ceiling to bottom of fan is 12" with custom lengths available on request.

Add a light globe, too.
For only $14.95 more, you can have your Georgetown Fan with a distinctive 6-inch light globe, to add even more function and beauty.

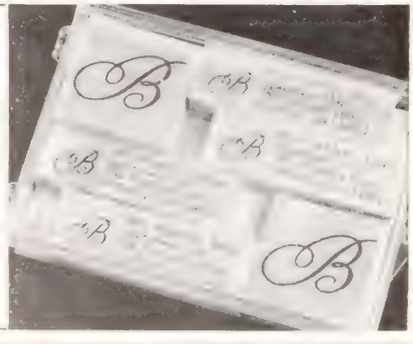
Satisfaction guaranteed.
The Georgetown Ceiling Fan is completely guaranteed. If not satisfied, return for full refund, within 14 days. Order today.

Your fan comes to you complete and ready to install, as easily as any light fixture. Specify Walnut or Oak finish for woodgrain blades. Or solid decorator colors: Yellow or White. Send check or money order for $59.95 for each fan; $74.90 with light globe. Add $7 shipping and handling in cont. U.S. Or charge to your Master Charge or Bank Americard. (Be sure to include account number and expiration date.)

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CONSERVE ENERGY

Down-filled blanket from Denmark maintains body temperature in winter or summer. Of cotton cambric, 220 threads to inch, so down can't escape. Machine washable. In blue, sable, camel, champagne or canary. Comes with 5-year guarantee. King $200; queen or double $170; twin $130. Add $3.95 post. ea. The Clogg House, HG116, 11 Wilcox, Castle Rock, CO 80104.



STERLING GALORE

Fill in heirloom set, replace lost or damaged flatware. If you don't know pattern name, send photo, drawing or tracing, list of wanted pieces. Specialists can identify, match hundreds of patterns. Walter Drake Silver Exchange, HG88 Drake Bldg., Colorado Springs, CO 80940.



STOWAWAY

Keep Christmas decorations safe and sound from tree to tree in a sturdy cardboard storage chest that holds them all: 92 ornaments of three different sizes, 8 sets of lights and under-tree trimmings. 27" by 17" by 12". Easy to carry, and no-mistake Christmasy motif. $8.95; two $17. Ppd. Bruce Bolind, HG11, Bolind Building, Boulder, CO 80302.







FIRST EDITION

Multi-faceted brilliance lights up a hand-carved teardrop of Waterford lead crystal, 2¼" by 1¼". Crafted in Ireland, carries artisan's signature. Pendant shimmers on 24" sterling silver chain. Gift boxed. $32 plus $1 post. An exclusive in Colorado with The Denver, HG11, Box 1560, Denver, CO 80201.



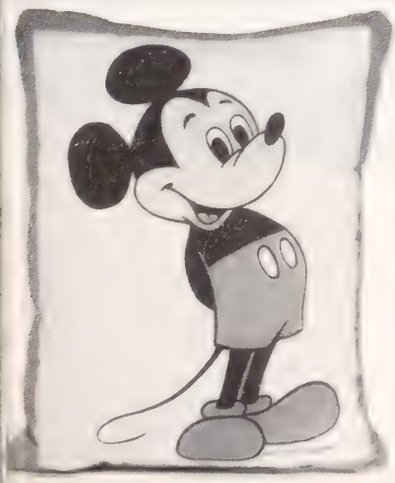
TOLE CRAFT

Delicately hand-painted copies of Early American wood coffee grinders. Really functional. 6" sq., 10½" handled hgt. Strawberry (top) and daisy; other designs. Colors with tole: red-blue-orange-yellow-green-white, walnut stain. $25.95 ppd. The Tuck Box, HG11, 111 E. Bijou, Colorado Springs, CO 80903.

KNITTER'S AIDE

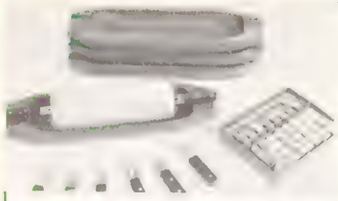
Now you can knit one-of-a-kind afghans and scarves in double-quick time with the Nifty Knitter. Design of hand-crafted knitter assures even, consistent stitches of double thickness in half the usual knitting time. 16" l. by 6½" w. by 4¼" d. Kit $9.95; pre-assembled $15.95. Ppd. CN Enterprises, HG11, Box 817, Boulder, CO 80302.





SOFT LANDING

Lovable favorite arrives on a cheery colorful pillow sure to delight children and teens, to bring smiles to all ages. Mickey Mouse is screen-printed in lively colors on a yellow cotton background, set off by brown cord edging. 14" by 10". $5.98 plus 50c post. Order from Holiday Gifts, Dept. 311-K, Wheat Ridge, CO 80036.



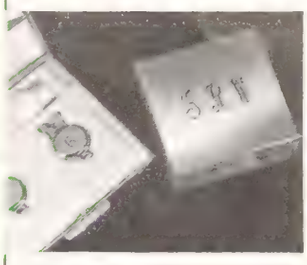
TEAKWOOD CORN DISHES & CORN SKEWER SETS

Convient way to serve corn on the cob! Natural [illegible] less steel cor[illegible] Dishes $8.50; Bamboo [illegible] wood Handles $3.50, ppd. B[illegible] Bolind Bldg., Boulder, CO 80302

COFFEE TO GO!

Commuter coffee cup lets you take a coffee break right in your car while traveling or on time consuming stop-and-go trips when minutes are precious. Outer cup adheres to dashboard and houses a plastic mug with spillproof cover and opening for sipping. 3¾" high $3.25 ppd., 2 for $6. Bruce Bolind, Dept. 211, Boulder, CO 80302.



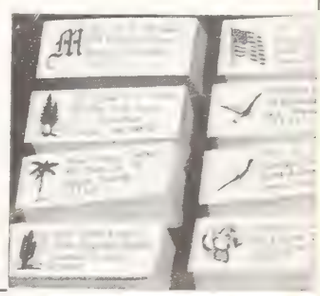


CONTACT LENS CASE.

Contact wearers will like this lovely brass case. Inside there is a mirror and two plastic pockets that safely hold your lenses and keep them clean and dust free. Included is a bottle for your lens fluid. 2" x 2" x½" deep. Specify initials to be engraved on case. $6.50 ppd. Bruce Bolind, 211 Bolind Bldg., Boulder, CO 80302.

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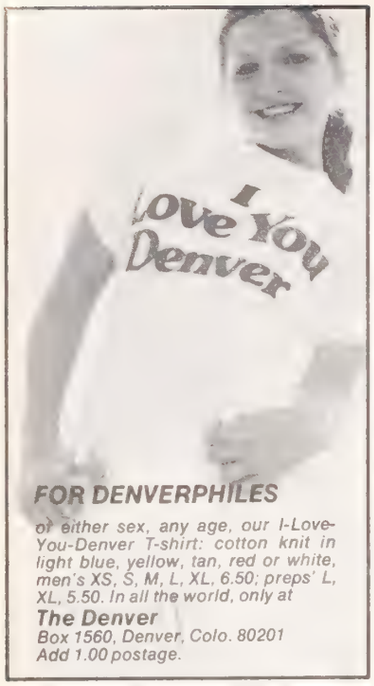


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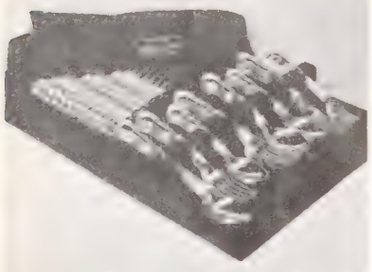
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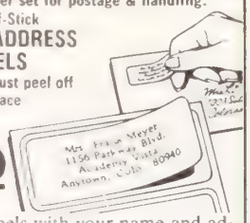
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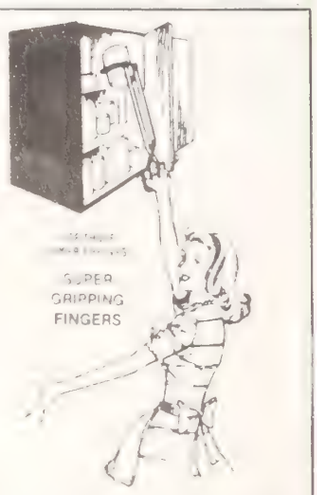
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FLI

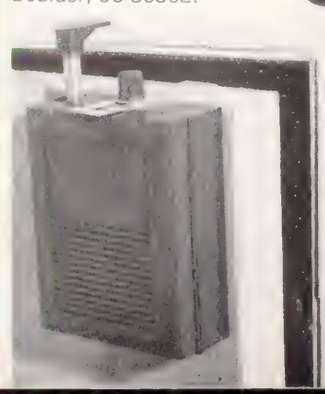
FOR THE FIREPLACE

Flame-retardant rug protects your floor and carpeting from flying embers, fits snugly against fireplace hearth. Handsome American eagle design in bright gold on heavy black cotton duck. Practical protection and good-looking, a welcome gift idea. 22½" by 45". $4.99 plus 50c post. Holiday Gifts, Dept. 311-N, Wheat Ridge, CO 80036.

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Wake up to music away or at home with a six-transistor radio alarm clock. Goldtone face has fluorescent hour dots for easy viewing in dark. Alarm triggers radio automatically, if wanted. In black leather case. 7" by 4". AM/FM $49.95; AM only $39.95. Ppd. Bruce Bolind, HG11, Bolind Building, Boulder, CO 80302.





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Full-color catalogue with everything in the finest Swedish designs, from pictures and panels, wall hangings, cloths and cushions. Florals, figures, delicate and spectacular colors. Exclusive "long stitch" designs included. $1. Skon, GE11, 55 Lambert, La., New Rochelle, NY 10804.



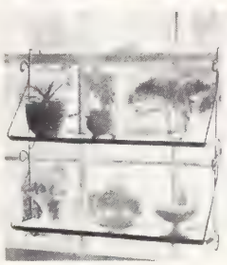
KIMONO SLEEVED

The kimono sleeve sweater makes a great topper worn over a cowl (as shown), a T or a man tailored shirt. 100% acrylic. Forest green or rust combinations. S (32-34), M (36-38), L (40). $12.50 plus $1 post. Sweaters 'n Things, HG11, 2 Carter Ave., Oceanside, NY 11572.



HOOK-ON SHELVES

Wonderful way to give indoor plants the sunlight they thrive on —white shelves on hook-on wrought iron brackets. 4″ by 22″; use in any double-hung window, no screws. $3.98 plus 50c post. Colonial Garden Kitchens, HGKE-1, 270 W. Merrick Rd., Valley Stream, NY 11582.



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Attractive all-wood table group. Lamp table 24″ by 17″ is $19.88; end table 24″ by 17″ top, 18″ by 15″ bottom $24.88; cocktail table 36″ by 17″ is $29.88. Add $3.50 fght. each; charges prepaid on 3 pc. group. Cenit Co., Inc., HG11, Box 41, Keego Harbor, MI 48033.



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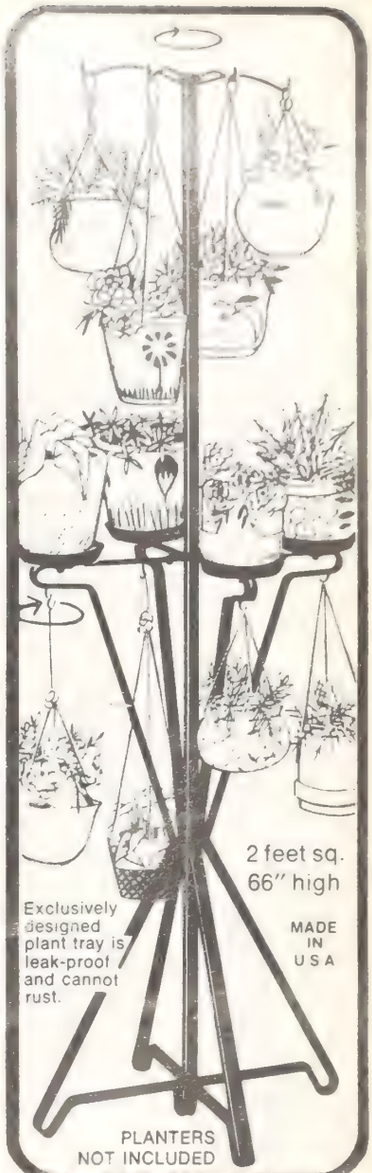
$15.95 add 85c postg. & hdlg.

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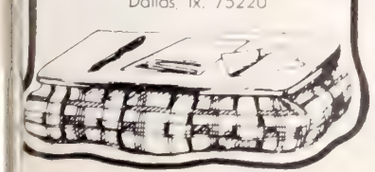
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Prop the pillow desk on your lap and you're ready for business anywhere your lap is. Durable plastic-coated top (appr. 12″ x 16″) with attached pillow base in calico print or solid brown, dark green, royal blue and burgundy. by **Unik Products**. Order early

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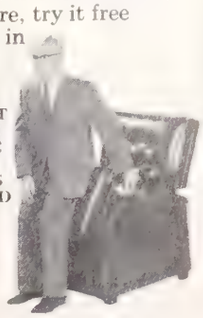


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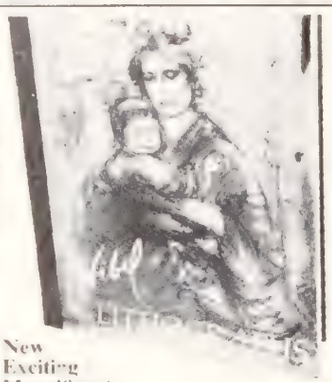
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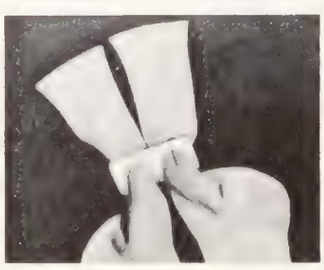
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Like pieces made in Newport in 1780, with a "13-states grille window" in doors. Writing drop-lid, automatic supports. 79" h by 33" w. by 18" d. Mahogany veneers and hardwoods. $369.95 exp. coll. Catalogue, swatches $1. Magnolia Hall, HG11, 726 Andover, Atlanta, GA 30327.



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Copy, reproduced in cast aluminum. Hand-finished in white, black, verdigris, goldspun white, pewter. Latched door, hinged knob; figures in bas relief. 14" w., 23" h., 4". Mail container, 12" x 8". $45, plus $2.40 post. The Patio, Dept. HG11, 550 Powell, San Francisco, CA 94108



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Deposit new silver on copper, brass or bronze where original plating has worn away. Silver Plus polishes sterling but it does not deposit new silver on sterling pieces. 4 oz. bottle. $5.98 plus 65c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

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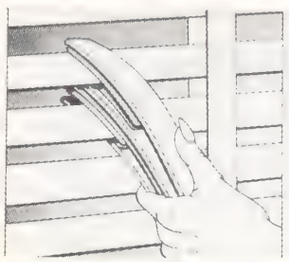
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BIG FOR BELTS



Authorized reproduction of the authentic Coors beer emblem on a bold belt buckle. Brass cast in metal alloys, with antique finish to highlight sculptured detail. 4″ by 2¾″; fits any belt up to 1¾″ wide. $5.95; two $11.50. Ppd. Bruce Bolind, HG11, Bolind Bldg., Boulder, CO 80302.

KEEP IT CLEAN



Keep your Venetian blinds free of dirt with this efficient little tool. Double-duty design does two slats at a time on both sides. Dip in suds and foam pads do the cleaning with one wipe. $1.98 plus 40c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

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Decorative crystal-clear Lucite box comes complete with 50 big plastic marbles to hold plants in position. Ideal for growing your plants in water. 4″ square. $4.99 plus 50c post. Free house plant catalogue. Royal Dutch Gardens, HG11, 23 Walden St., Concord, MA 01742.

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Charm of another era by artist Derald Eastman. *Old Easley Road* (shown) one of four prints in full color, 9″ by 12″. Others *Waldo, Kymulga* and *Horton Mill.* Frame not incl. Set of four, $11 plus $1 post. Gulf Coast Gallery, HG11, 3108 Demetropolis Rd., Mobile, AL 36609.

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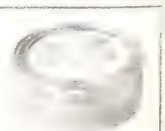
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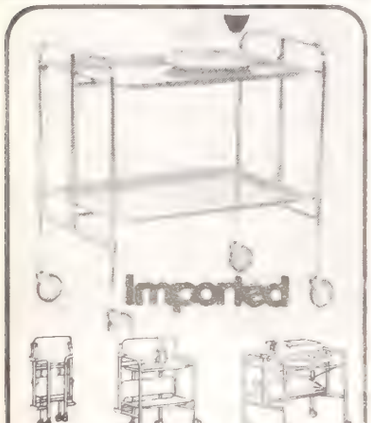
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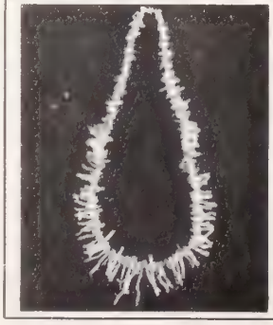
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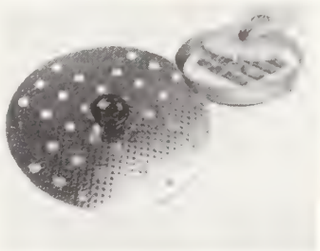
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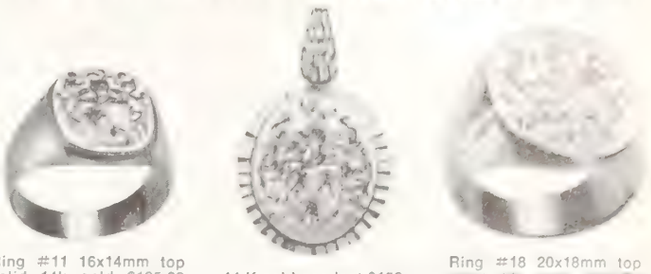
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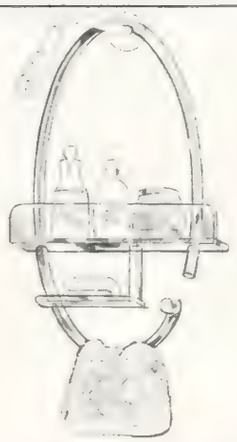
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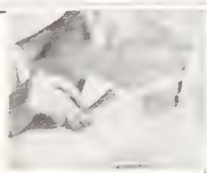
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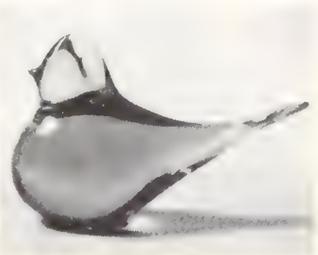
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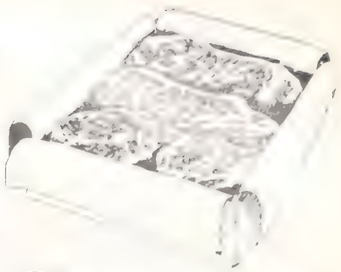
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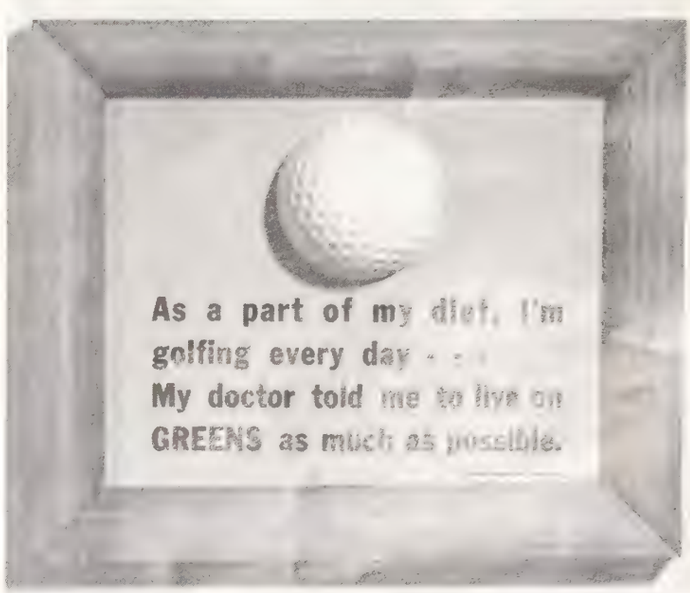
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☐ Double Set $23.50 ☐ Queen Set $27.50

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all 605 verses (illustrated)

A humorous way to give your husband a loving jab of nostalgia is to give him this book that will take him careening back to his courting days. Verse by the Side of the Road is a hard-bound book. Anyone born in the golden age will enjoy this reminiscing. **$4.95**
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The giant Atlas moth with approx. 8" wingspread is expertly preserved and mounted. Enclosed in shadow box 11" by 13" by 2", with gold finish; beige velvet background for moth. $28., ppd. Color leaflet, 25c. Natural History Displays, Dept. P-2, Box 826, Beaufort, N.C. 28516.



TAB TRADITION

Today, as in colonial times, tab curtains add charm and grace. Waverly Meissen stripe, red, blue, green or gold. 80"w. per pr. 54"l. $28; 63"l. $32; 72"l. $34. Add $2 post per order. Catalogue free Swatches, $2. Constance Carol, HG11, Box 899, Plymouth, MA 02360.



BARTENDER IDENTITY

The house bartender caricatured from a photo you send to Bruce Bolind with hair and eye color and your favorite mixologist's name for a 12" by 16" plaque and 6" by 8" caricature. Print name; picture returned with the plaque. $16.95 ppd. Bruce Bolind, HG11, Boulder, CO 80302.



'WAY BACK WHEN

Mini replica of 1900 edition of a Sears Roebuck catalogue—when prices were lowest since 1800! Fascinating what pennies could buy. 388 pages, 4000 illustrations. 5¼" x 7". $2.95 plus 40c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.



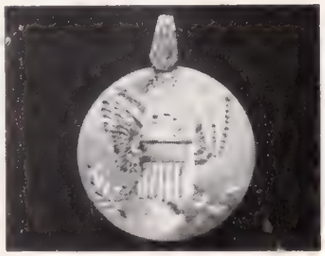
ELEGANT FOR PLANTS

Brass and cherry wood stands are beauties to display plants. Reeded posts, brass claw and ball feet; the cherry is in the turning. 18" h., $79; 20½", $84; 26½", $88; 32½", $92; 38½" $96. Exp. coll. Catalogue, $1. Forbes Collections, HG11, 198 Belden Hill Rd., Wilton, CT 06897.



PLAY IT AGAIN

Useful round table is for games, tea, snacks. With 24" dia. top, height adjusts from 23" to 25". Folds to store; crafted in kiln dried knotty pine. Finished in antique pine, $34.95; kit, ready to finish, $24.95. Add $3 post. Yield House, G611X, N. Conway, NH 03860.



PATRIOTIC PENDANT

Sculptured pendant with the Great Seal of the United States is 1¼" dia. in solid sterling or 14k gold to hang on a chain or ribbon. A handsome piece to wear. $19 in sterling silver, $119 in gold plus $1 post. Heraldica Imports, Inc., G11, 21 W. 46 St., New York, NY 10036.

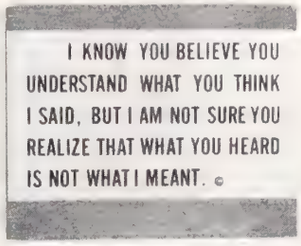
BRASS IDENTITY

Stop racket mix-up and theft with solid brass name plates that have adhesive bonded backs. Stick the plate at the end of the racket handle so there'll be no mix-up. Print names. $2.50 each ppd. Elgin Engraving Co., HG11, 944 Edwards Ave., Dundee, IL 60118.



ATTENTION!

"I know you believe you understand what you think I said, but I am not sure you realize that what you heard is not what I meant." Black letters on golden plate in pine-finish plaque. 4" by 5". $2.98 plus 60c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.



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True work of art painted on fine quality canvas from old or new photograph. Choose from twelve portrait painters. Canvas sizes from 12" by 16" to 30" by 40". From $125 to $1250. Catalogue, 50c. Van Dyke Oil Portraits, Ltd., HG11, 153 E. 57th St., New York, NY 10022.



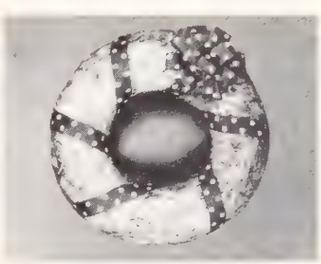
STRAIGHT AND PROUD

Posture maker corrects posture as it holds body straight, shoulders back. Webbing, one size fits men and women. After wearing for a time, body assumes proper posture. $3.98 plus 50c post. American Consumer, Dept. PM-174, Caroline Rd., Philadelphia, PA 19176.



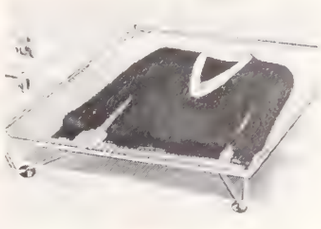
IT'S A LEGEND

Decorate the Scandinavian way. A charming straw wreath is said to attract health and happiness all year. Looped with green or red polka dots on grosgrain ribbon. Outer dia. about 11". Hang it indoors, outside. $5.50 plus $1 post. Fancy That, HG11, Box 172, Halesite, NY 11743.



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Sweaters dry in a breeze on a fabulous frame that lets air circulate through fine net. 24" x 24"; reinforced corners fit over metal frame that's hinged to fold flat. Ideal for stockings. $4.98 plus 85c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.



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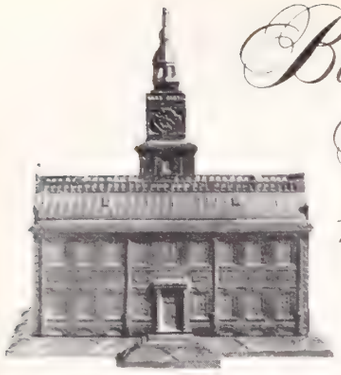
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Bicentennial Bank 1776 1976

The imposing front of Independence Hall is faithfully portrayed in fine detail. The tall height of the bank is 10¾" and it weighs almost eight lbs.

Historical attention in 1976 will focus on Independence Hall, Philadelphia, Pennsylvania, just as it did in 1876, the year of our nation's great Centennial Celebration. This famous building was the site of the first public reading of the Declaration of Independence on July 8, 1776.

Our faithful replica in iron was first cast almost a hundred years ago by the Enterprise Manufacturing Company of Philadelphia - in 1875, in preparation for the Centennial celebration. It is truly one of the most massive and interesting still banks ever created, weighs almost eight pounds, and holds in modern coinage more than $500 worth of silver! The exterior dimensions are: Height, 10¾"; Length 9½"; and Depth, 8".

The Bicentennial Bank is constructed of eight heavy iron pieces, each one individually sand-cast in precisely the manner of the 1875 original. All pieces lock securely together with three nuts and bolts. The tower is removed by releasing one bolt for retrieving coins.

As a constant reminder of our country's struggle for independence, and as a valued keepsake to pass down from generation to generation, possibly appreciating in value through the years, the Bicentennial Bank will be a prized possesion, far beyond the value of the usual commemorative.

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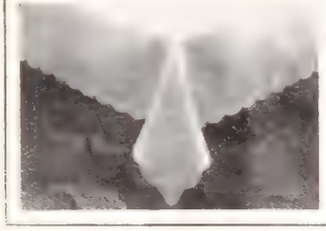
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By daylight, a nifty ballpoint—but whisk it into darkness and it shines! Chrome-plated satin finish pen comes with penlite battery and refill. Great for jotting middle-of-the-night brainstorms. $5.98 plus 50c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.



ONE HUNDRED DOLLS

Great array, 100 unbreakable little dolls representing countries around the world. Includes cowboy, clown, bride, dancer, baby. Styrene and synthetic hard rubber (may be painted). All for $2 plus 50c post. 100 Dolls, Dept. 997, 160 Amherst St., East Orange, NJ 07019.



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Round thermometer hangs outdoors to be read from inside or may be installed indoors. Degrees in fahrenheit and centigrade. 9¾" dia. with weather resistant face, rain shield, mounting hook. $5.98 plus $1 post. American Century, HG1116E, Box 36232, Los Angeles, CA 90036.



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Polyester double-knit filled with bean bag pellets makes an ideal nest for cats or dogs. Pellets retain body heat to keep pets warm and cozy. Blue, brown or red, 17" dia., $9.88; 24", $15.88; 33" dia., $24.88. Ppd. Pet Nests, Suite D-1, 2224 Old Middlefield, Mountain View, CA 94043.



BEER-CAN POLE RACK

Collectors, highlight your beer cans on a 7'9" floor-to-ceiling pole with three removable racks —each holds ten cans. With added racks, it holds 130 cans. $14.98 plus $1.50 post. Extra racks, two for $3 plus $1 post. House of Minnel, Dept. 5116R, 530 Lark St., Geneva, IL 60134.



WHAT'S IN STORE?

Take a look into the future with fortune-telling cards that friends will find fun, too. Each card has a different picture or sign for answering questions on love, happiness, finance. $2.98 plus 30c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

PLANT POT COVER-UP

Stitch blossoms in needlepoint to conceal a 6" pot that holds a favorite plant. Kit includes plastic canvas, acrylic yarns in white, green, yellow, red and purple, needle, $5.95 plus 75c post. The World of Stitch 'n Knit, Dept. 85-21, Box 709, Framingham, MA 01701.



TERRIFIC TOPPER

Quilted nylon topper with polyester fiberfill is both wind and cold proof and machine washable. Oyster white, red, green or navy; 34" long. S (10-12), M (14-16), L (18), XL (20-22). $35 ppd. Write to Johnny Appleseed's, HG11, 50 Dodge St., Beverly, MA 01915.



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Gold-finished aircraft cable key ring holds 25 keys and can withstand a pull of 150 pounds. No links to loosen, no chain to break. Its intriguing twist-lock opens easily, stays closed otherwise. $1.98 plus 30c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.



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A graceful creature captured in a graceful form. Twelve geese run in harmony around a cache pot of white porcelain. Use this charmer to arrange fresh flowers, or for potted plants. 5" h. x 6" w. $14.95 plus $1.95 post. The Patio, HG11, 550 Powell, San Francisco, CA 94108.



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Welded steel step stool is said to support up to 800 pounds, yet folds up to 1" wide. 22¼" h., 17⅜" w. Choose tomato red, sunflower or chocolate baked enamel finish. Non-skid feet. $29.95 ppd. Jeffers Ltd., HG11, 97 Bound Brook Rd., Newton, MA 02161.



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Made for measuring and just 3" high. Marked for 1-oz. and 2-oz. levels, it has the classic thick solid crystal base. Crafted in Europe for spill-free pouring. Ideal gift for the host, $2.98, 3 for $7.98 plus 50c post. Country Gourmet, GNE, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



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Full-color prints of four most popular species reproduced on heavy textured art stock. They include mallards, Canada geese, black ducks and wood ducks. 12" by 16", to fit into any decor. Set of four $20 ppd. The Outdoor Gallery, HG11, 1237-56th St., Delta, B.C., Canada.



Constance Carol

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TAB CURTAINS

Many early American homes had no curtains at all. But those that did most likely had tab curtains. Tab curtains are found here in Plymouth at the windows of houses built as early as 1640. We love them and use them throughout our own weathered saltbox home. The simple elegance of tab curtains makes them as right for the finest Contemporary homes as they are for the most authentic Colonial homes. They are as functional as they are beautiful, sliding easily on simple rods. They do not require expensive and complex drapery hardware. And they are available both in plain natural muslin and in a variety of colors and fabrics to suit your taste.



PILGRIM STRIPE

Natural: Permanent press muslin.
White: Polyester/cotton blend.

TAB CURTAINS LENGTH	About 80" wide 40"	45"	54"	63"	72"
Natural or white	$14	$15	$15	$18	$18
Pilgrim Stripe (Wine, Navy, Moss Green, Soft Gold or Brown on natural or white)	$20	$22	$22	$26	$26
Gingham (Yellow, Green, Brown, Red Blue or Pink)	$14	$15	$15	$18	$18
Meissen Stripe (Red, blue, green, gold)	$25	$26	$28	$32	$34
BALL FRINGE CURTAINS					
Natural or white	$11	$12	$12	$13	$13

Valance 10" by 80" each $3.50
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Set includes two brackets made from birch, four nails and a 36" by 48" (specify) wooden rod.
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Allow 1" per yard shrinkage. Money back guarantee.
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Send check, money order, American Express, BankAmericard or Master Charge, including all numbers and signature.
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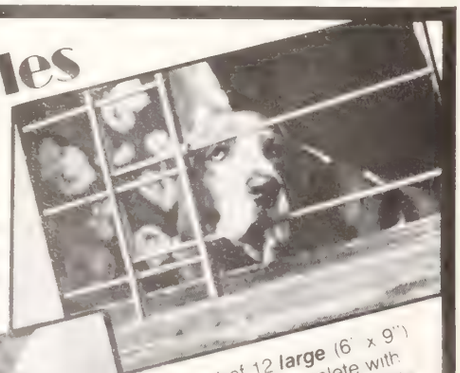
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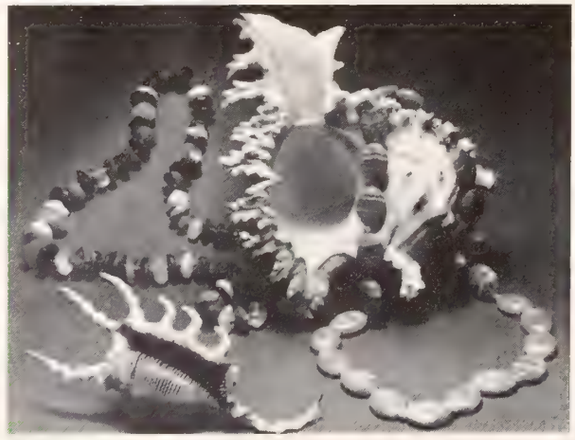
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Bicentennial commemorative. Three-color portrait cameo of George Washington in Wedgwood Jasper tops solid silver hinged box by Churchill Mint. Limited edition (490 serial numbered). Hinged box 1¾" dia., $85 ppd. John Sinclair Ltd., 266 Glossop, Sheffield, S10 2 HS, England.



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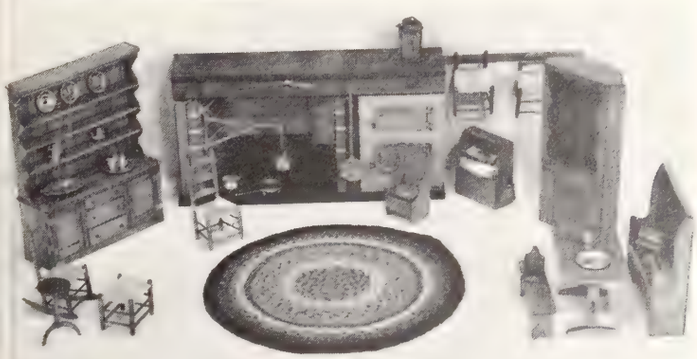
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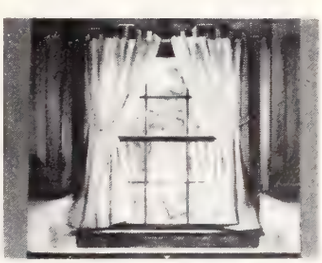
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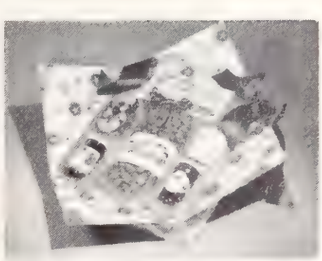
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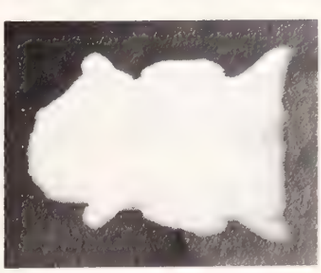
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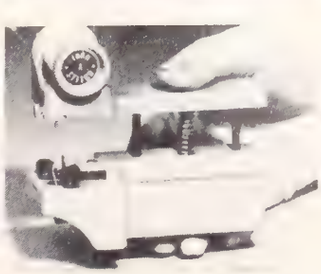
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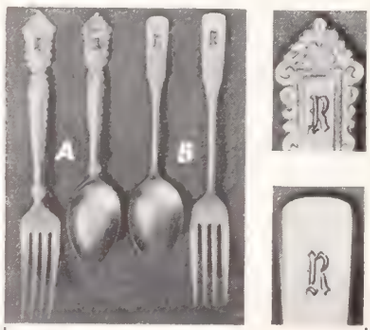
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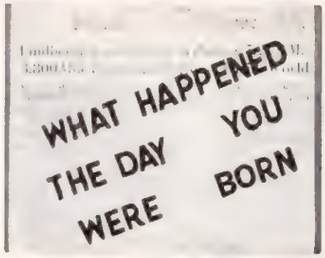


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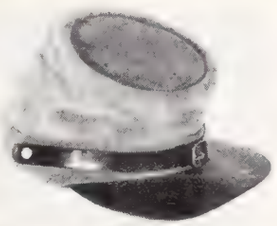
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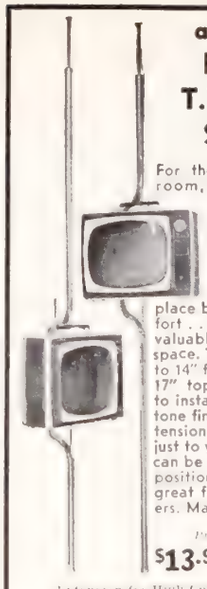
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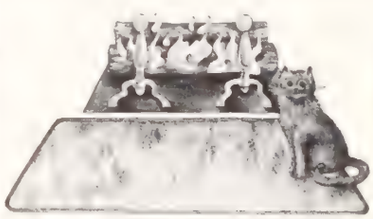
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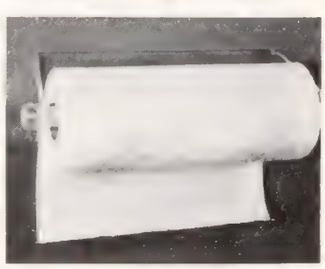
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Adjustable green plastic visor permits sports enthusiasts who must wear glasses to see everything clearly no matter how bright the sun. Visor eliminates glare and is easy on the eyes. $2.98 plus 30c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.



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A genuine Bentwood rocker. An authentic style in walnut-finish; hand-woven natural cane back and 17″ by 18″ seat. Height 41″, width 22″. Easy assemble. $99 plus $7.50 shipping chg. West Bank Furniture Works, HG11, 118 N. Clinton St., Chicago, IL 60606.

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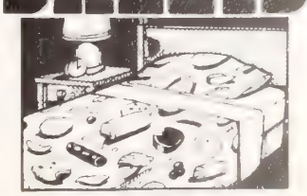
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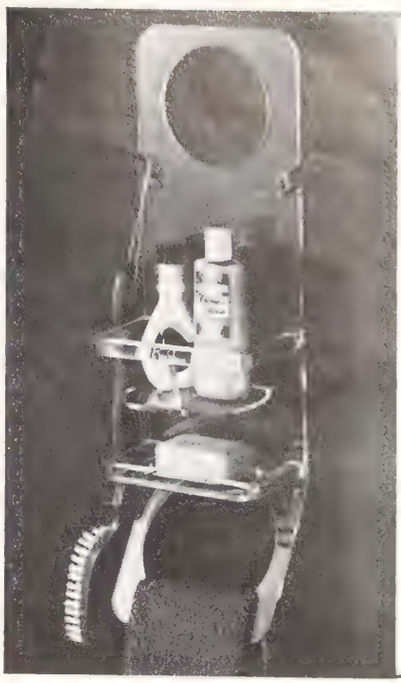
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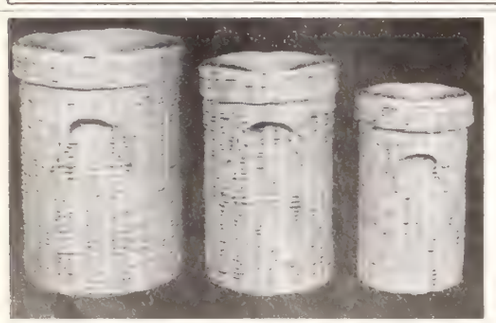
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Napkin Rings by Creative Presence

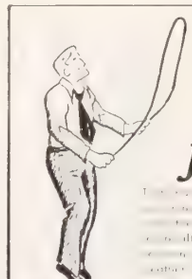


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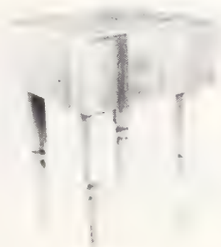
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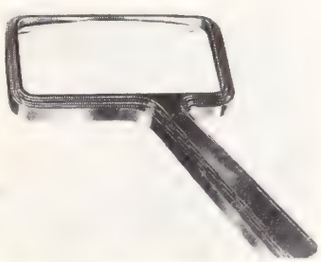
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EASE FOR EYES

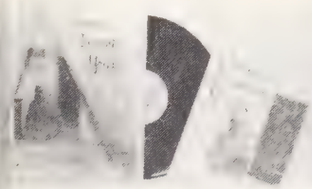
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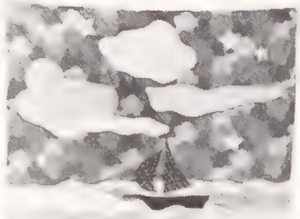
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SQUARE CUPOLA

Assembled, white-painted pine. 16" base, 20" at roof line, 25" base to peak. Aluminum-roofed $29.50; copper, $32.45. Add $5 UPS. Black aluminum vane 18" l. Flat or peaked base. $16.50 ppd. (with cupola $13.95). Cape Cod Cupola Co., HG-2, 78 State Rd., N. Dartmouth, MA 02747.



QUILTERY KITS

Your stitches quilt authentic Audubon bird prints. Hand-screened cotton, from England, brown velveteen backing. Mossy greens, soft blues, browns and rust. 11" by 15". $9.50 plus 80c post. Salter Path, HG11, Shandy La. RFD 3, Box 346B, Wilmington, NC 28401.



OPTIC OPERA AIDS

Folding opera glasses. Slip into handbag or pocket. Sports fans, theater buffs, ballet bugs love them. Makes balcony seats seem like first-row center! Chrome plated, 2.5 by 25 m/m. $5.98 plus 60c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.



WALLFLOWER

Colorful wall phone is compact, comes with dial, ready to use. In white, ivory, beige, harvest gold, pink, $18.88; bell, plug and cord $5 extra. Add $2 post. Color catalogue $1 (with credit on order). The Great Phone Company, HG11, 5404 Northfield Rd., Cleveland, OH 44137.



PANEL THISTLE LAMP

Votive light sheds lovely glow through 100-years-old design. Use it to welcome guests, as a night light. 7" h. by 4" dia. Has original Bee mark. 3-pc. lamp with candle $17.95 plus $1.85 post. Artisan Galleries, HG11, 2100 No. Haskell Ave., Dallas, TX 75204.



This Johannisberg Riesling, from California's San Martin Vineyards, is one of the finest currently available in California. Its straw color and strong varietal nose combine exquisitely to offer a delightfully delicate fruity taste.

From the Gundloch-Bundschu Vineyards (est. 1850) comes this full bodied robust Zinfandel, a superb young wine we recommend you buy now and enjoy in the months to come. If you already have a favorite California wine we can ship that to you as well!

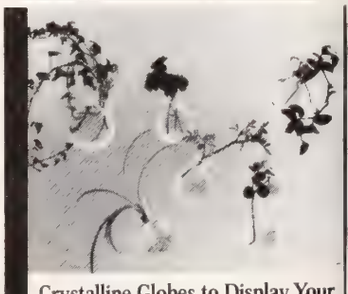
Johannisberg Riesling	**$40.07/case**	**Calif. add**
Zinfandel	**$45.22/case**	**$3.75 shipping**

From the pure bubbling waters of Garrapata Creek, just south of Carmel, come the Garrapata Trout. Raised in a totally natural environment, these unique trout develop an excitingly delicate taste reminiscent of your last "Lost Wilderness" camp. Smoked to perfection, they are sure to delight the palates of all connoisseurs. Full box of 16 fish weighs 4-4½ pounds.

	Calif.	Other	
Full Box	**$23.00**	**$25.00**	**prices include**
Half Box	**$ 9.95**	**$11.95**	**shipping**

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Our delicate glass spheres are designed to beautifully display your favorite house plant cuttings and cut blossoms from most wall or window moldings.

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Single (3-1/4" globe)	$3.45 ppd.
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Triple (2-5/8" globes)	$4.95 ppd.
One of each	**$11.95 ppd.**

Ava Rice, P.O. Box 490221
College Park, Georgia 30349

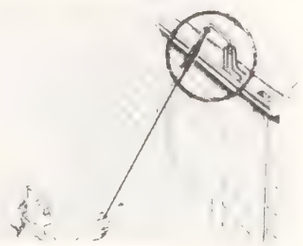
DONKEY FOR '77

No political animal this, but a winsome fellow bedecked with bright flowers against a flag blue ground. Festive donkey is white on blue ground. Just the one to brighten every day of the year. Pure linen. $2 plus 50c post. Hedenkamp, HG14, 361 Broadway, New York, NY 10013.



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Clean leaf-clogged gutters fast while standing safely on terra firma. Unclogs, so water flows to downspout. Rustproof metal, strong plastic handle grooved to insert broom handle for far reaching. $3.99 plus 80c post. World Company, HGE, 606 E. State St., Westport, CT 06880.



CEILING FAN

Natural air cooling. Adaptair adjusts angle of blades (on 52" only). 2 speeds. 5 yr. guarantee. 52" fan with adaptair lever $279; without, $239. 36" fan $159. Light Adapter kit $16. Free brochure. The Ceiling Fan Gallery, HG 11, Indian Neck Lane, Peconic, NY 11958.



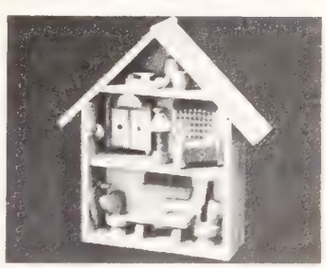
MIGHTY EAGLE

Golden metal eagle is not only handsome as a paperweight on a desk, but he's a functional stapler, too. Appropriate with modern or traditional decor. 4½" h., 4" l. We've ordered one for our college nephew. $6.98 plus 80c post. Stratford House, HG11, Box 289, Stratford, CT 06497.



TWO ROOM HOME

Natural beechwood house has two rooms plus an attic and is furnished down to checked curtain. 10⅛" h., 2⅜" deep, stands alone. 13 movable pieces including plates, barrels, sled. $12.98 plus 75c post. Lillian Vernon, Dept. GNE, 510 S. Fulton Ave., Mt. Vernon, NY 10550.



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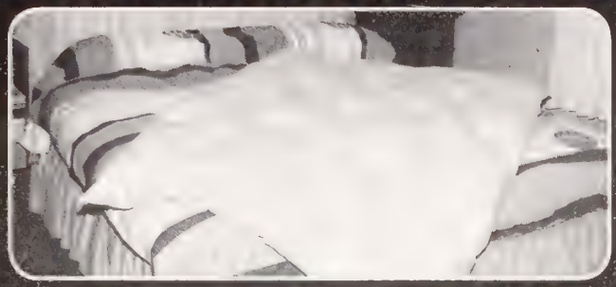


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Used for centuries and widely used in Europe today, Providing warmth without weight that will amaze you.

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- Are full goose down from white geese that will eliminate the need for other blankets or electric blankets.
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- Cases are scientifically stitched for easy and life prolonging flow of down within the case.

Downs by VEERMAN will be a practical decorative element in your bedroom that can reduce your bedding needs to one goose down blanket plus your present sheets. (See our brochure for ideas.)

Downs by VEERMAN are imported in twin size only, because, for greatest effectiveness, the goose down blanket must snuggle around the body.

Price per goose down blanket: $140.00 within the U.S.A. & Canada, includes shipping and insurance. (California residents add $8.00 for sales tax.) Please allow four weeks for delivery. All blankets are accompanied by a brochure explaining the use and proper care of your Downs by VEERMAN blankets as well as useful decorating suggestions.

Send Check or money order to: **Downs by VEERMAN,** 555 Sutter St., San Francisco, California 94102

Those who are in doubt: Write for free brochure.

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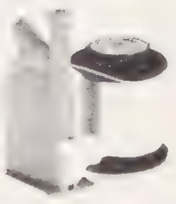
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SHOPPING AROUND



BAMBOO SERVER

We regard bamboo as adding elegance to furniture. Serving cart with smoked or clear glass shelves, 27" l., 18" w., 32" h. Hooded ball casters roll easily over floor surfaces. Brass or nickel plate finish. $119.75 ppd. St. Nicholas Boutiques, HG11, Santa Claus, IN 47579.



EYESIGHT SAVER

Do you find the eyes of needles growing smaller? Needle threader consists of a plastic funnel into which the needle is dropped, spindle to transfer thread to needle, blade to cut thread. $1.98 plus 30c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.



FIVE SCISSOR SET

Precision-made scissors, sharp nickel blades. Includes 6" all-purpose; 5" sewing; 3½" manicure; 3½" embroidery and 3½" grooming. Case with thread, needles, threader. All, $3.98 plus 50c post. American Consumer, Dept. SEW-46, Caroline Rd., Philadelphia, PA 19176.



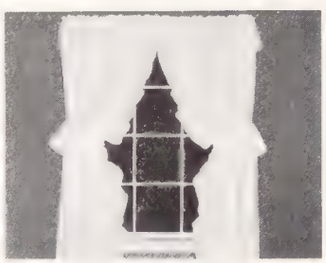
NAME PLATE

Identify that bike, trike or wagon with a small fry license plate. Heavy steel in baked enamel colors. Specify name or nickname up to eight letters 7" by 2⅜". Great gift idea. $1 ea. plus 50c post. Best Values, HG11, 160 Amherst St., East Orange, NJ 07019.



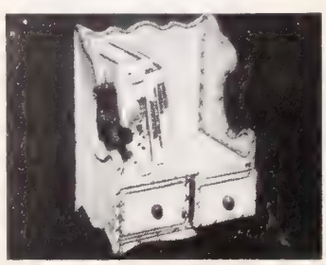
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Slip-on sun shields turn your regular, prescription eyeglasses into sunglasses for comfortable, cool vision. Smoke-gray light plastic. You save money. No need to buy sunglasses. $1 plus 20c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.



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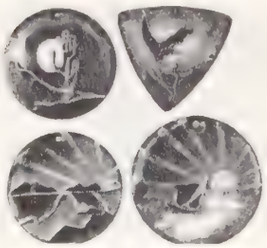


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Rattan shelf plus drawers puts cookbooks and odd recipes at the ready. Shelf holds several big cookbooks. The drawers are ideal for recipes on file cards. 13" by 9" by 17". $29.95. Add $2 post. Catalogue, 25c. Fran's Basket House, HG11, Rte. 10, Succasunna, NJ 07876.

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Brushed denim jeans designed for adults. Machine washable and dryable. Need no ironing. Denim blue, faded blue, camel, white. Sizes 30, 31, 32, 33, 34, 36, 38, 40, 42. Lengths: S-30, M-32, L-35. $18.95 ppd. Chesapeake Bay Trading Co., HG11, Box 5879, Pikesville, MD 21208.

SUNLIGHT GLEAM



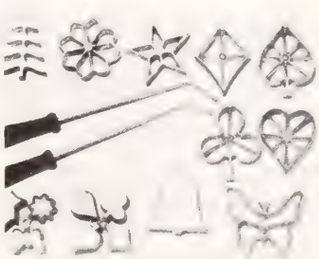
Genuine gem amethyst necklace, entirely hand-made, with hours of hand-polishing to make rich violet hues shine like the sun. Certain to enhance any jewelry collection or any wardrobe. 18" long. $12.50 plus $1.25 post. Rarities, HG11, 256 So. Robertson, Beverly Hills, CA 90211.

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A full color poster blown up from your color photo slide. 14" by 17", $4.50; 20" by 24", $7.50; 24" by 36", $12.50; Add 50c post. ea. If you send slide or negative add $1 ea. size. Lamination up to 2 ft. by 3 ft. add $3. Congers Color Labs, HG11, Congers, NY 10920.

FOR FESTIVE COOKIES



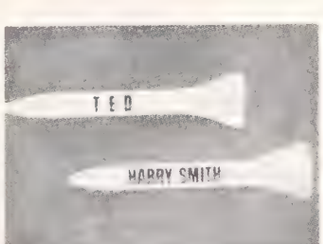
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TEE TOPPING



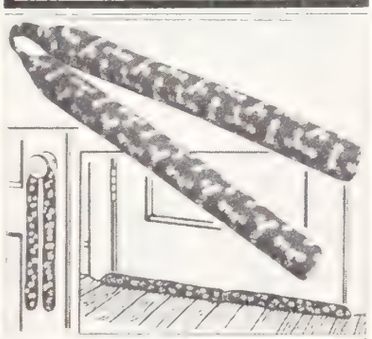
Golf tees marked with a name give golfers a real sense of identification and somehow they don't disappear as unmarked tees do. Box of 50, $5.95 plus 50c post. (Specify) Orders received by Dec. 18, guaranteed for Christmas delivery. Teego Industries, HG2, 8 Sterling Ave., Yonkers, NY 10704.

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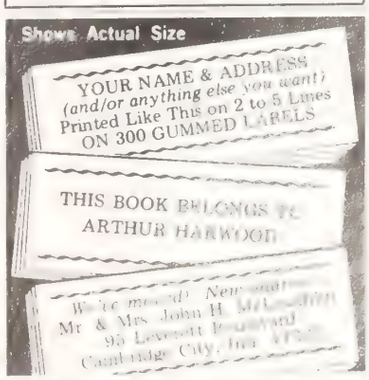
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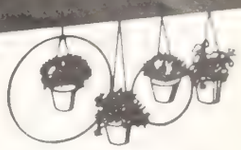
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House Plant Care

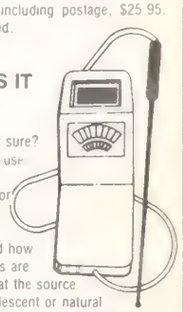
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3 TAKE IT EASY

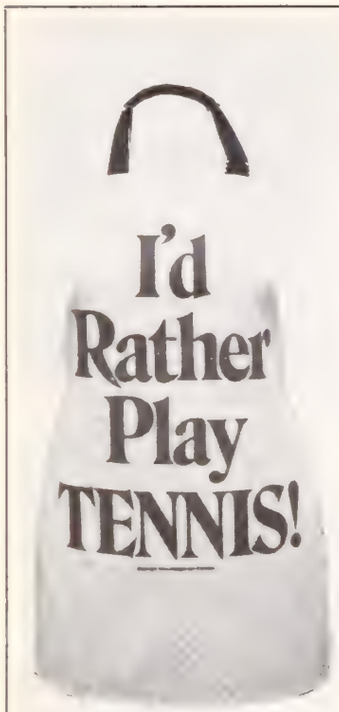


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- ___ Bless This Mess
- ___ I May Be An Oldie But I'm A Goodie!
- ___ Who Invited All These Tacky People?
- ___ To Hell With Housework
- ___ Eat At Your Own Risk
- ___ Bitch Bitch Bitch
- ___ Just Don't Forget Who's Boss
- ___ A Man's Got To Believe In Something: I Believe I'll Have Another Drink
- ___ Sexy Senior Citizen
- ___ Coffee Tea Or Me?
- ___ Don't Expect Miracles
- ___ For This I Spent 4 Years In College?
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- ___ When You're As Great As I Am, It's Hard To Be Humble

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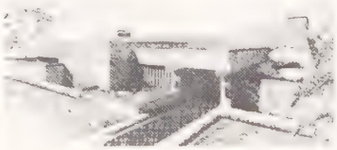
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A hand painted portrait of your favorite pet, painted on a 14"x14" (French No.14) needlepoint canvas. Send us any clear black & white or color photograph or Snapshot, along with check or money order for $25. Goudreaux Portraits 3231 Primera, L.A., CA. 90065 (Calif. residents add 6% sales tax)

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SHAKER CHARM

Candle sconce and brass candle holder. Crafted of solid cherry and finished in light buckwheat honey or dark cherry. 11½" high by 6" wide by 5" deep. Sconce $20.50; candle holder $8.50; both $29. Ppd. Carl Forslund, HG11, Pearl St. at the River, Grand Rapids, MI 49502.



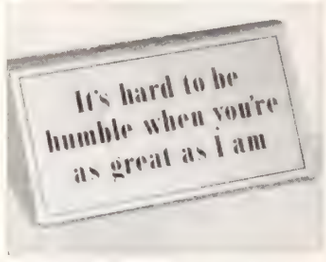
SLEEP IN LUXURY

Lace trimmed or plain knitted nylon-satin bedding in 11 colors; machine washable, dryable. Matching shams, dust ruffles and comforters available. Complete sets, all sizes. From $23.75. Brenna Mills, HG11, 16168 Beach Blvd., Suite 251, Huntington Beach, CA 92647.



WINTER NECESSITIES

Collapsible shovel and windshield scraper may be tucked away in a corner of the car trunk until needed. Shovel has sturdy fold-down handle, high impact plastic head. $9.20 ppd. Sleepy Hollow Gifts, HG11, 6651 Arlington Blvd., Falls Church, VA 22042.



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Gold-colored metal desk plaque proclaims in black lettering: *It's hard to be humble when you're as great as I am.* No false modesty or is it ego-assuaging? 4" by 4" solid walnut stand. $2.98 plus 60c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.



HOUSEHOLD HELPERS

Two products keep home odors neutralized and remove pet stains from carpet. Urine-out: 8 oz., $6.45; Kil-odr, 8 oz. spray bottles and concentrate, $6.45; (makes 32 oz.) Add $1.50 post. per order. Cleancraft, HG11, 2922 Santa Monica Blvd., Santa Monica, CA 90404.

From BICENTENNIAL City



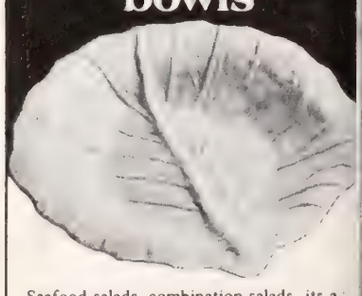
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The Bell that proclaims the Liberty of America and the symbols of freedom. The Bell that rings the Birth of a new Nation 200 years ago. The historical Liberty Bell and the 13 original States that proclaimed independence in 1776, each represented by a star with its name in it, are meticulously hand printed on the watch dial, with Paul Revere riding on a horse around the watch tirelessly once every 60 seconds! Amazingly low priced, **$19.95** plus 1.00 post. Catalog sheet available of 19 other Bicentennial designs for men and women.

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SHOPPING AROUND

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Metal sculpture cart, burnished coppery finish. Barrel has plastic insert, holds flowers. Little flower pot has sculptured metal flora design. 7½" x 4" x 4½". $6.50 ppd. (duty free from U.S.) Denijac International, Dept. HG-10, 2593 Bretagne (1), Quebec, P.Q., Canada GIV 2H4.

STOOP STOPPER



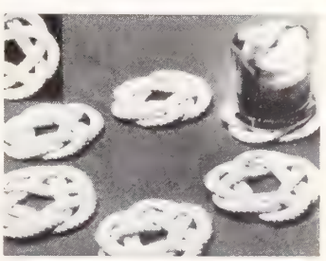
PiPeer shoulder brace; lightweight, puts posture on the straight and narrow. Three-ply ventilated material; padded invisible arm bands. Men measure around chest; women below bust. $6.95 plus 75c post. Piper Brace, Dept. HG-116SH, 811 Wyandotte, Kansas City, MO 64105.

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Typical indoor lantern with glass globe is one of many available in traditional shapes, sizes and styles. Metals used include copper, brass and pewter. Illustrated lantern is 21½" h. and 15" w. 48 page catalogue, $1. Heritage Lanterns, HG11, Sea Meadow Lane, Yarmouth, ME 04096.

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NEEDLEPOINT ORNAMENTS

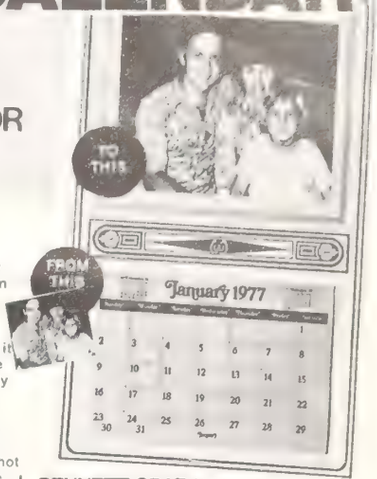


Lollipop, gingerbread man, gingerbread house, drum, teddy bear, soldier, candy cane, snowman—design on canvas. Persian Paterna wool, needles, backing. 3½" to 5"h, $2.50 ea. Any six, $12.95. Add 60c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

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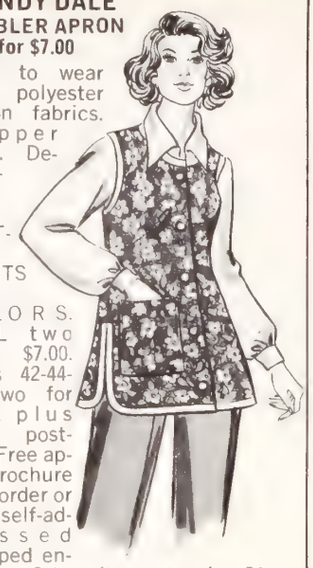
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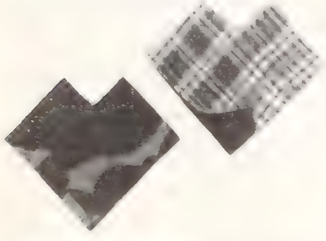
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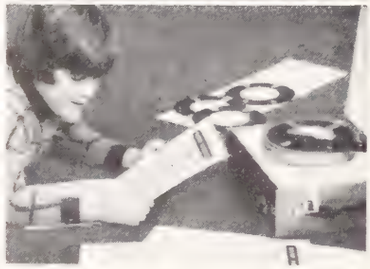
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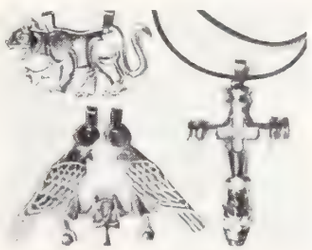
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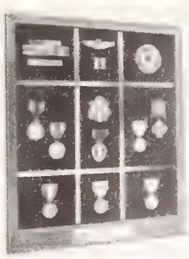
Imported from France, suspended from a leather thong. Puma 3″ l., 1⅜″ h., $19.75; Divine Egyptian sparrows, 4″ w., 2¾″ h., $25.75; Hammer of Thor, 2″ w., 3½″ h., $25.75. Ppd. Catalogue, 35c. Brenlyn House, HG11, Box 3423, G. C. Sta., N.Y., NY 10017.

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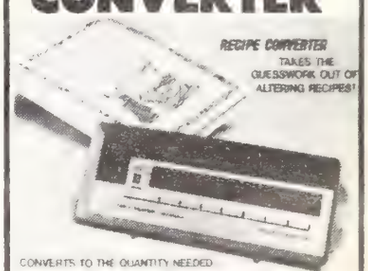
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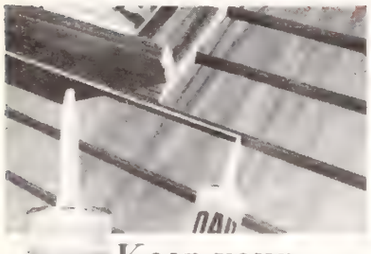




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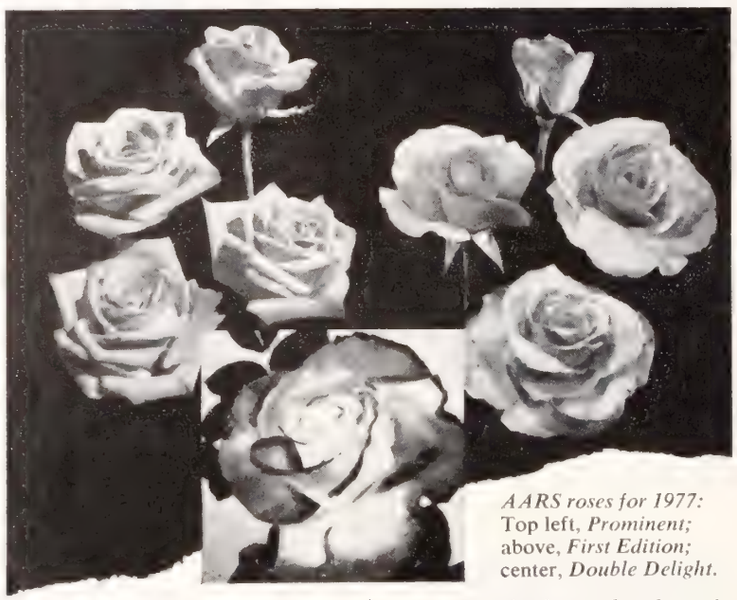
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Books, plants and planters, and gadgets for green thumbs, plus the three new 1977 All-America rose selections

By James Fanning



AARS roses for 1977: Top left, *Prominent;* above, *First Edition;* center, *Double Delight.*

Rosy future: The All-America winners

There are three All-America rose selections for 1977, all available for ordering now to plant next spring (or to send to a rose-lover as a late-arriving Christmas gift). Double Delight is a huge, strong-stemmed hybrid tea, with white petals edged in a red that spreads as the flower ages until it finally suffuses the whole blossom. First Edition is a low, spreading floribunda, with heavy clusters of coral-pink flowers. Prominent, a grandiflora, makes a tall bush with long-lasting, handsomely shaped, bright orange flowers. Although two of these new roses are of European origin, the All-America designation is appropriate, since all have been tested and approved under a wide range of American conditions. The 1977 selections, as well as those of earlier years, are available fom Jackson and Perkins, Medford, Ore. 97501, whose catalogue is free. And an old rose that deserves to be better known is Sea Foam, a hardy and disease-resistant shrub with arching canes and clusters of white flowers throughout the summer. Sea Foam is available through Star Roses, West Grove, Pa. 19390; the catalogue, free for the asking, lists the All-Americas and many others.

Posied pachyderm

One of the brightest new ideas for an indoor planter comes from India. Copied from an historic sculptured elephant, the ceramic planter is 6 by 12 by 12 inches, with openings to take as many as 18 narcissus or other bulbs, and plenty of room inside for sphagnum moss to accommodate the roots. If you give it for Christmas, fill it with bulbs yourself, so the receiver can have January blooms. From J. Lowell Groves, 19 Child St., San Francisco, Cal. 94133; $75 plus shipping charges.



J. LOWELL GROVES

This flower-ladden ceramic elephant is just the right size for a table centerpiece, has root-room for bulbs or other flowering plants.

Perfection's the subject

The devotion to gardening Ralph Bailey, late Garden E of House & Garden, was and tinues to be an inspiration to ev one who ever worked with In *Planning the Perfect Ga* (Good Housekeeping, $9.95) vin McDonald takes a large toward passing the inspira along to other gardeners. Base Mr. Bailey's *Encyclopedia of dening,* this book presents a lection of particularly hands gardens, with plans for mos them. A plant-finder section extensive lists of plants for e possible location or use.

Noel notion

Just right for the heel-to- length of a Christmas stockin *The Good-Humored Gardene* Treeske Blase and Anneke H mann ($7.50, or $8 by mail, f The Yeoman Group, 320 42nd St., New York, N.Y. 10 Each of the book's tall, sle pages is devoted to a single dening subject. Line drawings phasize the points covered sprightly humor and sound ga sense. Leaving no petal untur the two young ladies consider often-overlooked subjects as sages, screens for skinny-sunr and the relationship between h plants and architecture, light humidity.

A case of graft

The third edition of *Plant Pr gation,* by Hudson T. Hart and Dale E. Kester (Prentice- $17.50), has recently come Technical enough to be used college text, the book also plenty of down-to-earth info tion for everyday gardener covers, in complete detail, pr gation by seeds, cuttings, gra and budding, layering, and sion. Even the recently devel process of meristem propag —which calls for elaborate lab tory equipment—is explaine detail. Topics are illustrated photographs or line drawings.

Celebrating the walnut tree



cluster of black walnuts is all landscaping this house requires.

ack walnut is one of the most agnificent of American trees. ative to the northeast, *Juglans gra* may grow 100 feet or more gh, with a straight trunk and gh-branched, spreading top. Its gged bark and heavy-textured anches are picturesque at all nes of the year, and the large, rny leaves cast a fine summer-me shade. The nuts, of course, e the black walnut's best-known oduct, but its wood is also un-ralleled for cabinetmaking—so much in demand, as a matter of fact, that a considerable trade in pirated logs has grown up recently. A widely circulated slander has it that black walnuts poison the soil around them so that nothing else will grow there. Fact of the matter is that the roots contain a poisonous material called juglandin. This has an adverse effect on any of the tree's own seedlings that may try to grow near their parent, but other kinds of plants are no more affected than they would be by the spreading shade and hungry roots of any other large tree. Black walnuts need plenty of space and a deep, well-drained soil, but have few pests or diseases.

Mothers are likely to complain about the stained hands of children who try to shuck the nuts while they are still green and juicy. This problem is easily solved by letting the nuts dry until the staining effect is gone. Cracking the inner shell to get at the kernel may be something of a problem, too. Improved, easy-shelling varieties are available, though, so choose one of these. Several varieties, as well a other nut trees, may be had by mail order from Stark Brothers Nurseries. Its catalogue is free—write Stark Bros. Nurseries, Louisiana, Mo. 63353.

Hot spots in pots

ouse plants outdoors for the sum-er inevitably get rather spotty atering. A hot, dry spell, particu-rly, may mean that the soil in ots has baked dry while the gar-ner was otherwise occupied. hen this happens, pockets of soil ay remain dry even after a thor-ugh watering—the water runs ist the dry pocket without pene-ating it. So, if water runs out of e bottom of a pot sooner than ems normal for the plant in ques-on, it probably means that the il is absorbing moisture uneven-. To remedy this situation, dunk e pot in a tub or bucket with ough water to come up to the m and leave it there until air bbles stop coming out of the soil. on't be surprised if you have to ld water to the bucket to keep e level up to the pot rim—a ried-out pot of soil can absorb a t of water. Afterward, resume atering on a normal schedule.

How much rain?

's hard to tell about rainfall. A hole string of rainy days may oduce no more than a trace of oisture in the soil, doing no good all to thirsty gardens. So the ise thing to do is measure the in as it falls and be prepared to ake up for any deficiency that may occur. Newest and most effective way of doing this is with the digital rain gauge shown on page 153, a useful gift for gardeners. Cleverly designed, this battery-powered gauge functions by means of a cup that empties itself whenever a tenth of an inch of rain has fallen, at the same time making an electrical contact to register on the indoor indicator. It can show cumulative precipitation all the way up to a thousand inches, or be reset after every shower. Price $49.95.

Keep on the grass

Lawn grasses do some of their most active growing in late summer, when cool nights and increasing moisture give the plants a chance to make up for time lost in July and August. The best way to bring grass to thriving health for the fall season is to apply fertilizer now. Since the past several months of mowing have removed so much of the grass plants' leaf growth, they need nitrogen more than anything else, so use a mixture relatively high in that element—10-5-5, for example. Of course, fertilizer should be spread when the grass is dry, then watered in. And don't forget the rule for mowing: No more than ⅓ of the growth should be cut off at any one time; so cut often when growth is rapid, as it will be after fertilizing.

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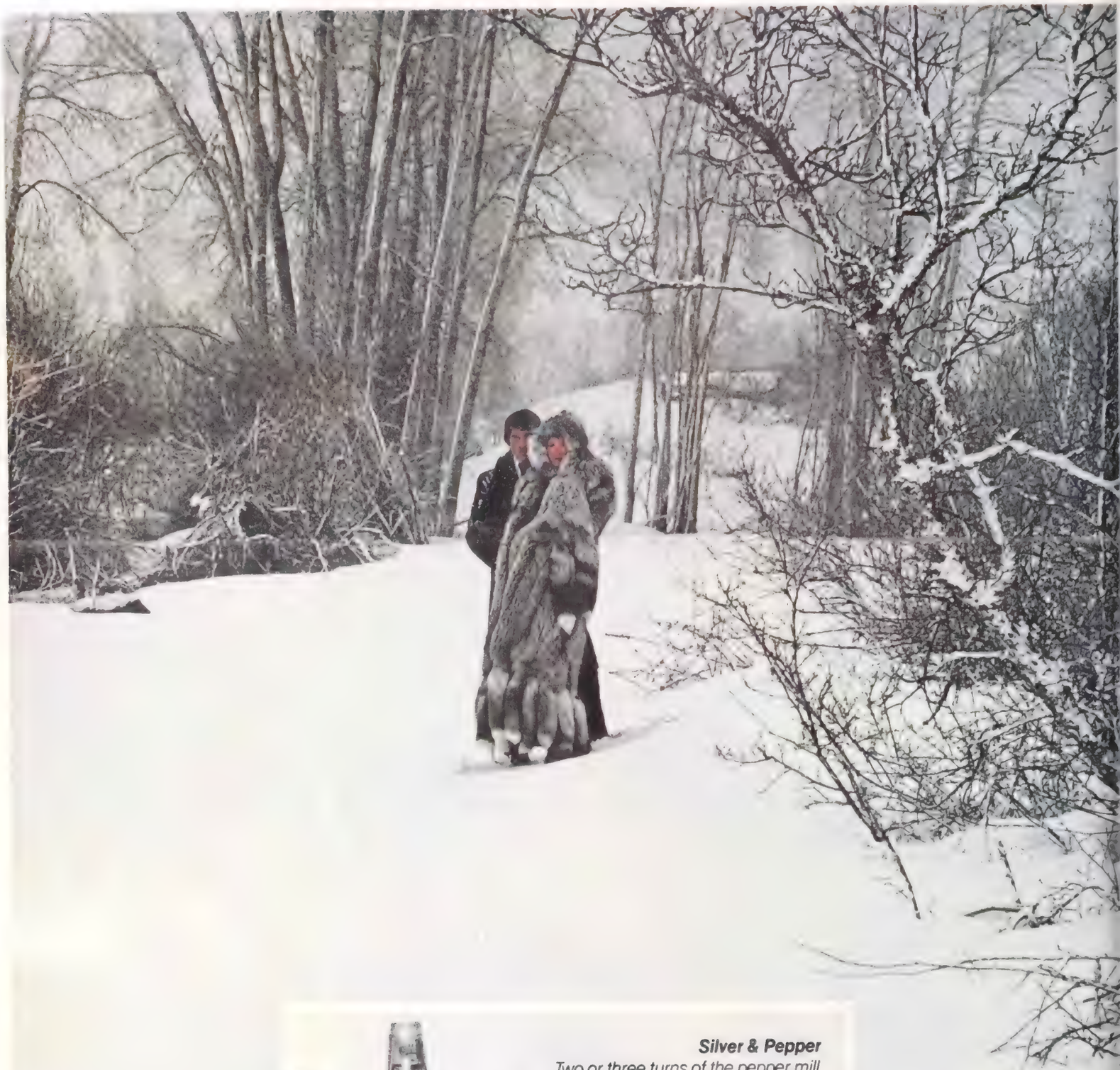
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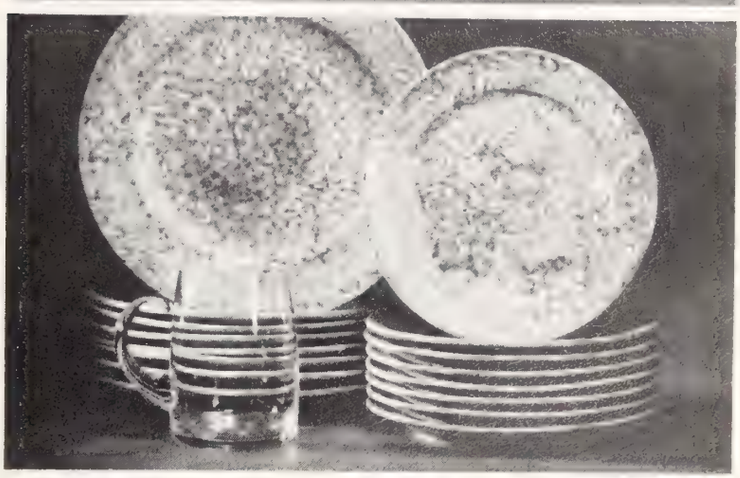
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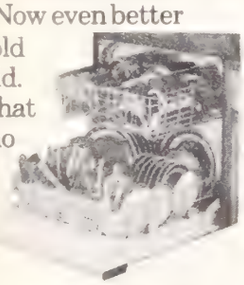


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BEAGLE

ON THE COVER: Christmas magic for a cozy red library—a jewel of a Christmas tree heaped with golden tinsel ropes and beaded chains. Tucked into all the tinseled niches are treasures the owners, Mr. and Mrs. Eugene Kennedy, Jr., have collected from travels and boutique browsing—Peruvian knitted dolls, tiny rush baskets, embroidered horses from India, Mexican straw dolls, Irish rush figures, Scandinavian wooden stars, plus an intricate American Indian fabric doll who inspired the merry company of gingham ornaments Mrs. Kennedy sewed herself: calico cats, gingham doves and angels copied from 19th-century weather vanes, pink-checked elephants and piglets shaped after antique cookie cutters.

To sew your own ornaments, cut your own paper pattern, sew both cut fabric pieces together wrong-side-out, leaving "stuffing space" at top. Stuff with Dacron fiberfill, sew up top, sewing in gold twine hanging loop. Every ornament gets a bow, the treetop angel a sash of long ribbons to wind about, maypole style.

Under the tree, a host of presents wrapped in bright papers and wallpaper remnants, plus baskets of Mrs. Kennedy's homemade jams and jellies. In foreground, an edible centerpiece present: oranges and kumquats in a handpainted basket. And, unfazed by it all, Jefferson the cat.

DECEMBER, 1976

CHRISTMAS MAGIC

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CHRISTMAS HOW-TO



JAMES MATHEWS

Branching out

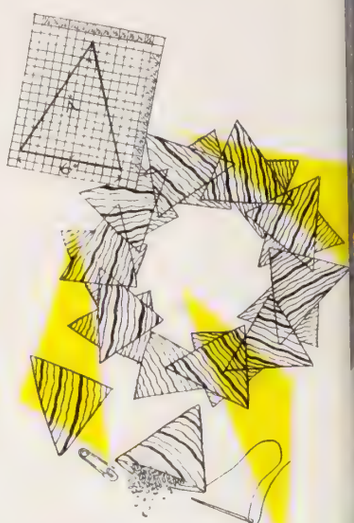
Your Christmas tree doesn't have to be evergreen. But it needn't be plastic either. Take a leafless tree branch and spray it with flat white paint. String tiny Christmas tree lights around the branch to give it sparkle. Then add star decorations, cut from sheets of transparent acetate or matte silver paper (from the art supply store.) Thread on stars with Christmas ornament hooks. Stand the tree in a flowerpot filled with earth, sand, or gravel. The idea comes from graphic designer Gill Redfern.

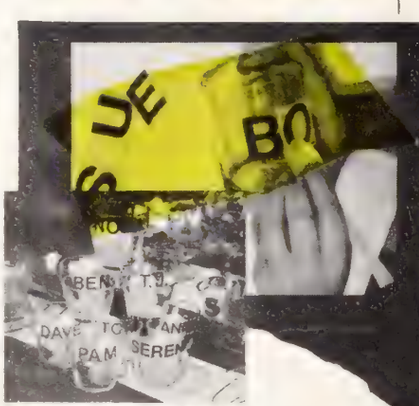
A Christmas sachet wreath

A fragrant idea: A wreath of sachets you can sew from sheeting. Each fabric triangle is filled with your favorite potpourri. Why not keep the bottom layer of sachets for yourself, make the top layer as giveaways for friends? For a 15-inch wreath you need:

- 1 twin-size flat sheet, Martex Streamers
- Paper ruled into ½-inch squares
- Potpourri or pine-needle filling

To make: Enlarge and transfer the triangle shown here onto paper ruled into ½-inch squares. Use the enlarged triangle as your pattern, and place it on top of the sheet folded with right sides together. Pin pattern in place. Cut 20 double triangles. Stitch triangles together, allowing ¼-inch seam, and leaving a small opening in one side for turning and stuffing. Trim all seam allowances at corner. Turn triangles right side out and steam-press. Stuff triangles, close openings. Form a circle of 10 triangles, tacking them together with top point under each base. Pin remaining 10 triangles to top circle, making stars. Idea by Janet Roda.





CHRIS ROLLINS

Setting the holiday table

We have initialed stationery, monogrammed slippers, name-printed T-shirts. It's the table's turn; here is a personalized centerpiece to delight your holiday guests. Each glass containing a candle has a guest's name on it. When the party's over, everyone takes his or her own glass home. *To letter glasses:* Get instant type sheets (about $4 a sheet) from your local art-supply store. Cut out each letter of a guest's name, transferring type with a pencil onto the glass. The table photographed here shows Ecology 14 glasses by Toscany. It was photographed at Burdine's, Miami, Homeworks Department.

Picture me upon your tree



Instant snapshots (framed) with ribbon make Christmas tree ornaments

Tired of the usual Christmas tree ornaments? This year, make a people tree. Use an instant camera to snap family and friends as they come to your house during the holiday season. Then frame the snapshots with ribbon and hang them on the tree. Along with a Polaroid SX-70 you need:

- Plenty of SX-70 film, which develops color prints in 8 minutes.
- Flash-bulb cartridges
- Rubber cement
- Strips of 1-inch-wide ribbon in 4½- and 3½-inch lengths
- Strips of ¾-inch-wide ribbon in 15-inch lengths (for bows)
- Wire Christmas ornament hooks
- Scotch tape
- Gift wrapping cord

To frame photos: Paste ribbon strips along each edge, leaving half the width of ribbon hanging over. Fold around picture and glue similarly to picture back. Make bows from 15-inch-length ribbon. Attach bow with loop of Christmas cord, Scotch-taped to back of print. Hang on tree with Christmas ornament hook. *Picture-taking tip:* Avoid shooting toward mirrors or shiny surface, or you will get flash glare in the photo.

Holiday loop-the-loop

An evening's project, this ribbon tree. Make it as a gift, or to decorate your dinner table. Fill loops with candy surprises. You need:

- 9-inch Styrofoam cone
- florist's wire picks (available at florist shops)
- 5½ yards green velvet or gingham ribbon, 2 inches wide
- 4½ yards same ribbon 1 inch wide
- 4 yards Christmas gift yarn

To make: Break florist's picks in half and rewind wire around short pointed half. Measure and cut green ribbons into 4-inch lengths. Fold each length in half and make loop. Attach to pick, twisting wire around securely. Tie on yarn bows for a trim finish. Working around base of cone, push in a row of wide ribbon loops, side by side. Repeat procedure above, with narrow ribbon loops. Continue in this way, alternating rows of wide and narrow ribbon loops up the cone.

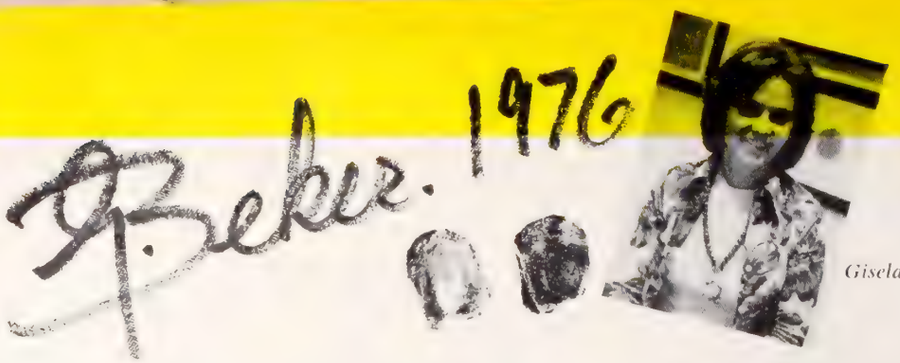


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LIVING

To catch a thief: art forgeries



Gisela Beker and fingerprints

How do you know the Monet you peer at on the museum wall is really a Monet? Is *The Night Watch* certifiably by Rembrandt? Art forgeries have provided frustration for collectors and fun for almost everyone else for hundreds of years, with names like Hans van Meegeren and Elmyr de Hory becoming nearly as famous as the artists they so brilliantly copied. England is currently agog with the revelations of Tom Keating, a colorful character who has been palming off watercolors as authentic Samuel Palmers (the 19th-century British artist) to gullible art dealers and auction houses. But now it looks as though the art forger's days are numbered. German-born American painter Gisela Beker has come up with a seemingly foolproof method of authenticating a work of art. "I was sick in bed a few years ago," explains Miss Beker, "and amused myself reading Clifford Irving's book on forgeries. When I went back to work, I lifted up one of my paintings and my fingerprints appeared on the canvas—and it suddenly came to me that this was the answer to authenticating art." Fingerprinting is, of course, a familiar source of identification for the police. But it is also an obvious way for an artist to put his inimitable stamp on his work. "An artists' registry of fingerprints could be set up so all their prints would be on record and could never be forged." So far, however, Miss Beker reports that artists have not taken up her idea with enthusiasm. "It will take time," says artist Lowell Nesbitt. As for Miss Beker, whose delicately colored symmetrical paintings are shown around the U.S.A., she places her fingerprints on the back of every completed canvas. At least when you buy a Beker, you know it's the real McCoy.

HELP!

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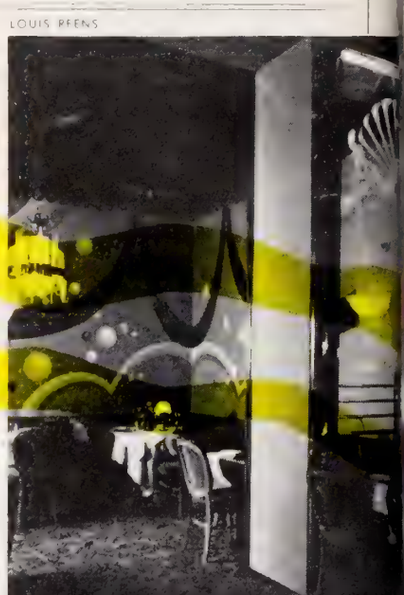
Priceless parcels of land fall prey to the bulldozer every year—of that no one needs reminding. But a concerted effort to stop the waste is being made in a two-year private campaign that combines the expertise of The Nature Conservancy with the new, aggressive techniques of the American Land Trust. ALT is attempting to raise $200 million in land gifts and cash contributions before December, 1977. There is valuable property in each of the 50 states ALT wants to buy and preserve. Personal as well as corporate gifts help. ALT's membership is an interesting coalition of heads of government conservation agencies and the chairmen of such companies as Atlantic Richfield and American Motors. What can an individual do to assist? Once a gift of land is made to ALT, management of it is turned over to The Nature Conservancy. ALT's volunteer programs include The National Council of State Garden Clubs (500,000 members) and the 4-H Club. Both have active work programs which permit their members to participate in the actual caring for specially selected coastlines, meadows, and forests. Membership in ALT ($10) also includes a year's membership in The Nature Conservancy. Write ALT, Box 2076, Arlington, Va. 22202.

Top of the Deco

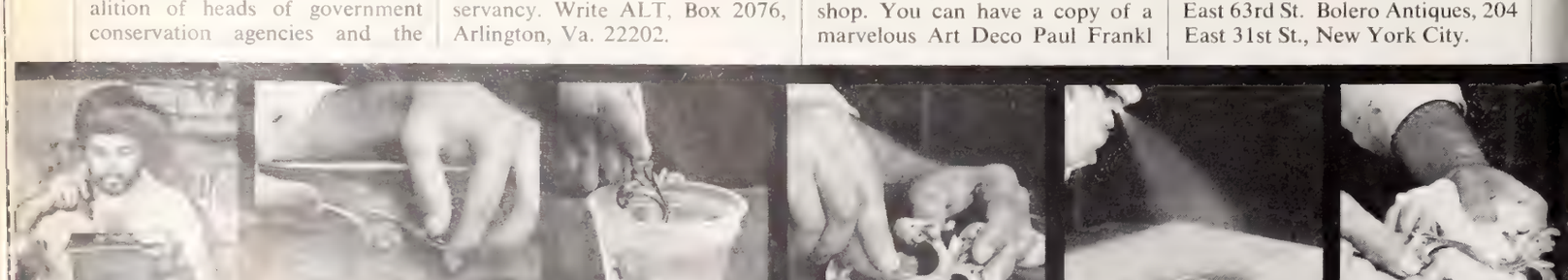
Art Deco is gathering enthusiasts. Some think the revival of the style is a reaction to blue-jeans casualness. People want to get dressed up and go to a place that's dressed up for them. New York's new restaurant, The Grand Café, is an opulent salute to Deco style. Joe Villano designed the ombered apricot walls, pale-gray monogrammed linens, blue-glass mirrored panels, and a carpet inspired by a period mosaic. Chandeliers come from 1930s movie houses. Walls are decorated with Erté-style etchings on glass, painted murals.

Bolero, a tiny antiques shop owned by Colombian-born Mario Saboya, is another Deco treasure trove. It overflows with glass-topped tables, mirrors, tall lamps, and lacquered furniture. Saboya confesses that his mania for Art Deco began only five years ago. "It's a consuming passion." He offers first quality copies of almost all the original furniture in the shop. You can have a copy of a marvelous Art Deco Paul Frankl chair in any shade of lacquer with your choice of colors for velvet cushions at a third the original price or $450. Grand Café, 28 East 63rd St. Bolero Antiques, 204 East 31st St., New York City.

LOUIS REENS



Apricot and blue room at Grand Café



Cleaning furniture hardware

Remove all handles and escutcheons carefully with a screwdriver or pliers. If hardware is gold-plated (likely on fine French or Italian antiques), gently clean the piece with a fine, soft toothbrush dipped in a solution of ammonia and water in equal parts. Do not soak. Rinse immediately with fresh water and dry with cheesecloth. If the hardware is brass-plated cast iron (likely on American, English, and French antiques), submerge it in a solution of ammonia and water in equal parts and soak for half an hour. Use only a plastic or glass container. If the brass doesn't come clean, resoak for 24 hours. Take it out one piece at a time and rub lightly with #0000 steel wool dipped in the same solution. When the piece gleams, rinse immediately in clear water. Dry with clean cheesecloth, and be sure to brush away any remaining steel wool or dust. Place the cleaned pieces on a protected surface in a well-ventilated area, and apply a thin coat of lacquer spray such as clear gloss. Spray the finish with a fanning motion. Respray about 10 minutes, again a light coat, to be sure each piece has been entirely covered with lacquer. Let dry one hour. The result is protection from oxidation that will last for years and can always be removed by soaking for 24 hours in ammonia and water.

Note: Don't apply lacquer on a damp day—it may turn whitish.

If hardware is brass-plated cast iron (likely on reproductions), restoration of gleam is impossible. Costly replating or buying new hardware are options, or you might soak the hardware first in ammonia and water to see if you get a smooth, pewter-like look. This low-luster finish can be quite handsome.—MICHAEL PRINCIPE

Note: Michael Principe has been associated with a leading furniture restoration workshop in New York for 15 years. He repairs and restores pieces for private collectors, galleries, and museums.


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HEALTH

Operation save

A major breakthrough in surgery has already saved lives, according to Dr. Walter A. Wichern, Jr., chairman of the department of surgery at Roosevelt Hospital in New York. Application to the skin's surface of a new hemostatic agent made of microscopic strands of collagen halts bleeding during operations, or leaks around sutures, with amazing efficacy. It allows doctors more time to work during major surgery, and helps limit blood loss. Called Avitene, the agent is manufactured by Avicon, of Fort Worth, Tex. "I think the usefulness of Avitene will be appreciated by all surgeons," says Dr. Wichern, "and I expect it will improve our safety record."

DEPARTURE POINTS

Morocco bound

Reaching Taroudant, a fascinating town tucked into the high Atlas mountains in southern Morocco, is not easy . . . but your reward is pure enchantment. Drive from Marrakesh, the red city, south past Asni, Ouirgane, and the Goundafa valley with its 12th-century Timmel mosque, now a haunting ruin. The rough 6-hour drive through the Tizi N'Test pass (6,725 feet) offers glorious views. Picnic for lunch beside a mountain stream where the air is fragrant with mint, rosemary, and lavender. Taroudant's pinkish ramparts in the late afternoon sun, on a plain of palm and olive groves, take your breath away. The visual treats are unending, from Moslem women swathed in cobalt blue shawls, to the colorful spice market snuggled into the *medina*. The bustle of Marrakesh gives way to a slower tempo and friendly curiosity toward visitors. You'll need a day or two to wander the twisting lanes, looking at stone carvings, copper pots, embroidered tunics and caftans. The Hotel Salam, an ancient palace modernized, is built against the old town walls, its gardens full of bougainvillaea, hibiscus, poinsettia, and orange trees. There's a swimming pool; guest suites are handsomely decorated with the best of local handcrafts. About $32 a day for two, meals included. The best time of year to visit is around Easter. Best value is TWA's Fly-Drive Economy air-car-rental-accommodation package, from $427, for one week per person, between September and April. Details from TWA or Moroccan Nat. Tourist Off., 597 Fifth Ave., New York, N.Y. 10022.



In Tar[illegible] market.



Moorish arches of the old city.

Taroudant tip[illegible]

Best buys: vibrant rugs and carpets, woven by the Berbers; heavy silver and amber jewelry, in the Casbah **** Delicious eating, bstilla, the local squab pie, baked with raisins, citron, spices **** Luxurious guest pavilions at the Gazelle d'Or hotel, good food and secluded, wooded grounds **** Afternoon mint tea, hot and sweet. PATRICIA BROOKS

A guide to green America

In a recently published paperback, small in size but vast in research, there are acres of information. *Guide to Public Gardens,* published by The Garden Club of America, tells the readers everything they've always wanted to know about public gardens in this country. Keep it in the glove compartment of your car for reference on trips. Outstanding arboretums, botanic gardens, parks, and gardens of historic houses are listed alphabetically by states within the 12 zones of The Garden Club of America, with location, hours, and admission fee. This is not a gardening book but a book of gardens, and the *only* small guide of its kind in the U.S. Mrs. William H. McLean of New Jersey and Mrs. E. Phillips Hathaway of Maryland spent three years compiling the information, with the help of other Garden Club members. The Guide is $3.50, from The Garden Club of America, 598 Madison Ave., New York, N.Y. 10022. TONI LAMOTTE



Ladew Topiary Gardens, listed in new guide; director James Baden, right, *with author Mrs. Hathaway.*

Make wall graphics yourself

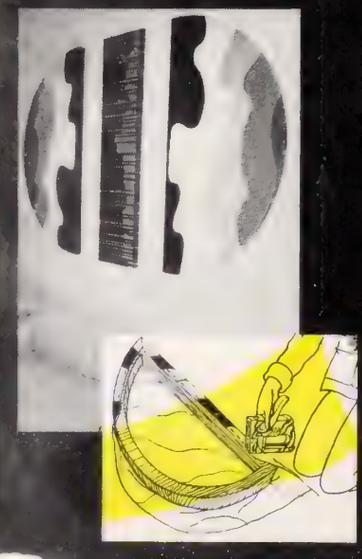
Quick graphics are decorating surprises that you can make with fabric, a staple gun, and stretcher bars. Switch them around to make different patterns on your wall when you feel like a change. You need:

- 2 half-round stretchers, 48 inches across ($18 each)
- 1 rectangle stretcher 12 inches wide, 48 inches long ($5)
- ½ yard "Multispace," by Tampella, for the rectangle shape
- 1½ yards "Wiggle," by International Printworks, for the half-rounds.

Fabrics and stretchers from Fabrications, New York.

To make the rectangle: Lay fabric face down on clean working surface. Place stretcher where you wish design to fall. Cut fabric around frame, allowing 2-inch turnings on all sides. Fold edge over 48-inch long side, staple in center. Pull fabric taut to center of opposite side, staple. Pull fabric of 12-inch edge at center, staple and do the same to opposite side. Then staple from centers to corners, placing staples 2 to 3 inches apart, keeping fabric taut. Leave 1 inch open at corners, then fold over, like "hospital bed" corners, and staple.

For the half-round graphic: Cut fabric to stretcher shape, allowing 3-inch turnings all around. Staple at the center of straight edge and the center of curved side, then to each end on the straight side. Next staple halfway points between curved edge center and ends. Ease fabric between these staple points, so it is evenly distributed, then secure, stretching tautly. Furniture shown, by Walters Wicker.



KEITH TRUMBO, SHEILA CAMERA

BACK WHEN NOBODY COULD SPARE A DIME, AMERICA VOTED TO PAY THE PRICE FOR A BETTER NIGHT'S SLEEP.

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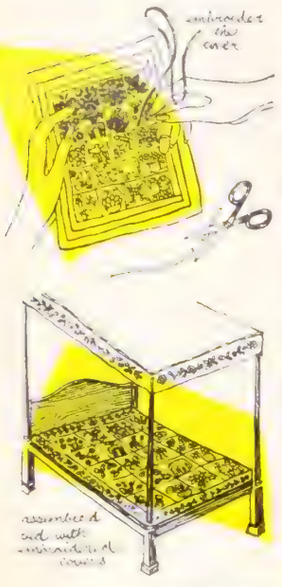
From our design studio. "Hustle Stripe." Wamsutta®





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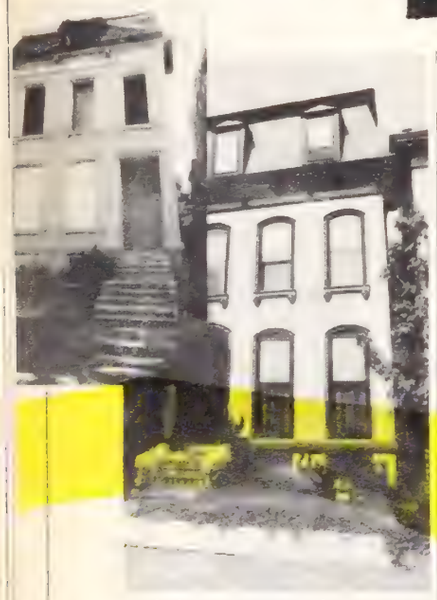
LIVING



SHEILA CAMERA

Miniatures: a Lilliputian quilt

Deanna Mayor Vondrak, architect-weaver, has recently turned to making quilts. Her copy of the original 1854 "Bird of Paradise" quilt was shown in House & Garden, November, 1975. She has now designed a miniature of that valuable antique quilt, complete with a Chippendale-inspired canopy bed—a marvelous project to make and sew. "By the time you get through," she says, "it's quite valuable." The finished embroidered quilt, with 16 different birds and a wealth of fruits and flowers, pulls neatly over a 6¼-by-4¼-inch foam mattress. Quilt kit, canopy, $15.75. Bed with mattress, $9.75. Write to Cantitoe Corners, 36 West 20th Street, New York, N.Y. 10011.



A Lafayette Square house as it was, left, *and restored.*

St. Louis saves a square

Lafayette Square, an area of Victorian opulence in St. Louis during the 19th century, reached its nadir by the middle of the 20th. Some date the beginnings of this sociological [illegible] to the devastating St. Louis tornado of 1896, after which affluent residents of the badly damaged area began their trek to western parts of the city. In any case, the once-handsome neighborhood declined to a state of decay complete with all the classic qualities of urban disrepute—multiple dwellings of the seamiest character, high crime, and pollution. But in 1969, a valiant group of pioneers began a struggle to reverse the trend. The Lafayette Square Restoration Committee, Inc., was founded to promote the purchase of houses in the area and their subsequent rehabilitation, with restrictive guidelines to protect the architectural integrity of the community. In 1972, the committee was successful in getting Lafayette Square listed on the National Register of Historic Places—an achievement that substantiated confidence in the area and circumvented the building of an interstate highway through the district.

The quiet streets have as their focal point historic Lafayette Park, an enclave delineated by a decorative wrought-iron fence. The predominant style is the narrow, detached Second Empire town house built in the 1860s and 1870s with its cutstone front, slate mansard, and tall windows with inside shutters. By the 1890s, some of the houses were characterized by a heavier style described as Art Nouveau-Romanesque, strongly influenced by German baroque.

Today people of diverse cultural backgrounds and demographic origin are bound together in a common desire to restore the neighborhood to its former beauty. As an affirmation of this urban renaissance, the French Ambassador, M. Kosciusko-Morizet, visited Lafayette Square and dedicated a replica of a Houdon bust of Lafayette. The area's annual house tour, a gala two-day festival, brings out more than 8,000 visitors to see houses in various stages of renovation. Approximately 200 houses are now a part of the restoration effort. These houses proudly display a handsome brass plaque which bears a variant of the fleur-de-lis. In current terminology, it is described as a "logo," but as a symbol of this courageous crusade, "escutcheon" seems a better word.

DOLLY SHERWOOD

GARDEN ART

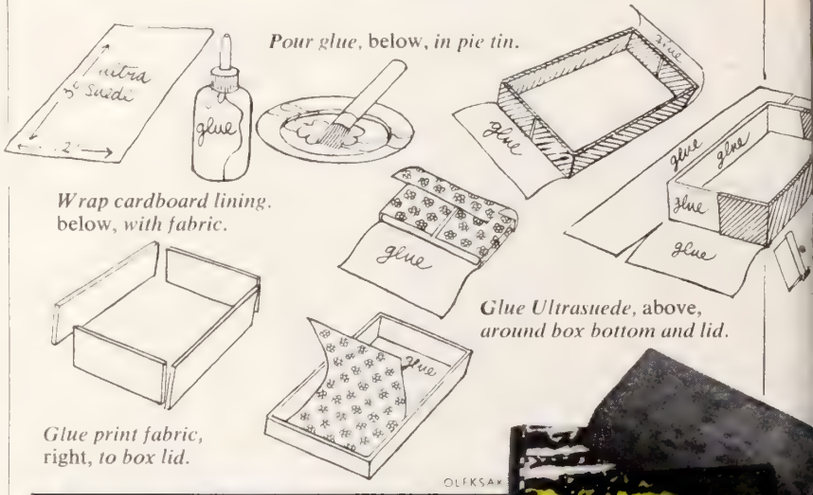
Aloe: the first-aid plant

If you had room in the kitchen for only one plant, I'd make it *Aloe vera,* the "Unguentine" plant. Easy to grow and attractive, the aloe's outstanding addition to the kitchen lies not in contributing exotic flavoring, but in its ability to soothe the chef's occasional inevitable burns. Snap off a leaf and a gelatinous pulp oozes out. Rubbed on a fresh burn, this pulp has analgesic properties. Centuries of use indicate it does promote healing. When I burned my finger trying to scoop a slice of hot pecan pie out of its dish, the aloe's juice worked so well that the pie was still too hot to eat by the time I'd forgotten about the burn. (Serious burns should be checked by a doctor.)

Aloes grow well in almost any exposure, although, being desert plants, the more sun they get indoors, the better. If you put your plant outside in summertime, however, even the aloe can become burned by a full day of direct sun; half a day will do.

For potting soil, use a cactus mix, available at most plant stores, or make your own by thoroughly blending one part potting soil, one part peat moss, and two parts sharp sand. The sand is necessary for good drainage. Water the aloe as you would other succulents—that is, only when the soil feels quite dry just below the surface. Then give it a real bath, pouring off the excess collected in the pot's saucer after an hour. Fertilize once a month from the end of spring throughout the summer. One more thing. Although the spines are relatively soft, when you do break a leaf off for first aid, don't rub your plant the wrong way . . . you'll feel it.

RICHARD LANGER



OLEKSAK

Boxing lessons

The box you give your Christmas present in can be something to keep, too. Buy plain wooden boxes from the handcraft store, cover with Ultrasuede and line with print. To cover a box about 5 by 6 inches and 1½ inches deep you need

- ⅓ yard Ultrasuede fabric
- white household glue
- 1-inch-wide paintbrush
- small tin pie plate
- fabric scraps for lining

To make: Measure, mark, and cut out two sections of fabric large enough to cover box and lid completely. Pour glue into tin pie plate. Brush glue onto top of box. Put box top, glue side down, on wrong side of fabric, centering carefully. Use ruler and pencil to mark cutting lines on fabric. Cut along ruled lines to edge of fabric. Fit fabric over edges of box, cutting away excess on long side. Use razor blade to trim each corner on the diagonal. Brush glue onto all sides of box and smooth fabric into place. Fold fabric around short sides. Brush glue onto fabric and inside surface. Fold remaining piece of fabric up, over, and down into box. Trim corners as before. Repeat procedure to cover box bottom.

To line box: Measure, mark, and cut out cardboard sections to fit all inside surfaces of box. Measure, mark, and cut out fabric to totally cover each piece of cardboard. Glue in place. Glue fabric lining sections into position inside box. Idea from Janet Roda, author of *Fabric Decorating for the Home,* (Oxmoor House, $16.95).

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Cherished Christmas Memento from Gorham.
The 1976 Sterling Snowflake.

A lasting tradition. A silversmith's art. The 1976 Gorham Sterling [illegible] especially created to commemorate this Christmas, for [illegible] ely crafted in precious sterling, this sparkling silver Snowflake is the seventh in an annual series originated by Gorham. The crafting tools for each distinctive edition are destroyed at the close of the year, so that each Snowflake becomes a more personal memento of love, as well as an important collectible.
Designed to sparkle forever as a Christmas ornament or as a beautiful fashion pendant, this year's Sterling Snowflake is engraved with the date on the back and has additional space for a personal message. A shimmering remembrance of Christmas 1976. A Gorham Original. Just $20, 3⅜ inches across. At finest jewelry stores and silverware departments.

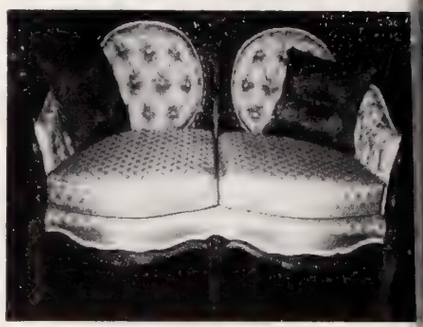
GORHAM TEXTRON

QUESTIONS & ANSWERS

Antiques

By Louise Ade Boger

Medallion chair-back settee



Is my love seat very old? What style does it represent?
W.L.B.—Culpeper, Va.

Your medallion chair-back settee reflects the influence of the 18th century French Louis XV style. The medallion-back is particularly identified with Louis XVI style, but was already in existence at the end of the Louis XV epoch. Your settee, however, is modern, probably 20th-century American, if only because in the 18th century they made chairs but never settees with medallion-shaped backs.

Staffordshire plate

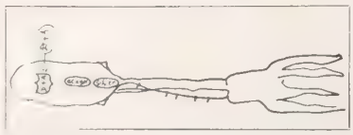




From the mark and my photograph can you identify my plate?
C.R.N.—Arlington Heights, Ill.

According to the diamond-shaped registration device, the Staffordshire potters W.H. Grindley and Co. registered your pattern, "Daffodil," at the London Patent Office, January 7, 1882.

Victorian fork



Who made my silver fork? What does "Bengal silver" mean?
C.S.B.—New Castle, N.H.

Your fork was made by the English Victorian silverplaters, Daniel and Arter, who operated the Globe Nevada Silver Works at Birmingham. Bengal Silver was one of their trademarks. Others include Nevada Silver, Indian Silver, Brazilian Silver, and Japanese Silver.

Louis XVI style desk



Can you tell me something about the style of my desk. Is it an antique?
C.W. Dunsmoor—Moraga, Cal.

Your Louis XVI style desk derives from the *bureau à cylindre*, a distinctive form of roll-top desk introduced in France about the mid-18th century. It is generally believed that the *bureau du roi* Louis XV, a roll-top desk created by the French ébéniste Oeben in 1760 and finished by Riesener in 1769, is the most beautiful piece of furniture in the world. So your roll-top desk, of 20th-century, probably American, manufacture has a distinguished ancestor in the Musée des Arts Décoratifs in Paris.

Continued on page 20


12
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QUESTIONS & ANSWERS

Antiques

continued from page 18

400-day clock



Can you tell me something of the origin and working of my old clock? It seems very unusual.
A.P.—Bloomfield, N.J.

Your Black Forest German clock, dating about the 1880s, is an early example of the 400-day clock which is wound once a year. The pendulum on these early clocks was a flat disk which makes one revolution to the right and another to the left. It repeats this cycle and thus keeps time. In the later clocks, dating from the early 1900s, the disk is replaced by four balls.

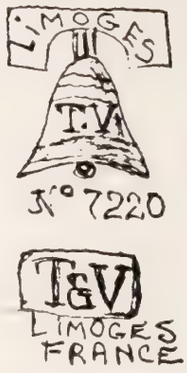
Victorian hand vase



Are you able to trace this hand vase, which belonged to my great grandmother?
A.M.—Portland, Ore.

Your unglazed or Parian porcelain hand vase, modeled in the form of an upright hand with a ruffled cuff holding a flower-shaped vase, is possibly of American manufacture, probably dating from about the third quarter of the 19th century. The hand vase is a characteristic Victorian product and is popular with collectors today.

Limoges vegetable dish

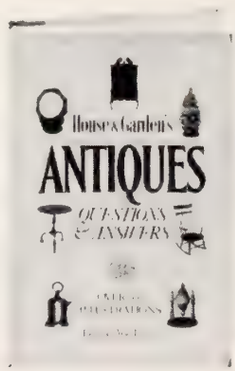


I bought this vegetable dish in a flea market. I include the marks on the bottom, not a picture. Is it very old? E.A.J.—Charlotte, N.C.

Your covered vegetable dish was made by the Limoges porcelain manufacturers, Tressemanes & Vogt, probably about the first quarter of the 20th century.

Antiqueries

Copies of Louise Ade Boger's book, *House & Garden's Antiques: Questions & Answers,* containing more than 900 items from past columns, arranged by category for easy reference, can be purchased for $10.95 a copy, plus 45¢ to cover postage and handling. To order a copy, please write to: Condé Nast Books, Post Office Box 3308, Grand Central Station, New York, N.Y. 10017.



Antique News

A loan exhibit, "Woods and Tools: The Fabrication of American Furniture, 1790-1825," will be part of the annual Delaware Antiques Show sponsored by the Junior Board of the Delaware Division, Wilmington Medical Center, December 3 to 5, Wilcastle Center, Pennsylvania Avenue, Wilmington, Del.

Should you buy a Gorham Original? Now more than ever, you should.

In these times, there are many distinct and unique qualities of Gorham Sterling that will safeguard your investment over the years.

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Total design gives your Gorham Sterling a perfect balance between ornamentation, shape and function. This is why every spoon bowl, every fork tine, every knife blade is designed specifically for a Gorham pattern. It is why some Gorham spoons have tapered bowls, some rounded bowls; why some forks have one shape and some another. Total design gives every Gorham Original a classic elegance and beauty. Beauty that endures time and change.

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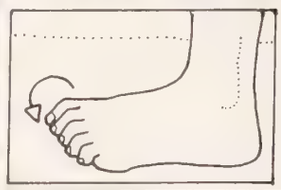
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Get your life on a new footing



Foot massage can do wonders to help you relax and unwind. Try this do-it-yourself ten-step massage

By Elin Schoen

When Deborah Mazzanti was growing up in Tahiti, she had to wear shoes to church. That was about the only time she had to wear them. "The first thing we did after leaving church," she recalls, "was take off our shoes." Now, as president of the California and Mexico health spas, the Golden Door and Rancho La Puerta, and as a member of the President's Council on Physical Fitness, Deborah Mazzanti still goes barefoot as much as possible and recommends that other people do the same—while gardening, while walking in the park, at home, even in the office. "We weren't born with shoes on," she says. "If we needed them, nature would have given them to us."

The point is, contact with wet grass, with hardwood floors, with carpets, makes your feet feel good. And, according to Deborah, "if your feet feel good, your whole body feels good." Deborah is not the first person, of course, to notice this. She told me about Father Sebastian Knipe (the German who is considered the founder of hydrotherapy, widely used at European spas such as Baden-Baden) who recommended two kinds of therapeutic walking: (1) Walk in damp sand, curling your feet, and (2) walk on a lawn in the early morning, enjoying the feeling of fresh dew. And she told me about spas in Europe which have a foot-pampering setup involving two troughs of water, set side by side, one hot and one cold. First, you walk through the hot water and then return through the cold. If it weren't for the tremendous expense of all the filters American law requires for such equipment, Deborah would install these "parallel creeks" at the Golden Door.

And then I heard about zone therapy, otherwise known as reflexology. This art—because it is not recognized by the medical profession as a science—is similar to acupuncture in that it is Asian in origin and nerve-oriented. The basic principle is that each part of the foot is related to some organ, muscle, or entity elsewhere in the body, and that by manipulating various sections of the foot in various ways you can treat ailments in the organs to which they are connected. Some people on whom reflexology has been practiced claim that it will miraculously clear up everything from hay fever to cataracts. But realistic practitioners, such as Yolanda Brown in New York, recommend it more for relaxation than for cures.

Mrs. Brown, who said that she entered her profession because she had an arthritic spine which disappeared after zone therapy, gave me a massage recently. Foot massage, she told me, strengthens metatarsals which have fallen because of overly tight shoes. When I yelped with pain at one point during the massage, she explained that foot massage may hurt a little at first, but when the blood starts circulating better, you feel no pain. "You'll be so relaxed," she said, "that when you get home, you'll want to go to sleep." When I left her apartment I felt as if I were walking on air, although I was unable to go home and see if I also felt like taking a nap.

Mrs. Brown is considered the Pavlova of reflexologists, but if you don't live in or around New York City, or can't afford the $20 required for 40 minutes in her hands, you *can* rub down your feet yourself. Relaxation is the whole point of the do-it-yourself foot massage which has been taught for the past 25 years at the health spa Rancho La Puerta in Mexico, and, from time to time, at the Golden Door in California. The "Happy Feet" class is, according to Deborah Mazzanti, based on "a combination of a lot of pseudo-scientific theories—zone therapy, compression massage—that have recently been somewhat confirmed with the vogue of acupuncture. I always say that there may not be sense to these things, but they do work. They're very relaxing after a day of tension. It's hard to give yourself a full body massage or to massage your mind, certainly. But your feet constitute one area on which you can work effectively yourself."

There is also the time-invested-relative-to-gains factor. Foot massage takes a mere 10 to 15 minutes. And you definitely feel the results.

Continued on page 24


Most low 'tar' cigarettes have no taste.
Winston Lights
A lot of new cigarettes give you low 'tar' and nicotine numbers. But I can't taste numbers.
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A new footing

continued from page 22

Very few other pursuits in life are so quick and profitable. Or so uncomplicated. One of the reasons "Happy Feet" has been such a success at Ms. Mazzanti's spas is that many guests can relate to it better than to yoga. Yoga is a good way to relax after your average spa day of calisthenics, swimming, and otherwise laboring to "shape up and slim down." "But some people just don't like yoga," says Deborah. "It's too way-out. But I can get them into 'Happy Feet' and that's just as relaxing."

Deborah recommends do-it-yourself foot massage as an excellent alternative to the five-minute nap of which most people are not capable. It is also ideal for that transitional period between The Job and The Date. Instead of just freshening makeup or taking a shower, Deborah suggests doing five minutes of jump rope ("I'm really high on that—but you have to use a good jump rope from a sporting-goods store, not the five-and-dime kind") and then the "Happy Feet" routine. It goes as follows:

1. If you're at home, wear a robe or wear nothing. In the office, loosen your clothes. If possible, open your window wide. Sit on the floor with your back against a wall or a firm couch. Fix in your mind the idea that a feeling of relaxation is going to spread from your feet through your legs and all over your body. You are stimulating circulation, and the blood is going to flow more smoothly throughout your entire body. As Deborah says, "This operates on psychological as well as physical principles."

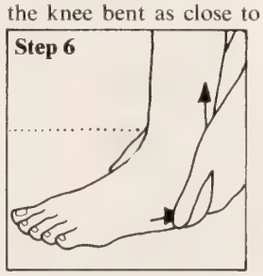
2. Rub the palms of your hands together until friction warms them thoroughly. Then bring your right leg onto your lap. Take your right foot between your hands and rub the entire foot with a circular motion. Imagine you have something in your hands, like a pencil, and you're rolling it back and forth. Rub your hands together again before repeating this procedure with the left foot.

3. Stretch your left leg out in front of you and bring your right foot up where you can work on it comfortably. Grasp your big toe firmly on either side between the thumb and forefinger of your left hand and roll it back and forth several times. Do each toe in turn the same way. (If this hurts, don't worry about it. When you have tense neck and shoulder muscles massaged, it's painful, too. But it feels great afterwards. The same goes for the feet.)

4. Now hold your foot toenail-side-up and, supporting your big toe with your forefinger, massage the toe with your thumb, applying pressure as you massage. Do this to all your toes. Then reverse your foot (heel-side-up) and repeat the procedure on the bottoms of the toes.

5. Supporting the foot with the fingers of both hands, massage the upper side of the foot with both thumbs, covering the whole foot. Repeat this on the bottom of the foot, applying pressure first to the padded area under the base of the toes, then to the middle area, pressing very firmly, then gradually working down to the heel. Always massage in a rotating, clockwise motion.

6. Place the foot in front of you with the knee bent as close to the chest as possible. The foot should be positioned on the floor as if you were going to walk on it. Massage each side of the heel with both thumbs, going up the back of the leg, about halfway up the calf. Return to the bottom of the heel and massage up the leg again, being particularly attentive to the Achilles tendon area.



7. Stretch out both legs with heels on the ground and flop both feet from side to side. Now stretch

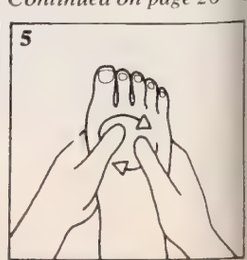
Continued on page 26

DURELL GODFREY











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continued from page 24

your toes apart as wide as possible, and relax. Repeat this 3 or 4 times.

8. Repeat steps 3 through 6 with the left foot.

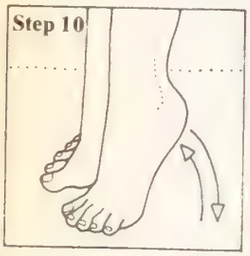
9. Kneel "tailor-style," sitting on your heels, with weight resting equally on the knees and the balls of the feet. Lightly bounce up and down (the bouncing stretches your



Step 9

feet and ankles). Sit down on your feet and lightly bounce up and down (stretch your toes while you're in this position).

10. Stand up. Rise on your toes like a ballet dancer (not, however, *en pointe),* then low-



Step 10

er your feet. Repeat 10 times.

11. Walk around in a circle with your toes curled tightly.

12. Sit down and slap your feet all over. If you're at home (or if you have a well-appointed office), wet a lightweight washcloth with cold water and slap your feet with it. Then, finish up by immersing your feet alternately in dishpans of hot and cold water (20 seconds per dip) for 2 or 3 minutes.

As Deborah Mazzanti was outlining this routine to me, I was absent-mindedly going through the various motions, although my note-taking kept getting in the way. I decided to abstain from *All in the Family* (one of my own favorite forms of relaxation) and pick up my heels, so to speak. And I, who have always found all forms of meditation useless because meditating is boring, who loathed yoga for the same reason, who cannot catnap or lie still with a rejuvenating mask on my face, returned to the TV set as relaxed as I've ever been. And fell asleep.





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Good looks and good health

continued from preceding page

BEAUTY AND HEALTH PRODUCTS NEW THIS MONTH IN THE STORES

The [illegible] holidays create their own special energy—economize with a dose of your own brand of spirits and zest . . . here are some new things to give to others (and some new things to get yourself) to keep the good things glowing. *Ultima II* is introducing **C.H.R. Extraordinary Face Makeup** that contains collagen—a super moisturizer—for the first time. Except for the most sensitive, dry skin, it eliminates the need for an under-foundation moisturizer altogether. The point where treatment and makeups come together is getting closer all the time. The look is very light, the moisturizing really effective, and yes, it is expensive. $17.50 for one-and-a-quarter ounces. There are seven shades to choose from, from the fairest ivory to deep, rich bronze . . . What if something you thought was extravagant turned out to be a bargain? *Lanvin* has put one together this Christmas that ought not to be missed. The famous classic, **"Arpège"** has been wrapped up in a beautiful champagne-colored moiré-covered box and includes perfumes, colognes, soap, dusting powder, the works for $50. Over three quarters of an ounce of perfume is included, which does make this attractive to those who consider perfume a necessity rather than an indulgence . . . O.K. for [illegible] super-soft **shaving kit** of pigskin-colored suede filled with fragrant *Aramis* products for $30. Cologne, After Shave, Special Shaving Formula, Malt-Enriched Shampoo, and an extra bottle for whatever you wish make the kit useful. Appreciated . . . Do you spend Christmas in the tropics? On the slopes? In other words, in the sun? You need all the protection you can get. The newest, from *Bain de Soleil*, is a **Moisturizing Body Bar,** a translucent, palm-sized, dark brown soap with gentle cleansers and very light oils. It's an especially good idea for children whose skins are delicate and who can't be persuaded to slather on the oil. $1.50 each. Merry Christmas.

the Lasting Impressions of Fieldcrest.



Peasant Stripe comforter and pillow sham. The country look in multi color. Filled with polyester by KODEL®

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A HOUSE & GARDEN BOOK just $16.95

HEALTH·PSYCHOLOGY·SEX

What self-indulgence can do for you

Plus the benefits of a personalized medical checkup, and a discussion of the role of conscience in love

By Drs. Robert and Mary Catherine Tyson

Q. Are there times when it's good to say "Why not?"

A. "An affair with him?" This was a woman's fleeting thought about her husband's attractive friend. She was startled she could *think* that way! On the other hand, why not think of it, even though acting it out would be utterly unthinkable for her? Overcoming momentary hesitation, she did think of it in her head vividly, with a pleasant sense of release. She was interested to notice that the fantasy enlivened her interest in love with her husband. Faced with a lonely breakfast after her husband's departure, a young wife thought: "Of course: juice, egg, toast, coffee." The peach ice cream caught her eye. For breakfast? Ridiculous! But really, why not? With a moment's thought she countered that inhibition and enjoyed a simple, harmless indulgence.

Too many people deny themselves needlessly because of habit and training. Upbringing stresses duty, dignity, and common sense—undoubtedly necessary, but often they leave little room for the lighter side of life. More everyday pleasure is needed. People who frequently complain "I don't seem able to enjoy myself enough," may be unaware of how many pleasures they could savor easily. Time out is no luxury. Research shows it bolsters efficiency in routine activities. Watch for times when you bind yourself needlessly, merely to be sensible, dignified, and dutiful—and then try to consciously let go, just because you feel like it. An executive convinced by the idea that his door should always be open suddenly changed the habit and shut his door for 15 minutes twice a day to soothe jangled nerves. During these periods, he relaxed in a most unbusinesslike way, stared into space, and recovered from stress. It is not what you do that matters, it is that exciting feeling of release that counts. Donate that dress that you really can't stand even if it has "a lot of wear in it." Eat early even if it isn't "time for lunch." Show your feelings more, try out an idea from an article on love. Well, why not? You can get more out of living simply by recognizing habit barriers—and giving in to what you really want.

Q. Is scientific analysis by computer going to replace conventional diagnosis in the doctor's office?

A. Computerized diagnosis, radioactive isotopes, and scanning are among the marvels of today's medical profession, but the most refined diagnostic instrument remains the doctor's ear. Given a choice of physical examination, a complex laboratory work-up, or a personal history, most internists agree that the personally taken history is the best single method of producing accurate diagnosis. An expensive, elaborate lab work-up may actually miss a significant clue to understanding an illness. Example: A woman with convulsions was hospitalized as an emergency at midnight. Neither an angiogram nor the range of neurological x-rays revealed the cause. Her family physician, contacted later, listened. After talking to the patient and hearing that she had a strenuous day at work, skipped lunch, ate a skimpy dinner to get to the theatre on time, then rushed home to avoid a snowstorm, the doctor ordered a simple sugar tolerance test. The result showed a case of hypoglycemia (low blood sugar), easily treated by diet. A week in the hospital might easily have been avoided.

It is in the patient's best interest to have a doctor who both listens and explains. For the listening doctor, one patient's migraine is a treatable allergy, while another's is an emotional reaction to persistent marital disagreement. If a question of surgery arises, it is important that the doctor explains the exact need for it in as much detail as possible. Lack of explanation leaves an uninformed patient more likely to be dissatisfied and sue for malpractice. (The rare haughty, aloof doctor can create such situ-

Continued on page 47


The spirit of Marlboro in a low tar cigarette.
Marlboro Lights
Marlboro
LIGHTS
Lighter in taste. Lower in tar.
And still offers up the same quality
that has made Marlboro famous.
Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.
13 mg. "tar," 0.8 mg. nicotine av. per cigarette, FTC Report

Norman Rockwell's Joys of Childhood

A collection of ten beautiful porcelain figures—new and original works of art designed by America's most beloved artist.





"I love children. And I like to show them in the happiest moments of their lives—when they're having fun and doing the things that children have loved to do almost since time began. I hope my work brings back a lot of fond memories to men and women who remember the joys of their own childhood too."



NORMAN ROCKWELL, America best-loved artist, has recently com pleted ten original works of art por traying his favorite subject—childre These beautiful *new* Rockwell designs wi be interpreted exclusively in the distincti medium of *fine porcelain*. These are the *fir* porcelain figures ever designed by Norma Rockwell. They were created *expressly* for th collection and are being made available *on* by Franklin Porcelain, a division of the world famous Franklin Mint.

These fine porcelain figures will not be sol in any art galleries or stores. Only those wh enter direct subscriptions for the collectio will be able to acquire these unique limite edition works of art.

The magic of Norman Rockwell

With that special genius that is his alone Norman Rockwell has captured the joys an pleasures of childhood for this collection.

A little girl in pigtails happily plays hop scotch. A young angler hooks a "big one" an cries out with excitement "I gotta bite!" A baseball player chases a ball in the outfield only to have it whisked away by a mischievou puppy. A little girl dresses up in her mother clothes and admires herself in the mirror. A small boy rides a hobby horse and pretend that he's a real old-time Western cowboy. A child plays nurse and lovingly cares for he "patient"—a pet dog. A young boy proudl rides his homemade scooter down the stree A marble champ proves once again that he a whiz with the *immies* and *cat's eyes*. A chil in a clown costume and mask eagerly prepare to go "trick or treating" on Halloween nigh And a barefooted boy in dungarees walks o stilts—to the astonishment of his pet terrie

Ten of the most joyous moments of child hood— portrayed with the unmistakabl magic of one of the greatest artists of our time

Finely-detailed porcelain figures

Each of the original works of art created b Norman Rockwell will be captured with me ticulous and exacting detail in these handsom porcelain figures. And every subtle nuance o Rockwell's art will be faithfully portrayed The spurs on the cowboy's boots. The fishin pole held by the young angler. The flower

on the bonnet of the girl dressing up. Even the carved-out teeth of the Halloween pumpkin can be readily seen. Every feature – every precise detail – is depicted with remarkable fidelity.

A great deal of *hand-crafting* will go into the creation of these remarkable figures. Each will be individually *hand-cast* and *hand-finished* to assure that it is flawless in every respect. Moreover each figure will be crafted in exquisite Bavarian porcelain with the pure white *bisque* finish traditionally reserved for the finest porcelain sculptures. This lovely bisque is the finish preferred by many collectors and curators when selecting choice porcelains of fine sculpturing and subtle detail.

Each figure will stand on its own integral porcelain base, which will carry the title of the work, the signature of Norman Rockwell and the identifying hallmark of Franklin Porcelain. A Certificate of Authenticity will also accompany the collection, certifying that it has been authorized, designed and approved by Mr. Rockwell.

A highly prized collection

As an owner of *Norman Rockwell's Joys of Childhood,* you will possess works of remarkable beauty and rarity, in a great collecting tradition. Fine porcelain figures have been among the most treasured works of art for centuries–prized by individual art connoisseurs and housed in the permanent collections of many leading art museums.

This collection will be all the more desirable to own because it consists of the very first porcelain figures ever designed by Norman Rockwell. It is a collection that will be displayed with pride and admired by all who appreciate fine works of art. A collection that will become a beloved family heirloom as it is handed down from generation to generation.

A strictly limited edition

These ten beautiful porcelain figures will be produced *solely* for individual subscribers, and may be acquired *only* by direct subscription. The total edition will be forever limited to one set for each original subscriber, one for Norman Rockwell's personal collection and one for the archives of Franklin Porcelain. The original issue price for each fine porcelain figure is $120, which will be billed in convenient monthly installments.

Subscription deadline: December 31, 1976

The subscription rolls for this single limited edition will be permanently closed on December 31, 1976–and *Norman Rockwell's Joys of Childhood* will never be made available again. To subscribe, your application must be mailed by December 31st. Any applications bearing later postmarks will be refused and returned.



Figure above illustrated slightly smaller than actual size

Issued in limited edition by Franklin Porcelain

SUBSCRIPTION APPLICATION

Norman Rockwell's Joys of Childhood

Franklin Porcelain
Franklin Center, Pennsylvania 19091

Please enter my subscription for *Norman Rockwell's Joys of Childhood,* consisting of ten porcelain figures to be sent to me at the rate of one every three months. The issue price for each figure is $120.* to be billed in three equal monthly installments of $40.* per month.

I need send no payment now. The first installment of $40.* will be billed to me in advance of shipment of the first figure.

**Plus my state sales tax*

Signature_____

All applications are subject to acceptance.

Valid only if postmarked by December 31, 1976

Limit: One collection per subscriber

Mr.
Mrs.
Miss_____

PLEASE PRINT CLEARLY

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9

At home at the most beautiful dinners in America.




Home For The Holidays
For The Best Spirit Of All
The plans
The parties
The pleasures
in the perfect
entertaining environment
HERMAN WEIN
Arrow
CHOCLAIR
YUKON JACK
BLACK VELVET

At home at the most beautiful dinners in America.





rystal bowl, Orrefors; highball glasses nd pitcher, Waterford; napkins, Vera; emware, Lenox Crystal; table and screen overings, Utica Fine Arts sheets; punch owl, Riekes Crisa; Hide-A-Bed sofa, Simons; copper casseroles, Ted Arnold; lowers, Ronaldo Maia; lamp, Tyndale; raphic, Poster Originals; rug, Karastan. lass top table, Otto Gerdau; Irish Mist, pecial Limited Edition package in Waterord decanter

On the cover: Crystal bowl, Orrefors, highball glasses, Lenox Crystal; napkins, igma; bar utensils, Georges Briard; ice ucket, International Silver; silver tray, . B. Rogers; stemware, Baccarat; flowers, Ronaldo Maia; poinsettias, Paul Ecke Poinsettia Farms; Christmas tree, Ameriian Tree & Wreath; Christmas balls, Poloron Products; pillows and ottoman, The Pillowry, carpet, Karastan, fireplace tools, Danny Allesandro; all furniture, Drexel Heritage; staghorn, Tyndale Cosco Collections

Heublein products and most merchandise shown in this folio available at many May Department Store Company outlets.

Celebrating non-stop

Starting right now, and going straight through the Holidays, celebrating at home can be the adventure of the year—an adventure most of us want to share with others. Extending a welcome to old friends and new acquaintances, we extend all because extension of the ordinary is what hospitality is all about: the offering of food, drink and comfort; the addition of special festive touches like flowers and music.

Like an extra leaf in the dining room table or more eggs in the omelet, the best entertaining extensions begin with what's already at hand. A little imagination is your best guide as to what to do with what you have. A fresh look around will suggest ways to shift furnishings, assign new uses to old belongings, make simple strategic additions. Quickly and easily, the atmosphere of the daily can be transformed into a guest-ready environment—a great entertaining environment that makes any meal a party, every party an occasion.

...extension of the ordinary is what hospitality is all about.

Move a blanket chest from the upstairs hall into the living room for extra seating, or bring patio tables indoors to serve as resting places for food and drinks. Tableware can be used in many more ways than tradition suggests. Soup plates become serving dishes; an ice-packed salad bowl cools the wine; a tureen nicely doubles as a punch bowl; canapés can be served on virtually anything from dessert plates to a platter designed to hold a roast. Wine glasses are beautiful for parfaits, as well as for martinis and other mixed drinks.

Additions can be as small as a few new baskets, or as big as new serving pieces in your silver pattern. If you've promised yourself a long-deserved house gift, there's no better time to keep the promise—whether silver, china, linen, a handy bar cart, love seat, stack of brightly covered floor cushions, or a wine rack. Any one or more of these would do wonders, not just for this Holiday season, but for your permanent entertaining environment.

continued

The friendship tree, ready for friends



Soon, the big bare tree will be covered base to top with handcrafted decorations your guests have brought to your trim-the-tree season opener. Baskets filled with cranberries, popped corn, and the makings of paper ornaments await willing workers refreshed throughout the evening by drink-makings set up on one table, with crackers, cheeses and Irish Mist Paté served on toasted French bread slices. At evening's end, toast the friendship tree with pre-chilled Lancers White Wine or Harveys Bristol Cream Sherry.

IRISH MIST PATE

1 lb. liverwurst
½ cup butter or margarine softened
¼ cup Irish Mist
1 can (3¼ oz.) pitted ripe olives, sliced
Freshly ground pepper to taste

Mash liverwurst and b[illegible] thoroughly. Blend in rema[illegible] ingredients. Pack into a [illegible] small bowl. Chill. Serve with lightly buttered toasted bread slices, or crackers of choice.

At home at the most beautiful dinners in America.



Crisp up the holiday feast

Break with tradition just a little . . . add a new punch to the old familiar menu and lots of color to the table—from the lively pink of Lancers Rosé to the after-dinner fruit laced with Arrow Creme de Strawberry Liqueur.

SKAGWAY PUNCH

1 fifth Yukon Jack
3 quarts ginger ale
6 ounces fresh lemon juice
1 can (6 ounce) frozen orange juice
1 can (6 ounce) frozen lemonade

Chill ingredients, mix in punch bowl. Add ginger ale last. Add drop of red food coloring as desired. Stir. Add ice, orange and lemon slices. Serves 32.

'COW' PUNCHER

1 fifth Malcolm Hereford's Strawberry Cow
1 quart sherbet or ice cream (strawberry, raspberry, vanilla)
1 quart ginger ale
Fresh strawberries

Pour Cow into punch bowl containing ice cubes; scoop sherbet or ice cream into bowl. Add ginger ale. Garnish with fresh strawberries and serve immediately in punch cups. 24 Cow Punchers.

Wine cooler, flatware, party pails, International Silver; candlesticks, Val St. Lambert; china, Lenox China; punch bowl, F. B. Rogers; poinsettias, Paul Ecke Poinsettia Farms; fireplace tools, Danny Allesandro; candlesticks, Orrefors; place mats, Sigma; stemware, Lenox Crystal; fabric for napkins and seat cushions, Utica Fine Arts; all furniture, Drexel Heritage; rug, Karastan; tree, American Tree & Wreath

Sometimes just a few strokes of color may be the only additions needed. The stores are filled with surefire picker-uppers such as candles of all colors, sizes and shapes, handsomely designed paper products, plus stemware, mugs and plates. Items like these are great mixers, blending beautifully with fine linens, china and crystal while injecting sparkler pizazz into the home scene.

You've used your imagination, gathered a few props, added the magic touch of fresh flowers and greenery. Now your entertaining should be what's fun for you and feasible for your life style. How about a dancing party? Refreshments can be as simple as the makings for club sandwiches served with Lancers Rubeo in pre-chilled glasses or easy-to-serve Heublein Daiquiris and Whiskey Sours. Or serve zesty ham-filled tacos accompanied by Jose Cuervo Tequila Sunrises and Margaritas. Tape music ahead so there won't be delays for record-turning. The high point of the evening could be a dance contest—with a bottle of something special like Smirnoff Silver (*the* vodka for martinis), or the new Brazilian Coffee Liqueur, Bahia, as the prize for the winning couple.

. . . entertaining should be what's fun for you and feasible for your life style.

If your kitchen is one in which your family loves to linger, your guests are sure to enjoy it also. It could be the ideal setting for an after-outdoors party, whether your crowd has been out skating, caroling, or looking for the perfect Holiday tree. Friends can

enjoy warming cold weather drinks such as Hot Velvet made with Black Velvet Canadian Whisky, Irish Mist Irish Coffee, or Hot and Creamy Brandy Alexanders while sitting around the table as you prepare a cooked-ahead pot of soup, stew, or chili.

Great for getting everybody into the season's swing is a trim-the-tree get-together. Give your friends a fling at creativity by asking them to bring something they've made to decorate your tree. You'll find many of these decorations for your "friendship tree" will turn out to be lifetime treasures, sentimental reminders of this year's Holiday.

Keep the tree trimmers refreshed with slow-sipping drinks made with Black Velvet Canadian Whisky, Smirnoff Vodka, or Black & White Scotch. Add an array of exotic cheeses and breads and wind up the evening with whatever is your food specialty, whether it's baked beans or baked Alaska. End with nightcaps of Arrow Cordials or Boggs Cranberry Liqueur.

Another way to enjoy being together is at a home movie screening. Invite several groups to bring some of their best home movie reels for all to view and enjoy, or rent an old film print. Pop the corn, pour the drinks (Hereford's Cows in six delicious flavors served hot, or over ice), and roll it.

A delightful entertaining idea is to catch friends on the way home from work or shopping. Refreshments before dinner can and should be the simplest: assorted cheeses, a bowl of salted almonds and Irish Misty Paté (see page 3). Complement the hors d'oeuvres with Smirnoff Midwinter Punch (see page 10) or mixed drinks made with Don Q Rum, Jose

continued

For cold-air appetites, warming drinks and a hot-pot supper...

Sitting around a kitchen table, with hearty food and drink served informally. There's no warmer, friendlier wind-up to an afternoon or evening outdoors.



HOT BLACK VELVET

1½ ounces Black Velvet
4½ ounces hot apple cider
4 raisins
1 cinnamon stick
slice of lemon

Pour Black Velvet into mug, add hot apple cider, raisins, cinnamon stick, slice of lemon and stir.

IRISH MIST IRISH COFFEE

1½ ounces Irish Mist Liqueur
1 cup strong black coffee
1 dab whipped cream

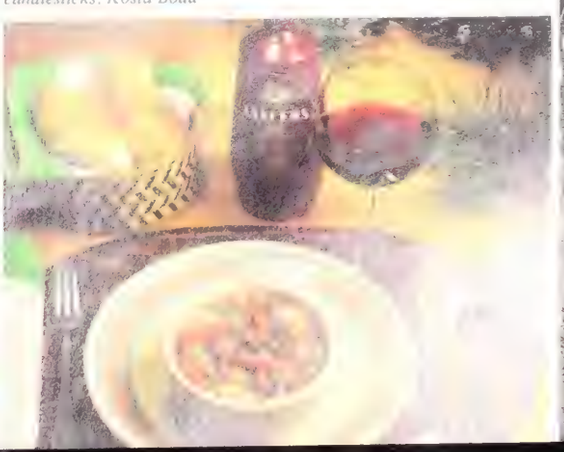
Pour Irish Mist into the hot coffee, stir and top with whipped cream

HOT AND CREAMY BRANDY ALEXANDER

2 cups Heublein Brandy Alexander
½ cup heavy cream, whipped

Heat Brandy Alexander over medium heat until bubbles appear at the edge of pan. Pour into demitasse cups or mugs. Top with whipped cream. Serves 4.

Water and highball glasses, Waterford; wine glass, Baccarat; bar utensils and ice bucket, George Briard; Nelson McCoy; place mats and napkins, Fallani & Cohn; flatware, International Silver; clock, Howard Miller; flowers, Ronaldo Maia; baskets, Fitz & Floyd; graphic, Poster Originals; table and chairs, Otto Gerdau; candlesticks, Kosta Boda



At home at the most beautiful dinners in America.



Open to view: Gifts of magic

Whether being served or presented as gifts, Heublein wines and spirits are always a toast to good taste, a compliment that says you enjoy . . . and your friends and guests deserve . . . the very best. For a basic bar: Black & White Scotch, Smirnoff Vodka, Black Velvet Canadian Whisky, Don Q Rum and Harveys Bristol Cream Sherry. Be prepared for special tastes with Tullamore Dew Irish Whiskey, Yukon Jack and Jose Cuervo Tequila. Last-minute-gift insurance: a few extra bottles in holiday wraps, on hand for quick-magic gifts.

SMIRNOFF CAPE CODDER

1½ ounces Smirnoff Vodka
3 ounces cranberry juice
Juice of ½ lime
Carbonated water

Combine vodka with cranberry and lime juices over ice cubes in an 8-ounce glass. Fill with carbonated water.

SMIRNOFF BLOODY BULLSHOT

1 ounce Smirnoff Vodka
½ ounce beef bouillon
2 ounces tomato juice
Dash of lemon juice

Combine vodka, bouillon, tomato juice and lemon in a double old-fashioned glass. Add ice cubes and stir.

SMIRNOFF SALTY DOG

1 ounce Smirnoff Vodka
2 ounces unsweetened grapefruit juice
1 ounce orange juice
Dash of salt

Place vodka, grapefruit juice, orange juice and salt in a glass with 2 or 3 ice cubes. Stir.



HOME FOR THE



Glasses, Lenox Crystal; cabinet, Drexel Heritage; accessories, Gorham Inc.

Cuervo Tequila, Yukon Jack or Tullamore Dew Irish Whiskey. This kind of entertaining is easy-going and pleasant. The casual stop-in simplicity, whether early or later in the evening, or on Sunday afternoon, is the basis of that great old custom, the Open House. People come and go as they can, within a time framework set by you. The idea is to have an atmosphere so relaxing, guests will feel that they're not putting you to any trouble. And they won't be if you provide refreshments high in quality, but low in preparation time. What could be better—easier—than a Black & White Scotch and soda, or a Harveys Bristol Cream Sherry on the rocks with a wedge of lime? Add a bowl of popcorn, chips and a homemade Cheese Ball with crackers of your choice.

...invite friends and acquaintances to share in a Holiday Brunch.

Another great way to extend a welcome is to invite friends and acquaintances to share in a Smirnoff Holiday Brunch. Clever menu suggestions taken from the 160-page Smirnoff Brunch Book include:



Smirnoff Cube Coolers
Mixed Continental Eggs
Scotch Eggs with
French-fried Parsley
Pancake Puffs
with Rancho Sauce
Mocha Wonder Cake
Coffee

Smirnoff Bloody Bullshots
or Smirnoff Salty Dogs
Onion Quiche
Grilled Canadian Bacon
Hot Croissants
Wild-Cherry Preserve
Dilled Green Beans
Coffee

At home at the most beautiful dinners in America.



On a cleared floor, you can dance forever

Roll up the rugs, push back the furniture, turn up the music, have a ball! For a dancing party, it's really enough to provide a little space, gala decorations, and refreshments for when guests "sit this one out." But, if you want to add a special touch, ask an expert to be on hand to teach the "in" dance of the season. Keep ice buckets filled with Lancers White and Lancers Rubeo. Also consider a variety of Hereford's Cows and easy-to-pour Heublein Cocktails; dancing works up a thirst! Before the "Goodnight, Ladies," bring out the food for a festive but simple buffet supper.

One fifth of liquor will make about 17 1½ ounce drinks, a quart about 21 drinks; a bottle of table wine contains about five to six servings. Remember, moderation should be the keynote; you wouldn't want your guests not to enjoy your home and carefully-prepared food. This chart is merely a guide. There's no need to be socially embarrassed should you decide to eliminate or reduce some of the liquid spirits offered.

DANCE PARTY	DINNER	BUFFET SUPPER
2 drinks per person per hour for the first two hours 1½ drinks per person per hour thereafter	2 cocktails per person 1 or 2 glasses of wine per person 1 liqueur per person 1 drink per person per hour thereafter	2 to 3 cocktails per person 1 or 2 glasses of wine per person 1 liqueur per person 1 drink per person per hour thereafter



Dip and sip: The dessert, the drinks

Of all desserts, fondue is great fun as well as delicious. Place your communal fondue pot on a large tray surrounded by bite-size cubes of angel, sponge or pound cake as well as fruits of your choice. Chocolate Fondue prepared with Choclair (a chocolate coconut liqueur by Arrow) is superb. For after-dinner sipping, offer coffee alongside a "cordial bar" which may include other Arrow favorites such as Creme de Strawberry, Amaretto or the traditional Creme de Menthe and Blackberry Flavored Brandy.

Above: Napkins and table cloth, Vera, dishes, Sigma, bar, Georges Briard; flowers, Ronaldo Maia; packaging, Fast House Enterprises, dessert fondue pot, Swissmart; water goblets, Waterford; cordial glasses, Baccarat; chairs, Drexel Heritage

At left: Flatware, Lifetime Cutlery; glassware, Lenox Crystal, dishes Lenox China; napkins, Sigma, bar utensils and ice bucket, Georges Briard; pillows, Riverdale; flowers, Ronaldo Maia; the Un-Candle, CorningGlass; peacock chair and wicker trunk, Otto Gerdau; sofa and chair, Drexel Heritage



CHOCOLATE FONDUE

12 ounces Swiss milk chocolate (or milk chocolate of your choice)
½ cup heavy cream
⅓ cup Arrow Choclair
¼ cup very finely chopped blanched almonds

Combine chocolate, cream, and Choclair in medium saucepan. Heat over low heat until chocolate is melted and mixture is smooth, stirring constantly. Fold in almonds. Pour into fondue pot and keep warm over low flame. Serve with bite-size fruits of your choice and angel, sponge, or pound cake.

VIENNESE TORTE

¼ cup Arrow Choclair
¼ cup heavy cream
1 cup (6 ounces) semi-sweet chocolate bits
½ cup softened butter or margarine
4 egg yolks
2 tablespoons confectioners sugar
1 teaspoon vanilla
1—10-ounce pound cake

In small saucepan warm Choclair and cream. Place all ingredients, except cake, in blender. Blend until smooth and creamy. Chill until spreading consistency (about 30 minutes). Slice cake horizontally in 6 layers.

Spread chocolate between layers and frost top and sides. Refr... several hours or overnight. (... with candied cherries stuf... whole almonds if desired ... inch slices. Serves 12-14.

At home at the most beautiful dinners in America.



"Come as you can; it's open house"

. . . a great way to see lots *of friends. Perfect for a Holiday afternoon, when people can drop in for a minute—or an hour—between other activities and appointments. So now, while your halls are decked with holly, garlands, wreaths and candles, polish your prettiest punch bowl, put on your most colorful hostess skirt, throw a log on the fire, and enjoy being "at home." Enliven your party with a Smirnoff punch along with a supply of easy-to-serve Heublein Cocktails in handy shaker quarts.*

Glasses, Lenox Crystal; punches, Libbey; Georges Briard; flowers, Ronaldo Maia; blue and white pottery, Tyndale; pine mantel and fireplace tools, Danny Allesandro; Christmas tree and decorations, American Tree & Wreath; all furniture, Selig; silver tray, F. B. Rogers, rug, Karastan; punch bowl, Riekes Crisa

MIDWINTER PUNCH

3 cups cranberry juice
2 quarts apple juice
4 sticks (2 inches each) cinnamon
1 teaspoon whole cloves
2½ cups Smirnoff Vodka 100 proof
Lemon slices studded with whole cloves
Cinnamon sticks

Combine cranberry juice and apple juice. Place spices in a cheesecloth bag and tie tightly. Add spice bag to juice mixture in a saucepan and heat to boiling over medium heat. Simmer over low heat 5 minutes. Remove spice bag. Cool slightly. Add Smirnoff Vodka 100 proof. Serve hot, garnish with lemon slices and cinnamon sticks. Makes 28 drinks.

SMIRNOFF EGGNOG PUNCH

1 cup (8 ounces) Smirnoff Vodka 100 proof
1 quart dairy eggnog

Pre-chill ingredients. Blend in punch bowl by beating. Sprinkle with nutmeg. Serves 10.

HOME FOR THE



Whatever type of entertaining suits you best, you'll want to serve your guests their special favorites. The warmest entertaining environment should provide guests sufficient choice of liquid refreshments to allow for a variety of preferences. Readying your home for the Holidays should certainly include a long look at the liquor cabinet and filling in gaps with such basics as Black & White Scotch, Black Velvet Canadian Whisky, Smirnoff Vodka and a selection of other liquors for special tastes. These may include such items as Don Q Rum, Tullamore Dew Irish Whiskey, Buchanan's 12 year old Scotch, Jose Cuervo Tequila or an assortment of pre-mixed Heublein Cocktails in handsome reusable shaker quart bottles.

If you're famous for your desserts, make them more memorable by creating them with a delicious variety of Arrow Cordials. Arrow Choclair's Viennese Torte is particularly delectable and easy to prepare. For very special people and occasions, have on hand Irish Mist, Boggs Cranberry and Bahia Coffee Liqueurs, or Yukon Jack (the Black Sheep of Canadian Liqueurs). Try these in coffee or poured over generous scoops of your favorite ice cream.

If afternoon callers are expected, Smirnoff Vodka, Black & White Scotch, Harveys Bristol Cream and all six flavors of Malcolm Hereford's Cows are almost musts. By all means, let guests mix their own drinks. It makes them feel at ease, which is the whole point of sharing your home for the Holidays. Set up your bar for easy self-service. It can be anything from an antique dry sink especially converted for the purpose, to a parsons table cleared of its routine paraphernalia. If your house happens to have that happy rarity—more closet space than needed—you may be able to remodel a closet located near your entertaining area, turning it into a permanent bar equipped with shelving for glasses, bottles and a honeycomb system to hold wine bottles properly horizontal. Should your closet

continued

By all means, let guests mix their own drinks.

Make it a sing-in



Gather up your own private glee club to vocalize in the comfort and holiday ambiance of your living room. If possible, have a set of Christmas carol lyrics for each guest. Set up a self-service carving board with turkey, roast beef, breads and Grey Poupon Mustard. Complement with Smirnoff Vodka, Black & White Scotch, Black Velvet Canadian Whisky, Jose Cuervo Tequila and mixers for the carolers.

TEQUILA MOCKINGBIRD

1½ ounces Jose Cuervo Tequila
¾ ounce Arrow Creme de Menthe
Juice of one lime

Shake all ingredients well with crushed ice; strain; serve in cocktail glass.

SMIRNOFF SOUR

2 ounces Smirnoff Vodka
1 tablespoon lemon juice
½ teaspoon sugar
½ cup crushed ice
Lime slice
Fresh pineapple stick

Combine vodka, lemon juice, sugar and ice in the container of a blender. Cover and process at low speed 1 minute. Pour into sour glass. Garnish with a lime slice and a small stick of fresh pineapple.

ZEBRA

1 ounce Black & White Scotch
1½ ounces milk
1½ ounces Arrow Creme de Cacao White

Serve on the rocks.

Bar cart and tables, Syroco; glasses, Leno napkins, Vera; rug, Regal; Christmas tree, A & Wreath; graphic, Poster Originals

At home at the most beautiful dinners in America.



Table and chairs, Otto Gerdau; ice buckets and napkins, Sigma; bar utensils and cheese trays, Georges Briard; glassware, Lenox Crystal; salad bowl, Riekes Crisa; pillows, Bloomcraft; Hide-A-Bed sofa, Simmons; bar cart, Raymor; rug, Regal; Christmas tree, American Tree & Wreath

A night in at the movies

Call it cinema, flick, film, or movies; everyone calls it the best of good times. Ideal for groups of all ages, the at-home screening can be a series of guest-made home movies or a feature length program (check your camera store for details on how to rent films). Plan an early-evening party, leaving time for a post-show rap before everyone departs. Popcorn, of course and other nibbles to go with Smirnoff Silver Martinis, Banana Daiquiris, Bahia & Milk and "The Nudge."

BAHIA AND MILK

2 ounces Bahia Coffee Liqueur
3 ounces milk

Shake vigorously with cracked ice until shaker becomes ice cold. Pour into 6-ounce glass.

THE NUDGE

½ ounce Choclair
½ ounce Arrow Coffee Flavored Brandy

Pour into hot coffee with whipped cream. Garnish with shaved chocolate and coconut.

BANANA DAIQUIRI

½ ounce Arrow Creme de Banana
1½ ounces Don Q Rum
½ ounce lime juice
1 teaspoon sugar

Shake all ingredients together with cracked ice. Strain into cocktail glass. 1 serving.

back up to kitchen or bathroom water pipes, consider the installation of a small sink to make your little bar a marvel of efficiency. Or, think of the unused area under the stairs, an antique armoire with interior restyled and fitted for storing liquor and wine, or an open etagere. Even with a totally equipped permanent bar, you may need the added convenience of an extra drink-making center during the Holidays or a bar cart to wheel around from place to place.

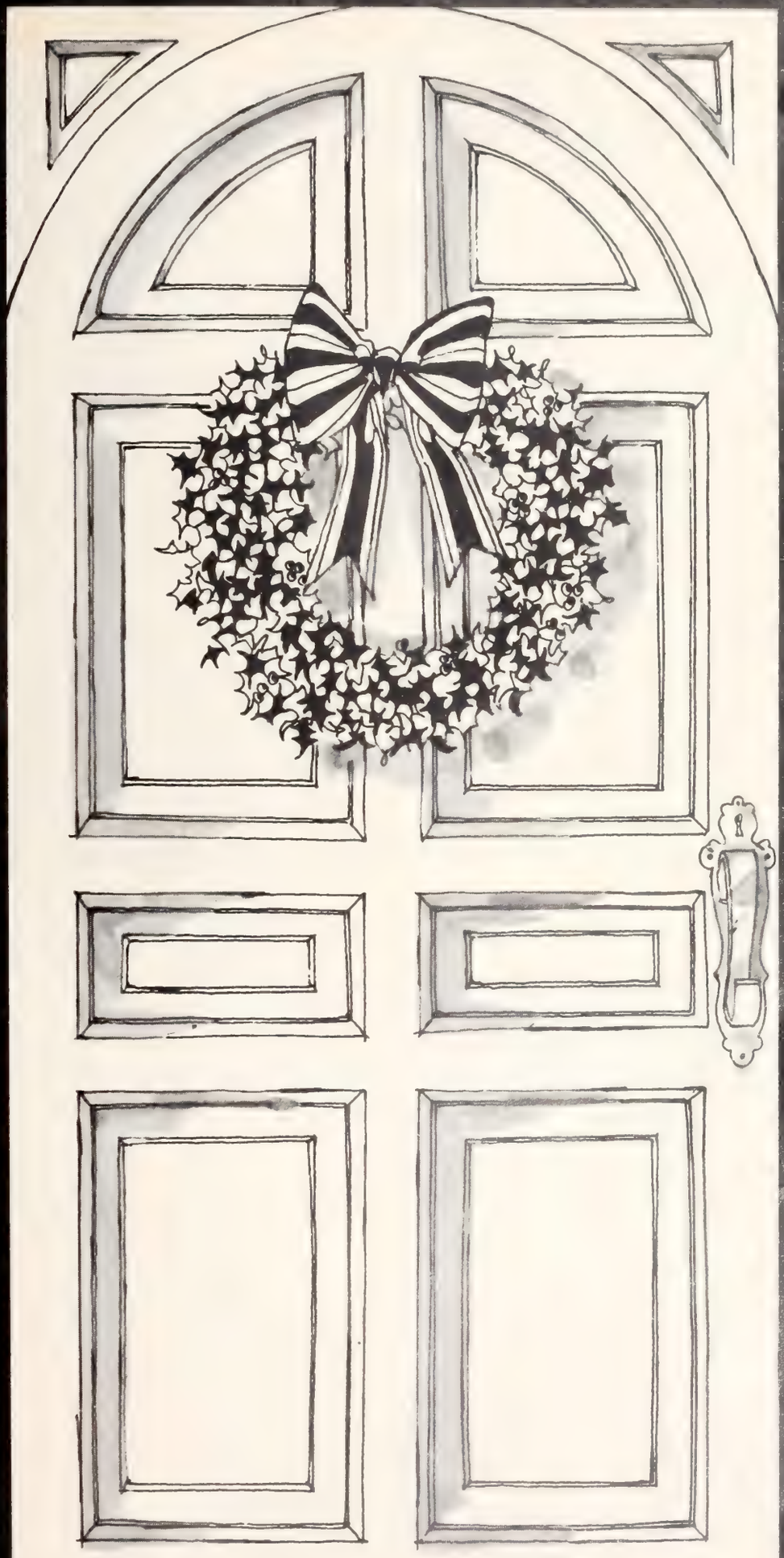
Whether mixing their own drinks or learning a new dance, many guests like to be active; doing something together as a group is entertaining in itself. That's why there are always willing volunteers for painting parties, house raisings, even quilting bees (all enjoying revivals now). You can keep family and friends active—and entertained—with old and new games right on hand: a chess table set up and ready for play or a giant jig-saw puzzle on a side or foyer table where whoever passes can stop, ponder and add a piece.

...this is the time that lends itself naturally to participation entertaining.

With carols to be sung, garlands of greens to be hung, cranberries for the tree to be strung, this is the time that lends itself naturally to participation entertaining. From ornament-making to Holiday charades, the season is full of wonderful things to do. And your house can be the warmest place in town for doing them with zest... if you entertain with the best in Holiday spirits.

PREPARED BY HOUSE & GARDEN FOR HEUBLEIN INC.
PHOTOGRAPHY BY BILL MARGERIN
DESIGN CONSULTANT: RENEE GRAUBART
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HOME FOR THE HOLIDAYS

There's no place like HOME FOR THE HOLIDAYS...and there's no place like THE MAY DEPARTMENT STORES COMPANY for spirited ways to make your home fabulously festive this year.

All the glowing ideas for a warm season of festive entertaining begin at The May Department Stores where fashion and function are synonymous with quality and value.

Furnishings and accessories shown in the preceding 12-page portfolio are available in downtown and branch store locations (or by special order) throughout our 12 metropolitan areas . . . along with so much more...additional gift-giving and entertaining ideas, fashions for merrymaking at home or out, and helpful interior design professionals to guide you in making your home for the holidays a sparkling place for you, your family, and your friends.

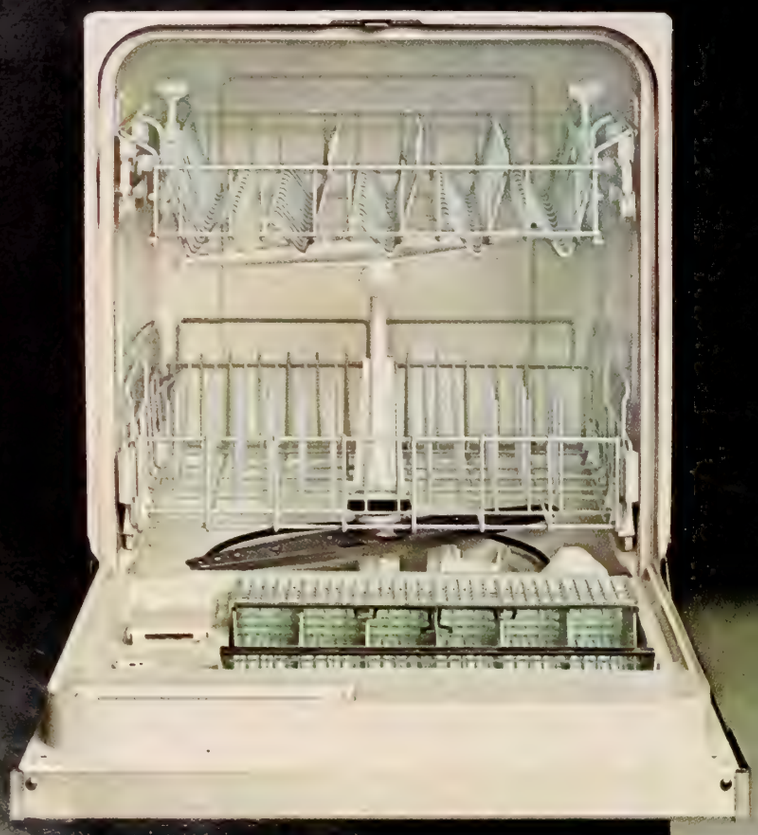
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Nobody told us to make it better.



Why aren't we satisfied with merely building a dishwasher that washes dishes and making a comfortable living off selling it?

Because long ago we realized that to survive in this harsh competitive world, an appliance manufacturer, like the corner diner, has to deliver a better hamburger or die.

So we designed our dishwasher to wash dishes, of course. But then we put the silverware and cutlery baskets in the door.

Why? Not because you asked for it, but because we think it's a convenience that simplifies loading and saves your fingers from occasional nicks and jabs.

We included a super scour cycle should you dare entrust a pot to a dishwasher and expect it to come clean. Because we expect it to.

We designed the top rack to tilt easily so you can put in unusual loads.

We included sound insulation so it runs quietly. And we even installed a switch that lets you save energy by air drying the dishes if you like.

We do all this because we believe everything we make, from dishwashers to washers and dryers, says a lot about us.

And we want it to say only the best.

Whirlpool
Home Appliances

We believe quality can be beautiful.

tinued from page 28

ons.) Personal communica- n in medicine is vital. A ient must understand his or physical condition to take e of it and do well. The betic, for instance, should ow almost as much about betes as the doctor does, nething that can come ut only through patient ex- nation in the doctor's of- . Scientific aids are fine, t not as a substitute for sym- hetic one-to-one contact. If u find it difficult to get at- tive listening and suitable planations from your doc- , it would be wise to find other.

What is the role of con- ence in love today?

In the last ten years, the xual revolution has taken us rther than the preceding lf-century toward full ac- ptance of reality. The hu- an sex drive has come into e open, to be dealt with nsibly and enjoyably, rather an uncomfortably re- essed, or expressed with ilt. Varied techniques en- h the love experience. omen participate actively r pleasure, enhancing male tisfaction. There is a more eral attitude toward all nds of love, a loosening up rigid ideas about "proper" xual relationships. Nonethe- ss, the feeling of distress hich accompanies violations established behavior still verns sexual activity.

Conscience in love persists ecause people feel more mfortable acting within a cially acceptable bound- y. Even very "liberal" sex- l arrangements involve a de of behavior. Open mar- age, when it exists, is gener- ly by agreement, often by ntract.

Mate-sharing is organized the basis of a pact: Group xual encounters involve nsent by a restricted mem- ership. No matter how, here, or when they occur, xual relationships imply utual acceptance. Unlimit- d freedom, utterly impul- ve behavior (rape, for ex- mple) is regarded as patho- gical.

What for you is right or rong, desirable or undesir- ble, is a matter of personal rinciples. Each person must e at ease with him or herself, uided by an individual code.

Continued on page 49



Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

LIGHTS, LONG LIGHTS: 12 mg. "tar", 0.9 mg. nicotine, av. per cigarette, by FTC method.

New Salem Long Lights

Salem Lights



Salem Lights now come in a new longer length.

Longs smokers. Now you can enjoy a low tar cigarette with Salem taste, too.

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Health/Psychology/Sex

continued from page 47

The point to remember is that love is most fulfilling expressed within the bounds of conscience.

Q. What causes food poisoning?

A. Food poisoning is commonly caused by three bacterial organisms, staphylococcus, salmonella, and clostridium perfringens. The subsequent diarrhea, nausea, pain, cramps, and fever occur in two hours with staphylococcus and between eight to ten hours later in salmonella and clostridium perfringens infections.

All such poisoning results from improper food preparation or storage, or both. Be alert for off-color, unusual odor or appearance, bent or swollen cans, too-long home or market storage, obviously melted and refrozen items, dates on packages. Boil reheated gravies and heat leftovers at high temperatures, since refrigeration stops bacterial growth but doesn't destroy it. Never allow food to cool outside the refrigerator, put it in at once.

Food poisoning may also be caused by natural mold growth, which develops in food kept too long or stored in damp locations and dirty refrigerators. Even a tiny surface spot means roots throughout and is a signal to discard. Industrially polluted waters may produce mercury or lead poisoning in fish, which causes upset stomachs. Today sewage is another menace and increases the risk of hepatitis from shellfish. Carcinogenic PCB has reached even Arctic lakes. Watch for published warnings of high contamination. The key rule to prevent food poisoning: If in doubt, throw the food out. ■

Unsolicited manuscripts

House & Garden assumes no responsibility for unsolicited manuscripts, photographs, drawings, house plans, or uncommissioned material. Material submitted must be accompanied by return postage or a self-addressed, stamped envelope.



"A little kingdom I possess."

Louise May Alcott

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Once, this beautiful carpet design could only be seen in a museum. Now you can exhibit it in your home.



In one of the nation's most respected museums is displayed a rug considered among the most striking examples of Early American folk art.

It was a labor of love. Indeed, the individual needlework patterns were done by a young Vermont woman named Zeruah Higley Guernsey while awaiting the return of her sailor from the sea. But he did not return. So Zeruah stitched the many individual pieces into a rug.

So unique was the result that eventually — and rightfully — her masterwork became a museum treasure.

Carpeting, rugs and crewel kits to match.

Now Wellco has taken twelve of Zeruah's loveliest designs and translated them into the American Heirloom group of carpets, rugs and crewel kits.

50% Discount on Crewel Kit



"The Blue Cat," shown here, is just one of the six imaginative designs chosen for the American Heirloom Crewel kits.

Bring this coupon to your dealer, and he'll give you a 50% discount on any of the crewel kits.

The pattern shown here is available in broadloom and in fringed area rugs, in six different colors.



To complement the pattern, you can get solid-colored broadloom in 32 coordinated colors, all treated with Scotchgard anti-soil, anti-static protection.

And there are six different crewel kits for you to choose from, so you can recreate Zeruah's designs for yourself — and make them into pillows or chair covers or wall hangings, to match the carpeting.

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Harlingen .....Star Furniture Center
Harlingen .....The Source
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Houston .....Black's Carriage House
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Hurst .....Trice Floor Covering
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San Antonio .....Carpet & Interiors
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Victoria.....Home Interiors

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For a brochure describing and illustrating this fine custom-made collectors' furniture, write to The Franklin Mint, Department 261, Franklin Center, Pennsylvania 19091.

AUTO SUGGESTIONS

Buying a secondhand car

Plus antitheft identification for your car, tips about CB radio, and handy automatic garage-door openers

By Mary Elizabeth Falter

The second time around

Buying a secondhand automobile can make you nervous. However, having decided that it's the route you want to pursue for a first or second car, or a car for a son or daughter, proceed with some caution and an expertise that can be acquired or "borrowed."

Begin by shopping for a dependable dealership, one that's been in business a substantial length of time. Then do your homework in the newspaper classified pages. You'll get an idea of price, turnover, and even quality by what's advertised, just as you may have when buying a new car. When you find a make or makes you're interested in, try to find someone who owns the same car and ask him how satisfied he is. As to price, the bank will check it for you in a resale book. Always shop for a car armed with as much specific information as possible and by all means, avoid the lone-wolf secondhand car lot *not* associated with a dealership. They usually fly lots of bright little flags and are called something like "Harry's Rite-Buy Used Car Lot."

When you've made a tentative selection, get in the car and drive it with the windows up and the windows down, checking for odd noises and any kind of fumes, and make sure that all the important instruments (odometer, windshield wipers, indicator lights, and oil-gauge signal) are in good working order. Try the door handles and window mechanisms. Check the braking and accelerating time, reverse gear, and make a series of tight turns right and left. Finally, try to find a pretty rough stretch of road and check out the shock absorbers and wheel suspension. A quick way to check shock absorbers is to put one foot on the bumper and lean hard. If the bumper gives 3 inches or more with little resistance, the shock absorbers are weak. Shift often and watch to see if second gear (the one used most often) is loose or if the clutch slips. In an automatic-drive car, watch for irregularities in sound and feel.

Back at the lot, check for rust on the body around the door bottoms, fender panels, and at the bottom edges of the frame. Shiny new paint may mean the car has been in an accident. Look to see if there are any faint mars or uneven spots on the body that would indicate other accident damage.

Anyone looking for a secondhand car who is not well-informed about automobiles should certainly take along a friend who *is*. Another solution is to hire a good mechanic on his off-time to examine the car you're considering and give it a compression check to determine the health of the valves.

Finally, ask the used-car dealer for a certification of milage and a guarantee of at least 30 days. The guarantee should include the transmission, the engine, and the "drive-train system" (i.e. any part that is powered by the engine, including the air-conditioning and the steering mechanism). Tires usually have a separate warranty; get one if you can, but often used-car dealers cannot provide them (they were issued to the owner when the car was new). Use the 30 days wisely, checking out any faults you possibly can. Remember that the good buy is probably a car that has been *kept* in good condition—clean, waxed, and in good order, all indications that the owner cared.

Antitheft I.D.

The police recover stolen automobiles every day, but restoring them to their rightful owners is often a problem. Most stolen cars are quickly stripped of all identification and proof of ownership such as registration, license, and serial numbers. With the need for positive permanent identification in mind, the Credit Card Service Bureau in Alexandria, Va., has developed a new service called the Nationwide Registry Service. For an annual fee of $12, or $27 for 3 years, this service will enroll you in a program called Identi-Fax. When you join, Identi-Fax sends every member a kit which contains a unique identification number, a special marking tool, a registry

Continued on page 58

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A used-car dealer's 30-day guarantee should include transmission, engine, and "drive-train system" (any part powered by the engine)

Secondhand car

continued from page 52

sheet (no limit on items to be registered) for automobiles, boats, trailers, motorcycles, TVs, binoculars, or anything else of substantial value which can be marked in a special hidden place. The identification mark can't be removed without leaving an obvious indentation. Should your car be stolen, first call the police and then call Identi-Fax. The Bureau will give the police your special trace number and notify your insurance company. The membership kit also includes warning decals for all registered items. They have been proven to be highly successful theft-deterrents. According to a study covering 150,000 families carried out by the Minnesota Governor's Commission Survey on Crime Prevention and Control, registered or marked items were 11 times less likely to be stolen than unregistered items.

Shrinking spare tire

As automotive designers reduce the size of automobiles in the interest of fuel economy and efficiency, cars have grown shorter, lower, and even narrower. This space loss has to be reflected somewhere, and it's often the storage compartment or trunk that suffers. As a result, the spare tire has become highly expendable, and alternative solutions are being developed by the tire industry. One is the small inflatable *temporary* tire that takes up very little space and is inflated with an aerosol air pump when needed. Called the Space Saver Spare, by Goodrich, it comes in both a small size, filled with an aerosol canister air pump that sells for $5, and a larger size, with a $9 canister. These must be replaced each time the spare is inflated, and it can only be inflated by these pumps. The spare will get you safely about 50 miles—to a garage or gas station—but is certainly not meant for long-term use.

The rubber companies are said to be hard at work developing new types of tires that will eventually eliminate the need for a spare. Radials are a great improvement, as most are blowout-resistant and give a smooth, steady ride.

Hazards of CB radio

The CB radio is so popular now that many motor hotel garages have special parking areas, brightly lit and under special surveillance because the theft rate is so high. In fact, some insurance companies are now refusing to cover CB and 8-track units because of the theft rate. To help solve the problem, one CB model is conveniently installed in a bracket so it can be very easily removed and carried to safety into the house or hotel room. As the antennae quickly identify a CB car, a valuable antitheft accessory is the Flip Flop Disappearing Antennae Mount ($11.95 from the Shur-Lok Manufacturing Co., 413 Main Street, Hutchins, Tex. 75141). It allows the antennae to fold neatly into the rear luggage compartment where they can be locked while unattended.

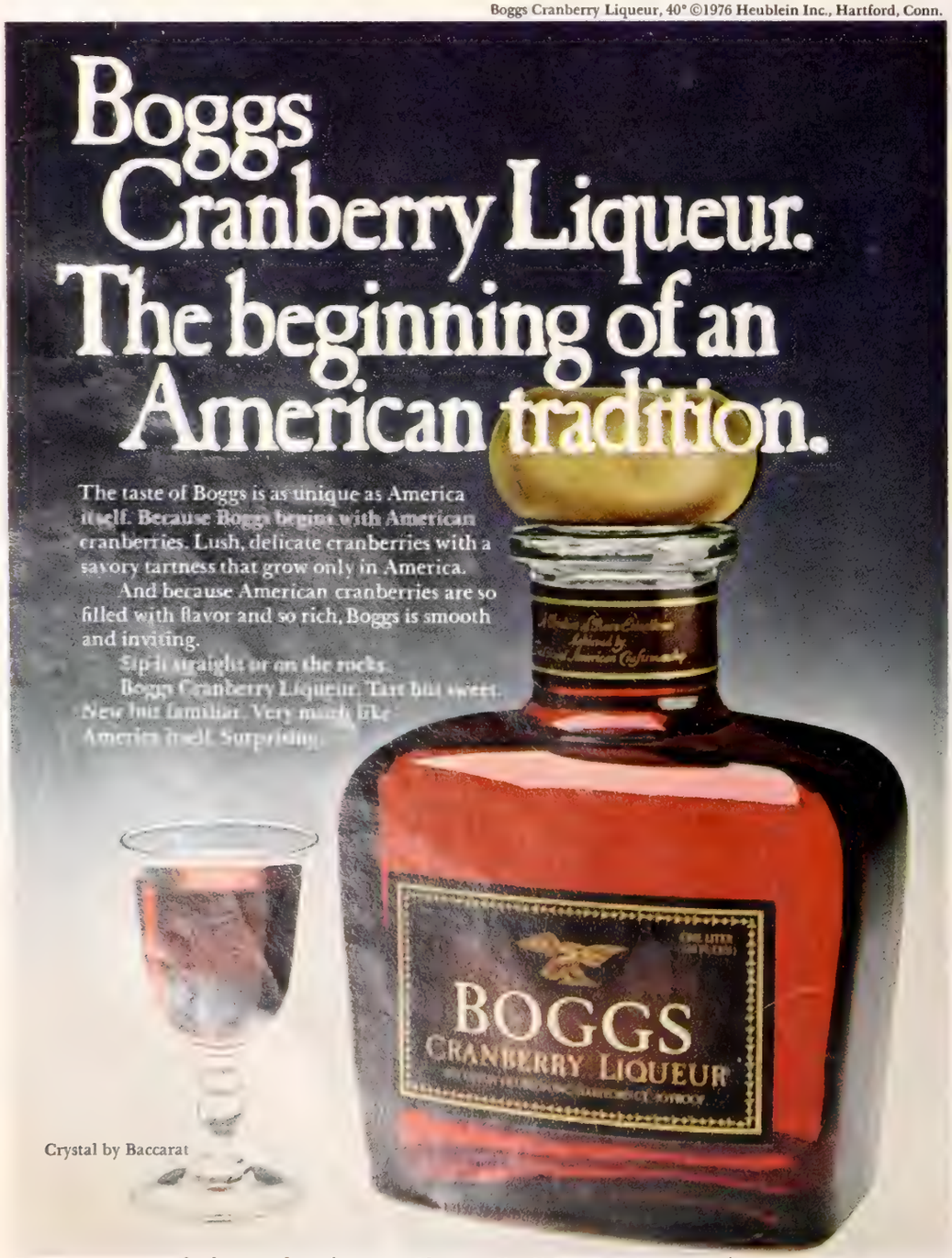
Open-and-shut case

Drivers who come home alone late at night will feel more secure if they can open the garage doors with a special transmitter inside the car. They'll also stay much drier if it's pouring rain or snowing.

There are several good makes of automatic door-operators on the market that are nationally distributed. Genie, one of the better ones, works on a worm-screw principle. Others operate on a chain-lift mechanism. They all range in price from about $200 to $350, depending on options. Options include such things as a manual key to unlock the doors if you are not carrying the transmitter (putting garden tools away, etc.) and an emergency disconnect attachment to be used in case of a power failure. Note, however, that all automatic door-operators are made for light, strong, smoothly operating, overhead garage doors. Installation of the mechanism does not include adjustments or replacement of doors.

Available at door suppliers (see the Yellow Pages), principal makes are Genie, Venco, Automatic Doorman, and Allimatic. ■

Boggs Cranberry Liqueur, 40° ©1976 Heublein Inc., Hartford, Conn.



Boggs may not yet be in your favorite store. If not, call toll free 800-243-9188. (In Conn. 800-942-0324)

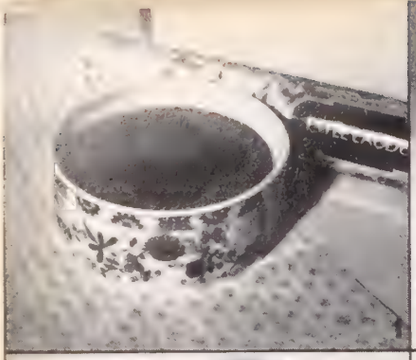
You can smoke fewer cigarettes by smoking longer ones.



Long, lean, delicious. Max 120s. They take longer to smoke so you don't light up as often.

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

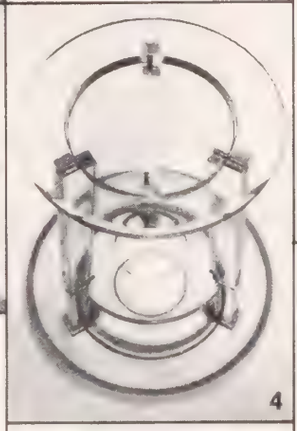
House gifts

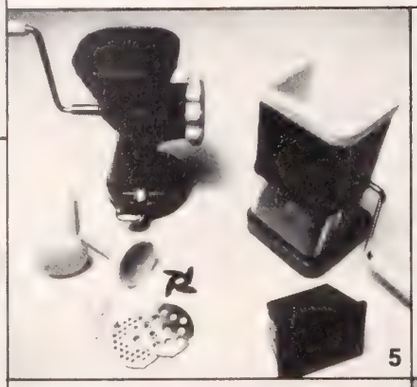




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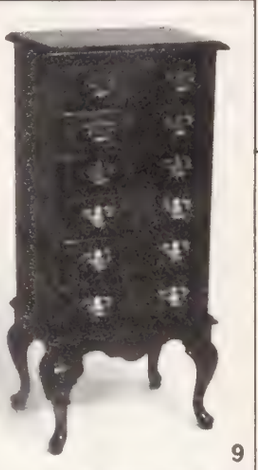

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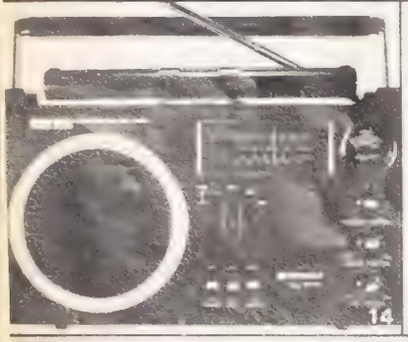

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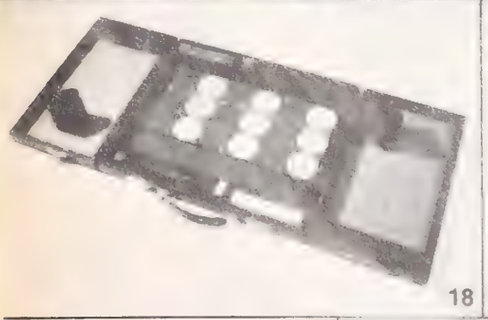
A collection of year-round pleasures for the home, to give you comfort and joy this season and many to come. Details on page 64.


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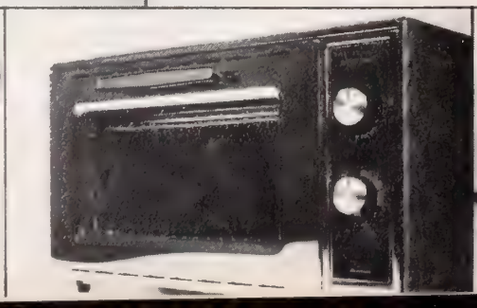




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Jingle Bells



What better way to ring in the holidays and express the spirit of friendship than with the gift of rare taste. A Christmas tradition for almost 100 years.

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Pomona, J.H. Biggar
San Diego, Edward's Interiors
San Diego, V.J. Lloyd Furniture
Santa Ana, J.H. Biggar
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Milford, Interiors by Alexander's
New London, Home Beautiful
Southbury, Classic House

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Miami, Interiors by Binder's

GEORGIA
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ILLINOIS
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Carbondale, Renfro Furniture & Interiors Inc.
Chicago, Plunkett Furniture Company
Chicago, John M. Smyth—All Stores
Elgin, Clendening Interiors, Inc.
Lombard, Plunkett Furniture Company
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MINNESOTA
Arden Hills, Carroll's Fine Furniture

MISSISSIPPI
Jackson, Mississippi Wholesale Furniture Company

MISSOURI
St. Louis, Carafiol's-Two Stores

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Crete, Wanek's of Crete
Omaha, Peg Boyle Interiors Ltd.

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Cherry Hill, Jack E. Bateman's Interiors
Manalplan, Steinbach Manalplan Mall
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Hartsdale, Caiati Drexel Heritage
Huntington, Lyons Furniture Company
Poughkeepsie, Fleishman's Fine Furniture
Rochester, Bayle's Furniture
Syosset, Caldwell's Interiors Inc.
Syracuse, D.A. Daniels
Utica, Leeds Distinctive Furniture, Inc.
Williamsville, (*Buffalo*), Country Manor Galleries

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Forest City, Grindstaff's Interiors
Lenoir, Stevens Furniture Co.
Raleigh, Wayside Furniture House
Wilmington, Sutton Council Furniture Co.

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chair looks and feels as comfortable as its name. Pumpkin-colored vinyl with laced-up sides. 27 inches wide, 40 inches deep, 28 high. $50. Matching ottoman-table available, $35. By Decorian. At Bamberger's. **11. Plastic dispenser bottles**—so useful they'll find their way into every room of the house. Dripless nozzles, snap caps. Yellow, red, or white bottles, with red or yellow caps. 4 ounces, 4½ inches high, $1. 10 ounces, 6 inches high, $1.25. 20 ounces, 9 inches high, $1.50. By Alan Spigelman, at Bloomingdale's. **12. Hand-cranked ice-cream freezer** makes the best old-fashioned ice cream you've ever tasted. Pine tub has a maple finish and beechwood scrapers. All metal parts that touch the mixture are coated with pure tin. White Mountain's model 643, 6-quart capacity, $49.50 at selected hardware stores. **13.** Years ago decorative fire screens protected a woman's face from a hearthside flush. **The Nellie Custis Fire Screen** is reproduced from an original that belonged to George Washington's foster daughter. Fashioned of mahogany, the Chippendale screen is covered with floral needlework, 54¼ by 22½ inches, to stitch yourself. Needlepoint design on canvas, and wool, $175. Fire screen and matting of completed needlework, $275 additional. From the National Trust for Historic Preservation collection by Hickory Chair. At Woolworks **14. Portable radio** keeps you in touch with the latest police, fire, weather, and navigation information, as well as FM/AM broadcasts. Illuminated dial and tuning meter. 12¼ inches wide, 7¼ inches high, 3⅛ inches deep, in a strong black case. KH/1170 by Hitachi, $79.95. **15. Scalloped napkins** with contrasting borders are a large, lap-covering 18 inches square, in almost any color imaginable. Matching oval place mats available. Both $5 each. At Cache-Cache. **16. Electric shaver** with an ultra-thin foil shaving head, geometrically patterned to catch every hair, platinum-coated for smoothness. Handsome black case is virtually unbreakable. Dual voltage. The Eltron 660 by Braun. $51.75 ppd., Hammacher Schlemmer. **17. Cedar-lined yew wood chest** is trimmed with brass hardware. Natural finish. 39¼ inches long, 19¼ inches deep, 17¼ inches high. $399 at Lane dealers. **18. "Counterstrike,"** a strategy game in the classic tradition of backgammon, chess, and checkers, in a leather-like, double fold-out carrying case of brown or black. By Essex Game Company. $50. The travel model with backgammon set (not shown) $36. Both, Brentano's. **19. Marbleized notes and place cards** in assorted swirling colors.

HOUSE GIFTS

pictured on page 60

1. Giant candle in a 10-inch blue-and-white china bowl to fill a room with Youth-Dew perfume. $20. **"Country Sachet Paper"** scents drawers, shelves, boxes with a bouquet of Aliage ($10) or Youth-Dew ($8.50). Six patterned sheets, 24 by 18½ inches each, in a printed tube. Both, Estée Lauder. **2. Whole roasted chestnuts** without juice, to sauté as a vegetable or use in stuffings. Imported from France by Liberty Import. 16⅓-ounce jar, $3.50 at Bloomingdale's. **3. Heavy, cast aluminum cookware** cooks quickly, evenly, even at low, energy-saving settings. Easy-to-clean interiors. Hand-rubbed, mirrorlike finish outside. Treated replaceable hardwood handles. 5-quart covered Dutch oven with meat rack, $29.99. 3-quart covered saucepan, $27.99. 10-inch covered skillet, $28.99. From the Country Collection by Magnalite from General Housewares. **4.** Sit on it, stand on it, put a plant on it—this all-purpose **Lucite stool** fits in anywhere. 18 inches high, 12 inches in diameter. $172.75 ppd., from Hammacher Schlemmer. **5. Meat grinder and cheese grater** of dishwasher-safe plastic, each with suction base and stainless steel cutting blades. Grinder includes disk attachments, meat press, sausage funnel. Grater's transparent container stores or serves. Top can be used as a food press. Made in Italy by Barry-Ware. In Sun Yellow, Tangerine, Velvet Brown, and white. Each 7½ inches high. Grinder, $13, grater, $12, at Bloomingdale's. **6. "Pulsation" shower head** of chrome-plated brass also adjusts for a steady spray shower. Ball-swivel mount fits any standard shower arm. $21.95 from Moen plumbers. For dealers, see your Yellow Pages. **7. Electric crêpe machine** with batter pan and spatula, for thin, tasty crêpes. Nonstick surface needs no oil. Cast-aluminum construction ensures even heat distribution. Model 303 by Grandinetti. About $20, at Bloomingdale's, selected hardware stores. **8. 14-inch steel wok** with aluminum cover and perforated steam plate, flared ring stand for gas or electric stove tops, flat-stemmed spatula and ladle of polished stainless steel, and bamboo chopsticks. By Atlas. Gift set, $22.50, Liberty House. **9. Silver chest** in the Queen Anne style, of hardwood with mahogany veneers, has six drawers, brass hardware, and cabriole legs. 18 inches wide, 13 deep, 38¼ high. Carolina Tables. $219.95 at Miller & Rhoads. **10. "Old Shoe" beanbag**

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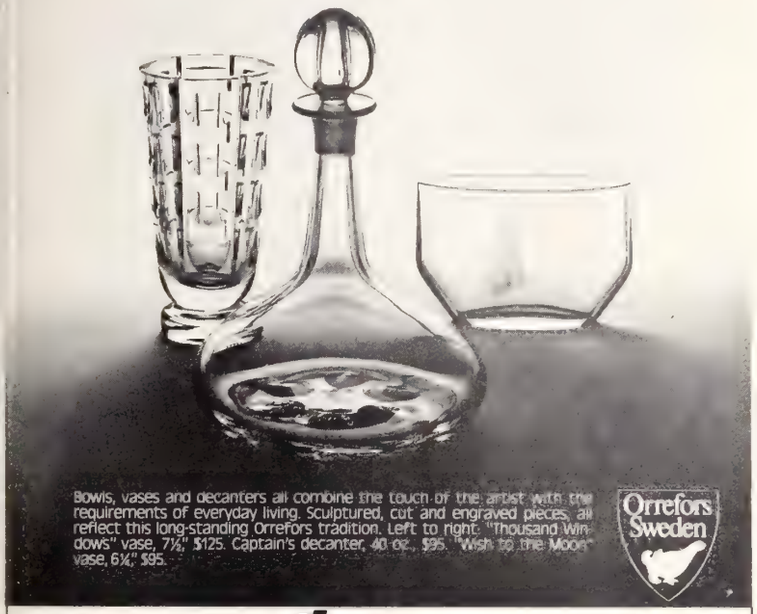
Exquisite Orrefors crystal vases. A single flower or a whole bouquet-Orrefors makes them all more beautiful. The "Flora" series of vases (pictured on left 5⅝" x 4⅜" $25.00) has our exclusive built-in stem support. "The Bee" vase from our collection of hand engravings is 4" tall, $65.00

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Bowls, vases and decanters all combine the touch of the artist with the requirements of everyday living. Sculptured, cut and engraved pieces, all reflect this long-standing Orrefors tradition. Left to right: "Thousand Windows" vase, 7½", $125. Captain's decanter, 40 oz., $95. "Wish to the Moon" vase, 6¼", $95.

Orrefors Sweden

the orange horse
Town & Country Village
Sacramento, Calif. 95821

HOUSE GIFTS

Presents of mind

Books—for craftsmen, lovers of the arts, master cooks or amateurs, animal and nature fanciers, or anyone for whom a book makes the perfect Christmas present

By Jerome H. Denner

Best-sellers come, they're read, and generally, that's that. But a remarkable book dealing with one's personal or particular interests (or capable of sparking a new one) will give lasting pleasure. Here are some books worth looking into as you choose Christmas presents.

The fine arts

For anyone seriously interested in the arts and their development through the ages—**Art: A History of Painting, Sculpture, Architecture** (Abrams, $50) by Frederick Hartt. An encyclopedic work in two bountifully illustrated volumes, the first working its way from prehistory to the Middle Ages, the second continuing through a comprehensive discussion of 20th-century works. An especially appropriate gift for college students . . . **Birds, Beasts, Blossoms, and Bugs** (Abrams, $25), text by Harold P. Stern. The fundamental themes in Japanese art, with hundreds of illustrations showing how they appear on screens, scrolls, porcelains, wood, papier-mâché, stone.

For the esthete-in-bud: **The Pantheon Story of American Art for Young People** (Pantheon, $14.95) by Ariane Ruskin Batterberry and Michael Batterberry, provides a thorough survey of American art from Indian basketweaving through pre-Revolutionary art all the way to Op and Pop. The simple but never condescending text makes this book appropriate—and

Continued on the next page

ALL PRICES APPROXIMATE. BOOKS AVAILABLE THROUGH YOUR LOCAL BOOKSTORE.

3-by-4-inch folded notes with matching envelopes, 25 for $7.50. Place cards, 2 by 3½ inches, 20 for $3.50 at Ffolio. **20. Trigger-operated electric food press** decorates, garnishes, stuffs. Pipes mashed potatoes or shapes dozens of cookies. Operates at two speeds. Clear plastic barrel holds 12 fluid ounces, can be safely reloaded while plugged in. It has a 6-foot cord and weighs less than 2 pounds. Complete with barrel loader, decorator and filler tips, nine design disks, and recipe booklet. "Super Shooter" by Wear-Ever. $25. **21. Queen Anne side chair** with black lacquer finish, hand-painted chinoiserie detail, has a damask seat cushion in gold. 20½ inches wide, 18½ inches deep, 38½ inches high. Seat is 18 inches high. From the American Masterpiece collection by Hickory. $299 at Gimbels. **22.** Roosters, turkeys, alligators, and boats make bath time a lot more fun. **6-inch rubber sponges** are imported from Germany by Alan Spigelman. These and others, $5 each at Bloomingdale's. **23.** A never-ending supply of natural vinegar is yours by simply adding wine to the **Working Vinegar Barrel.** Comes filled with ½ gallon of zesty red wine vinegar and the "mother" enzyme that stimulates fermentation. Hand-crafted oak cask with brass hoops on a wooden stand. Instructions and recipes included. $39.95 ppd. from Franjoh Cellars. **24. Caddy of clear acrylic** keeps bath supplies at hand in the shower. Hangs from rod or wall. 14 inches high by 6½ inches wide. By Vincent Lippe. $20.35 ppd., at The Difference Is. **25. Freestanding oven-broiler** not only bakes, broils, roasts, and defrosts, but also automatically cooks and browns a complete meal in separate dishes in 6 to 10 hours. Constant low heat gradually increases until your meal is done. Low wattage saves energy. Interior cleans itself at normal cooking temperatures. Double walls keep kitchen cool. Interior 7¼ inches high, 14¾ inches wide, 11 inches deep. For families of 4 to 6. "System III" by Toastmaster. About $85. **26. 85-watt blow-dryer and styling brush** combine in one powerful, lightweight wand so you can style and dry your hair with one hand. Heated air flows through the round-brush attachment for curling, or use the air concentrator for spot drying. Two comb attachments for straighter styles. Sunny yellow "Super Brush" by Remington. $33. ■

noted. Store address, page 203.

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classic candlesticks for romantic moments, hurricane lamps for indoors or

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Stained Glass (Crown, $35 until Dec. 31; then $39.95), with hundreds of photographs by Sonia Halliday and Laura Lushington and text by Lawrence Lee, George Seddon, Francis Stephens, is a must for everyone who loves this ancient art. And the volume may well convert the so-far-unimpressed. Beginning with the world's oldest windows (11th-century Old Testament figures in Augsburg Cathedral), it traces the history of stained glass to the present—windows by Chagall and Braque, and contemporary experimental work.

Handcrafts

Whatever the craft, there are plenty of books with easy-to-follow instructions to titillate the experienced craftsperson, the tyro, or anyone seeking new crafts to conquer. A sampling: **The Art of Decorative Stenciling** (Viking, $15.95) by Adele Bishop and Cile Lord. 8 projects, among them a stenciled windowshade, an Early American chest of drawers, a door, a floor design, with full-scale traceable patterns . . . **Creating Small Wood Objects as Functional Sculpture** (Crown, $10.95; $5.95 paperback) by Dona Z. Meilach. Bowls, boxes, trays, toys, jewelry, decorative whatchamacallits . . . **Everybody's Weaving Book** (Macmillan, $14.95) by Alfred Allan Lewis. How to set up a loom, start weaving, six sampler-like strips to beg with, dozens of projects . . **Hooked Rugs** (Harcourt Bra Jovanovich, $14.95) by William Ketchum, Jr. A history, a galle of existing rugs, instructions a patterns to make your own . . **Rugs and Wall Hangings** (Scri ners, $14.95) by Maggie Lane. E quisite needlepoint works, 12 all, many with Oriental motif each a work of art. Not for th beginner . . . **Trianglepoint** (Vi ing, $12.95) by Sherlee Lantz. Or simple stitch—no need for coun ing and complicated diagrams– geometric designs easy for every one . . . **Carolyn Ambuter's Nee dlepoint Celebrations** (Quadra gle/N.Y. Times, $14.95 until Dec 31; then $17.50). More than 60 de signs to celebrate an occasion: ar niversary, birthday (each zodia sign), wedding, whatever, plus 1 alphabets for inscriptions . . . **Mar garet Boyles Bargello Workbook** (Macmillan, $16.95). Original de signs, some for beginners, some fo veterans, to use on pillows, hang ings, eyeglass cases . . . For th personal touch, **Greetings** (Bobbs Merrill, $10) by Peter and Mari Snow—how to make your own cards for every occasion, with many sample designs plus instruc tions on how to fold, trace, letter.

Cookbooks

"Fry-an-eggers" to Cordon Bleus

HOUSE GIFTS

Presents of mind

continued from preceding page

a pleasure—for everyone from age 10 up.

Photography has taken its permanent place among the fine arts. Here are some reasons why: In **Photographs of the Southwest** (N.Y. Graphic Society, $32.50) Ansel Adams brilliantly captures in black and white the texture of the land and its people of the American Southwest between 1928 and 1968 . . . **The Secret Paris of the 30's** (Pantheon, $17.95). French photographer Brassai exposes the seamy underside of Paris in the 1930's—the brothels, nightclubs, opium dens and their colorful denizens. In the accompanying text, he reminisces about his world and the circumstances that prompted the pictures . . . **The Unretouched Woman** (Knopf, $20; $9.95 paperback) presents 20 years of Eve Arnold's revealing studies of woman—glamorous, witty, poignant, startling . . . **Portraits** (Farrar, Straus & Giroux, $25). Richard Avedon's superb, pitiless studies of the noteworthy in many fields, and shattering portraits of his aged father.

Not necessarily great photography but a barrel of fun and nostalgia—**Wonders of the Stereoscope** (Knopf, $25), complete with a stereoscopic viewer and 48 stereographs, facsimiles of turn-of-the-century originals. The book, by John Jones, gives a complete history of stereoscopic photography but the fun is with the viewer, through which you see in 3-D everything from the heyday of Niagara Falls to Victorian erotica.

The Architecture Book (Knopf, $15; $8.95 paperback) by Norval White, is encyclopedic in scope. 1,400 alphabetized entries from Aalto to Zoophorous (look it up!) cover every period, style, significant person.

Two books focusing on the Islamic world: Its architecture gets all-out treatment in **Monuments of Civilization: Islam** (Grossett & Dunlap, $19.95) by Umberto Scerrato. Starting with the origins of Islamic architecture, ending with its influence in North Africa and Spain, the book contains a series of revealing color photographs . . . Covering not only architecture, but also Islam's arts, sciences, philosophy, and history, **Islam & the Arab World** (Knopf, $29.95 until Dec. 31; then $35), edited by Bernard Lewis, presents almost 500 photographs, drawings, and maps. It emphasizes Islam's beginnings in the 7th century to the aftermath of the Mongol conquests in the 13th.

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Brown's

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all want unusual recipes. A few offbeat books that provide them: **The Complete Book of Japanese Cooking** (Evans, $12.50) by Elisabeth Lambert Ortiz and Mitsuko Endo. Every aspect of Japanese cooking made easy for American cooks . . . Two for the wok-a-day world: **Chinese Cooking for the American Kitchen** (Atheneum, $12.95) by Karen Lee. The title is self-explanatory. For economical treats Chinese style, **Chinese Cooking on Next to Nothing** (Pantheon, $8.95; $3.45 paperback) by Kenneth H. C. Lo. Unusual, delicious dishes whose taste belies their low cost—a fine way to feed large numbers of people well on a low budget.

The New York Times Southern Heritage Cookbook (Putnam, $7.95) by Jean Hewitt. More than 400 recipes exploring the authentic cuisine of the American South (make your own River Road Hush Puppies or Hot-ta-Meat Pies) . . . Remembrance of foods past: **Dining with William Shakespeare** (Atheneum, $12.50) by Madge Lorwin. Thirteen complete Shakespearean feast menus with recipes for today's kitchen; essays on the foods and customs of Elizabethan England . . . A cookbook/art book—**Fabulous Feasts: Medieval Cookery and Ceremony** (Braziller, $19.95 until Dec. 25; then $25) by Madeleine Pelner Cosman. Medieval food habits in menus, service, table, manners; over 100 recipes (Fritours, Medieval Parsley Bread, Nuttye, Farsed Fesant) and lavishly illustrated with medieval paintings and illuminated manuscripts . . . and a memoir, **When French Women Cook** (Atheneum, $12.95). Madeleine M. Kamman's recollections of 8 important women in her life together with their favorite recipes; combined, they make a fine compendium of French cooking.

Oh lucky noncalorie watchers! **Frozen Delights** (Crowell, $8.95) by Diana Collier and Nancy Goff, has luscious recipes for ice creams, bombes, mousses, parfaits, baked Alaskas, even popsicles . . . If you live and/or eat alone, you don't have to "just throw something together." **Cooking for One Is Fun** (Quadrangle/N.Y. Times, $8.95) says Henry Lewis Creel, and he offers dozens of recipes to prove it, each special, easy for the beginner, none prosaic.

The World of Cheese (Knopf, $12.50) by Evan Jones. How one of our best year-round foods is made, how to judge it, buy it, store it, cook it (over 100 recipes), and an extensive dictionary of the world's cheeses with descriptions.

Gardening

To make your thumb greener, **The Complete Book of Houseplants and Indoor Gardening** (Crown, $16.95), consultant editor Edwin M. Steffek. Its subtitle spells it out: ". . . comprehensive guide to growing and propagating healthy and beautiful plants in your home, on patios and balconies, in terrariums and greenhouses." What more could you want? Ravishing color illustrations . . . **American Gardens in the Eighteenth Century** (Houghton Mifflin, $17.50) by Ann Leighton. Gardening in Colonial America—what was planted, how, what the gardens looked like (copious illustrations), and "an appendix of plants most frequently cultivated in 18th-century American gardens."

The Animal Kingdom

One of the most beautiful books of this or any season: **The Audubon Society Book of Wild Birds** (Abrams, $35) by Les Line and Franklin Russell. You don't have to be a bird fancier to savor the breathtaking color photographs: a flock of pelicans; a royal albatross paddling its way across the waters for take-off; a baby pelican with its head in its mother's mouth waiting dinner . . . Equal time for the piscatory fellows: **The Fresh and Salt Water Fishes of the World** (Knopf, $25) by Edward C. Migdalski and George S. Fichter, with over 500 paintings and 186 drawings by Norman Weaver. Everything there is to know about over 1,000 species from the tiniest minnow on up . . . **The Living World of Audubon Mammals** (Grosset & Dunlap, $25 until Feb. 1; then $35) by Robert Elman. Large-scale reproductions of naturalist Audubon's animal paintings, juxtaposed with photographs of the same animals in their habitats—even the rats look endearing! A beautiful job . . . And a spectacular book about the most spectacular animal, man. **The Rand McNally Atlas of the Body and Mind** ($25 until Dec 31; then $30). Its graphic "maps" and text demonstrate how every part of our body is composed; fantastic magnified photographs of cross-sections of the eye or bone look like first-rate nonobjective paintings. In all, a wealth of information in a book delightful to browse through, fascinating to read. A good choice for high school and college students.

Christmas

To help you prepare for or celebrate our favorite holiday: **The Christmas Tree Book** (Viking, $10.95) by Phillip V. Snyder. A storehouse of information about the history of Christmas trees and their decorations. Lavishly illustrated with pictures of old ornaments . . . **Christmas Crafts for Everyone** (Abingdon, $8.95) by

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MORNESTAMS

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Romania: In search of the real Dracula

The road to the lair of the man behind the myths leads through fields of flowers and romantic mountain passes to the discovery of a fascinating and little-known culture

By William P. Rayner

America was not the world's first "melting pot"; Romania was. For this ancient land bordering on the Black Sea and surrounded by Russia, Hungary, Yugoslavia, and Bulgaria has for 2,000 years been Europe's flash point where the Romans, Goths, Saxons, Seklers, Magyars, Greeks, Turks, Armenians, Gypsies, and Jews came to conquer or consort with the native Dacian breed. Their fearful history has produced such a diverse mixture of bloods, religions, and cultures that today the Romanian is a concept rather than a race. They are perhaps the first people to achieve this distinction.

We arrive one stormy August evening in the concept's capital, Bucharest, where the representative of the Ministry of Tourism awaits. He has in mind that we must dine and with a single-minded hospitality that characterizes the Romanian people we are conducted to the Caspa, one of the oldest restaurants of Europe, for a marvelous dinner: caviar, sorrel soup, cold duck with olives, salad and ewe's-milk cheese pie, all washed down with a local Riesling. Our host explains that the sturgeon from which the caviar comes is old, often 200 to 300 years of age. (As if that weren't enough, Sacheverell Sitwell in his book *Romanian Journey* reports that a "scarcely credible 800 years was mentioned as the age of an exceptional specimen. . . .") It is unsettling to think that what I am eating is the product of a fish most likely born before our independence.

The next morning we get our first view of Bucharest, which the Wallachian prince, Vlad the Second (Dracula's dad if you will) ordered built 500 years ago. Today it is a city of wide boulevards and great parks, set in a plain 40 miles north of the Danube River and 90 miles south of the Carpathian



Bran Castle where Dracula lived and Queen Marie grew dahlias.

Mountains. The architecture reflects the "melting pot" insistence with Neo-Gothic, Renaissance, baroque, orthodox, and contemporary all intermixed, yet somehow harmonious. But by far the most interesting architecture we will see is in the Village museum, a 25-acre park near the edge of the city. The park explains a great deal about why there existed among the rural population a sympathy that early on sparked an imperative to fuse into a single nation the three regions of Wallachia, Transylvania, and Moldavia. For in this park popular architecture echoes a consistency between the fishermen's shed of the Wallachian south, the vine-covered cottages of the Transylvanian midlands, and the wooden churches and painted houses of the mountainous Moldavian north. All are set as they would appear in the region to which they are native. The Danubian fishermen's huts are hard by a canal, the Transylvanian farmhouses, summer kitchens, and stalls are surrounded by wheat fields, while the wooden houses and churches of Moldavia are fenced in with flowers. The park is a delight. For those who prefer gold to wood, the Bucharest History Museum offers a fascinating collection of Scythian, Greek, and Roman rings, scabbards, necklaces, combs, breastplates, and other treasures.

The road from Bucharest north to Brasov runs through Europe's oldest oil fields, the Ploesti, and then on into Romania's heartland, where the soil is so rich as to appear like river-bottom muck. Acacia trees line the road, while great fields of corn and wheat, along with orchards of pears, peaches, and apples flourish just beyond. Then the road leads up into the Carpathian Mountains where giant 200-foot fir trees, straight as a tall ship's mast, bank it with their dark green limbs. Streams cascade and waterfalls splash down the mountain slopes where deer, chamois, and bear still roam the rocks. It is here in the small village of Sinaia that the royal family once made their summer residence. We stop by what was the officers' quarters, now an inn, to sample a wood raspberry brandy. (The Romanians love their brandy and they drink it before, after, and during meals. Their brandy comes from not only

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The weather grows chilly as we climb higher into the Carpathians to Bran Castle where Dracula, or Vlad the Impaler, lived



The 15th-century Moldavian Painted Church of Sucevita amid monastery walls. Right: *Brancusi's endless column in memory of Romanians who fell in World War I.*



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Romania

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raspberries, but plums, cherries, apples, apricots, pears, and even fir trees.) The village houses are of Austrian chalet design with wood-trimmed façades, peaked roofs, wide eaves, and recessed windows all built on narrow, steeply inclined streets. Outside of town the first gypsy caravans appear which we suspect are of the Laetzi tribe, thought to have been brought from India in the 13th century as coppersmiths by the Tartar hordes of Batu Khan. They are horse-copers by trade, nomads by choice, and rumored to be sun worshippers by heritage. If so, they are the last of the pagans left in Europe. They trust no one, least of all themselves.



Painted Cemetery near Tirgujiu

From time to time a troupe comes to the village and when their singing ends the leader passes among the audience for "help." Now in order to ensure no sleight of hand the entertainers immobilize the collector's left arm by placing a live fly in his closed fist. When he returns he must first open his hand to release the fly alive. Woe be to the Laetzi collector who can't.

An old man spent his life carving epitaphs on wood crosses in what must be the only merry graveyard

Later that afternoon the rain begins to fall and the weather grows chilly as we climb higher into the Carpathian Mountains on our way to Bran Castle where Dracula, or Vlad the Impaler, once lived. The heavy, low-hanging, Payne's-gray-colored clouds whipped by mountain wind and rent by thunder and lightning make a fitting introduction to this monster's land. Because of the unusually bad weather we have fallen behind schedule and at eight in the evening have still some two hours' drive to Bran Castle. We decide to stop at a small inn, perched on the side of a ravine, for dinner. The inn, built from Douglas fir, shaped like an A-frame, warmed by a central hearth, insulated with heavy sheepskins on the wall, furnished with long communal tables and chairs carved from wooden stumps, and lit by tapers, is indeed a welcome sight. We warm ourselves by the fire (externally) and with fir brandy (internally) while our guide goes to the kitchen to see what he can find. And what he found—I have never had such a meal before. First there is hare borscht with cabbage and minced onion, served with hot, rough peasant bread. This is followed by roasted bear and wild boar, cabbage stewed with smoked sausage and fried potatoes with dill, parsley, and tomatoes. For dessert these simple folk serve up a tart called hemp seed pie that tastes of vanilla. Being so fortified, our guide begins explaining that all the myths about Dracula were quite exaggerated—he really wasn't such a bad sort. It is true that once when the sultan sent his emissaries to see their Wallachian ruler they so infuriated Dracula by not removing their turbans that he had the turbans nailed to the emissaries' heads. But after all Vlad hated the Turks, for he and his brother had been their hostages during childhood. It is also true that he had once invited the poor, the old, the ill, and the lame to dine in his palace in Tirgovist after which he locked the door and burned the palace down, but sympathetic historians explain this as a type of "mercy killing—getting rid of the handicapped, the undesirable, and the sick who were a burden to the state." It is also accurate that he well deserved the title Impaler. Even such an evil old disciplinarian as Mohammed the Conqueror was revolted when he came upon some 20,000 Wallachian traitors and their accomplices impaled as punishment on Dracula's order. They had been placed directly in Mohammed's conquering path throughout a narrow valley leading to the Impaler's capital. In horror the caliph retreated back to the Danubian delta making the oft-quoted statement that "he could never win the land from a man who does such great things . . ." DOES SUCH GREAT THINGS . . . Well it is true that this maneuver had saved his kingdom from the Turk. Mohammed's reaction is instructive, too, in that it helps one to understand that in the medieval ages cruelty was respected on much the same grounds as later

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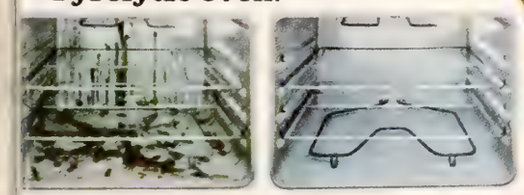
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Romania

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cunning, then reason were and now salesmanship is. It was employed as a tool to rule, conquer, or convince. It got the job done. As I am reflecting on these deep thoughts the inn's door suddenly blows ajar and the tapers snuff out. I know that Bran Castle is for me that night out, too. We retrace our steps to the large well-lighted city of Brasov to rest in a tourist hotel.

Early the following morning we drive on to Bran Castle and are fascinated to find not a chamber of horrors with creaking doors and trap floors but a beautiful small castle built on the spur of a heavily wooded hill. Towers and parapets enclose a tiny center courtyard surrounded by balconies and

Plots round each peasant's hut are awash with lady's-slippers, gladiola, roses, and more—a flowering earthwork

covered in ivy. The rooms are small and cozy, looking as they do, down 1,000 feet to the broad Transylvanian plains below. It seems that the late Queen Marie was responsible for this restoration. The queen was a great lover of flowers and her garden is said to have contained the most remarkable collection of dahlias ever assembled. There were over 200 varieties. Today the garden is unkept, the streams are choked, the trees unpruned, and the dahlias gone. This is odd for the Romanians have a deep love of flowers.

The love of flowers in this country is perhaps second only to that in Britain. On the way to the ancient town of Sighisoara—a town planted dead center in the middle of this square-shaped country—we begin to see the Romanian heartlands or, more accurately, flowerlands. The road which passes through the splendid central plain of Transylvania is shaded for 100 kilometers by poplar trees under which bloom violets, chickory, and Queen Anne's lace. The fields are filled with poppies, and the plots round each small peasant's hut are awash with roses, crocus, lady's-slippers, gladiola, sunflowers, and much more. It is a flowering earthwork. Afar, from time to time, appears a peasant citadel to which the local Christians fled when Turks and Tartars came to call. These are fortress structures defending interior churches in which worshippers still pray.

The ancient Saxon town of Sighisoara is approached by this unique drive. Here the predominant language is German, the principal church is Lutheran, and the primary architecture medieval. It is thought to be where Dracula buried his kid brother—alive. Sighisoara is surrounded by high wall fortifications in which nine towers were built to house, among others, the early skinners', tanners', and locksmiths' guilds. Narrow winding cobblestone streets, thick undecorated walls of masonry, arched wooden portals, and tiny barred windows place this town in a medieval time look of its own.

But Romania is filled with corners that seem to have been left behind, rather frozen to the past. We find that for the next few days we will to some small degree become part of one of these corners, for the Sisters of Sucevita have permitted us to stay in their mountain monastery. We arrived at the wall, which surrounds this painted church of the orthodox order, close to nine in the evening, for to reach northern Moldavia we have had to motor some 400 miles over winding mountain roads. I remember thinking that we were rude entering so late. The sisters must dine early as their next day starts at 5 A.M. They will be upset. When the oaken portals swing open to permit entrance of our automobile, we see approaching the large black form of a mother superior striding across the lawn carrying her 6-foot walking stick. We are mute from apprehension. She stops, looks at us, and breaks into a smile which lights up the night. We are assigned to our rooms and given a simple dinner of polenka (corn meal mush), lamb, yogurt, cheese, a delicious white wine they make right there, and strong camomile tea. Later that evening, I witness something that will for me not happen again. We had finished dinner, stepped outside and heard the vespers being chanted in the church across the lawn. As we went to eavesdrop, one of the sisters spying our approach beckoned us into the entrance or antenave and for our comfort turned on a light whose shaft suddenly illuminated a 500-year-old mural of the Last Judgment that covered the entire west wall. It was all so unexpected, like being jolted from a deep sleep, that for moments we just stood there dumbly dislocated while searching out the symbols on the wall. Symbols depicting sinners struggling from the fires of

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Romania

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hell, Christ on the seat of judgment, a disembodied hand holding the scale of justice, Christian martyrs, and infamous Turks.

The next day we have an opportunity to more coolly inspect these fantastic frescoes which cover the entire outside of the still-remaining five Moldavian churches that Stephen the Great first caused to be built in 1488. Depicted on them are not only biblical scenes but, for that time, current events such as the fall of Constantinople, together with the signs of the zodiac, portraits of popes and kings, scholars, philosophers (Pythagoras, Plato, Sophocles, etc.) and the genealogy of Jesus. The entire outside four walls of these churches were painted with thousands of images, both biblical and temporal, by unknown artists who fled Constantinople when Byzantium fell. They served for an illiterate 15th-century peasant as his instruction in religion, history, and philosophy. Because these artists could not obtain, in sufficient quantity, the colored glass and stone in which they were trained to create mosaics, they ground up what was available and mixed it into paint. The blue they secured from the lapis, and the reds and yellows taken from other gems, created not only unique hues but also extraordinarily durable pigments which have withstood the elements for 500 years. These churches with their wide overhanging arched roofs shaped like a Chinese coolie's hat are still active religious centers.



Women in local costume card flax by road to Brancusi's birthplace.

The next day was Sunday and a multitude of young and old came to worship at this holy place. The few days we spent in this monastery deep in the lush Carpathians are not something we are likely to forget soon.

Not far from here up on the Russian border in an area called Maramures is where in the 18th century the peasants built wooden churches of a different charm. Set in plum and apricot orchards that are just then coming into bloom, the churches possess slender cone-shaped towers arising to a needle point 60 meters above peaked shingled roofs whose eaves hide half the underlying frame. On the side, from where visitors enter, are verandas about which finely fashioned columns wrought in pine support the overhang. These orthodox churches, which can only accommodate some 50 souls, mix sentimental religious art with wood-carved beams of elaborate sophistication. As in the churches, the local peasants' houses, barns, and porticoes bear witness to generations of carvers who spend their long winter evenings whittling out designs of wild intricacy. One afternoon we drive south to visit the house in which great Brancusi lived. The passage to his birthplace is in itself compelling. This famous sculptor's cabin comes at the end of a long rutted dirt roadway alive with goats, cows, geese, puppies, children, and women carding the flax weed into linen threads and dressed in costumes which predate the Age of Darkness. The women wear almost crenelated skirts decorated with red flowers against a black background together with a white, soft, big-sleeved blouse, while the men sport sheepskin vests, short pleated skirts, and white stockings that look like leotards. Brancusi's house is like the other peasant lodgings with small windows, a veranda, and outer rough timber walls whose neatly fitted corner joints are snugly beveled together. It is the same except for one small detail. The father, who like his neighbors was skilled at carving, hewed what appears to be a continuing series of hexagonal forms up each side of the front door. This was to be the inspiration for one of his son's most famous works—the endless column which can be seen only in Tirgujiu near his forebearer's land.

Carving is still an art much practiced in this part of Romania. Just a few kilometers away an old man has spent his life carving epitaphs on painted wooden crosses in what must be the only merry graveyard in the world. When we entered there were people standing in front of the graves roaring with laughter. I found this rather off-putting and asked our guide what was going on; so he translated:

Here lies André
Who died from drink
At least that's what
We're led to think

Romania is a land of much contradiction. ■

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Cleaning that's a breeze—with no worry about stains! Cabinets made of FORMICA® brand MCP clean easily with just a damp cloth or, on occasion, a mild detergent and water. And they are highly stain resistant, too.

The beauty lasts, without refinishing! An MCP cabinet keeps a rich look of fine, handcrafted wood...without the need for refinishing. It resists chipping, scratching and scuffing through the jars and jolts of family living. Cabinets made of MCP even resist unsightly finger print discoloration around handles. And once they're installed right, MCP cabinets stay right because they're virtually warp-free.

No need for shelf paper! Because cabinets surfaced inside and out with this new FORMICA® MCP are satin smooth ...and also stain resistant...you can say goodbye to shelf paper.

And they are fade and heat resistant! Let the sun shine in! The handsome woodgrain designs and colors resist fading. And if someone happens to slosh a hot beverage on these cabinets, that's okay, too, because they're much more heat resistant than plain wood.

In addition to luxurious woodgrain designs, new FORMICA® MCP is also available in bold decorator solid colors.

Look for the FORMICA® trademark. It's your assurance of quality and extra value!

If MCP is not available at your local cabinet dealer's, ask him to contact his Formica distributor or write MCP Sales, Formica Corporation, Cincinnati, Ohio 45202.

FORMICA

mcp

1976 • Formica Corporation • Cincinnati, OH 45202

CARPETS NEED A DOCTOR?

SUCCESSFUL METHOD OF 'TAKING UP' SPOTS

(Two Leading Companies Report Their Experience)

When planes come into the jet base at Delta Air Lines for mechanical checks, thorough cleaning is done under the supervision of Mrs. Bessie Davis, who says:

"We have everything imaginable spilled and tracked on our carpets. Of all the stains including ketchup, food seasoning, whiskey, wine, whole pots of coffee, ramp grease and tar, lipstick and every type food stain, I have never found a spot that ARGOSHEEN would not take up." After the soil is dissolved with ARGOSHEEN, it is blotted up with mops leaving the planes spotless and beautiful. In our opinion the perfection of these planes when they leave the hanger could not be surpassed!

Dear Editor:

. . . I, therefore, thought that you would like to be introduced to THE ARGO METHOD, WHICH IN MY OPINION IS THE BEST I HAVE SEEN OVER THE PAST THIRTY YEARS.

By way of introduction, my name is Joe Gunterman, and I spent more than thirty-three years in the Cabin Service Department of UNITED AIRLINE. As manager of Cabin Service Planning I devoted much time and energy to the problem of keeping cabin interiors clean and fresh. Every method known to man was tested and it is my opinion that the Argo Method is the quickest, safest, and least expensive method available in terms of both materials and manpower to cover the tracks of over thirty million passengers per year.

Steam, as you pointed out, can be tricky. It soaks the carpet, generating a drying problem and can lead to shrinkage and in some cases mold.

Foam is always disastrous in my opinion. Most of the detergent used will remain in the carpet. Our tests reveal that more than ninety per cent of the foam remains in the body of the carpet collecting dirt and dust and causing the carpet to resoil very quickly. In other words, people using foam preparations are generating severe future cleaning problems.

The Argo Method features a mop and/or a vibrator machine and special cotton pads. Most carpets that are not extremely soiled can be made to look new with a few brushes of a simple cotton mop soaked in Argosheen. Extremely soiled carpets can be cleaned with an Argonaut vibrator machine with cotton pads. The odor is a fresh as a spring breeze. Sour and moldy odors are quickly dissipated.

The Argo method is currently being used by Delta, United, PanAm, TWA, etc. In the case of United, I know that this product passed all of their most stringent engineering tests.

Joe Guterman, 3 Bothwell, Palatine, IL 60067 (312) 359-0900.

Now available in sizes for the home • Sweep Your Carpet Clean with an Argomop and Argosheen

Write for information including tests which allow you to prove to yourself that no shampoo can mix with the soil and dry to a powder which a vacuum can remove; how to prove whether a cleaner is safe before using it; and how to avoid rapid resoiling. Also included are tips for cleaning some of the new carpets with severe soil release problems.

Two quarts of **ARGOSHEEN** with its all-purpose spotters will clean more carpets than a gallon of any other known carpet cleaner. For guaranteed to please prepaid shipment, send check with order: Gallon **ARGOSHEEN** $9.78; Quart $3.80; 20 oz. Aerosol $3.90; ARGO Rug Mop $6.90 Tub $1.50 or Special 2 Quarts, Mop & Tub $13.50. Dept. HG, **ARGO & COMPANY, INC., P.O. Drawer 2747, 182 Ezell St, Spartanburg, SC 29304.**

Ask For Argosheen From Your Favorite Interior Designer Or Carpet Store.

New 16-page book on "Window & Door IDEAS" for traditional and contemporary homes.



FREE! guide to different window types, and how each works. Distinctive examples of compatible architectural and window styles. A section on what to consider in window placement. And the full story on Pella Products. How they can eliminate screen and storm chores. How you can reduce maintenance and fuel costs. And a number of other things you might like to look into. It's fully-illustrated, in color, and yours free.

I would like to know more about: ☐ Double-Hung Windows, ☐ Casement Windows, ☐ Awning Windows, ☐ Sliding Glass Doors, ☐ Wood Folding Doors.
☐ I plan to build. ☐ I plan to remodel.

Name_____
Address_____
City_____
State_____ Zip_____
Telephone_____

Mail to: Pella Windows & Doors, Dept. CO3L6
100 Main St., Pella, Iowa 50219

ELYSE LEWIN

The Children's Exchange



games • health • education • psychology
the arts • books • TV • sports • the great outdoors • fashions and fads • environments

The play's the thing

For smaller children (age 4 and up) with lots of imagination, a whole world of knights in armor can be recreated with this delightful set of plastic figures and accessories. Helmeted knights are jointed and can be put on horses, made to hold swords, sound trumpets, or sit at a feasting table. Also available in cowboys and Indians, or colorful construction workers, with a paraphernelia of rakes, road signs, pipe, shovels. By Playmobil, imported by Schaper, in different-sized sets: starter set, $6, deluxe set, $10, accessory set, $2.50, base pack, $4 (all approximate prices). At Sears, Penney's, or toy stores around the country.

Kids of all ages love to race cars. The Darda Buggy zips around gravity-defying loops of plastic track on keyless windup power. Push the car back and forth



MIEHLMANN

and it is ready to zoom. Track pieces snap apart for storage, and cars come in five interchangeable pieces that can be reassembled as you wish. Track and one car are $17.95. Extra cars are $4.50 each. From F.A.O. Schwarz, Fifth Avenue at 58th Street, New York, N.Y. 10022, or at branches across the country.

For backpackers



A Snoopy backpack will carry school books in winter and hiking gear in summer. In red, yellow, and blue, the pack is made of sturdy plastic-lined canvas with 3 outside zipper pockets. Snoopy strikes a debonair pose just under the main zipper. By Butterfly Originals, $9; Bloomingdale's, Dept. 469, 1000 3rd Avenue, New York, N.Y. 10022.

For teenagers, of course, the classic L.L. Bean catalogue is the repository of the most-wanted camping gear. Rucksacks, duffel bags, belt pouches, bicycle packs, even a "Wilderness Experience Vagabond Pack"—it's all here. Catalogue free from L.L. Bean, Freeport, Me. 04033.

The Cat in the Hat goes plush

For small Seuss fans, what could be more fun than having their very own Cat in the Hat? Just the thing to stroke for inspiration while puzzling through *The Cat's Quizzer*, Dr. Seuss's latest book (Random House, $3.95), in which the world-famous cat plays quizmaster. A small toy company in New Hampshire makes three delightful versions of the Cat in the Hat—25- and 30-inch stuffed ones and, just introduced, a hand puppet. All have hand-embroidered features and safety-lock eyes. A hand-puppet version of Sam I Am, the well-known character from *Green Eggs and Ham*, is also new this year. In future years, other Seuss characters will be added to the line. The little Cat in the Hat is $9; the larger one, $12; puppets are $7.50 each. Add 75 cents handling per toy. At toy stores, or write to: The Douglas Company, Drawer D, Keene, N.H. 03431. ELIN WALKER

Continued on page 82

The nicest Christmas decoration is a Bulova Americana wall clock. It's crafted in fine woods, polished to show off the grain. Yet for all its antique looks, it works with today's cordless efficiency: on one little battery. Christmas or whenever...if it's time for giving, it's time for something as beautiful as a Bulova.

Left to right (Top) Pioneer, $39.95, Commodore, $99.95, Ensign, $64.95. (Bottom) Citation, $99.95, Minuet, $89.95, Classic [illegible]



BULOVA

Americana by Bulova. A time for giving.

continued from page 80

To light up dark nights

A heartwarming present, especially for kids who resist going to bed at night: calendars that glow in the dark. *The Night-Lite Calendar*, by Windmill Books and E.P. Dutton, has 12 charming scenes of animals: at the circus, ice-skating, going up in space; $3.95. *Walt Disney's Mickey Mouse Calendar*, also by Windmill Books, starring the one and only in endearing scenes, is $3.95. At bookstores.

Book fare

Here is a selection of new books to please children of various ages at Christmas.

The Amazing Bone by William Steig (Farrar, Straus & Giroux, $7.95). A dear pig named Pearl and a bone that can speak any language foil a band of robbers and the quintessential villainous fox. As in all classic fairy tales, our heroes find eventual happiness because that is what they deserve. Steig's picture books have a straightforward charm that warms hearts young and old.

I Know! A Riddle Book by Jane Sarnoff and Reynold Ruffins (Charles Scribner's Sons, $6.95). This small, handsomely designed collection contains enough ridiculous questions and answers to satisfy the most riddle-happy child you know.

The Porcelain Man by Richard Kennedy, illustrated by Marcia Sewall (Atlantic, Little, Brown, $5.95). Written with the lilt of a love story and the style of a folk tale, this book is about a "timid girl" with a talent for mending things. From a broken set of dishes, she constructs a porcelain man. Out of his shattered remains she builds a horse and when that horse breaks, she pieces him into a happy ending for herself and this imaginative fable. The pictures are as distinctive and charming as the story.

A Farm by Lennart Rudstrom, illustrated by Carl Larsson (G. P. Putnam's Sons, $6.95). The farm was bought by Swedish illustrator Carl Larsson in the 1880's. His wonderful watercolors detail the place (rural Sweden), the life, and the period with graceful skill. The text describes it all. Written a little like a travelog through another time, this is not a book for a young child to read alone. It is a joint project that child and adult will enjoy sharing.

Fly By Night by Randall Jarrell, illustrated by Maurice Sendak (Farrar, Straus & Giroux, $5.95). Jarrel completed this dream-like story shortly before he died. Woven of prose and poetry, it is about David who can fly at night. Floating over the countryside, he meets animals and the great white owl. They all speak a language he can understand. The book itself seems to be made of this night language: strange, lovely, and gently surreal.

Mooch The Messy by Marjorie Weinman Sharmat, illustrated by Ben Shecter (an I Can Read Book, Harper & Row, $3.95) and *Frog and Toad All Year* by Arnold Lobel (Harper & Row, $3.95). Two books in an excellent series especially designed for 4-to-8-year-olds to read to themselves. Mooch is a messy young rat who lives alone. Mooch's dad is very neat. Mooch and Dad are devoted to each other. Will Mooch take his socks off the bedpost and his underwear off the lamps when Dad comes to visit? Read on.

For the dwindling group who don't know Arnold Lobel's winning, odd couple, suffice it to say that Frog is green and Toad is brown and both of them are funny. They strike again (happily) in this collection of their adventures.

A book that is unavailable for review at this time but worth pursuing as the holidays approach is Dulac's *The Snow Queen* by Hans Christian Andersen, illustrated by Edmund Dulac (Doubleday, $7.95). Dulac, born in France, created some of the most sumptuous book illustrations of his time. The five Andersen tales in this volume have been chosen from an edition published in 1911. KARLA KUSKIN■



Become a chairperson

An executive swivel chair for tots has arms and a stable base, is ideal for TV-watching or pulling up to a play table. In red or blue molded plastic, the chair is light enough for a child to move easily. At all Woolworth's, it's a bargain at $4.96.



Your Roper Dealer has three countertop Roper Microwaves, a combination wall oven, and a Roper with upper Microwave oven, Pyroceram® cooktop and self-cleaning lower oven.



WARMS
LO-SIMMERS
HI-SIMMERS
ROASTS
RE-HEATS
DEFROSTS

the Roper Microwave does it all . . . your way!

Step right into the exciting world of microwave magic . . . but don't change your cooking style! The Roper Micro-Select control matches the cooking speed to what your recipe calls for . . . to make fast microwave cooking even more efficient. You can warm rolls, sandwiches, snacks in seconds. Lo-simmer your soups. The browning dish gives steaks and chops that beautifully-browned appearance. Special defrost cycle makes freezer-to-table preparation fast . . . with no fuss or muss. Big, bright interior even holds a 22-pound turkey. If you haven't experienced the delightful difference of microwave magic . . .

try the Roper Microwave, *your way!*

the newest from the oldest name in cooking

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KANKAKEE, ILLINOIS 60901

Bring Home A Holiday House Gift



Those great new ways to say "Merry Christma
From Hamilton Beach.



BLEND, SERVE AND STORE ALL IN ONE JAR.

With the Hamilton Beach Blender Plus.® The one with the original blend-serve-store jars.



Just like the regular blender container, the extra Blender Plus jars go right on blender. Interchangeable blade fits right on jar. Just fill with favorite recipe and it's all ready to blend. Whips up all kinds of delicious treats in any or all of the 3 extra blend-serve-store jars. Pour or serve them right away. Or store them for later. The Blender Plus...the Christmas gift that blends without end!



MAKE GREAT HOME-COOKED ME WITHOUT BEING HOME.

With the Hamilton Beach Crock Watcher.® The original slow cooker with Automatic Shift. Now with removable crock, too.



The Crock Watcher shifts from high to low temperature automatica without resetting! So you can put it on in the morning, take off all d and have a delicious home-cooked meal ready when you get home It uses less energy than a 100-watt bulb! And now it's even got a *removable crock* for easier serving...easier cleaning! The Crock Watcher...one of the best Christmas gifts anyone can cook up!

MAKE 2 BURGERS IN 60 SECS. AND SANDWICHES AND BACON & EGGS AND...

With the Hamilton Beach Double Mac.®



No wonder Joe Namath is so excited about the new Double Mac. It not only makes two burgers fast...it flips its grid to make great sandwiches, too! And the mini-grill lid makes bacon & eggs, pork chops, pancakes, hot dogs, fried potatoes, even minute steaks! Just about anything that can be cooked, can be cooked up double quick in the Double Mac. The new Double Mac...the Christmas gift that will be *doubly* appreciated. Take it from Joe.





HAMILTON BEACH | Scovill

Bring Home A Holiday House Gift

for everyone on your shopping list from one of these fine hardware/housewares stores right in your own area. They are headquarters for all the famous brands gift merchandise shown in the preceding booklet, prepared for your shopping convenience by the National Retail Hardware Association.

ARIZONA

Lake Havasu City ...Havasu Hardware
Mesa .....Smitty's Big Town
Peoria .....Kosier's TV Hardware
Smitty's Big Town
Phoenix .....L.L. Smith Hardware
Smitty's Big Town
Safford .....M&M Hardware
Scottsdale ..Paul's Scottsdale TV Hdwe
Smitty's Big Town
Sedona .....Elson's
Tampa ....Apache True Value Hardware

CALIFORNIA (NORTH)

Alamo .....Kemp Hardware
Antioch ..Silvera Lumber & Hardware
Arcadia .....Arcadia Hdwe
Berkeley ..Bolfings Elmwood Hardware
Brisbane .....Brisbane Hardware
Camarillo .....Holiday Hardware
G&E Hardware
Castro Valley ....Pete's Hardware Co.
Chino .....Herb's Hardware
Claremont .....Powell's Hardware
Corona .....Rancho Hardware
Costa Mesa ...Kerm Rima Home Center
Crestline .....Lake Drive Hardware
Culver City .....Steller & Skoog
Cupertino Timbarjack's TV Home Center
Davis ...Davis Ace Hardware & Lumber
Downey ....All American Home Center
Dublin ....The Workbench TV Hardware
Esparto .....Wyatt's General Store
Eureka .....Shafer's Hardware
Fullerton ..Fullerton True Value Hdwe.
Gilroy ..Chappel Steel & Ace Hardware
Goleta .....Mission Hardware
Grass Valley .....Alpha Hardware Co.
Greenville .....Hunter Ace Hardware
Hanford ..Farmers True Value Hardware
Hayward .....Skaggs Ace Hardware
Huron .....Ranch Ace Hardware
Kings Beach ....North Shore Hardware
Laguna Hills .....Plaza Home Center
Lincoln .....Wyatt Hardware Company
Lindsay ....Gordon's Lindsay Hardware
Lodi .....Turner's
Marysville ..Speckert Building Supplies
Menlo Park .....Menlo Park Hardware
Mentone .....Mentone Hardware
Merced .....McNamara Ace Hardware
Mission Hills .....Holiday Hardware
Monrovia .....Valley Hardware
Montecito .....Montecito Hardware
Moorpark .....Whitaker's Hardware
Mt. Shasta .....Ramshaw's Ace
Nevada City .....Alpha Hardware Co.
Newman .....Newman Hardware Co.
Newport Beach .....Imperial Hardware
Rion Hardware
Oakland ...Cobb's Lakeshore Hardware
Pearson Hardware
Oroville .....Currier's Appliance
Panorama City ....Panorama Hardware
Penngrove ..Nissen House 'N Hardware
Petaluma .....Rex Ace Hardware
Portola .....Joy's Ace Hardware
Redlands .....Carlson Hardware
Reseda .....Holiday Hardware
Sacramento .....Broadway Hardware
Martin's Hardware
St. Helena .....Steves Ace Hardware
Salinas .....Arrow Hardware
Sherwood Hardware
San Andreas .....Treat's General Store
San Bernardino .....N. Soffa Hardware
San Carlos ..Kelly Moore Ace Hardware
Star Hardware
San Francisco ..Frederickson Hardware
Jeffress Hardware & Paint
San Juan Capistrano DeNault's Hardware
San Leandro .....Lind's Hardware
San Martin ..San Martin Country Store
San Mateo ...Ace Hardware Company
San Rafael .....Burt Capel Co.
Santa Barbara .....Learned Hardware
Santa Barbara Home Center
Santa Cruz ....Santa Cruz Home Center
Santa Cruz Hardware
Santa Susana .....Holiday Hardware
Seal Beach .....Holiday Hardware
Sonoma .....Mission Hardware
Sonora .....Mundorf Hardware
Stockton .....Turner's
Studio City .....Coast Hardware
Temple City .....McVey Hardware
Thousand Oaks .....Holiday Hardware
Ukiah .....Mendo Mill & Lumber Co.
Valencia .....Holiday Hardware
Venice .....Lincoln Hardware
Woodland Hills ....Franklins Hardware

CALIFORNIA (SOUTH)

Alhambra .....Hostetler's
Bakersfield ...Greenacres TV Hardware
Banning .....Banning Hardware
Bellflower ...DeJong & Sons TV Hdwe.
Bell Gardens Eastern True Value Hdwe.
Carpinteria ..Carpinteria Hardware Co.
Omweg's Home Center
Glendale .....Virgil's Glendale Hdwe.
Hawthorne .....United Hardware Inc.
Hermosa Beach ....Arnold's Hardware
Inglewood .....Holiday Hardware
Brizzolara Hardware
La Habre ..Jame True Value Hardware
La Puente ...Western Paint Hardware
Loma Linda ....Loma Linda Hardware
Lompoc .....Moore's Dept. Store
Los Angeles .....Callahan Hardware
Rompage Hardware
Wilshire Hardware Company
Raffs Ace Hardware
Maywood .....Canning's Hardware
Needles .....Claypool TV Hardware
Newhall .....Anawalt Lumber
North Hollywood .....Anawalt Lumber
Norwalk Harold & Chucks TV Hardware
Ontario .....Drew Carriage Company
Ontario Lumber & Hardware
Orange .....Arrow TV Hardware
Oxnard .....Oxnard Hardware Inc.
Palos Verdes Rea's True Value Hardware
Riverside .....G&H Hardware
San Clemente .....DeNault's Hardware
San Fernando ..San Fernando Hardware
Santa Ana ...Griffin Hardware Company
South Gate ..ABC True Value Hardware
Tehachapi .....Tehachapi Lumber
Ace Hardware
Van Nuys .....Chandler Home Center
Yorba Linda .....Arrow TV Hardware

CANADA

Lasalle, Quebec .Pont Mercier Hardware

CONNECTICUT

Ansonia .....Mark Hardware
Bridgeport .Hydeck's Homemaker Center
Cheshire ..R.W. Hine Sentry Hdwe, Inc.
Danbury ....Heyman Sentry Hdwe, Inc.
Danielson R.A. Tillinghast Lumber, Inc.
Darien .....Darien Hardware
Deep River Deep River Sentry Hdwe. Co.
Greenwich ..Greenwich Hdwe. Co., Inc.
Glenville ....Super Handy Home Center
Guilford .....Page Hardware
Hamden .....Centerville Lumber
Hartford .....Greenspon's Sentry Inc.
Kensington .Kensington Hardware, Inc.
Lakeville ....Community Service, Inc.
Madison .....Madison Hardware, Inc.
Manchester .....Manchester Hardware
Milford .....Builders Supply Co., Inc.
Mystic .....The Cottrell Lumber Co.
New Haven ..The Roland T. Warner Co.
Jackson-Marvin Hardware
New Milford .....Village Hardware
Norfold .....Norfold Hardware
Old Lyme ....Brown's Sentry Hardware
Oxford .....Oxford Sentry Hardware
Ridgefield .....D.F. Bedient Co.
Rockville .....Star TV Hardware
Shelton ..Gurland's Hdwe & Appl Inc.
South Norwalk ...Seymour's Hardware
Stamford .....Frank M. West, Inc.
Turn Of River Hardware
Trumbull .....Henderson-Trumbull
General Bldg. Store
Westport .....Torno Lumber Co., Inc.
West Hartford Colonial Sentry Hardware
Wilton .....Wilson's Sentry Hdwe.
Windsor .....Windsor Sentry Hdwe.

HAWAII

Kahului .....A & B Hardware
Wahiawa .....Pioneer Home Supply

IDAHO

Burley Hall's TV Farm & Home Supply
Coeur D'Alene Couer D'Alene Ace Hdwe.
Dingle's TV Hardware
Grangeville .....Miller Hdwe.
Idaho Falls .....Just's Ace Hardware
The Mart Ace Hardware
Lewiston .....Erb Ace Hardware
Plummer .....Benewah Hardware
Post Falls ...Heimer's True Value Hdwe.
St. Maries ..Krieg's Trustworthy Hdwe.
Sandpoint .....Merwins TV Hardware
Twin Falls ....Kreigel's TV Hardware

MAINE

Boothbay Harbor ...Grover's Hardware
Brewer .Thompson & Lyford True Value
Cale ....Elizabeth Pond Cove Hardware
Caribou .....Briggs Hardware
Damariscotta ...Damariscotta Hardware
Dove Foxcroft .....Bent TV Hardware
Fryeburg .....Trumbull's Hardware
Lincoln .....Smart's TV Hardware
Old Town .....Old Town Hardware Co.
Owington .....Bangor TV Hardware
Springvale .....Springvale Hardware
Winthrop .....Audette's

MASSACHUSETTS

Amherst .....Kentfield Hardware, Inc.
Belmont ..Belmont Centre TV Hardware
Belmont St. Hdwe.
Billerica .....O'Connor TV Hardware
Grossman's
Braintree .....Grossman's
Cambridge .....Dickson Brothers Co.
Concord .....Vanderhoof Hardware Co.
Danvers ..Danvers True Value Hardware
Grossman's
East Bridgewater ....Dewhurst Lumber
Foxboro .....Grossman's
Greenfield .....Knapp's TV Hardware
Greenfield .....Rugg Lumber Co.
Haverhill .....Sharp Farm Supply
Jamaica Plain ..Harry's Hardware Store
Kingston-Plymouth .....Grossman's
Marshfield .....Grossman's
Medway .....Condon's Hardware
Middleton ....Jack Frost's Hardware
Millis .....Millis Hardware
New Bedford .....Fairhaven Hardware
B & J Housewares
Northampton .....Federal Supply Co.
Peabody .....Peabody TV Hardware
Plymouth ..Toabe TV Hardware Stores
Plymouth Supply Company
Quincy .....Grossman's
Raynham .....Grossman's
Revere ....Stearns Hdwe. & Supply Co.
Rockland .....Rome Bros. Hardware
So. Dartmouth .Marvin Grain & Hdwe.
South Hadley Falls ..Street TV Supply
Stoughton .....Grossman's
Waban .....Waban Hardware, Inc.
Wakefield ..Hart's Tru Value Hardware
Walpole .....Spear Hardware, Inc.
Wellesley .....Grossman's
Weston .....B.L. Ogilvie & Sons, Inc.
Williamansett Riopel Paint & Hardware
Wilmington .....Silver Lake Hardware

NEVADA

Las Vegas .....Home Lumber Co.
Von Tobels

NEW HAMPSHIRE

Concord .....C.E. Wilber & Company
Derry ..Benson TV Hardware & Lumber
Dover .....Johnson Hardware
Seavey True Value Hardware
Greenville .....Derby & Little, Inc.
Hampton ...Hampton Village Hardware
Laconia .....Laconia Hardware, Inc.
Lyme .....Nichols' Hardware, Inc.
Manchester .....Moreau's
Milford .....The County Stores, Inc.
Petersborough .....Derby's, Inc.
Portsmouth .Great Bay Hdwe & Sup Co.
Grossman's
Salem .....Grossman's
Stratham ....Trustworthy Home Center

NEW JERSEY

Allentown .Allentown Village Hardware
Bay Head ..Applegate's Hardware, Inc.
Bayonne Harris Rosenberg Sentry Hdwe.
Brigantine .....Paul's TV Hardware
Bridgeton .....Carroll J. Riley, Inc.
Caldwell .....H.E. Schanz Co.
Califon .....Califon Lumber Company
Colonia .....Inman Hdwe.
Englewood ...Mitchell Simon Co., Inc.
Forked River .American Building Centers
Franklin Lakes .....Krug's Hardware
Freehold ...Hillpot Farm Stores, Inc.
Gloucester City .....Carr's Hardware
Haddonfield .....Wright Hardware
Hammonton ...Rice Hdwe. & Furn. Co.
Hillsdale ....Marsala Sentry Hardware
Hoboken .....Massarsky's, Inc
Jamesburg ....Jamesburg Hardware Co.
Jersey City .....Perlman's Hardware
Lambertville .....Joseph Finkle & Son
Lawrenceville .Lawrenceville Hdwe. Co.
Lincroft .....Lincroft Hardware Co.
Long Branch ..Coast Hardware Co., Inc.
Medford .....Hurst M. James
Millburn .....Buncher's Hardware
Morristown ...Moore's Sentry Hardware
New Monmouth .....J & M Hardware
Neshanic Station ....J.S. Amerman Co.
Ocean .....Davis Hardware
Orange .....L. Epstein Hardware Co.
Paulsboro .....Weiss True Value
Pennsville .....Shimp's Hardware, Inc.
Perth Amboy ..Milton J. Guttman, Inc.
Pitman .....Drissel's Hardware
Point Pleasant Beach Pt. Pleasant Hdwe
Princeton Junction Lucar Sentry., Hdwe
River Edge ...River Edge Hardware, Inc.
Rockaway .....Rockaway Hardware Co.
Roselle .....Roselle Hardware
Sayreville .....Center Hardware
Sayreville Hardware
Secaucus .....V S Timber Products
Sommerville ..Post Sentry Store, Inc
So. Orange .....C.I. Beck & Son
Sparta .....Spartan Hardware
Tenafly .....Demarest Hardware Inc.
Turnersville ..Drissel's American Hdwe.
Upper Monclair ..Thompson's Hardware
Verona .....The Wright Square Store
Warren .....Warrenville Hardware
Watchung .....Berger Sentry Hdwe
Westfield .....Taylor Hdwe. Supply
West Milford ..West Milford Hardware
Westmont .Westmont True Value Hdwe.
West Orange ....Eagle Rock Hardware
Westville .....Westville Hardware
Williamstown ....Brodkin Corner, Inc.
Wilmington .....Brookin Corner
Wyckoff .....The Clock Corporation

NEW MEXICO

Albuquerque .Baldridge TV Home Supply
Lovis .....Barry True Value Hardware
Los Lunas .....Huning Merc. Co
Santa Fe .....Cartwright TV Hardware

NEW YORK

Afton .....Horton TV Hardware
Swart's Hardware
Akron .....Ted Geisner Hardware
Albany ..Andy's Colonie Hardware, Inc.
Central Variety Hardware
Astoria ..Square PT & Hdwe Co., Inc.
Bayside .....B. Posner & Son Hardware
Binghamton ....J.R. Garrett Co., Inc.
Briarcliff Manor ...Briarcliff Hardware
Brockport ...W.E.B. Stull Lumber Co.
Bronx .....Kay & Eff Thrift Stores
Kornblau & Goldblum Sentry
Riverdale Sentry Hardware
Brooklyn ....Boro Park Hardware Corp.
Joe & Bill's Sentry Hdwe.
Six Brothers Sentry Hdwe.
Tarzian Sentry Corporation
Crest Sentry Hardware
Herman's Housefurnishings, Inc.
Karp Hardware Co.
J & C Platz, Inc.
Buffalo .....Dobbie TV Hardware
Snitzer Bros. Hdwe., Inc.
Wrangler Electric, Inc.
Winiewicz Hardware Co., Inc.,
Canisteo .....Home Builders Supply
Canton .....Merrill Brothers
Cedarhurst .....Alder & Dobler
Centerport .....Centerport Hardware
Clyde .....Clyde Hardware, Inc
Cobleskill .....Selkirk Hardware, Inc.
Cold Spring ....Cold Spring Hardware
Cooperstown ..McEwan Hardware Corp.
Corning .....Arthur F Groner & Co
Delevan .....King's Hardware
Delmar ....Hilchie American Hardware
Depew .....South Transit Hardware
De Ruyter ....True Value Home Center
East Aurora .....DuBois Hardware
Eastchester .Cornell Bros. TV Hardware
East Hampton .....East End Sentry
E. Moriches ..L.H. Smith Sentry Hdwe.
East Northport .....Elwood Hardware
E. Setauket .Setauket Sentry Hardware
Eden .....Smith Hardware
Elizabethtown ...Elizabethtown Hdwe.
Ellenville ....Ace Hardware Co., Inc.
Elmhurst .....Service Stores
Elmira .....Leahy's Hardware
Farmingdale .....Wolly's Inc.
Flushing Caroson's Variety Sentry, Inc.
Franklin Sq. .....Schilling's Hdwe.
Frewsburg .....Moore's TV Hardware
Gerry .....Dudley D Waters, Inc.
Glen Head ...Glen Head Sentry Hdwe
Goshen .....Hopkins Sentry Hardware
Greenburgh .....Greenburgh Super
Handy Home Center
Guilderland .K&R True Value Hardware
Hancock .....Phillips Appliance
Hilton .....Stothard's Hardware
Hudson .....Macy's Housewares, Inc.
Jamestown ..Pearl City Paint & Glass
Probst Hardware, Inc.
Jasper .....Bullock's Hardware
Katonah .....Kelloggs & Lawrence
Kingston .....Herzog's
Leicester ....A.R. Christiano Hardware
Leonardsville ..Leonardsville Hdwe. Co.
Levittown .....Community Paint
Liberty .....Frankel Hardware
Lowville .....Cataldo Hardware, Inc.
Mamaroneck .....R.G. Brewer, Inc.
Manhasset .....Wright Hardware
Marcellus .....Marcellus Supply Co.
Mattituck ....Raynor Suter Hardware
Medina .....Brundage Hardware
Middletown ...Ayers & Galloway Hdwe.
Mount Kisco ..Yount & Halstead Hdwe.
Mount Morris ...Russell Hardware Co.
New City .....Chestnut Grove Nurseries
New Rochelle ...Charles Librett Hdwe.
New York .....R Krieg Hardware Co.
Silver & Sons Hardware Corp.
Siskind Sentry Hdwe. Co., Inc.
Niagara Falls ..De Franco Hardware Co.
North Rose .....North Rose Sentry Hardware
N. Tarrytown ....Ross Sentry Hardware
North Tonawanda ..Wagenschuetz Hdwe.
Ogdensburg .....Ogdensburg Hardware
Olean .....West State Hardware
Orchard Park ...W.G. Arthur Co., Inc.
Oyster Bay .....Nobman's Hardware
Palmyra .....Rubery Hardware, Inc.
Patchogue .....Carl Eggenmuller
Patchogue .....Jack & Jerry Sentry
Peekskill ...Peekskill Sentry Hardware
Penn Yan .....Penn Yan Hardware
Port Richmond Community Sentry Hdwe.
Port Washington Cromwell Sentry Hdwe.
Poughkeepsie .....Vassar Trading Co. Hardware
Pulaski .....Pulaski Hardware Hdwe
Putnam .....S. Edwards Hardware
Rhinebeck ....Rhinebeck Hardware Co.
Rockville .....Carding Hardware Co.
Rochester .....Alhart's
Benfante Hardware
C. W. Lotz Hardware
Mayer Hardware, Inc.
Scottsdale .....A Lazar Sentry Hdwe
Scarsdale Hardware Co., Inc.
Schenectady Capitol Paint & Hardware
The 4 Season Sentry Store
Rufo's Supply
Woodlawn True Value Hardware
Scio .....Milks True Value Hardware
Shortsville ....Herendeen Bros. Hdwe.
Skaneateles ....Tucker Hardware, Inc.
Smithtown .....David Brown, Inc.
Southampton .....Hedges & Seeley, Hdwe.
Spencerport .....Dow Hardware
Stewart Manor .....Handy Andy
Stony Point Homestead Sentry Hardware
Syracuse .....Coon Hardware, Inc.
True Value Stores, Inc.
Valley Stream ...Central TV Hardware
Waterville ...F.P. Morgan TV Hardware
Watervliet .....Kinnear Hardware Co.
Westbury .....Mineola Home Center
Westhampton Beach Grimshaw & Palmer
White Plains .....H. Hedges & Son Hdwe.
House Center Sentry Hdwe.
Williamson ..Williamson Hardware Co.
Williamsville .....Eli Hardy & Tracy Hdwe.
Wilmington Park .....Mueller Hardware
Yonkers ...Marden Hardware Co., Inc.
Yonkers ....William Tell Sentry Hdwe.

OREGON

Albany .....Fred Meyer Home Center
Beaverton .....Fred Meyer Home Center
Burns .....Ranch Supply Co.
Canby .....Coast To Coast Stores
Cannon Beach ..Erickson's Home Center
Coos Bay .....Farr
Coquille .....Farr
Dallas .....Guy's TV Hardware
Enterprise .....Weaver Hardware
Eugene .....Fred Meyer Home Center
Quackenbush
Forest Grove ....Millers Ace Hardware
Grants Pass .Rogue Riber TV Hardware
Hermiston ..Oregon Hdwe & Spt. Goods
Hillsboro ...Ireland's True Value Hdwe.
Independence Town & Country True Value
Lafayette ..Shirley's True Value Hdwe.
Medford .....Hubbard's Ace Hardware
Milwaukie ....Fred Meyer Home Center
Ontario ....Kinney Bro & Keele Hdwe.
Pendleton ...Pendleton Grain Growers
Hdwe.
Pilot Rock .....Pilot Rock Hdwe
Portland .....Hillsdale True Value Hdwe
Fred Meyer Home Center
Roseburg ..Farm Bureau TV Exchange
Salem .....Fred Meyer Home Center
St Helens .....Houlton Ace Hardware
The Dalles .....Mauser
Tigard .....Fred Meyer Home Center
Waldport ...Patterson's TV Hardware
Woodburn .....Woodburn Home Center

RHODE ISLAND

Bristol .....Hope Hardware Inc
North Kingston .....Grossman
Providence .Armen's Hardware Co., Inc.
Statesman Hardware Company
Wakefield ....Damon's Sentry Hardware
Woonsocket .....Grossman's

VERMONT

Bradford .....Gove & Morrill
Poultney .....Williams Hardware, Inc.
St. Albans .....Sweeny Hardware, Inc.
Shelburne ..Companion Hardware, Inc.
Wincoski ....Green Mountain Hardware

WASHINGTON

Aberdeen .....Sid Snyder
Anacortes .....Anacortes Ace Hardware
Bellingham .....Bellingham Ace Hardware
Fred Meyer Home Center
Centralia ...Reda True Value Hardware
Chehalis .....Lindberg Hardware
Chewelah .....Chewelah Hardware
Cnewetah ..Foos Hardware & Furnitrue
Clinton .Clinton Hardware & Home Ctr.
Colville ....Barman's TV Dept. Stores
R.E. Lee Ace Hardware
Ellensburg ....Ellensburg TV Hardware
Wood Ace Hardware
Enumclaw .....Sam Baker TV Sales
Everett .....Fred Meyer Home Center
Grand Coulee .....Rowe & Rowe TV Sales
Kennewick ...Washington TV Hardware
Longview .....Fred Meyer Home Center
Marysville .....Carr
Mount Vernon .....Mt. Vernon Hardware
Palouse .....Palouse Hardware
Rosalia .....Rosalia Hardware
Seattle .....Sears Roebuck & Co.
Georgetown TV Hardware
Junction TV Hardware
Spokane .....Spokane Hardware Supply
Stevenson .....Stevenson Hardware
Sumner .....Sumner Hardware
Tacoma .....Tacoma Hardware Supply
Tonasket .....Tonasket Hardware, Inc
Toppenish .....Toppenish Hardware, Store
Valley .....Kelzer's, Inc
Vancouver ....Fred Meyer Home Center
Winlock .....Broseys Ace Hardware

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Form 3102, Printed in U.S.A.

For the house fixer

A wood-burning heater to warm your house, a roomy tub-shower enclosure, and a fire alarm for the Christmas tree

ROOM AT THE TOP: HOW TO HANG A PLANT

By Deanne Raffel

Greenery, both as a hobby and as decoration, is here to stay. Homes and apartments all over the country are bursting at the seams with plants. Since many plants require window exposure, your job is to situate each one so that it gets the necessary light. Of course, suspending a pot from the ceiling or wall is the best way to display greenery when little floor or shelf space is available. Here are the steps to follow:

Purchase a plant hook at a hardware store. It is a metal casting that is attached to the ceiling with one or two other fasteners packaged along with the hook. The one with the toggle bolt—the threaded rod with spring-loaded wings—is used for attaching the fastener to any point in a plasterboard (hollow) ceiling. The other one, the hanger bolt—the rod with a flat end and a pointed end—is to thread the hook into a joist (the wood frame above a plaster or plasterboard ceiling).

Remember that foliage takes up space, and the pot will be centered beneath the fastener. Do not plan to locate the hook too close to a wall or, in the case of more than one hook, too close to the adjacent one. A good way to judge the required space is to set the pots on the floor to see how much room is needed. Never guess at dimensions, measure them for accuracy. Decide from what approximate point you want the planter to suspend. Below this specified area place a ladder—one that is tall enough so that you can comfortably *and safely* touch the ceiling without overreaching or having to stand on the highest step.

Now, with an icepick or an awl, puncture the ceiling at the chosen site. Push on the tool (a hammer may be needed to coax the point inward). If it hits something solid, you have "found" a ceiling joist. Hammer the tool point in at least ⅜-inch deeper, then pull it out with a back-and-forth twisting motion. Insert and screw the flat end of the hanger bolt into the hook. Place the pointed end into the ceiling hole and keep turning until the hook is brought tightly up against the ceiling. The last few turns may take a little more effort.

If the piercing implement just keeps going into nowhere, it is time to use the toggle wings. Remove the tool. Screw the hook onto the threaded rod (when the wings are squeezed closed they should point *toward* the hook). Use a screwdriver to ream open the hole in the ceiling until it is large enough to accommodate the wings in a folded position. Hold the wings closed and work them through the plasterboard. Once the tips clear the board they will automatically spring open. Wind the hook clockwise while exerting slight downward pressure. Turn until the hook sits snugly against the ceiling.

Finally it's time to show off your burgeoning plants. Gingerly set a pot or basket into the lovely macramé plant holder you just bought and again climb the ladder. Slip the hanger onto the hook. Descend, back off, and wonder at the fruits of your labor.

For a fire-safe Christmas



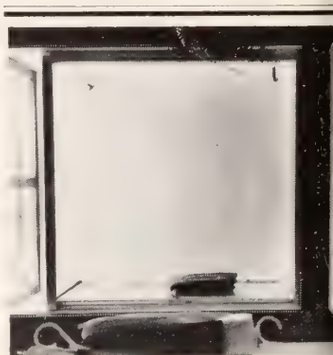
This decorative star for the Christmas tree is also a fire alarm that sounds off loudly when it detects excess heat or flames. Ornamental, it conceals a bimetallic heat-sensing switch that automatically turns on a loud horn when temperature reaches 135°. Self-contained and battery-operated, it needs no wiring or plug-in connection. You supply AA flashlight-type battery and replace when needed. Star-shaped ornament alarm, $10. Life-Alarm Corp., 2804 E. 55th Place, Suite K, Indianapolis, Ind. 46220.

Heating with woo



If winter fuel supplies becor scarce, or oil prices go sky-hig this wood-burning heater will pr vide warmth. A thermostat at t front lets you regulate the amou of heat. Turn it down for less he when you retire at night, turn it u for more in the morning. Of doub metal construction, lined with fir brick, it holds and distributes he more effectively than a fireplac The opening for the flue conne tion is at the back. Suggested reta price, $311.11; a round, less costl model is also available. Shena doah Mfg. Co., Inc., P.O. Box 83 Harrisonburg, Va. 22801.

Wide open space for bathers



This tub-shower enclosure give you ample elbowroom for a lie down bath. The outer and inne door panels glide back against a end wall opposite the faucets an allow full access for bathing c cleaning the tub. Doors, jamb built-in towel bar, and other par of the "Glide-A-Matic" are ano dized aluminum in silver or gol finish. Door panels are 3/16-inch thick tempered glass. Enclosur fits standard 60-inch-long tub comes in a kit, is easily installed Average retail price, $99.50 Columbia Mfg. Corp., 1440 South San Pedro St., Garden Cal. 90248.

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–American Institute of Consumer Opinion

Extensive taste testing shows MERIT delivers flavor of cigarettes having 60% more tar.

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*American Institute of Consumer Opinion. Study available free on request. Philip Morris Inc., Richmond, VA 23261.

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9 mg. "tar," 0.7 mg. nicotine av. per cigarette by FTC Method.

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MERIT

From Saronno... the Potion of Love.

Amaretto di Saronno. To give. To share. Italy's rare liqueur of love in this elegant velour gift box.

Historians tell us that in 1525 a young widow created the original Amaretto di Saronno and gave it as a gift of love to Bernardino Luini, the artist who immortalized her in a famous fresco in Saronno, Italy.

Her name is lost to history, but what remains is the original Amaretto di Saronno with the magic of its intriguing taste and provocative bouquet.

We've even left a rose alongside our name as a reminder of how it all began over 450 years ago.

There is only one Amaretto di Saronno. Try it tonight. Neat, on-the-rocks, or with coffee after dinner.

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Amaretto di Saronno.
Originale. From the Village of Love.

56 Proof. Imported by Foreign Vintages, Inc., Great Neck, N. Y. ©1976.

Creating Christmas magic at home



...e food, page 102



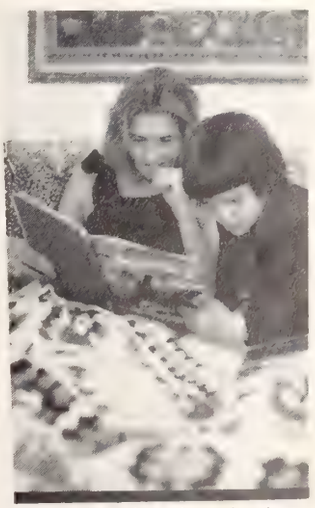
The adventures of *The Last Unicorn*



...rship Down, a story for everyone



Leontyne Price's magic



The fun of reading aloud

The fact that Christmas comes once a year tends to stretch the imagination a little. What can we do this year that is new and original, what extra-special bundle of offerings can we come up with to tie up this Christmas?

The following pages are full of ideas you may want to incorporate into your own family Christmas. Here are some others, not mentioned inside. Music, for instance, is one element that is sure to enhance the festivities. Of course there are carols to enjoy as the big day approaches, but listening to a record of Leontyne Price's sublime singing on *A Christmas Offering,* or the arching sounds of Bach's *Christmas Oratorio,* with everyone at home in front of the fire, is a unique pleasure. Another family-sharing experience that seems especially appropriate at Christmas is reading aloud. Think about setting aside an hour in the evening to take turns reading such all-time favorites as Peter S. Beagle's *The Last Unicorn* or a modern classic, *Watership Down,* by Richard Adams. And if you want to get the little ones outdoors while you concentrate on last-minute details, send them on a footprint hunt—snow or sand is like a blank canvas, showing up all sorts of bird and animal prints if you look hard enough. Thoreau drew pictures of them in his journals.

Familiarity is an essential part of Christmas. Trimming the tree, making cranberry chains, baking Christmas cookies, hanging stockings are rituals that create a tradition of memories, which are then handed down from generation to generation. Bringing new ideas to the existing tradition simply adds your own personal contribution to your family's memories of Christmas.



Decorations, page 104



And, bringing new excitement to a long journalistic tradition, House & Garden will appear in a fresh and handsome new format with the January, 1977 issue. There'll be lots more for you in our new standard size—more practical information, provocative ideas, and adaptable inspiration—more to help you create your own more attractive life at home.



The evergreen—symbol of Christmas

This needled twig—photographed 8 times life-size by Penn—came from a Colorado spruce, *Picea pungens.* The needles, actually leaves, have a square cross-section. The rows of tiny dots, called stomata, breathe in air, exhale oxygen and water vapor as part of the tree's life process. Native to the Rocky Mountains, Colorado spruce is popular for landscaping, particularly its blue-needled form. Whether growing in a tub, balled and burlapped, or cut, it makes a fine Christmas tree. The cone, enlarged four times, is that of a Norway spruce, *Picea abies.* On the tree, the cone grows with scales angled downward, shedding rain like shingles on a roof. Seeds nestle between the scales, each with a filmy wing to carry it away on autumn winds as the cone ripens. Norway spruce should be enjoyed in the garden, not as a Christmas tree, since the needles tend to drop quickly. An important timber tree, it is widely grown in Europe and the United States, particularly for reforestation and erosion control.



In the beginning... there was a tree

By Anthony Huxley

Why, one may ask, is the festival of Christmas so intimately linked with plants—with the fir tree, the mistletoe, the holly and the ivy?

It is all a matter of magic. Most plants die or appear to die in winter; trees which stay green and do not lose leaves at this time must be magically powerful. I am, of course, discussing magic in its basic, ancient terms as it was formulated by relatively primitive man.

As magic plants, evergreens have for millenia played an important part in ritual at this time. The reason for midwinter ritual is clear enough, for December 22 is the shortest day of the year. One can imagine Neolithic man, just beginning to understand the cycle of nature, which gave him crops in due time after he sowed seed, considering the ever-shortening, ever-colder days with something akin to dread. Would the process ever cease or would it end in perpetual night? Would the plants that had surrounded him ever emerge from their apparent death?

Priests, witch doctors, or shamans, whose grasp of natural cycles was stronger, doubtless played upon their anxieties and probably claimed that only allegiance and obedience to their cults would ensure the lengthening days, return of the sun's warmth, and another season of fresh leaves, emerging seedlings, and final harvest. What rites, and sacrifices took place in those earliest times one can only speculate upon; but ancient mythology is full of resurrection myths, like those of Osiris, Adonis, Tammuz and Attis, of Demeter and Proserpine. Harvest was the moment for thanksgiving, but the nadir of the earth's yearly cycle could not go unremarked. Attis, for instance, was a Phrygian vegetation deity, who in legend was killed by his lover Cybele in a moment of anger. In her remorse she changed him into a pine tree, which, in a related legend, owes its changeless evergreen foliage to the decree of Zeus when he saw Cybele's sorrow. It is surmised that this story has its basis in an annual sacrifice of Attis's temporary human representative, following which the god was considered embodied in a pine tree, which was carried around during midwinter rites, to be reborn in spring when his successor was crowned.

Christmastide
Comes in like a bride,
With holly and ivy clad...

The folklore of evergreens is consistent in giving them power and strength, almost entirely beneficial and protective, and the gathering of green branches in midwinter was, as I have suggested, an essential part of the magical rites which ensured rebirth of greenery and of crops in the spring ahead. By the time of the Romans, men were sure enough of things to regard the passing of the shortest day as a cause of jubilation, whence arose the festivities of the Saturnalia, held [illegible] 17. This was a season of unrestrained merriment [illegible] slaves took part as well as their masters, because [illegible] celebration of the equality between all human [illegible] posed to have existed in the reign

EDITOR'S NOTE: *"Plant lore and mythology are equally my subjects," Anthony Huxley wrote us, and he has drawn upon his extensive knowledge of both to illuminate a rarely considered dimension of Christmas symbolism. Writer, editor, photographer, and horticulturist—"my garden is full of oddities and my house is full of plants"—Mr. Huxley, son of Julian Huxley, comes from a family distinguished for its contributions to the natural sciences. He is the author of the fascinating* Plant and Planet *(Viking Press, $14.95) which he wrote to "awaken interest, create wonder, and stimulate consideration about a form of life which shares our planet, yet is taken too much for granted."*

PENN

of Saturn. Besides revelry of all kinds, the Saturnalia was a time when presents were exchanged and when, a reflection of more ancient rites of the winter solstice, rooms and houses were decorated with evergreens.

The birth of Christ at this moment fits in almost too perfectly with the rebirth of the year; his death on a cross of wood recalls the transformation of Attis and other vegetation gods. The early Christians had at first to conceal their new belief and so continued to decorate their homes with evergreens while the Saturnalia went on, though their celebrations indoors were of a different nature. When the Saturnalia languished, the Christians continued to use evergreen decoration and to exchange gifts when the birth of Christ was celebrated. It is always more effective for a new religion to carry on ancient practices in altered form than to suppress them.

Besides the use of evergreens for Christmas decoration, a few other ancient rituals embodying evergreens are still practiced. An example is that of First Footing, still sometimes carried out in Scotland and northern England. First Foot is the bringer of good luck: he must be the first visitor on New Year's Day, and as such he arrives soon after midnight, carrying bread, salt, and coal, which symbolize adequate food, money, and warmth in the household during the coming year. And he carries an evergreen branch, usually of holly, as a token of continuing life.

So much for rites and customs. But why, one may ask, do evergreens pass through winter with their full foliage, while other trees lose their leaves? Leaves, of course, are the trees' food factories, where that miracle called photosynthesis manufactures sugar from air, water, and sun's energy. But the process involves the sucking up from the soil of huge amounts of water, which is "breathed out" or transpired by the leaves. The large, flat

The evergreen is known for longevity—the giant redwood, bristlecone pine, the olive of the Holy Land

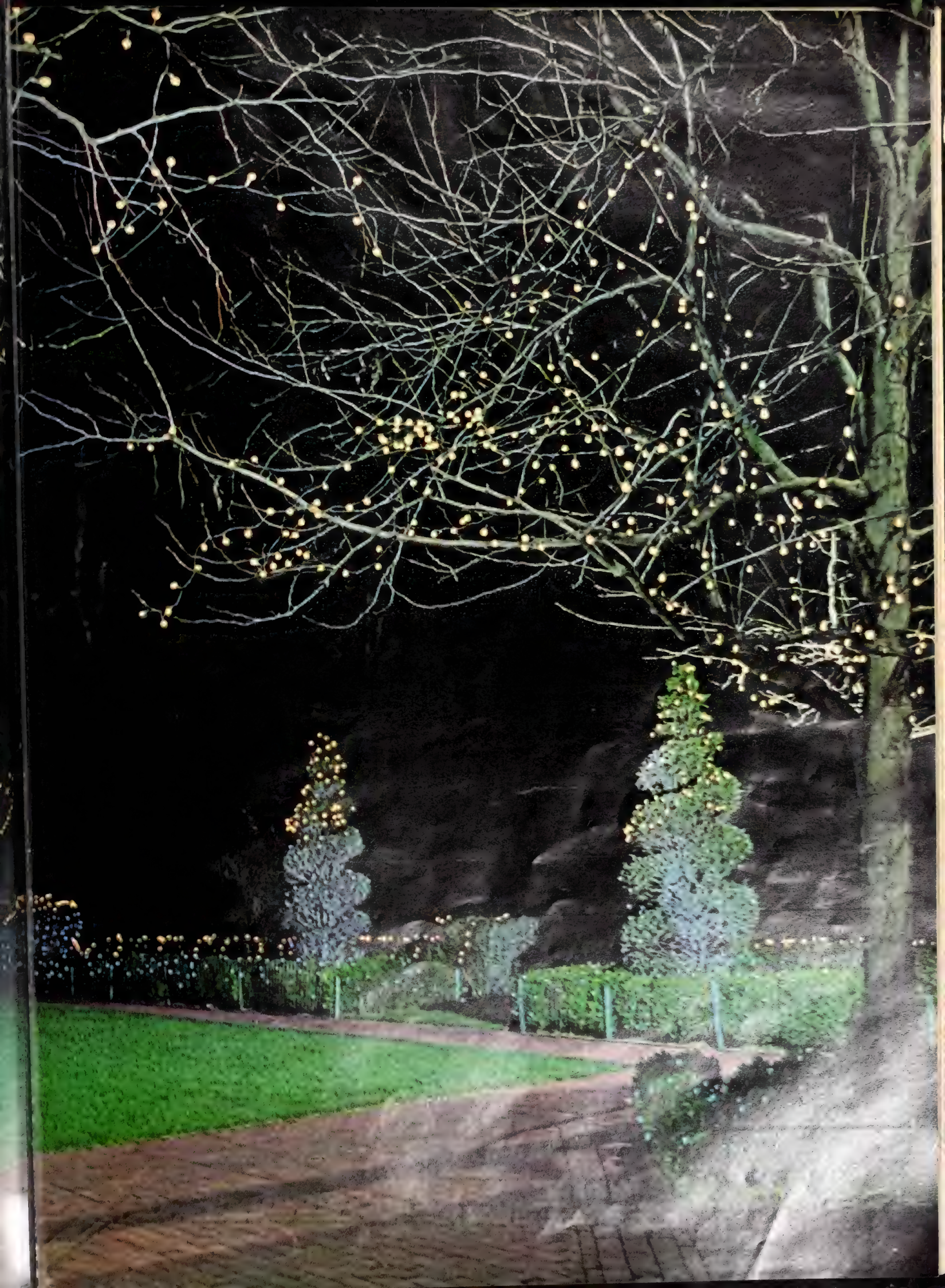
leaves of deciduous trees are very efficient factories but transpire enormous quantities of moisture. (20 square feet of *grass* can transpire a ton of water in one season). In winter, when soil water reserves are locked up by cold, and the leaves are subjected to desiccating winds, the process becomes unworkable. These trees have evolved an annual cycle in which they shed leaves so that winter becomes a period of inactivity.

Their leaves develop thicker cell walls as the summer passes, and waste materials begin to accumulate within. These eventually cause color changes in the leaves, whose late summer tone is already a dull green; many take on those beautiful tints of gold and flame, even

Continued on page 136

Trees of light

A Christmas garden, its trees wintry-bare, sparkles with thousands of tiny lights, filling the night sky like nature's constellations. The effect is truly magical, and yet relatively simple to achieve with ordinary exterior Christmas-tree lights, available at most Christmas decoration stores. By stringing as many lights as you need over the trees and bushes, you create a starry night outside your window. Any tree or bush will lend itself to lights—just follow the natural shape of the tree. In this garden, artist/designer Richard Lowell Neas used blue lights on some lower branches, with white lights above, to give the impression of snow resting on the upper branches. "Blue also gives a charming moonlight effect." He also added green lights along the wall to give an extra perspective to the space—but warned against using too many colors. "Multicolored light often looks flashy," he says. To connect the lights to an electric power source, if you have no exterior plug available, run a heavy-duty extension cable from your nearest indoor power source through a basement or ground floor window. If you want to light many trees, or a very large area, be sure to check with an electrician about how much power you need. Don't be discouraged if your garden has only a few trees or bushes—you can hang lights in the shape of a tree against a wall, or over outdoor furniture. At night, you see only the gleaming cluster of lights.







A tree that's a family scrapbook, *above left,* with a silver shoe from a wedding anniversary, a wicker cage from a trip to the Far East, valentines from children and grandchildren. By Earl and Eloise Dibble. *Above right:* Hand-embroidered Chinese satin animals and swags of fat satin cord in all colors on Robert Perkins's tree.





A miniature berry tree (only 2 feet tall), *above left,* fashioned from Idesia a Ilex and lit by birthday candles. Barry Ferguson. *Above right:* An incredi edible (or almost) tree with ornaments of painted pastry dough, candied oran slices, candy canes, and ribbon bows on silvery globes. By Alyce Leonard.





Cotton ornaments to make, *above left.* At Fabrications. *Above right:* White papier-mâché doves on Mr. and Mrs. David Huxley's red and gold tree. *Below left:* Poinsettia atop a golden pear tree dotted with fresh white roses. Alfred Siciliano. *Below right:* Pastry tree garnished with tiny croissants and brioches. At Bonté Pâtisserie.



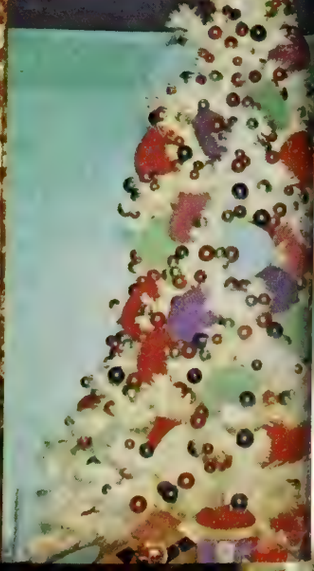


A hanging tree, Mr. and Mrs. Bob Lautman's, *above left. Above right:* Tr with antique ornaments. Calvin Jenkins. *Below left:* Gingham, bread-dou figures on Martin and Toby Landey's tree; antique toys. *Below right:* Tree w Japanese fans at Bendel's. Robert Rufino. Shopping information, page 20









Come trim the tree! A dozen and one glorious ideas to inspire you

Trees of joy



Wood and terra-cotta 18th-century angels soar majestically among the branches of the 20-foot blue spruce tree at New York's Metropolitan Museum of Art. They, like the other Neapolitan crèche figures that grace the tree, are annual gifts of Loretta Hines Howard. You can find the whole story of the Metropolitan tree in House & Garden, December, 1974.

HARTMANN/MAGNUM



And one for the birds

A beak-watering outdoor Christmas feast children can concoct themselves

It's a happy thought to include *all* living things at Christmas, as Peter, age 10, Thomas, 8, James, 6, and their friend, Eva do. They feed the birds all year round, but at Christmas they give them something special—a tree decorated with good things to eat that the children make themselves. "We mix peanut butter with hot bacon fat," explains Peter, "then dip pine cones in it, and then dip the whole sticky mess in a plate of bird seed." When

"What could be nicer than a peanut-butter-covered pine cone for Christmas?"

they're cool, they're tied to an outdoor tree along with strings of cranberries and popcorn. "The birds have no other food because there are no seeds in the ground," Peter says, "so we give them Christmas dinner." All their animals get special food that day—"the dogs get steak, the cats get their favorite cat food, even the goats have some special food," says Thomas. In case the pine-cone appetizers vanish too fast, baskets of seed—a hearty main course—are also tied on the tree with red ribbon. Red cardinals are the most enthusiastic gourmets, but Thomas says he has seen bluebirds fly in for a quick bite. The children also keep busy decorating their indoor tree, with some competition for who climbs up the ladder to put the star on top. Snowball fights, too, seem an essential part of the Christmas preparations. The high point for James this year came when he reported, with breathless excitement, "The school-bus driver said we could have snowball fights *on the bus!*"

A tree that's good enough to eat, *opposite page,* if your taste runs to peanut-butter-and-bacon-fat-covered pine cones. Cardinals, *opposite page, top,* find the menu irresistible. Strictly for the birds, also, are the birdseed baskets, *opposite page, bottom,* tied on with ribbon. The children *left,* enjoy most the deliciously sticky experience of wrapping the mixture around the cones—and, maybe, around themselves.





Children's cookies: ornaments to eat

An easy recipe for tasty cookies the kids can make themselves

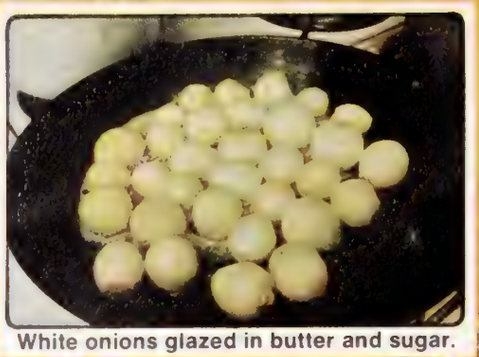
Cookie baking is a special part of Christmas—for children of all ages. Crisp, sweet stars, bells, snowmen, tangy with cinnamon and ginger, can be decorated as the fancy takes you, and used as hanging ornaments (pierce a hole with a barbecue needle and hang with ribbon or colored string). Cookies can be decorations for the table, even place cards, and as gifts, they show you care in the nicest way: You made them yourself. Children here learn to bake and decorate cookies at Marina de Brantes and Ludovic Autet's Christmas cooking class in Manhattan. Beautiful models are old decorated cookies that Mrs. Gerald Warburg and her family have made over the past 25 years. Inspired by these classics, the children had fun. For recipes, see page 139.

"Look, all my own work!" Emmanuel de Brantes (Guy and Marina de Brantes's youngest child) and Christian Gudefin hold a basket of cookies.

CHRISTIAN REINHARDT



Christmas cookies spread out to be admired by the artists who decorated them, *above*. From left, Christian Gudefin, Emmanuel de Brantes, Alison Mazzola, Pia de Brantes, Alix Goldschmidt, Fawzi Gherab, Amy Mazzola, and Francois de Brantes. *Far left*, baskets of cookies ready to be iced. Color and sparkle come from dragées (silver balls), multicolored sprinkles, candied fruits, angelica, and green and red sugar—all available from Lekvar-By-The-Barrel, 1577 First Avenue, New York, N.Y. 10028. Tools for applying them vary from fingers and tweezers (Adam Mallin's method, *left*) to a paper bag with a pin-prick in the bottom.



White onions glazed in butter and sugar.

Give the old bird a juicy new lease on Christmas —with a recipe so good you'll be tempted to try it right now

A delectable two-stuffing turkey



Nothing spells Christmas as successfully as a beautiful roast turkey – the much loved highlight of the family feast. Here's a spectacular way to roast America's great bird, from Marina de Brantes, who teaches a Christmas cooking class in New York. The secrets of her famous Christmas turkey are two different stuffings plus truffles—sliced thin and pushed just under the skin so the flavor can permeate the entire bird. The stuffing for the main cavity is a mélange of meats and nuts that makes a wonderful flavor without drying out the turkey. In the front cavity is the secondary stuffing: boiled chestnuts. And the whole bird is garnished with glazed onions, crisp roasted potatoes, and more chestnuts, braised in the turkey's roasting juices. Marina de Brantes, together with Ludovic Autet, teaches at Brantes-Autet Cuisine Inc., a cooking school and catering service atop their new restaurant Coup de Fusil in Manhattan. Each student in the Christmas class brings a fresh turkey, and takes it home truffled and stuffed, ready to roast on Christmas day. At a children's class, small fry learn Christmas cookie baking and decorating (see page 102).

Marina de Brantes, *above center*, shows her Christmas cooking class how to stuff and sew up their turkeys. With her, teaching colleague Ludovic Autet.



Turkeys at Marlies de Brantes's Christmas cooking class in New York, prepared with thin slices of truffle slipped beneath the skin, and ready to be stuffed.

5 tips for a better Christmas turkey

1 Gently separate turkey skin from flesh with fingers; slide slices of truffle under the skin, arranging over breast and legs.



2 Sauté livers briefly in butter before chopping to add to the stuffing.



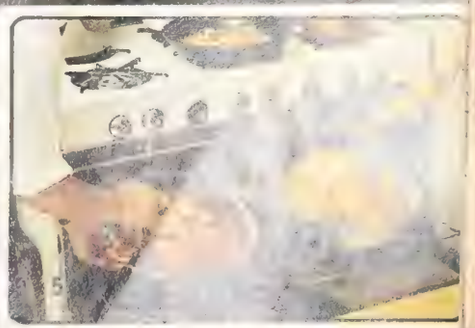
3 For stuffing, mix a mélange of chopped hazelnuts, livers, ground veal and pork, and breadcrumbs. Bind with eggs.



4 Sew up turkey cavities, using a large needle and cotton thread that will not tear the skin.



5 Baste turkey frequently with butter during first 2 hours of roasting.



For complete recipe, please see page 13.

Deck the halls

with wreaths of popcorn, swags of tinsel, sprays of greens. Here's a pageful of merry ideas to spark your decorating imagination



A bird's-nest wreath of apples cradled in sticks woven together and tied with gingham bows. Ronaldo Maia.



Cedar roping garlands and wreath, with velvet bons, feathery doves, German statice. David Jor

HENRY



Bronze stag dressed in evergreens, velvet ribbons, tiny white lights, resting on a forest floor of pine. Richard Neas.



Popcorn balls with nuts, peppermints, frost berries, laced with velvet ribbon. Joseph Villan

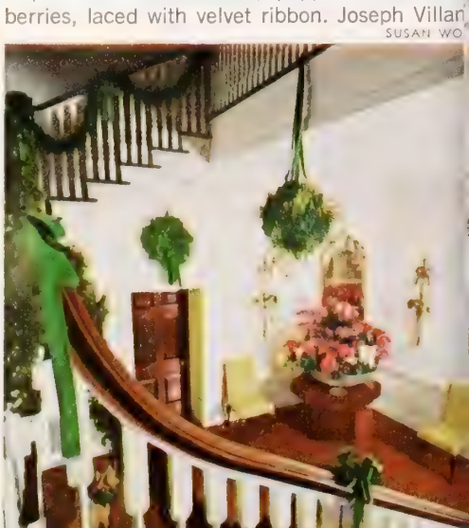
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Above: Blue and white lights on boxwood bushes, white lights on a holiday awning of pine. *Below:* Swags of fresh pine and variegated holly to put Ben Franklin in the holiday spirit. Richard Neas.

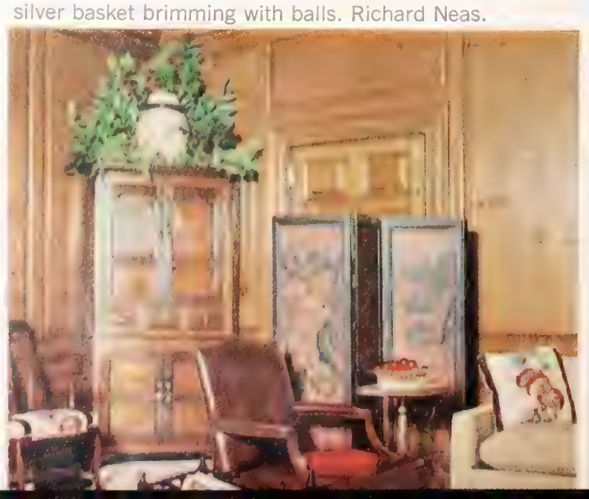


Above: Pine and holly wreath, garland, mistletoe, apple-green velvet ribbons. *Below:* 18th-century English cupboard with Chinese spice jar, pine, holly. On table: pierced silver basket brimming with balls. Richard Neas.



Above: Poinsettias, pine wreath, mistletoe, and 19th-century carved wood pig wearing a hol wreath. *Below:* The pineapple—traditional Englis symbol of hospitality. Richard Neas.









Wreath of antlers, pine cones, dried flowers, artichokes, lotus pods, and ribbon. Anne Winston.



Gilded metal reindeer on Mr. and Mrs. David Huxley's Christmas table. Garland and red bejeweled wreath.

HORST



Aluminum-foil flowers on wreath; golden bells on tinsel garlands on the Huxleys' balcony.



Holly wreath and paper-white narcissus with Chinese porcelain plate. Mr. and Mrs. Winston Guest.



Party tables at the Guests', sprays of orchids, and, on side table, paper-whites and chrysanthemums.



Lord Montague, sporting holly collar, awaiting Santa on Christmas mat. Cornelia Guest with him.



Above: Spruce wreath sprayed with snow and tied with snow-white ribbons. Ray Kohn. *Below:* Wreath of nuts tied to mirror with green velvet ribbon. On candelabras: paper doves and holly. John Rieck.



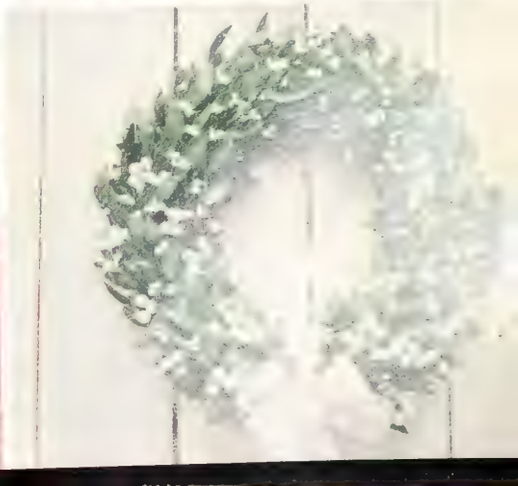
Above: Gingerbread heart place cards, Swedish hand-painted wood figures. *Below:* Homemade gingerbread house with white-snow frosting; centerpiece—carnations, chrysanthemums, greens. Dr. and Mrs. Mato Marinovich.



Above: Tubes of Finnish cotton, quilted, mercerized, and crowned with bow. Fabric at one. *Below:* French cotton foliage with mistletoe berries, velvety balls. By Burton Braff. Shopping information, page 203.











Warm-hearted American decorating

Christmas with quilts in an antique house

Originally a wash house built by a sea captain in 1827, this tiny three-room house and its contents prove what its owners admit—"We love anything old." Mr. and Mrs. Richard Haders prefer to stay in the small house on weekends and holidays and rent out the bigger main house. (When children Stephen and Jill visit, they sleep on sofas.) They scraped off layers of paint, hung wallpaper, and painted floors themselves to create a wonderful setting where the only real decorating is collections of old things: furniture picked up at auction, the nautical paraphernalia Richard Haders loves, and the antique American and Amish quilts Phyllis Haders has made a business—called "Phyllis Haders, Inc." in Manhattan—of collecting and selling. The living room provides a white backdrop for the color and graphics of the quilts, which sometime take over the whole house for a show, *opposite page left:* On the wall hangs "Feathered Star." Draped as a table skirt, a turkey-red and white quilt made by great-grandmother Harmon. Red and white pillow on the left-hand sofa was made from the only piece that could be saved of a "Valentine Heart" quilt. It and the quilted animals under the tree are from "Hands All Around," a shop in Mystic, Conn., started by Mrs. Haders and a friend. "My mother has always been very creative," says Jill. "She has grown with her quilt business and taught us a lot about beauty and the Amish." Mrs. Haders is now an author, too: her book about the Amish and their quilts *Sunshine and Shadow* was published this fall.

The living room at Christmas, far left: The coffee table—heavy glass resting on an antique, child's trundle bed—still has its traditional rope webbing. Schoenhut donkey and cart rest on top. Kilim rugs on the floor are trophies of the auctions Mrs. Haders loves. Top left: Three Haders bearing gifts, and Lucky Pierre, Jill's dummy, fondly known as Gupple. Mrs. Haders believes presents should be handmade if possible. The antique grocery basket Mr. Haders carries, holds a baby present wrapped in a cradle quilt, "Sunburst."

Want to decorate a wall, make a stuffed animal, or wrap a present? Use quilts

At Christmas the Haders' family traditions abound. "We are very sentimental about it and there is always lots of trimming, decorating, and eating." Every year, Jill makes her delicious cranberry bread and plum pudding for Christmas dinner; Mr. Haders strings lights inside and out. The tree holds a family history: Many of its ornaments were made by Mrs. Hadars thirty years ago and lovingly collected since then. "My mother's trees have always been special," says Jill. "She collected dolls from all over the world for me and at Christmas they sit among the branches." She might make ten sequined Santa Clauses, gilded cricket cages, or doves of peace with holly wreaths sewn into their beaks ("I believe in them.")—and give some as gifts and keep a few for the tree. White candle-lights and colored lights strung on separate strands permit the family to light either one for an all-white or multicolored tree. Plain green wreaths with red bows decorate doors and windows. Special quilts that mean Christmas to the Haders are brought out of trunks and used from Thanksgiving to New Year's. The bedroom with its white-painted floor has a holiday wardrobe of three New England quilts: The Connecticut appliquéd quilt on the bed, a variation of the "Whig Rose" pattern, alternates with a "Snowflake" gray and white patterned quilt Mr. Haders's mother designed and quilted for her. "We couldn't have Christmas without an Amish quilt," says Mrs. Haders, who has been enchanted with the Amish since she was 15; "Diamonds in a Square," a handsome example, hangs above a living-room table. She haunts antiques shops and flea markets for unassembled quilt pieces to be used for repairing old quilts, for making pillows, for appliqué work, or for sewing onto clothes (like Jill's turtleneck, *opposite page bottom*). At Christmas the versatile quilt pieces star as Christmas present wrappings. The packages don't need any other decoration—and the colorful pieces are an extra gift.

The Christmas tree, right, with tiny white candle-lights, handmade ornaments. Quilted animals gather underneath. Opposite page, top: The bedroom dressed in Christmas quilts—Connecticut appliquéd quilt on bed, New York cradle quilt on wall, and Pennsylvania "Streak of Lightning" over foot rail. Opposite page, bottom left: Friendly Hawaiian whale guards the kitchen door. Opposite page, bottom right: Mrs. Haders and Jill in the living room creating Christmas wrappings with the unassembled quilt pieces.



Amish quilt in a living room corner.



The antique wash house, now a cheerful weekend house.



Warm-hearted American decorating

Country comforts in a made-over barn





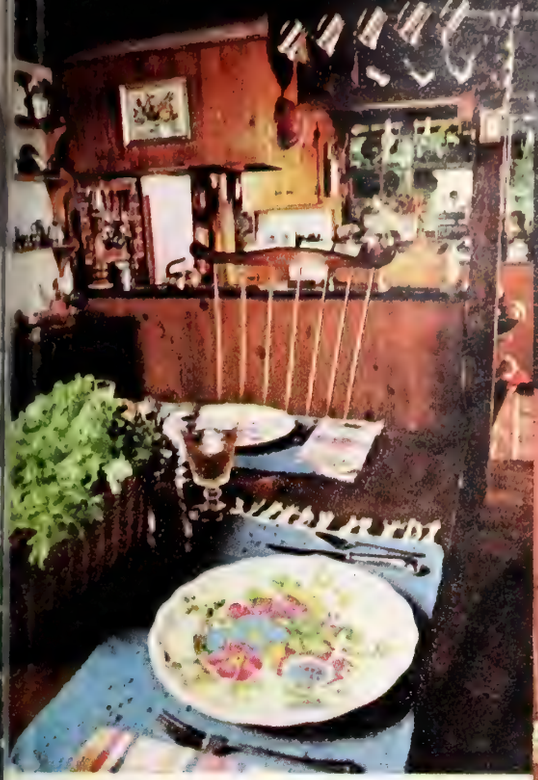
Above: Stone wall encloses back terrace. Grape trellis shades guest rooms on lower level.

There's something about a barn that seems right for today's living. The old wood, the earthiness, and the space—all have appeal in our mechanized age. This 1835 barn, once a makeshift summer place with an outside shower and no heating, was transformed by Franc Vitale into a comfortable country house filled with Americana and warmth. With gleaming antique wood furniture, he used neutral white cut-velvet sofas and chairs, livened with clusters of needlepoint pillows handworked by Vitale himself. "Soft, rustic colors seem right for decorating here," he says. Nothing too strident to detract from his collections of old crocks, Staffordshire, Spode, Coalport, and lustrous pewter.

BEADLE



Main living space, top and right, where hayloft stairway now leads to master bedroom.



Dining-kitchen under the hayloft. Below: Latest addition, a screened porch off living room.





Once a collector always a collector. Franc Vitale admits things he buys today often wind up in the garage because he has nowhere else to put them. Shelves built to show off his collection of blue and white china, above, were copied from an 18th-century design at the Metropolitan Museum of Art.

The layout of the barn fell into place quite naturally: The main space, rising to a 20-foot beamed ceiling, became the living room. Original window openings were enlarged for huge new 12-foot paned windows that now flood the room with light. Wood from an old chicken house on the property came indoors to cover the fireplace wall. Mr. Vitale took the room's colors—terra cotta, white, beige, and blue—from the Oriental rug by the front door. "I wanted to create the feeling of an English country house," he explains (he has collected 18th-century furniture and objects since he was 16). The hayloft became the master bedroom, bath, and dressing room. The space underneath, with its low, raftered ceiling, made the kitchen-dining room "a cozy and informal contrast to the big living room." It is furnished with American country antiques, the ceiling hung with pewter mugs and copper pots. For a man who loves to cook and entertain, guest space is important. Two bedrooms and bathroom on the lower level, where once there were milking stalls, allow him to invite friends for weekends and holidays.

Guest-room bed covers, below, were made from a giant piece of antique patchwork found in a flea market, divided in half. Each piece was sewn to sheeting, then stuffed and quilted. Above the beds, 18th-century portraits on glass in their original gilt frames hang beneath little canopies whose fabric, white slubbed polyester and cotton, is also used for fringed bed ruffles and curtains. Blue and white gingham shades windows and bedside lamp. Outside a leafy awning of vines keeps the room cool in summer.





Host Franc Vitale in the kitchen, above, with a baked cheese fondue. "A great brunch dish. So easy to do—and it puffs up all golden brown. I make it the night before, put it in the oven when guests arrive. Then I can spend an hour with them in the living room over drinks while it cooks." (For the recipe, see page 145.) He serves it with [illegible] vinaigrette, a salad. For dessert, chocolate fudge cake layered with apple butter, frosted with almond-flavored butter cream, and spiked all over with toasted slivered almonds. White wine, to drink.

Start now to keep in shape this winter

PLUS a report on how America is exercising

By Caroline Seebohm

"Whenever I feel the urge to exercise, I lie down until it passes." Robert Hutchins, president of the Center for the Study of Democratic Institutions is credited with that remark. *Newsweek* columnist George F. Will broadly defined exercise to include "vigorously pushing away from the table and strenuously snuffing out cigarettes."

The wretched fact is that even though we know we should exercise (and nearly one half of the Americans who do exercise do it for reasons of health), the idea somehow doesn't fill us with wild enthusiasm. We can understand the concept of exercise meaning *play*—for instance, tennis, swimming, or any activity we define as "sport"—but when health gets into it, the fun seems to go out of it.

"The way we live is our number one health problem," declares V. L. Nicholson, the spokesman for the President's Council on Physical Fitness and Sports. "This is the first major change in our health attitude since the forties. In earlier days, infections such as TB and diphtheria were still major killers—now it is our own bad habits. People simply must begin to see how important exercise is in keeping them in shape."

The President's Council is deeply involved in trying to get the youth of America to start the exercise habit. "The growing years are vital," says Mr. Nicholson. "What children do between the ages of 10 and 15 affects the size of their heart, lungs, the quality of their bones, everything. So youngsters should get systematic activity." He observes with regret that this is more difficult to achieve with girls than with boys. The National Youth Fitness Test turns up the unfortunate truth that whereas before puberty boys and girls usually develop their strength, speed, stamina, and agility at the same rate, at puberty girls level off or stop completely. They've reached their peak. "Maybe it has a little to do with physiology, but not all. I'm afraid it's also sociological," admits Mr. Nicholson. "For some reason, girls feel that physical activity is no longer worth doing—a mistake that they may pay for dearly in later life."

Well, we're *trying*. More Americans are exercising now than ever before and, probably owing partly to the Women's Movement, more women are involved in sports than ever before. The tennis boom has swept the country. More and more people are building swimming pools for exercise—and more of them are indoors so the exercise can go on all year. You see joggers on every street in every town—there is even a National Jogging Association based in Washington, D.C. (In 1972, a National Adult Physical Fitness Survey found that of the 60 million adult Americans who engage in various forms of exercise, nearly 44 million walk for exercise; more than 18 million ride bicycles; 14 million swim; 14 million do calisthenics; and 6.5 million jog. The survey did not even bother to include tennis as a category that year.)

The latest excitement in exercise, and one that is sweeping California, is the fitness *parcours*. The word *parcours* is French for "course," and the idea originates from Switzerland, where the fitness *parcours* is very popular. The *parcours* is a walking/jogging course with 20 exercise stations along the way, where you rest from jogging, and do various stretching, bending, and other fitness exercises before moving on to the next one. Deborah Mazzanti has a fitness *parcours* at her health spa, Rancho La Puerta, and believes it is the exercise trend of the future. "Anyone can do it," she says, "and it's fun. The *parcours* is portable: It would be perfect in parks, for the whole community to enjoy, or even in your backyard if it's big enough."

It is not just health nuts who are becoming exercise-minded. There is a whole new class of American exercisers—older people with cardiovascular disease. "Heart attack patients used to have to stay in bed," Mr. Nicholson says. "But now there are highly sophisticated exercise techniques for such patients, based on heart rate and oxygen delivery systems, which help them lead normal active lives again. This is another major change in our attitude to health in the past 30 years."

There is still enormous resistance to exercise. People say it's boring, they haven't time, they don't need it. In 1972, 49 million Americans never exercised at all (that's nearly half the adult population). But let's face it, we do need it. So why not begin now to get in shape for winter, stay in shape for good? Here some ways of working out that tors recommend and that may prise you because you'll feel so rific afterwards. So terrific tha you keep it up for three mon you'll be hooked. As Deborah M zanti put it, "A daily exercise r tine makes the difference betw *existing* and *living*."

Indoor exercises

"If the weather is so bad that y can't venture outdoors, JUM ROPE," says Dr. Lenore R. Z man, director of Cardio-pulmona Rehabilitation, Montefiore Hospi and member of the Exercise Co mittee of the American Heart As ciation. "JOG IN PLACE or, if y have one, RIDE A HOME BIC CLE. You should also choose acti ties that put all your joints throu their entire range of motion. For stance, bicycle riding does not ex cise your arms, so you should some arm exercises in additio Ideally, you should do some fo of calisthenics to use all the joi and stretch the muscles, plus so form of endurance exercise to ra the heart rate—but to a target lev 220 minus your age for most healt people. Puffing and panting like sprinter is not necessarily helping yo heart and maybe just tires you ou

Bicycling

"The muscles that suffer most winter are the leg and abdomin muscles," says Dr. Willibald Nagle Chief of Physical Medicine a Rehabilitation, New York Hospita "so I recommend bicycle ridin which is very good for the legs. Y should really ride for about an ho to get any benefit, and since you c not use your arms, do some arm e ercises as well." As for the abdo inal muscles, here is a very goo exercise from Dr. Nagler: Lie o your back, bend your knees. Do half sit-up, hold it for 5 second

n let down. "This is also very d for people with back problems, dentally," he says. "If you have ess to an indoor pool, SWIM-NG in my view is still the best rall exercise there is."

Skating

ople tend to think of skating as nething beautiful to watch, but also wonderful exercise, ac-rding to Dr. Tenley E. Albright, Sports Medicine Resource in burn, Mass. (Dr. Albright won Olympic Gold Medal for Fig- Skating in 1956, so she should ow!) "Any kind of movement, ything which increases agility, in-ding climbing on the rocks by the ch in summer, prepares you for ter skating. Before you start, take good look at your skating boots d make sure they fit snugly around ankle, loosely at the toe and the of the boot. I'm sure you'll find,

(Continued on page 208)

BASIC PROGRAM FOR ALL SHAPERS-UP

The President's Council on Physical Fitness and Sports recommends the following routine, whatever form of exercise you decide to practice:

1. **7-8 minutes of warm-up: Stretch, bend, twist, turn, generally loosen up, and breathe a little harder.**
2. **8-10 minutes of strength work on arms, shoulders, thighs, etc. with push-ups, sit-ups, pull-ups.**
3. **20 minutes of circulatory exercise at a pace that elevates breathing and heart rate. *Not* all-out effort, just a regular pace. Jogging, fast walking, bicycling, running, skipping rope—any brisk activity will do for this period.**
4. **5-7 minutes of cool-down. Don't sit down abruptly after finishing your exercise, but move around slowly staying loose for a while before resting.**

Form **1040** US Department of the Treasury—Internal Revenue Service
Individual Income Tax Return

For the year January 1–December 31, 1975, or other taxable year beginning , 1975, ending

Name (If joint return, give first names and initials of both) | Last name | Your social security number | For Privacy Act see page 2 of

For IRS u

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End of the year tax strategies

By Paul Gross

You may be overlooking deductions that you can and should take this year—your last chance before the new tax reform law takes effect

If ever there was a time to take advantage of every tax deduction you can, this is it. For one thing, 1976 has been as good to most of us as 1975 was bad. Salaries have gone up, the stock market rose, bond prices rallied, and companies should be giving bonuses around Christmas time, because corporations have had a very good year. For another, many tax deductions won't be around next year because the long-awaited tax reform bill has finally been passed into law. The new tax law has a number of *new* loopholes, of course. Tax reform measures always do. However, the Internal Revenue Service will start plugging up these loopholes as soon as it gets wind of them.

As any good tax expert will tell you, the best way to reduce taxes is by following a yearlong strategy. Even so, there are a number of things that you can do at the end of the year to whittle down your potential tax bill this year.

Medical deductions

You can boost your medical deductions by having any foreseeable medical or dental work done and paid for this year. (You can deduct medical expenses that exceed 3 percent of your adjusted gross income.) And don't overlook anything. You'd be surprised what you can deduct. For example, the IRS has just ruled that any surgery which affects the human "structure" is tax-deductible—even plastic surgery. That makes the cost of a face-lift, even if done for purely cosmetic reasons, fully tax-deductible.

If you install central air conditioning for someone in your family who suffers from asthma or bronchitis (on a doctor's written recommendation), you can put the unit in now, pay for it, and boost your medical deduction for the year. Finally, consider buying or increasing your medical insurance. You are allowed to deduct one-half of your medical insurance premiums, up to a maximum of $150.

Happier holidays

A year-end party for your business associates and clients can be deducted as a business entertainment expense. However, make sure that you follow the IRS rules for such deductions—generally, the entertainment must be related to the conduct of your business.

If you play Santa Claus to your clients and associates, remember that for individual gifts, say a pen and pencil set, you can deduct no more than $25 for each gift—regardless of how expensive it might have been. However, you can deduct the full cost of the gift if it has a business use—say, a pocket calculator or a small cassette tape recorder. There's also no limit on the percentage of the gift you can deduct if you give clients something like season tickets to basketball games and don't specify the recipient. For example, you could give subscription tickets to the opera to a client's firm and deduct the full amount. Whether your client uses all the tickets himself or passes some of them out to others in his firm doesn't matter.

The office load

If you have an office at home, think ahead and buy the supplies now you think you'll need in 1977. By the same token, buy all those investment or business books you're interested in reading, subscribe to some financial publications, and renew any subscriptions that are about to expire. One friend has this down to an art. He subscribes to all his magazines in January. At the end of the year, he has the option of renewing the subscriptions early or waiting until the next year. If he's had a banner year, he renews early and, in effect, gets to deduct two years' worth of subscriptions in one year. If the year wasn't all that good, he'll wait until January to renew his subscriptions.

You might even consider redecorating your office at home or hiring someone to clean it thoroughly for you in December. For example, I redecorated my office at home earlier this year, and now plan to hire a firm to do a thorough cleaning—all of this is deductible.

Now for a word of caution: The new tax reform bill bars an office at home deduction unless you meet some fairly strict criteria. For one thing, the office must be

(Continued on page 208)

Medical deductions, a vacation home, stocks, business trips abroad, an office at home—do you know what you can and should deduct?



Jean-Honoré Fragonard, *Love Letters*. Cym
bidums, *from left:* Edna Cobb "Spring Aria,"
Jungfrau "Crystal Craigs," Seafoam "Green
and Bengal Bay "Benares"



The gift of flowers and art

The Frick Collection and The New York Botanical Garden bring together a spectacular display of paintings and orchids—the works of man and nature

By John Russell

The Frick Collection in New York City is most people's idea of a stationary feast. It's a feast all right: paintings, sculptures, drawings, fine furniture, and first-rate porcelain in the atmosphere of a great private house. It's stationary too, though not quite so much as the Isabella Stewart Gardner Museum in Boston where the first nasturtium has to turn up on the same date every year and the world would come to an end if a bowl of violets were moved one inch to the right or left, but stationary all the same. Same address, same building, same installation, same labels. Same French Gothic angel (cast on March 28, 1475) supervising the same splash of water in the central court. It's been there as a public art gallery since 1935, and people love it.

They don't look to it for change, however. Just occasionally there's a flurry of scholarship, a whirring of wise wings, and one of the labels vanishes, as if a highly educated eagle had swooped down and carried it off. A revised label will then be put up, causing intense excitement among the ten or twelve people in the city who are qualified to dispute it. Beyond that, it's a quiet world at the Frick. "What does the director do?" some visitors ask. "Dust the pictures?"

And it's true that the Frick doesn't get itself into the papers. There are no debatable acquisitions, no staff member ever stalks out in a huff, all is as calm as the thickest of thick carpets can make it. But the concerts (free) are very good, as are the public lectures (also free). And just once in a while the Frick entertains in a style of seemly extravagance. One such occasion occurred earlier this year when the house was filled with cymbidiums and other orchids from The New York Botanical Garden in the Bronx.

Orchids have a place all their own in the mythology of debauch. Women will do things in the company of orchids—so it is said—that they would never do anywhere else. Just over a hundred years ago, in his novel *La Curée*, Emile Zola put the classic case for the big-city orchid-house as the place where all seductions were conclusive; and his pre-Freudian approach has been confirmed over and over again by analysts who have looked the orchid up and down and agreed that nature could go no further in the field of erotic suggestion.

The orchids at the Frick had competition, of course, in many of the paintings on the wall. The white almond blossom in Whistler's *Mrs. Leyland* stood for an altogether purer notion of the indoor garden. Gainsborough in his portrait of Lady Innes has his sitter hold in her hand that symbol of first youth, an unopened rose bud, the better to contrast with the full-blown rose on her right. The series of decorations [illegible] Madame du Barry commissioned from Fragonard culminates [illegible] *Love Crowned* [illegible] is made of flowers [illegible] still fresh upon them [illegible] in his portrait of Mad[illegible] sonville [illegible] the mirror image of the young woman's back.

Continued on page 156

EDITOR'S NOTE: *In addition to writing regularly about art for* The New York Times, *John Russell contributes articles to several magazines, among them* House & Garden. *His "Art Is There to Tell Us Who We Are" in this July's issue discussed the American character in American painting. Mr. Russell's* The Meaning of Modern Art, *in twelve volumes, was recently published by the Museum of Modern Art.*

HORST



Pierre-Auguste Renoir, *Mother and Children.*
Cymbidiums, *from left:* Darjeeling x Adelma "Springtime," Bengal Bay "Benares," Valencia "Fern Dell"



Jean-Auguste-Dominique Ingres, *Comtesse d'Haussonville*. Cymbidium Kyber Pass 'Red Bronze'

The timeless appeal of fabrics

Romantic decorating in a restored country house



All through 19th-century northern Italy, life was simple, rural, basic. And so was the decorating. A matter of cottons, naïve prints, subtle colors, frankly pretty windows. Even the furniture was down-to-earth (with a single infatuation: Anything French was automatically divine). It was a kind of romantic look being rediscovered today, right here at home. "There's something wonderfully appealing about the warmth and coziness this kind of decorating can give a room," says Mrs. Gianni Agnelli, who lives with her husband in a restored 19th-century house on a hillside overlooking the northern Italian town of Turin near Mr. Agnelli's office. They found the house nearly seven years ago, its thick walls sound, its fireplaces working—but with neither plumbing nor windowpanes nor a hundred other little details. There were, however, scraps of original fabrics still clinging to the wall, and from these fragments Mrs. Agnelli, a fabric designer, interpreted a whole new wardrobe of curtains, upholstery, and wall fabrics, all in keeping with the flavor of the original house. Her new collection of cottons for the Swiss fabrics house of Abraham-Zumsteg, also inspired by 19th-century documents, will be available here in January (for more about the Abraham-Zumsteg collection, see House & Garden, May, 1976). Mrs. Agnelli asked decorator Renzo Mongiardino to help with the restoration and together they did the research and even designed some of the furniture. "It took more than a year to get permission from the Turin Fine Arts Council to proceed with the work," says Mrs. Agnelli. "It was this kind of civic caring that saved the whole town."



The house is actually two houses: a main villa and a tiny adjacent rustico where the farmer once lived upstairs from the cows ("a situation still found in many parts of Italy"). Today the farmer's quarters, opposite page, bottom, are devoted to Mrs. Agnelli's studio (notice the pink-lined tray of fabrics and photographs) for which she designed the tiny-flowered white chintz for curtains and wicker furniture. Downstairs the cows have been replaced by a crisp pink-and-white office, opposite page, top, from which Mrs. Agnelli directs her design business and her household, all papers prettily filed in wicker baskets. The doorway opens to the back terrace where she relaxes with her son Edoardo, right. The front door, opposite page, right, is encased in glass —protection against the bitter Turinese winters— and surrounded by wisteria vines that bloom fragrant and white in spring.

KAREN RADKAI







Fabric borders form vertical stripes for sitting-room walls.



The same border makes a fabric cornice for living room.



Romantic decorating

The collaborators researched the restoration with a camera, photographing curtains, wall treatments, doorknobs, details in other houses on the hill. From these they created not an exact period replica, but "a mirror of the surroundings." The house reflects a delight in small prints—a contrast with the 19th-century flamboyance of the rest of Europe—and, because decorating romantics are irrepressible mixers, a happy mélange of styles, texture, vintages, patterns. Even the floor is a mosaic of walnut and cherry. "Mixture was very much the mood of Turin," says Mrs. Agnelli. "The climate is cold, and the overstuffed, cozy atmosphere was—and still is—wonderfully warming." In the living room alone, two of her bordered, flowered, yellow cottons and a separate cornice border of flower garlands (see detail, *right*), are stretched over the walls, shirred softly, simply, for curtains. Sofas and chairs are casually slipcovered in still another cotton print. Most of the furniture, brought from another house, is French ("we love it as much as the old Turinese did"). With it, modern wood tables Mr. Mongiardino designed to resemble narwhal horn, lots of natural wicker for country freshness.

"When the weather is cold, a cozy overstuffed atmosphere is wonderfully warming"

The living room, left and above, with its multiplicity of printed cottons (three for the walls alone) encourages comfortable, informal living. "We read the paper here," says Mrs. Agnelli, "or have lunch by the fire." The cornice-border fabric reappears in the adjoining multi-patterned sitting room, above right, as vertical stripes for the wal

The living-room cottons, applied to the walls with their borders placed like petaled moldings, create a beguiling architecture responsible for the character of the entire room (and let anyone who doubts the power of fabric imagine the room without it). The use of natural materials only adds to the warm-hearted look: wood tables, a raffia rug, wicker furniture patterned after a 19th-century model from Mr. Mongiardino's own house. Other wicker chairs, this time laced with lacquered red, group around blue-clothed tables in the dining room, *opposite page, bottom.* Here walls are covered with Mrs. Agnelli's fabrics—a geometric of peaches on cream—and windows dressed in unabashedly pretty curtains of white cotton voile drawn back from double-ruffled valances to let in a lovely light. When the Agnellis entertain—"rarely more than 10 for dinner, because at small parties people can really get to know each other"—the room is lit by candles, in wall appliqués and on tables, for one good reason: "Candlelight is the most becoming." Centerpieces are bowls of fruit; flowers are to be found everywhere else, however, all gathered from cutting gardens from which Mrs. Agnelli arranges bouquets of "whatever the garden offers." At the far end of the dining room, an archway leads to an iron-and-glass room, a thoughtful gift from 19th-century builders, which the Agnellis call the "winter garden" or "veranda." Its roof, *right,* is an arched dome of copper, weathered by Turinese winters. A bed of marguerites carpets the space between the path and the iron fence that overlooks the town 10 kilometers away.

"Decorating is also a matter of flowers and candlelight. You must remember all the senses."

In the living room, above right, the cornice-border fabric combines with another of Mrs. Agnelli's borders to create a textile of stripes for an 18th-century French chair. Lampshades are also borrowed from wall fabrics, bordered and shirred to cast light that approaches candleglow. Most of the upholstered furniture is slipcovered for summer with pale prints, but the sofa here lives year round in its plum-colored cotton. Just off the dining room, opposite page, bottom, which is entirely lit by candles, a plant-filled veranda with a weathered copper roof, right. Opposite page, top: The old rustico, now studio and office, completely covered with ancient vines.



Outdoors, the gardens are a 19th-century patchwork of lawns rimmed with box hedges, all designed by Mrs. Agnelli and her friend Russell Page. "I adore gardening, and in fact almost all the flowers and vegetables we use come from our own gardens." She fixes bouquets of fruits and vegetables as if they were flowers (like the luscious nosegay across the page), and uses them as centerpieces. "We prefer fruit to rich cakes, so at the end of the meal we simply eat the centerpiece for dessert." Just off the dining room are two others—one inside, one out. The indoor winter garden, always full of plants and flowers, can be converted for large dinner parties winter or summer so guests can dine surrounded by flowers even in the snow. In fine weather, Mrs. Agnelli often sets a round table for lunch on the awning-shaded terrace, *below and opposite page, right*. The chairs of iron and slatted wood are 19th-century northern Italian. On the pink-clothed table, a centerpiece of herbs, mushrooms, and sprays of the elusive wild white strawberry.

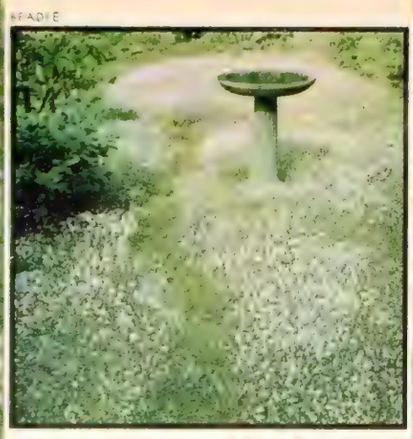
"For dining, have a choice of settings: a fireside, or gardens indoors and out"

Whatever pattern can't be had in fabrics, Mrs. Agnelli supplies in plants and flowers. In the winter garden, below and opposite page, left, baskets of Barbier roses that climb the villa walls; hanging cissus; sparmannia and ficus pandurata trees; and, on the raffia rug that covers the green stone floor, luxuriant clumps of ferns. Left: Fuchsias bloom along the garden fence.



A centerpiece for dessert: a feast of fruits and berries with a pineapple crown.
KAREN RADKAI







Grow Moss!

and don't fret about grass

"My idea of gardening is to have no grass to mow, no weeds to pull, and plants to enjoy that self-seed and propagate naturally." A moss garden gives a bonus besides: a garden that stays green in all seasons. David E. Benner and his family didn't plant any moss, but "in less than five years it took over and became such a thick carpet we rarely ever weed." The Benners encouraged moss by scattering the paths the first fall with acid sulphur dust and watered-in aluminum sulfate and Miracid. "We have about eight species of mosses, but mostly broom moss (Dicranum scoparium), silky fork (Dicranella heteromalla), and fern moss (Thuidium delicatulum). The trick to growing good moss is to keep it free of debris so the moss won't decay. I often sweep it after a rain, but it is best to wait until the ground freezes before raking off all the leaves. Then the bamboo rake can't tear the moss." To nourish the ground covers and evergreen shrubs, the Benners compost the leaves, and the paths stay green all year. The family lives near Doylestown, Pa., where Mr. Benner teaches ornamental horticulture at Delaware Valley College of Science and Agriculture. He often brings groups of students home and uses this shady hillside as a classroom. The house is painted green, almost hidden in a patch of woods; the driveway climbs in an arc through rhododendrons, azaleas, and choice dwarf evergreens. At the sides of the house and behind it, mossy clearings and paths are edged with evergreen ground covers: ivy (Hedera), myrtle (Vinca minor), Pachysandra, Ajuga, and Phlox divaricata. Spring brings a profusion of Quaker Ladies or bluets, forget-me-nots, Virginia bluebells, and rivulets of violets. Mr. Benner prefers pastel colors in his garden: White flowers are blood root, foam flower, lily of the valley, and the rare Shortia galacifolia. Native phloxes plus wild and cultivated columbines and bleeding hearts are among the pink flowers. As a collector of native American plants, Mr. Benner particularly prizes his Jeffersonia diphylla, Viola appalachiensis, and glacier-age box huckleberry. Mr. Benner grows plants from seeds he collects or is given, and sometimes orders from Gardens of the Blue Ridge in Ashford, N.C. The Benners manage land by letting it have its way, with no strict marching orders. When plants take off, spreading on their own, a gardener can, too—on holidays or in more imaginative gardening.



David E. Benner, far left, never drowns out bird song with a noisy lawn mower —he sweeps his moss paths in a garden of ground covers, evergreen shrub, native flowers. "Moss is easy to grow in shade, and rugged—our boys, 10 and 13, play on it. A December rake-up of autumn leaves is the only essential chore." Top left: a peace march of little Quaker Ladies in a moss clearing. Above: a moss path through ferns and ground covers to a bird feeder and birdhouse. Left: the family's side lawn and moss-green house. Opposite page: steep hillside backyard with a picnic table, huge beech, steps.





The indoor pool—an idea that's catching on

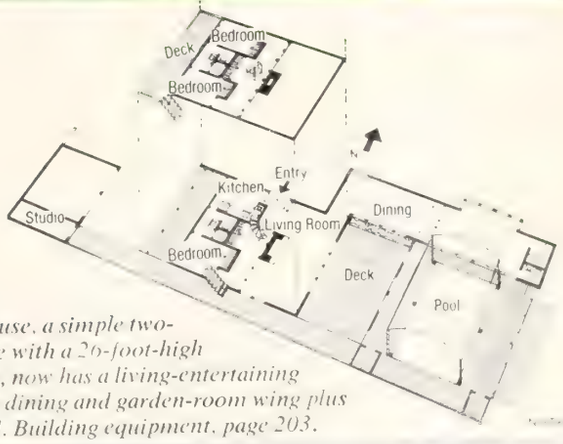
How a pool pavilion became a house's new living center—and changed the owner's life

Houses, like children, can grow, develop, and come to full bloom. This weekend house, near the sea and bordered by a green sweep of Long Island potato fields, was designed and built in four stages over a twelve-year period by its owner, Richard Huebner, and his brother, architect Louis H. Huebner. First a garage-studio was added to the original two-story house and a pool installed outdoors, then a dining-garden room wing was added. For the final flourish, the swimming pool was enclosed. The spa-like area, 32 by 40 feet, enlarged the house by half again its size, vastly increasing the enjoyment it gives and the possibilities for entertaining summer and winter. Brilliant with daylight from its transparent vaulted roof and glass walls ringed with palms, ficus, schefflera, and flowering plants, it is an exhilarating place to be. "I wanted a room where outdoors could be enjoyed all year round," says Dick Huebner. "I first thought of tucking on a greenhouse and adding a sunken bath somewhere. Then we thought of glazing in the pool area. It combined both features in one." Wood posts and beams went up to support the acrylic plastic roof vaults above walls of pine board-and-batten siding with sliding glass doors.





TOM YEE



Original house, a simple two-story square with a 26-foot-high living room, now has a living-entertaining center: new dining and garden-room wing plus indoor pool. Building equipment, page 203.



NEW POOL ENCLOSURE, *left*, like a small crystal [illegible] roof and walls. Eight arches of acrylic plastic form [illegible] doors are the side walls. Both are framed in bronzed aluminum and are double glazed for insulation. Pool can be heated, water is filtered and circulated. A ventilating fan and louver at the top of the wall automatically when temperature reaches 90 degrees indoors. Wood walls and deck floors are painted marine-finish white. Outside, barn doors slide across the glass ones for security. RUSTIC HOUSE, above, with silvery weathered walls that give it the appealing look of an old barn.





Indoor pool

continued

The barn character was further established when the garage-studio-workshop went up as Stage 2 of the construction. It faces and screens the house protectively, its matching batten-board walls and a contrasting roof angle are complementary. The center courtyard parking area, high wooden fences, and a deck walkway tie the buildings together like a farmhouse cluster. Stage 3 was a new wing added in 1969: A wide deck including a 16-by-32-foot pool had already been installed outside the glass-doored living room; the new wing enclosed the deck on one side, shielding it from hot west sun and north winds. (Well insulated, the wing can also be closed up tight in winter.) So a new capacious dining room was gained where Mr. Huebner could have eight to ten guests for sit-down dinners he couldn't handle in the living room. And a garden room, with two glass walls, that also includes a kitchenette and a bathroom for swimmers. To connect this new wing to the house only a doorway in a living-room corner had to be broken through. With Stage 4, the pool enclosure, the house now surrounds the deck on three sides, providing a year-round outdoor living center. Living and dining rooms, garden room, and pool house feel like indoor extensions of the outdoor deck and, at parties, people move easily among them with no crowding. But the magic is in the pool house "where the light is fabulous," according to Dick Huebner. "Day or night, sun, moonlight, or starry skies illuminate it for lounging or swimming."





FOR LARGE SUMMER PARTIES, **Dick Huebner sets buffets like the paella buffet, *left*, on deck outdoors, *above right*, or arranges them on the long dining room table. "People can move easily from the living room to either buffet, then eat in the garden room or outdoors." Sheltered on three sides by pool house and dining and living rooms, the deck is a sun pocket all year round.** DECK, ***above*, before pool was enclosed.** DINING TABLE AND CHAIRS, ***right*, are the only furniture in the vinyl-floored, open-beamed, chalk-white dining room. A Huebner painting at far end.** GARDEN ROOM, ***opposite page, above*, with sailcloth slipcovers, floor pillows, rattan chairs, quarry tile underfoot, takes hard wear even from swimmers in adjoining pool.** GUESTS, ***opposite page, below*, at games under host Huebner's eye.**

TOM YEE

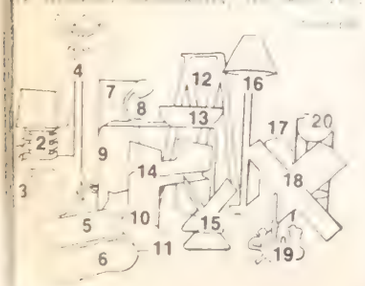


Now the pool is the entertaining center too. Living, dining, and garden rooms open directly on the indoor deck

INVISIBLE PRESENTS

nd good solid decorating ideas: See-through acrylics for a dash of glamour in any room

ansparent luggage rack and tray nd, **1,** white vinyl strapped. $65, cidity. **2** Light-catching lamp base inches high. $475, John Rosselli.* Nest of end tables, $119 at Plexi-aft.** **4** Crystalline coat tree by rmel Plastics. $160, Hudson's. Cork-on-acrylic backgammon set, 4 at Plexi-Craft.** **6** A sampling of ys from Richard V. Hare: 14- and -inch round, $19.95, $29.95. 15--11 and 19-by-5-inch, $15.95, 2.95. **7** See-through étagère, 45 hes high, 12 square. $188, Lucidity. Chrome and acrylic desk spotlight, inches high. $115, Bloomingdale's. Vanity table or desk. $119 at Plexi-aft.** **10** Spherical chrome-handled bucket, 8 inches across. $17.50, cidity. **11** Gleaming box of 1¼-inch-ck acrylic. The 4-by-7-inch size, $50. Arnold Scolnick. Bloomingdale's. Ladder shelves to step up your col-tion. 5 feet tall, $235. 29 inch tall ot shown), $60. By Karmel, at Hud-n's. **13** Icy-textured salad or punch wl, 21½ inches wide. $27.50 at The ina Closet.** Inside it, clear 4-gal- bowl, $33, Lucidity. **14** High-sided nch, $125 at Plexi-Craft.** **15** Sculp-al magazine rack. Chrome base. Context. $75, Bloomingdale's. Grooved floor lamp. Chrome or brass ails, 59-inch base, $615. Paper de, $60. Karl Springer.* **17** Roomy -around telephone caddy. In clear, 65. At Isobel Worsley. **18** Storage X show off wine, magazines, yarns. ar, $59 at Plexi-Craft.** **19** "Twis-ks" chrome-tipped candlesticks for , two, or three candles. $32.50, 5, $75. By Dorothy Thorpe. Bloom-dale's. **20** Standing double bowl for ping salad or chilling punch. Or for rrarium. By Karmel. $66, Hudson's.







The rebirth of leaves is in itself a small miracle . . . their emergence as remarkable as the unfurling of a butterfly's wings

There was a tree

continued from page 96

pink and purple—Shelley's "ghosts from an enchanter fleeing"—which give the fall its special bittersweet spectacle before the branches stand bare. The final trigger for leaf dropping is diminishing hormone content in the leaf (most plants processes depend on hormone concentration): Eventually this causes ethylene to form at the junction of leaf and branch, where a layer of special cells, designed to weaken at the right time, lets the used-up leaves glide to the ground.

What has happened is in fact the remarkably rapid transformation of a complex organism turning within a few days from full activity to a virtual shutdown situation, in which the trees wait, embryo buds already preformed, for the spring triggers of higher temperature and longer day length, to burst once more into full production. Then the roots again start pumping mineral-rich water into the tree's conduits. Many trees store organic materials in the trunk to help them at this time of rebirth—the sugar maple is a prime example where food channels fill with stored sugary sap, a stimulant for the signal "all systems go." The rebirth of leaves is in itself a small miracle, the soft, compressed tissues often being intricately folded, their emergence as remarkable as the unfurling of a butterfly's wings.

By contrast, evergreens either have the needle-like leaves of conifers and heaths or the tough, usually very thick-skinned ones of holly, ivy, laurel, and the like. The needle-leaves especially are designed to stand the dessicating conditions of harsh winters, with very dry air and dry frozen ground. They have many fewer breathing pores (stomata) than deciduous leaves, and these pores are additionally protected against water loss by structural devices. Most important of all, evergreens can slow down in severe conditions so that their internal life is barely ticking over, but ready to speed up whenever conditions improve.

The evergreen tree is known for longevity, the great examples being giant redwood, bristlecone pine, and Japanese cedar, with the differently leaved olive from the Holy Land not far behind: No deciduous trees can match them for years. And this has probably much to do with their unhurried growth, slow but continuous, in contrast to the stop-go of the leaf losers.

Lesser plants faced with the inclemencies of winter duck into underground inactivity. The top growth of herbaceous perennials withers and the roots become almost inactive. It is now that gardeners can dig them up, divide them if required, move them elsewhere in the garden, because there are no leaves to wilt if the roots get dry or damaged. If you examine the root-clump or "stool" of the average herbaceous plant, you will find shoot-buds already formed, ready to expand in the spring just like the leaf-buds on the trees.

The bulb is a neater example of plant rest. We are most accustomed, perhaps, to the spring-flowering bulbs which are already planted in our borders and bowls. Technically there are three distinct types of structure—true bulbs of overlapping leaf scales such as the onion-like hyacinth, brown-skinned daffodil, and tulip with dark, papery husk; corms like crocus in its fibrous sheath resembling miniature sacking, which replace themselves each year; and tubers, often so shapeless one does not know which way to plant them, including anemone and cyclamen. All are such wonderful examples of packaging that man takes advantage of this to dry them and sell them loose or through the post. It always surprises me that these unpromising objects can produce such beautiful blooms.

These bulbs, to use the general term, are not strictly passive at Christmas time. Underground they will already have put out extensive roots and be slowly gathering strength to swell and push up the flower bud and leaves when the soil warms up. But one certainly can consider them part of the Christmas death and rebirth situation, for so many come from the Holy Land and similar countries with hot parched summers. They flower and set seed, while the leaves distill the growing strength of the sun into foodstuffs passed down to the storage organs below; then the leaves wither and these knobs of vegetable flesh remain quiescent until autumn rain sets their growth cycle going once again, their fragile-seeming flowers bursting out of the ground throughout the winter in a spring-peaking crescendo. In fact activity continues within the bulb, just as it does within the pupa of a butterfly in that stage between the caterpillar

Continued on page 155

WINE & FOOD



page **143**

Country pâtés made easy

A perfect food present—quick pâtés from *Pâtés for Kings and Commoners* by Maybelle Iribe and Barbara Wilder. ▽





Ingredients for rabbit and green olive pâté, above; *Maybelle Iribe grinding base meat in the Cuisinart food processor,* right.

page **142**

A family Christmas breakfast

Menu and recipes from Marjorie Blanchard for a make-ahead breakfast. ▷



Ann, Marjorie, Donald Blanchard in the kitchen.





Ann slices; Donald brands, right, *with Mrs. Blanchard.*

page **144**

Christmas Cheer

Party drinks, from festive punches to heartwarming grogs, plus edible gifts made with wine or spirits.



page **140**

Old-fashioned Christmas food at Hammond-Harwood House

Festive recipes with a culinary heritage from *Maryland's Way* cookbook. ▽



The table set in the dining room, above; *Honga River Wild Goose and Maryland oysters on the half shell.*

Ludovic Autet, Marina de Brantes and turkey.





Salmon Coulebiac: a toe a



Mrs. Cookies adapted from her originals.

page **139**

The Christmas kitchen

A tantalizing truffled turkey with stuffings of meats and nuts, and cookies carefully decorated to hang on the tree.



Of all the gifts you can give in good taste, few taste this good.

For free recipe booklet, write Carillon Importers, Ltd., 745 Fifth Avenue, New York, New York 10022. Product of France. Made with fine cognac brandy. 80 proof.

WINE & FOOD

The Christmas kitchen

Holiday delights from fondue to truffled turkey, from cookies to kedgeree.

Recipes for holiday treats from first course to last—a superb turkey with two stuffings, perfumed with truffles; cookies for children to decorate (packed in cotton and covered boxes, they can be stored for next year), see pages 102-105. A baked fondue to make ahead for a party. A breakfast that can be made ahead, too, that you can serve to holiday guests if they—and you—are early risers. And four pâtés to give as gifts (especially welcome in an attractive terrine or a rabbit mold) or keep in the refrigerator for drop-in guests.

CHILDREN'S COOKIES

FROM PAGE 103

Christmas cookies

Ingredients

⅓ cup butter, softened
½ cup dark brown sugar
⅔ cup light molasses
1 egg
1 teaspoon vanilla
1 teaspoon ginger
1 teaspoon cinnamon
4 cups flour
4 teaspoons baking powder

Method

☐ In a bowl cream the butter and brown sugar together, add molasses, egg, vanilla, ginger, and cinnamon and beat until fluffy. Mix together flour and baking powder and sift them into butter mixture gradually. Roll into a ball, wrap in wax paper and chill.

☐ Cut dough in four parts and on a floured board roll out each piece to a ⅛-inch thickness. Cut into different shapes with cookie cutters. A hole can be made at the top of the cookies with a barbecue needle if you want to hang them on the tree with a ribbon. Space apart on cookie sheet and bake in 350° preheated oven for 8-10 minutes until firm and golden. Let cool before decorating. Can be made ahead and stored in a covered tin.

Cookie icing

Ingredients

1 pound confectioners' sugar
2 egg whites
1 tablespoon lemon juice
decorative toppings: dragées (tiny silver balls) in 2-3 sizes: chocolate and multi-colored sprinkles; candied fruits: cherries, angelica, pineapple; green, red granulated sugar

Method

☐ In a bowl mix the sugar, egg whites, and lemon juice and beat for a few minutes.

☐ Spread the icing on the cookies with a spatula or knife. Make patterns with the toppings using a spoon, tweezers, and your fingers. Let them dry on a flat surface. Cookies can be stored during the year in a covered box, bedded in cotton.

TWO-STUFFING TURKEY

FROM PAGE 105

Christmas turkey

Ingredients

1 turkey, 12-15 pounds (be sure butcher leaves skin intact)
2 whole truffles, sliced (see note)
stuffing
salt, pepper
8 ounces butter, melted

Ingredients for stuffings

1 pound pork, ground
1 pound veal, ground
1 turkey liver or 2 chicken livers, chopped, sautéed in butter, and flambéed in cognac
2 ounces hazelnuts, grated
2 eggs, beaten
½ cup bread crumbs
1 cup heavy cream
salt, pepper
1 tablespoon paprika
1 tablespoon mixed herbs
about 1 pound broken chestnuts reserved from roasted chestnuts (see recipe below)

Method

☐ Pat turkey dry. Carefully loosen skin from breast and legs by sliding fingers underneath, and push truffle slices between flesh and skin, distributing them over the breast and legs. Separating the skin from the flesh helps to prevent the skin from breaking during roasting.

☐ In a large bowl mix together the pork, veal, liver, hazelnuts, eggs, bread crumbs, cream, salt and pepper to taste, paprika, herbs, and half of the broken chestnuts. Mix until smooth. Fill the large cavity with the stuffing and sew it closed with a large needle and white cotton thread. Fill the small front cavity with the remaining chestnuts and sew closed. Be careful that the skin does not tear.

☐ Place the turkey in a deep roasting pan and rub with salt, pepper, and melted butter. Put in a preheated 300-350° oven and leave for 2 hours, basting frequently with the butter.

☐ Cover the bird with foil when it has taken on a good color, and bake another 2 hours at 250°. Serve with roasted chestnuts, potatoes, and glazed onions. Serve deglazed pan juices from the turkey in a sauceboat. Serves 10-12.

Note: Truffles are available in gourmet food shops in jars or cans. They can be ordered by mail from Maison Glass, 52 East 58th Street, New York, N.Y. 10022. A ⅞-ounce jar of 2-3 truffles is $10.95; a 1¾ ounce jar of 4-5 truffles is $21.95. Both prices do not include shipping ($15 minimum purchase for mail order). Macy's New York gourmet food shop also stocks truffles. A ⅞-ounce jar of French brushed truffles is $9 at Macy's New York, Herald Square, New York, N.Y. 10001. Add 50 cents plus applicable sales tax within Macy's New York delivery area for shipping; outside that area, add $2 plus tax, if any.

Truffles, once open, will keep very well if refrigerated and covered with a little brandy.

Turkey garniture

Roast chestnuts, roast potatoes, glazed onions

Ingredients

2 pounds whole chestnuts
2 pounds small potatoes, peeled
4 ounces butter
2 pounds small white onions, peeled
2 tablespoons sugar

Method

☐ Boil chestnuts in water in a large saucepan, having cut a cross on top of each one to ease the peeling. After 10 minutes, peel them of both skins. Keep half the nuts for the garniture—choose only whole ones—and set aside the other half for the stuffings. If they are not broken, break them up now.

☐ One hour before serving the turkey, take ½ cup of the bird's juices. In a Pyrex dish, put the whole chestnuts in the juice and covered with foil into a 250° oven.

☐ Boil the potatoes for 10 minutes in a large pan and then proceed as with the chestnuts.

☐ Melt the butter in a frying pan, add the onions and the sugar. Turn them many times over low heat until they are golden. Cover and continue to simmer 30 minutes.

☐ Serve the onions in the same dish as the chestnuts.

Cranberry sauce

FROM MARGARET DELLA CIOPPA

Ingredients

1 package (15 ounces) fresh cranberries
1½ cups sugar
1½ cups water
1-3 tablespoons orange zest, grated
walnuts, chopped (optional)

Method

☐ Rinse and drain the cranberries and pick off any stems or leaves. Combine sugar and water in a large saucepan and heat over medium heat until the sugar dissolves, stirring contantly.

☐ Add the cranberries and continue cooking until they have all popped open, about 10-15 minutes. Stir in the orange zest

Continued on page 148



OLD-FASHIONED CHRISTMAS FOOD

CHRISTMAS AT HAMMOND HARWOOD HOUSE

Maryland oysters on the half shell
Honga River wild goose
Parsnip cakes Baked acorn squash
Sweet potatoes aflame
Bellhaven baked tomatoes

Miss Julia's beaten biscuit
Eleanor Calvert's Sally Lunn
Mr. Paca's rusk

Christmas night fruitcake
Trifle with syllabub
Cedar Park ginger cakes
Kisses
Preserved figs
Claret, Madeira, port, sherry





Sample a Parsnip Cake, or one of Miss Julia's Beaten Biscuits, or Sweet Potatoes Aflame—part of a Colonial feast from 18th-century Hammond Harwood House

Hammond-Harwood House in Annapolis, a Georgian house designed in 1774 and finished two springs later, has survived with style through years of love and neglect, age and auctions. It is now a National Historic Landmark, as well as the home of *Maryland's Way*, the house cookbook. In this cookbook of Maryland "receipts" are gathered three generations of handwritten notebooks recording family culinary secrets and menus exchanged between friends. In it you'll find Miss Fannie's Picked Crab, Liza's Waffles, Auntie's Spoon Bread. Some remain in the original terminology, others have been brought up-to-date for clarity; all have been tested by time. *Maryland's Way* is a chronicle of food and history as well as a cookbook. The food shown here from the cookbook was prepared by the members of the Board of Directors of The Hammond-Harwood House Association. Every Christmas, the Garden Clubs of Southern Maryland decorate the house in the manner of the 18th century, using materials available at that time. The Hammond-Harwood House is open throughout the year except Mondays and Christmas, $1.50 admission. You can order *Maryland's Way*, by sending $8.95 ppd. to The Hammond-Harwood House Cookbook, 19 Maryland Avenue, Annapolis, Md. 21401.

Maryland breads, opposite page, top left, warm before the kitchen fire in a fireplace hung with shiny brass and copper. Rounded, sweet Mr. Paca's Rusk, a favorite of an early governor, sits next to Eleanor Calvert's Sally Lunn, in an antique mold, and Miss Julia's Beaten Biscuits. Opposite page: For a surprise sparkle, Sweet Potatoes Aflame, layered with apple rings and chestnuts, accompanied by Baked Acorn Squash. This page, top insert: The 1776 Hammond-Harwood House, with its superb pedimented doorway. Top right: Honga River Wild Goose, feather-decorated as in Colonial times, with Oysters on the Half Shell fresh from the Chesapeake Bay, and Bellhaven Baked Tomatoes. Center insert: Adorning the stair rail, holly swags and a cartouche of apples, oranges, cranberries, magnolia, and boxwood. Center right: Tasty Parsnip Cake, which the recipe claims "even [illegible] eaten with salt." Lower insert: In the hall, a lavish kissing ball of holly and garlands of yew and boxwood. Right: From a bride's book of 1858, meringue Kisses and Ginger Cakes for a party, and A Trifle with Syllabub and Christmas Night Fruit Cake trimmed with cranberries. **Recipes, page 153.**









A FAMILY CHRISTMAS BREAKFAST

Warm breads, Creamed Beef, and Kedgeree for a hearty holiday breakfast that can be made ahead

The family Christmas breakfast is a much-loved tradition at the Blanchards. Marjorie Blanchard, cooking school teacher and cookbook author, makes it all ahead of time with her two children's help. Even the creamy kedgeree takes just five minutes to assemble before serving. Relatives arrive about ten. Everyone opens stockings and breakfasts around the cozy Franklin stove. "We entertain often at breakfast," says Mrs. Blanchard, "but of course, we only invite friends who enjoy breakfast." Christmas breakfast is accom-

Artillery Punch: In a large bowl stir together ½ cup sugar and the juice of 3 lemons. Add 1 tablespoon bitters, 1 pint each claret, sherry, Bourbon, and brandy. Let stand 1 hour. Pour over ice in a punch bowl and add 1 pint club soda. Serves 10. For more recipes, see page 148.

Breakfast buffet, above: two warm breads, Sally Lunn, and a brioche; kedgeree in a chafing dish; creamed beef in back; apples poached in wine, grenadine. Top right, Ann arranges apples; Donald covers his brioche. Right, into the oven

CHRISTMAS BREAKFAST

Artillery punch

Creamed dried beef
Kedgeree
Poached sliced apples

Sally Lunn
Sculptured brioche
Homemade currant jelly

Coffee

COUNTRY PÂTÉS MADE EASY

One woman's quick ideas for Christmas giving or instant meals

"A pâté is the greatest friend you can have in the refrigerator," says Maybelle Iribe, *top right,* a Frenchwoman now living in San Francisco who, with Barbara Wilder, has written a cookbook, *Pâtés for Kings and Commoners* (Hawthorn), to be published this February. Pâtés are good for picnics or parties, and make tasty presents, especially when given in their molds. For a last-minute meal, serve pâté with a salad, cheese, wine, and fruit. Maybelle Iribe began making pâtés when her husband, an avid hunter, brought home all sorts of wild game. She concocted pâtés of thrush, crow, dove, pheasant. One day about a year ago she borrowed a friend's food processor to make two of her favorites. She chopped, ground, assembled, put the pâtés in the oven, and cleaned up, all in just two hours. A revolution! With a Cuisinart food processor, pâtés practically put themselves together—it grinds meat in seconds, chops parsley fine, minces shallots and garlic, makes delicious pastry. Homemade sausage is a snap, too. In the following recipe for pork, ham, and pistachio pâté, the pork can be ground in a food processor. Three more pâtés partly prepared in a food processor are given on page 150. **Pork, ham, and pistachio pâté**—*Ingredients:* fatback to line terrine; ¼ pound pistachios, shelled and blanched; ¾ pound pork sausage meat; 1½ teaspoon thyme; 2 teaspoons salt; 1 teaspoon pepper; 2 slices cooked ham, about ½ pound; ¾ pound lean pork, chopped or coarsely ground; 1 bay leaf. *Method:* Line a 3-4-cup terrine with the fatback. Blanch the pistachios by pouring boiling salted water over them; allow to sit in the water briefly. Remove the skins. Add ½ the sausage to the terrine and press down. Sprinkle over ½ the pistachios and ⅓ of the thyme, salt, and pepper. Add next a layer of ½ the ham, then a layer of all the lean pork. Sprinkle with more thyme, salt, and pepper. Then a layer of ham, the rest of the pistachios, and finish with a layer of sausage. Sprinkle remaining thyme, salt, and pepper on top. Decorate with bay leaf, cover with strips of fatback. Cover and place in a 400° oven 1½ hours. Remove from oven, uncover. Weigh down with a plate and a heavy weight, so pâté will settle into fat in terrine. Cool. Place in refrigerator, allow flavors to "marry" 24-48 hours.

Maybelle Iribe, top right, shows how to chop parsley in a food processor. For lunch, the rabbit and green olive pâté, center right, is garnished with cubed aspic, cornichons (small, tart French pickles), and radishes stuffed with butter. Cornichons are traditionally served with pâté—their sharp vinegar taste contrasts well with the richness of pâté. Bottom right: crusty salmon koulebiaka, left; rabbit and green olive pâté, center rear; two chicken-liver-with-truffle pâtés, at right, garnished differently with aspic—perfect party; front center, pork, ham, and pistachio pâté.

DAVID MASSEY

WINE & FOOD

Christmas cheer—

toasting and tasting in the Christmas spirit

Heartwarming holiday drinks, plus tasty gifts you can make with spirits—mustard, wine jelly, marinated fruits

Hippocratic wine

FROM GIUSEPPE BELLINI

"The Greek physician Hippocrates (460-360 B.C.) is regarded as the father of medicine. If Hippocrates recommended it, it was good for you. Since he lived to be 100 years old, have no fears when you quaff a glass of hot Hippocratic wine. In the 14th century, you were advised to start with the finest red wine obtainable and the best of honey, and I suggest you follow the same principles today."

Ingredients

4 cups red Chianti
½ cup honey
1 stick cinnamon
zest of 1 lemon
12 cloves

Method

☐ Combine all the ingredients in a heavy saucepan. Boil slowly until the mixture is reduced by 1/5. Serve hot.

James punch

FROM BRUCE BOLTON

Pour over ice in a punch bowl 2 bottles champagne, 1 bottle sauterne, 2 ounces each brandy and curaçao. Stir. Serves about 10.

Galliano kir

Ingredients

6 ounces chilled dry white wine
¼ ounce Liquore Galliano (or to taste)

Method

☐ Serve in a wineglass or in a tumbler with ice cubes.

Windex

FROM JACK LENOR LARSEN

"Pronounced with a 'v' because it was originated by Austrian Ingeborg Wiener. The blue color is beautiful, and the drink is always an ice-breaker at parties."

Ingredients

1 teaspoon blue curaçao
2 jiggers Polish vodka
ice
soda

Method

☐ Combine in a stemmed glass the curaçao and vodka. Add ice and fill with soda. Stir and serve.

Apple-ginger chestwarmer

FROM ELLIE HUNT

Heat fresh apple cider until hot. Pour into a mug and add a generous jigger of ginger brandy. Dust with cinnamon.

Plum wine sour

FROM MICHAEL TONG, SHUN LEE DYNASTY RESTAURANT, NEW YORK

Ingredients

2 parts plum wine
1 part lemon juice
2 teaspoons sugar or to taste
maraschino cherry
orange slice

Method

☐ Shake the wine, lemon juice, and sugar together well with ice. Serve up or over ice. Garnish with cherry and orange slice.

Vin d'orange

FROM BRUCE BOLTON

A tangy apéritif to bottle and give as a present.

Ingredients

zest of 12 large navel oranges, grated
1 quart dark rum
1 quart gin
1 gallon dry white wine
simple syrup (2 cups sugar and 2 cups water boiled in a heavy saucepan until thick)

Method

☐ In a bowl combine the grated zest and the dark rum. Cover and let marinate for a week. Strain zest and discard.

☐ Filter the rum into a bowl through chemist's filter paper, drop by drop, to obtain a clear amber liquid. Add gin, wine, and syrup. Pour into bottles, cork, and store in a cool place. Serve chilled or over ice as an apéritif. Makes about 1¾ gallons. Will keep indefinitely when corked.

Heavenlies

FROM MRS. WILLIAM T. YOUNG, JR., IN PALM BEACH ENTERTAINS THEN AND NOW BY THE JUNIOR LEAGUE OF THE PALM BEACHES (COWARD, MCCANN & GEOGHEGAN)

Vary the recipe with different flavors of ice cream, sherbet, and liqueurs. A dessert to drink with a straw.

Ingredients

2 quarts coffee or vanilla ice cream, softened
½ cup rum or brandy

Method

☐ Place ice cream in a blender container. Add rum or brandy and blend to the consistency of a thick milk shake. Pour into stemmed glasses and serve with a straw. Serves 6-8.

☐ Can be made in advance and frozen in the blender container. Before serving, blend about 30 seconds at high speed.

Sangria freezer jam

Ingredients

½ pound fully ripe Concord grapes
1 medium orange
1 medium lemon
about ½ cup red Burgundy wine
4½ cups sugar
½ cup light corn syrup
¾ cup water
1 package (1¾ ounces) powdered fruit pectin

Method

☐ Rinse and stem grapes. Pop grapes with fingers to separate pulp from skins. Place pulp in small saucepan, skins in bowl. Cook pulp, covered, over medium-low heat about 3 minutes, or until pulp is very soft. To remove seeds, run pulp through a food mill, turning handle with care, and frequently reversing the blade to avoid crushing seeds.

☐ Quarter and seed orange and lemon. Finely grind grape skins, orange and lemon quarters in food chopper or blender. Mix with grape pulp. There should be about 1½ cups. Add wine to make 2 cups. Turn into large bowl. Mix well. Add sugar and corn syrup, stirring thoroughly to dissolve sugar. Let stand 10 minutes.

☐ In small saucepan mix water and fruit pectin. Bring to a boil over medium heat, stirring constantly, and boil 1 minute. Turn into fruit-wine mixture. Stir vigorously 3 minutes. Ladle into ½- or 1-pint freezer containers, leaving ½-inch head space (no paraffin needed). Cover with tight lids. Let stand at room temperature until set. It may take up to 24 hours. Store in freezer for at least 24 hours. Remove from freezer as needed and store in refrigerator between uses. Makes about 5½ cups.

Marinated dessert fruit

FROM BRUCE BOLTON

Packed in attractive crocks and storage jars, this marinated fruit makes a delicious present.

☐ ***Fill a large jar with dried prunes or apricots or a mixture of both and fill with gin or vodka. Store in the refrigerator for a few weeks and serve after dessert with coffee.***

Continued on page 146


Form Follows Function: Festival
Every item in the new 24-piece design related Festival collection isn't merely beautiful. It's functional. Because of Festival's high-quality Cromargan® steel. Which makes Festival even more resistant to stains and scratches. Plus dishwasher and oven-proof. Start your collection of Festival trays, bowls and table accessories along with coordinated Festival flatware, today. It's at better dealers, in handsome gift packages. With Festival, form follows function.
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Since Hippocrates, the father of medicine, lived to be 100, have no fears when you quaff a glass of hot Hippocratic wine

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Wine jelly

FROM THE COMPLETE BOOK OF PRESERVING BY MARYE CAMERON-SMITH (BOBBS-MERRILL)

A delicious accompaniment to cold roast veal or pork.

Ingredients

3 pounds ripe green grapes, crushed
1¼ cups dry white wine
1½ pounds cooking apples, sliced
1 lemon, thinly sliced
6 cardamom seeds
sugar
¾ cup brandy

Method

☐ Place the grapes and wine in a preserving pan or large saucepan. Bring to a boil over high heat. Reduce the heat to low and simmer the fruit for 20-30 minutes, or until it is soft and pulpy. Add the apples, lemon, and cardamom and continue to simmer for 20-30 minutes more, or until the apples are pulpy.

☐ Pour the contents of the pan into a jelly bag or cheesecloth suspended over a bowl and allow the juice to drip through for at least 12 hours, or overnight. When the juice has completely drained through, discard the pulp. Rinse out the preserving pan or saucepan.

☐ Measure the juice and pour it into the preserving pan or saucepan. Add 1¾ pounds of sugar to every 2 cups of juice. Add the brandy to the liquid, then place the pan over low heat and stir until the sugar has dissolved. Increase the heat to high and bring the mixture to a boil. Boil briskly, without stirring, for about 10 minutes, or until the jelly has reached setting point.

☐ Ladle the jelly into hot, clean, dry jam jars, leaving 1-inch head space. Cover, label, and store in a cool, dark dry place. Yield will be approximately 7-9 cups.

Rum and apple

Add a jigger of rum to fresh apple cider in a cocktail glass.

Hot toddy

FROM WILLIAM P. RAYNER

Ingredients

1 cup sugar
3 ounces Canadian whiskey or blended whiskey
slice of lemon
nutmeg

Method

☐ Place sugar in a mug, add enough cold water to dissolve it. Add whiskey, and fill with boiling water. Garnish with lemon and sprinkle with nutmeg.

Prune sauce

FROM TO THE QUEEN'S TASTE, A COOKBOOK OF ELIZABETHAN RECIPES BY LORNA J. SASS (THE METROPOLITAN MUSEUM OF ART)

"This sweet, fruity sauce is particularly delicious with roast chicken or leg of lamb."

Ingredients

1 cup dry wine, red or white
1 cup prunes, pitted
¼ cup almonds, blanched and coarsely ground
1 tablespoon bread crumbs
dash cider vinegar
¼ teaspoon sugar
⅛ teaspoon cinnamon

Method

☐ Combine all ingredients in an enameled pan. Bring to a boil. Reduce heat and simmer for 15 minutes. Check seasoning. Makes 1½ cups.

Rum-tea punch

FROM THE THIRTEEN COLONIES COOKBOOK, BY MARY DONOVAN, AMY HATRAK, FRANCES MILLS, ELIZABETH SHULL (PRAEGER)

Ingredients

2 cups lemon juice
1 cup strong tea
2 cups superfine sugar
8 cups cold water
1½ cups dark rum
½ cup brandy
2 lemons, thinly sliced and seeded

Method

☐ In a large bowl combine lemon juice, tea, sugar, and cold water. Stir until well blended. Add rum, brandy, and lemon slices. More rum, brandy, or lemon juice may be added according to taste. Pour over an ice ring in a punch bowl. (To make an ice ring, freeze lemon and orange slices interspersed with mint sprigs in a water-filled ring mold.) Makes 2 dozen 4-ounce punch cups.

Spirit-preserved fruit

FROM SARINA MASCHERONI

☐ ***Pack sterilized preserving jars, half-pint or pint-sized, with white raisins. Fill up with Bacardi light rum. Seal.***

☐ ***Pick white seedless grape bunches; place in preserving jars. Fill with Smirnoff vodka. Seal.***

☐ ***In cherry season, pack a jar with beautiful stemmed cherries and fill up with brandy.***

☐ ***Allow to steep for about 10 days before giving as a present; keeps indefinitely. Serve over ice cream or yogurt.***

Plum nutty cake

FROM STEVE BIERMAN, WHO RUNS A CATERING SERVICE AND COOKING SCHOOL IN MANHATTAN

Wrap the cakes in foil and colored tissue to give away.

Ingredients

2 pounds small purple plums
4 thin lemon slices
3 whole cloves
½ stick cinnamon or 1 teaspoon powdered cinnamon
¼ teaspoon nutmeg
½ inch vanilla bean (optional)
1½ cups ruby port wine, or just enough to cover plums
fresh white bread crumbs (from 2 slices white bread)
3 cups flour, sifted
1 teaspoon baking soda
½ teaspoon salt
1 teaspoon mace
2 sticks (½ pound) sweet butter
2½ cups superfine sugar
4 eggs
½ cup milk
zest of 2 lemons, grated
3 tablespoons lemon juice
2 cups walnuts, broken into quarters

Method

☐ Wash plums and place in a heavy 2-quart casserole. Add lemon slices, cloves, cinnamon, nutmeg, vanilla bean, and enough port to cover. Bring liquid just to the boil, reduce heat, cover and poach over very low heat for 15-20 minutes, or until skins of plums begin to split. Do not overcook. Drain plums, reserving liquid, and dis-

Continued on page 148



Roast Beef, a taste sensation. Cooked to the desired temperature by the Automatic Chef Control in General Electric's Microwave Oven.

GE's Automatic Chef Control creates a whole new world of microwave cooking. Instead of cooking by time alone, it cooks many foods by temperature control.

Food is cooked to your selection every time. No more watching or guessing.

Another plus, it's backed by Customer Care... Service Everywhere.



GENERAL ELECTRIC



SMOKEHOUSE® SATURDAY NIGHT

Company's coming. The fire's going nicely. There's plenty of ice. You take one last look around the room before your friends arrive, snitching a Smokehouse® almond from the bowl on the table. Remember what a hit those almonds were the last time? Everytime you turned around, the dish was empty. Fantastic flavor! No wonder they say, "**One Nibble is Never Enough.**" It's true.

Smokehouse® Almonds
one of seven delicious
snack almonds from

the Almond
Pe

California Almo
P.O. Box

continued from page 146

card lemon slices, cloves, cinnamon, and vanilla bean. Spread plums out on a plate to cool.

☐ Grease two 9¼-by-5¼-by-3-inch loaf pans and sprinkle bottom and sides with fresh bread crumbs. Sift flour with soda, salt, and mace into a bowl.

☐ Cream butter with an electric mixer in a large bowl. Add sugar gradually, then eggs, one at a time.

☐ Using a large rubber spatula, fold half of flour mixture into the creamed mixture. Add milk, remaining flour, and ½ cup of reserved poaching liquid. Save the rest to use on ice cream or plain cake. Add lemon zest and juice.

☐ Remove pits from plums and cut into quarters. Fold plums into batter, then walnuts. Pour batter into the pans and bake in a preheated 375° oven for 1 hour. Cool on racks.

Apple zapple cake

FROM STEVE BIERMAN

Ingredients

2-3 medium-sized Winesap, Delicious, Granny Smith, or Cortlandt apples (do not use McIntosh)
white bread crumbs (about 2 slices of bread)
2½ cups flour, sifted
2 teaspoons double-acting baking powder
1 teaspoon baking soda
½ teaspoon salt
1½ teaspoons cinnamon
¼ teaspoon nutmeg
1 cup pecans, broken into quarters
1 cup light brown sugar
2 eggs
⅔ cup milk
⅓ cup Bourbon
¼ cup sweet butter, melted

Method

☐ Peel apples, core, and grate coarsely, using grater attachment of Cuisinart food processor or hand grater. You should have 1 heaping cup of grated apples. Reserve any apple juice that may accumulate from grating.

☐ Grease an 11-by-4½-by-2¾-inch loaf pan and sprinkle bottom and sides with bread crumbs. Sift flour, baking powder, soda, salt, cinnamon, and nutmeg together into a bowl.

☐ In a large bowl mix together apples, apple juice, pecans, and brown sugar.

☐ In another bowl beat eggs with a whisk and add milk, Bourbon, and butter. Stir into apple-nut mixture. Fold in dry ingredients and stir until mixed.

☐ Pour batter into pan and bake in a preheated 350° oven for 1 hour. Cool on cake rack.



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while the berries are still hot. If the mixture gets too thick, add more water. Add chopped walnuts, if desired. Makes about 4 cups sauce.

Plum pudding and brandy butter sauce

Ingredients

1 plum pudding (Fortnum & Mason, available at Altman's Fortnum & Mason shop in New York. 1-pound pudding, $8.60; 2-pound, $13.15; 4-pound, $24)
thimble
penny
button
ring
baby doll
¼ cup brandy
sprig of holly

Method

☐ Put the pudding in a pan with water, leaving it in the ceramic container. Cover and let it simmer for 2 hours.

☐ Just before serving, push into the plum pudding: a thimble (for the housewife), a penny (for money), a button (for the bachelor), a ring (for a wedding), a baby doll (for a child).

☐ Heat the brandy in a small saucepan. Turn the pudding out on a platter, garnish with a branch of holly. Pour the hot brandy over and flambé it. Serve with brandy butter sauce.

Brandy butter sauce

Ingredients

8 ounces confectioners' sugar
4 ounces sweet butter
2 tablespoons brandy

Method

☐ Put the sugar and butter in a bowl, beat with a fork until creamy. Add the brandy, beat again, and let it rest in a cool place before serving (2 hours).

FROM FRANC VITALE

PAGE 113

Baked cheese fondue

Ingredients

11 ½-inch-thick slices French bread cut from a long, narrow loaf
butter, softened
1 medium size onion, coarsely grated
1 large carrot, coarsely grated
6 ribs fresh chives, chopped
2 branches fresh thyme, chopped
¼ cup fresh parsley, chopped
6 basil leaves, chopped
½ pound sharp Cheddar cheese, coarsely grated
4 eggs
2½ cups milk
2 tablespoons Dijon mustard
1 teaspoon Worcestershire sauce
½ teaspoon salt
⅛ teaspoon paprika

Method

☐ Spread 10 slices of the bread with the butter. Cut into 1-inch cubes. Place ½ the cubes in a 2-quart soufflé dish and sprinkle with ½ of each of the onion, carrot, herbs, and cheese. Repeat with another layer of remaining bread cubes, onion, carrot, herbs, and cheese.

☐ Butter and cube the remaining slice of bread and mound it in the center of the dish.

Beat the eggs with the milk, mustard, Worcestershire sauce, salt, and paprika in a large bowl. Pour it over the bread-cheese mixture. Cover with plastic wrap and place in refrigerator overnight.

☐ Next day, remove from the refrigerator and let stand at room temperature for 45 minutes. Bake in a preheated 350° oven for 1 hour or until puffed and golden brown. Let stand 5 minutes before serving. Serves 4-6.

CHRISTMAS BREAKFAST

FROM PAGE 142

Creamed dried beef

Ingredients

1 pound old-fashioned smoked, dried beef (comes in sheets: Order from your butcher or a mail-order smokehouse)
10 tablespoons butter
8 tablespoons flour
½ cup sour cream
2 cups milk
1½ cups cream

Method

☐ Separate slices of beef and tear into small pieces. Heat butter in a large skillet and add beef. Sauté for 2-3 minutes. Sprinkle flour over beef. Stir it in and cook for 4-5 minutes. Add sour cream, milk, and cream and cook, stirring, for 10 minutes. To serve, place in baking dish and reheat gently. 8 servings.

Continued on page 150

Give gold.



Do you think the gift of golden Galliano is too sentimental?

Perhaps it is.

The taste of Galliano is decidedly romantic, with overtones of baroque Old World richness.

According to the Italian legend, Galliano is distilled from the rays of the sun; so perhaps it would help to describe the taste as, simply, golden.

But the tall bottle of golden Galliano makes a splendid gift. It isn't the thought that's sentimental.

It's the gift of gold behind it.

LIQUORE GALLIANO

Brands, Inc.

continued from page 148

Kedgeree

Ingredients

6 eggs, hard-cooked
4 cups fish, flaked and cooked (haddock, finnan haddie, salmon)
4 cups rice, cooked and hot
1 cup medium or heavy cream
salt to taste
freshly ground pepper
2 teaspoons curry powder or to taste
3 tablespoons parsley, chopped

Method

☐ Separate yolks from whites of eggs. Chop whites and sieve yolks. Mix together gently the fish, rice, egg whites, and cream. Season to taste with the salt, pepper, and curry powder. Place in a chafing dish and heat over hot water. Before serving, sprinkle with parsley and sieved egg yolk. Serves 8.

Sculptured brioche wreath

Ingredients

2 packages dry yeast
⅓ cup warm water
¾ cup butter or margarine
⅓ cup milk
½ cup sugar
1 teaspoon salt
½ teaspoon ground nutmeg
grated zest of ½ lemon
5 large eggs
about 5 cups flour
1 egg white, beaten lightly
1 egg yolk beaten with 1 tablespoon water

Method

☐ in a large bowl blend yeast with water and let stand 5 minutes. Heat butter and milk to lukewarm and add to bowl. Add sugar, salt, nutmeg, lemon zest, and eggs. Mix well. Beat in 4 cups flour. If dough is sticky, beat in remaining flour. Dough should be soft but not sticky and the amount of flour used depends on the weather. Cover bowl and let dough rise in a warm place until double in bulk. Punch down.

☐ To make a wreath, grease a large baking sheet and place a small greased bowl in the center. Break off pieces of dough and roll them into long strands. Braid three strands together, gluing the ends with egg white. Fit around the bowl. Make a bow from remaining dough and fasten it to wreath with egg white. Cover wreath and let rise just until puffy, about 30 minutes. Brush with egg yolk and water.

☐ Bake in a preheated 350° oven for 30 mintues. Let cool on pan. Remove to rack. Serve warm with a bowl of jelly in the center. This wreath can also be served for a dessert with fruit and a Brie cheese in the center. Or try it with pâté in the center for a first course.

Sally Lunn

Ingredients

1 cup milk
½ cup shortening
¼ cup water
4 cups all-purpose flour
⅓ cup sugar
3 teaspoons salt
2 packages dry yeast
3 eggs

Method

☐ Put milk, shortening, and water in a saucepan and heat until very warm, 120°.

☐ In a mixing bowl, put 1⅓ cups flour, sugar, salt, and yeast. Beat warm liquids into dry ingredients. Gradually beat in remaining flour and the eggs. Blend well, beating at high speed for 3-4 minutes. Batter should be thick, but not too stiff.

☐ Cover and let rise in a warm place until doubled in bulk, about 1½ hours. Punch dough down and turn into well-greased 10-inch tube pan or bundt pan.

☐ Cover and let rise until increased in bulk by ½. Bake in a preheated 350° oven 45-50 minutes. Run knife around edge and turn out onto a rack. Cool before cutting with a serrated knife.

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EASY COUNTRY PATES

FROM PAGE 143

Aspic jelly

Ingredients

1 package unflavored gelatin
1½ cups beef broth
½ cup dry sherry or Madeira

Method

☐ Soak gelatin in ¼ cup cold beef broth.

☐ Heat the remaining broth with the sherry or Madeira and bring to a boil. Add the gelatin and stir until dissolved. Remove from heat.

☐ Allow to chill in the refrigerator until it becomes a thick syrup. Clean the top of the pâté of

Continued on page 152

SILVERSTONE*

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HAMILTON BEACH Scovill

of the rabbit meat along with its liver, 5 ounces of the lean pork, 5 ounces of the veal, and all the pork fat through a food grinder or Cuisinart food processor, medium grind.

☐ Cut the remaining pork and veal into finger-length pieces and add to a bowl with the filets of rabbit. Pour over them the brandy and white wine to marinate for several hours or overnight.

☐ In another bowl put the ground meats and add the salt, pepper, thyme, and allspice, and mix well. Remove the pimientos from the stuffed green olives and set aside. Chop the olives. Pour off the brandy-wine marinade and add it to the ground meat mixture reserving the rabbit filets and meat strips.

☐ Line a 2-quart terrine with the lace fat, draping it over the sides. As always, start with a layer of the base ground meat, using ½ the total amount. Then sprinkle a layer of ½ the green olives. Layer in all the large pieces of rabbit, veal, and pork. Sprinkle with the pimientos. Add the last layer of olives and finish with the rest of the base meat. Pepper the top well, as rabbit is a bit bland, and sprinkle some salt over all. Put the bay leaf in the center for decoration. Pull up the sides of the lace fat overhanging the terrine and cover the top of the pâté. Place t lid on the terrine or aluminu foil to cover completely. Set t terrine in a hot-water bath th comes halfway up the mo Bake in a preheated 350° ov for 1¾ hours.

☐ Put a plate with a hea weight on it on top of the pâ and cool. Refrigerate for hours before serving. Garni with more sliced stuffed gre olives.

Fish koulebiaka

Ingredients for pastry crust

2 cups all-purpose flour
1 teaspoon salt
½ pound butter
½ cup cold water, more if needed

Method for crust

☐ Mix flour, salt, and butter t gether in a bowl until crumbly- we use our fingers—or mak dough in a Cuisinart food pr cessor. Add nearly all the wat and mix. Add more water needed. Do not overwork th dough. As soon as it forms a ba even if it is not a smooth ba stop and let it rest for ½ ho on a lightly floured breadboar

☐ Roll dough out to make a 1 inch square. Fold into third sides toward the center ove

Continued on page 1

THE CHRISTMAS KITCHEN
continued from page 150

its fat and pour the aspic over. Return to the refrigerator until cold. To coat the sides as well, unmold the pâté, clean top and sides of fat. Return to mold and pour aspic over to fill in the spaces around the pâté.

Rabbit and green olive pâté

Ingredients

3½ pound rabbit with its liver
10 ounces lean pork
1 pound lean veal
10 ounces pork fat
⅓ cup brandy
⅔ cup dry white wine
1 tablespoon salt
1 teaspoon pepper
1 teaspoon thyme
¼ teaspoon allspice
½ pound pitted green olives stuffed with pimientos
lace fat to line the terrine
1 bay leaf
stuffed green olives, sliced for garnish

Method

☐ Have your butcher cut the rabbit in the following way—cut off the hindquarters and front quarters and leave the middle of the rabbit whole.

☐ Using your sharpest small kitchen knife, pare the meat off each piece of the rabbit. The filet comes from the middle piece. Cut and carefully reserve these choice filets. Put the rest

Note about fat to line terrines for patés:

Lace fat (caulfat) is the thin membrane with web-like tracings of the purest white fat that surrounds the pig's stomach. You should be able to order lace fat from your local butcher. Take fresh or defrosted lace fat and plunge it into a bowl of tepid water containing 1 teaspoon vinegar. Keep changing the water by letting cold water run into the bowl. Do this until the lace fat is quite white. Dry it thoroughly, and it is now ready to use.

Fatback is the pure, white fat cut from the loin of pork. Have your butcher cut this into very fine, thin strips.

Bacon can be used as a substitute if you are unable to obtain either lace fat or fatback.

Drape the fat over the sides of the terrines so that it covers the tops of the pâtés and lards them while cooking.

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HAMILTON BEACH Scovill

Old-fashioned Christmas food—

for contemporary feasting

Here are the delicious traditional recipes for Christmas dishes shown on page 140 that have been collected by the Hammond-Harwood House Association for their cookbook *Maryland's Way.*

Honga River wild goose

MRS. WILLIAM DOELLER
CHURCH CREEK, DORCHESTER

Ingredients

A wild goose, about 4-5 pounds
salt, freshly ground black pepper
seedless white grapes
tangerine or orange sections
bread crumbs
melted butter
1 pint dry white wine

Method

☐ Rub goose cavity with a little salt and lots of black pepper. Stuff with white seedless grapes, tangerine or orange sections held together with bread crumbs which have been tossed in melted butter.

☐ Cook for 10 minutes in hot oven, preheated to 550°, then reduce heat to 450° and continue cooking for 25 or 30 minutes, basting frequently with dry white wine. Use fresh wine for each basting. Never cook a goose over 35 minutes unless very large, then 40 minutes at most, as it toughens and dries out. Serves 4-6.

Parsnip cakes

MISS NELLIE SHACKELFORD
THE ANCHORAGE, MILES RIVER, TALBOT

Ingredients

4 medium parsnips (1 pound)
2 tablespoons butter
1 teaspoon salt
dash pepper
2 tablespoons milk
3 tablespoons flour
2 tablespoons drippings

Method

☐ Wash parsnips and cook in a little water until tender (about 30 minutes). Cool and peel, removing center core if tough and woody. Mash thoroughly or force through chopper or ricer into a bowl. Add butter, salt, pepper, and milk.

☐ Shape into 8 cakes, dip in flour, brown slowly in hot drippings in a heavy skillet. Nonparsnip eaters eat these. Serves 4.

Baked acorn squash

MRS. J. REANEY KELLY
CONDUIT STREET, ANNAPOLIS

Ingredients

3 acorn squash, halved
6 teaspoons butter
6 teaspoons brown sugar
6 teaspoons Bourbon
1 teaspoon salt
¼ teaspoon nutmeg

Method

☐ Remove seeds from squash. Place in lightly greased baking dish, cut side up, and in each half put 1 teaspoon each of butter, sugar, and Bourbon. Sprinkle with salt and nutmeg. Cover and bake at 400° for about 30 minutes or until tender. Serves 6.

Sweet potatoes aflame

MRS. GEORGE MAURICE MORRIS
THE LINDENS, WASHINGTON

Ingredients

6 long sweet potatoes of uniform size
4 cooking apples
1 jar preserved chestnuts
¼ cup butter
sugar to taste
½ cup rum

Method

☐ Parboil potatoes, peel, and cut across into circles about ⅜-inch thick. Peel, core, and cut the apples across in rings.

☐ Fill a deep baking dish with a layer of sweet potatoes, then a layer of apple rings, then a layer of preserved chestnuts with some of their syrup. Repeat until dish is filled, with a layer of potatoes on top, the circles fitted as closely as possible together.

☐ Melt butter and sugar in a small saucepan, pour over dish and bake until brown, about 30 minutes at 350°. Heat rum, pour over dish just before serving and light. Serves 6-8.

Bellhaven baked tomatoes

MISS HANNAH W. BELL
CHESTERTOWN, KENT

Ingredients

12 tomatoes, peeled
salt, pepper
sugar
bread crumbs
butter

Method

☐ Fit tomatoes tightly in a heavy 9-by-12-inch baking pan. Sprinkle a little salt in each tomato. Bake at 350° for 30 minutes. Drain. Add a dash of pepper and one large tablespoon sugar to each tomato. Put a small quantity of dry bread crumbs and a generous piece of butter on each. Bake 2 hours in a moderate oven (350°). Serves 6-8.

Miss Julia's beaten biscuit

MISS JULIA LOKER
ST. MARY'S, MD.

Ingredients

4 cups flour
1 tablespoon lard
½ tablespoon salt
water

Method

☐ Mix flour, lard, and salt in a bowl; add enough water to make a very stiff dough. Knead it with hands until pliable and smooth. Knead until it pops with every pressure of the hand. It takes 20-30 minutes. When it pops, this is the test of its lightness.

☐ Make balls of the dough about the size of a small egg. Flatten them on the board with a rolling pin, prick them in the center with a fork, and bake in a hot oven, 400°, for 20-30 minutes. When the edges are hard, they are done; otherwise do not take from the oven or they will be uncooked and unwholesome. Makes about 4 dozen biscuits.

Eleanor Calvert's Sally Lunn

REV. DANIEL RANDALL MAGRUDER, GREAT, GREAT-GRANDSON OF ELEANOR CALVERT OF MT. AIRY, PRINCE GEORGE'S.

Ingredients

1¼ cups butter (or ½ butter and ½ lard)
1½ cups sugar
4 eggs
4 cups flour, sifted
2 heaping teaspoons baking powder
pinch salt
1½ cups milk

Method

☐ In a bowl, cream butter and half of sugar until very light. In another bowl beat eggs and remaining sugar, also very light. Combine with creamed butter and sugar.

☐ Sift flour, baking powder, and salt together in a bowl and add to butter and egg mixture, alternately with milk, as you would in mixing a cake. Bake in a greased tube cake pan for 1 hour in 375° oven. Eat hot for lunch or supper with butter. Half this amount may be baked in a 10-by-10-inch oven dish for 35 minutes, or until brown, and cut into squares, making 9 large servings.

Mr. Paca's rusk

MR. PACA'S RECIPE, REVISED
MISS ANN CHASE'S BOOK, 1811
ANNAPOLIS

Ingredients

3 eggs
1 cup milk, scalded and cooled a little
2 tablespoons butter
3 tablespoons sugar plus 1 *teaspoon*
1 good teaspoon salt
¼ cup lukewarm water
1 tablespoon dry yeast
about 6 cups flour
milk or cream
sprinkling of sugar

Method

☐ In a bowl, beat eggs until light, add scalded milk, butter, 3 tablespoons sugar, and salt. Cool. Dissolve yeast in water, add remaining sugar. Add to egg mixture. Beat gradually into this 2 cups flour. Beat until all lumps are out and batter is smooth. Let rise until bubbly, then add remaining flour, about 4 cups. Work well; rusks must be well-kneaded and very light before being baked.

☐ Put dough in lightly greased bowl, turn to grease top, set in a warm place, and let rise until double in bulk. Make into cakes about 5-6 inches in diameter, and 1 inch thick. Put on greased cookie sheet or in pie pans; let rise until double in size. Gently brush with milk or cream and sprinkle with sugar. Bake in a 325° oven for about 25 minutes or until nicely browned on top. Makes 5 rusks. When fresh they are delicious cut in slices ½

Continued on next page

continued from preceding page

inch thick, buttered and toasted a light golden brown. Stale rusks may be sliced and dried in a slow oven until a golden color.

Christmas night fruit cake

MISS NELLIE SHACKELFORD
THE ANCHORAGE, MILES RIVER

Ingredients

½ cup butter
1 cup sugar
3 egg yolks, well-beaten
1½ cups flour, sifted
½ cup milk or water
1 cup coconut, freshly grated
½ pound almonds, blanched and slivered
½ pound citron, cut into small strips
¼ pound candied pineapple, cut into small pieces
1 teaspoon almond extract
3 egg whites, beaten stiff
white boiled icing

Method

☐ In a bowl cream butter and add sugar slowly. When thoroughly creamed together, beat in egg yolks, then add the sifted flour and milk or water alternately until well mixed.

☐ Stir into the batter the coconut, almonds, citron, and pineapple. Add almond extract, then carefully fold in egg whites. Bake in three 9-inch round layer-cake pans, greased and floured, in a 350° preheated oven for 30-40 minutes, or until cake tester comes out clean. Cool, and ice with white boiled icing.

A trifle with syllabub

RECIPES FROM WAVERLY, QUEEN ANNE'S

Ingredients

macaroons
sherry
custard (recipe below)
raspberry jam, melted
syllabub (recipe below)

Method

☐ Lay macaroons over the bottom of a deep dish or glass bowl and pour over them as much sherry as they will absorb, then pour on them a rich, cold custard —it should stand 2-3 inches thick. On that put a layer of raspberry jam, cover the whole with whipped syllabub heaped high.

Boiled custard

MISS ANN CHASE'S WAY, 1811, ANNAPOLIS

Boiled custard is the basis of many desserts. It requires care as too little cooking leaves it thin and too long is apt to curdle and spoil it. It should have the consistency of thick cream and be perfectly smooth. Boiled or soft custard is used as a sauce for fruits and puddings; also, in trifles and frozen desserts.

Ingredients

1 quart rich milk
1 vanilla bean or 1 teaspoon vanilla extract
6 eggs or 6 egg yolks
½ cup sugar
⅛ teaspoon salt

Method

☐ Scald milk with vanilla bean in a double boiler. In a bowl beat the eggs or egg yolks with the sugar and salt. Pour scalded milk over the eggs and return to the double boiler, stirring all the time. Remove vanilla bean. Cook over low heat until custard thickens and coats a silver spoon. Immediately remove from heat. Cool, chill to use with trifle.

Syllabub

MRS. SNOWDEN
MISS ANN CHASE'S BOOK, 1811

Ingredients

1 quart heavy cream
2 cups sweet wine (1 cup sherry and 1 cup Madeira is best)
1 cup sugar
nutmeg

Method

☐ Whip cream until it begins to hold its shape in a large bowl. Gradually add the wine and sugar, beating as fast as you can until thick. Pile high on top of trifle with custard.

Cedar Park ginger cakes

MRS. EVELETH W. BRIDGMAN, JR.
CEDAR PARK, WEST RIVER

Ingredients

½ cup butter
1 cup sugar
1 cup black molasses
about 2½ cups flour
½ teaspoon baking soda
2 tablespoons ground ginger
1 teaspoon cinnamon

Method

☐ In a bowl cream butter and sugar together. Add molasses, beat, then sift in 2 cups flour, with soda, ginger, and cinnamon. Add enough more flour slowly to prevent stickiness.

☐ Wrap dough in wax paper and chill in refrigerator for easier handling. Roll thin, cut out cookies and bake on a greased cookie sheet in a preheated 400° oven about 8-10 minutes or until set and lightly browned. Makes 3½ dozen cookies.

Kisses

MRS. MURRAY'S BRIDE'S BOOK, 1858
IVY NECK, RHODE RIVER

Ingredients

3 egg whites
pinch salt
1 cup superfine sugar
1 teaspoon vanilla

Method

☐ In a large bowl beat egg whites with salt until stiff. Add sugar very gradually and continue beating until mixture stands in peaks and sugar is dissolved. Fold in vanilla.

☐ Grease a large baking sheet and drop small spoonfuls of the meringue, shaping in spiral cones, or put through a pastry bag. Bake in a slow preheated oven, 250°, for 30-40 minutes. The kisses should be dry but not browned. Do not overbake. This recipe will make approximately 3 dozen kisses, or 10 meringue shells.

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lapping each other. Let the dough rest 10 minutes more under a well-floured dishtowel. Roll the dough again to a 12-inch square, fold it in thirds, and then cover with floured towel until ready to use

Ingredients for filling

⅔ cup long-grain regular rice
pastry dough
1½ cups sour cream
1½ pounds fresh or frozen salmon, about 4 thick slices, skinned and boned
salt, pepper
2 hard-boiled eggs, chopped
½ cup parsley, chopped
½ cup dill, chopped, or 2 tablespoons dried
1 egg yolk mixed with a little water
4 tablespoons sweet butter, melted

Method for filling

☐ Cook the rice in a saucepan until very tender. Drain in a colander and run cold water over the rice. Allow to dry out a bit.

☐ Roll out the dough into a rectangular shape about ¼-inch thick. With a rolling pin, make the outside edge thinner than the center. Thin edges are important, as a too thick layer of crust underneath will not cook through.

☐ Down the center of the pastry make a bed, using ½ the rice. Cover with ½ the sour cream and place the salmon slices over the cream. Season with salt and pepper. (Add a bit more pepper than salt.) Cover with the rest of the sour cream and rice. Finally, sprinkle chopped egg over all, add salt and pepper, and top with half the parsley and dill. Wet edges of pastry with a brush or a finger dipped in water and fold into a rectangular package, with double layers of dough on top.

☐ Slide the package onto a piece of wax paper; then turn it over onto a foil-covered cookie sheet. The double layers of dough will now be on the bottom, and will seal together as the koulebiaka bakes. Brush with egg yolk.

☐ Cut a hole about the size of a quarter, in the center of the top of the pastry and prick the top 4-5 times with a fork. Place in a preheated 400° oven for 15 minutes. As soon as the top starts to brown, lower heat to 350° and cook for another 45 minutes. Remove from the oven when the koulebiaka is well browned.

☐ Place koulebiaka on a serving dish surrounded by lettuce or whatever decoration inspires you most. Just before serving, add remaining parsley and dill to the sweet butter and pour into the hole on the top of the koulebiaka. Serves 6-8.

Whole chicken liver pâté with truffle peelings

Ingredients

½ pound whole, firm chicken livers
1 1-ounce can truffle peelings
4 tablespoons port
2 tablespoons whiskey
½ pound chicken hearts (if unobtainable, use chicken livers)
¼ pound pork fat
½ pound lean pork
¼ pound bacon
salt, pepper
dash allspice
lace fat

Method

☐ Clean and trim the chicken livers. In a bowl marinate the livers and truffle peelings for 2 hours in the port, whiskey, and truffle juice.

☐ Grind the chicken hearts or livers, pork fat, pork, and bacon in a food grinder or Cuisinart food processor. Place in a bowl and add ½ teaspoon each salt and pepper, and the allspice. Mix thoroughly.

☐ Drain the livers and add the marinade to the base meats. Place the lace fat in a 1½-quart terrine, draping it over the sides. Put a layer of base meat in the bottom of the terrine; add a layer of chicken livers, a layer of base meat, then chicken livers, ending with base meat. Salt and pepper very lightly between the layers. Pull up the draped lace fat and cover the top.

☐ Place in a hot-water bath in a 350° preheated oven for 1 hour. Remove from oven and weigh down with a plate and heavy weight until cool. Refrigerate for 24 hours before serving. ■

In the beginning there was a tree

continued from page 136

and the insect. New leaf "initials" are formed and then flower buds. Temperature controls this process: In a hyacinth, for instance, temperatures below 55°F or above 95°F inhibit bud creation. The Dutch bulb growers are even more exact: They keep bulbs at 77°F for five weeks and then store them at 64°F, which produces the most internal activity and the strongest flower heads.

It is surely the seed that is the most remarkable example of rebirth, and most of all that of annuals—for these plants avoid winter problems by the expedient of dying entirely after setting seed. Although seeds vary greatly in size very many are minute, even dustlike, and their regenerative powers are almost unbelievable. Think of the tiny seed lying in or on the soil, exposed to frost, wet, drought, wind, and withstanding all these within a protective coat—and when the time for germination comes, being able to thrust out root and shoot.

The mature seed is virtually inert, with no internal activity. This is by virtue of a very low water content, in most seeds between 5 and 20 percent. This is why up-to-date seedsmen market many seeds with a water content around 4 percent in sealed foil packets filled in conditions of very low air humidity after careful drying.

Within these tiny capsules are not only embryo plants but the minutest of natural computers, ensuring that germination will only take place at the right season. As the British seed expert P.A. Thompson (now in charge of the seed bank of the Royal Botanic Garden, Kew) has written, "many plants have developed mechanisms which enable them first of all to ignore the present and forecast the future, and then to measure the passing of time and to verify the advent and passing of winter." The typical dormancy period ensures that seeds will remain quiescent till winter has passed, rather than sprout in which may well be apparently ideal germination conditions in autumn. Even then, many seeds remain dormant for two seasons or more, and the gardener, wanting more reliable results, can use various techniques. The simplest of these is to keep the seeds between 35°F and 45°F over winter—a refrigerator provides more controlled conditions. Seeds so treated usually germinate at once on being placed in warmth and moisture. A great many temperate seeds react in this manner.

Other seeds are programmed to germinate in batches each year over long periods. The familiar weed Fat Hen or Lambs Quarters, for instance, has one large kind of seed which germinates immediately, and three different small kinds, each of which waits for varying periods. The controls and triggers on dormancy and germination are numerous and remarkable. They include soil temperature and gas content, and also light, which account for the ready germination of deep-buried weed seeds after cultivation; they accounted also, in the first World War, for the profusion of long-unseen scarlet poppies among the Flanders trenches. Some seeds need fire to release them, many must first be eaten by bird or animal, others have very hard coats which only weaken over decades. Certainly many have an amazing Sleeping Beauty technique, and there are many species, especially of the opportunist weeds, which have been proved to have still-viable seeds several hundred years old. While stories of viable "mummy wheat" from ancient Egyptian tombs are almost certainly mythical, the actual record is even more remarkable—that of Arctic lupin seed preserved, still capable of germination, in Alaskan permafrost soil for between 6,000 and 10,000 years.

Come the green light, with the controls removed, the triggers released, and the right amounts of water, oxygen, and warmth available, nothing stops the seed. The first emergence is that of the rootlet, conditioned to grow downwards by the force of gravity whatever position the seed may be in. Then the first shoot thrust up, initially conditioned to grow away from the gravitational pull, and later by light. Very often this first shoot is bent into a crook shape, and it is this relatively tough "elbow" which forces its way up through the soil till it is clear and the delicate tip can erect itself and deploy its first leaves.

It is usually at this moment of emergence into light that chlorophyll begins to form within the tissues, so that the seedling can manufacture its own food before it has used up the reserves inside the seed itself. These reserves may

Continued on the next page

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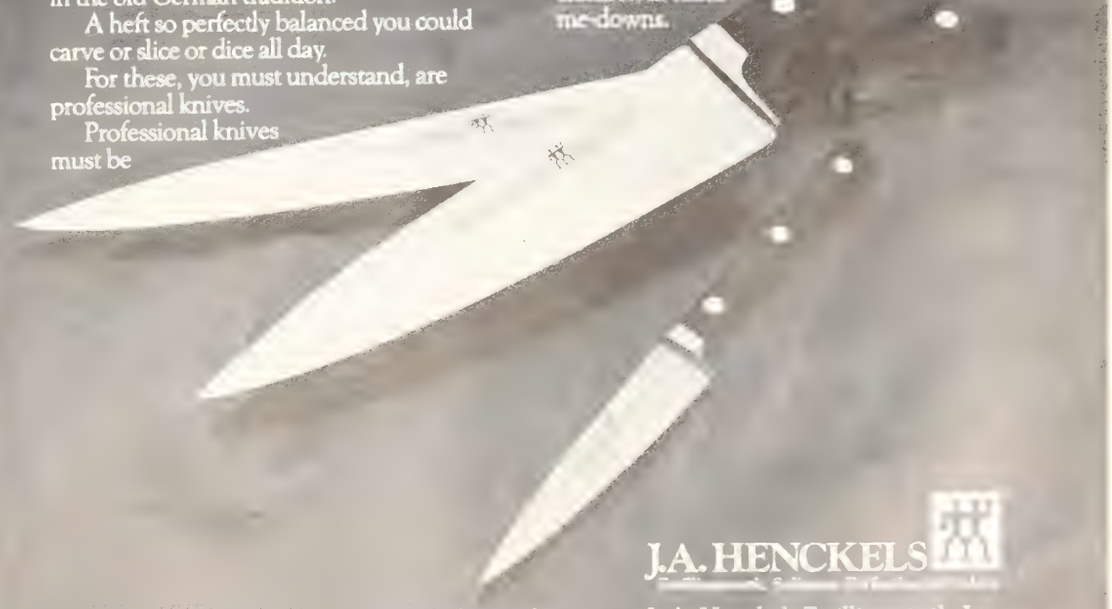
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In the beginning there was a tree

continued from preceding page

vary from practically nothing in minute seeds (the least prepared are those of orchids, where in some species 3 million seeds weigh only a gram) to the three-year store in a coconut which gives the young palm a head start on unpromising sandy beaches. But whatever the seed, the miraculous regrowth then begins again, to produce an orchid or a palm, a bulb or a weed, or perhaps to start an evergreen on its long, slow life, so much longer than ours, signalling persistence over the winters, its boughs capable of decorating Christmases for centuries to come.

The gift of flowers and art

continued from page 117

Nature got the better of art, even so. Ingres's furtive blooms were blasted out of sight by the red bronze "Kyber Pass" cymbidiums. The cattleya, that favorite of Marcel Proust, made a great bank of magenta beneath Sir Thomas Lawrence's *Lady Peel*. Only in the all-over flicker of Renoir, and in the sight of the two children that he painted with all of life before them, did the sturdy high-colored cymbidiums meet with real competition. For these were no ordinary orchids. They were the result of a long period of selective hybridization and generations of cross-pollination. Bred to astonish, they succeeded. They came from a building which, unlike the Frick, is now closed to the public: the Conservatory in The New York Botanical Garden. Modeled initially on the Palm House in Kew Gardens, London, this huge glass structure had aged and deteriorated quite markedly since it was put up at the beginning of this century. Though designated as a New York City landmark, it has no grant from the city to help with its rehabilitation. But with the help of private and corporate enthusiasts, six of its twelve rooms are now being put back into pristine state. When the work is completed (toward the end of 1977) the first area of all will be inaugurated as a Green Room for children: a place where they can be among flowers, learn to identify and in some cases handle them, and in general get used to the idea of plants and flowers as something that they can nurture in their own homes. Eventually the whole Conservatory will become a living museum of plants: a green-fingered Frick, in fact, where instruction mates with delight.

Meanwhile the Frick itself is in a state of secretive ebullition. It did not escape the seasoned promenader some time ago that the three houses to the east of the existing side were suddenly pulled down. A high wall has ever since told the inquisitive passer-by to keep his distance, but it has gotten out that the two lots nearest to Madison Avenue will be turned into a formal garden by Russell Page, than whom no one has more experience with made-to-measure gardens. Iron grilles in the Louis XV style will separate it from the sidewalk on 70th Street, and it will be linked to the existing building by a pavilion that will do away with the faintly poky atmosphere of the main building.

But what matters most in the new project lies out of sight and below ground. Four stories deep, it will turn the Frick into a small but luxurious study center. Scholars will be able to learn from one another, teach, read, work from original works of art of the highest quality, and in general carry on as if the Frick were a small scale Institute of Advanced Studies in Art. (It also has, in the art library founded by Miss Helen Clay Frick, an institution for which everyone who needs to get his facts right about art is more than grateful.)

The Frick will still be the Frick as we know it: the stationary feast that never stales. But there will also be in existence Frick Number Two, an intellectual powerhouse humming away below ground. When Everett Fahy was appointed director of the Frick in 1973 he was generally regarded as one of the most gifted recruits that the art historical profession has numbered in the second half of this century. (Even ten years ago he was said to be in line for just about everything except the directorship of the FBI.) With his curator, Edgar Munhall, he was not the man to settle for "dusting the pictures." A great city is judged not so much by the size as by the number and quality of its institutions. The Frick, like the Wallace Collection in London, the Museo Poldi-Pezzoli in Milan, and the Museo Correr in Venice, has a timeless and changeless quality which is in the happiest possible contrast to what has been going on elsewhere. It never lends and rarely borrows (though a very fine *Halberdier* by Pontormo is on loan there at the moment). Works of art which are never moved take on a settled and inviolate quality for which there is no rational explanation. We feel that time is their friend, and that what they have to tell us comes from that still center of being which in more rackety institutions can quickly be disturbed. ■

Presents of mind

continued from page 67

Evelyn Coskey. How to make or aments, crèches, wreaths, a ginge bread house, Christmas cookies.

When the tree's up and dec rated, the feast well on the way- sing! **A Musical Christmas wi Peter Duchin** (Holt, Rinehart ar Winston, $12.95). 61 great rel gious and secular songs with M Duchin's new arrangements f piano and guitar. Illustrated wit old greeting cards, cartoons, no talgic engravings . . . or read alou **The Father Christmas Lette** (Houghton Mifflin, $8.95) b J.R.R. Tolkien, he of *The Lord o the Rings*. For 20 years Tolkie wrote an annual letter to his chi dren in which he described i words and pictures Santa Claus life at the North Pole during th year. Whimsy, yes, but saved fror treacliness by its wit and hilariou invention.

Miscellania

Some thoughts for people whos present is stumping you: For thos who like their music longhaired **The Encyclopedia of Opera** (Scrib ners, $22.50 until Dec. 31; the $25) edited by Leslie Orrey. Ove 3,000 entries, 700 operas, plu composers, librettists, conductors festivals, opera on TV, even musi cal comedy . . . For those who lik their *musicians* longhaired: **Th Rolling Stone Calendar** (Rollin Stone/Random House, $4.95)—a great stocking-stuffer for teen agers, illustrated with action pho tographs of such "to-die-overs" as Elton John, Dylan, Alice Cooper Patti Smith . . . For balletomanes: **Baryshnikov at Work** (Knopf, $17.50) with photographs by Mar tha Swope, in which the great dancer describes his work, tech niques, how he prepares for a ballet . . . For the crossword-crazed: **The New York Times Crossword Puz zles** (Quadrangle/N.Y. Times, $3.50) edited by Will Weng. 50 *all new* Sunday-size stumpers . . . For the budding decorator: **Wallpaper** (Macmillan, $27.50) by Brenda Greysmith. The first historical survey of the design and production of wallpaper in the Western world from the 16th century until today, with nearly 200 reproductions . . . For the "deep" one: **And It Came to Pass—Not to Stay** (Macmillan, $6.95) by R. Buckminster Fuller. His social and political philosophy, analysis of our world crisis, predictions—7 typical essays written with wit, clarity, and plenty of fun. For the nostalgic, or devotees of Art Nouveau: **Vanity Fair** (Universe, $6.95). A 1977 calendar, each month illustrated with a 10-by-13-inch cover from the great fashion and literary magazine. ■

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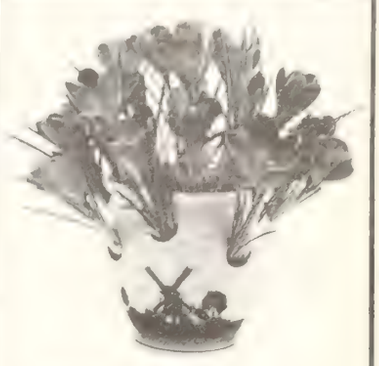
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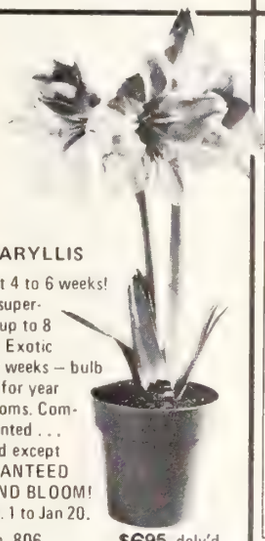
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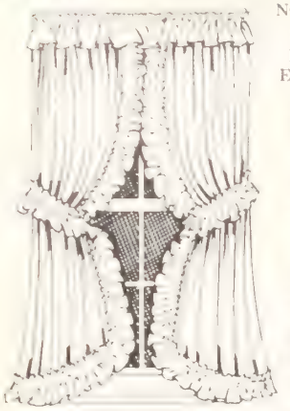
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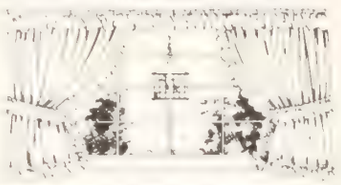
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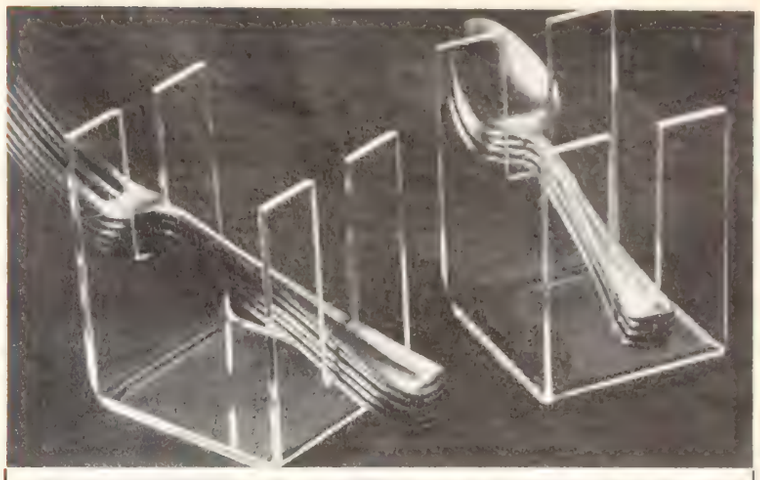


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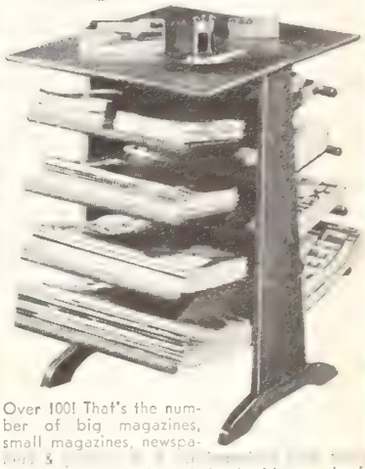
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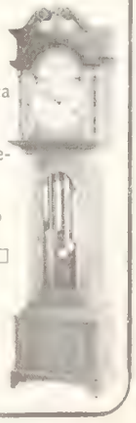
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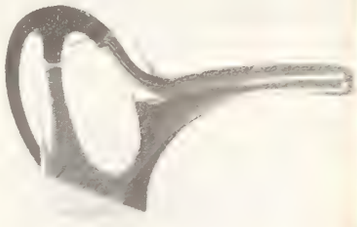
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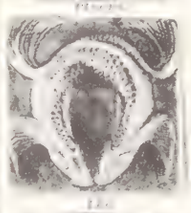
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MEET MRS SANTA

Charming handcrafted doll, 29" tall, with a card-holder skirt. Red flannel body, red bandana skirt, white chintz apron and collar, white bonnet, fleshtone felt face, hands. Varied original expressions. $30 plus $1.50 post. Annalee's Workshop, HG12, Box 446, Meredith, NH 03253.



STURDY SATCHEL

Duck canvas with genuine leather trim, two large inside pockets, and closing. Steel frame. 20" w. by 12½" d. Natural, beige, brown, navy. Initials (print): brown, navy, red, white, beige. For super-handbag or overnighter. $24.95 ppd. Buds, HG12, 155 E. 26th St., New York, NY 10010.



THE ASTER

New decorator telephone design, small in size and attractive in appearance. Comes ready to use with bell, standard line cord, plug. Available in blue, ivory or red. $39.95 plus $2 post. A catalogue of complete line 50c. Grand Com, Inc., HG12, 324 Fifth Ave., New York, NY 10001.

SUPER PRODUCT



Winner of Grand Champion ham in 1976 Kentucky State Fair brings you superior Kentucky hams, bacon, sausage cured the old-fashioned way. Over 50 country and gourmet foods. Write for free catalogue. B&B Food Products, HG12, Rte. #1E, Cadiz, KY 42211.

MINI STOOL



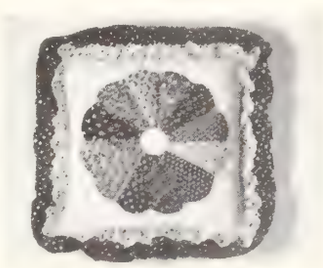
Attached-cushion seat, native hardwood frame 18″ x 18″ x 18″. Upholstered in print, as shown $59; your fabric (2½ yds., 54″) $49. Casters add $10. Exp. coll. Furniture catalogue with a request form for fabric swatches $2. Hunt Galleries, HG7612, Box 2324, Hickory, NC 28601.

LIGHTING ARTISTRY



Carefully hand-crafted four-arm chandelier with cone-shaped center down light. Distinctive in brass, copper or pewter. 9″ tall by 20″ wide. Also in six-arm model. Details in a 48-page free catalogue. Heritage Lanterns, HG126, Box 325, Sea Meadows Lane, Yarmouth, ME 04096.

DRESDEN PLATE



Patchwork and applique make a colorful 16″ by 16″ (overall) pillow. Kit has muslin for top, 12 calicos for plate, backing, lining for form, quilt needle, ruffled-border fabric, lace, polyfill. $12 plus 95c post. Ginger Snap Station, HGKE6, Box 81086, Atlanta, GA 30366.

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True work of art painted on fine quality canvas from old or new photograph. Choose from twelve portrait painters. Canvas sizes from 12″ by 16″ to 30″ by 40″. From $125 to $1250. Catalogue, 50c. Van Dyke Oil Portraits, Ltd., HG12, 153 E. 57th St., New York, NY 10022.

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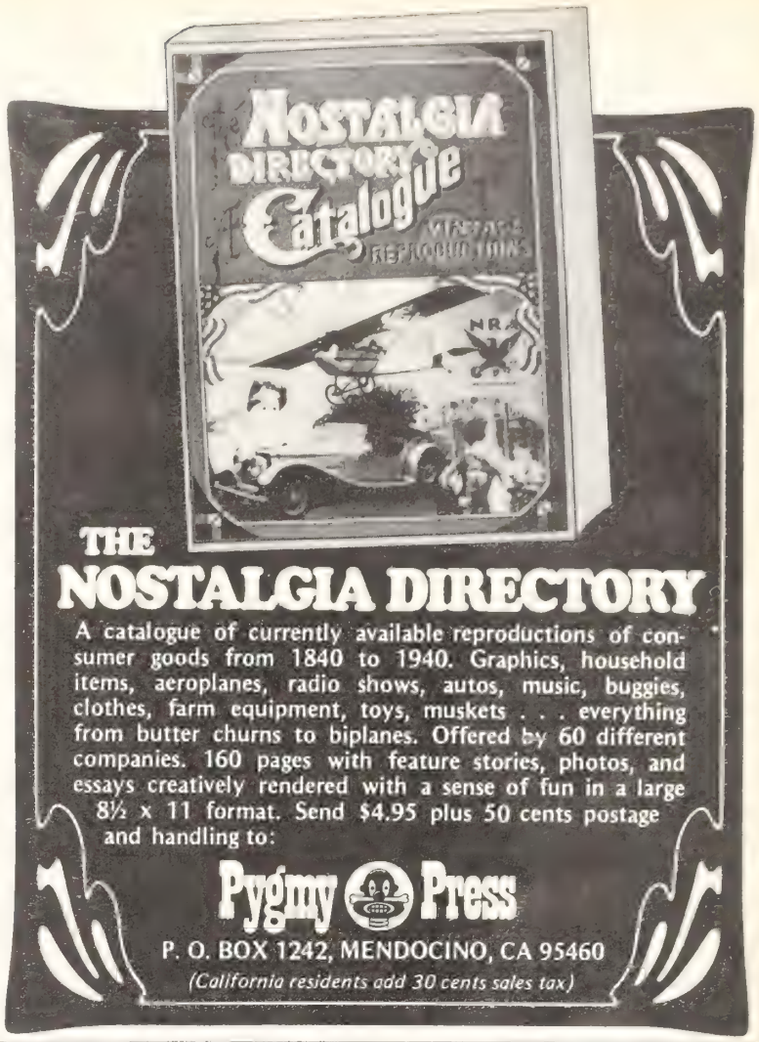


Golden solid oak and ash woods, rocker style first used in 1850. With pressed-decoration back, seven spindles, heavy steam-bent arms, wire reinforcing rod, cane seat. $129.95 exp. coll. Yesteryear catalogue, fabric samples $1. Magnolia Hall, HG12, 726 Andover, Atlanta, GA 30327.

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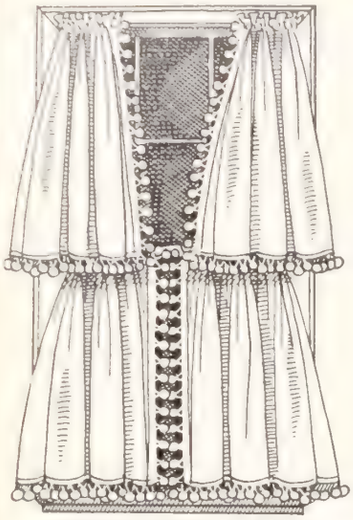
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VALANCE		
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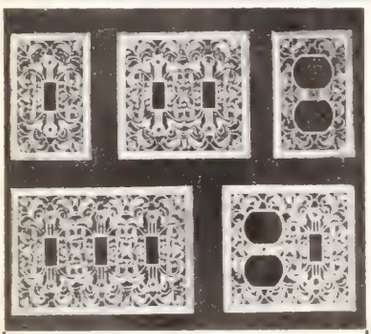
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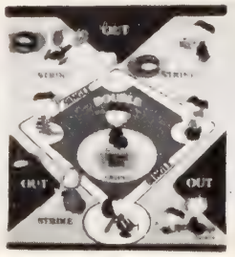
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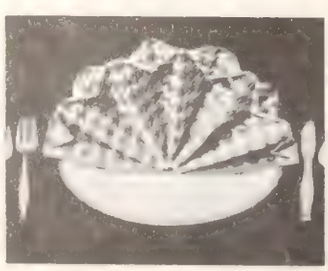
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Bold Indian symbols reproduced. Woven of cotton yarns. Earth-tones on ivory. 3′ by 5′, $34.95; 4′ by 6′, $49.95; 6′ by 9′, $89.95; 9′ by 12′, $169.95; 8′ runner, $44.95; 11′, $54.95. Ppd. Catalogue, $1. Peerless Imported Rugs, GE126, 3028 N. Lincoln Ave., Chicago, IL 60657.



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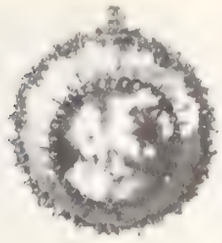


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An illustrated booklet on the art of folding napkins in many ways from the shell (shown) to a tricorne. Napkin folding can add elegance or a sense of fun. $2.95 plus 35c post; two or more $2.75 each ppd. Progressive Sales, HG7, 390 Old Wyman St., Waltham, MA 02154.

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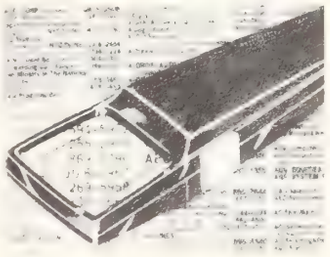
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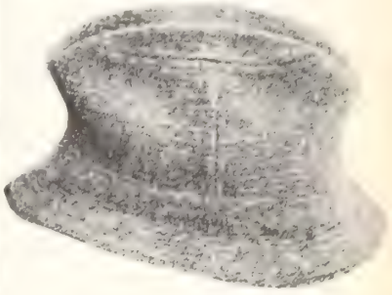
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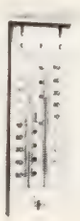
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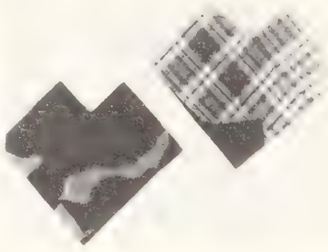
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Watercolor animal alphabet spells names (specify) in bright colors. 9″ x 12″, matted to 8 letters, $5.95; more letters, each 50c. Entire alphabet, capitals or small letters matted, 14″ x 18″. $12.95. Post. $1.25. Laura's Loveables, Dept. HGE-1276, Box 7381, Las Vegas, NV 89101.

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Book delves into past, uncovers unclaimed estates, true heirs, one hundred pages of information on heraldry, coats-of-arms, how to chart your own family tree (with six ready-to-use 8½″ by 11″ charts). $1.98 ppd. Cadlyn's, HT12, 10250 No. 19th Ave., Phoenix, AZ 85021.

A TIGER BY THE FOOT!



Hilarious slipper socks bring out the tiger in even the meekest lamb. Stretch-to-fit socks in orange and black orlon, complete with white felt claw designs! Genuine leather heels and soles. $3.98 plus 35c post. Holiday Gifts, Dept. 312-E, Wheat Ridge, CO 80036.

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Curtains, bedspreads inspired by ones in early Maryland, Virginia, Pennsylvania homes. 24 styles, matching bedspreads, canopies, table accessories. Calico, cotton, kodel, muslin, dacron, ninon. Catalogue, with 50 swatches, 50c. Mather's, HG12, 31 E. Main St., Westminster, MD 21157.



NEEDLEPOINT FLOWER POT KIT

Cover your plain flower pots with these colorful realistic flowers you needlepoint. Kit includes sturdy blank plastic canvas, Acrylic yarn in whites, greens, yellows, reds and purples; tapestry needle and instructions. Size 6″ diameter. (Plant not included)

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THE ANSWER TO A STOCKING'S PRAYER—

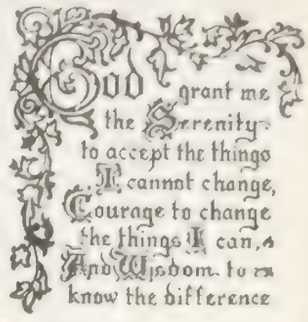
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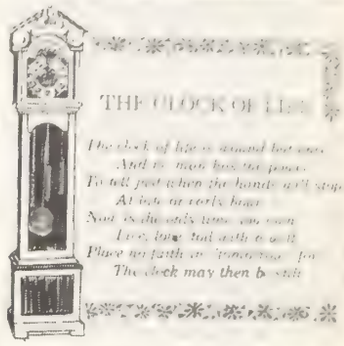
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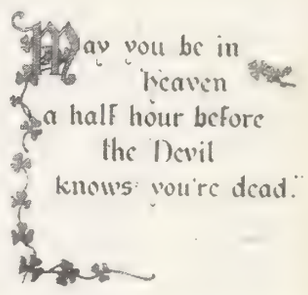
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SERENITY PRAYER



CLOCK OF LIFE



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GAELIC ROAD



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off the face of the [illegible]

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... with "COUNTRY CHARM" Early American Appliances!



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THE GREENTREE STORE

HG12, North Garden, Virginia

SHOPPING AROUND



APACHE BRAVE

Needlepoint kit including 10-mesh canvas, wool yarns, needle, instructions for making handsome Apache warrior for pillow top or framing. 15" square. $16.95 plus $1.60 post. Catalogue, 25c. Creative Village, Dept. 57E, Box 100, Pine Brook, NJ 07058.



SASH AND TAB

Sash curtain to mix, match or go solo. In polyester/cotton, six colors. Teamed here in beige with tab curtain in tangerine *Stevens Plains* print by Waverly. 54", $44; 63", $50; 72", $52; 84", $60 plus $2 post. Free catalogue. Constance Carol, HG12, Box 899, Plymouth, MA 02360.



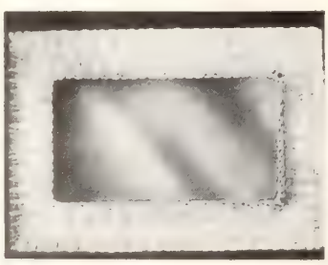
SO-LITE

Extra cool, extra roomy. Glove leather, cushioned crepe wedge, boater-type sole. Black, navy, brown, tan, white. Full, half sizes. N, M, W 5-13; XW 5-12. $19.99; over 10, $1 extra. Add $1 post. Free catalogue. Lenox Trading, HG12, 1491 Dorchester Ave., Boston, MA 02122.



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Copper baskets in an antique finish are hand decorated with whales (shown) or a choice of mallards, pine cones, pheasants, gulls, initials or professional symbols. 14" h., $25; 5", $12. Ppd. Gregory C. Hentzi, HG12, 59 Brown St., Waltham, MA 02154.



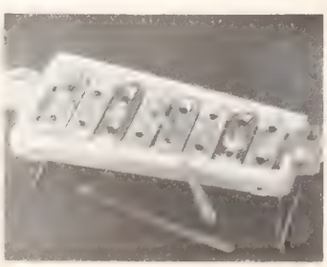
REGENCY MIRROR

An attractive reflection in any setting. The mirror glass comes installed in a lavish frame of woven rattan. Size 20" wide by 23" high. Natural color $44.95; painted white, $5 extra. Add $4 post. Catalogue is 25c. Fran's Basket House, HG12, Route 10, Succasunna, NJ 07876.



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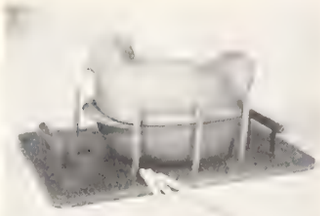


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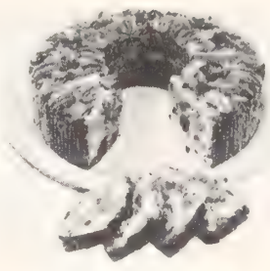
CLEVER CARRIER

Stop spilling and breaking with a Carri-Me tray. Securely holds various sizes and shapes. Place object in center of board, then arrange pegs around it. Durable wood, sturdily boxed. 11″ by 19″. $12.50 plus $1.75 post. Carri-Me Co., HG12, 3808 Pomfret Lane, Charlotte, NC 28211.



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Butcher block in a circular table 30″ dining height. With laminated maple hardwood top, base of laminated oak. 36″ dia. $156.50; 42″ dia. $200; 48″ dia. $234.50; 54″ dia. $335; 60″ dia. $375. Exp. coll. Catalogue 50c. Butcher Block & More, HG12, 1600 So. Clinton, Chicago, IL 60616.



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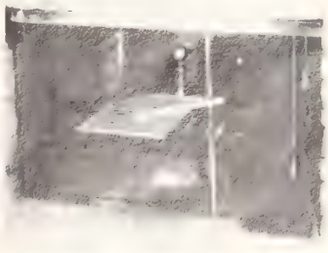
HAND-MADE SET

Veneto Flair ornaments, second in limited-edition series. Hand-painted in Christmas green, red and white with gold trim. Ball 3½″ diameter and bell 3½″ high. Each set individually numbered, boxed. Set $15 ppd. Edd, the Florist, Inc., HG12, 823 North Court, Ottumwa, IA 52501.



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Asail or on skis the knitted watch cap is a winner. Heavy Orlon yarn, washable, non-allergenic. Up to 10 letter name in white or gold. One size fits all. $11.95 ppd. Sea handbook, nautical catalogue, 50c. Pat Baird Ship's Wheel, Inc., HG12E, Nottingham Sq. Rd., Epping, NH 03042.



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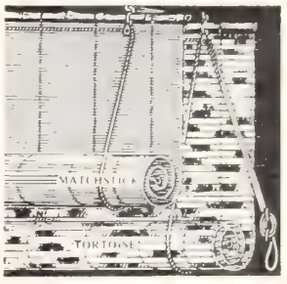
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60"x72"	12.00	18.00
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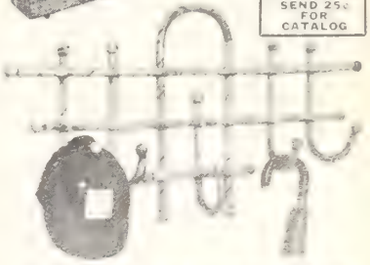
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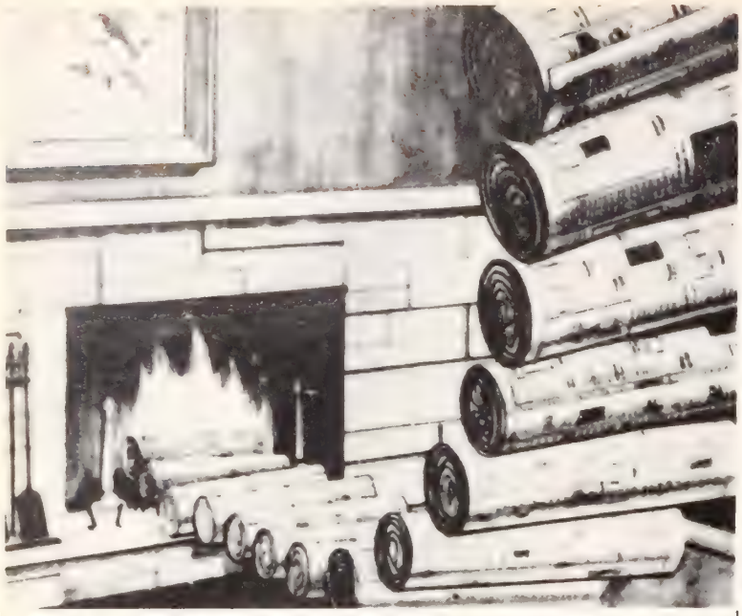
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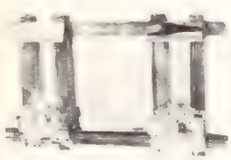
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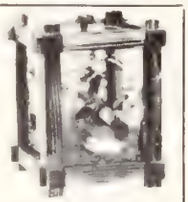
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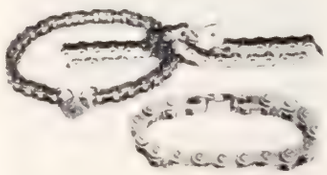
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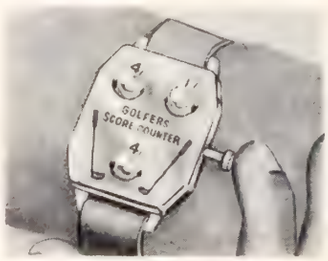
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You don't need two hands to card your game with an automatic golf scorer. Counts strokes and shows your total. Gold-tone metal case is tarnish-proof, has a sturdy leather strap. A great gift for any golfer. $3.98 + 50c post. Holiday Gifts, Dept. 312-H, Wheat Ridge, CO 80036.



CLEAN-UP FOR PETS

New scientific chemicals remove stains, odors—even urine—from carpets, draperies. Non-aerosol spray bottles. 16 ozs. "A" kit for stains, "B" for odors or combination kit of "A and B" $7.50 ea; two $12.99 Ppd. American Century, Dept. 1126E, Box 36232, Los Angeles, CA 90036.



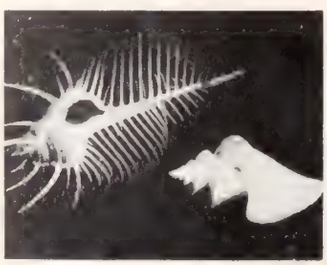
BONE CHINA ROSE

Green-leaved pink rose is made of Staffordshire china as a pin. The rose is about 2" dia. and comes with a safety clasp. What a beauty to wear in every season. #4678 Gift boxed. $3.98 plus 50c post. Lillian Vernon, Dept. GDE, 510 S. Fulton Ave., Mt. Vernon, NY 10550.



PLANNING TO BUILD?

Charming home is just one of many in a plan book of 1½ and two story homes. Other books include big one story houses; small one-stories; multi level and vacation homes. Blueprints available. $2.25 copy; all five, $7.95. Home Planners, HGE6Z, 16310 Grand River, Detroit, MI 48227.



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Cast aluminum stand with self-locking saucer-like shelves is 5½ feet high and finished in black or white enamel. Lightweight, graceful lines will safely support your heaviest plants. For indoor or outdoor. $98.75 plus $4.95 exp. Meladi Creations Div., HG12, 1164 N. Utica, Tulsa, OK 74110.

FRENCH ELEGANCE



Replica of the semaniere French women used originally to hold lingerie. Delicate carving. Top 2 drawers lined. 52″ h. by 16″ w. by 12″ d. Fruitwood $263.95 in antique white $280.45. Exp. coll. Catalogue $1. Bryan Robeson, HG-176, Rte. 10, Box 793, Hickory, NC 28601.

EGYPTIAN SYMBOL



Striking lithograph from the XVIII Dynasty of Tutankhamen is printed in tones of royal and sky blue, coral, gold on high quality matte paper. 38″ by 15″. Ready to frame as a decorative note. $10 plus $1.50 post. Mail Order Art, HG-E, Box 14558, Hartford, CT 06114.

RED PEPPER WREATH



Exotic Christmas wreath made of 200 red sun-ripened chili peppers from an Indian village, Santo Domingo. A holiday decor and later, it's Bueno for chili and other Mexican dishes. Free cook book. $13.50 ppd. The Old Mexico Shops, HG12, Patio 2, Santa Fe. NM 87501.

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A greenhouse for Christmas. All bolted California Redwood and Fiberglass greenhouse assembles easily. All models 8′ tall; Dutch Door, large screened vents. Portable. From $88.95. Free brochure. Phone: 408 476-5390. McGregor Greenhouses, Box 36-DD12, Santa Cruz, CA 95063.

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Embracing lovers wrought in sterling silver on 18″ sterling chain. Small version is 1″, $12; 1¼″ on heart, $23; 1⅝″ lovers, $23 ppd. Each comes in a blue velvet pouch. Immediate delivery. $1 post. Alpha Omega Originals, Ltd., HG12, Box 327, Bay Station, NY 11235.

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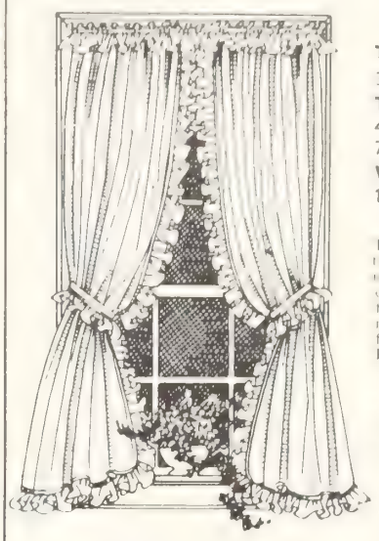


Be a recycler and end waste by turning all those slivers and ends of soap into new usable bars with the rectangular soap mold. Color and a new scent can be added; complete instructions are included. $2.49 plus 30c post. Stratford House, HG12A, P.O. Box 591, Stratford, CT 06497.

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Natural or White



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72″, 81″, 90″	11.00 pr	12.50 pr.
VALANCE		
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78″ wide per pair with 2″ ruffle

Please specify cotton muslin or permanent press, or natural or white. Send check, money order or [illegible] or Bank Americard. Sorry, not C.O.D.'s. Please add handling: orders under $10 add $1.10; $10 and over add $2.00. Mass. res. add 5% sales tax. Satisfaction guaranteed.

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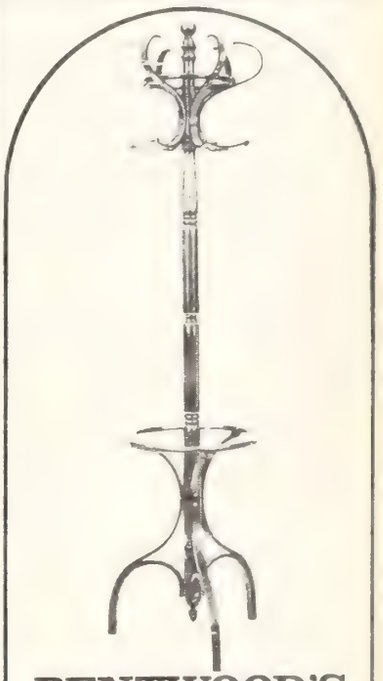
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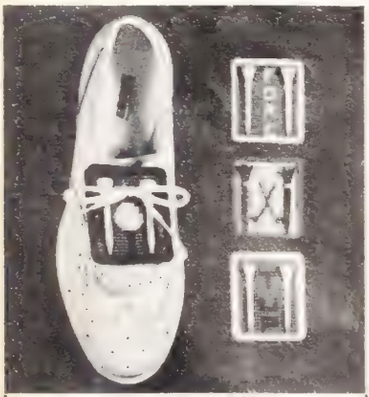
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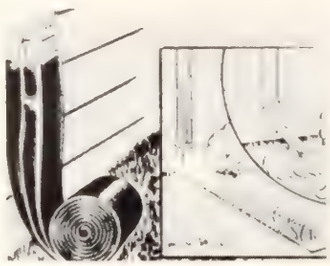
CHINESE DESIGN NOTES

Ancient Oriental Fitzhugh design reproduced on notepaper by Crane. The color is rich blue on kid finish ecru-white. Box of 50 folded notes, 50 envelopes, $17.50 plus $1.35 post. Exclusive with Shreve, Crump & Low Co., Dept. HK-5, 330 Boylston St., Boston, MA 02116.



COUNTRY DINING

Cotton print patchwork top cloth in autumn colors over ruffled unbleached muslin table cover inset with ecru lace. 60" sq. top, $45. 72" dia. bottom, $26; 90", $30; 96", $32; 104", $40. Add $2 post. per order. Free catalogue. Country Curtains, HG12, Stockbridge, MA 01262.



OFF, OFF AND AWAY

Green plastic sleeve distributes rain water away from down spout across lawn, shrubbery. Sleeve stays rolled until it rains then unrolls, water flows and spreads through sprinkler holes. 9′ L. $1.49 plus 25c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.



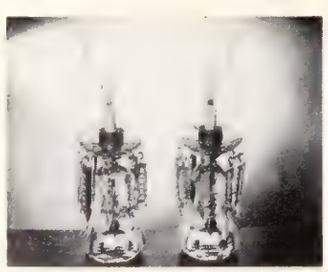
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LOVABLE CLOWN

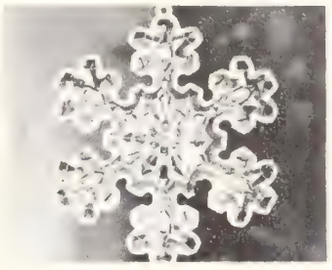
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DOUBLE MEASURE



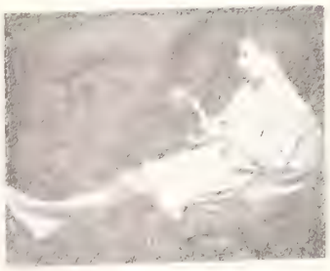
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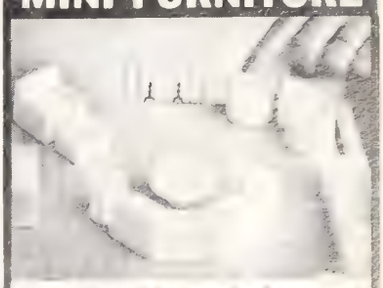


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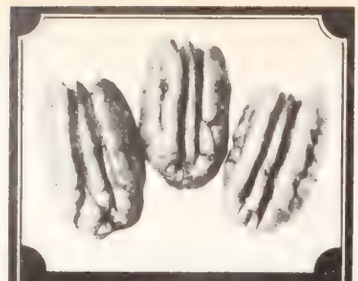
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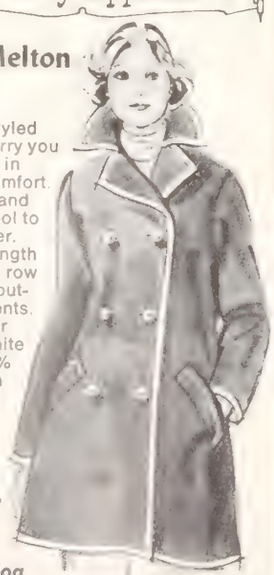
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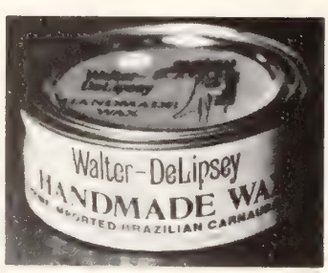
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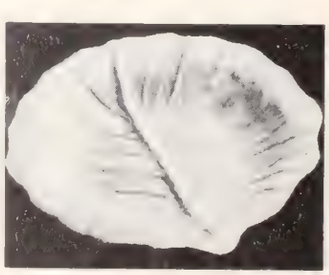
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Is your pool robbing you of time? Average size Meyco safety pool cover takes two minutes to put on or remove. Keeps out dirt, leaves; children and pets are safe when you're away. Discourages algae. Custom made, any size. Write to Meyco, HG12, 225 Park Ave., Hicksville, NY 11801.



RICH CLADDAGH RING

Peace-friendship symbol. *Gold:* ladies', 18k $64; 14k $44; 9k $27.70; men's, 18k $108; 14k $68; 9k $44; child's, 9k $17.65. *Sterling silver:* ladies', $6.80; men's, $7.75; child's, $6.40. Ppd. (Size.) Brochure $1. Stephen Faller, HGE-12, Industrial Estate, Mervue, Galway, Ireland.



CHRISTMAS CAMEL

Traditional olivewood dromedary hand-carved in Bethlehem as its predecessors have been for many centuries. Miniature replica of reins completes an unusual gift for the holidays. About 6" high. $6.95 ppd. Shopping International, 896 Shopping International Bldg., Norwich, VT 05055.



KEEPS IT SHARP

The Norelco sharpener fits all Norelco shavers, gives a really sharp cutting edge that means better-than-ever clean shaves. Use just once a month. Perfect gift for father, for any Norelco user. $3.99 plus 50c post. Holiday Gifts, Inc., Dept. 312-G, Wheat Ridge, CO 80036.



ROSY HOT POT

Ceramic electric hot pot holds up to four cups of liquid and is charmingly bedecked with wild roses. UL-approved heating coil, 46" cord that is removable make it completely washable. $5.98 plus 75c post. American Consumer, Dept. CPO-12, Cardiline Rd., Philadelphia, PA 19176.



Constance Carol

Plymouth Massachusetts 02360

TAB CURTAINS

Many early American homes had no curtains at all. But those that did most likely had tab curtains. Tab curtains are found here in Plymouth at the windows of houses built as early as 1640. We love them and use them throughout our own weathered saltbox home. The simple elegance of tab curtains makes them as right for the finest Contemporary homes as they are for the most authentic Colonial homes. They are as functional as they are beautiful, sliding easily on simple rods. They do not require expensive and complex drapery hardware. And they are available both in plain natural muslin and in a variety of colors and fabrics to suit your taste.



PILGRIM STRIPE

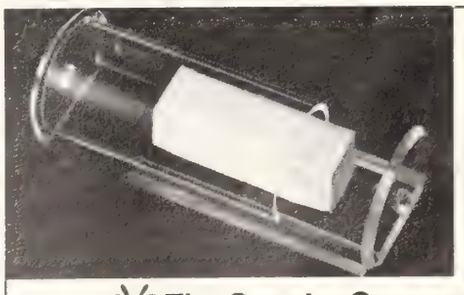
Natural: Permanent press muslin.
White: Polyester/cotton blend.

TAB CURTAINS LENGTH	About 80" wide 40"	45"	54"	63"	72"
Natural or white	$14	$15	$15	$18	$18
Pilgrim Stripe (Wine, Navy, Moss Green, Soft Gold or Brown on natural or white)	$20	$22	$22	$26	$26
Gingham (Yellow, Green, Brown, Red Blue or Pink)	$14	$15	$15	$18	$18
Meissen Stripe (Red, blue, green, gold)	$25	$26	$28	$32	$34
BALL FRINGE CURTAINS Natural or white	$11	$12	$12	$13	$13

Valance 10" by 80" each $3.50
WOODEN RODS AND BRACKETS per set $4 Brackets only $3
Set includes two brackets made from birch, four nails and a 36" by 48" (specify) wooden rod.
CATALOG FREE FABRIC SAMPLES (about 30) $2

Allow 1" per yard shrinkage. Money back guarantee.
VISIT OUR MAIL ORDER SHOWROOM, 327 COURT ST., (RTE. 3A), PLYMOUTH, on Tues-Sat from 9-3. See tab curtains in dozens of colors, trims, and prints.
Master Charge Tel. (617) 746-6116 BankAmericard
For delivery in Mass. add 5% sales tax. Add $2.00 for postage and handling. Send check or money order to:

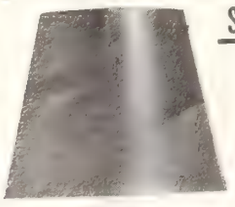
Constance Carol
Dept. 512, P.O. Box 899, Plymouth, Massachusetts 02360



Clear Lucite!

Better for butter, locks in flavor! Heavy Lucite cylinder slides on grooved base—looks elegant on the table, closes tightly for storage. American-made by Robert Mainly, 5⅝" long, holds ¼-lb. stick. (standard 11⅛x4¾" size)
8747 Butter Server $5.98
Add 40¢ post. & hdlg.
N.Y. residents add taxes

The Country Gourmet
Dept. GDJ, 512 S. Fulton Ave.
Mt. Vernon, N.Y. 10550



SOLID BRASS
PIANO LAMP
UNBELIEVABLE AT ONLY
$19.95
plus $2.00 shpg. Pa res. add 6%



You won't believe your luck when you unwrap this lamp!

The unique arm swivels 360° and extends 11" for perfect light at piano, desk or table. Made like a piece of jewelry, it is quality from the weighted base to the black vinyl shade. Keep or give, it will hold its good looks forever. 14" high. UL appr. **Solid brass for $19.95!**

ROBELIER
Box 183, G12-6, Villanova, Pa. 19085



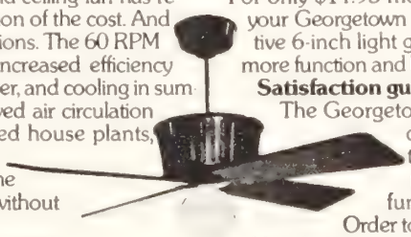
CREWEL BEDSPREAD

Fabulous CREWEL from [illegible] designs, hand emb[illegible] loomed cotton. A[illegible] no other fabric!
TWIN $70 FUL[illegible] $100
70" ROUND $50 90" ROUND $60
CREW[illegible]
50" wide $14.00 and ppd.
Ma[illegible]
DIRECT-FROM-IMPORTER LOW PRICES! Immediate delivery.
SEND [illegible] COLOR CATALOG & SWATCH

GURIAN'S
270 Fifth Ave., Dept. HG12-6, N.Y., N.Y. 10001

The brand new, old-fashioned ceiling fan. $59.95

We took $100 off the price.
The wonderful old ceiling fan has returned. At a fraction of the cost. And with new innovations. The 60 RPM speed provides increased efficiency of heating in winter, and cooling in summer. Plus improved air circulation for your treasured house plants, with the gentle air movement. The result: efficiency without distraction.



Light-weight, strong and beautiful.
The Georgetown Ceiling Fan is authentically crafted of durable—yet surprisingly light—resin materials, for both beauty and strength. You won't have to worry about mounting it on heavy support beams. The rich wood-grain blades span a full 44" in diameter. Drop from ceiling to bottom of fan is 12" with custom lengths available on request.

Add a light globe, too.
For only $14.95 more, you can have your Georgetown Fan with a distinctive 6-inch light globe, to add even more function and beauty.

Satisfaction guaranteed.
The Georgetown Ceiling Fan is completely guaranteed. If not satisfied, return for full refund, within 14 days.

Order today.
Your fan comes to you complete and ready to install, as easily as any light fixture. Specify Walnut or Oak finish for woodgrain blades. Or solid decorator colors: Yellow or White. Send check or money order for $59.95 for each fan; $74.90 with light globe. Add $7 shipping and handling in cont. U.S. Or charge to your Master Charge or Bank Americard. (Be sure to include account number and expiration date.)

GEORGETOWN FAN COMPANY
Box 2128-HG, Denver, Colorado 80201. Phone: 303-892-6080

MANCHESTER SOFA



Elegance, luxury and durability combined! Top grain leather, spring down cushions and finest construction are used. H 32 L 93 D 36. (Also available as a 70" Love Seat). See our catalogue for different styles.

Price: Peerless leather $1,044.95
Masterpiece leather $1,099.95
Vinyl $ 692.95
Shipping charges collect
No C.O.D.
Send $1 for catalogue

Bryan Robeson
Dept. HG 151
Route 10, Box 793
Hickory, N.C. 28601

ADD A NICE, NEW DINING AREA TO YOUR HOME.



Your entire family will enjoy watching your favorite birds flock to our award-winning (for original craft design) bark-slab feeder.
Made of native hardwoods by skilled mountain craftsmen, each house is 12" x 10", and will last a lifetime. Cost each $7.95, and we pay the postage. Check or money order only.

Blue Ridge Cottage Industries
HG12, Box 541-C, Church Road, Boone, N.C. 28607

MEET SANTA AND THE MISSUS!



This lovable pair of ANNALEE'S 12" mice will set the mood for a jolly holiday season. Display on mantel, under the tree or as table centerpiece to delight all ages. Mr. and Mrs. Claus are dressed in bright red flannel, with white fur-like trim and muff, and Santa's bag in green burlap. Handcrafted and with the famous whimsical expressions created exclusively by ANNALEE.

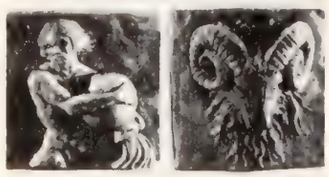
Just $13.50 each plus $1.50 postage & handling. Available in 7" size in white felt. $5.50 plus $1.25 postage & handling.

Annalee's Workshop
BOX 446, MEREDITH, N.H. 03253
Send for free catalogue.

SHOPPING AROUND



HOLD IT
A solid mahogany napkin holder with warm natural finish makes a welcome Christmas present for the house. A graceful design quality crafted in Virginia by the Seymore family. 5" by 5¾" by 3", $7.50 ppd. Order from The Greentree store, HG12E, North Garden, VA 22959.



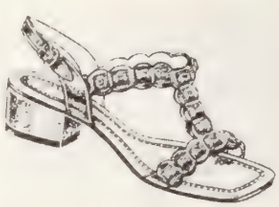
ZODIAC RELIEFS
John and Paula Napier have designed and hand-cast a series of bas relief Zodiac signs in natural stone. Each is 7" sq. ready to mount. Specify sign and birth dates in order. $9.95 each plus $1.80 post.; all 12, $110 plus $12. The Patio, HG12, 550 Powell St., San Francisco, CA 94108.



TAB TRADITION
Today, as in colonial times, tab curtains add charm and grace. Waverly Meissen stripe, red, blue, green or gold. 80"w. per pr. 54"l. $28; 63"l. $32; 72"l. $34. Add $2 post per order. Catalogue free. Swatches, $2. Constance Carol, HG12, Box 899, Plymouth, MA 02360.



SHAKER NEATNESS
Hard maple rack for kitchen towels is a replica of one crafted by the Shakers. Finished in a medium brown to blend with almost any kitchen color scheme. Rack extends from wall 20" and is drilled for mounting. $8.95 ppd. Jenifer House, HG126, Great Barrington, MA 01230.



SANDAL DAZZLER
Multicolor "gems." Cushioned insoles, adjustable backs. White, black, gold, silver; pink, blue, yellow, green pastels (specify alternate colors). N 5½-12; M 4-12; W 5-12. (No half sizes over 10.) $11.99 plus 90c post. Morgan's Cove, HG12, 28 W. Prospect, East Brunswick, NJ 08816.



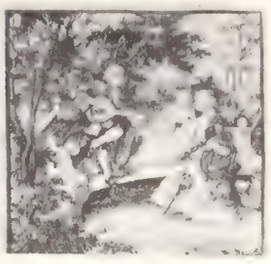
SHADES OF YESTERYEAR
Picture this high back rocker on an old fashioned porch on a summer day. Solid oak with seat and back of woven Nu-Cane. Sanded ready to finish in stain or paint. 49" h., seat. 21" by 19". $30 ppd. Write to Marion Travis, HG12, 109 E. Broad St., Statesville, NC 28677.



SILENT NIGHT 1976
Bavarian porcelain Christmas '76 plate is a limited edition in glorious cobalt blue. 7¾" dia. with holes for hanging. Typical Bavarian winter scene complete with snow and stars. Gift boxed. $9.98 plus 75c post. Lillian Vernon, GDE, 510 S. Fulton Ave., Mt. Vernon, NY 10550.

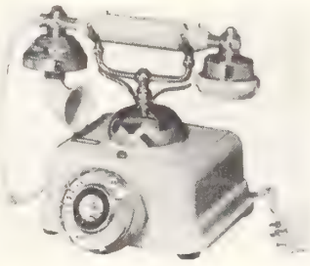
SHOPPING AROUND

JARDIN LOUIS



A lovely woven tapestry from Europe in rich pastel shades of green, gold, blue, crimson. Fine cotton that doesn't fade. 20" by 20". For frame, pillow or upholstery. $8.50 plus $1 post. Catalogue, $1. Lovelia Enterprises, Inc., HG12, Box 1845, Grand Central Sta., N.Y., NY 10017.

FRENCH CRADLE



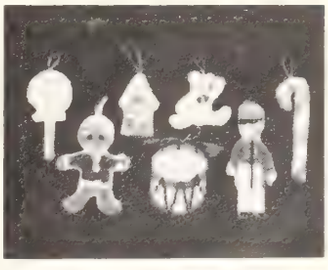
Ivory telephone with a French accent fitted with brass and built to plug in for instant use. An Old World beauty for the most elegant décor in any room of the country villa or town apartment. $69.95 plus $2 post. Catalogue, 50c Grand Com Inc., HG12, 324 Fifth Ave., New York, NY 10001.

FAMILY ALBUM FRAME



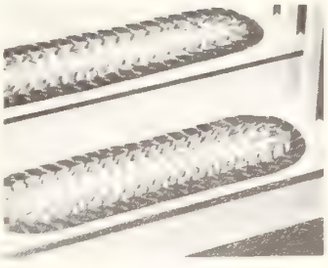
Super frame for pictures of the family may be wall-hung or put on a table. Brushed gold with tan or silver with black. Nine photos, 11¼" by 14¼", $10. 19 photos, 14¾" by 19¾", $15 plus $1 post. Neyhart's, Inc., HG12, 145 W. Third St., Williamsport, PA 17701.

NEEDLEPOINT ORNAMENTS



Lollipop, gingerbread man, gingerbread house, drum, teddy bear, soldier, candy cane, snowman—design on canvas. Persian Paterna wool, needles, backing. 3½" to 5"h, $2.50 ea. Any six, $12.95. Add 60c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

FOR UPS AND DOWNS



These braided stair treads are durable, woven nylon traditionally styled for a hand made look in avocado green or chestnut brown. Each 9" by 27", $3.50 each; plus $1 post. set of 13, $34.50 plus $2.50 post. Yield House, Dept. G612X, No. Conway, NH 03860.

GIANT SMILE

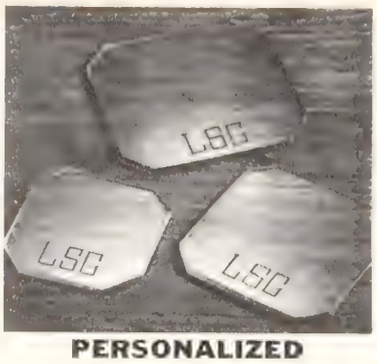


A full color poster blown up from your color photo slide. 14" by 17", $4.50; 20" by 24", $7.50; 24" by 36", $12.50; Add 50c post. ea. If you send slide or negative add $1 ea. size. Lamination up to 2 ft. by 3 ft. add $3. Congers Color Labs, HG12, Congers, NY 10920.

LITTER HIDEAWAY



Rugged fiberboard enclosure for cat's litter pan is plastic-coated and may be damp-wiped. 14" h., 15" w., 21" l. in mottled white. Collects spillovers and confines odors. $8.50; two for $16.50; personalized, $2 a word. Ppd. Kat-Trene Prod., HG12, Box 476, Montour Falls, NY 14865.



PERSONALIZED LUCITE TILES!

Deep-carved initials, elegant shapes, and ever so versatile. Ideal under hot dishes on dining table or buffet, crystal-clear to show all the beauty of your furniture and table linens. Use them under flower pots, vases, anywhere you need protection from heat, moisture, scratches. American-made by Robert Mainly, hand polished. All-purpose set of 3—5", 6" and 7". A lovely gift! PRINT initials.

1441 Personalized Tiles ..... 1 Set $8.98

Add 75¢ post. & hdlg., NY res. add taxes

1951 SILVER JUBILEE 1976

LILLIAN VERNON

Dept. GDK, 510 S. Fulton Ave.
Mt. Vernon, NY 10550

SEASHELLS ARE TRÉS CHIC. . . .

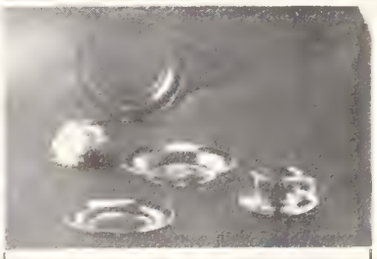


and you can be triple chic with a gold-plated neckwire and three interchangeable specimen shells: an orange Pecten Flabella from Africa; a rosy biege Japonica from Japan; and a tan, white and black spiralled Sundial from the Indo-Pacific. **$10.95**

Gold mesh Key chain with unique African or Philippine cone shell. $2.95 each.

Include 50 cents for postage.

ON THE HALF-SHELL
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IMPORTED FRENCH GLASS DISHES

Complete 20 piece service for 4. Made of heat tempered glass, break resistant, dishwasher safe. Set includes 4 9¼" Dinner Plates, 4 9" Soup Plates, 4 7¼" Dessert Plates, 4 7½ oz. cups and 4 saucers. Complete set **$12.50.** No C.O.D.'s or billing. Enclose check or money order. Add $2.50 shipping and handling. (Manufactured By J. G. Durand International).

MD. residents add 4% Sales Tax

CONTEMPORARY DESIGNS
HG-12
P.O. Box 35, Garrison, Md. 21055

FLORIDA FLAIR



Peasant Eyelet Halter - $25.00
Colors White or Black
Sizes Sm-Med-Lg



Beaded Sandals - $25.00. Sizes 5-9 B width only. Style #1339 Slip-in, shoe colors Black, White, Silver, Gold, Kelly, Royal. Style #1100 Thong, shoe colors Black, White, Silver, Gold, Hot Pink, Kelly, Orange Yellow. Your choice of color bead or combination. Beaded earrings to match shoes. $6.00. Bow Sandals - $30.00, sizes, styles and colors same as beaded. Your choice of colored ribbons. Child's Thong Sandals $12.00. Sizes 5-13, 1-3. White only. Your choice of colored beads



Ribbon Bows for your hair. Set of 2 $12.00. Your choice of [illegible]

SEND $1. FOR BROCHURE
Specify Size, Style [illegible]
☐ Money Order
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Card # [illegible]
Include $1. for postage and handling.
Name [illegible]
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MOPPETS®

Personalized Ornaments!

Four enchanting designs, American-crafted by Lillian Vernon! Pure perfection in solid brass, shiny-polished for lifetime beauty — won't tarnish or break. Each one custom-engraved any way you wish. Sizes vary 3¼-3¾". PRINT names.

1281 Couple 1278 Toddler
1280 Boy with Dog 1279 Girl with Gift

$2.98 each

3 for $7.98 6 for $14.98





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LILLIAN VERNON

Add 50c post. & hdlg. N.Y. res. add taxes

Dept. GD2, 510 S. Fulton Ave., Mt. Vernon, N.Y. 10550



SANTA CLAUS WILL WRITE TO YOUR CHILD

This personalized letter from Santa Claus to your child will bring the magic of Christmas to your home.
Imagine how delighted your child will be to receive a letter written direct from the North Pole, with a FREE GIFT!
Mail $1.00 for each personalized letter. Print each child's full name and address on sheet of paper.

REMEMBER . . . FREE!
Special toy from Santa
(for orders received before Dec. 15)

LEWIS ENTERPRISES, Dept. HG-4
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FIRST EDITION

ROYAL COPENHAGEN CHRISTMAS PLATE

1908

$1200.00 ppd

All subsequent years of Christmas Plates available by return post

Royal Copenhagen
Christmas Plate 1976—**$16.75** ppd.

Bing and Grondahl
Christmas Plate 1976—**$16.75** ppd

JOHN SINCLAIR LIMITED
266 Glossop Road Sheffield, England



A WREATH OF RED PEPPERS FOR CHRISTMAS

Choose the round wreath or a four-foot-long garland. For sophisticated decor there's little to equal bright chili pepper pods ripened to a ruby red in the Southwestern sun. A color accent to equal Autumn leaves. Imagine either wreath or garland beckoning at your window or doorway.

Christmas Wreath
18" diam. 200 peppers ..... $13.50ppd.
Garlands 4 ft. long 200 peppers $13.50ppd.

Free cookbook tells how to make edible peppers make savory dishes.

The OLD MEXICO SHOP
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CUSTOM PRINTED SHIRTS

for your team . . . candidate . . .
. . . your favorite hobby . . . or what-

ne washable, paint will not run or

Sweat... $5.99 T shirt $3.99

Write for FREE catalog of gift...

Holiday Gifts

Dept. 312 E Wheat Ridge, Colora...

SHOPPING AROUND FOR LAST-MINUTE CHRISTMAS GIFTS



HOSTESS FASHION

The busiest hostess is the prettiest one as well in a cotton homespun apron appliqued with bright flowers on bib front and big patch pockets. Long tieback sash in holiday red. Adjustable straps. One size fits all. $20. plus $1.75 post. Send for free catalogue. The Talbots, Dept. FN, Hingham, MA 02043.

PRECIOUS SHELLS

Prized strawberry shells from faraway Madagascar and Mozambique become "jewels" for necklace and earrings. One is the focal point of a 16" gold-plated scalloped link necklace, $7.95; a pair in smaller size, are earrings with 14K gold posts. $7.95. The set, $15 plus 50c post. On the Half-Shell, HG12, Box 80426, Atlanta, GA 30366.



MARBLE ROLLER

Challenging fun for entire family. Grown-ups, teens, even three-year olds enjoy the game of seeing how many marbles you can keep rolling with one hand, without dropping any. Roller is alder wood from Oregon trees. Adds decorative touch to mantel, hearth, or playroom 19" h. $12.50 plus $2 post. Catalogue 50c. The Toy Factory, Dept. GC, 88878 Coast Highway 101, Florence, OR 97439.





CANDY INITIAL

Personalized, luscious gift made of world's finest bittersweet or milk chocolate. Six-ounce tempting treat of ½" thick chocolate custom-initial, from A to Z. Each $4. Three letters, $11. A specially shaped box carefully cradles this unique gift. Astor Chocolates, HG12, 48-25 Metropolitan Ave., Brooklyn, NY 11237.



CUDDLY-PET RADIO

A cute, entertaining gift that thrills youngsters! Plushy pet pals with AM transistor-radio inside. Ten-inch tall Panda bear, with red ribbon around its neck. Eight-inch tall long-haired dog, with collar and chain plus grooming brush. Ea. $15.50 ppd. With battery. Halmarr Five, HG12, 14406 Hamlin Street, Van Nuys, CA 91401.

HAND EMBROIDERY

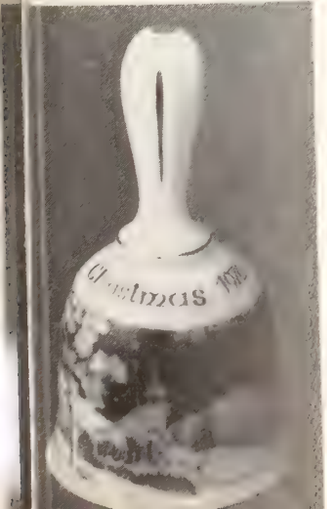
For a beautiful show pillow that adds rich accent wherever its placed. Striking floral motif, hand-embroidered in multi-color wool on natural off-white cotton woven in Kashmir. With zippered cover. 12" square. $10 plus $1.10 post. Send for the free catalogue. Country Curtains, HG12, Stockbridge, MA 01262.





SMART

A tidy and very pretty way to serve cheese and wine. Decorative imported tile in earth tones, hand wrought iron wine rack for six bottles, with serving top of six 4" sq. tiles, $19.95; smaller version with four 4" tiles, two wine holders, $17.95; also with single wine holder, also $17.95. Post. Gift from P.M., HGE12, Box 48011, Los Angeles, CA 90048.



Picturesque bell of Bavarian Kuba-porcelain with the deep-dark cobalt-blue depicting a snowy, starlit "Silent Night" crystal clapper. 6½" h. $9.98; plus 75c post. Lillian Vernon, 510 S. Fulton Ave., Mount Vernon, NY 10550.



MADISON MINT PRESENTS— CHRISTMAS 1976

"The Little Drummer Boy"

Legend has it that a small boy watched as, one after another, people brought their gifts to the Baby Jesus. Not having any gifts of silver or gold to offer, he ran home and returned with his drum and softly played for The Baby in the manger. . . .

A touching and warm story translated into a beautiful and traditional silver ingot. . . .

One troy ounce .999 fine silver (more silver than sterling). Each comes with custom gift box **$10.00** ppd, PA resident add 6% State Sales Tax.

Send for free brochure which includes other Madison Mint art bars.

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GET PERSONAL . . . with a tennis ball!

Real Gifty. Just insert tennis ball into the ™Monoball 1 container, press and ***presto*** a monogramed ball! No more confusion over lost balls in bags. Each ™Monoball 1 is inked ready to make hundreds of good impressions. Monogram with heart, love, or [illegible] lost ball syndrome. Select one emblem with each ™Monoball 1 ordered.

LOVE

Attractively boxed for gift giving, engravable gold [illegible]. Directions.

(Ga. residents add sales tax.) Send your check or [illegible]

$9.95 Delivered

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P.O. Box 29881 Atlanta, Georgia 30359

Nantucket Pocketbook



A beautifully executed reproduction of the famous original handwoven bag made by Nantucket Whalemen for their wives and sweethearts. Hand carved ivory sperm whale on top plaque and all ivory fittings. 7¼" high by 9½" long by [illegible] wide. A truly unique accessory you'll be proud to carry. $49.95 ppd.

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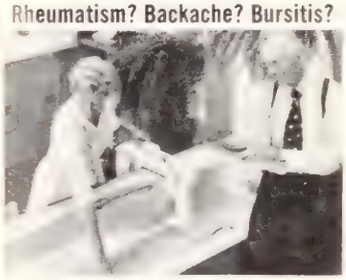
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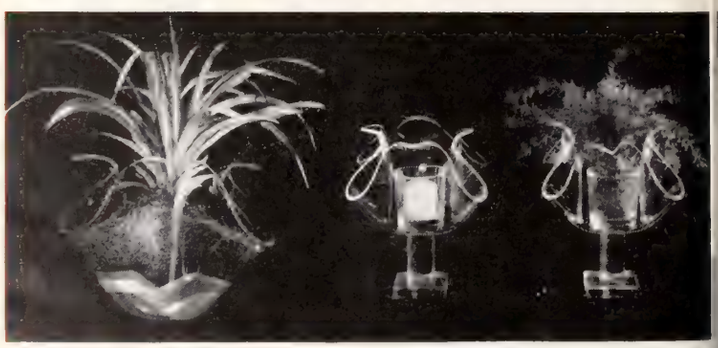


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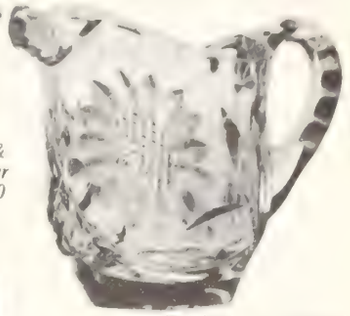
Cassette tape tells story of "The Little Drummer Boy" with background music and sound effects. Helps children learn to read as they follow book and listen. Also available Peter Pan, Cinderella, David and Goliath, Jonah and Whale, Jack and Beanstalk, Ugly Duckling. Book and tape set, $2.95 each plus 55c post. Silver Trumpet Stories, HG12, 1328 Smith Ridge Rd., New Canaan, CT 06840.

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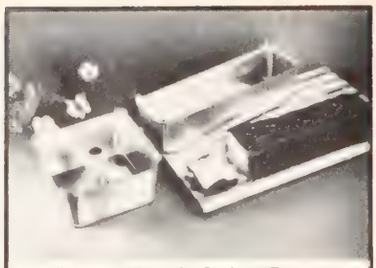
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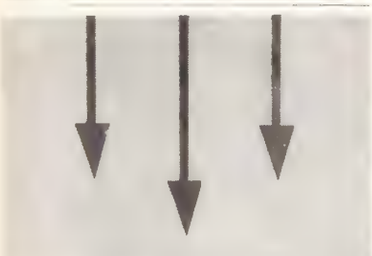
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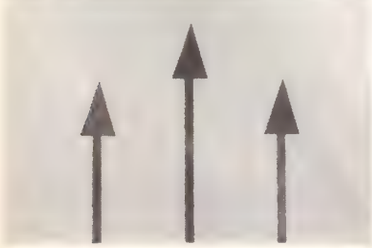
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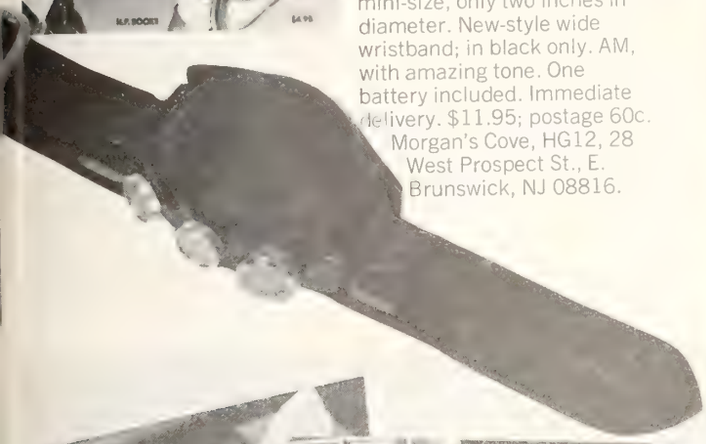


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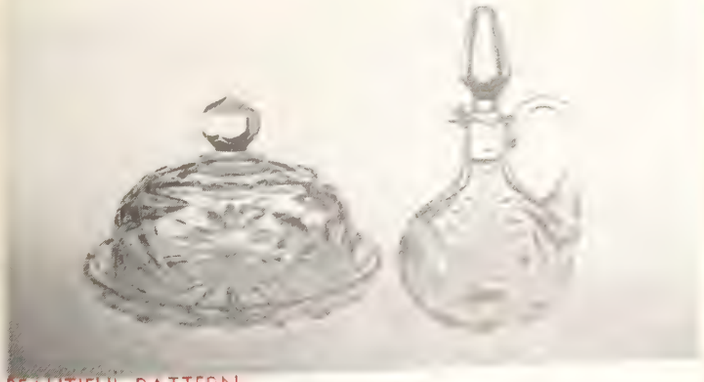
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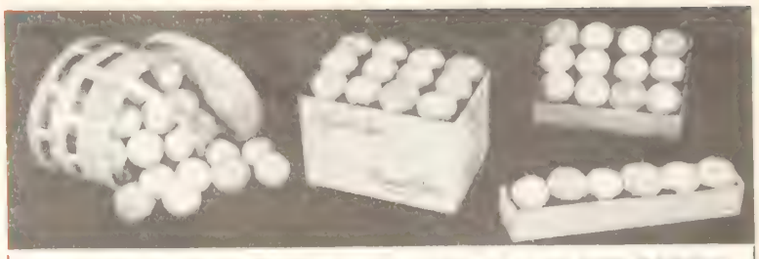
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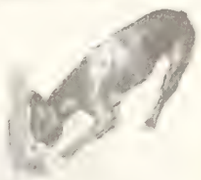
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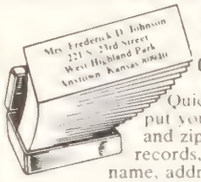
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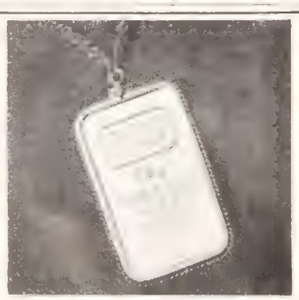


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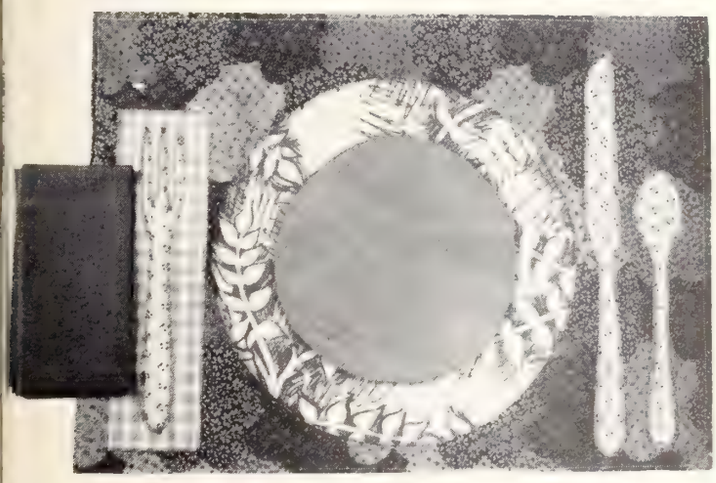
UMBRELLA STAND

Authentic copy of an English antique, circa 1825. Imported hardwoods with antiqued mahogany finish, solid brass rail, removable drip pan. Ideal for hallway; handsome as plant stand or towel rack. 15¼" by 10" by 29¼"h. $109.50 shipping charge coll. Send $1 for catalogue. Forbes Collection, HG12, 198 Belden Hill Rd., Wilton, CT 06897.

ORIENTAL JADE

Emerald green jade rings, exceptional in quality and beauty. Symbol of love, faith and long life. A precious present to stir the heart and imagination. Send ring size (or measured piece of string). Plain band, $12.95; with 14K gold filled edging, $21.95 Ppd. Seaview House West, HG12, 250 Ocean Ave., Seaview, WA 98644.



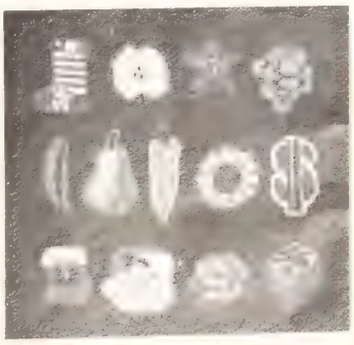


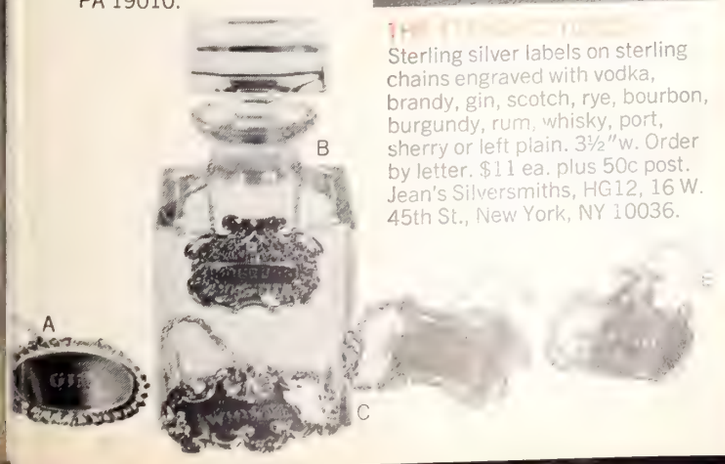
CLEVER SETTING

Make-believe plate, flatware, napkin appliqued on cotton or cotton/blend, mat, 14" by 19". Red/white/blue; pink/yellow/orange; brown/beige/blue; green/yellow/blue; beige/brown. $6.95 ea.; napkins, 15", $1.25; 20", $1.50 ea. plus $1.25 post per order. Domino Patchworks, HG12, 333 6th Ave., New York, NY 10014.

MINI MAGNETS

Needlepoint magnets hold notes, recipes, to metal surface. Stocking, apple, cookie, grapes, peas, pear, carrot, sunflower, dollar sign, pansy, Santa, rose, strawberry. Approx. 2". Kit with design on canvas, wool, needle, felt, magnet. Ea. $1.95; any four, $5.95 plus 60c post ea. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.





Sterling silver labels on sterling chains engraved with vodka, brandy, gin, scotch, rye, bourbon, burgundy, rum, whisky, port, sherry or left plain. 3½"w. Order by letter. $11 ea. plus 50c post. Jean's Silversmiths, HG12, 16 W. 45th St., New York, NY 10036.

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3 Box Plan (75 cigars) $40.00 pp *6 Box Plan* (150 cigars) $79.00 pp *12 Box Plan* (300 cigars) $156.00 pp.

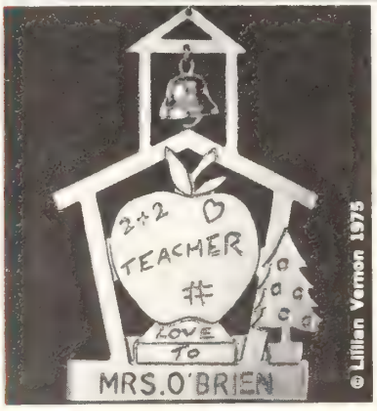
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Dept. GD4, 510 S. Fulton Ave.
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A Jungle Home



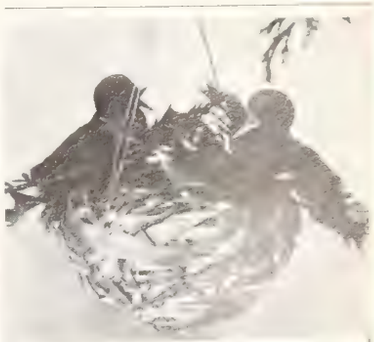
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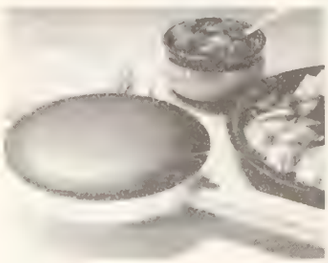
CONSTRUCTION SET

Bright plastic set comes from Italy in a storage box. It contains in wrench, 20 rods, 22 connectors of many shapes, sizes, four wheels, 16 smooth nuts and bolts. Makes a dozen projects. $7.98 plus 75c post. Lillian Vernon, Dept. GDE, 510 S. Fulton, Mt. Vernon, NY 10550.



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Open collar tie is answer for leisure wear. Adjusts to neck size. Plains in navy, wine, brown, red, green, tan, yellow, rust, beige, white or black polyester. Paisleys, polka dots in navy, wine, brown, green estron. $5.95 plus 50c post. Ost Cravates, Dept. A-12, Champlain, NY 12919.



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SLEEP IN LUXURY

Lace trimmed or plain knitted nylon-satin bedding in 11 colors; machine washable, dryable. Matching shams, dust ruffles and comforters available. Complete sets, all sizes. From $23.75. Brenna Mills, HG12, 16168 Beach Blvd., Suite 251, Huntington Beach, CA 92647.



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Seagull sculpture in gleaming white ceramic with high glaze. Imaginative complement to any setting, perfect gift for any home. "Flight" has non-scratch felted bottom, is about 16" by 11". $16 ppd. Delbar Creations, Dept. HG-18, 16 Laurel Rd., East Northport, NY 11731.



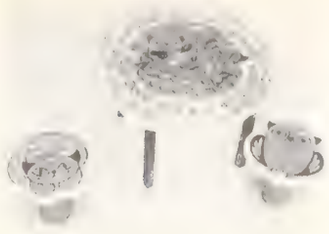
PATRIOTIC PENDANT

Sculptured pendant with the Great Seal of the United States is 1¼" dia. in solid sterling or 14k gold to hang on a chain or ribbon. A handsome piece to wear. $19 in sterling silver, $119 in gold plus $1 post. Heraldica Imports, Inc., G12, 21 W. 46 St., New York, NY 10036.

SHOPPING AROUND

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Happy light green hand-screened owl and pussycat on yellow. Washable non-toxic lacquers. Sturdy baraboard table 27" dia., 16¾" h.; stools 12" dia., 11¼" h. Three pieces $50; extra stools, two $23. UPS ppd. Catalogue 50c Anne Tracy, HG12, Box 499, Hudson, OH 44236.



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One pound cheeses coated by thick wax are shipped in a gift box. Colby, Monterey Jack and mild cheddar are included and right from the dairy state of Wisconsin. Tasty choices for holiday entertaining. $10.48 ppd. Sherry Dairy Ltd., Dept. PG, Milladore, WI 54454.



SOUTHERN TREATS

Recipes collected by the Junior League of Charleston. Beverages, canapes, soups, game, relishes, hot breads, pies, cakes, snacks. They're in "Charleston Receipts" book; also the why of "receipts" instead of "recipes". $6 ppd. Harold's Cabin, HG12, Box 2365, Charleston, SC 29403.



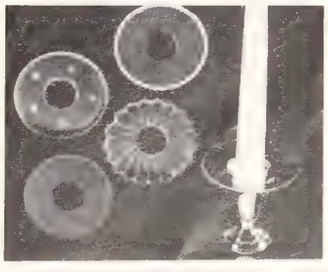
ELEGANT ACCESSORY

Purse flashlight competes with your most ornate jewelry. Rich gold-tone case enclosed in its golden bamboo sleeve, ready to light menu, program or keyhole. 4½" l. With replaceable battery. $3.95 plus 90c post. Artisan Galleries, HG12, 2100 No. Haskell Ave., Dallas, TX 75204.



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Candlelight is pretty, dripping wax is *not*. Glass bobeches from Europe to catch wax, 3" dia., star-etched, petal-shaped, gold-trimmed or plain. Squares also available. Three pr., $7.95 ppd. Extras, pr. $2.95. Bethanda Lighting, HG126, 149 Rose Lane, New Hyde Park, NY 11040.





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oars dramatically on a field of Belian Linen 44" by 36". A wall raphic for home or office. Easy to ssemble package includes wall raphic, mounting frame, and illusrated instructions. Specify Navy lue bird, beige background or Dark Brown bird, beige background. 20.95 postage prepaid. Other wall graphics available: send for catalog. **Stazel Ltd.,** D-361, P.O. Box 9406, Providence, R.I. 02940



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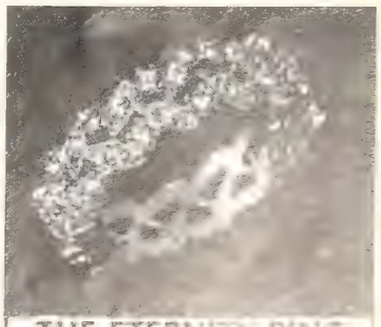
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Terracotta pot is a beauty for natural healthy cooking without adding fats or oils. It roasts food and braises it in its own juices to preserve nutrients, vitamins. Size for two to four. $12.95 plus $1.50 post. Recipes included. Etcetera, HG12, Box 19982, Atlanta, GA 30325.



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Collectors will be enchanted with the novel "grand piano" music box that plays the tune "We've Only Just Begun." Clear or violet-tint Lucite with gold-tone metal legs. 4" by 3¾" by 3¼". $11 ppd. Gift catalogue $1. Liberty Gifts, Dept. HGE126, 2324 Liberty St., Trenton, NJ 08629.



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One piece, double bottom. Navy, red, avocado, yellow, sand, natural, brown. 12"x9", $9.50 plus $1.20 post.; 12" x 14" $11.50 plus $1.30 post.; 18" x 14", $13.50 plus $1.40 post. (add 90c w. of Miss. Catalogue free. Port Canvas Co., HG8, Dock Sq., Kennebunkport, ME 04046.



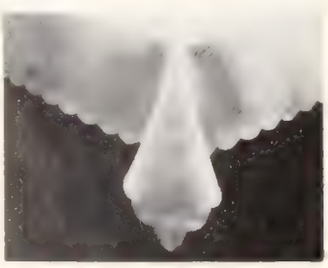
WEAR A RAINBOW

Each bead of Venetian glass is cluster of mosaic-like motifs with gold-finish spacer beads. 24" l.; screw clasp. Old-world craftsmanship from Murano, Italy. $9.98; earrings, $4.98; both, $12.50 plus 35c post. Lillian Vernon, Dept. GDE, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



TO HAVE AND TO FOLD

Space saving table made in Europe. Solid beechwood with oiled walnut veneer. Closed, 9" by 30"; one side up, 37" by 30"; fully opened, 65" by 30", it seats eight. 30" h. $69.95. Exp. coll. Assembled. Danish catalogue, 50c. Genada Imports, HG12, Box 204, Teaneck, NJ 07666.



IMPORTED LINEN BEAUTY

Snowy white cloth with hand-finished scalloped edge. Specify oblong or oval. 70" by 90", $49; 70" by 108", $55; 70" by 126", $65; 90" by 108", $80; 90" by 126", $95; 70" round, $37; 90", $65; 17" napkin, $3 ea.; 21", $5; Ppd. J. McLeod, HG12, Box 3377, Noroton, CT 06820.



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Quality milk-fed veal entrees, favored by restauranteurs, now available in 2-pound boxes for deluxe home dining, for gifts. Free 4-color brochure features slices, chops, steaks, liver, and diced veal. Provimi, Inc., Euroveal Farms, HG12, Box 156, Provimi Rd., Watertown, WI 53094.

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Portable baby bathtub, diaper table and bassinette are perfect for taking baby on your travels. Non-slip vinyl, holds enough water for bath, has pocket for talc, oil, etc. Folds up flat. $8.99 plus 50c post. Almatex International, HG12, 3569 Bristol Pike, Cornwells Heights, PA 19020.

RUST EATER



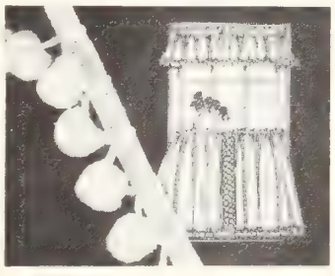
Brush-on miracle stuff that actually "eats" rotting rust changing it to a solid new coating. One-step application. Brush included. For cars, patio furniture, boats, fences. 8 oz. bottle for 30 sq. ft. $3.98 ppd. Write to World Garden Products, Ltd., HG12, East Norwalk, CT 06855.

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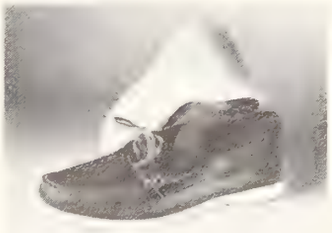
Second in a series of Christmas card plates. "Old North Church" by the Italian artist Vincente Tiziane is handcrafted, hand-painted in mosaic relief. 7¼" dia. Limited, numbered edition of 5000. Boxed. $45 ppd. Edd, the Florist, Inc., HG12, 823 North Court, Ottumwa, IA 52501.

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Easy-care polyester and cotton fringed with giant fluffy one-inch balls. 90" w. pr. Natural or white. 20", 25" long $8; 30", 36", 40" $8.75; 45", 54", 63" $12; 10" by 80" valance $4.75. Add $2 post. per order. Free catalogue. Country Curtains, HG-122, Stockbridge, MA 01262.

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His and hers boat shoes. Specially tanned genuine leather mocassins, water, salt air resistant, with non-slip boating sole. Great for casual wear. Men's, 6-13; women's, 4-9. Brown only. $18.95 pr. plus $1.25 post. Pokorny's, HG12, 124 St. Charles St., New Orleans, LA 70130.

KEY MAGIC

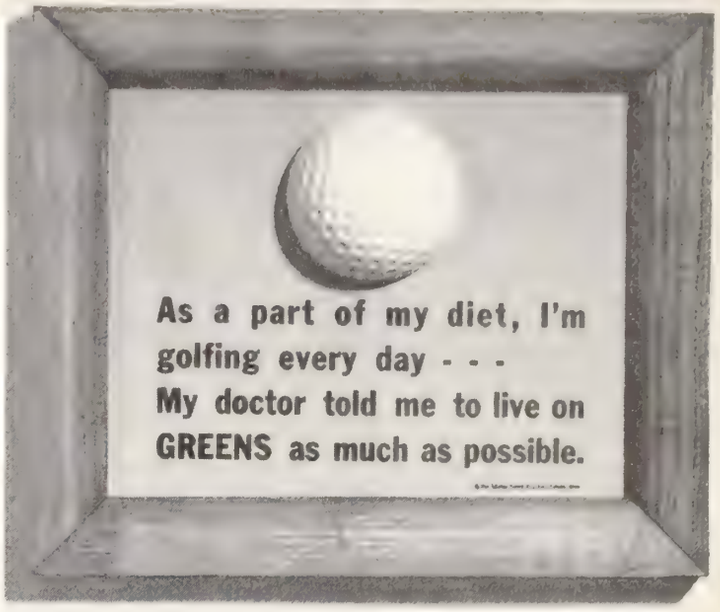


Key-Katch press-on pull-off discs in three different eye-catching colors are the key to instant discovery of keys in hand or shoulder bag. Fob can be transferred to any key holder. Pkg: one fob, chain, three mates. $2.98, two, $5 plus 35c post. Bleuette, Inc., HG12, 505 Fifth Ave., NY 10017.

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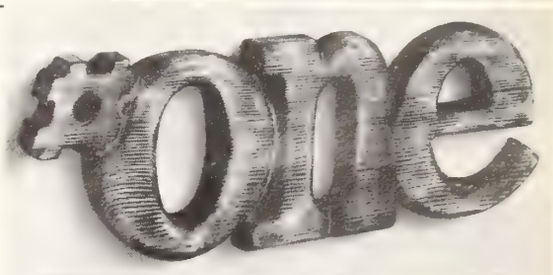
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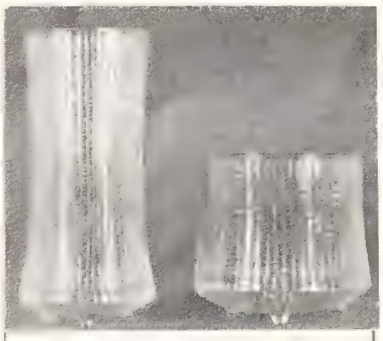
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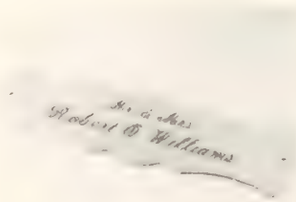
PLANT HANGER

Authentic replica of 1780 table leg, one from line of 1780-1800 copies in plant stands, shelves, hangers hand-carved in solid pine, hand-rubbed finish. 16"L., arm 12"; on black wrought iron bracket $16.95 ppd. The Village Craft Shop, HG12, 91 Main St., Monroe, CT 06468.



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SHOPPING AROUND

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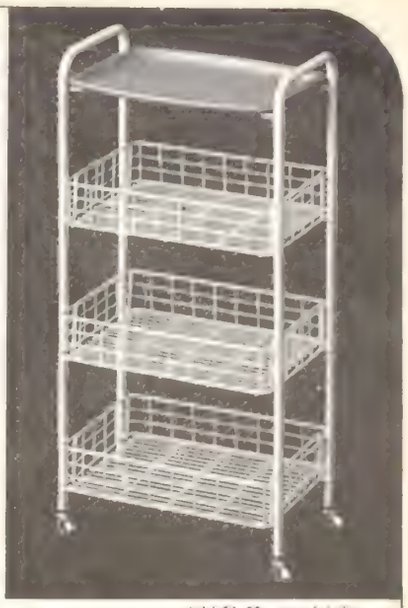
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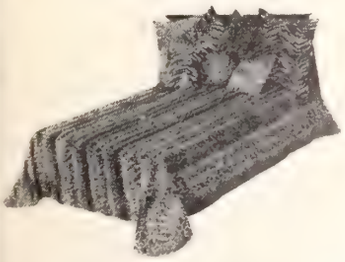
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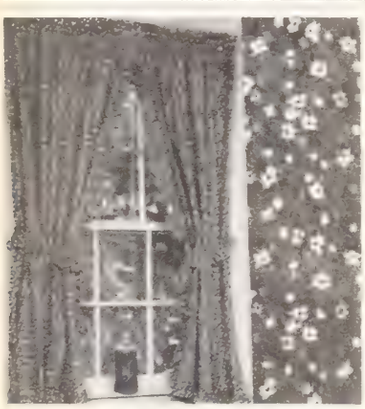
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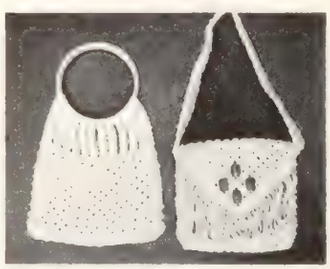
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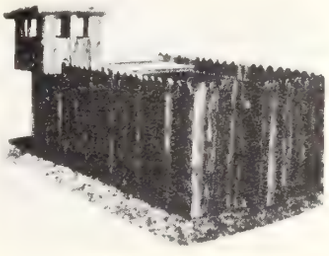
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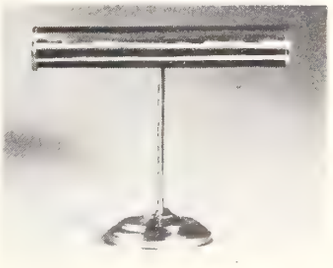
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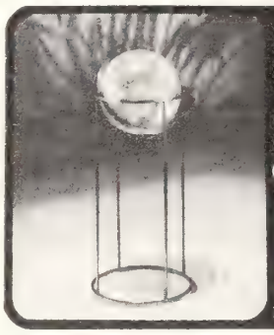
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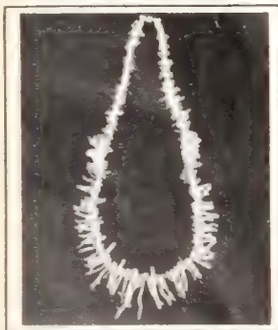
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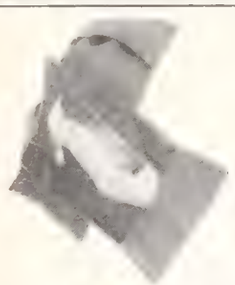
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Gibson Design Studio
77 [illegible]ington St. H12, Boston Ma 02114

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Unusual bracelet has 14 antique slide stickpin reproductions in antique gold-look setting. With varied replica gems: turquoise, garnet, emerald, diamond, coral, amethyst, pearl and lapis lazuli. $10 ppd. Jewelry catalogue 25c. Bonnie Sue Gifts, HG76, Box 253, Oceanside, NY 11572.



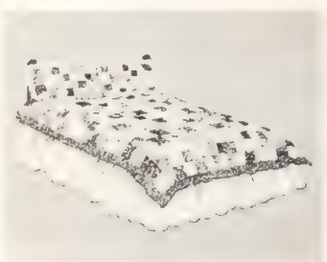
ANGELIC PEWTER CHOIR

Three instrumentalists and one choir-master angel are genuine American pewter. Figures are 1½" high. Charming to use in a center piece, mantel decoration or the Christmas creche. $4.98 a set of four plus 50c post. Lillian Vernon, GDE, 510 S. Fulton Ave., Mt. Vernon, NY 10550.



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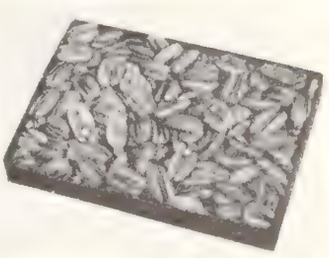
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Knee length chamois cloth dressing gown is for men at leisure (gals like it, too). Warm 100% cotton flannel in tan and bright red. Machine washable. Men's 34, 36, 38-40, 42-44, 46. Smaller sizes fit most gals. $33 ppd. L. L. Bean, HG12, 45 Main St., Freeport, ME 04033.



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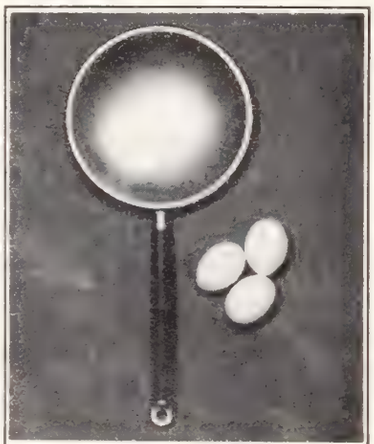


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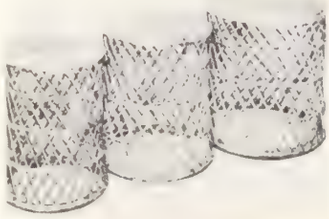
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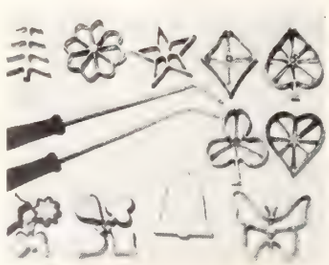
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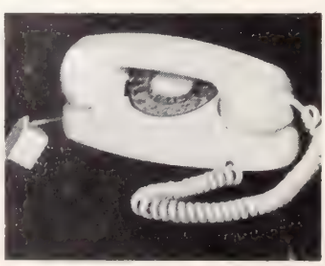
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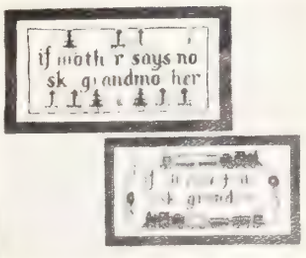
Clear crystal candle holder can also hold flower arrangements, shells, Christmas decorations. 12½" h., base/cup 5" dia., 5" d. $14.95. Candles (50 hours) red/pot pourri scent or green/pine, each $4. Ppd. The Cane Patch, HG12, 2205 Kings Hwy. No., Box 1382, Myrtle Beach, SC 29577.

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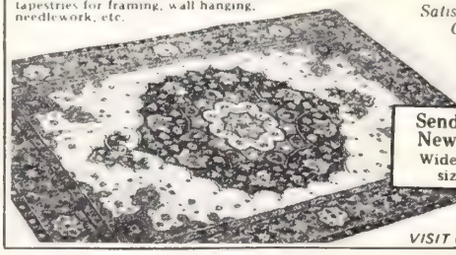
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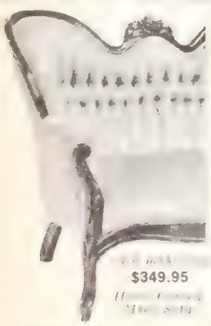


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Sango, 1976 Christmas plate, by the artist, Marvin Nye. You can feel the glow of the wood stove and smell the Christmas tree and Mother's cookies from the kitchen. How delightfully snug in their pajamas, fast asleep while waiting for Old St. Nick. Limited edition of 5,000, hand numbered, 8½", rimmed in 24K gold, back-stamped, ready to hang. Order now while our supply lasts.

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A DOLL TO DRESS

What little girl wouldn't love to find this jointed bisque replica under the tree on Christmas morning? She's creamy white and such fun to make clothes for. 5¼" tall. $6 each; two, $11. Ppd. Catalogue, $1. Federal Smallwares, HG11, 85 Fifth Ave., New York, NY 10003.



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Sterling silver bracelet watch from Switzerland. Incabloc 17-jewel (all rubies) movement in a lovely oval case on a slender wrist circlet. Shock-resistant, has a one-year guarantee. By Felicitas. $79.98 ppd. Lillian Vernon, GDE, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



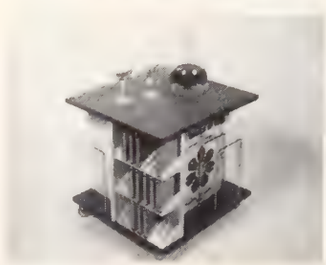
PISTOL-LAMP

Hand-crafted derringer replica, hand-blued finish. Non-firing. 7" walnut base. Overall 17" h. Old fashioned tin shade, green-enameled with reflective white inside. With bulb. $37.50 ppd. Color catalogue $2. The Muller Company, HG12, Dogwood Hollow, Miller Place, NY 11764.



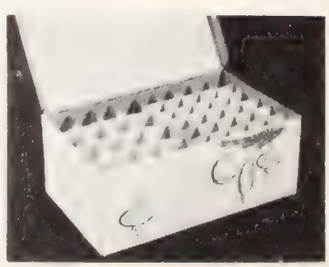
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Elegant acetate sheets, machine-washable! Black, red, white, gold, royal blue, avocado, silver, bronze, purple, tangerine, sunflower. Set: fitted bottom sheet, top, two cases. Twin, $19.50; double, $23; queen, $25; king, $29. Ppd. Royal Creations, HG12, 330 Fifth Ave., N.Y., NY 10001.



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Storage table for records, tapes and magazines is on casters to move wherever needed. 17¾" by 16½" by 17¼". White or rosewood finish resists stains, scratches, heat. Chrome dividers. $64 plus $3 ship. T-Square Designs, Ltd., HG12, 152 Berkeley Pl., New York, NY 11217.



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Nothing like preparing now for next Christmas. Ornament chest holds 92 ornaments of three sizes; space for eight sets lights, tinsel, other tree-trimming paraphernalia. 27" x 17" x 12". Assembles easily. $8.95, two for $17. Ppd. Write to Bruce Bolind, HG12, Boulder, CO 80302.

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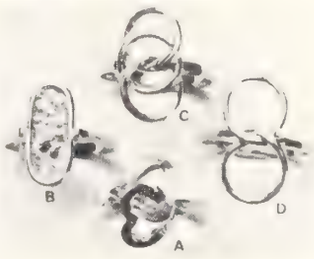
VIP CHOO-CHOO

All solid wood train painted in child-bright multicolors has child's first name engraved on brass plate on engine. Smooth nylon hooks at both ends of cars for switching. 9" l. $3.98 plus 50c post.; two, $6.98. Lillian Vernon, GDE, 510 S. Fulton Ave., Mt. Vernon, NY 10550.



INTERTWININGS

The contemporary look skillfully crafted in 14k gold rings. (A) entwined hearts; (B) filigree patterning caught in elongated frame; (C) trio of interlinked circles; and (D) two interlinked circles. 5-8. Each $39.95 ppd. Weisz Corp., HG126, 1196 Sixth Ave., New York, NY 10036.



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Anyone will know where Fido or Felix belongs when his ID tag tells all: name, address, telephone number (specify), all permanently engraved on a stainless steel disc. A reassuring "insurance"! $1 ppd. Free catalogue. Holiday Gifts, Dept. 312-F, Wheat Ridge, CO 80036.



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3 for $4.98

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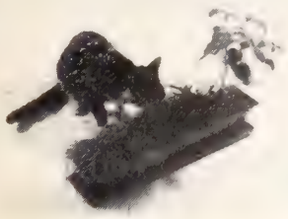
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Use Your Imagination "String Our Beads Anyway You Like"!

A. Genuine Amethyst Nuggets (deep purple) with liquid sterling silver, ONLY **$8.95**
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Kit includes choice of precious beads, chain, 2 clasps, supply of gold filled or S.S. beads, tiger tail wire and 1 S.S. or G.F. needle, up to 20" necklace. EASY instructions.
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KITTY'S SECRET GARDEN includes everything you need to grow essential greens and fresh catnip indoors—attractive windowsill container with drip tray, planting medium, veterinarian-recommended grass and catnip seeds plus easy instructions. A must for apartment kitties and for cats kept indoors in winter. Check or money order: $7.95 + $1.50 postage and handling. (Ca. res. add 6% tax.)

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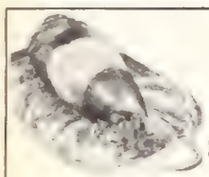
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A MICROWAVE OVEN ACCESSORY

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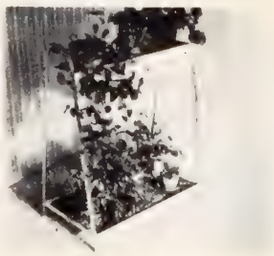


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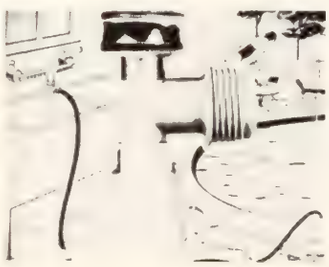
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Two tier lighted plant stand on chrome legs comes complete with two-light 20 watt fluorescent fixture. Top tray is 8" by 30" and lower, 17" by 30". 40" high. $49.95 plus $6.50 post. Two 20 watt Agro lamps, add $7.20. Radar, Inc., HGE1, 59 15th St., Brooklyn, NY 11215.



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Poly/cotton muslin, 86"w. pr., attached valance. 45", 54", 63", $14; 72", 81", 90", $16; insert 54" valance, $3; add one for double, two or more for wider window (on one rod) $1.75 post. Free catalogue. Colonial Maid Curtains, HG12, Lawn Ter., Mamaroneck, NY 10543.



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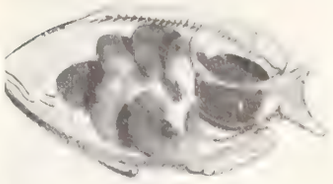
Fine china Christmas '76 plate has three adorable children by Joan Walsh Anglund standing in a snowy, holly-decked background. Plate is just right for holiday cookies, ribbon candy. $12 ppd. Call toll free 800/435-7746 or write Trein's, HG12, 201 W. 1st, Dixon, IL 61021.



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SLEEP IN LUXURY



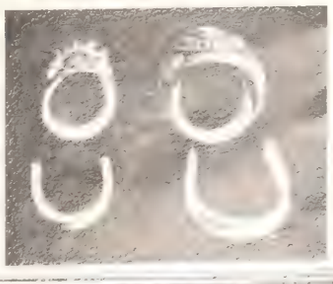
Sheets of acetate satin in white, blue, gold, bone, red, brown, mint green. Machine wash/dry. Set: two sheets, two cases (flat or fitted bottom sheet). Twin $22.50; full $23.50; queen $27.50; king $32.50. Ppd. Sloan-Peters, HG12, 160 Amherst St., East Orange, NJ 07019.

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5497 Mortar-Pestle Set $5.98

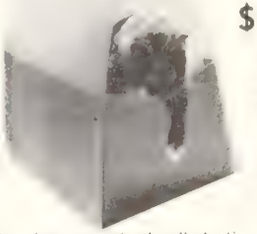
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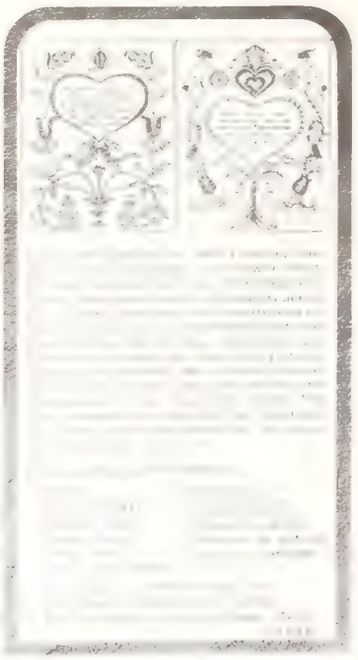
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COZY NOSE

At work or play keep a cold nose out of wind and weather with a striped wool nose warmer that ties behind the head. Fits all. Its red tassel bobs up and down as you walk along. $1.98 plus 20c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.



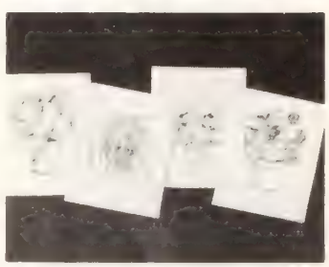
RING FOR SERVICE

Amusing bar bell adds fun to a party, makes a great gift. It has two built-in bells, a flat spot to prevent it from rolling. Flat black finish. Non-metallic material won't scratch furniture. 5" by 8". $9.95 plus $1 post. Things for Company, HGN, Box 180, Battle Creek, MI 49016.



DOWN COMFORT

Just like grandmother used to have, a selection of soft and snug comforters in a variety of coverings: down-proof satins, or non-skid cottons, all a joy to see—and snuggle under! Send for free samples and information to Alden Comfort Mills, HG12, Box 6070, Dallas, TX 75222.



PEN AND INK PRINTS

Quartet of favorite plants that requires no weeding or watering is done in brown ink on heavy ivory stock ready for framing. African violet, caladium, fern, geranium. 11" by 14" each. Set, $5 ppd. Three sets, $10. Salem Print Co., HG12, Box 11522, Winston-Salem, NC 27106.

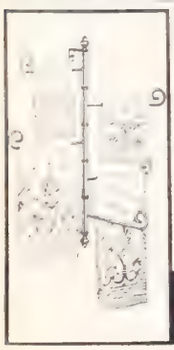


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412 S. E. Sixth Street
Fort Lauderdale, Fla. 33301

Shopping information

Prices approximate. *Consult your interior designer or department store decorating service. Postage or shipping indicated by ( ).

TREES OF JOY
Page 98:
On the tree designed by Robert Perkins: Hand-embroidered satin animals from China, including deer, horses, lions, sheep, fish, elephants, bears, ducks, chickens. In red, gold, white, black, pink, yellow, green, blue, brown—about 15 colors in all. From 1" to 7" long. $1.59 to $12.50 per animal depending on size and elaborateness of embroidery. $1.50 shipping for each order. From Chinese Emporium.
On the tree designed by Fabrications: Ready-made stuffed cotton ornaments, 4" to 7" long. Candy cane, stocking, and dove come in red or green with white stripes. Stocking also comes in white with thinner red stripes. Dove also in red with white "flower dots." Wreath and candle come in red or green with white polka dots. Heart comes in red with white Cook Collection "Hearts" print. All $2.50 each except the dove and wreath, which are $3.50 each. Add 75c shipping per order. Minimum mail order—any six ornaments. All from Fabrications.
Patterns for ornaments: Heart, stocking, wreath, candle, 2 others on a Fabrications pattern, 75c ppd. Candy cane and dove and 8 others on "Santa Pack I" pattern #1312 by Vogue-Butterick, $3 ppd. From Fabrications.
Finnish cottons—red or green with white Cook Collection diagonal "Stripe" and red and white heart print—54" width, 1½" repeat, $9.50 plus 75c shipping a yd. All other fabrics—including white with thinner red stripe—are American, 45" wide, $3 plus 75c shipping a yd. ¼-yd. minimum order, 75c minimum shipping charge. All from Fabrications.
On the tree designed by Bonté Patisserie: Miniature croissants (2" long) and brioches (1½" diam.), each $5.40 a dozen. Also: regular-sized croissants (4" long) brioches (2½" diam.), each $5.40 a dozen. Order 4 days ahead from Bonté Patisserie.
Tree designed by Robert Rufino for Henri Bendel: Artificial white tree, about 12' tall, sprayed with "snow," with hundreds of satin-finished Christmas balls, Japanese paper fans spray-lacquered to match, strands of tiny Italian lights. About $850. Custom order from Robert Rufino, Visual Planning Dept., Henri Bendel.

DECK THE HALLS
Page 106
Bird's nest wreath: from 12" to 15" diam., $25 to $45 plus shipping. From Ronaldo Maia Flowers.
Cedar decorations by David Jones: Rope garland, $5, $7.50, or $10 per ft., depending on trimmings. Wreath prices on request. From David Jones Custom Florist.
Popcorn-ball wreath: With nuts, tiny pine cones, peppermints, frosted "berries," glazed with "diamond dust," tied with velvet ribbon. About 21" diam., $80 ($5). Designed by Joseph Villano. From L'Eglise.
Page 107
Blue spruce wreath sprayed with "snow": With velvet bows. 15" diam., $50; 36" diam, $150. Shipping additional. Designed by Ray Kohn. From George Cothran Flowers.
Stuffed wreath: Ready-made in red, green, and white stripes (shown) or in red with white "Hearts" print, 18" diam., $42 ppd. Or make it yourself with "Santa Pack III" pattern #1541 by Vogue-Butterick, which also includes patterns for a child's drum pillow, Christmas tree centerpiece, place mats, a log carrier, drawstring wrapping bags. $3 ppd. All three fabrics—red or green with white diagonal "Stripe" and red with white "Hearts" are Finnish cottons, 54" wide, 1½" repeat, by the Cook Collection, $9.50 plus 75c shipping a yd. Wreath requires total of 1½ yds. All from Fabrications.
French cotton foliage wreath: With tiny mistletoe "berries," white velvet balls, and a bow. 15" diam., $75; 36" diam., $160. Shipping additional. Designed by Burton Braff. From George Cothran Flowers.

INVISIBLE PRESENTS
Pages 134-135
Additional information on items also available by mail:
Nest of three acrylic end tables: Large, 18" x 15" x 18" high. Medium, 16" x 15" x 17" high. Small, 14" x 15" x 16" high. All three $119 (or $160 packed plus $9.08 shipping). Individually, $50, $45, $40, respectively (or each $57 packed plus $4.01 shipping).
Backgammon set: Cork-on-acrylic board, 20½" x 17" x 1¾" high. With red, black, smoke, white acrylic men (choose any two colors), mottled ivory-colored vinyl dice cups, red and white dice. $34 (or $47 packed plus $2.32 shipping). Custom colors and sizes additional.
Acrylic vanity table or desk: ½-inch thick with bracing bar midway down the back. 38" x 16" x 30" high. $119 (or $170 packed plus motor freight collect). All three from Plexi-Craft Quality Products.
Acrylic salad or punch bowl with ice-textured surface: 21½" diam., 6¼" maximum depth. Alcohol- and stain-resistant. $27.50 ($3.50) from The China Closet.
Acrylic high-sided vanity bench: ½" thick, 20" x 17½" x 25" high. $125 (or $166 packed plus motor freight collect).
X-shaped acrylic storage unit: 27½" x 12" x 27½" high. Clear, $59 (or $80 packed plus $4.86 shipping). Smoke, $66 (or $90 packed plus $4.86 shipping). Both from Plexi-Craft Quality Products.
CORRECTION: The pewter reproductions created by Price Glover in the September issue, a spoon on page 115, and the English naval mess bowl on 117 should have been credited to their shop, Price Glover Inc., 57 East 57th Street, New York, N.Y. 10022.

Building Facts

Materials and equipment in house on pages 130-133
ARCHITECT: Louis H. Huebner
INTERIOR DESIGNER: Richard Huebner
CONTRACTORS: Original house and remodeling: Von Frank & Gale, Inc. Pool enclosure: William Thompson.
SIZE OF HOUSE: 2,490 square feet plus 1,280 square feet in enclosed pool area.
SIZE OF LOT: 1 acre
STRUCTURE OF HOUSE
Foundations: Poured concrete footings supporting concrete block foundation walls.
Framing: Conventional construction of walls, floors, ceilings, and roofs.
STRUCTURE OF POOL ENCLOSURE
Framing: Wood post and beam framing of pool enclosure above 6-inch fir decking [illegible] boards.
Roofs: On pitched roofs, cedar shingles; on flat roofs, layers of bituminous coated building paper.
Insulation: In exterior walls, 4-inch batts of rock wool with vapor barrier; in roofs, 4-inch batts of rock wool by Johns-Manville Corp.
Windows: In dining room and garden room wing, fixed glass panels. In pool enclosure, wood frame awning type windows by Andersen Corp.
Skylights: In living room, second floor bathroom, pool house—plastic skylights.
Doors: In house, single glass panel swinging double doors and wood paneled double front door; in garden room, aluminum frame sliding glass doors; in pool house, Arcadia aluminum frame sliding glass doors by Northrup Architectural Systems. Exterior security doors: Wood frame doors slide on barn hardware.
INTERIOR OF HOUSE
Interior walls: Wallboard panels. In kitchen, backsplash behind countertops, ⅜-inch ceramic tile.
Ceilings: In living room, bedrooms, kitchen, and bathrooms, cedar boards. In dining and garden rooms, wal board panels between exposed wood beams.
Interior finishes: On wal's, white paint; on cedar board ceilings, natural finish.
Floors: In living room, oak strip floor, bleached; in garden room, 6-inch brown quarry tile; dining room vinyl tile in slate pattern and kitchen vinyl tile in brick by Armstrong Cork.
Lighting fixtures: In pool house and dining room, canister type downlights by Prescolite Mfg. Co.; in garden room and kitchen, white enameled hanging fixtures.
Fireplace: In garden room, prefabricated metal fireplace by Majestic.
Hardware: Chrome, by Sch age Lock.
Music system: Two speakers and turntable by Panasonic; Pilotuner, tuner by H.H. Scott.
Deck furnishings: Table and chairs, umbrella, steamer deck chairs by Bailey-Huebner, Inc.
Table accessories: China, glass, Oxford cloth napkins, silver, baskets by Bailey-Huebner, Inc.
Kitchen cabinets: Custom-made, walnut finish.
Kitchen countertops: White Formica.
Plumbing fixtures: In kitchen, stainless steel sink by American-Standard Co.; in bathroom, white fixtures by Kohler Co.
EQUIPMENT AND APPLIANCES
Appliances: White porcelain-finish range, with oven and four-burner electric top, and refrigerator by Westinghouse Electric Corp.; under-counter dishwasher by General Electric Co.; range, ventilating fan, "Kenmore" by Sears Roebuck & Co.; bathroom ventilating fan by NuTone Div., Scovill Mfg. Co. In laundry, "laundry center" by Frigidaire Div., General Motors.
Water heater: 40-gallon by Rheem Manufacturing Co.
Heating system: In original house, forced warm air heating; in dining and garden room wing, electric grid baseboard heating units; in pool house, forced warm air heating with furnace by The Singer Co. Thermostats by Honeywell. Pool heater by Bryan.
Swimming pool: "Enchanted Pools," by Suffolk.

Store directory

B. ALTMAN & COMPANY, 361 Fifth Ave., New York, N.Y. 10016
BAMBERGER'S, 131 Market St., Newark, N.J. 07101
BLOOMINGDALE'S, Lexington Ave. at 59th St., New York, N.Y. 10022
BONTÉ PATISSERIE, 1316 Third Ave., New York, N.Y. 10021
BRENTANO'S, 586 Fifth Ave., New York, N.Y. 10036
CACHE-CACHE, 758 Madison Ave., New York, N.Y. 10021
CHINESE EMPORIUM, 154 W. 57th St., New York, N.Y. 10019
DAVID JONES CUSTOM FLORIST, 8591 Sunset Blvd., Los Angeles, Cal. 90069
FABRICATIONS, 146 E. 56th St., New York, N.Y. 10022
FOLIO 72, 888 Madison Ave., New York, N.Y. 10021
FRAN OH CELLARS, 2321 Bonnie Brook Dr., P.O. Box 7462, Stockton, Cal. 95207
GEORGE COTHRAN FLOWERS, 238 E. 60th St., New York, N.Y. 10022
GIMBELS, Broadway & 33rd St., New York, N.Y. 10001
HAMMACHER SCHLEMMER, 147 E. 57th St., New York, N.Y. 10022
HENRI BENDEL, 10 W. 57th St., New York, N.Y. 10019
HUDSON'S, 1206 Woodward Ave., Detroit, Mich. 48226
ISOBEL WORSLEY, 210 E. 58th St., New York, N.Y. 10022
L'EGLISE, 630 Wyckoff Ave., Wyckoff, N.J. 07481
LIBERTY HOUSE, 120 Stockton St., San Francisco, Cal. 94108
LUCIDITY, 775 Madison Ave., New York, N.Y. 10021
MILLER & RHOADS, Broad & 6th Sts., Richmond, Va. 23219
PLEXI-CRAFT QUALITY PRODUCTS CORP., 195 Chrystie St., New York, N.Y. 10002 (mail order catalogue, $1)
RICHARD V. HARE INTERIORS-ANTIQUES, 130 E. 75th St., New York, N.Y. 10021
RONALDO MAIA FLOWERS, 27 E. 67th St., New York, N.Y. 10021
THE CHINA CLOSET, 6807 Wisconsin Ave., Chevy Chase, Md. 20015
THE DIFFERENCE IS, 2101 Richmond Rd., Beachwood, Ohio 44122
WOOLWORKS, 783 Madison Ave., New York, N.Y. 10021

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For the gardener in winter

1977 calendars for gardeners, carpet-saving plant saucers, and advice on violets and cymbidiums

By James Fanning

Violet fancy

The latest—and last—book by Doretta Klaber is titled simply *Violets of the United States* (A.S. Barnes and Co., $40). One of the great ladies of gardening, Mrs. Klaber devoted her life to the appreciation of small-scale plants. Violets—*Viola* to the botanist—have needed just this kind of affectionate appraisal. Finished at the time of her death in 1974, the book will undoubtedly join the list of Mrs. Klaber's already classic works on rock gardens, gentians, and primroses. Plant descriptions are clear and easy to understand and avoid arcane botanical terminology. Each species is shown in watercolor, with line drawings of botanical details wherever they may be helpful.



"Viola septemloba," from "Violets of the United States."
A.S. BARNES AND CO.

How dry am I

Be kind to your Christmas plants—the ones you give, that is. It's cruelty to plants to send azaleas, primroses, or gardenias to live in an overheated, desert-dry apartment. Cactus, euphorbia, and dracaena will take those conditions, but not much else will thrive. You're being unkind to the recipients as well, burdening them with something they are not prepared to cope with. So the wise rule is give Christmas plants only to people who can give them the right kind of care. When in doubt, consult your florist, who may recommend a gift of cut flowers instead. A pretty good idea, actually, since everyone knows a bouquet has a limited life expectancy. Even the incorrigible brown-thumber can handle cut flowers successfully.

Calendars for cultivated people

Thalassa Cruso never does things by halves. In putting together a calendar, for instance, she includes three entire years—1977 through 1979. *Thalassa Cruso's 3 Year Gardening Almanac and Calendar* (Knopf, $5.95) has an oversized page for each of the 36 months, all crammed with pictures and practical information about everything related to gardening. Also, every one of the 1,095 days has its own space for keeping track of appointments and events. Following its annual custom, The New York Botanical Garden has also published a handsome 1977 calendar, not surprisingly called *The New York Botanical Garden Calendar*. Each of the 12 pages has a full-color reproduction of one of the plates from *Hortus Eystettensis*, dating back to 1613. Every day has its space for notes, and there are brief descriptions of the flowers illustrated. Available from The New York Botanical Garden, Bronx, N.Y. 10458 for $6.95, plus $1.25 postage.

Easy orchids

Cymbidiums, like those on page 116, are probably the easiest of all orchids to grow. They need space, to be sure, for their dense leaf clusters and arching stalks of bloom, and the roots require large pots or tubs. Otherwise, their only inexorable demand is for low temperatures at night. Cymbidiums simply refuse to flower unless they go through the night at a temperature no higher than 55 degrees. In the mountains of southeast Asia where they originated, temperatures often go down to freezing at night so, short of really hard frost, there is no lower limit for the temperature range. A room air-conditioned to 55 degrees at night is ideal, since it also has the air circulation that cymbidiums need. As for light, cymbidiums need a bit of protection from the hottest midday sun, but should have full sunlight in morning and afternoon. They need a constant supply of moisture; however, they must never become soggy at the roots, so a porous, quick-draining soil is called for. An ideal mix consists of one-half shredded fir bark with 30 percent peatmoss and 20 percent sand, plus a sprinkle each of crushed limestone and superphosphate. The porous soil mixture calls for frequent watering, plus misting or sprinkling of the leaves. Yellowing leaves usually mean too much water, brown tips too little. There is no special fertilizer requirement, except that it should be a balanced formula, applied in small amounts at intervals of about a week. Late in summer, when flower buds begin to form, the fertilizer balance should emphasize phosphorous and go easy on nitrogen.

One of the best books on orchid growing—with specific instructions for all the usual kinds—is *Orchids You Can Grow* (Hawthorn, $12.95) by Harry Britton Logan.

Breaking the ground rules

If an order of spring-flowering bulbs arrives late, don't worry, plant them anyway. Even if you have to break through a crust of frozen ground, as long as the soil

w is loose and workable, roots grow and push up next spring's ers right on schedule. Daffodils be set back somewhat, but s and most other spring bulbs turn in a first-rate perform- even if planted weeks later the books and catalogues ify. Settle the earth with a l watering after planting, then ad a light mulch to keep frost n going too deep too soon, and bulbs will respond as though ning had happened.

A hose to use indoors

r indoor gardener is bound to pleased by the gift of a gadget implify the task of watering. ing a cue from the outdoor den hose, Casa Planta, of Van ys, Cal., is manufacturing a e designed specifically for use oors. Called "Little Squirt," the foot length of spaghetti-thin stic hose attaches to any indoor cet. There is a drip-proof shut- at the delivery end, with an ex- sion long enough to reach most ging plants. Next-to-weightless, onspicuous enough to be left und when not in use, Little irt is available in houseware l garden supply shops every- ere; about $12.95.

All spruced up

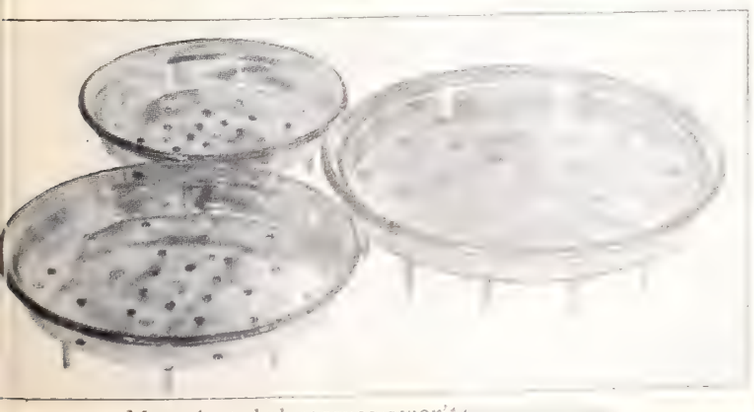
e Colorado and Norway spruces page 94 are only two of the bet- known representatives of this pular group of evergreens. ite spruce, *Picea glauca,* a rth American native, has short- needles and smaller cones than its Norwegian relative, and is generally more resistant to pests. Practically all the spruce species have dwarf weeping or contorted forms, useful in large rock gardens or as fantastic points of interest. Dwarf Alberta spruce, *P. albertiana conica,* resembles a pyramid of bright green moss and has no equal as a small tree for formal accents. Most aristocratic of the spruces, though, is the Serbian species, *P. omorika.* Fine-textured, with a silvery sheen, it is more pest-resistant than some of its relatives, hardy well into Canada, and develops eventually into a 100-foot Monarch. Colorado, Norway, and white spruces are common in nurseries everywhere outside the tropics. Ask about other species and varieties of spruce—nurserymen who don't keep them in stock generally know where to find them.

TLC for tools

Before hanging up garden tools for the winter, make sure they're clean. Scrape off soil, scrub away sticky plant juices, fertilizer residues, or what-have-you, and polish up the metal with steel wool. Touch up cutting edges with a file or sharpening stone, and sandpaper wooden handles that may have become rough from weather or hard use. If you paint your tool handles as a means of identifying them, now is the time to renew the coating. As a final touch, go over all bare metal with an oil-dampened cloth. All this will pay off, come spring, in tools that are ready to go to work at maximum efficiency as soon as they are needed.

New saucer saves carpets

ants and carpets simply don't go gether, or so, at least, indoor rdeners have always believed. ie problem is that the saucer un- r the flowerpot dents the carpet , even worse, collects moisture d encourages mold. A clever w flowerpot saucer seems to ve solved the problem, though. ires Carpet Care Plant Trays are ised on pointed feet. These go tween the carpet tufts, so leave no trace when the tray is moved. There are enough feet to distribute weight evenly, while holding the tray well above the carpet. Carpet Care trays, in clear and terra cotta, are available by mail from Stires & Co., P.O. Box 81066, San Diego, Cal. 92138. An 11½-inch tray is $6.95, a 9-inch tray, $5.45, a 7-inch, $3.95. Prices include postage; all dimensions are inside bottom diameter.



Many-footed plant saucers won't



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1. Location of known office of Publication is 350 Madison Avenue, New York, New York 10017.

2. Location of the Headquarters or General Business Offices of the Publishers is 350 Madison Avenue, New York, New York 10017.

3. The names and addresses of the publisher, editor and managing editor are: Publisher, Ralph F. Timm, 350 Madison Avenue, New York, N.Y. 10017; Editor, Mary Jane Pool, 350 Madison Avenue, New York, N.Y. 10017; Managing Editor, Coralee Leon, 350 Madison Avenue, New York, N.Y. 10017.

4. Owner: The Condé Nast Publications Inc., 350 Madison Avenue, New York, New York 10017. Stockholder: Through intermediate corporations to Advance Publications, Inc., S. I. Newhouse, sole voting stockholder.

5. Known bondholders, mortgagees and other security holders owning or holding 1 percent or more of total amount of bonds, mortgages or other securities are: None.

6. Extent and nature of circulation

	Average no. copies each issue during preceding 12 months	Single issue nearest to filing date
A. Total no. copies printed	1,311,932	1,419,637
B. Paid circulation		
1. Sales through dealers and carriers, street vendors and counter sales.	328,518	385,000
2. Mail subscriptions	812,689	801,493
C. Total paid circulation	1,141,207	1,186,493
D. Free distribution by mail, carrier or other means, samples, complimentary, and other free copies	31,658	23,745
E. Total distribution	1,172,865	1,210,238
F. Copies not distributed		
1. Office use, left-over, unaccounted, spoiled after printing	9,900	6,399
2. Returns from news agents	129,167	203,000
G. [illegible]	1,311,932	1,419,637

I certify that the statements made by me above are correct and complete.

(Signed) Ralph F. Timm, Publisher.

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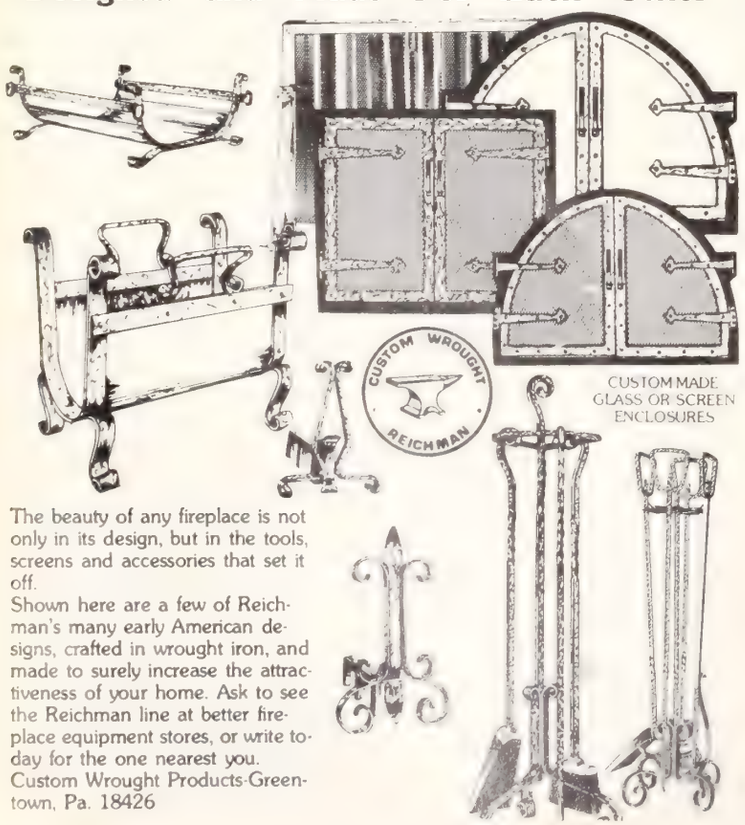
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Marvelous ideas to help you plan and shop are in the booklets below and they're yours for the asking. You can order them directly from House & Garden—send for the ones you want today. Just fill out and return the order coupon, circling the number of each booklet desired, enclose 50c for postage and handling, plus any additional charge as indicated next to the booklet number, and we'll see to it that your booklet requests are filled as quickly as possible. Please do not send stamps; coins, check, or money order may be used.

Building and Remodeling

1. "THE FINISHING TOUCH." This 12-page illustrated booklet is a beginner's guide to easy, enjoyable wood finishing. It provides step-by-step instructions and helpful hints on finishing or refinishing wood. United Gilsonite Laboratories. 25c

2. REMODELING OPPORTUNITY. Informative booklet discusses time- and money-saving features of new siding. There are a variety of excellent siding materials to choose from and a long list of experienced dealers to help you redecorate the outside of your home. The Aluminum Assoc. 25c

3. "HOW TO MAINTAIN THE BEAUTY OF CERAMIC TILE." Six-page folder lists ceramic tile cleaning procedures for sanitary areas, quarry tile floors, counter tops, general purpose areas; includes stain-removal guide. American Olean Tile Company.

4. FASHION KITCHENS. Beautifully illustrated color booklet from the St. Charles Manufacturing Company offers you a preview of its versatile kitchens. Each kitchen, from color to cook tops, is custom treated to match the house and needs of the family living in it. $2

5. THE NEW GENERATION COLLECTION from Scholz Design Homes is shown in this handsomely illustrated catalogue. These homes offer classic design and distinctive styling in a back-to-the-basics home —utilizing every space to the maximum—reflecting the modern family's lifestyle. $8.50

Decorating

6. "LIBRARY OF 18TH-CENTURY ENGLISH AND AMERICAN DESIGNS," a 180-page catalogue illustrating timeless quality of Kittinger furniture, renowned Williamsburg Furniture Reproductions and, Historic Newport Reproductions. Includes a dictionary of furniture design and executive office furniture. $6

7. FUNCTIONAL ACCENT FURNITURE. Three informative brochures illustrate and describe the multiple styles of functional accent furniture. Groupings include: Burnt Chimneys—a collection of authentic Early American styles; Charter—a collection of classic styles in Bianca finish on printed burl; and Old Salt —a group of nautical inspired designs reflecting the tradition of the sea. Gravely Furniture Co., Inc.

8. A WORLD OF ORIGINAL METAL SCULPTURES by Artisan House. Color brochure shows many original wall sculptures detailed in the richness of bronze, brass, and copper with antique finishing.

9. COUNTRY FURNITURE IN THE ENGLISH STYLE. Henredon's Folio Twelve. A collection of informal dining room, bedroom, and occasional furniture in the English style used in country manor houses of England and Colonial America in the 17th and 18th centuries. Henredon Furniture Industries, Inc. $1

10. LIGHT UP YOUR LIFE with specially designed lighting fixtures from King's Chandelier Co. Each order is assembled from selected parts according to your specifications from designs shown in the King catalogue. $1

11. YOU'LL APPRECIATE THE ABUNDANCE of furniture to choose from in American of Martinsville's consumer pamphlets: *"American Ancestry," "Palencia," "Contemporary Manner,"* and *"Avanti."* Beautiful color photographs illustrate everything from Early American bedrooms to Italian dining rooms.

Eating and Entertaining

12. THERE IS A NEW SPIRIT LOOSE IN THE KITCHEN—Johnnie Walker Red. Exciting booklet gives a variety of recipes from appetizers to desserts including flaming spectaculars using Johnnie Walker Red, fine Scotch whiskey. Somerset Importers Ltd.

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December, 1976

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13. "THE POTATO LOVER'S DIET COOKBOOK" by Barbara Gibbons, well-known author of the syndicated newspaper column *"The Slim Gourmet."* This booklet is a collection of her favorite potato recipes, plus a few basic rules to help you reduce sensibly and successfully. The Potato Board. 35c

14. WHICH ARE THE MOST WIDELY USED KNIVES? What are some of the other kinds of specialty knives? These questions and many other helpful points about "How to Choose and Care for Household Cutlery," are discussed in an informative brochure from W. R. Case & Sons Cutlery Company. 25c

15. "MR. BOSTON DELUXE OFFICIAL BARTENDER'S GUIDE." Newly designed and revised hardcover book now contains over 1,000 recipes including 400 new cocktail recipes. A section has been set aside for a liquor dictionary; bar hints are also offered, as are descriptions of equipment, measurements, and other aids. Brought to you by Glenmore Distilleries Co. $2.95

16. MAKE EVERY FOOD A CONVENIENCE FOOD. Magic Chef microwave ovens for cooking roasts, vegetables, even puddings. The secret is in the solid-state heat control. Pamphlet highlights important features: split-second heat control, digital timer, defrost guide, reinforced door.

17. SOMETHING ALMONDINE is always something better, from savory appetizers and soups, to nourishing main dishes, vegetables, and salads, to delicious desserts, candies, and breads. Recipes for all of them are beautifully presented in a colorful booklet from the California Almond Growers Exchange. 50c

18. RESEARCH SHOWS that while some consumers find nutrient labeling of packaged foods helpful, many are unsure of what the information means or how to make it work for them. Informative reference booklet "Nutrition Information Can Work for You" will help you better understand this important subject. General Foods.

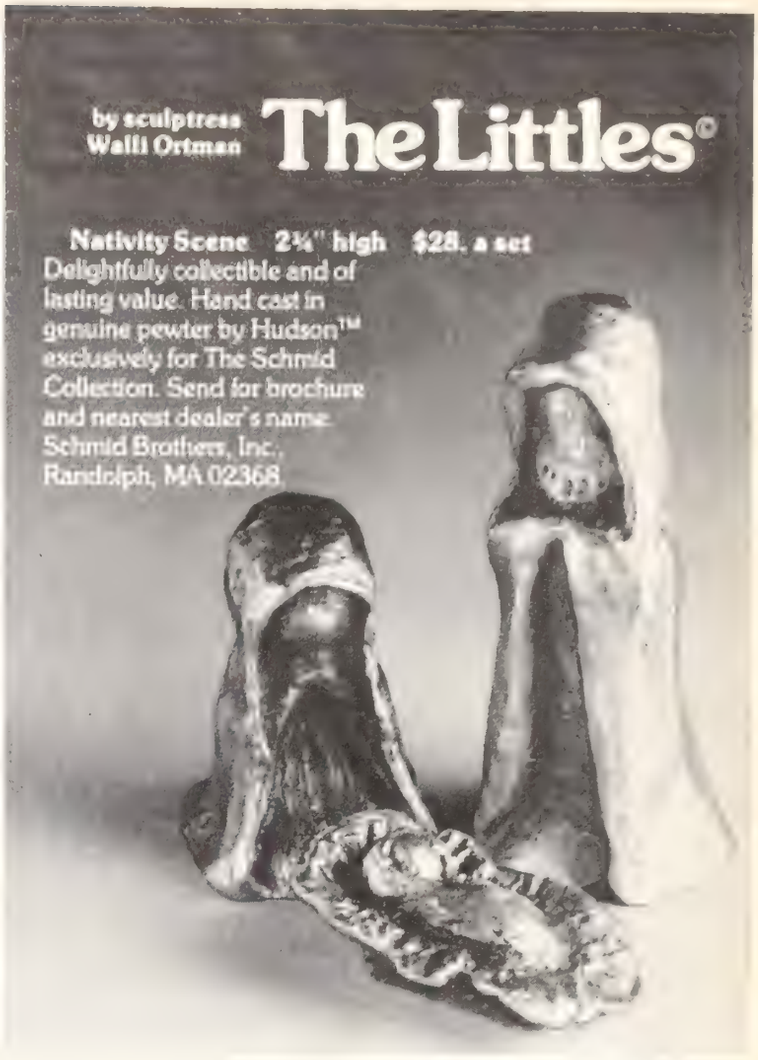
19. "THEY'LL LOVE IT!" Handy little book gives recipes for easy taste treats with Eagle Brand Sweetened Condensed Milk. There are 64 variations for scrumptious desserts, tempting appetizers, salads and snacks, luscious candies, luxurious drinks. Borden. 25c

Potpourri

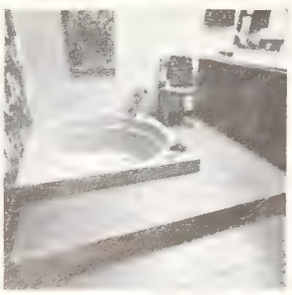
20. "39 BEAUTIFUL WAYS TO SAY 'MERRY CHRISTMAS'." Delightful booklet from Elmer's gives lots of nifty projects to put together for the holidays: scraps into wraps, plant candles, glow lights, table trees, and boxes to keep are just a few. Included are instructions.

Travel

21. CONDOMINIUM LIVING [illegible] town



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Ceramic Tile Idea Book

Tax strategies

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your principal place of business, or the place where you normally meet or deal with clients, patients, or customers. For another, it must be used exclusively for that purpose. And finally, it must be used regularly as your place of business. If you meet those tests and work for yourself, you have nothing to worry about. If you work for someone else, the office at home must be maintained for the convenience of your employer. People who have a regular job and work part time at home as consultants or free-lancers may well be out of luck; the law is very ambiguous, and most tax accountants aren't really certain whether a free-lancer can take this deduction or not. While this new rule *applies to 1976*, some tax men feel that the chances of being audited for an office-at-home deduction this year are fairly slim, because the IRS is just as confused with the new law as everybody else is.

However, here are two broad exceptions to these rules that you may be able to take advantage of: First, you can deduct the cost of an office at home if you use a separate structure on your property regularly and exclusively as your "place of business." Second, you can take the deduction if your home is the "sole, fixed location" of a product-oriented retail or wholesale business and a room is used to store inventories. (According to one tax attorney, that's an Avon Lady clause.) Whatever you do, don't try to deduct more office at home expenses than you make from your business. It won't wash with the Internal Revenue Service.

While the new rules are strict, they do not wipe out the office at home deduction for the thousands of wives who have recently started up sideline businesses, such as needlepoint designs, mail-order firms, or whatever. In fact, many women will probably start setting up these kinds of businesses simply to preserve the office-at-home deduction their husbands have lost because of the tax reform bill.

Tips for investors

If you own a vacation home that you rent, or if you have some other kind of investments in real estate, step up planned maintenance and repairs so that they're done this year. Of course, you have to be able to prove that you're investing for a profit. And take special note of the recent tax reform bill. Under the new rules, which apply retroactively to 1976 in this instance, the amount you can deduct depends on how much you use your vacation home in relation to how often it's rented. For example, if your use of the vacation home amounts to more than 10 percent of the time it's rented, or to more than two weeks, your deductions for maintenance and depreciation can be no greater than what you get in rental income, minus what you deduct for mortgage interest payments and property taxes.

It's not really quite as complicated as it sounds. Put simply, if you receive $4,000 in rental income and deduct $1,000 in interest and $1,000 for property taxes, you could deduct $2,000 for depreciation and maintenance expenses. And here's a beautiful example of a loophole—simply stay at your vacation home for 13 days instead of two weeks, and you'll be able to deduct *all* depreciation and maintenance costs, even if they exceed the $4,000 rental income.

Taking stock

It's especially important for stock market investors to pay heed to the new tax bill. Starting next year, the holding period to determine capital gains and losses will lengthen. In 1977, any securities held for less than nine months will be treated as a short-term gain or loss. Anything held longer than that will be treated as a long-term transaction (right now, the demarcation point is six months). And in 1978, securities held for less than a year will be treated as short-term losses or gains.

What's more, you'll be able to use net capital losses to write off more of your regular income. Next year you'll be able to write off $2,000 of your income, compared to $1,000 now. For example, if you had a capital gain of $2,000 on one stock and a capital loss of $4,000 on another, you'd have a net loss of $2,000, which is deductible. And in 1978, you'll be able to write off $3,000 of ordinary income. Thus, it might be worth your while to hang on to a losing stock until the first business day of January, so that you can get the greater write-off next year.

If you want to qualify for a market loss this year, you have to sell the stock by December 31, which is the last business day of the year. (With short-term losses, you can take a dollar-for-dollar deduction. With long-term losses, you need $2 in losses to reduce your income by $1.) Any losses not used this year can be carried over into the future to apply against next year's income. Whatever you do, don't repurchase a stock you've sold for a loss until 31 days have passed—you will lose your deduction. If you think the stock is going to do well, either wait 31 days, or buy the stock of another company in that industry. (A broker can probably give you a long list of "tax swap" candidates.)

If you're worried that one of your stocks may not fare too well next year, you can sell the stock after December 27 and automatically defer the gain into 1977. Because gains on stocks aren't recognized until five business days after the sale date, the gain won't be recognized until next year. If you want to nail down the gain this year, make it a cash sale—where sale, payment, and delivery all take place on the same day.

Alternatively, you can sell a stock at its current price and defer the gain on it into next year by selling under seller's option rules. By doing that, you can delay delivery of the stock (as well as the payment and receipt of income) for up to 60 days.

Consider income-averaging

If your income jumped substantially this year, you may be able to save quite a lot on taxes by income-averaging your earnings over the past four years. (Anyone whose income has jumped can income-average.) The greater the difference in your income from year to year, the more you stand to save by doing this. If income-averaging looks like a real possibility, you may want to limit your capital losses for the year. Reason: You have to include one-half of your capital gains when you income-average, and capital losses, obviously, reduce the net gain. Note also that your capital gains, along with your other averaged income, will be taxed as ordinary income. Hence, you should work out your taxes both ways—with and without averaging—to see which one gives you a better tax break.

Foreign conventions

If you've been debating whether or not to go to a convention abroad this year, you should seriously consider doing it. It may well be the last time you'll be able to deduct the cost of going to a convention or seminar overseas. Starting next year, you will only be able to deduct the cost of an out-of-the-country convention if the organization holding it has a compelling reason why it must be held abroad.

Even if the convention abroad is valid, you will only be able to deduct the cost of coach or economy fare—even if you go first class. Moreover, you can only deduct the fare if you spend more than half of your time on the trip abroad on business-related activities. And, your deductions for living costs while abroad will be limited to the government's official per diem allowance for the location. As you might have guessed, Uncle Sam isn't too generous. For example, in Paris, your deduction would be limited to $90 a day—about what some restaurants charge for a meal for two. And in the Canary Islands, you could deduct no more than $34 a day.

A smart move

If you're thinking of moving, you'd be wise to postpone it until the first of the year. Starting in 1977, you'll be able to deduct up to $3,000 of your moving expenses. You can now deduct no more than $2,500. Furthermore, you can deduct moving costs as long as you move 35 miles or more away from your present home. If you moved this year, you'd have to relocate at least 50 miles away. ■

Keep in shape this winter

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as I do, that skating is not just great exercise, it's something you'll look forward to doing!"

Jogging

"Jogging is excellent exercise," says Dr. Nagler, "as long as you are in good physical condition. Jogging on snow is all right, but people who jog constantly on concrete can come up with joint problems, so watch where you do it. Also, in winter, you should start slowly, because your air tubes or lungs can contract in very cold weather when the cold air reaches them." The effect is rather the same as when you put your fingers in the freezer for any length of time. Cold air imposes an added load in the system, so if you have bronchial trouble, consult your doctor before setting off on a jogging program. "Otherwise, my advice is, build up slowly—a 30-minute jog is perfectly adequate for most people."

Cross-country skiing

"Cross-country skiing is phenomenal exercise," says Dr. John L. Marshall, Director of Sports Medicine at New York's Hospital for Special Surgery, and orthopedist for the U.S. Ski Team. "It is mainly an endurance sport and it has the same effect as jogging, playing tennis, or swimming—activities you can't do so easily in winter. But remember this vital rule: *You should get in shape to play rather than play to get in shape.* This means you should have some knowledge of the sport first before you try it, and also good strong legs and abdominal muscles—which means sit-ups." Dr. Marshall feels the key to winter sports is flexibility, so warm up to some degree before you start—especially important for people over 35. Cross-country skiing—and its companion, downhill skiing—are tremendous exercises but make great demands on the body. "One of the members of the New York Giants football team once came to see me complaining of stiffness after skiing—right at the end of the football season when he was in peak shape! So for those of us who aren't Giants, be even more prepared." ■

